

## New Jersey-Wide Survey of Spotted Fever Group *Rickettsia* (Proteobacteria: Rickettsiaceae) in *Dermacentor variabilis* and *Amblyomma americanum* (Acari: Ixodida: Ixodidae)

James Occi,<sup>1</sup> Andrea M. Egizi,<sup>1,2</sup> Ashley Goncalves,<sup>1</sup> and Dina M. Fonseca<sup>1\*</sup>

<sup>1</sup>Department of Entomology, Center for Vector Biology, Rutgers University, New Brunswick, New Jersey; <sup>2</sup>Monmouth County Mosquito Control Division, Tick-borne Diseases Laboratory, Tinton Falls, New Jersey

**Abstract.** For the last decade, the New Jersey (NJ) Department of Health has reported between 42 and 144 new cases each year of “spotted fever group rickettsiosis” (SFGR), a statistic that reflects uncertainty regarding which rickettsial agents (Proteobacteria: Rickettsiaceae: *Rickettsia*) are infecting NJ residents. To identify the *Rickettsia* circulating in NJ ticks, we used a combination of conventional and real time PCR approaches to screen 560 *Dermacentor variabilis* Say and 245 *Amblyomma americanum* L. obtained from a 1-day state-wide surveillance in May 2018 and an additional 394 *D. variabilis* collected across NJ in 2013–2018. We found zero *D. variabilis* infected with *Rickettsia rickettsii*, the agent of Rocky Mountain spotted fever and, on average, 1.3% infected with presumed nonpathogenic *Rickettsia montanensis*. We also found zero *A. americanum* infected with *R. rickettsii*, and 20% infected with *Rickettsia amblyommatis*, a prevalence somewhat lower than in more southern states. Overall, we conclude that it is unlikely that *R. rickettsii* vectored by *D. variabilis* is a primary cause of SFGR cases in NJ and discuss our findings in the context of known facts and current limitations. We conclude that understanding the causes of SFGR east of the Mississippi will require collaboration among medical doctors, public health authorities, and medical entomologists to follow up presumptive human cases of SFGR with detailed histories of exposure, species-specific molecular assays, and active surveillance of putative vectors and the pathogens they may carry.

### INTRODUCTION

The *Rickettsia* (Proteobacteria: Rickettsiaceae) are Gram negative obligate intracellular bacteria often transmitted among vertebrate hosts by an arthropod vector. The species in the genus are distinguished by their pathogenicity, ecological, and biochemical profiles into four groups: the typhus group, the spotted fever group (SFG), the ancestral group, and the transitional group.<sup>1</sup> The SFG *Rickettsia* include approximately 20 valid species (depending on authority<sup>2,3</sup>) transmitted primarily, but not exclusively, by hard ticks (Acari: Ixodida). Some of these *Rickettsia* are pathogenic (e.g., *Rickettsia rickettsii*), some are nonpathogenic (such as *Rickettsia peacockii*), and some may be tick commensals or symbionts (such as *Rickettsia buchneri* in *Ixodes scapularis*<sup>4</sup>). The complexity and diversity of SFG *Rickettsia* presents a challenge because serology designed to detect pathogenic species often cross-reacts with the nonpathogenic members.<sup>5</sup>

A particularly virulent tick-borne *Rickettsia* in the United States is *R. rickettsii*. Infection with this bacterium causes Rocky Mountain spotted fever (RMSF) and can be fatal if left untreated or if there is a delay in treatment due to misdiagnosis.<sup>6,7</sup> Since 2000 or so, there has been a steep increase in RMSF cases presenting with reduced morbidity and mortality in the mid-Atlantic states,<sup>8</sup> a puzzling phenomenon. Recognition of the unknown epidemiology by local Public Health authorities has, in some cases, led to a switch in the terminology from RMSF to the broader term “spotted fever group rickettsiosis” (SFGR) encompassing a range of etiologies.<sup>8</sup>

It is also unclear which vectors are transmitting SFG *Rickettsia* to humans in the mid-Atlantic states. *Rickettsia rickettsii* was first recognized as a tick-transmitted infection in the early 1900s in the Bitterroot Valley of Montana, and there the

primary vector is the Rocky Mountain wood tick, *Dermacentor andersoni* Stiles.<sup>9</sup> After Parker showed that *Dermacentor variabilis* Say was a competent vector of *R. rickettsii*,<sup>10</sup> this tick has been considered the vector east of the Mississippi River.<sup>11–13</sup> However, several recent studies conducted on large samples of *D. variabilis* in the eastern United States have broadly failed to find evidence of *R. rickettsii* (Table 1). Before 2010 or so, studies primarily used conventional PCR with sequencing to identify the *Rickettsia* found, but recent uptake of highly sensitive real-time PCR (hereafter termed qPCR) assays have also failed to detect significant rates of tick infection with *R. rickettsii* (Table 1).

