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Magnetic Resonance Fingerprinting: Implications and Opportunities for PET/MR

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Abstract

Magnetic Resonance Imaging (MRI) can be used to assess anatomical structure, and its sensitivity to a variety of tissue properties enables superb contrast between tissues as well as the ability to characterize these tissues. However, despite vast potential for quantitative and functional evaluation, MRI is typically used qualitatively, in which the underlying tissue properties are not measured, and thus the brightness of each pixel is not quantitatively meaningful. Positron Emission Tomography (PET) is an inherently quantitative imaging modality that interrogates functional activity within a tissue, probed by a molecule of interest coupled with an appropriate tracer. These modalities can complement one another to provide clinical information regarding both structure and function, but there are still technical and practical hurdles in the way of the integrated use of both modalities. Recent advances in MRI have moved the field in an increasingly quantitative direction, which is complementary to PET, and could also potentially help solve some of the challenges in PET/MR. Magnetic Resonance Fingerprinting (MRF) is a recently described MRI-based technique which can efficiently and simultaneously quantitatively map several tissue properties in a single exam. Here, the basic principles behind the quantitative approach of MRF are laid out, and the potential implications for combined PET/MR are discussed.

Keywords

magnetic resonance fingerprinting; magnetic resonance imaging; positron emission tomography; quantitative imaging

I. Introduction

MEDICAL imaging enables non-invasive assessment of structure and function within the body, aiding in clinical decision-making. Computed tomography (CT) and magnetic resonance imaging (MRI) have been ranked by physicians as the most important innovations

in modern medicine [1]. MRI provides excellent soft tissue contrast due to its ability to probe a variety of tissue characteristics. In a traditional scan, data acquisition parameters are selected to highlight a specific tissue property, such as T_1 , T_2 , diffusion, susceptibility, etc. The pixel intensity values in these images reflect a "weighting" by the property of interest, where tissues appear bright or dark relative to one another, based on the interplay of the particular value of the tissue property in that pixel with the specific MRI scan parameters. Such images are typically used to qualitatively assess the relationships between different regions in the image (i.e. hyper- or hypo-intense regions relative to surrounding tissue).

As shown by [2], while imaging has become a cornerstone in modern medicine, the use of qualitative images instead of quantitative maps of tissue properties can lead to subjective interpretations and contributes to uncertainty in diagnosis. Radiologist uncertainty, expressed often in "wishy-washy" reports, or "hedges," remains the most common complaint about radiology. Conversely, the potential advantage of quantitative tissue property maps is that they could be used to objectively classify tissues and compare images over time and across patients, and remove some of the uncertainty that is pervasive in medical imaging. Quantitative imaging biomarkers could enable clinicians to make more objective diagnoses and accurately stage and monitor disease. Accurate quantitative property mapping also contributes toward the development of rapid, comprehensive diagnostic MRI exams. Different properties can provide complementary tissue information, so multiple quantitative properties may be combined to improve the diagnostic sensitivity and specificity. Furthermore, comprehensive MRI exams may reduce the need for biopsies because the quantitative metrics reflect the composition and function of the tissue.

While MRI can theoretically be used to measure a wide array of physical and physiological tissue properties, actual quantitative measurement of tissue properties is seldom performed, due to inherent inefficiencies in quantitative mapping experiments (multiple weighted images are needed for a single map). Approximations can be made to increase the speed of quantitative mapping, but these short-cuts can decrease the accuracy and precision of the results, reducing the utility of these measurements. Moreover, the lack of normative and clinical data makes it challenging for physicians to interpret these tissue property maps.

MR Fingerprinting (MRF) is a quantitative imaging platform that can be applied to map any property to which MRI is sensitive. MRF has been demonstrated to be a robust and rapid method for mapping T_1 and T_2 , as well as other quantitative tissue properties, in multiple applications.

While MRI is an incredibly powerful tool for medical imaging, other modalities provide important and complementary information. Positron emission tomography (PET) is an imaging modality that involves injecting a radioactive isotope, or tracer, into a patient and measuring the gamma photons emitted as a product of the positron annihilation process to create images of activity in the body. The tracer fluorodeoxyglucose (FDG) is most commonly used due to the increased uptake in metabolically active tissue. Multiple other tracers are available and under development [3]–[5], though a discussion of these molecules is beyond the scope of this paper. Standardized uptake value (SUV) is a semi-quantitative tissue property derived from PET images, and represents the radioactivity in a voxel

normalized to the whole-body concentration of radioactivity. SUV is not truly quantitative due to inconsistencies in calculation and a variety of error sources [6]. However, using each patient as their own reference for SUV is still valuable for identifying lesions and tracking the response to treatment [7]. The metabolic information obtained with PET images is complementary to that from MRI images, and the use of the two modalities together allows a more complete assessment of tissue characteristics.

Despite the strengths of PET, this modality is seldom used alone. Due to the relatively low spatial resolution, a hybrid structural imaging protocol typically accompanies a PET exam. Integrated PET/CT scanners are widely available and commonly used in clinical applications. Integrated PET/MR imaging has been developed in recent years, and is being explored in the clinical setting.

Integrated PET/MR may enable physicians to better characterize tissues by combining the metabolic information provided by PET and the structural and functional information of MRI. However, the use of the two modalities together poses technical and clinical challenges that provide an opportunity for development in image acquisition and reconstruction technologies, attenuation correction, and in clinical integration of data from both modalities. For instance, MR images can be used for attenuation correction without the cost of additional radiation, but those methods typically rely on a limited set of standard attenuation coefficient values for broad tissue classes. It has been proposed that quantitative MRI methods, such as T^{*}₂ mapping, may improve the accuracy of attenuation coefficient calculations [8]. MRI can also be used to quantify motion during the PET exam [9], presenting opportunities for motion correction and more accurate PET images. Joint reconstruction of PET and MR images has been proposed [10], which takes advantage of underlying anatomical information in both modalities, particularly the soft tissue contrast available in MR images. Additionally, integrating PET and quantitative MRI data shows promising clinical utility [11], [12]. MRF allows simultaneous measurements of multiple properties efficiently and accurately, and thus may provide a pathway to addressing some of these challenges.

