



# The Effect of Time Spent with a Dynamic Spacer on Clinical and Functional Outcomes in Two-Stage Revision Knee Arthroplasty

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## Abstract

**Introduction** The present study aimed to evaluate the effect of a longer interval between the first and second stages of infected total knee arthroplasty (TKA) revision on the clinical and functional outcome.

**Methods** This study included a total of 56 patients who underwent two-stage revision TKA with a dynamic spacer with a minimum of 2 years of follow-up. Patients were categorized into two groups according to time with the spacer: < 3 months (Group 1, 31 patients) or > 3 months (Group 2, 25 patients). Clinical outcome and quality of life were assessed by knee range of motion (ROM), Knee Society Score for Knee (KSS-K), Knee Society Score for Function (KSS-F) and Short Form 36 (SF-36).

**Results** The mean follow-up period was  $48 \pm 19.1$  months (range, 24–84 months). The KSS-K, KSS-F, and ROM values were significantly higher in Group 1 than in Group 2 ( $p < 0.05$ ). The SF-36 scores for general health, physical function, and bodily pain were significantly higher in Group 1 ( $p < 0.05$ ). Re-infection occurred in 10 patients (17.8%). Time with spacer was not associated with re-infection development (Group 1,  $n = 6$ , 19% vs. Group 2,  $n = 4$ , 16%;  $p > 0.05$ ).

**Conclusion** Increased duration with a spacer is associated with poorer clinical and functional outcomes as well as higher treatment costs in two-stage revision knee arthroplasty. Surgeons can attempt to reduce the time patients spend in a spacer to obtain better postoperative functional outcomes, as well as a better quality of life.

**Level of Evidence** 3.

**Keywords** Two-stage revision arthroplasty · Total knee arthroplasty · Dynamic spacer · Time · Outcome · Cost · Periprosthetic infection

## Introduction

Periprosthetic joint infection (PJI) is a serious complication of primary TKA and is associated with devastating consequences [1]. The incidence of PJI after TKA is 0.4–4% [2, 3], and infection is one of the most common indications for

revision TKA [4, 5]. It is estimated that 1.5 million TKA's per year will be performed in the USA by 2050 [6]. Therefore, it can be expected that the number of infections and related revisions will increase [1, 6].

Single- and two-stage revision are the main treatment options in chronic infected total knee arthroplasty (TKA).

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Two-stage revision arthroplasty is considered to be the optimal choice in the treatment of most chronic periprosthetic joint infection (PJI) cases [1, 7, 8].

Antibiotic-loaded dynamic spacers and static spacers are used as infection-eradicating strategies in two-stage revision, with reports suggesting that dynamic spacers are less likely to induce muscle atrophy, ligament shortening, or bone loss [9]. Therefore, dynamic spacers are reported to be associated with better functional outcomes than static spacers, which are indicated only in patients with severe bone loss or concomitant soft-tissue defects [10].

The presence of resistant microorganisms, such as *Enterococcus*, and immunosuppression is associated with longer intervals between the two stages of revision and thus longer time spent with spacers [11].

To the best of our knowledge, no study has evaluated the effect of time spent with a spacer on knee range of motion (ROM), functional outcomes, and quality of life of the patients. Neither has any study assessed the treatment costs associated with the increased duration with spacers.

The present study aimed to evaluate the effect of time spent with articulating spacer between the two stages of revision on knee ROM, functional outcome, quality of life, and treatment costs. We hypothesize that a shorter time interval with a spacer between two revision stages is associated with better knee ROM values, functional outcome scores, and quality of life, and lower treatment costs.

## Materials and Methods

The study was approved by Erciyes University clinical investigations research ethics board (approval date and number: 06.06.2018–2018, 305). An informed consent was obtained from all patients. Patients who underwent revision TKA due to chronic periprosthetic knee infection between 2011 and 2017 were retrospectively evaluated. Patients with a minimum 2-year follow-up were included. Exclusion criteria were (1) treatment with static spacer, (2) single-stage revision, (3) insufficient regular follow-up data, (4) ipsilateral previous knee surgery, (5) ipsilateral neurologic impairment, and (6) inflammatory arthropathy.

A total of 74 patients who underwent two-stage revision TKA with dynamic antibiotic-loaded bone cement were recruited. After exclusions, 56 patients were included in this study.

