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Resting-state network patterns underlying cognitive function in bipolar disorder: A graph theoretical analysis

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Abstract

Synchronous and anti-synchronous activity between neural elements at rest reflects the physiological processes underlying complex cognitive ability. Regional and pairwise-connectivity investigations suggest perturbations in these activity patterns may relate to widespread cognitive impairments seen in bipolar disorder (BD). Here we take a network-based perspective to more meaningfully capture interactions among distributed brain regions compared to focal measurements and examine network-cognition relationships across a range of commonly affected cognitive domains in BD in relation to healthy controls.

Resting-state networks were constructed as matrices of correlation coefficients between regionally averaged resting-state time series from 86 cortical/subcortical brain regions (FreeSurfv5.3.0). Cognitive performance measured using Weschler Adult Intelligence Scale, Cambridge Automated Neuropsychological Test Battery (CANTAB) and Reading the Mind in the Eyes tests was examined in relation to whole-brain connectivity measures and patterns of connectivity using a permutation-based statistical approach.

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Authors' Contributions Statement

DMC designed, obtained funding for and supervised data collection, analysis and interpretation; BH and CMcD contributed to recruitment and intellectual content; LN and GMP recruited and collected data, processed the fMRI data, performed MRI data quality checks and developed code to extract network measures; JRW and KM trained GMP on the image analysis approach; LK contributed matlab based quality control and reconstruction scripts; FM and GMP conducted statistical analyses; GMP conducted all analyses and wrote the manuscript; all authors reviewed the findings and their interpretation.

Author Disclosure Statement

No competing financial interests exist.

Faster response times in controls (n=49) related to synchronous activity between frontal, parietal, cingulate, temporal and occipital regions while similar response times in BD (n=35) related to anti-synchronous activity between regions of this subnetwork. Across all subjects, anti-synchronous activity between frontal, parietal, temporal, occipital, cingulate, insula and amygdala regions related to improved memory performance. No resting-state subnetworks related to intelligence, executive function, short-term memory or social cognition performance in the overall sample or in a manner that would explain deficits in these facets in BD.

Our results demonstrate alterations in the intrinsic connectivity patterns underlying response timing in BD that are not specific to performance or errors on the same tasks. Across all individuals, no strong effects of resting-state global topology on cognition are found, while distinct functional networks supporting episodic and spatial memory highlight intrinsic inhibitory influences present in the resting-state that facilitate memory processing.

Manuscript keywords

cognition; resting-state; bipolar disorder; network analysis; graph theory

Acronyms

AFNI	Analysis of Functional NeuroImages
BD	Bipolar disorder
BOLD	Blood-oxygen level dependent
CANTAB	Cambridge Automated Neuropsychological Test Battery
DMS	Delayed Match to Sample
TE	Echo Time
EPI	Echo-planar imaging
FDR	False-discovery rate
FWER	Family-wise error rate
pFWE	Family-wise error rate corrected p-values
FSL	FMRIB Software Library
FLIRT	FMRIB's Linear Image Registration Tool
HRB	Health Research Board
HC	Healthy controls
ICA	Independent component analysis
IQ	Intelligence

IED	Intra/Extra Dimensional Shift
KMO	Kaiser-Meyer-Oklin
MRI	Magnetic Resonance Imaging
MANCOVA	Multivariate analysis of covariance
NBS	Network-based statistic
PAL	Paired-Associates Learning
PCA	Principal component analysis
TR	Repetition Time
SRM	Spatial Recognition Memory
SD	Standard deviation
SCID	Structured Clinical Interview for DSM
DSM	The Diagnostic and Statistical Manual for Mental Disorders
HAM-D	The Hamilton Rating Scale for Depression
YMRS	The Young Mania Rating Scale
WAIS-III	Weschler Adult Intelligence Scale

Introduction

Bipolar disorder (BD) is a chronic mood disorder associated with widespread impairments in cognitive function, including general intelligence, executive function, memory, social cognition and response timing (Bora, Bartholomeusz, & Pantelis, 2016; Bourne et al., 2013; Brotman, Rooney, Skup, Pine, & Leibenluft, 2009; Mann-Wrobel, Carreno, & Dickinson, 2011). Cognitive impairments contribute to poorer functional and quality of life outcomes (Andreou & Bozikas, 2013; Baune & Malhi, 2015), persist during mood symptom remission (Mann-Wrobel et al., 2011; Volkert et al., 2016), and are not solely accounted for by medication use (Vrabie et al., 2015) and thus represent an important yet poorly understood target for future therapies.

Brain imaging studies to date have placed focus on regional activation and pairwise-connectivity-based understandings of these impairments. However, how cognitive processing emerges from a whole brain of interacting elements may be more meaningfully probed using a network-theory framework, which enables examination of multivariate patterns of functional connectivity across the brain. The application of this framework to intrinsic resting-state connectivity, which reflects the most frequent coupling patterns between regions (Cole, Bassett, Power, Braver, & Petersen, 2014), can provide a context-independent marker of cognitive impairment that potentially represents core functional circuit dysfunction in BD.

Consistent findings from localized approaches, which involve the specification of regions of interest, find functional dysconnectivity between and within regions of the prefrontal cortex and limbic system in BD (Chase & Phillips, 2016; Syan et al., 2018). Parallel to these seed-based analyses, findings from whole-brain network approaches suggest altered functional integration and segregation globally (Dvorak et al., 2019; Spielberg et al., 2016; Y. Wang et al., 2017), and locally among frontal cortex, limbic and default-mode areas (Doucet, Bassett, Yao, Glahn, & Frangou, 2017; Dvorak et al., 2019; He et al., 2016; Roberts et al., 2017; Spielberg et al., 2016; Y. Wang et al., 2017; Ying Wang et al., 2017, 2016; Zhao et al., 2017).