In this paper, we discuss the clinical and scientific implications of quantitative MRI, specifically MRF, and the future potential of combining MRF with PET/MR. In Section II we review the concept of MRF, and its utility in quantitative imaging. In Section III we describe recent developments in PET/MR and opportunities to integrate MRF. In Section IV we discuss some of the challenges to quantitative imaging and bringing these methodologies to clinical practice.

II. Quantitative MRI and Magnetic Resonance Fingerprinting

In recent years, there has been an increasing recognition that quantitative mapping of particular tissue properties can be clinically powerful. Diffusion coefficient [13] and tensor [14] mapping in numerous applications throughout the body [15]–[17] remain the most common clinically-used MR-based quantitative imaging techniques, but there have been critical technical and clinical application advances in fat fraction mapping [18], [19], MR elastography [20], quantitative susceptibility mapping [21], temperature mapping [22], and

perfusion mapping [23], among others. This growing body of work is indicative of a new approach to MRI, where quantitative tissue property information can be used to inform clinical decisions.

While T_1 and T_2 relaxation times are properties that are used to generate contrast in almost all MR images, these tissue properties are rarely mapped clinically, for reasons described below. However, the clinical utility of quantitative mapping of relaxation times is becoming increasingly evident. For example, cardiac T_1 and T_2 values have been shown to be useful in characterizing myocarditis, myocardial scar, and edema [24]–[28]. Relaxation time maps, particularly T_1 , can be acquired in a time-efficient manner using methods such as MOLLI [29] or SASHA [30]. T_2^* mapping is commonly used in the liver to quantify iron content, and multi-echo gradient echo techniques allow for rapid, breath-held acquisitions [31]. In musculoskeletal imaging, $T_{1\rho}$ mapping is a valuable tool for characterizing cartilage [32].

Quantitative MRI is challenging due to inefficiencies and inaccuracy. Typically, multiple high quality images are needed in order to calculate a single quantitative property map. Attempts at reducing the duration of time-expensive quantitative methods in turn results in reduced accuracy and precision. MRF is a quantitative imaging method that grew out of an attempt at addressing some of the difficulties associated with relaxation time mapping [33], [34].

MRF is a technique for simultaneous measurement of multiple tissue properties using MRI [34]. The original experiment demonstrated that accurate measurements of relaxation time (T_1) , signal decay time (T_2) , and static field (B_0) inhomogeneity could be performed simultaneously in a single rapid scan. The MRF data acquisition and image reconstruction approach is fundamentally different from traditional quantitative MRI techniques. The MRF experiment can be separated into two stages. First in the data acquisition stage, MR signals, termed "fingerprints", are acquired using a rapid MRI pulse sequence with varying sequence parameters. Second, in the pattern matching stage, the fingerprint from each pixel is matched to atoms of a dictionary to determine the appropriate combination of tissue properties to assign to that pixel. A diagram of the basic structure of an MRF experiment is shown in Fig. 1.

A. Data Acquisition

The goal of MRF is not to generate weighted images, but solely to measure tissue property values at every voxel. In MRF, the acquisition of time-consuming high quality "weighted" images which are typically required by quantitative MRI techniques is replaced by the rapid collection of low quality images. This approach to data acquisition enables more frequent sampling of the information rich, rapidly evolving signal which contains information about T_1 and T_2 relaxation. In order to distinguish fingerprints that arise from different combinations of tissue properties, the magnetization must be kept out of the "steady state" so that each additional data point collected provides new information, making signals from different combinations of tissue properties unique. To this end, the MRI pulse sequence parameters are varied as data are collected.

The original MRF implementation used a balanced steady state free precession pulse sequence (bSSFP), along with varying repetition times (TR) and flip angles (FA) [34]. However, many different data acquisition schemes have been suggested for MRF. Fast imaging with steady-state precession (FISP or SSFP), proposed by Jiang et al. [35] is advantageous for MRF because it is insensitive to B_0 inhomogeneity, but still sensitive to T_1 and T₂. In [36], Assländer et al. used a pseudo steady-state free precession (pSSFP), which restores the spin echolike behavior of SSFP sequences in MRF to yield accurate property maps that are also robust to B₀ inhomogeneity. Amthor et al. [37] proposed reducing the relaxation intervals between MRF repetitions to force the spins into a "stationary state", reducing the scan time. To avoid errors due to motion, Hamilton et al. [38] used a FISP sequence for cardiac MRF, but divided the MRF experiment into blocks that fit within the diastolic phase of a heartbeat. Furthermore, Hamilton et al. [38] used small FA values (<15°) to minimize the effect of inhomogeneous B_1^+ fields and included both T_1 and T_2 preparation pulses to improve sensitivity to those properties. Beyond these FA and timing modifications for cardiac MRF, Cohen et al. [39] and Sommer et al. [40] investigated methods for optimizing the pseudo-random FA and TR schedules in an MRF experiment. Cloos et al. [41] took a different approach by playing alternating, heterogeneous B_1^+ fields with the transmit RF coil, leveraging their encoding capabilities to generate unique fingerprints.

The use of a spiral readout trajectory is common in MRF, due to its potential for efficient kspace coverage and incoherent aliasing artifacts when undersampled. The need for noise-like artifacts stems from the assumption that such artifacts do not interfere with the pattern matching approach used to assign tissue properties to each pixel. However, nearly any trajectory can be used for MRF data collection, as long as the sampling pattern avoids coherent aliasing artifacts. Buonincontri *et al.* [42] have used a 3D Cartesian trajectory for data collection, with undersampling in k_y - k_z based on a Gaussian distribution, using an SSFP sequence. An echo planar imaging (EPI) readout and spoiled gradient echo sequence was proposed by Rieger *et al.* [43], which is faster than the undersampled Cartesian readout but not as efficient as the spiral trajectory. Cloos *et al.* [41] used a radial sampling pattern in which, with an undersampling factor of 50, a comparable scan time and spatial resolution to the spiral acquisition in [34] is achievable. Other trajectories, such as the rosette trajectory, have been proposed for the mapping of tissue properties beyond T₁ and T₂ due to the specialized properties of their point spread functions [44].