The Musculoskeletal Infection Society (MSIS) criteria were used in the diagnosis of periprosthetic knee infection [3]. After detection of the infection, all implants were removed, radical bone and soft tissue debridement were performed, and an antibiotic-loaded dynamic spacer was inserted (Vancogenx-space knee, Tecres, IT). All patients received IV antibiotics for a minimum of

6 weeks according to culture results. The timing of the second stage operation was determined by serum infection markers (Complete blood count, sedimentation and C-reactive protein), clinical resolution of infection, negative joint aspiration, and intraoperative frozen section analysis in which the threshold value was 5 neutrophils in each high-power field [12]. Antibiotic loaded bone cement (40 g polymethylmethacrylate with 1 g gentamycin and 3 g vancomycin, 2 g meropenem, or 1 g gentamycin and 1 g clindamycin, according to suspected microorganism) was used to fix components in the second stage.

Patients who underwent second-stage surgery within 3 months of the first stage were categorized as Group 1, and those who received second-stage surgery after more than 3 months were categorized as Group 2. Baseline patient characteristics were compared. Preoperative and the last follow-up knee ROM measurements were used in the evaluation of clinical outcome. Knee Society Score—knee score (KSS-K), and KSS—function (KSS-F) were used in the evaluation of functional outcome [5]. Both scores are evaluated over 100 points. Higher score indicates better function. KSS-K evaluates pain, stability and ROM whereas KSS-F evaluates the walking distance, and the act of climbing and descending the stairs [13]. Postoperative health-related quality of life measurement was evaluated using the Short Form 36 (SF-36) patient-reported survey [14]. Responsible microorganisms obtained in the first stage were classified as resistant and non-resistant microorganisms according to their antibiotic resistance.

Costs of treatment were evaluated for each group. Costs of antibiotics, laboratory analysis, radiological analysis, hospital stay, and implants were calculated and compared between the two groups.

## Statistical Analysis

Data are presented as mean  $\pm$  standard deviation, median and interquartile range, frequency, or ratio. Distribution of variables was evaluated using Shapiro–Wilk test. Paired samples *t* test and Wilcoxon test were used for the analyses of quantitative dependent data. The independent samples *t* test and Mann–Whitney *U* test were used in the analyses of quantitative independent data. Chi-square and Fischer exact tests were used in the evaluation of qualitative independent data. Spearman correlation analysis was used in the correlation analysis. Kaplan–Meier survival analysis was performed to compare the infection-free survival time between two groups. A *p* value of  $<0.05$  was considered statistically significant. All statistical analyses were performed using IBM SPSS for Windows, version 22 (IBM corp., Armonk, NY, USA).

## Results

The mean follow-up period was  $48.1 \pm 19.1$  months (range, 24–74 months). There was no significant difference between the two groups regarding patient characteristics (Table 1). Causative microorganisms were divided into two groups—resistant (methicillin-resistant *Staphylococcus aureus*, *Enterococcus*, *Pseudomonas*) and non-resistant (methicillin-sensitive *Staphylococcus aureus*, Coagulase-negative *Staphylococci*, *Streptococcus agalactia*). There was no significant difference in the distribution of organisms between the two groups ( $p > 0.05$ ) (Table 2). The mean period between the first complaint related to PJI and the first stage surgery was  $58.4 \pm 12.3$  days in Group 1 and  $64.2 \pm 19.7$  days in Group 2 ( $p > 0.05$ ). The mean CRP values before the second stage was  $7.6 \pm 3.4$  mg/L in Group 1 and  $7.9 \pm 5.4$  mg/L in Group 2 ( $p = 0.76$ ). There was also no difference in terms of duration of IV antibiotics between two stages (Group 1:  $7.1 \pm 1.3$  weeks, Group 2:  $7.3 \pm 1.6$  weeks  $p = 0.87$ ).

Group 1 had significantly better postoperative KSS-Knee and KSS-Function scores ( $p = 0.016$  and  $p = 0.014$ , respectively) (Table 3). Further, general health, bodily pain, and physical function domains of the SF-36 score were significantly higher in Group 1 ( $p < 0.05$ ) (Table 3). Spacer time was negatively correlated with KSS-Knee, KSS-Function and knee ROM (Figs. 1, 2 and 3) ( $p = 0.000$ ;  $R = -0.78$ ,  $R = -0.64$ , and  $R = -0.75$ , respectively). The cost of treatment was significantly higher in Group 2 (Group 1 =  $8734.80 \pm 925.30$  USD vs. Group 2 =  $11157.60 \pm 1325.40$  USD,  $p = 0.035$ ) (Table 4).

