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Novel therapeutics in metastatic colorectal cancer: molecular insights and pharmacogenomic implications

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Abstract

Although the survival of metastatic colorectal cancer (mCRC) patients has improved five-fold over the last century, CRC remains a significant global health burden. Impressive strides have been made in identifying new regimens, employing maintenance strategies to limit treatment toxicities, and combining multidisciplinary approaches to achieve cure in oligometastatic disease. Attempts at personalized integration of targeted agents have been limited by the ability to identify molecularly enriched patient populations most likely to benefit. In this review, we discuss novel therapeutics and regimens recently approved and in development for mCRC. In addition, we discuss using older agents in novel combination and maintenance strategies, and highlight evidence for implementing pharmacogenomic data and non-invasive monitoring into the personalized management of mCRC patients.

Keywords

Angiogenesis; biomarker; EGFR; fluoropyrimidines; immunotherapy; metastatic colorectal cancer; microsatellite instability; pharmacogenetics; RAF; RAS

Introduction

The survival of patients with metastatic colorectal cancer (mCRC) has improved fivefold over the last century. Nonetheless, CRC remains a significant global health burden, with an incidence of 1.4 million cases and 693,000 deaths worldwide [1]. While 5-fluorouracil (5- FU) remains the most active single agent, agents targeting the vascular endothelial growth factor receptor (VEGFR; bevacizumab, aflibercept, and ramucirumab), epidermal growth factor receptor (EGFR; cetuximab and panitumumab), and the multitargeted tyrosine kinase (regorafenib) have further improved outcomes for mCRC patients. However, the incremental survival benefit achieved with each new therapeutic is modest, tempered by the fact that only a fraction of patients demonstrates a measurable or durable response. Attempts at personalized integration of targeted agents have been limited by the ability to identify molecularly enriched patient populations most likely to benefit. Herein, we review, in a

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pathway-based approach (Figure 1), new therapeutics and regimens recently approved (Table 1) and in development (Table 2) for mCRC. In addition, we discuss using older agents in new combination and maintenance strategies and summarize evidence for implementing pharmacogenomic data into a personalized management approach for mCRC patients.

Pyrimidine pathway modulation

Since the advent of fluorouracil in 1957 [6,7], pyrimidine pathway inhibition remains a cornerstone of CRC treatment [8]. The antimetabolite, 5-FU, an integral component of first and subsequent treatment lines in mCRC, binds 2′-deoxy-5-fluorouridine-5′ monophosphate (FdUMP), thereby inhibiting thymidylate synthase (TS) and leading to the thymidine-5′-triphosphate (dTTP) depletion and cancer cell death. This leads to accumulation of $2'$ -deoxyuridine-5[']-monophosphate (dUMP) and FdUMP, which are then incorporated in their triphosphate forms into DNA. The enzyme deoxyuridine 5′ triphosphate (dUTPase) degrades dUMP and FdUMP and prevents their incorporation into DNA, serving as a mechanism of resistance toward 5-FU [9]. Two new agents, TAS-102 and TAS-114, aim to circumvent such resistance and/or enhance TS-directed therapy.

TAS-102 (Lonsurf™)

TAS-102 (Lonsurf™), the latest therapeutic to achieve a survival benefit and US FDA approval in refractory mCRC [2], consists of an oral thymidine analog, trifluridine, coupled to the thymidine phosphorylase inhibitor, tipiracil hydrochloride. Although trifluridine inhibits TS when administered as a continuous infusion, its primary mode of action as an oral agent is incorporation into tumor DNA, which leads to strand breaks and dysfunction. By inhibiting thymidine phosphorylase, tipiracil hydrochloride prevents trifluridine degradation, allowing for sustained plasma levels of active drug, more stable pharmacokinetics, and an improved toxicity profile. In the pivotal double-blind phase III RECOURSE trial [2], 800 patients were randomized in 2 : 1 manner to TAS-102 versus placebo along with best supportive care, after progressing on a fluoropyrimidine, oxaliplatin, irinotecan, bevacizumab, and an anti-EGFR agent in patients with KRAS-wildtype cancers. Among patients receiving TAS-102, the median overall survival (OS) was significantly improved to 7.1 months as compared to 5.3 months in patients assigned placebo (HR 0.68; 95% CI 0.58–0.81; p < 0.001)[2]. Importantly, TAS-102 also delayed decline in performance status by almost 2 months (5.7 vs. 4.0 months; HR 0.66; 95% CI 0.56–0.78; p < 0.001). The most commonly reported adverse effects of any grade with TAS-102 in this study included nausea/vomiting, appetite suppression, fatigue, and diarrhea, all of which occurred in at least 30% but were typically grade 1–2 and manageable. In addition, neutropenia (38%), leukopenia (21%), and anemia (18%) were the most common grade ≥3 laboratory abnormalities. Altogether, the clinical benefit of TAS-102 was demonstrated in prespecified subgroups defined by KRAS mutation status, performance status, recent disease progression on fluoropyrimidines, prior regorafenib exposure, primary tumor site, and geographic location.

Preclinical evidence from colorectal xenograft models suggests synergistic activity of TAS-102 with oxaliplatin in both treatment-naïve and 5-FU refractory disease [10]. An

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ongoing phase I/II study is determining the maximum tolerated dose (MTD) of irinotecan in combination with the DNA hypomethylating agent, SGI-110, followed by randomization to the addition of TAS-102 versus regorafenib in refractory mCRC patients [\(NCT01896856](https://clinicaltrials.gov/ct2/show/NCT01263587)). Other studies aim to examine the combination of TAS-102 with panitumumab [\(NCT02613221](https://clinicaltrials.gov/ct2/show/NCT02613221); APOLLON) and yttrium-90 microsphere radioembolization for the treatment of colorectal liver metastases [\(NCT02602327](https://clinicaltrials.gov/ct2/show/NCT02602327)).

TAS-114

Another pyrimidine pathway modulator in development, TAS-114, is an oral first-in-class dUTPase inhibitor. By inhibiting dUTPase, TAS-114 allows for the incorporation of dUTP and FdUTP into tumor cells. TAS-114 only exhibits antitumor activity in conjunction with a TS inhibitor, such as 5-FU or capecitabine [9]. In the first-in-human phase I study, TAS-114 also demonstrated inhibition of dihydropyrimidine dehydrogenase, the enzyme that causes 5-FU degradation [9]. TAS-114 is currently in phase I development in combination with S-1 [\(NCT02454062](https://clinicaltrials.gov/ct2/show/NCT02454062), [NCT01610479](https://clinicaltrials.gov/ct2/show/NCT01610479)) and capecitabine ([NCT02025803\)](https://clinicaltrials.gov/ct2/show/NCT02025803).

Angiogenesis inhibition

Angiogenesis is integral to cancer development, growth, and survival, and antiangiogenic agents have advanced clinical outcomes in CRC. Bevacizumab, a monoclonal antibody inhibiting the interaction between VEGFA and VEGFR1 and VEGFR2, was the first targeted agent to receive FDA approval for mCRC based on its ability to improve progression-free survival (PFS) and OS when added to platinum- [11] or irinotecan-based [12] regimens in the first-line setting. Data from the TML [13] study also support the use of bevacizumab in the second-line setting.

Evidence from VELOUR [14] demonstrated an OS benefit with the use of ziv-aflibercept in the second-line mCRC setting. Ziv-aflibercept is a recombinant decoy receptor fusion protein, targeting VEGFA and VEGFB, placental growth factor 1, 2, and their interaction with VEGFR 1, 2 [15]. The phase III VELOUR study [11] evaluated patients with metastatic CRC who had progressed on oxaliplatin-based therapy and randomized them to FOLFIRI with or without ziv-aflibercept. Patients who received ziv-aflibercept had superior median OS, relative to those receiving FOLFIRI alone (13.5 vs. 12.1 months; $p = 0.0032$). Based on this data, ziv-aflibercept was approved in combination with irinotecan-based second-line therapy [14].