MRF can also be used to collect tissue property maps in 3D, but as the coverage increases, so does scan time. To accelerate volumetric imaging, undersampling can also be performed in the slice direction. Ma *et al.* [45] achieved whole brain coverage with spatial resolution of $1.2 \text{ mm} \times 1.2 \text{ mm} \times 3 \text{ mm}$ in 4.6 minutes using a slice-interleaved acquisition corresponding to an acceleration factor of 3 in the slice direction. Rieger *et al.* [46] used a slice-interleaved EPI readout, allowing for an acceleration factor of four in the slice direction.

Advanced imaging techniques have also been integrated into MRF experiments. Liao *et al.* [47] incorporated Cartesian GRAPPA and a sliding window reconstruction into their MRF experiment to accurately measure property maps using only 420 time points, with an acceleration factor of 3 in the slice direction. This approach enabled mapping with a 1.0 mm

isotropic resolution and full-brain coverage in 7.5 minutes. Simultaneous multi-slice (SMS) imaging has also been demonstrated to accelerate acquisition time, making volumetric coverage more feasible. Ye *et al.* [48] and Jiang *et al.* [49] both used a multiband factor of 2 to speed up data collection for brain MRF. Incorporating slice-GRAPPA with the SMS-MRF proposed in [48] also allowed acceleration to a multiband factor of 3 [50].

The MRF framework has been adapted to measure tissue properties beyond those proposed in the original implementation, specifically relaxation times T_1 and T_2 , proton density, and off-resonance frequency. The spoiled gradient echo sequence used in EPI-MRF by Rieger et al. [43], [46] allows for quantification of T^{*}₂ instead of T₂, which is useful in measuring iron content and blood oxygenation level. Christen et al. [51] introduced MR vascular fingerprinting (MRvF), where they defined their fingerprints as the ratio of the MR signals acquired before and after administering an iron-based contrast agent. The tissue properties measured in this embodiment of MRF were cerebral blood volume, mean vessel radius, and blood oxygen saturation, which allowed the authors to characterize the microvasculature in the brain. They also extended this work to include water diffusion quantification, and demonstrated that this approach could be used to assess diffusion under pathological conditions in rats [52]. Su et al. [53] and Wright et al. [54] have both demonstrated how to modify an arterial spin labeling (ASL) experiment to leverage an MRF-like approach for perfusion mapping. MRF-ASL is capable of simultaneously quantifying several hemodynamic properties, including cerebral blood volume and perfusion, in addition to T_1 . Anderson et al. [55] used MRF to quantify the local concentration of two contrast agents based on their individual, known relaxation rates. Wang et al. [56] developed an MRF protocol to quantify the chemical exchange rate between phosphocreatine (PCr) and adenosine triphosphate (ATP) via creatine kinase, which provides metabolic information about tissues, particularly muscle. Their MRF experiment alternated excitation of the PCr and ATP, and they quantified the rate of ATP synthesis, the concentration ratio of PCr to ATP, as well as the T1, T2, and resonant frequency for each species. Recently, Cohen et al. [57] and Zhou et al. [58] proposed MRF methods for quantitative chemical exchange saturation transfer (CEST) imaging. The method of Cohen et al. [57] can be used to quantify the exchange rate, exchangeable proton volume fraction, and water relaxation times, and has been demonstrated in phantoms and rat brain tissue.

B. Pattern Matching

Instead of relying on curve fitting to calculate maps of tissue properties from the series of weighted images, tissue properties are extracted directly from the highly accelerated MRF data using pattern matching, as in [59]. After acquiring the MRF data, the signal timecourse, or "fingerprint", for each voxel is compared to the atoms of a dictionary to determine the tissue properties for that voxel. To calculate these fingerprints, the acquired k-space data are first transformed into the image domain. As noted above, and shown in Fig. 1(A), the resultant images are highly undersampled and not valuable for providing standard anatomical information. In order to generate the fingerprint for each voxel, the complex-valued image intensities are concatenated over time. An example of such a fingerprint can be seen in Fig. 1.

In order to extract the tissue property values from these fingerprints using pattern matching, a dictionary of all possible fingerprints is required. The dictionary describes the signal behavior, or fingerprint, for a specific combination of tissue properties given the application of a particular MRI pulse sequence. In the original MRF experiment, T_1 , T_2 , and off-resonance frequency were included as factors which influence the signal behavior, and the Bloch equations were used to calculate the fingerprints for combinations of these properties. A total of 563,784 fingerprints were generated, forming the dictionary used in the work [34]. While Bloch equations and the extended phase graph formalism [35] have also been employed.

The acquired fingerprints and the dictionary are then compared to identify the tissue property combination to assign to each voxel. In the original MRF implementation, the vector dot product was used to determine the similarity between the acquired fingerprint for a given voxel and the simulated fingerprints in the dictionary. The dictionary atom that yielded the largest dot product was determined to be the best match, and the tissue properties used to simulate that dictionary fingerprint were assigned to that voxel. This process was repeated for each voxel in the image, and the result is the set of property maps for each of the modeled tissue properties.

As described in the previous section, the MRF framework has been adapted to quantify a number of properties beyond T_1 , T_2 , and off-resonance frequency. These approaches require different simulations to create the dictionary. For example, ASL MRF requires perfusion modeling [53], [54] and CEST MRF uses 2- and 3-pool exchange models [57].

In most cases, the MRF dictionary is only generated once for a specific pulse sequence and range of tissue properties. There are instances where the dictionary may need to be calculated for each experiment. These include cardiac MRF [38], where the sequence timing depends on the subject's heartrate, and MRvF [51], where the signal depends on the dosage of contrast.

