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## Parahydrogen-induced Hyperpolarization of Gases

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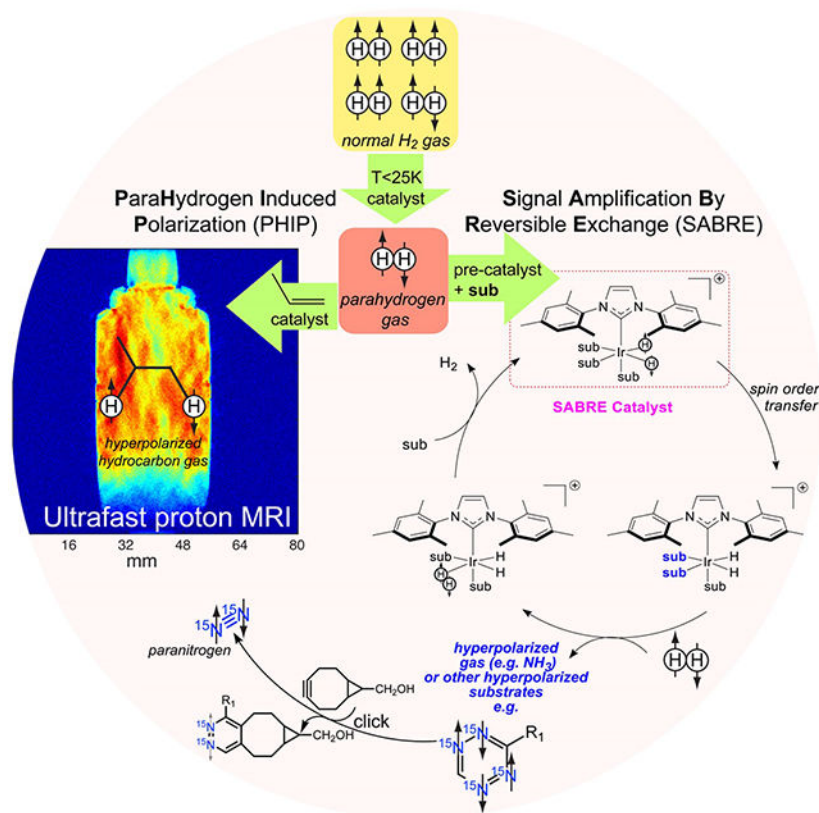
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### Abstract

Imaging of gases is a major challenge for any modality including MRI. NMR and MRI signals are directly proportional to the nuclear spin density and the degree of alignment of nuclear spins with applied static magnetic field, which is called nuclear spin polarization. The level of nuclear spin polarization is typically very low, *i.e.*, one hundred thousandth of the potential maximum at 1.5 T and a physiologically relevant temperature. As a result, MRI typically focusses on imaging highly concentrated tissue water. Hyperpolarization methods transiently increases nuclear spin polarizations up to unity, yielding corresponding gains in MRI signal level of several orders of magnitude that enable the 3D imaging of dilute biomolecules including gases. Parahydrogen-induced polarization is a fast, highly scalable, and low-cost hyperpolarization technique. The focus of this Minireview is to highlight selected advances in the field of parahydrogen-induced polarization for the production of hyperpolarized compounds, which can be potentially employed as inhalable contrast agents.

### Graphical Abstract



## Keywords

parahydrogen; NMR; MRI; hyperpolarization; spectroscopy

## 1. Introduction

MRI is an imaging technique based on NMR detection of nuclear spin magnetization. Magnetization is the product of spin density and the degree of alignment (*i.e.*, polarization) of nuclear spin dipoles along the quantization axis determined by the static magnetic field of the MRI scanner. The NMR signal in conventional MRI arises from the very small thermal (Boltzmann) nuclear spin polarization, typically on the order of  $10^{-5}$  at clinical scanner field strengths of 1.5–3T. This low spin polarization limits the ability of MRI to detect molecules at low concentrations. *Hyperpolarization* techniques can be used to increase nuclear spin polarization by several orders of magnitude – up to the order of unity – with corresponding gains in detection sensitivity.<sup>[1]</sup> MRI of hyperpolarized (HP) contrast agents is a revolutionary imaging technique that leverages the 4–6 orders of magnitude of gain in sensitivity for the MRI detection of metabolic and functional exogenous contrast agents at millimolar concentrations.<sup>[2, 3]</sup> Several HP contrast agents have emerged (most notably <sup>13</sup>C-pyruvate<sup>[4]</sup>) for the visualization of metabolism and organ function *in vivo*.

HP noble gases have been successfully employed for regional imaging of lung function: ventilation, perfusion and gas exchange, as well as for a wide range of sensing applications.

[5, 6] Although  $^3\text{He}$  was initially the leading HP inhalable contrast agent, its limited supply has acted to significantly decrease the access of  $^3\text{He}$  HP MRI to the biomedical community. [7] As a result, the bulk of research activities with HP noble gases employ  $^{129}\text{Xe}$ , which is hyperpolarized via spin exchange optical pumping (SEOP). [8, 9] Despite the major successes of HP  $^{129}\text{Xe}$  in clinical research and basic science studies, [7] the clinical translation of HP  $^{129}\text{Xe}$  is hindered by two primary obstacles. First and foremost, the instrumentation employed for  $^{129}\text{Xe}$  hyperpolarization is highly complex, very costly, and typically requires highly skilled professional operators to enable the production of only 1-2 clinical doses per hour. Second, MRI of HP  $^{129}\text{Xe}$  requires specialized MRI scanners, because  $^{129}\text{Xe}$  nucleus resonates at a frequency vastly different from that of protons which are used routinely. [7]

Parahydrogen-induced polarization (PHIP) is a chemical-based hyperpolarization technique relying on parahydrogen ( $p\text{-H}_2$ ) as the source of hyperpolarization. [10, 11] PHIP is a highly scalable and relatively low cost method. [12] Recent advances in this field have demonstrated the feasibility of producing HP gases, which may be ultimately suitable for clinical applications, and may mitigate the limitations of HP  $^{129}\text{Xe}$  gas. In this Minireview, we focus on selected  $p\text{-H}_2$ -based hyperpolarization approaches that show the potential to produce HP gases, covering the fundamental principles and applications as well as key advances reported in the literature up to September 2019.