Ramucirumab (Cyramza™)

Ramucirumab, a humanized IgG1 monoclonal antibody directed against VEGFR2, is the latest antiangiogenic agent to gain approval for second-line therapy in mCRC. In the doubleblind, phase III RAISE trial [16], 1072 patients were randomized to receive ramucirumab plus FOLFIRI or placebo plus FOLFIRI. Those receiving ramucirumab achieved a significantly longer median OS of 13.3 months compared to 11.7 months in those receiving placebo (HR 0.84; 95% CI 0.73–0.98; log-rank $p = 0.0219$). The most common grade 3 or worse AEs seen more frequently in the experimental group included neutropenia (38%), fatigue (12%), hypertension (11%), diarrhea (11%), and febrile neutropenia (3%).

Although antiangiogenic therapies have become standard of care in both the first- and second-line mCRC settings, resistance develops and results from compensatory signaling through pathways of the fibroblast growth factor (FGF) and platelet-derived growth factor (PDGF) family. FGF and PDGF have been shown to control the tumor cell migration and promote blood vessel wall stability, mediated by pericytes and smooth muscle cells [3,17]. Therefore, antiangiogenic agents in development target these collateral pathways as a means of overcoming treatment resistance.

Nintedanib

Nintedanib is an oral tyrosine angiokinase inhibitor targeting VEGFR 1, 2, 3, as well as FGFR 1, 2, 3 and the PDGFRα and β receptors. Specifically, it has been shown to reduce autophosphorylation of VEGFR2, downregulate PDGFRβ-expressing perivascular cells, as well as inhibit MAPK/Akt pathways in pericytes and smooth muscle cells [3,18]. One feature that distinguishes it from other multitargeted angiokinase drugs is its more balanced inhibition of its targets: VEGFR 1, 2, 3 (IC₅₀ 13–34 nmol/l); FGFRs 1, 2, and 3 (IC₅₀ 37– 108 nmol/l); and PDGFRα and β (IC₅₀ 59–65 nmol/l) [19].

Based on initial phase I studies, the MTD for nintedanib as a single agent has been determined to be 200 mg p.o. b.i.d. [20–23]. In CRC, a clinically relevant antiangiogenic effect was observed in 67% patients, with one confirmed partial response (PR) [22,24]. In a phase II feasibility study of alternating nintedanib and afatinib as second-line therapy in 46 CRC patients, stable disease was achieved in 43.5% of patients, with a median PFS of 1.9 months and OS of 5.5 months [25]. Another randomized, phase I/II study established the optimal dose of nintedanib with mFOLFOX6 to be 200 mg p.o. b.i.d. and further demonstrated similar efficacy and PFS of mFOLFOX6 with nintedanib compared to mFOLFOX6 with bevacizumab in the first-line setting [26]. Additional single-arm studies have shown promising disease control rates of nintedanib in combination with FOLFOX [27] and FOLFIRI [28] in the first- [27] and second-line [28] settings. The ongoing LUME-Colon1 study [24] ([NCT02149108\)](https://clinicaltrials.gov/ct2/show/NCT02149108) is an international, double-blind, randomized, phase III study of nintedanib versus placebo plus best supportive care in refractory mCRC patients. The co-primary end points are PFS and OS, and secondary end points are objective tumor response and disease control. Thus far, approximately 200 patients have been enrolled, and initial results are forthcoming in 2016.

The most common adverse events seen in patients receiving nintedanib as either monotherapy or combined with cytotoxic regimens include diarrhea, liver enzyme elevations, nausea/vomiting, and fatigue [22,23]. Notably, unlike other antiangiogenics, nintedanib has not been shown to cause significant hypertension [3].

Famitinib

Famitinib, a structural analog of sunitinib, is another multitargeted antiangiogenic tyrosine kinase inhibitor of VEGFR2, VEGFR3, PDGFR, as well as c-Kit, RET, and Flt3 [29]. Phase I data revealed a recommended dose of 25 mg q.d. and a 41% disease control rate [29]. In a randomized, multicenter, phase II study [30], 154 mCRC patients refractory to second or later line therapy were randomized in a 2 : 1 ratio to receive famitinib or placebo.

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events included neutropenia, thrombocytopenia, hypertension, proteinuria, and hand-foot syndrome, most of which were grade 1–2 severity. Further survival results are forthcoming [\(NCT01762293](https://clinicaltrials.gov/ct2/show/NCT01762293)), and a phase III study is also underway [\(NCT02390947](https://clinicaltrials.gov/ct2/show/NCT02390947)).

EGFR/RAS/BRAF/MEK inhibition

EGFR is a transmembrane protein within the ErbB receptor superfamily, which also includes ErbB2 (human epidermal growth factor receptor 2; HER2), ErbB3 (HER3), and ErbB4 (HER4). ErbB dimerization stimulates tyrosine kinase activity and downstream signaling cascades, including BRAF/KRAS/MEK/ERK and mitogen-activated protein kinase (MAPK)/phosphatidylinositol-3-kinase-AKT (PI3K-AKT)/mammalian target of rapamycin (mTOR) pathways, which promote tumor cell survival and proliferation. Cetuximab and panitumumab target the extracellular domain (ECD) of EGFR and block ligand binding and subsequent downstream signaling. These drugs have demonstrated a survival benefit in mCRC patients with RAS-wildtype tumors, as single agents [31,32] and in combination with fluoropyrimidine doublets [33–37].

Downstream of EGFR, BRAF-mediated signaling may contribute to resistance toward anti-EGFR antibodies [38]. Approximately 8–10% of mCRC patients have tumors harboring the BRAF V600E mutation, which leads to a constitutively active protein, resulting in increased MAPK signaling, cancer cell growth, and proliferation. BRAF mutations are more likely to be seen in right-sided primary cancers, are associated with the microsatellite rather than chromosomal instability, and portend a poor prognosis with median OS of 12–18 months [39].

Sym004

Approximately 20% of mCRC develop acquired resistance to cetuximab or panitumumab through ECD EGFR mutations [40]. These mutations primarily prohibit cetuximab binding, though a proportion also inhibits binding of panitumumab to EGFR [40]. Sym004, a new antibody combination targeting two distinct EGFR epitopes, is effective against cancer harboring EGFR ECD mutations [41]. In preclinical studies, this agent demonstrated significant EGFR downregulation [42] and tumor growth suppression relative to approved EGFR antibodies [43]. In cetuximab-refractory cell lines, Sym004 resulted in EGFR degradation, and in cetuximab-refractory xenograft models, Sym004 resulted in suppressed EGFR expression and delayed cancer growth. In a phase I study of mCRC patients whose tumors were resistant to cetuximab or panitumumab, Sym004 demonstrated a 13% response rate [44], albeit with potentially significant toxicities [45]. It is currently being tested in a dose-optimization, phase II study in refractory CRC patients [\(NCT02083653](https://clinicaltrials.gov/ct2/show/NCT02083653)), as well as in combination with FOLFIRI [\(NCT02568046](https://clinicaltrials.gov/ct2/show/NCT02568046)).

