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TNFa Regulates Intestinal Organoids from Mice with Both Defined and Conventional Microbiota

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Abstract

Cytokines are key factors affecting the fate of intestinal stem cells (ISCs) and effective reagents to manipulate ISCs for research purpose. Tumor necrosis factor alpha (TNFa) is a cytokine produced primarily by monocytes and macrophages. It can induce apoptotic cell death and inflammation, and to inhibit tumorigenesis and viral replication. Additionally, TNFa has been shown to play a critical role in the pathogenesis of inflammatory bowel disease (IBD). It is therefore important to identify the mechanism by which individual cytokines affect particular cell types. For this purpose, we used both conventional (CONV) and altered Schaedler flora (ASF) C3H/HeN mice to elucidate the effect of different microbial populations (complex versus defined) on growth of miniguts derived from two different intestinal environments. Furthermore, we studied the effects of different concentrations of TNFa extracted from the lymph and spleen on the growth and viability of ISCs recovered from mice bearing the ASF or CONV microbiota. The effect of TNFa on miniguts growth depends not only on the source and concentration, but also on the intestinal microenvironment from which the ISCs were derived. The findings suggest that TNFa influenced

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L.S. prepared the ISC culture system, medium constituents, and wrote the paper. Y.Q., D.R. and J.F. performed the imaging, analysis of the data. A.J., M.W., G.P and T.M. provided the laboratory and equipment and assisted in editing the paper. T.M. and Q.W. provided the financial support for the research. T.M., M.W. and Q.W. supervised the experiment, provided materials, and assisted in editing the paper.

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the proliferation of miniguts derived from ISCs and, therefore, modulates mucosal homeostasis of the host.

Keywords

TNFa; Microbiota; Intestinal organoids

1. Introduction

As an important component of the mucosal barrier, the intestinal epithelium plays a key role in the pathophysiology of gastrointestinal (GI) disorders as well as non-enteric diseases[1-6]. Historically, research in this area has been limited by the structural complexity of the small intestinal epithelium, the multiple signalling pathways involved in controlling the functional specificity, as well as the lack of facile culture methods and appropriate animal models for comparative studies [7-10]. Moreover, materials, substrates, pathways and growth factors involved in the differentiation of GI stem cells into specific lineages is not fully understood[11, 12]. The intestinal crypt culture system, which was established in 2009[13], has enabled the development and adoption of intestinal organoid cultures, resulting in a dramatic increase in the availability of tools and model systems to study pathophysiologic mechanisms involving the intestinal epithelium. This discovery has led to numerous advances[14-17] in these fields, including the development of culture conditions for human organoids derived from different gastrointestinal (GI) tissues such as primary colonic tissue[18] and human pluripotent stem cells[19]. The widespread adoption of experimental techniques and analysis tools[20-23] to interrogate minigut cultures has greatly advanced the application of organoids in cell biology [24, 25], disease modelling [26, 27], as well as, drug development and screening[28, 29]. Among these studies, the complex and dynamic interactions between the host's epithelium and GI microorganisms is an integral component in the investigation of diverse GI diseases including inflammatory bowel diseases[30-33].

The intestinal microbiota, which represents the most complex ecosystem in the body, comprises a highly diverse abundance of species. Several factors impact gut microbiota structure, including host age, host genotype, postnatal environment, diet, and antibiotic use. Gut microbiota contribute to disease pathogenesis in a variety of ways: the presence or high abundance of specific bacteria may initiate inflammatory diseases such as inflammatory bowel disease, and the metabolites of the intestinal microbiota have been implicated in obesity and colon cancer by affecting host signalling pathways[34]. Gut microbes communicate to the central nervous system through nervous, endocrine, and immune signalling mechanisms that were involved in the community structure and function of the gut microbiota[35]. It is increasingly evident that the development of targeted strategies influencing the regulation of intestinal microbiota is essential for the prevention and treatment of disease[36].

