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Elderly people: propensity to be vaccinated for seasonal influenza in Italy

Giuseppe Marano ¹/₀^a, Elena Pariani ¹/₀^b, Ester Luconi^c, Laura Pellegrinelli ¹/₀^b, Cristina Galli ¹/₀^b, Michele Magoni^d, Antonio Piro^d, Carmelo Scarcella^d, Elia M. Biganzoli ¹/₀^{e,f}, Patrizia Boracchi ¹/₀^e, and Silvana Castaldi ¹/₀^{b,c}

^aDepartment of Clinical Sciences and Community Health, Laboratory of Medical Statistics, Biometry and Epidemiology "G.A. Maccacaro", University of Milan, Milan, Italy; ^bDepartment of Biomedical Sciences for Health, University of Milan, Milan, Italy; ^cHealth Management Department, Fondazione IRCCS Ca' Granda OMP, Milan, Italy; ^dPrevention Department, ATS di Brescia (Brescia Health Protection Agency), Brescia, Italy; ^eDepartment of Clinical Sciences and Community Health, Laboratory of Medical Statistics, Biometry and Epidemiology "G.A. Maccacaro", Data Science Research Center, University of Milan, Milan, Italy; ^fUnit of Medical Statistics, Biometry and Bioinformatics "Giulio A. Maccacaro", Campus Cascina Rosa, Fondazione IRCCS Istituto Nazionale Tumori, Milan, Italy

ABSTRACT

Seasonal influenza continues to be a major cause of illness and death. Vaccination is the most costeffective prophylaxis to prevent the disease and it is particularly important for people who are at high risk of serious complications derived from influenza, especially for people \geq 65 years. In Italy, the influenza vaccination program has been unsuccessful with low rates of uptake in people \geq 65 years. We analyzed all the community \geq 65 years of the Health Promoting Agency (HPA) of Brescia (northern Italy) to evaluate the propensity attitudes toward influenza vaccination among people \geq 65 years in four consecutive seasonal influenza campaigns (from 2014/2015 to 2017/2018). Information about subjects were retrieved from administrative databases. Data from 952,822 records were analyzed. The prevalence of vaccinated subjects in the four campaigns was 38.6%, 33.7%, 37.7%, and 40.1%, respectively. Among vaccinated people, the frequencies of individuals aged 65–69.9 years were lower than the frequencies of those in the other age classes, with highest frequencies of vaccinated people in the 75–79.9 years ageclass. Overall, males showed a slightly higher propensity to be vaccinated and the propensity toward vaccination increased with age in both genders. Suffering from a chronic disease increased the propensity to vaccination; hypertension had the highest impact on the propensity whereas suffering from vasculopathy has the opposite effect.

The value of this study is the possibility to know the factors that might indicate a propensity to get an influenza vaccination and to consider a different approach to people \geq 65 years with the characteristics indicating a lower propensity to vaccination.

1. Introduction

Seasonal influenza continues to be a major cause of illness and death, especially among the elderly and those with underlying serious comorbidities. ¹ The World Health Organization (WHO) estimates that influenza affects 5-15% of the population and is responsible for 3 to 5 million cases of severe illness and about 290,000 to 650,000 deaths per year.² In the United States (US), it has been estimated that the annual influenzaassociated mortality rates per 100,000 person/year is 19.6 and this rate increase up to 132.5 in the elderly (≥ 65 years).³ The impact of influenza on health-care costs and productivity are substantial; in the US, influenza epidemics have been estimated to cost USD 87 billion (EUR 77 billion) per year,⁴ and a recent review has estimated the direct and indirect cost of seasonal influenza ranging from USD 215 million (EUR 190 million) to USD 3.9 billion (EUR 3.5 billion) per year for European countries.⁵

Vaccination is the most cost-effective prophylaxis to combat the disease and it is particularly important for people at high risk of influenza complications – pregnant women, the very young and very old people, immunocompromised people, and people with chronic underlying medical conditions – and for people who live with or care for the people at high risk.^{6–8} The World Health Organization (WHO) recommends annual vaccination for high-risk groups.^{2,9}

People over 65 years are included among high-priority groups targeted for annual vaccination since the highest rates of deaths associated with influenza are recorded in this age group¹⁰ where it has been estimated that vaccination can reduce influenza-related morbidity by 60% and influenzarelated mortality by 70-80%.² In Italy, according to the disposition of the Ministry of Health,¹¹ the influenza vaccination campaign starts at the beginning of November and stops at the end of December every year. Influenza vaccination is offered free of charge for groups at increased risk of influenza complications, such as the elderly ≥ 65 years of age and patients affected by chronic diseases. General practitioners (GPs) are in charge of the vaccination for population over 65 years and of patients with chronic diseases. The influenza vaccination program in Italy has been unsuccessful with low rates of uptake in elderly (≥ 65 years) (coverage rates under the minimum target level of 75%, with no differences between regions) and in individuals at high risk of developing

CONTACT Silvana Castaldi Silvana.castaldi@unimi.it Department of Biomedical Sciences for Health, University of Milan, Via C. Pascal 36, Milan 20133, Italy 2020 Taylor & Francis Group, LLC

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Influenza vaccination; propensity score; comorbidities; elderly influenza-related complications.¹² Among factors producing the low rate of influenza vaccination uptake in elderly, the vaccine hesitancy is a complex and multifactor-related one.¹³ Over the last years, researchers have tried to identify potential barriers driving the influenza vaccine skepticism to better comprehend the phenomenon.¹³ Understanding clinical and demographical factors associated with influenza vaccination can help identify targets for communication policies to develop strategies for maximizing influenza vaccine uptake.