The highest *R. rickettsii* infection prevalence found in *D. variabilis* from the mid-Atlantic region was 0.9%, in a recent study by Kakumanu and others<sup>14</sup> using reverse line blot to screen for multiple species of *Rickettsia*. Of note, in their study over 50% of the *R. rickettsii*-infected *D. variabilis* were coinfecting with *Rickettsia amblyommatis* raising the possibility that coinfection with a more abundant *Rickettsia* may prevent detection of *R. rickettsii* when using standard PCR followed by sequencing. Although *Rickettsia* coinfection in ticks has not been reported often,<sup>15,16</sup> it has been detected before. For example, Carmichael and Fuerst<sup>17</sup> found one *D. variabilis* infected with *R. rickettsii*, *Rickettsia montanensis*, and *Rickettsia belli*. These findings underscore the need to survey for *R. rickettsii* using highly sensitive and specific assays.

Besides the right methodology, successful surveys also depend on obtaining representative samples of vectors. Whereas *D. variabilis* is considered the most likely vector, *Amblyomma americanum*, the lone star tick, is an increasingly common human-biter in the northeast,<sup>18</sup> and recently, one *A. americanum* collected in Monmouth Co. New Jersey (NJ) was found infected with *R. rickettsii* (Table 2). Lone star ticks are competent laboratory vectors of *R. rickettsii*,<sup>19</sup> although in field surveys, they too are rarely found infected. By far, the most frequent *Rickettsia* carried by lone star ticks is *R. amblyommatis* (> 25%, on average, Table 2). Although not a confirmed pathogen, *R. amblyommatis* has been detected in

\*Address correspondence to Dina M. Fonseca, Center for Vector Biology, Rutgers University, 180 Jones Ave., New Brunswick, NJ 08901-8536. E-mail: dina.fonseca@rutgers.edu

TABLE 1  
Surveys for SFG *Rickettsia* in adult *Dermacentor variabilis* east of the Mississippi since 2000

State	Number tested	<i>Rickettsia rickettsii</i>	<i>Rickettsia amblyommatis</i>	<i>Rickettsia parkeri</i>	<i>Rickettsia montanensis</i>	Total % SFG <i>Rickettsia</i>	Reference
MD	392	0	0	0	3.8	6.1	41
TN	548	0	2.5	NT	10	15	42
KY	179	0	1.1	0.5	4.4	5	43
US	1,400	0.07	0.1	0	3.8	4	37*
VA	522†	0	0	0	1.7	1.7	44
VA	2,276	0	0.04	0.75	0.18	0.96	45
KY, TN	299	0	0	0	3.3	3.3	46
US	4,792	NT	NT	NT	2.8	2.8	47‡
TN	2,515	0	0	0	1.2	3.6	48§
NC	532	0.9	11.8	0.6	2	54.7	14
12 states	284	0	3.5	0	2.1	5.3	49*
Mean#	–	0.10 ± 0.55	1.90 ± 7.24	0.21 ± 0.62	3.21 ± 5.06	–	–

NT = not tested; SFG = spotted fever group. For each *Rickettsia* species, numbers in columns represent per cent prevalence. *Rickettsia* other than those listed are included under Total % SFG *Rickettsia*. We only included studies with a minimum of 100 field-collected ticks and excluded studies focusing on nonhuman host-associated ticks.

\* Used the data from mid-Atlantic states only.

† Tested in 153 pools.

‡ Only looked for *R. montanensis*.

§ Only sequenced 31.

|| This includes all *Rickettsia* (SFG and typhus group as well as several candidate *Rickettsia*).

# Prevalence of each *Rickettsia* species was calculated based on total number of ticks tested.

# Means ± 1.96 × SD (95% CI).

sera of presumed SFGR patients.<sup>20</sup> In fact, it was proposed that exposure to *R. amblyommatis* through an *A. americanum* bite could be contributing to the number of reported cases of spotted fever group rickettsioses in the mid-Atlantic states.<sup>8</sup> *Amblyomma americanum* is also capable of carrying *Rickettsia parkeri*,<sup>21</sup> a pathogen that primarily infects the Gulf Coast tick, *Amblyomma maculatum*, a southern tick species that is expanding north but is still undetected in NJ.<sup>22–24</sup>

Discussions about the etiology of SFGR in NJ with members of the NJ Department of Health and CDC prompted us to survey *Rickettsia* in putative NJ hard tick vectors and compare their occurrence and distribution to that of reported human cases of SFGR in NJ. To sample *D. variabilis* and *A. americanum* from across NJ, we developed the “2018 NJ Tick Blitz,” an experiment in operational outreach<sup>25</sup> that provided us with specimens from all 21 NJ counties collected on the same day almost simultaneously.

