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Executive Function after Risk-Reducing Salpingo-Oophorectomy in BRCA1 and BRCA2 Mutation Carriers: Does Current Mood and Early Life Adversity Matter?

Sheila Shanmugan, M.D., Ph.D.^{a,b}, Mary D. Sammel, Sc.D.^{b,c,d}, James Loughead, Ph.D.^a, Kosha Ruparel, M.A.^a, Ruben C. Gur, Ph.D.^a, Thomas E. Brown, Ph.D.^e, Jessica Faust, B.S.^{a,b}, Susan Domchek, M.D.^f, C. Neill Epperson, M.D.^g

^aDepartment of Psychiatry, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA, USA;

^bPenn PROMOTES Research on Sex and Gender in Health, University of Pennsylvania, Philadelphia, PA, USA;

^cDepartment of Biostatistics, Epidemiology, and Informatics, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA, USA;

^dObstetrics and Gynecology, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA, USA;

^eDepartment of Psychiatry, Keck School of Medicine, University of Southern California, Los Angeles, CA, USA;

^fBasser Center for BRCA, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA, USA;

^gDepartment of Psychiatry, Anschutz Medical Campus, University of Colorado, Aurora, CO USA

Abstract

Objective: Despite the fact that negative mood and executive dysfunction are common following risk-reducing salpingo-oophorectomy (RRSO) – occurring in up to a third of women – little is known about risk factors predicting these negative outcomes. Adverse childhood experiences (ACE) predict poorer health in adulthood and may be a risk factor for negative outcomes following RRSO. Given the complex relationship between early life stress, affective disorders, and cognitive dysfunction, we hypothesized that ACE would be associated with poorer executive function and that mood symptoms would partially mediate this relationship.

Methods: Women who had undergone RRSO were included in the study (N = 552; age 30–73 years). We measured executive function (continuous performance task, letter n-back task, Brown Attention Deficit Disorder Scale Score), exposure to early life stress (ACE Questionnaire), and mood symptoms (Hospital Anxiety and Depression Scale). Generalized estimating equations were

Corresponding Author: C. Neill Epperson, Anschutz Medical Campus, 13001 E. 17th Place, Rm C2000E, Aurora, CO 80045, USA. neill.epperson@cuanschutz.edu. Telephone: (303) 724-4940.

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used to evaluate the association between ACE and executive dysfunction and the role of mood symptoms as a mediator in this relationship.

Results: ACE was associated with greater severity of subjective executive dysfunction (adjusted mean difference (aMD)= 7.1, p=0.0005) and worse performance on both cognitive tasks (CPT: aMD=-0.1, p=0.03; n-back: aMD=-0.17, p=0.007). Mood symptoms partially mediated ACE associations with sustained attention (21.3% mediated; 95% CI: 9.3% - 100%) and subjective report of executive dysfunction (62.8% mediated; 95% CI: 42.3% - 100%).

Conclusions: The relationship between childhood adversity and executive dysfunction is partially mediated by mood symptoms. These data indicate that assessing history of childhood adversity and current anxiety and depression symptoms may play a role in treating women who report cognitive complaints after RRSO.

Keywords

childhood adversity; executive function; anxiety; depression; menopause; oophorectomy

Introduction

Women with mutations in BRCA1 or BRCA2 (BRCA1/2) susceptibility genes are at increased risk for developing breast and ovarian cancers.¹ While risk-reducing salpingo-oophorectomy (RRSO) may lower the risk of breast and ovarian cancer by 37–64% and 69–85%,^{1,2} respectively, there are several important health consequences of being hypogonadal at such an early age.

Given that ovarian hormones such as estradiol and progesterone have numerous neuromodulatory and neuroprotective effects,³ recent studies have examined RRSO as a potential risk for central nervous system (CNS) impairment and overall decline in quality of life. Large cohort studies have shown women who undergo oophorectomy before natural menopause are at increased risk of dementia⁴ and cognitive dysfunction during and after the seventh decade of life.^{4,5} More specifically, the largest declines in cognitive performance following oophorectomy occur in executive functioning domains.⁶ Previous research has also shown that adverse childhood experiences (ACE) are associated with executive dysfunction in naturally menopausal women in the absence, but not presence, of exogenous estradiol.^{7,8} Together, these studies suggest that premature, abrupt loss of estradiol with RRSO induces executive function difficulties in many, but not all, hypogonadal women. They also suggest ACE may be one factor contributing to risk versus resilience for executive dysfunction after oophorectomy. However, no studies examining the effect of ACE on executive function after RRSO have been reported.

It is well established that ACE are associated with greater incidence of anxiety and depressive symptoms,^{9–13} particularly during the menopause transition.¹⁴ Previous research has demonstrated that anxiety and depressive symptoms mediate the negative impact of ACE on health-related quality of life,¹⁵ smoking status,¹⁶ substance dependence,⁹ and chronic pain disorders.¹² Importantly, anxiety and depressive symptoms have been independently associated with executive dysfunction.¹⁷ Several studies have shown that mood symptoms

negatively impact subjective^{18,19} and objective²⁰ measures of cognitive function in breast cancer survivors. However, whether ACE is associated with executive dysfunction after RRSO and to what extent ACE effects on executive function in hypogonadal women are mediated by mood symptoms is not clear and has not been reported. That childhood adversity and current mood can be easily assessed with patient questionnaires in the clinical gynecology setting, supports the significance of this line of investigation.

