

RESEARCH PAPER



Colonization by *Enterobacteriaceae* is crucial for acute inflammatory responses in murine small intestine via regulation of corticosterone production

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ABSTRACT

Although dysbiosis in the gut microbiota is known to be involved in several inflammatory diseases, whether any specific bacterial *taxa* control host response to inflammatory stimuli is still elusive. Here, we hypothesized that dysbiotic indigenous *taxa* could be involved in modulating host response to inflammatory triggers. To test this hypothesis, we conducted experiments in germ-free (GF) mice and in mice colonized with dysbiotic *taxa* identified in conventional (CV) mice subjected to chemotherapy-induced mucositis. First, we report that the absence of microbiota decreased inflammation and damage in the small intestine after administration of the chemotherapeutic agent 5-fluorouracil (5-FU). Also, 5-FU induced a shift in CV microbiota resulting in higher amounts of *Enterobacteriaceae*, including *E. coli*, in feces and small intestine and tissue damage. Prevention of *Enterobacteriaceae* outgrowth by treating mice with ciprofloxacin resulted in diminished 5-FU-induced tissue damage, indicating that this bacterial group is necessary for 5-FU-induced inflammatory response. In addition, monocolonization of germ-free (GF) mice with *E. coli* led to reversal of the protective phenotype during 5-FU chemotherapy. *E. coli* monocolonization decreased the basal plasma corticosterone levels and blockade of glucocorticoid receptor in GF mice restored inflammation upon 5-FU treatment. In contrast, treatment of CV mice with ciprofloxacin, that presented reduction of *Enterobacteriaceae* and *E. coli* content, induced an increase in corticosterone levels. Altogether, these findings demonstrate that *Enterobacteriaceae* outgrowth during dysbiosis impacts inflammation and tissue injury in the small intestine. Importantly, indigenous *Enterobacteriaceae* modulates host production of the anti-inflammatory steroid corticosterone and, consequently, controls inflammatory responsiveness in mice.

KEYWORDS


Mucositis; gut microbiota; *Escherichia coli*; dysbiosis; inflammation; 5-FU; germ free; corticosterone

Introduction

Appropriate inflammatory responses are dependent on gut colonization^{1–3} and microbial composition.⁴ Several niches of the mammalian body are colonized, but the gastrointestinal tract (GIT) is the most widely colonized site.⁴ Approximately, 99% of the gastrointestinal microbiota of humans and mice are dominated by bacteria of the Firmicutes, Bacteroidetes, Proteobacteria and Actinobacteria phyla.⁵ Sustaining an indigenous microbiota is an integral part of maintaining host health and homeostasis.^{5–7} Changes in microbiota composition (dysbiosis) or function may cause immune system deregulation and lead to exacerbated inflammatory responses which can

contribute to the development of various inflammatory bowel diseases (IBDs)^{8,9} and inflammation of the intestine after parasite infection.^{10,11} Although the microbiota lodge great variability between individuals at the species level, during IBD and parasite infection, *Enterobacteriaceae* overgrowth, including *E. coli*, is commonly found,^{10–14} suggesting that this group of microorganisms is involved in the inflammatory response characteristic of IBD. Chemotherapeutic agents also exert a detrimental effect on the intestinal microbial composition, leading to major shifts in numbers of several bacterial *taxa* in human and mice.^{15–18} Dysbiosis after chemotherapy commonly promotes a reduction of the diversity and richness of the bacterial community¹⁹ and usually coincides in

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time with the development of chemotherapy-induced mucositis^{19,20} what suggests that dysbiosis might promotes mucositis development during chemotherapy.

Our group has previously observed that mice without microbiota (GF mice) present greatly decreased local or systemic inflammatory responses after being stimulated with different inflammatory stimuli of sterile or infectious nature.^{1–3,21} Mice devoid of microbiota are able to perceive and respond to the inflammatory trigger, but in a skewed manner, by increasing the production of the anti-inflammatory mediator IL-10, in a lipoxin A4 (LXA4) and annexin 1 (ANXA-1)-dependent manner.^{1,2} Furthermore, absence of microbiota is associated with high levels of basal plasma corticosterone.²² Corticosterone is the major glucocorticoid present in the plasma of mice and has major anti-inflammatory actions²³ due to its ability of inhibiting expression of multiple inflammatory genes and inducing expression of anti-inflammatory proteins, such as ANXA1 and IL-10.^{24,25} Therefore, in the absence of colonization by the microbiota, response to inflammatory triggers is shifted by up regulation of anti-inflammatory mediators.

Here, because dysbiosis associated with IBDs often fosters inflammation in the gut, we hypothesized that dysbiotic indigenous taxa could be involved in modulating host response to inflammatory triggers. To test this hypothesis, we conducted experiments in microbiota-deficient mice and in mice colonized with dysbiotic taxa identified in CV mice subjected to chemotherapy-induced mucositis. We showed that chemotherapeutic agents lead to dysbiosis in the gut microbiota, characterized by an increase of *E. coli* content. More importantly, *E. coli* monocolonization of GF mice was able to control the production of the anti-inflammatory steroid corticosterone and consequently to reverse the hyporesponsive phenotype of GF mice.

Results

Absence of microbiota protects mice from 5-FU-induced small intestine mucositis

Anticancer treatment often causes mucositis (a debilitating mucosal barrier injury and inflammation that affect the GIT), leukopenia and dysbiosis.^{15–19} Fluorouracil (5-FU) is a pyrimidine analogue that

inhibits DNA and RNA synthesis, by inducing misincorporation in these macromolecules.²⁶ By using a 5-FU-induced mucositis model in mice, we investigated whether the indigenous microbiota present in the GIT would be involved in 5-FU-induced inflammation and injury. To this end, we used conventional (CV), GF or CV mice treated from birth for 60 d with a cocktail of antibiotics (AB) to prevent gut colonization by the microbiota. CV mice treated with 5-FU (CV-5-FU) showed marked increase in clinical score when compared to the control group (Figure 1a). In small intestine of the CV-5-FU group, there was shortening of the intestinal length (Figure 1b), increase in eosinophil peroxidase (EPO) (Figure 1c) and myeloperoxidase (MPO) content (Figure 1d), indicating enhanced influx of eosinophils and neutrophils, respectively, into tissue. There was also heightened CXCL1 production in this group (Figure 1e). GF mice treated with 5-FU (GF-5-FU) presented no significant changes in all these parameters when compared to vehicle-treated GF group (GF-C) (Figure 1ae). This protection resulted in 100% survival of GF mice until 15 d after 5-FU treatment, while 100% of CV mice died until the 8th day after chemotherapy onset (data not shown). Results in AB-mice treated with 5-FU were similar to those observed in GF-5-FU mice, i.e., significant decrease of inflammation and tissue injury (Figure 1a–e).

Histological analysis revealed significant differences in the morphology of the small intestine of CV and GF control mice (Figure 1g), as previously reported.^{27,28} GF control mice showed higher and narrower villi and fewer cells in the lamina propria, as compared to CV-C mice. Administration of 5-FU to CV mice induced major changes in gut morphology, characterized by inflammatory influx, height reduction and rounding of villi, disappearance of Lieberkühn glands, hyperemia and edema (Figure 1g). However, in GF and AB mice there were no marked changes in tissue architecture after treatment with 5-FU (Figure 1g). The damage induced by 5-FU in all groups was quantified and represented on Figure 1f. Clearly, GF mice or CV mice treated with AB presented reduced tissue damage when compared to CV mice (Figure 1f).