There is corroborative evidence of underlying anatomical dysconnectivity both in terms of whole-brain integration and segregation (L Nabulsi et al., 2019; O'Donoghue et al., 2017; Ying Wang et al., 2019) and connectivity between prefrontal, basal ganglia and limbic regions (L Nabulsi et al., 2019; O'Donoghue, Holleran, Cannon, & McDonald, 2016; Perry, Roberts, Mitchell, & Breakspear, 2018) suggesting a structural foundation for altered functional connectivity in the illness. Recent work suggests impairments in intelligence (IQ), executive function and processing speed associate with global anatomical network integration, segregation and interhemispheric connectivity in BD (Ajilore et al., 2015; McPhilemy et al., 2019). However, an investigation of intrinsic functional network-level interactions relating to cognitive deficits in BD has yet to provide further context to understand their neural basis.

In BD, activation and seed-based resting-state approaches have investigated executive function (Alonso-Lana et al., 2016; Diler et al., 2013; Favre et al., 2013; Nguyen et al., 2017; Pompei et al., 2011), episodic memory (Oertel-Knöchel et al., 2015) and social cognition (Grant, Hassel, Bobyn, Hall, & MacQueen, 2018; Kim et al., 2009; Malhi et al., 2008); implicating specific patterns of functional dysconnection within and between fronto-parietal, striatal, cingulate and temporal areas. These approaches have been useful in understanding the neural underpinnings of these cognitive impairments in isolated brain regions but are insensitive to complex functional interactions between neural elements across the brain and have often been restricted in using few cognitive performance measures. Here, we aim to determine resting-state network-level connectivity associated with cognition across a broad range of domains in healthy control and BD samples, to determine shared or differential relationships indicative of a breakdown in the resting-state network architecture supporting cognitive functioning in BD.

Based on previously reported associations in controls, we hypothesised that executive function, episodic memory and IQ would associate positively with global efficiency and negatively with characteristic path length (Baum et al., 2017; Sheffield et al., 2015; van Den Heuvel, Stam, Kahn, & Hulshoff Pol, 2009) and that IQ would associate with specific patterns of functional connectivity between fronto-parietal and default-mode regions (Hearne, Mattingley, & Cocchi, 2016). Given the established deficit in these cognitive domains and alterations in both global efficiency, characteristic path length and subnetwork connectivity in BD, we hypothesised differential brain-cognition relationships would exist in BD that may explain these cognitive deficits present in the disorder (Malhi et al., 2008; McPhilemy et al., 2019; Nguyen et al., 2017). In contrast, we explored relationships between

short-term memory, spatial memory, social cognition and the above cognitive domains with other commonly used measures of global integration and segregation and explored the variance in connectivity patterns underlying executive function, memory, social cognition and a general factor of response time, all commonly impaired in BD.

This study represents an important extension of our previous work that examined neuroanatomical network features supporting cognition in this BD cohort (McPhilemy et al., 2019) and may provide a resting-state marker of functional connectivity useful in understanding cognitive deficits and brain function in BD.

Materials and Methods

Participants

Individuals with a diagnosis of BD and psychiatrically healthy individuals between 18 and 65 years of age were recruited through mental health services of the Western region of Ireland. The Diagnostic and Statistical Manual (DSM-V-TR) criteria for BD were confirmed by a psychiatrist using the Structured Clinical Interview for DSM-V (SCID) (American Psychiatric Association, 2013). Healthy volunteers had no personal history of psychiatric illness confirmed using the SCID, non-patient edition and no first-degree family history. Exclusion criteria included neurological disorders, learning disability, comorbid substance or alcohol abuse, history of head injury resulting in a loss of consciousness for over 5 minutes, or any illnesses potentially affecting cognitive function. The Hamilton Rating Scale for Depression (HAM-D-21) (Hamilton, 1959) and Young Mania Rating Scale (YMRS) (Young, Biggs, Ziegler, & Meyer, 1978) assessed mood symptoms on the day of scanning and cognitive testing; euthymia was defined as scores of <8 and <7 respectively. All participants provided fully informed written consent. Ethical approval was obtained from The Clinical Research Ethics Committees of Galway University Hospital and St James's Hospital Dublin.

Cognitive Testing

Selected subtests of the Wechsler Adult Intelligence Scale (WAIS-III) (vocabulary, similarities, block design and matrix reasoning) were combined to obtain full-scale IQ (Wechsler, 1997). The Cambridge Neuropsychological Test Automated Battery (CANTAB) was used to measure executive function (Intra/Extra Dimensional shift, IED), episodic memory (Paired-Associates Learning, PAL), short-term memory (Delayed Match to Sample, DMS) and spatial recognition memory (Spatial Recognition Memory, SRM) (Cognition, 2018). The 'Reading the Mind in the Eyes' assessed social cognition (Baron-Cohen, Wheelwright, Hill, Raste, & Plumb, 2001). Principal component analysis (PCA) was used to identify variability factors from four available CANTAB response time measures; motor screening task (MOT) mean latency, DMS mean correct latency, IED total latency and SRM mean correct latency. Bartlett's test of sphericity was significant (Approx. chi square=79.87, $p=3.81 \times 10^{-15}$) and the Kaiser–Meyer–Oklin (KMO) value of 0.76 exceeded the defined 0.6, suggesting a underlying latent structure in the response time data (Kaiser, 1974). One component exceeding an eigenvalue of 1 and explaining 58.34% of the total variance in response time was used to generate a factor score for subsequent analysis

(Supplementary Figure 1). Comparison of cognitive performance between diagnostic groups used multivariate analysis of covariance (MANCOVA) or Mann-Whitney U (SPSS v23).

