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# **A Paradigm Shift in Cancer Nanomedicine: From Traditional Tumor Targeting to Leveraging the Immune System**

**Alexandros Marios Sofias**1,\* , **Francis Combes**2,3, **Steffen Koschmieder**4, **Gert Storm**5,6,7, **Twan Lammers**1,5,6,\*

<sup>1</sup>Department of Nanomedicine and Theranostics, Institute for Experimental Molecular Imaging, Faculty of Medicine, RWTH Aachen University, Aachen, Germany

<sup>2</sup>Laboratory of Gene Therapy, Department of Nutrition, Genetics and Ethology, Faculty of Veterinary Medicine, Ghent University, Merelbeke, Belgium

<sup>3</sup>Cancer Research Institute Ghent (CRIG), Ghent, Belgium

<sup>4</sup>Department of Medicine (Hematology, Oncology, Hemostaseology, and Stem Cell Transplantation), Faculty of Medicine, RWTH Aachen University, Aachen, Germany

<sup>5</sup>Department of Pharmaceutics, Utrecht University, Utrecht, The Netherlands

<sup>6</sup>Department of Targeted Therapeutics, University of Twente, Enschede, The Netherlands

<sup>7</sup>Department of Surgery, Yong Loo Lin School of Medicine, National University of Singapore, Singapore

### **Abstract**

Twenty-five years after the approval of the first anticancer nanodrug, we have to start re(de)fining tumor-targeted drug delivery alongside advances in immuno-oncology. Because cancer is characterized by an immunological imbalance that goes beyond the primary tumor, we should focus on targeting, engaging and modulating cancer-associated immune cells in the tumor microenvironment, in the circulation and in immune cell-enriched tissues. When designed and applied rationally, nanomedicines will assist in restoring the immunological equilibrium at the whole-body level, which holds potential for cancer therapy, but also for the treatment of a wide range of other disorders.

#### **Keywords**

Nanomedicine; Immunotherapy; Tumor microenvironment; Immune Cell Targeting; Drug Targeting; Cancer; Drug Delivery

<sup>\*</sup>**Corresponding authors:** A.M. Sofias: asofias@ukaachen.de, T. Lammers: tlammers@ukaachen.de. **Conflicts of interest** 

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# **Introduction**

Cancer nanomedicine still focuses primarily on delivering chemotherapeutic drugs directly to cancer cells (Table 1). With this perspective, we aim to contribute to a paradigm shift in which nanoparticles are no longer packed with chemotherapeutics for the direct eradication of cancer cells, but instead loaded with immunomodulatory agents and targeted to cancerassociated immune cells. We describe various possibilities for in vivo immune cell targeting (in contrast to their ex vivo manipulation), and propose to target immune cell populations inside and outside the tumor microenvironment. Preclinical as well as clinically already translated nanoparticles can be re-purposed in such endeavor since they can prolong the circulation half-life of therapeutic agents and shift their biodistribution profile towards target tissues and/or cells [1–4] .

#### **Traditional tumor targeting in nanomedicine**

As mentioned above, the cancer nanomedicine field has historically invested heavily in directly killing cancer cells. The hope behind this traditional approach is that nanomedicines improve the accumulation of chemotherapeutic agents in tumor tissue and limit their offtarget localization, which ultimately increases the efficacy-to-toxicity ratio <sup>[5]</sup>. The common consideration in this regard is that nanomedicine formulations preferentially accumulate in cancerous lesions based on enhanced vascular leakiness and defective lymphatic drainage associated with solid malignancies  $[6,7]$ . In such cases, a high degree of intra-tumor accumulation is clearly the desired outcome. In many situations, however, the injected nanomedicine dose that reaches the tumor is low, averaging between 0.1 and 10% of the injected dose, both in animal models and in patients <sup>[8]</sup>. This notion implies that 90 to 99.9% of the injected nanodrug dose ends up in organs and tissues other than the tumor (e.g., liver and spleen), or is rapidly cleared. In addition, significant heterogeneity in tumor accumulation is observed, both within a tumor in an individual patient as well as between different tumors in different patients. This complicates clinical translation [9,10].

