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# **Adipose Triglyceride Lipase Regulation: An Overview**

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## **Abstract**

Adipose triglyceride lipase (ATGL) is the key-enzyme for the release of fatty acids (FAs) from triacylglycerol (TG) stores during intracellular lipolysis and produces FAs used for energy production. There is growing evidence that the products and intermediates from lipolytic breakdown during the FA mobilization process also have fundamental regulatory functions affecting cell signaling, gene expression, metabolism, cell growth, cell death and lipotoxicity. Regulation of ATGL is therefore vital for maintaining a defined balance between lipid storage and mobilization. This review addresses the regulation of ATGL activity at the post-translational level with special emphasis on protein-mediated interaction at the site of hydrolytic action, namely to the lipid droplet.

#### **Keywords**

Lipolysis; ATGL; adipose triglyceride lipase; PNPLA2; patatin-like phospholipase domaincontaining protein 2; G0S2; G0/G1 switch gene 2; CGI-58; comparative gene identification 58; ABHD5; α/β hydrolase domain containing protein 5; perilipin; Plin; proteins cell death activator CIDE-3; CIDEC; fat-specific protein 27; FSP27; hypoxia-inducible lipid dropled-associated; HILPDA; pigment epithelium derived factor; PEDF; serpin family F member 1; SERPINF1; oleoyl-CoA; Atglistatin

# **1 Introduction**

In times of nutrient abundance, fatty acids (FAs) are re-estrified into triacylglycerols (TGs) and are deposited in lipid droplets (LD) in vertebrate adipocytes or seeds in plants. This process represents the main form of energy storage in most organisms, including humans. Upon increasing energy demand, these FAs are released from TG depots in a physiological process termed intracellular lipolysis (Figure 1). The protein named adipose triglyceride lipase (ATGL) plays a prominent role in this reaction by catalyzing the initial step of cleaving TG to diacylglycerol (DG) and FA [1, 2]. Subsequently, hormone sensitive lipase (HSL) hydrolyzes DG to monoacylglycerol (MG) and FA [3, 4], whereas monoglyceride lipase (MGL) cleaves MG to glycerol and FA [5]. Generated FAs can either be used as substrates for energy production or they can serve as precursors for membrane lipids and signaling molecules [6, 7]. Dysregulated lipolysis leads to the excess of circulating FAs,

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which has destructive, lipotoxic effects on the organism, including insulin resistance, type 2 diabetes, fatty liver and inflammation [8–11].

As the tight regulation of lipolysis is of great physiological importance, ATGL - the keyenzyme of this process - is regulated on different levels [2]. Transcriptional control of ATGL is extensively reviewed elsewhere [12, 13]. Post-transcriptionally, ATGL is regulated by different proteins, which work in concert to ensure ATGL's proper function (Figure 2). Within the last years, a lot of effort was put to identify these players in ATGL regulation and here we review the current literature (mainly protein-based) on regulation of the hydrolytic activity of ATGL and outline possible inter- dependencies. ATGL is directly delivered from the endoplasmic reticulum to LDs by the Golgi-ER transport protein complex GBF1-Arf1- COPI. This process involves the direct interaction of ATGL with the Arf1 exchange factor GBF1, which has been subject of detailed investigations within the last few years [14–18].

The surface of LDs is decorated by five members of the perilipin (Plin) family, Plin1-Plin5, which form a barrier to prevent the access of ATGL to TG stores of the LD [19]. Chaperonemediated autophagy mediates the degradation of Plin2 and Plin3 and thus aids in access of ATGL to LDs [20]. The direct regulation of ATGL activity on the protein level involves the interaction with its co-activator protein comparative gene identification 58 (CGI-58), also known as  $\alpha/\beta$  hydrolase domain containing protein 5 (ABHD5), and inhibitor protein G0/G1 switch gene 2 (G0S2) [21–23].

Other protein interaction partners of ATGL have been described, but their exact mechanism is rather poorly understood. This includes the interaction of ATGL with two other LD associated proteins, namely cell death activator CIDE-3 (CIDEC) (also known as fat-specific protein 27, (FSP27)), hypoxia-inducible lipid dropled-associated (HILPDA), and with the adipocyte secreting protein pigment epithelium derived factor (PEDF), also known as serpin family F member 1 (SERPINF1) [24–31].

Small molecules have also been reported to influence ATGL activity, which includes inhibition by the naturally occurring activated long-chain FA intermediate oleoyl-CoA [7, 32]. A potent synthetic inhibitor, termed Atglistatin, was developed and is effective in inhibiting the activity of mouse ATGL [33, 34]. A similar effective inhibitor for human ATGL might have potential use in future therapeutic application.

