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Cerebral Venous Sinus Thromboses in Patients with SARS-CoV-2 Infection: Three Cases and a Review of the Literature

Felix Nwajei,* Pria Anand,† Mohamad Abdalkader,‡
Vanesa C. Andreu Arasa,‡ Hugo J. Aparicio,† Siavash Behbahani,‡
Gioacchino Curiale,† Ali Daneshmand,*† Hormuzdiyar Dasenbrock,*
Thomas Mayo,† Asim Mian,‡ Thanh Nguyen,*†‡ Charlene Ong,*†
J. Rafael Romero,† Osamu Sakai,‡ Courtney Takahashi,*† and
Anna M. Cervantes-Arslanian,*†§

Introduction: Early studies suggest that acute cerebrovascular events may be common in patients with coronavirus disease 2019 (COVID-19) and may be associated with a high mortality rate. Most cerebrovascular events described have been ischemic strokes, but both intracerebral hemorrhage and rarely cerebral venous sinus thrombosis (CVST) have also been reported. The diagnosis of CVST can be elusive, with wide-ranging and nonspecific presenting symptoms that can include headache or altered sensorium alone. *Objective:* To describe the presentation, barriers to diagnosis, treatment, and outcome of CVST in patients with COVID-19. *Methods:* We abstracted data on all patients diagnosed with CVST and COVID-19 from March 1 to August 9, 2020 at Boston Medical Center. Subsequently, we reviewed the literature and extracted all published cases of CVST in patients with COVID-19 from January 1, 2020 through August 9, 2020 and included all studies with case descriptions. *Results:* We describe the clinical features and management of CVST in 3 women with COVID-19 who developed CVST days to months after initial COVID-19 symptoms. Two patients presented with encephalopathy and without focal neurologic deficits, while one presented with visual symptoms. All patients were treated with intravenous hydration and anticoagulation. None suffered hemorrhagic complications, and all were discharged home. We identified 12 other patients with CVST in the setting of COVID-19 via literature search. There was a female predominance (54.5%), most patients presented with altered sensorium (54.5%), and there was a high mortality rate (36.4%). *Conclusions:* During this pandemic, clinicians should maintain a high index of suspicion for CVST in patients with a recent history of COVID-19 presenting with non-specific neurological symptoms such as headache to provide expedient management and prevent complications. The limited data suggests that CVST in COVID-19 is more prevalent in females and may be associated with high mortality.

Key Words: COVID-19—SARS-CoV-2—Stroke—Cerebral venous sinus thromboses
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From the *Department of Neurosurgery, Boston University Medical Center, Boston, Massachusetts, USA; †Department of Neurology, Boston University Medical Center, Boston, Massachusetts, USA; ‡Department of Radiology, Boston University Medical Center, Boston, Massachusetts, USA; and §Department of Medicine, Boston University Medical Center, Boston, Massachusetts, USA.

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Address correspondence to Anna M., Cervantes-Arslanian, MD, Department of Neurology, Boston University Medical Center, 72 East Concord Street, Boston, MA 02114 E-mail: Anna.cervantes@bmc.org.

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Introduction

Early reports suggest that neurologic complications are frequent in patients with coronavirus disease 19 (COVID-19), occurring in 36% to 65% of hospitalized patients.^{1,2} While early reports described stroke as a complication seen primarily in critically ill patients, up to 5% in a cohort from Wuhan,¹ other studies have described many cases of stroke in COVID-19 patients from the community.³ Cerebral venous sinus thrombosis (CVST) is a rare form of stroke (<1%), caused by occlusion of the dural venous sinuses and/or cerebral veins.⁴ Clinical presentation may be highly variable, with symptoms ranging from headache, visual complaints, or nausea to focal deficits or seizure. Though death with CVST is uncommon in patients without COVID-19 (3–15%),⁵ neurologic deterioration is common (23%).⁶ Risk factors for CVST are similar to those for other forms of venous thromboembolism, including pro-thrombotic state and trauma. Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) is thought to cause endothelial injury specifically through binding with angiotensin converting enzyme 2 (ACE-2) receptors, activating a cytokine cascade and leading to a hypercoagulable state.⁷ Though systemic venous thromboembolism has been commonly reported in COVID-19 infection, cases of CVST are less frequently described in the literature.^{8–17}

Here, we describe the presentation of 3 patients with COVID-19 diagnosed with CVST, discuss management considerations, and review published literature on patients with COVID-19 and CVST.