# **Targeting the immune system with nanomedicines**

Even with targeting capabilities increased beyond 10%, nanomedicine treatment cannot guarantee improved therapeutic responses in cancer patients. This is particularly true when nanodrugs are used as monotherapies. Remission is often temporary and typically followed by relapse resulting from the re-establishment of pro-tumorigenic conditions, e.g., by progenitor immune cells  $[11]$  or by re-activation of cancer stem cells  $[12]$ . In such situations, we consequently often end up in a continuous vicious circle of 'detection, treatment, response, and relapse'. This implies that truly curative anticancer therapy requires more holistic treatment concepts which not only include direct eradication of cancer cells by chemotherapeutic agents, but also modulation of cancer growth-promoting phenomena that occur inside and outside of tumor tissue, involving - most importantly - the immune system. In this context, it is crucial to understand that the long circulation properties that the various nanomedicines possess upon systemic administration will benefit their accumulation in anticipated target organs by avoiding rapid clearance by phagocytes in liver and spleen [13]. Nanomedicine formulations used for immune cell targeting must therefore be able to

evade clearance from the blood stream, they must be easily functionalizable with targeting moieties and they should be loadable with different types of payloads. These features profit from the notion that nanomedicines are a very versatile and readily available toolbox in comparison to other (bio)technological tools; conventional antibodies, for instance, can only be directed against one therapeutic target, and microscale drug delivery systems do not possess long-circulation properties.

#### **Targeting immune cells in the tumor microenvironment**

The immune system strongly affects tumorigenesis and malignant disease progression. This notion has resulted in the development of "nano" concepts aimed at targeting and modulating the tumor immune micro-environment (TIME; <sup>[14]</sup>) to promote immune-cell mediated anticancer responses (Fig. 1 and Table 2)  $[15-17]$ . First results have been very encouraging. For example, polymeric nanoparticles loaded with a TLR7/8 agonist and TGF-β inhibitor, were functionalized with CD8a and PD-1 to target intratumoral PD-1<sup>+</sup> or CD8+ cytotoxic T cells. Specific delivery of immunomodulatory cargo to these cells primed the cytotoxic activity of CD8+ T cells in the tumor, allowed for enhanced infiltration of these cells, and sensitized the TIME for better response to subsequent antibody-based anti-PD-1 immunotherapy  $^{[18]}$ . Another interesting example is targeting FoxP3<sup>+</sup> regulatory T cells with hybrid polymeric-lipid NPs surface-functionalized with the peptide tLyp1. These NPs were loaded with the kinase inhibitor imatinib, to inhibit regulatory T cells in the TIME. Combining them with anti-CTLA-4 antibodies reduced the numbers of intratumoral regulatory T cells and elevated the number of cytotoxic  $CD8^+$  T cells  $^{[19]}$ . Similar conceptual approaches have been conceived for modulating myeloid cells inside the TIME. These have e.g., included the design of β-cyclodextrin NPs containing TLR7/8 agonists <sup>[20]</sup>, as well as of liposomes functionalized with a CD206 targeting ligand loaded with CSF1R and SHP2 inhibitors  $[21]$ , with the aim of exploiting the phenotypic plasticity of macrophages <sup>[22]</sup> and induce their polarization from a immuno-suppressive M2-like towards a tumor-suppressive M1-like phenotype. This phenotypic change enhances the phagocytic capability of macrophages, helps to control tumor growth, and protects against tumor rechallenge. Macrophage polarization and TIME modulation can also be achieved through NP-mediated genetic reprogramming. Loading polymeric NPs with mRNA encoding for the M1-inducing proteins IRF5 and IKKβ and targeting of these NPs to M2-like macrophages induced their re-polarization toward an anti-tumor phenotype in three different tumor models [23]. In animal models, this approach showed an efficacy not only against primary tumors but also against metastasis, and the NPs further proved to be active in reprogramming human macrophages.

