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Nuclear positioning and *Xic* pairing are not primary determinants during initiation of random X-chromosome inactivation

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Abstract

During X-chromosome inactivation (XCI) one of the two X-inactivation centers (*Xic*) up-regulates the non-coding *Xist* RNA to initiate chromosomal silencing in *cis*. How one *Xic* is chosen to up-regulate *Xist* remains unclear. Models proposed include localization of one *Xic* at the nuclear envelope, or transient homologous *Xic* pairing followed by asymmetric transcription factor distribution at *Xist*'s antisense *Xite/Tsix* locus. Here we use a TetO/TetR system that can inducibly relocate one or both *Xics* to the nuclear lamina in differentiating embryonic stem cells (ESCs). We find that neither nuclear lamina localization, nor reduction of *Xic* homologous pairing influence monoallelic *Xist* up-regulation or choice-making. We also show that transient pairing is associated with biallelic expression, not only at *Xist/Tsix* but at other X-linked loci that can escape XCI. Finally we show that *Xic* pairing occurs in wave-like patterns, coinciding with genome dynamics and the onset of global regulatory programmes during early differentiation.

Introduction

X-chromosome inactivation (XCI) is the mechanism ensuring dosage compensation in female mammals. The *X-inactivation center* (*Xic*) is required in at least two copies in a diploid genome to trigger the initiation of random XCI (for reviews see^{2–4}) in epiblast cells of the mouse embryo. The *Xic* harbors the main regulator of XCI, the *X-inactive specific transcript* (*Xist*) gene in eutherian mammals^{5–10}. Robust *Xist* up-regulation is triggered only in cells with more than one X chromosome and in diploid cells just one of the two X chromosomes becomes inactivated during random XCI. How this choice

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Data availability statement

All data generated or analyzed during this study are included in this published article (and its supplementary information). The raw datasets generated during and or analyzed during the current study are available from the corresponding author on reasonable request.

Author contributions

T.P. and E.H. conceived the project and designed the experiments. T.P. carried out all experiments and analyzed the data. T.P. and E.H. wrote the manuscript.

Competing interests

The authors declare no competing financial interest.

of only one of the two *Xics* to up-regulate *Xist* occurs, has remained enigmatic. Failure to establish monoallelic *Xist* up-regulation can potentially result in both X chromosomes remaining active or being silenced, leading to embryonic lethality^{11–13}. Random XCI can be recapitulated *in vitro* in differentiating mouse embryonic stem cells (mESCs). In undifferentiated mESCs, both X chromosomes are active and *Xist* is repressed by several mechanisms including pluripotency factors, and *cis*-regulatory elements including *Tsix*, which is transcribed antisense through the *Xist* gene and its promoter. Several lines of evidence have led to the proposal that *Tsix* is involved in choice-making and monoallelic *Xist* expression at the onset of random XCI^{14–20}: *Tsix* becomes down-regulated on one *Xic* during a similar time-window as *Xist* up-regulation^{21,22}; deletion of *Tsix*'s promoter results in non-random *Xist* up-regulation from the mutated allele²³; deletion of both *Tsix* promoters in female ESCs leads to chaotic XCI with increased proportions of cells showing no *Xist* up-regulation or biallelic up-regulation during differentiation¹⁴.

How random monoallelic *Xist* expression is achieved and the role of *Tsix* have been debated. Both *Xist* and *Tsix* are regulated by pluripotency factors and *Xist* is controlled by *trans*-acting factors such as Rnf12/RLIM^{24–29} (see 30 for review). However, both *Xics* are exposed to the same *trans*-acting factors and the same or similar *cis*-regulatory elements within the nucleus. Numerous models have been evoked to explain how two genetically identical *Xics* become oppositely expressed during differentiation, but few have been directly tested.

One model for initiating asymmetric *Xist* and *Tsix* expression involves transient homologous *Xic* pairing during initiation of XCI^{31–34}. Pairing at *Xite*, a putative *Tsix* enhancer, was proposed to facilitate choice-making and monoallelic *Tsix* expression^{31,35}. Another region, *Xpr*, located several hundred kilobases away was proposed to facilitate *Xite* pairing but also to sense the presence of two *Xics* and help promote initiation of *Xist* expression³⁵ (see 2 for review), although *Xpr*'s precise role remains unclear³⁶. Studies involving heterokaryons suggested that *Xist* can be activated even without two X chromosomes within the same nucleus²⁹. Nevertheless, *Xic* pairing may still be required for symmetry breaking in XX cells. Indeed, live-cell imaging using *Xic* TetO-tagged female ESCs to visualize *Tsix/Xite* pairing, combined with FISH to visualize nascent expression of *Tsix* after pairing events, suggested that the outcome of pairing might be transient monoallelic *Tsix* down-regulation, which could favour monoallelic *Xist* up-regulation in *cis*³⁴. These studies and others, evoking Oct4 and CTCF as potential asymmetrically distributed factors following pairing^{33,37}, all point to a potential role for *Xic* pairing in *Tsix/Xist* symmetry-breaking and *Xic* choice. However, the role of *Xic* pairing in choice-making has never been directly tested, something that we undertake here.

Another long-standing hypothesis for differential treatment of two X chromosomes during random XCI is nuclear compartmentalization. For example association of one X chromosome with the nuclear periphery or another nuclear compartment might facilitate asymmetric access to transcription or replication factors^{38,39}. Indeed, the *Xic* lying closest to the nuclear periphery may be more prone to show initial *Xist* RNA accumulation in early differentiating XX ESCs³². More recently, it was proposed that association of the X

chromosome with the lamina and the lamin B receptor (LBR), could facilitate Xist RNA-mediated gene silencing⁴⁰.

Similar mechanisms have been evoked for other examples of monoallelic regulation, such as the immunoglobulin (*Ig*) and *Tcr* loci. Homologous pairing and asymmetric association with pericentric heterochromatin (so called “chromocenters”), as well as locus repositioning into the interior of the nucleus, have been proposed to play roles in ensuring faithful recombination and monoallelic expression during lymphocyte maturation^{41–45}. Roles for homologous pairing have also been proposed in *Drosophila*, for both positive and negative transcriptional regulation in *trans* (transvection). Examples include the *Ultrabithorax* (*Ubx*), *yellow* (*y*), *decapentaplegic* (*dpp*), eyes absent (*eya*) loci and the *brown* (*bw*) gene (reviewed in ^{46,47}). Transvection has also been visualized by live-cell imaging in *Drosophila* embryos⁴⁸.

Although a large body of circumstantial evidence links nuclear positioning with transcriptional regulation, including monoallelic expression, few studies have directly tested such hypotheses. Indeed, the design of experiments that specifically affect nuclear positioning, as opposed to affecting *cis*-acting elements that might have other effects on gene expression is challenging. In this paper we established direct functional tests that seek to assess whether subnuclear positioning of the *Xic* or homologous *Xic* pairing at the level of the *Tsix* region, actually contribute to monoallelic *Xist* regulation and choice-making during initiation of random XCI in early differentiating female ESCs. We use a TetO/TetR system, previously used for *Xic* pairing visualization, to reversibly relocate one or both *Xic* loci to the nuclear lamina via a TetR-EGFP-LaminB1 fusion protein. Similar strategies have been used to relocate LacO array-tagged autosomal loci to the nuclear lamina in mammalian cell lines and *Drosophila* upon expression of various LacI fusion proteins^{49–52}. We assess the impact of *Xic* tethering to the lamina on (i) gene expression; (ii) *Xic* pairing; (iii) initiation of monoallelic *Xist* up-regulation and random XCI. We find that neither localization at the nuclear periphery, nor *Xic* pairing are major determinants for the initiation of XCI, at least during early ESC differentiation. Rather, we show that *Xic* pairing seems to be a consequence of biallelic *Xist/Tsix* transcription (sense or antisense) in the context of mESC differentiation.

Results

Repositioning of the *Xic* to the nuclear periphery

To explore the impact of relocating the *Xic* to the nuclear envelope, we used a female mESC line (PGK12.1) that carries a TetO array (224 repeats) 40 kb upstream of *Tsix*^{34,53}. This line displays random XCI and has been used to visualize *Xic* dynamics in living cells via a TetR-mCherry or GFP protein fusion^{34,53} (Figure 1A). In order to relocate the single *Xic-TetO* (in XX_{TetO} ESCs) or both *Xic-TetOs*, (X_{TetO}X_{TetO} ESC) to the nuclear lamina, a transgene for TetR-EGFP-LaminB1 (T-E-LaminB1) fusion protein was stably introduced (Figure 1B,C; see Online Methods; Supplementary Figure 1A). In this system, association with the lamina is inducible, as TetR binding is doxycycline (dox) sensitive and thus reversible. In cells grown without dox, TetR binds to the TetO array; addition of dox prevents binding (Figure 1D). The TetR-EGFP-LaminB1 expressing ESCs were

thus generated in dox-containing medium, to exclude effects of TetR binding (and *Xic* lamina targeting) during their derivation. TetR binding could then be induced (removing dox from the medium) at specific time points. For each experiment cells were split into two populations: one in dox-containing medium (referred to as ‘control’), the other in medium without dox (referred to as ‘bound’) (Figure 1D,E).

Xic localization at the nuclear lamina in control versus bound conditions was assessed by scoring direct overlap of TetO DNA FISH and LaminB1 immunofluorescence in heterozygous XX_{TetO} ESCs (Figure 1F). In unbound (control) conditions, the single *Xic-TetO* locus co-localizes with the nuclear lamina in 13% ($n>200$) of XX_{TetO} T-E-LaminB1 ESCs (Figure 1G). As a comparison, frequency of localization of the *Xic-TetO* to DAPI-dense pericentric heterochromatin or “chromocenters” in control XX_{TetO} T-E-LaminB1 cells was ~10% (Supplementary Figure 1B,C). Following one week of dox washout, over 60% ($n=190$) of *Xic-TetO* loci co-localized with the nuclear lamina in bound XX_{TetO} T-E-LaminB1 ESCs (Figure 1G). Thus, in absence of dox, binding of T-E-LaminB1 to the *Xic-TetO* results in efficient relocalization of the single *Xic-TetO* to the nuclear lamina of heterozygous XX_{TetO} ESCs. This was also accompanied by a decrease in *Xic-TetO* chromocenter colocalization (Supplementary Figure 1C) demonstrating that *Xic-TetO* localization to the lamina also reduced the probability of the locus visiting other subnuclear compartments (Supplementary Figure 1B,C).

