

Nanodomain cAMP signalling in cardiac pathophysiology: potential for developing targeted therapeutic interventions

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Abstract

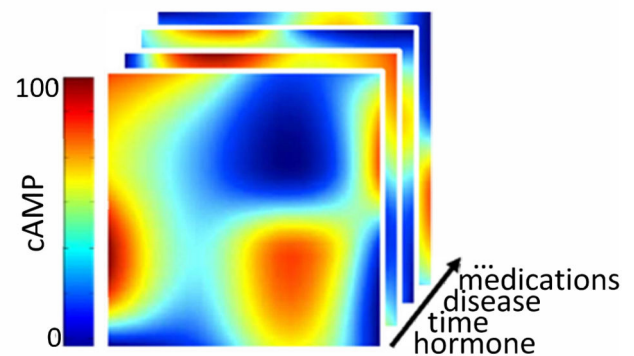
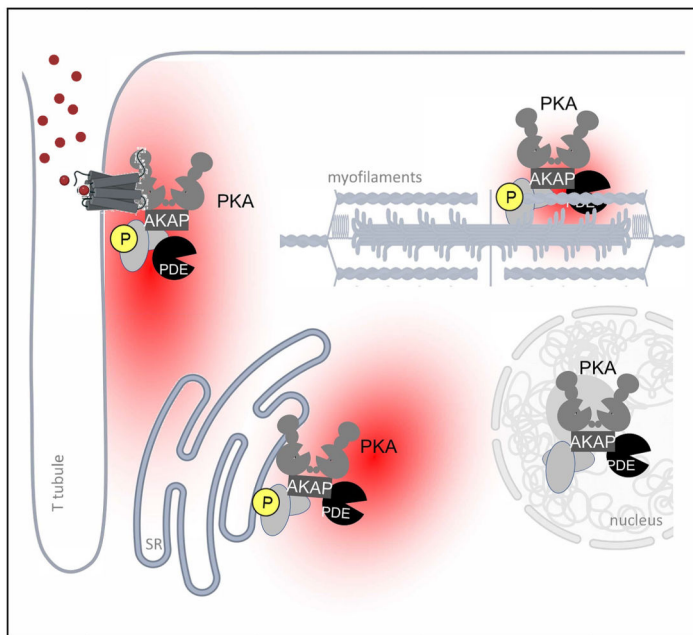
3', 5'-cyclic adenosine monophosphate (cAMP) mediates the effects of sympathetic stimulation on the rate and strength of cardiac contraction. Beyond this pivotal role, in cardiac myocytes cAMP also orchestrates a diverse array of reactions to various stimuli. To ensure specificity of response, the cAMP signaling pathway is intricately organized into multiple, spatially confined, subcellular domains, each governing a distinct cellular function. In this review, we describe the molecular components of the cAMP signalling pathway with a specific focus on adenylyl cyclases, A kinase anchoring proteins and phosphodiesterases. We discuss how they are organized inside the intracellular space and how they achieve exquisite regulation of signalling within nanometer-size domains. We delineate the key experimental findings that lead to the current model of compartmentalised cAMP signaling and we offer an overview of our present understanding of how cAMP nanodomains are structured and regulated within cardiac myocytes. Furthermore, we discuss how compartmentalized cAMP signaling is affected in cardiac disease and consider the potential therapeutic opportunities arising from understanding such organization. By exploiting the nuances of compartmentalized cAMP signaling, novel and more effective therapeutic strategies for managing cardiac conditions may emerge. Finally, we highlight the unresolved questions and hurdles that must be addressed to translate these insights into interventions that may benefit patients.

Abstract

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Contributions

MZ and DK reviewed the literature, wrote the manuscript, and generated the figures.



Keywords

3', 5'-cyclic adenosine monophosphate; protein kinase A; G protein coupled receptors; signalling compartmentalisation; targeted therapy

1 Introduction

3', 5'-cyclic adenosine monophosphate (cAMP), the first identified second messenger (1), is a small, hydrophilic molecule found across a wide range of living organisms, from bacteria to humans. It operates within virtually all organs and systems, playing a crucial role in the regulation of bodily functions. Intracellular cAMP levels are regulated by ligand binding to G-protein coupled receptors (GPCRs) that either activate or inhibit synthesis of cAMP by adenylyl cyclases (AC) via coupling to G α s- or G α i-proteins, respectively (2). GPCRs, the largest family of cell-surface receptors, modulate a plethora of physiological processes in response to various chemical ligands, including hormones, neurotransmitters, lipids, odorants, and even non-chemical stimuli such as light and mechanical stress (3). They are implicated in the pathophysiology of numerous diseases (4) and are the primary target of approved therapeutics (5). cAMP exerts its influence by initiating a cascade of events that impact cellular function through interactions with various protein effectors, including protein kinase A (PKA), exchange proteins activated by cAMP (EPACs), cyclic nucleotide-gated ion (CNG) channels, hyperpolarization-activated cyclic nucleotide-gated (HCN) channels, and Popeye domain-containing (POPDC) proteins. The levels of cAMP are continuously modulated through degradation to adenosine monophosphate (AMP) by cAMP-hydrolyzing phosphodiesterases (PDEs). Metabolism (6), gene regulation (7), secretion (8), immune function (9), cardiac contraction and relaxation (10), cognition and memory (11) are only a few examples of processes where cAMP plays a role. Exploitation of the cAMP pathway

forms the basis for treatments across a wide array of human diseases, including cancer, diabetes, heart failure, inflammation, neurological disorders, and mood disorders (12).

The role of cAMP as a ubiquitous second messenger generated in response to a multitude of extracellular stimuli raises the question of how it achieves specificity of response. Over the past 25 years, evidence has accumulated that demonstrates that specificity is achieved via compartmentalisation of cAMP signalling in subcellular nanodomains. Within these domains, PKA anchoring proteins (AKAPs) organize multiprotein complexes, or signalosomes, where PKA is brought in close proximity to a specific phosphorylation target and where multiple other signalling components can be assembled to locally regulate the amplitude, duration and functional effects of the cAMP signal.

Here we review our current understanding of the mechanisms responsible for generating the intricate cAMP signaling landscape within cardiac myocytes. We explore the remodelling of this spatial regulation that arise in the context of disease and the potential that cAMP signalling compartmentalisation offers for the development of targeted therapeutic interventions. Finally, we discuss the ongoing challenges and gaps in our knowledge that must be addressed to translate these insights into potential clinical advancements.

2 Components of the cAMP signalling pathway in cardiac myocytes

A representation of the cAMP signalling pathway map, based on the information currently available in the Kyoto Encyclopedia of Genes and Genomes (KEGG) database, is presented in Fig 1. As is evident from the ensuing discussion, while this annotation and similar ones provide a helpful overview of the cAMP pathway components, these canonical descriptions fall short in delineating the intricacies of the system and the significance of the subcellular spatial organization of this signalling network.

Below, we delineate the main molecular components that are typically described as being associated with the cAMP signalling pathway in cardiac myocytes.

2.1 cAMP synthesis and degradation

2.1.1 GPCRs—GPCRs are seven-transmembrane receptors. They activate heterotrimeric G proteins, which consist of three subunits: α , β , and γ . Ligand binding to a GPCR stabilizes a conformation of the receptor that promotes the recruitment of G proteins to the plasma membrane. G proteins function as molecular switches in the transduction of intracellular signaling. When G proteins bind to GTP, they become active, and when bound to GDP, they assume an inactive state. When recruited to an activated GPCR, the exchange of GDP for GTP on the $G\alpha$ subunit results in its activation. The GDP-GTP exchange causes the heterotrimeric G protein to dissociate into two units: the GTP-bound $G\alpha$ subunit and the dimeric $G\beta\gamma$ complex. On activation, $G\alpha_s$ subunits stimulate ACs to catalyse the synthesis of cAMP from ATP. In contrast, $G\alpha_i$ has an inhibitory effect on ACs, therefore dampening intracellular cAMP levels (13).

At least 25 different GPCR that signal via modulation of cAMP are expressed in cardiac myocytes (14). Among the $G\alpha_s$ -coupled receptors that stimulate cAMP production, the

β -adrenergic receptors (β -ARs) are perhaps the most extensively studied because they regulate the cardiac response to sympathetic stimulation by catecholamines and are the target of drugs used for the treatment of heart failure (β -blockers). Other $G_{\alpha s}$ -coupled receptors expressed in the heart include the glucagon receptor, the glucagon-like peptide 1 receptors (GLP-1R), the prostaglandin EP4 receptors, the adenosine A2a receptor (A2R), each inducing distinct functional responses. The actions of these receptors are counteracted by $G_{\alpha i}$ -coupled receptors, with the muscarinic M2 receptor and the adenosine A1 receptor playing prominent roles in cardiac myocytes.

2.1.2 Adenylyl cyclases—ACs catalyse the synthesis of cAMP from ATP. Mammalian cells express 9 transmembrane ACs isoforms (AC1-AC9) (15), and one soluble AC (AC10 or sAC). The latter enzyme is not sensitive to $G_{\alpha s/i}$ modulation and is regulated by bicarbonate and Ca^{2+} (16, 17).

Cardiac myocytes express AC1, AC4, AC5, AC6, AC8, AC9 and AC10 isoforms (18) (Fig 2). AC5 and AC6 are the most abundant enzymes expressed in ventricular myocytes while AC1 and AC8 are expressed in sinoatrial node (SAN) cells where they have been suggested to drive heart rate and regulate cardiac rhythm (19–22). It should be noted though, that the role of AC8 in sinoatrial node was inferred from studies using AC8-overexpression systems (19, 20). AC9 activity has also been detected in SAN cells and independent studies support its role in the regulation of heart rate (23, 24). Although AC4 has been reported to be expressed in the heart (18), no information on its physiological role in this organ is currently available. In addition to $G_{\alpha s/i}$ -dependent regulation, the activity of transmembrane ACs is modulated in complex ways (15, 25). AC1 and AC8 are stimulated by Ca^{2+} /calmodulin (CaM). High Ca^{2+} concentrations (mid μM) inhibit all ACs, while low Ca^{2+} inhibits selectively AC5 and AC6. $G_{\beta\gamma}$, $G_{\alpha i}$, and $G_{\alpha s}$ subunits stimulate and/or inhibit specific AC in different ways. $G_{\alpha s}$ stimulates all AC isoforms, $G_{\alpha i}$ inhibits AC1, AC5 and AC6, whereas $G_{\beta\gamma}$ inhibits AC1 and AC8 but conditionally stimulates AC4 AC5, and AC6 when another activator is present (15, 25). Protein kinase C (PKC) phosphorylation activates AC1 and AC5 but inhibits AC6, while PKA phosphorylation inhibits AC5, AC6 and AC8 (15, 25). The natural diterpene forskolin activates all transmembrane AC, except AC9 (26).

AC10 localises to multiple intracellular sites and has been proposed as a local source for compartmentalized cAMP signalling (27). In cardiac myocytes it has been associated with the regulation of mitochondrial function (17, 28).

2.2 cAMP degradation by phosphodiesterases

Although efflux of cAMP into the extracellular space via the transporter multidrug-resistance protein 4 (MRP4, gene name ABCC4) has been described as a process that can reduce intracellular levels of the second messenger in cardiac myocytes (67), hydrolysis of cAMP to adenosine monophosphate (AMP) by cyclic nucleotide-hydrolysing phosphodiesterases (PDEs) is the main mechanism that terminates cAMP signalling. PDEs are a superfamily of enzymes that comprises 11 families encoded by 21 genes. As a result of alternative splicing and different translation initiation sites, more than 100 different PDE isoforms are predicted (68). Six PDE families that can degrade cAMP have been

characterised in cardiac myocytes, namely the dual-specificity enzymes PDE1, PDE2, PDE3, and PDE10, which degrade both cAMP and cGMP, and the cAMP selective PDE4 and PDE8 (Fig 3). An extensive review of PDEs structure, regulation, physiological roles, pharmacology, and expression in the heart of different species and involvement in cardiovascular disease can be found elsewhere (69–71).

The N-terminal domain of these enzymes contains a variety of elements engaged in enzyme dimerization, small molecule binding, phosphorylation, protein-protein interactions, and localization. GAF domains (named after mammalian cGMP-dependent phosphodiesterase, *Anabaena* adenylyl cyclase, *Escherichia coli* FhlA) are present in PDE2 and PDE10 and enable allosteric regulation by cGMP. In PDE2 isoforms, cGMP binding to the GAF-B domains enhances the affinity of the enzyme for cAMP by 10-folds (72). cAMP binds to the GAF domain in PDE10 and, depending on the cAMP concentration, cGMP hydrolysis is either activated (low cAMP) or inhibited (high cAMP) (73). Other PDE families feature distinctive modulatory domains. For example, PDE1 contains a CaM-binding domain that, upon interaction with Ca²⁺/CaM upregulates the activity of the enzyme by 10-folds (74). Upstream conserved regions (UCRs) in PDE4 isoforms are involved in the dimerization of the enzyme and in the regulation of its activity (75, 76). The response regulator receiver (REC) and Per–Arnt–Sim (PAS) domains in PDE8 are involved in protein-protein interactions (77).

PDEs are also regulated by phosphorylation. PKA and CaMKII phosphorylate on S120 and S124 of PDE1A and PDE1B (numbering according to the canonical sequence of human PDE1A and PDE1B with UniProt ID P54750 and Q01064), respectively, resulting in decreased sensitivity to Ca²⁺/CaM and reduced activation (78, 79). PKA phosphorylation of PDE3A1 on S292/293 not only enhances the enzyme activity but also results in its recruitment to a multiprotein complex localised to the SR that includes SERCA2a, PLB, the A Kinase Anchoring Protein 18 (AKAP18), PKA-RII, and protein phosphatase 2A (80). The hydrolytic activity of PDE3A1 at that location regulates local cAMP levels and basal contractility via modulation of PLB phosphorylation, SERCA2a activity and SR Ca²⁺ reuptake (81). PKA phosphorylation of PDE3A1 on S312 (numbering according to the canonical sequence of human PDE3A with UniProt ID Q14432), a 14-3-3 interaction site, also enhances enzyme activity and affects its ability to interact with other proteins, although the identity of the proteins involved in this complex is not clear (82). PKB/AKT also phosphorylates and activates PDE3 isoforms (83). PKA, together with CaMKII, phosphorylates the UCR1 region at the N terminus of long forms of the PDE4 enzymes, enhancing their catalytic activity (84–86), while ERK2 phosphorylates all PDE4 isoforms at their C terminus, inhibiting these enzymes (87). PKA phosphorylation of PDE4D3 also increases the binding affinity of the enzyme for mAKAP, promoting faster hydrolysis of cAMP at this signalosome (88). Finally, PDE8A and PDE10 were also shown to be activated by PKA phosphorylation on S359 (89) and T16 (90) (numbering according to the canonical sequence of human PDE8A and human PDE10A2 with UniProt ID O60658 and Q9Y233-2), respectively. Phosphorylation of PDE8 enhances the enzyme activity (89), whereas phosphorylation of PDE10 affects its subcellular localization (91).

Several other post-translational modifications have also been reported to modulate PDEs activity or localization. For example, ubiquitylation by the E3 ubiquitin ligase Smurf2 affects PDE4B stability by controlling its degradation (92), while hydroxylation of proline residues on PDE4D increases its recognition by E3 ligase complexes in cardiac myocytes (93). SUMOylation can enhance the activity of PDE4A and PDE4D isoforms by augmenting the positive effects of PKA phosphorylation and by repressing the inhibitory effects induced by ERK phosphorylation (94). Palmitoylation of PDE10A2 in its N-terminal region promotes translocation of the enzyme to the plasma membrane, an effect that can be blocked by PKA phosphorylation (95).

2.3 cAMP effectors

2.3.1 PKA—PKA is a tetrameric serine/threonine kinase. In the holoenzyme conformation PKA consists of a dimer of cAMP-binding regulatory (R) subunits, each including two cAMP-binding domains, and two catalytic (C) subunits. In the PKA holoenzyme, R subunits autoinhibit the catalytic subunits via a sequence of amino acids that occupy the substrate-binding interface of the kinase. cAMP binding to the two cAMP-binding domains in the R subunits results in a conformational change that frees the C catalytic pocket resulting in PKA activation. Five different human C subunit genes have been identified: of these, PRKACA and PRKACB, encoding for proteins Ca and C β , respectively, are the two principal genes expressed in humans (110) and are considered to be redundant. The R subunits, instead, diversify PKA function. Four separate genes code for four functionally non-redundant R subunits (RI α , RI β , RII α , RII β). While PKA holoenzymes containing RII (PKAII) are predominantly anchored to subcellular scaffolding proteins known as AKAPs (111, 112), RI containing enzymes (PKAI) also exist free in the cytosol (113). R subunits also confer different sensitivity to cAMP, with PKAI being more readily activated than PKAII (114, 115). A more rigid conformation has also been observed in RII β compared to RII α holoenzymes (116), potentially impacting the range of action for the associated C subunit and the level of PKA phosphorylation of proximal substrates (117). R subunits are also differently affected by interaction with myristoylated C subunits, resulting in increased rigidity for RI holoenzymes and enhanced flexibility and ability to associate with membranes for RII holoenzymes (118, 119). Via phosphorylation, PKA modulates the activity of hundreds of substrates, including, but not limited to, transcription factors, ion channels, transporters, exchangers, intracellular Ca²⁺-handling proteins, and the contractile machinery in muscle cells (Figure 1).

In cardiac myocytes PKA mediates the fight-or-flight response triggered by catecholamine-induced stimulation of β -adrenergic receptors (β -AR) and controls the activity of key proteins involved in excitation-contraction coupling (ECC). PKA increases $I_{Ca,L}$ by modulating the activity of voltage gated, L-type calcium channels (LTCC). As recently established, rather than a consequence of the direct phosphorylation of the channel by PKA (120), this regulation requires PKA-dependent phosphorylation of the regulatory GTP-binding protein RAD, which relieves a constitutive inhibition that RAD exerts on the channel subunit CaV1.2. RAD phosphorylation results in an increase in channel open probability (121, 122). PKA also phosphorylates the ryanodine receptor 2 (RyR2) (123, 124), a Ca²⁺-release channel on the sarcoplasmic reticulum (SR) membrane responsible

for the bulk cytosolic Ca^{2+} increase that triggers cardiac myocyte contraction. However, the functional significance of this phosphorylation remains controversial (125). PKA also enhances Ca^{2+} re-uptake in the SR by the sarco/endoplasmic reticulum calcium ATPase (SERCA2) pump. Phosphorylation of the SERCA2-associated protein phospholamban (PLB) releases the inhibitory effect that PLB exerts on SERCA. PKA phosphorylation of phospholemman (PLM), a regulatory protein associated with the Na^+/K^+ -ATPase (NKA), relieves its inhibitory effect of PLM on NKA, driving Na^+ efflux (126, 127). This, in turn, activates the forward mode of the $\text{Na}^+/\text{Ca}^{2+}$ exchanger (NCX) to promote Ca^{2+} extrusion during relaxation, allowing for greater calcium influx via LTCC during excitation (128). PKA-dependent phosphorylation of the myofilament proteins troponin I (TnI) and myosin binding protein C (MyBPC) impacts myofilament contraction and relaxation efficiency (129). TnI phosphorylation results in accelerated troponin C- Ca^{2+} off-rate and facilitates quicker force development and shortening during systole, as well as faster force relaxation and re-lengthening during diastole (130). MyBPC phosphorylation by PKA regulates cycling of myosin heads, reduces myofilament Ca^{2+} sensitivity and promotes cross-bridge formation (131). PKA also phosphorylates the sarcomeric protein titin (TTN), reducing its stiffness (132). In addition to phosphorylation of targets involved in the control of ECC, cardiac PKA also activates glycogenolytic (133) and other metabolic enzymes (134) and regulates multiple other proteins involved in a variety of cellular processes, including modulation of gene transcription (2, 135, 136).