## 2. Production of parahydrogen

Molecular hydrogen exists as two nuclear spin isomers, which are referred to as *ortho*- and *parahydrogen*. [13] *Orthohydrogen* ( $o\text{-H}_2$ ) is the triplet, while *parahydrogen* is the singlet. These two spin isomers, which respectively account for 75% and 25% of  $\text{H}_2$  at standard temperature and pressure, exhibit different magnetic properties. They also differ in energy as a result of the Pauli exclusion principle, which restricts them to antisymmetric and symmetric rotational states, respectively. Because interconversion between isomers requires a change of two physical properties, the process is forbidden. However, their  $120\text{ cm}^{-1}$  separation in energy means that one can produce nearly 100% *parahydrogen* at 20 K according to Boltzmann statistics. Fortunately, the rule that prevents interconversion between the two forms at higher temperatures can be broken by passing normal  $\text{H}_2$  gas over a suitable spin conversion catalyst. The catalyst can be charcoal or iron<sup>III</sup> oxide (or another ferromagnetic material) and this process can be rapid but once the gas has moved away from the catalyst its initial stability to spin isomer interchange returns. Cooling hydrogen gas to  $-196\text{ }^\circ\text{C}$  (77 K), using liquid nitrogen is easily achieved and creates a mixture wherein the proportion of *parahydrogen* is around 50%. Further cooling to  $-250\text{ }^\circ\text{C}$  (20 K) results in  $>99\%$  *parahydrogen*. However, 20 K is the boiling point of  $\text{H}_2$  and cooling  $\text{H}_2$  gas below this point produces liquid  $p\text{-H}_2$ . Several methods and equipment designs have been suggested for the production of  $p\text{-H}_2$  for various applications [14–16] including hyperpolarization. [17, 18] A  $p\text{-H}_2$  converter, suitable for clinical use has been suggested. [19] This apparatus produces a continuous flow at 98% purity (cooling to 25 K) with a maximum output pressure of 50 bar. The half-life of  $p\text{H}_2$  is  $13.7 \pm 0.5$  hours in a glass vial and  $129 \pm 36$  days in an aluminum storage cylinder. [20] Commercially available *parahydrogen* generators such as those marketed by Bruker are available, which provide for a large scale use such as that needed for flow studies. [20]

### 3. Parahydrogen Induced Polarization (PHIP)

#### 3.1. Breaking the symmetry of parahydrogen via pairwise parahydrogen addition

It is well known that  $p\text{-H}_2$  does not give an observable NMR signal since it has a total zero spin moment. Thus, the observable NMR signal of hydrogen is obtained from  $o\text{-H}_2$  only. Despite this, it is possible to use the  $p\text{-H}_2$  singlet spin state to significantly enhance NMR signals by transferring the H atoms of a  $p\text{-H}_2$  molecule to magnetically nonequivalent environments as, for example, through a hydrogenation reaction involving pairwise  $\text{H}_2$  addition to an unsymmetrical substrate.<sup>[21]</sup>

The effects of parahydrogen-induced polarization (PHIP) were first discovered by studying the interaction of transition metal complexes with hydrogen by NMR.<sup>[22, 23]</sup> These effects were represented by the antiphase (absorption-emission) shape of some NMR signals in the  $^1\text{H}$  NMR spectra and were initially described via chemically induced dynamic nuclear polarization (CIDNP) theory. In 1985, Weitekamp suggested the possibility of using the singlet spin state of  $p\text{-H}_2$  to significantly enhance the NMR signals of hydrogenation reaction products.<sup>[24]</sup> This effect – PASADENA (Parahydrogen And Synthesis Allows Dramatically Enhanced Nuclear Alignment<sup>[25]</sup>) is observed for the product of the hydrogenation with  $p\text{-H}_2$  in a strong magnetic field and accounted for the earlier results attributed to CIDNP. It is assumed that only the energy spin levels in the reaction product that have a singlet spin symmetry corresponding to the symmetry of parahydrogen molecule will be populated.<sup>[10]</sup> In 1987, two research groups, working independently, confirmed experimentally the occurrence of the PASADENA effects.<sup>[11, 25]</sup>

When the hydrogenation reaction with  $p\text{-H}_2$  is carried out in a low magnetic field (*e.g.*, the Earth's field of about 50  $\mu\text{T}$ ) and followed by an adiabatic transfer of the sample to the NMR spectrometer, the NMR signals of the reaction products are enhanced; however, the shape of the polarized peaks differs significantly from the PASADENA experiment. This effect was called ALTADENA (Adiabatic Longitudinal Transport After Dissociation Engenders Nuclear Alignment).<sup>[26]</sup>

It is important to note that in order to observe PHIP in an NMR spectrum, three main conditions should be realized: the rate of the hydrogenation reaction and the time of NMR spectrum acquisition should not significantly exceed the nuclear spin relaxation time of the hyperpolarized (HP) products; the addition of  $p\text{-H}_2$  to the unsaturated substrate should proceed in a pairwise manner, *i.e.*, with the two H atoms of a  $p\text{-H}_2$  molecule ending up in the same reaction product, so that the nuclear spin correlation between them is preserved; the H atoms of  $p\text{-H}_2$  molecule should become magnetically nonequivalent in the product molecule.<sup>[27]</sup> Therefore, for PHIP effects to be observed, the pairwise hydrogen addition route should be realized during hydrogenation and it turns out despite these constraints, this is quite a common phenomenon.

#### 3.2. Homogeneous catalysis and migration of HP fluids from the liquid to gaseous phase

Homogeneous catalysts can be used successfully for producing HP gases in biphasic catalytic processes. These gas-liquid systems were shown to be useful for the HP gases formation, where transition metal complex (homogeneous catalyst) was present in the liquid

phase, while the reactants and products were in the gas phase.<sup>[28]</sup> The novelty of this approach is that the products of the hydrogenation reaction with *p*-H<sub>2</sub>, which are formed in the liquid phase, can return to the gas phase with preservation of spin polarization. This process allows for the rapid separation of reaction products from the homogeneous catalyst, which makes possible to hyperpolarize a broad class of molecules in the gas phase, including vapors of various liquids.