We next analyzed the impact of T-E-LaminB1 binding at both *Xic-TetO* loci in homozygous $X_{TetO}X_{TetO}$ T-E-LaminB1 ESCs by IF-DNA FISH (as above). The total fraction of *Xic-TetO* loci that co-localized with the nuclear lamina in control (+dox) conditions was similar in XX_{TetO} and $X_{TetO}X_{TetO}$ T-E-LaminB1 ESCs (compare Figure 1G and 1H, $n>400$). Simultaneous nuclear lamina association of both *Xic-TetO* loci was rarely observed (1%, $n=203$) in control ($X_{TetO}X_{TetO}$ T-E-LaminB1) ESCs. However in bound (-dox) $X_{TetO}X_{TetO}$ T-E-LaminB1 ESCs, the two *Xic-TetO* loci were both at the lamina in 40% of cells (Figure 1H, $n=177$).

Thus, binding of TetR-EGFP-LaminB1 in ESCs containing either one or two *Xic-TetO* loci, leads to efficient *Xic* relocalization to the nuclear lamina in ESCs, allowing us to address the impact of lamina tethering on gene expression and the early steps of random XCI.

Relocalization of the *Xic-TetO* to the nuclear lamina does not affect *Xist*'s regulation during differentiation

We first assessed whether relocalization of one *Xic-TetO* to the nuclear lamina, a supposedly repressive compartment, affects nearby gene expression using qPCR and nascent RNA FISH (see Supplementary Note). Although genes closest to the TetO array (*Tsix*, *Chic1*, *Tsx*) showed some degree of repression upon TetR-EGFP-LaminB1 binding, the effects on other *Xic* genes (including *Xist*) were minor and not linearly proportional to the distance from the TetO array (Figure 1A,I). To determine the impact of relocating the *Xic-TetO* to the nuclear lamina on the initiation of random XCI, we induced differentiation of control and bound XX_{TetO} T-E-LaminB1 ESCs by LIF withdrawal. *Xist* up-regulation was assayed by FISH for nascent RNA (*Xist* intron 1 probes, see Online Methods), and spliced, accumulating *Xist* RNA (*Xist* exon pool probes)(Figure 2A). *Xist* RNA steady state levels were also analyzed

by qPCR (Supplementary Figure 2). Samples were collected each day for 4 days and several hundred cells counted at each time point (Figure 1E). No differences in the fraction of cells showing monoallelic or biallelic *Xist* transcription or accumulation could be found in bound versus control XX_{TetO} T-E-LaminB1 cells (Figure 2B,C, n>200). Furthermore, *Xist* RNA domains were normal in appearance in bound cells (Figure 2A). Expression levels of *Xist* and pluripotency factors (by qPCR) were similar between bound and control cells at each timepoint (Supplementary Figure 2). In conclusion, neither time of onset, kinetics nor levels of *Xist* up-regulation were affected when one of the two *Xics* was relocalized to the nuclear lamina during early ESC differentiation.

We also assessed whether choice-making was affected in this context, using *Xist* RNA FISH and *Xic*/TetO DNA FISH to distinguish the two alleles (Figure 2D) at day 4 of differentiation (see Supplementary Note for controls). By this stage, XCI is established and non-random XCI should be apparent in the overall cell population. Upon binding of TetR-EGFP-LaminB1 to the single *Xic-TetO* in heterozygous XX_{TetO} T-E-LaminB1 cells, the average ratio of *Xist* up-regulation from the *Xic-TetO* versus wildtype *Xic* was not significantly altered ($p > 0.5$, Student's t-test) when compared to control cells ($Xist_{Xic-TetO} : Xist_{Xic} = 55\% : 45\%$, n>500, Figure 2E), although the variance between the performed experiments was slightly higher for the bound population of cells.

In summary, enforced localization of the *Xic-TetO* locus to the nuclear periphery neither alters the general capacity of the *Xic* to up-regulate *Xist*, nor impacts primary choice-making between the two *Xics* at the onset of random XCI. This argues against a role for subnuclear localization as a deterministic factor in choice-making during initiation of random XCI.

Relocalization of both *Xics* at the nuclear lamina reduces the probability of homologous *Xic* pairing events but does not impact on the onset of XCI

Given these results, we next assessed whether relocalization of the *Xic-TetO* to the nuclear lamina would affect homologous *Xic* pairing. We reasoned that moving the *Xic* to a more peripheral position and restricting its diffusion within the nucleoplasm might influence the frequency with which the two *Xics* come into close proximity (pair). To test this, we performed DNA FISH for the *Xist/Tsix* region, which undergoes homologous pairing during early ESC differentiation^{31–35,37}. We measured 3D distances between the two *Xics* in control and bound XX_{TetO} and X_{TetO}X_{TetO} T-E-LaminB1 ESCs (Supplementary Figure 3A-F). Relocalization of just one *Xic* to the nuclear lamina, in heterozygous bound XX_{TetO} T-E-LaminB1 ESCs, resulted in a slight, but significant, increase in overall *Xic-Xic* distances (Supplementary Figure 3B and 3C). This was even more pronounced in homozygous bound X_{TetO}X_{TetO} T-E-LaminB1 ESCs (Supplementary Figure 3E and 3F), shifting to even greater *Xic-Xic* distance distributions.

We went on to assess whether the frequency of homologous pairing events was affected upon relocalization of one or both *Xic-TetO* loci to the nuclear lamina using DNA FISH for the *Tsix/Xist* region in differentiating control and bound X_{TetO}X_{TetO} TetR-EGFP-LaminB1 cells (Figure 3A-D). We measured 3D distances between *Xist/Tsix* loci at high temporal resolution (0, 0.5, 1, 1.5, 2, 2.5, 3 and 4 days of differentiation) and we counted several

hundred (usually $n > 600$) cells at each time point, to ensure that our detection of any differences in *Xic* pairing frequencies would be robust.

In control $X_{TetO}X_{TetO}$ T-E-LaminB1 cells (+dox), the fraction of cells with *Xic-Xic* distances of $d < 2 \mu\text{m}$ (defined as *Xic* pairing³⁵) increased during early differentiation, especially between day 1 and 2.5 and at day 4 of differentiation (Figure 3C). These patterns are similar to those previously seen in wildtype PGK12.1 cells³⁵ (also Panel in Supplementary Figure 3G). We noted that *Xic* pairing occurs at several time points in a continuous pattern rather than at single discrete time points during differentiation, possibly due to the absence of retinoic acid during differentiation, unlike previous studies. Also, as reported before³¹ the *Xic-Xic* distance distribution in the entire population decreased during the first day of differentiation, increased between day 1 and day 1.5/2 and decreased again after day 1.5/2 in a wave-like pattern (Supplementary Figure 3H-J).

When the *Xic-TetO* loci were relocalized to the nuclear lamina (-dox) in $X_{TetO}X_{TetO}$ T-E-LaminB1 cells, a substantial reduction in *Xic-Xic* pairing events, compared to unbound controls, was found throughout early differentiation (Figure 3D). We assessed whether this reduction in *Xic* pairing had an impact on Xist RNA patterns during differentiation. We first analyzed *Xist* expression (intronic) and *Xist* RNA accumulation (mRNA) by RNA FISH in early differentiating bound and control $X_{TetO}X_{TetO}$ T-E-LaminB1 cells (Figure 3E). Frequencies of Xist RNA expression or accumulation from one of the two *Xics* were similar between bound and control $X_{TetO}X_{TetO}$ T-E-LaminB1 cells at all time points (Figure 3F,G, $n > 150$). The appearance of Xist RNA clouds was also similar (Figure 3E). The fraction of cells with aberrant initiation of XCI (biallelic Xist RNA accumulation, no *Xist* up-regulation) was also comparable between bound and control cells (Figure 3F,G, $n > 150$). Expression of *Xist* and pluripotency factors (by qPCR) were also comparable between bound and control cells (Supplementary Figure 3K).

Altogether, these results demonstrate that substantial reduction in *Xic* pairing during ESC differentiation has little impact on *Xist* up-regulation patterns, frequency and timing in cell populations. Thus, monoallelic *Xist* up-regulation and *Xist/Tsix* expression symmetry-breaking are unlikely to result directly from homologous *Xic* pairing at the *Xite/Tsix* locus, at least in this system of early ESC differentiation.

Homologous pairing of the *Xic* is not correlated with a specific transcription event in the *Xic* but rather biallelic activity of the *Xist/Tsix* unit

Although the above results indicate that *Xic* pairing is not a cause of monoallelic *Xist/Tsix* expression, several lines of evidence have linked *Xic* pairing with the capacity to initiate XCI and up-regulate *Xist*^{31,32}. To better understand the basis for this connection, we investigated *Tsix* and *Xist* expression during *Xic* pairing events in differentiating $X_{TetO}X_{TetO}$ cells stably expressing TetR-EGFP53. TetR-EGFP binding to the *Xic-TetO* loci allowed us to simultaneously assess pairing events and ongoing transcription of *Tsix* and *Xist* (intronic probe) by RNA FISH (not previously possible using TetR-mCherry³⁴, see Online Methods for further details).

Xic pairing was not specifically associated with a unique expression pattern of *Tsix* and/or *Xist* during early differentiation (Figure 4A-C, see Supplementary Note for a more detailed description). Although *Xic* pairing events usually had biallelic *Tsix* transcription, different combinations of *Xist* and *Tsix* expression were seen, e.g. monoallelic *Tsix* & biallelic *Xist*; no *Tsix* & mono/biallelic *Xist*. Thus *Xic* pairing does not seem to be facilitated by a unique *Xist/Tsix* expression state and pairing does not induce a specific expression pattern. Overall, this data nevertheless indicated that transcription from both *Xics* (whether sense or antisense, *Xist* and/or *Tsix*) occurs at the majority of *Xic* pairing events suggesting that transcription in the *Xic* may indeed be linked to its pairing³³.

To explore this further, we examined *Xic* pairing in female mESCs harboring a doxycycline-inducible *Xist* promoter on one of the two X chromosomes (TX1072, Figure 5 and Supplementary Note) and another line carrying a homozygous *Xist* deletion (*Xist* DKO, Figure 6 and Supplementary Note). Inducing *Xist* resulted in almost exclusive monoallelic *Xist* expression, with monoallelic *Tsix* expression from the other allele (Figure 5C,D and Supplementary Figure 4A). Deletion of *Xist* from both *Xics* resulted in mainly biallelic *Tsix* expression throughout differentiation of *Xist* DKO mESCs (Figure 6B,C). In both situations, *Xic* pairing frequencies were similar to wildtype cells during early differentiation (Figure 5E,F and Figure 6D,E). Thus, exclusive monoallelic *Tsix* and *Xist* expression on the two *Xics*, or no *Xist* (only biallelic *Tsix*) expression, are both still compatible with pairing. This indicates that neither biallelic *Tsix* expression, nor *Xist* expression are required *per se* for *Xic* pairing to occur; and *Xist* RNA accumulation has no effect on *Xic* pairing during early ESC differentiation. Furthermore, *Xic* pairing in differentiating XX_{TetO} *Xist* DKO cells does not enable monoallelic *Tsix* expression as the fraction of cells with monoallelic *Tsix* is similar at timepoints with high and low frequencies of *Xic* pairing (Figure 6C,E). In conclusion, *Xic* pairing was unaffected by any of the XCI initiation events tested: monoallelic *Xist* up-regulation, monoallelic *Tsix* down-regulation or no *Xist* expression and biallelic *Tsix*. Rather, expression at both *Xic* loci – whether of *Xist* and/or of *Tsix* – seems to be sufficient for *Xic* pairing to be seen during ESC differentiation.

