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Persistent Diarrhea in Patients With Crohn's Disease After Mucosal Healing is Associated With Lower Diversity of the Intestinal Microbiome and Increased Dysbiosis

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Abstract

Background & Aims: In patients with inflammatory bowel diseases (IBD), symptoms do not always associate with the severity of endoscopic inflammation and can persist after mucosal healing. We investigated whether symptoms in patients with successfully treated IBD are related to composition of the intestinal microbiome.

Methods: We analyzed 590 tissue biopsies from 215 patients with IBD and 48 healthy individuals (controls). We obtained mucosal biopsies from 2 colon sites (ascending and rectosigmoid) and from the terminal ileum along with clinical data. Bacterial DNA was extracted from the biopsies and the V4 region of 16s rRNA sequenced by Miseq and processed using the QIIME v1.9 pipeline.

Results: Mucosal biopsies from patients with Crohn's disease (CD) who achieved mucosal healing (Mayo scores of 0–1 or SES-CD scores of 0–5) had lower Chaol diversity than biopsies from patients with ulcerative colitis (UC) or unclassified IBD (IBD-U), or controls. After endoscopic evidence of improvement in patients with UC or IBD-U, diversity of the tissue-associated microbiota did not differ significantly from that of controls. Colon biopsies from patients with CD had lower microbial diversity, before and after healing (segmental endoscopic

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severity-CD scores, 0–2), than colon biopsies from controls ($P<.002$). In patients with CD who achieved mucosal healing, residual clinical activity (CD activity index scores above 150; $P=.03$) and persistent diarrhea was associated with reduced microbial diversity ($P=.01$). Continued diarrhea was associated with a trend towards dysbiosis, based on the microbial dysbiosis index ($P=.059$). In patients with UC or IBD-U with moderate to severe inflammation, increasing severity of diarrhea was associated with reduced microbial diversity ($P=.03$).

Conclusions: In an analysis of biopsies from patients with IBD and controls, we found that despite endoscopic evidence of improvement or remission, alpha diversity of the tissue-associated intestinal microbiome remained lower in patients with CD than in controls. This observation, along with the reduced Chao1 diversity and greater dysbiosis in intestinal microbiota of patients with residual symptoms of IBD, indicates that microbiome composition could be associated with persistent diarrhea.

Keywords

outcome; response to therapy; microbiome; prognostic factor

INTRODUCTION

External environmental factors, the intestinal microbiome, inherited genetic risk and dysregulation of the innate and adaptive immune responses participate in a complex interplay, influencing disease development and prognosis in inflammatory bowel disease (IBD), and dysbiosis has been described in both single time-point and dynamic longitudinal studies of IBD^{1–3}. It is unclear if increased abundance of pathobionts in the presence of active inflammation impacts severity of patient symptoms and plays a role in the conundrum of unexplained residual clinical activity in patients with treated IBD. Several hypotheses have been proposed to explain the persistence of clinical symptoms in patients who have had objectively successful treatment. Given the link between dysbiosis and diarrhea-predominant irritable bowel syndrome (IBS-D)⁴, we sought evidence of an association between alterations in the tissue-associated microbiome and specific symptoms in IBD patients.

We analyzed 590 tissue biopsies taken from 215 recruited patients with colonic and ileal CD, ulcerative colitis or IBD-Unclassified (UC/IBD-U) and 48 healthy controls (HC) and have characterized the tissue-associated microbiome at two colon sites (ascending and rectosigmoid) and at the terminal ileum. In biopsy samples, analysis of the microbiome by disease location is valuable since the detected bacteria are in direct contact with the host tissue. Analyzing features of tissue-associated microbiome diversity and composition may differentiate between IBD phenotypes both in active and endoscopically quiescent disease, determining the relationship between patient-reported symptoms and the intestinal microbiome.

MATERIALS AND METHODS

Patient selection and recruitment

Patients with confirmed IBD and asymptomatic HC who were attending for colorectal cancer screening were recruited at colonoscopy. Study activities were conducted with ethical

approval. Biopsies were taken from sigmoid, ascending colon and terminal ileum when technically possible and snap frozen in liquid nitrogen. Endoscopic scores were determined by the endoscopist (IBD specialists and advanced IBD fellows) using Mayo scores (UC/IBD-U) and in CD, the segmental endoscopic severity score (SES-CD)^{5, 6}. Severity of endoscopic disease was graded on a 4-point scale (Table 1). The ordinal score reflects the segment of maximal inflammation (i.e. severe terminal ileal disease with normal colon). Patients with a maximum Mayo Score 1 or SES-CD score 0-5 were considered to have mucosal healing/endoscopic improvement. Endoscopic remission was defined as Mayo 0 or SES-CD 0-2.

