

# Safety and efficacy of lumen-apposing metal stents versus plastic stents to treat walled-off pancreatic necrosis: systematic review and meta-analysis




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## ABSTRACT

**Background and study aims** Lumen-apposing metal stents (LAMS) are increasingly used for drainage of walled-off pancreatic necrosis (WON). Recent studies suggested greater adverse event (AE) rates with LAMS for WON. We conducted a systematic review and meta-analysis to compare the safety and efficacy of LAMS with double-pigtail plastic stents (DPPS) for endoscopic drainage of WON. The primary aim was to evaluate stent-related AEs.

**Methods** In October 2019, we searched the Ovid (Embase, MEDLINE, Cochrane) and Scopus databases for studies assessing a specific LAMS or DPPS for WON drainage conducted under EUS guidance. Safety outcomes were AE rates of bleeding, stent migration, perforation, and stent occlusion. Efficacy outcomes were WON resolution and number of procedures needed to achieve resolution. A subanalysis including non-EUS-guided cases was performed.

**Results** Thirty studies including one randomized controlled trial (total 1,524 patients) were analyzed. LAMS were associated with similar bleeding (2.5% vs. 4.6%,  $P=0.39$ ) and perforation risk (0.5% vs. 1.1%,  $P=0.35$ ) compared to DPPS. WON resolution (87.4% vs. 87.5%,  $P=0.99$ ), number of procedures to achieve resolution (2.09 vs. 1.88,  $P=0.72$ ), stent migration (5.9% vs. 6.8%,  $P=0.79$ ), and stent occlusion (3.8% vs. 5.2%,  $P=0.78$ ) were similar for both groups. Inclusion of non-EUS-guided cases led to significantly higher DPPS bleeding and perforation rates.

**Conclusions** LAMS and DPPS were associated with similar rates of AEs and WON resolution when limiting analysis to EUS-guided cases. Higher bleeding rates were seen in historical studies of DPPS without EUS guidance. Additional high-quality studies of WON treatment using consistent outcome definitions are needed.

## Introduction

Acute pancreatitis is the third most common gastrointestinal discharge diagnosis from hospitals in the United States, with aggregate annual costs of \$2.6 billion [1] and with increasing incidence [2]. Necrotizing pancreatitis develops in 5% to 10% of patients with acute pancreatitis [3], and is associated with notable morbidity and hospital stays averaging 22 days [4, 5]. Necrotizing pancreatitis is also associated with high mortality rates, varying from 11% in patients with sterile necrosis [6], to 32% in patients with infected necrosis, and 43% in patients with infected necrosis plus organ failure [7].

Pancreatic fluid collections may occur as a result of acute pancreatitis, and many spontaneously resolve [8]. However, a subset of patients with necrotizing pancreatitis may develop symptomatic well-defined necrotic collections, classified as walled-off necrosis (WON) [3]. Endoscopic management of WON has typically been performed with double pigtail plastic stents (DPPS). Lumen-apposing metal stents (LAMS) have been increasingly used to treat symptomatic WON because they may allow better drainage of solid necrosis and also permit through-the-LAMS direct endoscopic necrosectomy due to their larger diameter compared to plastic stents.

Recently, various studies assessing LAMS have published disparate safety findings, with overall adverse event (AE) rates ranging from 0% to 50% [9–12]. Specific adverse events (AEs) such as bleeding also have widely varying reported rates, ranging from 0% to 25%, with some studies (including those with small sample size) suggesting a higher rate of bleeding with LAMS compared to DPPS [9, 13–16]. In addition, the relatively large variations in reported complication rates may be partially attributable to their different definitions [17]. Given the recent concern for increased AEs with LAMS, further evaluation of LAMS is necessary. Examination of the uniformity of outcome definitions is also warranted to better interpret study results.

In the present systematic review and meta-analysis, we aimed to assess safety and efficacy of a specific LAMS compared to DPPS for the endoscopic drainage of WON under endoscopic ultrasound (EUS) guidance. Consistency of outcome definitions reported across studies was also examined.

## Methods

### Search strategy

We examined the references from a previous 2018 systematic review of metal stents (including LAMS) compared to plastic stents for WON management [18], which applied similar eligibility criteria and was co-authored by two authors (FB, BA) of the current analysis. An expert librarian conducted searches of the Ovid Evidence-Based Medicine Reviews (Embase, MEDLINE, Cochrane Central Register of Controlled Trials, Cochrane Database of Systematic Reviews) and Scopus databases to identify studies published in English between database inception for the 2018 review and extended to October 9, 2019 (**Supplementary Table 1**). Controlled trials, retrospective and prospective cohort studies, case-control studies, and case series that assessed LAMS or DPPS for WON drainage were included. We

excluded publications that did not use the 2012 Atlanta criteria for WON diagnosis, lacked information to allow evaluation of the Atlanta criteria [3], used surgical or percutaneous drainage in addition to endoscopic drainage, represented interim analyses of ongoing studies, reported on  $\leq 5$  patients, or had study populations that were not mutually exclusive. With regard to LAMS, only publications that investigated the AXIOS™ stent (Boston Scientific, Marlborough, Massachusetts, United States) were included as this is the only globally available LAMS and is the LAMS most commonly described in the literature [16]. The primary analysis was limited to cases conducted under EUS guidance. For reference, a subanalysis included all eligible studies, regardless of use of EUS guidance. For one study [19], use of EUS in 100% of LAMS cases was confirmed by direct communication with an author (B Abu Dayyeh, personal communication).

### Data extraction and assessment for risk of bias

For all manuscripts identified by the literature search, three authors (OG, EM and MG) independently reviewed studies for eligibility and/or extracted data from selected publications for pre-identified safety and efficacy endpoints. Discrepancies were resolved by consensus. Baseline information consisted of study characteristics (design, sample size, year published, stent type), patient characteristics (age, sex), and WON characteristics (size and infection status). Reasons for study exclusion were documented.

The Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines were used to conduct this analysis [20]. The Newcastle-Ottawa Scale (NOS) was employed to review the methodologic quality of non-randomized studies and assess for bias. An adapted NOS (**Supplementary Table 2**) was used that assessed the selection and representativeness of the study population, and the ascertainment of outcomes and exposures. Items from the NOS that made comparative assessments (e.g. exposed vs. non-exposed cohorts) were removed, as they did not apply to single-arm studies. This adaptation of the NOS has been used previously [21–23], and for the purposes of this study, one question (“Were other important diagnoses excluded?”) was replaced (“Was follow-up long enough for outcomes to occur? Reported adequate follow-up time”) to make it more appropriate for this systematic review. Yes/no responses were required for each of five questions, and the quality of each study was ranked as good (5 yes responses), moderate (4 yes responses), or poor ( $\leq 3$  yes responses).

### Endpoint assessment and definition

LAMS were compared with DPPS for all outcomes for the drainage of WON based on the revised Atlanta classification for acute pancreatitis [3]. WON that were not assessed with the revised Atlanta classification but included a description of a pancreatic fluid collection containing solid necrosis with a defined wall were permitted. Any indication of surgical intervention or percutaneous drainage after endoscopic treatment was considered a failure of endoscopic WON resolution.