#### **1.1 Adipose triglyceride lipase (ATGL)**

The gene for human ATGL is located on chromosome 11p15.5 and includes 10 exons encoding for a 504 amino acid protein (NCBI Reference Sequence: NG\_023394.1, [35]). ATGL expression is found in virtually all tissues, but it is predominantly expressed in adipose tissue [2, 36–39]. ATGL is a triacylglycerol lipase (EC 3.1.1.3) and was first described in 2004 by three independent groups with different names (PNPLA2; desnutrin; iPLA2zeta; PEDF-R; TTS-2.2; TTS2 [2, 39, 40]; the recommended name (according to UniProt consortium) is patatin-like phospholipase domain-containing protein 2 (PNPLA2)).

Orthologs of ATGL have been described in a variety of other organisms, including mouse, rat, chicken, flies, plants and yeast [2, 41–47]. The mouse ortholog of ATGL consists of

486 amino acids and shares 86.8 % sequence identity to the human protein [2]. Sequence conservation is highest within residues 1-250 (92.4 %), whereas the C-terminal half of the protein is less conserved at amino acid level (80.8 %).

To date, no experimental three-dimensional structure of ATGL is available. Sequence based structure prediction and homology modelling groups ATGL to the patatin-like domain containing protein family (PNPLA) [48].

Crystal structures of members of the PNPLA family (Pat17 and Phospholipase A2, ExoU and VipD) are available and reveal that they contain a three-layer  $(a-\beta-a)$  sandwich architecture (Figure 3) and fulfill their hydrolytic function via a catalytic Ser-Asp dyad [49– 54]. Ser47 and Asp166, located within the patatin-like domain, form the catalytic dyad in both, human and mouse ATGL. The nucleophilic Ser47 resides in a GXSXG motif generally found in α-β hydrolases [49, 52, 55] and the importance of this residue was confirmed via mutational studies [21, 38].

Other structural features of ATGL include an N-terminal amphipathic helix (Ile10-Gly24) potentially involved in TG binding, and a hydrophobic region (Pro315-Pro360), which is considered to be responsible for the localization to LDs [56, 57]. C-terminal truncated versions of human ATGL (Q289X, deletion of 215 residues) fail to localize to LDs, but surprisingly exhibit higher lipolytic activity in vitro, indicating that the C-terminus of ATGL possesses auto-regulatory function [57]. This goes in line with higher activities, which were determined for C-terminally truncated mouse ATGL (Met1-Leu254, deletion of 232 residues) in vitro [58].

Human patients with a loss of functional ATGL, suffer from neutral lipid storage disease with myopathy (NLSD-M) characterized by abnormal TG accumulation in multiple organs and tissues leading to cardiac and skeletal muscle myopathy [55, 59–61]. Besides massive TG accumulation, global inactivation of ATGL in mice results in reduced FA concentrations in the plasma, having beneficial effects on glucose tolerance and insulin sensitivity [1, 62].

Ser404 and Ser428 of human ATGL are targets for phosphorylation [63]. Phosphorylation of Ser404 (corresponds to Ser406 in mouse ATGL) increases the activity of ATGL, but it is still controversial if AMP-activated protein kinase (AMPK) or cAMP dependent protein kinase A (PKA) is mediating this phosphorylation process [2, 64–68]. Furthermore, phosphorylation of Thr372, which is located within the lipid binding region of ATGL, potentially contributes to the localization of ATGL to LDs, but the kinase involved in this process was not characterized yet [69].

The N-terminal region (residues 1-254) of ATGL directly interacts with its activator protein comparative gene identification 58 (CGI-58) and its inhibitor protein G0/G1 switch gene 2 (G0S2) [58]. Under basal conditions, ATGL catalyzes the hydrolysis of TGs preferable at the sn-2 position of the glycerol backbone generating sn-1,3 diacylglycerols and FAs [70]. Upon stimulation with CGI-58 however, ATGL expands its selectivity towards the  $sn-1$ position [70]. The molecular mechanism behind the co-activation with CGI-58 and changed hydrolytic patterns are not understood.

Other interaction partners of ATGL include the LD associated proteins Plin5, CIDEC and PEDF [28, 30, 31, 71]. The protein HILPDA is discussed to be involved in ATGL regulation, but this still has to be further elucidated [29]. Recent findings concerning these interaction and the consequences on ATGL activity are discussed below.

#### **1.2 Regulation of ATGL by proteins**

The lipolytic activity of ATGL is regulated by the direct and indirect interaction with several proteins and individual interaction partners are described here in detail.

