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## Effects of white matter hyperintensities on 90-day functional outcome after large vessel and non-large vessel stroke

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### Abstract

**Introduction**—White matter hyperintensity (WMH) burden is a critically important cerebrovascular phenotype related to the diagnosis and prognosis of acute ischemic stroke. The effect of WMH burden on functional outcome in large vessel occlusion (LVO) stroke has only been sparsely assessed and direct LVO and non-LVO comparisons are currently lacking.

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Statement of Ethics

The study protocol was approved by the institutional review board (IRB) at Geisinger (IRB #: 2017-0521).

Disclosure Statement

The authors have no conflicts of interest to declare.

**Material and Methods**—We reviewed acute ischemic stroke patients admitted between 2009 and 2017 at a large healthcare system in the United States. Patients with LVO were identified and clinical characteristics including 90-day functional outcomes were assessed. Clinical brain MRIs obtained at the time of the stroke underwent quantification of WMH using a fully automated algorithm. The pipeline incorporated automated brain extraction, intensity normalization, and WMH segmentation.

**Results**—A total of 1,601 acute ischemic strokes with documented 90-day mRS were identified, including 353 (22%) with LVO. Among those strokes, WMH volume was available in 1,285 (80.3%) who had a brain MRI suitable for WMH quantification. Increasing WMH volume from 0 to 4 ml, age, female gender, a number of stroke risk factors, presence of LVO, and higher NIHSS at presentation all decreased the odds for a favorable outcome. Increasing WMH above 4 ml, however, was not associated with decreasing odds of favorable outcome. While WMH volume was associated with functional outcome in non-LVO stroke ( $p=0.0009$ ), this association between WMH and functional status was not statistically significant in the complete case multivariable model of LVO stroke ( $p=0.0637$ ).

**Conclusion**—The burden of WMH has effects on 90-day functional outcome after LVO and non-LVO strokes. Particularly increases from no measurable WMH to 4 ml of WMH correlate strongly with the outcome. Whether this relationship of increasing WMH to worse outcome is more pronounced in non-LVO than LVO strokes deserves additional investigation.

### Keywords

stroke; white matter; hyperintensity; large vessel occlusion; outcome

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### Introduction

White matter hyperintensity (WMH) of vascular origin is a key imaging manifestation of cerebral small vessel disease and associated with stroke and vascular dementia.[1,2] The pathophysiologic process by which WMH develops includes endothelial dysfunction, disturbance of the microcirculation, and blood-brain barrier breakdown at the level of cerebral arterioles, capillaries, and venules.[2,3] In acute ischemic stroke, WMH burden has been shown to predict functional and cognitive impairment after the stroke.[4–6] Large vessel occlusion (LVO) strokes are distinct from other forms of ischemic stroke as mechanical thrombectomy, a highly effective therapy in this disease category, is not available to other stroke subtypes.[7] There is, however, limited information on the potential differential effects of WMH burden in LVO and non-LVO strokes on 90-day functional outcome.

### Methods

We reviewed a cohort of acute ischemic stroke patients admitted between 2009 and 2017 to a large healthcare system in the United States recorded in the stroke registry, as previously described.[8] The diagnosis of ischemic stroke was based on the neurologic examination and corresponding neuroimaging. The diagnosis of LVO was based on non-invasive imaging (CT or MR angiography of head and neck) and/or digital subtraction angiography (DSA).

Proximal anterior circulation LVO was defined as occlusion of the internal carotid artery (ICA) or the M1 and/or M2 segments of the middle cerebral artery (MCA). Clinical brain MRIs obtained at the time of the stroke admission underwent quantification of WMH volume using a fully automated pipeline incorporating automated brain extraction, intensity normalization, and WMH segmentation as previously described. The volume of WMH is reported in ml, not transformed, and analyzed as a continuous variable.[9] Functional outcome was assessed using the modified Rankin Scale (mRS) with mRS 0–2 representing “favorable” and mRS 3–6 representing “unfavorable” functional outcome. Ethics approval was obtained from the local institutional review board and informed consent was waived.

### Statistical analysis

The analysis was performed at the stroke encounter level with each individual stroke admission representing one encounter. Categorical variables were described using frequencies and percentages and continuous variables were described using means and standard deviations, or medians and interquartile ranges (IQR). Comparisons of demographic and clinical variables between observations with and without WMH volume and between observations resulting in a Modified Rankin Scale (mRS) of 0–2 (favorable) versus mRS 3–6 (unfavorable) were performed using Fisher’s exact tests for categorical variables and Wilcoxon rank-sum tests for continuous variables.

Multiple imputation for the missing values was performed using the multivariate imputation by fully conditional specification methods.[10,11] Four complete datasets were created. In addition to the four variables for which missing values were imputed, 43 additional variables were used to inform the multiple imputation process. A complete list of those variables can be found in Table 1 in the Supplemental Information Online-Only Content. To facilitate the imputation of missing values of NIHSS, the scores were categorized. A score of 0 was classified as no stroke symptoms, scores of 1–4 indicated minor stroke, scores of 5–15 moderate stroke, scores of 16–20 moderate to severe stroke, and scores of 21–42 severe stroke. Results from analyzing each of the four complete datasets were combined using methods from Rubin.[12] The procedure computes combined point estimates and combined standard errors while accounting for within-imputation and between-imputation variance.