Specifically, in this study, we 1) reviewed representative surveys of *Rickettsia* in *D. variabilis* and in *A. americanum*

populations east of the Mississippi, 2) surveyed specimens of *D. variabilis* and *A. americanum* from across NJ for *Rickettsia* using the most sensitive methodology available to us, 3) compared prevalence of different *Rickettsia* in ticks and reported human SFGR cases at the county level, and, in addition, 4) evaluated the costs and benefits of testing pools versus individual ticks to potentially reduce the cost of testing for *Rickettsia* in ticks. Overall, our aim was to contribute to the understanding of the causes of SFGR in the eastern United States and to the development of better preventive and management approaches.

## MATERIALS AND METHODS

We reviewed the literature on SFGR surveys in *Dermacentor variabilis* and *A. americanum* and present them in tabular form (Tables 1 and 2). We focused on studies that used highly sensitive and species-specific methodologies to identify the

TABLE 2  
Surveys from the literature for SFG *Rickettsia* in *Amblyomma americanum* in locations east of the Mississippi

State	Number tested	<i>Rickettsia rickettsii</i>	<i>Rickettsia montanensis</i>	<i>Rickettsia parkeri</i>	<i>Rickettsia amblyommatis</i>	Reference
TN	655*	0	0.3	0	40	42
KY	108	NT	0	0	27.8	43
VA	1,969 (nymphs)	0	NT	0	55.9	50
	576 (adults)	0	NT	0	72.8	
NC	459	0.2	0	2.1	90.9	51
VA	2,010–2,509†	0	0	0	26.9	44
	2,011–252†	0	0	0	54.9	
GA	526	0	0.4	0.47	27.4	52
VA†‡	225 (larvae)	NT	NT	NT	7§	53
	34 (nymphs)	NT	NT	NT	47	
	81 (adults)	NT	NT	NT	42	
FL	160*	0	0	0	33	54
FL	1,312†	0	0	0.16	29	55
NJ	1,858 (nymphs)	0.05	0	0.00	25	22
Mean	–	0.025 ± 0.12	0.08 ± 0.31	0.25 ± 1.24	44.05 ± 39.43	–

Unless otherwise noted, number tested refers to adults tested, and values for each *Rickettsia* species reflect % positive. We only included studies with a minimum of 100 ticks and excluded studies focusing on nonhuman host-associated ticks.

\* Nymphs and adults tested.

† All life stages tested.

‡ Larvae tested in pools of 15 (infection prevalence assumes one positive tick per pool).

§ Prevalence in larvae not included in calculation of mean.

|| Means ± 1.96 × SD (=95% CI).

*Rickettsia* detected and, therefore, limited our summary to peer-reviewed literature published on or after 2010 primarily because many of the earlier studies used methodologies that were not species specific, such as immunoassays. We focused on surveys conducted east of the Mississippi because they are the most relevant comparisons to our findings in NJ. In addition, we only incorporated studies that tested more than 100 ticks because previous studies have shown that *R. rickettsii* infection rates in ticks are expected to be low (~0–5%) (Table 1), and sufficient sample sizes are needed for reliable estimates of prevalence. We excluded studies where *D. variabilis* and *A. americanum* were collected from non-human hosts because some hosts can be reservoirs for *Rickettsia*, and this could bias the estimates of infection prevalence.

**Tick collections.** During the 2018 NJ Tick Blitz, ticks were collected across all 21 NJ counties by sweeping the vegetation along 300-m transects during the morning of May 10, 2018.<sup>25</sup> Ecotonal areas were chosen to target *D. variabilis*, including open grassland or meadows adjoining forest or woodland, prime habitat for the meadow vole (*Microtus pennsylvanicus*),<sup>26</sup> the preferred host of larval and nymphal *D. variabilis*.<sup>27</sup> As described,<sup>25</sup> to simplify the process for first-time tick collectors, we provided volunteers from each county mosquito control program with a lightweight collapsible “tick sweep” made of 0.25 m<sup>2</sup> crib flannel (buybuy Baby, Union Township, NJ) with a PVC pipe handle. Participants removed ticks from the sweep with masking tape and placed the tape inside plastic Ziploc (SC Johnson, Racine, WI) bags with a small piece of wet paper towel to keep ticks alive until they were brought to the Rutgers Center for Vector Biology by a courier later that week. In the laboratory, ticks were removed from the tape with flamed forceps, identified and placed in 80% ethanol, and stored at 4°C before DNA extraction. From Tick Blitz collections, we obtained 560 *D. variabilis* and 245 *A. americanum* for analysis. To contrast this approach (one-time collection by multiple individuals), we also examined ticks collected over multiple time points by a single individual during 2013–2018 across the state of NJ (*N* = 394 *D. variabilis* collected). Ticks were flagged opportunistically from ecotonal areas such as power and pipeline rights of way, paths, and