**1.2.1 Perilipins (Plins)—**The genes for the human Plin protein family are located on different chromosomes and are expressed in a tissue-specific manner to enable the precise management of lipid storage and breakdown in different tissues [19, 72]. The family consists of five structurally related proteins (Plin1-5), which share a conserved PAT domain (approx. 100 amino acids) in their N-terminal region [19, 73, 74] and a conserved 11-mer repeat region forming a helical motif C-terminal of the PAT domain, which is associated with LD localization [75]. Orthologs of Plins have been described in multiple organisms, including mouse, rat, fly, C. elegans and fungi [76–79]. Plins are suggested to serve as protective barrier to prevent the access of lipases to the surface of LDs. In response to hormonal stimulation, some Plins are phosphorylated and thus change from their protective state to a lipolysis-supporting state [19]. The gene for human Plin1 (also known as Plin or Peri) lies on chromosome 15q26.1 and comprises 10 exons transcribing for a 522 amino acid protein (NCBI Reference Sequence: NG\_029172.1). Plin1 is predominantly expressed in adipose tissue and is the most abundant coating protein on the surface of LDs [72, 73, 80]. Mouse Plin1 consists of 517 amino acids and shows a sequence identity of 82.3 % to the human ortholog.

Compared to the structural features of Plin2-5, Plin1 has a unique, additional C-terminal region which is responsible for the interaction with CGI-58 [19, 81] thereby sequestering it on the surface of LDs to prevent its stimulating interaction with ATGL [82–84]. Upon hormonal (e.g. β-adrenergic) stimulation, Plin1 is phosphorylated by PKA, which triggers the release of CGI-58 from the LD surface. This facilitates the interaction of CGI-58 with ATGL and is considered to represent the switch from basal to stimulated lipolysis [72, 82–84].

The gene for human Plin2 (also known as ADFP or ADRP) is located on chromosome 9p22.1 and includes 9 exons, which encode for a 437 amino acid protein (NCBI Reference Sequence: NM\_001122.3). The mouse ortholog of Plin2 consists of 425 amino acids and shares 82.6 % sequence identity compared to the human protein. The human gene for Plin3 (also known as TIP47 or M6PRBP1) lies on chromosome 19p13.3 and comprises 8 exons encoding for a 434 amino acid protein (NCBI Reference Sequence: NG\_028080.1). The ortholog for mouse Plin3 consists of 437 residues and shows 75.8 % sequence identity to human Plin3. Plin2 and Plin3 are expressed in virtually all tissues and therefore contribute to the surface of LDs in all cells [19, 36, 72]. Both proteins, Plin2 and Plin3, miss a C-terminal part of Plin1 required for the interaction with CGI-58. Interestingly, chimeric proteins containing Plin2 or Plin3 and the C-terminus of Plin1 restore the ability to sequester

CGI-58 [81]. The three-dimensional structure of the C-terminal domain of mouse Plin3 missing the N-terminal PAT domain and the 11-mer repeat region responsible for LD localization has been determined and suggests to contain an  $\alpha/\beta$  domain of unusual topology and a four-helix bundle which forms the shape of an "L" ([85], PDB entry: 1szi). The fourhelix bundle shows structural similarities to the N-terminal LDL-receptor binding domain of apolipoprotein E [86]. A deep hydrophobic cleft is formed between the  $\alpha/\beta$  domain and the four-helix bundle. The shape, size and hydrophobicity of the cleft rather suggest the potential interaction with hydrophobic peptides, proteins or monomeric lipid species than with phospholipids from the surface of LDs [85]. Sequence alignments show that the hydrophobic cleft is present in all proteins of the Plin family suggesting an important but yet unidentified functional role [19, 85, 87].

Upon lipolytic stimulation, chaperone-mediated autophagy triggers Plin2 and Plin3 to undergo proteasomal degradation. The chaperone heat shock protein HSPA8/hsc70 interacts with Plin2 and Plin3. The subsequent phosphorylation of Plin2 by AMPK enables Plin2 and Plin3 in complex with HSPA8/hsc70 to enter the proteasome [88]. Depletion of Plin2 and Plin3 from the surface of LDs implements the association of cytosolic ATGL to the LD and enables the first step of lipolysis [20, 89].

The gene for human Plin4 (also known as S3-12 or KIAA1881) is located on chromosome 19p13.3, comprises 9 exons and encodes for a 1,357 amino acid protein (NCBI Reference Sequence: NM  $001080400.1$ ). Plin4 is predominately expressed in adipose tissue but also in skeletal muscle and heart [36, 90]. The ortholog of mouse Plin4 consists of 1,403 amino acids and shares 62.5 % sequence identity to human Plin4. The extended size of Plin4 is a result of a 900 amino acid insert in the 11-mer repeat [19]. Plin4 localizes to nascent LDs [90, 91], however the inactivation of Plin4 in mice did not lead to any alterations in adipose tissue mass or adipocyte differentiation [92]. Interestingly, the knock-out of Plin4 was also associated with a reduction of Plin5 mRNA and protein content especially in the heart thereby decreasing cardiac lipid accumulation in mice [92]. The exact mechanism remains unclear but can also be an artifact by the experimental set-up since the genes encoding for Plin4 and Plin5 are located on the same chromosome in close proximity [92]. There is no evidence that Plin4 is target of phosphorylation, but the protein was not subject to extensive researched up to now [19].