The relationship between WMH volume and the functional status outcomes was described using odds ratio estimates and 95% confidence intervals from multivariable logistic regression models adjusting for patient and treatment characteristics. Variables that were statistically significant ( $p < 0.05$ ) in bivariate analysis were included in the multivariable regression models. The categorical version of NIHSS at admission was used in multivariable models. Restricted cubic splines were used to test for a non-linear relationship between WMH volume and the functional status outcome. Multivariable model results are reported for complete cases where no observations had missing values for variables included in the models (complete case analysis), and analysis was repeated on the imputed dataset and those model results are presented.

Exploration of an optimal cutoff value of WMH volume to predict a favorable functional status outcome was done using SAS’s ROCPLLOT macro from <http://support.sas.com/kb/25/018.html#ref>. Plots of the Receiver Operating Characteristic (ROC)

curve associated with the clinically favorable (or unfavorable) binary outcome were produced. All analyses were performed using SAS 9.4 (SAS Institute Inc., Cary, NC, USA).

## Results

Between 2009 and 2017, 1,654 acute ischemic stroke encounters were studied. Fifty-three observations were missing the 90-day mRS and excluded, resulting in 1,601 stroke encounters in 1,433 unique patients. A total of 316 strokes (19.7%) were missing WMH volume values. Either no brain MRI had been obtained during the encounter or brain MRIs were not suitable for WMH segmentation. Encounters with and without values of WMH were compared and are presented in Table 2 in the Supplemental Information Online-Only Content.

### Functional outcome at 90-days in the entire cohort

Of 1,601 strokes, 1,074 (67.1%) had a favorable clinical outcome (mRS 0–2), while 527 (32.9%) had unfavorable outcome (mRS 3–6). Baseline demographics and stroke risk factor characteristics of the two outcome groups are shown in Table 1. Imaging, stroke, and treatment characteristics are presented in Table 2. Median WMH volume was lower in patients with favorable outcome (2.5 vs 4.4,  $p < 0.0001$ ). Those with favorable outcomes had lower proportions of LVO (18.6% vs 29.0%,  $p < 0.0001$ ) and a smaller proportion of anterior LVO (12.2% vs 20.9%,  $p < 0.0001$ ). Strokes resulting in favorable 90-day outcome had lower NIHSS at admission (median of 2 vs 4,  $p < 0.0001$ ). A comparison of categorical values of NIHSS also showed a significant difference ( $p < 0.0001$ ). Encounters with favorable outcomes had a lower proportion of secondary intracerebral hemorrhage (7.0% vs 10.4%,  $p = 0.0195$ ). Treatment types differed between the two groups ( $p = 0.0239$ ). Similar analysis was carried out after excluding 316 observations without values of WMH (Tables 3 and 4 in the Supplemental Information Online-Only Content). After controlling for patient and treatment characteristics in complete case multivariable models, it was observed that increases in WMH volumes from 0 to 4 ml were associated with lower odds of a favorable outcome (OR 0.863, 95% CI: 0.767, 0.972). However, increases for WMH greater than 4 ml was not associated with additional decreased odds of a favorable outcome (OR 0.982, 95% CI: 0.956, 1.009). Thus, the risk of an unfavorable outcome was higher as WMH increased from 0 to 4 ml but there was no additional risk for WMH volume with increases above 4 ml (Table 4 and Figure 1). Performing multivariable analysis on a dataset with imputed values for variables with missing data showed similar results (Table 5 in the Supplemental Information Online-Only Content).

### Functional outcome at 90-days in non-large vessel occlusion ischemic strokes

Baseline demographic, stroke risk factor, imaging, stroke, and treatment characteristics are presented in Tables 6 and 7 in the Supplemental Information Online-Only Content. After controlling for other patient and treatment characteristics in complete case multivariable models on encounters without LVO it was observed that increases in WMH volumes from 0 to 4 ml were associated with lower odds of a favorable outcome (OR 0.841, 95% CI: 0.732, 0.966). However, increases for WMH greater than 4 ml was not associated with additional decreased odds of a favorable outcome (OR 0.979, 95% CI: 0.951, 1.007) (Table 4).

Performing multivariable analysis on a dataset with imputed values for variables with missing data showed similar results (Table 8 in the Supplemental Information Online-Only Content).

### **Functional outcome at 90-days in large vessel occlusion ischemic strokes**

Baseline demographic, stroke risk factor, imaging, stroke, and treatment characteristics are presented in Tables 9 and 10 in the Supplemental Information Online-Only Content. After controlling for other patient and treatment characteristics in complete case multivariable models on encounters with LVO, the association between WMH volume and favorable functional status was not statistically significant ( $p = 0.0637$ ) (Table 5). Unlike the complete case analysis, producing multivariable models for the larger LVO dataset with imputed values showed a statistically significant association between WMH and functional status ( $p = 0.0065$ ) (Table 11 in the Supplemental Information Online-Only Content).