In order to investigate the factors associated with attitudes toward influenza vaccination among elderly people, the population of the Health Protection Agency (HPA) of Brescia in northern Italy was considered as reference. The HPA is a unit of the public Italian National Health Service (INHS). To tailor the services on the need of the population, INHS is organized at regional level and it is delivered by HPA, which is the interface of the INHS with the population. In this study, we evaluated, through Generalized Linear Models (GLMs), how the prevalence of influenza vaccination varies among subjects according to demographic and health-related variables recorded in administrative databases. We studied all the community aged 65 years and over of the HPA of Brescia in the northern part of Italy in the four most recent influenza vaccination campaigns (from 2014/2015 to 2017/2018). Since in this period there were no changes in health policies for promoting influenza vaccination among elderly people, a comprehensive evaluation of the impact of the putative factors was performed by separate analyses for each campaign.

2. Methods

2.1. Samples and variables of interest

The study is based on the data included in the information system of the HPA of Brescia. This information system collects all the health data of the population generated by general practitioners, pharmaceutical consumption, hospital records, ambulatory care, vaccinations and that is linked with the office of vital statistics. In particular, information about all subjects 65 years and over referring to this HPA from 2014 to 2018 were retrieved from administrative databases, namely population database and immunization registry¹⁴ with reference to four influenza vaccination campaigns (from 1 October to 31 December in the years 2014, 2015, 2016, and 2017). The four influenza vaccination campaigns (from 2014/2015 to 2017/2018) were selected because they are the first four seasons complete of all the variables of interest.

The variables of interest were:

- Influenza vaccination status (binary variable, equal to 1 for each subject who underwent vaccination and 0 otherwise);
- Demographic characteristics: gender and age (codified as categorical variable, using the following age classes: 65.0-69.9; 70.0-74.9; 75.0-79.9; 80.0-84.9, 85.0-89.9; 90.0-94.9; 95.0-99.9; 100.0-114.9 years); as a linear relationship between age and vaccination propensity is not realistic, the variable was classified to obtain a simpler representation and interpretation of model results. The

number of age classes considered was large enough to obtain a sufficiently detailed evaluation of the association.

- Presence of comorbidities: (15 binary variables: transplant, renal insufficiency, HIV/AIDS, neoplasms, diabetes mellitus, hypertension, cardio-vascular disorders, bronco-pneumatic, hepatic diseases, gastro-intestinal disease, neurological disorders, autoimmune diseases, endocrine pathologies, dysplasia, and rare diseases). The presence of comorbidities was validated by the presence of a certification of diseases registered in the database.
- ealth events: admission to emergency unit, hospital admission, and death.
- We selected four groups, each one including all subjects with age 65 or over at the beginning of one of the four influenza campaigns (1 October). Subjects with the following characteristics were excluded:
- Subjects with missing date of influenza vaccination or vaccinated outside the campaign period (from 1 October to 31 December) (N = 2097);
- Subjects deceased before the end of influenza vaccination campaign (by 31 December) (N = 1102), and subjects with inconsistent event recordings (e.g. date of hospital admission after date of decease) (N = 182).

The final data consisted of 952,822 records.

2.2. Data analysis

The analyses described in the following were performed for each of the four groups. The characteristics of the groups were summarized using counts and percentages. The association between vaccination status (response variable) and the other variables of interest (independent variables) was evaluated through GLMs, which use the binomial distribution and the link log. This was applied to estimate the prevalence ratios of vaccination.

To interpret the strength of association, several proposals in epidemiological literature are available. Different cutoffs have been reported to define the classification of the strength of association. Among the proposals, we decided to use the classification given by Schoenbach and Rosamond.¹⁵ Thus, to interpret the strength of the association between vaccination and putative factors, the prevalence ratio was interpreted according to the following criteria:

- equal to 1: no association;

- greater than 1 and less than or equal to 1.3: weak positive association (greater than or equal to 0.77 and less than 1: weak negative association);

- greater than 1.3 and less than or equal to 1.7: modest positive association (greater than or equal to 0.59 and less than 0.77: modest negative association);

- greater than 1.7 and less than or equal to 3.0: moderate positive association (greater than or equal to 0.33 and less than 0.77: weak negative association);

- greater than 3.0: strong positive association (less than 0.33: weak negative association).

Demographic and health variables were included in the model as independent variables, using dummy variable coding. Estimates of the adjusted prevalence ratios of vaccination for each independent variable were reported. To summarize model explained variability we used the index tau-p for logistic regression models described by Menard.¹⁶ This is a coefficient of determination that, in our context, gives a measure of predictive efficiency of the propensity scores in the task of identifying subjects undergoing and not undergoing vaccination. The index tau-p ranges from -1 to 1, corresponding to perfect and worst prediction, respectively. The value 0 is obtained when there is no association between the observed and the predicted classification, and thus positive values of the index quantify the usefulness of the score.

To describe in more detail how the propensity to undergo influenza vaccination varies according to the characteristics of interest, a normalized score that "ranks" the propensity of subjects was calculated. To such end, we used the formula below, which rescales the values of the linear predictors of the fitted models within the range [-1, 1]:

$$SCORE_i = 2 * \frac{\widehat{lp}_i - min(\widehat{lp}_i)}{max(\widehat{lp}_i) - min(\widehat{lp}_i)} - 1$$

where lp indicates the estimated model linear predictor, and the suffix *i* indicates the i-th subject in the group. Due to the properties of the linear predictors, the score is a monotone function of the conditional probability of vaccination (conditional to the covariates included in the model) of each subject. Histograms showing the distribution of the score in the four groups were reported. Also, values of the score were reported for subjects with selected patterns of covariates, with respective cumulated frequencies, which give indications about the rank of subjects in terms of propensity to vaccination. The analyses were performed using the software R (release 3.5.1) and KNIME analytics platform (release 3.6.0).^{17,18}

3. Results

3.1. Characteristics of the four groups

The four groups consist of 232,173, 236,146, 240,065, and 244,809 subjects, for the campaigns 2014/15, 2015/16, 2016/ 17, and 2017/18, respectively. The amount of excluded records was lower than 0.50% in each case (maximum: 0.46%).