Imaging Acquisition and Processing

Resting-state functional images were acquired with a single-shot echo-planar imaging (EPI) sequence (repetition time 2 seconds; echo time 28 ms; flip angle 90 degrees; field of view 240x240x133 mm; a 3 mm² in-plane resolution; 38 ascending slices covering the whole brain; 3.2 mm slice thickness with a 0.3 mm gap) using a 3T Philips Achieva scanner (Philips, The Netherlands) at the Centre for Advanced Medical Imaging, St. James's Hospital, Dublin, prior to the acquisition of any task-based functional images in the same scanning session. A total of 180 volumes were acquired along with 4 dummy scans to establish a steady state longitudinal magnetization. Individuals were instructed to lie still with eyes open focusing on a red cross on the MRI screen for the 6-minute scan duration. To register resting-state scans, T1-weighted images were acquired using a 3D magnetization-prepared rapid gradient echo sequence (TR/TE 8.5/3.9 ms; flip angle 8°; TI 804.3 ms; 1 mm³ isotropic voxel size). Pre-processing of resting-state functional images was performed to obtain functional correlation estimates with minimal sensitivity to motion, modelled on recommendations from Jo et al., (2013) including: 1) despiking (3dDespike, AFNI v18.1.09 <http://afni.nimh.nih.gov/afni>); 2) motion correction registering all resting-state volumes to the first (3dvolreg, AFNI); 3) linear registration to T1-weighted images (FLIRT, FSL v5.0.4 <https://fsl.fmrib.ox.ac.uk/fsl/fslwiki>); 4) nuisance regression, bandpass filtering (0.01 – 0.1 Hz) and motion scrubbing in a single regression model (3dTproject, AFNI) and 5) slice-timing correction (3dTshift, AFNI, Jo et al., 2013). ANATICOR regressors included 6 motion parameters and tissue-based averages of white matter and lateral ventricle signals. Motion-corrupted volumes with >0.5 mm framewise displacement (Euclidean norm) were removed and individuals with >30 volumes corrupted were excluded (n=3 BD), ensuring all subjects had the equivalent of at least 5 minutes of resting-state data. Supplementary Figure 2 presents an examination of mean framewise displacement pre-censoring and the number of censored volumes between groups. Quality assessment involved careful visual inspection of resting-state-to-T1 registration and resulted in the removal of 1 further case (n=1 BD).

Functional Network Reconstruction

Eighty-six regions (34 cortical, 8 subcortical per hemisphere and bilateral cerebellar hemispheres) were defined in a subject-specific manner (FreeSurfer v5.3.0, <http://surfer.nmr.mgh.harvard.edu/>) and underwent manual correction where necessary (Fischl et al., 2002). Regionally averaged blood-oxygen-level dependent (BOLD) signal time series were used to define functional connectivity between each region-pair using Pearson's and partial correlation with in-house scripts (MATLAB r2017b), resulting in 86x86 resting-state functional connectivity matrices for each individual. Quality assessment involved careful visual inspection for widespread and inflated positive correlation values.

Measures of global functional network connectivity

As hypothesised, executive function, IQ and episodic memory were investigated in relation to global efficiency and characteristic path length. Exploratory investigations included relationships between these cognitive measures and positive/negative strength, global

clustering, betweenness centrality and assortativity and between short-term and spatial memory and social cognition and all global network measures (Brain Connectivity Toolbox v2017-15-01, <http://www.brain-connectivity-toolbox.net>). We chose these additional global connectivity measures due to their common use in BD resting-state network literature. Global measures excepting negative strength were calculated from resting-state networks thresholded to retain positive connection weights ($r > 0$) and improve interpretation of path-based measures such as global efficiency. Relationships between measures of global functional network connectivity and cognitive performance and interactions effects between global connectivity and diagnosis on cognitive performance were examined using a general linear model covarying for age, gender and diagnosis (SPSS v23). Uncorrected p-values are presented for this analysis unless otherwise stated.

Subnetwork patterns of resting-state connectivity

Resting-state connectivity patterns associated with IQ, executive function, episodic, short-term and spatial memory, social cognition and the PCA-derived response time factor were investigated using a permutation-based method that controls for the family-wise error rate (FWER) at the network-level, covarying for age, gender and diagnosis (network-based statistic, NBS v1.2) (Zalesky, Fornito, & Bullmore, 2010). Unthresholded resting-state matrices retaining both positive and negative weights were used in this analysis. Interactions between cognitive performance and diagnosis were modelled to test for resting-state connectivity patterns associated with diagnosis-based variation in cognitive performance. A T-statistic representing the main effect of cognitive performance or interaction between cognitive performance and diagnosis for each connection was calculated and thresholded using T-statistic values of 1.5, 2, 2.5 and 3. FWER-corrected p-values (pFWE) were assigned to resulting subnetworks using a null distribution of maximum component size obtained via 5000 permutations.

Results

Participants

Analysis included 35 BD outpatient participants (28 BD type-I and 7 BD type-II) and 49 psychiatrically healthy individuals (HC) balanced for age, gender and education (Table 1). Of the 35 BD participants, 24 met criteria for euthymia; 11 met criteria for mild-moderate depression (31%; HAM-D mean=15.64, SD=4.80, range=11-26) and 2 met criteria for hypomania (YMRS score=10 for both individuals). Mood scores did not differ between the day of scanning and cognitive testing (HAM-D; $T=-0.12$, $p=0.91$, YMRS; $T=-0.77$, $p=0.45$). At cognitive testing, 20 BD participants were treated with mood stabilizers (11 lithium); 20 antipsychotic medications (19 atypical antipsychotics); 11 antidepressant medications; 1 benzodiazepine; 6 other psychotropic medications and 3 antiepileptic mood-stabilizing medication and 4 were medication free (Supplementary Table 2). Over half of individuals with BD ($n = 23$) were taking a combination of at least two of the above classes of drugs. The time between scanning and cognitive testing was similar between diagnostic groups (HC mean \pm SD=5.73 \pm 5.24 months, range=0-20 months; BD mean \pm SD=6.83 \pm 5.57 months, range=0-16 months; $T=-0.92$, $p=0.36$).