## **Discussion**

The current study assessed associations of WMH burden with 90-day functional outcome after non-LVO and LVO acute ischemic strokes. There was a strong relationship between WMH burden and functional outcome in patients with WMH volumes between 0 and 4 ml (stroke examples with WMH volumes of approximately 4 ml are shown in Figure 2). Patients in this group had decreasing odds for a favorable outcome with increasing WMH. Interestingly, in patients with WMH above 4, the relationship between increasing WMH and decreasing odds for a favorable outcome was no longer statistically significant indicating a threshold effect of WMH. Patients with WMH surpassing that threshold had uniformly unfavorable outcome, independent of the amount of additional WMH. In terms of LVO status, WMH volume was significantly related to functional outcomes in non-LVO strokes. In the complete case multivariable model for LVO stroke (i.e., without imputation for missing variables), the association between WMH volume and functional outcome was not significant. After imputation, however, the effect of WMH volume on functional outcome in LVO strokes was also observed, likely due to increase in statistical power of the imputed dataset analysis. From a clinical point of view, the current study does not demonstrate remarkably different effects of WMH burden on functional outcomes in non-LVO and LVO ischemic strokes.

### **White matter hyperintensity in large vessel occlusion ischemic strokes**

In the present study, increasing WMH volumes up to 4 ml were significantly associated with functional outcome at 90-days after imputation. Other factors associated with unfavorable outcome were advanced age, dyslipidemia, anemia, smoking, anemia, COPD, and a family history of stroke. Smoking had a protective effect. The “smoking paradox” on ischemic stroke outcome, however, was not confirmed in a recent meta-analysis.[13] As expected, increasing stroke severity in terms of NIHSS on admission were associated with worse outcome at 90-days. Mechanical thrombectomy represents a milestone in the management of acute ischemic strokes from LVO.[7] Data on WMH in patients undergoing mechanical thrombectomy for LVO stroke are sparse and controversial.[14] An early study from 2012 assessed 292 patients who underwent intra-arterial thrombolysis and found that white matter

lesions using the semiquantitative Scheltens and Fazekas scores inversely correlated with favorable outcome, survival, and successful recanalization.[15] Recanalization techniques and devices, however, have advanced significantly and intra-arterial thrombolysis has fallen out of favor limiting the applicability of this study to current day management of LVO stroke patients. A more recent study from 2014, but prior to publication of the landmark LVO stroke trials in 2015[7], also found an association of severe WMH burden and unfavorable outcome at 90-days.[16] In contrast, a study of 73 patients with LVO undergoing mechanical thrombectomy demonstrated that increasing WMH reduced the odds of good collateral grade, but did not affect long term functional outcome.[17] Others have reported similar small vessel disease burden associations with collaterals.[18] A study by Eker et al. did not, however, find a correlation of small vessel disease burden with collaterals in anterior circulation LVO strokes.[19] More recent studies have shed additional light on the WMH burden issue in LVO strokes. A recent study of 496 patients enrolled in the Thrombectomie des Artères Cérébrales (THRACE) trial and 2 prospective cohorts treated with mechanical thrombectomy found that patients with higher WMH burden had safety and efficacy profiles of thrombectomy similar to those in patients with lower WMH burden, but are at higher risk of unfavorable outcome.[20] The study used similar WMH quantification methodology as the present study. Contrasting this method, another recent study published in 2019 used the semiquantitative van Swieten scale to measure WMH and dichotomized patients to absent-to-mild (van Swieten scale score 0–2) versus moderate-to-severe (3–4). A total of 144 consecutive patients with successful (TICI 2b/3) mechanical thrombectomy for anterior circulation LVO within 24 hours were included. WMH was independently associated with the onset-to-reperfusion time. The association between onset-to-reperfusion time and 90-day outcome depended on the degree of WMH burden. Pre-existing WMH was associated with the 90-day functional outcome after successful reperfusion. Patients with a higher WMH burden needed to present earlier than those with lower WMH to achieve comparable favorable outcomes.[21] Even if increasing WMH burden is associated with an increased risk of a unfavorable functional outcome, there is no reason to exclude patients with WMH and LVO from receiving this intervention. Mechanical thrombectomy performed both in the early (<6–8 hours) and late (up to 16–24 hours) time window from stroke onset is beneficial across a wide range of stroke patient characteristics. And while some characteristics (longer time to intervention, advanced age, and higher NIHSS strokes) are associated with worse outcomes than others, the benefit of thrombectomy over medical therapy remains robust across the board.[7,22]

### Limitations

Data collection and analysis were performed retrospectively and were therefore subject to incomplete datasets. To mitigate this limitation, imputation for missing variables was performed. For 19.7% of strokes, no brain MRIs were available for segmentation. Those patients were older, had higher rates of certain stroke risk factors and comorbidities, and had worse functional outcome (Table 2 in the Supplemental Information Online-Only Content). A certain selection bias affecting the results of the study can therefore not be excluded. The study also included patients with ischemic stroke presenting prior to 2015, at which time the benefit of mechanical thrombectomy for LVO stroke had not been proven. Therefore,



mechanical thrombectomy was not offered to all LVO patients eligible for this procedure under current guidelines.[23]

## Conclusion

The burden of WMH has effects on 90-day functional outcome after LVO and non-LVO strokes. Particularly increases from no measurable WMH to 4 ml of WMH correlate strongly with unfavorable outcome. Whether this relationship of increasing WMH to worse outcome is more pronounced in non-LVO than LVO strokes deserves additional investigation.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## Acknowledgement