The gene for human Plin5 (also known as LSDP5, MLDP, OXPAT or PAT1) is located on chromosome 19p13.3 and comprises 8 exons encoding for a 463 amino acid protein, which is predominantly expressed in oxidative tissue (NCBI Reference Sequence: NM\_001013706.2, [36, 87, 93, 94]). The mouse ortholog of Plin5 consists of 463 amino acids and shows 73.2 % sequence identity compared to the human protein. Heart specific knock-out of Plin5 in a mouse model results in a reduction of TG content in the cardiac muscle as a result of a reduction in ATGL activity [95, 96]. Inactivation of Plin5 in mice also goes in line with a reduced TG content in the liver [97]. This is in accordance with heart specific overexpression of Plin5, which increases cardiac TG content and promotes cardiac steatosis [98].

Plin5 directly interacts with ATGL and CGI-58 [82–84], co-locates with ATGL and CGI-58 to the surface of LDs and increases their local concentration on LDs [71, 99, 100]. Plin5 does not bind ATGL and CGI-58 simultaneously; both proteins compete for the interaction with Plin5, which prevents the interaction of CGI-58 with ATGL. Residues Arg417-Phe463 of Plin5 are responsible for the interaction with ATGL as mutants covering this region were not able to bind ATGL but still interacted and co-localized with CGI-58 to LDs [100].

Ser155 of mouse Plin5 is target for PKA dependent phosphorylation. Plin5 regulates ATGL activity in oxidative tissue analogous to Plin1 in adipose tissue. After the phosphorylation event, Plin5 releases CGI-58, which in turn facilitates interaction of CGI-58 with ATGL leading to the induction of lipolysis [101–103].

**1.2.2 Cell death activator CIDE-3 (CIDEC)—**The gene for human CIDEC, also known as FSP27, is located on chromosome 3p25.3 and comprises 9 exons encoding for a 238 amino acid protein in the 'canonical' sequence (NCBI Reference Sequence: NG\_042291.1). It is highly expressed in adipocytes and associated to LDs [36, 104]. Orthologs of CIDEC have been only described in higher organisms including mouse, rat and chicken. Mouse CIDEC consists of 239 amino acids and shares 79.8 % sequence identity to the human ortholog. Three alternative splicing variants are described for human CIDEC, which vary in their length. CIDEC promotes LD clustering and enlargement primarily mediated by residues Ser120-Gln210 [105]. Interaction of ATGL with the C-terminal region of CIDEC harboring residues Ser120-Pro220 [28], decreases lipolysis by restricting access of ATGL to TG stores of the LDs [31]. This C-terminal region of CIDEC is also responsible for the interaction with Plin1 promoting its co-localization and the enlargement of LD size [106]. In addition, CIDEC directly interacts with the repressor protein Erg1, leading to binding of Erg1 to the ATGL/PNPLA2 promotor region, which suppresses its transcription [107]. The crystal structure of the N-terminal domain of CIDEC (CIDE-N, Val32-Ser120, PDB entry: 1d4b) reveals a CIDE domain fold with an α/β roll fold with two α helices and five β strands which form a homo-dimer in solution [108].

**1.2.3 Hypoxia-inducible lipid droplet-associated (HILPDA)—**The gene for human HILPDA is located on chromosome 7q32.1, comprised 2 exons which encodes for a small, 63 amino acid protein (NCBI Reference Sequence: NM\_001098786.1). As the name indicates, its expression is induced by hypoxic stress in virtually all tissues [36, 109]. Orthologs of HILPDA have been only described in higher organisms, including mouse and rat. The mouse ortholog of HILPDA consists of 64 amino acids and shares 77.8 % sequence identity to the human protein. HILPDA coats the surface of LDs and co-localizes with Plin 2 and Plin 3 [109]. Residues Met1-Gly37 of mouse HILPDA are associated with LD localization [109]. Hepatic overexpression of HILPDA was shown to promote TG accumulation, whereas downregulation reduces TG content [27, 29]. As HILPDA shows similarities to the hydrophobic region of G0S2 involved in the interaction with ATGL [23, 110], it is speculated that HILPDA has potential to inhibit ATGL activity. To date one study had addressed this question, but did not find any effect on the TG hydrolyzing activity of basal ATGL [29]. Consequently, this assumption still awaits unambiguous experimental evidence.

**1.2.4 Comparative Gene Identification 58 (CGI-58)—**The gene for human CGI-58, also known as ABHD5, is located on chromosome 3p21.33, it includes 8 exons and encodes for a 349 amino acid protein (NCBI Reference Sequence: NG\_007090.3, [111]). CGI-58 is ubiquitously expressed in all tissues including adipose tissue, testes, liver, kidney, heart and skin [21, 36, 83, 112]. Orthologs of CGI-58 have been described in multiple organisms, including mouse, rat, drosophila, plants and yeast [21, 113–116]. Mouse CGI-58 consists of 351 amino acids and shows a high sequence identity of 94.3 % to the human ortholog. An alternative splicing isoform, missing exon 2 and 3, is described for mouse CGI-58. It encodes for a 202 amino acid protein that lacks the N-terminal region of CGI-58 [117].