Safety outcomes assessed were rates of bleeding, perforation, stent migration, and stent occlusion. Efficacy outcomes

assessed were rates of WON resolution and number of procedures needed to achieve WON resolution. Definitions of AEs were collected across studies to evaluate consistency reporting these outcomes. After the index procedure, any additional intervention performed to aid the removal of necrotic material was counted as a procedure, including irrigations, lavages, necrosectomies/debridements, additional stent placements, or other interventions.

## Statistical methods

Safety and efficacy outcomes were assessed using a random-effects meta-analysis to estimate the proportion of patients with the measure or mean of the measure. Due to the small number of comparative studies, both arms from comparative studies were treated as independent studies and combined with non-comparative studies. The arcsine transformation was used to compute weighted pooled random-effects estimates for all endpoints; thus, an adjustment for proportions of 0% and 100% was not needed. Heterogeneity was assessed across studies using the  $I^2$  statistic [24]. Funnel plots were created to assess for bias across studies. The Begg and Mazumdar rank correlation test of funnel plot asymmetry and Egger's linear regression test of funnel plot asymmetry were also used to assess publication bias [25,26]. All meta-analyses were performed using R (version 3.6.1); SAS (version 9.4, SAS Inc., Cary, North Carolina, United States) was used for plotting and all other analyses.

## Sensitivity analysis

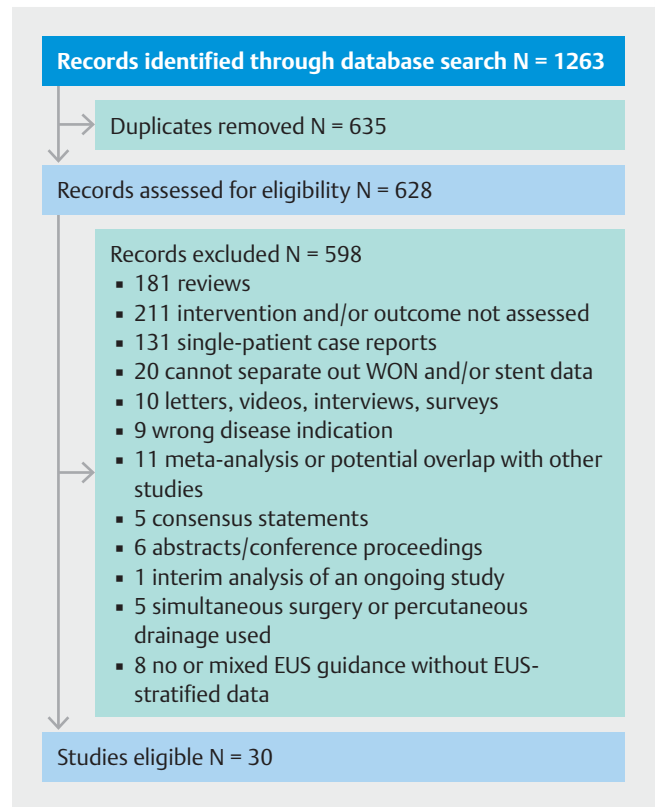
Some endoscopists use DPPS concomitantly with LAMS for various purposes. To account for potential confounding of safety and efficacy outcomes of LAMS, a sensitivity analysis was performed that removed all studies mentioning concomitant use of DPPS and LAMS. These results were compared with the main analyses of the overall cohort to assess for differences in safety or efficacy.

## Results

### Study selection and characteristics

The systematic literature search identified 628 unique articles, of which 30 studies representing 1,524 subjects met the inclusion criteria (► Fig. 1). Twenty-six eligible studies were retrospective; and 4 were prospective, including one randomized controlled trial (RCT) comparing DPPS to the specific LAMS. Twenty-six of the 41 studies from the prior 2018 review were excluded, most often for lack of data on the LAMS under study, having an patient population that were not mutually exclusive (the most comprehensive study was included), or duplicating another study (Supplementary Table 3). In total, 598 articles were excluded (► Fig. 1), most often for lack of data on the intervention or outcomes under study ( $n=211$ ), or because they were review articles ( $n=181$ ) or case reports ( $n=131$ ). Median duration of follow-up for all eligible studies ranged from 5.5 weeks to 62.3 weeks.

Study and patient characteristics are summarized in ► Table 1. Seventeen studies including LAMS (all EUS-guided) and 16 studies with EUS-guided DPPS (including three studies



► Fig. 1 Flow diagram of literature search and study selection.

that also had LAMS patients) were analyzed. Of these 30 studies, 25 reported endoscopic necrosectomy in at least one patient. Twenty-two studies reported a nasocystic drain in at least one patient, seven did not employ nasocystic drains, and one did not report on nasocystic drain usage. Thirteen studies reported WON infection status prior to the index procedure. Eleven studies did not define or describe WON dimensions, four did not collect and/or record WON size, and 15 reported specific WON size metrics (Supplementary Table 4).

### Study quality

All 30 publications were assessed for quality with the modified NOS. Fifteen studies were judged to be good-quality, eight moderate-quality, and seven poor-quality (Supplementary Table 2).

### Assessment of heterogeneity

Heterogeneity was found in the analyses of bleeding and stent migration in both LAMS and DPPS (Supplementary Table 5), and in the analyses of stent occlusion and WON resolution in the DPPS group. No heterogeneity was found in the analyses of perforation for either group nor in the analyses of stent occlusion and WON resolution for the LAMS group.

► **Table 1** Publications and extracted data.

Study	Year	Design	Country	Pa- tients with LAMS N=899	Pa- tients with DPPS N=625	Fol- low- Up Time LAMS	Fol- low- Up Time DPPS	WON Size, cm Mean ± SD or [range] <sup>1</sup>	Male Sex %	Age (years) Mean ± SD
Kumar [41]	2014	Retrospective, single center, single-arm	USA	–	12	–	1.9 ± 0.3 years	13.1 ± 5.1	66%	58.9 ± 3.9
Lin [42]	2014	Retrospective, multicenter, single-arm	China	–	17	–	NR for patients with WON only	Median 11.9 ± 5.2	47%	Median 53 [range 32–79]
Rana [43]	2014	Retrospective, single center, single-arm	India	–	43	–	NR	9.95 ± 2.75	83.7%	36.0 ± 10.1
Rana [44]	2015	Retrospective, single center, single-arm	India	–	35	–	Mean 28.2 ± 14.0 months (range 6–50)	NR	82.8%	37 ± 7.6
Rinninella [45]	2015	Retrospective, multicenter, single-arm	Italy, Denmark, Spain, Germany, France, Nether- lands	52	–	NR for patients with WON only	–	NR	NR	NR
Smoczyn- ki [46]	2015	Retrospective, single center, single-arm	Poland	–	64	–	≥ 12 Months	14.6 [10.6– 22]	NR	NR
Walter [47]	2015	Prospective, multicenter, single-arm	Germany, Spain, Denmark, Nether- lands	43	–	–	–	NR for patients with WON only	NR	NR
Sharaiha [48]	2016	Retrospective, multicenter, single-arm	USA	124	–	–	Median 4 months [range 1–34]	9.5 [4–30]	60%	54.2 ± 15.5
Siddiqui [49]	2016	Retrospective, multicenter, single-arm	USA	68	–	–	NR	12.12 ± 5.32	60.3%	51.7 ± 14.3
Storm [39]	2016	Retrospective, single center, single-arm	USA	–	15	–	NR	NR	60%	47.1 [range 27–62]
Thompson [50]	2016	Retrospective, single center, single-arm	USA	–	60	–	Mean 67.8 ± 9.9 weeks	NR	60%	52.8 ± 2
Adler [27]	2017	Retrospective, multicenter, single-arm	USA	9	–	Median 3 months	–	NR	NR	NR for patients with WON only

