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# Coordination of the unfolded protein response during hepatic steatosis identifies CHOP as a specific regulator of hepatocyte ballooning

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### Abstract

The unfolded protein response (UPR) is an adaptive response that is implicated in multiple metabolic pathologies, including hepatic steatosis. In the present study, we analyzed publicly available RNAseq data to explore how the execution of the UPR is orchestrated in specimens that exhibit hepatocyte ballooning, a landmark feature of steatosis. By focusing on a panel of wellestablished UPR genes, we assessed how the UPR is coordinated with the whole transcriptome in specimens with or without hepatocyte ballooning. Our analyses showed that neither average levels nor correlation in expression between major UPR genes such as HSPA5 (BiP/GRP78), HSP90b1 (GRP94), or DDIT3 (CHOP) is altered in different groups. However, a panel of transcripts depending on the stringency of the analysis ranged from 16 to 372 lost its coordination with HSPA5, the major UPR chaperone, when hepatocyte ballooning occurred. In 13 genes, the majority of which is associated with metabolic processes, and the coordination with the HSPA5 was reversed from positive to negative in livers with ballooning hepatocytes. In order to examine if during ballooning, UPR genes abolish established and acquire novel functionalities, we performed gene ontology analyses. These studies showed that among the various UPR genes interrogated, only DDIT3 was not associated with conventional functions linked to endoplasmic reticulum stress during ballooning, while HSPA90b1 exhibited the highest function retention between the specimens with or without ballooning. Our results challenge conventional notions on the impact of specific genes in disease and suggest that besides abundance, the mode of coordination of UPR may be more important for disease development.

Keywords Liver  $\cdot$  ER stress  $\cdot$  Correlation network  $\cdot$  Pathogenesis

## Introduction

During an individual's lifetime and in response to certain environmental and other challenges, the cells continuously adapt

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their transcriptional program in order to attain homeostasis, adequate physiological performance, and normal function (van Dam et al. [2018](#page-9-0)). In disease, homeostasis is abolished, and this is associated with organ dysfunction and ultimately with the onset of pathology. A classic example of a pathology linked to loss of homeostasis is hepatic steatosis or fatty liver disease. Hepatic steatosis refers to the accumulation of lipids in the liver, typically exceeding 5% of liver weight or when 5% of hepatocytes contain lipid vacuoles without this being associated with excess alcohol intake, viral infection, or drug treatments (Nassir et al. [2015\)](#page-9-0); can be the result of excessive lipid uptake from the liver, enhanced lipogenesis, or reduced clearance; and affects about 33% of adult population in the USA (Mehta et al. [2008](#page-9-0)).

Hepatic steatosis can progress to nonalcoholic steatohepatitis (NASH), fibrosis, cirrhosis, and hepatocellular carcinoma. Ballooning degeneration of hepatocytes represents a landmark for the transition of steatosis to NASH and

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describes a special form of hepatocyte degeneration at which the cells exhibit characteristic swelling and enlargement (Caldwell et al. [2010;](#page-8-0) Lackner et al. [2008\)](#page-9-0).

A major adaptive signaling pathway that is responsible for tissue homeostasis is the unfolded protein response (UPR) that follows stress of endoplasmic reticulum (ER) (Frakes and Dillin [2017\)](#page-8-0). At conditions of excessive accumulation of misfolded and unfolded proteins, the UPR is initiated to resolve ER stress by triggering a precisely orchestrated response involving overexpression of chaperones inhibition of protein translation and eradication of severely misfolded proteins (Frakes and Dillin [2017;](#page-8-0) Zhu and Lee [2015\)](#page-9-0). This response is guided by the activation of 3 intracellular receptors, IRE1, ATF6, and PERK, each of which defines the 3 major UPR branches that are associated by unique and redundant cellular activities (Frakes and Dillin [2017](#page-8-0)).

