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# Healthcare at the Beginning of Life and Child Survival: Evidence from a Cash Transfer Experiment in Nigeria

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# Abstract

Households in poor countries are encouraged (and sometimes coerced) to increase investments in formal health care services during pregnancy and childbirth. Is this good policy? The answer to a large extent depends on its effects on child welfare. We study the effects of a cash transfer program in Nigeria in which households were offered a payment of \$14 conditioned on uptake of health services. We show that the transfer led to a large increase in uptake and a substantial increase in child survival driven by a decrease in in-utero child deaths. We present evidence suggesting that the key driver is prenatal health investments.

# Keywords

cash transfers; maternal health services; child mortality; developing countries; I10; I12; I15; O15

# 1 Introduction

Numerous policy statements emphasize the importance of receiving proper care during pregnancy and childbirth for child outcomes (Lawn et al., 2014; Bhutta et al., 2014). The World Health Organization notes, for example, in its recently released guidelines that: *"increased access to, and use of, higher-quality health care during pregnancy and childbirth can prevent many of these [child] deaths"* (World Health Organization et al., 2016).<sup>1</sup> The policy stakes are consequential: about 6 million children under five die each year and nearly half of those deaths happen within the first month (Liu et al., 2015). Motivated by these statistics there has been renewed emphasis on strategies to promote the use of formal health care services early in life, and in particular during pregnancy and childbirth. There is, however, debate (and some controversy) about whether shifting only demand will lead to

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<sup>&</sup>lt;sup>1</sup>In high mortality regions such as sub-Saharan Africa and South Asia, more than half of all births take place outside of health facilities (Darmstadt et al., 2009).

tangible improvements in child health (Powell-Jackson et al., 2015; Okeke and Chari, 2014; Godlonton and Okeke, 2016), especially in the light of evidence suggesting that quality differences between institutional and community settings may be marginal (Das and Hammer, 2014; Harvey et al., 2007; Das et al., 2018). There is limited credible evidence on this question (Glassman et al., 2013; Hunter et al., 2017).

This paper attempts to fill this gap in the literature by presenting new findings from a randomized conditional cash transfer program in Nigeria. In this program households with an expecting mother were offered payments of \$14 conditioned on uptake of pregnancy and delivery care. This large-scale trial involved more than 2300 census areas (henceforth clusters), approximately half of which were randomly assigned to either get the program or to a control arm. Households in clusters assigned to receive the program were offered, at baseline, a cash payment of \$14 to be made after the birth of the child *if* the mother attended at least three prenatal visits, delivered in a health facility, and attended a postnatal visit. Households in control communities received gifts of nominal value at follow-up to thank them for participating. Program staff revisited enrolled households a few months after the birth of the child to verify utilization of health services and to collect data on birth outcomes. They also recorded the survival status of the child that was in utero at enrollment (henceforth the treated child).

The effects of the intervention are quite striking. We also note upfront that they are extremely robust to a range of threats to internal validity. First, as expected, the program led to a large increase in uptake of the incentivized health care services. Uptake of the full package of health services more than doubled in the treatment group, increasing by 14 percentage points (off a base of 12% in the control arm). Second, we find that treated children were significantly more likely to survive to follow-up. The probability that a treated child was alive at follow-up increased by 6 percentage points (or 8% relative to children in the control group). Further analysis shows that the increase in child survival was entirely due to a reduction in in-utero child deaths. We document large and significant reductions in the probability of fetal losses and fetal deaths, but no effect on infant deaths (conditional on being born alive).

Having documented this result, next we examine the question of mechanisms. If one thinks of this as a (policy) prescription, what is the active ingredient? The answer has important policy implications. As noted earlier, there is a debate about the policy merits of trying to shift all births into health facilities and whether the health benefits from such policies outweigh the often significant costs (Okeke and Chari, 2014; Godlonton and Okeke, 2016).<sup>2</sup> This is a legitimate question, and one that we can shed some light on. Are the documented child health gains attributable to care at birth? Our headline findings suggest that care received prior to birth was an important ingredient but the increase in uptake of childbirth care could also have played an important role by reducing child deaths during the process of birth (intrapartum deaths) (Lawn et al., 2014). To explore this question we dig a little deeper

 $<sup>^{2}</sup>$ While the epicenter of this debate is in developing countries, there is a related discussion in high-income countries, where home births have been on the rise, about whether low-risk births can safely take place at home. See exchange between de Jonge et al. (2016) and Daysal et al. (2016).

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into the data making use of several complementary empirical strategies: first, we examine the effects of the intervention on intermediate (pathway) outcomes, second, we make use of data collected as part of a verbal autopsy to try to distinguish between deaths prior to, and deaths during, delivery, and finally, we exploit heterogeneity in effects of the intervention by pregnancy age at enrollment. The results all consistently point in the same direction. They indicate that the key ingredient was health investments during the prenatal period and not institutional care at birth.<sup>3</sup>

These results provide some of the first credible evidence that incentivizing utilization of formal health care services at the beginning of life can lower current rates of child mortality. We estimate that if the program were scaled up in Nigeria, it would result in about 85,000 fewer stillbirths annually and would reduce the global number of stillbirths by 3%. Our results on the mechanisms, however, call into question the current emphasis on institutional care at birth and suggest that policy priorities may be better served by focusing on increasing use of health services during the prenatal period. To be clear, this is not to say that institutional care at birth is not useful or valuable. However, it argues against programs that incentivize only facility births. If care in the prenatal period is a key pathway then it follows that programs should also incentivize this. There are clearly significant gains to be had given current levels of consumption (World Health Organization, 2015). Our back-of-the-envelope calculations indicate that conditional transfers are a cost per life saved of approximately \$700, a cost that is well below accepted cost-effectiveness thresholds and in line with other widely used interventions (Horton et al., 2017).

This paper makes an important contribution to several strands of the literature. First we make a major contribution to a growing literature on the effect of maternal and child care incentive programs. For a systematic review and a critique of the literature see (Gopalan et al., 2014; Hunter et al., 2017). Up until now credible evidence of improvements in health outcomes has been lacking. Second, we make a contribution to a growing economic literature examining the returns to institutional care at birth (Daysal et al., 2015; Godlonton and Okeke, 2016). This is the first randomized trial, to our knowledge that addresses this question. We expand on existing work by examining the effects of care received prior to, as well as at, the time of birth. We show that while care at the time of birth may not significantly impact child outcomes, care received prior to birth appears to have large payoffs in terms of child health. Third, this paper makes a contribution to a nascent literature on the returns to health care in the formal sector in developing countries (see for example Adhvaryu and Nyshadham, 2015). We show that despite well-documented deficiencies in the health sector, there are large returns to care received during a key stage of human development, the in-utero period.

This paper also makes a contribution to the large literature on conditional cash transfers (CCT) and child health (de Brauw and Peterman, 2011; Gertler, 2004; Barber and Gertler, 2010; Barham, 2011; Attanasio et al., 2015). We demonstrate that increased health care

 $<sup>^{3}</sup>$ That care at birth does not seem to result in better outcomes may be indicative of constraints in the medical technology available in typical health facilities.

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consumption is a key channel through which conditional transfers might improve child health. This may seem intuitive but evidence is surprisingly limited. Many conditional cash transfer programs include health care conditionalities such as prenatal attendance, but because these programs move multiple levers at the same time, separating the effect of additional health consumption on child health has been difficult (Gaarder et al., 2010).<sup>4</sup> A key issue is that CCT programs, by design, provide often substantial positive shocks to household income which obviously can feed into child health through multiple pathways.<sup>5</sup> Several studies, in fact, point to the income-nutrition channel as a key pathway for improvements in child health (Maluccio and Flores, 2005; Amarante et al., 2016). Understanding the contribution of health care consumption is important and this study, by design, is able to shed some light on this pathway. In so doing we contribute to the longstanding debate in the literature about the importance of health conditionalities (Baird et al., 2011).

One must be careful in drawing lessons as this program differs in key ways from traditional CCT programs.<sup>6</sup> In contrast with traditional CCT programs, the objective is not poverty alleviation, rather it is to incentivize health care utilization.<sup>7</sup> Consequently, the cash transfers are typically much smaller and involve a one-off lump sum transfer, made often months after the utilization has occurred.<sup>8</sup> There are an increasing number of these programs around the world. They include the Janani Suraksha Yojana program in India, the Bono Juana Azurduy Program in Bolivia, the SURE-P program in Nigeria, and the Safe Delivery Incentive Program in Nepal. They represent a class of conditional incentive or "pay-for-performance" programs in which individuals receive specified rewards for desired health behavior. The use of such conditional transfers is becoming increasingly popular. They have been used not only to encourage uptake of health care around pregnancy, but also uptake of HIV results (Thornton, 2008), HIV prevention and treatment adherence (Kohler and Thornton, 2012; Linnemayr et al., 2017), prevention of sexually transmitted infections (de Walque et al., 2012), and uptake of child immunization (Banerjee et al., 2010).

The remainder of the paper is structured as follows: Section 2 provides a description of the study context, details of the experimental design, sampling, and the randomization protocol, Section 3 describes data collection and provides descriptives of the study sample, Section 4 lays out the empirical analysis and results, Section 5 provides a discussion of the results and puts them into context, and Section 6 concludes.

 $<sup>^{4}</sup>$ Attanasio et al. (2015) is an exception. They are able to link health improvements to child preventive care visits.

<sup>&</sup>lt;sup>5</sup>In the context of the *Oportunidades* program which has been widely studied, Bobonis (2011) has shown that it affected rates of marriage and divorce, and Angelucci and De Giorgi (2009) has found that it generated general equilibrium effects. Many CCT programs are also bundled with additional interventions. Oportunidades, for example, required attendance at health promotion talks and distributed nutritional supplements to women and children (Urquieta et al., 2009). The reverse is also true in that it also limits what inferences we can draw from the existing CCT literature.

<sup>&</sup>lt;sup>7</sup>By 'traditional' CCT programs we mean social welfare programs such as *Oportunidades*. Historically these programs have been popular in Latin America. A practical implication of this is that income effects are much less important both because of the size and the timing of the transfer.

#### Background 2

#### Study Setting 2.1

The intervention was implemented in Nigeria. Nigeria is the most populous country in Africa with an estimated population of over 180 million people and a gross national income per capita of \$1,968 in 2017, making it a lower middle-income country (World Bank, 2018). It, however, scores poorly on most welfare indices with an average life expectancy of 53 years and an under-five child mortality rate of about 128 per 1,000 live births. In a 2015 United Nations Human Development Report, Nigeria was ranked 152<sup>nd</sup> out of 188 countries (Jahan and the Human Development Report 2015 Team, 2015).<sup>9</sup> Of specific relevance to child health we note that Nigeria is one of five countries that account for more than half of all newborn deaths worldwide (Lawn et al., 2014).<sup>10</sup>

Health indicators in Nigeria lag behind those of other countries that spend less on health. At the time the intervention was implemented, population estimates indicated that 34% of women in Nigeria, for example, did not use any prenatal care and only 36% of births took place in a formal health care setting (National Population Commission and ICF International, 2014). Only one in four children aged 12–23 months were fully vaccinated, and 21% of eligible children received no vaccination at all (National Population Commission and ICF International, 2014). The data also showed significant heterogeneity across geographic regions, with the northern regions, particularly the north east and north west, the most worst-off. For example, while 38% of Nigerian women reported using a formal health facility for their last delivery in the 2013 Demographic and Health Survey, this plummeted to 22% and 11% respectively in these two regions (National Population Commission and ICF International, 2014). Similarly, while the average under-five child mortality rate was 128 per 1,000 live births, this increased to 160 and 185 in these two regions respectively.

Before describing the intervention, we provide some additional context about how the health care sector in Nigeria is organized. Nigeria operates a tiered health care system with primary health care facilities serving as the point of entry for most patients into the health care system. Each of these facilities is responsible for a defined catchment or service area (throughout the rest of the paper we refer to these as health service areas or HSAs).<sup>11</sup> Nigeria has approximately 30,000 primary health care clinics, 78% of which are in the public sector. Primary health care facilities provide a set of services defined by federal guidelines. These include control of communicable diseases, child survival, maternal and newborn care, nutrition, non-communicable disease prevention, and health education (National Primary Health Care Development Agency, 2014). Primary health facilities are commonly staffed by mid-level health care providers - nurses, midwives, community health officers, and community health extension workers - the most senior of whom is called the 'in-charge' (or clinic manager).

<sup>&</sup>lt;sup>9</sup>For comparison, the United States and South Africa were ranked 8th and 116th respectively. <sup>10</sup>The other countries are India, Pakistan, Democratic Republic of Congo, and Ethiopia (UNICEF, 2017). Newborn deaths are child deaths within the first month. <sup>11</sup>HSAs in our sample serve, on average, about 7,000 people.

# 2.2 Program Sites

The program was implemented in 180 primary health service areas across five states in Nigeria. Two states each were selected from the north-east and north-west, and one from the south to increase generalizability. The states are: Akwa Ibom (south-south region), Bauchi and Gombe (north-east region), Jigawa and Kano (north-west region). For reference, a map is provided in Figure A.1. These five states were in the bottom 20 in terms of institutional delivery rates, and three of the included states were in the bottom 10 (National Population Commission and ICF International, 2014). We chose these specific states in consultation with our local partners based on feasibility and support from policy makers. The program sites were distributed equally across the five states so there are 36 sites per state.

The specific HSAs in each state were chosen with the assistance of officials in the state primary health care agency and Ministry of Health. The included HSA facilities all offer delivery services and are predominantly located in rural and semi-rural areas. While they were not randomly sampled they were drawn from across the state and in that sense should be considered broadly representative. As one metric, 71% of Local Government Areas (a sub-administrative level similar to a US county) in Akwa Ibom, 100% of Local Government Areas in Bauchi and Gombe, 88% of Local Government Areas in Kano, and 61% of Local Government Areas in Jigawa are included in the sample. We note that the primary health care facilities serving these communities took part in another intervention in which a random subset of facilities were selected to receive an additional health worker.<sup>12</sup> As we will describe later, the randomization of the cash transfer intervention was stratified by HSA. In all of the analysis that follows we include HSA fixed effects. Because of external validity implications we also examine whether there was an interaction effect (the results are in the Appendix).