► **Table 1** (Continuation)

Study	Year	Design	Country	Pa-tients with LAMS N = 899	Pa-tients with DPPS N = 625	Fol-low – Up Time LAMS	Fol-low – Up Time DPPS	WON Size, cm Mean ± SD or [range] <sup>1</sup>	Male Sex %	Age (years) Mean ± SD
Bang [51]	2017	Retrospective, single center, matched comparative	USA	13	26 (not eligible)	≥ 90 Days	≥ 90 Days	NR	NR	NR
Bapaye [52]	2017	Retrospective, single center, single-arm	India	–	61	–	≥ 6 Weeks	11.7 ± 30.1 70–200	87 %	42.2 ± 12.8
Bekkali [28]	2017	Retrospective, single center, single-arm	United Kingdom	32	–	Median 9.0 weeks (95 % CI 6.0–13.6)	–	15 (95 % CI 7.7–21.7)	56.3 %	Median 57 (range 19–81)
He [34]	2017	Prospective, single center, single-arm	China	–	11	–	1 Year	NR	45.5 %	Median 48 (IQR 27–55)
Rana [40]	2017	Retrospective, single center, single-arm	India	–	6	–	14.5 ± 7.1 months	8.33	100 %	41
Ren [53]	2017	Retrospective, single center, single-arm	China	–	17	–	Median 258 days	NR	52.9 %	51.1
Siddiqui [54]	2017	Retrospective, multicenter, comparative	USA	86	106	≥ 6 Months	≥ 6 Months	LAMS: 11.4 DPPS: 10.6	LAMS: 90 % DPPS: 64 %	LAMS: 51.5 DPPS: 56.3
Tarantino [10]	2017	Retrospective, single center, single-arm	Italy	19	–	Mean 554.7 days (range 70–986)	–	12.5 [5–20]	70 %	58.7 ± 16
Watanabe [55]	2017	Retrospective, single center, single-arm	Japan	–	40	NR for patients with WON only.	–	NR	NR	NR for patients with WON only
Yoo [56]	2017	Retrospective, multicenter, single-arm	USA	22	–	NR for patients with WON only.	–	NR	NR	NR for patients with WON only
Abu Day-yeh [19]	2018	Retrospective, single center, comparative	USA	46	36 (not eligible)	NR	NR	LAMS: NR DPPS: 12.8 ± 5.8	LAMS: NR DPPS: 78 %	LAMS: NR DPPS: 59.7 ± 16
Garcia – Alonso [14]	2018	Prospective, single center, single-arm	Spain	72	–	Median 75 days	78.5 days	NR	NR	NR

► **Table 1** (Continuation)

Study	Year	Design	Country	Pa-tients with LAMS N=899	Pa-tients with DPPS N=625	Fol-low–Up Time LAMS	Fol-low–Up Time DPPS	WON Size, cm Mean ± SD or [range] <sup>1</sup>	Male Sex %	Age (years) Mean ± SD
Law [29]	2018	Retrospective, single center, single-arm	NR	46	–	NR	–	Median 9.0 (IQR 4.5)	69.6%	Median 70 (IQR 26)
Shekhar [57]	2018	Retrospective, single center, single-arm	United Kingdom	–	22	–	NR for patients with WON only	NR	NR	NR for patients with WON only
Venkata-chalopathy [58]	2018	Retrospective, multicenter, single-arm	United Kingdom	70	–	Median 45 days (range 8–206)	–	NR for patients with WON only	NR for patients with WON only	NR for patients with WON only
Yang [30]	2018	Retrospective, multicenter, single-arm	USA	64	–	Median 5.5 weeks	–	13.08 ± 4.40 cm	67%	51.8 ± 14.4
Bang [32]	2019	Prospective, single center, RCT	USA	31	29	6 Months	6 Months	LAMS: 10.2±4.6 DPPS: 10.7±6.8	LAMS: 69% DPPS: 55%	LAMS: 55.8 ± 15.6 DPPS: 60.3 ± 13.0
Chen [59]	2019	Retrospective, multicenter, comparative	USA	102	87	Median 144 days	Median 436 days	LAMS: 11.14 ± 4.36 DPPS: 13.5±5.8	LAM-S: 45% DPPS: 53%	LAMS: 54 ± 16 DPPS: 57 ± 15

LAMS, lumen-apposing metal stent; DPPS, double-pigtail plastic stent; IQR, interquartile range; NR, not reported; USA, United States of America; WON, walled-off necrosis.

<sup>1</sup> Unless reported otherwise.

## Safety outcomes

### Bleeding during or after drainage

Two studies defined bleeding as any bleed requiring transfusion, and five different studies used five different definitions of bleeding (**Supplementary Table 6**). Eleven studies did not define bleeding but did describe incident bleeding events; four did not collect and/or record bleeding events; and seven did not provide a definition in the methods section.

Among 22 studies including 1,122 patients with analyzable bleeding data, bleeding rates were not significantly different in the LAMS group compared to the DPPS group (2.5% vs. 4.6% respectively,  $P=0.39$ ) (► **Table 2**, ► **Fig. 2a**).

### Perforation

Varying definitions of perforation were used across studies. Two studies defined it as perforation of the WON wall/capsule only; one study defined it as pneumoperitoneum on imaging with associated peritoneal signs; eight studies did not define it

in the methods section but described it in varying ways in the results; nine studies did not define it; and 11 studies did not collect and/or record it (**Supplementary Table 7**).

Among 16 publications including 832 patients with analyzable perforation data, perforation rates were the same for the LAMS group vs. DPPS group (0.5% vs. 1.1% respectively;  $P=0.35$ ) (► **Table 2**, ► **Fig. 2b**).

### Stent migration

Stent migration was defined as migration within the WON or outside the WON in 2 studies; as involving retrieval from the WON cavity or the enteral lumen in 1 study; as other definitions in seven studies. In five studies, stent migration was defined in the results section of the publication, not in the methods; in eight studies it was not defined; and in seven studies it was not collected and/or recorded (**Supplementary Table 8**).

Among 17 studies including 1,106 patients with analyzable stent migration data, stent migration occurred at similar rates

► **Table 2** Summary of efficacy and safety meta-analytic outcomes for EUS-guided LAMS and DPPS treatment of WON.

