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Ivermectin: an award-winning drug with expected antiviral activity against COVID-19

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ABSTRACT

Ivermectin is an FDA-approved broad-spectrum antiparasitic agent with demonstrated antiviral activity against a number of DNA and RNA viruses, including severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). Despite this promise, the antiviral activity of ivermectin has not been consistently proven *in vivo*. While ivermectin's activity against SARS-CoV-2 is currently under investigation in patients, insufficient emphasis has been placed on formulation challenges. Here, we discuss challenges surrounding the use of ivermectin in the context of coronavirus disease-19 (COVID-19) and how novel formulations employing micro- and nanotechnologies may address these concerns.

1. Commentary

The 2015 Nobel Prize in Physiology and Medicine was awarded to William C. Campbell and Satoshi Ōmura for their discoveries leading to ivermectin [1]. In addition to its extraordinary efficacy against parasitic diseases, ivermectin continues to offer new clinical applications due to its ability to be repurposed to treat new classes of diseases. Beyond its invaluable therapeutic role in onchocerciasis and strongyloidiasis, an increasing body of evidence points to the potential of ivermectin as an antiviral agent.

Ivermectin treatment was shown to increase survival in mice infected with the pseudorabies virus (PRV) [2] and reduced titers of porcine circovirus 2 (PCV2) in the tissues and sera of infected piglets [3]. In addition, Xu et al. reported the antiviral efficacy of ivermectin in dengue virus-infected *Aedes albopictus* mosquitoes [4]. Ivermectin was also identified as a promising agent against the alphaviruses chikungunya, Semliki Forest and Sindbis virus, as well as yellow fever, a flavivirus [5]. Moreover, a new study indicated that ivermectin presents strong antiviral activity against the West Nile virus, also a flavivirus, at low (μM) concentrations [6]. This drug has further been demonstrated to exert antiviral activity against Zika virus (ZIKV) in *in vitro* screening assays

[7], but failed to offer protection in ZIKV-infected mice [8].

Recently, Caly et al. reported on the antiviral activity of ivermectin against SARS-CoV-2, the causative agent of COVID-19 [9]. These authors demonstrated that a single dose of ivermectin was able to reduce the replication of an Australian isolate of SARS-CoV-2 in Vero/hSLAM cells by 5000-fold. This finding has generated great interest and excitement among physicians, researchers and public health authorities around the world. However, these results should be interpreted with caution. Firstly, it is important to note that the drug was only tested *in vitro* using a single line of monkey kidney cells engineered to express human signaling lymphocytic activation molecule (SLAM), also known as CDw150, which is a receptor for the measles virus [10]. Also, ivermectin has not been tested in any pulmonary cell lines, which are critical for SARS-CoV-2 in humans [11]. Furthermore, these authors did not show whether the reduction seen in RNA levels of SARS-CoV-2 following treatment with ivermectin would indeed lead to decreased infectious virus titers. Importantly, the drug concentration used in the study ($5 \mu\text{M}$) to block SARS-CoV-2 was 35-fold higher than the one approved by the FDA for treatment of parasitic diseases, which raises concerns about its efficacy in humans using the FDA approved dose in clinical trials [12].

In light of the potential of ivermectin to prevent replication in a

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Table 1

Ongoing clinical trials evaluating potential treatments for COVID-19 using ivermectin with patients receiving either monotherapy or drug combinations. Studies in very early stages (“not yet recruiting”) or with missing information have not been included.