We examined the association between ACE and subjective and objective measures of executive function while rigorously controlling for multiple possible confounding variables in 552 women who underwent RRSO. We hypothesized that high levels of childhood adversity would be associated with greater self-reported symptoms of executive dysfunction and poorer performance on executive function tasks. Furthermore, we hypothesized that mood symptoms would partially mediate the relationship between ACE and executive function.

Method

Participants

Participants were recruited through mailings from the Cancer Risk Evaluation Program at the University of Pennsylvania, local advertising, and an advocacy group for women with genetic risk for breast and ovarian cancer (FORCE; Facing Our Risk of Cancer Empowered). Women considered for inclusion were over the age of 30, had BRCA1 or BRCA2 germline mutations, and had undergone RRSO to reduce the risk of primary or recurrent breast and ovarian cancers given their genetic predisposition. Exclusion criteria included inability to provide informed consent. This study was IRB approved; all participants provided informed consent.

Participants completed online surveys through Qualtrics.²¹ Surveys assessed mood, cognition, menopausal symptoms, childhood adversity, and medication use. To date, ~55% of participants have repeated these surveys as part of an ongoing, longitudinal study. In this report, we consider the sample of participants from this cohort that completed one or more outcomes of interest at least once. While the impact of ACE on changes in cognitive function over time after RRSO would be of interest, given the short duration of time between testing sessions (~1 year) and the limited portion of the sample that completed both sessions (~55%), we focused on the associations between ACE and cognition rather than the associations between ACE and change in cognition between sessions.

Assessment of subjective executive function

Subjective executive dysfunction was evaluated using a modified Brown Attention Deficit Disorder Scale (BADDs) adapted for online use. The BADDs is a validated²² subjective measure of five domains of executive dysfunction: (1) organization and activating for work, (2) sustaining attention and concentration, (3) alertness, effort, and processing speed, (4) managing affective interference, and (5) working memory and accessing recall. Higher scores indicate greater dysfunction. Total BADDs score was the primary measure of subjective executive function whereas BADDs subscales were secondary outcomes. Given

the limited number of items per subscale, participants who skipped a question were excluded from analyses related to that BADDIS subscale but not from analyses of other subscales or total score.

Assessment of objective executive function

As part of a comprehensive computerized cognitive battery,²³ participants completed two neuropsychological tasks probing executive function domains. In this report, we specifically focused on measures related to executive functions given our hypothesis regarding the association between childhood adversity and executive functioning post-RRSO as well as the converging evidence for the effects of estradiol and early life stress on this domain.^{3,24} The Penn Continuous Performance Task (CPT) number and letter version²⁵ was used to assess sustained attention. During the task, participants were instructed to respond when the image was a complete letter or number. The primary measure of sustained attention was d' , a signal detection metric that limits the influence of response bias.²⁶

A letter version of the n-back task²⁷ was used to probe working memory function across four conditions: 0-back, 1-back, 2-back, and 3-back. In the 0-back condition, participants responded to a pre-specified target stimulus while participants responded to a stimulus “n” number of stimuli before it in other conditions. Because the 3-back condition places the greatest demands on working memory, 3-back d' served as the primary measure of working memory.

Assessment of childhood adversity

The Adverse Childhood Experiences (ACE) Questionnaire²⁸ was used to assess history of childhood abuse, neglect, and household dysfunction. The ACE Questionnaire has been widely used to examine the association between overall early adversity and health-related outcomes in adult life.²⁹ The number of exposures was summed to create the ACE score (range: 0–10). Based on evidence from prior studies indicating increased risk of depressive disorders in later life in those with 2 or more ACEs,^{14,30} we considered participants with an ACE score ≥ 2 “high ACE” and participants with an ACE score of < 2 “low ACE”.

Assessment of mood symptoms

Depressive and anxiety symptoms were assessed using the 14-item Hospital Anxiety and Depression Scale. This scale contains a 7-item depression subscale that assesses changes in mood, loss of interest, and psychomotor slowing and a 7-item anxiety subscale that assesses mental agitation and psychological distress. In line with prior studies of executive functions that have represented anxiety and depressive symptoms as a composite “mood” score,¹⁷ total scores on the depression and anxiety subscales were summed to create a composite measure of mood symptoms.

Statistical analyses

Generalized estimating equations implemented using the *geepack* package³¹ in R³² were employed to evaluate associations between ACE and executive function outcomes. This method accommodates multiple survey assessments per woman and adjusts for non-independence of these repeated measures. Age, time since oophorectomy, and age at

oophorectomy were assessed as covariates. However, at baseline, age was highly correlated with both age at oophorectomy ($r=0.85$, $p<0.0001$) and time since oophorectomy ($r=0.49$, $p<0.0001$). To fully account for the effects of age on cognitive outcomes, generalized estimating equations with cognitive measures as the outcomes and age as the predictor were used to obtain age-residualized scores for each outcome: BADDS, CPT, and n-back. Subsequent analyses were performed on these residualized outcomes rather than raw values. Time without hormones (calculated by subtracting the duration of hormone therapy use post-RRSO, if any from the duration of time since oophorectomy), education level, and history of chemotherapy use were included as covariates in all models. Results reported are multivariable adjusted. Bivariable associations, T-tests, Wilcoxon rank sum tests, and Pearson chi-square tests were used as appropriate to assess whether sociodemographic information differed between ACE groups. Two-sided hypotheses were evaluated with statistical significance defined as $p\leq 0.05$. Given that all three outcomes are designed to assess the cognitive domain of executive function and adjusting for multiple comparisons may be overly conservative, p-values reported are uncorrected.