5-FU-treatment results in inhibition of cellular division affecting mainly cells with high division rates, especially leukocytes and gut basal cells.²⁶ We evaluated whether the protective phenotype of GF and AB was due to impaired antiproliferative

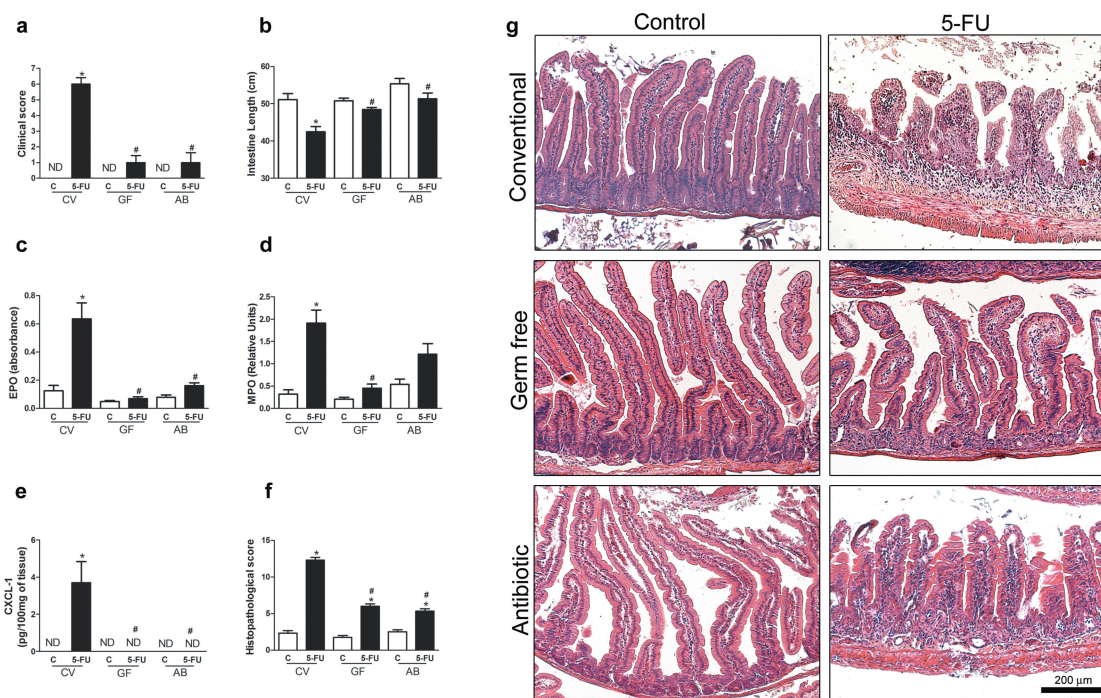


Figure 1. Absence of microbiota protected mice from 5-FU-induced small intestine injury and inflammation. Conventional (CV), germ free (GF) and newborn mice treated with a cocktail of antibiotics for 60 d (AB) received 1 injection of 5-FU or saline for 3 consecutive days and were euthanized 48 h after the last injection. 5-FU treatment in CV mice was associated with increased clinical score (a), intestinal shortening (b), EPO (c) and MPO (d) activities and CXCL-1 (e) production in small intestines when compared to CV-C mice. No changes were observed after 5-FU treatment of GF and AB mice when compared to respective control groups. Histopathological score (f) of the small intestine of the control or 5-FU-treated CV, GF, and AB mice were described in detail in supplementary materials and methods section. There was increase in histopathological score of CV mice after 5-FU treatment compared to the control group, but a little change was observed in GF and AB animals. These data were displayed in histological representation (10X) (g). ND = not detectable. The data represent the mean \pm SEM of 5–6 animals per group. * $p < 0.05$ vs respective control, # $p < 0.05$ vs CV-5-FU.

effects of 5-FU. Leukocyte counts were reduced similarly in CV, GF and AB mice after 5-FU treatment (Figure 2a). PCNA staining in basal epithelial cells was equally decreased in both CV and GF mice on the 3rd day after 5-FU injection (Figure 2b,c).

In order to evaluate whether prior life-long contact or presence of microbiota would be required to exacerbate 5-FU-induced tissue damage, CV adult mice were treated for 7 (7d) or 30 (30 d) days with a cocktail of antibiotics before 5-FU treatment. We observed prevention of shortening in intestinal length in both groups treated with antibiotics when compared to control (V) mice (V = 41.5 ± 1.94 cm; 7d = 51.13 ± 0.85 cm; 30d = 50.83 ± 3.9 cm; n = 5). In addition, treatment with 5-FU was associated with low levels of EPO (V = 1.57 ± 0.30 ; 7d = 0.11 ± 0.04 ; 30d = 0.52 ± 0.12 ; n = 5) and MPO (V = 3.72 ± 0.49 ; 7d = 1.19 ± 0.28 ; 30d = 1.59 ± 0.38 ; n = 5) activities in both antibiotics treated groups given 5-FU. Furthermore, histopathological analyses showed greater preservation of intestinal structures in mice

treated with antibiotics when compared control group (V = 9 ± 0.58 points; 7d = 4.3 ± 0.67 points; 30d = 3.67 ± 0.33 points; n = 5) These results suggest that acute absence of the microbiota is enough to impair the damage caused by 5-FU.

Next, we analyzed the phenotype of GF mice subjected to chemotherapy after replacement of intestinal microbiota by gavage with fecal homogenates obtained from CV mice (CV→GF-conventionalization). Thirty days later, microbiota replacement had promoted reversion of the protective phenotype during 5-FU-induced mucositis (Figure 3). CV→GF mice treated with 5-FU (CV→GF-5-FU) presented increase in clinical score when compared to GF-5-FU (Figure 3a). We have also observed intestine shortening after conventionalization when compared to GF mice that received the chemotherapy (Figure 3b). In addition, CV→GF-5-FU presented increase in EPO (Figure 3c) and MPO (Figure 3d) activities and CXCL1 (Figure 3e) concentration in small intestines when compared to control and GF-5-FU

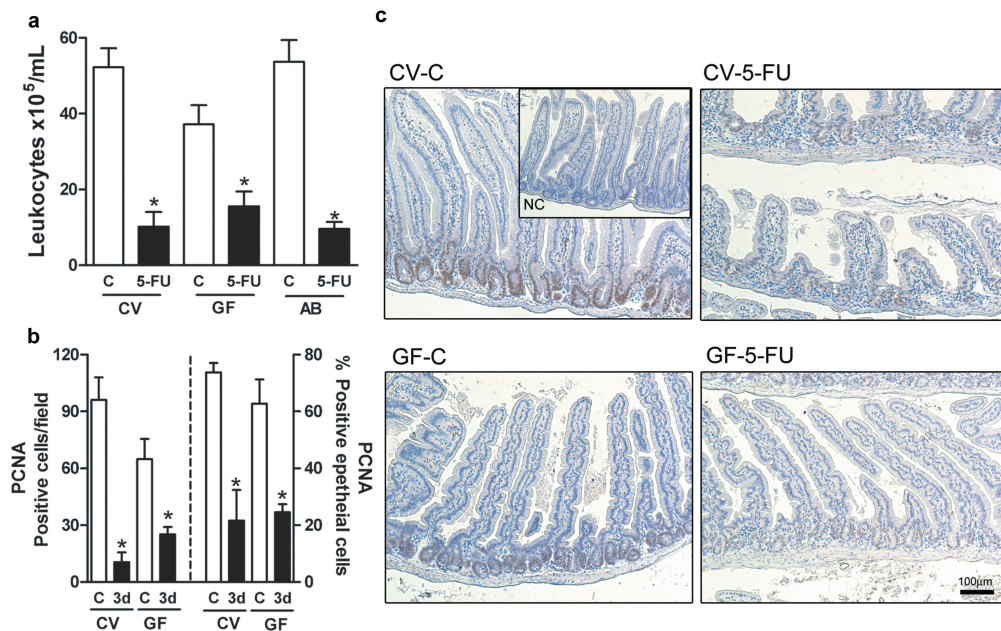


Figure 2. 5-FU treatment induced decrease in leukocytes number in blood and in PCNA positive cell in small intestine of CV and GF groups. Leukocytes number in blood was reduced after 5-FU treatment of CV, GF, and AB groups when compared to respective control (a). The number of PCNA-positive epithelial cells was equally decreased in both CV and GF mice on 3rd day after 5-FU injection (b). These effects were not different between the several 5-FU-treated groups. These data were displayed in histological representation (10X) (c). NC: negative control staining. The data represent the mean \pm SEM of 5–6 animals per group. * $p < 0.05$ vs respective control.