As the number of properties to be measured in an MRF experiment grows, so does the size of the dictionary. This can be problematic for both storing the dictionary as well as the time it takes to pattern match. McGivney *et al.* [60] developed a dictionary compression method in the time domain using the singular value decomposition (SVD). They demonstrated that the dictionary can be compressed to 10%-20% of the original length in the time domain, which offers an approximately 3-5 times reduction in matching speed without decreasing SNR or accuracy in the property maps. Another method to reduce matching time is fast group matching [61], which uses correlations in the dictionary to remove unlikely matches from the search process. Deep learning has been applied to MRF in the work by Cohen *et al.* [62], where a neural network was trained on simulated MRF data and subsequently used to reconstruct property maps with several orders of magnitude reduction in computation time.

An additional factor that affects the dictionary size is the range and intervals of the tissue properties for which the fingerprints must be modeled. The dictionary should include a representative set of the properties which could reasonably be expected in the tissue to avoid

impractical and possibly have diminished returns. One recently proposed solution to this issue is a low rank approximation method by Yang *et al.* [63], which uses polynomial fitting in the randomized SVD space of an MRF dictionary to interpolate property values from a coarse dictionary. This approach reduces the size of the dictionary and mitigates the problems associated with both small and large step sizes.

An assumption underlying the MRF experiment is that, despite the amount of noise and artifact present in the raw images, the pattern matching can discern the underlying signal timecourse and find the appropriate dictionary entry. This assumption must be carefully tested in simulation, phantom, and in vivo experiments prior to use. The accuracy and precision of the tissue property maps can be improved by optimizing both the pulse sequence design and the tissue property extraction algorithms. It is imperative that the pulse sequence yields signal timecourses with minimal spatio-temporal correlations which are free from coherent artifacts, and that the variation in sequence parameters creates sufficiently different fingerprints for different tissues. Several modifications to the pattern matching step can be useful in reducing the incoherent artifacts in the fingerprints. As the noise-like artifacts are reduced, the amount of data required for accurate property mapping, and thus the scan time, is also reduced. Some of these approaches, including work by Doneva et al. [64], Assländer et al. [65], and Zhao et al. [66], involve a low rank approximation of the MRF data which decreases the aliasing "noise". Iterative approaches include multi-scale reconstruction by Pierre et al. [67], a maximum likelihood reconstruction by Zhao et al. [68], and accelerated iterative reconstruction for MRF (AIR-MRF) by Cline et al. [69]. A simpler mathematical approach is the sliding window reconstruction described by Cao et al. [70], which effectively offers the same result of reduced aliasing without the need for advanced reconstruction algorithms.

In the dictionary simulation process, confounding factors including the slice profile, B⁺₁ inhomogeneity, and intra-voxel dephasing are often ignored. The assumption that these factors do not contribute significantly to the signal timecourse may be valid for some pulse sequences, but not others. Several groups have addressed the impact of these potential confounders on the accuracy of MRF results in the brain [71], [72] and the heart [73]. These confounding factors can be estimated as part of the MRF dictionary, as in [42], [74], or measured separately, as in [75], [76]. Furthermore, it is typically assumed that a voxel will contain only one type of tissue and therefore only one set of tissue properties must be simulated in the dictionary for each pixel. However, a dictionary may misrepresent voxels exhibiting partial volume effects, where the signal timecourse may be better described by a combination of two or more dictionary entries (or an even more complex timecourse). McGivney *et al.* [77] developed a method for estimating multiple tissue components in a single voxel.

An important aspect of MRF, as with any quantitative imaging tool, is the repeatability of the method. While authors present accuracy measurements for novel MRF protocols in their

respective work, the repeatability of MRF is an open research topic [78] and is discussed further in Section IV.

C. Clinical Applications

The original MRF experiment was demonstrated in the brain, and this work demonstrated good agreement between the measured T_1 and T_2 values for gray matter and white matter and those reported in the literature [34]. While initial work on the clinical applications of MRF relaxometry has been most focused on the brain and prostate [43], [47], [52], [53], [77], [79]–[81], application of MRF to other body regions, such as cardiac, abdomen, breast, and musculoskeletal imaging, is feasible [38], [41], [76], [82].

Neuroimaging: Badve *et al.* [79] applied the original MRF protocol described in [34] 1) to 56 normal volunteers. They noted regional tissue property differences that correlated with age and gender. Badve et al. [80] also examined T_1 and T_2 values in 31 patients with intraaxial brain tumors. They found significant differences in the mean T2 values of solid tumor regions of lower grade gliomas and metastases (means of 172 ± 53 ms and 105 ± 27 ms, respectively; P = 0.004) and in the mean T₁ values of peritumoral white matter around lower grade gliomas and glioblastomas (means of 1066 ± 218 ms, and 1578 ± 331 ms, respectively; P = 0.004). They also found that the mean T₂ values of solid tumor gave the best separation between glioblastomas and metastases, with an area under the receiver operating characteristic curve (AUC) of 0.86 (95% CI, 0.69 - 1.00; P < 0.0001). This study provides evidence for using T1 and T2 values to differentiate between disease states, and MRF is an efficient method for measuring these tissue properties simultaneously. Work by McGivney et al. [77] demonstrated the ability to separate different tissue components from single voxels within a brain tumor and in the peritumoral region. This study provides an extra layer of information about the composition of a tumor.

In the EPI MRF work by Rieger *et al.* [46], the authors tested their method on a patient with multiple sclerosis (MS). The patient's MS lesion was visible on both T_1 and T_2^* maps, with higher values than the surrounding tissue.

