

Learning from the past: development of safe and effective COVID-19 vaccines

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Abstract | The rapid spread of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) has elicited an equally rapid response aiming to develop a COVID-19 vaccine. These efforts are encouraging; however, comprehensive efficacy and safety evaluations are essential in the development of a vaccine, and we can learn from previous vaccine development campaigns. In this Perspective, we summarize examples of vaccine-associated disease enhancement in the history of developing vaccines against respiratory syncytial virus, dengue virus, SARS-CoV and Middle East respiratory syndrome coronavirus, which highlight the importance of a robust safety and efficacy profile, and present recommendations for preclinical and clinical evaluation of COVID-19 vaccine candidates as well as for vaccine design and optimization.

Since December 2019, severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) has rapidly spread around the globe. The intensity and rapidity of SARS-CoV-2 transmission have led to substantial morbidity and mortality and put considerable pressure on public health systems around the world and the global economy. Consequently, developing vaccines and therapeutics against COVID-19 is of highest priority and a very active field¹. Vaccines can prevent disease in large populations at relatively low cost, thus being a powerful tool to mitigate the impacts of COVID-19.

On 16 March 2020, the mRNA COVID-19 vaccine (mRNA-1273) from Moderna and the non-replicating adenovirus type 5 (Ad5)-vectored COVID-19 vaccine (Ad5-nCoV) from CanSino entered phase I clinical trials^{2,3}. In April 2020, inactivated COVID-19 vaccines manufactured by Sinovac (PiCoVacc), the Beijing Institute of Biological Products (BBIBP-CorV) and the Wuhan Institute of Biological Products (Sinopharm–Wuhan inactivated vaccine), as well as Inovio's DNA vaccine (INO-4800), entered phase I clinical trials⁴. One month later, five more candidates had also entered phase I clinical trials, and more than 100 COVID-19 vaccine candidates were in

laboratory or preclinical studies⁵. The unprecedented speed in the development of COVID-19 vaccines is encouraging. However, we and others have raised concerns about the safety of some of the COVID-19 vaccine candidates^{6,7}.

A high dose of the mRNA-1273 vaccine protects mice against infection by mouse-adapted SARS-CoV-2 challenge without enhanced immunopathology⁸. PiCoVacc⁹ and BBIBP-CorV¹⁰ elicited neutralizing antibodies (NAbs) in mice, rats and non-human primates, and non-human primates in the high-dose group were fully protected from infection by SARS-CoV-2 with no antibody-dependent enhancement (ADE). The chimpanzee adenovirus-vectored vaccine developed by the University of Oxford and AstraZeneca (ChAdOx1 nCoV-19)¹¹ and a DNA vaccine¹² produced by Harvard Medical School were also effective in reducing viral load in SARS-CoV-2-challenged non-human primates without enhanced immunopathology. So far, several COVID-19 vaccine phase I/II clinical trials have been completed, including trials of Ad5-nCoV³, mRNA-1273 (REF.²), ChAdOx1 nCoV-19 (REF.¹³) and an mRNA vaccine developed by Pfizer and BioNTech (BNT162b1)¹⁴. According to the reported

results, all of these vaccines induced antibodies against the spike protein (S protein) and the receptor-binding domain (RBD), including antibodies that neutralized pseudotyped and live SARS-CoV-2. Some reports have shown that NAb titres were strongly correlated with the concentration of RBD-binding IgG^{15,16}. Very recently, AstraZeneca announced a pause in the phase III clinical trial of its ChAdOx1 nCoV-19 vaccine because of an unexpected adverse reaction, although the trial has resumed in the United Kingdom. Furthermore, Russia recently approved a recombinant Ad26 and recombinant Ad5 vector-based heterologous prime-boost COVID-19 vaccine for use in tens of thousands of people after conducting non-randomized phase I/II studies¹⁷. Vaccine safety remains a key question in phase III clinical trials and in the future application of vaccines, in particular for vaccine-related immunopathologies occurring when vaccinated people are naturally infected, as described below.

In the 1960s, scientists found that antiviral antisera might result in an exceptional increase in viral infectivity of animal viruses¹⁸. This phenomenon that viral infection can be enhanced by internalization associated with antibody Fc receptors (FcRs), denoted as 'antibody-dependent enhancement' (ADE; BOX 1), was then widely reported in infections with flaviviruses^{19,20} and other viruses^{21,22}. Later, more antibody FcR-mediated effects, such as complement activation and release of inflammatory cytokines, were reported to be involved in severer disease²³. ADE has also been observed in vaccinated animals after viral challenge with the corresponding virus²⁴. For example, cats immunized with a vaccine expressing the feline infectious peritonitis virus (FIPV) S protein on a recombinant pox virus vector died earlier than control animals when challenged with FIPV²⁵. Given that passive immunization with feline serum containing high-titre antibodies reactive with feline FIPV also resulted in a more rapid disease after FIPV challenge²⁶, the vaccine-induced disease exacerbation may be attributed to ADE. Apart from ADE, type 2 T helper cell (T_H2 cell)-based immunopathologic responses induced by homologous viral

Box 1 | Key terms in disease enhancement

ADE

Antibody-dependent enhancement (ADE) can be mediated by antibody Fc receptor-associated internalization of a virus, thus resulting in more extensive viral replication and cytokine release in the presence of virus-specific antibodies. ADE was widely reported in flavivirus and other viral infections, such as HIV and influenza virus infections.