Mediation models were used to examine whether ACE associations with executive dysfunction after RRSO were mediated by increased mood symptoms. The three primary outcome measures served as the dependent variable in three separate analyses. Total ACE served as the independent variable while the composite mood score served as the mediator. Similar to models described above, adjusted models are developed to estimate the following components of the mediation model: associations between 1) ACE and executive function (which is the total effect of ACE), 2) ACE and mood, and 3) mood and executive function after accounting for ACE. When these associations were significant, the statistical significance of mood as a mediator was evaluated by estimating the indirect effect of ACE on executive function through mood using the Product of Coefficients approach. Significance testing of the indirect effect estimates were conducted using standard error estimates estimated via a bootstrap resampling approach implemented with the *boot* package³³ using ordinary nonparametric bootstrapping and 2,000 iterations. The percent mediated was computed as the ratio of the indirect effect to the total effect, with 95% CI estimated using bootstrap estimates.

Psychotropic medication use served as an additional covariate in supplemental analyses of primary outcome variables. Supplementary analyses also examined the effects of ACE in the subset of women who underwent oophorectomy prior to age 47.4, 2 standard deviations (1 SD=2.26 years) below the average age (51.9 years) of post-menopause onset.³⁴ To evaluate whether timing of childhood adversity was driving results, we also separately examined the effects of pre-pubertal ACE and post-pubertal ACE on primary outcome measures. Pre-puberty was defined as the period between birth and 2 years prior to menstrual cycle onset. Given that history of cancer could be an important potential confounder, we repeated our primary analyses of ACE associations with executive function with this covariate rather than history of chemotherapy given collinearity.

Results

Participants

Eight hundred participants completed cognitive testing at baseline and were eligible for inclusion in this report. Of these 800 participants, 453 completed a second cognitive testing session, yielding a total of 1,253 sessions that were eligible for inclusion. Sessions included in analyses must have completed at least one outcome of interest ($n=1,058$). Sessions missing information regarding age at testing ($n=16$), hormone therapy use post-RRSO ($n=165$), ACE ($n=12$), education level ($n=8$), and mood symptoms ($n=30$) were excluded. As part of data quality assurance, participants who performed below chance ($<50\%$ true positives) on the CPT or 0-back control condition were excluded from analyses of the CPT ($n=20$) and n-back ($n=13$), respectively. The final sample included in analyses was 552 participants (Table 1; Figure 1).

ACE associations with executive function

ACE was associated with higher age-residualized total BADDSS score ($n=493$, adjusted mean difference (aMD)= 7.1, $p=0.0005$) (Figure 2a) as well as each BADDSS subscale (organization/activation for work, aMD=1.7, $p=0.002$; attention/concentration, aMD=1.8, $p=0.001$; alertness/effort/processing speed, aMD=1.4, $p=0.004$; managing affective interference, aMD=1.3, $p=0.0007$; working memory/accessing recall, aMD=0.8 $p=0.03$) (Figure 2b). The high ACE group also performed worse on both the n-back ($n=479$, aMD= -0.17, $p=0.007$) (Figure 3a) and CPT ($n=500$, aMD=-0.1, $p=0.03$) (Figure 3b) in comparison to the low ACE group. Chemotherapy use was negatively associated with sustained attention (aMD=-0.17, $p=0.006$) (Figure 4) but was not associated with subjective symptoms or working memory.

Mood symptoms mediate ACE associations with executive function

We next examined whether mood symptoms mediated ACE associations with executive function (Figure 5a). ACE was significantly associated with greater mood symptoms (aMD=2.1, $p=0.0003$) and mood symptoms were significantly associated with age-residualized total BADDSS scores (coefficient=2.1, $p<0.0001$). After adjusting for mood symptoms, the direct effect of ACE on total BADDSS scores was lower (aMD=2.8, $p=0.08$). The estimated indirect effect of ACE on total BADDSS through mood was also statistically significant (aMD=4.48, $p=0.0004$), an indication that mood symptoms partially mediate the association between ACE and total BADDSS score. (62.8% mediated; 95% CI: 42.3% - 100%).

Similarly, we evaluated the extent that mood symptoms mediated the association between ACE and sustained attention (Figure 5b). ACE was significantly associated with greater mood symptoms (aMD=2.1, $p=0.0002$) and mood symptoms were significantly negatively associated with age-residualized CPT d' (coefficient=-0.01, $p=0.001$). After adjusting for mood symptoms, the direct effect of ACE on CPT d' was diminished (aMD=-0.09, $p=0.08$). The estimated indirect effect of ACE on sustained attention through mood was also statistically significant (aMD= -0.024, $p=0.03$), an indication that mood symptoms partially

mediated ACE associations with sustained attention (21.3% mediated; 95% CI: 9.3% - 100%).