Clinical and demographic data were recorded and use of antibiotics at endoscopy was a criterion for exclusion. Clinical activity was defined as partial Mayo score ≥ 2 in UC/IBD-U or CD Activity Index >150 ⁷⁻⁹. Stool frequency, abdominal pain, use of anti-diarrheal medications, nocturnal diarrhea and rectal bleeding were recorded at endoscopy. Daily diarrhea was classified as ≥ 2 loose stools more than normal or >3 loose stools daily and residual diarrhea reflects daily diarrhea despite mucosal healing.

Microbiome analysis

Total microbial DNA was extracted from biopsies in two batches using the DNeasy blood and tissue kit (Qiagen), as per the manufacturer's protocol, with an additional bead beating step to ensure adequate cell lysis. Bead beating was performed using both 5 mm stainless steel beads to disrupt tissue (Qiagen 69989) and glass beads (Mo-Bio, Mississauga, ON, Canada) to disrupt bacterial cells, in conjunction with the FastPrep tissue homogenizer (MP Biomedicals, Santa Ana, CA, USA). Additional enzymatic lysis was conducted through the addition of proteinase K (as per the Qiagen protocol) and incubation of samples at 65°C.

Amplicon sequencing of the V4 hypervariable region of 16s rRNA bacterial DNA was completed using primers 515F/806R¹⁰ and on an Illumina MiSeq platform (Illumina, San Diego). Paired-end sequences were processed using the QIIME 1.9 pipeline using an algorithm of closed-reference operational taxonomic unit (OTU) -picking which included reference-based chimera searching¹¹. OTUs were assigned using the Greengenes database 13_8^{11, 12}. Alpha diversity was calculated using Chao1 and Shannon index after rarefaction depth of 8500 reads per sample. Associations between outcomes and taxa were performed for each taxonomic level from phylum to genus. Association testing corrected for covariates including smoking status, sex, disease location and activity. The Microbial Dysbiosis Index (MD-Index) is a unique framework for assessment of ileal dysbiosis in CD based on log abundance of specific taxa and was applied to quantify dysbiosis².

Statistical analysis

Shannon and Chao1 alpha diversity indices were compared using a t-test, and Bray-Curtis beta diversity using Adonis within QIIME software. The Deseq2 model¹³ was used while accounting for sex, age, and inflammation. A logistic regression was applied for binary traits adjusting for age, sex, inflammation and total number of reads.

Correlation between MD-index scores and endoscopic inflammation used non-parametric Spearman's correlation coefficient². Taxa associations were considered significant when

corrected q-value was <5% corresponding to a raw p-value <2.1 x 10⁻⁴ (considering 235 taxa from Phylum down to genus). Paired analysis of sigmoid and ascending colon tissue was performed in UC patients using corrected paired t-test.

RESULTS

Description of the cohort

We enrolled 215 patients with IBD (n=114 UC/IBD-U, n=101 CD) and 48 HC (Table 2). Patients with UC (n=99) and IBD-U (n=15) were considered together given phenotypic similarities.

Seven patients on antibiotics at endoscopy were excluded, leaving 590 samples with complete metadata. Sixty-four percent of the CD cohort and 68% of UC/IBD-U had endoscopic improvement or remission (Mayo 0-1 or SES-CD 0-5, figure 1).

In the absence of endoscopic inflammation, the tissue-derived microbiota is less diverse in CD patients compared with healthy controls

Lower alpha diversity metrics in patients with CD has previously been described^{3, 14, 15}. Here, when compared with UC/IBD-U or HC, patients with CD had reduced alpha diversity in both sigmoid (p= .01 and p= 9.4 x 10⁻⁶ for CD vs. UC/IBD-U and CD vs. HC respectively) and terminal ileum mucosa (p= .03; p= .001 for CD vs. UC/IBD-U and CD vs. HC respectively; supplementary figure 1). Similarly, Bray-Curtis beta diversity in sigmoid mucosal samples was lower in CD patients when compared with either UC/IBD-U or HC (p<0.001 CD vs UC/IBD-U, p<0.001 CD vs HC, supplementary figure 2A). The MD-index has been validated in terminal ileum samples, but in our cohort, both terminal ileal and sigmoid colon inflamed samples demonstrated increased dysbiosis in CD compared with UC/IBD-U or HC (.01 p .03, supplementary figure 3).

To determine whether microbiome composition is associated with clinical symptoms, we identified patients in endoscopic remission (Mayo 0 or SES-CD 0-2). In sigmoid colon samples, patients with CD (n=32) exhibited reduced Chao1 alpha diversity when compared with UC/IBD-U (n=38; p= .03) or HC (n=48; p= 4x10⁻⁴, figure 2A). Biopsy-specific scoring of inflammation diversity was not mirrored by lower Chao1 alpha diversity or increased dysbiosis using MD-index (p= .24, rho= .12 in CD; p= .06, rho= .2 in UC/IBD-U, Supplementary Figure 4).