Liao *et al.* [83] studied the impact of MRF T_1 and T_2 maps on the diagnostic rate of hippocampal sclerosis (HS) in patients with mesial temporal lobe epilepsy (MSLE). An MR protocol including fluid-attenuated inversion recovery (FLAIR), T_1 - and T_2 -weighted imaging, and two-dimensional MRF was performed in 33 patients with MSLE and 30 healthy participants. Both the T_1 and T_2 values in HS lesions in patients were higher than those of normal hippocampal tissue of healthy participants (T_1 : 1361 msec \pm 85 vs 1249 msec \pm 59, respectively; T_2 : 135 msec \pm 15 vs 104 msec \pm 9, respectively; P < .0001). The authors found that the diagnosis rate of HS using MRF was 96.9%, as compared to 69.7% with conventional MRI methods. The multiparametric MRF maps are more sensitive to the subtle tissue changes in the HS lesions, and could be a valuable clinical tool in diagnosing and treating epilepsy. Ma *et al.* [84] also used MRF to detect epileptic lesions. In four of 15 total subjects, MRF T_1 and T_2 maps showed additional findings as compared to traditional weighted MR images. These additional findings were highly concordant with patients' EEG results, suggesting that MRF may be a better tool for detecting epileptic lesions.

Diseases related to blood flow may benefit from the rapid tissue characterization possible with MRF. Lemasson *et al.* [52] used the MRvF approach to measure blood volume fraction, vessel diameter, and blood oxygenation simultaneously in stroke and brain tumor mouse models. They found that MRvF could robustly distinguish between healthy and pathological brain tissue. One notable result is the distinctly different vascular fingerprint of one tumor model as compared to two others. Su *et al.* [53] applied their ASL-MRF protocol to three patients with Moyamoya disease. The patients showed longer bolus arrival times in stenotic tissue as compared to normal tissue (1310 \pm 79 ms, and 933 \pm 236 ms, respectively; P = 0.028), which could not be detected with traditional ASL.

Future MRF work in the brain will require larger volumes of coverage in a clinically acceptable amount of time. The 3D methods described in Section II-A show that this is technically feasible, but patient data has yet to be published.

2) **Prostate:** Multi-parametric MRI is a valuable tool in diagnosing prostate cancer, so it is a logical application for MRF. Fig. 2 shows an example of MRF property maps in which prostate cancer is clearly distinguished from normal tissue. Yu et al. [81] developed a prostate MRI exam consisting of MRF for T₁ and T₂ measurement in addition to conventional apparent diffusion coefficient (ADC) mapping. The protocol was evaluated in 140 patients suspected of having prostate cancer; 109 lesions were analyzed. A number of significant results were reported. In the differentiation between cancer and normal-appearing peripheral zone (NPZ), T_1 , T_2 , and ADC from cancerous lesions (means of 1628 ms \pm 344, 73 ms \pm 27, and 0.773 \times 10⁻³ mm²/s \pm 0.331, respectively) were significantly lower than those from NPZ (means of 2247 ms \pm 450, 169 ms \pm 61, and 1.711 \times 10⁻³ mm²/s \pm 0.269) (P < 0.0001 for each). In the differentiation between prostatitis and NPZ, T₁, T₂, and ADC in prostatitis (means of 1707 ms \pm 377, 79 ms \pm 37, and 0.911 \times 10⁻³ mm²/s \pm 0.239) were significantly lower than those in NPZ (P < 0.0005 for each). Furthermore, ADC and T₂ produced the best separation between high- or intermediate-grade tumors and low-grade tumors (AUC = 0.83). The proposed combined MRF and ADC protocol took an average of 12 minutes, as compared to 21 minutes for the standard clinical protocol. The results of this study show the potential for multi-parametric MR protocols to objectively characterize tissues and exemplifies the efficiency of MRF as a quantitative tool. There is significant ongoing work to extend this same approach to characterization of transition zone lesions, to verify and further develop relationships with targeted biopsy and against prostatectomy specimens.

3) Cardiac: Cardiac MRF presents the challenge of imaging a moving object. Hamilton *et al.* [38] demonstrated a cardiac-gated MRF sequence in normal volunteers. The T_1 and T_2 values acquired with the cardiac MRF sequence were in good agreement with those acquired with traditional methods, but the MRF experiment only required 16 heartbeats for both T_1 and T_2 measurements. The comparative methods required 17 heartbeats for T_1 mapping and 9 heartbeats for T_2 mapping. Cardiac MRF was also demonstrated in heart transplant recipients by Coristine *et al.* [85], with good correlation to conventional property mapping techniques. The MRF technique could potentially be an efficient, non-invasive method for

assessing graft health. MRF is a promising tool for mapping relaxation times in the heart, but, as with most applications, will benefit from volumetric coverage.

4) Abdomen: Abdominal MRF presents similar challenges to cardiac MRF with respect to motion. Subjects may be instructed to hold their breath to eliminate respiratory motion, though patients have difficulty complying with breath-holds and the length of breath-holding also constrains exam time. Given the large field-of-view required for abdominal imaging, spatial resolution may suffer due to these limits. The presence of fat can also lead to inaccurate measurements. An abdominal MRF exam with an in-plane spatial resolution of 1.9 mm was demonstrated by Chen *et al.* [76] in eight asymptomatic subjects and six patients with 20 focal liver lesions. The MRF sequence measures T₁ and T₂ simultaneously in a 19 second breath-hold. The measured T₁ and T₂ values in metastatic carcinoma (1673 ms \pm 331 and 43 ms \pm 13) were significantly different from those in the surrounding liver parenchyma in patients (840 ms \pm 113 and 28 ms \pm 3; P < 0.0001 and P < 0.01, respectively). Measured T₁ and T₂ values in metastatic carcinoma were also significantly different from those in hepatic parenchyma in asymptomatic subjects (745 ms \pm 65 and 31 ms \pm 6, P < 0.0001 and P = 0.021, respectively). As with the prostate work, this clinical data suggests that quantitative values can be used to objectively characterize tissue.