MM-151

MM-151 is a human monoclonal IgG1 antibody directed toward three distinct EGFR epitopes [46]. Similar to Sym004, MM-151 has demonstrated efficacy against EGFR ECD mutations [47], as it binds multiple regions of the EGFR ectodomain [46], leading to inhibit EGFR and downstream signaling pathways. In cetuximab-treated mCRC patients whose cancers were found to have EGFR ECD mutations, tumor response to MM-151 was achieved with concomitant decrease in circulating mutant EGFR [40]. In a phase I study examining MM-151 as monotherapy or in combination with irinotecan, three mCRC patients achieved PRs, and eight patients had stable disease for more than 4 months on single-agent MM-151 [48]. An additional patient treated with MM-151 plus irinotecan had a PR. The most common AEs of MM-151 include rash, hypomagnesemia, fatigue, and diarrhea [\(NCT01520389](https://clinicaltrials.gov/ct2/show/NCT01520389)). Much remains to be determined regarding the integration of MM-151 and Sym004 into the treatment algorithm of mCRC patients with RAS-wildtype tumors and the role of monitoring circulating tumor DNA as a means of monitoring therapeutic response and predicting secondary resistance to these agents [49].

Vemurafenib

In contrast to the success seen in melanoma and despite preclinical rationale, the use of vemurafenib monotherapy in mCRC has yielded unexpectedly limited clinical benefit thus far. In an open-label, phase II study [50], 21 patients with previously treated BRAF-mutant mCRC were administered vemurafenib. Among this cohort, the median PFS was 2.1 months, with only one patient achieving a PR and one-third having stable disease. Notably, 56% of patients' tumors were found to have a low-level frequency (0.21% allele frequency) of KRAS/NRAS mutations, which were associated with therapeutic resistance in patientderived xenograft (PDX) models. Furthermore, there was no association between EGFR or PTEN expression and microsatellite instability (MSI) or CpG island methylator phenotype (CIMP) status and treatment response. With regards to EGFR expression, only baseline values were measured, which limits the conclusions that can be drawn, as acquired feedback EGFR activation with subsequent MAPK upregulation is a proposed resistance mechanism toward BRAF inhibition [50–52]. In BRAF-mutant PDX mCRC models treated with vemurafenib plus cetuximab, upregulation of the MAPK pathway has been observed and associated with the emergence of KRAS mutations [53]. In these BRAF/KRAS-mutant models, subsequent treatment with the MEK inhibitor, trametinib, along with cetuximab was found to be effective. Likewise, the addition of trametinib was able to restore tumor sensitivity upon resistance to vemurafenib and cetuximab.

In line with these findings, more encouraging clinical results have been demonstrated by combining vemurafenib with EGFR, MET, and MEK inhibition. For example, in a pilot study combining panitumumab with vemurafenib in $BRAF$ -mutant mCRC, 10 of 12 evaluable patients showed durable tumor regression, two achieved a PR, and two maintained stable disease for over 6 months [54]. In a phase I study of irinotecan plus cetuximab and vemurafenib, 35% of mCRC patients with BRAF-mutant tumors achieved a PR, with a median PFS of 7.7 months [55]. Expanding on these findings, the ongoing SWOG 1406 trial is examining the combination of irinotecan plus cetuximab with or without vemurafenib in patients with BRAF-mutant mCRC [\(NCT02164916](https://clinicaltrials.gov/ct2/show/NCT02164916)). Results are also forthcoming from a

pilot study of the cMET inhibitor, onartuzumab, in combination with vemurafenib and/or cobimetinib, another MEK antagonist, in patients with BRAF or KRAS-mutant CRC [\(NCT01974258](https://clinicaltrials.gov/ct2/show/NCT01974258)).

Dabrafenib plus trametinib

Likewise, studies combining dabrafenib with MEK inhibition have demonstrated clinical benefit in patients with BRAF-mutant mCRC. In a recent study [56], 43 such patients were treated with dabrafenib and trametinib, an MEK inhibitor. This cohort demonstrated a 10% PR rate, with one patient achieving a complete response for more than 36 months and 56% of patients with stable disease. Evaluation of pretreatment and post-treatment biopsies revealed therapy-induced reduction of MAPK activation, as evidenced by decreased phosphorylated ERK levels. Also noteworthy is that treatment response was associated with the presence of PIK3CA mutations. As with prior studies, PTEN loss and microsatellite instability were not associated with outcomes.

The addition of panitumumab to dabrafenib and trametinib has shown more remarkable activity, with acceptable tolerability. In a cohort of 35 BRAF-mutant mCRC patients treated with this triplet regimen, there was a 26% response rate (including one patient who achieved a complete response), with 57% maintaining disease stability [57]. As with the dabrafenib plus trametinib doublet, pretreatment and post-treatment biopsies revealed a reduction in ERK phosphorylation. A phase II study combining panitumumab, dabrafenib, and trametinib is currently recruiting mCRC patients with either BRAF-mutant tumors or acquired resistance to anti-EGFR therapy [\(NCT01750918](https://clinicaltrials.gov/ct2/show/NCT01750918)).

Selumetinib

Selumetinib (AZD6244), an oral MEK 1/2 inhibitor, has been investigated in patients with KRAS-mutant CRC as a means of overcoming resistance to cetuximab. However, combinations of selumetinib with EGFR and AKT inhibition have shown modest activity, both clinically and at the molecular level. In a phase I study that incorporated a dose expansion cohort in KRAS-mutant CRC [58], a total of 33 patients were treated with weekly cetuximab and daily selumetinib. One CRC patient was found to have an unconfirmed PR in the dose escalation phase, and five of 14 evaluable patients achieved stable disease as the best response in the dose expansion phase. Expectedly, the most common adverse events with this combination were rash, nausea/vomiting, diarrhea, and fatigue. In another phase I study [59], selumetnib was combined with MK-2206, an AKT 1/2/3 inhibitor, in a cohort of 21 patients with both KRAS-wildtype and mutant refractory mCRC. Unfortunately, there were no objective responses seen, and examination of paired tumor biopsies did not demonstrate sufficient inhibition of MEK/ERK or AKT pathways.

In contrast, selumetinib has shown encouraging results in combination with cytotoxic chemotherapy. In a phase II trial by Hochster et al. [60], selumetinib plus irinotecan was administered as second-line treatment in a cohort of 31 patients with KRAS-mutant tumors. Although the study was terminated before full accrual, three patients achieved a PR, and 56% had stable disease, with three of those patients maintaining disease stability for over 1 year.

Furthermore, dual inhibition of the MEK and insulin-like growth factor receptor (IGFR) pathways has been promising, with cell line data demonstrating synergistic efficacy [61]. IGFR signaling intersects both RAS/RAF/MEK and PI3K/AKT/mTOR pathways. Specifically, upon ligand binding, IGFR activation results in RAS-mediated signaling, as well as recruitment of insulin receptor substrate that upregulates the PI3K pathway [62] (Figure 1). In a phase I study of selumetinib and the IGFR inhibitor, cixutumumab, six of 30 patients achieved stable disease for greater than 6 months [63]. Similarly, linsitinib, a dual inhibitor of IGFR and insulin receptors, demonstrated clinical activity in a cohort of 36 refractory CRC patients, of which 47% achieved stable disease [62].

Ongoing studies are examining the efficacy of selumetinib in combination with afatinib [\(NCT02450656](https://clinicaltrials.gov/ct2/show/NCT02450656)), cyclosporine [\(NCT02188264](https://clinicaltrials.gov/ct2/show/NCT02188264)), and the PDL1 inhibitor, MEDI4376 [\(NCT02586987](https://clinicaltrials.gov/ct2/show/NCT02586987)).

PI3K/AKT/mTOR inhibition

Concomitant to signaling downstream of EGFR, the PI3K/AKT/mTOR axis provides another means of resistance to EGFR inhibition in both KRAS-wildtype and mutant CRC. Preclinical studies have yielded data to support inhibition of both of these pathways, though the clinical benefit of this approach remains to be determined.