ERD

Enhanced respiratory disease (ERD) describes severer clinical symptoms after respiratory virus infection, such as with respiratory syncytial virus and influenza virus, due to previous immune responses. ERD usually manifests itself as peribronchiolar monocytic infiltration with an excess of eosinophils. ERD can happen during homotypic or heterotypic serotype virus infection after vaccination, natural infection or transfer of maternal passive immunity.

VADE

Vaccine-associated disease enhancement (VADE) partially overlaps with ADE and ERD. In contrast to ERD, VADE involves only the vaccine-associated situation, and, more importantly, it is not limited to respiratory disease. For example, heterotypic-serotype dengue virus infection may cause severer dengue haemorrhagic fever in vaccinated individuals. This phenomenon is related to VADE, but does not include ERD. VADE can be attributed to antibody-dependent and type 2 T helper cell-dependent mechanisms.

challenge after vaccination could also result in disease exacerbation²⁷.

In this Perspective, we use the term ‘vaccine-associated disease enhancement’ (VADE; BOX 1) to describe both antibody-dependent and T_H2 cell-dependent disease exacerbation (FIG. 1). We summarize examples of VADE in the history of the development of vaccines against respiratory syncytial virus (RSV), dengue virus (DENV), SARS-CoV and Middle East respiratory syndrome coronavirus (MERS-CoV), each of which provides clues for safe COVID-19 vaccine development and highlights the need for rigorous preclinical and clinical safety testing.

Lessons from RSV vaccines

There have been warnings that ADE should be fully evaluated for coronavirus vaccines to avoid repeating the tragic failure of the RSV vaccine²⁸. The first RSV vaccine, based on formalin-inactivated RSV (FI-RSV), entered a clinical trial in 1965, a time when several other inactivated or attenuated virus-based vaccines had already been successfully developed, such as vaccines against smallpox²⁹ and polio³⁰. The FI-RSV vaccine was well tolerated and appeared to be moderately immunogenic at first. However, instead of protecting study participants, the FI-RSV vaccine exhibited a paradoxical disease-strengthening effect (enhanced respiratory disease (ERD); BOX 1) during subsequent natural RSV infection. Among the 20 infants who received the FI-RSV vaccine, 16 required hospitalization, including two who subsequently died, whereas only one of the 21 participants in the control group was hospitalized³¹. The FDA then urgently

suspended all clinical studies of RSV vaccines.

To elucidate the mechanism of ERD in this RSV vaccine trial, the humoral and cellular immune responses after FI-RSV inoculation were analysed. FI-RSV induced RSV glycoprotein binding, but not NAbs, eosinophilia and an exaggerated CD4⁺ T cell response^{32,33}. It was not until the 1990s, three decades after the first FI-RSV trial, that an enhanced inflammatory response to the vaccine was identified, consisting of a T_H2 cell-skewed T cell response, which contributed to the exaggerated proliferation of CD4⁺ T cells and eosinophils^{27,34,35}. This T_H2 cell-skewed pattern led to poor stimulation of natural killer cells and CD8⁺ cytotoxic T lymphocytes, which otherwise are able to prevent T_H2 cell and inflammatory responses to RSV antigens^{36,37}. Recent work suggested that the carbonyl groups caused by formalin fixation created the enhanced T_H2 cell response³⁸. However, ERD was also observed in experimental animals immunized with purified RSV F and G glycoproteins that were not fixed with formalin^{39,40}, suggesting that formalin fixation was not the determinant for pathogenic inflammation. Previous studies had shown that FI-RSV induced a predominant T_H2 cell-like cytokine profile, such as interleukin-5 (IL-5) and IL-13, whereas live RSV, which did not cause ERD, induced a predominant type 1 T helper cell (T_H1 cell)-like cytokine profile, such as IL-10 (REFS^{27,41}). Furthermore, some live attenuated RSV vaccines and some RSV antigens expressed on viral or DNA vectors did not induce, or only slightly induced, ERD in humans^{42–44}. One of the reasons why only certain antigens induce ERD may be

that the surface glycoprotein of RSV displays diverse structures, thus inducing different immune responses^{45–47}. Indeed, several studies showed that exposed antigenic sites differed between prefusion and postfusion surface proteins and that even antibodies targeting a shared site might not bind equally to both conformations⁴⁸. Notably, another study reported that both postfusion and prefusion F proteins protected vaccinated cotton rats as long as the antigen concentration was high and the vaccine contained a T_H1 cell-biasing adjuvant⁴⁹. Aside from the T_H2 cell-skewed immune response, antibody-mediated effects can also contribute to ERD. The non-NAbs induced by FI-RSV bound antigen, and the antibody-antigen complexes then stimulated the complement pathway, thus further strengthening the inflammatory responses⁵⁰.