Cognitive differences between diagnostic groups

BD participants exhibited poorer neurocognitive performance than controls in executive function ($U=619.00$, $p=0.03$), episodic memory ($F=4.79$, $p=0.03$), short-term memory ($F=6.15$, $p=0.02$) and social cognition ($F=5.91$, $p=0.02$). No difference was demonstrated between groups for IQ ($F=3.14$, $p=0.08$), PCA-derived response time ($F=1.01$, $p=0.32$) or spatial memory accuracy ($F=2.08$, $p=0.15$) or response time ($F=2.36$, $p=0.13$; Supplementary Table 1).

Global resting-state connectivity

We found an inverse relationship between episodic memory errors and characteristic path length but not global efficiency that did not survive FDR-correction and no relationships between IQ or executive function and these global network measures [Figure 1](Table 2). No interaction effects between diagnosis and global network measures on episodic memory, IQ or executive function were detected (Table 3). Exploratory analysis found direct relationships between executive functioning errors and positive ($F=6.32$, $p=0.01$) and negative ($F=5.81$, $p=0.02$) strength; direct relationships between episodic memory score and positive ($F=5.96$, $p=0.02$) and negative ($F=8.26$, $p=0.01$) strength; direct and inverse relationships between episodic memory total errors and positive strength ($F=4.48$, $p=0.04$) and assortativity ($F=4.31$, $p=0.04$) respectively; and a direct relationship between spatial memory accuracy and betweenness centrality ($F=3.89$, $p=0.05$), all of which did not survive FDR-correction. Group \times global measure interactions were found for episodic memory errors and assortativity ($F=4.08$, $p=0.05$, HC $r=-0.06$, BD $r=0.24$) and episodic memory score and betweenness centrality ($F=11.12$, $p=0.001$; HC $r=0.22$, BD $r=-0.51$), with the latter surviving FDR-correction.

Resting-state Subnetwork Connectivity

Hypoconnectivity (decreased positive/increased negative connectivity) between distinct frontal, parietal, temporal, occipital, cingulate, insula and amygdala regions related to lower episodic memory errors ($T=3$, $pFWE=0.02$; Figure 2) and higher spatial recognition memory accuracy ($T=2.5$, $pFWE=0.02$; Figure 3) in the overall sample and similarly in BD compared to controls. We found no resting-state subnetworks related to IQ, executive function, short-term memory or social cognition in the overall sample or in a manner that would explain deficits in these facets in BD. Resting-state connectivity between frontal, parietal, cingulate, temporal and occipital regions had a significantly different relationship with the PCA-derived response time factor in BD compared to controls ($T=3$, $pFWE=0.03$; Figure 4); greater connectivity (increased positive/decreased negative) related to faster response times in the control group and an inverse relationship was detected in BD.

Discussion

We present for the first time evidence of alterations in the resting-state patterns underlying response timing in BD, which may prove important for understanding cognitive impairment generally in the disorder. Across all subjects, episodic memory related to global resting-state network integration and episodic and spatial memory to anti-synchronous activity within distinct resting-state subnetworks; no relationships globally or in terms of subnetwork

patterns explained variance in intelligence, executive function or social cognition. Despite the presence of expected cognitive deficits in BD in executive function, episodic and short-term memory and social cognition, we find no evidence implicating altered intrinsic functional connectivity patterns at the global or subnetwork-level in these deficits.

Response timing

We find alterations in the resting-state connectivity patterns underlying response time variation in BD. Generally inconsistent with previous work (Emre Bora, Vahip, & Akdeniz, 2006; Brotman et al., 2009; Gallagher et al., 2015; Teixeira et al., 2013) reaction times were not significantly increased in the present BD cohort compared to controls, suggesting reaction time deficits in BD may be sensitive to the attentional demands of the task (Townsend et al., 2012). Our findings corroborate previous task-based imaging of response time variation in controls that show activation in prefrontal, cingulate and posterior parietal cortices, and suggest attentional mechanisms in the underlying neurobiology of these deficits in BD (Bellgrove, Hester, & Garavan, 2004; Johnson et al., 2015; Simmonds et al., 2007; Yarkoni, Barch, Gray, Conturo, & Braver, 2009). Synchronous activity between these regions appears to support efficient response timing in healthy individuals, however in BD it is antisynchronous activity that confers similar levels of functioning. Lower synchronous and greater antisynchronous activity between regions of this system has been identified in BD previously (Chase & Phillips, 2016) and in the present cohort (Nabulsi et al., 2020). Taken together this suggests compensatory support due to a framework of functionally disconnected regions underlying response timing in BD.

Intelligence and Executive function

Neither global efficiency nor distinct functional subnetworks related to intelligence or executive function generally or explained deficits in these facets BD. We are consistent with a recent large-scale analysis reporting that resting-state efficiency does not explain variance in intelligence (Kruschwitz, Waller, Daedelow, Walter, & Veer, 2018), and find that, while IQ and executive function impairments in BD may relate to altered integration and segregation within anatomical networks (McPhilemy et al., 2019) this does not extend to implicate resting-state connectivity. This may be expected given that the brain's intrinsic functional connections generally overlap with but are not identical to anatomical connections (Honey et al., 2009; Stam et al., 2015) and are not equally suited to the application of path-based measures when compared to anatomical networks (Honey et al., 2009; Petersen & Sporns, 2015; Stam et al., 2015). We were unable to detect expected network-level relationships with intelligence involving fronto-parietal and default-mode regions, as recently reported in 317 healthy individuals using the same statistical approach (Hearne et al., 2016); or with executive function in overlapping neural systems detected using *a priori* and independent component analysis (ICA) approaches (Reineberg, Gustavson, Benca, Banich, & Friedman, 2018; Vaidya & Gordon, 2013). Given brain-wide correction for multiple comparisons in network-approaches, larger samples may be required to detect network-level relationships and subtle alterations in BD for these complex and integrative facets. Furthermore, a recent preliminary investigation of executive function deficits indicates underlying functional connectivity differences may not be detected with aggregate connectivity patterns but rather connectivity dynamics (Nguyen et al., 2017).