The unadjusted prevalence of vaccinated subjects was 38.6% in the 2014/2015 campaign, 33.7% in 2015/2016, 37.7% in 2016/2017, and 40.1% in 2017/2018. The main characteristics of the subjects are summarized in Table 1.

The distributions of demographic variables (gender and age) are comparable across the four groups. Of note, the differences of relative distributions of age between vaccinated people and the overall population of people with more than 65 years, in particular for the first age classes, were: in vaccinated subjects, the frequencies of the first age class (65.0–69.9 years) were lower than the frequencies of the following age classes, whereas in the overall population such frequencies were the highest ones. For vaccinated subjects, the frequencies

had a peak in the 75.0–79.9 years age class and in the overall population the frequencies showed a decreasing trend.

As concern, the presence of comorbidities, the prevalence of hypertension, diabetes, dysplasia and neoplastic diseases (i.e. the most common morbidities) are rather constant across the four campaigns, except for an increase of hypertension (roughly 5%), dysplasia (roughly 5%) and neoplastic diseases (roughly 1.5%) in the fourth campaign.

Table 2 reports information about the cohorts in the four vaccination campaigns. Each year, roughly 5% of subjects "left" the cohort before the next campaign, while the remaining 95% was stable.

The frequencies of subjects who underwent influenza vaccination in two consecutive campaigns ranged from 75.9% to 85.1%, while the frequencies of subjects who do not underwent vaccination for two consecutive seasons were higher (from 84.8% to 90.6%).

3.2. Adjusted prevalence ratios

As a concern the predictive efficiency of the fitted models, the determination index tau-*p* values were 0.26, 0.22, 0.24 and 0.25, for campaigns I-IV, respectively. The estimated adjusted prevalence ratios of vaccination are reported in Table 3. For each campaign, males showed a slightly higher prevalence of vaccination than females (holding constant all the other covariates included in the model). With reference to age, the prevalence of vaccination was lower among subjects in the first age class (65.0–69.9 years, used as reference class) than in older ones. The highest prevalences concerned the age classes 75.0–79.9 years and the following, in which the prevalence often resulted greater than 2-fold with respect to the reference class.

For each campaign, transplants, neoplasms, diabetes, hypertension, bronco-pneumatic, hepatic diseases, gastric diseases, endocrine diseases, HIV, and dysplasia showed a weak positive association with vaccination. The highest impact was shown for hypertensive subjects, for whom the adjusted prevalence ratio was greater than 1.2 in each campaign. Vasculopathies had a weak negative association, as shown by estimates lower than 1 (except for the fourth campaign, when the prevalence ratio is practically negligible): so, it may be deduced that the prevalence of vaccination is higher in subjects not affected by vasculopathies. Finally, weak associations were shown by renal insufficiency, neuropathic diseases, autoimmune and rare diseases, but the "direction" is not the same across the four campaigns.

3.3. Score of "propensity" to be vaccinated based on health and demographic characteristics

The histograms in Figure 1 show the distribution of the normalized score: negative values of the score pertain to subjects with lower propensity to be vaccinated, whereas positive values pertain to more "inclined" ones. The value zero is attained when the log-propensity (i.e. the model linear predictor) is exactly halfway between its minimum and maximum values.