UPR is involved in the onset of various pathologies such as cancer, diabetes, and neurodegeneration (Back and Kaufman [2012;](#page-8-0) Hetz and Saxena [2017](#page-9-0); Cheretis et al. [2006](#page-8-0); Hetz et al. [2013\)](#page-9-0). Several lines of evidence also indicate that deregulation of the UPR is implicated in the development of hepatic steatosis (Han and Kaufman [2016;](#page-8-0) Song and Malhi [2019](#page-9-0)). In the majority of the studies, the phenotype of animals subjected to genetic ablation of UPR targets was investigated and was consistent with the protective role of various UPRassociated genes against the development of fatty liver disease (Yamamoto et al. [2010](#page-9-0); Ji et al. [2011](#page-9-0); Chen et al. [2014a;](#page-8-0) Chen et al. [2014b](#page-8-0); Kammoun et al. [2009](#page-9-0); Rutkowski et al. [2008\)](#page-9-0). These studies offer valuable mechanistic insights on how specific UPR genes are associated with the disease. However, how the UPR is collectively regulated beyond the loss of function of predetermined gene targets, in hepatic steatosis, is poorly understood. Furthermore, which UPR branch or specific UPR-associated gene is primarily involved in hepatic steatosis remains unclear.

The fact that the UPR involves the concomitant activation of specific signaling branches that regulate overlapping yet distinct cellular functions and biochemical cascades provides a unique model system to explore how transcriptional reprogramming operates during disease pathogenesis (Gardner et al. [2013\)](#page-8-0). By using outbred deer mice as a model, we recently showed that the UPR is highly variable among individuals and this variability is associated with the onset of hepatic steatosis (Havighorst et al. [2019](#page-9-0)). Noteworthy, despite this variability, a high degree of coordination is maintained in the expression of different chaperones in different individuals (Havighorst et al. [2019](#page-9-0)). This coordination in gene expression was retained beyond specific chaperones, to the whole transcriptome, in a manner that specific functions of the UPR attributed to particular UPR branches could be predicted (Zhang et al. [2019](#page-9-0)). These notions led us to hypothesize that analysis of the profile of coordination of gene expression, as opposed to the levels of expression, between the UPR and the

whole transcriptome could unveil important clues regarding the pathogenesis of hepatic steatosis. To that end, we analyzed a previously published comprehensive RNAseq data set of human liver specimens that had been characterized for a set of features associated with fatty liver disease (Hoang et al. [2019\)](#page-9-0). We focused particularly on the comparison between the specimens that developed hepatocyte ballooning as opposed to those that did not and explored the coordination in the expression of a roster or eight UPR genes that have been recognized as UPR targets. Those genes can be used to monitor the profile of the UPR and included HSPA5 (BiP/GRP78) (Ji et al. [2011](#page-9-0); Chen et al. [2014a;](#page-8-0) Luo et al. [2006\)](#page-9-0), HSP90B1 (GRP94) (Chen et al. [2014b](#page-8-0)), DDIT3 (CHOP) (Fornace et al. [1989\)](#page-8-0), ATF4 (Fusakio et al. [2016](#page-8-0)), calnexin (CANX) (Guérin et al. [2008](#page-8-0)), EDEM2 (Mast et al. [2005](#page-9-0)), DNAJB9 (Lee et al. [2003\)](#page-9-0), and PDIA4 (Joshi-Tope et al. [n.d.\)](#page-9-0). Our results suggest that while expression of these UPR markers remained unaltered between groups, the transcriptome correlated with them was distinct. Furthermore, our analyses unveiled a roster of transcripts for which the mode of coordination showed unique profiles in the hepatocytes exhibiting ballooning degeneration and identified DDIT3 as the major regulator of this process.

### **Methods**

### Data retrieval and classification

RNAseq data were downloaded from GSE130970 (Hoang et al. [2019\)](#page-9-0). Transcripts per million (TPM) data were used for the analyses. Specimens were divided into two groups according to the original authors' (Hoang et al. [2019\)](#page-9-0) classification, those exhibiting hepatocyte ballooning (grade 1 and 2) and those that did not (grade 0).

#### Analyses

Average values were analyzed and graphed by using the Prism 8 software (GraphPad, San Diego, CA). Association analyses were performed by using the Pearson's test for the criteria described.