To date no three-dimensional structure is known, but CGI-58 is predicted to harbor an α/β hydrolase fold spanning from residue Arg102-Cys345. Compared to functional α/β hydrolase hydrolases, CGI-58 harbors an impaired catalytic triad composed of Asp301, His327, with the nucleophilic serine usually found in the GXSXG motif being replaced by Asn153 [111]. However, reconstruction of the catalytic triad could not restore lipase activity of CGI-58 [12]. Weak lysophosphatic acid acyl transferase (LPAAT) activity mediated by a conserved HX4D motif had been reported for murine and plant CGI-58, yet was later dismissed [118, 119].

Interestingly, human patients with mutations (including single nucleotide-, deletion-, insertion- and splice site mutations leading to single-amino acid exchanges and truncated proteins) in the gene encoding for CGI-58 have been shown to cause NLSD with ichthyosis and show a phenotype different to patients with a loss of function of ATGL [55, 111]. They suffer from neutral lipid storage disease accompanied by ichthyosis (NLSD-I), which is characterized by the abnormal accumulation of TGs especially in the skin [55, 111]. Global inactivation of CGI-58 in mice leads to a drastic skin barrier defect also indicating a role different to ATGL activation. This indicates a function of CGI-58 in the skin and it has been speculated if CGI-58 may also activate a skin specific triacylglycerol lipase [120, 121].

CGI-58 directly interacts with ATGL and translocates it to LDs, which leads to an activation of the lipase up to 20 fold [21]. CGI-58 contains a hydrophobic Trp-rich stretch at its N-terminus, which forms an anchor essential for localization to LDs [122, 123]. LD binding mediated by this region appears to be a prerequisite for ATGL co-activation [123]. Plin1 sequesters CGI-58 at the surface of LDs and stimulation of ATGL by CGI-58 can thus take place only upon PKA mediated phosphorylation of Plin1 and subsequent release of CGI-58 [82–84]. CGI-58 is also target for phosphorylation and PKA dependent phosphorylation of Ser239 is additionally required for the release of CGI-58 from Plin1 [124].

Similarly, Plin5 interacts with CGI-58 in oxidative tissue thus preventing stimulatory interaction of CGI-58 with ATGL [71, 99, 100]. Interestingly, the presence of activated long-chain FA intermediates such as oleoyl-CoA triggers the interaction of CGI-58 with Plin1 and Plin5 suggesting a negative feedback mechanism to inhibit lipolysis by excluding ATGL from the LD [125]. Recent studies identified Gly328 and Arg299 within CGI-58 as essential residues for ATGL activation. ABHD4, a closely related family member of CGI-58 possesses hydrolase activity but fails to activate ATGL. When Gly328 and Arg299 were introduced in ABHD4 at equivalent positions as in CGI-58/ABHD5, ABHD4 partially

gained ATGL activating function [126]. Conversely, the loss of function mutant of CGI-58/ ABHD5 failed to activate ATGL but was still capable to interact with Plin1 and Plin5 and to translocate ATGL to the LD. Moreover, a negatively charged amino acid at position Asp334 of CGI-58/ABHD5 is required for ATGL activation, as the exchange to Ala or Asn but not Glu abolished the potency to activate ATGL. In a suggested mechanism, Arg299 and Asp334, which are in close proximity in the structural model, form a perturbation at the surface of LDs to enable the access of ATGL to the TG stores [126]. Additionally, CGI-58 was reported to bind to five out of nine members of the fatty acid-binding protein (FABP) family. In the presence of A-FABP, CGI-58 is even more potent to activate ATGL [127]. FABPs bind long-chain FAs with high affinity and are important for the uptake and transport of free FAs. The interaction with CGI-58 may facilitate the adsorption of generated FAs and therefore remove them from ATGL resulting in an increase in TG hydrolysis [127– 129]. Additionally, this interaction provides a direct link of lipolysis to lipid signaling and induction of peroxisome proliferator-activated receptors [127].

**1.2.5 G0/G1 Switch Protein 2 (G0S2)—**The gene for human G0S2 is located at chromosome 1q32.2, comprises 2 exons and encodes a 103 amino acid protein (NCBI Reference Sequence: NM\_015714.3, [130]). G0S2 is ubiquitously expressed with highest levels in adipose tissue, followed by bone marrow, skeletal muscle and liver [23, 36, 130– 132]). Orthologs of G0S2 have only been identified in vertebrates including human, mouse, rat and chicken. Orthologs in plants or other organisms including yeast or flies have not been reported [23, 116, 133, 134]. Mouse G0S2 comprises 103 amino acids and shares 77.7 % sequence identity to the human protein. Highest conservation throughout all species is found at the N-terminal region of G0S2 while the C-terminus shows higher alterations.