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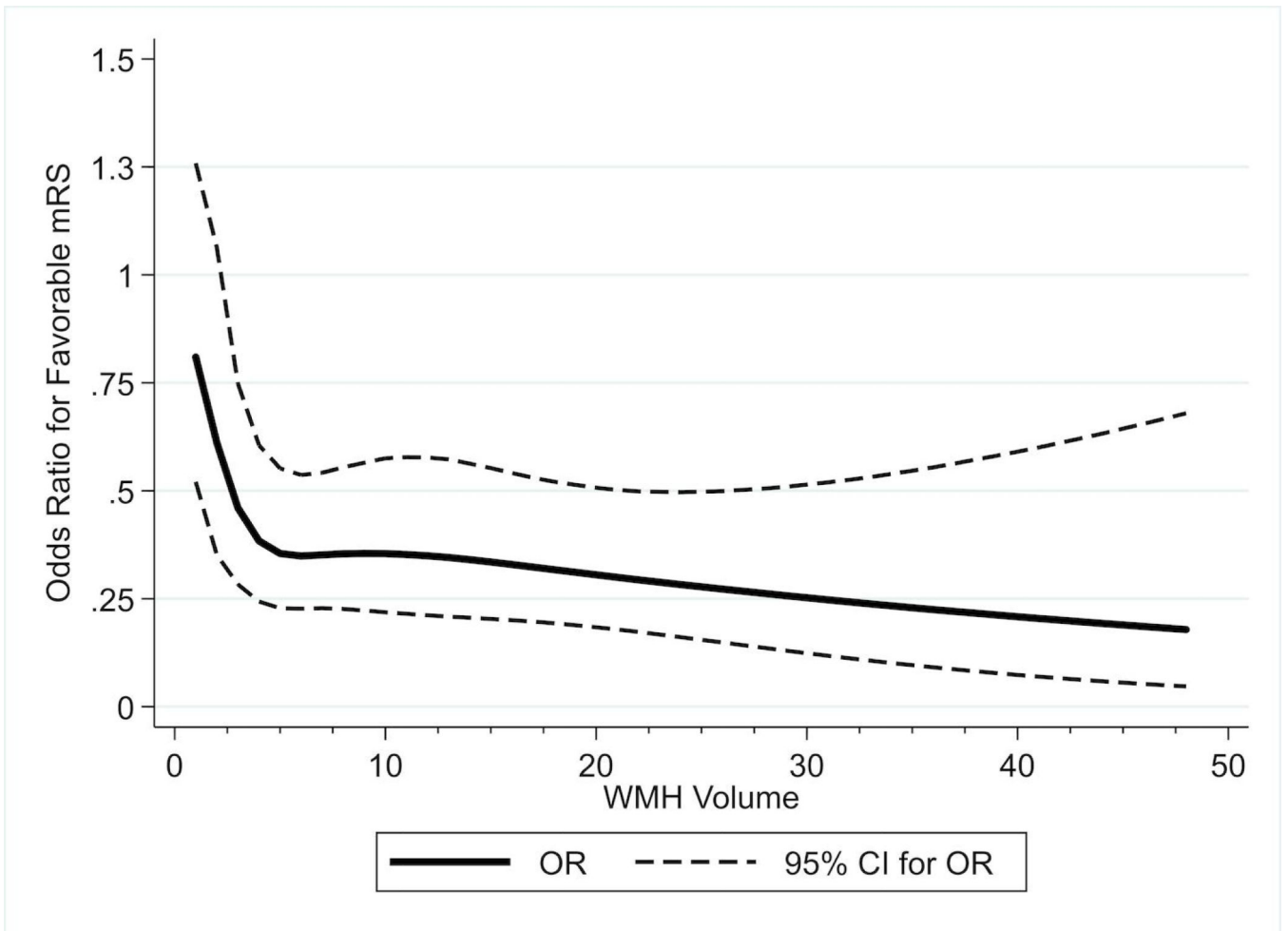
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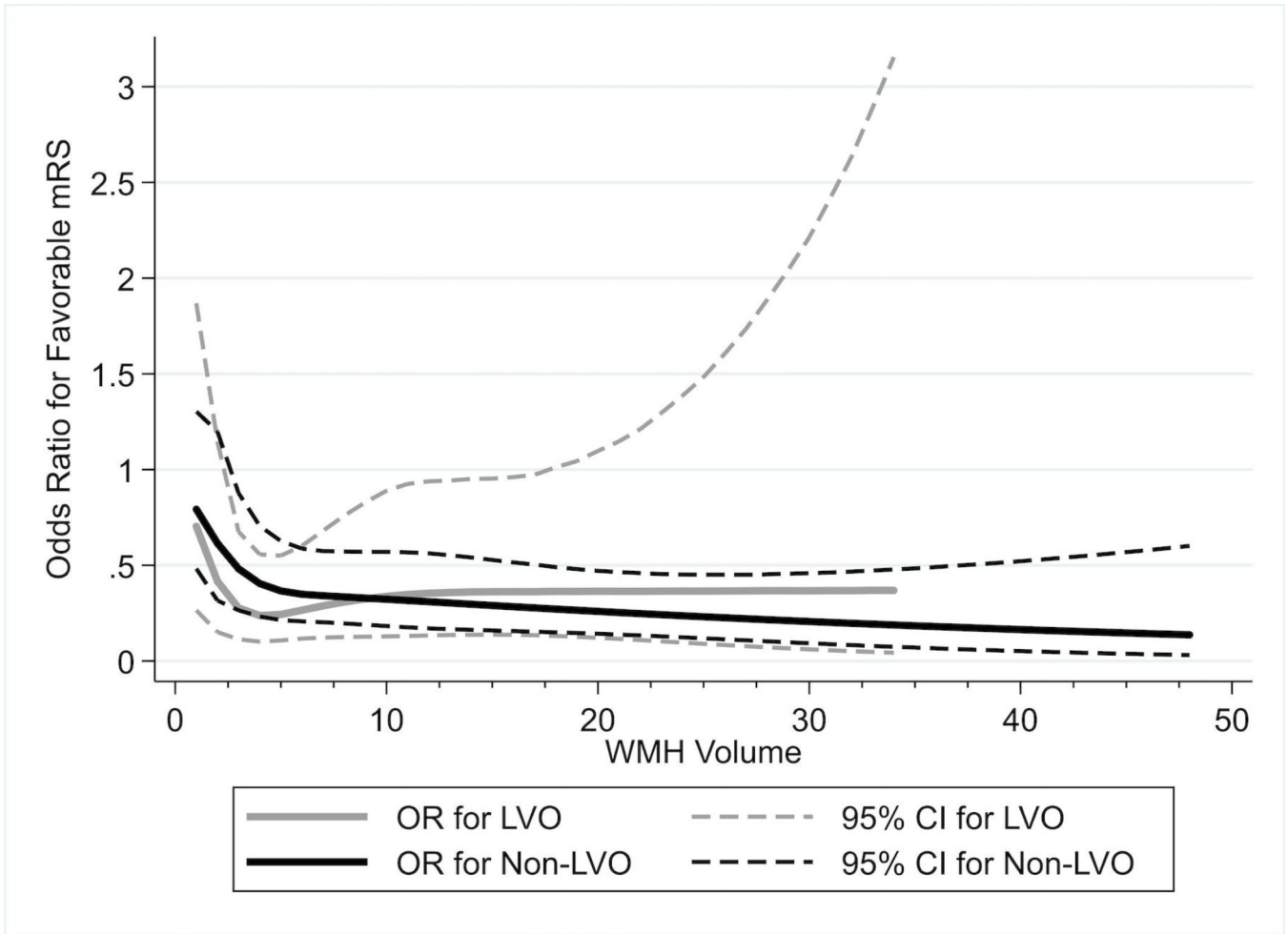