#### Results

#### UPR expression levels

Seventy-eight specimens were included in this analysis that had been characterized before in terms of hepatocyte ballooning (Hoang et al. [2019](#page-9-0)). Among them, 30 were characterized as ballooning grade 0 and 48 specimens as ballooning grade 1 or 2 (Hoang et al. [2019\)](#page-9-0). Following normalization with GAPDH levels, the expression of each of HSPA5,

<span id="page-2-0"></span>HSP90B1, DDIT3, ATF4, CANX, EDEM2, DNAJB9, and PDIA4 was evaluated and compared in the groups exhibiting ballooning degeneration and those that did not. As shown in Fig. 1, no significant difference between the groups for any of the genes tested was revealed. A trend for lower expression in EDEM2 and PDIA4 in the specimens exhibiting ballooning degeneration was observed but remained insignificant  $(P =$ 0.06 and  $P = 0.07$ , respectively, unpaired t test).

### Coordination between HSPA5 and different UPR targets is maintained during ballooning degeneration

HSPA5 encodes for the chaperone BiP/GRP78 that is the master regulator of the response to ER stress since its dissociation from PERK, IRE1, and ATF6 triggers the execution of the UPR (Frakes and Dillin [2017;](#page-8-0) Gardner et al. [2013](#page-8-0)). Our earlier studies showed that HSPA5 expression is highly coordinated with the expression of different UPR-associated genes in fibroblasts from genetically diverse deer mice, irrespectively of the induction of the UPR (Havighorst et al. [2019\)](#page-9-0). Furthermore, this coordination transcends individual genes and applies to the whole transcriptome (Zhang et al.

[2019\)](#page-9-0). In order to explore if this coordination is maintained in livers and whether it is preserved in samples that exhibit hepatocyte ballooning, we developed pairwise scatterplots depicting the correlation between HSPA5 and each of ATF4, DNAJB9, and HSP90b1 and the whole transcriptome. As shown in Fig. [2,](#page-3-0) in all pairwise comparisons, the correlation was maintained indicating appropriate execution of the UPR irrespectively of the ballooning degeneration. Similar trends were revealed with all UPR targets analyzed (data not shown) as well as between pairwise comparisons not involving HSPA5, such as between ATF4 and HSP90B1 (Fig. [2\)](#page-3-0). Thus, we conclude that the development of ballooning does not compromise, at the transcriptome level, the overall coordination of the UPR.

### Some genes abolish coordination with HSPA5 during ballooning degeneration

Despite the retention of the coordination between the UPR and the transcriptome, it is conceivable that the UPRassociated genes that are implicated in ballooning will exhibit positive correlation in the absence of ballooning but as soon as





specimens exhibiting hepatocyte ballooning grade 0 or grades 1 and 2. Levels indicate arbitrary units normalized to GAPDH expression. Average expression for each group is indicated. For all genes, no

PDIA4 at which moderately lower expression in specimens with ballooning degeneration was observed but remained insignificant ( $P =$ 0.06 and  $P = 0.07$ , respectively, unpaired t test)

# **Ballooning 1,2**

HSPA5 vs HSP90B1

HSP90B1

 $1\overline{2}$ 

# **Ballooning 0**

<span id="page-3-0"></span>





**HSPA5 vs ATF4** 

**HSPA5 vs DNAJB9** 

HSPA5

 $\alpha$ 

 $1<sub>2</sub>$ 



**HSPA5 vs ATF4** 



ATF4 vs HSP90B1

HSPA5



ATF4 vs HSP90B1



ATF4

 $-0.8$ 

**Fig. 2** Pairwise scatter plots indicating the  $P$  value (Pearson's) in expression levels between each of HSPA5, ATF4, HSP90B1, and DNAJB9 and whole transcriptome at various combinations. A positive correlation was retained in both the groups without or with ballooning degeneration of hepatocytes

this pathology emerges, correlation will be abolished. To identify such genes, we calculated the correlation between HSPA5 and the transcriptome in the different groups and identified those that lost their coordination with HSPA5 in the ballooning group. Depending on the stringency of the filtering criteria applied, we identified a set of genes that ranged from 16 to 372 and for which correlation in expression with HSPA5 was positive in the samples without ballooning but was abolished during hepatocyte ballooning (Supplementary Table 1). This loss of correlation with HSPA5 and the corresponding genes extended to the whole transcriptome as depicted in Fig. [3](#page-5-0), in the pairwise scatterplots at which the linear correlations in specimens without ballooning, were transformed to cyclical diagrams, typical when no association exists. Thus, for a subset of genes, the transcriptome associated with them is not associated with the UPR anymore when ballooning emerges.