Homogeneous hydrogenation of gaseous C3-hydrocarbons containing double and triple bonds, with the acquisition of <sup>1</sup>H NMR spectra of gaseous products, has provided the first evidence of the usefulness of this biphasic approach to prepare HP gaseous molecules. To this end, hydrogenation of propyne or propene was carried out over the following homogeneous catalysts: [Rh(PPh<sub>3</sub>)<sub>3</sub>Cl], [Ir(COD)(PCy)<sub>3</sub>(Py)]PF<sub>6</sub>, [Rh(NBD)(PPh<sub>3</sub>)<sub>2</sub>]BF<sub>4</sub>,<sup>[29]</sup> [Rh(P(C<sub>6</sub>H<sub>4</sub>SO<sub>3</sub>Na)<sub>3</sub>Cl)<sub>3</sub>]*x*H<sub>2</sub>O, and [Rh(PPh<sub>2</sub>(CH<sub>2</sub>)<sub>4</sub>PPh<sub>2</sub>)(COD)]BF<sub>4</sub>. The mixture of the gaseous substrate and *p*-H<sub>2</sub> was bubbled through the catalyst solution and then passed through a Teflon capillary to the NMR tube for recording <sup>1</sup>H NMR spectra. It was shown that PHIP effects can be successfully detected. At the same time, due to the relatively short relaxation times of <sup>1</sup>H nuclei in the formed gaseous products<sup>[30]</sup> the NMR signal enhancements did not exceed a factor of 20–50, which is an order of magnitude lower than the typical signal enhancement values observed during homogeneous hydrogenation with *p*-H<sub>2</sub>.<sup>[31]</sup>

### 3.3. Heterogeneous PHIP of gases over solid catalysts

By combining the use of *p*-H<sub>2</sub> with heterogeneous hydrogenation processes, it is possible to develop new fundamental and practical applications for the production of HP gases.<sup>[12, 32]</sup> In heterogeneous processes, supported metals are often used as catalysts. It was successfully shown that when the *p*-H<sub>2</sub> based hydrogenation of unsaturated gaseous hydrocarbons is catalyzed by highly dispersed supported metal catalysts, nuclear spin polarized reaction products can be created thus confirming that the pairwise addition of molecular hydrogen can be achieved by a supported metal catalysts.<sup>[33]</sup> The nature of the catalyst proved to be important with the smallest particle sizes maximizing the signal enhancing PHIP effect.<sup>[34]</sup>

Once the observation of PHIP effects was successfully demonstrated in heterogeneous hydrogenation reactions, the production of HP gases became an important area of research.<sup>[7]</sup> Continuous production of HP gases using heterogeneous hydrogenation opens up the way to potential practical applications for void space MR imaging. The first experiments addressing MR imaging with HP propane gas helped visualize various phantoms,<sup>[35]</sup> and in later studies propane hyperpolarized via PHIP allowed the collection of MR images with ultra-high resolution despite its relatively short relaxation time.<sup>[30]</sup> One potential solution to increase the magnetic lifetime of HP propane is to create long-lived spin states by using PHIP and a low magnetic field. The spin-locked induced crossing (SLIC) pulse sequence, developed by Rosen et al.<sup>[36]</sup> has been used to convert this long-lived polarization, created in the Earth's magnetic field, into observable magnetization at 47.5 mT and hence to use HP gas for MR imaging in the low magnetic fields.<sup>[37, 38]</sup> In addition to obtaining low field MR images from protonated propane, when the fully deuterated precursor propene was used,

there was no need to apply special symmetry breaking pulse sequences at 47.5 mT. Consequently, the deuterated variant can be used to obtain low field MR images.<sup>[39]</sup>

Recently it was shown that the nature of the substrate is also critical, and heterogeneous hydrogenation of cyclopropane was realized as an alternative route to HP propane. Interestingly, one could expect that ring opening cyclopropane would place the protons obtained from  $p\text{-H}_2$  into magnetically equivalent positions, *i.e.*, one hydrogen per methyl group. Furthermore, due to the chemical and magnetic equivalence of these two methyl groups, the resulting hyperpolarization should not be detectable directly by NMR; this is similar to the correlated ethylene spin isomers obtained by pairwise addition of  $p\text{-H}_2$  to acetylene.<sup>[40]</sup> However, hydrogenation of cyclopropane with  $p\text{-H}_2$  under the conditions of PASADENA experiment led to the clear-cut observation of PASADENA signals of HP propane, similar to the NMR signals of propane itself observed during hydrogenation of propene.<sup>[41]</sup> Moreover, it was found that the use of cyclopropane as a precursor to HP propane is promising as it yields surprisingly high polarization levels (*ca.* >2%).<sup>[41]</sup>

Because the potential applications will require relatively large amounts of HP gas, the conditions necessary to hydrogenate propene over a Rh/TiO<sub>2</sub> catalyst were optimized and the clinical-scale production of HP propane gas using the PHIP technique demonstrated. Hence, more than 0.3 liters of HP propane gas was produced in 2 s which, along with significant NMR signal enhancement, allowed the MRI visualization of a 56 mL phantom in less than 2 seconds at 4.7 T (Figure 2).<sup>[42]</sup>

## 4. Signal Amplification by Reversible Exchange (SABRE)

### 4.1. The SABRE phenomenon

In 2009, an extension to the PHIP technique termed Signal Amplification by Reversible Exchange (SABRE) was reported.<sup>[43]</sup> This approach, which is multinuclear in nature, harnesses  $p\text{-H}_2$  through its reversible binding to a metal catalyst in association with further reversible binding of a substrate and is therefore not associated with changing the chemical identity of the substrate. SABRE then achieves spin order transfer within the resulting scalar coupling network<sup>[43, 44]</sup> of the catalyst and harnesses substrate dissociation to catalytically build-up hyperpolarized molecules of it in solution according to Figure 3. One consequence of the interconnected chemical and physical aspects of SABRE is that its efficiency can be rigorously controlled. In one version, low magnetic fields are used to create a propagating spin-topology that enables spontaneous spin order transfer,<sup>[43–47]</sup> though other approaches employing more traditional radio frequency excitation are also possible. Density matrix theory<sup>[43]</sup> and level anti-crossing analysis have been used to rationalize this behavior.<sup>[45, 48, 49]</sup>

Chemically, both of these approaches require the SABRE catalyst to remain intact for a time period which is set by the size of the propagating spin-spin couplings between the  $p\text{-H}_2$  derived hydride ligands of the catalyst and the NMR active nuclei of the recipient substrate. Tessari et al. have quantified some of those couplings involved in <sup>1</sup>H-transfer at ~1.2 Hz<sup>[50]</sup> which are small yet sufficient to enable highly efficient transfer if the complex lifetime is around 0.2 s<sup>[46]</sup> when the sample experiences an ~5–8 mT field.<sup>[51, 52]</sup> For transfer to



heteronuclei such as  $^{15}\text{N}$  that occur through the corresponding couplings that can exceed 20 Hz and involve shorter complex lifetimes, the optimum magnetic fields lie in the 0.2-0.4  $\mu\text{T}$  range and thus necessitate the use of  $\mu$ -metal magnetic shields.<sup>[53]</sup> This SABRE variation has been termed “SABRE-SHEATH” (Signal Amplification by Reversible Exchange in SHield Enables Alignment Transfer to Heteronuclei).