Ten patients (17.8%) experienced reinfection during the follow-up period. There was no significant difference in reinfection rates between the two groups (Group 1,  $n = 6$ , 19% vs. Group 2,  $n = 4$ , 16%;  $p > 0.05$ ). Infection-free survival times of each group was similar (Group 1:  $72.40 \pm 4.90$  vs. Group 2:  $71.28 \pm 4.92$   $p = 0.920$ ) (Fig. 4). Six patients with reinfections were treated with two-stage revision. Three patients underwent knee arthrodesis, and above-knee

**Table 1** Patient characteristics

		Group 1 (N=31)	Group 2 (N=25)	<i>p</i>
Gender	Female	17 (54.8%)	18 (72.0%)	0.192
	Male	14 (45.2%)	7 (28.0%)	
Side	Right	16 (51.6%)	14 (56.0%)	0.580
	Left	15 (48.4%)	11 (44.0%)	
Age		$66.3 \pm 8.6$	$67.8 \pm 9.2$	0.355
BMI		$29.2 \pm 4.2$	$28.9 \pm 4.8$	0.624
Spacer time (Day)		$72.6 \pm 8.8$	$166.7 \pm 60.6$	0.010
Follow-up time (Month)		$48.6 \pm 19.1$	$47.1 \pm 17.2$	0.768
Comorbidity	Diabetes mellitus	9 (%29)	11 (%44)	0.729
	Hypertension	16 (%51.6)	14 (%56)	0.844
	Malignancy	2 (%6.4)	1 (%4)	0.803
	Cerebrovascular disease	1 (%3.2)	2 (%8)	0.820
	Chronic renal failure	2 (%6.4)	3 (%12)	0.625
	Morbid obesity	3 (%9.6)	3 (%12)	1.000
	Chronic obstructive lung disease	6 (%19.3)	4 (%16)	0.641
	Coronary artery disease	4 (%12.9)	3 (%12)	0.757

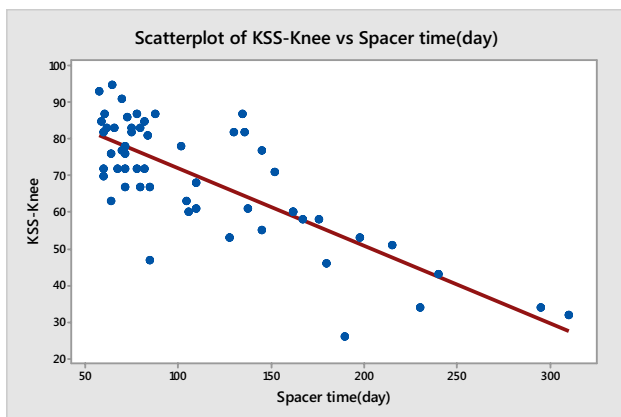
**Table 2** Causing microorganism in both groups

Microorganism	Group 1 <i>n</i> (%)	Group 2 <i>n</i> (%)	<i>p</i> value	Total <i>n</i> (%)
Coagulase-negative <i>Staphylococcus</i>	10 (32.2%)	8 (32%)	0.94	18 (32.1%)
<i>S.aureus</i>	4 (12.9%)	3 (12%)	0.88	7 (12.5%)
<i>S. agalactia</i>	2 (6.4%)	2 (8%)	0.62	4 (7.1%)
<i>Enterococcus</i>	2 (6.4%)	1 (4%)	0.42	3 (5.3%)
MRSA	5 (16.1%)	4 (16%)	0.98	9 (16%)
<i>Pseudomonas auriginosa</i>	2 (6.4%)	1 (4%)	0.42	3 (5.3%)
Mix organisms	3 (9.6%)	3 (12%)	0.74	6 (10.7%)
Culture negative	4 (12.9%)	2 (8%)	0.60	6 (10.7%)