	LAMS – EUS			DPPS – EUS			P value <sup>1</sup>
	N studies	N patients	% (95% CI)	N studies	N patients	% (95% CI)	
<b>Safety Outcomes</b>							
Bleeding	14	741	2.5% (0.7%, 5.5%)	10	381	4.6% (1.2%, 10.0%)	0.39
Perforation	12	545	0.5% (0.0%, 1.3%)	6	287	1.1% (0.2%, 2.6%)	0.35
Stent migration	15	788	5.9% (2.6%, 10.6%)	5	318	6.8% (2.6%, 12.8%)	0.79
Stent occlusion	13	730	3.8% (0.9%, 8.7%)	4	239	5.2% (0.0%, 19.0%)	0.78
<b>Efficacy Outcomes</b>							
Resolution of WON	16	827	87.4% (83.0%, 91.3%)	15	614	87.5% (80.1%, 93.4%)	0.99
Number of procedures to achieve resolution	2	115	2.09 (1.05, 3.13)	6	191	1.88 (1.48, 2.29)	0.72
Total unique studies or patients	17	899		16	625		

CI, confidence interval; LAMS, lumen-apposing metal stents; DPPS, double-pigtail plastic stents; WON, walled-off necrosis; EUS, endoscopic ultrasound.  
<sup>1</sup> P value for comparison of DPPS to LAMS

in the LAMS group vs. DPPS group (5.9% vs. 6.8% respectively;  $P=0.79$ ) (► **Table 2**, ► **Fig. 2c**).

### Stent occlusion

Among 14 studies including 969 patients with analyzable stent occlusion data, stent occlusion occurred at insignificantly different rates in the LAMS group vs. DPPS group (3.8% vs. 5.2% respectively;  $P=0.78$ ) (► **Table 2**, ► **Fig. 2d**).

### Efficacy outcomes

#### Resolution of WON

Overall, six different definitions of WON resolution were used throughout the studies, and six studies did not provide a definition (**Supplementary Table 9**). Twenty-four studies included symptom resolution in the definition, and the majority of studies used a radiologic measure to define resolution.

Among 28 studies including 1,441 patients with analyzable data on WON resolution, WON resolution rates were similar for LAMS vs. DPPS (87.4% vs. 87.5% respectively,  $P=0.99$ ) (► **Table 2**, ► **Fig. 3a**).

#### Total number of procedures to achieve resolution

Seven publications with 306 patients reported the total number of endoscopic procedures needed to achieve WON resolution. This number was similar between the specific LAMS vs. DPPS (2.09 vs. 1.88 procedures respectively;  $P=0.72$ ) (► **Table 2**, ► **Fig. 3b**).

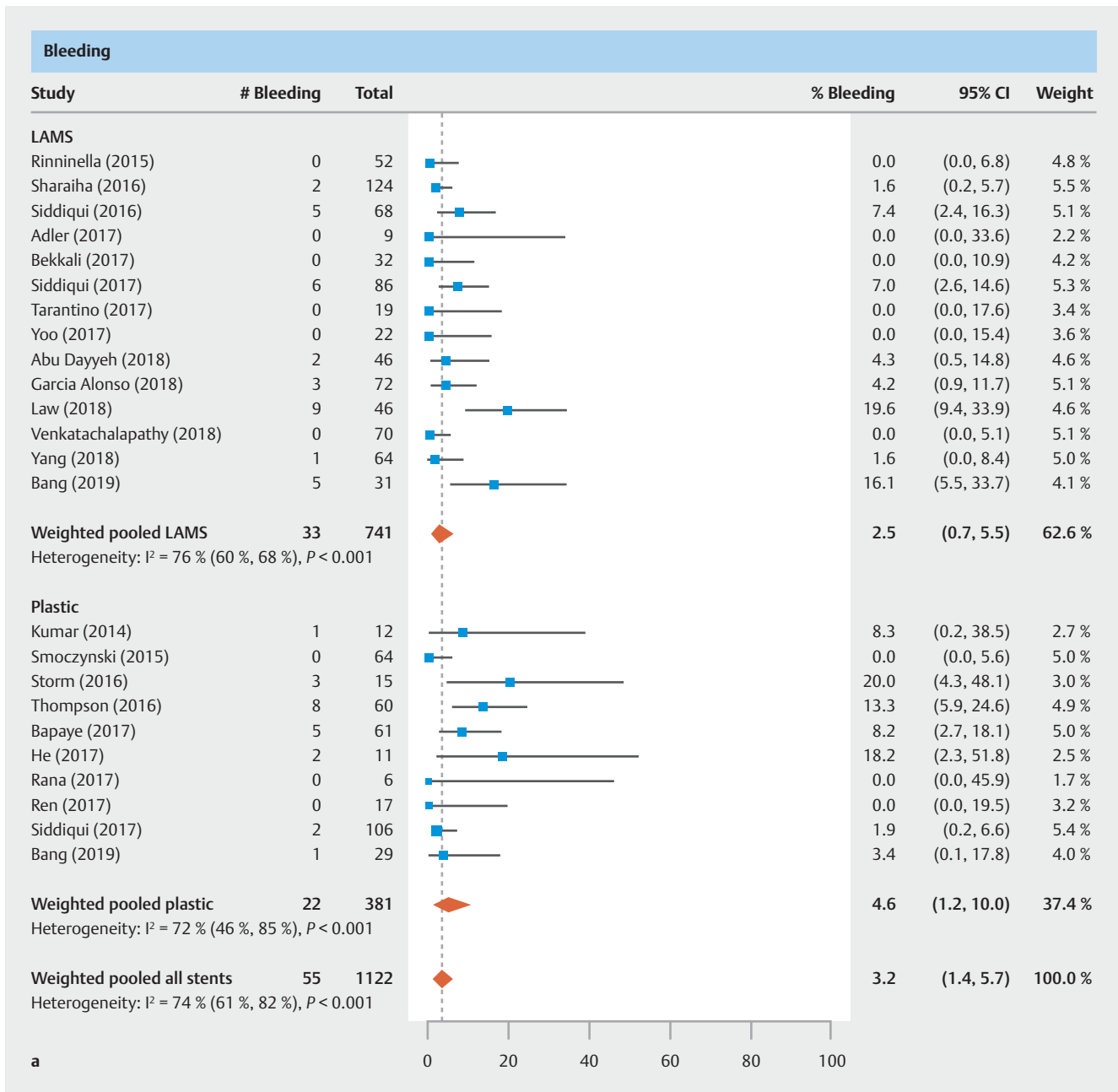
### Subanalysis including EUS- and non-EUS-guided cases

Expanding the analysis to include non-EUS-guided cases led to two statistically significant changes in the LAMS vs. DPPS comparisons. Estimated bleeding rate in the DPPS group increased and was significantly higher than the bleeding rate for LAMS (9.0% vs. 2.5% respectively,  $P=0.009$ ) (**Supplementary Table 10**). Similarly, the estimated perforation rate for DPPS increased and was significantly higher than the rate for LAMS (2.6% vs. 0.5% respectively,  $P=0.005$ ). LAMS and DPPS had similar performance for all other safety and efficacy endpoints in the sub-analysis.

### Sensitivity analysis of concomitant use of DPPS with LAMS

Five studies (223 patients) [14, 27–30] included in the analysis noted concomitant use of DPPS together with LAMS. One study placed DPPS to help anchor the LAMS [29] (information obtained via correspondence with the author in the case of one study [29]); one study placed DPPS to reduce the risk of stent occlusion in 4 of 9 patients [27]; and three studies utilized concomitant DPPS at the discretion of the endoscopist, but did not indicate the number of patients in which it was used [14, 28, 30]. When removing these 5 studies with concomitant DPPS and





► Fig. 2 Analysis of safety outcomes. Outcomes for **a** bleeding.