Loci escaping X-inactivation also undergo homologous pairing during ESC differentiation

Given the above results, we decided to investigate whether biallelic expression of other X-linked loci might be linked to homologous *trans* associations during early differentiation, as has been suggested for some autosomal loci⁵⁴. We analyzed 3D distances between homologues of several different X-linked loci by DNA FISH in differentiating female control PGK X_{TetO}X_{TetO} TetR-EGFP-LaminB1 cells. We chose biallelically expressed loci⁵⁵ (escape from XCI) eg *Utx* (*Kdm6a*) and *Jarid1c* (*Kdm5c*), and loci that are not expressed (parts of the *Rhox* cluster), or only at low levels (*Dach2*) (Figure 7A,B).

As expected, homologous pairing ($d < 2\mu\text{m}$) at the *Xic* (*Xist/Tsix* region) increased during differentiation and peaked at day 1.5/2 (8-9% of the cells, $n > 200$) (Figure 7C). The two escapee loci also displayed homologous pairing that increased during differentiation and peaked at day 1.5/2 for *Utx* (8%, $n > 300$) and at day 2.5 for *Jarid1c* (8%, $n > 250$) (Figure 7C). On the other hand, the *Rhox* cluster and *Dach2* showed low frequencies of $d < 2\mu\text{m}$ distances (4%) (Figure 7C). Furthermore, a locus containing genes which become silenced

early on during XCI was previously found to show no significant pairing during female mESC differentiation³⁵. Together, these results suggest that pairing is not restricted to the *Xic* but can also occur at X-linked loci that are biallelically expressed during early differentiation. Thus homologous *trans*-associations may be a feature of some biallelically transcribed loci in early differentiating ESCs.

Waves of *Xic* homologous pairing during early differentiation coincide with the onset of cyclical changes in circadian clock and metabolic genes

We noted that the *Xic* and escapee loci are expressed biallelically in undifferentiated female ESCs as well as throughout early differentiation, and yet homologous *Xic* pairing and *Xic-Xic* distance distributions only occur during differentiation and in a non-linear, rather wave-like pattern (Figures 3C, 5F, 6E, 7C and Supplementary Figure 3J; also see^{31,34,35}). These wave-like patterns did not correlate with patterns of pluripotency factor expression (*Oct4*, *Nanog*, *Rex1*, *Esrrb*), assayed (by qPCR) at 12h intervals during differentiation (Supplementary Figure 6). However Lamin B (*Lmnb*), which is implicated in nuclear organization, displayed wave-like changes in mRNA levels (Supplementary Figure 6), very similar in rhythm to *Xic-Xic* distance distributions (Supplementary Figure 3J). Given these cyclical changes in locus dynamics and gene expression, we analyzed expression of circadian clock genes (*Cry1*, *Cry2*, *Per1*, *Per2*, *Bmal1*) and the metabolic *Glut8* gene, previously proposed to initiate rhythmic gene expression in differentiating ESCs^{56,57}. Only *Per1* and *Glut8* showed cyclic fluctuations in expression, and only from day 2 of differentiation (Supplementary Figure 6). Thus the wave-like patterns in *Xic* pairing and genome dynamics observed during early differentiation of ESCs precede or coincide with, but do not follow, the onset of circadian rhythm patterns.

Discussion

Nuclear localization has been proposed as a mechanism for establishing or maintaining random monoallelic gene expression in processes such as XCI, allelic exclusion of *Ig* and *Tcr* genes and olfactory receptor genes^{31–35,37,41,42,44,45,58,59}. Proof of causality between gene positioning and expression has been challenging to obtain. Genetic manipulations (deletions or ectopically inserted transgenes) that point to links between nuclear positioning and gene expression, cannot readily prove causality, as DNA sequence alterations can act through other mechanisms (factor binding, chromatin changes). The TetO/TetR ESC system we used here enabled us to change the subnuclear localization of one or both *Xics* in a reversible manner without deleting or perturbing regulatory sequences in the *Xic*. This allowed us to address the causal relationships between subnuclear localization of the *Xic*, gene expression, homologous *Xic* pairing and the initiation of random XCI.

By moving the *Xic* to the nuclear periphery, we found that the nuclear lamina in ESC did not induce complete or stable silencing of nearby endogenous genes of the *Xic*. Thus, the repressive effect of the nuclear periphery of ESCs and their differentiating derivatives, is less potent than in somatic cells^{49–52}. Although *Tsix*, *Xist*'s antisense regulator, was modestly repressed upon relocalization to the nuclear lamina in ESCs, this had no significant effect on *Xist* regulation, presumably because antisense transcription across *Xist* continued

albeit at a slightly reduced rate. These findings are consistent with previously published data showing that high transcription factor concentrations can override gene silencing at the nuclear lamina⁴⁹. Furthermore, mechanisms of gene repression at the nuclear periphery in ESCs might differ from somatic cells⁶⁰.

In this study we also show that *Xist* up-regulation does not require association with the nuclear lamina and that subnuclear localization at a repressive compartment has no major role in the choice of which *Xic* will up-regulate *Xist* and initiate random XCI. Our results suggest that nuclear localization in general is unlikely to be a major determinant in initiation of monoallelic *Xic* regulation, as the forced relocalization of the *Xic* to the nuclear lamina simultaneously reduced the likelihood that the *Xic* would occupy any other parts of the nucleus. It was previously hypothesized that the observed peripheral location of the *Xic32*, or indeed of the whole X chromosome⁶¹, might facilitate the onset of XCI^{39,40}. In fact, positioning at the nuclear periphery (or at the nucleolus) may simply be a consequence of the repetitive nature of the X chromosome. Such positioning may nevertheless facilitate downstream events in XCI, such as maintenance of *Xist* RNA-mediated gene silencing⁴⁰ although causality of nuclear position in the context of XCI maintenance remains to be demonstrated.

Pairing of homologous loci has been observed in several experimental systems and many hypotheses about the causes and consequences of this phenomenon exist (reviewed in ⁶²). Our system enabling relocalization of both *Xics* to the nuclear lamina allowed us to show that reducing *Xic* pairing had no impact on the monoallelic regulation of *Xist* during differentiation. Thus homologous *Xic* pairing at the level of the *Xite/Tsix* region, does not play an important role in random XCI, at least during *in vitro* ESC differentiation. The fact that *Xic* pairing events occur reproducibly during the exact time window of random XCI initiation and the previous studies involving *Xic* transgenes and deletions^{31,33,35} that linked pairing with *Xic* choice-making, nevertheless pointed to an intimate connection between this phenomenon and the capacity to induce normal, random XCI. Our data suggests that expression from both *Xist/Tsix* alleles during early ESC differentiation appears to be one of the criteria underlying *Xic* transient homologous *trans*-association events. The notion that *trans*-associations might be facilitated by gene expression (or factors involved in it), previously proposed for some biallelically expressed autosomal loci^{54,63–65}, is further supported here by our discovery that loci escaping XCI, but not monoallelic or lowly expressed loci can associate in *trans*.

Another intriguing question is why *Xic* pairing events occur only in early differentiating cells, but not in undifferentiated ESCs or in somatic cells. Live cell imaging previously revealed that during early differentiation, genomic loci (not just the *Xic*) can be particularly dynamic, even more so than in undifferentiated ESCs³⁴, and homologues might be more likely to encounter each other. Transcription of two homologous alleles, with similar binding of transcription and chromatin factors, might favor prolonged associations following chance encounters in a dynamic nuclear context. A role for transcription factors and transcripts was also recently proposed in the context of PAR and *Xic* pairing⁶⁶. Indeed, transcription and CTCF binding to *Tsix* have been proposed to facilitate pairing of the *Xic*⁶⁷. Whatever the molecular mediators of *trans* associations, our data suggests that *trans* associations might

be stabilized when the two regions involved are transcribed, whilst upon loss of expression, loci might dissociate. This would be in line with our previous observations involving live-imaging followed by RNA FISH, where *Tsix* was found to be monoallelic in a high fraction of cells shortly after homologous pairing had occurred³⁴.

A final intriguing feature of *Xic* pairing is that *Xic-Xic* distance distributions change in a wave-like pattern during differentiation, with more frequent pairing at discrete time points (days 1-2 and 4 of differentiation)^{31,34,35}. We find that expression of some genes related to nuclear architecture (*Lmnb*), circadian rhythm (*Per2*) and metabolism (*Glut8*) show similar temporal dynamics to pairing (Supplementary Figure 6). Although circadian rhythms do not exist in ESCs⁵⁷, circadian rhythm genes may become up-regulated during ESC differentiation. In light of these considerations, the observed changes in chromosome dynamics and the waves of pairing at transcribed loci during early ESC differentiation may occur in the context of a more global (non-linear) regulatory framework being set up in development. Indeed, it has previously been shown that contact maps in *trans* can change with circadian rhythms⁶⁸ (eg clock-dependent gene *Dbp* in mouse embryonic fibroblasts). Homologous pairing events of the X chromosomes and other loci might thus be driven by these general changes in cell physiology that occur in a wave-like pattern upon the initiation of differentiation.

In conclusion, we provide functional evidence that positioning at the lamina and homologous pairing between the *Xic* loci are not critical determinants of XCI during early ESC differentiation. We do not exclude that homologous pairing has a role at later stages of XCI. Indeed the fact that *Xic* pairing occurs in multiple waves during differentiation indicates that it may provide a fail-safe strategy to ensure XCI is accurately under way. We also make the unexpected discovery that during early differentiation, cyclical chromosome-wide and local DNA dynamics, including *Xic* pairing, are accompanied by wave-like patterns of circadian and metabolic gene expression. Although causality has so far not been found, this opens up the exciting possibility that chromosome and nuclear dynamics during early development may be linked to the progressive onset of the circadian clock and to appropriate metabolic programmes.