2.3.2 EPACs—EPAC proteins function as guanine nucleotide exchange factors (GEFs) for both Rap1 and Rap2 (137). Various effector proteins, including adaptor proteins implicated in modulation of the actin cytoskeleton, regulators of G proteins of the Rho family, and phospholipases, relay signaling downstream from Rap (138).

The cAMP effector EPAC1 is involved in the regulation of ECC as part of an EPAC-Rap axis that intersects with Ca^{2+} signalling through EPAC-dependent activation of phospholipase C ϵ (PLC ϵ) and CaMKII (139). In response to β -AR stimulation, EPAC–Rap2b induces both Rap GEF activity and hydrolytic activity of PLC ϵ . This leads to sustained Rap activation and the induction of PKC ϵ and CaMKII phosphorylation downstream from PIP2 breakdown. These signaling events lead to enhanced SR Ca^{2+} -induced Ca^{2+} release (CICR) (140, 141), contributing to modulation of contraction.

It is interesting to note that EPAC proteins can have subcellular localisation distinct from PKA and mediate functional effects of cAMP that are different, and in some cases opposite, to the effects mediated by PKA (142, 143).

2.3.3 HCN channels—Another type of cAMP effector expressed in the heart is the hyperpolarization-activated cyclic nucleotide gated (HCN) channels. These channels are expressed in cells of the cardiac conduction system and direct binding of cAMP to a conserved cyclic-nucleotide binding domain in the distal C-terminus of the channel potentiates the channel by shifting the voltage-dependence of activation to more depolarized membrane potentials, resulting in the modulation of heart rate associated with the fight-or-flight response (144). HCN4 have been shown to interact with caveolin (145), an association that has been suggested to promote localisation of the channel in proximity to β -ARs and

facilitate enhanced firing of action potential in SAN cells in response to catecholamine stimulation (146).

2.3.4 POPDC proteins—POPDC proteins are a more recent addition to the list of cAMP effectors. Of the three known isoforms, POPDC1 (gene name BVES) and POPDC2 proteins are expressed in the heart, with particularly high expression levels in the conduction system. They interact directly with cAMP and contribute to cardiac automatism and cardiac adaptation to stress, although the precise role of these proteins remains poorly understood (147).

3 Compartmentalisation of cAMP signalling

While β -ARs are critically involved in regulating the cAMP response to stress, they are not the sole receptors utilizing this pathway in cardiac myocytes. Analysis of mRNA obtained from cardiac myocytes reveals the expression of approximately 200 different GPCRs in cardiac cells (148), several of which signal via modulation of cAMP levels. Consequently, within the multitude of chemical messages influencing the heart, several lead to activation or inhibition of cAMP generation, prompting the question of how myocytes interpret these signals, prevent inappropriate phosphorylation of unsuitable targets, and achieve the required response to each specific stimulus. The regulation of strength and rate of cardiac contraction by catecholamines enables the critical adaptations necessary to face a situation of danger or stress. Such regulation is achieved in milliseconds, only lasts for the required time, and is precisely directed to the relevant targets only. Critically, these adaptations are not triggered by the continuous fluctuation of other hormones that also signal via cAMP, implying mechanisms that, depending on the stimulus, can direct the effector machinery to the appropriate targets while shielding other destinations. How is this achieved?

In the late '70s, early '80s, the initial indication that not all cAMP signals evoke identical downstream responses emerged from studies conducted on isolated perfused hearts. These studies revealed that isoproterenol (Iso) and prostaglandin E1 (PGE1), despite raising intracellular cAMP to comparable levels and similarly influencing the PKA activity ratio, exerted markedly different effects on PKA substrates. Specifically, Iso induced the phosphorylation of phosphorylase kinase, TnI, and various other PKA phosphorylation substrates while PGE1 stimulation showed no increase in the phosphorylation of these targets (133, 149, 150). Notably, prior research had established that cAMP can bind to both soluble and particulate sites, with up to 50% of PKA activity being associated with the particulate fraction of heart homogenates (151, 152). This indicated that PKA is directed to specific locations within the cell. Building on these findings, the hypothesis emerged that distinct and spatially segregated cAMP pathways exist (152, 153). The discovery that perfusion with Iso activates the particulate fraction of PKA, while PGE1 increases the activity ratio of soluble PKA, supported this hypothesis (153). It suggested that a selective activation of PKA subsets confined to specific intracellular compartments occurs, leading to distinct functional responses (154).

The hypothesis of compartmentalized cAMP signalling was initially received with some skepticism, partly due to concerns that, while it had not been possible at that point to

correlate 'soluble' and 'particulate' fraction with any specific subcellular structure, the high-speed centrifugations in high salt concentrations used to separate these fractions could result in artifactual redistribution of PKA. However, investigations into the negative regulation of the adrenergic response, triggered by the activation of the muscarinic M2 receptor, also indicated compartmentalisation of cAMP. While muscarinic M2 receptor is a Gai-coupled GPCR, and its activation is anticipated to result in AC inhibition and a decrease in cAMP, several studies found that the adverse impact of acetylcholine (ACh) on inotropy and Ca²⁺-dependent action potentials can manifest even in the absence of a measurable overall decline in cAMP levels (155–157). These observations prompted a realization that 'the question of compartmentalisation of cAMP and whether whole-cell cAMP measurements reflect important changes in subpools of cAMP, while distasteful subject to some people, must not be ignored' (158).

In the following decade, further data supporting the functional compartmentalisation of cAMP in cardiac myocytes emerged. Studies showed that low levels of forskolin, while elevating cAMP to higher levels than Iso, induced less protein phosphorylation and a smaller effect on contractility (159). Experiments utilizing various cAMP-elevating agents demonstrated that the magnitude of myocyte shortening and Ca²⁺ transients exhibit a stronger correlation with the augmentation of particulate cAMP concentration than with total cAMP levels (160). Another illustration of the compartmentalised action of cAMP came from the observation that stimulation of distinct β -AR subtype results in different functional outcomes. While activation of β 1-AR led to the phosphorylation of LTCC, PLB, RyR, TnI and MyBPC, resulting in the typical positive inotropic and lusitropic effects associated with catecholamines, β 2-AR activation showed more limited effects, selectively inducing the phosphorylation of LTCC, causing a less pronounced positive inotropic effect and no lusitropic effect (161). Once again, the observed functional disparities appeared to align with the differential activation of particulate versus soluble fractions of PKA (162). In further support of compartmentalised signalling, the β -AR agonist Iso and the gut hormone GLP-1 elevated cAMP to a similar amount in adult rat cardiac myocytes; however, GLP-1 failed to produce a robust positive inotropic effect and, in fact, mildly reduced myocyte contraction (163).

3.1 AKAPs and the organization of signalosomes

The observation that, depending on the GPCR activated, different subset of PKA targets are phosphorylated, led to the hypothesis that not all PKA enzymes expressed in the cell have equal access to all PKA targets present in that cell (150). It later became clear that the specific activation of PKA and its ability to deliver the signal to the appropriate target, relies on PKA immobilization at particular subcellular sites through interactions with AKAPs (111) (FIG 4). AKAPs contain targeting motifs that mediate their localization to organelles or other cellular structures, thus bringing PKA near one or more of its phosphorylation targets. AKAPs nucleate signaling hubs, or signalosomes, where they assemble, via protein-protein interaction, multi-protein complexes comprising various combinations of signaling elements, including GPCRs (164, 165), ACs (51), phosphatases (PPs) (166, 167), and cAMP-hydrolyzing PDEs (168) (Fig 4). Each signalosome localises at a specific subcellular site including, among others, the plasma membrane (e.g., AKAP18 α , AKAP18 β , AKAP79,

and Yotiao, the smallest splice variant of AKAP9 (166, 169, 170)), the SR, (e.g., AKAP188 (171)), the cytosol (e.g., GSKIP (172)), the cytoskeleton (e.g., gravin and ezrin (173)), the mitochondria (e.g., D-AKAP1 (174) and SKIP (175)) and the centrosome (e.g., pericentrin (176) and AKAP350, a long isoform of AKAP9 (177)). As individual signalosomes result from the assembly of a distinct assortment of protein components, each signalling hub enables local regulation of a specific cellular function.

Over 60 AKAP have been identified in the human genome (178). Anchoring of PKA to AKAPs occurs via a structurally conserved amphipathic helix of 14–18 amino acids in the AKAP protein into which a hydrophobic groove formed by the N-terminal dimerization/docking (D/D) domains of a PKA R subunits dimer docks (Fig 4) (179–181). Although the amphipathic helix does not contain a specific conserved amino acids motif, it contains alternating pairs of polar and hydrophobic residues, that allows identification of members of this functionally related scaffolding proteins (182, 183). Some of the hydrophilic residues appear to be essential for strong binding (181, 184–186) and polymorphisms in the helix that disrupt this pattern cause functional deficits (187). While most known AKAPs bind to RII subunits, some dual-specific AKAPs anchor both RI and RII (174) and some AKAPs are RI specific (175, 188, 189). Electron microscopy and 3D reconstruction studies show that the AKAP:PKA macromolecular assembly is not rigid but dynamic. Data show that the intrinsically disordered regions located between the D/D domain and the autoinhibitory sites of each R subunit provide flexibility to the holoenzyme enabling movement of the C subunit within a 20–40-nm radius (Fig 4) (117, 190). To ensure that downstream phosphorylation is restricted to nearby targets, the assumption is that, on cAMP binding, either the catalytic subunit dissociates and rapidly re-associates to the free R subunits resident within the domain (191, 192), or that substrate phosphorylation can occur without complete dissociation of C subunits (190).

Multiple AKAPs are expressed in cardiac myocyte and for a number of these the functional role has been studied in some detail (193). Several AKAPs have been implicated in the regulation of Ca²⁺ handling and myocyte contractility, including AKAP79, AKAP18 α , AKAP18 γ , AKAP18 δ and mAKAP. The AKAP Yotiao has been linked to cardiac repolarization through PKA-dependent modulation of the KCNQ1 subunit of the slowly activating delayed rectifier K⁺ current (I_{Ks}) potassium channel and several have been involved in the development of cardiac disease, as detailed below.

3.2 Imaging tools and direct visualization of cAMP compartments

For AKAP-anchored PKA to be able to modulate specific functional effects through spatially restricted phosphorylation of targets and avoid generalized activation of all PKA signalosomes, mechanisms must be in place to ensure that [cAMP] above the PKA activation threshold is achieved only at selected locations. Indeed, elevation of cAMP in response to stimuli has been demonstrated to be spatially restricted. Significant advancement in elucidating the compartmentalised nature of cAMP signaling was powered by the introduction of molecular tools designed for real-time visualization and monitoring of intracellular cAMP in intact, living cells (194, 195) (Fig 5). Compared to previous methods based on cAMP detection in cell homogenates which measure bulk cAMP at a given

time point, with the new tools it was possible to monitor the intracellular dynamics of free cAMP with sub-micrometer resolution. With this approach, direct evidence of cAMP compartmentalisation in cardiac myocytes was provided (196) (Fig 5).

The method relies on Fluorescence Resonance Energy Transfer (FRET) between a donor and an acceptor fluorophore genetically fused to one or two cAMP-binding domains. The sensor design is such that the fluorophores come in proximity of each other or move further away of each other on cAMP binding. The change in distance between the two fluorophores affects energy transfer, resulting in a change in emitted fluorescence that can be measured as FRET (Fig 5). The approach enables detection of signalling events with high temporal and spatial resolution in intact, living cells, where the complexity of the intracellular environment is preserved. The fluorescent signal generated by the sensor is captured by a sensitive camera and transferred to a computer that generates a curve representing the changes in cAMP levels over time (197–200) (Fig 5). The subcellular precision provided by this technique, coupled with the capability to quantitatively evaluate changes in real-time, enabled the first direct demonstration that, on activation of β -AR with norepinephrine, cAMP does not uniformly equilibrate within cardiac myocytes but instead forms intracellular gradients, with higher concentrations at specific subcellular sites (196) (Fig 5). In the original study, the changes in cAMP concentration were tracked by monitoring FRET changes between the PKA RII subunit linked to a cyan fluorophore (CFP) and the PKA C subunit linked to a yellow fluorophore (YFP) (197). With this sensor, it became evident that the cAMP response induced by norepinephrine was confined to subcellular compartments where PKA is tethered to AKAPs via its D/D domain. When employing a probe variant where the RII component lacked the domain essential for anchoring, the sensor failed to detect any substantial cAMP signal in response to norepinephrine, confirming the highly localized nature of the cAMP elevation (196, 201).

A variety of cAMP sensors based on FRET and with different design have been subsequently developed (198–200, 202) and multiple studies have confirmed cAMP compartmentalisation, both in cardiac myocytes (203–209) and various other cell types (210–214). cAMP FRET reporters targeted to defined subcellular compartments, clearly show that not only activation of different G α s-coupled receptors generates distinct pools of cAMP (113) but also that the cAMP response generated by a specific stimulus is compartmentalised (202, 215, 216).

3.3 Role of phosphodiesterases in cAMP compartmentalisation

A crucial role in the establishment of confined cAMP pools is attributed to cAMP-hydrolysing PDEs, as substantiated by extensive evidence (70, 96, 209, 218–221). This is underscored by consistent observations that inhibiting PDEs results in the dissipation of intracellular cAMP gradients, as detected by live-cell imaging of cAMP reporters (196, 202, 222, 223).

Experiments involving the direct fusion of FRET-based cAMP sensors to a PDE clearly illustrate that these enzymes can establish a region of low cAMP concentration in their immediate surroundings (Fig 6). Interestingly, evidence suggests that the range of action of a PDE depends on the enzymatic properties of the specific PDE isoform involved.

For instance, PDE4A1, a relatively high-affinity (low μM) but low-turnover (1-5 cAMP molecules/s) enzyme (97), can effectively reduce cAMP levels within a 10 nm radius. In contrast, PDE2A3, a lower-affinity but faster enzyme (97), can deplete cAMP within a radius exceeding 30 nm (224). When a PKA target is located within this domain, then the activity of the PDE can block the target phosphorylation, as demonstrated by experiments where the PDE was fused to FRET reporters that measure PKA activity (224). It should be noted that these experiments were conducted using cell lysates, where potential physical barriers to cAMP diffusion are minimized, indicating that the PDEs alone can completely quench the cAMP signal, at least in the space immediately surrounding the enzyme.

The ability of PDEs to maintain cAMP levels below the PKA activation threshold helps explain the puzzling finding that the estimated intracellular concentration of cAMP in resting, unstimulated cells, calculated to be around $1\mu\text{M}$ (151, 225, 226), is significantly above the EC_{50} of cAMP binding to the regulatory subunit of PKA (estimated *in vitro* to be in the 100–300 nM range) (194) and matches the EC_{50} measured in intact cells ($\sim 5\mu\text{M}$ for PKA type II) (227). Based on these values, one would expect to find PKA to be already robustly activated in unstimulated cells. A relatively high basal cAMP concentration in the bulk cytosol can be reconciled with inactive PKA if PDEs are anchored in proximity of the kinase and its substrates.

One interesting feature that has been demonstrated for some members of the PDE superfamily is that their subcellular localization is dynamic and can be regulated by signalling events. For example, the PDE3A1 isoform has been shown to be recruited to the SERCA/AKAP18 signalosome at the SR upon PKA phosphorylation of its unique N-terminus (80). Another example is the recruitment of PDE4 family members to the plasma membrane by β -arrestins, which results in augmented cAMP degradation near an active GPCR (228). A β -arrestin-dependent process has been described also for PDE4D5 recruitment to GPCRs located in endosomes, resulting in PDE4D5 depletion from the nucleus, increased nuclear cAMP and enhanced cAMP-dependent transcription (229).

The diversity in the enzymatic properties and the regulatory mechanisms that the PDE system displays (Table 2) allows for highly sophisticated regulation of the second messenger levels and the creation of complex and dynamic patterns of cAMP pools. Local control of cAMP levels at individual signalosomes can be executed by a single PDE isoform or by multiple PDEs acting synergistically (230, 231). Each PDE can be distinctly regulated by Ca^{2+} , cGMP, and various post-translational modifications, including PKA-dependent phosphorylation, facilitating feedback regulatory loops (219). The observation that a specific PDE isoform can uniquely control the cAMP level in its proximal environment holds important implications. Firstly, it signifies that, even in the absence of a physical barrier to cAMP diffusion, the presence of a PDE is sufficient to generate a steep cAMP concentration gradient (Fig 4). Secondly the cAMP level within a specific cellular domain, and consequently, the ensuing cellular response, is determined by the identity and activation state of the resident PDE(s) and by the conditions that may promote PDE recruitment or release from that location. This dynamic landscape of cAMP gradients, shaped by the identity of the different PDE isoforms expressed in a specific cell type, their localization, and their coordinated regulation, determines the ensuing cellular response (232).