**Table 3** Pre- and postoperative ROM, KSS-K, KSS-F and SF-36 values in two groups

	Group 1 <i>n</i> = 31 (Mean ± SD)	Group 2 <i>n</i> = 25 (Mean ± SD)	<i>p</i>
Preoperative ROM	70 ± 13.1	72 ± 15.9	0.742
Postoperative ROM	111.4 ± 11.4	91.1 ± 16.8	0.012
<i>p</i>	0.035	0.040	
Preoperative KSS-Knee	42.7 ± 9.8	43.1 ± 12.7	0.654
Postoperative KSS-Knee	78.6 ± 10.7	58.1 ± 13.8	0.016
<i>p</i>	0.002	0.003	
Preoperative KSS-F	39.8 ± 10.3	38.7 ± 11.2	0.428
Postoperative KSS-F	76.8 ± 16.7	58.1 ± 19.1	0.014
<i>p</i>	0.001	0.026	
Postoperative SF-36			
General health	75.7 ± 16.1	60.9 ± 22.1	0.043
Physical function	41.8 ± 21.8	30.1 ± 20.7	0.038
Bodily pain	33.4 ± 16.8	23.0 ± 12.4	0.044
Mental health	81.3 ± 14.6	77.5 ± 21.4	0.724
Role emotional	84.2 ± 31.5	79.8 ± 39.9	0.950
Role physical	19.8 ± 32.4	17.3 ± 24.6	0.744
Social function	52.2 ± 35.5	48.7 ± 33.6	0.728
Vitality	70.5 ± 21.6	67.6 ± 21.1	0.854

ROM range of motion, KSS-K knee society score-knee score, KSS-F knee society score- function score

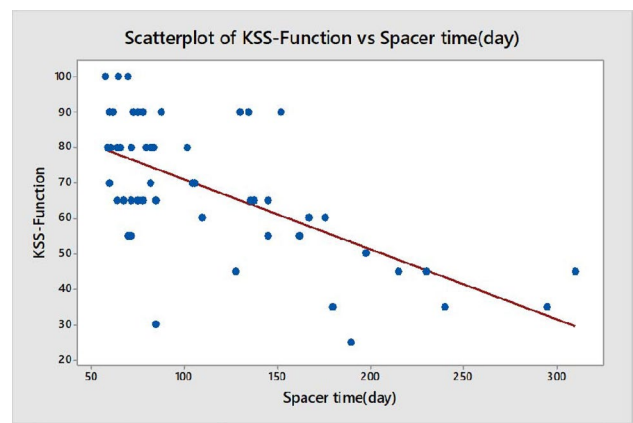


**Fig. 1** Correlation between spacer time and KSS-knee score

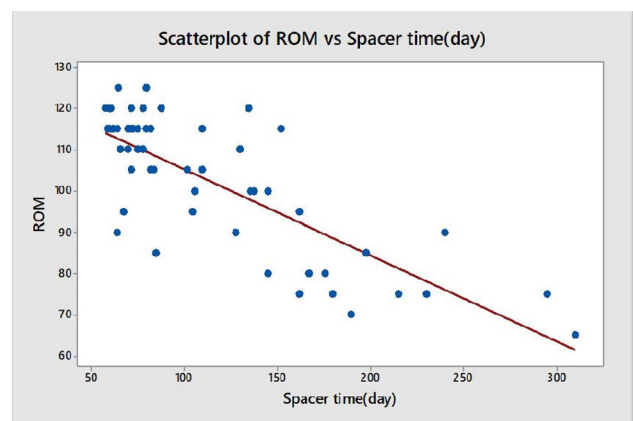
amputation was performed in one patient due to recalcitrant infection.

In our study, 6 cases were culture negative (10.7%). They became culture positive in the cultures obtained from joint aspiration due to lack of clinical improvement during their follow-up. The most frequent microorganism was coagulase-negative staphylococci (4 out of 6 patients, 66.7%).

A sinus formation was detected in 9 patients in Group 1 and 6 patients in Group 2 (*p* > 0.05). One patient from each group received fascio-cutaneous antero-lateral thigh flap for



**Fig. 2** Correlation between spacer time and KSS-function score



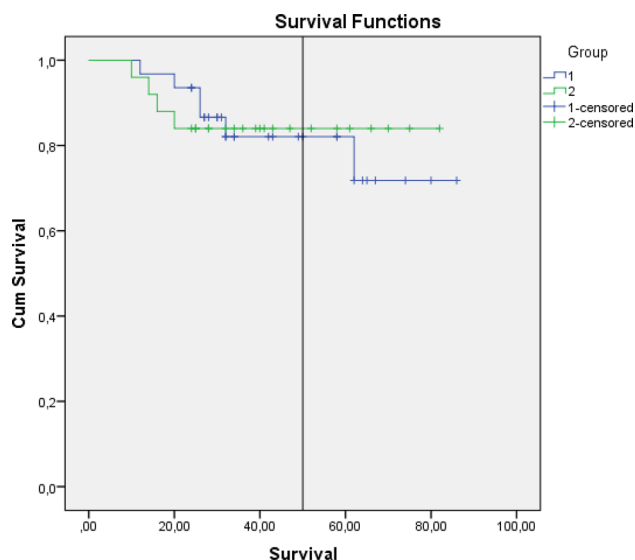
**Fig. 3** Correlation between spacer time and knee range of motion (ROM)