Online Methods

Cell lines

The female PGK12.1 ESC line was a gift from the laboratory of N. Brockdorff⁶⁹. PGK12.1 XX_{TetO} and PGK12.1 X_{TetO}X_{TetO} were previously described³⁴. TX1072 cells, which carry a doxycycline responsive promoter upstream the *Xist* gene transcriptional start site on one X chromosome were previously described⁷⁰. A homozygous deletion of *Xist* has also been introduced into PGK12.1 XX_{TetO} cells by CRISPR/Cas9 mediated genetic engineering (see below).

Embryonic stem cell culture and differentiation

Feeder-free embryonic stem cells were essentially cultured as described previously^{53,70}. In brief, ESCs were grown in flasks or dishes pre-coated with 0.1% (w/v) gelatin in

PBS in serum-containing ESC medium (15% fetal bovine serum (FBS, Gibco), 0.1 mM 2-mercaptoethanol (Gibco), 1000 U/ml leukemia inhibitory factor (LIF, Chemicon) in Dulbecco's Modified Eagle's Medium (DMEM, Sigma)). The culture medium was supplemented or not with the following components: doxycycline (1 μ g/ml doxycycline (dox, Sigma), 2i components (3 μ M GSK-3 inhibitor XVI CT-99021 (R&D System) and 1 μ M MEK inhibitor PD0325901 (Cliniscience)) and antibiotics (250 μ g/ml hygromycin B (Invitrogen)). ESCs were differentiated by LIF withdrawal. Prior to the initiation of differentiation, cells were seeded at a density of 1-1.5 \times 10⁴ cells/cm² into the wells of 6-well plates. For the initiation of differentiation cells were first washed three times with PBS without resuspension and then cultured in differentiation medium (10% FBS (Eurobio), 0.1 mM 2-mercaptoethanol in DMEM). For imaging purposes cells were seeded and cultured on glass coverslips, which were sterilized by ethanol-flaming and pre-coated with gelatin.

Cell lines stably expressing TetR-EGFP-LaminB1 were cultured in doxycycline containing medium. For each experiment involving a 'control' and 'bound' population, cells were trypsinized, washed three times in PBS in suspension and split into a population cultured in doxycycline containing medium (referred to as 'control') and a population cultured in medium without doxycycline ('bound'). In order to compromise between incomplete TetR binding after doxycycline washout and avoidance of putative long-term effects of TetR binding as well as to avoid differences by keeping the two ESC populations separate for too long, we performed fixations and initiations of differentiation (see above) one week after doxycycline washout.

Gene expression constructs

Gene expression constructs for the expression of TetR-EGFP fusion proteins are based on the pBROAD3 expression vector (Invivogen) containing a mouse ROSA26 promoter. Plasmid maps can be found in the supplementary information accompanying this publication. Plasmid sequences are available on request. TetR fusion protein constructs were generated based on the TetR fusion protein construct previously generated by Osamu Masui³⁴. The pBROAD3-TetR-EGFP fusion plasmid was generated by exchange of the mCherry coding sequence in pBROAD3-TetR-mCherry³⁴ with the EGFP coding sequence amplified by PCR with respective overhangs (BamHI/EcoRI) for cloning from pEGFP-N1 (Clontech). The pBROAD3-TetR-EGFP-LaminB1 fusion plasmid was generated from a hybrid plasmid containing the coding sequence of a TetR-EGFP-mCherry by insertion of the EGFP coding sequence amplified from pEGFP-N1 with the respective overhangs for cloning into the original vector (BglII/BamHI). The LaminB1 coding sequence was amplified by PCR with the respective overhangs for cloning (BglII/NheI) from pTRE-EYFP-LaminB1 (gift from Andrew Belmont) and exchanged in frame against the coding sequence of mCherry in pBROAD3-TetR-EGFP-mCherry. The plasmid p10L7 (same as 34) provided the hygromycin resistance for the generation of stable ESC lines.

Generation of transgenic ESC cell lines

PGK12.1 XX_{TetO} and X_{TetO}X_{TetO} ESC lines stably expressing TetR-EGFP fusion proteins were generated as described before⁵³. Female ESCs were seeded into the wells of a 6-well plate pre-coated with 0.1% gelatin and grown to a confluence of 70-80%. The plasmids

containing the coding sequence for the respective fusion protein were mixed with plasmids containing the respective selectable marker at a ratio of 15:1 and 3 µg of the plasmid mix used for the lipofection of one well of a 6-well plate. Lipofection of the plasmids was performed using Lipofectamine 2000 (Life Technologies) according to the manufacturer's instructions. One day after transfection different dilutions of the cells were split into 10-cm dishes pre-coated with 0.1% gelatin. Selection with the respective antibiotic was started 1 day after transfer to 10-cm dishes. Approximately 1 week after transfer into 10-cm dishes and selection single colonies could be picked and transferred into 96-well plates. Upon reaching optimal density in 96-well plates, cells were split into a new 96-well plate and a 96-well plate with glass bottom. The selected clones were screened by live-cell imaging in 96-well plates with glass bottom for expression of the respective TetR-EGFP fusion protein. Clones were selected based on expression level, localization of the TetR-EGFP fusion protein and expression mosaicism in the population of cells. Selected clones were amplified and analyzed by RNA and DNA FISH for presence of two X chromosomes. Cells expressing TetR-EGFP-LaminB1 were cultured in the presence of hygromycin B and doxycycline. During differentiation no antibiotics were supplemented to the differentiation medium.

RNA and DNA fluorescence *in situ* hybridization

RNA and DNA FISH, imaging and FISH signal distance and intensity measurements were performed essentially as described before^{35,53,71,72}.

ESCs and their differentiating derivatives were grown on glass coverslips. The cells were washed once with PBS and fixed in 3% paraformaldehyde (Panreac) in PBS for 10 minutes at room temperature. Cells were washed three times with PBS and permeabilized for 5 minutes on ice in ice-cold permeabilization buffer (0.5% (v/v) Triton-X-100 (Euromedex), 2 mM vanadylribonucleoside complex (New England Biolabs) in PBS), washed 3 times in 70% (v/v) ethanol and stored at -20°C in 70% ethanol.

A list of the RNA and DNA FISH probes used for this study can be found in Supplementary Table 2. Plasmid, fosmid and BAC-derived probes were labeled by nick translation (Abbot) following the manufacturer's instructions. The probes were either ethanol-precipitated or dried and resuspended in an appropriate amount of formamide while shaking at 37°C in a Thermomixer (Eppendorf). BAC- and fosmid-derived probes were co-precipitated with mouse Cot-1 DNA (Invitrogen) and competition to block repetitive sequences was performed after denaturation at 75°C for 10 minutes for at least 1 hour at 37°C, before mixing the probes with 1 volume of 2x hybridization buffer (40% dextran sulfate (w/v), 2 µg/µl bovine serum albumin, 20 mM vanadyl ribonucleoside complex in 4x SSC; after mix with probes in formamide: 50% formamide, 20% dextran sulfate, 1 µg/µl bovine serum albumin, 10 mM vanadyl ribonucleoside complex in 2x SSC). Probes that did not require competition were denatured at 75°C for 10 minutes and stored on ice until mixing with 1 volume of 2x hybridization buffer.

Prior to RNA and DNA FISH the stored coverslips were desiccated by sequential incubation in 70%, 80%, 95% and 2x 100% ethanol for 5 minutes shaking at room temperature. The coverslips were air-dried completely and lowered onto a drop of the probe/hybridization

buffer mix and incubated over night at 37°C for RNA FISH. For DNA FISH the coverslips were washed 3 times in 2x SSC and incubated for 1 hour at 37°C in 2x SSC supplemented with 0.1 mg/ml RNase A (Fermentas) and 10 U/ml RNase H (New England Biolabs). After the RNase treatment the coverslips were desiccated again as described above. Prior to the hybridization the cells on coverslips were denatured for 36-38 minutes (denaturation time was established through a series of prior tests as described in 53) at 80°C in 50% formamide in 2x SSC (pH7.4 at room temperature), washed 3 times in ice-cold 2x SSC and then lowered onto a drop of the probe/hybridization buffer mix and incubated over night at 42°C. The next day the coverslips were washed 3 times at 42°C/45°C in 50% formamide in 2x SSC (pH7.4 at room temperature) and 3 times at 42°C/45°C in 2x SSC. Nuclei were counterstained with DAPI and the coverslips mounted and cells imaged.

For immunofluorescence DNA FISH, coverslips were not desiccated but transferred and washed three times in PBS. The coverslips were incubated for at least 15 minutes in blocking buffer (1% BSA in PBS) and then lowered on a drop of primary antibody solution (antibody in blocking buffer, see list of used antibodies in Supplementary Table 3) and incubated at room temperature for 1 hour. The coverslips were then washed 3 times for 5 minutes at room temperature and incubated for 1 hour with the secondary antibody in the dark (see list with secondary antibodies in Supplementary Table 3). The coverslips were washed three times in PBS at room temperature and the cells fixed for 2 minutes in 3% PFA. After the post-fixation the cells were washed 3 times in PBS and 3 times in 2x SSC and denatured as described above for DNA FISH.

Cells were imaged using a Deltavision Core fluorescent microscope equipped with a CoolSNAP HQ2 camera and a 60x or 100x PlanApo oil immersion objective. 3D image stacks were analyzed using custom-made ImageJ routines as described elsewhere^{35,71,73}.

Quantitative real-time PCR

To isolate RNA, 1 ml Trizol was added to the cells in the well of a 6-well plate after washing the cells once in PBS. The Trizol suspension was transferred to a reaction tube and 200 µl chloroform were added, the mix vortexed for 10-20 seconds and centrifuged for 15 minutes at 4°C and 12,000xg. The upper aqueous solution was transferred to a new reaction tube and mixed with 1 volume 70% ethanol. RNA was isolated from the solution by using the RNeasy Mini Kit (Qiagen) following the manufacturer's instruction including an on-column DNase digestion (Qiagen) step.

Reverse transcription of isolated RNA was carried out using the SuperScript III Reverse Transcriptase Kit (Invitrogen) using random primers (Invitrogen) according to the manufacturer's instruction.

Quantitative real-time PCR was carried out using the SYBR green PCR Master Mix (Applied Biosystems) following the manufacturer's instructions. Reactions were carried out using a ViiA7 real time PCR system (Applied Biosystems). Relative expression levels were normalized as indicated based on the expression level of Rplp0 (Arp0), Rrm2 and beta-Actin (a list of primers can be found in Supplementary Table 1).

Generation of the *Xist* double knock-out using the CRISPR/Cas9 approach

An approximately 18 kb large deletion was introduced into both alleles of PGK12.1 XX^{TetO} cells using the CRISPR/Cas9 system⁷⁴.