3.4 cAMP nanodomains

The organization of signalosomes, wherein PKA is in proximity of specific phosphorylation targets, along with the capacity of cells to create steep cAMP gradients (Fig 4), is an effective strategy for achieving hormonal specificity. As discussed above, experimental evidence supports the notion that the compartmentalized increase in cAMP levels on ligand binding to a specific GPCR enables the activation of a limited subset of PKA effectors, ensuring the initiation of the relevant cellular response only. For example, in cardiac myocytes the activation of β -AR leads to increased PKA-dependent phosphorylation of PLB and Tn while the activation of the prostaglandin receptor does not yield a similar effect (233, 234). This distinction persists despite both receptors generating a similar overall amount of cAMP upon activation. Imaging experiments utilizing targeted FRET reporters have indicated that the phosphorylation of distinct PKA targets in response to activation of a specific GPCR relies on cAMP pools being generated where specific AKAP-PKA signalosomes are positioned (113). This elucidates how catecholamines, via β -adrenergic receptors, and prostaglandin E1, via EP receptors, induce a comparable elevation of cAMP in the heart, yet only isoproterenol enhances cardiac contractile force and activates glycogen metabolism (234). The utilization of targeted cAMP reporters also demonstrated that the cAMP response triggered by β -AR results in a fast, larger, and sustained cAMP increase at the plasmalemma and SR compared to a slower, smaller, and transient cAMP response at the myofilament. PDEs inhibition abolishes this difference but also results in an attenuated inotropic response (202), indicating that the subcellular heterogeneity of the cAMP pools generated in response to catecholamines is required to optimize the contractile response (Figure 7).

The differences in amplitude and kinetics of the cAMP response detected at the plasmalemma, SR, and myofilaments also indicated that neighboring cAMP domains are demarcated by extremely narrow boundaries as the subcellular structures where these three sensors localize are in close proximity to each other and only tens of nanometer apart from each other (235). The nanometer-size of cAMP domains has been directly confirmed in HEK293 cells, a cell type characterized by a simpler subcellular architecture compared to cardiac myocytes. In this study, the cAMP response to different agonists was measured in proximity of the GLP-1R by fusing a FRET reporter directly to the receptor or by introducing a spacer of known length between the receptor and the probe. The analysis showed that, at low agonist concentrations, cAMP could be detected at up to 60 nm away from the receptor but not at a larger distance (215). The nanodomain generated by activation of the GLP-1R was also shown to be shielded from the influx of cAMP generated by activation of the β -AR (215) confirming very tight regulation of the spatial propagation of cAMP.

The nanometer size of the cAMP pools generated in proximity of GPCRs in HEK293 cells aligns well with the estimated 15-25 nm size of a single AKAP:PKA complex (190) (Fig 4) and is in the same range of the domain within which PDEs can effectively regulate cAMP levels (Fig 6). In addition, the cAMP nanodomain size is consistent with the dimensions of AKAP:PKA clusters observed at the plasma membrane of CHO cells using super-resolution microscopy, showing an average diameter of these clusters of approximately 100 nm (236).

Thus, it appears that the cAMP nanodomains can extend as needed to facilitate the activation of individual PKA/AKAP signalosomes.

3.4.1 cAMP buffering—Despite the clear role of PDEs, a full understanding of the mechanisms enabling cAMP nanodomains remains elusive. Multiple measurements of cAMP mobility in cells yielded diffusion coefficients exceeding $100 \mu\text{m}^2/\text{s}$, and up to nearly $800 \mu\text{m}^2/\text{s}$, indicative of free diffusion, as it would occur in aqueous medium (195, 198, 237, 238). In addition, mathematical modeling identified a “mismatch” of four orders of magnitude between the apparent rapid cAMP diffusion rates and the rate of cAMP degradation by PDEs, suggesting that cAMP concentrations should rapidly equalize throughout a cell, preventing the formation of any significant spatial confinement (239). One way of reconciling fast diffusion of cAMP and slow PDE hydrolytic activity with the formation of cAMP gradients would be to introduce cAMP buffering capacity in the equation, and recent research indicates that a combination of various mechanisms may effectively contribute cAMP buffering.

For a long time, intracellular buffering of cAMP was considered negligible. However, measurements of cAMP diffusion have typically been carried out at high levels of cAMP, raising the possibility that, in those conditions, cAMP binding site may be saturated. Recent experiments utilizing a fluorescent analog of cAMP revealed that at low, physiological concentrations, cAMP appears to be effectively entirely bound and, consequently, immobile (224). This finding is consistent with quantitative immunoblotting studies showing that, in a large panel of cell types, including cardiac myocytes, PKA R subunits are in large molar excess of C subunits (on average ~17-fold) (191). Excess free R subunits can bind and buffer cAMP. Other cAMP binding sites may also exist as their abundance was estimated to exceed $10 \mu\text{M}$ (224), enough to completely bind cAMP at basal and even moderately elevated concentrations. However, robust elevation of cAMP, such as through intense receptor stimulation, or treatment with a combination of PDE inhibitors and the AC stimulator forskolin, overcame the cAMP binding capacity. If cAMP can be significantly buffered by binding to proteins, the concentration of free cAMP in the cell may be much lower than initially thought, allowing PDEs to establish substantial concentration gradients, at least over a short distance and at physiological agonist concentrations (224).

3.4.2 Liquid-liquid phase separation—Liquid-liquid phase separation (LLPS) has been proposed as an additional mechanism that could contribute to maintaining low levels of free cytosolic cAMP (240). LLPS occurs when, surpassing a specific concentration threshold, a molecule in a solution undergoes de-mixing into two distinct phases – a concentrated, condensed phase and a diluted phase (241). Experimental evidence suggests that PKA RI α is capable of phase separation, dynamically sequestering cAMP within RI α liquid condensates. Interestingly, the excess expression of R subunits discussed above predominantly involves RI isoforms (191). The creation of phase-separated RI α bodies appears to result from multivalent interactions involving RI α D/D domain and linker region and seems to be stimulated by cAMP. Using targeted FRET sensors, disruption of RI α condensates using the compound 1,6-hexanediol was shown to lead to enhanced cAMP levels detected in the immediate vicinity of a PDE, which was interpreted as the result of

cAMP being released from the RI α condensates and being able to ‘flood’ the domain with low cAMP established by the PDE hydrolytic activity (240). To what extent RI α LLPS occurs in cardiac myocytes and whether this phenomenon affects compartmentalized cAMP signalling and cardiac myocyte function remains to be established.

3.5 Signalling from internal GPCRs

While the long-established mechanism for GPCRs signalling involves receptors that span the plasma membrane where they can be activated by extracellular stimuli, more recently an alternative modality has emerged that involves receptors signalling from internal membranes (201). At these internal locations, GPCRs can provide an alternative local source of cAMP. While in cardiac myocytes β 1-AR have been reported to be activated and generate cAMP from the plasmalemma, the Golgi apparatus (242) and nuclear membranes (243), β 2-AR have been reported to generate cAMP from the plasma membrane and endosomes (244). Consistent with the notion of compartmentalized cAMP signalling, activation of β -ARs localized at internal membranes appears to regulate distinct functions. Data support a model where β 1-AR located on the nuclear membrane regulate gene transcription (243), while Golgi localized β 1-AR mediate cardiac hypertrophy via a mechanism that involves phosphoinositide hydrolysis, an effect that is not induced by stimulation of β -AR at the cell surface (245). Notably, the internal receptors appear to be activated by norepinephrine entering the cell via an OCT3 organic cation transporter, as blockade of OCT3, or specific blockade of Golgi resident β 1-ARs, prevented the norepinephrine-induced hypertrophy (245). A recent study where local generation of cAMP was induced using an optogenetic approach, confirmed that β 1-AR signalling at the Golgi and plasma membrane serves distinct functions. When cAMP generated at the plasmalemma increased force of contraction, cAMP generated at the Golgi promoted cardiac myocyte relaxation rate (246). β 1-ARs have also been reported to exist at the SR where their activation leads to PKA-mediated phosphorylation of PLB and enhanced cardiac contractility upon catecholamine stimulation. Again, this effect appears to require catecholamine transport into the cell via OCT3 (247).

4 Disruption of cAMP compartmentalisation in cardiac disease

The use of targeted reporters for cAMP has clearly demonstrated that not only different GPCRs generate spatially distinct cAMP signals, but also that the cAMP response induced by the activation of a specific receptor is spatially heterogeneous. For instance, as discussed above, the activation of cardiac β -AR results in a larger cAMP response at the plasmalemma and sarcoplasmic reticulum compared to the cAMP signal generated at the myofilament. This heterogeneity holds functional significance, as imposing a homogeneous cAMP increase through pharmacological inhibition of PDEs leads to a diminished inotropic response to catecholamine stimulation (202) (Fig 7). Given the pervasive involvement of cAMP signaling in cellular functions, it is unsurprising to observe remodeling of the cAMP signalling landscape in pathological conditions (248–251).

In a system where the functional outcome is highly dependent on the specific subcellular location of the molecular components involved, a change in the level of expression of these

components is expected to have a profound impact. For example, overexpression of a certain AKAP may potentiate the PKA response at a certain location. Similarly, downregulation or upregulation of a certain PDE isoform will impact cAMP levels in a specific nanodomain which may then trigger inappropriate target phosphorylation.

Genetic polymorphisms in the sequence encoding for several AKAPs have been reported. The nucleotides involved affect the interaction of the AKAP with components of the signalosome they assemble, and these polymorphisms have been associated with increased risk of developing various cardiovascular disease conditions (252).

Polymorphisms in the AKAP helix that anchors PKA have been shown to reduce the RII-binding affinity and determine relocalisation of some polymorphic variants (187). Similarly, polymorphisms in genes encoding for PDE have been associated with atrial fibrillation (253), endothelial dysfunction and stroke (254) and cardiometabolic traits (255).

Multiple transcriptomics studies comparing healthy controls with diseased hearts, both from human and animal models, from a variety of etiologies including ischemic cardiomyopathy (256, 257), heart failure (258), genetic hypertrophic cardiomyopathy (HCM) (259) and rhythm disturbances (260) show up- or down-regulation of multiple components of the cAMP signalling pathway, including ACs, AKAPs, PKA subunits and PDEs, indicating that cardiac disease is associated with a profound rearrangement of local cAMP signalling. These findings are confirmed at the protein level both in rat (261) and human (262) tissue obtained from failing hearts. For example, a chemical proteomics study where a cAMP-bound resin was used to enrich for pathway components, found severe alteration in the composition of AKAP-PKA signalosomes in human failing hearts compared to healthy controls (251).

Disruption of PKA-dependent phosphorylation involving selected PKA targets has been reported in samples from both patients affected by HCM (263) and in a HCM mouse model that carries a truncating mutation with haploinsufficiency of MyBPC (263, 264). In both instances, TnI phosphorylation in response to β -AR stimulation was found to be significantly attenuated while phosphorylation of PLB was unaffected, indicating local disruption of cAMP signalling. Similar results were reported in a rat model of HF induced by chronic exposure to catecholamines, where the cAMP signal generated by sympathetic stimulation was found to be dramatically reduced at the myofilament and, to a lesser extent, at the SR, while the cAMP signal was unaffected at the plasmalemma (202).

Below, we give an overview of the information available on cAMP pathway remodeling in cardiac disease.

4.1 GPCR signalling in cardiac pathophysiology

β -AR compartmentalized signalling has been extensively studied in the context of cardiac disease. β 1-AR accounts for about 80% of the β -ARs in the heart, 15%–18% are β 2-AR, and the remaining 2%–5% are β 3-AR (265). All β -AR subtypes can couple with $G_{\alpha s}$ and stimulate cAMP synthesis, while β 2-AR and β 3-AR can also couple with $G_{\alpha i}$ to inhibit cAMP generation. A negative feed-back loop protects from excessive catecholamine stimulation. This involves phosphorylation of the agonist-bound receptor by G-protein

coupled kinases (GRKs), leading to recruitment of β -arrestin to the receptor. This interaction blocks G protein binding and promotes receptor internalization. The recruited β -arrestin can also provide a scaffold for PDE recruitment, further contributing to local quenching of cAMP (228). Data indicate that different β -AR are differently distributed on the plasmalemma and are coupled with distinct signalosomes. While β 1-AR are present across the entire membrane and generate a cAMP signal that propagates a long distance from the membrane, β 2-AR are localised to caveolin-rich domains and predominantly in T-tubules and the cAMP they generate remains confined to a smaller domain proximal to the T-tubular membrane (223). The distinct compartmentalisation of the cAMP signal has been attributed to the action of PDEs, rather than coupling of β 2-AR with $G_{\alpha i}$, as inhibition of PDE3 and PDE4 enzymes equalised the cAMP response generated by activation of the two receptors (238). β 1-ARs contribute the majority of the inotropic response to catecholamines (266), are coupled to both AC5 and AC6 and their chronic stimulation leads to cardiac myocyte apoptosis, hypertrophy and heart failure (50, 266, 267). By contrast, β 2-ARs are predominantly coupled to AC5, their activation results in a smaller inotropic response and have been associated with cardioprotective effects (268, 269) (but see section 4.2.2 below regarding the role of AC5 in stress-induced responses).

Remodelling of the β -AR signalling domains has been described in human and animal models of HF, characterised by altered levels of receptor expression, disrupted coupling with ACs and anomalous cAMP signal propagation (270). Associated with derangement of the T-tubular system and a significant loss of T-tubules associated with HF (271), a broader distribution of β 2-ARs to non-tubular membrane has been observed (223). This was accompanied with a more diffuse cAMP signal, similar to that generated by β 1-AR (223), which is consistent with earlier observations that β 2-AR stimulation in failing human and mouse hearts induces functional effects that are typical β 1-AR signalling (272). Interestingly, studies in rats show that restoration of the T-tubular network in conditions that reverse HF also rectifies the distribution of β 2-AR and the associated pattern of cAMP propagation (273).

Very sparse information is available on the involvement of other cardiac GPCRs on local modulation of cAMP signals and how this impacts cardiac disease. As sympathetic control of cardiac function occurs concomitantly with fluctuations of multiple other hormones and stimuli, how signalling from other GPCRs integrates and is coordinated with sympathetic regulation in healthy and diseased conditions is an obvious area of investigations where efforts should be focused in the future. Some evidence that GPCRs other than adrenergic receptors also generate compartmentalised pools of cAMP is available. For example, early studies had demonstrated that activation of the $G_{\alpha s}$ -coupled glucagon-like peptide-1 (GLP-1) receptor leads to elevation of cAMP but has no positive inotropic effect (163). Imaging studies have linked the response to GLP-1 to subcellular compartments distinct from those engaged by catecholamines and to the predominant activation of PKAI rather than PKAII, the latter being the main isoform activated by adrenergic stimulation (113). GLP-1 has been shown to be cardioprotective both in pre-clinical and clinical studies (274, 275) and, although the mechanisms responsible remain to be fully understood, a direct effect of GLP-1 on the heart and involving cAMP-dependent pro-survival signalling has been suggested (276, 277).

A recent study (278) further supports the notion that, by participating in different signalosomes, different GPCRs can mediate deleterious or protective effects on the heart. The data indicate that histamine H2 receptors, together with β 1-AR, couple to AC5 to generate cAMP that leads to PKA-dependent phosphorylation of pannexin-1. This promotes ATP release in the extracellular space and activation of a pro-death pathway. Conversely, activation of adenosine A2 receptors, calcitonin-gene-related-peptide-receptor and relaxin-family peptide-1 receptor couple to AC6 to generate cAMP that is extruded from the cell via a proximally located MRP4, and triggers pro-survival signalling (278).

4.2 Adenylyl cyclases in cardiac pathophysiology

While all transmembrane ACs are activated by G α s proteins, not all ACs are activated by all G α s-coupled receptors, making the various AC isoforms non-redundant (Table 1). By localizing to defined domains within the plasma membrane, at least in part through partitioning within or outside cholesterol-rich membrane regions (15), ACs can be activated in a receptor-selective manner. In this way they contribute to compartmentalisation of cAMP signalling and specificity of response. For example, the engagement of distinct ACs and the generation of cAMP in distinct compartments has been implicated in the ability of muscarinic M2 receptors to generate cAMP-dependent effects that are both inhibitory and stimulatory (279, 280). Evidence suggests that these opposing effects are achieved via the involvement of both AC5/AC6, which are G α i inhibited, and AC4, which is not modulated by G α i but is instead activated by free G $\beta\gamma$ subunits released on activation of G α i (204, 279). The localization of AC5/AC6 to caveolar domains and of AC4 to extra-caveolar domains (281) would provide compartmentation of the excitatory and inhibitory effects. The inclusion of ACs in multiprotein complexes organized by AKAPs provides further opportunity for isoform-specific regulation.

4.2.1 AC1—AC1 is expressed in SAN cells (21, 22) and genetic deletion of this isoform has been associated with SAN dysfunction. Mechanistic studies suggest that HCN4 channels form functional domains where they specifically couple with AC1 which, via generation of a local pool of cAMP, plays a critical role in mediating the sustained rise in SAN automaticity in response to β -AR (21, 282). In addition, pharmacological studies also suggest that AC1 is involved in the regulation of the pacemaker activity in response to α -AR stimulation, via a mechanism that involves IP₃-mediated Ca²⁺ release (288, 294).

4.2.2 AC5 and AC6—AC5 and AC6 are the main isoforms expressed in ventricular myocytes (50). They both interact with AKAP79/150 (49, 51) but AC5 is enriched in T-tubules where it couples preferentially with β 2-ARs while AC6 localises outside T-tubules (50). The PKA anchored at these signalosomes can phosphorylate and inhibit both AC5 and AC6, providing a negative feed-back mechanism that rapidly and locally controls cAMP synthesis (51), while phosphorylation by the AKAP79/150-anchored PKC activates AC5 but inhibits AC6 (15), again enabling differentiation of the downstream response. Although AC5 and AC6 are structurally very similar (25), genetic manipulation studies clearly illustrate the non-redundant properties of these ACs and the importance of their subcellular location. Genetic ablation of AC5 was reported to affect both sympathetic and parasympathetic regulation of ECC (295) and has been associated with cardioprotective

effects in conditions of chronic pressure overload, chronic β -AR stimulation and aging (283, 296, 297). AC5 ablation did not show beneficial effects when the pathogenic stressor was delivered via $G_{\alpha q}$ signalling (298). By contrast, AC6 overexpression, rather than ablation, was shown to be cardioprotective (285, 286). The beneficial effect of cAMP generated by AC6 has been suggested to rely on AC6 inhibition by $G_{\alpha i}$, which would limit the cAMP response downstream of $\beta 1$ -ARs activation (299). cAMP-dependent activation of the AC6-associated phosphatase PHLPP2 and enhanced dephosphorylation of Akt/PKB has also been hypothesized (287), although cAMP-independent mechanisms have also been suggested (300).

4.2.3 AC8—AC8 is Ca^{2+} activated and is expressed in atrial myocytes and SAN cells, where modulation of its activity by IP_3R -released Ca^{2+} has been proposed as a possible trigger for atrial fibrillation (288). Overexpression of AC8 appears to be detrimental to the heart, leading to increased heart rate and decreased heart rate variability, enhanced age-related heart dysfunction, early cardiac myocyte hypertrophy and interstitial fibrosis (19, 20).