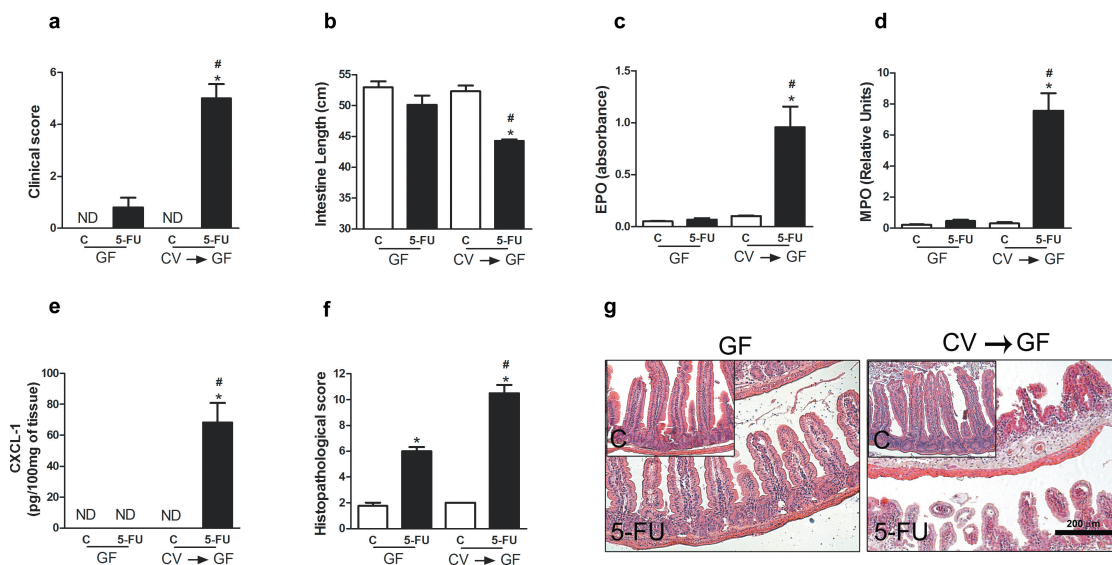


Figure 3. Microbiota reposition reversed the resistance of GF mice to 5-FU-induced small intestine injury and inflammation. GF mice were conventionalized with feces from CV mice (CV \rightarrow GF) for 30 d and treated with 5-FU chemotherapy or saline. CV \rightarrow GF mice treated with 5-FU showed increase in clinical score (a) shortening of the intestines (b), activity of EPO (c) and MPO (d) enzymes and in the concentration of CXCL1 (e). Histopathological score (f) of the gut of control or chemotherapy-treated CV \rightarrow GF and GF mice. There was increased histopathological score in CV \rightarrow GF mice after 5-FU treatment compared to control and GF-5-FU groups. These data were displayed in histological representation (10X) (g). The data represent the mean \pm SEM of six animals per group. * $p < 0.05$ vs respective control, [#] $p < 0.05$ vs GF-5-FU.

groups. Histopathological analyses showed greater damage of intestinal structure in CV \rightarrow GF-5-FU mice when compared to GF-5-FU group (Figure 3f,

g). Altogether, these data show that presence of indigenous microbiota is necessary for the development and severity of 5-FU-induced mucositis in mice.

Enterobacteria exacerbat 5-FU-induced small intestine injury

Because *Enterobacteriaceae* overgrowth, including *E. coli*, is commonly found during inflammatory condition mainly in large intestine,^{11–14} we evaluated whether there would be any changes in this bacteria group in CV mice upon mucositis induction. Indeed, plating of stools on selective solid media showed increase in the content of *Enterobacteriaceae* group on the 5th day after 5-FU treatment (Figure 4a). We observed increased *Escherichia coli* relative content, an important member of enterobacteria group, in stools of all CV mice on the 5th day after 5-FU treatment when compared to day 0 (Figure 4b). Similar results were observed in the luminal contents of the small intestine (Figure 4d,e). No changes were

observed in the relative content of the *Firmicutes* and *Bacteroidetes* phyla after 5-FU treatment (Figure 4c).

To examine whether the *Enterobacteriaceae* group was associated to severity of 5-FU-induced mucositis, we treated CV mice with ciprofloxacin antibiotic (50 mg/kg twice a day (12/12 h), p.o.), the antibiotic of choice to treat patients infected with *Enterobacteriaceae*.²⁷ Ciprofloxacin treatment caused a decrease of *Enterobacteriaceae* content in feces of the control and 5-FU groups (Figure 4f), but a greater reduction was observed in cipro-5-FU-treated mice. PCR methods confirmed that cipro was effective in preventing *E. coli* outgrowth in the cipro-5-FU group (Figure 4g). EPO (Figure 4h) and MPO (Figure 4i) activities were reduced in cipro-treated mice, when compared to CV mice given 5-FU. Histopathological analyses corroborated the previous data and showed