#### Intervention and Enrollment 2.3

Census areas or tracts in each HSA were randomly assigned by the study investigators to either receive the conditional transfer program or to a control arm (moving forward whenever we use the term 'cluster' we are referring to the census area). Census areas are clusters of contiguously located households defined by the National Population Commission.<sup>13</sup> Following randomization program staff then visited the study clusters to conduct enrollment (and roll out the program). The program was implemented by a local research group in collaboration with a well-known and highly respected local university.<sup>14</sup> The program staff (we also refer to them interchangeably as field agents) were employed by the local implementation partner. They worked in teams of 3–4 led by a team leader or supervisor.

Enrollment visits took place between March and August 2017. Based on sample size and budgetary considerations the enrollment target was set at 60 women per HSA. The field agents visited randomly drawn clusters until the enrollment target was reached (or

<sup>&</sup>lt;sup>12</sup>Two-thirds of participating facilities received an additional health worker. The results of this study are reported elsewhere (Okeke

and Abubakar, 2019). The health workers were present in these facilities during this cash transfer intervention. <sup>13</sup>A census area may contain anywhere from a few dozen to more than one hundred households (the sample mean is 30).

<sup>&</sup>lt;sup>14</sup>Program credibility was critical.

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exceeded). We would first randomly draw a study cluster and the field agents would visit and enroll all eligible households in the cluster. If they did not meet the target, we repeated this process, drawing another random cluster, until they had enrolled enough women. We accomplished this by randomly sorting all census areas in the HSA and having the field teams follow this order until the enrollment target was reached or until they ran out of census areas. All eligible women in a cluster were enrolled so cluster sizes vary. Only 7 women in total did not agree to take part – four in the intervention arm and three in the control arm.

On arriving in a study cluster the field agents first met with community leaders and then carried out a household listing to identify potentially eligible households. Eligibility was limited to households with a 1st or 2nd trimester pregnant woman to ensure that women had enough time to attend the required number of prenatal visits. Pregnancy status was based on women's self-reports (we will come back to this later). Following the household listing program staff then visited each identified household to collect baseline information from the eligible woman. During the visit all households were reminded of the importance of seeking proper care during pregnancy and delivery. We followed exactly the same protocol in all study clusters regardless of whether they were in the intervention or control arm. In clusters assigned to receive the program, households were additionally informed about the program and the necessary conditions. We discuss this in the next section.

**2.3.1** The Conditional Transfer Program—Households in intervention clusters were informed that they would receive a cash payment of 5000 Naira (approximately \$14 at the prevailing exchange rate) for each pregnant household member that regularly attended prenatal care (three or more times), delivered in a health facility, and attended postnatal care (at least once). To put this into context, the transfer amount is equivalent to about 30% of monthly household food expenditures (Nigerian National Bureau of Statistics, 2016). The primary constraint the program was meant to address was facility deliveries and so the transfer amount was calibrated to cover the average total cost of a facility delivery (including transportation costs for the woman and a companion).<sup>15</sup> It represents about 225% of the average total unconditional cost of delivery, and is equivalent to the weighted average total cost of a facility delivery (weighting by the fraction of births in each facility type).<sup>16</sup> Households were informed that we would return after the birth of the child for verification and payment. All three of the conditions had to be met to qualify for the payment. There were no partial or pro-rated payments.

# 2.4 Follow-up Visits

Follow-up visits took place between September 2017 and August 2018. These visits took place, on average, about eight months after enrollment. Effort was made to track down all participating households and 98.6% of enrolled participants were successfully re-contacted. A participant flowchart is provided in Figure A.2. In each household the mother was again interviewed to collect data on the outcome of the pregnancy and birth (more on this in the

<sup>&</sup>lt;sup>15</sup>There is a high level of acceptability of prenatal care, with a 3 in 4 women attending at least once, suggesting that the marginal cost of an additional visit is low. <sup>16</sup>Facility types are public hospital, public primary health facility, private hospital/clinic, or other.

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next section).<sup>17</sup> Verification of health care utilization was done by program staff during these follow-up visits, with independent verification and payment (where indicated) by the team leader. Health cards and other documentation such as facility receipts were used for verification. In cases where satisfactory documentary proof could not be provided but a woman claimed to have used services, program staff visited the health facility to verify use from the health facility register. Households that qualified for the transfer were paid in cash. Regular audits were carried out to ensure that only women who qualified were paid. In clusters assigned to the control arm participating women received small gifts worth about \$0.43 to thank them for their time (these gifts were not announced at baseline). In cases where the woman was deceased, the payment (or the gift) was given to the surviving spouse

# 3 Data

or to the household head.

We have rich data on program participants including demographic characteristics, e.g., age, schooling, and ethnicity, birth history including number and outcomes of prior births, and household characteristics, e.g., household size, characteristics of the residential dwelling and ownership of various assets (such as a television set and refrigerator – we asked about 11 assets in total). We also have information about health behaviors during the pregnancy (such as use of malaria prophylaxis and iron supplementation), utilization of health services, and, finally, the outcome of the pregnancy – whether it ended in a fetal loss, in a live birth, or in a stillbirth (i.e., the infant was born dead). For infants that were born alive we also have data on survival status at the time of follow-up. Ethical approval for the study was given by RAND's Human Subjects Protection Committee and by the Ethics Committee of Aminu Kano Teaching Hospital, Nigeria.

# 3.1 Outcomes

We define some of the key outcomes that will be used in the analysis. Overall child survival refers to the probability that a child who was in-utero at enrollment (the treated child) was alive at follow-up. A fetal loss is one where the pregnancy terminated early – before 28 weeks. A fetal death is a pregnancy that lasted longer than 28 weeks but where the infant was born dead. In order to correctly distinguish between a stillborn infant and one that died soon after birth, women were asked whether the child ever took a breath, whether the child ever moved, or whether the child ever cried (this is sometimes referred to as a verbal autopsy). An early infant death is one where the child was born alive but died before follow-up. In supplementary analysis we disaggregate this into neonatal deaths (a child death within the first 28 days) and post-neonatal deaths (a child death after the first 28 days but before follow-up).

## 3.2 Descriptives

We have baseline data for 10852 women. The average participant was 24.7 years old at baseline and had had two prior births (for 27% of participants this was their first birth). The vast majority of study participants (95%) were married, and most (70%) had no formal

 $<sup>^{17}</sup>$ In cases where the woman was deceased, this information was collected from a knowledgeable household member.

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education (about half of these reported Islamic schooling). 23.7% of women used a health facility for their last delivery. The mean reported pregnancy age at baseline was 4.3 months. We also attempted to estimate pregnancy age at enrollment using information about the month of birth and assuming a standard pregnancy duration.<sup>18</sup> One limitation is that this can only be done for pregnancies that resulted in a birth. To avoid dropping them from the analysis, for these women we rely on their reported pregnancy age. Average household sizes were large (5.7), and study participants were largely poor (the mean number of assets owned by the household was 2 out of a list of 11).

10699 (out of 10852) participants were successfully re-contacted. 113 declined to participate, leaving us with 10586 participants (an overall attrition rate of 2.5%). Attrition was slightly higher in control clusters compared to intervention clusters (3% vs. 2%). A flowchart is provided in Figure A.2. The 10586 pregnancies for which we have follow-up data resulted in 9126 liveborn and 395 stillborn infants. 1157 pregnancies ended in a fetal loss, and 19 participants died while still pregnant.<sup>19</sup> 78% of births were associated with some prenatal attendance (59% attended at least three times), and 42% of births took place in a health care facility. 35% of births were associated with some postnatal care. Next we examine whether randomization was successful.

# 3.3 Was randomization successful?

We approach this in two ways: first, we examine whether we have an equal number of participants in the intervention and control arms. Given the design, the sample should be evenly distributed. In Table 1 we report the number of participants in each arm: overall, and by state. We see that overall there are more participants in the intervention than in the control arm -54% vs. 46%. When we disaggregate by state, we see that the imbalance is driven by one state, Gombe, where two-thirds of participants are in the intervention arm. In the other states the sample is evenly distributed as expected. The probability of obtaining this skewed distribution in Gombe by chance is very small suggesting that the field personnel may have deviated from the enrollment protocol. Our analysis of the household listing data shows that the field teams followed the randomized visit order - 52% of census areas visited were allocated to the intervention, which is similar to the other states  $^{20}$  – but were more likely to find eligible women in intervention clusters.<sup>21</sup> This seems unlikely to be due to chance: 72% of census areas where no eligible women were reported are in the control arm compared to 28% in the intervention arm. Qualitative evidence from later debriefings suggests that there was a desire for as many women as possible to benefit from the cash transfer, which may have led to selective recruitment by the program staff in this state.<sup>22</sup> An obvious concern is that this could lead to imbalance in characteristics between the treatment and control groups. We examine this next.

<sup>&</sup>lt;sup>18</sup>We used two alternative methods: (i) assigning each birth the same standard pregnancy duration, and (ii) assigning each woman a random draw from a normal distribution of pregnancy duration (Jukic et al., 2013). They yield slightly different percentages by trimester but produce similar results in the analysis. The reported results use the first imputation method.
<sup>19</sup>The sum exceeds the number of pregnancies because 1% of pregnancies resulted in a multiple birth.

 $<sup>^{20}</sup>$ This is not surprising as this was closely monitored.

 $<sup>^{21}</sup>$ We verified that the number of households in intervention clusters was the same as in control clusters.

 $<sup>^{22}</sup>$ Given that it is unlikely that the program staff in this state were more inherently altruistic than in other states, it is likely that deficiencies in supervision by the field manager also played a role.

In Table 2 we examine whether participant characteristics are balanced overall between the intervention and control arms. The table shows means and standard deviations of each characteristic in the intervention and control arms, and p-values from tests of the null that the difference between arms is zero. Formally, we regress each characteristic on the treatment assignment indicator and strata (HSA) fixed effects. All models include HSA fixed effects to account for the blocked design (Bugni et al., 2018). Given the preceding discussion we examine balance for the full sample (Table 2); we also examine balance for a restricted sample that excludes observations from Gombe State (Table 3). We see that participant characteristics are well balanced in both cases, though in Gombe state women in the intervention arm are slightly older. In the analysis that follows, as a robustness check, we verify that all the key results hold with and without Gombe included in the sample.

# 4 Analysis and Results

#### 4.1 Effect of the Cash Transfer on Uptake of Health Services

The first question is: did the cash transfer lead to greater use of health care? We begin by looking at uptake of the complete package of health services. We define a binary indicator equal to one if the mother attended prenatal care at least three times, delivered in a health facility, and had a postnatal visit. Figure 1 provides a graphical examination. We plot means and 95% confidence intervals for the intervention and control arms. The sample consists of pregnancies that ended in a birth. It is clear that the conditional transfer led to a significant increase in uptake.<sup>23</sup> This mean comparison, however, does not account for the blocked design. For this we turn to the regression results. Regression analysis also allows us to include covariates. The basic regression specification is the following linear probability model:

 $Y_{ijkm} = \alpha + \beta Transfer_k + X'_j \delta + \theta_m + \epsilon_{ijkm}$ 

 $Y_{ijkm}$  denotes the outcome for infant *i* born to mother *j* in cluster *k* in service area *m*. *Transfer<sub>k</sub>* is an indicator denoting assignment to the intervention arm.  $X'_j$  is a vector of included covariates. We control for mother's age and schooling, ethnicity, prior birth history (number of prior births and prior history of fetal loss or a stillborn infant), and household wealth quintile dummies (derived by applying principal component analysis to the following variables: source of drinking water, cooking fuel, toilet ownership, dwelling characteristics, ownership of various durable assets, and ownership of a bank account). Controlling for a longer list of characteristics does not meaningfully affect the results.

Given that census areas were not randomly sampled from the population – we first sampled health service areas (HSA), and then within HSAs sampled census areas – we cluster the standard errors at the HSA level (there are 180 HSAs). In practice, this is more conservative than clustering at the census area level.<sup>24</sup> MacKinnon and Webb (2017) have shown that inference based on cluster robust standard errors can become unreliable when cluster sizes

 $<sup>^{23}</sup>$ There is a significant increase in all states except for Akwa Ibom. In Akwa Ibom, there was a small significant increase in prenatal attendance but no effect on facility births. See Figure A.3.

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vary substantially. To address this issue, we carry out permutation tests. Randomization inference does not depend on assumptions about cluster sizes (Heß, 2017). We report pvalues from permutation tests based on 1000 draws from the distribution of the treatment effect estimate under the sharp null hypothesis of a zero treatment effect. Formally we randomly reassign clusters to the treatment or control group within strata and re-estimate the model. We replicate this 1000 times to generate an empirical distribution to which the coefficient from the model based on actual assignment can then be compared. The permutation test p-value is the probability that  $|T^*| = |T|$  where T denotes the statistic computed using the original dataset and  $T^*$  is the statistic computed from a randomly permuted dataset.

The regression results are in Table 4. The dependent variable is the same as for Figure 1. Column 1 includes only strata (HSA) fixed effects, Column 2 adjusts for covariates, and Column 3 excludes observations from Gombe state. The intent-to-treat (ITT) coefficients indicate a 14-percentage-point increase in uptake in the intervention arm compared to a control group mean of 11.6% (a relative increase of 120%). The coefficients are not sensitive to inclusion of covariates. In the model that excludes observations in Gombe, the estimated ITT effect is slightly smaller, 10 percentage points, though the proportional increase is larger (173%). All of the results are highly statistically significant.

Table 5 reports ITT effects on the individual components of uptake: the number of prenatal visits attended, the probability of a health facility birth, and postnatal attendance (at least one visit), separately. The results show that the number of prenatal visits increased by about 0.5 (the control group mean is 2.4 visits), the probability of a health facility birth increased by 14 percentage points (the control group mean is 29%), and the probability of receiving some postnatal care increased by 10 percentage points (the control group mean is 27%). Having established that the program significantly increased health care consumption, next we examine its effects on child health outcomes.

# 4.2 Effect of the Cash Transfer on Child Health

We begin by examining overall child survival. Figure 2 examines the probability that the treated child was alive at follow-up for each group (we plot means and 95% confidence intervals).<sup>25</sup> We can clearly see that children in the intervention arm were significantly more likely to be alive at follow-up. The corresponding regression results are in Table 6. The results indicate a 6-percentage-point increase in child survival. Relative to the control group, this translates to an 8% increase. As before, controlling for covariates does not materially affect the point estimates. The treatment effect is slightly smaller (4.5 percentage points or a 6% increase) when we exclude observations from Gombe state, but all the results are highly significant at the 1% level.