Intervention/treatment	Study design	Phase	Enrollment	Status	Sponsor/location	Identifier ^a
Ivermectin, days 1–2: 12 mg total daily dose (weight < 75 kg); days 1–2: 15 mg total daily dose (weight > 75 kg)	Single-center, randomized, parallel assignment, open label	II	240	Recruiting	University of Kentucky, Markey Cancer Center, United States	NCT04374019
Ivermectin, 3 mg capsules, 12–15 mg/day for 3 days	Single-center, randomized, parallel assignment, double-blind, placebo-controlled	NA	100	Recruiting	Sheba Medical Center, Israel	NCT04429711
Ivermectin, 200 to 400 µg per kg body weight	Single-center, non-randomized, crossover assignment, open-label	NA	50	Recruiting	Max Healthcare Insititute Limited, India	NCT04373824
Ivermectin, 6 mg and doxycycline 100 mg twice daily for 5 days	Single-center, randomized, parallel assignment, double-blind, placebo-controlled	III	400	Completed	Dhaka Medical College, Bangladesh	NCT04523831
Ivermectin, 200 µg/kg single dose and 200 mg doxycycline day-1 followed by 100 mg doxycycline 12 hourly for 4 days	Single-center, randomized, parallel assignment, double-blind, placebo-controlled	II	72	Enrolling by invitation	International Centre for Diarrhoeal Disease Research, Bangladesh	NCT04407130
Ivermectin, sub-cutaneous injection 200 µg/kg body weight once every 48 hourly with 80 mg/kg/day <i>Nigella sativa</i> ; Sub-cutaneous injection ivermectin 200 µg/kg body weight once every 48 hourly with 20 mg zinc sulphate 8 hourly	Single-center, randomized, parallel assignment, open-label, placebo-controlled	I, II	40	Recruiting	Sohaib Ashraf, Sheikh Zayed Federal Postgraduate Medical Institute, Pakistan	NCT04472585
Ivermectin, 12 mg weekly + hydroxychloroquine 400 mg/daily + azithromycin 500 mg daily	Single-center, randomized, parallel assignment	I	100	Completed	University of Baghdad, Iraq	NCT04343092
Ivermectin, two doses 72 h apart: 40–60 kg (15 mg/day) 60–80 kg (18 mg/day) >80 kg (24 mg/day)	Single-center, randomized, sequential assignment, open label	II, III	340	Completed	Zagazig University, Egypt	NCT04422561
Ivermectin, single dose tablets at 400 µg/kg	Single-center, randomized, parallel assignment, double-blind, placebo-controlled	II	24	Recruiting	Clinica Universidad de Navarra, Universidad de Navarra, Spain	NCT04390022
Ivermectin, single oral dose 600 µg/kg or 1200 µg/kg, for 5 days	Multi-center, randomized, sequential assignment, double-blind, placebo-controlled	II	102	Recruiting	IRCCS Sacro Cuore Don Calabria di Negrar, Italy	NCT04438850
Ivermectin, at the time of inclusion and the same dose at 24 h, depending on the body weight, from 12 mg to 24 mg in tablets	Single-center, randomized, parallel assignment, double-blind, placebo-controlled	II, III	500	Recruiting	Instituto de Cardiología de Corrientes, Argentina	NCT04529525
Ivermectin, 600 µg/kg/once daily	Multi-center, randomized, parallel assignment, open label	II	45	Recruiting	Laboratorio Elea Phoenix S.A., Argentina	NCT04381884
Ivermectin, 300 µg/kg, once daily for 5 days	Single-center, randomized, parallel assignment, double-blind, placebo-controlled	II, III	400	Recruiting	Centro de Estudios en Infectogía Pediátrica, Colombia	NCT04405843
Ivermectin, 6 mg once daily in day 0, 1, 7 and 8 plus azithromycin 500 mg once daily for 4 days, plus cholecalciferol, 400 IU twice daily for 30 days	Single-center, non-randomized, parallel assignment, open-label	NA	30	Recruiting	Instituto de Seguridad y Servicios Sociales de los Trabajadores del Estado, Mexico	NCT04399746
Ivermectin, 12 mg every 24 h for one day (weight < 80 kg) or 18 mg every 24 h for one day (weight > 80 kg)	Single-center, randomized, parallel assignment, placebo-controlled	III	108	Active, not recruiting	Centenario Hospital Miguel Hidalgo, Mexico	NCT04391127
Ivermectin, 12 mg followed by losartan 50 mg orally once daily for 15 consecutive days	Single-center, randomized, parallel assignment, double-blind, placebo-controlled	II	176	Recruiting	Instituto do Cancer do Estado de São Paulo, Brazil	NCT04447235
Ivermectin, oral dosage based on body weight, once on day for 2 days. This dose schedule should be repeated every 14 days for 45 days associated with 20 mg twice on day of active zinc	Single-center, randomized, parallel assignment, open-label, placebo-controlled	NA	400	Recruiting	Núcleo de Pesquisa e Desenvolvimento de Medicamentos (NPDM), Universidade Federal do Ceará, Brazil	NCT04384458
Ivermectin, oral dosing schedules: 100 µg/kg single dose; 100 µg/kg on the first day, followed by 100 µg/kg after 72 h; 200 µg/kg single dose; and 200 µg/kg on the first day, followed by 200 µg/kg after	Single-center, randomized, parallel assignment, open-label	II	64	Recruiting	Hospital Univeristário da Universidade Federal de São Carlos, Brazil	NCT04431466