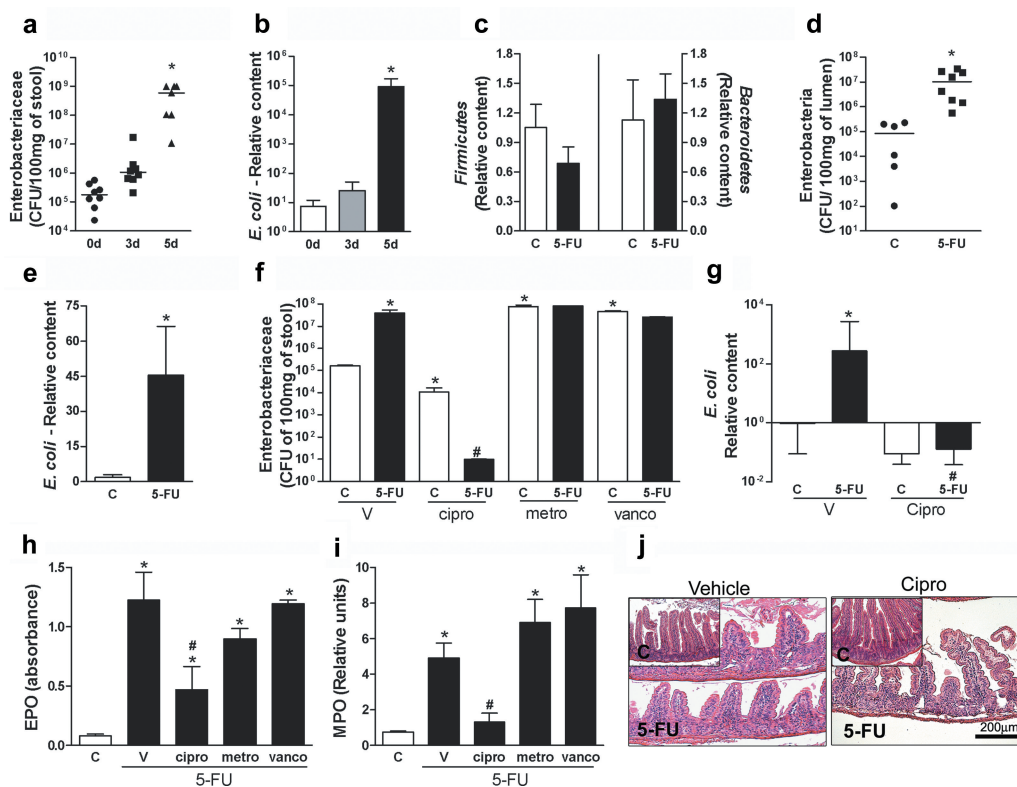


Figure 4. *Enterobacteriaceae* and *E. coli* amount were increased and contributed to exacerbated 5-FU-induced injury and inflammation. Treatment with chemotherapy resulted in significant increase in the number of *Enterobacteriaceae* CFU (a) when compared to the day zero. PCR analysis revealed a significant increase in *E. coli* relative content in feces of mice after 5-FU treatment (b). However, no change was observed in relative content of *Bacteroidetes* and *Firmicutes* (c) phyla. *Enterobacteriaceae* relative content (d) and *E. coli* relative content (e) were increased in lumen content after 5-FU treatment. Mice were treated with ciprofloxacin (cipro) to prevent *Enterobacteriaceae* increase during 5-FU treatment. Cipro treatment but not vancomycin (vanco) or metronidazole (metro) treatments promoted decrease of *Enterobacteriaceae* in feces of control and 5-FU mice (f). *E. coli* relative content was reduced by cipro treatment in control and 5-FU groups (g). Cipro treatment was able to prevent increased EPO (h) and MPO (i) activity in small intestines after 5-FU injection when compared to 5-FU-Vehicle (v) mice. Histological representation of cipro-5-FU displayed smaller changes in small intestine architecture when compared to the group treated with V-5-FU (10X) (j). The data represent the mean \pm SEM of 4–6 animals per group in B, C, E–J. In A and D, the data represent the median. * $p < 0.05$ vs control, # $p < 0.05$ vs 5-FU-V.

decreased intestinal injury in cipro-treated mice exposed to 5-FU (Figure 4j).

To assess whether specific reduction of *Enterobacteriaceae* load or decrease of other bacteria taxa was sufficient to protect from 5-FU-induced small intestine damage, we included two other groups of animals treated with metronidazole (metro) or vancomycin (vanco). Metronidazole is used to treat infections with *Bacteroidetes* members and anaerobic bacteria such as *Bacteroides fragilis*²⁸ and vancomycin acts on Gram-positive bacteria, including those belonging to the *Firmicutes* Phylum.²⁹ Metro and vanco treatments promoted reduction of the relative presence of *Bacteroidetes* and *Firmicutes* to undetectable levels, respectively (data not shown). On the other hand, treatment with metro or vanco was accompanied by an increase in *Enterobacteriaceae* load (Figure 4f). There were no differences in EPO (Figure 4h) and MPO (Figure 4i) activities between vanco-5-FU, metro-5-FU and CV-5-FU groups. These data demonstrate that increase in *Enterobacteriaceae* and *E. coli* content contributed to the exacerbation of chemotherapy-induced intestinal injury and that preventing increase of these taxa, but not *Firmicutes* or *Bacteroidetes*, was associated with partial improvement of 5-FU-induced small intestine damage.

Next, we evaluated whether monocolonization with *E. coli* would be sufficient to cause tissue inflammation and damage upon administration of 5-FU. For this, GF mice were monocolonized with *E. coli* (ATCC 25922) or *E. coli* isolated from stool of CV mice with mucositis (ICVM) or *B. fragilis* (BF) (used as control). Although, administration of 5-FU to GF mice caused little intestinal damage, monocolonization of GF mice with *E. coli* ATCC or ICVM led to greatly elevated clinical score (Figure 5a), intestinal shortening (Figure 5b), MPO activity (Figure 5c) and histopathological injury (Figure 5d,e) after 5-FU treatment. Otherwise, there were no differences in response to chemotherapy treatment between *B. fragilis*-monocolonized mice and GF mice (Figure 5ae). Altogether, these findings support the conclusion that *E. coli* in the gut is necessary and sufficient for chemotherapy-induced mucositis.

Next, we evaluated whether LPS from *E. coli* is sufficient to cause tissue inflammation and damage upon administration of 5-FU. To address this question, we conducted experiments

involving administration of LPS (30ug/mL) from *E. coli* O111:B4 to GF mice in the drinking water and subsequent mucositis induction by 5-FU injection. This LPS administration protocol was not able to revert the GF phenotype upon mucositis induction as shown by clinical score (Fig S1A), intestine length (Fig S1B) and MPO activity in tissue (Fig S1 C). It suggests that other structural compounds or even alive *E. coli* may be required for reversion of GF phenotype and corticosterone production.

***Enterobacteriaceae* controls host response to chemotherapy-induced mucositis or other inflammatory stimuli by decreasing basal plasma corticosterone levels**

The indigenous microbiota interferes with several physiologic functions of their host, including the production of glucocorticoids^{22,30} and the control of basal plasma corticosterone levels (Figure 6a). Anti-inflammatory effects of glucocorticoids are attributed to several mechanisms including increasing the synthesis of *Annexin-1* (*anxa-1*) and *Il-10*.^{23–25} Indeed, we have observed that expression of *Anxa-1* (Figure 6b) and *Il-10* (Figure 6c) were increased in the gut of GF mice after chemotherapy at earlier time points. Therefore, GF mice respond to chemotherapy-treatment by early upregulating anti-inflammatory mediators known to be induced by corticosterone.

To study whether the presence of glucocorticoids could protect the CV mice to 5-FU-induced injury, we treated mice with dexamethasone, a synthetic glucocorticoid analogue. Prevention of intestinal shortening (Figure 7a), decrease in EPO (Figure 7b) and MPO activities (Figure 7c), and CXCL1 levels (Figure 7d) were evident in CV mice treated with 5-FU and dexamethasone when compared to vehicle-treated CV-5-FU mice. Next, we sought to address whether the action of glucocorticoids could account for the resistance of GF mice to 5-FU-induced injury. For this, we treated GF mice with a glucocorticoid receptor antagonist (RU486).³¹ Intestinal shortening (Figure 8a), increase in MPO activity (Figure 8b), IL-1 β , and CCL24 levels (Figure 8c) were evident in GF mice treated with 5-FU and RU486 when compared to vehicle-treated GF-5-FU mice. Therefore, endogenous