Material and methods

This was a single-center retrospective study at an urban, safety-net, academic hospital in Massachusetts, approved by the Boston Medical Center Institutional Review Board. Data on CVST in patients with COVID-19 were abstracted from the electronic medical record system from March 1 to August 9, 2020. The literature on CVST in patients with COVID-19 was reviewed on August 9, 2020 by searching the terms “cerebral venous sinus thrombosis AND COVID-19” or “CVST AND COVID-19” or “Stroke AND COVID-19.” We manually searched the bibliography of studies obtained to extract additional published cases. Only studies with case descriptions were included.

Results

Patient 1

A healthy 68-year-old woman presented with fever, cough, and shortness of breath. A nasopharyngeal swab RT-PCR test resulted positive for SARS-CoV-2. She was hospitalized for two days, then discharged home. Three weeks later, she returned with four days of nausea, vomiting, generalized weakness, and headache (Table 1). Her neurologic exam revealed only disorientation to place and

time, and her laboratory workup showed increased inflammatory markers. CT venogram (Fig. 1) revealed filling defects within major venous structures including posterior superior sagittal sinus and torcula, straight sinus, the vein of Galen, inferior sagittal sinus, the internal cerebral veins, and bilateral transverse sinuses. MRI demonstrated abnormal susceptibility artifact interdigitating within the sulci of the bilateral posterior frontal, parietal, and occipital lobes suggestive of cortical vein thrombosis, and T2/FLAIR hyperintensity within the same regions suggestive of venous congestion. Repeat nasopharyngeal swab RT-PCR test for SARS-CoV-2 was negative.

She was started on dose-adjusted unfractionated intravenous heparin, later transitioned to enoxaparin, followed by dabigatran. On the second night of hospitalization, she had a focal seizure confirmed on electroencephalography and was treated with levetiracetam and lacosamide. Her mental status improved, and she was discharged home.

Patient 2

A 79-year-old woman with hypertension presented with fever, nausea, vomiting, and diarrhea (Table 1). She tested positive for SARS-CoV-2 via nasopharyngeal swab RT-PCR and was started on azithromycin and hydroxychloroquine. On day 3 of hospitalization, she was disoriented and reported headaches, but had no focal neurologic deficits. CT venogram revealed a curvilinear thrombus within the right transverse sinus (Fig. 2). She was started on therapeutic low-molecular-weight heparin. Her mental status improved with correction of her metabolic derangements, and she was discharged home on enoxaparin.

Patient 3

A 25-year-old woman with Evans Syndrome, idiopathic thrombocytopenic purpura on avatrombopag, von-Willebrand Disease, and a history of multiple intracerebral hemorrhages presented with intractable headache, blurry vision, and tingling of the right upper extremity (Table 1). She tested positive for SARS-CoV-2 via nasopharyngeal swab RT-PCR 4 months prior but was negative upon repeat testing. MR venogram demonstrated superior sagittal sinus thrombosis and bilateral transverse sinus thrombosis. She was started on dose-adjusted unfractionated intravenous heparin and transitioned to apixaban. Her immunotherapy was also changed to fostamatinib for its lower risk of prothrombotic events.

Literature review

We identified 12 patients with COVID-19 and CVST in the published literature and extracted data for 11 patients for whom detailed case descriptions were available.^{8,10–17} Clinical data are summarized in Table 1. Patients ranged between 29 and 72 years old, with 54.5% female (n = 6).

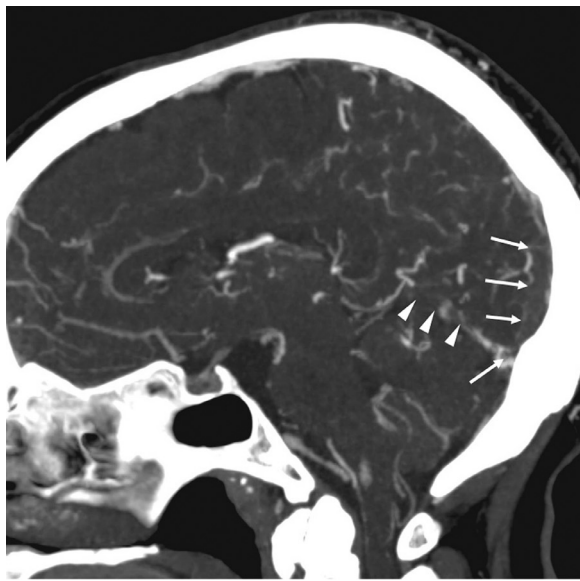
Table 1. Summary of Patients with COVID-19 and CVST