Buparlisib (BKM120)

Buparlisib is an oral PI3K inhibitor. In a study by Hong et al., buparlisib was found to suppress the proliferation of KRAS-mutant CRC cell lines, independent of PI3K mutation status [64]. However, decreased ERK activity was seen in PI3K-wildtype and not PI3Kmutant cell lines. Furthermore, cetuximab combined with buparlisib was found to result in superior tumor regression in KRAS-mutant xenograft models, when compared to cetuximab alone. In the first-in-man study of buparlisib, in which a significant number of patients had CRC (31 of 83), no tumor responses were seen in the CRC cohort [65]. In a subsequent phase I study, 17 patients with gastrointestinal cancers, including CRC, were treated with BKM120 plus mFOLFOX6. This regimen had significant toxicity, with 76% of patients experiencing treatment-related grade 3/4 adverse events, including neutropenia, fatigue, leukopenia, hyperglycemia, and thrombocytopenia [66].

Alpelisib (BYL719)

As alluded to above, the combination of BRAF and EGFR inhibition has demonstrated synergy in BRAF-mutant CRC. Additional evidence suggests that PI3K inhibition may further enhance such synergy in this subgroup of patients. To this end, an ongoing phase I/II study combining encorafenib (LGX818), a BRAF inhibitor, and cetuximab, with or without alpelisib, an α-specific oral PI3K inhibitor, has shown encouraging results thus far [67]. Among the 26 patients enrolled in the dual treatment arm, 23% had a PR, as did 32% ($n =$ 28) in the triple arm. The median PFS was 3.7 and 4.3 months in the dual and triple arms, respectively [68]. The most frequently observed adverse events were fatigue and vomiting. Enrollment onto the phase II portion is ongoing [\(NCT01719380](https://clinicaltrials.gov/ct2/show/NCT01719380)).

HER2 inhibition

The reported frequency of *HER2/ERBB2* mutations or amplifications in advanced CRC varies within the literature and ranges from 2% to 15% [69], a reflection of an evolving classification system [70]. The prognostic role of HER2 amplification is controversial. HER2/neu derangements have been associated with more advanced stage, distal primary tumor location, KRAS/BRAF-wildtype status, [71] and worse prognosis [72]. Conversely, in an analysis of the FOCUS and PICCOLO trials, HER2 status was not prognostic for PFS or OS [71]. Initial studies examining the use of trastuzumab in mCRC patients with HER2 amplified tumors demonstrated modest activity [73]. Whether HER2-directed drugs provide clinical benefit in mCRC is controversial, though the recent approval of trastuzumab in advanced gastric cancer has renewed interest in defining the role of these agents in mCRC and other gastrointestinal malignancies. In addition to cytotoxics, anti-HER2 therapy may be optimized in combination with monoclonal antibodies directed against EGFR and/or HER3. Data from xenograft models have shown HER2 activation as a resistance mechanism against anti-EGFR therapy in KRAS-wildtype mCRC [74]. More recent preclinical work further supports the requirement of concomitant EGFR and HER3 inhibition, or the use of the irreversible HER2 inhibitor, afatinib, in order to achieve tumor regression [75]. Clinically, the phase II HERACLES trial (EudraCT 2012–002128–33) screened 646 refractory mCRC patients and treated 18 with lapatinib and trastuzumab, demonstrating a 33% response rate (median response duration 8.5 months), with an additional 22% achieving stable disease for over 4 months. The follow-up HERACLES-RESCUE trial is an ongoing endeavor treating those who have progressed on HERACLES with trastuzumab-emtansine (TDM1) (EudraCT 2015–003275–30). Furthermore, there is evidence to suggest that patients with Lynch syndrome or BRAF-wildtype tumors with sporadic microsatellite instability may be especially vulnerable to irreversible HER2 and pan-HER inhibition [69], though this hypothesis has yet to be tested in clinical trials.

MET inhibition

In line with the notion of augmenting EGFR inhibition by blocking collateral pathways in RAS-wildtype tumors, the hepatocyte growth factor (HGF)/MET axis provides another promising therapeutic approach. MET is a tyrosine kinase, whose dysregulation is implicated in cancer development, progression, and metastases formation [76–78].

Rilotumumab

Rilotumumab is an IgG2, fully humanized antibody directed against HGF, the sole ligand for MET, which neutralizes HGF/MET signaling [76]. In a three-part phase Ib/II study, Van Cutsem et al. compared the efficacy of panitumumab with rilotumumab or ganitumumab, an IGFR inhibitor [76]. Prior exposure to an anti-EGFR drug was allowed in the adjuvant setting at least 6 months prior to enrollment. In the phase Ib portion, the MTD of rilotumumab combined with panitumumab was identified as 10 mg/kg. In the subsequent randomized, phase II study, 142 patients with previously treated KRAS-wildtype mCRC were randomized to panitumumab plus either rilotumumab, ganitumumab, or placebo. The panitumumab/rilotumumab regimen demonstrated a superior response rate (31%, 21%, and

22%, respectively), with a 71% disease control rate. Although this combination showed a favorable PFS (5.2, 5.2, and 3.7 months, respectively) and OS (13.8, 10.6, and 11.6 months, respectively), these differences did not meet statistical significance. No predictive markers emerged from this study, though there was a trend toward improved response in patients receiving panitumumab/rilotumumab whose tumors had high cytoplasmic cMET expression. The last part of the study randomizing patients in the placebo arm upon disease progression, to either rilotumumab or ganitumumab monotherapy is ongoing.

Studies are also currently ongoing with INC280, an orally available cMET inhibitor, in combination with cetuximab in cetuximab-refractory mCRC patients [\(NCT02205398](https://clinicaltrials.gov/ct2/show/NCT02205398)), as well as bevacizumab ([NCT02386826\)](https://clinicaltrials.gov/ct2/show/NCT02386826). The MErCuRIC1 trial, examining the combination of a cMET inhibitor (PF-03241066) and MEK inhibitor (PD-0325901), is also ongoing [\(NCT02510001](https://clinicaltrials.gov/ct2/show/NCT02510001)).

ALK/ROS/TRK inhibition

Entrectinib

Gene fusions and re-arrangements within the tropomysin receptor kinase (TRK) family have recently been identified as actionable targets in advanced CRC. The TRK receptor kinases consist of three primary receptor isoforms, TrkA (encoded by NTRK1), TrkB (encoded by NTRK2), and TrkC (encoded by NTRK3) [79]. Autophosphorylation and transphosphorylation of TrkA lead to downstream crosstalk of multiple pathways, including RAS/RAF/MEK and PI3K/AKT signaling [80]. In particular, the TPM3-TRK1 rearrangement has been repeatedly isolated in CRC and renders tumors sensitive to TRK inhibition [81]. More recently, a new $LMNA-NTRK1$ fusion has been identified, which also proved susceptible to TRK blockade [82]. Entrectinib is a pan-TRK, ALK, and ROS inhibitor with demonstrated activity in mCRC patients harboring either *TPM3-TRK1* or LMNA-NTRK1 fusions as well as ALK rearrangements [83,84]. Two ongoing studies, STARTRK-1 and STARTRK-2, are testing entrectinib in patients with ALK, ROS, and NTRK alterations [\(NCT02097810](https://clinicaltrials.gov/ct2/show/NCT02097810), [NCT02568267](https://clinicaltrials.gov/ct2/show/NCT02568267)). Importantly, further translational studies are needed to identify modes of resistance to these agents. In a recent report by Russo et al., a unique TRKA mutation was identified as an acquired resistance mechanism toward entrectinib [85]. In addition to revealing a clinically relevant genetic variant, this study illustrates the value of real-time noninvasive monitoring (e.g. circulating tumor DNA) and patient xenograft models (avatars) in the elucidation of treatment resistance and potential to inform the development of next-generation targeted drugs.