Successful magnetization transfer at high field through radio frequency excitation was also exemplified in 2009 for an iridium-phosphine catalyst with pyridine- $^{15}\text{N}$  hyperpolarization as the outcome.<sup>[54]</sup> This approach has then been improved through low-power methods such as LIGHT-SABRE<sup>[55, 56]</sup> and more recently by matching the reaction dynamics.<sup>[57–60]</sup> One additional consequence of SABRE happening during the finite lifetime of what is commonly a bulky catalyst is that controlling nuclear spin order relaxation within the catalyst framework reflect a route to improve SABRE efficiency. This can be achieved by  $^2\text{H}$  labeling, and once the catalyst lifetime, its relaxation properties and polarization transfer field are optimized,  $^1\text{H}$  hyperpolarization levels have reached 20%.<sup>[61]</sup> Studies on  $^{15}\text{N}$  transfer are also well developed with the resulting high polarization levels allowing the ready detection of MR signals without the need for isotope enrichment.<sup>[62]</sup> Other studies have demonstrated that  $^{13}\text{C}$ ,  $^{31}\text{P}$  and  $^{19}\text{F}$ <sup>[43]</sup> NMR signals can be substantially amplified in what has become a rapidly expanding range of molecules that are functionalized by nitrogen, oxygen, phosphorus<sup>[63, 64]</sup> and sulfur<sup>[65]</sup> based catalyst ligation sites. These studies confirm the multinuclear capabilities of SABRE.

One relaxation-related topic deals with the creation of long lived singlet states, as detailed by Levitt.<sup>[66, 67]</sup> The SABRE technique readily yields them in a HP form, as exemplified by the strongly coupled  $^1\text{H}$ -pair in 2-aminothiazole<sup>[68]</sup> whose singlet state has been accessed with 90% efficiency by rf-methods.<sup>[66]</sup> This approach has been applied to derivatives of nicotinamide and pyrazinamide that have isolated spin-pairs through selective deuteration.<sup>[69]</sup> For a pyridazine based  $^1\text{H}$ -spin pair the SABRE HP signal remained visible for 15 minutes after polarization transfer.<sup>[70]</sup> When this method has been used in conjunction with  $^{15}\text{N}_2$ -diazirines<sup>[71, 72]</sup> similar singlet states can be populated with decay constants that exceed 23 min in an optimum storage field.

#### 4.2. RELAYED-SABRE and hyperpolarization of ammonia and beyond

Ammonia represents a common inorganic ligand that binds to SABRE catalysts. This results in the hyperpolarization of its nitrogen and proton sites in a process that can be readily observed in aprotic solvents. Ammonia is a base that undergoes facile proton exchange with acidic protons like those of alcohols, carboxylic acids and water itself. Consequently, the SABRE hyperpolarization of an amine offers a simple route to place a HP proton into a different molecule through chemical exchange.<sup>[73]</sup> When this process takes place at low field, spin order transfers through low-field thermal mixing result in the hyperpolarization of coupled spins. When this SABRE-RELAY method (Figure 4) was applied to the study of the straight chain alcohols methanol through octanol, signal gains of up to 650-fold and 600-fold per proton and carbon respectively were achieved through the use of  $[\text{IrCl}(\text{COD})(\text{IMes})]$  (5 mM), the alcohol (1  $\mu\text{L}$ ),  $\text{NH}_3$  (6-8 eq.) in  $d_2$ -dichloromethane (0.6 mL). Examples have established that  $^1\text{H}$ ,  $^{13}\text{C}$ ,  $^{19}\text{F}$ ,  $^{31}\text{P}$  and  $^{15}\text{N}$  signals of compounds can be readily enhanced

through this approach, meaning that  $p$ -H<sub>2</sub> can hyperpolarize a much broader range of biologically relevant substrates without the need for their direct interaction with either  $p$ -H<sub>2</sub> or a SABRE catalyst. It is not surprising that the rate of relaxation of the NH protons responsible for SABRE-RELAY is an important parameter that can be controlled through <sup>2</sup>H labeling and the extension to amines such as  $\alpha$ -benzylamine.<sup>[74]</sup>

While SABRE-RELAY works with sodium hydrogen carbonate and therefore offers a route to HP carbon dioxide, its use with pyruvic acid is limited by competing Schiff base condensation.<sup>[75]</sup> The use of dimethylsulfoxide as a weakly binding co-ligand in conjunction with the original SABRE method overcomes this problem, leading to a simple route to HP pyruvate.<sup>[76]</sup> It should therefore be clear that SABRE offers a truly versatile route to hyperpolarize many classes of chemical compounds in a simple and low-cost manner including HP gases in the liquid phase.

#### 4.3. Production of paranitrogen via SABRE hyperpolarization of <sup>15</sup>N-containing heterocycles

Two compelling SABRE approaches have been described for the production of HP <sup>15</sup>N<sub>2</sub> gas, in particular the para spin isomer which we refer to as <sup>15</sup>N<sub>2</sub>-paranitrogen ( $p$ -<sup>15</sup>N<sub>2</sub>). The two published approaches are summarized in Figure 6.

Both methods can also be used to hyperpolarize <sup>15</sup>N<sub>2</sub>-orthonitrogen ( $o$ -<sup>15</sup>N<sub>2</sub>), the ortho spin isomer of <sup>15</sup>N<sub>2</sub>, however,  $p$ -<sup>15</sup>N<sub>2</sub> is more intriguing because of its potential to be extremely long lived, in analogy with  $p$ -H<sub>2</sub> which can be stored for weeks.<sup>[19]</sup> The first method, depicted in Figure 5a, involves the hyperpolarization of a tetrazine, which is reacted with a strained alkyne in a click reaction to release HP <sup>15</sup>N<sub>2</sub>. Whether  $p$ -<sup>15</sup>N<sub>2</sub> or  $o$ -<sup>15</sup>N<sub>2</sub> is produced can be controlled by the magnetic field used for SABRE. On one hand, to produce HP  $o$ -<sup>15</sup>N<sub>2</sub>, magnetization (*i.e.*, spin alignment) has to be created on the <sup>15</sup>N<sub>4</sub>-tetrazine first. This is best accomplished at fields of 5 to 10 mG under SABRE-SHEATH conditions. The subsequent click reaction releases HP  $o$ -<sup>15</sup>N<sub>2</sub>. On the other hand, to produce  $p$ -<sup>15</sup>N<sub>2</sub>, SABRE should be conducted at fields above the SABRE-SHEATH<sup>[53]</sup> condition, yet sufficiently low, as not to induce significant chemical shifts between the two <sup>15</sup>N nuclei in the tetrazine (bound or free). Specifically, static magnetic fields between 0.1 to 50 G work well. At these fields singlet states are hyperpolarized on the tetrazine and the subsequent click reaction releases  $p$ -<sup>15</sup>N<sub>2</sub>.<sup>[77]</sup>