bjects for each category of gender, age group and for each comorbidity. The percentages refer to the number of subjects for vaccinated, not vaccinated and total, for each campaign, respectively. For each two categories (gender, comorbidity) results were reported for one category only. Panel 1: 2014/2015 and 2015/2016 seasonal influenza campaigns. Panel 2: 2016/2017 and 2017/2018 seasonal influenza	mographic variables (gender and age) and the presence of comorbidities of the elderly people in four seasonal influenza vaccination campaigns (2014/2015-2017/2018). Reported in the table there are numbers and
r two categories (gender, comorbidity) results were reported for one category only. Panel 1: 2014/2015 and 2015/2016 seasonal influenza campaigns. Panel 2: 2016/2017 and 2017/2018 seasonal influen	Jubjects for each category of gender, age group and for each comorbidity. The percentages refer to the number of subjects for vaccinated, not vaccinated and total, for each campaign, respectively. For ea
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campaigns.						
	2014/2	015 seasonal influenza campaign		201	5/2016 seasonal influenza campaign	
Panel 1	Vaccinated subjects (n= 89658)	Not vaccinated subjects (n=142515)	Total (n=232173)	Vaccinated subjects (n= 79542)	Not vaccinated subjects (n=156604)	Total (n=236146)
Gender: Female	51441 (57.4%)	81828 (57.4%)	133269 (57.4%)	44069 (55.4%)	90779 (58.0%)	134848 (57.1%)
Age group (years)	(700 11) 88301	E1152 (3E 002)	238E1 (77 E04)	1106101		(JUC OC) 10355
70 - 74	12068 (14.2%) 19777 (22.1%)	35829 (25.1%)	(%C.77) 10000 (%C.74 0%)	(%c.cl) 26121 (%1.12) 16808	34545 (23.3%)	53353 (22.6%)
75 - 79	22072 (24.6%)	25278 (17.7%)	47350 (20.4%)	20735 (26.1%)	28585 (18.3%)	49320 (20.9%)
80 - 84	17718 (19.8%)	15916 (11.2%)	33634 (14.5%)	16137 (20.3%)	17930 (11.4%)	34067 (14.4%)
85 - 89	11371 (12.7%)	9627 (6.8%)	20998 (9.0%)	9400 (11.8%)	12211 (7.8%)	21611 (9.2%)
90 - 94	5138 (5.7%)	3953 (2.8%)	9091 (3.9%)	3644 (4.6%)	5626 (3.6%)	9270 (3.9%)
95 - 99	726 (0.8%)	589 (0.4%)	1315 (0.6%)	581 (0.7%)	1058 (0.7%)	1639 (0.7%)
100 - 104	160 (0.2%)	152 (0.1%)	312 (0.1%)	95 (0.1%)	190 (0.1%)	285 (0.1%)
105 - 109	8 (0.0%)	7 (0.0%)	15 (0.0%)	4 (0.0%)	14 (0.0%)	18 (0.0%)
Comorhidity present:	0 (0.0%)	I (0.0%)	I (0.0%)	0 (0.0%)	2 (0.0%)	(0/N.N) Z
Transplant	248 (0.3%)	336 (0.2%)	584 (0.3%)	268 (0.3%)	384 (0.2%)	652 (0.3%)
Renal insufficiency	2199 (2.5%)	1829 (1.3%)	4028 (1.7%)	1778 (2.2%)	2485 (1.6%)	4263 (1.8%)
HIV/AIDS	67 (0.1%)	117 (0.1%)	184 (0.1%)	63 (0.1%)	144 (0.1%)	207 (0.1%)
Neoplasm	11642 (13.0%)	16443 (11.5%)	28085 (12.1%)	10912 (13.7%)	18522 (11.8%)	29434 (12.5%)
Diabetes mellitus	19533 (21.8%)	21612 (15.2%)	41145 (17.7%)	17136 (21.5%)	24921 (15.9%)	42057 (17.8%)
Hypertension	62530 (69.7%)	76665 (53.8%)	139195 (60.0%)	55276 (69.5%)	85954 (54.9%)	141230 (59.8%)
Cardio-vascular	2526 (2.8%)	2677 (1.9%)	5203 (2.2%)	1627 (2.0%)	2991 (1.9%)	4618 (2.0%)
Bronco-pneumatic Henatic diseases	8000 (9.6%) 7370 (7.6%)	0839 (4.8%) 3577 (7.5%)	()0.0% 5807 (75%)	7426 (9.3%)	8293 (5.3%) 3085 (7.5%)	(%//0) 61/61 (%/0) 61/61
Gaetro-intectinal	23/0 (2:0%) 12088 (13.5%)	1075 (2.270) 10079 (7.7%)	(%6 6) 2205 23067 (9 9%)	2107 (2.7%) 10812 (13.6%)	13220 (8,4%) (3,5%)	(%0.2) 2010
Neurological	6856 (7.6%)	6315 (4.4%)	13171 (5.7%)	5081 (6.4%)	8540 (5.5%)	13621 (5.8%)
Autoimmune	1373 (1.5%)	2321 (1.6%)	3694 (1 .6%)	1344 (1.7%)	2667 (1.7%)	4011 (1.7%)
Endocrine	4175 (4.7%)	5509 (3.9%)	9684 (4.2%)	3992 (5.0%)	6733 (4.3%)	10725 (4.5%)
Uysplasıa Rare diseases	18964 (21.2%) 581 (0.6%)	20065 (14.1%) 948 (0.7%)	39029 (16.8%) 1529 (0.7%)	18031 (22.7%) 587 (0.7%)	22861 (14.6%) 1115 (0.7%)	40892 (17.3%) 1702 (0.7%)
	2016/2	017 seasonal influenza campaign		20	17/2018 seasonal influenza campaign	
		Not varrinated subjects		Varcinated subjects	Not varrinated subjects	
Panel 2	Vaccinated subjects (n= 90495)	(n=149570)	Total (n=240065)	(n = 98266)	(n=146543)	Total (n=244809)
dender-E	50556 (55 00%)	86064 (57 5%)	136620 (56 0%)	55127 (56 10%)	83703 (57 2%)	138070 (56 7%)
genuer-r Age group (vears)	14535 (16.1%)	51769 (34.6%)	66304 (27.6%)	16191 (16.5%)	49648 (33.9%)	(06.900) (26.9%) (56.9%)
65 - 69	17919 (19.8%)	35848 (24.0%)	53767 (22.4%)	19381 (19.7%)	36685 (25.0%)	56066 (22.9%)
70 - 74	22842 (25.2%)	28412 (19.0%)	51254 (21.4%)	24098 (24.5%)	28064 (19.2%)	52162 (21.3%)
75 - 79	17629 (19.5%)	16929 (11.3%)	34558 (14.4%)	18806 (19.1%)	16612 (11.3%)	35418 (14.5%)
80 - 84	11538 (12.7%)	10800 (7.2%)	22338 (9.3%)	12760 (13.0%)	10138 (6.9%)	22898 (9.4%)
85 - 8990 - 94	4932 (5.5%)	4713 (3.2%)	9645 (4.0%)	5625 (5.7%)	4312 (2.9%)	9937 (4.1%)
95 - 99 200 - 201	970 (1.1%)	972 (0.6%)	1942 (0.8%)	1258 (1.3%)	980 (0.7%)	2238 (0.9%)
100 - 104	123 (0.1%)	120 (0.1%)	243 (0.1%)	134 (0.1%)	97 (0.1%)	231 (0.1%)
110 - 114 110 - 114	0.0.0%) / (0.0%)	0 (0.0%) 1 (0 0%)	13 (0.0%) 1 (0.0%)	0.00%)	4 (0.0%) 3 (0.0%)	3 (0.0%)
Comorbidity						
Transplant	312 (0.3%)	399 (0.3%)	711 (0.3%)	370 (0.4%)	377 (0.3%)	747 (0.3%)
Renal insufficiency	2260 (2.5%)	2226 (1.5%)	4486 (1.9%)	4918 (5.0%) *01 /0 10/)	4184 (2.9%)	9102 (3.7%)
Neonlasm	02 (0.1%) 1764 (141%)	17861 (0.1%)	221 (U.1%) 30675 (12 8%)	15858 (16.1%)	10253 (1320)	2444 (0.1%) 35211 (14.4%)
Diabetes mellitus	19680 (21.7%)	23296 (15.6%)	42976 (17.9%)	21355 (21.7%)	22286 (15.2%)	43641 (17.8%)