Immune-based therapies

Given its association with inflammatory bowel disease and the intestinal microbiome, CRC would appear especially vulnerable to immunologics. Indeed, histologic evidence of peritumoral immune infiltrates has been associated with improved survival in CRC patients [86], especially in those with microsatellite unstable cancers [87]. Effector T cells, antigenpresenting dendritic cells, and myeloid-derived suppressor cells orchestrate the antitumor immune response and help form the basis for immune-targeted therapy. Equally important are the immunogenetic profile of the patient and antigenicity specific to a particular tumor.

The presence of a functional host immune system and increased tumor antigen load correlate with therapeutic response, offering further rationale for immunotherapy in CRC. Inhibitors blocking the PD1 checkpoint have shown the most promise to date, in particular subsets of CRC patients [88].

Immune checkpoint inhibition

The role of immune checkpoint inhibition in the management of CRC is actively being defined. CTLA4 and PD1 are the primary checkpoints that tumors exploit to suppress the immune system. PD1 is an inhibitory co-receptor expressed on the surface of T-cells NK cells, B-cells, and monocytes and is bound by either the PDL1 or PDL2 ligands. Tumors upregulate PDL1 expression, thereby evading the antitumor immune response, and PDL1 also directly inhibits T-cell function and tumor cell apoptosis, independent of its binding to PD1 [89].

In a phase II study of the CTLA-4 blocking agent, tremelimumab, only 1 of 45 patients had a confirmed PR [90]. Likewise, initial studies with anti-PDL1 [91] and anti-PD1 [92] therapy have yielded limited to no activity in unselected refractory CRC patients. In contrast, anti-PD1 therapy has shown encouraging results in patients with microsatellite unstable tumors. In a phase II trial of pembrolizumab monotherapy, refractory metastatic CRC patients with mismatch repair-deficient tumors achieved a superior immune-related overall response rate (40% vs. 0%), 20-week PFS (70% vs. 11%), and OS (not reached vs. 5 months) relative to those with mismatch repair-proficient cancers [88]. These findings underscore the importance of tumor mutational load on the efficacy of PD1-directed therapy and provide rationale for the ongoing KEYNOTE-164 trial, which is limited to CRC patients with MSI-high cancers [\(NCT02460198](https://clinicaltrials.gov/ct2/show/NCT02460198)). In addition to mutational load, the importance of intratumoral PDL1 expression as a predictive marker has been demonstrated in other cancers [93] and is expected to be an important part of patient selection for checkpoint inhibition in CRC as well. Urelumab, currently in phase I development ([NCT02110082\)](https://clinicaltrials.gov/ct2/show/NCT02110082), is a monoclonal agonistic antibody toward CD137, which is a co-stimulatory molecule expressed on activated NK and memory T cells [94].

Ensituximab

Ensituximab (NPC-1C), a chimeric antibody that promotes ADCC, is directed against the MUC5AC-related antigen that mediates mucosal immunity. Initial results of a phase I/II trial have been encouraging, with a median OS of 10.2 months in CRC patients who have progressed on at least two lines of therapy [\(NCT01040000](https://clinicaltrials.gov/ct2/show/NCT01040000)) [95].

MGD007

In addition to monoclonal antibodies, another promising immune-targeting strategy is the dual-affinity re-targeting protein. These constructs engage immune cells with cancer cells using their bispecific binding properties. One such drug, MGD007, re-directs CD3 expressing T cells to cancer cells bearing the glycoprotein A33 antigen, which is almost uniformly present in CRC [96]. A phase I study of MGD007 in refractory metastatic CRC is underway [\(NCT02248805](https://clinicaltrials.gov/ct2/show/NCT02248805)).

Synergistic immunotherapeutic strategies

Pairing different immunologics with chemotherapy, antibodies, and epigenetic agents can further enhance their therapeutic efficacy in several ways. For example, in preclinical models, the exposure of CRC cell lines to urelumab provided synergy with cetuximab to enhance CD137-expressing NK cell activity and increase the proportion of EGFR-specific cytotoxic T cells [94]. Another promising cetuximab-based regimen uses Imprime PGG^{\circledast} , a yeast-derived beta glucan that binds anti-beta-glucan antibodies to trigger both the complement pathway and adaptive immune responses [97,98]. Imprime PGG® is currently being tested in a phase III study with or without cetuximab in patients with RAS-wildtype tumors ([NCT01309126\)](https://clinicaltrials.gov/ct2/show/NCT01309126). Preclinical evidence also suggests enhanced efficacy of bevacizumab with Imprime PGG® [99].

Evidence from myelodysplastic syndromes reveals that hypomethylating agents augment PDL1, PDL2, PD1, and CTLA4 expression [100], thereby sensitizing cancer cells to immune checkpoint inhibition. This effect may be especially relevant in patients with MSIhigh or CIMP-positive tumors. Furthermore, as response to platinum agents is affected by PDL1 expression [101,102], and hypomethylators have been shown to reverse platinum resistance [103,104], the potential for combining these agents with immune checkpoint inhibition certainly merits further investigation. To this end, a phase I/II study combining romidepsin and/or oral azacitidine with pembrolizumab is ongoing ([NCT02512172\)](https://clinicaltrials.gov/ct2/show/NCT02512172), and results from a study evaluating azacitidine with capecitabine and oxaliplatin (CapeOx) are forthcoming [\(NCT01193517](https://clinicaltrials.gov/ct2/show/NCT01193517)).

Lastly, dual checkpoint inhibition has been recently approved in other malignancies [105], and a phase I/II study of ipilimumab and nivolumab in CRC (CheckMate-142) is underway [\(NCT02060188](https://clinicaltrials.gov/ct2/show/NCT02060188)), with other potential combinations on the horizon [106].

Adoptive T-cell therapy

The progress of autologous T-cell infusion in CRC patients has been hampered by shortlived clinical improvement and excessive autoimmune toxicity in those who respond. In one instance, a patient received T-cells containing a chimeric antigen receptor toward HER2. Within minutes of infusion, the patient suffered from a cytokine release syndrome with resulting respiratory failure and death 5 days later [107]. In a subsequent series, three metastatic CRC patients received T-cells harboring a receptor against carcinoembryonic antigen (CEA) [108]. While one patient had an objective response and all patients demonstrated significant CEA suppression, dose-limiting colitis was also a uniform toxicity. The discord between serum CEA and radiographic responses, as well as the marked toxicities associated with therapy, remains considerable challenges. Using antigens that are specific to an individual tumor and accounting for potential immunosuppressive properties of the tumor microenvironment will be necessary to optimize this type of therapy.

Several studies employing adoptive T-cell strategies are ongoing ([NCT01174121\)](https://clinicaltrials.gov/ct2/show/NCT01174121), including those that target CEA systemically ([NCT02349724\)](https://clinicaltrials.gov/ct2/show/NCT02349724) and by hepatic artery infusion [\(NCT02416466](https://clinicaltrials.gov/ct2/show/NCT02416466)), as well as EGFR [\(NCT01869166](https://clinicaltrials.gov/ct2/show/NCT01869166)), VEGFR2 [\(NCT01218867](https://clinicaltrials.gov/ct2/show/NCT01218867)), and

MAGEA4 and survivin [\(NCT02239861](https://clinicaltrials.gov/ct2/show/NCT02239861)). Another trial is coupling bortezomib in an attempt to enhance NK cell cytotoxicity ([NCT00720785\)](https://clinicaltrials.gov/ct2/show/NCT00720785).

Oncolytic vaccines

Vaccines were among the first form of immune therapy to be explored in CRC [109–111]. Formulations differ with respect to vector (e.g. bacterial/viral, peptide, autologous tumor cell, dendritic cells, etc.), genetic modifications, adjuvants, and antigen specificity. Regardless of preparation, a key limitation of vaccine therapy in CRC has been striking a balance between achieving tumor specificity with inducing a clinically relevant and durable antitumor response, which largely hinges on identifying the appropriate antigen.