To date, no experimental three-dimensional structure of G0S2 has been published and even homology modelling attempts fail to identify a suitable structural homolog. G0S2 harbors a highly conserved hydrophobic region predicted to be an α-helix within the N-terminal half of the protein, whereas the C-terminus of G0S2 is predicted to be unstructured.

G0S2 directly interacts with ATGL and thereby inhibits its TG hydrolase activity [23, 110]. N-terminal and C-terminal deletions of G0S2 retaining only the mainly hydrophobic stretch Lys20-Ala52 was shown to be sufficient for inhibiting ATGL [110]. The corresponding synthetic peptide containing Lys20-Ala52 of human G0S2 is sufficient for the effective and selective inhibition of ATGL activity and acts in a non-competitive mode with an inhibitory constant of 25 nM [110]. The interaction of G0S2 with ATGL is independent from the interaction with CGI-58 since G0S2 inhibits ATGL even in the presence of the activator CGI-58 [22, 58, 110]. Protein-protein interaction of G0S2 takes place at the N-terminal patatin like domain of ATGL [23, 58, 110]. Using different deletion variants the interaction region was delineated to the first 254 amino acids of ATGL [58]. Human G0S2 is capable to inhibit mouse ATGL, which is in agreement to the high level of conservation of the involved hydrophobic region essential for mediating this interaction [110]. Interestingly, G0S2 is also involved in the localization of ATGL to the surface of LD as C-terminally truncated ATGL, which fails to localize to LDs, could be recruited again to LDs by G0S2 [134].

Interestingly, no pathologies are described that are associated with defective G0S2. Inactivation of G0S2 in mice leads to enhanced lipolysis, reduced adipose tissue mass, improved glucose tolerance and insulin sensitivity, while overexpression of G0S2 results in reduced lipolysis, increased fat mass and fatty liver [135–139] which is very similar to the phenotype observed for knock-out of ATGL [1, 62]. Moreover, it was shown, that G0S2-knock-out mice are resistant to high-fat died induced body weight gain, are glucose tolerant and insulin sensitive, which renders the protein interesting in the treatment of obesity and different metabolic disorders [140]. To date no phosphorylation sites of G0S2 are described. G0S2 undergoes proteasomal degradation [141]. Lys25 of G0S2 represents a target for ubiquitination, which triggers it to the proteasome. Interestingly, G0S2 could be stabilized upon interaction with ATGL, and this increase in protein stability appears to be independent of CGI-58 [142].

G0S2 is also involved in multiple other important cellular functions, including apoptosis, oxidative phosphorylation and cell proliferation [131, 143–146]. The gene coding for G0S2 was reported to be hypermethylated in certain cancer types, thus indicating a potential role in the development of cancer [131, 147]. Direct interaction of G0S2 with nucleolin in the cytosol leads to an inhibition of cell proliferation. The hydrophobic region of G0S2 and the C-terminal stretch of nucleolin, which is rich in Arg-Gly-Gly repeats, are putatively involved in the interaction, as the generation of variants in which the hydrophobic region of G0S2 and the Arg-Gly-Gly repeats of nucleolin were deleted, resulted in proteins that were unable to interact [145, 146]. In mitochondria, G0S2 serves the role of promoting apoptosis as it specifically interacts with Bcl-2 to prevent its interaction with Bax and the formation of the anti-apoptotic Bcl-2/Bax heterodimer complex [131]. No Bcl-2 homology domain is known in G0S2, but it is suggested to interact with Bcl-2 through its hydrophobic region since residues Leu33-Gln67 of G0S2 are sufficient for the interaction with Bcl-2 [131]. Under hypoxic stress, G0S2 was observed to interact with  $F_0/F_1$ -ATP synthase to protect cells from a critical energy crisis. Interestingly, the binding of G0S2 to ATP5A subunit of  $F_0/F_1$ -ATP synthase leads to increased ATP production and enhanced oxidative phosphorylation [144, 148]. The exact mechanism underlying these upregulation is unknown.

**1.2.6 Pigment epithelium derived factor (PEDF)—**The gene for human PEDF, also known as SERPINF1 is located at chromosome 17p13.3 and comprises 9 exons encoding a 418 amino acid protein (NCBI Reference Sequence: NG\_028180.1, [149]). PEDF is a noninhibitory member of the serpin protein family and was first discovered as an extracellular protein derived from pigment epithelial cells [150–152]. Expression of PEDF is found in virtually all tissues as it is an important secretion factor of adipocytes with the ability to modulate insulin sensitivity [36, 153]. Orthologs of PEDF are described in higher organisms, including mouse and rat, as well as in bacteria. The ortholog of mouse PEDF consists of 417 amino acids and shows 86.1 % sequence identity compared to human PEDF.