In 2019, an RSV vaccine based on an adenovirus vector expressing RSV F protein stabilized in its prefusion conformation (Ad26.RSV.preF) passed the FDA Breakthrough Therapy Designation programme for the prevention of RSV in older adults. Ad26.RSV.preF induced a high titre of NAb and long-lasting T_H1 cell-biased immunity characterized by a high ratio of interferon- γ (T_H1-type cytokine) and T_H2-type cytokines (IL-4, IL-5 or IL-10) in adult and neonatal mice⁵¹. However, the clinical trial of Ad26.RSV.preF was done only in adults aged 60 years or older⁵²; thus, an RSV vaccine for infants remains elusive. Thus, throughout the 50-year history of exploring RSV vaccines, we have learnt the absolute necessity of tracking the comprehensive safety of vaccines before large-scale application, no matter the urgency of the moment. From the RSV experience, we still do not know what features of an antigen will create disease exacerbation, although we do know that antigen conformation and prefusion versus fusion states are important. We have also learnt that a T_H2 cell-biased immune response is harmful. For example, an antigen-induced T_H2 cell-like cytokine profile, such as IL-5 and IL-13, could activate CD4⁺ T cells but poorly stimulate natural killer cells and CD8⁺ T cells in an animal model or human. Such a T_H2 cell-biased immune response might result in VADE under viral challenge. Furthermore, we have learnt that the induction of NAbs over binding antibodies is crucial.

Lessons from dengue vaccines

Similarly to RSV, the development of dengue vaccines started with an inactivated virus-based vaccine. In the 1920s, Blanc

and Cminopetros inoculated study participants with a bivalent-DENV mixture⁵³. However, this vaccine failed to protect the participants from subsequent DENV challenge. Afterwards, many studies found that natural DENV infection induced high-titre and sustained NAb responses towards homologous DENV in patients^{54,55}. A group of researchers obtained an attenuated DENV strain by serial passage

of DENV in mouse brains⁵⁶. One dose of the attenuated vaccine was adequate to induce NAb in vaccinated volunteers. DENV has four serotypes (DENV1–DENV4), which share a considerable similarity in antigenic epitopes. The induced NABs not only protected the patient from homologous viral infection but were also cross-reactive with heterologous DENVs. However, the latter protection was short-lived at 3 months to

2 years⁵⁷. Importantly, the cross-specific antibodies, once falling into suboptimal concentrations, caused a higher risk of severe dengue symptoms following natural infection with heterologous DENV than in naive individuals⁵⁸.

This phenomenon was widely investigated. The cross-reactive antibodies bound heterologous DENV, thus facilitating viral entry into target cells with FcRs, such