With regards to dendritic cell vaccinations, several potential tumor-derived antigens have been identified, including CEA ([NCT01890213\)](https://clinicaltrials.gov/ct2/show/NCT01890213), MUC1 ([NCT00103142\)](https://clinicaltrials.gov/ct2/show/NCT00103142), and NY-ESO-1 [\(NCT01697527](https://clinicaltrials.gov/ct2/show/NCT01697527)). In addition to dendritic cell preparations specific to certain antigens, vaccines targeting pathways such as RAS or HER2 deranged tumors are showing promise. For example, a phase II trial of Reolysin, a virus that replicates in RAS-activated cancer cells, is ongoing in mCRC patients [\(NCT01622543](https://clinicaltrials.gov/ct2/show/NCT01622543)). A phase I study is currently examining a combination vaccine of two chimeric HER2 B-cell epitopes in patients with HER2 overexpressing solid tumors [\(NCT01376505](https://clinicaltrials.gov/ct2/show/NCT01376505)).

Cytokine-based therapy and JAK/STAT inhibition

Xilonix

Developed by XBiotech, Xilonix™ is a recombinant IgG1 monoclonal antibody (MABp1) targeting interleukin-1α (IL-1α). IL-1α is constitutively expressed on the surface of platelets and monocytes, and cancer cells, and plays a pivotal role in tumor growth, angiogenesis, metastasis, as well as cancer cachexia, which is an established negative prognostic factor [112–114]. Furthermore, IL-1α is released upon tissue injury and necrotic cell death, which leads to release of other ILs, VEGF, macrophages, and neutrophils, as a means of facilitating physiologic wound healing [115]. However, tumors exploit this response to promote malignant vascular development and block the antitumor immune response through myeloid-derived suppressor cells [116]. Neutralizing IL-1α activity is proposed to not only reverse metabolic dysregulation associated with tumor progression and increase lean body mass, but also improve survival in mCRC patients. Results from a phase I study in non-small cell lung cancer also suggest potential synergy with anti-EGFR-directed therapy [116]. In the ongoing, phase III XCITE trial, refractory mCRC patients are being randomized to Xilonix versus placebo ([NCT01767857\)](https://clinicaltrials.gov/ct2/show/NCT01767857), with a primary end point of OS and secondary outcomes to include change in lean body mass, PFS, response rate, and quality of life.

Ruxolitinib, INCB039110

An important mechanism of antiangiogenic and chemotherapeutic resistance [117] is the JAK-STAT signaling cascade, which has been implicated in autoimmune disease and inflammation-driven solid tumorigenesis [118]. JAK1 is one among four cytoplasmic receptor tyrosine kinases (JAK1, JAK2, JAK3, and TYK2) within the JAK family, which forms heterodimers with JAK2 or TYK2 and JAK3 to mediate inflammatory responses

through interferon and IL-2 signaling, respectively. Preclinical data support JAK1 inhibition as a therapeutic target in CRC. In cell line studies, JAK1/TYK2 has been shown to promote CRC cell growth, migration, invasion, and drug resistance [119,120]. In vitro and in vivo data demonstrate that JAK1/JAK2 inhibition reduces STAT3 activation, resulting in reduced intestinal tumor cell proliferation and increased apoptosis, as well as tumor growth suppression in a colitis-associated colon cancer mouse model [121]. Furthermore, JAK1/2 inhibition has been shown to overcome MEK resistance in KRAS-mutant colorectal tumor models [122]. Notably, caspase-mediated CRC cell death has been shown to be more heavily reliant on JAK1 as compared to JAK2 inhibition [123]. Ruxolitinib, a JAK1/JAK2 inhibitor, approved for the treatment of myelofibrosis and polycythemia vera, is currently being combined with regorafenib in refractory mCRC, though accrual is currently on hold [\(NCT02119676](https://clinicaltrials.gov/ct2/show/NCT02119676)). INCB039110, an oral selective JAK1 inhibitor, with >20- and 200-fold selective inhibition over JAK2 and JAK3, is being combined with pembrolizumab in MSIhigh mCRC patients ([NCT02646748\)](https://clinicaltrials.gov/ct2/show/NCT02646748).

Stem cell inhibiton

BBI-608

Among the many downstream effects of JAK/STAT signaling are activation and maintenance of stem cell genes. BBI-608 is an oral, first-in-class inhibitor of STAT3, β-catenin, and Nanog-induced transcription of cancer stem cell genes [124]. An ongoing phase III, randomized, double-blind study is examining the efficacy of BBI-608 versus placebo plus best supportive care in refractory CRC [\(NCT01830621](https://clinicaltrials.gov/ct2/show/NCT01830621)). In addition, encouraging results have been presented from combination studies. In a phase Ib study, BBI-608 was added to FOLFIRI with or without bevacizumab in 18 mCRC patients with at least three prior therapies (including FOLFIRI), of which 94% had stable disease (including two patients with a PR; [NCT02024607\)](https://clinicaltrials.gov/ct2/show/NCT02024607) [125]. BBI-608 has also shown acceptable toxicity and clinical benefit when combined with panitumumab [126]. In a phase Ib/II study, initial results from 24 mCRC patients revealed a disease control rate of 44%in anti-EGFR naïve patients and 53% of patients who had progressed on cetuximab, suggesting a potential role for resensitization to anti-EGFR agents [\(NCT01776307](https://clinicaltrials.gov/ct2/show/NCT01776307)).

PRI-724

The canonical Wnt pathway plays a critical role in colon stem cell biology and CRC development. APC and Wnt/β-catenin activation are essential steps in both familial and sporadic colorectal tumor initiation [127–129]. Upon activation, the Wnt cascade promotes transcription of several genes that mediate cell cycle progression and facilitate stem cell proliferation and differentiation during embryogenesis, organ homeostasis, and tumorigenesis [130]. β-catenin, the main regulator of the Wnt pathway, is normally suppressed by a complex comprised of APC, CK1, GSK3β, and Axin2 [130]. Importantly, transcription activation is dependent on β-catenin binding to CBP, which stimulates stem cell maintenance and proliferation [130,131]. Left unchecked, β-catenin leads to constitutive Wnt pathway activation and allows cancer stem cells to proliferate and differentiate to form primary tumors and metastases [132]. Downstream of Wnt, activated KRAS phosphorylates

β-catenin to increase its nuclear concentration and the TCF/β-catenin-mediated transcription of Wnt target genes, an effect that is amplified by KRAS mutations [133].

PRI-724 is a new small-molecule inhibitor that specifically binds to the N-terminus of CBP, thereby disrupting the interaction between CBP and β-catenin and suppressing survivin expression [131,133] in vitro and in vivo [131,135]. PRI-724 increases p300/β-catenin binding to promote stem cell differentiation and increase sensitivity to cytotoxic or targeted drugs but also prevents transcription of S100A4, which is involved in CRC metastasis [136– 138]. PRI-724 is currently in phase Ib development, and preliminary results from the first-inhuman study demonstrated an acceptable toxicity profile [139].

Wnt974 (LKG974)

Stimulation of the Wnt pathway relies upon intact porcupine activity [140]. Porcupine (PORCN) is a membrane-bound O-acyltransferase that enables the palmitoylation, a necessary post-translation modification, of Wnt ligands [141]. In the absence of PORCN activity, Wnt ligand secretion is suppressed. Recent preclinical evidence suggests that resistance of BRAF-mutant CRC to BRAF inhibition may be partly due to Wnt activation and dependency [142]. Specifically, BRAF-mutant tumors are often found to harbor mutations within RNF43, which codes for an ubiquitin ligase that degrades the Wnt receptors, Frizzled and LRP6 [142]. RNF43 inactivating mutations therefore lead to Wnt upregulation. The cooperation between these BRAF and Wnt derangements, along with EGFR signaling, has prompted efforts to simultaneously block these pathways in BRAFmutant CRC. The oral agent, WNT974, binds and inhibits PORCN within the endoplasmic reticulum of cancer cells, thereby blocking Wnt signaling. A phase I/II study of WNT974, combined with cetuximab and encorafenib (LGX818) in BRAF-mutant mCRC patients whose tumors harbor *RNF43* mutations, is in progress [\(NCT02278133](https://clinicaltrials.gov/ct2/show/NCT02278133)).