### **Targeting circulating immune cells**

Circulating immune cells can recognize and interact with nanomedicine formulations in the bloodstream prior to homing to diseased areas (Fig. 1 and Table 2). For example, investigation of  $\alpha_v \beta_3$ -integrin-specific cRGD liposomes and nanoemulsions revealed that in addition to targeting integrins on the tumor endothelium, circulating phagocytes (predominantly neutrophils) take up these NPs and transport them into tumor tissue [24] . This observation rationalizes the use of immune cells as drug delivery vehicles <sup>[25]</sup>. The

interaction of cRGD liposomes with circulating phagocytes also resulted in co-migration into ischemic brain tissue <sup>[26]</sup>, a tissue that is difficult to reach using conventional drug targeting strategies. While the cRGD liposomes in this study were loaded with edaravone (i.e., a neuroprotective agent, aiming to lower infarct volumes), similar approaches can be envisaged for increasing anticancer and/or immunomodulatory drug deposition in the brain. Besides cRGD, circulating neutrophils have also been targeted by decorating polymeric NPs and gold nanorods with anti-CD11b. Subsequent TIME priming via photosensitization, with the photosensitizer Pyropheophorbide-a, resulted in enhanced infiltration of the NP-loaded neutrophils in tumor tissue upon illumination with laser light <sup>[27]</sup>. Analogously, surface decoration of lipid NPs with monoclonal antibodies resulted in a modular liposome platform suitable for immune cell-specific siRNA delivery  $[28]$ . This platform showed impressive versatility in specifically targeting different immune cell populations when functionalized with CD3, CD4, CD25, and Ly6C antibodies. Therapeutically, anti-Ly6C-decorated liposomes loaded with siRNA successfully inhibited the expression of the pro-inflammatory mediator TNFα in Ly6C<sup>+</sup> monocytes in a colitis model. The same modular platform was also applied for mRNA delivery in an inflammatory bowel disease model, targeting Ly6C<sup>+</sup> monocytes and inducing the expression of the anti-inflammatory interleukin-10<sup>[29]</sup>. These examples support the exploration of cancer nanomedicine engineering towards targeting immunomodulatory cargo to circulating immune cells <sup>[30]</sup>. Furthermore, by determining the composition of tumor-infiltrating immune cells and by exploiting immune cell-NP interactions [24,31,32] , immune cells can function as chariots for delivering therapeutic cargo to tumors and metastases.

# **Targeting myeloid and lymphoid immune cell-enriched tissues**

Targeting immune cells entails delivery to tissues enriched in immune cells, such as bone marrow, liver, lymph nodes, and spleen (Fig. 2 and Table 2) <sup>[33–36]</sup>. Research on the concept to achieve organ-specific targeting has enabled the development of a lipid NP platform that allowed for the targeted delivery of mRNA or gene editing in a tissue-specific manner [34,37]. By capitalizing on the biophysical properties of different lipid components, three major categories of lipid NPs achieved a specific targeting to spleen, liver, or lungs and a direct association of the NPs with residual macrophages, B cells, and T cells. Loading these NPs with various therapeutic RNAs (i.e., hEPO mRNA and IL-10 mRNA) or Cas9 mRNA / sgRNA combinations (i.e., Cas9 mRNA plus sgPTEN, and Cas9 mRNA plus sgPCSK9) demonstrated organ-specific action for applications in inflammatory disease, cancer and atherosclerosis. Such a re-direction may benefit therapeutic approaches focusing on eliminating malignant cells responsible for blood disorders <sup>[38]</sup>, or on reversing the aftermath of such conditions, i.e., bone marrow fibrosis  $[39]$ , splenomegaly  $[40]$ , and splenic lymphomas<sup>[37]</sup>.

NP developed for delivering mRNA vaccines also target immune cells [41,42]. A subcutaneously injected lipid NP mRNA vaccine loaded with gp100 mRNA or TRP2 mRNA led to improved mRNA translation in antigen presenting cells, i.e., dendritic cells, neutrophils, macrophages, and B cells. The resulting increased transfection rate in regional lymph nodes elicited a strong  $CD8^+$  T cell-mediated response against melanoma  $^{[43]}$ . Along the same line of thinking, nanomedicine has also been strongly integrated in neoantigen