Memory

We find distinct resting-state subnetworks supporting episodic and spatial memory across all subjects and none that explain cognitive deficits extant in BD. Longer average path length within resting-state networks related to less episodic memory errors; we note that the effect size of this relationship is moderate not surviving FDR-correction, however potentially reflective of the specific inhibitory and not necessarily most topologically efficient pathways facilitating better memory performance. These findings corroborate a common inhibitory influence between external attention and default-mode systems supporting memory (Kelly, Uddin, Biswal, Castellanos, & Milham, 2008) although is not exclusive to these systems at the network-level and may not generalise to other actively engaging tasks. Specific to spatial memory performance, direct antisynchronous co-activation patterns between the right prefrontal, left parietal and select limbic regions detected here reflect the separation of information transfer between distinct anatomical subnetworks that have been shown to relate to faster and slower response times in this spatial memory task previously in an overlapping cohort (see Supplementary Figure 3 for visual comparison of these anatomical and functional networks) (McPhilemy et al., 2019). It is important to note that the precise nature of antisynchronous activity within functional networks remains unclear. While the present results may be indicative of inhibitory or competitive functional interactions between these brain areas (Fox et al. 2005) they may also represent the different spatiotemporal structures being produced on the underlying anatomical network rather than direct antagonistic relationships (Deco et al. 2011).

Social cognition

Despite an expected deficit in social cognition in BD, we find no resting-state network-level connectivity patterns explaining this, building on our previous investigation, which identified no anatomical network-level basis (McPhilemy et al., 2019). Studies focusing on functional activation during social cognition tasks in BD implicate altered frontal, temporal, parietal and insular cortex activation (Grant et al., 2018; Kim et al., 2009; Malhi et al., 2008; Willert et al., 2015) and lower seed-based functional connectivity between medial prefrontal and temporal cortices (Willert et al., 2015). It is therefore possible that co-activation patterns important for social cognition deficits are specific to task conditions and will be detected on examination of dynamic network configurations.

Methodological strengths, limitations & future directions

In this study we implement head motion correction and removal of white matter signal, cerebrospinal signal and high motion time-points from resting-state data, designed to mitigate physiological noise and head motion which can spuriously contribute to variance in functional connectivity measures and thus sensitivity to detect relationships with cognitive ability (Satterthwaite et al., 2019). To guard against the problem of multiple comparisons, we addressed primary *a priori* hypotheses with additional exploratory analyses and used PCA dimensionality-reduction to analyse a parsimonious factor capturing most of the predictive information from the response time data. An important caveat to the present work is the influence that medication can have on both cognitive performance and fMRI measures in BD (Dandash et al., 2018; Gitlin, 2016; Hafeman, Chang, Garrett, Sanders, & Phillips,

2012; Torrent et al., 2011), although the advantage of this is that any findings presented are generalizable to a natural population of individuals with bipolar disorder that are normally taking combinations of different medications (Dandash et al., 2018; Gitlin, 2016; Hafeman, Chang, Garrett, Sanders, & Phillips, 2012; Torrent et al., 2011). Importantly, our approach considers a single static network structure represented as the average resting-state connectivity over the course of scanning. We are therefore unable to assess how dynamic changes during the resting-state or task-specific network changes (Cole et al., 2014) relate to cognition and underlie cognitive deficits in BD. Functional network dynamics have been shown to represent an important driver of cognitive performance (D S Bassett, Wymbs, Rombach, Porter, & Mucha, 2013; Danielle S. Bassett et al., 2011; Cohen, 2018) and there is preliminary evidence to suggest a reduced ability to reconfigure functional network architecture relates to processing speed and executive functioning deficits in BD (Nguyen et al., 2017). This is an exciting avenue for future neuroimaging investigations of cognitive impairments in BD.