### Genes for which coordination with HSPA5 exhibits opposite profiles during ballooning degeneration

Although for most of the genes that did not retain the positive coordination recorded in the non-ballooning group, coordination was abolished in the specimens with ballooning degeneration; in 13 genes, the profile of coordination was reversed: These genes exhibited positive correlation with HSPA5 in the non-ballooning group but negative with the group having ballooning degeneration (Supplementary Table 2, Fig. [4\)](#page-7-0). No genes exhibited the opposite trend, being negative in the ballooning and positive in the non-ballooning group. Interestingly, most of the genes for which correlation with HSPA5 reversed from positive to negative were associated with the regulation of metabolic processes according to REACTOME database (Joshi-Tope et al. [n.d.](#page-9-0)).

### The functions of DDIT3-associated transcriptome shift to regulation of cell cycle phase transition in ballooning hepatocytes

We have recently showed that by analyzing the transcriptome correlated with specific UPR genes using a gene ontology platform such as GOrilla (Eden et al. [2009;](#page-8-0) Eden et al. [2007\)](#page-8-0), we can unveil functions that for a given context are specifically associated with these genes, such as endoplasmic reticulum-associated degradation or apoptosis (Zhang et al. [2019](#page-9-0)). Based on this notion, we explored if and at which extent the UPR genes selected for analysis in this study retained their functionality as UPR-associated genes in the specimens without and the specimens with ballooning degeneration. To that end, we calculated the function retention index (FRI) and the function acquisition index (FAI). FRI reflects the ratio of the different functions in the non-ballooning group that were retained in the ballooning group. FAI reflects the ratio of the novel functions in the ballooning group that were absent from the non-ballooning group. We postulated that as pathology emerges, only the genes that are mechanistically linked to this pathology will exhibit plasticity in their transcriptional program, will abolish physiological functions, and will acquire novel functions. As expected, for all genes tested in the group without ballooning degeneration, the predicted functions frequently involved those linked to some aspects of the UPR. Many of these were retained in the ballooning group (expressed by FRI), while novel functions were also occasionally acquired (expressed by FAI). For most of the genes tested, the functions that characterized the associated transcriptome during conditions without ballooning were retained during ballooning degeneration, implying that their functionality remained intact and associated with their operation as UPR regulators (Fig. [5\)](#page-8-0). For DDIT3 though, while its associated transcriptome predicted protein localization and transport in the specimens without ballooning, in the specimens with ballooning degeneration, this was abolished, and novel functions were introduced that in their majority were associated with cell cycle phase transition (Supplementary Tables 3 and 4). Since, for the genes tested including DDIT3 (CHOP), no considerable differences in expression levels were identified between groups, we hypothesize that differences in transcriptome represent truly transcriptional reprogramming. To that end, at different conditions, the same transcription factor, namely, DDIT3, is correlated with transcripts exhibiting distinct activities and functionality, despite overall expression levels are retained.

### **Discussion**

The UPR constitutes a highly versatile adaptive response that attains tissue homeostasis when unfolded and misfolded proteins accumulate. Deregulation of the UPR is involved in multiple pathologies including metabolic disease, cancer, aging, and neurodegeneration. Experimental evidence obtained by laboratory animals that had been subjected to loss of expression in specific genes has provided insights regarding how the particular targets are linked to specific phenotypes and metabolic pathologies. Yet, despite their power in addressing mechanistic aspects of disease pathogenesis, the relative contribution of various UPR-related transcripts in metabolic disease remains elusive. To address this, we have analyzed publicly available RNA sequencing data from human liver samples in terms of UPR coordination, at the whole transcriptome