^a <https://www.clinicaltrials.gov>; NA: not applicable.

broad spectrum of viruses, the inhibition of importin α/β 1-mediated nuclear import of viral proteins is suggested as the probable mechanism underlying its antiviral activity [6]. Since SARS-CoV-2 is an RNA virus, a similar mechanism of action may take place [9]. A possible ionophore role for ivermectin has also been reported [13]. Since ionophore molecules have been described as potential antiviral drugs [14], ivermectin could ultimately induce an ionic imbalance that disrupts the potential of the viral membrane, thereby threatening its integrity and functionality.

The pathology of COVID-19 is characterized by the rapid replication of SARS-CoV-2, triggering an amplified immune response that may lead to cytokine storm, which frequently induces a severe inflammatory pulmonary response [15]. Disease progression may result in progressive respiratory failure arising from alveolar damage, and can lead to death [16]. Moreover, the monitoring of SARS-CoV-2 viral load in the upper respiratory tract and bronchoalveolar lavage fluid (BALF) in patients with severe disease indicates higher loads, as well as greater viral persistence [16–19].

In addition to the indication for antiviral therapy, anti-inflammatory intervention may also be necessary to prevent acute lung injury in SARS-CoV-2 infection. With regard to its anti-inflammatory properties, ivermectin have been shown to mitigate skin inflammation [20]. Importantly, ivermectin significantly diminished the recruitment of immune cells and cytokine production in BALF assessed in a murine model of asthma [21]. A study evaluating the ability of ivermectin to inhibit lipopolysaccharide (LPS)-induced inflammation revealed significantly decreased production of TNF- α , IL-1 β and IL-6 *in vivo* and *in vitro* [22]. Further studies may establish the role of ivermectin on inflammatory response caused by SARS-CoV-2, whether besides the antiviral activity ivermectin could play a supportive adjuvant role facing the hostile infection microenvironment.

With regard to investigations into potential drug treatments against COVID-19, ivermectin has received particular attention. Indeed, a number of clinical studies have been conducted in various countries such as USA, India and Egypt, as registered on the repository of data ClinicalTrials.gov. Table 1 shows a compilation of these studies, with patients receiving monotherapy or combination therapy, using different approaches of ivermectin dosing. In Spain, the SAINT clinical trial is currently underway and aims to determine the efficacy of a single dose of ivermectin, administered to low risk, non-severe COVID-19 patients [23]. Despite the fact that ivermectin has been shown to be effective *in vitro* against Sars-Cov-2, it is possible that the necessary inhibitory concentration may only be achieved *via* high dosage regimes in humans. The enthusiasm surrounding ivermectin use is restrained by a lack of appropriate formulations capable of providing improved pharmacokinetics and drug delivery targeting mechanisms. Although patients could be treated using systemic therapy, high-dose antiviral therapy could lead to severe adverse effects. Regardless, no commercially available injectable forms of ivermectin are available for human use. In COVID-19 patients, the rapid evolution of disease requires prompt treatment, as therapeutic intervention must be introduced within a narrow window of time. Considering that the respiratory tract has been shown to be a primary site of infection, the delivery of ivermectin by pulmonary route would provide high drug deposition in the airways and lungs to mitigate the high viral loads seen in these sites. It is worth noting that inhalation therapy has been reported to be the most effective treatment for respiratory infections due to increased drug bioavailability [24,25]. Indeed, pulmonary and nasal administration bypasses the first-pass metabolism observed in oral administration and the lungs and nasal cavity are known to be low drug-metabolizing environments [26]. In severe cases of SARS-CoV-2-induced pneumonia, antiviral aerosol formulations could be delivered by inhalation to patients on mechanical ventilation. In addition, patients presenting mild symptoms of COVID-19 could benefit from being treated with antiviral aerosol formulations at earlier stages of disease. Importantly, Gilead Sciences recently announced human trials of an inhaled version of its antiviral drug remdesivir for non-hospitalized patients [27].