Increased relative abundance of Fusobacteria and Proteobacteria and other taxa variations are associated with CD patients with mucosal healing

We analyzed individual taxa at three sites in remission. Patients with CD had increased relative abundance of Fusobacteria at the phylum and lower taxonomic ranks in the terminal ileum and sigmoid colon (p< 7x10⁻⁵) and increased Proteobacteria genera in ileal samples (p< 1 x 10⁻⁴) compared with UC/IBD-U and HC. Two *Prevotella* species were more abundant in UC/IBD-U than in CD patients at the terminal ileum (p 1 x 10⁻⁴, supplementary data 2). In terminal ileum, *Fusobacteriaceae cetobacterium* abundance (p= 2.7 x 10⁻⁵) was increased in CD vs HC, while a lower abundance of Bacteroidetes genera

including *Akkermansia muciniphila* ($p = 2 \times 10^{-4}$, supplementary data 2) was observed. Comparing CD sigmoid samples with HC, genera from Fusobacteria and Actinobacteria phyla have increased relative abundance in CD, as did *Dorea* from the Firmicutes phylum (6.9×10^{-10} $p = 2 \times 10^{-5}$). In Mayo 0 UC/IBD-U there was increased prevalence of *Lactobacillus* at the terminal ileum compared with HC ($p = 9.7 \times 10^{-4}$, supplementary data 2).

UC/IBD-U patients with Mayo 0-1 disease had increased relative abundance of mucin-residing, *Akkermansia muciniphila* among UC/IBD-U (1×10^{-4} $p = 2 \times 10^{-4}$, supplementary data 3). Paired analysis of sigmoid and ascending colon samples in patients with quiescent left-sided disease in endoscopic remission identified no differentially abundant taxa in previously diseased mucosa when compared with historically unaffected right colon (supplementary data 4).

Persistent clinical activity and daily diarrhea in the absence of endoscopic activity in CD is associated with reduced diversity

After mucosal healing, 28% CD ($n=17/60$) and 35% UC/IBD-U patients ($n=28/77$) met criteria indicating active clinical disease (CDAI >150 or pMayo >1). There were no associations between individual taxa abundance and specific symptoms or clinical activity in CD (supplementary data 5) or UC/IBD-U (supplementary data 6). In CD patients with endoscopic improvement, we noted Bray-Curtis beta diversity dissimilarity in patients with CDAI >150 compared with patients in clinical remission ($p=0.01$, $r=0.24$, supplementary figure 2B). Furthermore, alpha diversity was lower in patients with CDAI >150 ($n=17/43$, $p < .03$, figure 3A). When alpha diversity was analyzed according to presence of rectal bleeding, nocturnal diarrhea, daily diarrhea or pain, only daily diarrhea in endoscopically improved CD was associated with a trend towards lower alpha diversity ($p = .06$, figure 3B). In endoscopic remission (SES-CD 0-2), the association between reduced diversity and daily diarrhea ($n=8/26$) was significant ($p = .01$, figure 3C), with no relationship between histological activity and residual diarrhea ($p = .70$, figure 3D). We noted a trend towards dysbiosis of sigmoid samples in patients with residual diarrhea ($p = .059$, figure 3E). Daily diarrhea was associated with the presence of *Lactobacillus* ($q = .04$, figure 3F).

In moderate to severe UC/IBD-U, increasing clinical activity is associated with reduced diversity

Despite active disease, 24% with Mayo 2-3 and 47% of CD patients with SES-CD score > 6 were in clinical remission (pMayo 0-1 or CDAI <150, figure 1). Neither diversity nor dysbiosis in moderate-severe endoscopic inflammation were associated with clinical activity or specific symptoms in CD (supplementary data 7). Alpha diversity was lower in patients with daily diarrhea in moderate-severe UC/IBD-U in sigmoid colon samples ($p = .03$, figure 4A), accompanied by a higher MD-index ($p = .03$, Figure 4B). Daily stool frequency negatively correlated with abundance of Firmicutes *Anaerostipes* ($q = .037$, $\rho = -.61$) and two unidentified members of the *Christensenellaceae* family, one in ileum ($q = .04$, $\rho = -.6$) and the other in sigmoid colon ($q = .046$, $\rho = -.40$, supplementary data 8). Relative abundance of a genus from the phylum Proteobacteria, *Luteimonas* also, correlated with increasing diarrhea in ileal samples in UC/IBD-U ($q = .047$, $\rho = .6$ supplementary data 8).