	Patient 1 (present study)	Patient 2 (present study)	Patient 3 (present study)	Patient 4	Patient 5	Patient 6	Patient 7	Patient 8	Patient 9	Patient 10	Patient 11					
Age (years)	68	79	25	59	65	65	38	41	29	72	44	62	54	63	30	
Gender	Female	Female	Female	Male	Male	Male	Male	Female	Female	Male	Female	Female	Female	Female	Male	
Significant past medical history	Unknown	Hypertension	steroid/IVIG refractory JTP, lupus anticoagulant, right parietal subdural hematoma and right frontal intraparenchymal hemorrhage, von Willebrand disease, Evans Syndrome	NIDD, hypertension	N/A	N/A	Mild autism	Unknown	Unknown	Unknown	Unknown	Unknown	Morbid obesity	Breast cancer	N/A	Unknown
Medications prior to admission	None	Amlodipine, hydrochlorothiazide, gabapentin	atavrombopag and fostamatinib	N/A	N/A	N/A	N/A	Hydroxychloroquine and azithromycin, estrogen oral contraceptives	N/A	N/A	N/A	N/A	N/A	Hormone therapy	N/A	N/A
Neurologic Signs and symptoms	Nausea, vomiting, generalized weakness, headache, and disorientation	Headaches, dizziness, somnolence, disorientation, and inattentiveness	Right eye blurriness, horizontal diplopia, bilateral papilledema, and tingling in her right hand	Worsening headache, weakness and numbness in right upper limbs, slurred speech and expressive dysphasia.	Loss of consciousness, upward gaze, tongue biting	Loss of consciousness, upward gaze, tongue biting	Fever, headache, vomiting and diarrhea, and altered mental status, dehydration	Confusion and aphasia, extensor posturing	Tonic-clonic seizures, post-ictal confusion, decreased arousal, global aphasia, right facial palsy	Headache, altered vision, right hemicorporeal deficit and altered consciousness	Dyspnea, headache, altered mental status, and aphasia, and right hemiparesis	Headache, altered vision, right hemicorporeal deficit and altered consciousness	Severe headache	Headache	Aphasia, right hemiplegia	Generalized tonic-clonic seizures
Vessels involved	Posterior aspect of the superior sagittal sinus, the inferior sagittal sinus, the internal cerebral veins, vein of Galen, bilateral transverse sinuses, proximal right sigmoid sinus, and left sigmoid sinus extending into the upper left internal jugular vein	Right transverse sinus	superior sagittal sinus and right transverse sinus	Right sigmoid and transverse sinus involving the torcula.	Right sigmoid and transverse sinus thrombosis	Right sigmoid and transverse sinus thrombosis	Straight sinus, distal superior sagittal sinus, and right transverse sinus, and several cortical veins adjacent to the superior sagittal sinus	Internal cerebral veins, vein of Galen and distal straight sinus.	Distal left transverse and sigmoid sinus, and left internal jugular vein	Left transverse sinus, straight vein, vein of Galen and internal cerebral veins	Internal cerebral veins and vein of Galen, middle and internal cerebral vein	Vein of Galen, straight sinus, torcular herophili, and left internal cerebral vein	Left transverse sinus, straight vein, vein of Galen and internal cerebral veins	Left transverse sinus	Straight sinus and left lateral sinus	Right sphenoparietal venous sinus, the torcula, left transverse sinus, and sigmoid sinus extending to the proximal part of the left internal jugular vein
Diagnostic imaging	CT, CTV, MRI	CT, CTA, CTV	CT, CTV, MRI/MRV	CT/CTV	CT/MRI/MRV	CT/MRI/MRV	CT/CTV and DSA	CT/CTV	CT and MR/MRV	CT, CTV, MRI	CTA	CT, CTV, MRI	CT, CTV, MRA	CTV, MRI	CT, MRI/MRV	
Treatment for CVST	Unfractionated high-dose intravenous heparin	Therapeutic low-molecular-weight heparin	Unfractionated high-dose intravenous heparin	LMWH	Anticoagulant (not specified)	Anticoagulant (not specified)	Percutaneous venous mechanical thrombectomy, tPA via in situ microcatheter in the SSS.	Heparin infusion	Intravenous heparin	Curative anticoagulation (not specified)	LMWH	LMWH	N/A	N/A	Intravenous heparin	LMWH