Conclusions

Our findings suggest commonly reported alterations in intrinsic connectivity patterns in BD relate to a specific breakdown in the support of response timing in contrast to performance or errors on the same executive function and memory tasks or intelligence or social cognition performance. Independent of BD, we identify distinct inhibitory resting-state patterns underlying memory performance, demonstrating the promise of network-approaches in characterizing complex cognitive processing in the brain.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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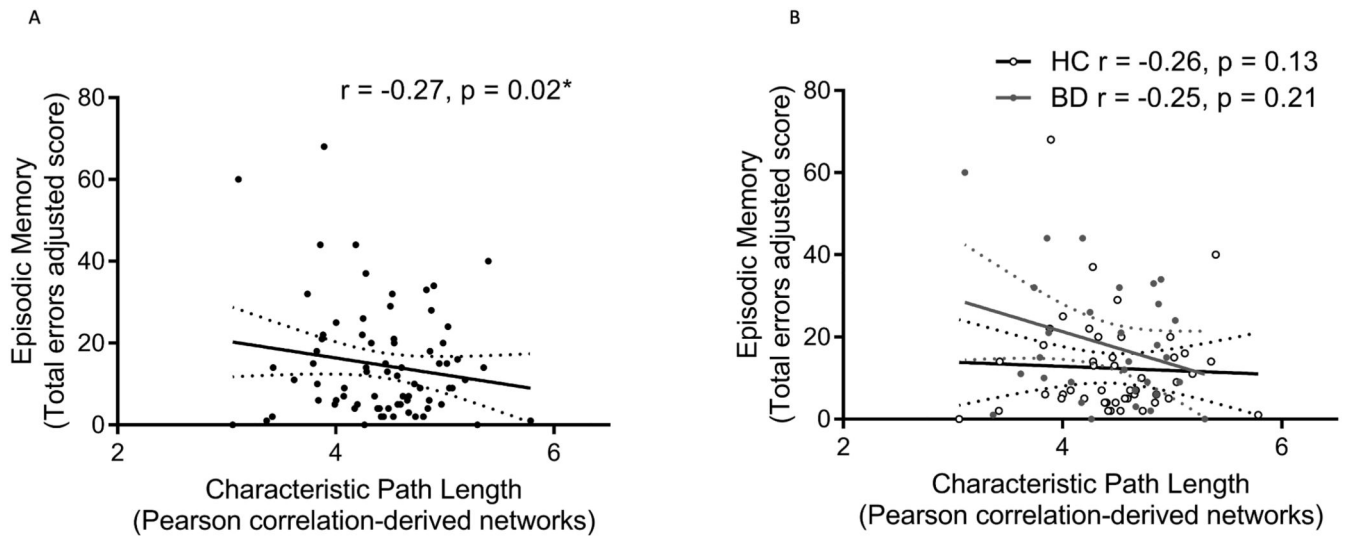


Figure 1. Relationship between episodic memory performance (total errors) and characteristic path length computed from Pearson-correlation-derived resting-state networks (A) across all individuals and (B) separated by diagnostic group.

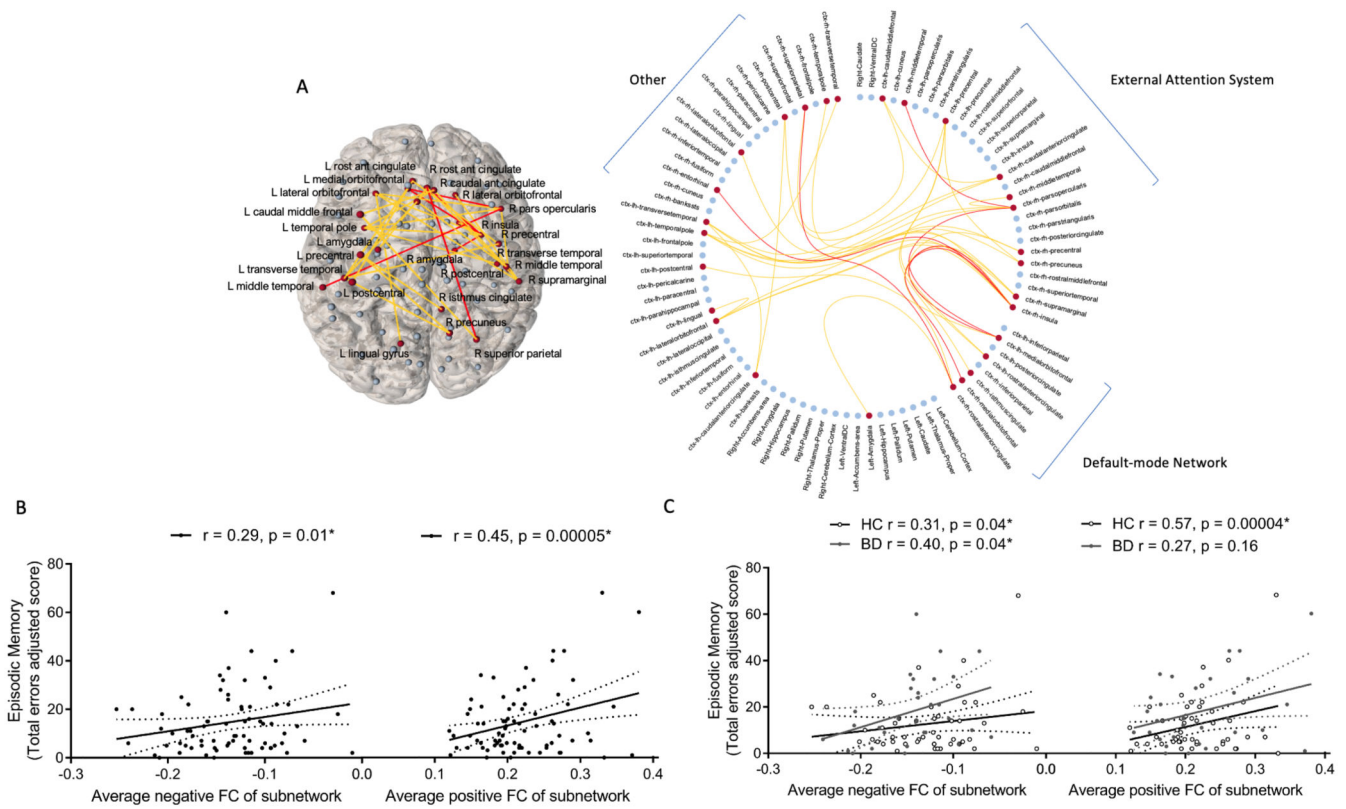
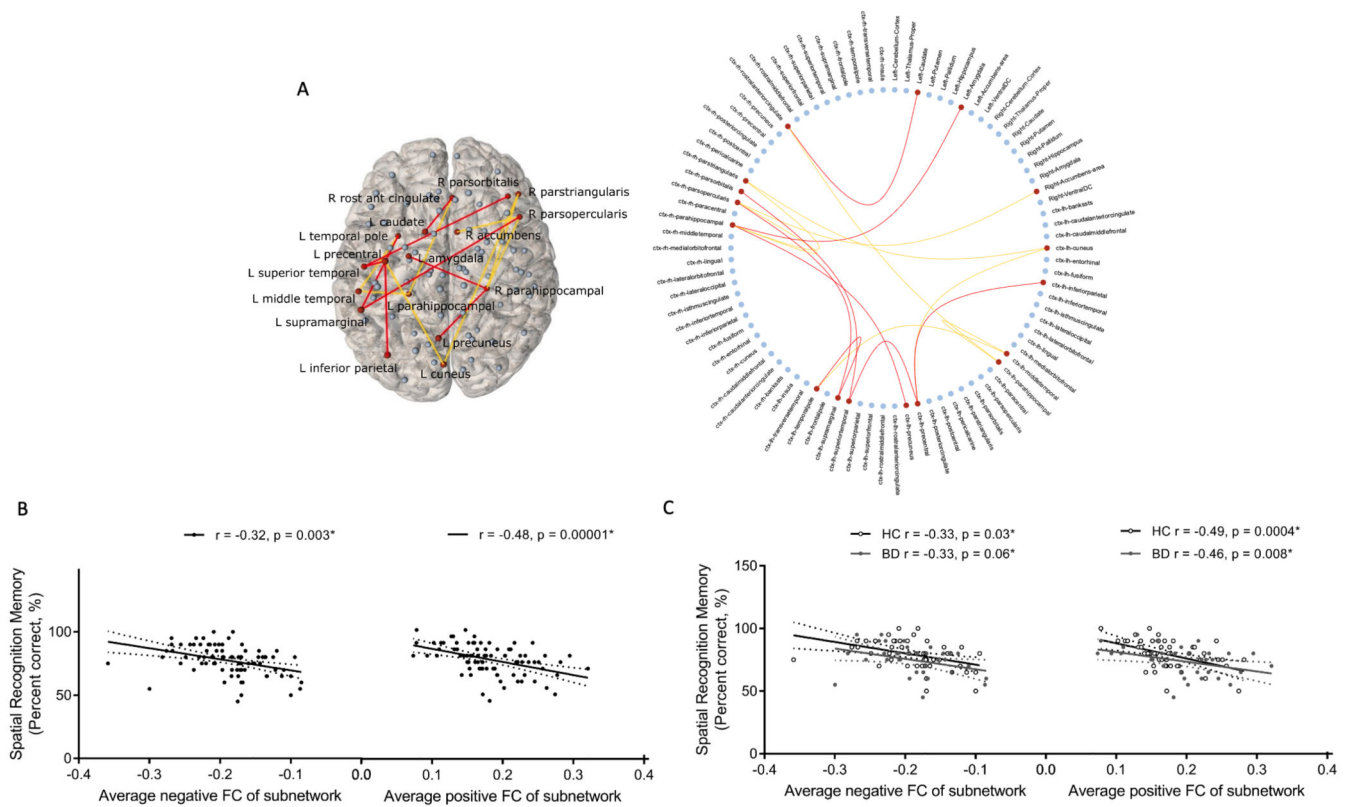