The second method, depicted in Figure 5b, involves the hyperpolarization of a diazirine and subsequent irradiation with UV light to release HP <sup>15</sup>N<sub>2</sub> gas. Just as in the tetrazine case, para- vs. ortho- is controlled by the magnetic field during SABRE. HP  $o$ -<sup>15</sup>N<sub>2</sub> is produced when using  $\mu$ T fields, *i.e.*, SABRE-SHEATH conditions, whereas enriched  $p$ -<sup>15</sup>N<sub>2</sub> is produced with slightly higher fields for SABRE. Singlet states in <sup>15</sup>N<sub>2</sub>-diazirines are also enriched well at fields between 0.5 and 50 G. Subsequent UV irradiation releases the  $p$ -<sup>15</sup>N<sub>2</sub>. Note that, in Figure 5b, UV irradiation of the diazirine can lead to the carbene and nitrogen directly, or indirectly through formation of an intermediate diazo compound.<sup>[78]</sup>



## 5. Nuclear spin relaxation considerations in preparation of HP gases

The very long spin-lattice ( $T_1$ ) relaxation times of HP heteronuclei, *e.g.*  $^{13}\text{C}$ ,  $^{15}\text{N}$ , etc. can be on the order of up to tens of minutes<sup>[72, 79, 80]</sup> in solution which makes them highly suitable for HP state storage in the context of biomedical applications: *i.e.* injectable contrast agents.<sup>[2]</sup> However, the gas-phase  $T_1$  of heteronuclei is typically very short, and although  $^{13}\text{C}$   $T_1$  increases with pressure, it is only  $\sim 0.2$  s at 10 atm of  $\text{CO}_2$ .<sup>[81]</sup> Moreover,  $^{19}\text{F}$  fluorocarbons have  $T_1$  values on the time scale of less than 0.1 second at clinically relevant conditions in the context of pulmonary imaging applications.<sup>[82, 83]</sup> On the other hand, *proton*-hyperpolarized propane has  $T_1$  of  $\sim 1$  s<sup>[84]</sup> and  $T_s$  of  $\sim 3$  s<sup>[38]</sup> at 1 atm (and up to more than 13 s at higher pressures<sup>[85]</sup>) and other clinically relevant conditions in the gas phase. These decay constants of HP state are significantly longer than those of many heteronuclei, and sufficiently long for potential administration as inhalable contrast agents.

## 5. Summary and Outlook

To summarize, a wide range of HP gases can be produced via PHIP and SABRE hyperpolarization techniques. These HP gases can be potentially employed for many applications including most importantly bioimaging applications. Clinical-scale production of HP propane has been demonstrated, and it can be potentially extended to many others—ongoing active work in our laboratories, which we hope to report in the near future. *In vivo* bioimaging applications are envisioned for HP gases produced using *p*- $\text{H}_2$ . Efforts are now in progress to study the feasibility and effectiveness of lung ventilation imaging in sheep model of acute lung injury using HP propane gas employing 0.35 T clinical MRI scanner. HP propane gas is expected to have  $T_s$  of  $\sim 3$  s at physiologically relevant conditions,<sup>[38]</sup> and therefore, hyperpolarization process is integrated in the inhalation apparatus to minimize otherwise significant relaxation-associate polarization losses. Future studies will also need to address the potential issues of hydrocarbon flammability, which can be possibly mitigated via administration of HP gas below lower explosive limit (LEL). We envision that paranitrogen may potentially be employed as an inhalable contrast agent—future efforts will be required to perform extraction of paranitrogen from the liquid phase for this application. The key advantages of *proton*-hyperpolarized HP contrast agents produced using *p*- $\text{H}_2$  include: (i) possibility of detection using clinical MRI scanner, (ii) low-cost and high production speed. The low cost of PHIP and SABRE instrumentation is highly synergistic with the low cost of reagents required for the hyperpolarization process and bode well for future biomedical translation.

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## Biographies



Dr. Kirill V. Kovtunov studied chemistry at the Novosibirsk State University, Russia. He completed a PhD in physical-chemistry in 2008 at the International Tomography Center under the supervision of Prof. Igor Koptyug. His research interests include heterogeneous catalysis and utilization of PHIP techniques for NMR/MRI and mechanistic studies of heterogeneous reactions involving hydrogen. Currently he is the leading researcher in the group of Prof. Igor Koptyug.



Prof. Igor V. Koptyug received his Ph.D. degree in 1991; in 1992–1995 he was a postdoctoral researcher in the photochemistry group of Professor N. J. Turro (Columbia University, New York). He earned his Dr. Sci. (Habilitation) degree in catalysis in 2003 and a title of Professor in 2006; currently, he is the deputy director of International Tomography Center, Siberian Branch of the Russian Academy of Sciences, Novosibirsk. His research interests include signal enhancement in NMR and applications of NMR and MRI in catalysis.



Dr. Marianna Fekete graduated from Faculty of Physical Chemistry, University of Belgrade, Serbia in 2003. She obtained her PhD in chemistry in 2008 on the use of reaction kinetics to study catalysis by transitional metal N-heterocyclic carbene complexes at the University of Debrecen, Hungary. Afterwards she undertook postdoctoral work with Prof. M. Botta at the Università del Piemonte Orientale, Italy, studying relaxometric properties of paramagnetic complexes in low field. In 2011, she joined the group of Prof. S. Duckett where she is currently undertaking research on the optimisation, kinetics and catalysis of polarisation transfer reaction.



Prof. Simon Duckett is Director of the Centre for Hyperpolarization in Magnetic Resonance in York. His research involves the development of hyperpolarization techniques and the study of inorganic reactions. He gained a D.Phil. from the University of York in 1990 and then undertook postdoctoral work with Prof. W. D. Jones and Prof. R. Eisenberg at the University of Rochester. He has authored over 130 publications on the parahydrogen effect.



Prof. Thomas Theis is Assistant Professor at North Carolina State University. His research is focused on hyperpolarization technology and unconventional NMR and MRI detection schemes. Dr. Theis completed his masters at the Georg-August University of Goettingen and gained his PhD from UC Berkeley in 2012 working with Prof. A. Pines on “zero-field NMR”. He conducted postdoctoral research at Duke University (USA) with Prof. Warren Warren focused on “singlet states for hyperpolarization storage”, where he was promoted to Research Professor in 2015. Since 2018, Dr. Theis leads the North Carolina State Hyperpolarization Laboratory.