As a first step towards understanding why child survival increased in the treatment group, it is important first to establish *where* the mortality decrease is occurring. Is it occurring before

<sup>&</sup>lt;sup>24</sup>Clustering at the census area level fails to take into account the nesting within HSAs. We also estimated multilevel models using maximum likelihood that more efficiently account for the nesting structure of the data. The results were nearly identical to the OLS model so we report results from the simpler model. <sup>25</sup>Participants were re-interviewed a median of three months after the conclusion of the pregnancy.

or after birth? The answer helps us to start thinking about causal pathways (though we leave a more detailed discussion until later). A reduction in in-utero deaths might point, for example, to the potential importance of health investments in the prenatal period, while a reduction in deaths after delivery might suggest that the prevailing mechanism is care at birth (or potentially after birth). To explore this, we examine survival in three consecutive, non-overlapping time periods: the *early in-utero* period (fetal losses prior to 28 weeks); the *late in-utero* period, conditional on surviving the first period (a child that was born dead, i.e., a stillbirth), and *early infancy*, conditional on being born alive (a child death after birth).<sup>26</sup>

The results of this analysis are shown in Table 7. The specifications are the same as in previous tables. We see that the overall increase in child survival is driven by a large decrease in fetal losses (a 4–5 percentage point decrease in the treatment group or 29% relative to the control group mean) and fetal deaths (a decrease of 1.1–1.3 percentage points or 23% relative to the control group).<sup>27</sup> There is no evidence of a decrease in early infant deaths (though in 2 of the 3 specifications the signs are in the right direction). The point estimate is close to zero and is fairly precisely estimated. Before getting into a detailed discussion of causal mechanisms, we first establish the robustness of these results by examining two important threats to validity in this context.

4.2.1 **Spillovers**—Cluster randomization is intended to minimize spillovers between the treatment and control group, but given that we blocked by HSA, spillovers are a possibility that must carefully be ruled out. There are several kinds of spillovers one might be concerned with in this context. First, are interpersonal spillovers: women in intervention clusters might, for example, have transferred some of their winnings to their friends in control clusters, leading to a (smaller) increase in uptake in the control arm. There might also be peer effects. Both of these would imply that the treatment effect would be biased downwards (though this is arguably less of a problem than the alternative). We might also get a similar downward bias if women in control clusters erroneously thought that they were also eligible for the transfer. Second, are spillovers arising as a result of crowd-out at the health facility. For example, if health facilities were operating at full capacity and were more likely to accept women for delivery that registered for, and attended, prenatal care at the facility. Since, treated women were more likely to do so, this might inadvertently crowd-out care provision for women in the control arm. This could potentially lead to negative spillovers for women in the control arm if they were, as a consequence, more likely to use lower quality sources of childbirth care. An alternative is if health workers, who were aware of the cash transfer, attempted to tax participants' winnings by raising informal fees, this would be more likely to deter women in the control arm since they were ineligible for transfers that would help to offset these informal payments. Both of these imply that the treatment effect would be overestimated.

<sup>&</sup>lt;sup>26</sup>For comparison with prior work we also disaggregate this into neonatal and post-neonatal deaths (see Table A.1). For interested readers we also report unconditional results in Table A.2. <sup>27</sup>Since pregnancy was self-reported, one concern might be that in intervention clusters, women who were not pregnant at the time

<sup>&</sup>lt;sup>27</sup>Since pregnancy was self-reported, one concern might be that in intervention clusters, women who were not pregnant at the time were more likely to report being pregnant (in the hope of getting pregnant after enrollment) to be eligible. This could, in part, explain the higher rate of fetal losses. As a robustness check, we exclude women who reported an early stage pregnancy (3 months). The results are similar. The treatment effect on fetal losses in this sample is 4.2 percentage points and still highly significant.

The second type of spillovers – crowd-out – is more concerning and we examine this carefully. First, we carry out some back-of-the-envelope calculations to examine the plausibility of crowd-out. Recall that, on average, there are 60 women in a HSA, half of whom are in the intervention arm. Even if the facility delivery rate doubled as a result of the intervention, this would mean that nine additional women would show up at the health facility (0.3\*30), or an average of 1 additional birth per month. The actual effect on facility deliveries is about half this, suggesting that crowd-out, on an *a priori* basis seems highly unlikely. But what about prenatal care? Women attend multiple times throughout the pregnancy suggesting that there could be more scope for crowd-out. We can again examine the likelihood of this using similar calculations. We estimate that the average number of prenatal visits increased by 0.5 (Table 5). This translates to 15 additional prenatal visits per month.

While these illustrative calculations suggest that crowd-out is *a priori* unlikely, we can examine whether this is backed up by the data. As a starting point we exploit the fact that we have data on place of birth for children born prior to program rollout.<sup>28</sup> In Figure 3 we plot time trends in the intervention and control arms to visually examine whether there are any unusual changes in the control group post-intervention. The analysis excludes Gombe state. In the absence of spillovers we should not see any unusual jumps (up or down) for the control arm. We observe the expected increase in uptake for the intervention arm once the intervention is rolled out, but do not see any unusual changes for the control arm. We formally test this in Table A.3 where we regress facility deliveries on an exposure indicator (turned on if the birth occurred during the intervention period) and on a linear time trend. We report separate regressions for the intervention and control arms. In alternative specifications we relax the assumption of common time trends, allowing these to vary flexibly by state. These models all include mother fixed effects. In all cases, the coefficient for the control group is statistically indistinguishable from zero. These data do not provide any evidence of spillovers.

Another way to test for spillovers is to exploit (essentially random) variation across HSAs in the size of the treated population. We begin with a simple measure: the number of intervention clusters as a fraction of all census areas in the HSA (or the treatment saturation).<sup>29</sup> We reason that the larger the treatment saturation, the greater the likelihood of spillovers. Recall that we randomly drew clusters out of the pool in a HSA for enrollment visits. Holding constant average cluster sizes, the number of intervention clusters in a HSA is essentially random. In Figure 4 we present non-parametric plots of utilization in the intervention and control groups across the saturation distribution (top panel). Evidence of crowd-out would be a divergence in outcomes at higher treatment saturation levels. One can see that there is no evidence of crowd-out for either prenatal care or facility births.

We also define a measure of the additional pressure on the health facility created by the program. We relate the number of treated women in each HSA to HSA primary health

<sup>&</sup>lt;sup>28</sup>We do not have similar data for prenatal care.

<sup>&</sup>lt;sup>29</sup>Treatment saturation varies from 2% to 54%. We graph the distribution in Figure A.5 Panel A.

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facility capacity as measured by the average monthly number of patients seen in the facility at baseline. We reason that for a given number of treated women, crowd-out is more likely in smaller facilities (by volume). The distribution of program pressure is shown in Figure A.5. In the bottom panel of Figure 4 we again present non-parametric plots. As before there is little evidence of crowd-out. Finally, we re-estimate all the health outcome models, interacting the treatment dummy with each of these measures. These results are in Table A.4. One can clearly see that crowd-out is not a credible explanation for our findings.

**4.2.2 Attrition**—Loss to follow-up is another concern, though given the low attrition rate this would seem like an unlikely explanation for the results. 2.5% of the participants attrited between the baseline and follow-up (meaning that there is no data on their outcomes) and participants in the control arm were more likely to drop out – primarily because they were more likely to have refused consent for the follow-up interview. In Table A.5, we examine whether attriters are different from non-attriters. We find that older women, those with some secondary schooling, and those with a prior history of a fetal loss were less likely to attrit, while women with more birth experience were more likely to attrit. We examine whether the pattern of dropout is different between groups by interacting treatment assignment with each characteristic. The interaction terms are mostly insignificant (except for the interactions with islamic education and Hausa/Fulani ethnicity which are both significant at the 5% level).

Even though there is not a clear differential pattern of dropout, if attriters in the control arm were more likely to survive, we could be over-estimating the effect of the treatment on child survival (and vice-versa). We carry out two robustness checks. First, we construct a worstcase lower bound by assuming that all the unobserved attriters in the control arm experienced a 'good' outcome while all those in the treatment group experienced a 'bad' outcome. We impute these outcomes and re-estimate the models. As an additional check, we also estimate non-parametric Lee bounds with bootstrapped errors (Lee et al., 2009). Not surprisingly, given the very low rate of attrition the results are very similar to the main results. We report these in Table A.6. Even with the extremely conservative worst-case bounds, the key results hold. In the worst-case scenario, the coefficient on early infant deaths becomes positive and statistically significant but we believe that this is an artefact – a consequence of the fact that the influence of the attriters increases as the sample size reduces (going from left to right in the table). Recall that at each stage we are conditioning on surviving the previous stage but the number of attriters is the same. Given that we are assuming that attriters in the control group survived and those in the treatment group died, and attrition was more likely in the control arm, at each stage we are adding more deaths to the treatment arm than to the control arm. There aren't very many deaths overall and so the influence of adding more deaths to the treatment arm grows as the number of observations reduces.

**4.2.3** Additional Robustness—As we noted earlier, pregnancy was reported by participants.<sup>30</sup> One concern might be that women in intervention clusters might be more likely to report being pregnant so as to be enrolled, in the hope that they would be able to get

 $<sup>^{30}</sup>$ We considered using pregnancy tests but decided against it because of the expense and because of potential ethical considerations involved in asking women to take pregnancy tests.

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pregnant. If such women had systematically different birth outcomes, this might affect the treatment estimates. A priori this kind of strategic behavior seems unlikely because at the time field agents were identifying eligible households, information about the program was not yet public, thus limiting the potential for strategic behavior. However as a robustness check we drop all first trimester women (based on reports) and check whether the main results hold. We reason that women claiming to be pregnant (but who were not) would more likely report that they were at an early stage of pregnancy. As an additional robustness check we also separately drop 3rd trimester pregnancies (based on our imputed estimates of pregnancy age). This is another margin along which differential misreporting might occur. The imputation is based on the month of birth which means that we cannot do this imputation for women whose pregnancies terminated early. However, a pregnancy loss must have occurred prior to the 3rd trimester and so for these women we use their reported pregnancy age at enrollment so as to retain them in the analysis. Tables A.7 and A.8 presents these results. In all cases we see that the results are robust. A second concern is inadvertent reporting error. It is likely that there were some women who were in fact pregnant but were not aware of their status. Such women would not be included in the sample. Inadvertent reporting error should not be different between the intervention and control arms and, as such, should not pose a threat to internal validity.

# 4.3 Heterogeneous Effects

We examine whether the treatment effects vary by participant characteristics. Of particular interest is whether there is treatment heterogeneity by socioeconomic status. There are well-documented socioeconomic inequalities in health outcomes (World Health Organization, 2015). This is one of the reasons why cash transfers are often explicitly targeted towards less well-off households (Alatas et al., 2012). Policy makers might therefore be interested in whether the cash transfer may have helped to narrow or close existing socioeconomic gaps. We explore this in Table A.9 where we estimate separate outcome models for households in the top 2 and bottom 3 wealth quintiles. We also examine heterogeneity by mother's education (no formal schooling vs. some education), and by pregnancy risk (we define an indicator for higher risk if the woman one of the following risk factors: first-time mother, five or more previous births, age less than 15 years or older than 35, prior history of a stillbirth). These results are in Table A.10 and A.11. P-values from a test of difference in the ITT coefficients are reported at the bottom of the table.

In Table A.12 we test for heterogeneity by gender. There is a well-known mortality disadvantage for male infants (Naeye et al., 1971), which we also find in our sample. It is possible that health care could help to offset some of this disadvantage. Overall, we do not find any evidence of heterogeneity along any of these dimensions except for fetal losses where we find some evidence of larger reductions for higher-risk women (this result is significant at the 10% level). Finally to round out the analysis we examine whether there is any heterogeneity by whether the health facility received an additional health worker (see Table A.13). This would have implications for external validity. Once again, we find no evidence of a differential effect.

## 4.4 Mechanisms

We have shown in the preceding sections that the conditional transfer led to a reduction in child mortality. While this is an important finding, it is important to understand why child mortality decreased. The most obvious explanation is that mortality decreased because the conditional incentive induced women to use health care that they would not have used otherwise, and this proved beneficial for child health.<sup>31</sup> The preceding results suggest that we can rule out health care received after birth as a causal mechanism, but is the mortality decrease due to greater uptake of formal care at birth? The conditional transfer also increased uptake of pregnancy care, which could also help explain the improvement in child health (Joyce, 1994; Gajate-Garrido, 2013). The effect on fetal losses provides strong a priori evidence for the latter channel, but the effect on fetal deaths muddies the water as both could in theory be responsible. To try to tease this out, we implement three complementary strategies:

First, we examine whether the treatment had an effect on intermediate prenatal and delivery outcomes known to be associated with a fetal death. Specifically, we examine whether women in the intervention arm were more likely to have received iron supplementation, malaria prophylaxis, and HIV testing during the pregnancy. Anemia in pregnancy is known to be associated with higher rates of stillbirths (Nair et al., 2017; Zhang et al., 2009), malaria is a major cause of stillbirths and other adverse outcomes (Moore et al., 2017; McClure et al., 2013), and maternal HIV infection is associated with both an increase in spontaneous abortions and stillbirths (Brocklehurst and French, 1998; Wedi et al., 2016). We also examine whether participants in the intervention arm were more likely to receive treatment for problems experienced during the pregnancy (conditional on experiencing any problems).<sup>32</sup> For labor/delivery, we examine whether the treatment had any effect on two intermediate outcomes: whether the labor was obstructed and whether the woman had hypertensive complications (Lawn et al., 2011).<sup>33</sup> Care at birth, by reducing the incidence, or by more effective treatment, of these outcomes, could have contributed to the reduction in mortality.

The results of this analysis are in Table 8. We find significant effects of the conditional transfer on intermediate prenatal, but not labor/delivery, outcomes. Women in the intervention arm were 7.1 percentage points more likely to have received HIV testing and counseling, 6.6 percentage points more likely to have taken iron supplements during the pregnancy, and 4.5 percentage points more likely to have received malaria prophylaxis. Additionally, we show that while women in the intervention arm were no more likely to report problems during the pregnancy, they were significantly more likely to have sought

<sup>&</sup>lt;sup>31</sup>In Figure A.3 we show that the pattern of the mortality decrease closely follows that of the first stage effect. Mortality decreases only in states where there was an intervention effect on uptake. In addition, the size of the mortality effect is correlated with that of the uptake effect. This serves as additional validation for the results. <sup>32</sup>Women were asked whether they experienced any of the following problems during the pregnancy: swelling of hands, feet and face;

paleness, giddiness, weakness; blurred vision or other visual disturbance; weak or no movement of the fetus; excessive fatigue/ tredness; convulsions (not from fever); high blood pressure; vaginal bleeding; excessive vomiting; abnormal position of the fetus; high fever; jaundice; water break without labor; and any other problems not specifically asked about. The dependent variable is an index created by taking an average across women's responses.<sup>33</sup>The latter was measured by asking study participants if they experienced convulsions or seizures during labor but without fever (a

medical condition known as eclampsia).

treatment for these problems. In contrast, there is no effect of the intervention on the intermediate labor and delivery outcomes.<sup>34</sup> These results point towards prenatal health investments as the key mechanism.