# **Ballooning 0**

<span id="page-5-0"></span>





**HSPA5 vs YTHDC2** 

 $0.8$ 

**HSPA5 vs PARG** 

HSPA5

Æ

**Ballooning 1,2** 

**HSPA5 vs ING3** 

ING3



**HSPA5 vs YTHDC2** 



**HSPA5 vs PPP5C** 

HSPA5

 $0,8$ 







**YTHDC2** 

 $-0.8$ 

**Fig. 3** Pairwise scatter plots depicting the P value (Pearson's) in expression levels between HSPA5 and each of ING3, PARG, YTHDC2, and PPP5C. In these genes, the expression profile with HSPA5 showed positive correlation in the specimens without ballooning but no correlation in specimens with ballooning degeneration of hepatocytes

level. The phenotype we focused on was the ballooning degeneration of hepatocytes, a landmark for the transition of steatosis to NASH. For our analyses, we considered not the relative levels of expression of specific genes in different groups but rather the mode of coordination of the whole transcriptome with respect to different UPR-associated transcripts. The premise of this approach was that the potential implication of specific genes in disease would be reflected on how tightly the transcriptome associated with these genes would maintain its coordination in different experimental groups. Such approach not only would reflect the robustness of UPR coordination but will also unveil genes that deviate and presumably are causatively linked to the phenotype of interest.

While conventional analyses failed to reveal major differences in UPR genes between the specimens that exhibited and those that did not, ballooning degeneration, several trends were revealed when coordination was evaluated. First, we noted that coordination of major UPR targets such as HSPA5, HSP90B1, and ATF4 is maintained in the different groups which in turn implies that UPR is responsive and functional in hepatocyte ballooning and, therefore, as such cannot constitute a therapeutic target.

By focusing on the transcriptome that abolishes its coordination with HSPA5/BiP/GRP78, the master regulator of the UPR, we were able to identify genes that were associated with BiP/GRP78 only in the specimens without ballooning but not in those exhibiting the ballooning degeneration. Depending on how stringent the criteria for establishing abolishment of coordination were, these genes ranged from 9 to 216. When highest stringency conditions were used, these genes included PPP5C, CEP83, ZNF714, ENOX2, SMTN, TUBB3, AKAP13, KIAA0754, and CRCT1 which behave as UPR targets (positive correlation with HSPA5) in the absence of ballooning but abolish this responsiveness when ballooning develops. In addition to those, we have identified a set of 17 genes that behaved as UPR targets in both specimens without and those exhibiting ballooning degeneration; however, this association was positive in the former and negative in the latter. These genes according to REACTOME (Joshi-Tope et al. [n.d.\)](#page-9-0) included 5 with yet undefined function and 6, namely, OPLAH, ADPRM, MIGA2, ZNF181, C1GALT1, and GOLIM4, that were associated with metabolic processes. The fact that for these genes the positive regulation becomes negative implies that they are activated by UPR under physiological conditions but inhibited by UPR when ballooning occurs.

Probably, the most intriguing finding of the present analysis is related to the assessment of specific UPR-associated transcriptomes for function. In most of the cases, the transcriptomes associated with the UPR genes assessed predicted specific functions relevant to protein processing and were retained during ballooning degeneration. Thus, even when the context changes, these genes continued operating as components of the ER stress response. For DDIT3, however, while functions related to protein localization and transport were predicted in the absence of ballooning degeneration, none of these were retained in ballooning hepatocytes and novel functions were acquired. These functions were now associated with the regulation of cell cycle phase transition. DDIT3 (DNA damage induced transcript 3), also known as GADD153 (growth arrest and DNA damage 153) or CHOP (C/EBP homologous protein), encodes a transcription factor belonging to the CCAAT/enhancer binding protein (C/EBP) family (Ramji and Foka [2002\)](#page-9-0). It is activated by cellular stress conditions and induces cell cycle arrest and apoptosis (Barone et al. [1994](#page-8-0); Han et al. [2013\)](#page-8-0). CHOP regulates the cell cycle regulator p21/waf1 during ER stress facilitating the commitment of cells into a proapoptotic program (Mihailidou et al. [2010;](#page-9-0) Tang et al. [2019\)](#page-9-0). CHOP deletion in pancreatic β cells of mouse diabetes models protected from apoptosis and improved β cell survival (Oyadomari et al. [2002;](#page-9-0) Song et al. [2008\)](#page-9-0). Also, hepatocyte cell lines deficient in CHOP expression were protected from palmitate-induced apoptosis (Cazanave et al. [2010;](#page-8-0) Pfaffenbach et al. [2010\)](#page-9-0). Interestingly, the loss of CHOP in mice led to the development of significant steatohepatitis and decreased macrophage apoptosis under conditions of FFA-induced ER stress (Malhi et al. [2013\)](#page-9-0).