DISCUSSION

In CD patients in endoscopic remission, the mucosa-associated microbiome has less species richness and greater dysbiosis than UC/IBD-U or controls. Furthermore, in CD with endoscopic improvement, patients with persistent clinical symptoms have dissimilar beta diversity and reduced Chao1 alpha diversity than those in remission. Echoing a previous study¹, we found no relationship between persistent symptoms and histological activity, previous treatments or flares over a 12-month follow-up. The detailed reporting of clinical activity, endoscopic inflammation and extensive metadata leaves this cohort well placed to compare the microbiome between IBD phenotypes in the presence and absence of inflammation.

Despite variable sites of disease activity, differences in alpha diversity and MD-Index scores were evident in ileum and rectosigmoid samples (supplementary figures 1 & 3).

Fusobacterium abundance was increased in both colon and TI samples in CD relative to UC/IBD-U, but other differential taxa at one location were not replicated at the other sites. This suggests, even in active inflammation, abundance of tissue-associated taxa may differ depending on sampling site. We noted increased relative abundance of *Akkermansia muciniphila* in ileal CD and in UC/IBD-U patients with endoscopic improvement relative to those with moderate-severe inflammation. This bacterium effects epithelial response and goblet cell function influencing gut protective mucus layer, which is compromised in UC^{16, 17} and was predictive of endoscopic remission in IBD¹⁸.

There was no relationship between either alpha diversity or specific taxa abundance and the severity of inflammation at the biopsy site (supplementary figure 4). In our analysis, the lack of correlation between either diversity or taxa abundance and endoscopic inflammation supports the hypothesis that the microbiome may predict IBD phenotype through analysis of community structure¹⁹ or specific OTU combinations, rather than individual species abundance. However, dysbiosis and diversity indices may have potential to differentiate between phenotypes. The MD-index was lower in CD compared with UC/IBD-U and control patients in this population. This dysbiosis score has not been validated for use in IBD phenotypes other than CD, but we propose that this may have potential to differentiate between IBD phenotypes in active inflammation. Chao1 alpha diversity in sigmoid samples was persistently lower in CD relative to UC/IBD-U and HC, even in patients with healed colons (Mayo 0, SES-CD 0-2, figure 2). In addition, paired analysis of ascending and sigmoid colon samples in patients with quiescent left sided UC/IBD-U showed no differentially abundant taxa. These findings suggest that the microbial community is different long after successful treatment in CD whereas healed UC/IBD-U patients cannot be distinguished from controls. This may reflect effects of pervasive bowel damage in CD.

Non-invasive clinical activity indices do not reliably identify patients who have achieved endoscopic remission, with 19-39% of these patients reporting persistent symptoms²⁰⁻²². We hypothesized that there may be a relationship between microbiome composition and persistent symptoms. In CD patients with endoscopic improvement, both residual clinical activity (CDAI > 150), and patients who reported daily diarrhea had significantly reduced alpha diversity and greater dysbiosis (MD-index) as compared to patients in clinical

remission (Figure 3). In those reporting diarrhea, we found an association with *Lactobacillus*, an aero-tolerant Firmicute, often reported in greater abundance in active CD, with over 180 species having variable strain-specific effects on gut health²³. This genus is generally bile salt resistant due in part to bile salt hydrolase capacity, and CD is associated with bile-salt mediated diarrhea²⁴. Furthermore, the microbiota plays a role in bile acid metabolism through deconjugation and dehydroxylation of primary bile acids²⁵. Select *Lactobacillus* species can thrive in a bile-salt rich environment²⁶ due to resistance mechanisms preventing protein misfolding and facilitating bile salt efflux²⁷. It is possible that greater dysbiosis in our CD patients with residual diarrhea may be related to altered bile salt metabolism.

Another explanation for residual symptoms is an irritable bowel syndrome (IBS) overlap. The IBD in South Eastern Norway (IBSEN) study group found 27% patients in remission met criteria for co-existing IBS²⁸. In diarrhea-predominant IBS (IBS-D), community-level dysbiosis and reduced alpha-diversity are recognized^{29, 30}. The presence of loose stool itself has been associated with altered fecal species richness and community structure^{31–33}. The extent to which microbiome community composition in our CD cohort is a cause or consequence of residual diarrhea is unclear. Depletion of genera from the *Christensenellaceae* family, as in our cohort (supplementary data 8), has been reported in IBS-D³⁴. Although microbiome composition and dynamic stability differs in IBS and IBD, the association between altered diversity and daily diarrhea in patients without IBD suggests that the microbiome could play a role in residual symptoms in CD.