small roads adjacent to forests and public parks. Because these were somewhat random surveys, we did not establish transects. Instead, we surveyed for a minimum of 15 minutes at each site and collected information on length of survey, date, weather conditions, and GPS coordinates as well as took photographs of each site. In all cases, we identified ticks to species using standard taxonomic keys.<sup>28,29</sup>

**DNA isolation and spotted fever group *Rickettsia* testing.** *DNA isolation of Tick Blitz specimens.* We removed and preserved *D. variabilis* and *A. americanum* collected during the Tick Blitz from their ethanol-filled vials, allowed them to air dry, placed individual ticks in single wells of 96-well plates, and extracted tick DNA with Qiagen DNeasy 96 Blood and Tissue Kits (Qiagen, Germantown, MD) in batches of 188, following the manufacturer’s instructions, with one extraction control and one empty well per plate that we later used as a PCR-negative control. The ticks were first homogenized with a Qiagen TissueLyser bead mill (Qiagen) using 5-mm stainless steel balls (OPS Diagnostics, Lebanon, NJ). We eluted DNA from each column in 160 µL of Qiagen elution buffer AE for adults and 80 µL for nymphs in two separate elutions.

*DNA isolation from 2013 to 2018 field surveys.* We removed preserved ticks one by one from their storage vials, rinsed them clean with fresh 70% ethanol, and allowed them to air dry. We extracted DNA from individual ticks using DNeasy Blood and Tissue single column kits (Qiagen) following the manufacturer’s instructions, after they were macerated inside microfuge tubes with Qiagen tissue lysis buffer ATL using sterile tuberculin needles (Becton Dickinson, Franklin Lakes, NJ). We eluted DNA from each column in 160 µL of Qiagen elution buffer AE for adult ticks and 80 µL for nymphs.

*qPCR testing of Tick Blitz specimens.* Because we expected a low prevalence of SFG *Rickettsia* in *D. variabilis* (< 5%, Table 1), we created tick DNA pools by taking 20 µL of eluted DNA from each of the eight wells in each column of a 96-well extraction plate and combined them into a single tube (one 96-well plate = 12 pools of 7–8 ticks). We screened pools of *D. variabilis* for SFG *Rickettsia* with a TaqMan qPCR assay targeting the 17-kD antigen<sup>30</sup> but using an minor groove binding (MGB) quencher instead of TAMRA (Table 3) using the TaqMan Environmental Master Mix 2.0 (Applied Biosystems,

TABLE 3

Primers and probes used for amplification and sequencing of SFG *Rickettsia* from *Dermacentor variabilis* and *Amblyomma americanum*

Organism	Primer/probe	Target	Sequence (5'-3')	Reference
SFG <i>Rickettsia</i>	Pfmt-F2 Pspacer-R1	<i>n-f-met</i> -23s-rRNA	AAGAGAGTAAAAAGCTTTG TGGGTTTGCCTCATATAGC	This study
SFG <i>Rickettsia</i>	PgIta-1F PgIta-2R	<i>gIta</i>	ATTGCTTTACTTACGACCC TTCAAGTTCATTGCTATTTG	This study
SFG <i>Rickettsia</i>	R190-70p Rr190.602n	<i>ompA</i>	ATGGCGAATATTTCTCCAAAA AGTGCAGCATTGCTCCCCCT	Ref. 31 and 56
SFG <i>Rickettsia</i>	R17K128F2 R17K238 R R17K202 Probe	17kD	GGGCGGTATGAAYAAACAAG CCTACACCTACTCCVACAAG FAM-CCGAATTGAGAACCAA GTAATGC-MGB	30
<i>Rickettsia amblyommatis</i>	Ra477 F Ra618 R-mod	<i>ompB</i>	GGTGTGCGGCTTCTACATTAG CCATTAGTAACATTTAATGTACCG TTAACAC	Ref. 57 and 22
<i>Rickettsia rickettsii</i>	Ra532 Probe-mod RR1370F RR1494R RR1425B Probe	<i>ompB</i>	VIC-CACTTGGACAGAATGCTT-MGB ATAACCCAAGACTCAAACCTTTGGTA GCAGTGTACCAGGATTGCT FAM-TTAAAGTTCTAATGCTATA ACCCTTACC-MGB	Ref. 58, 50, and his study

For the qPCR assays, we used MGB quencher instead of the TAMRA or BHQ1.