Our second strategy to try to distinguish between these two channels is to identify fetal deaths that likely happened long before labor, to separate them from those that could have happened during labor/delivery. Only the latter could have been influenced by labor/delivery care. If we drop fetal deaths that likely happened long before labor and the mortality results diminish significantly or disappear, it would suggest that delivery care was not a primary mechanism for the effects. To do this, we utilize the verbal autopsy data. Deaths where the mother reported that the baby was not moving when labor started, suggesting that the infant had already died, are coded as a fetal death prior to labor and dropped from the analysis. We also drop cases where the mother reported that the child had skin and body changes as these are also likely to have occurred long before labor.<sup>35</sup> This is of course an imprecise exercise, but the results are nevertheless instructive. When we exclude deaths that are likely to have occurred prior to labor, the mortality coefficient reduces by more than half to 0.0057. When we exclude observations in Gombe state, the coefficient becomes only borderline significant.

Finally, we exploit differences in pregnancy age at enrollment. Women in late trimester pregnancy at enrollment faced similar incentives as early and mid-trimester women to increase uptake of delivery care but would have received less prenatal care because they simply had less time.<sup>36</sup> We can therefore exploit this variation to examine whether the effect of the treatment varies by pregnancy age at enrollment. A strong effect for late-trimester women would potentially point to the importance of care at birth. However, if the primary pathway is care in the prenatal period, the mortality effect should be stronger for early, and mid-trimester women. In Figure A.4 we present the distribution of pregnancy trimester at enrollment for the treatment and control arms. As Table 2 has already shown, the distribution is balanced.

Figure 5 confirms that late trimester women consumed less prenatal care. The top left figure shows coefficients and 95% confidence intervals from a regression of prenatal attendance on treatment interacted with pregnancy trimester dummies (the corresponding regression results are in Table A.15). In the top right figure, we repeat the same exercise for facility childbirth care and show that it does not vary with pregnancy age. In the bottom left figure we examine the effect on fetal deaths. We see a decrease for early and mid-trimester women, of roughly similar magnitudes, but the point estimate is quite close to zero for late-trimester women though the result is not precisely estimated. This is not totally surprising given that only 12% of the sample are estimated to have been late trimester at enrollment. We caution, however,

 $<sup>^{34}</sup>$ In Table A.14 we show that the results are similar if Gombe is excluded.

<sup>&</sup>lt;sup>35</sup>These are referred to as macerated stillbirths in the medical literature. We asked study participants the following question: Did the baby look like a normal baby, or had the skin and body changed and become pulpy/puffy/mushy/swollen? <sup>36</sup>One might wonder why this might be the case. If a woman knew that she did not have a sufficient number of prenatal visits, why would she bother with a facility birth? We believe that there are several possible reasons. First, she could have learned about the value

would she bother with a facility birth? We believe that there are several possible reasons. First, she could have learned about the value of a facility birth during prenatal health sessions and decided it was worth paying the full price (without the implicit subsidy). She could also have faced pressure from health providers. More likely, it is possible that she hoped that she might still be paid if she met most of the conditions. Finally, she may have mistakenly believed that she had a sufficient number of prenatal visits when she did not.

that these differences are not statistically significant. That said, this result lines up with the previous results and continues to point towards the importance of health care prior to birth.

**4.4.1 Other Mechanisms**—There are other (complementary) pathways through which the conditional transfer could have affected child health. We can think of at least two. First, the conditional transfer likely raised the expected value of a birth in treated households (if the woman lost the pregnancy then the household had no chance of qualifying for the transfer). This gave households an additional reason to be invested in the health of the pregnancy. One way to try to ensure this would have been to reduce maternal work, e.g., by assigning women fewer chores around the house.<sup>37</sup> Reduced maternal work and stress could then in turn lead to better outcomes (Chari et al., 2019; Goldenberg et al., 2008). To test this channel, we restrict the sample to women in households with no co-wives and no female children older than 7, both of whom could potentially substitute for maternal labor. We reason that the scope for substitution is significantly smaller for such women. The mortality results still hold in this sample and the coefficient sizes are similar to the unrestricted sample (see Table A.16 Column 1). We also test whether there are differential effects by employment (we define a woman as employed if she reported working outside the home within the 12 months preceding the baseline interview). The results (not shown) are similar. While these are by no means definitive tests, they suggest that this is unlikely to be an important pathway.

A second pathway is through improved maternal nutrition (Imdad and Bhutta, 2012). Even though income effects are minimized here because the cash transfer was made after the birth, households in intervention clusters could still have allocated more/better food to enrolled women. We know that maternal nutrition is related to child birth weight (Imdad and Bhutta, 2012), suggesting one way to test this channel. We do not have birthweight for children born outside of health facilities and so we rely on a proxy, the child's relative size at birth as reported by the mother (very small, smaller than average, average, larger than average, and very large). We examine whether the transfer decreased the probability of giving birth to a smaller than average or very small infant. As Table A.16 Column 2 shows, there is no evidence of this. Again, we admit that this is not a definitive test but the results do not support the nutrition channel.

Lastly we examine the possibility that women in the intervention arm could have received substantially better care in service area facilities than women in the control group. In the extreme, even if the transfer had no effect on uptake we could still see a decrease in mortality via this pathway. But why might health clinics provide better care to women in the intervention arm? At first glance this is not obvious; plus in order to discriminate, clinics would have needed to know assignment status (which they did not know and which participants had little incentive to reveal). One possibility alluded to earlier, is that women in the intervention arm would have had greater ability to pay informal fees. If that were the case, then providers could simply have been responding to this, i.e., they were providing better treatment to those that paid for it (in which case knowledge of treatment assignment would not be necessary). It would have to be the case though that they received better

<sup>&</sup>lt;sup>37</sup>There seems to be an understanding in this setting that hard work, and "stress", negatively impact birth outcomes.

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*medical* treatment, for this to be a credible explanation for the study findings. While this would not explain the effect on fetal losses, it could explain the difference in stillbirth rates.

We examine this in two ways: first we test whether, conditional on a birth in the service area clinic, participants in the treatment group reported paying more than participants in the control group; second, we examine various measures of delivery care quality to test whether participants in the treatment group who delivered in the local clinic received better care. The answer to both questions appears to be no. The difference in reported payment for delivery is trivial (54 Naira; p=0.5), and on the indicators that we consider such as whether labor was unduly prolonged, whether oxytocin (a drug that helps with uterine contractions) was administered after birth, and whether the woman was physically or verbally abused, we find no difference between groups; though we find weak evidence that treated women were more likely to have received medication to help ease labor pains (see Table A.16 Columns 3–7). In sum, the data do not support this as an important channel.

# 5 Discussion and Conclusion

This paper has examined the effect of cash transfers conditioned on utilization of health services during pregnancy on child health, and specifically child mortality. We have shown that it led to a large increase in utilization of health services that, in turn, led to improvements in child health. This study provides some of the first credible evidence linking utilization incentives to improvements in child health. A noteworthy finding is that this occurred in the absence of any major investments or improvements in service delivery, suggesting that there is value to policies that promote utilization even under *status quo* conditions.<sup>38</sup> An important qualification to this is that our analysis of mechanisms suggests that the key driver appears to be prenatal care. So while these findings provide a strong endorsement for promoting utilization of health care early in life, the weight of evidence is slanted more strongly towards care prior to birth. In that sense, our findings are congruent with the findings from studies such as Godlonton and Okeke (2016) and Powell-Jackson et al. (2015) which have generally found little evidence that steering births into health facilities leads to improvements in child health.

How large are the child health effects we find? The smallest intent-to-treat estimate implies a 4.5-percentage-point increase in survival. This translates to about a 6% increase (or 20% decrease in mortality) relative to the control group. Converting this to lives saved, we estimate that about 260 children (0.045\*5852) survived to follow-up only because of the intervention. To better put this into context, we focus only on the effect of the conditional transfer on stillbirths, which is a key outcome of policy interest and (perhaps not coincidentally) an outcome for which we have reliable data. We estimate that scaling up the intervention in Nigeria, assuming a constant effect size, would result in about 85,000 fewer stillbirths annually.<sup>39</sup> It would also reduce Nigeria's stillbirth rate from its current level

 $<sup>^{38}</sup>$ As noted earlier, some of the health facilities received an additional health worker, but no attempt was made to influence patterns of care delivery or health worker behavior. Besides as Table A.13 has shown there is no evidence of an interaction with the health worker intervention.  $^{39}$ We estimated the annual number of births in Nigeria by multiplying the crude birth rate ( $\approx$  38 per 1000) by the estimated population

<sup>&</sup>lt;sup>39</sup>We estimated the annual number of births in Nigeria by multiplying the crude birth rate ( $\approx$  38 per 1000) by the estimated population ( $\approx$  186 million). The estimated decrease in stillbirths is then calculated by multiplying the annual number of births by the coefficient in Table 7 Column 5.

which is 1.5 times the average for sub-Saharan Africa, down to the average (Lawn et al., 2011).<sup>40</sup> Given that Nigeria accounts for 12% of global stillbirths (Lawn et al., 2016), this would reduce the global number of stillbirths by 3%. These calculations assume that health facilities are able to handle the resulting increase in demand without compromising quality of care. While we have shown that the average health facility in this sample is operating significantly under capacity, a situation that is true of many primary health facilities, if this program were to be scaled up, capacity constraints may become important and this is something policy makers would have to take into consideration.

The size of these child health effects are plausible. Lawn et al. (2016) estimated that up to half of all stillbirths in sub-Saharan Africa occur prior to labor. In this study we have shown that the treatment led to a 22% reduction in the stillbirth rate. We know from the medical and epidemiological literature that malaria, anemia and HIV are all important causes of fetal deaths. In sub-Saharan Africa, malaria is thought to be responsible for between 12–20% of all stillbirths (Moore et al., 2017); Watson-Jones et al. (2007) have estimated that up to 60% of stillbirths can be attributed to maternal anemia; and Nair et al. (2017) have shown that the odds of a stillbirth are five-fold higher among women with moderate to severe anemia compared to women with no anemia. Our results indicate that the treatment led to significant increases in malaria and anemia prevention, and HIV testing and counseling. We also showed that it increased the probability of women seeking treatment for pregnancy complications.

Next we examine how these results compare to others in the literature. A caveat is that it is difficult to make direct comparisons because of differences in how mortality is defined (and over what periods). We start by looking at estimates from the broader CCT literature. Barham (2011) is one of the few CCT papers that has child mortality as an outcome. She finds that *Progresa* in Mexico led to an 8% decrease in infant mortality (deaths among children younger than one year) though she finds no effect on newborn deaths (deaths within the first 30 days). Another paper by Rasella et al. (2013) that evaluated the effect of the Bolsa Familia program in Brazil found that it reduced under-five child deaths by 12% in high-coverage areas. Moving to cash transfer programs more similar to this one, Powell-Jackson et al. (2015), found no effect of the JSY program in India on either neonatal mortality or one-day mortality. The JSY program, however, conditioned only on a health facility birth, which may help to explain this result.

There are several policy implications that emerge from our findings. First, policies that encourage greater household investments in health care, particularly during the in-utero period, are likely to have substantial payoffs. We have shown effects on mortality in the short-run but there may also be long-run effects (see for example Almond and Mazumder, 2011). Monetary incentives and subsidies are one policy tool for modifying behavior, but there may be scope for other kinds of interventions. Second, they indicate that conditionalities have an important role in cash transfer programs. Cash transfers without

<sup>&</sup>lt;sup>40</sup>Nigeria has a stillbirth rate of 42 per 1000 births. Even though it is a lower middle-income country, its stillbirth rate resembles that of a low-income country. Countries like Moldova (7.8 per 1000), Nicaragua (14.5 per 1000), Sudan (23.9 per 1000), Ukraine (8.2 per 1000), Uzbekistan (6.5 per 1000), and Vietnam (13.9 per 1000), all of which have similar income levels, have substantially lower stillbirth rates (Lawn et al., 2011).

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strong conditionalities have often found small (or no) effects on health utilization (Urquieta et al., 2009; Amarante et al., 2016; Handa et al., 2016; Cohen et al., 2017). If households are under-investing in care with high private returns even when financial barriers are removed, it may suggest that they may not be fully aware of these returns (Jensen, 2010; Boneva and Rauh, 2018). This may argue for informational types of interventions.<sup>41</sup> Third, our findings suggest that focusing only on shifting births into health facilities may not be the optimal strategy. This does not mean that care at birth offers no health benefits. However, there is growing evidence that unlocking these benefits will likely require improvements in quality (Godlonton and Okeke, 2016; Leslie et al., 2016; Okeke, 2019).

While a full cost-benefit analysis is beyond the scope of this paper, we carry out some backof-the-envelope calculations to examine the cost-effectiveness of the intervention. We estimate a program cost per life saved, including only the cost of the cash transfers, of \$143. Administrative costs are not straightforward to calculate in this context, and will be different in the context of scale-up, so we turn to the literature for estimates of administrative costs. Borghi et al. (2015), estimated that the cost of managing a health worker incentive program in Tanzania exceeded the costs of financial incentives by between 1.7–1.9 times. Another study in the UK found that management costs exceeded incentive payments by about 1.4 times (Meacock et al., 2014). Assuming that administrative costs are conservatively two times the cost of incentives, the cost per life saved would increase to \$429. Given average life expectancy, this works out to about \$8 per life year saved. Even adding in the incremental cost of the additional care used, the cost per life saved would only increase to \$693.<sup>42</sup> These estimates are well under typically used thresholds for cost-effectiveness (Marseille et al., 2014; Horton et al., 2017).