The experimental three-dimensional structure of glycosylated human PEDF ([154], PDB entry: 1imv) reveals an α/β core serpin domain. Moreover, PEDF shows an asymmetric charge distribution unlike other members of the serpin protein family with potential physiological relevance. PEDF is a multifunctional protein with neurotrophic properties and residues Val58-Thr101 are potentially involved in binding to PEDF-receptors [151, 154].

Endogenous PEDF was shown to directly interact with ATGL and stimulate lipolysis in adipocytes, hepatocytes and in the retina [24, 25, 30]. Dai et al. reported an important role of residues Arg268-Lys504 in ATGL to be responsible for the binding to PEDF [26]. PEDF interacts with ATGL independently of ATGL's interaction with G0S2, which is in full agreement of the completely different interaction regions [23, 26, 58, 110]. PEDF only activates basal, but not stimulated lipolysis and it was also reported that PEDF is able to translocate ATGL to LDs [25, 26]. Interestingly, residues Leu159-Met325 in ATGL exhibit same binding affinity to PEDF as full length ATGL, and truncated variants Ile193- Met232 and Thr210-Leu249 of ATGL selectively bind to PEDF [155]. A 44-mer sequence comprising Val78-Thr121 of PEDF was identified to be sufficient to directly interact with ATGL and to induce ATGL's TG-hydrolytic activity [156]. Residues Thr210-Leu249 of ATGL selectively bind to the 44-mer sequence and even to a shorter 17-mer fragment (Gln98-Ser114) of PEDF. Within that 17-mer sequence, the exchange of Arg99 to Ala abolishes the binding, whereas mutating His105 to Ala increases binding affinity to Thr210- Leu249 of ATGL [157].

Elevated PEDF levels induce insulin resistance as a consequence of elevated levels of FAs in obese mice and humans [153, 158]. This lead to the speculation that PEDF mediated insulin resistance is a consequence of the upregulation of ATGL activity by PEDF [24]. Besides the effect of stimulating lipolysis, PEDF decreases ATGL protein levels in vivo and in vitro by triggering ATGL to undergo proteasome mediated degradation via the ubiquitin dependent pathway [159]. However, it remains ambiguous how enhanced proteasomal degradation of ATGL relates to the observed elevated levels of FAs.

#### **1.3 Regulation of ATGL by small molecules**

Naturally occurring and synthetically derived small molecules have been reported to influence ATGL's TG hydrolyzing activity and are described in this chapter.

**1.3.1 Long-chain acyl-CoAs inhibit ATGL—**Long-chain acyl-CoAs are activated FAs, which can further serve for β-oxidation, protein acylation or as precursors for membrane lipids. Long-chain acyl-CoAs regulate a set of important cellular functions and metabolic enzymes including HSL [6, 7]. Long-chain acyl-CoAs non-competitively inhibit ATGL activity. Oleoyl-CoA has the most effect and inhibits ATGL dose-dependently with a half maximal inhibitory concentration  $(IC_{50})$  of approx. 25  $\mu$ M [32]. This is in the similar range as HSL inhibition by Acyl-CoAs ( $IC_{50}$  of 25-40  $\mu$ M [7]). As observed with other ATGL-interactions, the presence of the activator protein CGI-58 does not seem to influence acyl-CoA mediated inhibition. Physiologic concentrations of long-chain acyl-CoAs vary from 5-160 µM and strongly depend on the metabolic condition of the organism, such as fasting, feeding or insulin resistance [160]. According to this, inhibition of ATGL by oleoyl-CoAs is physiological relevant and could represent a product feedback mechanism in dysregulated lipolysis [32]. It is established that long-chain acyl-CoAs are predominantly bound to acyl-CoA binding proteins (ACBPs) and levels of free long-chain acyl-CoAs are rather low [161]. However, long-chain acyl-CoAs bound to ACBP are able to enter metabolic processes like β-oxidation [160, 162, 163], but it is currently unknown whether the ACBP-Acyl-CoA complex can also affect ATGL activity [160].

**1.3.2 Atglistatin, the first specifically developed synthetic ATGL inhibitor—**As ATGL is a promising target to affect lipolysis and as such many physiological processes downstream of lipolysis, considerable effort was put into the development of a small synthetic ATGL inhibitor. Starting with a high-throughput screen originally established to identify HSL inhibitors [164, 165] a potent molecule, termed Atglistatin was discovered [33]. Atglistatin selectively inhibits the activity of mouse ATGL in vitro and in vivo in a competitive mode with an  $IC_{50}$  of 0.7 µM. Oral gavage of Atglistatin to mice also leads to the inhibition of ATGL as evidenced by reduced plasma TG and FA levels [33]. Administration of Atglistatin is associated with different positive effects, e.g. suppression of tumor cell growths [166] and effectively reduced high-fat diet induced weight gain, insulin resistance and fatty liver [34]. Notably, the long-term treatment of mice with Atglistatin was not accompanied with TG accumulation in the skeletal muscle or the heart as observed for ATGL knock-out mice. These observations render small molecule inhibition of ATGL a very interesting target for the treatment of obesity-associated diseases and the concomitant metabolic syndrome comprising of multiple pathologies. Especially pathologies associated with the concept of lipotoxicity - where adipose tissue-derived FAs and FA-derivatives mediate toxic effects in non-adipose tissues and cells including dysregulation of metabolic and signaling (insulin-, inflammatory-, nitric oxide-signaling) pathways, cell- and organelledysfunction and cell death - might benefit greatly from pharmacological inhibition of intracellular lipolysis [33, 34, 167, 168].