4.2.4 AC9

AC9 is also expressed in the SAN and genetic ablation studies support a role for this isoform in the control of heart rate (23, 289). AC9 interacts with the AKAP Yotiao (290, 301), forming a signalosome that controls PKA-dependent phosphorylation of KCNQ1 and modulation of I_{K_s} currents, as confirmed by AC9 knock out studies (301). AC9 is recruited to the two-pore domain potassium (K2P) channel TREK-1 (KCNK2)-POPDC1 complex, where local cAMP production by AC9 facilitates the POPDC1 regulation of TREK-1 K^+ currents. ADCY9 deletion results in bradycardia and diastolic dysfunction with preserved ejection fraction (23). AC9 may also be involved in the regulation of basal cardiac stress responses, via PKA phosphorylation of heat shock protein 20 (Hsp20), which may be directly associated with the cyclase (23). AC9 has also been reported to localize to internal membranes upon internalization of ligand-bound $\beta 1$ -AR, and to be able to generate cAMP from endosomes (291).

4.2.5 AC10

AC10 has been found to localize to multiple intracellular locations, including the mitochondria, the centrioles and the nucleus (27, 65, 302). As discussed for internal GPCRs, the possibility of producing cAMP from a source distal to the plasma membrane provides an additional modality to supply local PKA- or EPAC-dependent signalosomes, aiding in spatial control of signal propagation (303). AC10 is activated by bicarbonate and, as such, is considered to be responsive to changes in cellular energy metabolism. In the cell, bicarbonate is in dynamic equilibrium with CO_2 , a waste product of the mitochondrial Krebs cycle that fuels ATP synthesis. Activation of mitochondrial AC10 has been linked to increased mitochondrial ATP production (16). The exact location of AC10 and the pathway triggered by AC10-generated cAMP remains, however, controversial. While earlier studies suggested that AC10 is present in the mitochondrial matrix (28, 65, 304) where it activates local PKA in response to nutrient availability and regulates the electron transport chain (305), other studies challenge this model and suggest that in cardiac myocytes AC10 is

located in the mitochondrial intermembrane space where the cAMP it generates activates EPAC and Rap1, leading to increased ATP production in response to nutrient consumption (66). The lack of evidence that the mitochondrial matrix hosts a local subset of PKA (304, 306, 307) supports the latter model and other data show activation of EPAC downstream of AC10, for example for the regulation of fatty acid uptake and oxidation (308) and for activation of glycogenolysis (142), although the latter effect has not been established in cardiac myocytes. Additional work is required to identify the target(s) downstream of EPAC/Rap1 and to clarify the molecular mechanisms involved in the cAMP-dependent modulation of energy metabolism, particularly in view of the fact that mitochondrial AC10 has been implicated in protection from ischemic cardiac injury (292, 293) and damage induced by reactive oxygen species (ROS) (309).

4.3 AKAP-PKA signalosomes in cardiac pathophysiology

The arrangement of signalosomes, where PKA is closely situated in proximity to specific phosphorylation targets, coupled with the ability of the cell to create steep local gradients of cAMP, represents an effective strategy for achieving hormonal specificity of signalling (Fig 4). Compartmentalised cAMP enables the activation of a limited subset of PKA targets, thereby triggering only the relevant cellular functions. The critical importance of PKA anchoring to AKAPs for appropriate information processing and correct functional outcome is clearly illustrated by pathological conditions that are associated with altered signalosome composition. For example, a S1570L point mutation in AKAP9 that alters its association with the KCNQ1 subunit of the I_{Ks} potassium channel, leads to defective phosphorylation of the channel and long-QT syndrome (310). In another example, mutations in the gene encoding for the PKA C subunit that affect the interaction of the mutant protein with the R subunits, result in defective C recruitment to AKAP signalosomes. The dispersal of the C subunits away from the anchoring complex (250, 311) or its subcellular redistribution with preferential association with AKAP-anchored RI subunits (312) and the ensuing phosphorylation of inappropriate targets is thought to be responsible for the Cushing's syndrome phenotype associated with these mutations.

A number of AKAP-dependent signalosomes have been described in cardiac myocytes (Table 2). The list is likely not exhaustive, and future discoveries may reveal additional complexes. While limited information exists for some cardiac signalosomes regarding their role in disease, several have undergone thorough characterization and have been shown to be linked to arrhythmia, cardiac remodeling, and HF.

4.3.1 AKAP1—AKAP1 is a dual-specificity AKAP that localises to the outer mitochondrial membrane and regulates mitochondrial morphology via PKA-dependent phosphorylation of Drp1 (320). The signalosome organized by AKAP1 has been linked to the control of cellular respiration, ROS production, and cell survival (394, 395) and to cardioprotective effects (313, 314). The mechanism appears to involve the inhibition of nuclear translocation of the nuclear factor of activated T-cells (NFATc3), that would otherwise enable hypertrophic gene expression (320). In support of its cardioprotective role, AKAP1 overexpression leads to reduction of cardiac myocyte size and inhibition of isoproterenol-induced hypertrophy (313), while its expression is downregulated in

conditions of pressure overload, leading to mitochondrial dysfunction, oxidative stress, and cell death (314). AKAP1 expression has also been reported to result in reduced infarct size and mortality associated with myocardial infarction (396).

4.3.2 AKAP5—The signalosome organized by AKAP79 (in humans) or AKAP150 (in mouse) anchors PKAII to LTCC at the plasma membrane and controls phosphorylation-dependent modulation of the channel ion conductance (397), at least in part through association of AKAP79/150 with the channel subunit Cav1.2 (398, 399). The multiprotein complex organized by this AKAP also includes β -AR, PKA, AC5/AC6, PKC, protein phosphatase calcineurin (PP2B) and caveolin 3 (CAV3) (325). The signalosome is found on T-tubules and disruption of the complex by deletion of the AKAP5 gene alters CAV3 and AC6 localization (325). The interaction with AC5/AC6 has been shown to regulate the cyclase activity by enabling a negative feed-back loop where cAMP production is inhibited by PKA-dependent phosphorylation of the AC (51). Inhibition of PKA in cardiac myocytes reduces calcium currents downstream of β -AR stimulation (397) and cardiac myocytes from AKAP5 knock out mice do not respond to β -adrenergic stimulation (325). Deletion of AKAP5 significantly reduces stimulated Ca^{2+} transients and Ca^{2+} sparks as well as phosphorylation of RyR and PLB in response to isoproterenol. Multiple studies have analysed the impact of genetic ablation of AKAP5. AKAP5^{-/-} myocytes show enhanced contraction rate in response to isoproterenol and increased cell size, suggesting a cardioprotective role for this signalosome (323), supported by studies where AKAP5^{-/-} mice were subjected to pressure overload or myocardial infarction (326, 400). By contrast, ablation of AKAP150 ameliorates glucose toxicity and diastolic dysfunction in cardiac myocytes from diabetic rats. In this model, overexpression of AKAP150 and enhanced PKC activity at the plasma membrane promote activation of NF κ B and NADPH oxidase and generation of ROS, resulting in diabetes-induced cardiovascular injury (401, 402). Genetic deletion of AKAP5 also impacts trafficking of β -AR, suggesting a role for this AKAP in receptor re-sensitisation (323). In atrial myocytes AKAP150-bound PKC has also been associated with regulation of Ca^{2+} sparklets (403).

4.3.3 AKAP6—The protein encoded by AKAP6, originally named AKAP100, exists in two main isoforms (mAKAP α and mAKAP β) (404). mAKAP β is the predominant isoform in the heart. mAKAP β localizes to the nuclear envelope through interaction with the integral membrane protein nesprin1- α (338). It also interacts with AC5 localised to T-tubules, where the plasma membrane invaginations come in proximity to the nuclear membrane (330), to facilitate cardiac signaling (405, 406). As described for AKAP5, PKA anchoring to the mAKAP signalosome enables a negative feedback loop leading to phosphorylation and inhibition of AC5 (406). mAKAP assembles a number of proteins that are implicated in cardiac myocyte hypertrophy, including protein phosphatases 2A and 2B (PP2A/2B), PDE4D3, hypoxia-inducible factor 1 (HIF1), phospholipase C ϵ (PLC ϵ), myocyte enhancer factor-2 (MEF2) and p90 ribosomal S6 kinase 3 (RSK3) (168, 333, 336, 340–342). The signalosome also associates indirectly with EPAC1 and the ERK5 and MEK5 mitogen-activated protein kinases via interactions with PDE4D3 (334). Extensive investigations indicate that the main role of the signalosome organized by mAKAP is to control gene expression involved in cardiac remodeling. The mAKAP associated

phosphatase calcineurin dephosphorylates the transcription factors NFATc and MEF2, triggering their translocation to the nucleus and leading to expression of pro-hypertrophic genes (331, 341, 407). mAKAP also interacts with PKD, leading to phosphorylation of HDAC4 and activation of hypertrophic genes (331, 336). Deletion of the AKAP6 gene has been shown to be cardioprotective in animal models subjected to pressure overload to induce hypertrophy (331) while anchoring of the E3 ubiquitin ligases to the signalosome with hypoxia-inducible factor 1 (HIF-1 α) stabilises HIF-1 α , promoting its translocation to the nucleus and inducing pro-survival gene expression (340). A shorter isoform of mAKAP (mAKAP β) has been reported to associate with the ryanodine receptor (RyR) at the SR, where PKA phosphorylation would enhance opening of RyR and Ca²⁺ release in the cytosol (124), whereas association with the Na⁺/Ca²⁺ exchanger (NCX) at the plasmalemma would result in increased NCX activity and Ca²⁺ efflux (337, 408).

4.3.4 AKAP7—AKAP7 encodes for AKAP18 and is expressed as at least five isoforms (AKAP18 α , AKAP18 β , AKAP18 γ , AKAP18 δ , and AKAP18 ϵ) that vary in length, localization, tissue-specific distribution, and function (170). All isoforms are expressed in the heart. Initial studies found an association of AKAP18 (also called AKAP15) with cardiac LTCC (169, 409). AKAP18 α localises to plasma membranes via myristylation and palmitoylation of its N-terminus (169) and interacts with a conserved leucine zipper motif in the LTCC C-terminus (344, 410). Although PKA phosphorylation of Cav1.2 on multiple sites (S1700, T1704, S1928, and S1518, numbering according to the rabbit Cav1.2 sequence with UniProt ID P15381) has been shown to increase channel conductance and contractile force (411–414), as mentioned above the channel activity has recently been shown to relay on PKA-dependent phosphorylation of Rad (121).

AKAP18 δ contains a unique targeting sequence for localization to the SR. This signalosome anchors PKA in proximity to SERCA2 and PLN (171) enabling PKA positioning in proximity to PLN. PLN phosphorylation facilitates SERCA2 activity, with impact on cardiac myocyte relaxation and contraction (171). Studies also demonstrate that AKAP18 δ scaffolds CAMKII to ryanodine receptors (RyR). Within this signalosome, the N-terminal region of AKAP18 δ interacts with and inhibits CaMKII, while binding at the C-terminal region of AKAP18 δ enhances CAMKII activity and promotes PLN phosphorylation. The net effect is faster Ca²⁺ release by RyRs and reuptake into the SR (347).

4.3.5 AKAP9—Yotiao is a short splice variant (250 kDa) encoded by AKAP9 expressed in the heart. It is localised to the plasma membrane where it interacts selectively with AC9 (290, 415) to modulate cardiac repolarization. Yotiao interacts with the KCNQ1 subunit of I_{Ks} channel, a critical component for the late phase repolarization of the cardiac action potential in humans (348). This interaction is critical for cardiac repolarization as it involves a leucine zipper motif in the KCNQ1 subunit which is disrupted by a mutation (G589D) associated with long-QT syndrome (348). PKA phosphorylation of KCNQ1 on S27 following sympathetic stimulation accounts for most of the cAMP-dependent modulation of I_{Ks}, as evidenced by the observation that a S27D mutation of this residue reconstitutes most of the effects of PKA activation (416, 417). In addition, on adrenergic stimulation PKA also phosphorylates Yotiao on S43. While this phosphorylation does not affect the association of

Yotiao with KCNQ1 or channel phosphorylation, it impacts channel activity, indicating that the AKAP functions not only to anchor and recruit PKA but also as an allosteric modulator of the ion channel, through a mechanism that is distinct from PKA (349, 418). In addition to PKA and KCNQ1, Yotiao also scaffolds negative regulators of KCNQ1 phosphorylation, including protein phosphatase 1 (PP1) and PDE4D3 (348, 419–421).

4.3.6 AKAP10—D-AKAP2 is a multi-domain protein that anchors both PKAI and PKAII and is involved in the late stages of endocytosis (357). In addition to the PKA binding domain, D-AKAP2 also includes two tandem regulators of G protein signalling (RGS)-like homology domains that interact with two small GTPases, Rab4, and Rab11 (357) and a PSD-95/DlgA/ZO-1 (PDZ)-binding motif, through which the AKAP interacts with the multi-PDZ domain proteins PDZK1 and NHERF-1 (354, 422). Mutations in mouse models (352) or single nucleotide polymorphism (351, 353) in the PKA binding domain of D-AKAP2 result in cardiac rhythm anomalies and sudden cardiac death and may be associated with cardiac dysfunction in the ageing population (423).

4.3.7 AKAP12—AKAP12 encodes for the protein Gravin which organizes a signalosome that includes PKA, PKC, G-protein-receptor kinase 2 (GRK2), β -arrestin and PP2B (358, 424). Gravin anchors PKA in proximity to β 2-ARs by interacting to the receptor C-terminal tail (425). Mice lacking Gravin show increased contractility both in the absence and in the presence of β -AR activation (360, 361). Consistently, cardiac overexpression of Gravin is associated with defective contraction and cardiac dilatation and patients with end-stage HF have upregulated AKAP12 both at the RNA and protein level (426). Interestingly, genetic deletion of Gravin has no impact on PLB phosphorylation or SERCA activity and cardiac overexpression does not affect TnI phosphorylation, suggesting a local effect of the signalosome organized by Gravin, possibly in the regulation of the desensitization/resensitization cycle of β 2-AR (360, 361).

4.3.8 AKAP13—AKAP-Lbc is encoded by the AKAP13 gene and is highly expressed in the heart (363). It scaffolds multiple signalling enzymes in addition to exerting its activity as a guanine nucleotide exchange factor (GEF) that selectively activates the small molecular weight GTPases RhoA and RhoC (363, 427). Extensive characterisation of this anchoring protein uncovered a complex role in the coordination of multiple distinct signalling pathways that contribute to cardiac myocyte adaptation to stress stimuli and to cardioprotection (362). AKAP-Lbc forms a p38-activating transduction unit that includes p38 α and its upstream activators protein kinase N α (PKN α), mixed lineage kinase-like mitogen-activated protein triple kinase (MLTK), and mitogen-activated protein kinase kinase 3 (MKK3) (374). This pathway leads to induction of mammalian target of rapamycin (mTOR) and increase in protein synthesis (374). AKAP-Lbc also interacts with PKD1 and PKC η . This pathway responds to α 1-AR and ET1-R activation, PKC activation and phosphorylation of anchored PKD1. Activated PKD1 is then released from the signalosome upon phosphorylation by local PKA. Once released, PKD1 goes on to phosphorylate targets that are involved in regulation of gene transcription. These include HDAC5, leading to HDAC5 nuclear export, de-repression of MEF2 and activation of pro-hypertrophic gene transcription (365), and CREB and cofilin2-phosphatase slingshot-1L (SSH1L), leading

to protection from apoptosis and resistance to doxorubicin toxicity (428). AKAP-Lbc also facilitates PKA-dependent phosphorylation of Hsp20, another component of the signalosome (429). This phosphorylation appears to be required for the anti-apoptotic effects of Hsp20 (430), which involves inhibition of apoptosis signal-regulating kinase 1 (Ask1) and Bax, and the preservation of the pro-survival activity of Akt1/PKB. Hsp20 phosphorylation by PKA is regulated by recruitment to the signalosome of PDE4 isoforms which reduce cAMP levels locally (431). Upon chronic β -adrenergic stimulation, cAMP levels rise in cardiac myocytes and overcome the hydrolyzing capacity of the PDE, leading to Hsp20 phosphorylation (432).

4.3.9 SPHKAP—SKIP is a PKAI specific AKAP (188) that interacts with and inhibits the activity of sphingosine kinase 1 (SPHK1) (375), an enzyme activated by growth factors and leading to the phosphorylation of sphingosine to generate sphingosine 1 phosphate (S1P). S1P is released at sites of tissue injury affecting cellular responses through activation of GPCRs that promote cell survival following in vivo myocardial ischemia-reperfusion (433), suggesting a role for this signalosome in the regulation of the cardiac stress response. SKIP localises to the mitochondrial intermembrane space where it associates with the protein ChChd3 (175), a target of PKA phosphorylation and a component of the mitochondrial contact site and organizing system (MICOS) complex, which has also been shown to interact with PDE2A2 (434).

4.4 Phosphodiesterases in cardiac pathophysiology

As discussed above, PDEs play a key role in cAMP compartmentalisation. Some PDEs are integrated in signalling complexes organized by AKAPs in combination with ACs, enabling a local feed-back loop regulation of cAMP levels (15, 435). In multiple cases, PDEs have been shown to be functionally coupled with specific targets or localized at certain subcellular locations via AKAP-independent interactions (Table 3). Not always information on the specific PDE isoform involved is available. The identification of the PDE isoform associated with a certain signalosome can be challenging. Functional studies rely on genetic ablation that often affect multiple PDE isoforms transcribed from the same gene and pharmacological inhibitors discriminate between PDE families but not between isoforms within a family. In addition, antibodies available for immunolocalization studies and biochemical characterisation not always are very specific or able to unequivocally discriminate PDE isoforms with small differences in molecular weight.

4.4.1 PDE1—PDE1 is a dual cAMP/cGMP esterase and binding of the two cyclic nucleotides is mutually competitive. PDE1 is expressed as three different isoforms: PDE1A and 1B have a higher affinity for cGMP than cAMP, whereas PDE1C has same affinity for the two nucleotides (97). While PDE1A is the dominant cardiac isoform in mice, PDE1C predominates in humans (437).

Multiple studies show that enhanced expression of PDE1 is detrimental to the heart whereas its inhibition is beneficial (465–467). PDE1A expression was found to be upregulated in human failing hearts and animal models of HF (439). A role for PDE1 in the regulation of a localised pool of cAMP has been described in cardiac myocytes from multiple species.