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vaccine approaches <sup>[44]</sup>. A subcutaneously administered micellar nanovaccine delivered a peptide neoantigen (Adpgk) together with a TLR 7/8 agonist (R848) and a TLR9 receptor agonist (CpG) to immature dendritic cells residing in the lymph nodes [45]. Combining this nanovaccine with anti-PD-1 treatment resulted in regression of Adpgk-positive colorectal cancer. Lymphoid tissues can also be targeted for neoantigen mRNA expression after systemically injecting lipoplexes [46]. Indeed, an intravenously injected lipoplex delivered cancer-specific antigen-encoding RNA (i.e., gp70 RNA, OVA RNA, and hemagglutinin RNA) to dendritic cells in spleen, bone marrow, lymph nodes and lungs, and elicited strong antigen-specific responses against melanoma and colon carcinoma via activation of NK cells, B cells and T cells. Of note, this lipid NP platform constitutes the first nanomedicinebased neoantigen vaccination in clinical evaluation, displaying promising targeting of lymphoid dendritic cells in the spleen, lymph nodes, and bone marrow with various RNAs encoding tumor-specific antigens. Additionally, mRNA-encoding bispecific antibodies can be directed to the liver by employing T cell-specific NPs  $[47]$ . These therapeutic NPs were based on a single mRNA strand that produced a combination of antibodies against T cells, cancer cells and epithelial cells (via CD3 x CLDN6 mRNA, CLDN18.2  $\times$  CD3 mRNA,  $EpCAM \times CD3$  mRNA, and  $CD3 \times (CLDN6)2$  mRNA) enabling stable and prolonged production of high plasma levels of bi-functional proteins targeting T cells and activating them in a cell-specific manner  $[47]$ .

Finally, it's worth mentioning that NPs have been used as tools for imaging-assisted immune cell tracking. HDL nanobiologics can be taken up by myeloid cells in the spleen and bone marrow, enabling the visualization of myeloid cell dynamics in atherosclerosis and myocardial infarction <sup>[33]</sup>. The functionalization of these NPs with different contrast agents allowed for the utilization of complementary imaging modalities, which together illustrated distinct immune cell migration patterns at different disease stages. It was for instance found that the infiltration of  $Ly6C^+$  monocytes was dominant in intermediate-stage atherosclerosis, while neutrophil infiltration was dominant in advanced-stage atherosclerosis [33].

# **Benefits of in vivo immune cell targeting**

Targeting strategies involving immune cells typically rely on ex vivo methodology. For example, ex vivo decoration of monocytic myeloid cells with interferon-γ immunomodulatory "backpacks" polarized these cells towards an M1-like anti-tumor phenotype <sup>[48]</sup>. Their subsequent intratumoral injection not only preserved this phenotype, but remarkably also polarized neighboring tumor-associated macrophages toward an M1-like anti-tumor phenotype. Furthermore, ex vivo methodologies were developed for conjugating NPs to the cell surface of T cells. This led to the development of an interleukin-15-loaded nanogel backpack attached to the surface of T cells <sup>[49]</sup>. This technology rendered multiple therapeutic benefits, including an increased delivery of IL-15, an intratumoral increase of CD8+ T cells, and consequently, an improved CAR-T cell response [50] . As immune cell isolation, ex vivo manipulation and subsequent systemic re-infusion may lead to the rapid recognition of the injected cells by the mononuclear phagocyte system via e.g., efferocytosis [51,52], we speculate that such ex vivo approaches can be refined and improved by performing direct in vivo targeting of immune cells. In vivo immune cell targeting also provides the possibility of inhibiting (or even killing) immune

cells in the circulation, thereby modulating the number and type of immune cells infiltrating tumors and metastases. The utilization of NPs for such concepts bypasses a key drawback of NP design and traditional tumor targeting, i.e., the sometimes very rapid recognition of nanoformulations by the immune system. Last but not least, at the patient level, direct in vivo targeting approaches circumvent labor-intensive immune cell isolation, ex vivo manipulation and re-injection into the patient.