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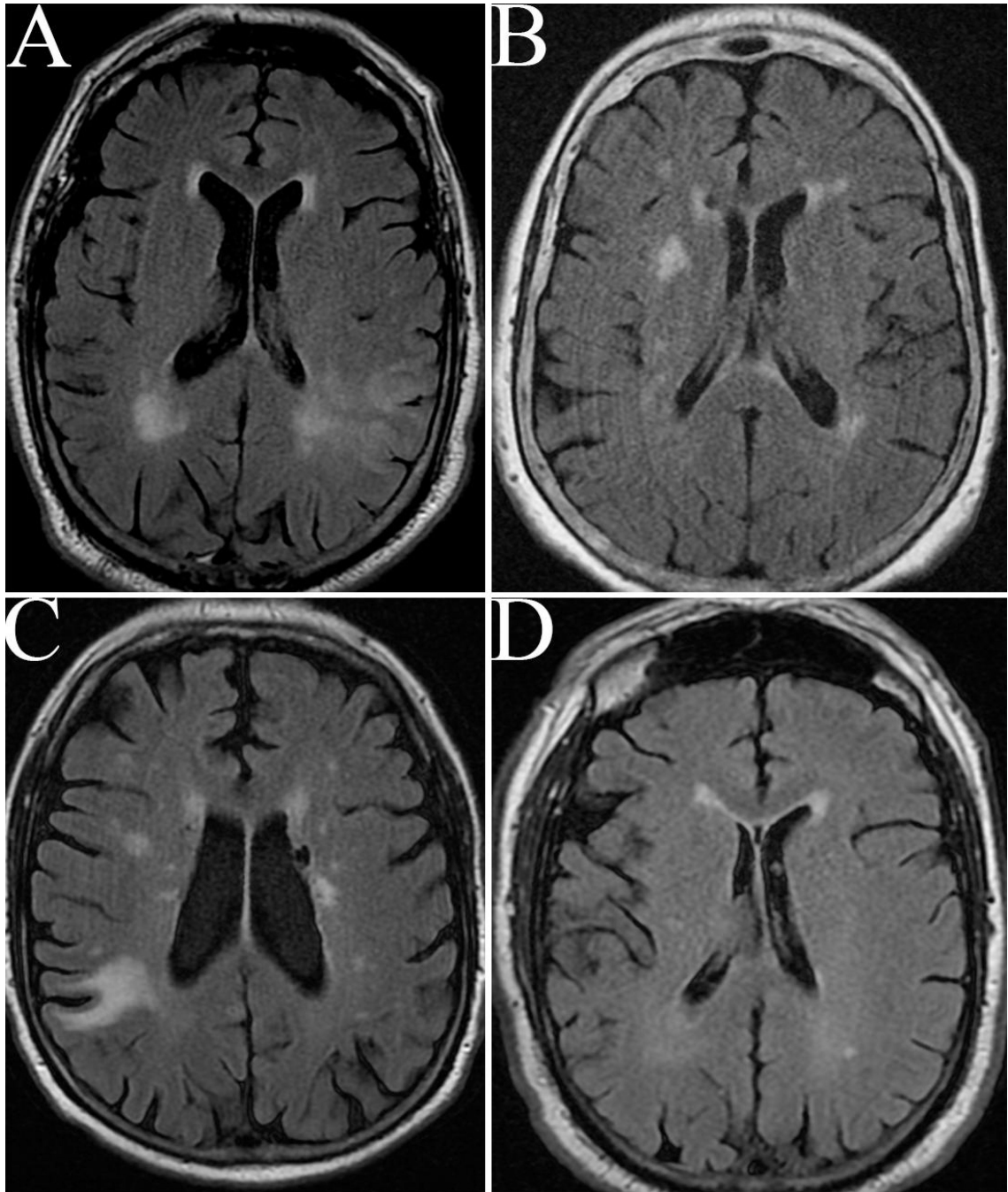
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**Figure 1.** Panel A. WMH and odds ratio estimates for favorable functional status. Estimates are from a logistic regression model using a restricted cubic spline for the WMH variable. Odds ratios (continuous line) and their 95% confidence intervals (dashed lines) were estimated at each integer value of WMH vs 0 and plotted for WMH ranging from 1 to 48. Data uses observations with non-missing values of WMH (n = 1,285). Panel B. WMH and odds ratio estimates for favorable functional status for non-LVO (n = 1,005) and LVO (n = 280) ischemic strokes.