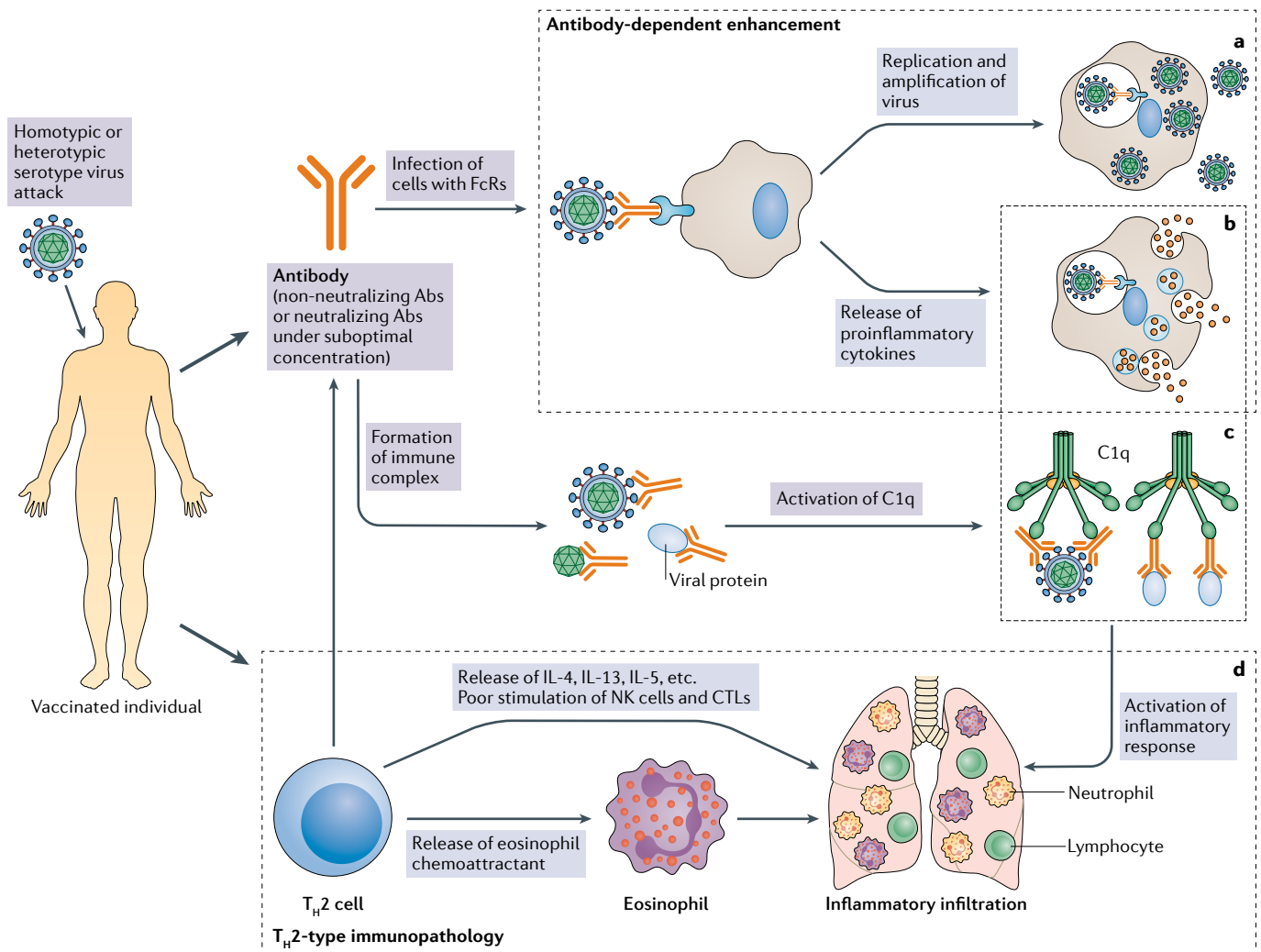


Fig. 1 | Mechanisms of vaccine-associated disease enhancement. Vaccination induces humoral and cellular immune response in immunized individuals. In the normal condition, when the homologous virus enters an immunized body, it will be neutralized or cleared by vaccine-induced neutralizing antibodies (Abs) or specific T cells, respectively. In the context of vaccine-associated disease enhancement, vaccines mainly induce non-neutralizing Abs or low titres of neutralizing Abs (suboptimal concentration) or type 2 T helper cell (T_H2 cell)-biased T cell responses. When these vaccinated individuals are challenged by homotypic or heterotypic serotype viruses, the antibodies will immediately recognize the viruses and mediate antibody-dependent disease exacerbation in two ways. First, virus–antibody complexes might enter Fc receptor (FcR)-bearing cells, such as dendritic cells and monocytes, by FcR-mediated internalization, which is termed ‘antibody-dependent enhancement’ (ADE). For viruses with innate tropism for FcR-bearing cells, such as dengue virus, ADE will result in higher viral loads than in conditions without antibodies. **a** | After entry, the virus, no matter whether it replicates or does not replicate, may activate a harmful immune response, resulting in the release of proinflammatory cytokines. **b** | Aside from ADE, antibody–antigen complexes can stimulate the complement pathway through activation of the C1q pathway, thus further strengthening the inflammatory responses **c** | Vaccine-associated disease enhancement can also involve a T_H2 cell-biased immune response. The activated T_H2 cells contribute to the activation of antibody production. However, they release interleukin-4 (IL-4), IL-13 and IL-5, as well as eosinophil chemoattractant, thus resulting in eosinophil infiltration and proinflammatory cytokine production in the lung. **d** | Natural killer (NK) cells and CD8⁺ cytotoxic T lymphocytes (CTLs) are poorly stimulated in T_H2 cell-skewed immune responses. The exaggerated cytokine release (part **b**), activation of the complement pathway (part **c**) and the excessive mobilization of eosinophils all contribute to the infiltration of the lung by eosinophils, neutrophils and lymphocytes, and production of inflammatory cytokines (part **d**), leading to acute lung injury or acute respiratory distress syndrome.

as monocytes, macrophages and dendritic cells^{19,59}. Meanwhile, epidemiological studies showed that the occurrence of severe dengue was associated with a certain range (DENV antibody titres of 1:21 to 1:80) of cross-reactive antibody titres^{60,61}. Aside from entry enhancement, non-NAbs, or NAbs below the optimal concentration, could form complexes with DENV particles, which then induced inflammatory responses through the FcR-mediated immune regulatory pathway⁶², further increasing the risk of severe dengue.

It was clear that reinfection by heterotypic serotype DENV resulted in ADE. Therefore, the next challenge in dengue vaccine development was the induction of NAbs against all four DENV serotypes. It was not until 2006, 77 years after the first inactivated dengue vaccine had been tested in humans, that the first tetravalent dengue vaccine, CYD-TDV, entered clinical trials (NCT00384670). CYD-TDV is a recombinant, live attenuated vaccine with four serotypes of DENV expressed on the yellow fever backbone⁶³. In 2018, the FDA approved the CYD-TDV vaccine for preventing dengue caused by all serotypes (DENV1–DENV4). However, administration of this vaccine was not permitted in individuals not previously infected with DENV. This decision was made because clinical analyses revealed an excess risk of severe dengue in seronegative vaccinated individuals compared with seronegative non-vaccinated individuals⁶⁴.