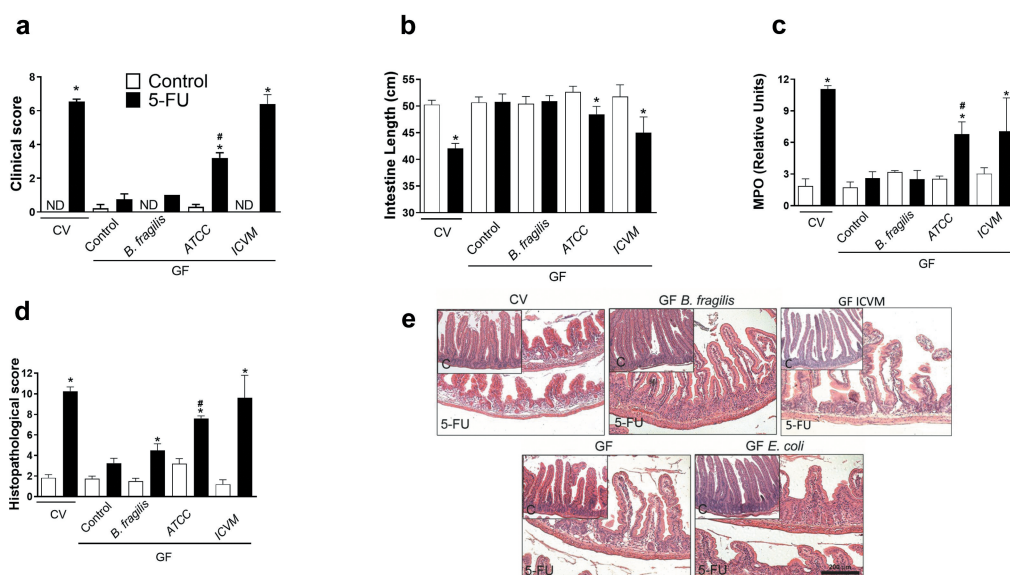


Figure 5. Monocolonization of GF mice with *E. coli*, but not *B. fragilis*, was enough to reverse the hyporesponsiveness of GF mice to 5-FU-induced small intestine injury and inflammation. GF mice monocolonized with both *E. coli* ATCC 25922 or ICVM for 7 d presented increased clinical score of the disease after 5-FU treatment when compared to its respective the control group and GF-5-FU (a). GF monocolonized with both *E. coli* ATCC 25922 or ICVM showed shortening of the intestinal length (b) and increased MPO activity (c) after chemotherapy treatment compared to respective the control and GF-5-FU groups. There was increased histopathological score in GF mice monocolonized with both *E. coli* ATCC 25922 or ICVM and submitted to 5-FU treatment compared to control and GF-5-FU groups (d). These data were displayed in histological representation (10X) (e). GF monocolonized with *B. fragilis* have presented similar results to GF mice (a-e). The data represent the mean \pm SEM of 5–6 animals per group. * $p < 0.05$ vs respective control, # $p < 0.05$ vs GF-5-FU.

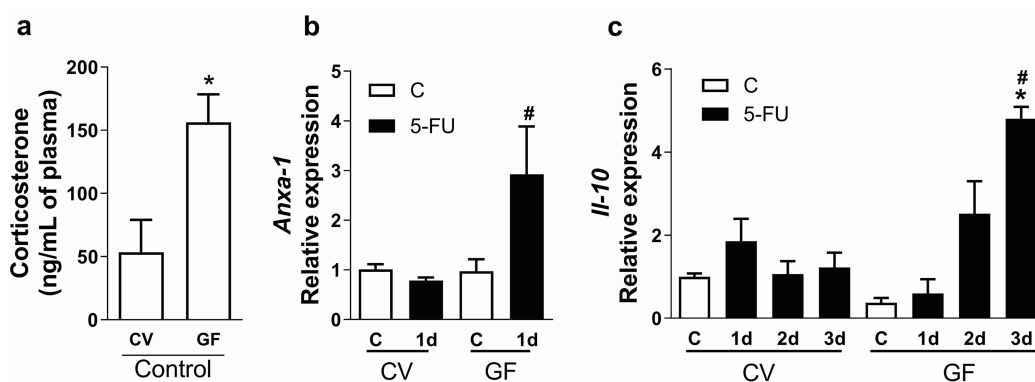


Figure 6. Corticosterone levels, *Anxa-1* and *Il-10* relative expression were increased early in gut of GF mice after chemotherapy injection. Corticosterone level was increased in plasma of GF mice when compared to CV mice (a). *Anxa-1* expression was increased 6 h after first injection of 5-FU in GF mice when compared to CV-5-FU and GF-C (b). *Il-10* expression was increased 3 d after 5-FU treatment only in GF mice when compared to CV-5-FU and GF-C (v) (c). The data represent the mean \pm SEM of 4–5 animals per group. * $p < 0.05$ vs control. # in B $p < 0.05$ vs GF-5-FU. # in C $p < 0.05$ vs V-5-FU.

release of corticoids account for the resistance of GF mice to 5-FU-induced mucositis.

Since *Enterobacteriaceae* and *E. coli* exacerbated chemotherapy-induced tissue injury in CV mice and reversed the protective phenotype of monocolonized GF mice, our next step was to evaluate whether this bacteria family was able to modulate corticosterone concentration

in both conditions. As shown in Figure 8d, *E. coli*-monocolonized mice showed reduced basal levels of corticosterone in plasma when compared to GF and *B. fragilis*-monocolonized groups. On the other hand, treatment of CV mice with ciprofloxacin led to increased corticosterone levels as compared to untreated CV mice.

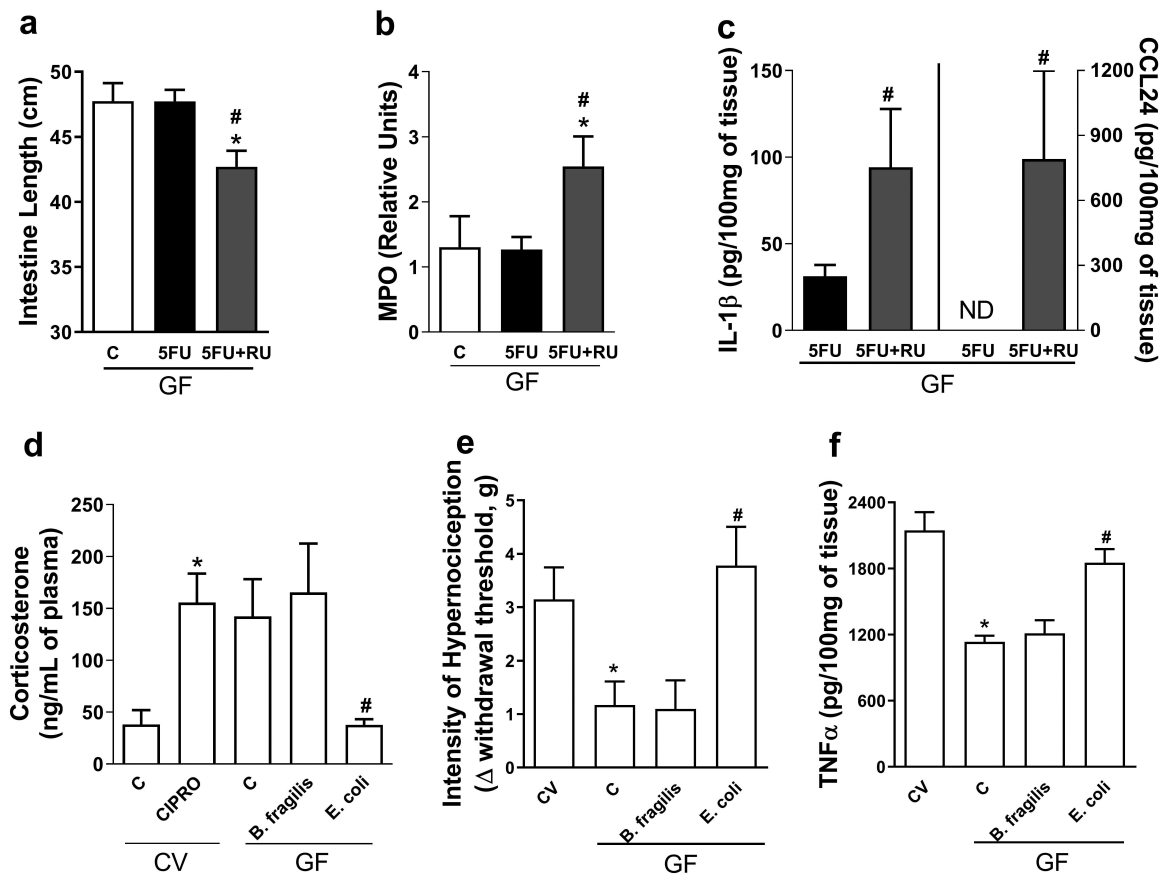


Figure 7. Dexamethasone treatment protects conventional mice from small intestine 5-FU-induced damage. Concomitant treatment with dexamethasone (2 mg/Kg, i.p.) and 5-FU was associated with prevention of the small intestine shortening when compared to the group treated only with 5-FU (a). There were also prevention of heightened EPO (b) and MPO (c) activities and CXCL1 chemokine production (d) in dexta-5-FU group. The data represent the mean \pm SEM of 5 animals per group. * $p < 0.05$ vs control. # $p < 0.05$ vs 5-FU-V.