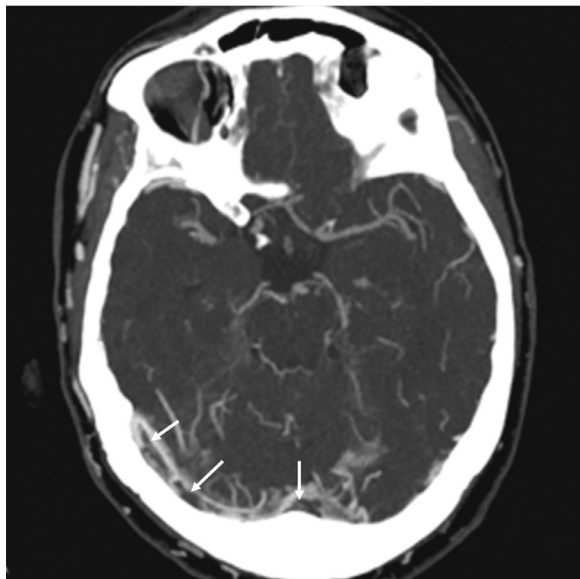
(Continued)

Table 1 (Continued)

	Patient 1 (present study)	Patient 2(present study)	Patient 3(present study)	Patient 1	Patient 2	Patient 3	Patient 4	Patient 5	Patient 6	Patient 7	Patient 8	Patient 9	Patient 10	Patient 11
COVID-19 symptoms	Fever, cough, chest tightness, and shortness of breath	Fever, nausea, vomiting, and diarrhea	Fever, chills, headache, nausea, and cough	Worsening headache	N/A	N/A	N/A	Cough, low grade fever, mild shortness of breath, and mild headache	mild respiratory symptoms a few days earlier	Worsening respiratory status, fever, and cough	Fever, cough, dyspnea	Fever and asthenia, cough	Fever, cough, and anosmia	N/A
Time from onset of COVID-19 symptoms to onset of neurological symptoms (days)	18	3	4 months	4	N/A	N/A	Recent admission for COVID19 (time from onset of COVID-19 symptoms N/A)	Diagnosed during present admission	Diagnosed during present admission with mild respiratory symptoms a few days earlier	2 weeks	N/A	N/A	12	Diagnosed during present admission
White-cell count [4.0 – 11.0 K/UL], minimum - maximum	8.6	4	11.8	6.3	Reported as increased (value N/A)	16.7	10	8.8	N/A	9.6	20.2	18.3	N/A	N/A
Platelet count [150 – 400 K/UL]	196	113	154	234		141	239	335	N/A	42	N/A	N/A	N/A	N/A
Fibrinogen (180–460 mg/dL)	507	393	289	4.9 g/L	N/A	121	Not reported	N/A	N/A	N/A	N/A	N/A	7.2 g/L	N/A
D-dimer (<243 ng/dL), maximum value	6,714	8,457	241	N/A	N/A	>55,000	2032	2876	N/A	5975	14.2mg/L	N/A	N/A	0.75 mg/L
Ferritin (10 – 109 ng/mL)	516	812	N/A	N/A	N/A	N/A	N/A	10.4	N/A	N/A	N/A	N/A	1427 ug/L	91 ug/L
C-reactive protein [0 – 5 mg/L]	121.5	96.4	N/A	20	Reported as normal (value N/A)	N/A	N/A	37	N/A	N/A	N/A	N/A	N/A	N/A
Sedimentation rate [0 – 30 mm/hr]	60	23	N/A	31	Reported as normal (value N/A)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Lactate dehydrogenase [171 – 308 U/L]	348	434	N/A	N/A	Reported as normal (value N/A)	N/A	N/A	287	N/A	N/A	N/A	N/A	N/V	N/A
Outcomes	Discharged home	Discharged home	Discharged home	Discharged home	N/A	Death secondary to respirator complication leading to cardiac arrest	Death secondary to venous infarction in the left basal ganglia, thalamus, and mesial temporal lobe with hemorrhagic transformation, intraventricular hemorrhage, and obstructive hydrocephalus, and loss of brainstem reflexes	Intensive care unit	Brain death secondary to cerebral venous infarction, mass effect of mid-line structures leading to brain death	N/A	N/A	N/A	Death after intraparenchymal hemorrhage and cerebral infarction and secondary to therapeutic limitations after ethical consultation	Discharged to quarantine center
References	Present study	Present study	Present study	Christopher Hughes et al (2020)(8)	H. Hemasian et al (2020)(10)	D.D. Cavalcanti et al (2020)(11)	D.D. Cavalcanti et al (2020)(11)	David E. Klein et al (2020)(12)	L. Chougar et al (2020)(13)	Francesco Garaci et al (2020)(14)	Guillaume Poillon et al (2020)(15)	Guillaume Poillon et al (2020)(15)	Fabian Roy-Gash et al (2020)(17)	Hussain S. et al (2020)(16)