In studies using the PDE1 selective inhibitor ITI-214, a positive inotropic and lusitropic effect was observed in the absence of an increase in the Ca^{2+} transient or myofilament protein phosphorylation. The data suggest that PDE1 may operate in a compartment that is independent of β -AR signalling and is coupled instead to adenosine $\text{A}_{2\text{B}}$ receptor signalling (440, 468). Genetic ablation of PDE1C was found to be cardioprotective in a model of pressure overload, where lack of this isoform was associated with reduced hypertrophy and apoptosis, an effect that was linked to cAMP/PKA and PI3K/AKT pathways (439). PDE1 inhibition or PDE1A gene silencing was also found to reduce cardiac myocyte hypertrophy induced by phenylephrine. These findings suggest PDE1A upregulation may contribute to the hypertrophy induced by α 1-AR agonists via suppression of cAMP/PKA signalling (438). PDE1A is upregulated in cardiac fibroblasts when exposed to pro-fibrotic stimuli (469). The data suggests that this specific isoform plays a pivotal role in regulating localized pools of cAMP that trigger the activation of the EPAC1-Rap1 pathway. Furthermore, PDE1A is implicated in the modulation of cGMP, resulting in the activation of protein kinase G (PKG), with effects on collagen synthesis within the cardiac fibroblasts (469).

4.4.2 PDE2—PDE2A is a dual-substrate enzyme expressed as three splice variants (PDE2A1, PDE2A2 and PDE2A3). These have distinct subcellular localisation conferred by a unique sequence at their N terminus (98, 470). PDE2A has been shown to regulate cAMP pools generated by β 1-AR and β 2-AR, but also to control cGMP resulting from activation of β 3-AR and NO synthesis (471). In addition to modulation of ECC, PDE2A2 also plays a role in the regulation morphology and function of cardiac mitochondria. By regulating a local pool of cAMP, this isoform controls PKA-dependent phosphorylation of the pro-fission protein Drp1, promoting mitochondria fragmentation (443). In addition, PDE2A2 localises to the mitochondria intermembrane space where it is integrated in the MICOS complex. At this location, PDE2A2 controls the PKA-dependent phosphorylation of MIC60 with impact on Parkin recruitment and mitophagy (434). PDE2A has also been implicated in the regulation of a cAMP pool in the mitochondrial matrix, with effects on ATP production (28).

PDE2A expression is increased in failing human hearts and in animal models of HF (251, 445, 446). Work from different groups suggests that high levels of PDE2A may contribute to the pathology. Inhibition of PDE2A was shown to reduce cardiac remodeling in a rat models of pressure overload and chronic catecholamine stimulation (472, 473). In addition, pharmacological inhibition or expression of a catalytically inactive PDE2A2 enzyme was found to normalize cardiac release of noradrenaline from stellate ganglia neurons from rat and humans with sympathetic hyperactivity, an effect that could contribute to cardioprotection in HF (474). In contrast, it has been proposed that elevated PDE2A expression may be cardioprotective based on the observation that transgenic mice overexpressing this enzyme show blunted response to β -AR stimulation, reduced hypertrophy and attenuated propensity to arrhythmic events (447, 448).

4.4.3 PDE3—PDE3 constitutes the majority of the cAMP-hydrolysing activity in human myocardium (475) and PDE3 inhibitors are approved for the treatment of acute, refractory HF (476). Two genes encode for PDE3, PDE3A and PDE3B, both of which are expressed in

the heart, although PDE3A is more abundant. PDE3 binds with high affinity and hydrolyses both cAMP and cGMP; however, as the V_{\max} for cGMP hydrolysis is about 10-fold slower than for cAMP, cGMP acts effectively as a competitive inhibitor of cAMP degradation (477, 478). PDE3 isoforms have been implicated in the regulation of ECC via modulation of LTCC activity (479), regulation of phospholemman phosphorylation and control the N^+/K^+ -ATPase (480) and modulation of Ca^{2+} reuptake in the SR (80, 81).

PDE3B has been reported to localize to T tubules in CAV3-rich areas and in proximity to mitochondria (456). Genetic ablation of PDE3B has been associated with protection from ischemic damage but had no impact on cardiac myocyte contractility (81, 456).

Two of the three PDE3A isoforms (PDE3A1 and PDE3A2) are expressed in cardiac myocytes and gene deletion studies show that PDE3A is responsible for the positive inotropic effects of PDE3 inhibitors (81). PDE3A isoforms differ in their N terminus, which determines their subcellular localization, which includes microsomal fraction, SR, nucleus and cytosol (101, 232, 450–452). PDE3A1 is known to be part of a signalosome organized by AKAP18 at the SR membrane (80).

Several studies report PDE3A downregulation in failing hearts, both in humans and animal models (454, 481), while other studies find no change (453, 482). In animal studies, genetic ablation or inhibition of PDE3 also leads to contradictory results. For example, infarct size was shown to be reduced by both PDE3 pharmacological inhibition and PDE3A gene ablation (483) and ventricular remodelling was found to be reduced in a model of pressure overload (484). By contrast, other studies found that PDE3 is cardioprotective. PDE3 inhibition was reported to worsen the cardiac remodelling induced chronic by β -AR stimulation (485) and to inhibit the hypertrophy induced by EPAC-mediated activation of PLC β (486). In addition, evidence suggests that cardiac-specific overexpression of PDE3A1 protects from ischemia reperfusion (487), and downregulation of PDE3A promotes the transcription of ICER, promoting apoptosis (455). A cardioprotective role for PDE3A is also supported by the finding that patients carrying a gain of function mutation in the PDE3A gene responsible for a condition known as hypertension with brachydactyly (HTNB) do not develop cardiac hypertrophy or HF, despite the severe chronic hypertension, a phenotype that is recapitulated in a rat models carrying the same mutation (458, 488). The mechanism responsible for the cardioprotective effect of these mutations remains to be established. However, a possible modality is suggested by recent studies demonstrating that PDE3A2 is part of a multiprotein complex localized to the nucleus and that includes the regulators of transcription SMAD4 and HDAC1. At this location, the PDE3A2 hydrolytic activity maintains the local cAMP concentration below the activation threshold of a local PKA. As a result, PKA-dependent phosphorylation of HDAC1 is minimized, resulting in reduced histone deacetylation and pro-hypertrophic genes transcription is silenced (232). A hyperactive PDE3A2 at this signalosome may be able to shield the local PKA targets from inappropriate phosphorylation resulting from excessive adrenergic stimulation associated with the chronic hypertensive state, whereas a PDE3A2 with normal hydrolytic activity may be overwhelmed in those conditions.

Further studies will be necessary to work out the exact and apparently varied roles of PDE3A isoforms in cardiac pathophysiology. The contrasting results reported in the literature may reflect the fact that the different PDE3A isoforms localize to distinct subcellular sites where they are involved in different interactions and mediate different functional effects; the dominant outcome may then depend on other concurrent conditions that contribute to the resulting phenotype. In vitro studies where catalytically inactive mutants of PDE3A1 or PDE3A2 were overexpressed in cardiac myocytes chronically treated with β -AR agonists support this notion. These mutants act as dominant negative constructs and displace the endogenous, active enzyme from its subcellular localization sites (232, 472). Expression of these mutants demonstrated that while overexpression of inactive PDE3A1 induces hypertrophy, overexpression of PDE3A2 inhibits the hypertrophy resulting from chronic catecholamine stimulation, suggesting that the two isoforms control cAMP levels in different domains with opposing effects on cardiac myocyte hypertrophic growth (232).

4.4.4 PDE4—PDE4 selectively hydrolyses cAMP and is expressed as more than 20 different isoforms from four genes (PDE4A-PDE4D). In the heart, isoforms belonging to the PDE4A, PDE4B and PDE4D subfamilies are expressed (459) and localise at various sites, including the plasma membrane, where they contribute to regulate the phosphorylation of β -ARs and LTCC; at the SR, where they regulate RyR2, PLB and SERCA2a, and at the myofilaments, where their exact involvement in the regulation of specific targets remains to be established.

Multiple PDE4D variants interact at the plasma membrane with β 1-AR and β 2-AR subtypes, either directly or via β -arrestin, modulating receptor desensitization (489–491). PDE4D5 recruitment to β 2-AR by β -arrestin was shown to prevent the hypertrophy induced by β 2-AR activation through a pathway that involves inhibition of EPAC1 and CaMKII (492). At the SR, PDE4D3 has been reported to form a complex with the RYR2. This association was found to be reduced in human failing hearts and in mouse model of pressure overload (493, 494). The consequent enhanced phosphorylation of the RYR was proposed to lead to Ca^{2+} leak from the SR and susceptibility to arrhythmia, specifically in response to β 2-AR stimulation (493, 494). At the SR PDE4D is also in a complex with SERCA2:PLB (495), an association that is affected in cardiac hypertrophy (216). PDE4D isoforms have also been implicated in determining heterogeneities in cAMP breakdown in different regions of the mouse heart, with faster hydrolytic activity at the apex compared to the base. These heterogeneities drive nonuniform changes in the duration of the action potential and repolarization kinetics. Interestingly, these differences were more evident in female hearts, suggesting a possible link with sex-dependent differences in arrhythmogenic activity (496).

PDE4B isoforms have been suggested to be involved in the regulation of β -AR-dependent stimulation of LTCC activity, supported by the observation that PDE4B KO mice show increased susceptibility to arrhythmia (460) and a recent study using a mouse model of type 2 diabetes and HF with preserved ejection fraction (HFpEF), reported a loss of PDE4 activity selectively at the SERCA/PLB complex, leading to exaggerated PLB phosphorylation in response to β 2-AR stimulation (497).

Localization of PDE4 at the nuclear envelope occurs via interaction with mAKAP and data indicate that it plays a role in the control of gene expression, hypertrophy and apoptosis through regulation of both PKA and EPAC activation (168, 498, 499).

4.4.5 PDE8—PDE8 is a high-affinity, cAMP-specific PDE encoded by two genes, PDE8A and PDE8B (500) and transcribed as at least nine splice variants. Both genes are expressed in the human heart (462). PDE8A has been reported to have a predominant cytosolic distribution in human atrial cells (462) and to be localized predominantly at mitochondria in other cell types (501, 502). A prominent PDE8 activity has also been reported at the outer membrane of mitochondria in mouse ventricular myocytes, an activity that was significantly enhanced in cardiac myocytes isolated from a Duchenne Muscular Dystrophy mouse model (503). By contrast, PDE8B localises to the plasma membrane in human atrial cells (462). Genetic ablation of PDE8A in mice affects ECC, with increased basal Ca^{2+} sparks frequency, higher Ca^{2+} transients and increased LTCC current in response to β -AR stimulation (461), which however does not result in a cardiac phenotype *in vivo*. PDE8A expression has been shown to be elevated in the atrium of patients affected by atrial fibrillation (260) and a recent study reported upregulation of PDE8B isoforms in patients affected by persistent, chronic atrial fibrillation (462). Mechanistic studies support direct interaction of PDE8B with the Cav1.2 α 1c subunit of the LTCC. The enhanced PDE8B hydrolytic activity would result in enhanced local degradation of cAMP and reduced calcium current and abbreviated action potential duration, leading to persistent atrial fibrillation (462).

In vitro studies have also implicated PDE8 in the formation of a transient signal termination complex that involves the interaction of PDE8 with RI α . The RI α :PDE8 complex shows higher PDE catalysis than PDE8 alone and facilitates cAMP hydrolysis through translocation of cAMP from RI α directly to the PDE8 hydrolysis site through a channel that is formed across the R:PDE interface (504, 505). This mechanism would facilitate processive hydrolysis of bursts of cAMP, thereby leading to rapid PKA signalosome reset to the inactive holoenzyme state. Whether this mechanism also takes place in intact cells remains to be established.

4.4.6 PDE10—PDE10 hydrolyses both cAMP and cGMP. While PDE10 is present at low levels in healthy hearts recently its expression has been reported to be upregulated in HF, both in humans and mouse models (463). Consistently, PDE10 inhibition was shown to reduce cardiac hypertrophy and remodelling both *in vitro*, in myocyte treated with angiotensin II, phenylephrine or isoprenaline, and *in vivo*, in models of cardiac dysfunction triggered by pressure overload (463). In another study, PDE10 was found to contribute to doxorubicin-induced cardiotoxicity by modulating both cAMP/PKA and cGMP/PKG pathways and inhibition of PDE10 was cardioprotective in a nude mice model with implanted ovarian cancer xenografts and treated with doxorubicin (464).

4.5 EPAC in cardiac pathophysiology

EPAC signalling has been involved in cardiac disease of various aetiologies through activation of pathways that are largely independent of PKA (506). As PKA, EPAC1 can

localise to multiple subcellular compartments, including the nucleus, the plasmalemma and mitochondria, and can mediate cellular responses in a spatially regulated fashion. For example, interaction of EPAC1 with β -arrestin was shown to be required for CaMKII-dependent phosphorylation of HDAC4, HDAC4 extrusion from the nucleus and consequent activation of the pro-hypertrophic transcription factor MEF2, resulting in hypertrophy (492, 507). This signalling pathway could be activated by β -ARs localized to the Golgi and involves an EPAC1/PLC signalosome organised by mAKAP at the nuclear envelope (245, 486). Conversely, EPAC2 localised to T-tubules has been implicated in ventricular arrhythmia through modulation of Ca^{2+} release from RyR (508). Both activation (509) and inhibition (510) of mitochondrial EPAC1 has been reported to be protective against ischemia/reperfusion injury. Evidence suggests that mitochondrial EPAC1 responds to cAMP generated by a local AC10 and that the signalling of this signalosome is involved in the regulation of ATP production in response to increased functional demands (66). In ischemic conditions, the same signalosome appears to be involved in mitochondrial Ca^{2+} overload and ROS production (510).

4.6 cAMP signalling landscape in cardiac disease

Apart from specific mutations that directly impact protein-protein interactions within a signalosome, it is currently uncertain whether the profound remodelling of cAMP nanodomain signalling observed in diseased hearts is a driver in the pathogenesis of the cardiac condition or whether it is an adaptive or maladaptive response, or simply an epiphenomenon. As discussed above, there are many contradictory reports on how individual pathway components are affected and currently we don't have a clear picture of the cAMP signalling landscape associated with different cardiac pathologies. While the lack of consensus in the published data can be ascribed to differences in the models and methodologies used, in the stage of the disease investigated and, for studies using human tissue, in the heterogeneity inherent to those samples, it is nevertheless clear that reorganisation of compartmentalised cAMP signalling pinpoints heart disease. The remodeling of the T-tubular system observed in failing cardiac myocytes and the consequent redistribution of β -AR from tubular to non-tubular plasmalemma is expected to dramatically affect the receptor molecular neighborhood with significant impact on signal propagation. The rearrangement of the cytoskeleton (511, 512) and of other intracellular structures (513, 514) observed in cardiac disease is bound to similarly affect the spatial distribution and appropriate coupling of pathway components downstream to the receptors and the localization of signalosomes. Irrespective of the extent to which cAMP nanodomain remodeling contributes to the development of heart disease, given the role of cAMP in regulating cardiac force generation, cardiac reserve and exercise tolerance—all factors directly influencing patients' quality of life—it becomes paramount to meticulously examine this remodeling process, as it may unveil novel therapeutic avenues for intervention.

5 Harnessing cAMP nanodomain signalling for targeted therapeutic intervention

The cAMP signaling pathway has long been at the center of efforts to develop drugs to treat cardiac disease. The introduction of β -blockers in the management of HF has

been transformative, significantly enhancing clinical outcomes and firmly establishing these medications as indispensable elements in treatment protocols. Despite this progress, the 5-year mortality rate post-diagnosis remains alarmingly high, exceeding 50% for all types of HF patients (515, 516). Notably, while β -blockers are effective in the treatment of HF with reduce ejection fraction (HFrEF), their benefit in patients suffering from HFpEF remains uncertain (517). Clearly, there is a pressing need for identification and implementation of novel and improved treatment strategies. While drugs targeting GPCRs affect cells throughout the body and the entire signaling cascade downstream of the receptor, directing interventions toward specific cAMP nanodomains offers the potential for cell-type specificity and subcellular precision. This approach holds promise for heightened efficacy and minimized side effects (69, 96, 178, 221).

The use of PDE inhibitors has been investigated as a treatment for HF. Milrinone is a PDE3 inhibitor approved for the treatment of acute congestive HF. In addition to increasing cardiac contractility and lusitropy, it is also a potent vasodilator and inhibitor of platelet aggregation and it enhances cardiac output in the short term (476). However, chronic administration to patients with HF has been linked to adverse effects including cardiac remodeling, increased incidence of arrhythmias, and sudden death, (518), ultimately outweighing its short-term benefits (519). A polymorphism in the human PDE3A promoter that affects PDE3A gene transcription in a cAMP–PKA dependent fashion may explain the variable tolerance to milrinone observed in patients with HFrEF (520). However, the detrimental effects of milrinone may also be attributed to its lack of selectivity among different PDE3 isoforms and the consequent elevation of cAMP levels in various subcellular compartments where the different PDE3 isoforms are localized, contributing to the diverse range of responses observed in patients. To mitigate the undesired effects of PDE3 inhibition, an international multicenter trial explored combined therapy using low doses of another PDE3 inhibitor, enoximone, in conjunction with β -blockers. Despite showing no adverse effects on survival or other clinical outcomes, the trial failed to demonstrate a significant advantage of the combination therapy (521).

PDE1 is also under investigation as a potential therapeutic target for patients with HFrEF, drawing from promising results observed in animal models. In these models, the PDE1 inhibitor ITI-214 showed positive effects including increased contractility, improved relaxation, and arterial vasodilation (440). In a phase I/II randomized single rising dose study, ITI-214 demonstrated overall good tolerance and acute reductions in arterial vascular resistance. Additionally, it enhanced cardiac contractility, cardiac output, and heart rate (522).

The structural similarities among PDE isoforms within a family present a challenge in designing traditional small-molecule inhibitors that target a specific isoform and, as multiple isoforms from the same PDE family are typically expressed in cardiac myocytes and are embedded in a variety of signalosomes, pharmacological inhibition is unlikely to provide the desired specificity. As an alternative, overexpression of a PDE isoform has been suggested as an approach that aims for more selective and efficient modulation of cAMP levels (447, 523), although these studies remain at the preclinical stage. A similar approach has been used to selectively manipulate cAMP synthesis. Based on investigations in animal models

showing benefits of cardiac AC6 overexpression and the observation that AC6 is reduced in human failing hearts (524), a randomized, double blind clinical trial including 59 patients evaluated the benefit of delivering the AC6 gene via intracoronary adenoviral injection and found significantly improved left ventricular function without increased adverse events (525). Although gene manipulation of signalosome components can attain a level of selectivity, particularly when employing cell type-specific promoters and viral vectors with cardiac-specific tropism - e.g. adeno-associated virus serotype 9, AAV9-based vectors (526) - regulating transgene expression levels may be challenging, and mislocalisation of the overexpressed protein could compromise or nullify the intended benefits.