In contrast, mood symptoms did not mediate a significant proportion of the relationship between ACE and working memory performance (6.5% mediated, 95% CI: -1.4% - 50%; Figure 5c), given that mood symptoms were not significantly associated with n-back d' (coefficient = -0.006, $p=0.20$) after accounting for mood symptoms, the direct effect of ACE on n-back d' was practically unchanged (aMD=-0.16, $p=0.01$).

Supplementary analyses

ACE associations with subjective executive function (aMD=6.1, $p=0.002$), sustained attention (aMD=-0.11, $p=0.03$), and working memory (aMD=-0.16, $p=0.01$) were similar when controlling for use of psychoactive medications. Results were also similar in the subset of women who underwent oophorectomy before age 47.4 (total BADDs, $n=353$, aMD = 8.4, $p=0.0008$; CPT d' , $n=350$, aMD = -0.12, $p=0.06$; n-back d' , $n=382$, aMD = -0.16, $p=0.06$). While pre-pubertal ACE was associated with significantly more subjective executive function difficulties (aMD=5.6, $p=0.03$), post-pubertal ACE was not. In contrast, post-pubertal ACE was associated with worse sustained attention (aMD=-0.24, $p=0.006$) while pre-pubertal ACE was not. Pre-pubertal ACE (aMD=-0.13, $p=0.08$) and post-pubertal ACE (aMD=-0.22, $p=0.07$) were both associated with poorer working memory. Given that history of cancer could be an important potential confounder, we repeated our primary analyses of ACE associations with executive function with this covariate rather than history of chemotherapy given collinearity. ACE association with subjective executive function (aMD=8.4, $p=0.01$) and working memory (aMD=-0.18, $p=0.02$) were similar, but ACE association with sustained attention was no longer significant (aMD=-0.08, $p=0.18$).

Discussion

In this large study of cognitive function in BRCA1/2 mutation carriers who underwent RRSO, we examined the association between childhood adversity and executive function as well as the mediating role of mood. Women with higher levels of childhood adversity reported more symptoms of dysfunction across executive function domains. High ACE women also performed worse on executive function tasks probing sustained attention and working memory. Although mood symptoms partially mediated ACE associations with sustained attention and subjective report of executive dysfunction, the negative associations between ACE and these measures remained present after accounting for the effects of anxiety and depression symptoms. Taken together, these data emphasize that childhood adversity is associated with increased risk of executive dysfunction after RRSO.

Evidence for ACE associations with executive function

As predicted, we found that ACE was associated with greater subjective report of executive dysfunction and poorer performance on neuropsychological tasks of executive function. Childhood adversity has been shown to adversely impact cognitive performance in a general population.³⁵⁻³⁸ Several studies have demonstrated that early life adversity is associated with poorer executive function during childhood and adolescence³⁹⁻⁴¹ and that this negative

effect persists into adulthood.³⁸ However, ACE associations with subjective and objective measures of executive function have not been studied in women who have undergone RRSO, a specific surgical procedure that leads to hypogonadism and is associated with a number of psychological issues related to concerns about cancer risk or recurrence. We have recently shown that ACE has negative impacts on executive function in *naturally* menopausal women^{7,8} and that the negative impact of ACE is heightened in the absence of exogenous estradiol.⁷ This literature suggests childhood adversity likely alters the developmental trajectory of the executive system²⁴ and that abrupt loss of estradiol regulation of executive system function after RRSO is a potential mechanism underlying the observed differences in executive function between high and low ACE groups.³

Evidence for mood as a mediator of ACE associations with executive function

ACE associations with subjective report of executive dysfunction and sustained attention after RRSO were partially mediated by anxiety and depressive symptoms. Our prior studies focusing on *naturally* menopausal women have shown that healthy women experience onset of executive function difficulties during menopause concurrent with loss of estradiol.^{7,8,42–44} There is also an increased risk for affective disturbances, including major depressive disorder with the transition to menopause⁴⁵ and among high ACE women in particular.¹⁴ Further, loss of estradiol has been shown to impact brain neurochemistry, structure and function.³ Our more recent studies have provided preliminary evidence that childhood adversity may be a risk factor for both executive function difficulties³ as well as mood changes¹⁴ during periods of waning estradiol. Mood symptoms are also associated with executive system dysfunction in both youths¹⁷ and adults⁴⁶, though this has not specifically been studied in post-menopause. Further, our previous work has suggested that ACE-associated vulnerability for executive function difficulties with loss of estradiol during menopause involves alterations in serotonergic neurotransmission,⁷ highlighting the importance of jointly considering the role of early adversity and mood changes on executive functions after RRSO as we do in this report. Notably, the mediating role of mood and timing of pre- versus post-pubertal adversity varied across domains, suggesting future studies of ACE effects on executive function would benefit from further dissociation between sustained attention, working memory, and subjective executive dysfunction symptoms as well as timing of adversity onset in relation to puberty. Our result demonstrating a significant impact of mood on CPT but not n-back performance is consistent with a recent study examining correlations between depressive symptoms and performance on several executive functioning tasks in a mixed sample of older male and female adults. Similar to our findings, depressive symptoms in that study were associated with poorer scores on an attention task but not with a working memory task.⁴⁷ That negative affect did not mediate the ACE effect on working memory is particularly important given a growing neuroimaging literature showing that ACEs impacts neural⁷ and network⁸ outcomes during working memory tasks in postmenopausal women.