#### **Nanomedicine-assisted immune cell imaging**

Immunomodulatory strategies require profound knowledge of immune cell count and composition in disease conditions. This knowledge can be obtained by developing nanoparticle-assisted methodologies that can accurately visualize through multiscale and multimodal imaging techniques the presence of a specific immune cell subset in the target tissue [53,54] . The target tissue can be the pathological site, e.g., a tumor, as well as immunoregulating organs, e.g., bone marrow and spleen. NP libraries can be constructed based on well-known manufacturing procedures, which allow for tuning of NP accumulation in different tissues and cell types by controlling parameters such as composition, size, surface decoration and ligand density [31,55]. This engineering versatility is important because each cancer case bears its own immunological signature [56,57]. Given the fact that this immunological signature may change over time, such alternations might be assessed via multiple rounds of NP-assisted imaging. In this regard, NPs will act as a supportive tool to biopsies that are typically not performed multiple times. A major application, in which this approach can be extended, is to decipher between hot and cold tumors, a process that typically is evaluated via biopsy and ex vivo histological analysis [58]. Such a strategy will therefore allow us for better monitoring patients in terms of disease progression, response to therapy, and assist in (re)allocating patients in treatment groups. In the long run, we foresee that the systematic visualization of the NP-immune cell engagement to not only benefit cancer applications but various pathologies strongly characterized by immune cell abnormalities.

# **Concluding remarks**

We anticipate that immune system modulation by means of targeted nanomedicines will play a prominent role in future oncological interventions. Classification of patients and disease stage based on their immunological signature <sup>[59]</sup> is already established as an important prognostic marker for achieving good treatment outcomes. In this regard, expanding our toolbox with nanomedicines that selectively target certain immune cell populations can help (re)directing the immune system against tumor progression and recurrence. Shifting our experimental attention from traditional tumor targeting towards more extensive engagement of the immune system will open up a new era in nanomedical cancer therapy.

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#### **Figure 1. Nanoparticle targeting of the immune system in tumor and blood.**

Nanotherapies can aim for the holistic manipulation of the immune system. **(1)**  Nanoparticles (NP) can help to inhibit regulatory T cells, elicit a strong CD8+ T cell infiltration and consequently restore the cytotoxic T lymphocyte (CTL) populations in the tumor microenvironment (TME). **(2)** NPs can exploit the inherent tumor-homing capabilities of myeloid immune cells and be delivered to tumors via immune cell hitchhiking. **(3)**  NPs can be used for directly inhibiting the activity of M2-like macrophages in the TME, and deliver immunomodulatory cargo that can polarize M2-like towards M1-like macrophages. **(4)** NPs can be specifically modified and target or inhibit specific immune cell sub-populations in circulation.



#### **Figure 2. Nanoparticle targeting of the immune system in immune cell-enriched organs.**

**(1)** Subcutaneous administration of nanoparticles (NP) can lead to lymph node targeting. Surface decoration of such NPs can allow for the specific targeting of lymph node resident monocytes and stimulate cytokine inhibition. **(2)** NPs can deliver neoantigen RNA cargo in specific cells in lymph node and spleen for eliciting a personalized anti-cancer response. **(3)**  Surface decoration of NPs with various motifs can enable the targeting of spleen resident monocytes and the stimulation of cytokine production. **(4)** NPs functionalized with contrast agents can be used for targeting myeloid cells in various tissues (e.g., bone marrow, spleen) and visualize their transportation to a cancerous or inflammatory lesion. **(5)** Similarly to the delivery of neoantigen vaccines in lymph node and spleen, targeting of NPs in dendritic cells in the bone marrow can also be used for eliciting anti-cancer responses. **(6)** NPs can deliver specific antibody-encoding mRNAs in the liver for targeting T cells, cancer, and epithelial cells and eventually stimulating the anti-cancer T cell responses. **(7)** By synthesizing NPs with desired biophysical characteristics, organ-specific targeting can be achieved and used for delivering RNA therapeutics or applying gene editing.

#### **Table 1**

# **Nanomedicine publication trends.**



# **Table 2 Nanomedicines targeting immune cells in tumor, blood, and immune cell-enriched organs.**

Selected representative publications demonstrate the use of nanoparticles for immunomodulatory, nanoparticle-mediated transportation, and immune cell tracking purposes in cancer and inflammatory diseases.