**Table 4** Comparison of the treatment costs between two groups

	Group 1 (Cost USD) Mean ± SD	Group 2 (Cost USD) Mean ± SD	<i>p</i>
Antibiotics	2110.5 ± 220.6	3902 ± 354.8	0.012
Laboratory	602.2 ± 92.6	828 ± 98.3	0.086
Radiology	96.0 ± 18.9	119.0 ± 23.4	0.144
Prosthesis	3908.5 ± 124.1	4020.0 ± 300.1	0.727
Surgery	998.2 ± 102.0	1160.6 ± 271.4	0.630
Hospital stay	1020.4 ± 114.2	2128.0 ± 194.8	0.011
Total	8734.8 ± 925.3	11,157.6 ± 1325.4	0.035

soft tissue coverage, and full-thickness skin graft was performed in 2 patients due to skin necrosis.

In total, 16 (28.5%) patients experienced complications other than reinfection (Table 5). Hinged type revision prosthesis was used in patients with collateral ligament injuries (*n* = 8, 14.2%). Periprosthetic fractures (4 patients) were treated with long stem and plate. Patellar tendon



**Fig. 4** Comparison of infection-free survival times between two groups

**Table 5** Distribution of non-infectious complications in both groups

Complications	Total n (%)	Group 1 n (%)	Group 2 n (%)	p
Patellar tendon rupture	3 (5.3)	1 (3.2)	2 (8)	0.56
MCL rupture	6 (10.7)	3 (9.6)	3 (12)	0.86
LCL rupture	2 (3.5)	1 (3.2)	1 (4)	0.82
Periprosthetic fracture	4 (7.1)	3 (9.6)	1 (4)	0.64
Total	16 (28.5)	8 (25.8)	8 (32)	0.75

reconstruction with allograft was performed in 4 patients due to traumatic patellar tendon rupture.

## Discussion

This is the first study which evaluates the effect of time interval between the stages on functional results after infected TKA. Deciding proper timing for second stage surgery after infected TKA is challenging for orthopedic surgeons. Many predictors were used to decide to perform second surgery but the effect of the prolonged interval between stages on clinical and functional results remains unclear. Therefore, the most important finding of the present study was that patients spending less than 3 months with spacers had superior postoperative ROM value, KSS-K, KSS-F, and lower treatment cost. Moreover, general health, bodily pain, and physical function domains of the SF-36 survey scores were significantly higher in patients spending less than 3 months with spacers. In addition, time spent with spacer did not affect the reinfection rate and infection-free survival time.

Although dynamic knee spacers allow increased knee motion and partial weight bearing, the longer duration of use of these spacers has been associated with reduced improvement of functional outcomes [10]. In our study, we found significantly better clinical (knee ROM values) and functional (KSS values) outcomes in patients spending less than 3 months with dynamic spacers. It may be related to earlier full weight-bearing and rehabilitation.

There has been no clear data on the effect of time between the first and second stages on outcomes in infected TKA. Fu et al. [15] investigated the influence of the timing of the second stage in infected TKA and concluded that 12–16 weeks lead to more favorable results, when compared to a longer duration. However, they only evaluated reinfection development as the outcome and did not investigate functional outcomes [15]. Some authors suggested using spacer for a longer duration in the treatment of resistant microorganisms [16]. On the other hand, others suggested that increased time with spacers causes quadriceps shortening, muscle atrophy, and thickening of the soft tissues, which can contribute to poorer outcomes [17]. Cha et al. [18] evaluated prognostic factors after two staged revision, they divided the patients as reinfected and nonreinfected and there was no difference between two groups in terms of the interval between the first and second stages. In the present study, there was no significant difference in re-infection rates between the two groups (Group 1, 19% vs. Group 2, 16%). Moreover, knee ROM and functional outcome were better in patients with shorter durations of spacer use.

In their clinical study including 507 primary TKA patients, Lizaur-Utrilla et al. reported the minimal clinically important difference (MCID) values for KSS-Knee and KSS-Function [19]. They found the MCID values for KSS-K and KSS-F to be 9 and 10, respectively. In the present study, the mean differences in KSS-K and KSS-F were 20.5 and 18.7, respectively. Accordingly, in patients spending less than 3 months with a spacer, the improvement in functional outcomes were found to be clinically meaningful. Since SF-36 scores could only be obtained postoperatively, we could not determine whether there was a significant difference compared to the preoperative period. However, we found significantly better general health, bodily pain, and physical function domain scores in patients spending less than 3 months with a spacer.