A more sophisticated approach to fully capitalize on the advantages offered by cAMP signaling compartmentalization involves selectively displacing an individual protein component from a specific signalosome. This method offers the potential for exceptional precision while minimizing disruption to the broader intracellular signaling machinery. Its implementation requires peptides or small molecules capable of selectively disrupting protein-protein interactions that anchor specific components to the targeted signalosome. Research into this approach has been conducted using an animal model of cardiac hypertrophy induced by pressure overload. In this study, intraperitoneal injections of a peptide disrupting the interaction between PDE4 and HSP20 demonstrated mitigation of hypertrophy-induced cardiac remodeling (432, 527). A similar strategy was effective also in the context of cancer cell spreading (528, 529).

A significant hurdle in leveraging compartmentalised cAMP signaling for the development of novel therapeutics to treat cardiac disease lies in the limited number of nanodomains that have been characterized so far. A recent study conducted using rat cardiac myocytes employed PDE isoform-affinity purification mass spectrometry alongside the analysis of PDE family-dependent phosphoproteomes to attempt a non-biased, at scale, identification of cAMP nanodomains under the control of specific PDEs. This study revealed that the involvement of individual PDE isoforms in protein complexes localized across various subcellular structures is much more extensive than previously anticipated (232). To exemplify this complexity, Fig 8 shows the subcellular localization of potential PDE3A1-regulated cAMP nanodomains as defined in (232). The data were obtained by concurrent analysis of the PDE3A1-specific interactome and of the phosphopeptides selectively upregulated on inhibition of PDE3 isoforms in cardiac myocytes stimulated with a β -AR agonist. The two independent datasets were combined using protein network analysis using STRING database, which generates multiple subnetworks each comprising both PDE3A1 interactors and PDE3 inhibitor-dependent phosphotargets. As the two datasets are generated using independent approaches, the identified subnetworks represent, with high-confidence, potential novel cAMP nanodomains under the control of PDE3A1 (232). While some of the signalosome emerging from this analysis include well established PKA targets, many others have not been associated before with cAMP/PKA signalling. Notably, and in line with prior research (530), only approximately 40% of the phosphopeptides upregulated upon PDE3 inhibition contained a PKA motif. This finding is consistent with the observation that PDE3A1 participates in multiple signalosomes that involve kinases other than PKA (group 16-21 in Fig 8), establishing a framework for extensive cross-talk and integration with other signaling pathways.

This type of analysis offers a glimpse into the extraordinary complexity of the intracellular cAMP signaling network. While the data collected in this study provide a snapshot of the cAMP nanodomains regulated by PDE3A1 in a healthy myocyte responding to β -AR stimulation, the global cAMP signaling landscape is influenced by multiple other PDEs, is anticipated to be dynamic, stimulus-dependent, and subject to remodeling in diseased conditions. These findings are in sharp contrast with the typical description of the cAMP signaling pathway as it is represented, for example, in the KEGG database. While this canonical representation may appear complex enough (Fig 1), it fails to acknowledge the presence of multiple isoforms for many of the pathway protein components and the fact that each individual protein is expressed in multiple copies, each of which has the potential to interact with distinct partners, forming multiple signalosomes with unique localization, composition, and function. While determining the full map of the cAMP nanodomains may seem a daunting task, tackling this complexity will provide a rich framework for mechanistic studies and potentially identify actionable targets for disease treatment.

6 Open questions and outlook

As highlighted above, acknowledging the compartmentalization of cAMP signaling holds significant implications for understanding disease mechanisms and exploring avenues for more effective therapeutic strategies. Nevertheless, numerous unresolved questions require additional investigation to fully capitalize on the potential that this intricate system offers. For example, it will be important to understand how different GPCRs precisely couple with the intracellular molecular machinery to ensure cAMP levels rise only in the appropriate compartment, especially when the signalosomes activated by cAMP are distant from the cell surface where the receptors are located. Similarly, how the regulation of PDEs is orchestrated to achieve specific cAMP signals only in the appropriate nano-space, and how the multiple signalosomes coordinate their signalling activity, remains to be established. Subcellular spatial proteomic approaches, such as proximity tagging (533) or biochemical fractionation followed by quantitative mass spectrometry, combined with machine learning applications (534) will help dissect the complexity of the system and define how cAMP nanodomain signalling is impacted by the dynamic molecular context within which each signalosome operates (535).

Alongside the current approach of assessing effects on overall cellular cAMP levels, it will be important to develop innovative tools and assays for monitoring local cAMP signalling in a high-throughput manner, so that they can be integrated into drug discovery pipelines. This will enable early evaluation of whether drug candidates influence cAMP dynamics within nanodomains—an effect that is overlooked by tests solely measuring global changes in the second messenger. Implementing such methods may help mitigate current attrition rates in drug development.

To date, only a scant number of cAMP nanodomains have been characterized in cardiac myocytes, especially in human cells. Progress will require substantial efforts to delineate a comprehensive map of the subcellular cAMP nanodomain network and to gain a detailed understanding of how this signaling landscape changes in response to various stressors. Defining how individual nanodomains link to specific cellular functions and define how

signal transmission is impacted by the local molecular milieu will help identify potential actionable points for therapeutic intervention. In summary, unraveling the intricacies of cAMP nanodomain organization presents a formidable challenge, yet it is essential for understanding how cardiac myocytes work and how cardiac disease develops. This endeavor will greatly enhance our capacity to infer disease mechanisms from genome-wide association studies and omics data and will lay the groundwork for developing therapeutic approaches that precisely target cAMP signaling with nanoscale subcellular precision.

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Clinical Highlights

The pursuit of effective cardiac disease treatments has long revolved around the cAMP signaling pathway. The advent of β -blockers has revolutionised heart failure management, significantly improving clinical outcomes. However, despite these strides, mortality rates post-diagnosis remain disturbingly high. Thus, there is an urgent need to identify and implement novel, enhanced therapeutic strategies. While targeting β -adrenergic receptors impacts cells systemically and affects the entire downstream intracellular signaling cascades, an alternative approach is to target individual cAMP nanodomains. This approach holds potential for cell-specificity and the option to intervene with subcellular precision, offering prospects for improved efficacy and minimized side effects.

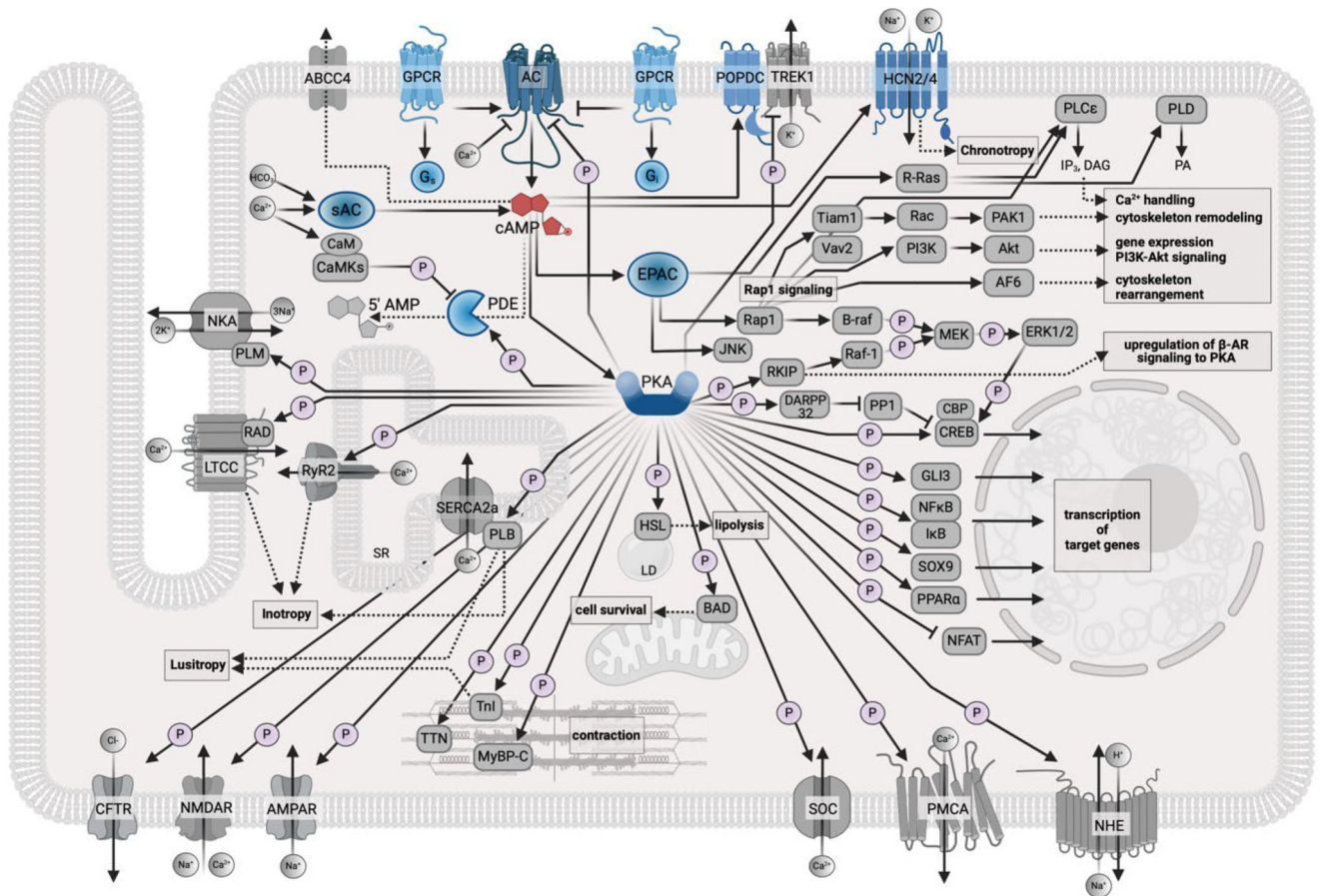


Figure 1. Map of the cAMP signalling pathway in cardiac myocytes.

The schematic shows the cAMP signalling map, as currently reported in the KEGG database, and adapted for a cardiac myocyte. The components of the pathway that are involved in the generation and degradation of cAMP and the cAMP effectors are shown in blue. Targets affected by cAMP signalling are shown in grey. The P symbol indicates phosphorylation. ABCC4, ATP binding cassette subfamily C member 4; AC, adenylyl cyclase; AF6, afadin; Akt, RAC serine/threonine-protein kinase; AMPAR, glutamatergic amino-3-hydroxy-5-methyl-4-isoxazole propionic acid receptor; B-raf, serine/threonine-protein kinase B-Raf; BAD, Bcl-2-associated death promoter; CaM, calmodulin; CaMKs, calcium/calmodulin-dependent protein kinases; CBP, E1A/CREB-binding protein; CFTR, cystic fibrosis transmembrane conductance regulator; CREB, cAMP-responsive element-binding protein 1; DAG, diacylglycerol; DARPP32, protein phosphatase 1 regulatory subunit 1B; EPAC, exchange protein directly activated by cAMP; ERK1/2, extracellular signaling-related kinase 1/2; Gi, inhibitory G protein; GLI3, zinc finger protein GLI3; GPCR, G protein-coupled receptor; Gs, stimulatory G protein; HCN2/4, hyperpolarization-activated cyclic nucleotide-gated potassium channel 2/4; HSL, hormone-sensitive lipase; I κ B, NF-kappa-B inhibitor alpha; IP₃, inositol 1,4,5-trisphosphate; JNK, c-Jun N-terminal kinase; LTCC, L-type calcium channel; MEK, mitogen-activated protein kinase kinase 1; MyBP-C, myosin binding protein C; NFAT, nuclear factor of activated T-cells,

cytoplasmic 1; NFκ B, nuclear factor NF-kappa-B p105 subunit; NHE, sodium/hydrogen exchanger; NKA, sodium/potassium-transporting ATPase; NMDAR, N-methyl-D-aspartate receptor; PA, phosphatidic acid; PAK1, p21-activated kinase 1; PDE, cyclic nucleotide phosphodiesterase ;PI3K, phosphatidylinositol-4,5-bisphosphate 3-kinase; PKA, protein kinase A; PLB, phospholamban; PLCε, phospholipase C epsilon; PLD, phospholipase D; PLM, phospholemman; PMCA, plasma membrane calcium-ATPase; POPDC, popeye domain containing protein; PP1, serine/threonine-protein phosphatase PP1; PPARα, peroxisome proliferator-activated receptor alpha; R-Ras, Ras-related protein R-Ras; Rac, Ras-related C3 botulinum toxin substrate 1; RAD, Ras associated with diabetes; Raf-1, RAF proto-oncogene serine/threonine-protein kinase; Rap1, Ras-associated protein 1; RKIP; Raf kinase inhibitor protein; RyR2, ryanodine receptor 2; SERCA2a, sarco(endo)plasmic reticulum calcium-ATPase; SOC, store-operated calcium channel; SOX9, transcription factor SOX9; SR, Sarcoplasmic Reticulum; Tiam1, T-lymphoma invasion and metastasis-inducing protein 1; TnI, Troponin I; TREK1, TWIK-related potassium channel 1; TTN, Titin; Vav2, guanine nucleotide exchange factor VAV.

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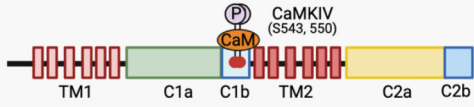
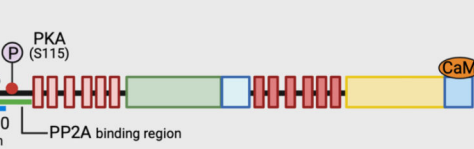
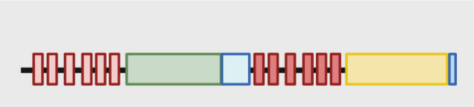
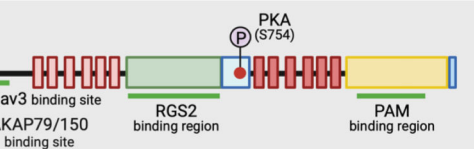
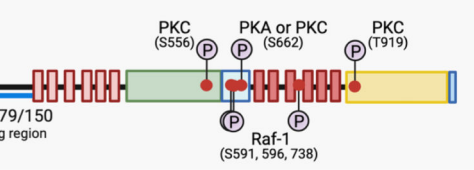
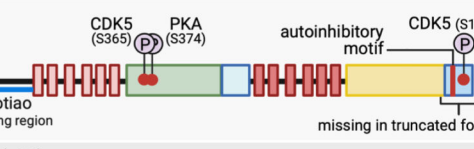
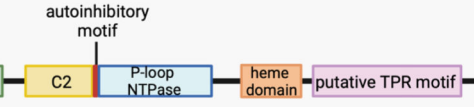
AC (Uniprot ID)	Structure	endogenous stimulators	endogenous inhibitors	Refs
Group 1 - Ca²⁺-stimulated AC				
AC1 (Q08828)		Gα _s Ca ²⁺ / CaM PKC phosphorylation (site unknown)	Gα _i Gβγ CaMKIV phosphorylation PAM	15, 29-36
AC8 (P40145)		Gα _s Ca ²⁺ / CaM	Gβγ PKA phosphorylation	15, 37-40
Group 2 - Gβγ-stimulated AC				
AC4 (Q8NFM4)		Gα _s Gβγ (conditional)		15, 41-44
Group 3 - Gα/Ca²⁺-inhibited AC				
AC5 (O95622)		Gα _s Gβγ (conditional) PKC phosphorylation (site unknown) Raf-1 phosphorylation (site unknown)	Gα _i free Ca ²⁺ Nitric oxide PKA phosphorylation RGS2 PAM Annexin A4	15, 32, 33, 36, 45-55
AC6 (O43306)		Gα _s Gβγ (conditional) Raf-1 phosphorylation	Gα _i free Ca ²⁺ Nitric oxide PKA phosphorylation PKC phosphorylation RGS2 PAM	15, 32, 36, 45, 49, 52, 53, 55-60
Group 4 - forskolin-insensitive AC				
AC9 (O60503)		Gα _s	Ca ²⁺ / Calcineurin	15, 61-64
soluble AC (sAC)				
AC10 (Q96PN6)		Bicarbonate (HCO ₃ ⁻) Ca ²⁺	low ATP level	17, 65, 66

Figure 2. Adenylyl cyclases expressed in cardiac myocytes.

The position of the phosphorylation sites (P symbols) refers to the human protein (Uniprot ID as indicated). The figure attempts to list all known post-translational modification modifications reported so far, although some may have not been confirmed in cardiac myocytes. AKAP, A-kinase anchoring protein; C1, cytoplasmic domain 1; C2, cytoplasmic domain 2; CaM, calmodulin; CaMKIV, calcium/calmodulin-dependent protein kinase IV; Cav3, Caveolin 3; CDK5, cyclin-dependent kinase 5; G_i, inhibitory G protein alpha subunit; Gα_s, stimulatory G protein alpha-subunit; Gβγ, G protein beta-gamma complex; P-loop

NTPase, P-loop containing nucleoside triphosphate hydrolase; PAM, protein associated with Myc; PKA, Protein kinase A; PKC, protein kinase C; PP2A, protein phosphatase 2A; Raf-1, RAF proto-oncogene serine/threonine-protein kinase; RGS2, regulator of G-protein signaling 2; TM, transmembrane domain; TPR, Tetratricopeptide repeat.

This figure was generated using Biorender.

PDE (Uniprot ID)	Structure	K_m ($\mu\text{mol/L}$)		V_{max} ($\mu\text{mol/min/mg}$)		Refs
		cAMP	cGMP	cAMP	cGMP	
cAMP/cGMP PDEs						
PDE1, Ca^{2+} / CaM regulated PDE1A (PDE1A3, P54750-1)		72.7-124	2.6-3.5	70-450	50-300	74, 78, 96, 97
PDE1C (PDE1C1, Q14123-2)		0.3-1.1	0.6-2.2			
PDE2, cGMP-stimulated (PDE2A2, O00408-3)		30	10	120	123	72, 96-98
PDE3, cGMP-inhibited PDE3A (Q14432)		0.02-0.15	0.18	3-6	0.34	80, 82, 83, 96, 97, 99-104
PDE3B1 (Q13370-1)		0.38	0.28	8.5	2	
PDE10, cAMP-inhibited (PDE10A2, Q9Y233-2)		0.22-1.1	13-14	0.64	1	73, 91, 95-97, 105
cAMP PDEs						
PDE4 long isoform (PDE4D5, Q08499-6)		2.9-10 (4A) 1.5-4.7 (4B) 1.7 (4C) 1.2-5.9 (4D)		0.58 (4A) 0.13 (4B) 0.31 (4C) 0.03-1.56 (4D)		86, 87, 94, 96, 97, 106
short isoform (PDE4D1, Q08499-4)						
supershort isoform (PDE4D2, Q08499-5)						
PDE8, IBMX-insensitive PDE8A1 (O60658-1)		0.06		57		89, 96, 97, 107-109
PDE8B1 (O95263-1)		0.1		100		

Figure 3. cAMP-hydrolysing phosphodiesterases expressed in cardiac myocytes.