Forest City, CA). Amplification conditions were an initial incubation of 95°C for 10 minutes followed by 40 cycles of 95°C for 15 seconds and 60°C for 60 seconds in an Applied Biosystems 7,500 qPCR machine. If the pool tested negative, we took no further action. If the pool was positive, we returned to the original extraction plate and tested the seven or eight individual tick extracts with the 17-kD assay. Positive ticks were also tested with a TaqMan primer/probe system specific for *R. rickettsii* outer membrane protein B (*ompB*) (Table 3). We used serial dilutions of a synthetic DNA fragment matching the *R. rickettsii ompB* target region as the positive control. Tick extracts that were positive with the 17-kD assay and negative for *R. rickettsii ompB* were amplified with regular PCR primers for *ompA* (532-bp product) using the conditions described by Regnery and others<sup>31</sup> as well as primers designed for this study targeting citrate synthase *gltA* (906 bp product, Table 3). PCR products (5  $\mu$ L) were electrophoresed in 1% agarose (Sigma-Aldrich, St. Louis, MO) in 1X TAE (40 mM Tris base, 20 mM acetic acid, and 1 mM EDTA). The remaining PCR product was treated with ExoSAP-IT (Applied Biosystems, Waltham, MA) to enzymatically digest free primers or nucleotides. The purified template was premixed with each of the primers separately and sent to Genscript (Piscataway, NJ) for sequencing. When possible, a consensus sequence of the positive and negative strands was generated using Sequencher DNA analysis software (v. 3.5, Gene Codes Corporation, Ann Arbor, MI) and entered into NCBI BLAST (<https://blast.ncbi.nlm.nih.gov/Blast.cgi>) to identify the sequences to species level. If one of the primers did not generate a clean sequence, we blasted using only the other strand.

We screened individual *A. americanum* with a qPCR duplex targeting 1) the 17 kD of all SFG *Rickettsia* (the same used for the *D. variabilis* testing) as well as 2) an *R. amblyommatis* outer membrane protein B (*ompB*) (Table 3). As in Egizi and others,<sup>22</sup> primer and probe sequences ending in “mod” were shortened to accommodate the switch to an MGB quencher (Table 3). Reactions (20  $\mu$ L) were denatured at 95°C for 10 minutes followed by 40 cycles of 95°C for 15 seconds and 60°C for 1 minute. Positive controls were synthesized dsDNA fragments matching the target qPCR regions (GeneStrings, Invitrogen, Carlsbad, CA).

To rule out the possibility that *R. amblyommatis*-infected ticks were coinfecting with *R. rickettsii*, we tested all 17-kD and *R. amblyommatis*-positive *A. americanum* with the *R. rickettsii ompB* qPCR assay (Table 3). Reaction volumes, conditions, and controls were the same as for the *D. variabilis* screening. Because recently Egizi and others<sup>25</sup> tested more than 1,800 NJ *A. americanum* using a specific qPCR assay for *R. parkeri* and failed to detect this *Rickettsia*, which is unreported in NJ, we chose to forego using this test on our specimens.

**PCR testing of ticks from 2013 to 2018 field surveys.** To test this group of specimens, we used primers for the region spanning the rickettsial methionyl-tRNA formyl transferase (*fmt*) and 23s ribosomal RNA locus. We designed the primers (Table 3) to match a broad range of *Rickettsia* using an alignment of 13 publicly available SFG *Rickettsia* species known to occur in the northeastern United States (Online Supplemental Information, Supplemental Table S1). We optimized and validated the primers using purified *Rickettsia canadensis* genomic DNA (ATCC VR-1444, American Type Culture Collection, Manassas, VA), *D. variabilis* infected with *R. montanensis*, and *A. americanum* infected with *R. amblyommatis*. The primers

*Pfmt*-2F and *PSpacer*-1R amplified an 860-bp PCR product. Cycle conditions were an initial 10 minutes at 95°C, then 35 cycles of 93°C for 30 seconds, 50°C for 3 seconds, and 68°C for 15 seconds followed by a single cycle of 72°C for 10 minutes as instructed by the ThermoFisher AmpliTaq Gold Fast PCR Mix (Applied Biosystems) kit. Five microliters of PCR products was electrophoresed in 1% agarose (Sigma-Aldrich) in 1X TAE (40 mM Tris base, 20 mM acetic acid, and 1 mM EDTA). We visualized, purified, sequenced, and analyzed the PCR products as described previously.