Because DENV can infect FcR-bearing cells whereas SARS-CoV-2 cannot, ADE of viral infection and disease may be more prominent in dengue than in COVID-19, in which it might be milder or even absent. Besides, the pathophysiology of dengue is not comparable to that of COVID-19; thus, the VADE mechanisms of DENV are possibly not related to those in SARS-CoV-2. Still, valuable lessons can be learnt from the long and challenging task of developing a dengue vaccine. First, aside from neutralizing activity, we know that the titre of antibodies induced by any vaccine should be fully evaluated. Low titres of NAbs caused ADE in subsequent infection, instead of providing protection, as observed in both DENV infection⁵⁸ and RSV infection⁵⁰. Second, population genetic analyses of 103 SARS-CoV-2 genomes indicated that SARS-CoV-2 had evolved into two major types (L and S) based on different gene mutations in *ORF1ab* and *ORF8* (REF.⁶⁵). A further study discovered a 382-nucleotide deletion in *ORF8* during

the early evolution of SARS-CoV-2 (REF.⁶⁶). The SARS-CoV-2 variant carrying a D614G alteration in the S protein became the most prevalent in the global pandemic⁶⁷. More than six human coronaviruses are prevalent in human populations, and many more are prevalent in wild animal species. It is unclear so far whether the continuing mutation and recombination of SARS-CoV-2 could create other serotypes of SARS-CoV-2, or even another novel coronavirus. Therefore, vaccine candidates that can provide protection from divergent coronaviruses would be ideal. Third, clinical data from a large cohort revealed that dengue vaccine performance and efficacy could be influenced by the serotype, baseline serostatus and age^{63,68}. These results constitute a warning that COVID-19 vaccine candidates should be comprehensively assessed in diverse animal models (that is, young and old animals, and male and female animals) to confirm their safety and efficacy and that human study participants should reflect diverse populations. This is further underscored by the different COVID-19 severity according to age and sex, with older and male individuals at higher risk of severe disease during primary infection⁶⁹.

Lessons from SARS and MERS vaccines

The genomes of SARS-CoV-2 and SARS-CoV share 79.6% sequence identity⁷⁰, and they use the same receptor, angiotensin-converting enzyme 2 (ACE2), to enter cells⁷¹. Therefore, SARS vaccine-induced immune responses, which have already been studied, would be useful in the evaluation of COVID-19 candidate vaccines. In 2003, soon after isolation of SARS-CoV viral particles and release of the viral genome sequence, SARS vaccine design began. Similarly to COVID-19 vaccine developers, researchers first sought SARS vaccines based on inactivated virus, recombinant subunit proteins and recombinant vectors. Also in 2003, an Ad5 vector-based vaccine that expresses the SARS-CoV S1 protein, membrane (M) protein and nucleocapsid (N) protein was tested in rhesus macaques. These vaccines induced SARS-CoV-specific T cell and NAb responses⁷². Ad5-SARS-CoV-S led to a substantial reduction in viral load and prevented severe pneumonia in ferrets⁷³. A recombinant modified vaccinia virus Ankara vector expressing SARS-CoV S protein elicited a rapid and vigorous NAb response in ferrets; however, a strong inflammatory response in the liver of immunized ferrets occurred after challenge

with SARS-CoV^{74,75}. More studies then demonstrated that SARS vaccines, based on either inactivated virus or a recombinant vector, could induce eosinophils and T_H2 cell-skewed immune responses on subsequent challenge with SARS-CoV in a mouse model^{76–78}, which is reminiscent of RSV vaccine-induced ERD in infants. Similarly, an inactivated SARS-CoV vaccine and a SARS-CoV S protein-derived peptide vaccine both induced severer lung damage in rhesus macaques after SARS-CoV challenge⁷⁹. A DNA vaccine encoding the S protein of SARS-CoV induced CD4⁺ and CD8⁺ T cell and NAb responses in a mouse model and in a phase I clinical trial^{80,81}.

ADE was also observed in SARS vaccines. A SARS vaccine based on recombinant SARS-CoV S protein protected hamsters from SARS-CoV infection; however, the S protein-specific antibodies could mediate FcR-dependent entry into B cells in vitro^{82,83}. Furthermore, diluted SARS-CoV S protein-specific antibodies resulted in increased virus infectivity and cytopathic effect in an HL-CZ human promonocyte cell line⁸⁴. Except for the ADE, antibody-mediated unbalanced macrophage activation has been reported to be associated with obvious lung injury in vivo. Passive transfer of anti-S IgG abrogated wound-healing responses and promoted proinflammatory monocyte and macrophage recruitment and accumulation in the lungs of macaques after viral challenge, indicating that SARS-CoV S protein-specific antibodies could elicit pathogenic immune responses, as well as enhance disease severity after SARS-CoV infection²⁴. Notably, the evidence for anti-S IgG-mediated ADE was observed only in vitro. Therefore, ADE seems a less critical issue than other antibody- and T_H2 cell-mediated immunopathology in vivo.