**Figure 2.** Representative axial T2 FLAIR MRI brains of strokes with WMH volumes of approximately 4 ml. Panel A: 4.05 ml. Panel B: 4.02 ml. Panel C: 4.04 ml. Panel D: 4.01 ml.

**Table 1.**

Baseline demographic and stroke risk factor characteristics for all stroke encounters (n = 1,601)

|   | Entire Cohort (n = 1601)      | mRS 0–2 Favorable (n = 1074)  | mRS 3–6 Unfavorable (n = 527) | P-value * |
|---|-------------------------------|-------------------------------|-------------------------------|-----------|
| Age (years) (median [IQR], mean $\pm$ SD)         | 69 [58 – 78], 67.7 $\pm$ 13.4 | 67 [57 – 76], 65.6 $\pm$ 13.3 | 74 [63 – 82], 72.0 $\pm$ 12.7 | < 0.0001  |
| Females, n (%)                                    | 788 (49.2%)                   | 502 (46.7%)                   | 286 (54.3%)                   | 0.0048    |
| History of hypertension, n (%)                    | 1264 (79.0%)                  | 814 (75.8%)                   | 450 (85.4%)                   | < 0.0001  |
| Diabetes mellitus type 2                          | 621 (38.8%)                   | 375 (34.9%)                   | 246 (46.7%)                   | < 0.0001  |
| Dyslipidemia                                      | 1148 (71.7%)                  | 758 (70.6%)                   | 390 (74.0%)                   | 0.1569    |
| Current or former smoker, n (%) <i>Missing, n</i> | 954 (60.7%) 29                | 648 (61.0%) 11                | 306 (60.1) 18                 | 0.7827    |
| Alcohol consumption, n (%) <i>Missing, n</i>      | 552 (36.5%) 89                | 407 (39.9%) 54                | 145 (29.5%) 35                | < 0.0001  |
| BMI $\geq$ 30, n (%)                              | 755 (47.2%)                   | 508 (47.3%)                   | 247 (46.9%)                   | 0.8732    |
| Peripheral vascular disease, n (%)                | 161 (10.1%)                   | 92 (8.6%)                     | 69 (13.1%)                    | 0.0060    |
| Coronary artery disease, n (%)                    | 477 (29.8%)                   | 286 (26.6%)                   | 191 (36.2%)                   | < 0.0001  |
| Atrial fibrillation, n (%)                        | 355 (22.2%)                   | 197 (18.3%)                   | 158 (30.0%)                   | < 0.0001  |
| Carotid stenosis, n (%)                           | 607 (37.9%)                   | 408 (38.0%)                   | 199 (37.8%)                   | 0.9563    |
| Intracranial atherosclerotic stenosis, n (%)      | 483 (30.2%)                   | 318 (29.6%)                   | 165 (31.3%)                   | 0.4875    |
| Anemia, n (%)                                     | 243 (15.2%)                   | 120 (11.2%)                   | 123 (23.3%)                   | < 0.0001  |
| Pro-coagulant coagulation disorder, n (%)         | 71 (4.4%)                     | 42 (3.9%)                     | 29 (5.5%)                     | 0.1560    |
| COPD, n (%)                                       | 188 (11.7%)                   | 104 (9.7%)                    | 84 (15.9%)                    | 0.0004    |
| Sleep apnea, n (%)                                | 170 (10.6%)                   | 102 (9.5%)                    | 68 (12.9%)                    | 0.0468    |
| Family history of stroke, n (%)                   | 358 (22.4%)                   | 224 (20.9%)                   | 134 (25.4%)                   | 0.0412    |
| Prior TIA, n (%)                                  | 191 (11.9%)                   | 120 (11.2%)                   | 71 (13.5%)                    | 0.1897    |
| Prior stroke (hemorrhagic or ischemic), n (%)     | 342 (21.4%)                   | 200 (18.6%)                   | 142 (26.9%)                   | 0.0002    |

\* P-value: Continuous variables were compared using Wilcoxon rank-sum tests and categorical variables were compared using Fisher's exact tests.