While there was no association between residual symptoms and dysbiosis in quiescent UC/IBD-U, in moderate-severe endoscopic disease (Mayo score 2-3), lower alpha diversity associated with higher clinical activity, daily diarrhea and increasing stool frequency (Figure 4). This was associated with reduced relative abundance of butyrate-producing genera and increased relative abundance of *Luteimonas*, a Proteobacterium. Similar changes in the microbiome have been reported in intestinal inflammation from a variety of etiologies^{35–37}. The association between lower diversity, greater dysbiosis and increasing diarrhea in our inflamed UC/IBD-U cohort may point to a relationship between the microbiome and clinical symptoms given the lack of correlation between diversity and site-specific Mayo scores here. The extent to which this is merely a consequence of ongoing intestinal inflammation is unclear.

In healed colon and ileal samples, CD patients have lower alpha diversity than UC/IBD-U or HC, suggesting long-term microbiota changes in CD in remission (figure 2). Residual clinical activity and daily diarrhea were associated with lower alpha diversity of the tissue-associated microbiome (figure 3). This study is strengthened by detailed phenotyping facilitating analysis of the tissue-associated microbiome relative to both validated clinical activity scores and specific symptoms. Furthermore, site-specific microbiome variability was considered, with sampling of 3 distinct sites. Limitations include the small sample size in groups with endoscopic remission, the potential influence of colonoscopy preparation on the gut microbiome, and the lack of longitudinal data which would go some way to evaluate microbiome stability. Furthermore, visceral hypersensitivity data and depression as predictors for persistent symptoms or IBD/IBS overlap are lacking. Fecal calprotectin was

not widely available for patients at recruitment and may be useful to confirm remission. Our findings associate persistent clinical symptoms after mucosal healing with the gut microbiome, particularly lower diversity and species richness. The potential to control symptoms with a microbiome-based strategy should be further explored in prospective studies and may represent a novel therapeutic approach for these patients.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Need to Know

Background:

In patients with inflammatory bowel diseases (IBD), symptoms do not always associate with the severity of endoscopic inflammation and can persist after mucosal healing.

Findings:

In an analysis of biopsies from patients with IBD and controls, the authors found that despite patients' endoscopic improvement and remission, alpha diversity of intestinal microbes remained lower in patients with CD than in controls.

Implications for patient care:

Continued alterations in intestinal microbiomes of patients with IBD after treatment might contribute to persistent diarrhea.