(Continued)

	2016/2017	seasonal influenza campaign		2017	7/2018 seasonal influenza campaign	
		Not vaccinated subjects		Vaccinated subjects	Not vaccinated subjects	
Panel 2	Vaccinated subjects (n= 90495)	(n=149570)	Total (n=240065)	(n= 98266)	(n=146543)	Total (n=244809)
Hypertension	63604 (70.3%)	82131 (54.9%)	145735 (60.7%)	73056 (74.4%)	86066 (59.1%)	*159122 (65.2%)
Cardio-vascular	3063 (3.4%)	3603 (2.4%)	6666 (2.8%)	3271 (13.5%)	12732 (8.7%)	*26003 (10.7%)
Bronco-pneumatic	8594 (9.5%)	7403 (4.9%)	15997 (6.7%)	11247 (11.4%)	8675 (5.9%)	19922 (8.1%)
Hepatic diseases	2591 (2.9%)	3827 (2.6%)	6418 (2.7%)	3106 (3.2%)	3847 (2.6%)	*6953 (2.9%)
Gastro-intestinal	12484 (13.8%)	11889 (7.9%)	24373 (10.2%)	12801 (13.0%)	10842 (7.4%)	*23643 (9.7%)
Neurological	9051 (10.0%)	9892 (6.6%)	18943 (7.9%)	4390 (4.5%)	4411 (3.0%)	8801 (3.6%)
Autoimmune	11017 (12.2%)	12596 (8.4%)	23613 (9.8%)	2311 (2.4%)	3306 (2.3%)	5617 (2.3%)
Endocrine	5904 (6.5%)	7934 (5.3%)	13838 (5.8%)	6212 (6.3%)	7678 (5.2%)	13890 (5.7%)
Dysplasia	20572 (22.7%)	22796 (15.2%)	43368 (18.1%)	29779 (30.3%)	29891 (20.5%)	*59670 (24.5%)
Rare diseases	720 (0.8%)	1153 (0.8%)	1873 (0.8%)	652 (0.7%)	885 (0.6%)	*1537 (0.6%)
cardio-vascular = cardio-v	ascular disorders; bronco-pneumatic = bronco	o-pneumatic diseases; gastro-intes	stinal = gastro-intestinal disea	ses; neurological = neurological	l disorders; autoimmune = autoimm	une diseases; endocrine

Table 1. (Continued).

= endocrine diseases; 894 subjects with missing values of these variables were not included in the counts. In the "ideal" situation, where vaccinated and not vaccinated subjects have completely distinct characteristics, there should be no overlap between their scores. This is not the case of the examined groups. As shown in Figure 1, in each campaign, vaccinated subjects had higher frequencies of positive scores than not vaccinated ones. However, in agreement with the values of the determination index previously reported, the distributions of the score for vaccinated and not vaccinated subjects are not well separated. This result may be attributed to the fact that no change of vaccination policies was promoted throughout the period considered in this analysis.

In Table 4 the coefficients that allowed calculating the normalized scores as a function of the characteristics of subjects are reported. Table 4 and Figure 2 allows to calculate the probability to undergo vaccination as a function of subject characteristics. It is shown that for each value of the score, the corresponding probability of undergoing vaccination is lower for the 2015/16 campaign as compared to the probabilities for the other campaigns.

For illustrating the use of Table 4 and Figure 2 we report some example in the followings. A women aged between 65 and 69 years without any comorbidity in the 2017/18 campaign has a score of -0.973; from Figure 2 the probability to undergo vaccination is about 0.20 (or 20%). A male with the same characteristics has a score of -0.886, corresponding to a probability of about 0.21. A woman aged between 80 and 84 years and hypertension as the only comorbidity has a score of 0.101, corresponding to about 0.48. A male with the same characteristics has a score of 0.188, corresponding to a probability of 0.51. Details for calculating the normalized score for each combination of characteristics are illustrated in the legend of Table 4.

The greatest contribution to the score was provided by age classes (higher than the reference class) followed by hypertension, transplant, bronco-pneumatic disease and dysplasia. For simple situations, such as males and females without comorbidities for every age class, or males and females with only one comorbidity and selected age classes, the scores were reported in Table 5 along with the respective cumulated frequencies. For each vaccination campaign, the scores were near the minimum value for males and females aged 65.0-69.9 years (from -0.89 to -0.66 for males, and from -0.97 to -0.77 for females). Females in that age class are close to the minimum level of propensity, in fact, in each campaign the cumulated percentage of subjects with lower scores varies from 0.1% to 0.2%. Males in the same age group had a slightly higher propensity: in fact, the cumulated frequencies in the four groups varied from 5.6% to 6.9%. For each campaign and for each age class the prevalence of vaccination was higher in males than in females (in agreement with the values of the prevalence ratios by gender).