**Table 2.**

Imaging, stroke, and treatment characteristics for all encounters (n = 1,601)

|  | Entire Cohort (n = 1601) | mRS 0–2 Favorable (n = 1074) | mRS 3–6 Unfavorable (n = 527) | P-value * |
|--|--------------------------|------------------------------|-------------------------------|-----------|
| White matter hyperintensity volume (median [IQR]), <i>Missing, n</i> | 3.13 [1.02 – 7.50] 316   | 2.50 [0.77 – 6.44] 167       | 4.44 [1.93 – 9.53] 149        | < 0.0001  |
| LVO, n (%)   | 353 (22.0%)              | 200 (18.6%)                  | 153 (29.0%)                   | < 0.0001  |
| Anterior (IM1M2) LVO, n (%)  | 241 (15.1%)              | 131 (12.2%)                  | 110 (20.9%)                   | < 0.0001  |
| TOAST Subtype, n (%)   |                          |                              |                               | 0.1998    |
| Cardioembolism   | 490 (30.6%)              | 315 (29.3%)                  | 175 (33.2%)                   |           |
| Large-artery atherosclerosis   | 385 (24.0%)              | 259 (24.1%)                  | 126 (23.9%)                   |           |
| Small vessel occlusion   | 259 (16.2%)              | 189 (17.6%)                  | 70 (13.3%)                    |           |
| Stroke of undetermined etiology                                      | 412 (25.7%)              | 275 (25.6%)                  | 137 (26.0%)                   |           |
| Stroke of other determined etiology                                  | 55 (3.4%)                | 36 (3.4%)                    | 19 (3.6%)                     |           |
| NIHSS at admission (median [IQR])<br><i>Missing, n</i>               | 3[1–6] 73                | 2[1–4] 36                    | 4[2–10] 37                    | < 0.0001  |
| NIHSS at admission, n (%)  |                          |                              |                               | < 0.0001  |
| No stroke symptoms (0)   | 309 (20.2%)              | 246 (23.7%)                  | 63 (12.9%)                    |           |
| Minor stroke (1–4)   | 728 (47.6%)              | 536 (51.6%)                  | 192 (39.2%)                   |           |
| Moderate stroke (5–15)   | 384 (25.1%)              | 223 (21.5%)                  | 161 (32.9%)                   |           |
| Moderate/severe stroke (16–20)                                       | 59 (3.9%)                | 21 (2.0%)                    | 38 (7.8%)                     |           |
| Severe stroke (21–42)  | 48 (3.1%)                | 12 (1.2%)                    | 36 (7.3%)                     |           |
| <i>Missing</i>   | 73 (4.6%)                | 36 (3.4%)                    | 37 (7.0%)                     |           |
| Treatment, n (%)   |                          |                              |                               | 0.0239    |
| IV tPA   | 151 (9.4%)               | 110 (10.2%)                  | 41 (7.8%)                     |           |
| Mechanical thrombectomy  | 15 (0.9%)                | 9 (0.8%)                     | 6 (1.1%)                      |           |
| IV tPA and mechanical thrombectomy                                   | 24 (1.5%)                | 10 (0.9%)                    | 14 (2.7%)                     |           |
| None   | 1411 (67.0%)             | 945 (88.0%)                  | 466 (88.4%)                   |           |
| IV tPA Treatment, n (%)  | 175 (10.9%)              | 120 (11.2%)                  | 55 (10.4%)                    | 0.7332    |
| TICI reperfusion score among thrombectomy treatments, n (%)          |                          |                              |                               | 0.0074    |
| mTICI 0  | 6 (15.4%)                | 0 (0.0%)                     | 6 (30.0%)                     |           |
| mTICI 1  | 0 (0.0%)                 | 0 (0.0%)                     | 0 (0.0%)                      |           |
| mTICI 2A   | 2 (5.1%)                 | 0 (0.0%)                     | 2 (10.0%)                     |           |
| mTICI 2B   | 14 (35.9%)               | 7 (36.8%)                    | 7 (35.0%)                     |           |
| mTICI 3  | 17 (43.6%)               | 12 (63.2%)                   | 5 (25.0%)                     |           |
| Secondary intracerebral hemorrhage, n (%)                            | 130 (8.1%)               | 75 (7.0%)                    | 55 (10.4%)                    | 0.0195    |

\* P-value: Continuous variables were compared using Wilcoxon rank-sum tests and categorical variables were compared using Fisher's exact tests.