Recently, Faschingbauer et al. reported no difference in reinfection rates between resistant and non-resistant microorganism-caused PJI [20]. In the present study, 37.5% of the patients had resistant microorganisms and there was no significant difference in the reinfection rates between resistant and non-resistant microorganisms.

Reinfection after two-stage revision TKA is associated with high morbidity [21]. Petis et al. reported 17% reinfection rate after two-staged treatment of 245 patients [22].

When reinfection develops, more radical treatment options can be considered [21]. They suggested performing above the knee amputation in patients with good physical and mental conditions. In our study, reinfection developed in 10 patients (17.8%). Above the knee amputation and knee arthrodesis were performed in 1 patient and 3 patients, respectively.

Culture-negative PJI is another challenging situation in the treatment of PJI. It has been suggested that culture-negative PJI is related to high failure rates [23]. Tan et al. reported that 53.1% of the culture-negative cases become culture positive during the follow-up period. Of these, 38.5% were positive for methicillin-sensitive *Staphylococcus aureus* [23]. Muusa et al. recently reported a 33.3% culture-negative PJI rate [24]. In the current study, 10.7% of the patients were culture negative. They became culture positive in the cultures obtained from joint aspiration due to lack of clinical improvement during their follow-up. The most frequent microorganism was coagulase-negative staphylococci.

Periprosthetic knee infection represents a considerable financial burden on the healthcare system [25]. Kapadia et al. reported a fourfold higher mean total episode cost in patients with PJI [26]. Alp et al. reported that treatment costs are 2.8-fold higher in the case of infected TKA than in primary TKA [2]. In their systematic review, Fernandez-Fairen et al. showed that the cost for septic revision was between 2 and 4 times higher than that for primary surgery [27]. This study is the first attempt to specifically evaluate the cost related to time spending with articulating spacers. We found a 1.28-fold increase in the total treatment cost in patients spending more than 3 months using articulating spacers. This difference is related to the increased duration of IV antibiotics and longer hospital stay. Moreover, loss of labor is another concern but it was not included in the analysis.

In our study, total of 16 patients (28.5%) experienced noninfectious complications. The most frequent complication was MCL rupture ( $n=6$ , 10.7%). Petis et al. [21] reported 5 (2%) extensor mechanism disruption, and 11 periprosthetic fracture (4%) after two staged revision following infected TKA, in another study Pelt et al. [28] retrospectively reviewed 58 patients who received Two-Stage Revision and they report 1 (2%) extensor mechanism injury and 2 (3.4%) periprosthetic fractures. In the current study, we had 3 (5.3%) extensor mechanism injuries and 4 (7.1%) periprosthetic fractures, which was consistent to the current literature.

The main limitation of the present study is the retrospective design and relatively small number of patients. We also could not determine the preoperative SF-36 values in the patients. Therefore, we could not make a preoperative and postoperative comparison of the quality of life between the patient groups. The follow-up period for reinfected patients was relatively short. The number of reinfections

may increase in long-term follow-up. The duration of spacer usage is based on multiple factors, and many are not taken into consideration in this study. Future prospectively designed studies are needed to evaluate the effect of time spent using spacers on clinical and functional outcomes, as well as the quality of life and treatment costs.

## Conclusions

Increased duration of spacer use between stages is associated with worse clinical and functional outcomes as well as treatment costs in 2-stage revision knee arthroplasty. Lesser duration of spacer use is not associated with reinfection development. Surgeons can try to reduce the time patients spend using a spacer, to obtain better postoperative clinical and functional outcomes, as well as better quality of life scores and lower treatment costs.

**Author Contributions** FG: Data Collection and Statistical analysis. SO: Manuscript writing. AM: Critical reviewing. AG: Data Collection.

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## Compliance with Ethical Standards

**Conflict of interest** Fatih Golgelioglu, Sinan Oguzkaya, Abdulhamit Misir and Ahmet Guney declare that they have no conflict of interest.

**Ethical standard statement** Erciyes University Institutional Research Ethics Review Board approved the study protocol (Approval date/number: 06.06.2018/2018-305).

**Informed consent** All patients signed informed consent form before be included into the study.

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