This study, of course, has some limitations. Many of the outcomes are self-reported, which is often unavoidable in contexts like these, but we note that the key outcome – child mortality – is objectively measured and less subject to potential accusations of measurement error or recall bias. Also given the relatively short follow-up period (a few months), we cannot speak to longer run effects on child health. These could be larger than the short run effects we have demonstrated if uptake early in life has dynamic downstream effects on uptake later in the child's life (Takasaki and Sato, 2017), or could be smaller if the marginal child saved by the intervention is frailer, i.e., mortality is deferred, or alternatively, if there is 'culling' of fetuses such that those in the control group that survive birth are the hardiest ones so that they are more likely to survive after birth. This might also interact in interesting ways with compensatory behavior by parents (Liu et al., 2009). This is an interesting area for future work.

Lastly we consider external validity. A strength of this study is that the conditional transfer program was implemented in multiple states in different regions. This may have added to complexity but it strengthens the external validity. In applying these results to other contexts

<sup>&</sup>lt;sup>41</sup>This is the subject of ongoing work.

<sup>&</sup>lt;sup>42</sup>Primary health facilities are heavily subsidized by the government and prices are not reflective of opportunity costs. Costs in the private sector may be a better proxy but we have only a few dozen observations. As a compromise we use reported costs paid in government hospitals. The cost of a delivery in a government hospital is \$51 compared to \$4 in a primary health care clinic. We value time costs at the statutory monthly minimum wage of 18,000 Naira (\$50).

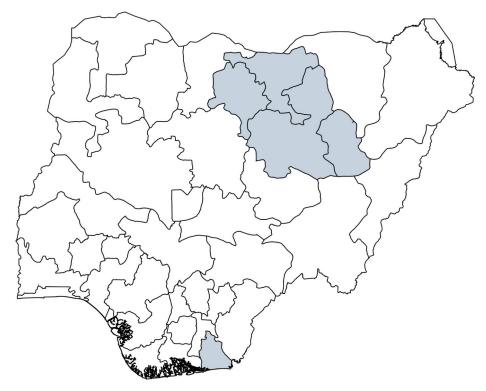
J Dev Econ. Author manuscript; available in PMC 2021 March 01.

it is obviously important to pay careful attention to the peculiarities of each context. Incentives do not work in isolation. It is important to ensure, for example, that services will be available when needed (Okeke and Chari, 2018; Banerjee et al., 2010). Though this was a large-scale trial across multiple states, it was nevertheless a controlled trial. Scaling-up brings up administrative considerations. If women do not get paid on time (or at all), or there are significant hassle costs to obtain payment, this is likely to have dynamic effects that will dilute program effects (Hunter and Murray, 2017). Finally, the cash transfer in this study was conditioned on uptake of the full package of health services. This is in contrast to an à la carte design in which 'prices' are attached to each component, allowing households to pick and choose which component to consume (see for example Okoli et al., 2014). It is possible that this alternative design might result in larger effects on prenatal care attendance (though potentially smaller effects on facility births), as it gives beneficiaries more flexibility to choose a bundle that better matches with their preferences. Making the package a lumpy unit, could have induced some women, e.g., those with a strong preference for a home birth, to not use any care at all since they would not receive the transfer unless they used all of it. The optimal design of incentives will be an interesting area for future work. We are cautiously optimistic that the results will carry over to other settings and we look forward to future studies that will replicate these findings.

# Acknowledgments

This study could not have been carried out without the help and support of many individuals. We are grateful to Peter Glick and A.V. Chari for their involvement as collaborators in the early stages of this project and for many helpful discussions. We thank Drs. Christie Akwaowo, Usman Bashir, and Nnenna Ihebuzor (RIP) who helped to facilitate implementation. We also thank Professor Obi Onwujekwe and the staff of the Health Policy Research Group, University of Nigeria for hosting the project and providing logistical support and infrastructure. We thank Susan Lovejoy, Onyinye Stephen-Gow, and Laura Pavlock- Albright for project management support, and Juliana Chen, Crystal Huang, Stephen Okpalaononuju, Adeyemi Okunogbe, and Victor Olajide for excellent research assistance. We are grateful for the dedicated work of Bamidele Aderibigbe, Saidu Abubakar, Sadia Aliyu, Sadiya Awala, Yakubu Suleiman, and Edidiong Umoh who oversaw the data collection and field work. Lastly, we are grateful to all the study participants who gave generously of their time. We are appreciative of comments provided by participants at various seminars and conferences. This study was supported by a grant from the Eunice Kennedy Shriver National Institute for Child Health and Human Development (R01HD083444). The funder played no role in the design and conduct of the study; collection, management, analysis, and interpretation of the data; preparation, review, or approval of the manuscript; and decision to submit the manuscript for publication.

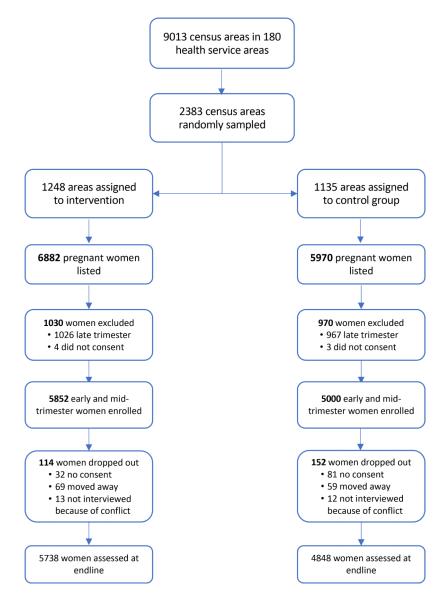
# **Appendix Material**



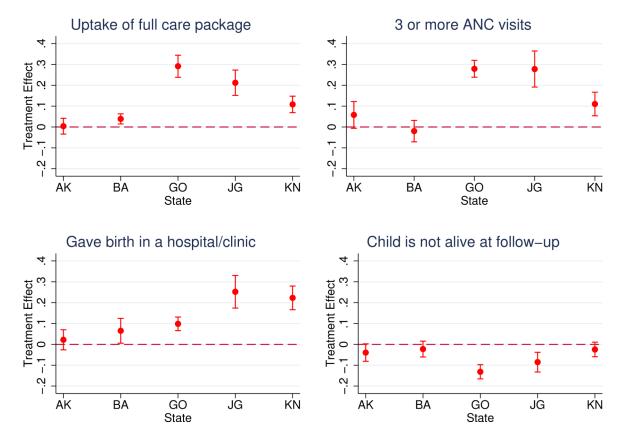
# Figure A.1:

Map of Nigeria showing the Program States

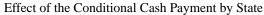
The program sites were drawn from five states (shaded areas) representing three of Nigeria's six geopolitical regions: Akwa Ibom (south-south), Bauchi and Gombe (north-east), Jigawa and Kano (north-west).



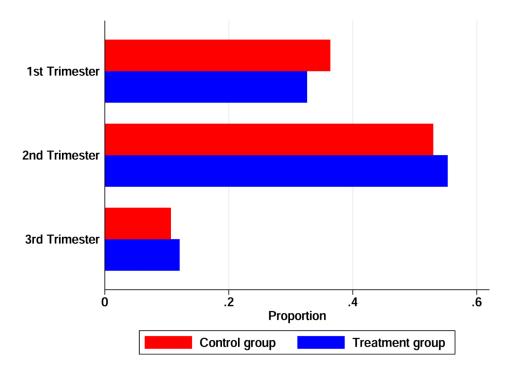
**Figure A.2:** Participant Flowchart



#### Figure A.3:

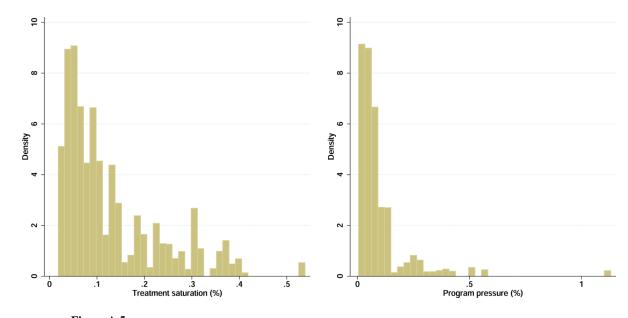


The figure shows the effect of the conditional cash payment on each component of the care package and on child survival by state (AK = Akwa Ibom; BA = Bauchi; GO = Gombe; JG = Jigawa; KN = Kano). The full care package consists of all three components. We plot coefficients and 95% confidence intervals from a linear regression of each outcome on the treatment indicator interacted with dummies for each state. The models include strata (HSA) fixed effects and the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years), dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), a dummy denoting Hausa or Fulani extraction, dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintiles. Standard errors in parentheses are clustered at the level of the health service area (HSA). \*p < 0.1,\*\* p < 0.05,\*\*\* p < 0.01.



# Figure A.4:

Distribution of estimated pregnancy trimester at enrollment by treatment and control arms The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. We impute pregnancy at enrollment using the month of birth and assuming a standard pregnancy duration. Pregnancy age cannot be imputed for women with a fetal loss so for these women we rely on their reported pregnancy age.





Treatment saturation is the fraction of EAs in the HSA that are treated, and program pressure is the number of treated women in the HSA divided by the baseline average monthly facility patient count.

# Table A.1:

Effect of the conditional cash payment on neonatal and post-neonatal deaths

		Neonatal death	l	Po	Post-neonatal death				
	(1)	(2)	(3)	(4)	(5)	(6)			
Intent-to-Treat	-0.0016 (0.0049)	-0.0025 (0.0049)	0.0027 (0.0058)	-0.00083 (0.0022)	-0.0010 (0.0022)	-0.0025 (0.0026)			
Controls	No	Yes	Yes	No	Yes	Yes			
Observations	9126	9126	7019	8706	8706	6634			
Number of groups	180	180	144	180	180	144			
p-value from permutation test	0.75	0.62	0.67	0.71	0.64	0.35			
Control group mean	0.050	0.050	0.053	0.012	0.012	0.013			

Note: The dependent variables are in the first row of the table: a neonatal death is a death within the first 28 days after birth; and a post-neonatal infant death is one where the child survived the neonatal period but died before the follow-up interview. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. The first column in each Panel includes only strata (HSA) fixed effects. The second column in each panel adds in the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years), dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), a dummy denoting Hausa or Fulani extraction, dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintile dummies. The third column in each panel excludes observations in Gombe state. Standard errors in parentheses are clustered at the level of the health service area (HSA).

p < 0.1\*\* p < 0.05\*\*\* p < 0.01.

We also report p-values from permutation tests based on 1,000 draws from the distribution of the treatment effect estimate under the sharp null hypothesis of a zero treatment effect.

#### Table A.2:

Where is the decrease in child mortality occurring? (Unconditional results)

	Early	in-utero (feta	l loss)	Late in	-utero (fetal o	Ea	rly infant de	ath	
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Intent-to- Treat	-0.052 *** (0.0083)	-0.053 *** (0.0081)	-0.039 *** (0.0090)	-0.0080 <sup>**</sup> (0.0037)	-0.0081 <sup>**</sup> (0.0036)	-0.0086 <sup>*</sup> (0.0044)	0.00088 (0.0044)	0.000096 (0.0044)	0.0033 (0.0050)
Controls	No	Yes	Yes	No	Yes	Yes	No	Yes	Yes
Observations	10697	10697	8488	10697	10697	8488	10697	10697	8488
Number of groups	180	180	144	180	180	144	180	180	144
p-value from permutation test	0	0	0	0.030	0.030	0.070	0.86	0.99	0.55
Control group mean	0.14	0.14	0.14	0.045	0.045	0.051	0.050	0.050	0.053

Note: The dependent variables are in the first row of the table: a fetal loss is a pregnancy that terminated before 28 weeks; a fetal death here is not conditioned on the pregnancy extending beyond 28 weeks, it is a simple indicator for whether the enrolled pregnancy resulted in a fetal death, i.e., the infant was born dead; similarly an early infant death here is not conditioned on a live birth, it is simply equal to one if the child died after birth (before the follow-up interview). The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. The first column in each Panel includes only strata (HSA) fixed effects. The second column in each panel adds in the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years), dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), a dummy denoting Hausa or Fulani extraction, dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintile dummies. The third column in each panel excludes observations in Gombe state. Standard errors in parentheses are clustered at the level of the health service area (HSA).

p < 0.1\*\* p < 0.05\*\*\* p < 0.01.

We also report p-values from permutation tests based on 1,000 draws from the distribution of the treatment effect estimate under the sharp null hypothesis of a zero treatment effect.

#### Table A.3:

#### Test of spillovers

	Con	Treatment arm			
	(1) Linear trend	(3) Linear trend	(4) State-specific trend		
Exposed birth Time trend	0.0023 (0.014) 0.0044 <sup>***</sup> (0.0015)	0.018 (0.014)	0.14 <sup>***</sup> (0.028) 0.0079 <sup>***</sup> (0.0018)	0.15 *** (0.030)	
Observations	9779	9779	10252	10252	
Number of groups	144	144	144	144	

Note: The dependent variable in all columns is an indicator equal to one if the child was born in a health facility. Exposed is an indicator equal to 1 if the birth occured during the intervention period and 0 if it occurred before. The sample consists of births in the ten years preceding the intervention (since 2006) and excludes Gombe state. In each column the dependent variable is regressed on the exposure indicator and time trends. All models include mother fixed effects. Separate models are estimated for participants in the treatment and control groups. Standard errors in parentheses are clustered at the level of the health service area (HSA).

p < 0.1

p < 0.05

p < 0.01.

#### Table A.4:

Are the child health effects explained by crowdout?

	Child	survival	Feta	ıl loss	Fetal	death	Early infant death		
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	
Treatment	-0.037 ** (0.017)	$-0.048^{***}$ (0.014)	-0.028 <sup>**</sup> (0.014)	-0.036 <sup>***</sup> (0.012)	-0.022 ** (0.0085)	-0.018 *** (0.0063)	0.0044 (0.0097)	-0.0020 (0.0071)	
Treatment × Saturation	-0.055 (0.10)		-0.087 (0.091)		0.068 (0.053)		-0.032 (0.056)		
Treatment × Pressure		0.036 (0.10)		-0.031 (0.096)		0.049 (0.033)		0.025 (0.037)	
Controls	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
Observations	8488	8488	8488	8488	7405	7405	7019	7019	
Number of groups	144	144	144	144	144	144	144	144	

	Child s	survival	Feta	Fetal loss		death	Early infant death		
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	
Control group mean	0.25	0.25	0.14	0.14	0.059	0.059	0.066	0.066	

Note: The dependent variables are in the first row of the table: child survival is the probability that a treated child (who was in-utero at enrollment) was alive at follow-up; a fetal loss is a pregnancy that terminated before 28 weeks; a fetal death is a child that was delivered after 28 weeks but was born dead; and an early infant death is one where the child was born alive but died before the follow-up interview. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. Saturation is the fraction of EAs in the HSA that are treated and Pressure is the number of treated women in the HSA/baseline average monthly facility patient count. The models include strata (HSA) fixed effects and the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years), dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), a dummy denoting Hausa or Fulani extraction, dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintiles. The sample excludes observations in Gombe state. Standard errors in parentheses are clustered at the level of the health service area (HSA).

p < 0.1

*p* < 0.05

p < 0.01.