The pairs of oligonucleotides containing the target sequences for the guide RNAs were cloned into pSpCas9(BB)-2A-puro (pSpCas9(BB)-2A-Puro (PX459) was a gift from Feng Zhang (Addgene plasmids #48139 & #62988)). In brief, the vector was digested with BbsI and the linearized vector gel purified using the Qiagen gel extraction kit following the manufacturer's instructions. 0.1 μmol of each oligonucleotide (see primer list) containing the target sequence were phosphorylated in a 10 μl reaction using T4 polynucleotide kinase (NEB) in the respective buffer for 30 minutes at 37°C in a Thermocycler (Eppendorf). Oligonucleotide pairs were then annealed after denaturation at 95°C for 5 minutes by cooling down at 5 K per minute to 25°C. 1 μl of a 1:200 dilution of annealed and phosphorylated oligonucleotides was used in a 11 μl ligation reaction containing 50 ng of BbsI digested vector, 1x Quick Ligation Buffer (NEB) and 1 μl Quick Ligase (NEB). The ligation reaction was incubated for 10 minutes at room temperature and subjected to standard transformation into chemically competent bacteria. Ligation of the target sequence into pSpCas9(BB)-2A-puro was confirmed by sequencing.

pSpCas9(BB)-2A-puro plasmids containing the target sequences as well as a Cas9 expression cassette were delivered into mESCs using nucleofection. In brief, mESCs were trypsinized and counted. 5x10⁶ cells were pelleted in a 1.5-ml reaction tube, resuspended in nucleofection mix (Lonza) containing nucleofector solution, supplement 3 and 2.5 μg of each plasmid (5 μg total) and transferred to a nucleofection cuvette. Nucleofection was performed using the mESC settings on a 4D-Nucleofector system (Lonza). The cells in the nucleofection mix were resuspended in 1 ml pre-warmed ESC culture medium and transferred into 9 ml of pre-warmed ESC culture medium in a 15-ml polypropylene tube, mixed and seeded onto 10-cm tissue culture dishes in various dilutions. Cells were grown for one day in ESC culture medium. After one day the medium was exchanged against ESC culture medium containing puromycin (1 μg/ml, Sigma). Cells were grown for one day in selection medium before the medium was changed to regular ESC culture medium without puromycin. Cells were cultured until single ESC colonies were detectable by eye, which were then picked and transferred into 96-well plates (similar to what has been described above for the generation of stable cell lines).

Single clones were screened for deletion by PCR after extraction of genomic DNA using genotyping primer indicating the presence of wildtype alleles or deleted alleles (see primer list). A clone homozygous for the 18-kb deletion in *Xist* was selected (PGK N-TetO #106 *Xist* TSS-intron 3 clone A9), amplified and subjected to further analysis. Deletion of the *Xist* allele was confirmed by sequencing. Presence of both X chromosomes was confirmed using DNA FISH. Loss of both *Xist* alleles was further confirmed by the lack of *Xist* expression/up-regulation during differentiation using RNA FISH and qPCR.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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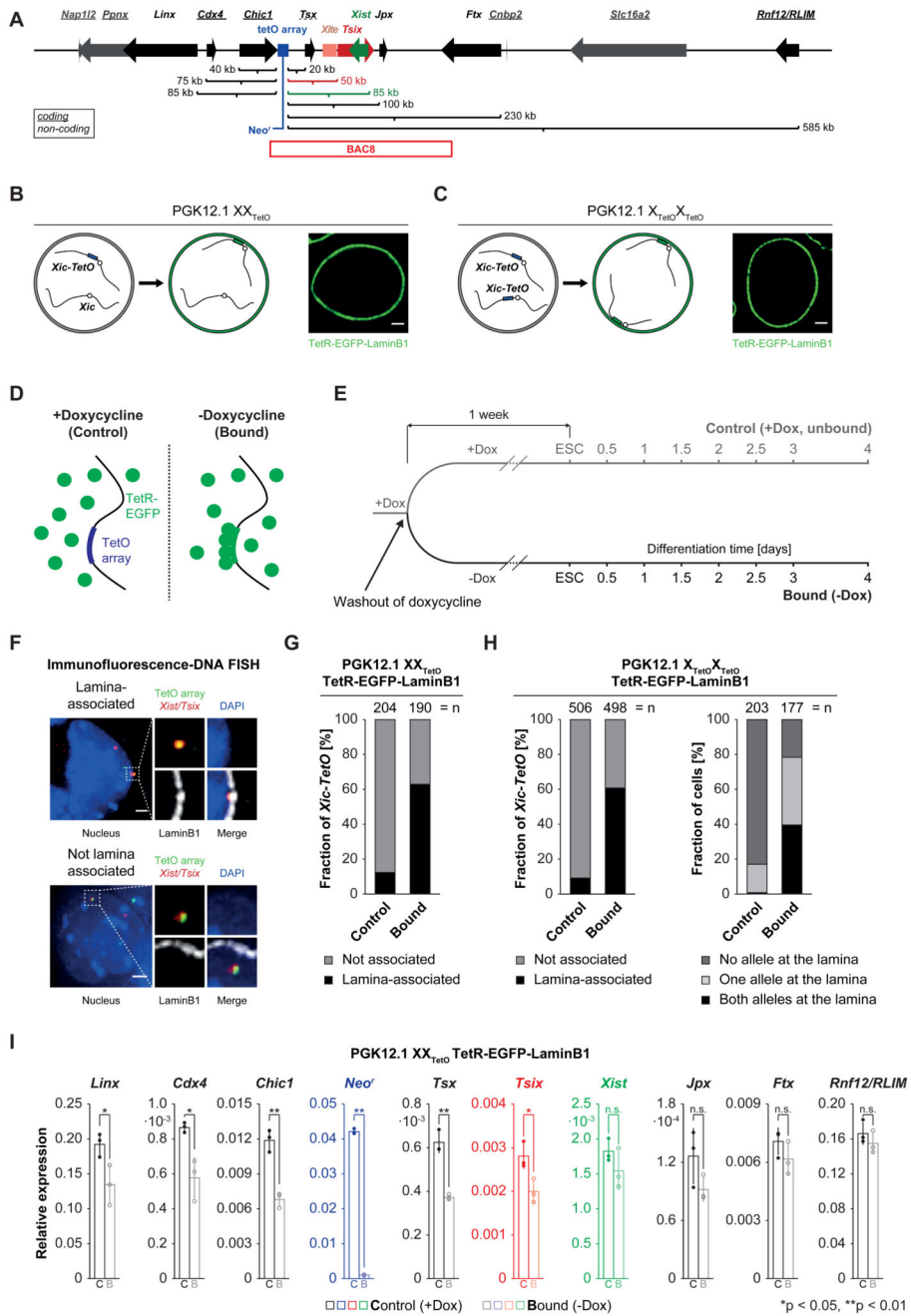


Figure 1. Expression of TetR-EGFP-LaminB1 in PGK12.1 XX_{TetO}/X_{TetO}X_{TetO} cells induces relocalization of the *Xic-TetO* and gene repression in the relocalized *Xic*
A) Schematic representation of the murine *X-inactivation center* (*Xic*) with an insertion of a TetO array (blue box, 224 repeats, 11.2 kb). Indicated are the linear genomic distances of the transcriptional start sites of genes in the *Xic* with respect to the insertion site of the TetO array. Genes giving rise to non-coding transcripts are underlined. The position of BAC8 is indicated below the scheme. **B)** Schematic representation of the experimental approach for the relocalization of the single *Xic-TetO* to the nuclear lamina upon expression

of a TetR-EGFP-LaminB1 fusion protein in heterozygous PGK12.1 XX_{TetO} cells. The EGFP fluorescence and localization of the fusion protein are detectable in PGK12.1 XX_{TetO} stably expressing the transgene. **C)** Like B) for PGK12.1 X_{TetO}X_{TetO} cells. **D)** Schematic representation of binding of TetR fusion proteins to the TetO array in the absence (bound) or presence (control) of doxycycline. **E)** Scheme of the experimental set up. One population of ‘control’ cells (+Dox) was separated into one population of ‘control’ cells and one population of ‘bound’ cells one week prior to initiation of differentiation. **F)** Immunofluorescence (IF) DNA fluorescence *in situ* hybridization (FISH) for the nuclear lamina (anti-LaminB1 IF) and for the TetO array locus and the *Tsix/Xist* region in the *Xic* (DNA FISH). Depicted are two representative cells with association (upper panel) or no association (lower panel) of the TetO array locus (*Xic-TetO*) with the nuclear lamina. Depicted is the entire nucleus as a projection (without the lamina signal) and the region of interest magnified on the right of the nucleus (with the lamina signal). Scored as association was only a direct overlap between the TetO array locus signal and the signal of the nuclear lamina as depicted in the example. Depicted are representative cells for each condition. **G)** Quantification of association of the single *Xic-TetO* with the nuclear lamina in PGK12.1 XX_{TetO} ESCs based on IF DNA FISH as depicted in D). (n = number of scored *Xic-TetO*) **H)** Quantification of the association of the two *Xic-TetO* in homozygous PGK12.1 X_{TetO}X_{TetO} for all the *Xic-TetO* in a population of cells (left panel) and quantification of the association of the two *Xic-TetO* in single cells (right panel). (n (left) = number of scored *Xic-TetO*, n(right) = number of cells). **I)** Mean relative expression of *Xic*-linked genes in control (empty bars) and bound (empty bars, lighter shade) PGK12.1 XX_{TetO} TetR-EGFP-LaminB1 cells (n = 3), assessed by qRT-PCR relative to the expression level of the *Arp0* gene. Individual data points are depicted as filled and empty circles. Significant differences in gene expression are marked (asterisk: p < 0.05; double asterisk: p < 0.01; t-test (unpaired, two-tailed); error bars indicate standard deviation; p-values for genes with p < 0.05: *Linx* 0.037, *Cdx4* 0.015, *Chic1* 0.0016, *Neof* 9x10⁻⁸, *Tsx*: 0.0011, *Tsix*: 0.028).