**Table 3.**Complete case analysis multivariable model for favorable functional outcome (all  $p < 0.05$ )

| Odds Ratio Estimates for Complete Case Analysis (n = 1171) |        |        |         |          |
|--|--------|--------|---------|----------|
| Effect   | OR     | 95% CI |         | P-Value  |
| WMH Volume (1 unit increase for volume = 4)                | 0.863  | 0.767  | 0.972   | 0.0017   |
| WMH Volume (1 unit increase for volume > 4)                | 0.982  | 0.956  | 1.009   |          |
| Age  | 0.971  | 0.958  | 0.983   | < 0.0001 |
| Female   | 0.699  | 0.526  | 0.930   | 0.0139   |
| Diabetes Mellitus Type 2                                   | 0.617  | 0.462  | 0.824   | 0.0011   |
| Peripheral Vascular Disease                                | 0.632  | 0.411  | 0.972   | 0.0366   |
| Anemia   | 0.448  | 0.310  | 0.647   | < 0.0001 |
| Sleep Apnea  | 0.643  | 0.414  | 0.998   | 0.0488   |
| LVO  | 0.540  | 0.379  | 0.770   | 0.0007   |
| NIHSS at Admission: Minor vs No Symptoms                   | 0.895  | 0.606  | 1.321   | < 0.0001 |
| NIHSS at Admission: Moderate vs No Symptoms                | 0.304  | 0.197  | 0.468   |          |
| NIHSS at Admission: Moderate/Severe vs No Symptoms         | 0.178  | 0.072  | 0.440   |          |
| NIHSS at Admission: Severe vs No Symptoms                  | 0.080  | 0.023  | 0.279   |          |
| Treatment: Mechanical Thrombectomy vs None                 | 17.649 | 1.615  | 192.809 | 0.0077   |
| Treatment: IV tPA vs None                                  | 1.757  | 1.018  | 3.032   |          |
| Treatment: IV tPA/Mechanical Thrombectomy vs None          | 4.837  | 1.095  | 21.372  |          |



**Table 4.**

Complete case analysis multivariable model for favorable functional outcome for encounters without large vessel occlusion (all  $p < 0.05$ )

| <b>Odds Ratio Estimates for Complete Case Analysis Among Not LVO Encounters (n = 927)</b> |           |               |       |                |
|---|-----------|---------------|-------|----------------|
| <b>Effect</b>   | <b>OR</b> | <b>95% CI</b> |       | <b>P-Value</b> |
| WMH Volume (1 unit increase for volume $\leq 4$ )   | 0.841     | 0.732         | 0.966 | 0.0009         |
| WMH Volume (1 unit increase for volume $> 4$ )  | 0.979     | 0.951         | 1.007 |                |
| Age   | 0.972     | 0.958         | 0.987 | 0.0002         |
| Female  | 0.664     | 0.480         | 0.918 | 0.0133         |
| Diabetes Mellitus Type 2  | 0.606     | 0.436         | 0.842 | 0.0029         |
| Peripheral Vascular Disease   | 0.524     | 0.315         | 0.871 | 0.0126         |
| Carotid Stenosis  | 1.526     | 1.078         | 2.160 | 0.0171         |
| Anemia  | 0.546     | 0.367         | 0.814 | 0.0030         |
| Sleep Apnea   | 0.601     | 0.373         | 0.968 | 0.0362         |
| NIHSS at Admission: Minor vs No Symptoms  | 1.052     | 0.690         | 1.605 | < 0.0001       |
| NIHSS at Admission: Moderate vs No Symptoms   | 0.352     | 0.221         | 0.561 |                |
| NIHSS at Admission: Moderate/Severe vs No Symptoms  | 0.111     | 0.022         | 0.549 |                |
| NIHSS at Admission: Severe vs No Symptoms   | 0.324     | 0.056         | 1.871 |                |

**Table 5.**

Complete case analysis multivariable model for favorable functional outcome for encounters with large vessel occlusion (all  $p < 0.05$ )

| Odds Ratio Estimates for Complete Case Analysis Among LVO Encounters (n = 255) |       |        |       |         |
|--|-------|--------|-------|---------|
| Effect   | OR    | 95% CI |       | P-Value |
| WMH Volume (1 unit increase for volume $\leq 4$ )                              | 0.761 | 0.604  | 0.960 | 0.0637  |
| WMH Volume (1 unit increase for volume $> 4$ )                                 | 1.057 | 0.980  | 1.140 |         |
| Age  | 0.965 | 0.939  | 0.992 | 0.0103  |
| Dyslipidemia   | 0.427 | 0.211  | 0.864 | 0.0179  |
| Smoking Ever vs Never  | 2.138 | 1.117  | 4.093 | 0.0218  |
| Anemia   | 0.178 | 0.064  | 0.495 | 0.0009  |
| NIHSS at Admission: Minor vs No Symptoms                                       | 0.485 | 0.171  | 1.374 | 0.0067  |
| NIHSS at Admission: Moderate vs No Symptoms                                    | 0.213 | 0.074  | 0.611 |         |
| NIHSS at Admission: Moderate/Severe vs No Symptoms                             | 0.247 | 0.067  | 0.913 |         |
| NIHSS at Admission: Severe vs No Symptoms                                      | 0.085 | 0.013  | 0.534 |         |