How relevant to human disease is complete ablation of CHOP expression is debatable considering that in human specimens, CHOP expression remains unaltered (Fig. [1](#page-2-0)). Notwithstanding this notion, according to the results of the present analysis, CHOP activity appears to be highly relevant, considering that the functions of CHOP-associated transcriptome totally shift in specimens with different ballooning status (Supplementary Tables 3 and 4) despite the similar levels of DDIT3 expression (Fig. [1](#page-2-0)). Several questions are generated from these observations. Does the shift of the functions of DDIT3-associated transcriptome occur before the onset of hepatocellular ballooning, and in fact, is hepatocellular ballooning a consequence of this shift? Is CHOP a protective or destructive factor against the development of hepatocellular ballooning in human? What factors cause the functional shift of DDIT3-associated transcriptome? In view of the fact that CHOP is a transcription factor, it is plausible that the shift of CHOP-associated transcriptome during ballooning degeneration is not a direct consequence of differential CHOP expression but rather of its engagement in transcription complexes with different co-factors that alter CHOP's specificity. The

# **Ballooning 0**

<span id="page-7-0"></span>





 $1.2$ 

HSPA5

**HSPA5 vs F2RL2** 

**Ballooning 1,2** 

**HSPA5 vs XAB2** 

HSPA5

**HSPA5 vs SPINK5** 

XAB2

**SPINK5** 

F2RL2

**HSPA5 vs F2RL2** 



HSPA5 vs ZSCAN21



ATF4 vs ZSCAN21

HSPA5



Fig. 4 Pairwise scatter plots depicting the P value (Pearson's) in expression levels between HSPA5 and each of XAB2, SPINK5, F2RL2, and ZSCAN21. In these genes, correlation with the HSPA5-

associated transcriptome was positive in the specimens without ballooning but reversed to negative in the specimens exhibiting ballooning degeneration of hepatocytes

<span id="page-8-0"></span>

Fig. 5 Function retention index (FRI) and function acquisition index (FAI) for each of HSP90B1, CANX, DNAJB9, EDEM2, HSPA5, PDIA4, ATF4, and DDIT3. FRI reflects the ratio of the different functions in the non-ballooning that were retained in the ballooning group. FAI reflects the ratio of the novel functions in the ballooning group that were absent from the non-ballooning group. To identify the corresponding functions, the transcriptome that was correlated significantly  $(P \leq$ 0.05, Pearson's) with each of these genes was analyzed with the ShinyGO v0.61 platform (100 of most significant terms were analyzed)

fact that its adaptive UPR-related activity is substituted by its cell cycle regulatory activity appears highly relevant in the context of degeneration.

Collectively, the present study identifies UPR as a major regulator of hepatic steatosis, not in terms of abundance of specific transcripts but rather with regard to alterations of the UPR-associated transcriptome during disease development. Furthermore, our strategy provides an example of how analysis of coordination in gene expression may illuminate unforeseen aspects of disease pathogenesis.

Authors' contributions YZ performed the analyses, interpreted results, and edited and approved MS; IC interpreted the results and edited and approved MS; and HK analyzed the data, interpreted the results, and drafted and approved MS.

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#### Compliance with ethical standards

Competing interests The authors declare that they have no competing interest.

Ethics approval and consent to participate N/A

#### Consent for publication N/A

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