Dr. Baptiste Joalland is a molecular physicist holding a Master degree from the University of Paris XI (2007) and a Ph.D. degree from the University of Toulouse (2011). His primary research interest in fundamental research is geared towards providing a better understanding of the driving forces at play in chemical reactions. Through numerous adventures between France and the USA, he has developed an original set of skills at the boundaries of experimental physical chemistry (with B. R. Rowe, A. G. Suits, and I. R. Sims), quantum chemistry (with C. J. Marsden and S. J. Klippenstein), molecular dynamics simulations (with A. Simon, F. Spiegelman, and T. J. Martínez), and laboratory astrophysics (with C. Joblin and L. Biennier). In 2019, he joined the group of E. Y. Chekmenev as a Senior Postdoctoral Fellow with one overarching goal: turn parahydrogen-induced polarization methods into a clinical reality.



Prof. Eduard Y. Chekmenev, PhD in Physical Chemistry (supervisor Prof. Richard J. Wittebort) 2003, University of Louisville, KY, USA. Postdoctoral Fellow at NHMFL in Tallahassee, FL (Prof. Timothy Cross), Caltech (Prof. Daniel P. Weitekamp) and HMRI (Dr. Brian D. Ross). In 2009, Dr. Chekmenev started his hyperpolarization program at Vanderbilt University, and he was tenured in 2015. He serves as an Associate Professor of Chemistry at Wayne State University since 2018. Research interests include development of methods of hyperpolarization and their Biomedical and industrial use.