Ticks positive for *Rickettsia* were also examined with SFG-specific citrate synthase (*gltA*) primers and the product sequenced (Table 3). We designed the *gltA* primers to amplify an 896-bp fragment in all commonly encountered SFG *Rickettsia* in the northeastern United States. We used *R. canadensis*-purified DNA, *R. amblyommatis*-infected *A. americanum*, and *R. montanensis*-infected *D. variabilis* as positive controls. The amplification followed manufacturer's protocol (AmpliTaq, Applied Biosystems), with an initial heating of 94°C for 10 minutes, followed by 35 cycles of 94°C for 45 seconds (denature), 50°C for 45 seconds (annealing), and extension at 50°C for 45 seconds. We visualized, purified, sequenced, and analyzed the PCR products as described previously.

## RESULTS

From the Tick Blitz, we obtained adult *D. variabilis* from each of the 21 NJ counties (mean number per county = 25.9, SD = 35.9), tested a total of 560 specimens in 70 pools, and failed to detect *Rickettsia rickettsii*. We also tested 394 *D. variabilis* specimens from the 2013 to 2018 field surveys with conventional PCR and, again, failed to detect *R. rickettsii*. Instead, from both datasets, we identified *D. variabilis* infected with *R. montanensis* (eight from the Tick Blitz and four from the 2013 to 2018 specimens), resulting in an infection prevalence with *R. montanensis* of 1.4% (8/560) and 1.0% (4/394), for specimens from the Tick Blitz and 2013–2018 surveys, respectively, which are not statistically different ( $\chi^2 = 0.31$ ,  $P = 0.57$ ). Therefore, we combined the datasets and obtained an overall prevalence of *R. montanensis* in NJ *D. variabilis* of 1.3% (12/954, Table 4, Figure 1) that matches those in other mid-Atlantic populations (Table 1).

Sequences of the methionyl-tRNA-23s region from *Rickettsia*-positive *D. variabilis* had a 100% match to multiple strains of *R. montanensis* in GenBank, sequences of *ompA* had a match of 98.9%, and the *gltA* match was 99.5%. In all cases, the query coverage was 100%. Furthermore, when we tested ticks from positive pools of *D. variabilis* individually, only a single tick in each pool was positive. Because minimum infection rate calculations assume a single positive specimen per pool,<sup>32</sup> we found that pooling did not alter the estimated infection rate.

We tested 245 *A. americanum* (85 adults and 160 nymphs all collected during the same day in May 2018).<sup>25</sup> We did not detect *R. rickettsii*, but overall 20% of the *A. americanum* were positive for *R. amblyommatis* (49 positives, 22 adults, and 27 nymphs). This prevalence is relatively low, but still within the 95% CI for *R. amblyommatis* prevalence in *A. americanum* reported by others (Table 2). Most (91.3%) of the lone star ticks tested were from southern NJ counties, and interestingly, the few collected from the two northernmost counties within the current known range of *A. americanum* in NJ (Middlesex and

TABLE 4

New cases of SFGR reported to NJ DOH by each NJ county in 2018\*, average incidence ( $\pm$ SD) from 2010 to 2018 (per 100,000 residents) and prevalence of SFG *Rickettsia*-positive *Dermacentor variabilis* and SFG *Rickettsia*-positive *Amblyomma americanum* in New Jersey

County	SFGR	Average incidence $\pm$ SD	<i>Dermacentor variabilis</i>			<i>Amblyomma americanum</i>		
			Number tested	Number positive	% Ticks positive	Number tested	Number positive	% Ticks positive
Atlantic	14	4.2 $\pm$ 3.0	16	1	6.2	25	3	12.0
Bergen	6	0.3 $\pm$ 0.2	35	1	2.8	NA		
Burlington	7	1.4 $\pm$ 0.9	6	1	16.6	39	3	7.7
Camden	4	0.9 $\pm$ 0.6	5	0	0	17	2	12.0
Cape May	1	2.3 $\pm$ 2.0	5	0	0	3	0	0
Cumberland	4	3.1 $\pm$ 2.4	4	0	0	30	2	6.7
Essex	4	0.4 $\pm$ 0.2	44	1	2.3	NA		
Gloucester	12	3.1 $\pm$ 2.0	8	1	12.5	44	5	11.4
Hudson	1	0.2 $\pm$ 0.2	87	1	1.1	NA		
Hunterdon	7	4.7 $\pm$ 4.3	26	0	0	NA		
Mercer	3	0.4 $\pm$ 0.3	24	1	4.2	NA		
Middlesex	6	0.5 $\pm$ 0.3	50	0	0	16	0	0
Monmouth	27	1.3 $\pm$ 1.3	153	2	1.3	2	1	50.0
Morris	3	0.4 $\pm$ 0.3	119	0	0	NA		
Ocean	27	2.2 $\pm$ 1.3	178	2	1.1	65	32	49.2
Passaic	0	0.4 $\pm$ 0.3	13	0	0	NA		
Salem	3	3.6 $\pm$ 2.2	13	0	0	3	1	33.3
Somerset	4	0.9 $\pm$ 0.7	54	0	0	1	0	0
Sussex	3	0.7 $\pm$ 0.8	27	1	2.7	NA		
Union	6	0.6 $\pm$ 0.3	65	0	0	NA		
Warren	2	0.8 $\pm$ 1.0	22	0	0	NA		
Total	144	1.5 $\pm$ 2.0	954	12		245	49	