Overall, the score values tended to increase in age classes following the first one: for example, in the first campaign, for females in the 70.0–74.9 age class the cumulated frequency was slightly higher than 25%, so the score was close to the first quartile in the group. The highest score values pertained to the oldest males and females in each campaign except the second one. Table 2. Variation in the composition of the population across seasonal influenza campaigns (2014/2015–2016/2017) and estimation of the number of the vaccinated vs. not vaccinated in two consecutive campaigns. In the first row, percentages refer to the number of subjects common to the consecutive vaccination campaigns. In the second row, are reported, for VACCINATED: number of subjects vaccinated in two consecutive campaigns/number of subjects vaccinated in the first one, and respective percentage; for NOT VACCINATED: number of subjects not vaccinated in two consecutive campaigns/number of subjects not vaccinated in the first one, and respective percentage.

		Seasonal influenza campaign	
	2014/2015 (n = 232173)	2015/2016 (n = 236146)	2016/2017 (n = 240065)
Present in the campaign	221395 (95.3%)	225330 (95.4%)	229073 (95.4%)
Deceased the following year	9094 (3.9%)	8734 (3.7%)	9312 (3.9%)
Non recorded in HPA Brescia in the following campaign	1684 (0.8%)	2082 (0.9%)	1680 (0.7%)
VACCINATED in 2 consecutive campaigns	64042/84405 (75.9%)	64300/79542 (80.8%)	73067/85862 (85.1%)
NOT VACCINATED in 2 consecutive campaigns	124173/136990 (90.6%)	126645/149380 (84.8%)	121937/143211 (85.1%)

Table 3. Estimated adjusted prevalence ratios of Seasonal influenza vaccination (PR) with respective 95% Confidence Intervals (CI) according to gender, age groups and comorbidity in the four seasonal influenza campaign (2014/2015–2017/2018).

		Seasonal influe	enza campaign	
	2014/2015	2015/2016	2016/2017	2017/2018
	PR (95% CI)	PR (95% CI)	PR (95% CI)	PR (95% CI)
Gender				
female	reference	reference	reference	reference
male	1.06 (1.05, 1.07)	1.12 (1.11, 1.13)	1.09 (1.08, 1.10)	1.07 (1.06, 1.08)
Age group (years)				
65 - 69	reference	reference	reference	reference
70 - 74	1.60 (1.57, 1.63)	1.66 (1.63, 1.70)	1.46 (1.43, 1.49)	1.34 (1.32, 1.37)
75 - 79	1.99 (1.96, 2.03)	2.15 (2.11, 2.20)	1.89 (1.85, 1.92)	1.73 (1.70, 1.76)
80 - 84	2,20 (2.16, 2.24)	2.39 (2.35, 2.44)	2.10 (2.06, 2.14)	1.93 (1.89, 1.96)
85 - 89	2.27 (2.23, 2.32)	2.25 (2.20, 2.30)	2.13 (2.09, 2.17)	2.02 (1.99, 2.06)
90 - 94	2.40 (2.35, 2.45)	2.10 (2.03, 2.16)	2.17 (2.12, 2.22)	2.10 (2.05, 2.14)
95 - 99	2.41 (2.29, 2.54)	1.94 (1.82, 2.08)	2.17 (2.07, 2.27)	2.17 (2.08, 2.25)
100 - 115	2.33 (2.09, 2.59)	1.87 (1.60, 2.20)	2.27 (2.01, 2.55)	2.32 (2.10, 2.57)
Comorbidity				
Transplant	1.15 (1.05, 1.26)	1.26 (1.16, 1.38)	1.13 (1.04, 1.23)	1.18 (1.15, 1.21)
Renal insufficiency	1.06 (1.03, 1.09)	0.94 (0.90, 0.97)	1.01 (0.98, 1.03)	0.98 (0.96, 0.99)
HIV/AIDS	1.16 (0.97, 1.40)	1.06 (0.87, 1.29)	1.12 (0.95, 1.32)	1.09 (0.94, 1.27)
Neoplasm	1.05 (1.04, 1.07)	1.06 (1.04, 1.08)	1.07 (1.05, 1.08)	1.04 (1.03, 1.05)
Diabetes mellitus	1.09 (1.08, 1.10)	1.07 (1.05, 1.08)	1.07 (1.06, 1.09)	1.08 (1.07, 1.09)
Hypertension	1.24 (1.22, 1.25)	1.27 (1.25, 1.29)	1.25 (1.24, 1.27)	1.26 (1.24, 1.27)
Cardio-vascular	0.97 (0.94, 0.99)	0.84 (0.80, 0.87)	0.96 (0.94, 0.99)	1.00 (0.99, 1.02)
Bronco-pneumatic	1.20 (1.18, 1.21)	1.20 (1.18, 1.22)	1.20 (1.19, 1.22)	1.19 (1.18, 1.21)
Hepatic diseases	1.06 (1.04, 1.08)	1.07 (1.04, 1.11)	1.08 (1.05, 1.11)	1.08 (1.06, 1.10)
Gastro-intestinal	1.13 (1.11, 1.14)	1.13 (1.11, 1.14)	1.14 (1.13, 1.16)	1.12 (1.11, 1.14)
Neurological	1.09 (1.07, 1.10)	0.94 (0.92, 0.96)	1.06 (1.05, 1.08)	1.05 (1.03, 1.07)
Autoimmune	0.99 (0.95, 1.03)	1.02 (0.98, 1.06)	1.07 (1.05, 1.08)	1.03 (1.00, 1.06)
Endocrine	1.05 (1.03, 1.07)	1.06 (1.03, 1.09)	1.05 (1.03, 1.07)	1.05 (1.03, 1.07)
Dysplasia	1.16 (1.15, 1.18)	1.22 (1.20, 1.24)	1.16 (1.15, 1.18)	1.17 (1.16, 1.18)
Rare diseases	0.97 (0.91, 1.03)	1.00 (0.94, 1.07)	0.98 (0.93, 1.04)	0.98 (0.93, 1.04)

For subjects with comorbidities, the most common comorbidities were considered (i.e. neoplastic diseases, diabetes, hypertension, and dysplasia). In Table 5, the respective scores are reported for males and females and for two age classes (65.0–69.9 and 80.0–84.9 years). Such scores were greater than scores of the same gender and same age subjects with no comorbidities. Overall, hypertension and dysplasia had a higher impact on the propensity to be vaccinated than neoplastic diseases and diabetes. When the presence of one of this comorbidities was "combined" with a higher age, the score reached higher levels. In Table 5, the maximum values were reported for hypertension, with cumulated frequencies ranging from 67.2% to 75.1% for females and from 76.1% to 87.4% for males.