#### Table A.5:

## Are attriters different from non-attriters?

	(1) Attrition	(2) Attrition
Treatment	-0.012 *** (0.0037)	
18-24 years	-0.0060 (0.0057)	-0.018*(0.010)
25–29 years	0.0030 (0.0067)	-0.010 (0.012)
30-34 years	-0.018 ** (0.0078)	-0.026***(0.013)
35 and older	-0.021 ** (0.0092)	-0.032***(0.015)
Islamic school	-0.0040 (0.0035)	-0.011 ** (0.0047)
Primary school	-0.0070 (0.0066)	0.0024 (0.012)
Secondary school	-0.015 ** (0.0066)	-0.015 (0.011)
Tertiary school	0.0047 (0.017)	-0.013 (0.026)
No. of previous births	0.0049 *** (0.0014)	0.0052**(0.0021)
History of previous stillbirth=1	-0.0034 (0.0082)	-0.0017 (0.014)
Previous miscarriage	-0.012***(0.0053)	-0.011 (0.0098)
Wealth quintiles=2	-0.00033 (0.0051)	-0.0012 (0.0067)
Wealth quintiles=3	-0.0063 (0.0053)	-0.011 (0.0069)
Wealth quintiles=4	0.0093*(0.0056)	0.015***(0.0077)
Wealth quintiles=5	-0.0038 (0.0078)	0.00098 (0.011)
Treatment		-0.049 *** (0.017)
Treatment $\times$ 18–24 years		0.022*(0.012)
Treatment $\times$ 25–29 years		0.023*(0.014)
Treatment $\times$ 30–34 years		0.013 (0.014)
Treatment $\times$ 35 and older		0.019 (0.017)
Hausa or Fulani extraction=1		-0.012 (0.0086)
Treatment × Hausa or Fulani extraction=1		0.024 ** (0.010)

	(1) Attrition	(2) Attrition
Treatment × Islamic school		0.014 ** (0.0065)
Treatment $\times$ Primary school		-0.017 (0.015)
Treatment $\times$ Secondary school		0.00053 (0.011)
Treatment $\times$ Tertiary school		0.033 (0.036)
Treatment $\times$ No. of previous births		-0.00037 (0.0023)
Treatment × History of previous stillbirth=1		-0.0027 (0.017)
Treatment × Previous miscarriage		-0.0032 (0.011)
Treatment $\times$ Wealth quintiles=2		0.0015 (0.0076)
Treatment $\times$ Wealth quintiles=3		0.0070 (0.0082)
Treatment $\times$ Wealth quintiles=4		-0.012 (0.0095)
Treatment $\times$ Wealth quintiles=5		-0.0085 (0.011)
Controls	Yes	No
Observations	10852	10852

Note: The dependent variable is a dummy indicating women who dropped out of the study. Standard errors in parentheses are clustered at the level of the health service area (HSA).

p < 0.1

*p* < 0.01.

### Table A.6:

Bounding child health effects to account for attrition

	Child su	rvival	Fetal	loss	Fetal	death	Early infa	ant death
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
Worst-case bounds	-0.038 *** (0.010)	-0.023 <sup>*</sup> (0.012)	-0.031 *** (0.0088)	-0.018 <sup>*</sup> (0.0098)	0.011 <sup>*</sup> (0.0059)	0.010 (0.0073)	0.020 <sup>***</sup> (0.0063)	0.024 <sup>***</sup> (0.0075)
Controls	Yes	Yes	Yes Yes		Yes	Yes	Yes	Yes
Observations	10963	8677	10963	8677	9787	7594	9392	7208
Number of groups	180	144	180	144	180	144	180	144
p-value from permutation test	0	0.030	0	0.020	0.020	0.090	0	0
Control group mean	0.23	0.25	0.14	0.14	0.052	0.059	0.061	0.066
Lee upper bound	-0.054	-0.041	-0.047	-0.036	-0.012	-0.013	-0.00084	0.0020
Lee lower bound			-0.052	-0.041	-0.018	-0.019	-0.010	-0.0053

Note: To estimate the worst-case bound, we assume that all the unobserved attriters in the control group experienced a 'good' outcome while all those in the treatment group experienced a 'bad' outcome. The dependent variables are in the first row of the table: child survival is the probability that an exposed child (who was in-utero at enrollment) was alive at follow-up; a fetal loss is a pregnancy termination before 28 weeks; a fetal death is a child that was delivered after 28 weeks but was born dead; and an early infant death is one where the child was born alive but died before the follow-up interview. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. The models include strata (HSA) fixed effects and the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years),

dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), a dummy denoting Hausa or Fulani extraction, dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintiles. The second column in each panel excludes observations in Gombe state. Standard errors in parentheses are clustered at the level of the health service area (HSA).

p < 0.1

p < 0.01.

#### Table A.7:

Robustness to excluding 1st trimester pregnancies at baseline (self-reported)

	Up	take	Child s	urvival	Feta	loss	Fetal o	leath	Early inf	ant death
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
Intent-to- Treat	0.12*** (0.014)	0.076 <sup>***</sup> (0.013)	0.062 *** (0.011)	0.050 <sup>***</sup> (0.012)	-0.044 *** (0.0088)	-0.032 *** (0.0094)	-0.014 *** (0.0051)	-0.016 <sup>**</sup> (0.0064)	-0.011 <sup>*</sup> (0.0061)	-0.0086 (0.0075)
Controls	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Observations	6463	4915	6960	5359	6960	5359	6463	4915	6223	4681
Number of groups	180	144	180	144	180	144	180	144	180	144
p-value from permutation test	0	0	0	0	0	0	0.010	0.010	0.080	0.24
Control group mean	0.12	0.066	0.81	0.80	0.096	0.096	0.049	0.056	0.061	0.066

Note: The dependent variables are in the first row of the table: uptake denotes at least three antenatal visits, a health facility delivery, and one postnatal visit; child survival is the probability that an exposed child (who was in-utero at enrollment) was alive at follow-up; a fetal loss is a pregnancy termination before 28 weeks; a fetal death is a child that was delivered after 28 weeks but was born dead; and an early infant death is one where the child was born alive but died before the follow-up interview. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. The models include strata (HSA) fixed effects and the following controls: dummies for mother's equ (<18, 18–24, 25–29, 30–34, and >35 years), a dummy denoting Hausa or Fulani extraction, dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintiles. The second column in each panel excludes observations in Gombe state. Standard errors in parentheses are clustered at the level of the health service area (HSA).

p < 0.1\*\* p < 0.05\*\*\* p < 0.01

#### Table A.8:

Robustness to excluding 3rd trimester pregnancies at baseline (estimated)

	Uptake		Child survival		Fetal loss		Fetal	leath	Early infant death	
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
Intent-to- Treat	0.14 *** (0.014)	0.10 <sup>***</sup> (0.014)	0.066 <sup>***</sup> (0.011)	0.049 <sup>***</sup> (0.012)	$-0.058^{***}$ (0.0089)	-0.044 <sup>***</sup> (0.010)	-0.013 <sup>***</sup> (0.0048)	-0.015 <sup>**</sup> (0.0060)	-0.0021 (0.0055)	0.0019 (0.0064)
Controls	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Observations	8285	6336	9418	7377	9418	7377	8285	6336	7933	5993
Number of groups	180	144	180	144	180	144	180	144	180	144

	Uptake		Child survival		Fetal loss		Fetal death		Early infant death	
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
p-value from permutation test	0	0	0	0	0	0	0.010	0.020	0.70	0.78
Control group mean	0.12	0.056	0.75	0.73	0.16	0.16	0.054	0.062	0.062	0.067

Note: The dependent variables are in the first row of the table: uptake denotes at least three antenatal visits, a health facility delivery, and one postnatal visit; child survival is the probability that an exposed child (who was in-utero at enrollment) was alive at follow-up; a fetal loss is a pregnancy termination before 28 weeks; a fetal death is a child that was delivered after 28 weeks but was born dead; and an early infant death is one where the child was born alive but died before the follow-up interview. Pregnancy age cannot be imputed for women with a fetal loss because the imputation is based on the month of birth so for these women we rely on their reported pregnancy age. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. The models include strata (HSA) fixed effects and the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years), a dummy denoting Hausa or Fulani extraction, dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintiles. The second column in each panel excludes observations in Gombe state. Standard errors in parentheses are clustered at the level of the health service area (HSA).

p<0.1

*p* < 0.05

p < 0.01.

#### Table A.9:

Heterogeneity by household wealth: Top 2 vs. Bottom 3 quintiles

	Upt	ake	Child s	urvival	Feta	l loss	Fetal	death	Early inf	ant death
	(1) Top 2	(2) Bottom 3	(3) Top 2	(4) Bottom 3	(5) Top 2	(6) Bottom 3	(7) Top 2	(8) Bottom 3	(9) Top 2	(10) Bottom 3
Intent-to- Treat	0.12 <sup>***</sup> (0.011)	0.14 *** (0.010)	-0.044 *** (0.014)	-0.069 *** (0.0100)	-0.040 <sup>***</sup> (0.011)	-0.057 *** (0.0079)	-0.012 (0.0075)	-0.0093 <sup>*</sup> (0.0054)	0.0018 (0.0091)	-0.0093 (0.0064)
Controls	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Observations	3606	5915	4100	6597	4100	6597	3606	5915	3442	5684
Control group mean	0.076	0.14	0.24	0.23	0.14	0.14	0.055	0.050	0.067	0.058
p-value (difference)	0.55	0.55	0.19	0.19	0.34	0.34	0.80	0.80	0.30	0.30

Note: The dependent variables are in the first row of the table: uptake denotes at least three antenatal visits, a health facility delivery, and one postnatal visit; child survival is the probability that an exposed child (who was in-utero at enrollment) was alive at follow-up; a fetal death is a child that was delivered after 28 weeks but was born dead; and an early infant death is one where the child was born alive but died before the follow-up interview. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. The models include strata (HSA) fixed effects and the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years), a dummy denoting Hausa or Fulani extraction, dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), dummies for mother's number of prior births, and dummies indicating a prior fetal loss or a stillbirth. Standard errors in parentheses are clustered at the level of the health service area (HSA).

\* p < 0.1

p < 0.01.

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#### Table A.10:

Heterogeneity by maternal education

	Uptake		Child s	urvival	Feta	Fetal loss Fetal		eath	Early infant death	
	(1) None	(2) Some	(3) None	(4) Some	(5) None	(6) Some	(7) None	(8) Some	(9) None	(10) Some
Intent-to- Treat	0.14 <sup>***</sup> (0.0084)	0.14 *** (0.016)	-0.052 *** (0.0095)	-0.069 *** (0.015)	-0.044 *** (0.0074)	-0.066 <sup>***</sup> (0.012)	-0.015 <sup>***</sup> (0.0054)	-0.0015 (0.0074)	0.00044 (0.0064)	-0.0067 (0.0088)
Controls	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Observations	6718	2803	7514	3183	7514	3183	6718	2803	6417	2709
Control group mean	0.091	0.18	0.24	0.23	0.13	0.16	0.057	0.038	0.065	0.052
p-value (difference)	0.96	0.96	0.42	0.42	0.23	0.23	0.20	0.20	0.50	0.50

Note: None denotes no formal education and Some denotes at least primary school. The dependent variables are in the first row of the table: uptake denotes at least three antenatal visits, a health facility delivery, and one postnatal visit; child survival is the probability that an exposed child (who was in-utero at enrollment) was alive at follow-up; a fetal death is a child that was delivered after 28 weeks but was born dead; and an early infant death is one where the child was born alive but died before the follow-up interview. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. The models include strata (HSA) fixed effects and the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years), a dummy denoting Hausa or Fulani extraction, dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintiles. Standard errors in parentheses are clustered at the level of the health service area (HSA).

\* p < 0.1

p<0.05

*p* < 0.01.

#### Table A.11:

Heterogeneity by pregnancy risk

	Uptake		Child s	urvival	Fetal loss		Fetal death		Early infant death	
	(1) Low	(2) High	(3) Low	(4) High	(5) Low	(6) High	(7) Low	(8) High	(9) Low	(10) High
Intent-to- Treat	0.13 <sup>***</sup> (0.0098)	0.15 <sup>***</sup> (0.011)	-0.052 *** (0.011)	-0.069 *** (0.012)	$-0.040^{***}$ (0.0084)	-0.065 *** (0.0094)	-0.012 <sup>**</sup> (0.0059)	-0.012 <sup>*</sup> (0.0064)	-0.0055 (0.0069)	-0.00021 (0.0078)
Controls	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Observations	4901	4620	5439	5258	5439	5258	4901	4620	4709	4417
Control group mean	0.095	0.14	0.21	0.26	0.12	0.16	0.049	0.056	0.056	0.067
p-value (difference)	0.48	0.48	0.28	0.28	0.073	0.073	0.95	0.95	0.61	0.61

Note: High(er) risk indicates women with at least one of the following risk factors: first-time mother, five or more previous births, age less than 15 years or older than 35, prior history of a stillbirth. Low(er) risk indicates women with none of these factors. The dependent variables are in the first row of the table: uptake denotes at least three antenatal visits, a health facility delivery, and one postnatal visit; child survival is the probability that an exposed child (who was in-utero at enrollment) was alive at follow-up; a fetal death is a child that was delivered after 28 weeks but was born dead; and an early infant death is one where the child was born alive but died before the follow-up interview. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. The models include strata (HSA) fixed effects and the following controls: a dummy denoting Hausa or Fulani extraction, dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), a dummy indicating a prior

fetal loss, and household wealth quintiles. Standard errors in parentheses are clustered at the level of the health service area (HSA).

p < 0.1

p < 0.01.

1.