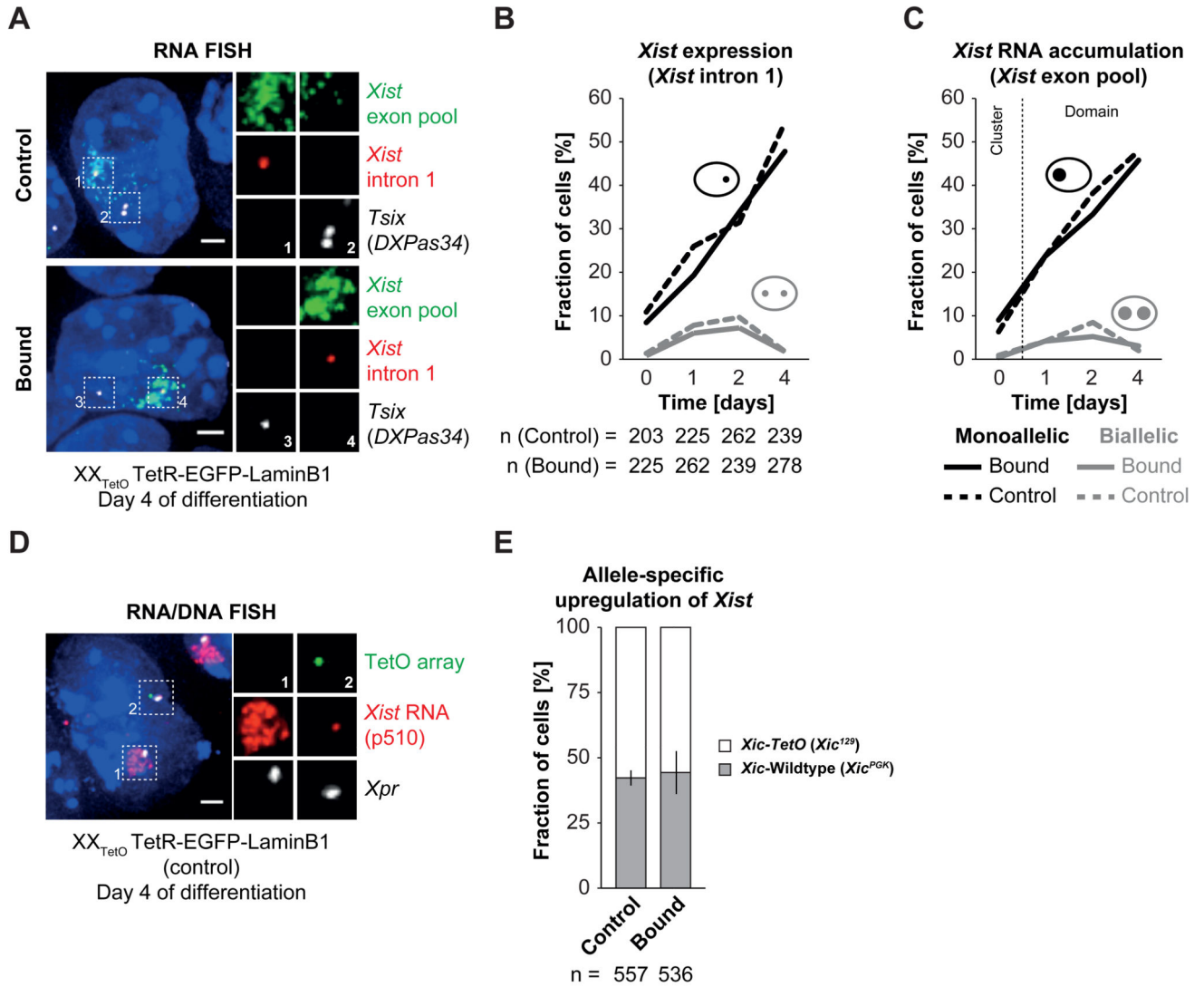


Figure 2. *Xist* upregulation from the *Xic-TetO* remains unaffected upon relocalization to the nuclear lamina

A) RNA FISH for *Xist* (red) and *Tsix* (white) nascent transcripts as well as for processed, accumulating *Xist* RNA (green) in control and bound PGK12.1 XX_{TetO} TetR-EGFP-LaminB1 cells on day 4 of differentiation by LIF withdrawal. Depicted are representative cells for each condition. **B)** Quantification of *Xist* expression by presence of nascent *Xist* RNA as focal signal as depicted in A) in control and bound PGK12.1 XX_{TetO} TetR-EGFP-LaminB1 cells in ESCs and throughout differentiation by LIF withdrawal (n = number of cells). **C)** Quantification of *Xist* RNA accumulation by presence of *Xist* RNA clouds/domains as depicted in A) in control and bound PGK12.1 XX_{TetO} TetR-EGFP-LaminB1 cells in ESCs and throughout differentiation by LIF withdrawal. In ESCs no *Xist* RNA domains could be detected and only the presence of small clusters of *Xist* RNA was scored (n = number of cells). **D)** Simultaneous RNA/DNA FISH for *Xist* RNA (red) and *Xpr* (*X* pairing region, BAC 5 (474E04), white) and the TetO array locus (green) performed on control PGK12.1 XX_{TetO} TetR-EGFP-LaminB1 cells on day 4 of differentiation by LIF

withdrawal. Xist RNA is stable during denaturation and can be detected after performing DNA FISH. Depicted is a representative example in which Xist RNA became up-regulated from the wildtype *Xic* and started coating the wildtype X chromosome. **E)** Quantification of the distribution of up-regulation of *Xist* from the *Xic-TetO* or the wildtype *Xic* in control and bound PGK12.1 XX_{TetO} TetR-EGFP-LaminB1 cells on day 4 of differentiation by LIF withdrawal based on simultaneous RNA/DNA FISH as depicted in D) (n = total number of cells; mean results of three experiments; error bars indicate standard deviation; for B,C: one representative experiment is depicted in the quantification).

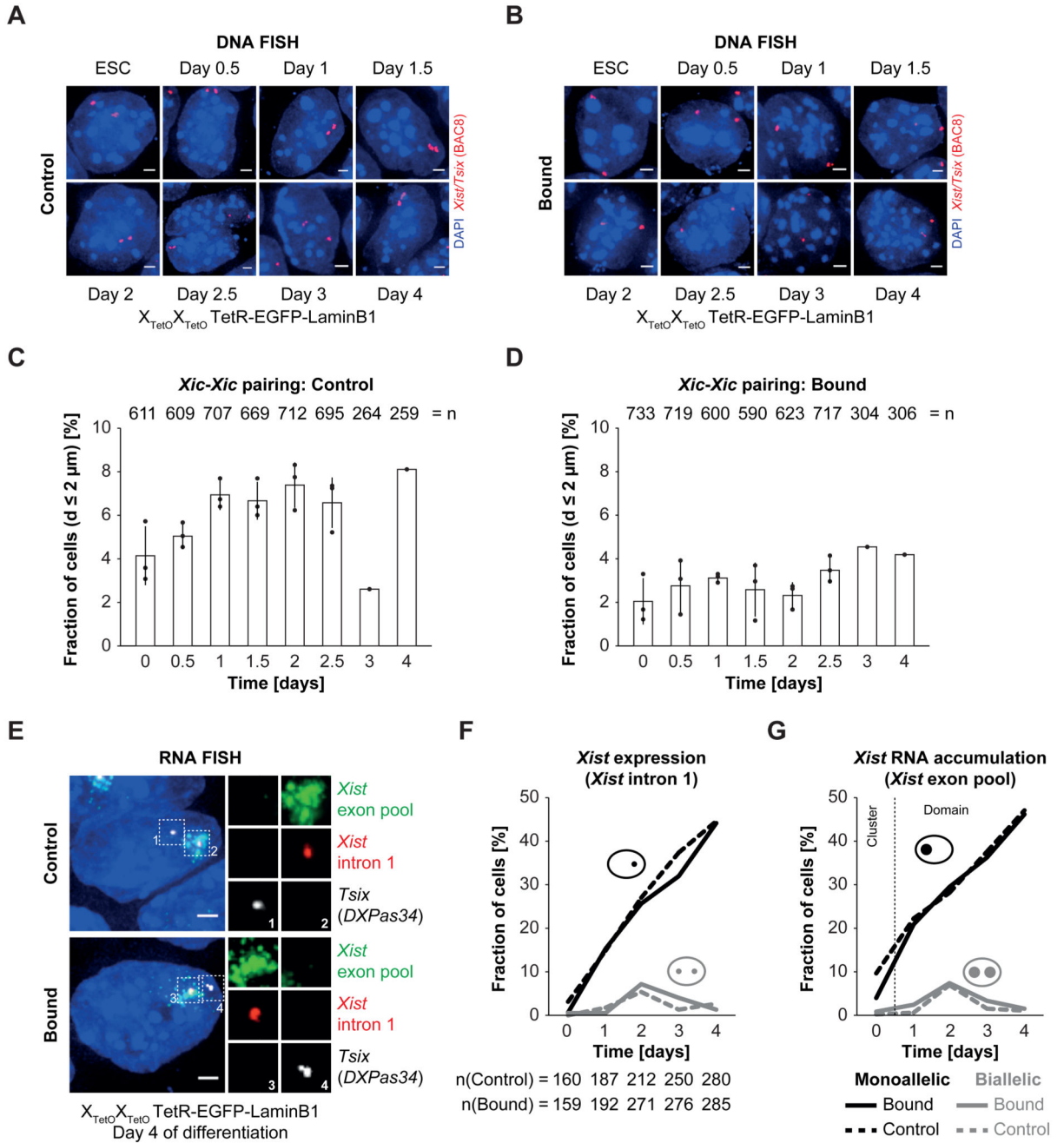


Figure 3. Relocalization and tethering of both *Xic* in PGK12.1 $X_{TetO} X_{TetO}$ reduces the relative number of *Xic trans* associations but has no impact on initiation of XCI

A) + B) DNA FISH for the *Xist/Tsix* region (red, BAC 8) in control **(A)** and bound **(B)** differentiating PGK12.1 $X_{TetO} X_{TetO}$ TetR-EGFP-LaminB1 cells. Depicted are representative cells for each condition. **C) + D)** Quantification of the mean relative amount of cells with *Xic* at pairing distance of $d < 2 \mu\text{m}$ in populations of differentiating control **(C)** and bound **(D)** PGK12.1 $X_{TetO} X_{TetO}$ TetR-EGFP-LaminB1 cells. The distance between the centers of mass of intensity of the DNA FISH signals was determined in 3D. The displayed relative

amount represents the ratio of cells with $d < 2 \mu\text{m}$ and cells with $d > 2 \mu\text{m}$ (n = number of total cells analyzed; mean pairing frequency of three independent experiments for day 0 – day 2.5 of differentiation; error bars indicate standard deviation; one experiment was performed for day 3 and day 4 of differentiation; individual data points are depicted as filled circles). **E)** RNA FISH for nascent *Tsix* (white) and *Xist* (red) transcripts as well as for processed, accumulating *Xist* RNA (green) in control and bound PGK12.1 $X_{\text{TetO}}X_{\text{TetO}}$ TetR-EGFP-LaminB1 cells at day 4 of differentiation by LIF withdrawal. Depicted are representative cells for each condition. **F)** Quantification of *Xist* expression by presence of nascent *Xist* RNA as focal signal as depicted in E) in control and bound PGK12.1 $X_{\text{TetO}}X_{\text{TetO}}$ TetR-EGFP-LaminB1 cells in ESCs and throughout differentiation by LIF withdrawal (n = number of cells). **G)** Quantification of *Xist* RNA accumulation by presence of *Xist* RNA clouds/domains as depicted in E) in control and bound PGK12.1 $X_{\text{TetO}}X_{\text{TetO}}$ TetR-EGFP-LaminB1 cells in ESCs and throughout differentiation by LIF withdrawal. In ESCs no *Xist* RNA domains could be detected and only the presence of small clusters of *Xist* RNA was scored (n = number of cells; for F,G: one representative experiment is depicted in the quantification).