LAMS use from safety and efficacy analyses, conclusions did not change (► Table 3).

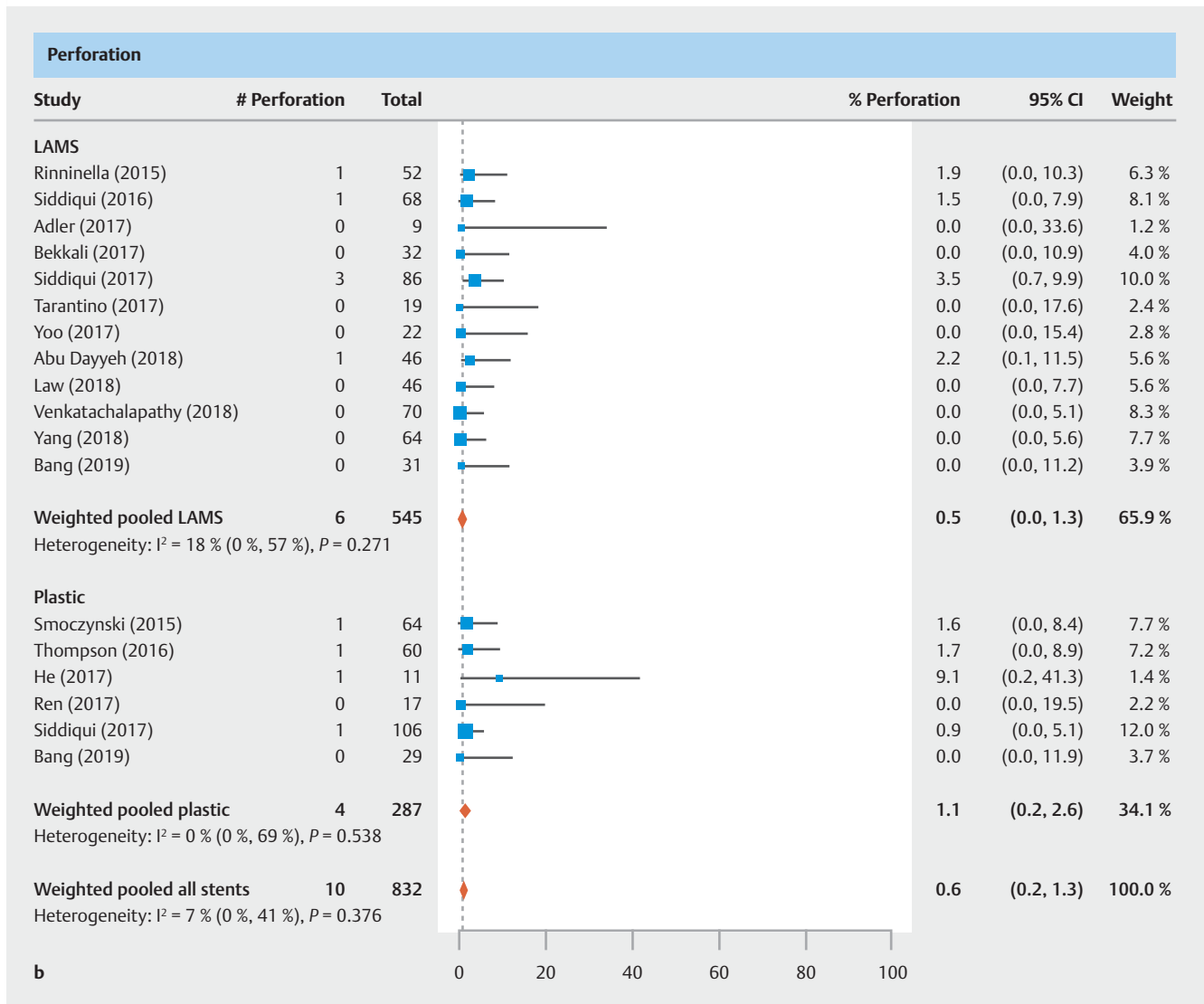
### Publication bias

There was no significant publication bias ( $p > 0.10$ ) for LAMS studies (Supplementary Table 11); however, the Begg and Mazumdar test was significant ( $p \leq 0.10$ ) for perforation. The Egger test showed a lack of symmetry of the funnel plots (Supplementary Fig. 1a–f) only for migration and resolutions for DPPS.

## Discussion

Management of WON has evolved from open surgical interventions to minimally invasive strategies that routinely involve endoscopic drainage. Despite increased use of endoscopic drainage of WON, the ideal endoscopic technique, including stent choice remains unclear. LAMS have been increasingly utilized for endoscopic WON management, have several theoretical advantages over DPPS and were a suggested option for endoscopic WON management in a 2020 clinical practice update [31] for management of pancreatic necrosis. Larger caliber LAMS may allow for subsequent easy access to the WON cavity for inspection and necrosectomy without the need for





► **Fig. 2** Analysis of safety outcomes. Outcomes for **b** perforation.