Bromodomain inhibition

GSK525762

Regulation of epigenetic modifications (acetylation, methylation, etc.) is increasingly becoming recognized as a therapeutic target in gastrointestinal cancers. Among these modifications, bromodomains (BRD) are evolutionary conserved amino acid domains that identify and bind acetyl lysine residues, leading to transcriptional regulation of oncogenes [143]. Proteins containing BRDs and an extraterminal domain belong to the BET family and include BRD2, BRD3, BRD4, and BRDT. BRD4, in particular, has been shown to be essential to CRC development [144]. BET inhibitors are currently in development and have shown activity in preclinical advanced CRC models, particularly in tumors with CIMP [144]. A phase I/II study evaluating the GSK525762 in patients with advanced CRC is ongoing ([NCT01587703\)](https://clinicaltrials.gov/ct2/show/NCT01587703).

IDO1 inhibition

INCB24360

IDO1 is an enzyme released by tumor and myeloid suppressor cells, which catalyzes the rate-limiting step of tryptophan catabolism within the kynurenine pathway [145] and leads to tryptophan depletion within T-cells, thereby attenuating their activity [146]. IDO1 also directly activates Wnt-β-catenin signaling to promote colitis-associated tumor development and progression by decreasing the tryptophan/kynurenine ratio [147]. In preclinical models, IDO1 inhibition has been shown to suppress expression of proinflammatory cytokines and decrease the number of suppressor T cells within the tumor microenvironment [148]. A phase I/II study investigating the IDO1 inhibitor, INCB24360, plus nivolumab in CRC is currently recruiting patients ([NCT02327078\)](https://clinicaltrials.gov/ct2/show/NCT02327078).

New combinations of approved agents

First-line triplet chemotherapy: FOLFOXIRI plus bevacizumab

Selection of first-line therapy is among the most important decisions in mCRC management. The choice of first-line therapy ultimately dictates the sequence of drugs and number of therapeutic lines administered (which may be limited in certain patients) and influences sensitivity to subsequent therapies. Moreover, independent of treatment choice and other traditional prognostic factors, it is evident that inducing early and deep tumor shrinkage leads to improved PFS and OS [149,150], partly as it pertains to permitting curative resection in patients with oligometastatic (e.g. liver-limited) disease. To this end, optimizing first-line therapy is of paramount clinical relevance.

The Triplet plus Bevacizumab (TRIBE) study [151] was a randomized, open-label, multicenter, phase III trial, comparing bevacizumab with either FOLFOXIRI or FOLFIRI as initial therapy for mCRC patients. Patients treated with FOLFOXIRI-bevacizumab achieved a superior response rate (65% vs. 53%; $p = 0.006$) and PFS (12.1 vs. 9.7 months; HR 0.75; p $= 0.003$) and had a favorable trend for OS (31.0 vs. 25.8 months; HR 0.79; p = 0.054). The ongoing STEAM study is further examining the superior sequence of triplet versus dual cytotoxic chemotherapy paired with bevacizumab, with the primary objectives being first PFS and response rate and secondary objectives including rate of hepatic metastatectomy and conversion from unresectable to resectable disease ([NCT01765582\)](https://clinicaltrials.gov/ct2/show/NCT01765582).

First-line triplet chemotherapy: FOLFOXIRI plus anti-EGFR antibodies

Though not yet standard of care, the use of triplet cytotoxic plus anti-EGFR therapy has shown encouraging results thus far in RAS-wildtype mCRC patients. In a phase II study of FOLFOXIRI with cetuximab, Sardiaki et al. reported a response rate of 70%, PFS of 10.2 months, OS of 30.0 months, and R0 resection rate of 62% in patients with liver-limited metastases [4]. In a phase II study of FOLFOXIRI with panitumumab, there was an 89% response rate, with PFS of 11.3 months, and 35% of all patients underwent R0 resection [152]. Increased toxicities, notably diarrhea and neutropenia, continue to be concerns. Various dosing schedules have been used across trials, and it is likely that omitting the bolus

administration of 5-FU and using a modified irinotecan dose (i.e. 150 mg/m^2) can achieve a favorable therapeutic index.

Metronomic maintenance therapy

The daily continuous administration of lower doses of chemotherapy, also referred to as metronomic dosing, aims to strike a balance between constant treatment pressure and reduced toxicity [153]. Metronomic therapy has been evaluated and used for almost two decades, but recent evidence supports its use in mCRC patients who attain stable or responding disease on first-line chemotherapy along with bevacizumab. In the multicenter, phase III CAIRO3 study [154], 558 mCRC patients were randomly assigned to observation versus maintenance therapy with capecitabine (administered at a continuous twice-daily dose of 625 mg/m²) and bevacizumab after achieving stable disease or better upon completion of six cycles of capecitabine, oxaliplatin, and bevacizumab (CAPOX-B). On first progression, patients in both groups were treated with CAPOX-B until second progression (PFS2). Patients receiving maintenance therapy had a significantly improved PFS2 (the primary end point) compared to those who underwent initial observation (11.7 vs. 8.5 months; HR 0.67 ; $p < 0.0001$). This difference remained significant when any treatment after first progression free survival (PFS1) was considered. In addition, patients receiving maintenance therapy had a longer PFS1 (8.5 vs. 4.1 months; HR 0.39; $p < 0.001$) and time to second progression (TTP2; 13.9 vs. 11.1 months; HR 0.68; $p < 0.001$) relative to those on observation. Although not powered to demonstrate an OS benefit, there was a 3.5-month OS difference favoring patients receiving maintenance therapy.

Primary tumor site directed therapy

The location of a colon tumor influences its molecular makeup [5,155] and clinical behavior [156–159]. The right side of the colon (cecum, ascending colon, and proximal two-thirds of the transverse colon) is derived from the midgut, whereas the left side (distal third of the transverse colon, descending colon, sigmoid colon, and rectum) originates from the hindgut [160]. The left and right sides of the colon also have distinct vascular supplies [160], metabolic pathways, and bacterial microflora [161]. Left-sided tumors often present with wildtype $BRAF(BRAF$ wt), $KRAS$ point mutations (codons 12, 13, and 61; $KRAS$ -mut), extensive copy number alterations and chromosomal instability, loss of heterozygosity, and TP53 alterations, as well as activated HER1/2 pathways. In contrast, right-sided tumors are enriched for BRAFV600E point mutation (BRAF-mut), wildtype KRAS (KRAS-wt) diploid copy number, MSI, DNA hypermutation, and extensive DNA hypermethylation associated with CIMP. Primary tumor site is increasingly becoming recognized as a prognostic factor in mCRC [158], and its predictive value for different therapeutics is currently being investigated.

For instance, correlative analyses from pivotal phase III trials support the notion that patients with left-sided, but much fewer right-sided, RAS-wt cancers derive benefit from EGFR inhibition [162]. The *NCIC CTG CO.17* trial randomized refractory mCRC patients to best supportive care or cetuximab, and those with KRAS-wt, left-sided tumors treated with cetuximab had improved PFS, whereas those with right-sided tumors showed no PFS difference [163]. In addition, similar effects have been seen in the CRYSTAL [164] and

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 $FIRE-3$ [33] trials. In $FIRE-3$, patients with left-sided tumors treated with FOLFIRI plus cetuximab showed longer OS than those receiving FOLFIRI plus bevacizumab (38 vs. 18 months) [165]. These consistent findings across multiple patient cohorts provide substantial evidence that mCRC patients with right-sided tumors derive less benefit from EGFR inhibition. In addition, other studies suggest that bevacizumab appears less beneficial for patients with right-sided tumors compared to those with left-sided tumors [33,158,166]. Altogether, prospective validation is warranted before the use of primary tumor site becomes integrated into clinical decision-making as a standard of care.