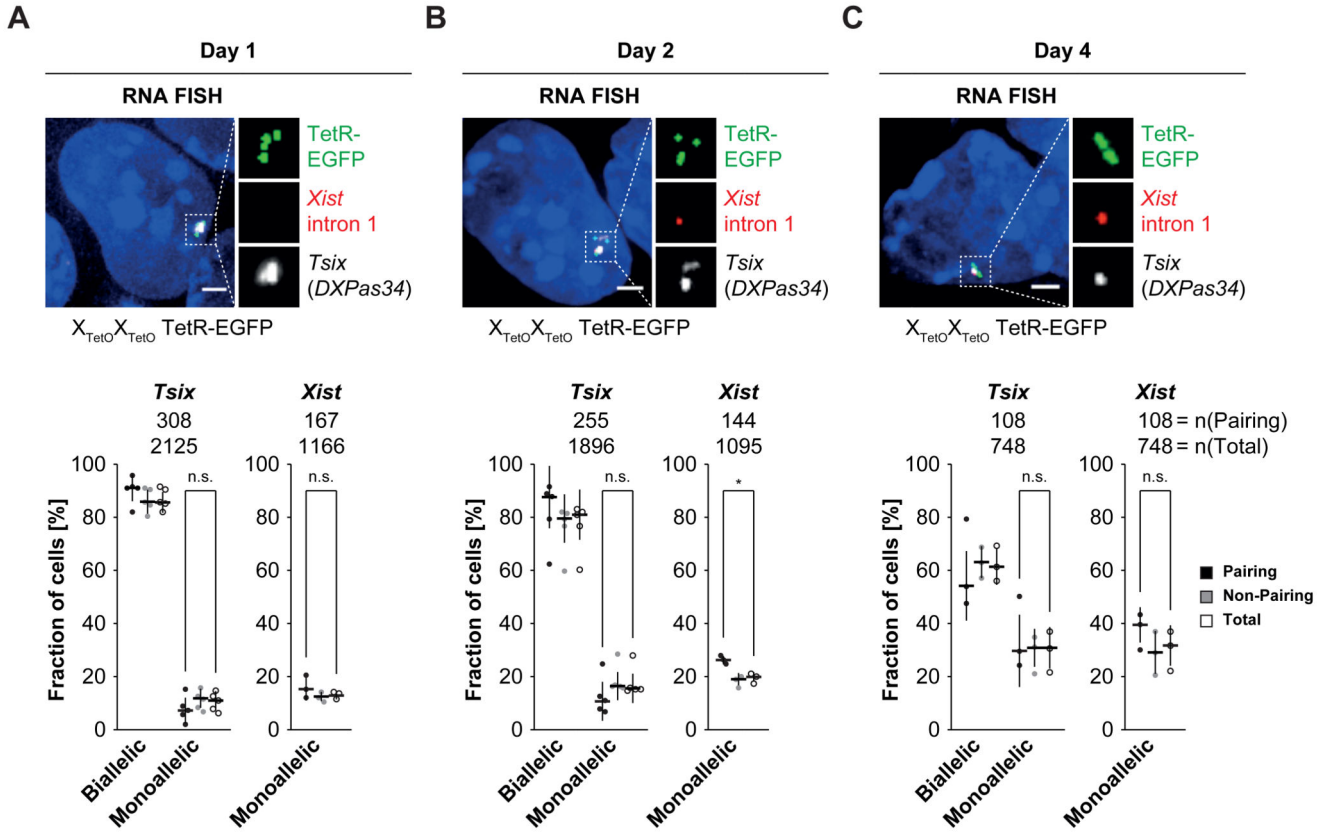


Figure 4. Pairing of the *Xic* is associated with biallelic *Tsix* expression or expression of *Tsix* and *Xist*

A) + B) + C) RNA FISH for nascent *Xist* (red) and *Tsix* (white) transcripts in differentiating PGK12.1 $X_{TetO}X_{TetO}$ TetR-EGFP cells at day 1 (**A**), day 2 (**B**) and day 4 (**C**) of differentiation. Binding of TetR-EGFP can be detected after RNA FISH as focal green fluorescent signal. Two focal signals per allele indicate the presence of sister chromatids after replication of the *Xic*. Depicted are three examples of cells with pairing *Xic* ($d < 2 \mu m$) at day 1, day 2 and day 4 after LIF withdrawal. Note the different expression patterns of *Tsix* and *Xist* in these cells, demonstrating that no single expression pattern is associated with homologous *Xic* pairing. The bottom part of panels **A**), **B**) and **C**) depicts the quantification of *Tsix* and *Xist* expression in the total population of cells (empty circles), the fraction of cells with non-pairing *Xic* (grey circles) and cells with pairing *Xic* (black circles) at day 1, day 2 and day 4 of differentiation based on the presence of focal RNA FISH signals (lines indicate the median). (n = number of cells; * = $p < 0.05$; t-test (unpaired, two-tailed); scale bar = $2 \mu m$; error bars indicate standard deviation of at least three independent experiments)

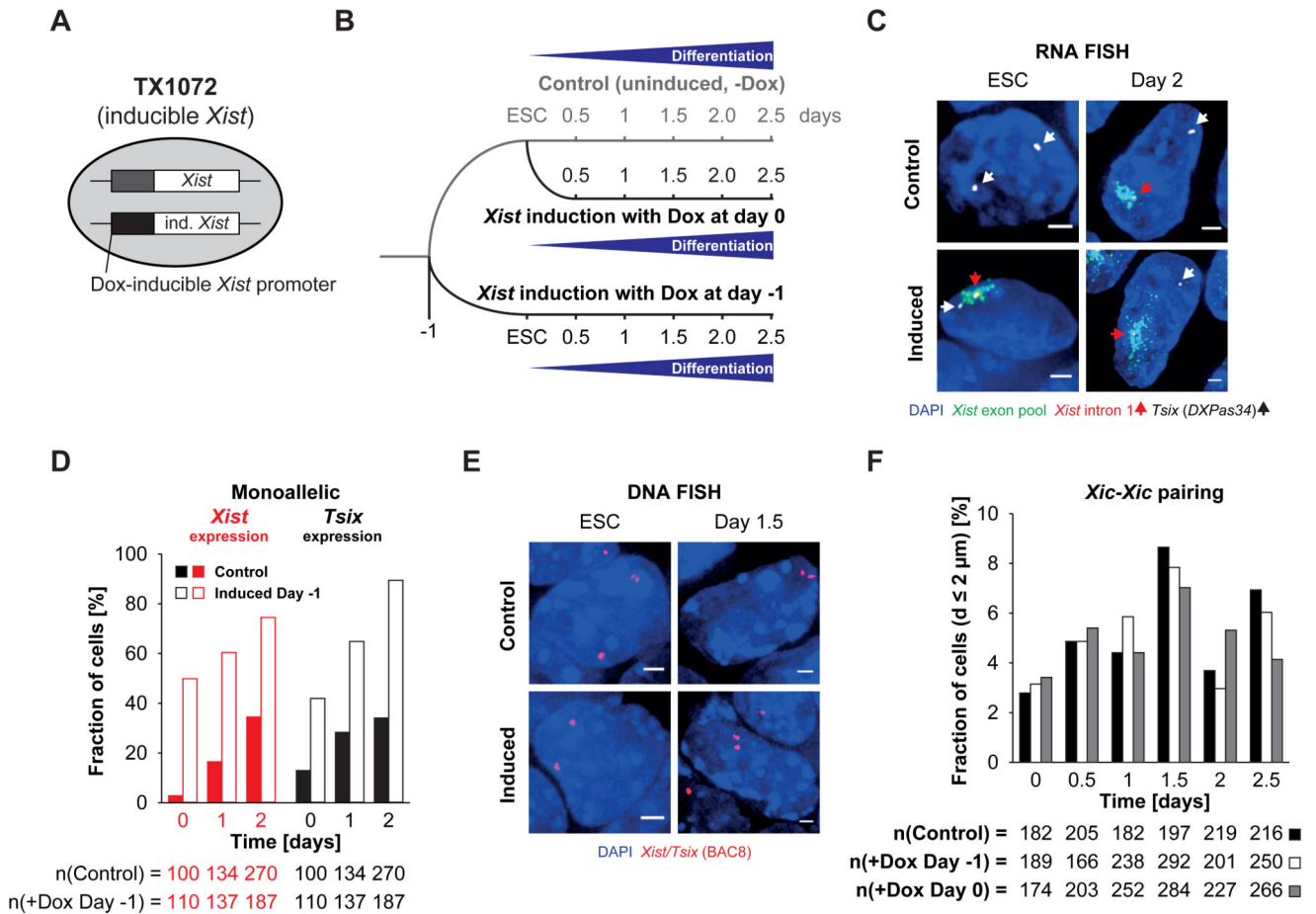


Figure 5. Homologous *Xic* pairing can occur in the absence of biallelic *Tsix* expression

A) Schematic representation of a female ESC line with a doxycycline-inducible promoter regulating the expression of one endogenous *Xist* allele (TX1072). **B)** Schematic representation of the initiation of differentiation and induction of *Xist* expression by addition of doxycycline in TX1072 cells. **C)** RNA FISH for nascent *Xist* (red, red arrowheads) and *Tsix* (white, white arrowheads) transcripts as well as processed and accumulating *Xist* RNA (green) in undifferentiated TX1072 or TX1072 cells differentiated for 2 days by LIF withdrawal either in the presence or absence of doxycycline in the culture medium. Depicted are representative cells for each condition. **D)** Quantification of the fraction of cells with monoallelic *Tsix* expression and monoallelic *Xist* (intron 1) expression in differentiating TX1072 either not induced with doxycycline or with *Xist* expression induced one day prior to the initiation of differentiation. **E)** DNA FISH for the *Xist/Tsix* region (red, BAC 8) in induced and uninduced TX1072 ESCs and at day 1.5 of differentiation after LIF withdrawal. Depicted are representative cells for each condition. **F)** Fraction of cells with *Xic* at pairing distance in differentiating induced and uninduced TX1072 cells. 3D distance was determined after DNA FISH for the *Xist/Tsix* region (BAC 8) as depicted in D). (n = number of cells, scale bar = 2 μm)