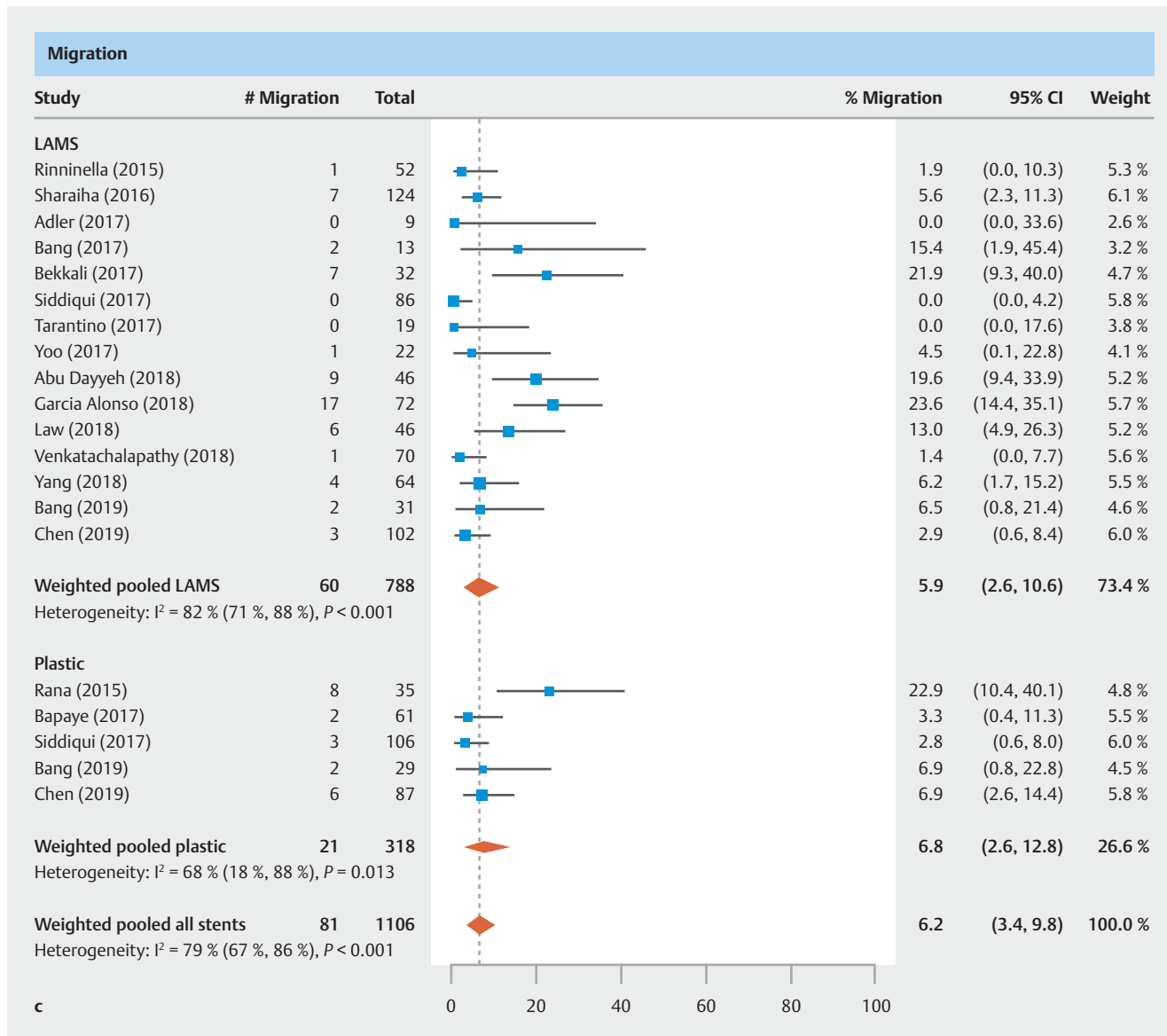
stent removal/exchange nor dilation of the cyst-enterostomy tract. In addition, the larger diameter of indwelling LAMS allows spontaneous drainage of solid debris. However, enthusiasm for the intuitive advantages of LAMS has been mitigated by recent reports of high bleeding rates noted with LAMS. The majority of relevant published studies are single-arm retrospective cohort studies. By grading the quality of evidence and following established guidelines, we aimed to conduct a high-quality systematic review and meta-analysis to carefully evaluate the safety and efficacy of LAMS and to provide a basis for comparison to DPPS for the management of WON.

In this study, we found that LAMS was associated with similar rates of bleeding compared to DPPS for WON. Bleeding associated with endoscopic drainage of WON may occur either from the cyst-enterostomy tract, from vessels within the cavity, or remote from the cyst-enterostomy stent. While in theory, placement of a large diameter LAMS may reduce the risk of bleeding from the tract by tamponading superficial vessels in

the GI wall, collapse of the WON cavity may lead to increased risk of erosion of the back wall of the cavity against the edge of the LAMS compared to softer and rounded DPPS [9]. Coaxial placement of a DPPS within a LAMS did not reduce the rate of bleeding (3.0%) compared to LAMS placement alone (2.2%,  $P = 0.78$ ).

There were similar rates of perforation with LAMS compared to DPPS. This rate was significantly higher for DPPS when studies with and without EUS were included. The covering membrane of LAMS along with its high mechanical lumen-apposing force instinctively may seal perforation or defects from the cyst-enterostomy tract compared with DPPS which have no lateral covering or support.

Despite the larger caliber design of LAMS, stent migration and stent occlusion were noted to be similar with LAMS and DPPS. AE rates as a function of indwelling time of the stent could not be evaluated with this analysis due to insufficient detail in published data. In the only RCT included in this analysis,



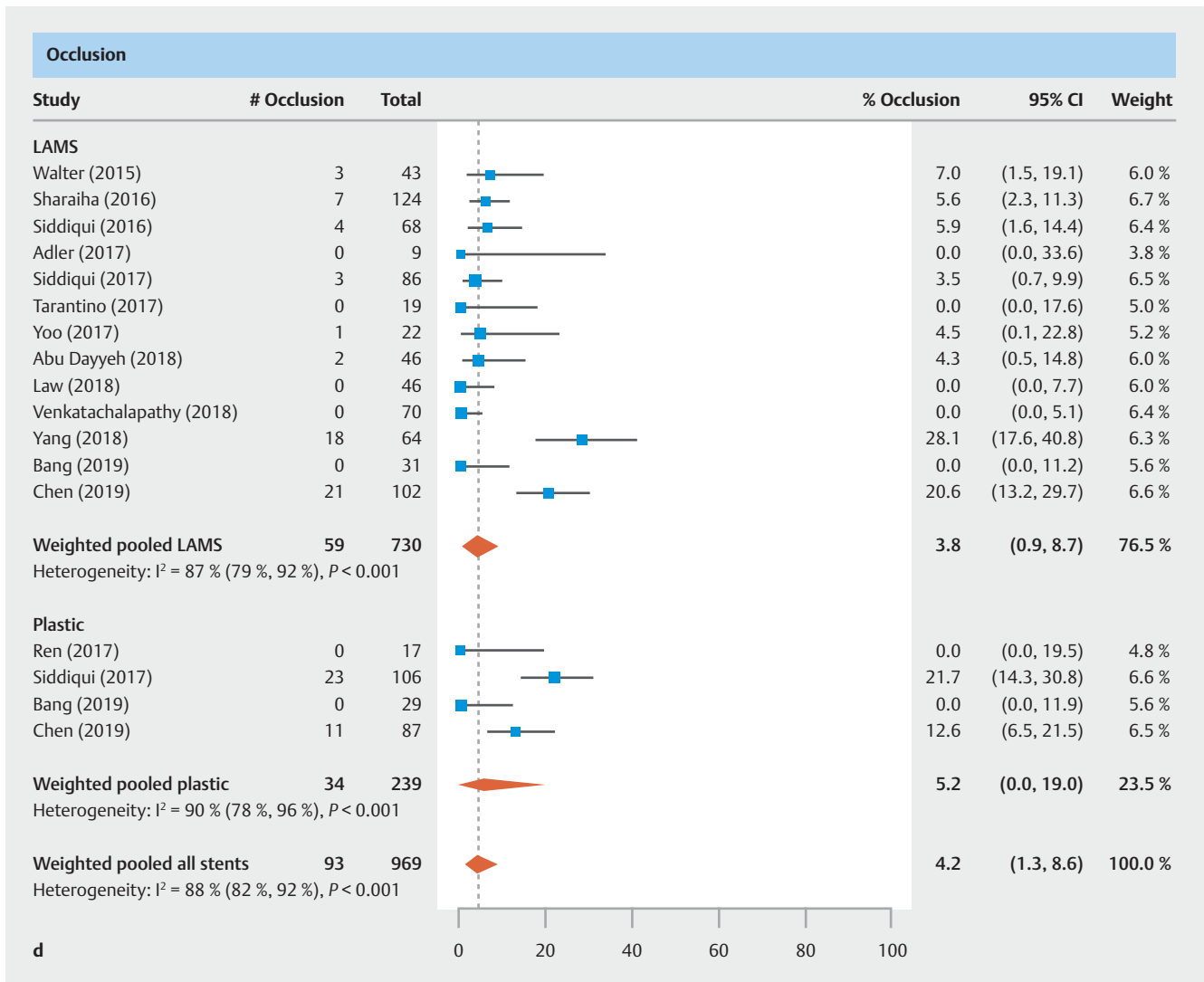
► **Fig. 2** Analysis of safety outcomes. Outcomes for **c** stent migration.

interim assessment of overall stent-related AE rate was noted to be higher for LAMS (8 events, 25.8%) than for DPPS (0 events), all of which were observed at  $\geq 3$  weeks post-procedure. After the safety board mandated a CT scan at 3 weeks post-LAMS-insertion with stent removal upon detection of WON resolution, stent-related AE rates were similar (6.5% vs 6.9% respectively,  $P = 0.999$ ) [32]. The authors reported four LAMS-related bleeding events (3 prior to and 1 after the protocol amendment) and an episode of massive bleeding during stent retrieval of a buried LAMS prior to the protocol amendment; therefore, we included 5 bleeding episodes for the LAMS cohort.