No studies to our knowledge have pulled ACE and mood into one study to address the complexity of their contribution to executive dysfunction after RRSO with or without history of chemotherapy. By doing so in a large sample of well-characterized women post RRSO, we were able to determine the relative impact of ACE and ACE related negative affect on

our outcomes of interest. Our results highlight that addressing concurrent mood changes is a critical step in treating surgical menopause-induced executive function difficulties. Importantly, we found that ACE associations were mediated by anxiety and depressive *symptoms*, which may not translate to a full diagnosis of generalized anxiety disorder, major depressive disorder, or other mood disorder. The mediating role of mood was significant even though the average anxiety and depression subscale scores in this sample (Table 1) were below those corresponding to full categorical diagnoses of anxiety (8+) or depressive disorders (8+),⁴⁸ further emphasizing the importance of screening for sub-threshold mood symptoms in this population.

Limitations

While this study had a large sample size and controlled for multiple possible confounds, certain limitations should be acknowledged. First, participants completed cognitive testing at home rather than in a controlled environment under supervision of research staff, potentially reducing validity of these neuropsychological tests due to lack of consistency across testing settings. However, excluding participants who performed below chance on control conditions allowed us to limit this effect. Additionally, such a study design enabled us to examine the effects of early adversity on cognition post-RRSO at a scale that would have been much less feasible with in-office visits. Although we detected statistically and clinically significant differences in subjective symptoms, the absolute difference in cognitive task performance between groups was small and may not be clinically significant. Second, all participants in this study were surveyed after undergoing RRSO, so it is not possible to ascertain whether ACE has similar associations prior to RRSO. However, we have previously shown that treatment with estradiol attenuates the negative impact of ACE on executive function in naturally menopausal women,⁷ suggesting that ACE associations, whether present prior to RRSO or not, may be magnified by the abrupt loss of estradiol. The relative risks of hormone therapy use in the current study population present an inherent limitation to examining the moderating impact of estradiol, so longitudinal studies that evaluate participants before and after RRSO would be necessary to support or refute this hypothesis.

Conclusions

In summary, these data provide novel evidence regarding the impact of childhood adversity on executive function after RRSO. These results emphasize that mood symptoms, in part, mediate the negative associations between early adversity and executive function, underscoring the importance of assessing anxiety and depressive symptoms in women who have undergone RRSO.

Pending future longitudinal studies, questionnaires assessing childhood adversity and mood symptoms may play a role in identifying at-risk women, providing greater context for the discussion of cognitive effects of premature menopause when counseling women who would benefit from RRSO. The largest study (n=846) on quality of life in women who underwent RRSO to date noted that a portion of women in their sample who underwent RRSO experienced anxiety that affected their mood (~30%) and everyday functioning (~10%).⁴⁹ Given that executive dysfunction is also associated with poorer quality of life,^{50,51}

assessment of childhood adversity may help identify women who are more likely to experience executive function difficulties and mood symptoms after surgery, with the goal of treating these difficulties before symptoms negatively impact quality of life. Our results also suggest that current anxiety and depression symptoms should be evaluated in women who report cognitive complaints after RRSO. Assessment of mood symptoms would also be beneficial in selecting a non-hormonal treatment for women who experience vasomotor symptoms, a significant complaint affecting quality of life in women who have undergone RRSO. Selective serotonin and serotonin-norepinephrine reuptake inhibitors are effective treatments for both conditions.⁵²

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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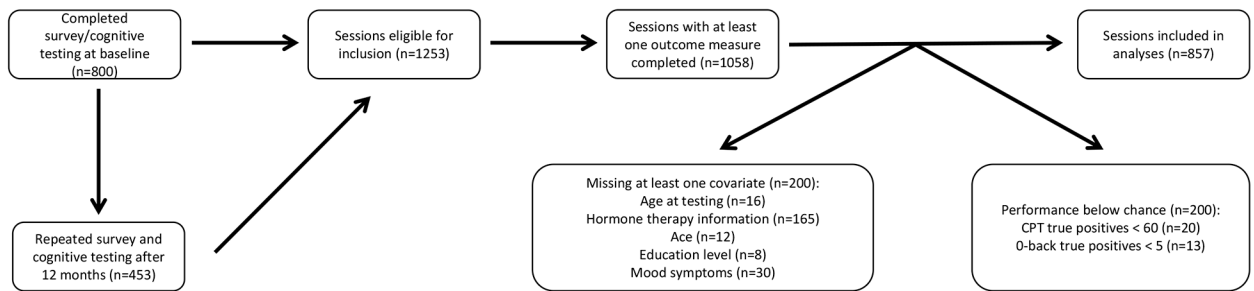
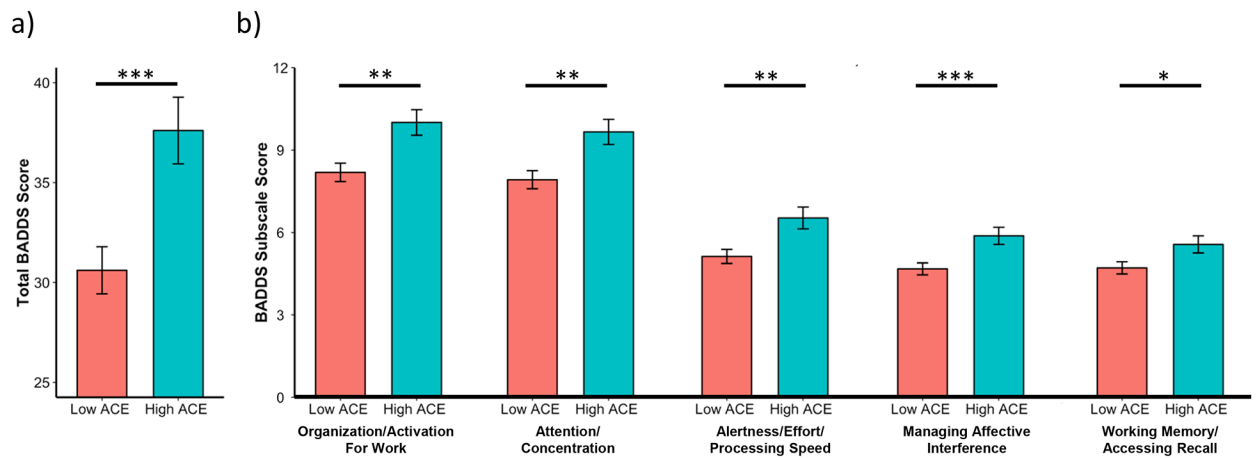