MERS-CoV belongs to the genus *Betacoronavirus*, which also includes SARS-CoV and SARS-CoV-2. Since the virus was first identified in Saudi Arabia in 2012, many vaccine techniques, including subunit vaccines, viral vector and DNA-based vaccines, and inactivated and live attenuated vaccines, have been applied to develop MERS vaccines⁸⁵. Many of them could induce adequate immune responses and protect vaccinated animals from subsequent MERS-CoV infection⁸⁶. However, two studies independently reported that mice vaccinated with inactivated MERS-CoV developed T_H2 cell-biased immune responses and increased eosinophil infiltrates after viral

challenge^{87,88}. Several lines of evidence have demonstrated that MERS S protein-specific antibodies are able to mediate ADE. A monoclonal antibody induced by recombinant MERS-CoV S1 bound to cell surface IgG FcR and mediated viral entry into HEK293T cells exogenously expressing FcRs and macrophages (induced from THP-1 monocytes) endogenously expressing FcRs through canonical viral receptor-dependent pathways⁸⁹. Rabbits infected with MERS-CoV developed MERS-CoV S protein-specific antibodies without neutralizing activity and protection of animals against reinfection, and concerning, MERS-CoV-reinfected rabbits showed enhanced pulmonary inflammation associated with complement activation⁹⁰. Overall, signs of VADE are less prominent for MERS vaccines than for SARS vaccines. Currently, one DNA MERS vaccine (INO-4700) and two viral-vectored MERS S protein-based vaccines have shown a favourable safety profile and induced humoral and cellular immune responses against MERS-CoV in phase I clinical trials^{91–93}. The VADE phenomena in SARS and MERS vaccine development described above further highlight the lessons we have learnt from RSV and DENV. First, the vaccine candidate for SARS-CoV-2 should induce a balanced T cell response. Particularly, the T_H1 cell and T_H2 cell immune response should be evaluated in animals and humans after vaccination. Second, the phenomenon that only diluted SARS-CoV S protein-specific antibodies resulted in increased viral infectivity⁸⁴ indicates that VADE is related to the antibody titre in immunized subjects.

The putative mechanisms of VADE

Currently, the mechanisms that underlie VADE have not been clearly defined because its emergence is highly virus, host and antigen specific. However, vaccines have several features in common that can induce VADE in vivo. First, vaccines for infection by viruses that target and replicate in cells with FcRs, including DENV and Ebola virus, are likely to induce VADE⁹⁴, especially ADE. Up to now, only one study has reported that monocytes, as well as B and T lymphocytes, are susceptible to SARS-CoV-2 active infection, and this report has not been peer-reviewed⁹⁵. Therefore, more effort is needed to relieve this concern. Second, vaccines for infection by viruses that will cause inflammatory damage are likely to result in VADE; for example, SARS-CoV and RSV⁹⁶. About 13.9% of patients with COVID-19 advanced to

severe pneumonia⁹⁷, in which inflammatory responses contributed to pathology. A preliminary report showed that the 28-day mortality was lower in the group of patients with COVID-19 receiving dexamethasone, which has anti-inflammatory effects, plus usual care compared with the patients who received usual care alone in a randomized trial⁹⁸. However, pathology seems highly host specific; thus, no confirmed marker has been identified with the ability to predict which patient will progress to acute respiratory distress syndrome. Similarly, it remains hard to predict which antigen will cause VADE. Third, antigens that elicit non-neutralizing antibodies, or insufficient NABs, are likely to cause VADE. Several lines of evidence have shown that both RBD-specific IgG and NABs are detectable in patients recovering from COVID-19 (REFS^{99,100}). However, both the duration of antibody responses and the potential for long-term protection against subsequent natural infection are unknown. There are disparities in the reported kinetics of antibody responses to SARS-CoV-2 infection. For example, one study reported that “severe infections were associated with earlier seroconversion”¹⁰¹, whereas another reported that “delayed, but stronger antibody responses were observed in critical patients”¹⁰². Besides, two recent cases of reinfection with SARS-CoV-2, in the United States and Ecuador, showed severer symptoms in the second round of infection^{103,104}, whereas two reinfection cases in Hong Kong and Europe showed milder symptoms in the second round^{105,106}. Notably, the first round of infection did not elicit seroconversion in the patient in Hong Kong, which may be the most critical determinant of the second round of infection. In conclusion, we still do not fully understand the antibody dynamics of patients with COVID-19, and that is why we need to carefully assess the immune responses of vaccine candidates in animal models and clinical trials, which is discussed next.

Implications for COVID-19 vaccines

Animal models for evaluation of COVID-19 vaccine safety and efficacy. A vaccine should be highly effective in triggering humoral and cellular responses in vivo because low titres of NABs⁵⁸ and deficient activation of CD8⁺ T cells¹² are both risk factors for VADE. Meanwhile, we see two major barriers for the evaluation of safety. First, it usually takes a long time to observe VADE because it appears mainly in subsequent challenge or natural infection, by homologous or heterologous viral strains,

and the occurrence is often related to antibody titres that have decreased to suboptimal levels⁴⁷. Second, it is unclear whether experimental animals accurately represent human responses. From the experience and lessons derived from past development of RSV, dengue, SARS and MERS vaccines, we offer the following recommendations to developers of a safe and effective COVID-19 vaccine.