The Figure attempts to list all known post-translational modifications reported so far, although some may have not been confirmed in cardiac myocytes. The position of phosphorylation sites (P symbols) refers to the human sequence (Uniprot ID as indicated). The catalytic domain is shown in grey. Length of the protein sequence is drawn to scale, except for the catalytic domain. Only one isoform of each PDE is used as an example to illustrate regulatory domains, post-translational modifications, and protein-binding regions. Akt, protein kinase B; CaM, calmodulin; EPAC1, exchange protein directly activated by

cAMP isoform 1; ERK2, extracellular signaling-related kinase 2; DD, dimerization domain, GAF, cGMP-dependent phosphodiesterase, Anabaena adenylyl cyclase, Escherichia coli FhlA; NHR, N-terminal hydrophobic region; PAS, Per-Arnt-Sim; PI3K γ , phosphoinositide 3-kinase gamma; PKA, protein kinase A; PKC, protein kinase C; Raf-1, RAF proto-oncogene serine/threonine-protein kinase; REC, response regulator receiver ; SERCA2a, sarco(endo)plasmic reticulum calcium-ATPase; UCR, upstream conserved region; β arrs2, β -arrestin-2.

This figure was generated using Biorender.

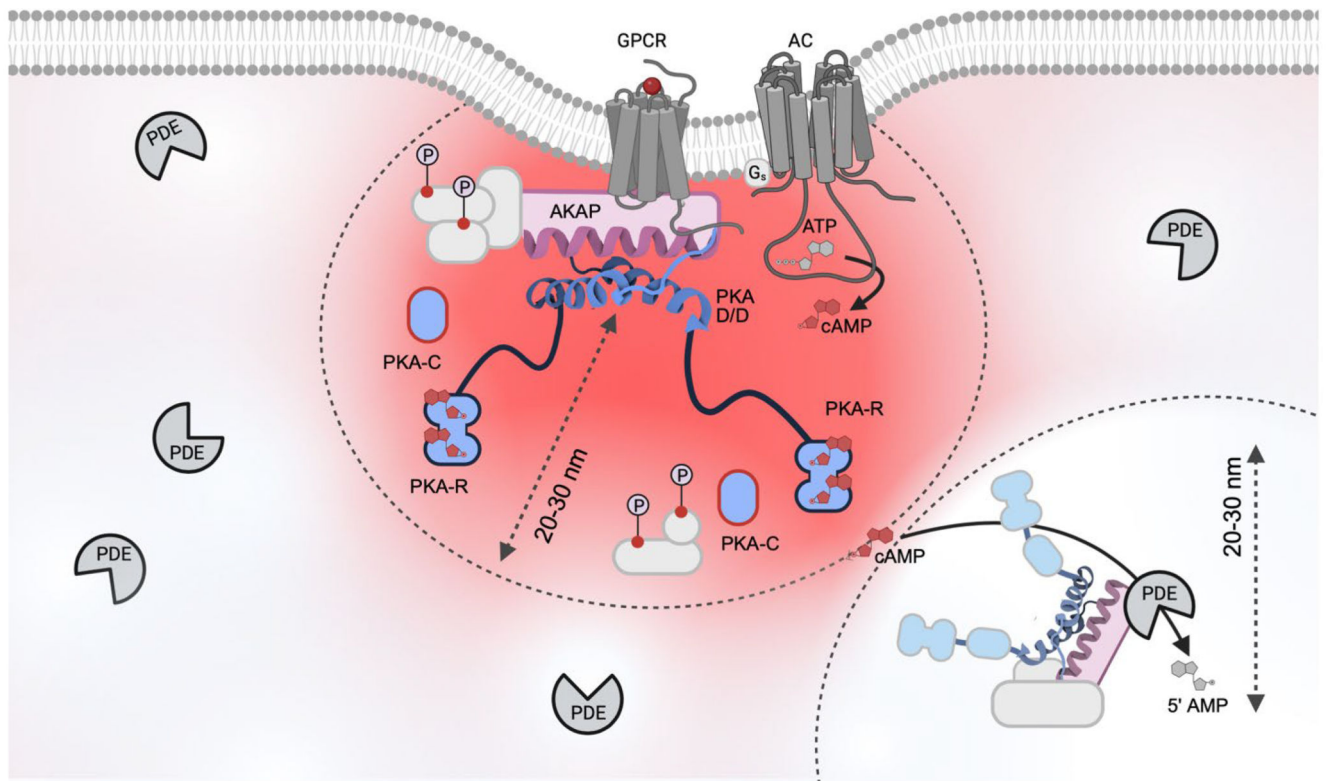


Figure 4. AKAP-dependent signalosome activated by a cAMP nanodomain.

The schematic illustrates a generic AKAP-dependent signalosome localized in proximity of a GPCR and AC at the plasma membrane. Activated PKA is shown in blue. The interaction between the AKAP amphipathic helix and the R D/D domain is modelled on the AKAP18:PKA-RII crystal structure (PDB 4ZP3) (186). Activation of the receptor generates a pool of high [cAMP] that remains confined and, depending on the nature and amplitude of the stimulus, can be limited to a radius of about 20-30 nm. This distance also approximately equates to the range within which the AKAP-anchored PKA R subunits can extend. PKA targets (light grey), are phosphorylated only if they reside within the active cAMP nanodomain. PDEs hydrolyse cAMP in their immediate neighborhood (20-30 nm), creating region within which [cAMP] remains below the activation threshold of PKA. Within this domain PKA targets are not phosphorylated. Thus, PDEs contribute to compartmentalise cAMP and protect targets from inappropriate phosphorylation. AC, adenylyl cyclase; AKAP, A-kinase anchoring protein; D/D, dimerization/docking domain; GPCR, G protein coupled receptor; PKA, protein kinase A; PDE, phosphodiesterase.

This figure was generated using Biorender.

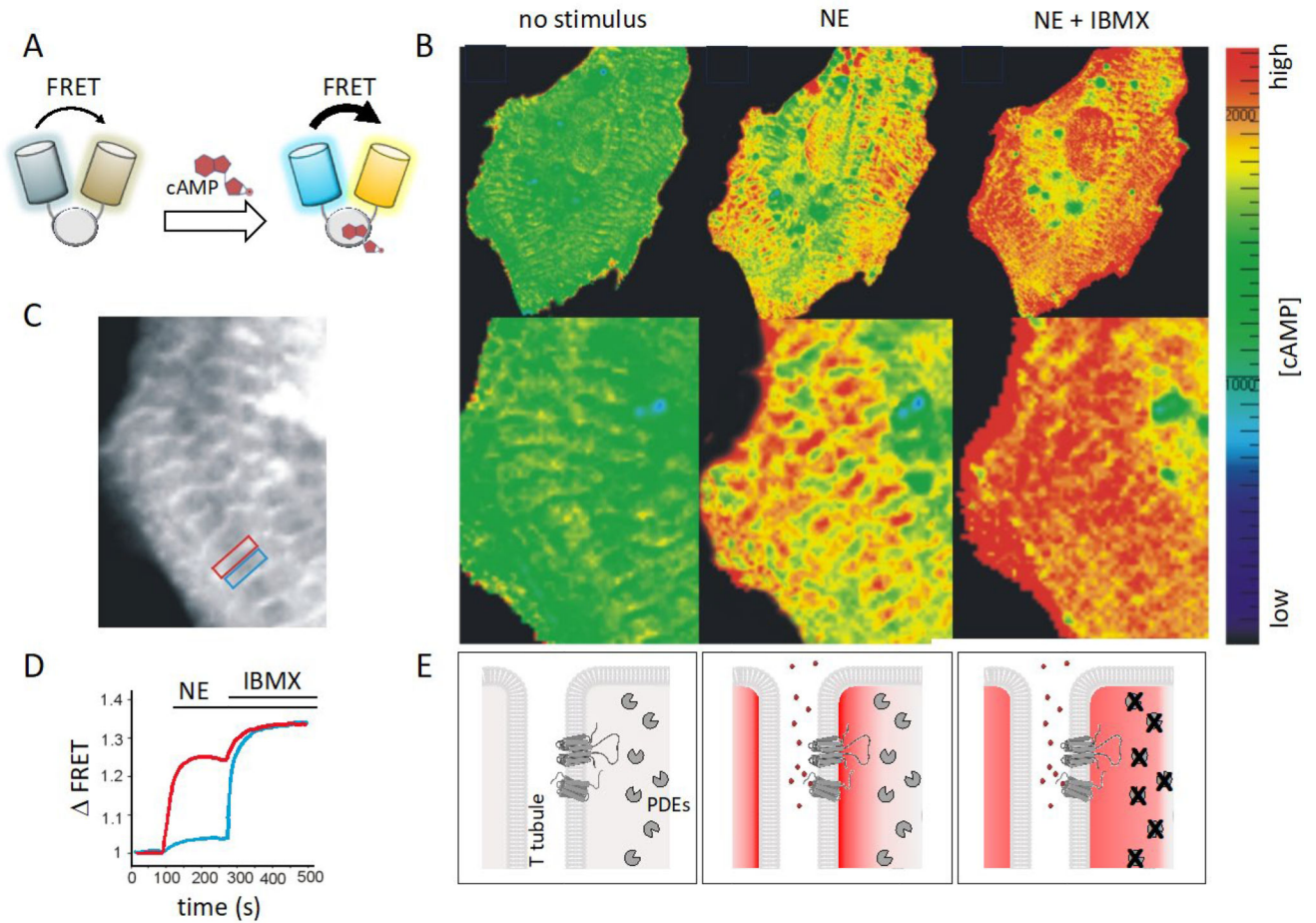


Figure 5. Visualisation of compartmentalized cAMP signals in cardiac myocytes.

A. Schematic representation of a Förster Resonance Energy transfer (FRET) based reporter for cAMP. These sensors are genetically encoded and are typically constituted by a cAMP binding domain sandwiched between the cyan (CFP) and yellow (YFP) variant of the green fluorescent protein. Binding of cAMP to the cAMP binding domain results in a conformational change that affects the distance between the two fluorescent proteins modifying their fluorescent emission. Several variants of these sensors with slightly different designs are now available (217). **B.** Image of a cardiac myocyte showing, in pseudocolor, different concentrations of cAMP in response to norepinephrine (NE) and subsequent inhibition of PDEs with IBMX. **C.** Same myocyte as in B. The image highlights the subcellular localization of the FRET-based cAMP sensor. As the FRET reporter used in this experiment is based on the full PKAII holoenzyme and includes the RII D/D domain, the probe localises heavily at AKAPs, with an enrichment in correspondence of the T-tubules. **D.** Kinetics of FRET change, which report the changes in cAMP concentration, recorded within the red box (region where the reporter is AKAP-bound) and blue box (where the reporter is not bound to an AKAP) shown in C. **E.** Left panel: in the absence of agonist, [cAMP] is low. Middle panel: application of norepinephrine (NE) generates a local cAMP response at signalosomes organized along T tubules. Right panel: inhibition of

PDEs disrupts the local cAMP gradients and the cAMP signal equilibrates across the cell.
Modified from (196).
Part of this figure was generated using Biorender.

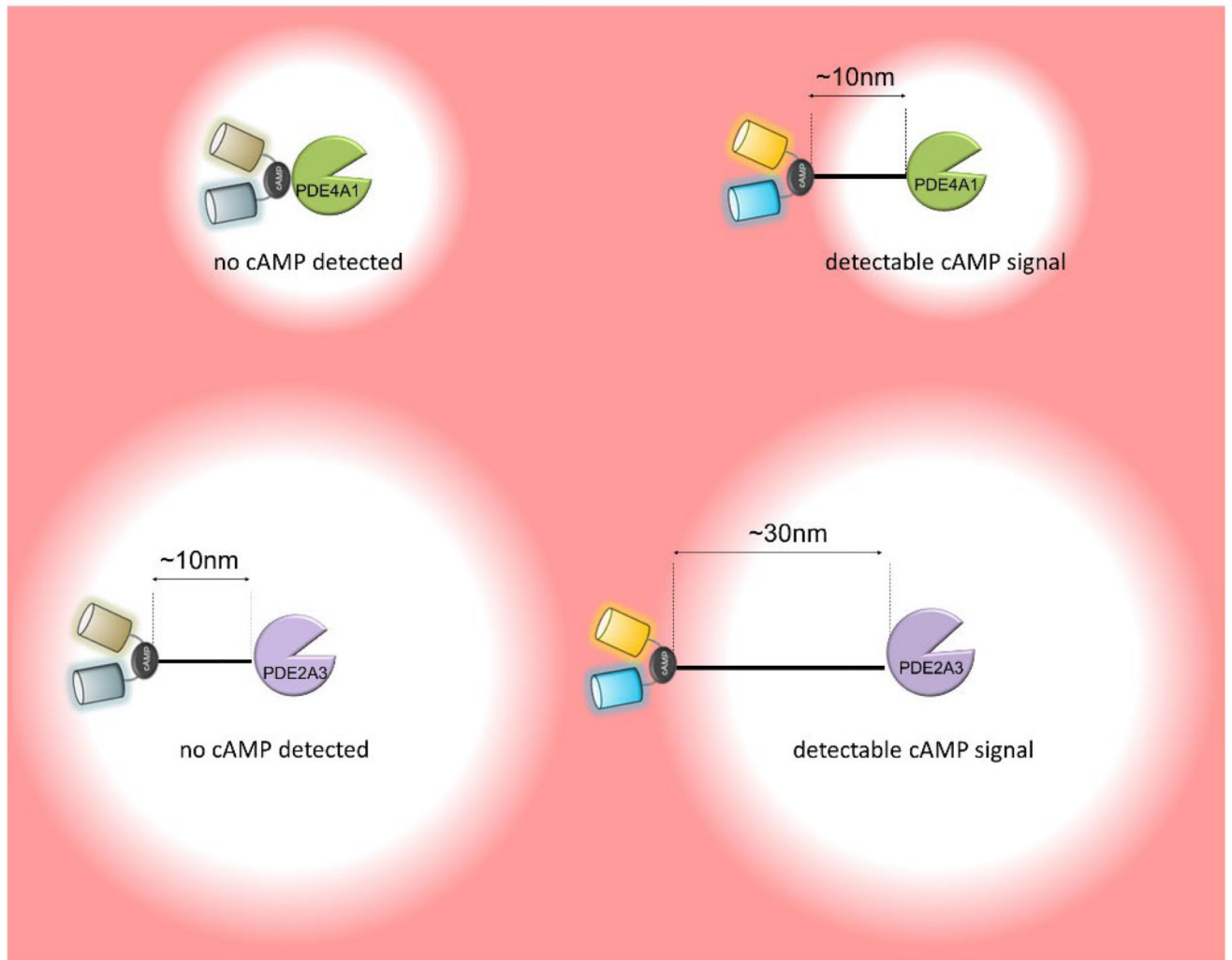


Figure 6. Phosphodiesterases effectively degrade cAMP in their immediate surroundings. Using a cAMP FRET reporter genetically fused to PDE enzymes it was possible to establish that the PDEs can effectively degrade cAMP and create a nanodomain devoid of second messenger in the immediate enzyme neighborhood. The radius of the nanodomain cleared of the second messenger depends on the enzymatic property of the specific PDE involved. This figure was generated using Biorender.

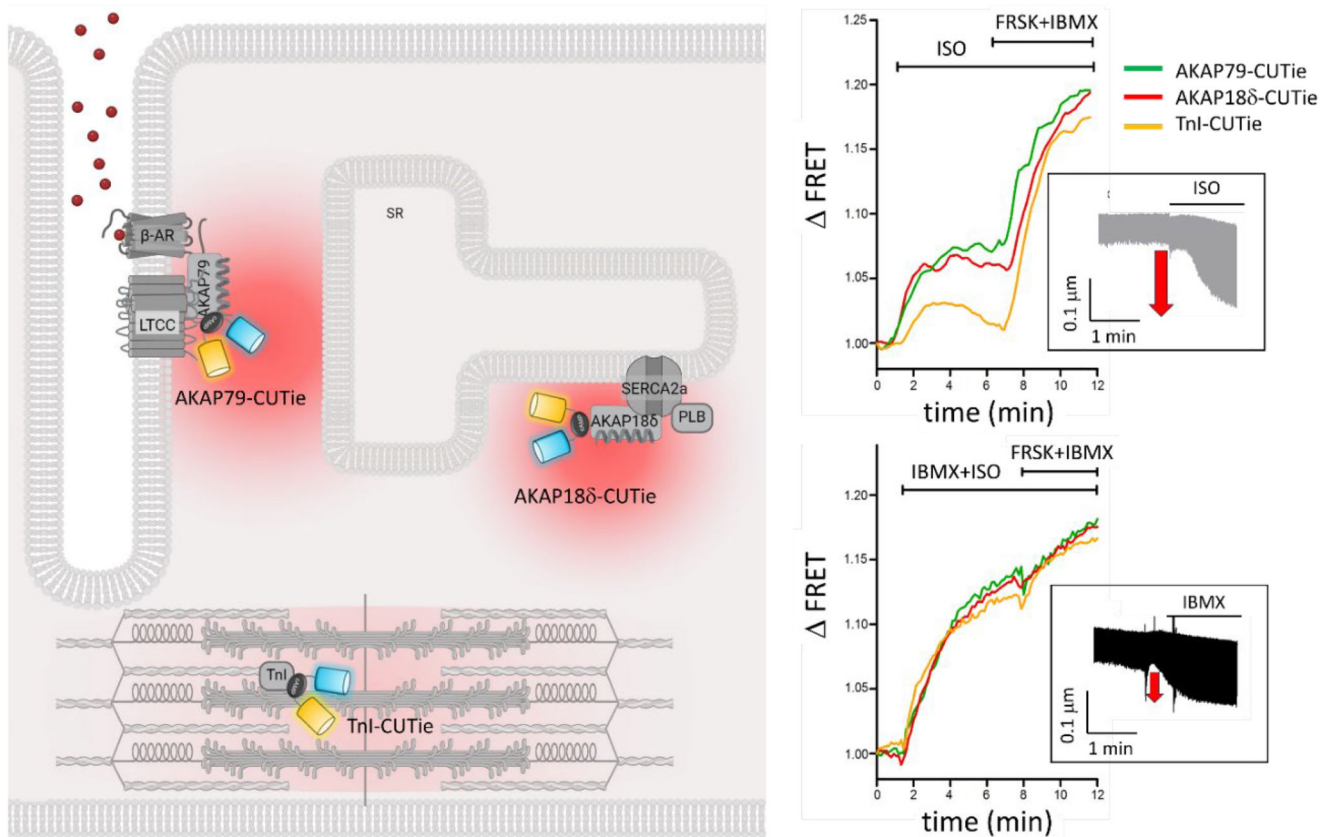


Figure 7. The heterogeneous cAMP signal generated by β -AR stimulation is required to achieve optimal inotropic response.