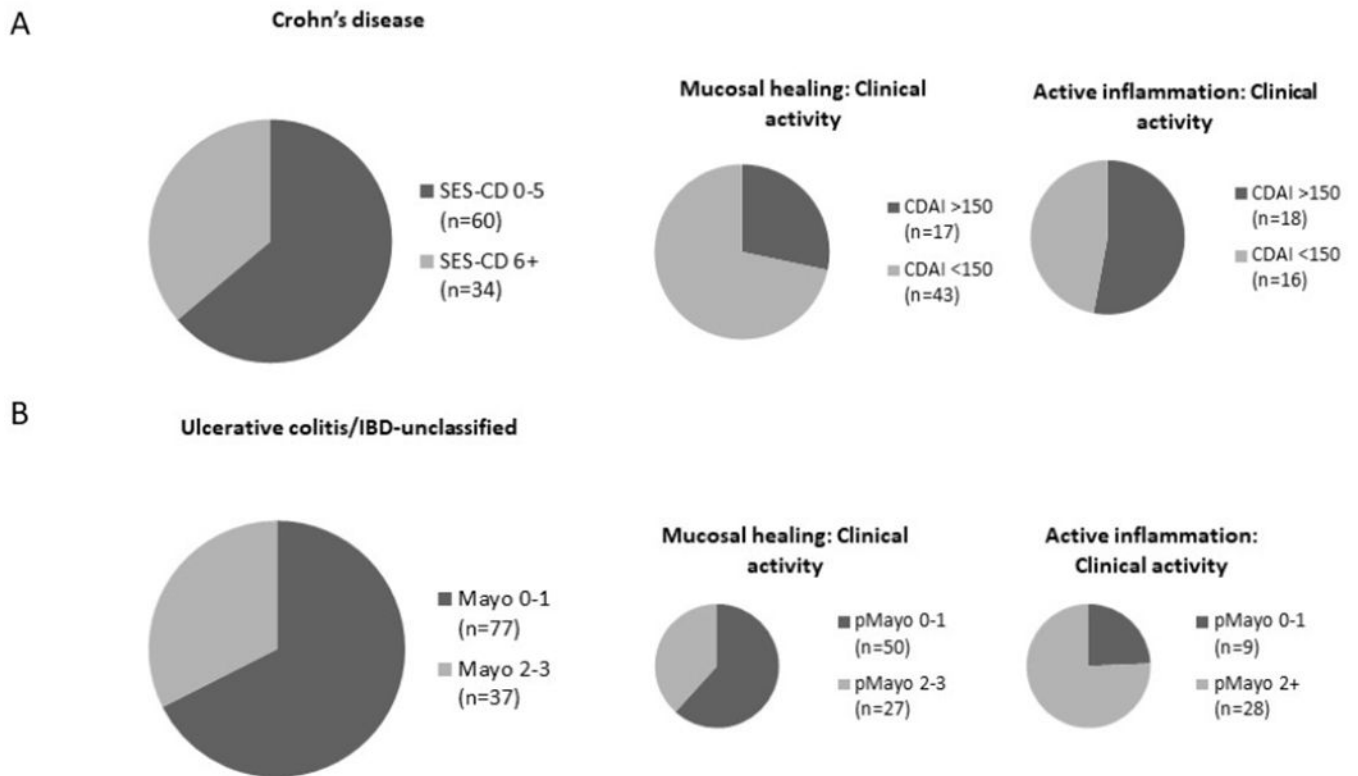


Figure 1: Proportion of IBD patients with active disease. **1A:** Mucosal healing (MH) in 64% patients with CD (n=60/94). 28% of patients with MH and 53% with moderate-severe inflammation had CDAI >150. **1B:** A similar proportion (68%) of patients with UC or UC/IBD-U(n=77/114) had MH. Approximately one third of patients with mucosal healing had pMayo score 2 or greater. Despite moderate-severe inflammation in 37 patients, 28% had pMayo scores of 0-1.

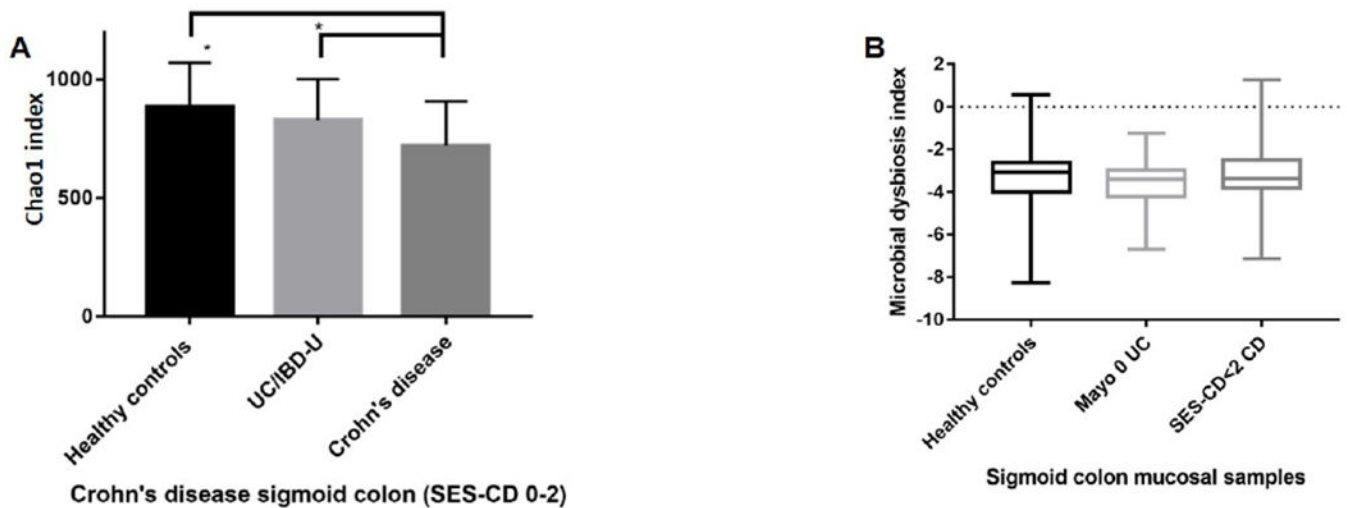


Figure 2: Alpha diversity analysis and MD-index scores of sigmoid mucosa from patients with endoscopic remission (Mayo 0 UC/IBD-U, n=27 and SES-CD 0-2 in CD, n=26). **2A:** Chao1 alpha diversity of sigmoid mucosa, *CD vs HC, p=0.001 and #CD vs UC/IBD-U p=0.002. Data show mean observations after rarefaction at 8500 sequences. **2B:** Comparison of MD-index of sigmoid colon between IBD (CD, n=26, UC n=38) and controls (n=48, CD vs HC, p=0.4; CD vs UC, p=0.48 ; UC vs HC, p=0.75).