First, the safety of COVID-19 vaccine candidates should be evaluated in diverse animal models. As no animal model can accurately mimic the human immune response to vaccine candidates, evaluation in several animal models could avoid the risk of missing pathogenic responses. Second, challenge with heterogeneous viral strains should be applied in COVID-19 vaccine evaluations with antibodies cross-reactive to SARS-CoV and SARS-CoV-2 (REF¹⁰⁷). Third, experiments should be repeated in the same animal model at different ages. Previous studies proved that dengue vaccine performance and efficacy could be influenced by serotype, baseline serostatus and age^{63,68}. T_H2 cell-biased immunopathology was observed mainly in ageing mice immunized with inactivated SARS-CoV and alum adjuvant⁷⁶. Venezuelan equine encephalitis virus replicon particles expressing SARS-CoV S protein provided complete short-term protection against heterologous SARS-CoV challenge in young mice, whereas only limited protection was seen in vaccinated senescent animals¹⁰⁸. Given that older individuals are the population most vulnerable to COVID-19, safety and efficacy assessment in ageing animal models and humans is essential. Fourth, animal experiments and clinical trials should also be performed in animal models and humans with co-morbidities, considering that patients with COVID-19 with co-morbidity were shown to have poorer clinical outcomes than those without, and increasing co-morbidity correlated with much poorer clinical outcomes¹⁰⁹.

Parameters for evaluating COVID-19 vaccine safety and efficacy.

Previously, several parameters were proposed as essential in the evaluation of coronavirus vaccine safety and efficacy, including the geometric mean titre of NABs, the ratio of NAB titre to non-neutralizing antibody titre, antibody affinity, T cell response profile, virus titres in the upper and lower respiratory tract, and characterization of lung histopathology with immunohistochemistry for viral antigen and immune cell markers¹¹⁰. The titre of NABs

induced by a vaccine is the most important indicator for efficacy and safety evaluation because NABs at a suboptimal concentration do not effectively neutralize and may enhance SARS-CoV-2 infection¹¹¹. Moore and Klasse concluded in a review that “it is not known what benchmark serum antibody and NAB titers must be reached for a SARS-CoV-2 S-protein vaccine to protect humans. The animal challenge experiments reviewed above suggest that a serum NAB ID₅₀ titer in the approximate range of 100 to 500 is required for sterilizing immunity”¹¹². We also noticed an absence of detectable SARS-CoV RNA in lung tissues of vaccinated mice with serum NAB titres of 1:189 or higher¹¹³. The FDA recommended that the NAB titres of convalescent plasma for passive therapy be at least 1:160 (REF.¹¹⁴). Accordingly, we propose that an effective and safe COVID-19 vaccine should be able to induce antiserum in a mouse model with a neutralization titre of at least 1:160 against live SARS-CoV-2 infection. Enhanced eosinophil filtration in the lung is one of the strongest indicators of VADE caused by SARS vaccines^{76–78} or MERS vaccines^{87,88}, which should also be monitored when one is evaluating the safety of COVID-19 vaccines after viral challenge or natural viral infection. On the basis of report by Chen et al.¹¹⁵, the eosinophil content in the lung of a mouse immunized with a safe SARS vaccine should be less than 5% of infiltrating cells after viral challenge. Accordingly, we propose that eosinophil infiltrates of 5% or greater in the lung of a vaccinated mouse after viral challenge should be considered as a putative parameter for VADE. How long the vaccine-induced NAB response can last is another parameter for evaluation of the safety and efficacy of a vaccine. Seow et al. recently reported that the NAB titre of some recovered patients with a lower peak titre waned to an undetectable level in 2–3 months¹¹⁶, indicating that the duration of NABs may not be long. By contrast, a large-scale study in Iceland demonstrated that antiviral antibodies to SARS-CoV-2 could last for at least 4 months¹¹⁷. Another study found that SARS-CoV-2 S protein-specific memory B cells and circulating follicular helper T cells are positively associated with plasma neutralizing activity¹¹⁸. Therefore, these two indicators may be useful for the surveillance of the longevity of immune responses to SARS-CoV-2 after vaccination. Our previous study showed that NABs in the sera of mice immunized with an RBD-based SARS vaccine can be maintained at a high titre (1:580) for 6 months¹¹³. Therefore, we propose that NAB responses elicited by

a COVID-19 vaccine should last for at least 6 months in vaccinated mice.