Our study also provides important information regarding current practices associated with stent placement for drainage of WON. For example, the majority of studies reported concomitant therapy with endoscopic necrosectomy and nasocystic drains; most studies of AXIOS™ used both 10 and 15 mm

AXIOS™ stents and about half used the electrocautery-tipped Hot AXIOS™; and 13 out of 30 studies reported the rate of infected WON prior to the index procedure. Infected WON collections almost always require necrosectomy to improve treatment success rates and may sometimes require multiple interventions to achieve clinical success. Given the high rates of concomitant therapy of nasocystic drainage with endoscopic necrosectomy, this study evaluates WON resolution after a single procedure, and provides an important assessment of the efficacy of the stents to effectuate disease resolution on their own without subsequent intervention.

Our evaluation of the notable lack of uniformity in outcome definitions and consistency in outcome reporting across studies also provides an important appraisal of the current state of the research in this disease area. Definitions of WON resolution, perforation, stent migration, and stent occlusion differed

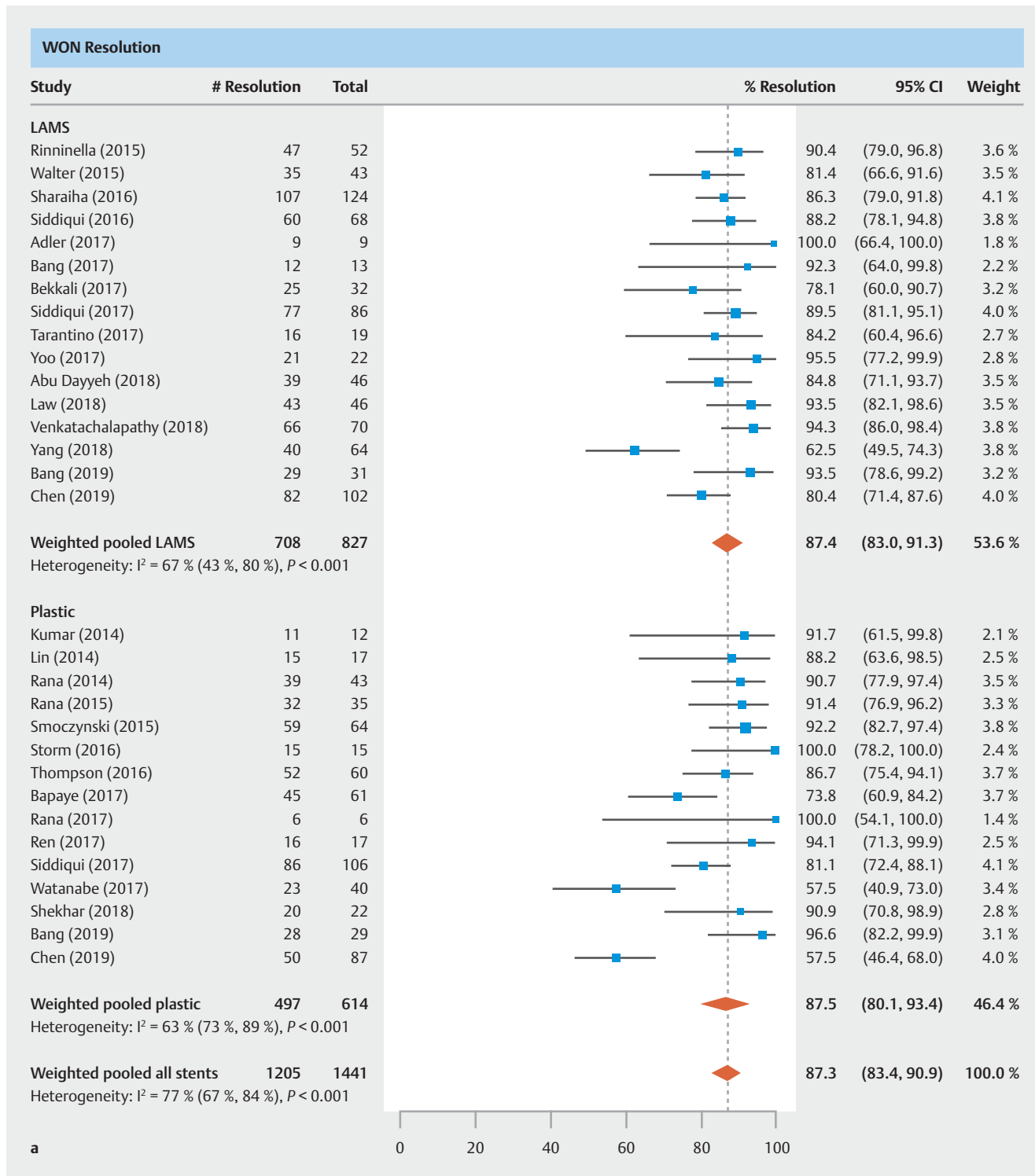


► Fig. 2 Analysis of safety outcomes. Outcomes for **d** stent occlusion.

among studies, and in several cases, no definitions were provided. Although authors are attempting to better define study outcomes [33], there remains wide variation in the interpretation of each event. For example, perforation could imply puncture of the WON wall or of another organ; it could also indicate fault of the operator (procedure-related) or fault of the stent, but clear and precise definitions are lacking and should be clarified in future studies. Other authors have noted that the relatively large variations in reported complication rates in these studies may be partially attributable to the different definitions of complications or in the length of follow-up [17]. The definition of WON resolution, which not only differed between studies but also in terms of the timeframe in which resolution was assessed, ranged from  $\leq 4$  weeks [28] in some studies to  $> 1$  year in others [34]. In addition, WON size reporting was not standardized, with some studies reporting the length of the longest axis of the WON, and other studies not specifying the dimension being reported. The lack of reporting standards

across these studies highlights the need for uniformity in outcome definition and reporting in this treatment area.