Figure 1. Consort diagram

Eight hundred participants completed cognitive testing at baseline and 453 participants repeated cognitive testing after 1 year, yielding a total of 1,253 sessions that were eligible for inclusion. Sessions included in analyses must have completed at least one outcome of interest (n=1,058). Sessions missing information regarding age at testing (n=16), hormone therapy use (n=165), ACE (n=12), education level (n=8), and mood symptoms (n=30) were excluded. Participants who performed below chance (<50% true positives) on the CPT (n=20). Similarly, participants who performed below chance (<5 true positive responses) on the 0-back control condition were excluded from analyses of the n-back (n=13). Complete data for at least one outcome measure and all primary covariates were obtained on 494 participants at baseline and 363 participants at the 1-year follow-up session, yielding a total of 552 participants and 857 sessions included in analyses. ACE=adverse childhood experiences.



* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$

Figure 2. ACE associations with subjective symptoms of executive dysfunction

ACE was associated with higher total BADDSS score (a) as well as higher scores on each BADDSS subscale (b). Bars represent means and error bars represent standard error.

BADDSS=Brown Attention Deficit Disorder Scale. ACE=adverse childhood experiences

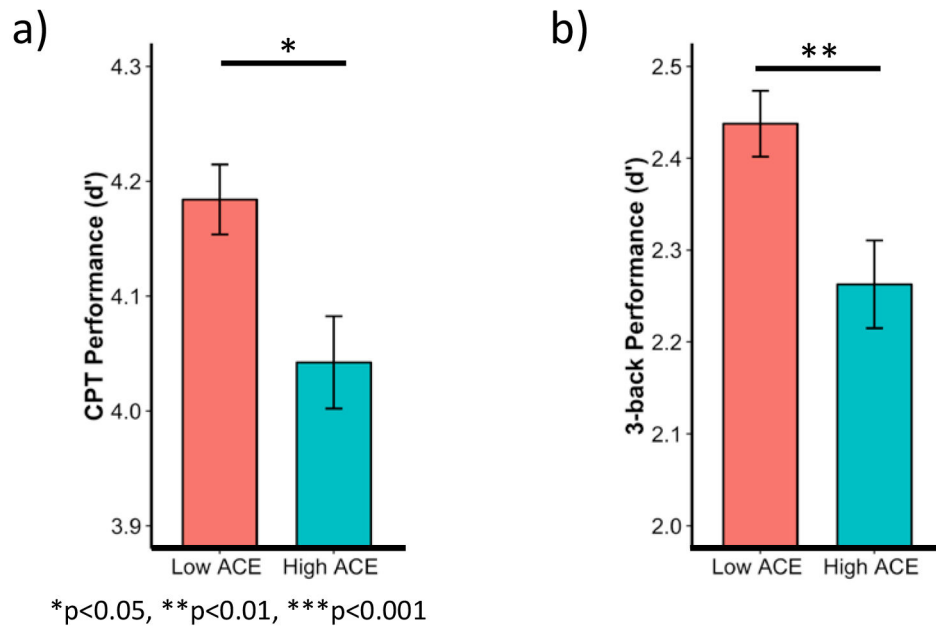
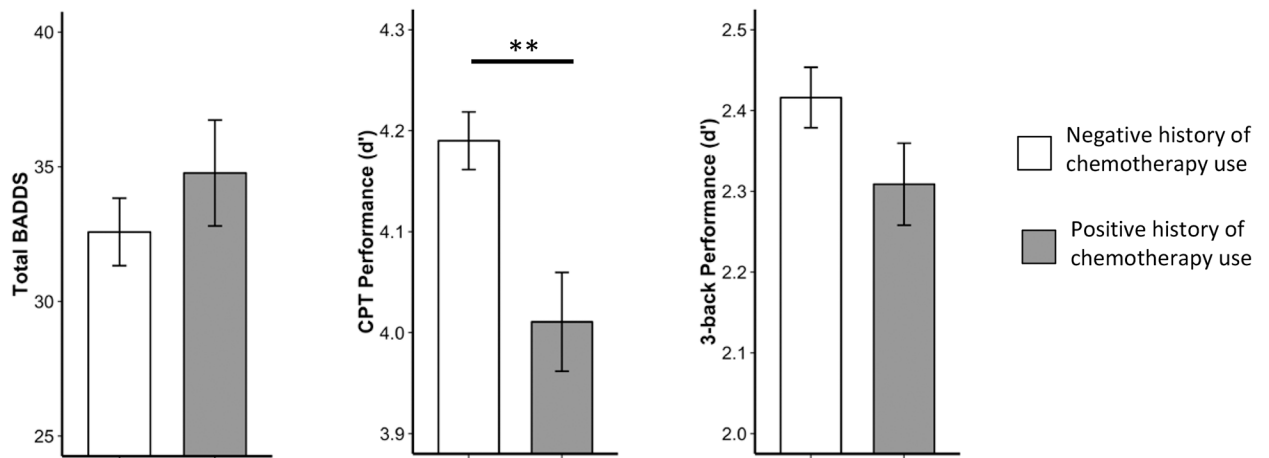