# Table A.12:

Heterogeneity by infant gender

	Uptake		Fetal death		Early inf	ant death	Neonatal death	
	(1) Female	(2) Male	(3) Female	(4) Male	(5) Female	(6) Male	(7) Female	(8) Male
Intent-to- Treat	0.13 <sup>***</sup> (0.011)	0.15 <sup>***</sup> (0.010)	-0.0078 (0.0062)	-0.016 <sup>***</sup> (0.0061)	-0.0034 (0.0068)	-0.0041 (0.0076)	-0.0039 (0.0062)	-0.0013 (0.0069)
Controls	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Observations	4474	5047	4474	5047	4301	4825	4301	4825
Control group mean	0.11	0.12	0.046	0.057	0.049	0.073	0.041	0.058
p-value (difference)	0.46	0.46	0.35	0.35	0.95	0.95	0.80	0.80

Note: The sex of the infant is only observed if the pregnancy resulted in a birth. The dependent variables are in the first row of the table: uptake denotes at least three antenatal visits, a health facility delivery, and one postnatal visit; child survival is the probability that an exposed child (who was in-utero at enrollment) was alive at follow-up; a fetal death is a child that was delivered after 28 weeks but was born dead; and an early infant death is one where the child was born alive but died before the follow-up interview. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. The models include strata (HSA) fixed effects and the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years), a dummy denoting Hausa or Fulani extraction, dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintiles. Standard errors in parentheses are clustered at the level of the health service area (HSA).

 $p^* < 0.1$ 

\*\* p<0.05

p < 0.01.

#### Table A.13:

Heterogeneity by whether the HSA facility received an additional health worker

	Uptake		Child s	urvival	Fetal loss		Fetal	Fetal death		Early infant death	
	(1) No	(2) Yes	(3) No	(4) Yes	(5) No	(6) Yes	(7) No	(8) Yes	(9) No	(10) Yes	
Intent-to- Treat	0.11 <sup>***</sup> (0.013)	0.15 <sup>***</sup> (0.0092)	$-0.054^{***}$ (0.014)	-0.065 *** (0.0096)	-0.044 *** (0.011)	-0.058 *** (0.0076)	-0.014 <sup>**</sup> (0.0070)	-0.011 <sup>**</sup> (0.0054)	-0.0035 (0.0090)	-0.0036 (0.0063)	
Controls	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
Observations	3114	6407	3502	7195	3502	7195	3114	6407	3005	6121	
Control group mean	0.11	0.12	0.22	0.24	0.13	0.14	0.044	0.055	0.061	0.061	
p-value (difference)	0.41	0.41	0.65	0.65	0.50	0.50	0.76	0.76	0.99	0.99	

Note: The dependent variables are in the first row of the table: uptake denotes at least three antenatal visits, a health facility delivery, and one postnatal visit; child survival is the probability that an exposed child (who was in-utero at enrollment) was alive at follow-up; a fetal death is a child that was delivered after 28 weeks but was born dead; and an early infant death is one where the child was born alive but died before the follow-up interview. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a

health facility delivery, and one postnatal visit. The models include strata (HSA) fixed effects and the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years), a dummy denoting Hausa or Fulani extraction, dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintiles. Standard errors in parentheses are clustered at the level of the health service area (HSA).

p < 0.1

*p* < 0.01.

#### Table A.14:

Effect of the treatment on intermediate outcomes (excluding Gombe state)

	(1) HIV testing & counseling	(2) Iron supplements	(3) Antimalarial prophylaxis	(4) Pregnancy problems	(5) Treated for problem	(6) Labor was obstructed	(7) Hypertensive complications
Intent-to- Treat	0.072 <sup>***</sup> (0.016)	0.058 <sup>***</sup> (0.015)	0.036 <sup>***</sup> (0.013)	0.00032 (0.0041)	0.037 <sup>**</sup> (0.015)	-0.0075 (0.0053)	0.0019 (0.0041)
Controls	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Observations	8488	8488	8488	8488	6356	7405	7405
Number of groups	144	144	144	144	144	144	144
p-value from permutation test	0	0	0	0.95	0.010	0.13	0.68
Control group mean	0.57	0.69	0.72	0.16	0.31	0.045	0.022

Note: This table examines the effect on intermediate outcomes. The sample excludes Gombe state. The dependent variables are in the first row of the table. Intermediate prenatal indicators are in Columns 1–3, and labor/delivery indicators are in Columns 6 and 7. They are binary indicators. Pregnancy problems (column 4) is an index created by taking an average across women's responses to a series of questions about problems experienced during the pregnancy. Column 5 asks if the woman received treatment for the problem. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. All models include strata (HSA) fixed effects and the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years), dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), a dummy denoting Hausa or Fulani extraction, dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling, some primary school, some secondary school, and some tertiary schooling, some primary school, some secondary school, and some tertiary schooling, some primary school, some secondary school, and some tertiary schooling, some primary school, some secondary school, and some tertiary schooling. Standard errors in parentheses are clustered at the level of the health service area (HSA).

<sup>\*</sup> p < 0.1 <sup>\*\*</sup> p < 0.05 \*\*\*

p < 0.01.

We also report p-values from permutation tests based on 1,000 draws from the distribution of the treatment effect estimate under the sharp null hypothesis of a zero treatment effect.

#### Table A.15:

Effect of the conditional cash payment by pregnancy trimester at enrollment

	(1) Number of prenatal visits	(2) Childbirth in a health facility	(3) Infant was born dead
Transfer	0.61 *** (0.092)	0.16***(0.021)	-0.012 (0.0089)
2nd trimester	0.30 *** (0.069)	0.027 (0.016)	-0.0015 (0.0087)
3rd trimester	0.74 *** (0.12)	0.022 (0.025)	-0.015 (0.012)

	(1) Number of prenatal visits	(2) Childbirth in a health facility	(3) Infant was born dead
Transfer $\times$ 2nd trimester	-0.15 (0.097)	-0.035 (0.023)	-0.0026 (0.011)
Transfer $\times$ 3rd trimester	-0.57 *** (0.14)	-0.020 (0.031)	0.013 (0.015)
Controls	Yes	Yes	Yes
Observations	10632	9499	9499
Number of groups	180	180	180
p-value (B1+B4=0)	0.000000013	3.2e-11	0.018
p-value (B1+B5=0)	0.70	0.00000031	0.87
Control group mean	2.38	0.29	0.052

Note: The dependent variables are in the first row of the table. Trimester at enrollment was imputed using month of birth and assuming a standard pregnancy duration. It cannot be imputed if the pregnancy did not result in a birth so for these women we rely on their reported pregnancy age. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. The models include strata (HSA) fixed effects and the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years), a dummy denoting Hausa or Fulani extraction, dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintiles. Standard errors in parentheses are clustered at the level of the health service area (HSA).

p < 0.1\*\* p < 0.05\*\*\* p < 0.01.

#### Table A.16:

#### Other causal pathways

	(1) Child survival	(2) Small- size infant	(3) Cost of delivery	(4) Labor was prolonged	(5) Received oxytocin	(6) Physical/ verbal mistreatment	(7) Pain medication
Intent-to-Treat	0.0637 <sup>***</sup> (0.0117)	0.00356 (0.00482)	54.33 (76.19)	-0.00960 (0.0121)	0.00374 (0.0198)	-0.00582 (0.00830)	0.0357 <sup>*</sup> (0.0193)
Controls	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Observations	6538	8910	3460	3468	3459	3459	3459
Number of groups	180	180	161	161	161	161	161
p-value from permutation test	0	0.500	0.550	0.310	0.820	0.520	0.0400
Control group mean	0.775	0.0537	1375.8	0.0870	0.780	0.0521	0.193

Note: This tables examines other potential causal pathways. In Column 1 we test whether reduced household work and stress can potentially account for the findings. We re-estimate the mortality results restricting the sample to women in households with no co-wives and no female children older than 7, both of whom could potentially substitute for maternal labor. The dependent variable is an indicator equal to one if the exposed child (who was in-utero at enrollment) was alive at follow-up. In Column 2 we examine the maternal nutrition channel by examining whether the intervention had an effect on the probability of giving birth to a very small or smaller than average infant. In Column 3 we examine whether participants in the treatment group paid more than participants in the control group for delivery at the local health facility. In Columns 4–7 we examine whether women in the treatment group received better delivery care at the local health facility than women in the control group. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. All models include strata (HSA) fixed effects and the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years), dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some

secondary school, and some tertiary schooling), a dummy denoting Hausa or Fulani extraction, dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintiles. Standard errors in parentheses are clustered at the level of the health service area (HSA).

p < 0.1

p < 0.01.

We also report p-values from permutation tests based on 1,000 draws from the distribution of the treatment effect estimate under the sharp null hypothesis of a zero treatment effect.

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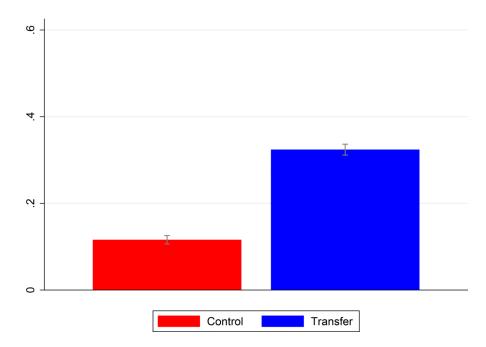
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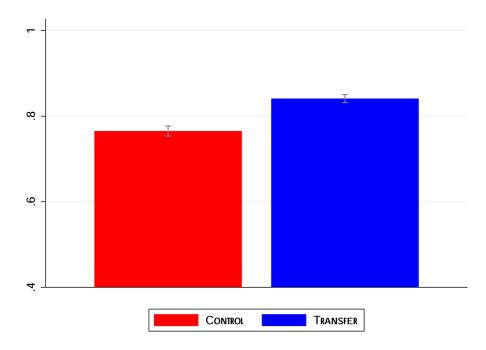
- We examine the effect of cash transfers conditioned on health care utilization during pregnancy on child health
- The cash transfer program was implemented in Nigeria and selection of communities for the program was random
- In intervention areas use of recommended health services more than doubled
- We find significant reductions in child mortality driven by reductions in inutero child deaths
- The ley mechanism appears to be prenatal health investments



# Figure 1:

Effect of the Conditional Cash Payment on Uptake of Health Services

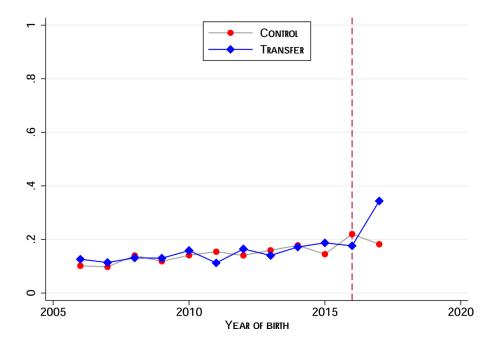
The figure shows the proportion of participants in each arm of the trial that attended at least three prenatal visits, gave birth in a health institution, and attended at least one postnatal visit. Means and 95% confidence intervals are shown.



# Figure 2:

Effect of the Conditional Cash Payment on Child Survival

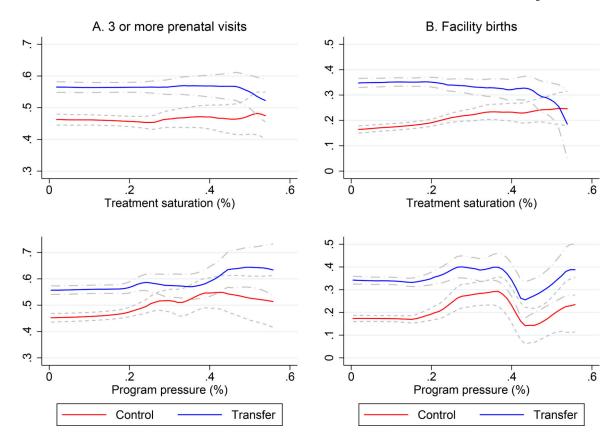
The figure shows the proportion of treated children in each arm of the trial that survived to follow-up. Means and 95% confidence intervals are shown.



## Figure 3:

Trends in Facility Births by Treatment Assignment

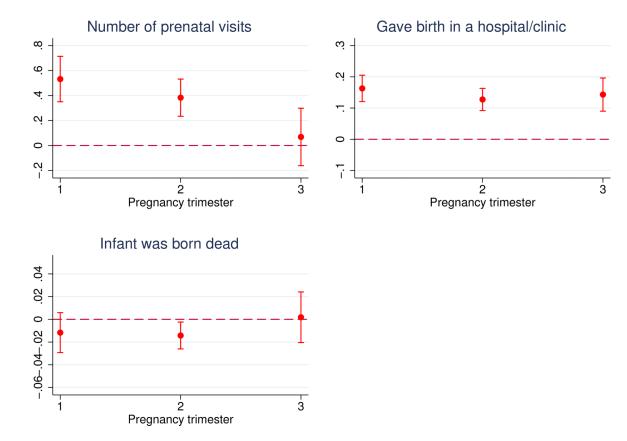
The figure shows the proportion of births to study participants, by year, that took place in a health care institution. The sample consists of births in the ten years preceding the intervention and excludes Gombe state. The vertical dashed line marks the last pre-intervention year, 2016. We have aggregated all post births.



#### Figure 4:

Is there evidence of crowd-out?

The figure shows smoothed local polynomial plots (with 95% confidence bands) of utilization in the intervention and control groups over the distribution of treatment saturation (top) and program pressure (bottom). Treatment saturation is the fraction of EAs in the HSA that are treated, and program pressure is the number of treated women in the HSA divided by the baseline average monthly facility patient count. The latter is truncated at 1 for visual clarity. The utilization measure in Panel A (left) is an indicator for 3 or more prenatal visits, and in Panel B (right), an indicator for a facility birth.



#### Figure 5:

Effect of the Conditional Cash Payment by Pregnancy Trimester at Enrollment The figure shows the effect of the conditional cash payment on (i) the number of prenatal visits, (ii) the probability of a health facility birth, and (iii) the probability of a fetal death, by pregnancy trimester at enrollment. Trimester at enrollment was imputed using month of birth and assuming a standard pregnancy duration. It cannot be imputed if the pregnancy did not result in a birth so for these women we rely on their reported pregnancy age. We plot coefficients and 95% confidence intervals from a linear regression of each outcome on the treatment indicator interacted with dummies for each trimester. The models include strata (HSA) fixed effects and the following controls: dummies for mother's age (<18, 18–24, 25– 29, 30–34, and >35 years), dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), a dummy denoting Hausa or Fulani extraction, dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintile dummies.