This meta-analysis is the largest study to date assessing the safety and efficacy of the LAMS under study compared with DPPS for treatment of WON. Other strengths of the present study include the large sample size of studies from diverse regions of the world. In addition to the outcome definition and reporting problems noted above, our study had other limitations. The majority of the studies included in this meta-analysis were single cohort retrospective studies with few comparative studies and only one RCT. To provide data on WON only [35], several studies had to be excluded due to the reporting of WON and pseudocyst outcomes together [11,36,37]. Data were collected by expert endoscopists at large tertiary referral centers; however, a small 2019 study [38] reported successful use of LAMS to treat WON in a community hospital. We could not control for differences in endoscopic methods (e.g., cyclic irrigation technique, multiple transluminal gateway technique, etc.), nor populations that were unique or with comorbidities

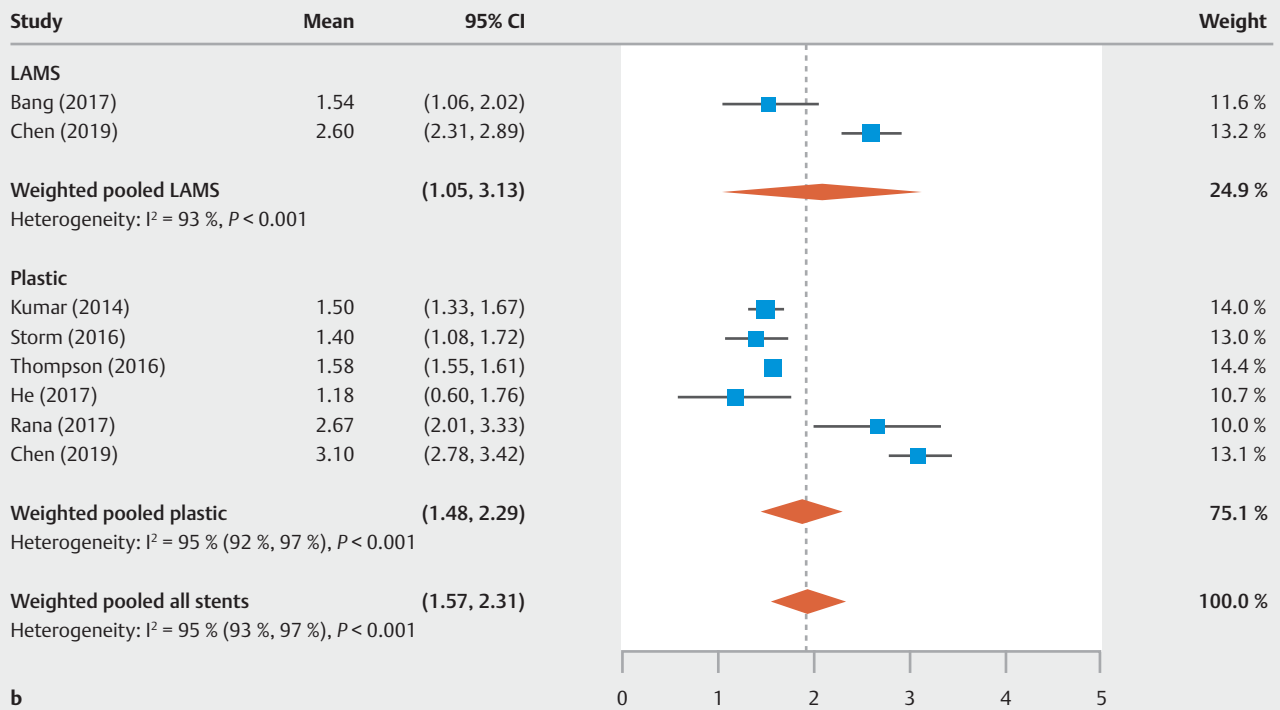


► **Fig. 3** Analysis of efficacy outcomes. Outcomes for **a** resolution of WON.

[39,40]. Data on number of plastic stents used; average stent indwell time; timing of bleeding (periprocedural, early or late postprocedural, puncture-related); estimated amount of solid vs. liquid necrosis that might influence stent choice; presence of disconnected pancreatic duct/parenchyma or paracolic gutter extension that might influence WON resolution; and proton

pump inhibitor use could not be analyzed because they were incompletely reported or not reported among studies. Reporting of these items could improve future meta-analyses by allowing estimates of time to WON resolution, and by identifying patient populations at higher risk of delayed WON resolution or increased adverse events. Cost-effectiveness was outside the

**Total number of endoscopic procedures to achieve resolution**



► **Fig. 3** Analysis of efficacy outcomes. Outcomes for **b** total number of endoscopic procedures to achieve resolution.

► **Table 3** Sensitivity analysis of studies that had no concomitant use of DPPS with LAMS.

Outcome	LAMS with DPPS use (1) Studies = 5		LAMS no DPPS use (2) Studies = 12		P value 1 vs 2	DPPS (3) Studies = 26		P value 2 vs 3
	N	%	N	%		N	%	
Safety Outcomes								
Bleeding	223	3.0%	518	2.2%	0.78	381	4.6%	0.35
Perforation	151	0.0%	394	0.9%	0.064	287	1.1%	0.82
Stent migration	223	12.3%	565	3.7%	0.046	318	6.8%	0.29
Stent occlusion	119	3.8%	611	3.7%	0.99	239	5.2%	0.76
Efficacy Outcomes <sup>1</sup>								
Resolution of WON	151	86.4%	676	88.0%	0.85	614	87.5%	0.88

CI, confidence interval; LAMS, lumen-apposing metal stents, DPPS, double-pigtail plastic stents; WON, walled-off necrosis.

<sup>1</sup> Number of procedures not reported for the five studies of LAMS with concomitant DPPS use.

scope of this analysis. Although one prospective study did not demonstrate a benefit in treatment outcomes of LAMS for WON [32], a large, multicenter RCT is needed to better determine if LAMS with frequent WON assessments improve WON treatment outcomes compared to DPPS.

## Conclusions

In this systematic review and meta-analysis of 30 studies with 1,524 patients with WON, we found that compared to DPPS with EUS guidance, LAMS was associated with similar rates of bleeding, perforation, stent migration, stent occlusion and WON resolution. Further study is needed to determine the efficacy and safety of LAMS in patient subgroups and mid/long-

term outcomes are needed. Additionally, given the inconsistency in outcome definitions and reporting, improved research standards should be implemented across studies, providing specific, clear, and uniform outcome definitions and clarify the manner and location of AEs. Careful monitoring of WON resolution may be important to reduce the risk of adverse events.

## Acknowledgement

The data, analytic methods, and study materials for this study may be made available to other researchers in accordance with the Boston Scientific Data Sharing Policy (<http://www.boston-scientific.com/en-US/data-sharing-requests.html>).

## Competing interests

Dr. Chandrasekhara is on the Advisory Board of Interpace Diagnostics and is a shareholder in Nevakar Corporation. Dr. Barthet received a research grant from Boston Scientific Corporation. Dr. Devière has received grants from Boston Scientific Corporation, Cook Endoscopy, and Olympus, and is a shareholder in Endotools. Dr. Easler is a consultant for Boston Scientific Corporation. Dr. Peetermans, Mr. McMullen, Ms. Gjata, and Dr. Gourlay are full-time employees of Boston Scientific Corporation. Dr. Abu Dayyeh received a research grant and consultation fee from Boston Scientific Corporation, research support from Medtronic, and education/lecture fees from Olympus.

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