5) Breast: Previous studies have shown the value of T_2 relaxation times in diagnosing and predicting outcomes for breast cancer. For example, Manton et al. [86] performed a prospective study on 16 women undergoing neoadjuvant chemotherapy for locally advanced breast cancer to study the ability to predict tumor response using quantitative MRI and MR spectroscopy methods. They found that a decrease in measured T₂ early in the treatment period predicted treatment response in 69% of cases with 100% specificity and positive predictive value. Furthermore, the study by Tan *et al.* [87] showed the product of lesion T_2 and tumor volume after two treatment cycles of neoadjuvant chemotherapy is a good predictor of treatment response (positive predictive value = 95.5%, negative predictive value = 84.6%). MRF is a more efficient method for collecting T_2 maps, with the option to simultaneously measure additional tissue properties. Recently, Chen et al. [82] developed a three-dimensional acquisition to quantify T1 and T2 values in the breast with a spatial resolution of $1.6 \times 1.6 \times 3$ mm³. They applied the technique to 15 healthy females and 14 females with breast cancer. Among the participants with invasive ductal carcinoma, T₂ relaxation times were significantly higher than those in healthy breast tissue (68 ms \pm 13 and 46 ms \pm 7, respectively; P < 0.001). These results, in addition to the previous studies, support the use of MRF to measure relaxation times to aid in following breast cancer.

6) Alternate Quantitative Approaches: Certainly, MRF is not the only MR experiment to yield quantitative results. Furthermore, T_1 and T_2 alone may not provide the complex tissue quantification required for all applications. The rich literature in quantitative MR includes, but is not limited to, fields such as fat fraction measurements, flow and perfusion, diffusion, elastography, and multiple additional approaches to relaxometry. A review of these methods is beyond the scope of this manuscript, but these methods can also be used in addition to or in combination with an MRF approach for quantitative analysis.

III. PET/MR

As described above, MRI can provide a multitude of information which can be used to characterize tissue. However, PET imaging offers complementary tissue information that is also valuable in a number of clinical applications. As quantitative MRI has emerged as a clinically viable approach to collecting MRI data, the combination of quantitative MRI and PET has been explored. While quantitative MRI information can be collected in many different ways, MRF is attractive for this purpose due to its ability to collect several different types of information in a single rapid scan. The following section describes how the combination of quantitative MRI, and specifically MRF, can be used to facilitate improved PET/MR.

A. Technical Challenges and Opportunities for PET/MR with MRF

A major challenge in PET/MR is accurate attenuation correction. Unlike CT, an MRI acquisition does not readily provide information needed for attenuation correction of the PET data. MRI does, however, provide the soft tissue contrast required to segment different tissue types. Attenuation correction in PET/MR is typically performed by segmenting the MR images and assigning attenuation coefficient values to different tissues [8]. One tissue that is particularly problematic to identify with MRI is bone, but ultra-short echo time (UTE) and zero echo time (ZTE) imaging can aid in its identification [88]. However, such an approach can be problematic, as the signal intensities from weighted images cannot be used to unambiguously assign tissue labels and attenuation coefficients, leading to errors in the PET reconstruction. In regions of insufficient attenuation information, PET data themselves can also be used in a joint estimation of attenuation and activity, as suggested by Rezaei *et al.* [89]. MR images can also be used to inform the reconstruction of PET images as an anatomical prior [90], [91] or in a joint reconstruction [10]. In the joint reconstruction proposed by Knoll *et al.* [10], mutual structural information is shared between the two modalities to improve reconstruction accuracy.

Quantitative MRI approaches can be used for more accurate tissue segmentation, as objective properties are available for tissue classification instead of relative gray scale image intensities. Relaxometry methods, including MRF, can readily provide differentiation between soft tissue types [92]. Fat-water separation, for which there has also been a proposed MRF experiment [93], can be used in separating fat from other soft tissues. The incorporation of a UTE or ZTE portion in the MRF scan, or simply using a second traditional scan, could provide the information needed to differentiate bone from air, yielding a comprehensive exam to accurately identify four different tissue types – fat, soft tissue, air, and bone. It has been demonstrated that T2* maps, which have been calculated using MRF, can be used for continuous attenuation coefficient calculations [8], allowing for more than four attenuation coefficient values and thereby improving attenuation correction accuracy. MRF is thus an ideal MRI acquisition for rapid and accurate tissue segmentation, which will lead to more accurate attenuation correction and thus more accurate PET images.

MRI has the potential to enhance PET exams in ways beyond attenuation correction. Simultaneous acquisition of PET and MR data enables motion correction in the PET image. Numerous motion measurement and correction techniques exist in MRI for cardiac motion,

respiratory motion, and bulk patient motion. If motion is tracked throughout the entire PET exam, the PET counts can be retrospectively corrected to improve the effective resolution of the images. One approach to motion correction involves estimating or modeling motion fields to correct the PET data [9]. Motion correction has proven useful for small lesions in regions that experience a lot of motion, such as the lungs [94]. Furthermore, simultaneous data acquisition results in automatically co-registered multimodality images, which is a much more challenging problem when PET and MR are performed as separate exams.

One can envision a comprehensive MRI sequence for PET reconstruction during the PET exam that would provide motion information as well as tissue characteristics. An MRF sequence would be an excellent candidate. The simultaneous T_1 and T_2 mapping would provide information for tissue segmentation and attenuation correction, and may also serve a clinical purpose. Such an MRF sequence would require the addition of a navigator for motion correction and, ideally, the ability to identify bone and other tissue composition.

B. Clinical Opportunities for PET/MR with MRF

Given the increasing number and types of quantitative MR technologies in use clinically, there is an opportunity to combine these quantitative data streams from MR with both laboratory testing and other modalities, with PET chief amongst them. As noted above, PET has inherent advantages in quantitative analysis and in providing information that often MRI alone cannot. Integrated PET/MR with MRF has the potential to provide a rich quantitative space for sophisticated tissue characterization.

An important research topic that needs to be explored is the optimal combination of quantitative PET and MRI protocols to yield synergistic results. The individual exams, including the PET tracer and MRI sequences, must be designed to answer specific clinical questions. Moreover, the time of the exam must be limited, as with standard MRI exams, for efficiency purposes.