Detection of local cAMP signals at specific locations is possible by using targeted FRET reporters generated by fusing the sensor to a protein component of a specific signalosome. In the example illustrated here, the FRET reporter CUTie was fused to AKAP79 for targeting to the plasmalemma, to AKAP18 δ for targeting to the sarcoplasmic reticulum (SR), or to the myofilament protein troponin I (TnI) for targeting to the sarcomere. Activation of the β -AR with isoproterenol generated distinct responses at these locations. As illustrated in the top right panel, the cAMP level detected at the plasma membrane and SR were comparable and showed sustained kinetics, while the cAMP response at the sarcomere was delayed and significantly smaller than at the other sites and transient in nature. The compartmentalisation of the cAMP signal was dependent on the presence of active PDEs as, on application of the PDE inhibitor IBMX, the signal equilibrated at the three locations (bottom right panel). The insets show a measure of cardiac myocyte contractility, as determined by quantification of sarcomere fractional shortening (μm) and illustrate that compartmentalized cAMP elevation achieves significantly larger inotropic effect compared to homogeneous cAMP increase. Modified from (202).

Part of this figure was generated using Biorender.

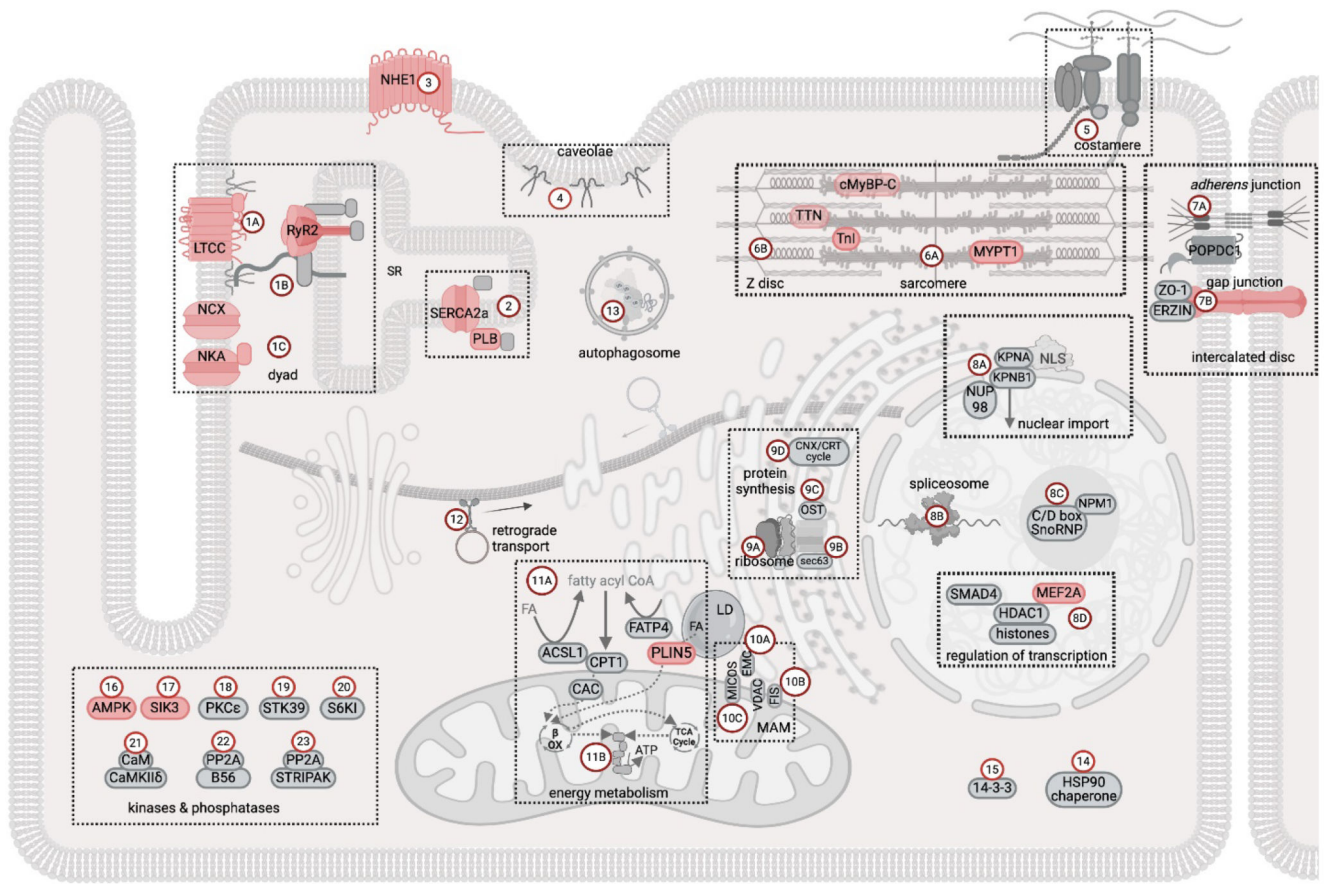


Figure 8. Map of the PDE3A1-dependent cAMP nanodomains in rat cardiac myocytes.

The cartoon shows the PDE3A1-dependent cAMP nanodomains distributed across various subcellular structures. This depiction is based on data obtained by the integrated STRING network analysis of two orthogonal datasets – the PDE3A1 interactome and the PDE3-dependent phosphoproteome – generated by mass spectrometry analysis of rat cardiac myocyte samples stimulated with isoproterenol (232). The output of this analysis is multiple protein interaction subnetworks, or modulomes, each including one or more PDE3A1 interactors and one or more phosphotargets. Each subnetwork is given a number and a letter following the number denotes subnetworks that can be grouped within a certain location or are involved in the same functional activity. Previously known PKA targets identified in this study are highlighted in red. The protein components for each group, identified by their gene name, are listed below. Interactors are in bold, phosphotargets are underscored.

1: dyad – includes the L-type calcium channel (LTCC) modulome (1A; **CACNA1C**, **CACNB2**, **AHNAK**), the RyR2 modulome (1B; **ASPH**, **CASQ2**, **JPH2**, **HRC**, **RYR2**, **SPEG**) and the Na⁺, K⁺-ATPase (NKA) and Na⁺, Ca²⁺ exchanger or NCX modulome (1C; **ATP1A1**, **ATP1B1**, and **SLC8A1**).

2: SERCA2a (sarco(endo)plasmic reticulum calcium-ATPase) modulome, (**ATP2A2**, **HAX1**, **PLN**, **SRL**). Involvement of PDE3A in this complex had been previously reported (80, 81).

3: Na⁺, H⁺ exchanger NHE1 modulome (**SLC9A1**), also previously reported (531).

- 4: caveolae modulome (**CAV1**, **CAV2**, **CAV3**, **CAVIN1**).
- 5: costamere modulome (**ITGB1**, **LAMB1**, **LAMB2**, **LAMC1**, **DMD**, **SGCA**, **SNTB1**).
- 6: sarcomere - comprises myofibril modulome (6A; **MYH6**, **MYH7**, **MYL2**, **MYL3**, **TTN**, **LMOD2**, **MYBPC3**, **PPP1R12A**, **TNNI3**) and Z disc modulome (6B; **ACTN1**, **ACTN2**, **ACTN4**, **DES**, **FLNC**, **MYOZ2**, **OBSCN**).
- 7: intercalated disc, comprises adherens junction modulome (7A; **CTNNA1**, **CTNNA3**, **CXADR**, **TJP1**, **XIRP2**) and gap junction modulome (7B; **EZR** (erzin), **GJA1** (Cx43), **TJP1** (ZO-1)).
- 8: nucleus, comprises nuclear transport machinery modulome (8A; **KPNA1**, **KPNA2**, **KPNB1**, **KPNA3**, **NUP98**), spliceosome modulome (8B; **DHX9**, **EFTUD2**, **HNRNPA0**, **HNRNPA2B1**, **HNRNPA1**, **HNRNPAB**, **HNRNPC**, **HNRNPM**, **HNRNPU**, **LUC7L2**, **MATR3**, **PRPF8**, **RBMX**, **SNRPF**, **U2AF2**, **SRSF3**, **SRSF7**, **YBX1**, **PRPF31**, **RBM20**, **SERBP1**, **SF1**, **SRPK1**, **SRPK3**, **SRRM1**, **THRAP3**, **ZRANB2**), nucleolus modulome (8C; **FBL** and **NOP58** of C/D box SnoRNP and **NPM1**), and a modulome including proteins that regulate gene expression (8C; **SMAD4**, **HDAC1**, **MEF2A**, together with histones **H1**, **H2A**, **H2B**, **H3**, **H4**).
- 9: protein synthesis machineries at the ER, including ribosomal proteins modulome (9A; **RPL3-6**, **7a**, **9**, **12-15**, **18**, **19**, **22**, **23a**, **32**, **35a**, **RPLP0**, **RPLP2**, **RPS14**, **18**, **26**, **27I**, **EEF1B2**, **EIF3A**, **EIF3C**, **EIF3G**, **EIF3S6IP**, **ABCF1**, **EEF1D**, **EIF4EBP1**, **EIF4G1**, **EIF5B**, **NACA**), transport into the ER modulome (9B; **SEC63**, **HSPA5**), N-linked glycosylation oligosaccharyl-transferase complex, or OST, modulome (9C; **DDOST**, **RPN1**, **RPN2**, **STT3A**, **STT3B**), and ER chaperone system for glycoproteins or calnexin-calreticulin (CNX-CRT) cycle modulome (9D; **CANX**, **CAL**).
- 10: mitochondria-associated membrane (MAM), including ER membrane complex (EMC) modulome (10A; **EMC1**, **EMC2**, **EMC3**, **EMC10**) and (10B; **FIS1**, **VDAC1**, **VDAC2**) and MICOS-MIB (mitochondrial contact site - mitochondrial intermembrane space bridging) modulome (10C; **APOOL**, **CHCHD3**, **IMMT**, **RHOT2**, **SAMM50**).
- 11: energy metabolism regulation, including fatty acid mitochondria uptake modulome (11A; **CPT1A**, **CPT1B**, **SLC27A4** (FATP4), **SLC25A20** (CAC), **ACSL1**, and lipid droplet (LD) protein, **PLIN5**) and electron transport chain (11B, **ATP5F1A**, **ATP5F1B-D**, **ATP5PB**, **ATP5PD**, **ATP5MG**, **ATP5PO**, **ATP5PE**, **COX15**, **COX5B**, **MT-CO2**, **COX10**, **NDUFA13**, **NDUFA9**, **NDUFS7-8**, **UQCRCQ**, **UQCRC1**, **UQCRH**).
- 12: retrograde transport (**DCTN2** and **DYNC1LI1**).
- 13 autophagosome, comprising the chaperone-assisted selective autophagy (CASA) complex (**BAG3**, **HSPA8**, **HSPB8**) and cargo protein **SQSTM1**.
- 14: HSP90 chaperone (**CDC37**, **HSP90AA1**, **HSPA1A**)
- 15: 14-3-3 scaffold proteins (**YWHAB**, **YWHAG**, **YWHAH**, **YWHAQ**), which are known interactors of PDE3A (82).
- 16 -21: kinases, including AMPK (16; **PRKAA2**, **PRKAB1**), SIK3 (17), PKC (18; **PRKCE**), STK39 (19), S6KI (20; **RPS6KB1**), Ca²⁺/calmodulin (CaM)-dependent protein kinase (CaMK) II delta (21; **CALM1**, **CAMK2D**).
- 22-23: protein phosphatase 2 (PP2) complexes, (22; **PPP2R1A** and **PPP2R5A**) (previously reported (532) and PP2A-STRIPAK (23; **PPP2R1A**, **SLMAP**, **STRN**, **STRN3**, **STRN4**).

This figure was generated using Biorender.

Table 1
Adenylyl cyclases characterised in cardiac myocytes

Gene	Protein name	Reported selective coupling	Reported association with cardiac disease	Refs
ADCY1	AC1	HCN4 (SAN cells)	SAN dysfunction	(21, 282)
ADCY5	AC5	AKAP79/150 (T tubules)	Cardiac hypertrophy	(50, 283, 284)
ADCY6	AC6	AKAP79/150 (outside T tubules) PHLPP2	Cardioprotective	(50, 285–287)
ADCY8	AC8	IP ₃ R (SAN cells)	Cardiac rhythm variability, Hypertrophy fibrosis	(19, 20, 288)
ADCY9	AC9	POPDC1, TREK-1 Yotiao, KCNQ1 Hsp20 endosomes	Long QT	(23, 24, 289–291)
ADCY10	AC10	?	Redox damage, Ischemic injury	(292, 293)

Table 2
AKAP-dependent signalosomes characterised in cardiac myocytes

Gene name	Protein names	Known Signalosome components	Reported localisation	Reported function	Refs.
AKAP1	D-AKAP1 AKAP121 AKAP149 S-AKAP84	PKAI, PKAII, CaN, RSK1, PP2A, Drp1, NDUFS1	mitochondria, nuclear envelop, sarcoplasmic reticulum	Cardiac stress response, Anti-hypertrophic	(193, 313– 321)
AKAP5	AKAP79 AKAP150	PKAII, PKC, CaN, β -AR, AC5, AC6, SAP97, caveolin 3, LTCC, Orai1, Kir2.1 (KCNJ2), Kir2.2 (KCNJ12),	plasma membrane, T tubule	ECC, β -AR desensitization/ resensitization cycle, arrhythmias, anti- hypertrophic	(165, 193, 322–329)
AKAP6	AKAP100 mAKAP	PKAII, PDE4D3, RyR2, AC5, CaNA β , PP2A, NFATc, MEF2 ERK5, MEK5, Epac1, Rap1, Siah2, RSK3, NCX1, nesprin-1 α , PHD, pVHL, HIF-1 α , PLCe, PKCe, PKD	nuclear envelope, sarcoplasmic reticulum	EEC, pro-hypertrophic	(124, 193, 330–342)
AKAP7	AKAP15 AKAP18	PKAII, LTCC, PLB, SERCA2, PDE3A1, PP1, inhibitor 1 (I-1), CaMKII, RyR2, Kir2.1, Kir2.2	plasma membrane, endoplasmic reticulum	ECC, Anti-hypertrophic	(80, 171, 193, 332, 343–347)
AKAP9	Yotiao, AKAP350 AKAP450 CG- NAP	PKAII, PP1, PP2A, PKC, PKN1, kinase 1, AC9, PDE4D3, Kv7.1 (KCNQ1), KCNE1, CLIC	plasma membrane, Golgi, centrosome	cardiac repolarization, arrhythmias	(193, 290, 310, 322, 328, 348– 350)
AKAP10	D-AKAP2	PKAI, PKAII, Rab4, Rab11, PDZK1, NHERF-1, GIRK	Plasma membrane, endocytic vesicles, mitochondrial membrane	cardiac repolarization, arrhythmias	(351–357)
AKAP12	Gravin AKAP250	PKAII, PDE4D, PKC, β -AR, Src	plasma membrane	ECC, β -AR desensitization/ resensitization cycle	(193, 322, 358–361)
AKAP13	AKAP-Lbc Ht31 Brx-1 Proto-Lbc	PKAII, PDE4, PKC, PKD, PKN α , MLTK β , MKK3 β , p38 α , RhoA, IKK β , HSP20, Shp2, actin	cytoskeleton	cardiac stress response, pro-hypertrophic	(193, 322, 346, 362– 374)
SPHKAP	SKIP	PKAI	Inner mitochondrial membrane	Cardiac stress response	(175, 188, 375)
PDE4DIP	myomegalin	PKAI, PKAII, PDE4D, desmin, MyBPC, cTnI	Golgi/ centrosome	Hh signalling, atrial fibrillation MyBPC and TnI phosphorylation	(376–379)
TNNT2	troponin T (TnT)	PKAI, PKAII	sarcomere thin filament	MyBPC and TnI phosphorylation	(380, 381)
SYNM	synemin	PKAII, PP2A, α -actinin, titin, talin, vinculin, α -dystrophin, α -dystrobrevin	sarcomere Z line, M band, costamere	anti-hypertrophic, arrhythmia	(382–384)
ARFGEF2	BIG2	PKAI, PKAII, PDE3A, PP1 γ , ARFs	plasma membrane	vesicular trafficking	(385–387)
LDB3	Zasp cypher	PKAII, CaN, β -catenin, LTCC, calsarcin-1, myotilin, PGM1	sarcomere Z line, intercalated disk	ECC, cardiac remodelling	(388–392)
TLN1	talin 1	PKAII	costamere, focal adhesions	Mechano transduction	(393)

Table 3
Phosphodiesterases characterised in cardiac myocytes

PDE family	PDE genes	Reported cardiac splice variants	Reported subcellular localisation	Reported association with cardiac disease	Refs
PDE1	PDE1A PDE1B PDE1C	PDE1A PDE1C1 PDE1C3	Soluble fractions Nucleus Z- line and M- line	HF, cardiac hypertrophy, cardiac fibrosis	(436–441)
PDE2	PDE2A	PDE2A1 PDE2A2	Soluble fraction Mitochondria (MOM, MIM, matrix) Plasma membrane Intercalated disk Nuclear envelope SR	HF, hypertrophy, arrhythmia	(28, 98, 442–448)
PDE3	PDE3A PDE3B	PDE3A1 PDE3A2 PDE3B	Microsomal fraction, SR, Nucleus Cytoplasm	HF, hypertension, ischemia/ reperfusion, apoptosis, cardioprotection	(80, 81, 101, 232, 449–458)
PDE4	PDE4A PDE4B PDE4C PDE4D	PDE4D3 PDE4D5 PDE4D8 PDE4D9	Plasma membrane SR nucleus	HF, cardiac hypertrophy, arrhythmia	(216, 452, 459, 460)
PDE8	PDE8A PDE8B	PDE8A1 PDE8A2 PDE8B	Plasma membrane, Cytosol Mitochondria	Atrial fibrillation	(461, 462)
PDE10	PDE10A	PDE10A2	Golgi Cytosol	HF, cardiac hypertrophy, Dox- induced cardiotoxicity	(91, 463, 464)