(a)



(b)

Fig. 1. Sagittal and axial CT venogram images demonstrate filling defects (arrows) within major venous structures including posterior superior sagittal sinus and torcular Herophili (arrows), straight sinus (arrowheads), the vein of Galen, inferior sagittal sinus, the internal cerebral veins, bilateral transverse sinuses, proximal right sigmoid sinus and left sigmoid sinus extending into the upper left internal jugular vein.

The majority (7, 63.6%) of patients did not have any underlying co-morbidities, and 9 (81.8%) were not taking any prescribed medications prior to presentation. The most common presenting symptom was altered sensorium (6, 54.5%). The COVID diagnosis preceded identification of CVST diagnoses by 4 days to 2 weeks. Thromboses were visualized most frequently in the straight and left transverse sinuses (5, 45.5%). Of the

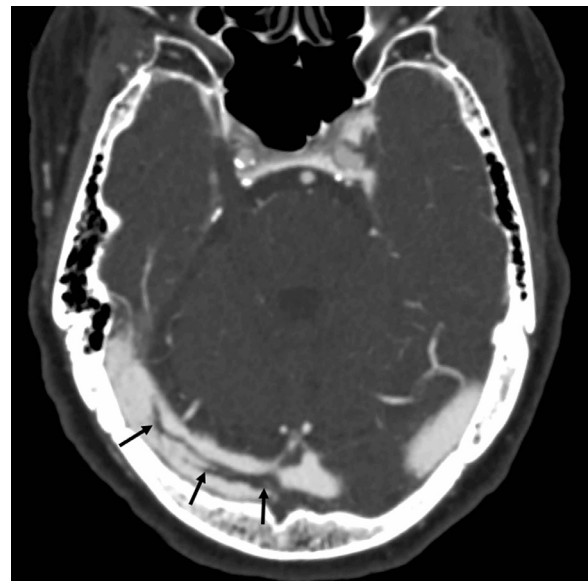


Fig. 2. Axial CT venogram image demonstrates a curvilinear filling defect (arrows) within the right transverse sinus extending from the torcular Herophili, consistent with non-flow limiting thrombus.

reported patient outcomes, 4 (36.4%) died during admission and treatment for CVST.

Discussion

We describe three cases of CVST in women with COVID-19, all of whom survived with favorable neurologic outcomes. We additionally identified detailed case descriptions of 11 other patients in the literature (6 women) including 4 deaths. Though we cannot attribute causality, we suspect COVID-19 infection may increase the risk for development of CVST, especially in those with other predisposing risk factors.

Patients who developed CVST in this series all exhibited symptoms of COVID-19. These included a febrile illness with respiratory symptoms, although one patient initially had gastrointestinal complaints, also commonly seen with COVID-19. It is unclear whether symptoms of nausea, vomiting, and resultant dehydration contributed to or resulted from CVST in this patient.

At least 2 patients from our 3 had other major contributing factors for the development of CVST. One patient had an underlying malignancy, breast cancer, and another had Evans syndrome. Few cases of COVID-19 have been reported to occur in the setting of Evans syndrome, complicating the interpretation of CVST in this patient.^{18,19} Our patient had been diagnosed with Evans syndrome approximately 8 years prior, with no interval thromboembolic events despite additional therapeutic predisposing factors, including avatrombopag. Therefore, we think it is possible that COVID-19 decreased the threshold for the development of CVST in this patient in the setting of her underlying predisposition.