A recent review of current clinical PET/MR applications can be found in [95], but we will examine a few that could benefit from an MRF approach here.

1) Neuroimaging: FDG PET has become an invaluable tool in assessing primary brain tumors, but whether there is increased value in an integrated PET/MR exam is undecided. In a recent study by Hojjati *et al.* [96] comparing PET/MR, DSC perfusion MRI, and PET/CT in differentiating radiation necrosis from tumor recurrence in 24 glioblastoma multiforme patients, the authors found that PET/MR with perfusion MRI provides the best diagnostic utility (AUC = 1.0). In a study by Yoon *et al.* [97], however, FDG-PET and multi-parametric MRI showed high concordance rates in differentiating high and low grade gliomas but little to no value added in using the two in combination. MR vascular fingerprinting [51], [52], MRF relaxometry with proven neurological applications and utilization [77], [79], [80], [83], and MRF-ASL [53], [54] all hold promise for combination with PET for this important application.

PET/MR also has the potential to be a valuable tool for dementia patients. PET imaging is sensitive to neurodegenerative processes, whereas MRI exams can provide information

related to atrophy, iron deposition, and diffusion [98]. The modalities provide complementary information to potentially improve the differential diagnosis of dementias. As MRF may be used to provide the required T_1 , T_2 , T_2^* , and ADC measurements in a single rapid scan, this approach would be ideal for collecting PET/MR data in these patients.

2) Prostate: The role of MRF in characterizing prostate cancer aggressiveness and differentiation from mimics has been discussed above. With the development of prostate-specific PET tracers, there is potential for improvement with the combined PET/MR exam. In a study by Eiber *et al.* [11], 66 patients underwent simultaneous ⁶⁸Ga-PSMA HBED-CC PET/MR prior to prostatectomy. The sensitivity of PET/MR in detecting prostate cancer was significantly higher than that of the multi-parametric MRI exam (95% CI for difference in sensitivities, 21–45; p < 0.001). Furthermore, in localization of prostate cancer, the AUC was significantly higher for PET/MR than for multi-parametric MRI (0.147; 95% CI, 0.081-0.213; p < 0.001). A study by Park *et* al. [99] used dualtime-point ⁶⁸Ga-PSMA-11 PET/MR imaging to study 33 men with intermediate- or high-risk prostate cancer. The authors reported that cancer was identified in all patients using the PET images, but only in 29 patients using the multi-parametric MR images. They also suggested that the combined PET/MR imaging allowed for better localization of the cancer due to the higher spatial resolution of the MR images. Combining prostate MRF with PET imaging could possibly improve sensitivity, specificity, and localization of prostate cancer.

3) Cardiac: PET imaging has been validated for the accurate assessment of myocardial viability and myocardial perfusion [100]. Cardiac T_1 and T_2 values, which can be mapped using MRF [38], have been shown to be associated with inflammation and myocarditis [24], [25], myocardial scar [26], [101], [102], fibrosis [27], [103], and edema [28], [104]. MRF property maps would contribute high-resolution structural and functional information to the PET/MR exam, yielding richer diagnostic information. In two myocarditis case studies [105], [106], FDG-PET was used to identify regions of active inflammation, increasing the sensitivity of PET/MR to inflammatory process. Some of the benefits of an integrated PET/MR exam include the motion correction and high resolution imaging provided by MRI. For example, an efficient free-breathing acquisition and reconstruction method by Munoz *et al.* [107] yields improved image sharpness in the myocardium and coronary arteries. The two modalities offer complementary information, in terms of structure versus function as well as anatomical location. The combination of MR angiography and cardiac MRF with structural MR images and PET perfusion information holds the potential for a very powerful cardiac imaging tool.

4) Abdomen: PET/MR imaging in the liver has shown to be particularly useful in diagnosing liver metastases. Brendle *et al.* [12] investigated the diagnosis of metastatic colorectal cancer lesions, and found that using PET/MR with diffusion-weighted MRI and ADC mapping was more accurate than the individual modalities themselves. In particular, the highest diagnostic accuracy of the combined PET/MR exam was recorded when detecting liver metastases. PET/MR with diffusion weighted MRI and ADC mapping was superior to PET/CT, and the addition of PET to the MRI exam increased specificity. Kirchner *et al.* [108] examined the value of PET/MR in detecting and characterizing solid

tumors and metastases in the liver. They reported that an exam consisting of FDG-PET and MRI with liver-specific contrast phase yielded the highest accuracy for classifying lesions as malignant or benign. However, they did not find a significant difference in the diagnostic confidence of the PET/MR exam as compared to MRI with liver-specific contrast phase alone. Quantitative MRI could potentially contribute complementary information to better characterize and diagnose liver lesions. Kong *et al.* [109] obtained maximum SUV values and ADC values in 41 patients with hepatic tumors and found SUV to be negatively correlated with ADC. They also noted that different tumor types had different metabolic and diffusion characteristics, possibly reflecting the underlying tumor biology. It is also possible that T_1 and T_2 values, which have been measured using MRF and shown to increase in metastatic lesions [76], could provide additional information about tumor composition. An obvious advantage of an integrated PET/MR exam in the abdomen is motion correction and registration. If accurate motion estimation were integrated into the MRF acquisition, then both the PET images and property maps would be motion-corrected and co-registered.

5) Response to Treatment: Evaluation of tumor response to treatment using MRI typically involves Response Evaluation Criteria in Solid Tumors (RECIST) [110], which tallies the number of lesions and their sizes to assess response. Morphological assessment has limitations: it does not necessarily reflect the composition of the tumor, and waiting for notable size changes may cost valuable time. Both PET and quantitative MRI methods show promise for assessing tumor response. In a study of 378 patients with cervical cancer [111], post-therapy metabolic response, as measured by FDG-PET, predicted progression-free survival just three months after chemoradiation. MRI studies in mice have shown that T₁ may be an indicator for tumor response to chemotherapy [112], [113]. Integrated PET/MR exams may provide comprehensive, quantitative metrics sufficient for assessing response to treatment before size-related changes for RECIST assessment are evident. Earlier response evaluation would allow for earlier treatment adaptations. Furthermore, the quantitative metrics that reflect the metabolic activity and composition of the tumor may be valuable in initial treatment planning.