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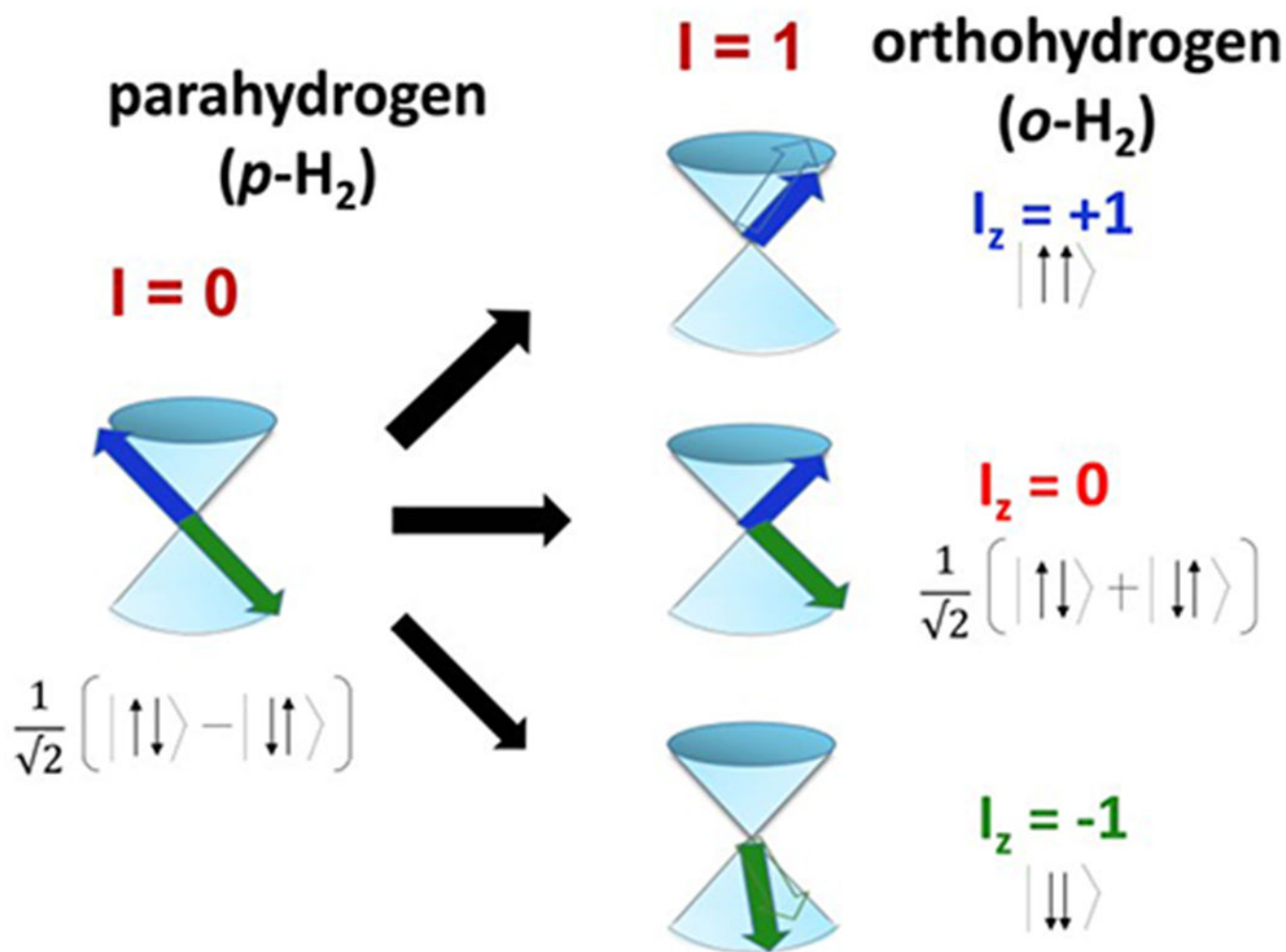
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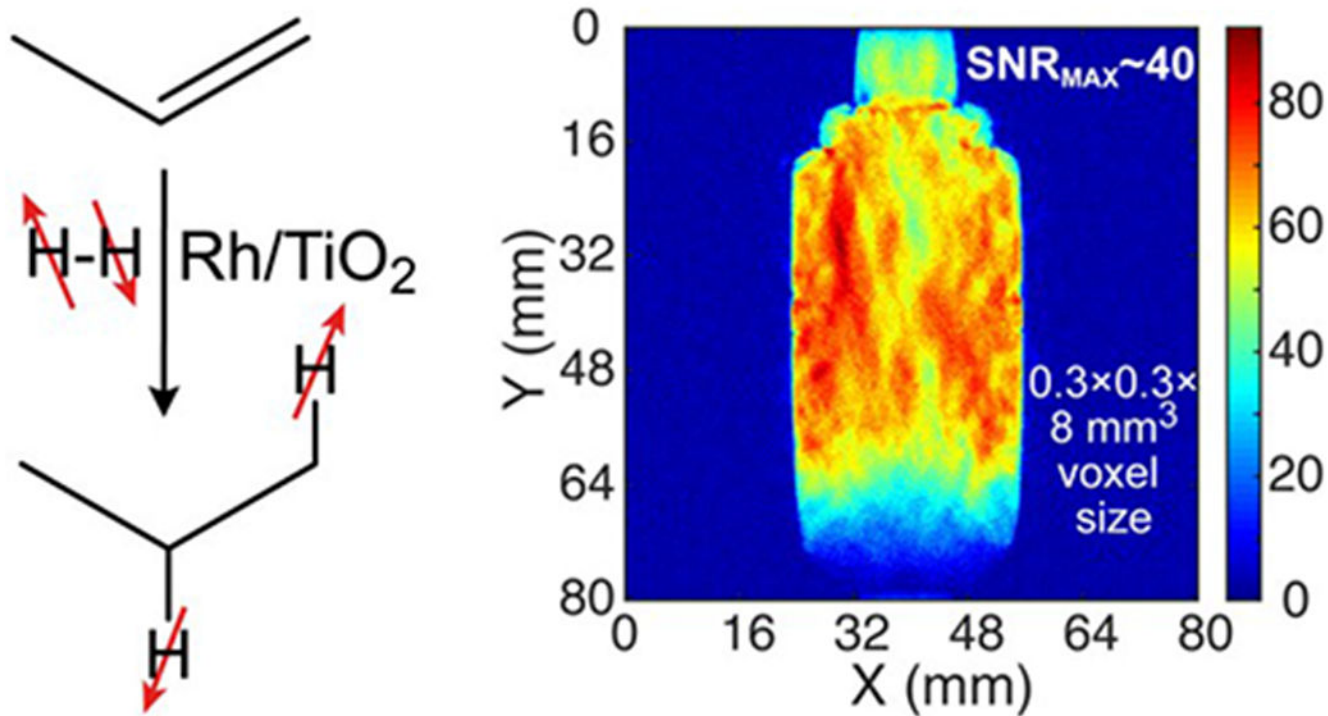
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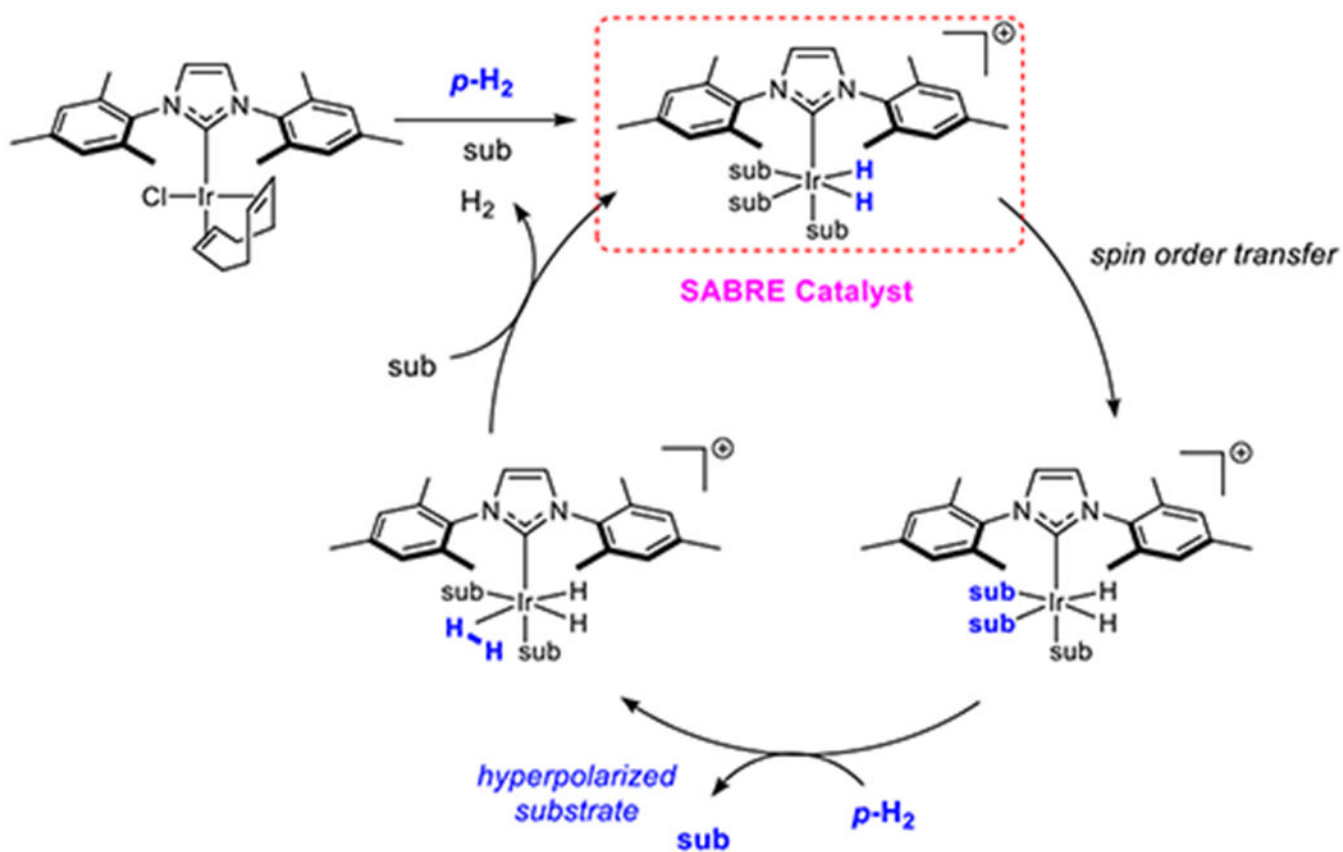
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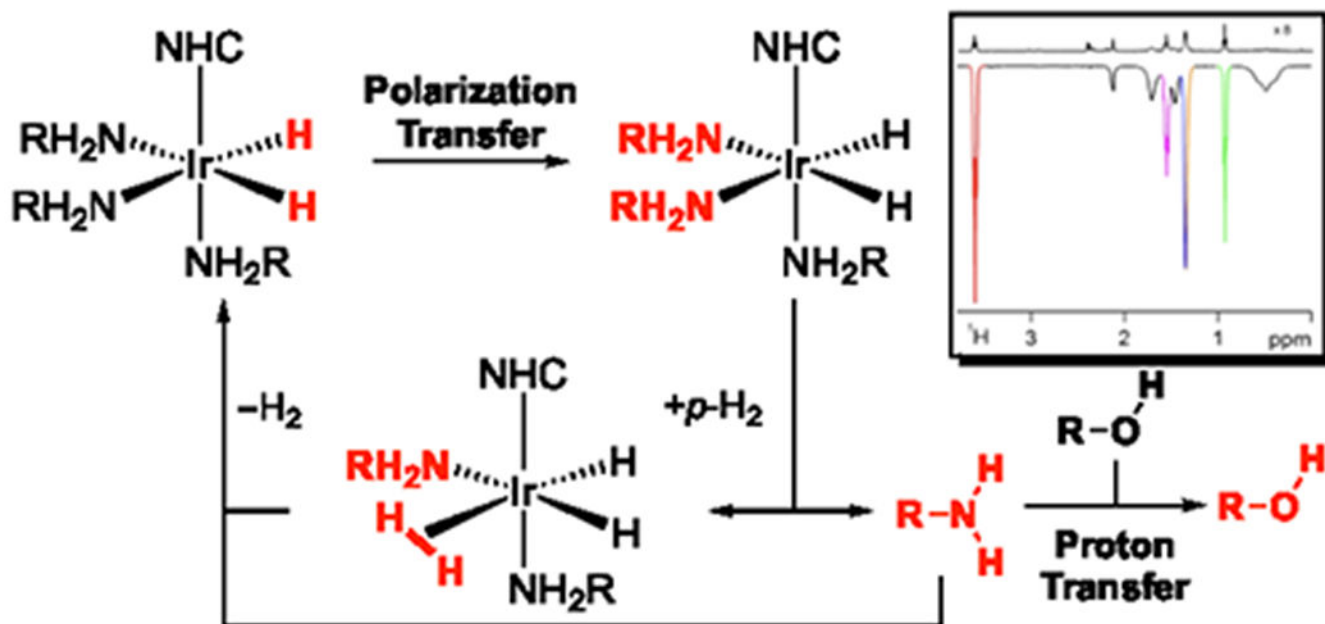
**Figure 1.** Singlet and triplet spin states of molecular hydrogen.