All *Rickettsia* in *Dermacentor variabilis* were identified as *Rickettsia montanensis* and all *Rickettsia* in *Amblyomma americanum* were *Rickettsia amblyommatis*. "NA" indicates no ticks of this species were collected in that county.

\* <https://www.nj.gov/health/cd/statistics/reportable-disease-stats/>

Somerset)<sup>25</sup> were negative for *R. amblyommatis* (Figure 1). All *A. americanum* positive with the 17-kD qPCR assay were also positive with the *R. amblyommatis ompB* qPCR assay. We amplified and sequenced the *ompA* locus of SFG *Rickettsia* from two positive *A. americanum* and confirmed by sequencing that *R. amblyommatis* was the *Rickettsia* present.

## DISCUSSION

We performed a representative survey across all 21 NJ counties of SFG *Rickettsia* in two tick species that have been considered critical *Rickettsia* vectors: the American dog tick, *D. variabilis*, and the lone star tick, *A. americanum*, and failed to detect *R. rickettsii*. Instead, we detected *R. montanensis* in *D. variabilis* and *R. amblyommatis* in *A. americanum*. Like *R. amblyommatis*, *R. montanensis* was until recently considered nonpathogenic to humans, but there has been at least one case report associating this *Rickettsia* with human illness.<sup>33</sup> Overall, our results echo a growing chorus of findings that *R. rickettsii* is rare in ticks east of the Mississippi River.

To assess the effect of methodology, for *D. variabilis*, we compared two different collecting approaches (single collector over time versus simultaneous collections by multiple people), two strategies to detect and identify *Rickettsia* (sequencing of two loci versus *Rickettsia* specific qPCR), and testing pooled versus individual ticks. Overall, we found similar rates of infection by the same *Rickettsia* species irrespective of the methodology, indicating that access to qPCR technology was not mandatory for relevant assessment of *Rickettsia* prevalence. However, qPCR allowed us to pool samples. When a pool of *D. variabilis* was positive for *Rickettsia*, we invariably found that only a single tick was positive in

that pool indicating this methodology afforded us considerable savings in reagents and time with no loss of information. Agencies in NJ wanting to detect *Rickettsia* in *D. variabilis* on a limited budget might consider pooling.

Because *A. americanum* is expanding across NJ, we expected to find some heterogeneity in patterns of association with *Rickettsia*. However, the rates of prevalence of *R. amblyommatis* detected fell within the published range, and although we remarked that specimens from the two northernmost counties were not infected with *R. amblyommatis*, the numbers of ticks tested there were understandably relatively low.

Although SFG *Rickettsia* are an emerging group of bacteria with new species discovered and identified each year,<sup>34</sup> our strategy of using a set of PCR primers (*fmt-23S*) and a qPCR assay (17 kD) optimized for "all SFG *Rickettsia*," would have detected both known and potentially undescribed SFG *Rickettsia* species. In addition, we are confident that our approach did not miss *R. rickettsii* in coinfections due to the use of a highly sensitive qPCR targeting this species.<sup>14</sup>

The question remains, what is causing human cases of SFGR in NJ (e.g., 144 cases in 2018, Table 4)? The currently available diagnostic tests for human infection with *R. rickettsii* do not differentiate among SFG *Rickettsia*: in fact, both *R. montanensis* and *R. amblyommatis* will cross-react with *R. rickettsii* antibodies in human serological tests causing a misdiagnosis of RMSF.<sup>33,35,36</sup> While others have proposed that *R. amblyommatis* from a bite by *A. americanum* may result in a positive SFGR case,<sup>37</sup> this hypothesis does not explain the SFGR cases in the northern NJ counties where *A. americanum* is presumed absent (Figure 1). However, standardized active or passive tick surveillance is currently nonexistent in NJ outside of Monmouth Co.,<sup>25</sup> so it is possible that the