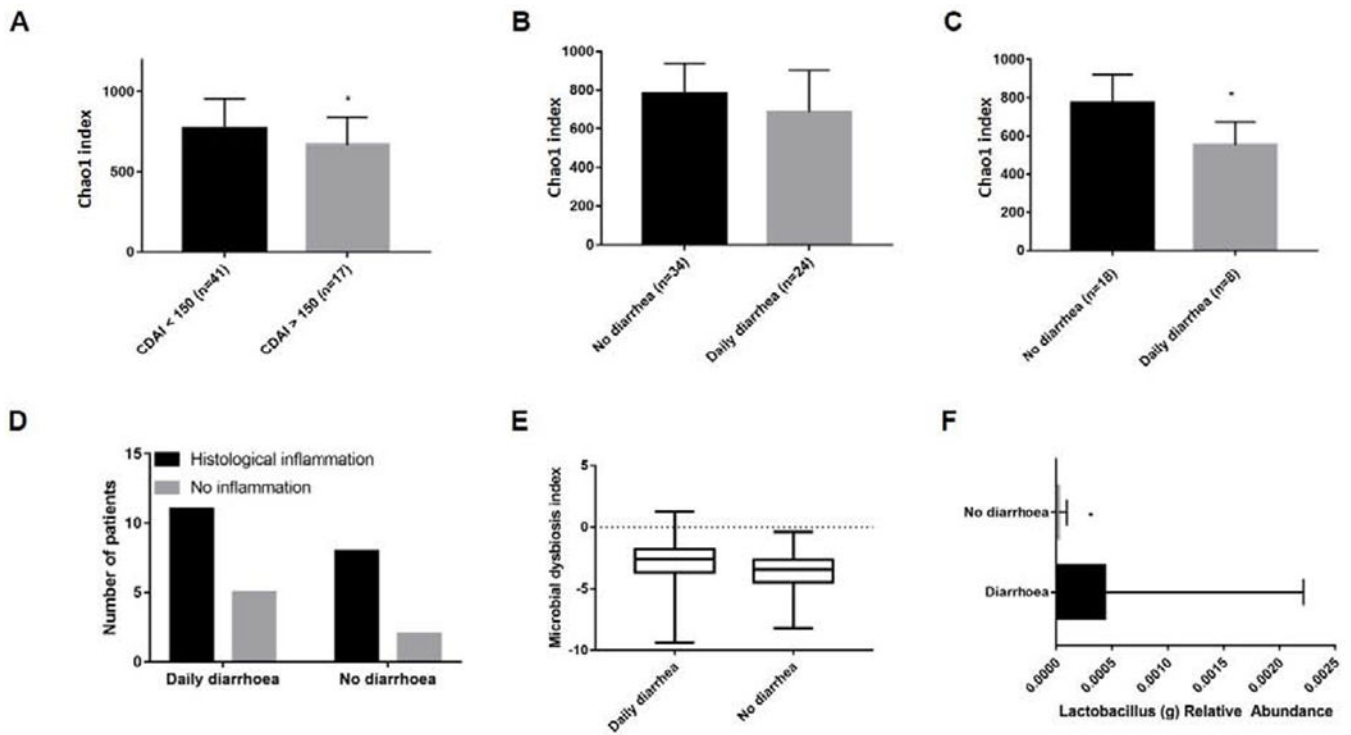


Figure 3: Alpha diversity analysis and MD-index scores of sigmoid samples in CD after mucosal healing **3A:** Chao1 alpha diversity +/-SEM in CD patients with mucosal healing (SES-CD 0-5), comparing CDAI >150 with clinical remission, p=0.03. Data show mean observations after rarefaction at 8500 sequences. **3B:** Comparison of Chao1 diversity according to presence or absence of residual diarrhea in patients with SES-CD 0-5 (p=0.06) and **3C:** SES-CD 0-2 (p=0.01). **3D:** Proportion of patients with histological inflammation according to presence of diarrhea. **3E:** MD-index in CD patients with mucosal healing and daily diarrhea, p=0.059. **3F:** Increased *Lactobacillus* abundance in presence/absence taxa analysis in daily diarrhea (q=0.04).