Wang *et al.* [114] performed FDG-PET/MRI exams on 13 patients with pancreatic ductal adenocarcinoma before and four weeks after chemotherapy began. They were classified as responders or nonresponders according to RECIST using CT exams 8-12 weeks after treatment initiation. Results showed that at the four-week mark, responders had a higher mean reduction in tumor size than nonresponders, but the difference was not statistically significant (20.87% \pm 17.86% and 3.4% \pm 3.4%, respectively; p = 0.11). However, the responders did have significant differences compared to nonresponders in the reduction of metabolic tumor volume (MTV) (87.7% \pm 13.6% and 47.8% \pm 21.2%, respectively; p = 0.003), reduction of total lesion glycolysis (TLG) (89.5% \pm 11.1% and 50.9% \pm 24.5%, respectively; p = 0.006), and increase in mean ADC values (40.2% \pm 12.1% and 7.5% \pm 15.8%, respectively; p = 0.004). Responders also had a greater reduction in maximum SUV as compared to non-responders, although only approaching significance (46.6% \pm 25.8% and 18.0% \pm 19.7%, respectively; p = 0.066). These results are mirrored in a study by Sarabhai *et al.* [115], which included 8 patients with cervical cancer. From integrated FDG-PET/MR exams before and 2-6 weeks after the end of treatment, ADC values, perfusion

parameters from DCE-MRI, and metabolic PET parameters were measured. Seven of the eight patients were classified as responders and demonstrated an increase in ADC values, reduction in SUV, and decrease in certain perfusion parameters. One interesting finding was one patient was mis-identified as a partial responder according to RECIST, but using PET data was correctly classified as a complete responder as confirmed with histopathology.

Quantitative imaging has the potential to improve prediction and classification of response to treatment over traditional morphological assessments. MRF will likely be beneficial by providing an efficient method for accurately quantifying a number of tissue properties to characterize tumors within a richer quantitative space.

IV. Open Needs in Quantitative Imaging

There are numerous opportunities for MRF and PET imaging to work synergistically in both the technical aspects and clinical applications of integrated PET/MR. Quantitative MRI could potentially improve attenuation correction and improve tissue characterization for identifying and monitoring disease. While there is certainly evidence to support the use of quantitative MRI, and MRF in particular, outside of PET/MR, there still exist major hurdles before it will be widely accepted in practice.

A major need, and a place of considerable ongoing effort, is multi-scanner standardization, and in the future, multivendor standardization. One important and on-going challenge to quantitative MRI is that the values measured may differ significantly when using different MRI scanners (from different vendors, with different software, hardware, and/or postprocessing tools. The inability to replicate these measurements over time and on different MRI scanners precludes the use of these quantitative metrics as biomarkers for disease. Two major proponents of quantitative imaging standardization are the Quantitative Imaging Biomarker Alliance®(QIBA®) and the National Institute of Standards and Technology (NIST). Both of these organizations have developed phantoms for multiscanner, multi-site comparisons of DCE-MRI, T_1 , T_2 , and diffusion, among other metrics [116], [117]. Numerous other companies have been involved in developing phantoms for quantitative MRI methods, such as fat fraction, R_2^* , and diffusion tensors [118]–[122]. Accuracy and repeatability are integral to the success of quantitative imaging to study disease across populations and over time.

In the same vein as standardization, precision and accuracy of individual modalities is important for integrated modalities such as PET/MR. Quantitative PET imaging hinges on accurate attenuation correction. The quantitative maps that can be generated with MRF could be used to improve MRI-based attenuation correction approaches, thereby improving the accuracy of quantitative PET measurements.

Another open need in quantitative imaging is the determination of best practices for comprehensive exams which maximize value for clinicians and patients. With the growing development of quantitative imaging, protocols will need to be edited based on the reason for the imaging study. As we have described in the Clinical Applications sections, certain properties are only useful in a select number of situations. Further research must be done to

balance the amount of valuable quantitative information with imaging exam time. Efficiency, accuracy, and added-value must all be considered.

V. Summary

Quantitative imaging protocols are powerful clinical tools that can reduce subjectivity and uncertainty in medical imaging. MRF is a one such tool for quantitative MRI, attractive because of its flexibility, efficiency, and the potential to quantify multiple interesting properties simultaneously. PET/MR is a hybrid imaging modality that already combines the metabolic information from PET with an abundance of structural and functional information from MRI. The potential to combine quantitative MR approaches such as MRF with PET for improved image reconstruction informed by the MR acquisition, more accurate attenuation correction, and improved clinical tissue characterization are areas of ongoing investigation and hold significant promise for future development.

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Fig. 1.

Basic components of an MRF experiment. An MRF sequence is designed to quantify a set of properties, such as T_1 , T_2 , and M_0 . The MRF sequence yields highly undersampled images, used to construct the timecourse, or fingerprint, for each voxel. The value at a single voxel for all images in the series are concatenated to form the timecourse for that voxel. Sequence parameters are also used to generate dictionary atoms. The time courses from the undersampled images and the dictionary atoms are compared using a matching algorithm, which provides tissue property values for every pixel in the image. Variations of the elements in (A) are discussed in Section II-A and those in (B) are discussed in Section II-B.

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Fig. 2.

Property maps from a prostate MRF study. T_1 map (A) and T_2 map (B) are both in units of milliseconds. High grade prostate cancer in the peripheral zone (Gleason score = 8), indicated by the striped arrow, has much lower T_1 and T_2 values as compared to the normal peripheral zone, indicated by the solid white arrow.