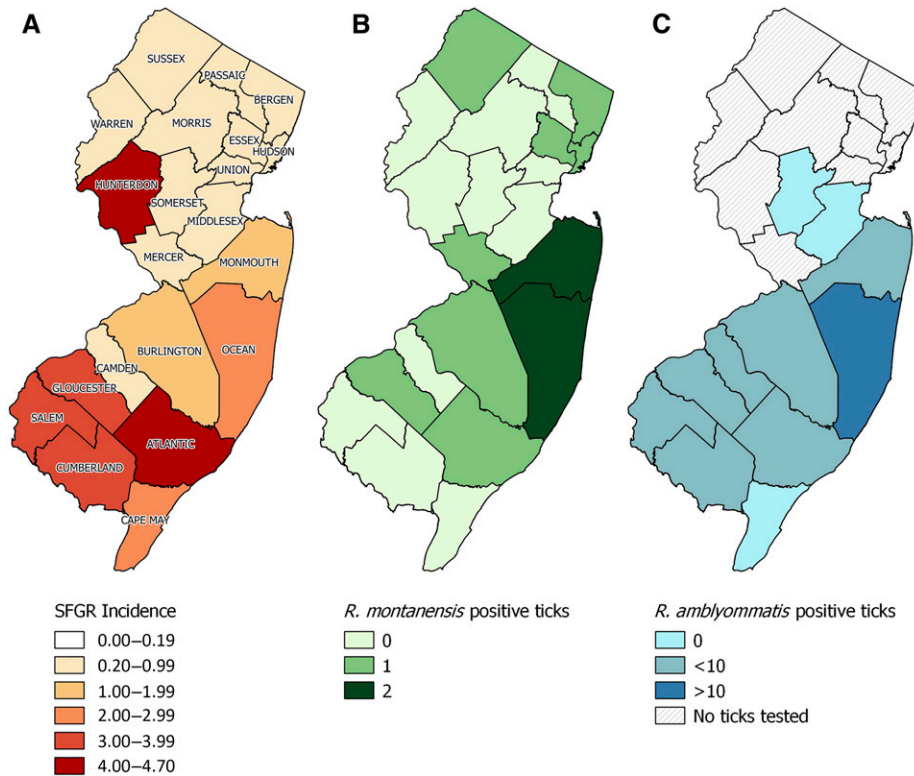


FIGURE 1. Map of New Jersey showing county-level (A) average incidence (# per 100,000 residents) of human cases of spotted fever group rickettsiosis; (B) number of *Dermacentor variabilis* positive for *Rickettsia montanensis* and (C) number of *Amblyomma americanum* positive for *Rickettsia amblyommatis*. Refer to Table 4 for detailed information on number of ticks tested in each county and percent of infected ticks. This figure appears in color at [www.ajtmh.org](http://www.ajtmh.org).

distribution of *A. americanum* in NJ has expanded farther north than known, undetected.

A standardized tick and tick-borne disease surveillance program in NJ (and across the northeast) is needed to investigate the growing tide of tick-borne diseases afflicting the millions living in this region.<sup>38,39</sup> We propose that the best steps forward toward understanding the causal factors underlying the significant numbers of SFGR cases in NJ involve collaborative teams of physicians, medical entomologists, diagnostic laboratories, and public health professionals to positively identify the vectors, reservoirs, and pathogen(s) associated with local SFGR cases. Although some may argue that additional costs for specific identification are not justified because treatment is the same for all *Rickettsia* infections, the clinical outcomes associated with different *Rickettsia* species can be radically different ranging from a rash to death.<sup>40</sup> Furthermore, critical tick vectors often differ in habitat and seasonality, which will influence strategies for prevention and control. Only when we understand all of the aspects of a vector-borne disease can we hope to formulate effective control and management solutions.

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Note: Supplemental table appears at [www.ajtmh.org](http://www.ajtmh.org).

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Authors' addresses: James Occi and Dina M. Fonseca, Department of Entomology, Center for Vector Biology, Rutgers University, New Brunswick, NJ, E-mails: [james.occir@rutgers.edu](mailto:james.occir@rutgers.edu) and [dina.fonseca@rutgers.edu](mailto:dina.fonseca@rutgers.edu). Ashley Goncalves, University of Miami Biology Department, Coral Gables, FL, E-mail: [ashmgon@gmail.com](mailto:ashmgon@gmail.com). Andrea M. Egizi, Monmouth County Mosquito Control Division, Tick-borne Diseases Laboratory, Tinton Falls, NJ, E-mail: [andrea.egizi@co.monmouth.nj.us](mailto:andrea.egizi@co.monmouth.nj.us).

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