Figure 2. A resting-state functional subnetwork (Pearson-correlation-derived networks) was correlated with episodic memory total errors over all subjects covarying for age, gender and diagnosis ($T = 3, p = 0.02$), while no subnetwork differently related to this measure between diagnostic groups: (A) Visualisation of significant subnetwork in anatomical space and a circular representation including all network nodes. Positive functional connections are coloured yellow, negative functional connections are coloured red and brain regions in the significant subnetwork are coloured red. In order to compare to previous literature brain regions are ordered according to networks defined using independent component analysis as per Fornito et al. (2012). (B) Relationship between average positive and average negative functional connectivity of this subnetwork and episodic memory total errors in the overall sample and (C) separated by diagnostic group, with partial correlations including age and gender as covariates. HC, healthy control; BD, bipolar disorder.

**Figure 3.**

A resting-state functional subnetwork (Partial-correlation-derived networks) correlated with spatial recognition memory accuracy over all subjects covarying for age, gender and diagnosis ($T = 2.5, p = 0.02$), while no subnetwork differently related to this measure between diagnostic groups: (A) Visualisation of significant subnetwork in anatomical space and a circular representation including all network nodes. Positive functional connections are coloured yellow, negative functional connections are coloured red and brain regions in the significant subnetwork are coloured red. (B) Relationship between average negative and average positive functional connectivity of this subnetwork and spatial memory accuracy in the overall sample and (C) separated by diagnostic group, with partial correlations including age and gender as covariates. HC, healthy control; BD, bipolar disorder.