4. Discussion

Influenza is a potentially serious disease: every season millions of people get influenza infection, hundreds of thousands of people are hospitalized and thousands or tens of thousands of people die from influenza-related complications every year.¹⁹ Vaccination to prevent influenza is particularly important for people who are at high risk of serious complications derived from influenza and especially for older people.¹ To reach the best level of protection everyone who is at risk should be vaccinated annually.²

In Italy, since its implementation, the influenza vaccination program has been unsuccessful, since it reached low rates of uptake in people aged over 65 years by far under the minimum target level of 75%.⁸ Among factors producing the low rate of influenza vaccination uptake in elderly, there is vaccine skepticism.⁹

We analyzed all the community aged over 65 years of the HPH of Brescia to evaluate the "propensity attitudes" toward influenza vaccination among the elderly people of the population of the HPA of Brescia.

This community was followed for four consecutive seasonal influenza campaigns (from 2014 to 2017) to find out if



Figure 1. Distribution of normalized scores for vaccinated and not vaccinated subjects in each of the four campaigns.

there are any particular factors which might help to increase the adherence to influenza vaccination and to implement the program with different approaches according to different characteristics.

Data from 952,822 records were analyzed. The prevalence of vaccinated subjects in the four campaigns was 38.6%, 33.7%, 37.7%, and 40.1%, respectively. Of note, among vaccinated people, the frequencies of individuals aged 65.0–69.9 years were lower than the frequencies of those in the other age classes, with the highest frequencies of vaccinated people in the 75–79.9 years age class.

It is well-known that influenza vaccine efficacy changes according to age, decreasing significantly with the increasing of age.²⁰ However, even if the vaccine efficacy in elderly is lower than that in other age groups, influenza vaccination remains the

best cost-effective measure to reduce the burden of disease in terms of hospitalization and deaths in this population.

The most prevalent comorbidity in the study population were hypertension, diabetes, and cancer, and increased in the last campaign because of the rising age of the study population.

Across the four campaigns the community was stable and only 5% of subjects "left" the cohort before the next campaign. The percentage of subjects who did not undergo influenza vaccination in two consecutive campaigns ranged from 85% to 91% of the cohort, on the contrary, only 75-85% underwent vaccination in two consecutive campaigns.

In the four campaigns, males showed a slightly higher propensity to be vaccinated than females and the propensity toward vaccination increased with age in both genders. Table 4. Coefficients for calculating the normalized scores of "propensity" to be vaccinated as a function of the characteristics of subjects in study.

		Seasonal influe	enza campaign	
	2014/2015	2015/2016	2016/2017	2017/2018
(Intercept)	-0,954	-0,768	-0,940	-0,973
gender = M	0,064	0,108	0,099	0,087
Age group (years)				
70-74	0,531	0,486	0,423	0,358
75-79	0,777	0,734	0,707	0,665
80-84	0,885	0,835	0,827	0,794
85-89	0,924	0,774	0,841	0,854
90-94	0,986	0,708	0,862	0,897
95-99	0,991	0,634	0,860	0,936
100-114	0,950	0,601	0,912	1,021
Comorbidity				
Transplant	0,160	0,224	0,136	0,199
Renal insufficiency	0,065	-0,063	0,007	-0,027
HIV/AIDS	0,172	0,057	0,127	0,109
Neoplasm	0,059	0,057	0,071	0,047
Diabetes mellitus	0,100	0,061	0,080	0,092
Hypertension	0,238	0,228	0,253	0,280
Cardio-vascular	-0,038	-0,172	-0,039	0,004
Bronco-pneumatic	0,203	0,173	0,207	0,215
Hepatic diseases	0,062	0,069	0,088	0,094
Gastro-intestinal	0,136	0,115	0,147	0,141
Neurological	0,094	-0,061	0,068	0,062
Autoimmune	-0,012	0,017	0,072	0,034
Endocrine	0,056	0,056	0,058	0,061
Dysplasia	0,172	0,191	0,168	0,187
Rare diseases	-0,034	0,003	-0,020	-0,024

The first coefficient (intercept) refers to female subjects with age in the class 65–69 and without diseases. To calculate the normalized score, the coefficients pertaining to subject characteristics must be summed to the intercept. As example, in the first campaign the score of a male aged 80.0–84.9 with hypertension as only present morbidity is, –0.954 (intercept) plus 0.064 (gender male) plus 0.885 (age 80.0–84.9) plus 0.238 (hypertension) which equals to 0.233, corresponding to the score provided in Table 5 for such characteristics.



Figure 2. Relationship between normalized scores and the probability of undergoing vaccination.

Suffering from a chronic disease (for example diabetes and hypertension) increased the propensity to vaccination.

Among comorbidities, hypertension had the highest impact on the propensity to vaccination whereas suffering from vasculopathy has the opposite effect.