Pharmacogenomic profiling

Interpatient differences, clonal diversity, stromal heterogeneity, and treatment-imposed selective pressures all contribute to tumor complexity and limit the clinical impact of new targeted therapeutics. As a result, the influx of targeted agents into research trials and clinical practice has been associated with modest clinical and survival benefits overall. Moreover, an actionable alteration identified in preclinical studies may only be present in a small subset of patients, making large-scale clinical testing in single tumor types more cumbersome and less feasible. Appreciating new connections between signaling pathways and defining more global tumor phenotypes, such as the consensus molecular subtypes [167], will inform both drug development strategies and tailored patient selection. In parallel with comprehensive tumor characterization, integration of patient profiling is necessary to advance precision oncology. Accumulating evidence suggests that pharmacogenomics [168] has the potential to identify drug susceptibility to certain tumor types, determine prognosis upon initial diagnosis, and predict response and toxicity to individual therapeutics. Moreover, preclinical, translational, and cost–effectiveness data support the practice of preemptive rather than reactive pharmacogenomic-guided drug dosing and selection.

On that note, we conclude this review where it began – with fluoropyrimidines, for which the preponderance of evidence exists in using pharmacogenetic testing to guide treatment decisions, particularly for the dihydropyrimidine dehydrogenase *(DPYD)* gene. In a recent study, Deenen et al. examined the cost and efficacy of testing for the $DPYD*2A$ variant, which is associated with severe and life-threatening toxicity [169]. Over 2000 patients were screened, of whom 1.1% carried a DPYD*2A variant allele and accordingly received an initial 50% dose reduction. Using genotype-guided dosing, grade 3 toxicities (28% vs. 73%; p < 0.001) and treatment-related deaths (0% vs. 10%) were reduced in $DPYD*2A$ variant patients as compared to historical controls. The incidence of grade β toxicities was similar between variant carriers and wildtype patients receiving standard dose therapy. Moreover, the cost of care was less in those receiving genotyping, relative to those who did not undergo screening. Additional evidence suggests predictive and/or prognostic roles for polymorphisms within the methylenetetrahydrofolate reductase (MTHFR) [170], TS [171], and cytidine deaminase (CDA) [172] genes in patients undergoing fluoropyrimidine therapy.

In addition, genetic variants implicated in cancer cell growth, EMT activation, DNA repair (e.g. ERCC1), angiogenesis, inflammatory pathways, and stem cell homeostasis have been shown to affect PFS and OS in mCRC patients, with evidence for gender-based and tumorlocation-specific differences [173–177]. For example, polymorphisms within the EGF,

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VEGF, VEGFR, CD133, and CXCR genes have been associated with response and survival in mCRC being treated with bevacizumab-based regimens [178,179]. Circulating plasma levels of VEGF-A and VEGFR isoforms as well as neuropilin have also shown potential as predictive markers [180]. EGFR and FCGR [173,181,182] genetic variants have also demonstrated prognostic [182] and predictive value in mCRC patients treated with cetuximab [173,182]. To date, these markers have yet to be validated and incorporated into common practice. It is expected that pharmacogenetic haplotyping (rather than a single marker), in conjunction with tumor-specific profiling, will best inform the individualized management of mCRC patients.

Conclusions

Impressive strides have been made in identifying new regimens, employing maintenance strategies to limit treatment toxicities, and combining multidisciplinary approaches to achieve cure in oligometastatic disease, all of which have improved outcomes for mCRC patients. However, significant progress remains to be gained in translating molecular and pharmacogenomic insights into personalized therapy. While several new biologics have been integrated into the treatment schema of advanced CRC, the optimal combination and sequence of therapies (EGFR vs. VEGF, regorafenib vs. TAS-102, etc.) continue to evolve. A more comprehensive understanding of tumor biology, utilization of noninvasive predictive biomarkers (e.g. circulating tumor cells, liquid biopsies, etc.), and pharmacogenetic testing will hasten the therapeutic advances destined for this disease.

Expert commentary

Several new agents have been recently approved for the treatment of mCRC, though the optimal sequence and combination of cytotoxic and biologic agents continue to be redefined. For instance, continuing antiangiogenic therapy in the maintenance and second-line settings improves survival, though the best such agent, chemotherapy backbone and ordering with other antiangiogenics and anti-EGFR agents, warrants further investigation. Agents such as regorafenib and TAS-102 are both options for patients with refractory mCRC, though no head-to-head comparison exists to suggest superiority of one drug over another, and their distinct adverse event profiles should guide clinical decision-making. Identifying new predictive biomarkers and molecular phenotypes comprised of multiple rather than single molecular alterations will be essential to optimizing individualized CRC treatment and clinical outcomes.

Five-year view

Over the next 5 years, we expect the integration of new predictive markers, such as intratumoral gene expression, and circulating tumor cell count and genetic characterization, into the management of advanced CRC. With regards to new agents, we anticipate that checkpoint inhibitors will be approved for the treatment of microsatellite unstable CRC. Additional evidence regarding the role of pharmacogenetic profiling in individualizing drug selection and dosing is forthcoming and may influence patient management.

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Key issues

- **•** TAS-102 (Lonsurf™) is the most recent pyrimidine modulator to be approved for refractory mCRC, though optimal sequencing with regorafenib remains to be determined and is currently best guided by selection based on adverse effects.
- **•** Ramucirumab (Cyramza™) is the latest anti-angiogenic to achieve regulatory approval in combination with irinotecan-based second-line chemotherapy of mCRC.
- **•** Sym004 and MM-151, novel antibody combinations which target distinct EGFR epitopes, have demonstrated activity in mCRC patients whose tumors are resistant to cetuximab or panitumumab.
- **•** In BRAF mutant tumors, BRAF directed monotherapy has not demonstrated significant efficacy, though combination regimens with MEK, cMET and/or EGFR inhibitors are more efficacious and under active investigation.
- **•** Similarly, HER2 directed monotherapy has not yielded clinical benefit, though combinations using trastuzumab and lapatinib, as well as trastuzumabemtansine, appear more encouraging in ongoing studies.
- **•** Immune based drugs, notably PD1/PDL1 inhibitors, are effective in mCRC patients with microsatellite unstable tumors and are being assessed in combination strategies.
- **•** Promising targets with drugs in early development include ALK/ROS, cMET, IDO1, stem cell, and bromodomain inhibition.
- **•** Triplet combination cytotoxic therapy with FOLFOXIRI and bevacizumab may enable patients with borderline resectable oligometastatic CRC to achieve a curative resection.
- **•** Metronomic maintenance therapy with capecitabine and bevacizumab has been shown to prolong survival in mCRC patients who have stable or responding disease to first-line oxaliplatin-based regimens.
- **•** Independent of molecular profiling, primary tumor location may inform treatment response to approved agents (e.g. cetuximab) and is increasingly being incorporated as a stratification factor in clinical trials.

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Figure 1.

Molecular landscape of novel therapeutics in metastatic colorectal cancer.

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Table 1.

Pivotal trials of recently approved regimens for metastatic colorectal cancer. Pivotal trials of recently approved regimens for metastatic colorectal cancer.

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Key ongoing studies of new therapeutics in metastatic colorectal cancer. Key ongoing studies of new therapeutics in metastatic colorectal cancer.