Though two of the patients included in our case series had initial SARS-CoV-2 testing which was positive during initial infection and negative at the time of presentation for CVST, we suspect COVID-19 infection may still have been a provoking factor. Given the myriad of reports of persistent symptoms weeks to months after initial infection, it is plausible that a pro-thrombotic state also lingers after acute infection.^{20–22} Consistent with this hypothesis, studies during prior coronavirus pandemics have found that patients have been shown to harbor leukocytes that are persistently infected two months after initial infection with coronavirus that could potentially be pro-inflammatory.^{21,23} The majority of patients in our series were found to have elevated inflammatory markers. Given that abundant evidence has demonstrated increased rates of thromboembolic events in the setting of SARS-CoV-2,^{24,25} we posit that SARS-CoV-2 infection itself predisposes patients to the development of CVST. The presence of a pro-thrombotic state in the post-acute phase of infection is not unique to COVID-19, as the majority of venous thromboembolic events (VTEs) post-acute illness occurs in the first 30 days following hospital discharge.²⁶ As such, current guidance suggests a continuation of thromboprophylaxis up to 45 days following discharge for some COVID-19 patients.^{27–29}

Reports from China and Europe suggest a similar prevalence of SARS-CoV-2 infection between men and women but differences in disease severity, with a higher global rate of hospitalization and deaths among male patients.^{30,31} In our study and the published literature, women with COVID-19 appeared to be at higher risk for CVST, similar to data in non-COVID-19 patient populations.³² It is important to highlight, as women overall may experience a headache more frequently as a symptom of COVID-19 or have a history of migraine disorder, which may lower clinician's suspicion for this critical pathology.³³ Gender-specific risk factors including oral contraceptives, pregnancy, puerperium, and hormone replacement therapy are thought to facilitate the development of CVST.³² During a prior coronavirus pandemic, estrogen was shown to protect against SARS by activating an immune response and inhibiting SARS-CoV replication.³⁴ It is hypothesized that a similar mechanism could occur in patients with COVID-19.³⁵ We hypothesize that the same strong and protective immune response in females could worsen central and systemic inflammation and contribute to the development of venous thromboembolism including CVST.

This case series illustrates the challenges in recognition of symptoms of CVST in COVID-19 patients. Only one of our patients had neurologic deficits suggesting a focal lesion, but two patients had alterations in mental status, potentially due to reduced venous outflow and consequent elevated intracranial pressure with reduced cerebral perfusion. The first case highlights the spectrum of complications of CVST, including seizures, which can

occur due to cortical irritation, edema, or subarachnoid hemorrhage, all of which may result from venous outflow obstruction. Our patients were all discharged to home after treatment but at least 4 patients in the reported literature died.

Diagnosis of CVST in this patient population may be particularly challenging given that preliminary reports suggest that neurological symptoms are quite common, including headache in 5.6% to 70.3% and encephalopathy in 7.5% to 84.3%.^{1,36–38} These non-specific neurological symptoms may obscure the early presenting findings of CVST in patients with COVID-19, particularly in those with a critical illness where toxic-metabolic derangement is common. Seizure may also be a common presenting symptom in patients with COVID-19, even in those without prior history of epilepsy.³⁹ In patients with COVID-19 presenting with headache, mental status deterioration, or seizure, CVST should be suspected even in the absence of focal neurological deficits. In our series, symptoms suggestive of CVST occurred days to months after the initial diagnosis of COVID-19, highlighting the variability of symptom onset, and similar to the timeline of presentation of other cerebrovascular events in some patients with COVID-19.⁴⁰ Increasing reports suggest a longer duration of illness in some patients than initially described. The delay of weeks to months between typical COVID-19 symptoms and the development of CVST observed in our study suggests the possibility of a persistent hypercoagulable state.⁴¹ Multiple additional factors may prevent the early diagnosis of CVST in patients with COVID-19 and limit the use of diagnostic imaging in this patient population, including concerns regarding viral transmission to healthcare workers and other patients.

Treatment for CVST typically includes aggressive hydration and anticoagulation, even in the presence of cerebral hemorrhage, to decrease further propagation of clot and pulmonary embolism. There is no literature to guide whether this tenet of treatment of CVST holds in those with SARS-CoV2 infection, as hemorrhagic complications have also been reported, including acute hemorrhagic necrotizing encephalopathy⁴² and increased rates of intracerebral hemorrhage in patients on therapeutic anticoagulation for systemic VTE.⁴³ Furthermore, patients with acute respiratory distress syndrome or refractory hypoxemia may also be unable to tolerate aggressive hydration.^{44–46}

Conclusion

The diagnosis, monitoring, and treatment of CVST may present unique challenges in patients with COVID-19. Given the hypercoagulability associated with SARS-CoV-2 infection, CVST should be considered within the differential diagnosis in patients with COVID-19 with headache, encephalopathy, seizure, or focal neurologic deficit. Women may be at higher risk for development of CVST

associated with SARS-CoV-2 infection. Larger studies are needed to guide therapy in this population.

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