Finally, we assessed whether the reduced corticosterone levels found in mice monocolonized with *E. coli* would impact in inflammatory responses in sites other than the intestine. For this, we subjected *E. coli*- or *B. fragilis*-monocolonized mice to an inflammatory hyperalgesia model induced by the intraplantar injection of carrageenan. As demonstrated previously,²¹ we observed that hypernociceptive responses are lower in GF animals than in CV mice (Figure 8e). In addition, GF animals had lower increase in the concentration of TNF- α after injection of carrageenan (figure 8f). Interestingly, GF mice monocolonized with *E. coli* showed increased hypernociceptive responses and enhanced TNF- α production in response to carrageenan injection as compared to the GF group. However, monocolonization with *B. fragilis* had no effect on the phenotype of GF mice, that persisted with low intensity of the hypernociceptive response and low concentration of TNF- α (Figure 5f,g). These results indicate that monocolonization

with *E. coli*, but not *B. fragilis*, is able to change systemic corticosterone production and the hypernociceptive phenotype of GF mice both locally in the gut and systemically.

Discussion

The present study was conducted to investigate the relevance of the intestinal microbiota for the inflammatory response and small intestine injury induced by chemotherapy and to determine the mechanisms involved in the control of host inflammatory responsiveness by specific bacterial taxa colonizing the mammalian gut. We found that (i) the presence of the microbiota is involved in the development and severity of 5-FU chemotherapy-induced mucositis; (ii) 5-FU-treated CV mice have an increase in *E. coli* and *Enterobacteriaceae* content; (iii) *Enterobacteriaceae*, including *E. coli*, contributes to the exacerbation of gut damage and

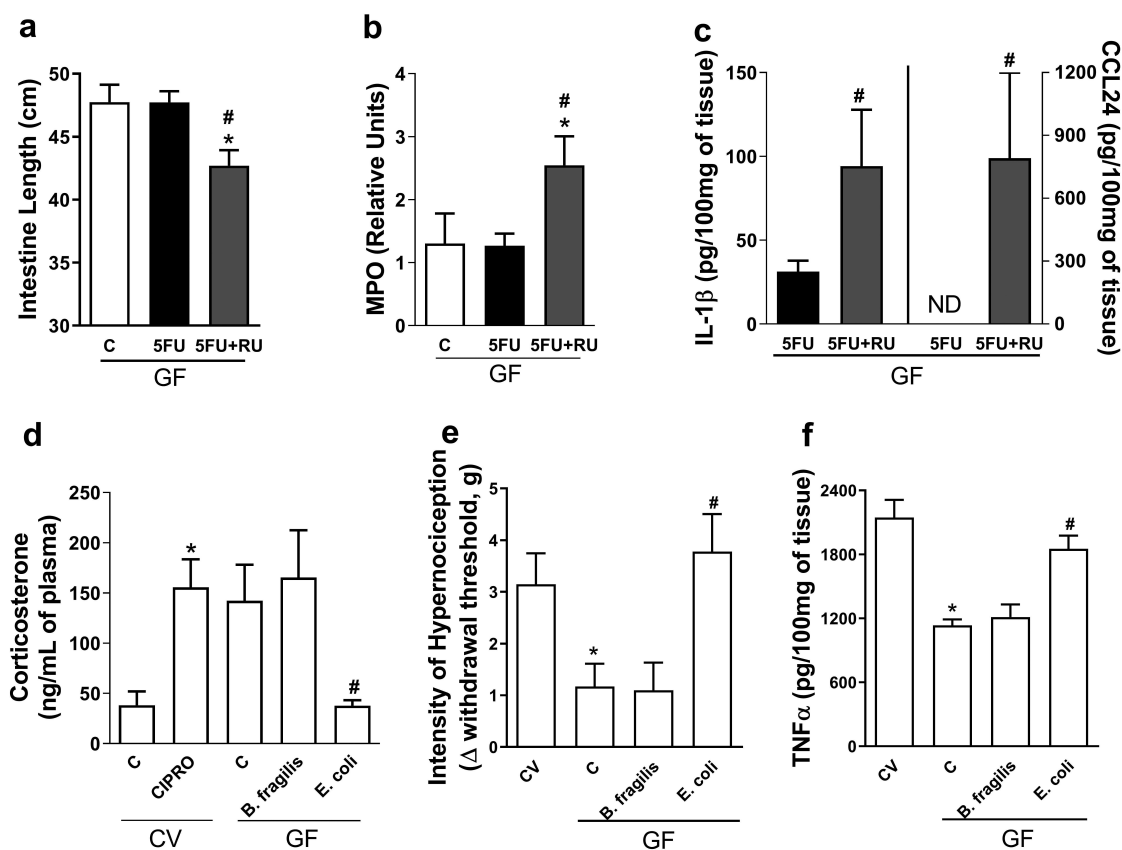


Figure 8. Plasma corticosterone basal levels modulate 5-FU-induced injury and inflammation and *Enterobacteriaceae* and *E. coli* were able to reduce basal plasma levels of this hormone. GF mice treated with glucocorticoid receptor antagonist (RU486) and 5-FU presented small intestines shortening (a) and increased MPO activity (b), IL-1 β and CCL24 (c) levels in small intestines when compared to vehicle-treated GF-5-FU group. GF mice monolonized with *E. coli* for 7 d, but not with *B. fragilis*, showed reduction of basal levels of corticosterone, when compared to GF mice (d) while cipro treatment in CV mice promoted increase in corticosterone concentration. Carrageenan injection on GF mice induced a diminished hypernociception in relation to CV mice (e). GF mice monocolonized with *B. fragilis* for 7 d and injected with carrageenan showed a similar result. However, carrageenan injection in GF mice monocolonized with *E. coli* caused higher hyperalgesia compared to GF group. After injection of carrageenan, GF and *B. fragilis* group had a lower increase in TNF- α concentration in paw when compared to CV animals (f). On the other hand, GF mice monocolonized with *E. coli* presented increased concentration of TNF- α to levels similar to CV animals. The data represent the mean \pm SEM of 5–6 animals per group. * $p < 0.05$ vs CV-C, # $p < 0.05$ vs GF-5-FU. In D-GF* $p < 0.05$ vs CV-C, # $p < 0.05$ vs GF-C.

inflammation during 5-FU-induced mucositis; (iv) *Enterobacteriaceae* content in the intestinal microbiota shifts plasma levels of corticosterone and modulates the response to inflammatory stimuli.

First, we used GF mice and antibiotic-treated animals for either depletion or reduction of microbiota load to study whether microbiota presence was required for exacerbated inflammation and tissue damage in 5-FU-induced mucositis. Interestingly, we showed that all the groups without microbiota, even the one that received a short-term treatment schedule, were resistant to 5-FU-induced gut injury and presented decreased neutrophil and eosinophil accumulation, and reduced levels of

CXCL1 in the intestine when compared to CV mice that received the same chemotherapy treatment. Some researchers have already shown that GF mice are markedly resistant to mucositis induced by chemotherapy or radiation when compared to CV mice.^{30,32,33} We confirmed that the microbiota is important to 5-FU-induced gut damage through conventionalization of GF mice after gavage with feces from CV mice. In this group, it was possible to observe restored neutrophil and eosinophil influx into intestinal tissue after 5-FU treatment. Similar results were observed after irinotecan or radiation treatment of conventionalized GF mice.^{30,33} Altogether, we demonstrated

that intestinal microbiota presence plays a key role in increasing 5-FU-induced inflammation and damage in the small intestine.