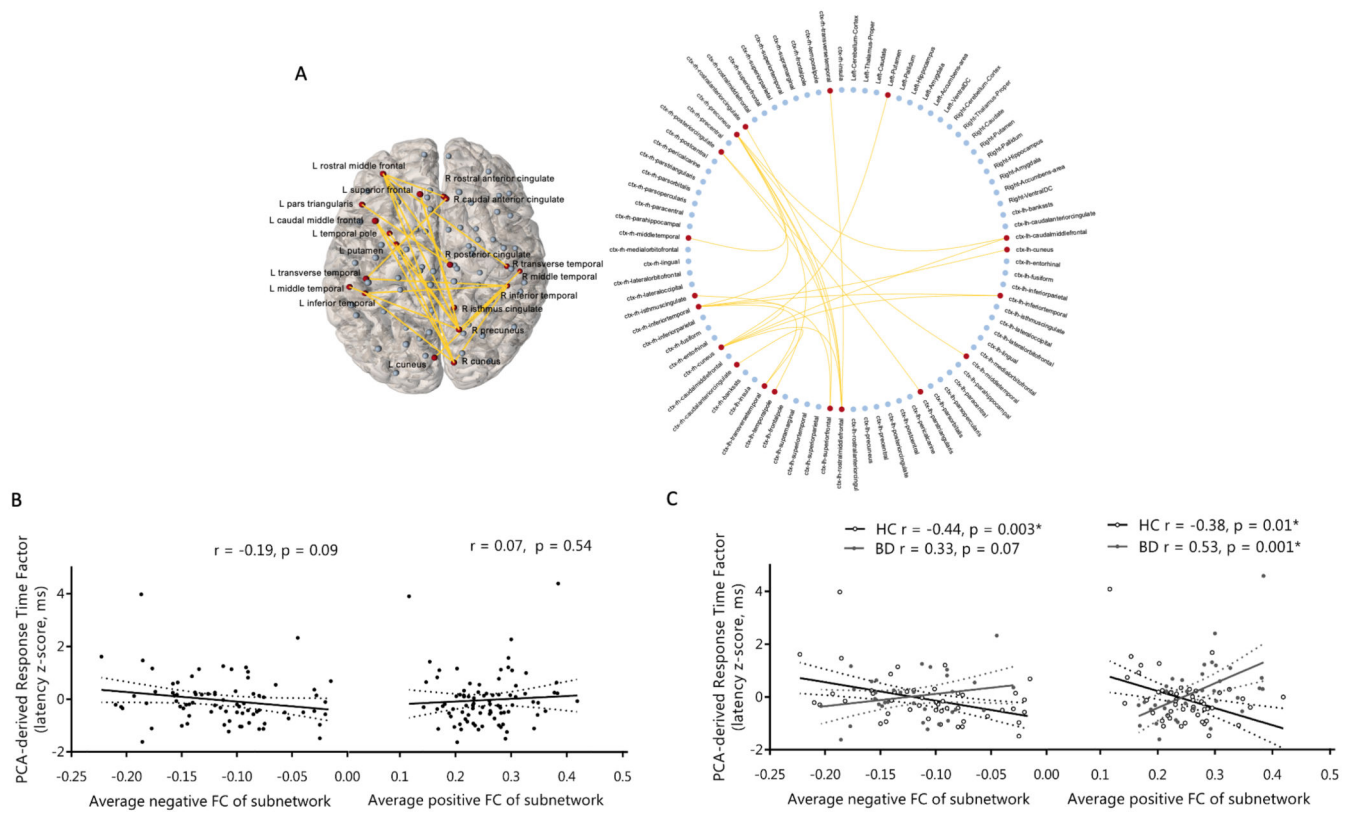


Figure 4. Resting-state functional network (Pearson-correlation-derived networks) significantly different in its relationship with the PCA-response time factor in BD versus controls (A) Visualisation of significant subnetwork in anatomical space and a circular representation including all network nodes. Positive functional connections are coloured yellow and brain regions in the significant subnetwork are coloured red. (B) Relationship between average negative and average positive functional connectivity of this subnetwork and the PCA-derived response time factor in the overall sample and (C) separated by diagnostic group, with partial correlations including age and gender as covariates. HC, healthy control; BD, bipolar disorder.

Table 1

Demographic and Clinical Characteristics

	Control group n = 49	Bipolar group n = 35	Statistical comparison Test stat (t, X ²)	p
Age, Mean (SD)	41 (14)	44 (13)	-0.8	0.43
Gender, Male/Female, n	20/29	16/19	0.2	0.66
Level of Education, n/			9.57	0.09
Junior high school	1	1		
Some high school	1	2		
High school graduate	3	5		
Some college or technical school, at least one year	10	9		
College graduate	16	15		
Graduate training	18	3		
Hamilton Depression Rating Scale, mean score (SD), range	1.08 (1.72), 0-7	6.86 (6.90), 0-26	-4.85	2.3×10 ⁻⁵ *
Young Mania Rating Scale, mean score (SD), range	0.76 (1.48), 0-6	1.94 (2.72), 0-10	-2.35	0.02*

SD, standard deviation. Mood scores provided are from the day of scanning.

* Significant difference at p<0.05

Table 2
Main effect of resting-state global efficiency on cognitive performance

Task	Outcome measure	Pearson correlation-derived networks						Partial correlation-derived networks					
		Global efficiency		Characteristic Path Length		Global efficiency		Global efficiency		Characteristic Path Length		Characteristic Path Length	
		F	p	F	p	F	p	F	p	F	p	F	p
Full-scale IQ	IQ score	0.03	0.86	0.02	0.89	0.01	0.94	0.01	0.94	4 x 10 ⁻⁵	0.99		
Intra/Extra Dimensional Shift	Total errors adjusted	0.20	0.66	0.75	0.39	3.24	0.08	3.24	0.08	3.33	0.07		
Paired Associates Learning	First trial memory score	0.56	0.46	0.68	0.41	1.93	0.17	1.93	0.17	2.24	0.14		
	Total errors adjusted	1.67	0.20	5.41	0.02*	0.18	0.68	0.18	0.68	0.24	0.63		

* Significant difference at p<0.05

Table 3
Interaction effects between diagnosis and global functional connectivity measures on cognitive performance

Task	Outcome measure	Pearson correlation-derived networks						Partial correlation-derived networks					
		Global efficiency			Characteristic Path Length			Global efficiency			Characteristic Path Length		
		F	p	F	p	F	p	F	p	F	p	F	p
Full-scale IQ	IQ score	0.07	0.79	0.33	0.57	0.63	0.43	0.80	0.37				
Intra/Extra Dimensional Shift	Total errors adjusted	0.20	0.66	1.83	0.18	2.25	0.14	0.30	0.59				
Paired Associates Learning	First trial memory score	0.56	0.46	0.08	0.78	0.09	0.76	0.36	0.55				
	Total errors adjusted	1.67	1.42	0.24	0.10	0.75	1.12	0.30	0.79				