Figure 3. ACE associations with sustained attention and working memory

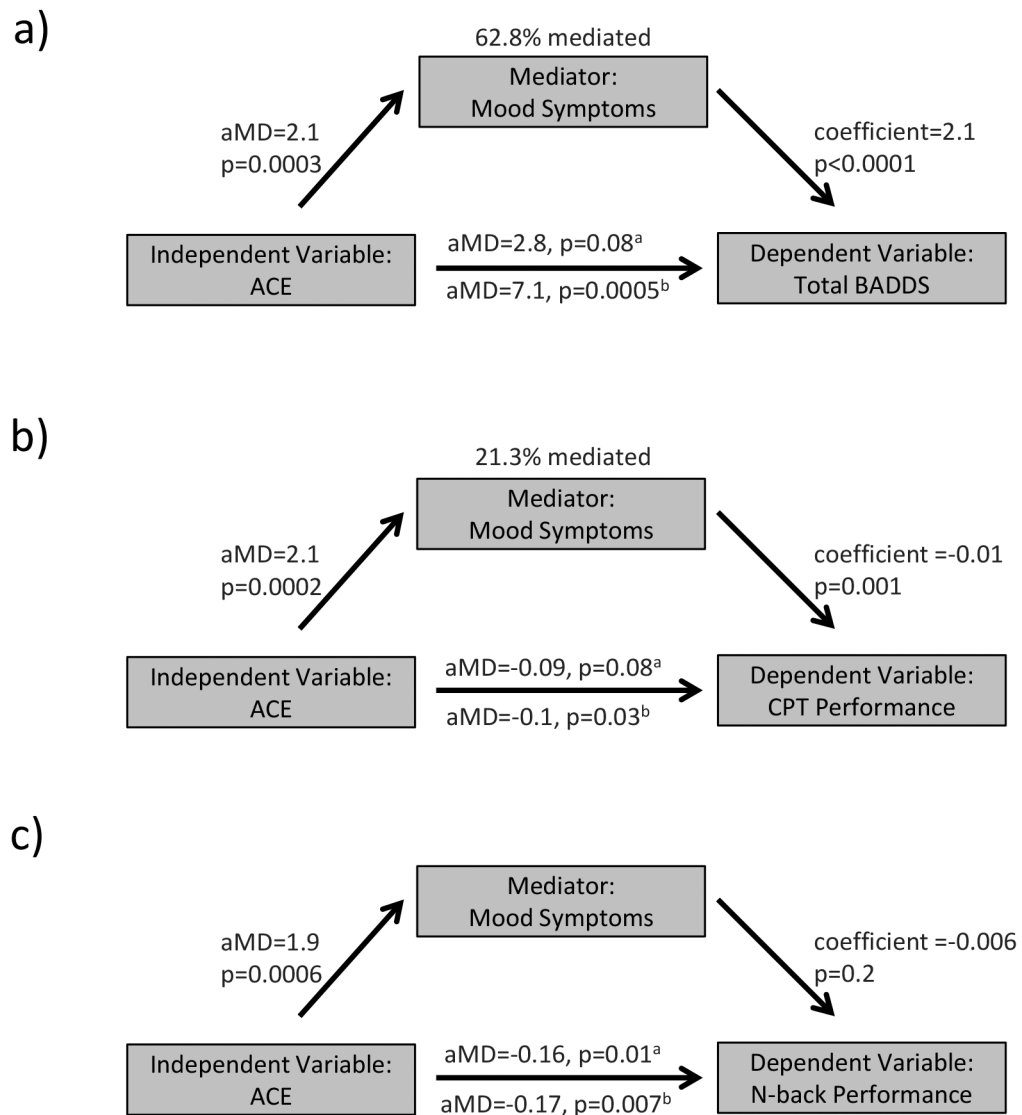
When controlling for age, time without hormones, chemotherapy use, and education level, ACE was associated with worse performance worse on both the CPT (a) and n-back (b). Bars represent means and error bars represent standard error. CPT=continuous performance task. ACE=adverse childhood experiences.