Van Vliet et al. (2010) have hypothesized that the microbiota has a pivotal role in mucositis, once chemotherapeutics can deregulate intestinal microbiota homeostasis.¹⁷ Furthermore, other factors can also deregulate the intestinal microbiota, including inflammation³⁴ and antimicrobial peptides.¹¹ Shifts in microbiota composition differ along the GI tract and according to chemotherapy regime.^{18,35,36} Usually, after chemotherapy in patients and in rodent models, there is outgrowth of opportunistic bacteria with a concomitant reduction in the content of bacterial taxa responsible for the maintenance of the intestinal ecosystem.^{18,37} Overall, some common alterations include increase in the total number of facultative anaerobes in the colon, such as *Enterobacteriaceae*, and decrease in *Firmicutes* members.^{18,36,37} Although, there are differences in the shifts in bacterial groups in previous reports, the anticancer treatments have in common a reduction of the diversity and richness of bacterial community.¹⁹ In our model, we observed an expressive increase in *Enterobacteriaceae* and *E. coli* amount in feces and lumen content of mice after 5-FU-treatment, but no significant changes in the content of *Bacteroidetes* and *Firmicutes* phyla during disease. This microbiota deregulation can be induced by chemotherapeutics, but other factors can also deregulate the intestinal microbiota, including inflammation.³⁴ Winter and colleagues³⁴ have shown that metabolites from inflammation in the colon can selectively enhance the growth of commensal *Enterobacteriaceae* promoting dysbiosis. The same process may promote *Enterobacteriaceae* and *E. coli* growth in small intestine. Although our findings support the conclusion that chemotherapy induces dysbiosis in gut microbiota, there is still a long way before understanding the shifts in gut microbiota and its causes during mucositis.

Causal relationship between intestinal bacteria dysbiosis and mucositis is still a matter of debate. Findings of other groups have shown that there are marked changes in microbiota composition (dysbiosis) coincidentally in time of the development of chemotherapy-induced mucositis injury in humans and in animal models.^{32–37} We observed, for the first time, to our knowledge, direct relationship

between dysbiotic *Enterobacteriaceae* and 5-FU-induced mucositis injury. We showed that treatment of CV mice with ciprofloxacin prevented *Enterobacteriaceae* increase after 5-FU treatment and resulted in markedly diminished intestine injury or inflammation. Interestingly, intestines of GF mice monocolonized with *E. coli* presented clear signs of tissue damage and inflammation. Moreover, the pivotal role of *E. coli* expansion in the severity of mucositis is clearly demonstrated by reversion of GF hyporesponsiveness after monocolonization with *E. coli* isolated from CV mice with mucositis. Uncontrolled expansion of the *Enterobacteriaceae* family was also required for the *Toxoplasma gondii*-induced small intestinal pathology.¹¹ Altogether, these data suggest that the shift in microbiota induced by chemotherapy, including the increase in *Enterobacteriaceae* content, may amplify the inflammatory mechanisms responsible for tissue injury during mucositis, such as demonstrated for others bowel diseases^{11–14} or bolster the effects of 5-FU through metabolic drug interconversion.³⁸

Over the past years, our group has demonstrated that the microbiota is also essential for host ability to mount canonical acute inflammatory responses.^{1–3,21} The overall picture that arose from these past studies is that the microbiota fine-tunes host inflammatory responsiveness: in the absence of colonization, mice respond to inflammatory triggers by up-regulating production of anti-inflammatory molecules such as ANXA-1, LXA4, and IL-10 and intestinal colonization by the microbiota blocks this skewed response, favoring pro-inflammatory mediator production and leukocyte mobilization to the gut. It is known that the microbiota has the ability to control the secretion of glucocorticoids by epithelial cells in the gut²² and interferes in adrenal-released corticosterone levels upon stress.³⁹ We found that the high plasma corticosterone levels observed in GF mice is important for attenuating intestinal damage in mucositis. Hence, the response of GF mice to chemotherapy-induced mucositis also follows this previously described pattern. GF treated with glucocorticoid receptor antagonist (RU486) presented partial reversal of the protective phenotype of these animals after 5-FU injection lesion. Indeed, we and others have shown that administration of

a synthetic glucocorticoid, dexamethasone, to CV animals resulted in decreased tissue injury and inflammation induced by 5-FU.⁴⁰

The presence and action of glucocorticoids may account for many of the results presented by the GF-5-FU group, because glucocorticoids may reduce leukocyte influx to tissues and inhibit the synthesis of several proinflammatory cytokines, in addition to increasing the synthesis of anti-inflammatory molecules such as ANXA-1 and IL-10.^{23–25} Thus, it is possible to suggest that the higher plasma basal corticosterone concentration in GF animals prevented the development of mucositis lesions by promoting early expression of anti-inflammatory molecules and inhibiting the synthesis of pro-inflammatory mediators. During chemotherapy, there is an early increase in ANXA-1 and IL-10 up-regulation (1st and 3rd days, respectively) in tissues of GF mice. These data suggest that in the absence of microbiota, the inflammatory response to mucositis induction is altered due to increased ANXA-1 and IL-10 upon chemotherapy. Other researchers have previously shown that increased IL-10 production is associated to decreased chemotherapy-induced injury in CV mice,^{41,42} but the role of IL-10 on chemotherapy-induced mucositis is still unknown. Nevertheless, our findings suggest that the IL-10-skewed response of GF mice to 5-FU injection would be able to prevent the production of pro-inflammatory mediators and intestinal damage.

Interestingly, GF mice monocolonized with *E. coli* or *B. fragilis* showed divergence in the control of plasma corticosterone concentration and in the response to 5-FU chemotherapy. While *E. coli* monocolonization led to reduced levels of this hormone, *B. fragilis* monoassociation did not change plasma corticosterone concentration. In accordance, *E. coli*-associated mice responded to 5-FU treatment and carrageenan injection by upregulating pro-inflammatory mediators and inducing leukocyte recruitment to tissue, while *B. fragilis*-colonized mice responded in the same way as GF hosts. Furthermore, CV mice treated with ciprofloxacin that presented reduction of *Enterobacteriaceae* and *E. coli* content and increased plasma corticosterone concentrations were protected from 5-FU induced intestinal inflammation. These findings suggest that *Enterobacteriaceae* may favor inflammation by reducing basal plasma corticosterone levels. Our group

has previously observed that GF mice previously injected with LPS from *E. coli* presented increase in local or systemic inflammatory responses after being exposed to stimuli of sterile or infectious nature.³ However, we observed that LPS (30ug/mL) from *E. coli*, when given in drinking water following the protocol previously shown to enhance colitis disease⁴³ do not revert the phenotype of GF mice submitted to 5-FU-induced mucositis. It suggests that TLR4 activation may not be sufficient or that other structural components or even alive *E. coli* may be required for reversion of GF phenotype and corticosterone production.

Altogether, our results allow us to conclude that microbiota colonization shifts the way the host perceives and respond to inflammatory triggers by modulating the basal corticosterone concentration in circulation. More specifically, *Enterobacteriaceae* and *E. coli* are able to reduce basal corticosterone levels and to exacerbate host response to several inflammatory stimuli, including chemotherapy-induced mucositis. In general, this work shows that the maintenance of the indigenous gut microbiota is important to contain or even prevent the side effect of chemotherapy on intestinal mucosa.