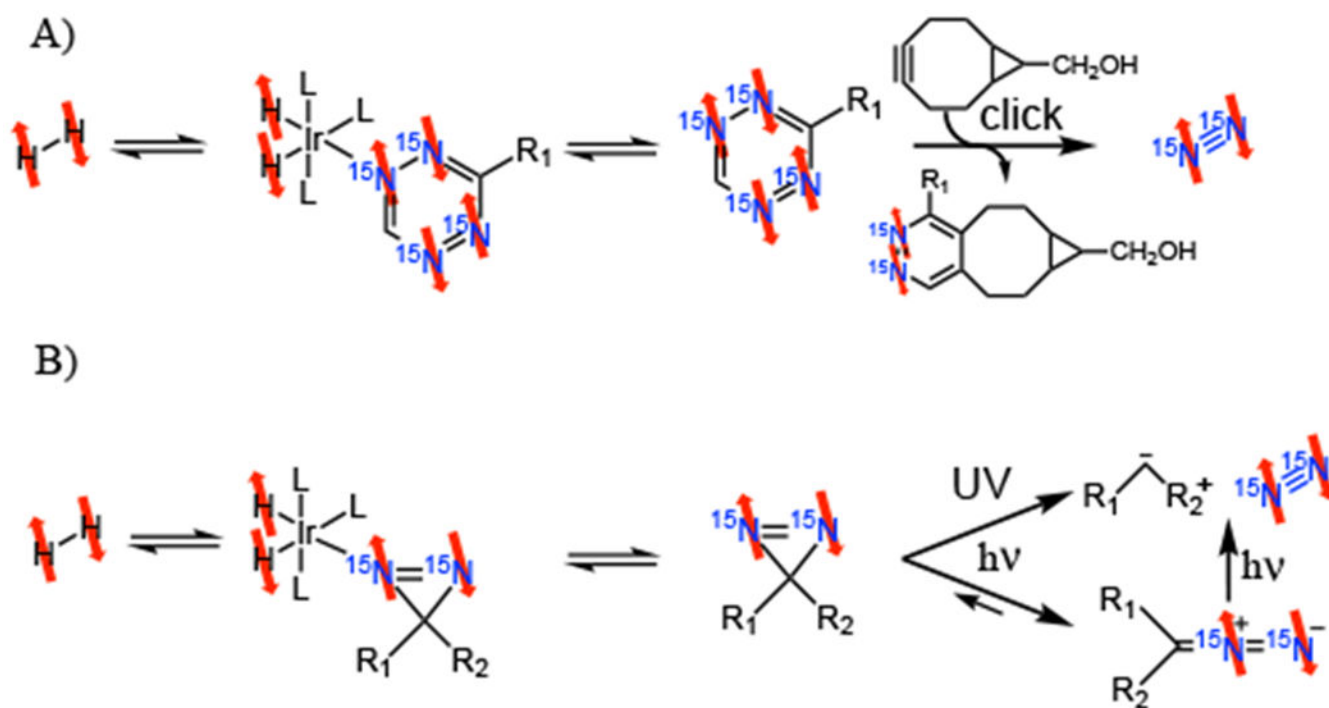
**Figure 2.** Scheme of heterogeneous hydrogenation of propene with parahydrogen over Rh/TiO<sub>2</sub> catalyst, and 2D MRI of 0.2 standard liters of HP propane gas in an ~56 mL collection container after production of an 0.3-standard-liter batch of HP propane in ~2 s using an ~1:2 mixture of propene with parahydrogen. Adapted with permission from Ref. # [42]. Copyright (2019) American Chemical Society.



**Figure 3.** Mechanism of the SABRE process which uses a metal catalyst to harvest the latent magnetism of  $p\text{-H}_2$  to hyperpolarize materials (sub) without changing their chemical identity.



**Figure 4.** SABRE-RELAY enables substrate hyperpolarization via *p*-H<sub>2</sub> and an amine through proton transfer.

**Figure 5.**

Two routes for the production of  $^{15}\text{N}_2$ -paranitrogen. A) A  $^{15}\text{N}_4$  labeled tetrazine is hyperpolarized by SABRE, which releases HP  $^{15}\text{N}_2$ , when reacting with a strained alkyne.

B) A  $^{15}\text{N}_2$ -diazirine is hyperpolarized by SABRE, which releases HP  $^{15}\text{N}_2$  when irradiated by UV light.