Despite its promising antiviral and preliminary anti-inflammatory potential, the development of ivermectin formulations presents challenges, primarily due to its property of poor water solubility. Consequently, ivermectin's oral bioavailability remains low [28]. In addition, its pharmacokinetic profile may be affected by specific formulations, and minor differences in formulation design can modify plasma kinetics, biodistribution, and, consequentially, efficacy. For instance, ivermectin does not achieve adequate concentration levels in the human blood-stream necessary for treatment efficacy against ZIKV [29]. Therefore, novel delivery strategies are needed to optimize ivermectin bioavailability. Micro- and nanocarriers offer several advantages in drug delivery, namely: specific targeting, high metabolic stability, high membrane permeability, improved bioavailability, controlled release and long-lasting action [30]. In light of these attributes, some studies have formulated ivermectin in micro- and nanoparticles, either using lipid nanocapsules [31], chitosan-alginate nanoparticles [32] or poly (lactic-co-glycolic acid) (PLGA) micro- and nanoparticles [33,34]. For antiviral purposes, ivermectin has been formulated in liposomes [35] and PLGA nanoparticles [29]. The latter ivermectin nanoformulation was shown to cross the intestinal epithelial barrier when administered *via* oral route, with considerable concentrations detected in the blood, enabling its potential application in ZIKV therapy.

Appropriate drug formulations must address inherent limitations, including poor water-solubility and difficulty in drug delivering to desired target areas, notably the pulmonary environment. As previously mentioned, micro- and nanocarriers have been investigated in an effort to optimize ivermectin bioavailability. In the context of pulmonary delivery, these drug delivery systems can be modified to attend suitable aerodynamic size ranges for the airways and alveolar deposition. Smaller particles achieve a greater deposition in the lungs compared to larger particles. Particles smaller than 5 μ m follow the airflow beyond the retro-pharynx and reach the trachea. Particles with an aerodynamic diameter of about 2 to 5 μ m are deposited in the upper respiratory tract at the level of the trachea and tracheal bifurcation. Particles smaller than 2 μ m deposit in the lower airway and alveolar epithelia [36,37]. Nanoparticulate systems, upon release in aerosol, form aggregates in the micrometer size range. These aggregates are believed to have sufficient mass to be deposited in the bronchiolar region and remain for an extended period, hence achieving the desired effect [38]. It follows that ivermectin formulations produced at the desired particle sizes will allow for particle deposition in either the lower airway or alveolar epithelia, which will then trigger rapid drug release, accelerating the onset of therapeutic activity.

We hypothesize that micro- and nanotechnology-based systems for the pulmonary delivery of ivermectin may offer opportunities for accelerating the clinical re-purposing of this “enigmatic drug” in the context of SARS-CoV-2 infection, as recent advances in pharmaceutical technology and nanomaterials can be applied to the treatment of pulmonary infections [24–26,36–40]. Despite the challenges faced in developing these drug delivery carriers, and uncertainty with regard to the efficacy of ivermectin, it indeed presents promising potential. In an optimistic scenario, new drug dosage forms may not only contribute to mitigate SARS-CoV-2 infection, but also be effective against other emerging viral diseases.

Declaration of Competing Interest

The authors deny the existence of any conflicts of interest.

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