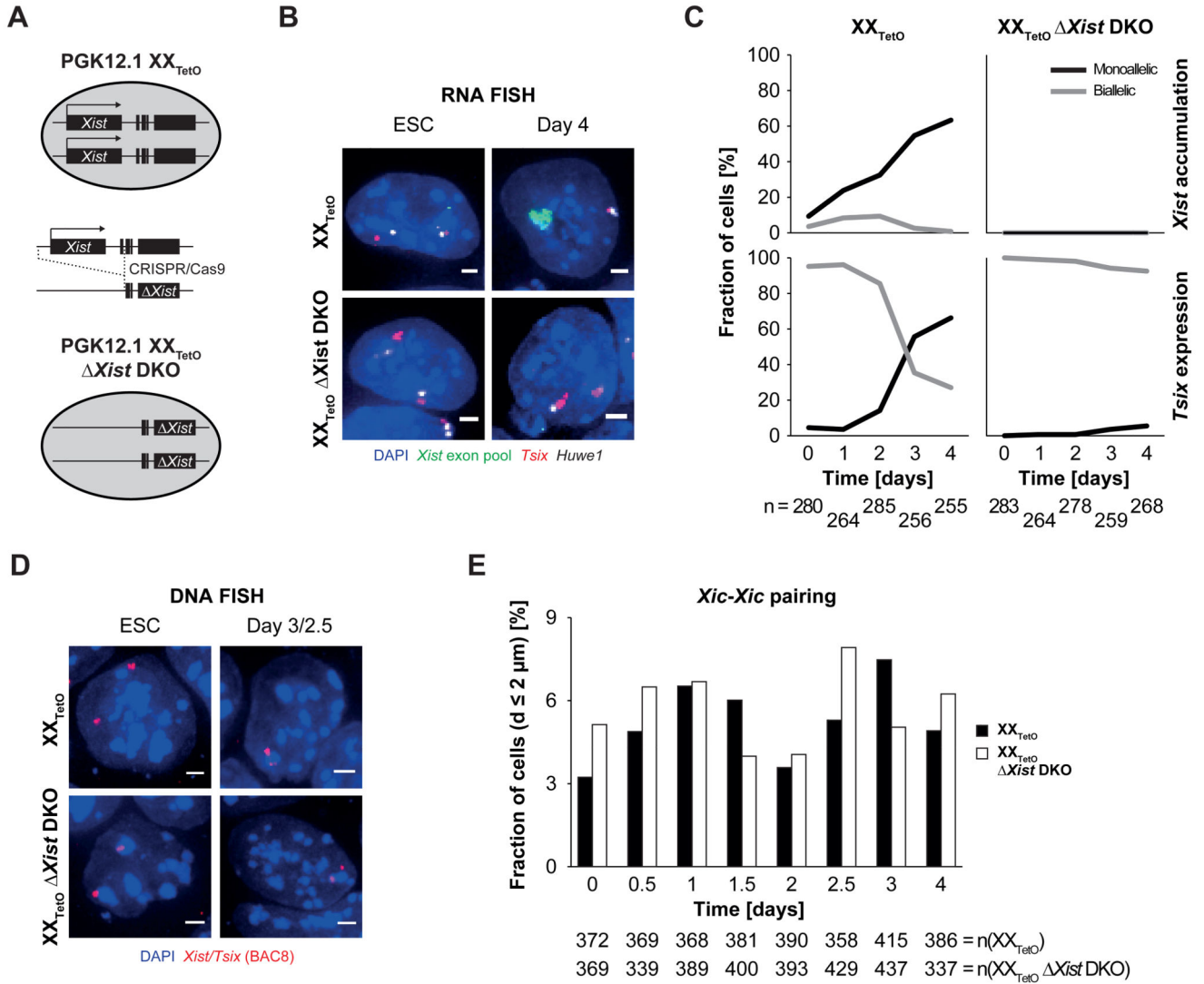


Figure 6. *Xist* expression is not necessary for homologous *Xic* pairing

A) Schematic representation of the derivation of a homozygous *Xist* double knock-out (DKO) cell line in PGK12.1 XX_{TetO} cells by CRISPR/Cas9-mediated genetic engineering.

B) RNA FISH for nascent *Tsix* (red) and *Huwe1* (white) transcripts as well as processed and accumulating *Xist* RNA (green) performed in PGK12.1 XX_{TetO} (control) and PGK12.1 XX_{TetO} $\Delta Xist$ DKO in ESCs and at day 4 of differentiation after LIF withdrawal (depicted are representative cells for each condition).

C) Quantification of monoallelic and biallelic *Xist* RNA accumulation as well as monoallelic and biallelic *Tsix* expression determined by presence of *Xist* RNA domains/clusters as well as focal signals for *Tsix* in RNA FISH.

D) DNA FISH for the *Xist/Tsix* region (BAC 8, red) performed in PGK12.1 XX_{TetO} (control) and PGK12.1 XX_{TetO} $\Delta Xist$ DKO in ESCs and at day 4 of differentiation after LIF withdrawal. Depicted are representative cells for each condition.

E) Fraction of cells with *Xic* at pairing distance in differentiating PGK12.1 XX_{TetO} (control) and PGK12.1 XX_{TetO} $\Delta Xist$ DKO

Xist DKO cells. 3D distance was determined after DNA FISH for the *Xist/Tsix* region (BAC 8) as depicted in D). (n = number of cells, scale bar = 2 μ m)

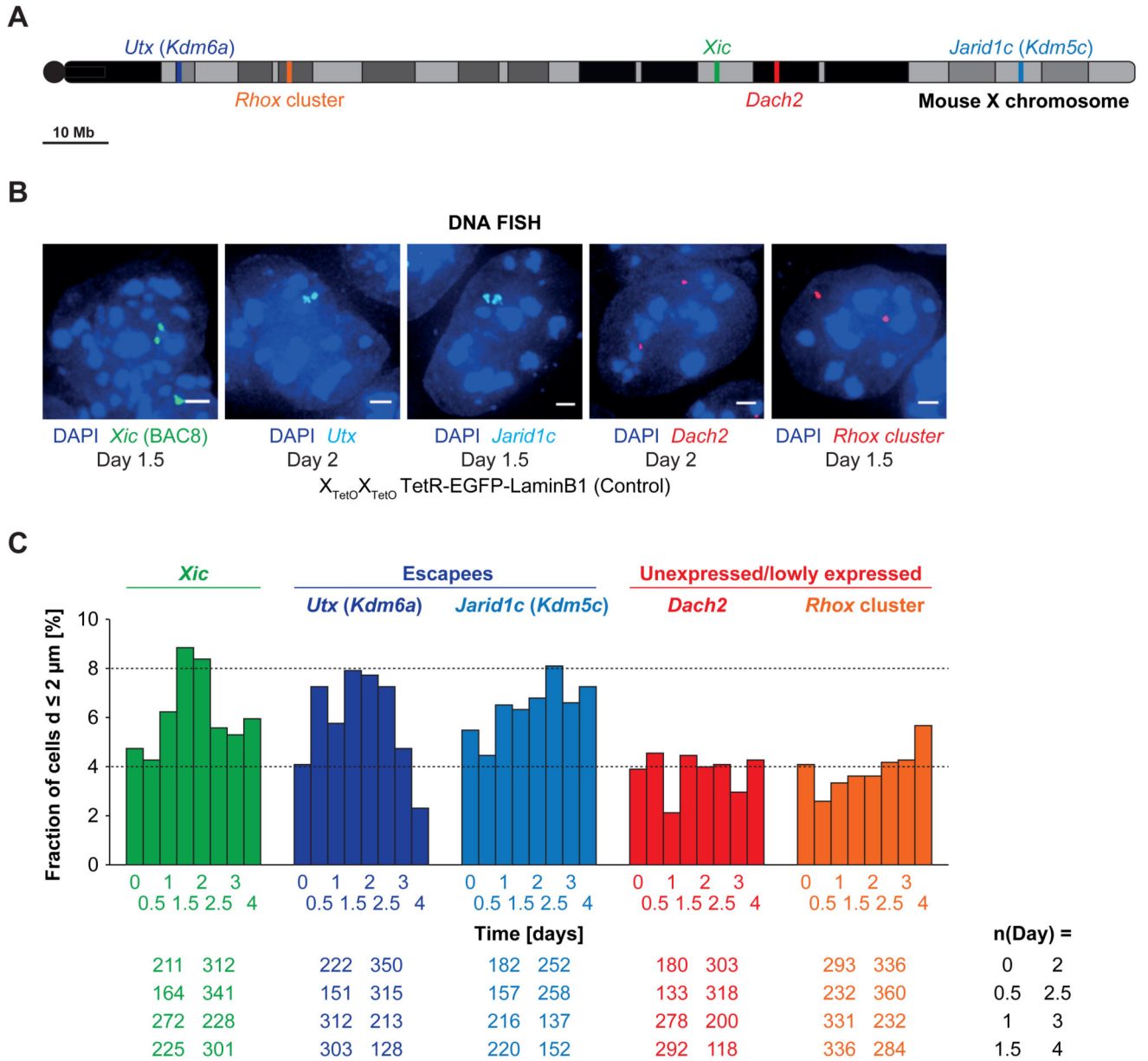


Figure 7. Other biallelically active loci on the X chromosome show homologous pairing
A) Schematic overview of the position of the analyzed X-linked loci *Xic* (green), *Utx* (dark blue), *Jarid1c* (light blue), *Dach2* (red) and the *Rhox* cluster (orange) on the X chromosome. *Dach2* and *Rhox* 7/8 (spanned by the BACs used for the FISH analysis) expression is very low but detectable in undifferentiated female ESCs. *Rhox* 6 and *Rhox* 9 (also spanned by the BAC used for FISH analysis) are expressed at higher levels than *Rhox* 7/8 (comparable to the lowly expressed *Xic* gene *Chic1*). *Utx* and *Jarid1c* are well expressed at levels similar to the house-keeping genes *Dhfr* and *G6pdx*. **B)** DNA FISH for the *Xic* (BAC 8), *Utx*, *Jarid1c*, *Dach2* and the *Rhox* cluster in differentiating PGK12.1 $X_{TetO}X_{TetO}$ TetR-EGFP-LaminB1 (control) cells. Depicted are representative cells for each condition. **C)** Fraction of cells with *Xic*, *Utx*, *Jarid1c*, *Dach2* or *Rhox* loci at pairing distance in differentiating PGK12.1

$X_{TetO}X_{TetO}$ TetR-EGFP-LaminB1 (control) cells. 3D distance was determined after DNA FISH (n = number of cells, scale bar = 2 μ m).