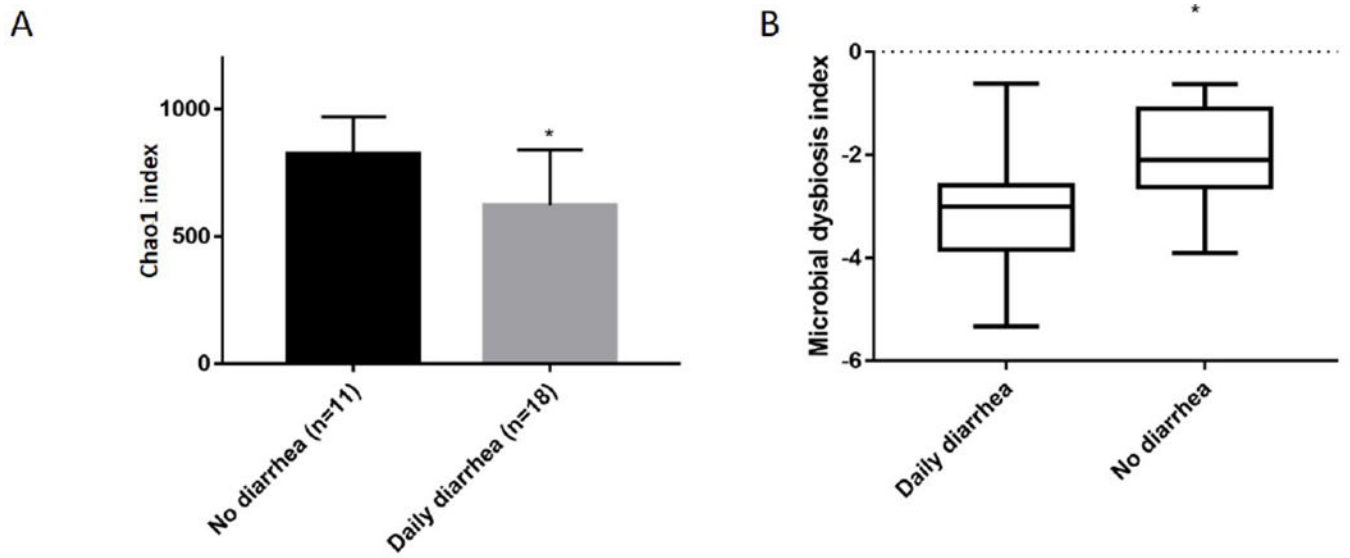


Figure 4: Alpha diversity and MD-index from sigmoid mucosa in moderate-severe UC/IBD-U. **4A:** Chao1 diversity in Mayo 2-3 disease. Data represent comparison of Chao1 diversity according to daily diarrhea, (diarrhea [n=18], no diarrhea [n=11], p=0.03). Mean observations after rarefaction at 8500 sequences. **4B:** MD-index in moderate-severe UC/IBD-U reporting daily diarrhea, (diarrhea [n=18], no diarrhea [n=11], p=0.03).

Table 1:

Endoscopic score ranges used to generate a continuous 4-point scale of endoscopic inflammation for microbiome analysis

Ulcerative colitis/IBD unclassified	Mayo score
Endoscopic Score 0	0
Endoscopic Score 1	1
Endoscopic Score 2	2
Endoscopic Score 3	3
Crohn's disease	SES-CD score
Endoscopic Score 0	0-2
Endoscopic Score 1	3-5
Endoscopic Score 2	6-15
Endoscopic Score 3	>15

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Table 2:

Data represent patients included in this study with relevant clinical and demographic data as well as samples available from each of the three ileal and colon biopsy sites.

VARIABLE	UC/IBDU (%), N=114	CD (%), N=101	HC (%), N=48
MALE	64 (56%)	52 (51%)	30 (62.5%)
MEDIAN AGE (YRS, RANGE)	36 (18-72)	28 (17-56)	56 (31-71)
MEDIAN AGE AT DIAGNOSIS (YRS, RANGE)	25 (11-59)	20 (5-57)	
SMOKER (CURRENT)	10 (9%)	9(9%)	3 (6%)
WHITE (SELF-DESCRIBED ETHNICITY)	90 (79%)	91 (90%)	47 (98%)
MONTREAL CLASS			
<i>A1</i>	24 (21%)	35 (35%)	-
<i>A2</i>	69 (61%)	57 (58%)	-
<i>A3</i>	16 (14%)	9 (7%)	-
<i>UNKNOWN</i>	5	2	-
<i>B1</i>	-	21 (21%)	-
<i>B2</i>	-	20 (20%)	-
<i>B3</i>	-	60 (60%)	-
<i>PERIANAL</i>	-	28 (28%)	-
<i>L/E1</i>	13 (11%)	15 (15%)	-
<i>L/E2</i>	32 (28%)	22 (22%)	-
<i>L/E3</i>	69 (61%)	64 (64%)	
MEDICATIONS			
<i>METHOTREXATE</i>	0	11 (11%)	-
<i>AZATHIOPRINE/6-MP</i>	13 (11%)	20 (20%)	-
<i>ANTI-TNF BIOLOGIC</i>	20 (17.5%)	33 (33%)	-
<i>ANTI-INTEGRIN BIOLOGIC</i>	1 (1%)	1 (1%)	-
<i>STEROIDS (ORAL)</i>	11 (10%)	2 (2%)	-
SURGERY (INTRAABDOMINAL)	-	20 (20%)	-
EXTRA-INTESTINAL MANIFESTATIONS	19 (16.5%)	20 (19.8%)	-