The best antigen for designing a safe and effective COVID-19 vaccine. An ideal antigen should be selected for the development of a safe and effective COVID-19 vaccine. The S protein is the major antigen in most COVID-19 vaccine candidates under development as it contains the major neutralizing epitopes and is located on the surface of the viral particle. However, the full-length S protein of SARS-CoV also contains several immunodominant sites that can induce non-neutralizing antibodies, including those associated with ADE, or harmful immune responses^{78,79,83,84,119,120}. For example, antibodies targeting the S597–603 epitope, which is located close to the carboxy terminus of the RBD of SARS-CoV S protein, markedly enhanced SARS-CoV infection of Vero E6 cells compared with antibodies from unimmunized macaques⁷⁹. The RBD subunit of SARS-CoV S protein elicited a strong NAB response and protected against SARS-CoV challenge, without obvious VADE, in a mouse model^{121,122}. Our previous studies demonstrated that the RBD contains the main neutralizing epitopes in the S protein able to induce higher titres of NABs, but lower levels of non-neutralizing antibodies, compared with the S1 subunit or full-length S protein^{123–127}. SARS-CoV RBD with Alhydrogel (1:25) as an adjuvant induced strong protection without signs of VADE, whereas full-length SARS-CoV S protein induced weak protection and strong VADE in a mouse model¹¹⁵. Meanwhile, most NABs isolated from the serum of coronavirus-infected patients target the RBD^{128,129}. Furthermore, the SARS-CoV-2 RBD elicited a potent neutralizing response without ADE in mice¹³⁰. RBD-dimer vaccines against COVID-19, SARS or MERS induced NAB responses to the corresponding virus and showed high yields in pilot-scale production¹³¹. Our recent study demonstrated that a lipid nanoparticle-encapsulated RBD-based mRNA COVID-19 vaccine elicited robust T cell responses and highly potent NABs against live SARS-CoV-2 infection with an NAB titre of 1:540 at 70 days after boost immunization in mice¹³². These antibodies could also cross-neutralize SARS-CoV pseudoviruses expressing A proteins of human SARS-CoV strains Tor2 and GD03, as well as palm civet strain SZ3, suggesting that this RBD-based mRNA vaccine has potential to be further developed as a safe and effective vaccine to prevent both SARS-CoV-2 and SARS-CoV infection.

Another lipid nanoparticle-encapsulated SARS-CoV-2 RBD-based mRNA vaccine (ARCoV) elicited robust NABs and T_H1 cell-biased cellular response in mice and non-human primates, while conferring complete protection against mouse-adapted SARS-CoV-2 challenge in the former model¹³³.

In addition, several groups have reported the identification of RBD-targeting and cross-reactive antibodies to SARS-CoV and other human coronaviruses, indicating that some conserved epitopes may exist in RBD. A study identified eight RBD-targeted antibodies derived from patients with SERS that neutralized authentic SARS-CoV-2, SARS-CoV and WIV1 coronavirus with half maximal inhibitory concentrations of 0.05–1.4, 0.004–0.06 and 0.076–1.7 µg ml⁻¹, respectively¹³⁴. Another study isolated an RBD-specific antibody, S309, from memory B cells of a patient with SARS. It potently neutralized SARS-CoV-2 and SARS-CoV infection¹³⁵. The RBD from a human strain (GD03) and a palm civet strain (SZ16) of SARS-CoV elicited antibodies in rabbits that strongly reacted with and potently neutralized SARS-CoV and SARS-CoV-2, indicating that the RBD can induce cross-neutralizing antibodies to both SARS-CoV and SARS-CoV-2 (REF.¹³⁶). These studies further support the development of RBD-based vaccines. Optimization of the RBD by covering the non-neutralizing antibody epitopes with glycosylation¹³⁷ and exposing the NAB epitopes with deglycosylation¹³⁸ is expected to enhance its protective immunity and reduce its potential to induce non-neutralizing antibodies, suggesting that an optimized RBD is an ideal antigen for development of safe and effective COVID-19 vaccines, although other approaches might also turn out to be safe and effective.

Conclusion and prospects

In May 1796, a little boy was inoculated with the fester from a cowpox-infected patient, thus initiating the history of vaccination. From then on, vaccines have been instrumental in combating many viral diseases, such as smallpox, rabies and polio. The phenomenon of VADE has, however, erected substantial barriers to the development of vaccines for some viruses, including, RSV, DENV, SARS-CoV and MERS-CoV. Currently, the unabated spread of COVID-19 has prompted several countries to rush into local vaccine approval without a comprehensive safety evaluation. Vaccines for viruses with high transmissibility but low case fatality, such as SARS-CoV-2, should usually have a higher

bar for safety than those for viruses with low transmissibility but high case fatality, such as Ebola virus, because many more healthy individuals will have to use them.

On 15 July 2020, the WHO announced that more than 150 countries are engaged in the COVID-19 Vaccine Global Access (COVAX) initiative, a mechanism designed to guarantee rapid, fair and equitable access to COVID-19 vaccines worldwide¹³⁹. This further raises the safety bar for a COVID-19 vaccine as it should be safe for all people in the world, irrespective of age, gender, race and those with or without co-morbidities. If the adverse reaction rate of a COVID-19 vaccine is only 1%, about 78 million individuals will be affected if the whole world population is vaccinated. The adverse reaction rate of a COVID-19 vaccine should be kept extremely low if it is distributed globally. The comprehensive safety evaluation in different animal models and clinical trials and rational design of antigens and adjuvants will contribute to lower incidence of VADE.

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