*p<0.05, **p<0.01, ***p<0.001

Figure 4. Chemotherapy associations with sustained attention

When controlling for ACE group, age, time without hormones, and education level, history (previous or current) of chemotherapy use was associated with worse sustained attention. There was no effect of history of chemotherapy on subjective symptoms of executive dysfunction or working memory performance. Bars represent means and error bars represent standard error. BADDS=Brown Attention Deficit Disorder Scale. CPT=continuous performance task.



^a Direct effect of ACE on dependent variable

^b Total effect of ACE on dependent variable

Figure 5. Mood symptoms mediate ACE associations with executive function

Depressive and anxiety symptoms were assessed using the 14-item Hospital Anxiety and Depression Scale. Total scores on the depression and anxiety subscales were summed to create a composite measure of mood symptoms. This composite score was assessed as a mediator of the relationship between ACE and executive outcomes. a) Mood symptoms partially mediated the relationship between ACE and total BADDS score. b) Mood symptoms partially mediated the relationship between ACE and sustained attention. c) Mood symptoms did not mediate a significant proportion of the relationship between ACE and working memory performance. BADDS=Brown Attention Deficit Disorder Scale. CPT=continuous performance task. ACE=adverse childhood experiences. aMD= adjusted

mean difference. Coefficient= regression coefficient in a continuous-by-continuous regression.

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Table 1.

Baseline characteristics of participants included in analyses stratified by level of childhood adversity

	Low ACE		High ACE		p-value
	Mean (SD) or number (%)				
<i>n</i>	350		202		
Age (years)	47.2	(7.2)	48.1	(7.9)	ns
Age at oophorectomy (years)	43.4	(6.0)	43.9	(7.3)	ns
Time since oophorectomy (months)	45.6	(46.2)	49.3	(48.3)	ns
Time without hormones (months)	30.8	(41.3)	33.3	(43.0)	ns
History of cancer	156	(44.6)	101	(50.0)	ns
Previous hormone therapy use	150	(42.9)	80	(39.6)	ns
Current hormone therapy use	98	(28.0)	52	(25.7)	ns
Previous chemotherapy use	94	(26.9)	65	(32.2)	ns
Education					ns
Graduate school	155	(44.3)	94	(46.5)	
College	155	(44.3)	68	(33.7)	
Some College	34	(9.7)	32	(15.8)	
High school	3	(0.9)	8	(4.0)	
Some high school	1	(0.3)	0	(0.0)	
8th grade or less	2	(0.6)	0	(0.0)	
Race					ns
White	326	(93.1)	181	(89.6)	
African American	2	(0.6)	4	(2.0)	
Asian	3	(0.9)	0	(0.0)	
Hispanic	8	(2.3)	6	(3.0)	
Other	6	(1.7)	3	(1.5)	
Unknown or not disclosed	10	(2.9)	8	(4.0)	
Mood symptoms					
HADS total score	11.3	(6.7)	13.5	(7.1)	0.0005
HADS depression subscale score	5.5	(3.8)	6.7	(4.0)	0.001
HADS anxiety subscale score	5.7	(3.6)	6.9	(3.4)	0.0009
Current psychoactive medication indication or class					
Attention deficit disorder	4	(1.1)	4	(2.0)	ns
Depression	98	(28.0)	62	(30.7)	0.004
Anxiety	9	(2.6)	12	(5.9)	ns
Neurological conditions	13	(3.7)	7	(3.5)	ns
Narcotics	3	(0.9)	2	(1.0)	ns
SERM antagonist/Aromatase inhibitor	43	(12.3)	30	(14.9)	ns
Tamoxifen/SERM	32	(9.1)	16	(7.9)	0.03

	Low ACE		High ACE		p-value
	Mean (SD) or number (%)				
Mean ACE	0.32	(0.47)	3.4	(1.6)	<0.0001
Abuse					
Emotional abuse	6	(1.7)	119	(58.9)	<0.0001
Physical abuse	4	(1.1)	78	(38.6)	<0.0001
Sexual abuse	25	(7.1)	51	(25.2)	<0.0001
Neglect					
Emotional neglect	11	(3.1)	102	(50.5)	<0.0001
Physical neglect	1	(0.3)	25	(12.4)	<0.0001
Household dysfunction					
Parents divorced/separated	37	(10.6)	107	(53.0)	<0.0001
Witnessed domestic violence	2	(0.6)	26	(12.9)	<0.0001
Drug abuse in household	10	(2.9)	93	(46.0)	<0.0001
Mental illness in household	7	(2.0)	93	(46.0)	<0.0001
Incarceration of family member	2	(0.6)	13	(6.4)	0.0001

ACE=Adverse Childhood Experiences; HADS=Hospital Anxiety and Depression Scale; SERM=Selective Estrogen Receptor Modulator; ns=Not Significant (p>0.05)

T-tests, Wilcoxon rank sum tests, and chi-square tests were used to assess whether sociodemographic information differed between ACE groups. Two-sided hypotheses were evaluated with significance defined as p<=0.05.