### Table 1:

Allocation of sample to treatment and control arms (by state)

State	Control		Treatment		Total	
	Ν	Percent (%)	Ν	Percent (%)	Ν	Percent (%)
Akwa Ibom	750	50.9	723	49.1	1473	100
Bauchi	1244	51.3	1183	48.7	2427	100
Gombe	763	33.6	1511	66.4	2274	100
Jigawa	1127	46.6	1294	53.4	2421	100
Kano	1116	49.4	1141	50.6	2257	100
Total	5000	46.1	5852	53.9	10852	100

Note: The table shows the number of participants in the treatment and control arms in each of the study states. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. We fail to reject the null of equality for every state except for Gombe. Standard errors are clustered at the level of the health service area (HSA). There are 180 HSAs included in the trial.

### Table 2:

## Test of Balance (full sample)

	mean(C)	sd(C)	mean(T)	sd(T)	p-value
Mother characteristics					
Age	24.6	5.80	24.8	5.94	0.046
Married	0.95	0.22	0.95	0.21	0.48
Moslem	0.80	0.40	0.82	0.39	0.37
Hausa or Fulani	0.73	0.44	0.73	0.44	0.93
Highest level of schooling					
None	0.31	0.46	0.35	0.48	0.51
Islamic school	0.39	0.49	0.34	0.47	0.30
Primary school	0.080	0.27	0.090	0.28	0.88
Secondary school	0.20	0.40	0.20	0.40	0.70
Tertiary school	0.020	0.14	0.020	0.14	0.42
Worked last 12 months	0.44	0.50	0.42	0.49	0.92
Owns mobile phone	0.13	0.34	0.13	0.33	0.15
Reported number of months pregnant	4.20	1.56	4.27	1.57	0.42
Number of prior births	1.87	1.86	1.94	1.95	0.11
Last birth was in a health facility	0.21	0.41	0.26	0.44	0.18
Pregnancy age at enrollment					
First trimester	0.37	0.48	0.33	0.47	0.18
Second trimester	0.53	0.50	0.55	0.50	0.96
Third trimester	0.11	0.31	0.12	0.32	0.065
Has had a previous miscarriage	0.10	0.30	0.10	0.30	0.34
Has had a previous stillbirth	0.030	0.17	0.040	0.19	0.16
Household characteristics					
Husband has other wives	0.29	0.46	0.27	0.45	0.35
Household size	5.69	4.44	5.70	7.94	0.48
Number of rooms in dwelling	2.28	1.40	2.27	1.51	0.92
Has no toilet	0.050	0.22	0.050	0.23	0.86
Number of assets (out of 11)	2.06	1.74	2.03	1.69	0.47
Household member has bank account	0.15	0.35	0.14	0.35	0.56
Distance to HSA health facility					
<1 kilometer	0.37	0.48	0.41	0.49	0.78
1–3 kilometers	0.22	0.41	0.20	0.40	0.99
3–5 kilometers	0.14	0.35	0.14	0.35	0.33
5–10 kilometers	0.16	0.37	0.16	0.37	0.77
>10 kilometers	0.11	0.31	0.090	0.29	0.14
Number of months between baseline and follow-up	7.84	2.24	7.80	2.26	0.41
Ν	5852		5000		

Note: Table shows means, standard deviations (sd), and tests of balance for the full sample. C and T denote the control and treatment arms respectively. The last column reports p-values from a regression of each characteristic on the treatment indicator and strata (HSA) fixed effects. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three

antenatal visits, a health facility delivery, and one postnatal visit. Standard errors are clustered at the level of the health service area (HSA). There are 180 HSAs. Trimester at enrollment was imputed based on the month of birth and assuming a standard pregnancy duration. It cannot be imputed if the pregnancy did not result in a birth so for these women we rely on their reported pregnancy age. Distance to the HSA health facility is measured from the center of each cluster.

### Table 3:

## Test of Balance (excluding Gombe state)

	mean(C)	sd(C)	mean(T)	sd(T)	p-value
Mother characteristics					
Age	24.8	5.81	24.9	6	0.41
Married	0.95	0.22	0.95	0.22	0.61
Moslem	0.81	0.39	0.82	0.39	0.86
Hausa or Fulani	0.74	0.44	0.76	0.43	0.48
Highest level of schooling					
None	0.28	0.45	0.30	0.46	0.69
Islamic school	0.44	0.50	0.42	0.49	0.30
Primary school	0.070	0.26	0.070	0.26	0.76
Secondary school	0.19	0.39	0.19	0.39	0.32
Tertiary school	0.020	0.12	0.020	0.13	0.32
Worked last 12 months	0.46	0.50	0.45	0.50	0.83
Owns mobile phone	0.14	0.34	0.14	0.35	0.19
Reported number of months pregnant	4.20	1.57	4.18	1.61	0.67
Number of prior births	1.96	1.88	2.01	1.98	0.90
Last birth was in a health facility	0.16	0.37	0.18	0.38	0.24
Pregnancy age at enrollment					
First trimester	0.38	0.49	0.37	0.48	0.56
Second trimester	0.50	0.50	0.50	0.50	1.00
Third trimester	0.12	0.32	0.13	0.34	0.38
Has had a previous miscarriage	0.10	0.30	0.10	0.30	0.51
Has had a previous stillbirth	0.030	0.18	0.040	0.19	0.29
Household characteristics					
Husband has other wives	0.31	0.46	0.30	0.46	0.21
Household size	5.84	4.47	5.88	8.92	0.95
Number of rooms in dwelling	2.27	1.38	2.24	1.35	0.57
Has no toilet	0.050	0.21	0.050	0.22	0.81
Number of assets (out of 11)	2.10	1.75	2.11	1.71	0.48
Household member has bank account	0.14	0.35	0.14	0.34	0.32
Distance to HSA health facility					
<1 kilometer	0.33	0.47	0.32	0.47	0.96
1–3 kilometers	0.22	0.42	0.21	0.41	0.89
3–5 kilometers	0.15	0.36	0.17	0.38	0.28
5–10 kilometers	0.17	0.38	0.19	0.39	0.94
>10 kilometers	0.12	0.33	0.10	0.31	0.069
Number of months between baseline and follow-up	7.83	2.26	7.85	2.29	0.54
Ν	4341		4237		

Note: Table shows means, standard deviations (sd), and tests of balance. The sample excludes observations in Gombe state. C and T denote the control and treatment arms respectively. The last column reports p-values from a regression of each characteristic on the treatment indicator and strata (HSA) fixed effects. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services

consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. Standard errors are clustered at the level of the health service area (HSA). There are 180 HSAs. Trimester at enrollment was imputed based on the month of birth and assuming a standard pregnancy duration. It cannot be imputed if the pregnancy did not result in a birth so for these women we rely on their reported pregnancy age. Distance to the HSA health facility is measured from the center of each cluster.

#### Effect of the conditional cash payment on uptake of the full package of health services

	(1)	(2)	(3)
Intent-to-Treat	0.139 *** (0.0135)	0.138 *** (0.0134)	0.0996****(0.0131)
Controls	No	Yes	Yes
Observations	9521	9521	7405
Number of groups	180	180	144
p-value from permutation test	0	0	0
Control group mean	0.116	0.116	0.0575

Note: The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. The dependent variable is a dummy denoting uptake of this package of services. The sample consists of all births to study participants during the intervention period. Column 1 includes only strata (HSA) fixed effects. Column 2 adds in the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years), dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), a dummy denoting Hausa or Fulani extraction, dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintile dummies. Column 3 excludes observations in Gombe state. Standard errors in parentheses are clustered at the level of the health service area (HSA).

p < 0.1

\*\* p<0.05

\*\*\* p<0.01.

We also report p-values from permutation tests based on 1,000 draws from the distribution of the treatment effect estimate under the sharp null hypothesis of a zero treatment effect.

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# Table 5:

Effect of the conditional cash payment on on health care consumption

	Nu	Number of prenatal visits	isits	Child	Childbirth in a health facility	acility	At	At least one postnatal visit	visit
	(1)	(2)	(3)	(4)	(5)	(9)	(ل)	(8)	(6)
Intent-to-Treat	$0.474^{***}$ (0.0663)	0.471 *** (0.0655)	0.372 *** (0.0765)	$0.142^{***}$ (0.0157)	$0.141^{***}$ (0.0153)	$0.151^{***}$ (0.0186)	$0.103^{***}$ (0.0132)	$0.103^{***}$ (0.0130)	$0.0784^{***}$ (0.0144)
Controls	No	Yes	Yes	No	Yes	Yes	No	Yes	Yes
Observations	10697	10697	8488	9521	9521	7405	9521	9521	7405
Number of groups	180	180	144	180	180	144	180	180	144
p-value from permutation test	0	0	0	0	0	0	0	0	0
Control group mean	2.378	2.378	2.319	0.288	0.288	0.182	0.268	0.268	0.219
Note: The dependent variables are in the first row of the table. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. The first column in each Panel includes only strata (HSA) fixed effects. The second column in each panel adds in the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years), dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling, a dummy denoting Hausa or Fulani extraction, dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth	iables are in the fir ealth facility delive other's age (<18, 11 schooling), a dumi	st row of the table. T xry, and one postnata 8–24, 25–29, 30–34, my denoting Hausa.	The treatment is a car il visit. The first colu , and >35 years), dui or Fulani extraction,	sh payment of \$14 p mm in each Panel in mmies for mother's , dummies for mothe	aid to households if cludes only strata (I educational attainm r's number of prior	i eligible pregnant wc HSA) fixed effects. T ent (no schooling, Isl births, dummies indi	omen used a package The second column in lamic schooling, son icating a prior fetal 1	e of health services ( n each panel adds in ne primary school, s loss or a stillbirth, ar	consisting of at least the following ome secondary of household wealth

quintile dummies. The third column in each panel excludes observations in Gombe state. Standard errors in parentheses are clustered at the level of the health service area (HSA). p < 0.1

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p < 0.05

p < 0.01.

We also report p-values from permutation tests based on 1,000 draws from the distribution of the treatment effect estimate under the sharp null hypothesis of a zero treatment effect.

#### Table 6:

#### Effect of the conditional cash payment on child survival

	(1)	(2)	(3)
Intent-to-Treat		0.0606 *** (0.00980)	
Controls	No	Yes	Yes
Observations	10697	10697	8488
Number of groups	180	180	144
p-value from permutation test	0	0	0
Control group mean	0.765	0.765	0.752

Note: The dependent variable is an indicator equal to one if the treated child (who was in-utero at enrollment) was alive at follow-up. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health services consisting of at least three antenatal visits, a health facility delivery, and one postnatal visit. Column 1 includes only strata (HSA) fixed effects. Column 2 adds in the following controls: dummies for mother's age (<18, 18–24, 25–29, 30–34, and >35 years), dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), a dummy denoting Hausa or Fulani extraction, dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintile dummies. Column 3 excludes observations in Gombe state. Standard errors in parentheses are clustered at the level of the health service area (HSA).

*p* < 0.1

\*\* p<0.05

We also report p-values from permutation tests based on 1,000 draws from the distribution of the treatment effect estimate under the sharp null hypothesis of a zero treatment effect.

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	(1)	(2)	(3)	(4)	(5)	(9)	(1)	(8)	(6)
Intent-to-Treat	-0.052 *** (0.0083)	-0.053 *** (0.0081)	$-0.039^{***}$ (0.0090)	-0.011 *** (0.0044)	-0.012 *** (0.0043)	-0.013 <sup>**</sup> (0.0053)	-0.0023 (0.0052)	-0.0034 (0.0051)	0.00036 (0.0060)
Controls	No	Yes	Yes	No	Yes	Yes	No	Yes	Yes
Observations	10697	10697	8488	9521	9521	7405	9126	9126	7019
Number of groups	180	180	144	180	180	144	180	180	144
p-value from permutation test	0	0	0	0.010	0.010	0.010	0.65	0.49	0.95
Control group mean	0.14	0.14	0.14	0.052	0.052	0.059	0.061	0.061	0.066

column in each panel adds in the following controls: dummies for mother's age (<18, 18-24, 25-29, 30-34, and >35 years), dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), a dummy denoting Hausa or Fulani extraction, dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintile dummies. The third column in each panel excludes observations in Gombe state. Standard errors in parentheses are clustered at the level of the health service area (HSA).

 $^{*}_{P < 0.1}$ 

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p < 0.05

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p < 0.01.

We also report p-values from permutation tests based on 1,000 draws from the distribution of the treatment effect estimate under the sharp null hypothesis of a zero treatment effect.

# Table 8:

Effect of the treatment on intermediate outcomes

	(1) HIV testing & counseling	(2) Iron supplements	(3) Antimalarial prophylaxis	(4) Pregnancy problems	(5) Treated for problem	(6) Labor was obstructed	(7) Hypertensive complications
Intent-to-Treat	$0.077^{***}(0.014)$	$0.072^{***}(0.013)$	$0.050^{***}(0.011)$	0.0025 (0.0036)	$0.048^{***}(0.013)$	-0.0019 (0.0046)	0.0055 (0.0037)
Controls	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Observations	10697	10697	10697	10697	7540	9521	9521
Number of groups	180	180	180	180	180	180	180
p-value from permutation test	0	0	0	0.49	0	0.65	0.14
Control group mean	0.61	0.71	0.74	0.15	0.30	0.041	0.021

e in Columns 6 and 7. These are all binary indicators. Pregnancy problems (column 4) is an index created by taking an average across women's responses to a series of questions about problems experienced (<18, 18-24, 25-29, 30-34, and >35 years), dummies for mother's educational attainment (no schooling, Islamic schooling, some primary school, some secondary school, and some tertiary schooling), a dummy denoting Hausa or Fulani extraction, dummies for mother's number of prior births, dummies indicating a prior fetal loss or a stillbirth, and household wealth quintile dummies. Standard errors in services consisting of at least three antenatal visits, a health facility delivery, and one postmatal visit. All models include strata (HSA) fixed effects and the following controls: dummies for mother's age during the pregnancy. Column 5 asks if the woman received treatment for the problem. The treatment is a cash payment of \$14 paid to households if eligible pregnant women used a package of health parentheses are clustered at the level of the health service area (HSA).

p < 0.1\*

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p < 0.05\*\*\*

p < 0.01.

We also report p-values from permutation tests based on 1,000 draws from the distribution of the treatment effect estimate under the sharp null hypothesis of a zero treatment effect.