One of the limit of this study is due to the system of classification of waiver for chronic conditions: if a patient has more than one waiver, the most critical was selected and it was not possible to know all the others. Moreover, this study does not include information on the extent of exposure to the vaccination campaigns or whether people received doctor recommendation to take the vaccine. The value of this study is the possibility to know the factors that might indicate a propensity to get an influenza vaccination and to consider a different approach to people aged over 65 years with the characteristics indicating a lower propensity to vaccination. The evaluation of the propensity score can help to inform the

			Mal	es			Fem	ales	
		2014/15	2015/16	2016/17	2017/18	2014/15	2015/16	2016/17	2017/18
Age group (years)	Comorbidity	campaign							
65-69	No comorbidity	-0.89 (6.3%)	-0.66 (6.9%)	-0.84 (6.5%)	-0.89 (5.6%)	-0.95 (0.1%)	-0.77 (0.2%)	-0.94 (0.1%)	-0.97 (0.1%)
70-74		-0.36 (31.0%)	-0.17 (32.1%)	-0.42 (29.3%)	-0.53 (24.3%)	-0.42 (25.8%)	-0.28 (25.7%)	-0.52 (21.9%)	-0.61 (16.4%)
75-79		-0.11 (46.4%)	0.07 (52.9%)	-0.13 (45.9%)	-0.22 (43.9%)	-0.18 (40,0%)	-0.03 (41.3%)	-0.23 (38.6%)	-0.31 (37.0%)
80-84		-0.01 (55.4%)	0.18 (61.7%)	-0.01 (56.4%)	-0.09 (52.5%)	-0.07 (49.3%)	0.07 (51.3%)	-0.11 (48.2%)	-0.18 (46.8%)
85-89		0.03 (58.2%)	0.11 (56.0%)	-0.00 (57.5%)	-0.03 (56.4%)	-0.03 (52.3%)	0.01 (45.0%)	-0.10 (49.7%)	-0.12 (50.9%)
90-94		0.10 (65.0%)	0.05 (48.0%)	0.02 (61.5%)	0.01 (61.2%)	0.03 (57.7%)	-0.06 (37.5%)	-0.08 (52.6%)	-0.08 (53.6%)
95-99		0.10 (65.2%)	-0.03 (43.8%)	0.02 (61.5%)	0.05 (63.4%)	0.04 (58.7%)	-0.13 (35.2%)	-0.08 (52.5%)	-0.04 (56.1%)
100-115		0.06 (60.3%)	-0.06 (37.9%)	0.07 (63.6%)	0.14 (70.9%)	-0.00 (56.5%)	-0.17 (34.9%)	-0.03 (55.2%)	0.05 (63.3%)
65-69	Neoplasm	-0.83 (11.2%)	-0.60 (11.9%)	-0.77 (11.7%)	-0.84 (9.9%)	-0.90 (5.6%)	-0.71 (5.9%)	-0.87 (5.6%)	-0.93 (4.8%)
	Diabetes mellitus	-0.79 (12.1%)	-0.60 (12.4%)	-0.76 (12.2%)	-0.79 (10.6%)	-0.85 (10.8%)	-0.71 (6.5%)	-0.86 (6.2%)	-0.88 (9.5%)
	Hypertension	-0.65 (17.7%)	-0.43 (19.0%)	-0.59 (18.2%)	-0.61 (19.5%)	-0.72 (13.7%)	-0.54 (13.8%)	-0.69 (13.3%)	-0.69 (12.3%)
	Dysplasia	-0.72 (13.4%)	-0.47 (18.5%)	-0.67 (15.9%)	-0.70 (11.9%)	-0.78 (12.5%)	-0.58 (13.2%)	-0.77 (11.4%)	-0.79 (11.0%)
80-84	Neoplasm	0.05 (60.0%)	0.23 (67.9%)	0.06 (63.1%)	-0.04 (55.8%)	-0.01 (55.3%)	0.12 (57.7%)	-0.04 (54.6%)	-0.13 (50.2%)
	Diabetes mellitus	0.09 (64.9%)	0.24 (70.2%)	0.07 (63.3%)	0.00 (60.7%)	0.03 (57.6%)	0.13 (57.9%)	-0.03 (55.0%)	-0.09 (53.2%)
	Hypertension	0.23 (78.6%)	0.40 (87.3%)	0.24 (80.8%)	0.19 (76.1%)	0.17 (70.9%)	0.30 (75.1%)	0.14 (69.1%)	0.10 (67.2%)
	Dysplasia	0.17 (70.7%)	0.37 (85.4%)	0.15 (73.2%)	0.10 (67%)	0.10 (65.3%)	0.26 (73.0%)	0.05 (62.9%)	0.01 (61.0%)

development of tailor-made communication strategies according to specific characteristics of the population (age and specific comorbidities). Also, profiling those who are not eager to get the influenza vaccination can drive specific interventions to sustain the vaccination programmes. As reported by others,²¹ data assessing confidence in vaccines (such as the propensity score) can help policymakers to recognize the effects of their interventions on immunization attitudes and more effectively allocate resources to build confidence.

ORCID

Giuseppe Marano D http://orcid.org/0000-0002-0239-7297 Elena Pariani D http://orcid.org/0000-0001-5681-3455 Ester Luconi D http://orcid.org/3210783 Laura Pellegrinelli D http://orcid.org/0000-0003-2344-6032 Cristina Galli D http://orcid.org/0000-0002-0450-4156 Elia M. Biganzoli D http://orcid.org/0000-0003-1202-5873 Patrizia Boracchi D http://orcid.org/0000-0001-8506-2005 Silvana Castaldi D http://orcid.org/0000-0003-1716-6624

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Table 5. Normalized scores of "propensity" to be vaccinated based on health and demographic characteristics for each influenza campaign, and respective cumulated frequencies, for subjects with selected characteristics

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