#### **1.4 Unspecific inhibition of ATGL**

Many experimental studies on ATGL crucially depend on enzymatic assays testing for the hydrolytic activity of ATGL in tissues and in vitro. ATGL's TG hydrolyzing activity is very sensitive to pH, as maximal in vitro ATGL activity was reported at a pH value of 7.0, with changes of 1 unit in both directions leading to the reduction of ATGL activity to 50 %. ATGL exerts highest activity using a phosphatidylcholine/phosphatidylinositol (PC/PI) or Triton-X emulsion as LD mimic. ATGL shows a reduction of 35 % in activity when mimicking the LD with cholate. Interestingly, the interaction of ATGL with its activator protein CGI-58 highly depends on the nature of the detergent used as LD mimic since the stimulation with CGI-58 is only facilitated using a PC/PI LD mimic. These findings are based on empirical reports and might be due to unspecific interactions or conformational changes induced in different assay conditions [169].

# **Conclusion**

For more than a decade, ATGL has been considered to be one of the most important enzymes in intracellular lipolysis for very good reasons: The lipase exerts the first step in the breakdown of TGs [1, 2] and dysregulated lipolysis is associated with metabolic diseases including insulin resistance, diabetes, inflammation and non-alcoholic fatty liver. Therefore, it is of great importance to understand the regulation of this crucial metabolic process [8– 10].

To date, a number of interaction partners involved in the regulation of ATGL's TG hydrolyzing activity have been identified. Direct protein-protein interactions have been

established between ATGL and its activator protein CGI-58, or inhibitor protein G0S2 [21–23]. Additional regulation is achieved by direct interactions with the LD associated proteins Plin5 in oxidative tissue [100, 103] and CIDEC [28, 31], which restrict the access of ATGL to LDs. ATGL also interacts with the adipocyte secretion protein PEDF leading to a stimulation of ATGL activity [24, 25, 30]. However, questions about their exact interplay to collaboratively regulate ATGL still need to be addressed.

Although mutational analysis narrows down interaction regions of the single players, experimental three dimensional structures of the involved proteins, especially of ATGL, CGI-58 and G0S2 are missing to map a precise interaction surface and more important to investigate their mode of action. Clearly, further research on the regulation of ATGL has to be performed to finally answer this important questions and to identify other potential interaction partners crucial for the regulation of ATGL.

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# **List of Abbreviations**





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**Figure 1.** 

Schematic overview of intracellular lipolysis, the sequential breakdown of TG to glycerol and three molecules of FAs. ATGL catalyzes the hydrolysis of TG stored in LDs to DG and FA, which is the first step of lipolysis. The next step of lipolysis is catalyzed by HSL to degrade DGs to MGs and FAs. The last step of lipolysis is catalyzed by MGL, which hydrolyzes MG to glycerol and FA.



#### **Figure 2.**

Schematic overview of the regulation of ATGL on the LD. In basal condition of lipolysis, the LD is decorated with perilipins (Plins) and cell death activator CIDE-3 (CIDEC) to restrict the access of ATGL to the TG stores of the LD. The additional role of Plin1 is to sequester the co-activator protein comparative gene identification 58 (CGI-58) preventing its stimulating interaction with ATGL. ATGL hydrolyzes TG to DG and FA which also takes place to a small extent in basal conditions. Upon hormonal stimulation, the phosphorylation of Plin1, Plin2, CGI-58 and ATGL leads to a change on the surface of the LD: The chaperone heat shock protein HSPA8/hsc70 (HSPA8) shuttles Plin2 and Plin3 to the proteasome for degradation. The dissociation of CGI-58 from Plin1 enables its interaction with ATGL, which activates ATGL's TG hydrolyzing activity. In both, basal and stimulated state of lipolysis, ATGL can be inhibited by the protein G0/G1 switch gene 2 (G0S2), acyl-CoA and synthetic inhibitor Atglistatin (which is effective in murine ATGL only).

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#### **Figure 3. Overview of patatin-like domain containing proteins.**

(A) Graphical representation of Pat17 and nine members of the human PNPLA family and the location of their patatin-like domains, which are depicted in magenta. Crystal structures of (B) Pat17, (C) cytosolic phospholipase A2, (D) ExoU and (E) VipD. Patatin-like domains of Pat17, ExoU and VipD and the catalytic phospholipase A2 (PLA2c) domain in cytosolic phospholipase A2 are depicted in magenta.