Materials and methods

Animals

Germ free Swiss/NIH mice were derived from a GF nucleus from Taconic Farms and maintained in flexible plastic isolators (Standard Safety Equipment). Conventional Swiss mice are derived from GF matrices, and considered conventional only after two generations in the conventional facility. All animals were 6- to 8-week-old males and females. GF condition was monitored by collection of feces, which were homogenized in PBS, serially diluted, and then plated on brain heart infusion (BHI) or thioglycolate broth for 24 h at 37°C in aerobic or anaerobic conditions to determine the absence of intestinal microbes. Animals were age matched and maintained according to the ethical guidelines of our institution, and the experimental protocol was approved by the Ethics Committee in Animal Experimentation of the Federal University of Minas Gerais.

Depletion of gut microbiota

Mice were treated with antibiotics as previously described.⁴⁴ Briefly, conventional Swiss newborn mice were continuously provided with ampicillin (2 g/L), vancomycin (0.5 g/L), neomycin (2 g/L), metronidazole (1 g/L), and ciprofloxacin (0.2 g/L) in drinking water *ad libitum* for six weeks prior to experimentation. Fresh antibiotics were supplied twice a week. Adult mice were submitted to similar protocols for 7 or 30 d before experimentation. During 5-FU treatment, the cocktail of antibiotics was kept in the drinking water.

Experimental intestinal mucositis

For induction of mucositis, we used 5-fluorouracil (5-FU), a chemotherapy utilized for the treatment of solid cancers.²⁶ Saline or 5-FU (450 mg/kg) was given intraperitoneally (i.p.) once a day for three consecutive days. Five days after beginning the 5-FU treatment, mice were anesthetized and euthanized by cervical dislocation and blood samples and intestines were collected for analysis.

Determination of clinical score

Scoring for stool consistency and occult blood were done as previously described.⁴⁵ In brief, stool scores were determined as follows: 0, well-formed pellets and negative occult blood test; 1, semi-formed stools and negative occult blood test; 2, normal stool (consistent) and traces of blood in the occult blood test; 3, semi-formed stool and positive occult blood test; 4, liquid stools and positive occult blood test; 5, semi-formed stool, negative occult blood test and signs of morbidity; 6, semi-formed stool, positive occult blood test and signs of morbidity; 7, liquid stools, positive occult blood test and signs of morbidity. Signs of morbidity included the crepey, hunched posture and reduced mobility.

Determination of the EPO and MPO activities

The extent of tissue eosinophil infiltration was assessed by measuring EPO as previously described.⁴⁵ Briefly, intestines were weighted and homogenized with PBS and centrifuged at 7,826 x g for 10 minutes. The supernatant was discarded, and

the erythrocytes were lysed. The pellet was suspended in 1.9 mL of 0.5% hexadecyltrimethyl ammonium bromide in PBS, frozen three times in liquid nitrogen, and centrifuged at 4°C at 7,826 x g for 10 minutes. The supernatant was used in the enzymatic assay by the addition of an equal amount of substrate (1.5 mmol/L o-phenylenediamine and 6.6 mmol/L H₂O₂ in 0.075 mmol/L Tris-HCl (pH 8)). The reaction was stopped with 50 µL of 1 M H₂SO₄, and the absorbance was read at 492 nm.

The extent of neutrophil accumulation in the intestine was measured by assaying MPO activity, as described previously.² Briefly, a portion of intestine of animals were removed and intestine were weighted and homogenized with PBS and centrifuged at 7,826 x g for 10 minutes. The supernatant was discarded, and the erythrocytes were lysed. The pellet was suspended in 1.9 mL of 0.5% hexadecyltrimethyl ammonium bromide in 0.05 M Na₃PO₄ buffer (pH = 5.4), frozen three times in liquid nitrogen, and centrifuged at 4°C at 7,826 x g for 10 min. The supernatant was used in the enzymatic assay by the addition of an equal amount of substrate (0.4 M of tetramethylbenzidine in DMSO and 0.002% H₂O₂). The reaction was stopped with 50 µL of 1 M H₂SO₄, and the absorbance was read at 450 nm. Results were expressed as the relative unit that denotes activity of MPO related to casein-elicited murine peritoneal neutrophils processed in the same way.

Measurement of cytokine concentrations in intestine

The concentration of CXCL1, CCL24, IL-10, TNF-α, and IL-1β were measured in intestine of mice using commercially available antibodies and according to the procedures supplied by the manufacturer (R&D Systems).

Histopathological analysis

Intestine samples were immediately fixed in 10% buffered formalin. Tissue sections were stained with H&E. The histologic score was obtained based on the intensity of mononuclear and polymorphonuclear infiltrates in the lamina propria, changes in the architecture of the mucosa, decreased villus height, hyperemia and edema as previously described.⁴⁵ For each

parameter, the changes were graded according to the following scale: 0, absent; 1, mild; 2, moderate; and 3, intense. The inflammation score was represented by numbers from 0 (normal) to 14 (highly altered). The histological analysis was performed by a single examiner masked to the experimental group's status.

Immunohistochemistry for proliferating cell nuclear antigen (PCNA)

Tissue sections from small intestine were incubated with primary antibody to PCNA (1:750; rabbit mAb; Cell Signaling). The secondary antibody (Cell Signaling) peroxidase conjugated was used consecutively. The reaction development was performed by incubation in diaminobenzidine solution with hydrogen peroxide. Subsequently, these sections were counterstained with hematoxylin and used for analysis.

Conventionalization of GF mice

GF mice were conventionalized as previously described.² Briefly, fecal samples removed from CV mice were homogenized in saline (10%) and administered by oral gavage to GF mice. Thirty days later, 5-FU-treatment was given to these animals, as described above.

Bacterial culturing

For analysis of *Enterobacteriaceae*, stools and lumen content of small intestine were separated and homogenized in sterile PBS. The homogenates were serially diluted and plated on the MacConkey solid medium. Plates were incubated aerobically or anaerobically at 37°C for 24 h.

Isolation of bacterial genomic DNA and microbiota analysis by quantitative PCR

Stool and lumen content of small intestines of mice were collected on first, third and 5th day along 5-FU treatment. Genomic DNA was extracted from feces pellets with the Qiagen Stool Kit. Quantitative PCR was performed to quantify the abundance of 16 S rRNA sequences of bacteria.

Reverse transcription and real-time PCR for gene expression assay

Total RNA from gut was prepared using Trizol (ThermoFisher Scientific). *Il-10*, *Anxa-1* and *Rpl-4* (housekeep gene) cDNA were amplified using specific primers (Invitrogen) and SYBER green reagent (Applied Biosystems) in a 7500 Fast Real-Time PCR System (Applied Biosystems).

***E. coli* and *Bacteroides fragilis* monocolonized GF mice**

GF mice were monocolonized with *E. coli* (ATCC: 25922) or *E. coli* isolated from stools of CV mice with mucositis (ICVM) or *Bacteroides fragilis* (ATCC: 25285) by oral gavage with 10⁸ UFC/mL of each bacteria. Seven days later, 5-FU-treatment was conducted in these animals, as described above.

Treatment with LPS

LPS (30µg/mL) from *E. coli* (O111:B4) was given in drinking water to GF mice and 1 day later mice were submitted to 5-FU treatment.⁴³ LPS treatment was kept in the drinking water throughout the entire experiment.

Treatment with dexamethasone or RU486

Mice were treated intraperitoneally (i.p.) with 2 mg/Kg of dexamethasone or subcutaneously (s.c.) with RU 486 concomitant with 5-FU injection. Control animals were injected with saline or oil, respectively.

Plasma corticosterone analysis

Plasma corticosterone levels were measured from *ad libitum* fed mice. The blood was collected from cava vein among 7- and 8-h a.m. in heparinized tube. Corticosterone was measured by ELISA kit from Cayman.

Statistical analysis

All results are reported as mean ± SEM. Statistical analysis was performed using analysis of variance, followed by Newman-Keuls test. Unpaired t test was used to determine differences between two

groups. $p < 0.05$ was considered statistically significant. Statistical analyses were performed using Prism4 (GraphPad) software.

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