The taxonomic composition of the microbiota has important scientific and clinical significance as different microbial species have been linked to several aspects of host health

and disease. The effect of the microbiota, however, on cultured miniguts remains poorly understood. The altered Schaedler flora (ASF) mouse represents a powerful animal model because it possesses a highly simplified microbiota that supports normal growth and development of the mice similar to that observed for conventionally reared (CONV) mice. The gut microbiota of ASF mice is comprised of a limited community of eight bacterial species that originate from CONV mice[37-39]. The ASF mouse offers significant advantages over the CONV animals for the study of epithelium-microbiota interact ons[40, 41] by greatly simplifying the complexity of microbiota-host interactions compared with a vastly more complex, conventional microbiota[42].

In addition, cytokines are key factors affecting the fate of ISCs and effective reagents to manipulate ISCs for research and clinical purpose. Tumor necrosis factor alpha (TNFa.) is a cytokine produced primarily by monocytes and macrophages. It can induce apoptotic cell death and inflammation, and to inhibit tumorigenesis and viral replication. Additionally, TNFa has been shown to play a critical role in the pathogenesis of IBD. In the *in vivo* environment, ISCs are exposed to complicated niches where their self-renewal, proliferation, and differentiation are influenced by combinatorial signals generated by multiple cytokines, growth factors, and interactions with other types of cells. It is, therefore, important to clarify the mechanism by which individual cytokines effect particular cell types.

Due to advances in the identification and culture of specific adult stem cells, ex vivo models of organoids have been recently described [43]. The generated multicellular intestinal organoid structures include all cell types presented in the intestine epithelium including enterocytes, Paneth cells, goblet cells, enteroendocrine cells, tuft cells, and M cells [44]. The intestinal organoids can be passaged weekly for at least 1.5 year and the phenotype and karyotype remain unchanged. Moreover, the self-renewing kinetics and multicellular structures of organoids closely resemble the in vivo situation. In addition, intestinal organoid orthotopic transplantation has the potential to facilitate regenerative therapy for inflammatory bowel disease [17]. The engrafted intestinal organoids have been shown to seamlessly integrate into the colonic tissue providing a single-layered patch that is indiscernible from adjacent epithelium.

The capability of intestinal organoids to demonstrate long term (6 months) proliferation and renewal without changing their histological characteristics provides evidence of their value to regenerative medicine. This is further supported by the ability of ex vivo cultured ISCs to functionally engraftment into the gut while maintaining histological functional features of intestinal epithelium. Intestinal organoids derived from mouse intestinal tissue are amenable to similar in vitro experimental manipulations used for cell lines. They can be studied by mass spectrometry, gene expression analysis, live cell imaging, confocal immunofluorescence microscopy and immunohistochemistry. Intestinal organoids can also be monitored in real time facilitating a detailed evaluation of any consequential phenotypic changes. The general plasticity of ISCs present in intestinal organoids endow this intestinal epithelial model with the ability to rapidly adjust cellular and tissue-related homeostasis in response to local stimuli. All these examples demonstrate the feasibility and flexibility of intestinal organoids to investigate the impact of the luminal microbial environment on gut function.

In the present study, as depicted in Figure 1, organoids grown from ISCs isolated from small intestinal tissue recovered from ASF and CONV mice were cultured successfully *ex vivo*. The cell morphology and growth characteristics of the organoids were found to remain unaltered after multiple passages. Comparison of organoid morphology, as well as, growth and histological characteristics were performed to elucidate the impact of different microbial populations (conventional versus ASF) on the growth characteristics of organoids derived from two different intestinal environments. We also studied the effects of host cell-derived cytokines on the growth and viability of ISCs recovered from mice harbouring the ASF or a conventional microbiota.

2. Methods

2.1. Materials

Conventional C3H/HeN CONV mice and C3H/HeN ASF mice were obtained from the College of Veterinary Medicine of Iowa State University. All animal experiments were performed with the permission of the Iowa State University Institutional Animal Care and Use Committee (IACUC # 9-04-5755-M). All methods and procedures in the experiments were performed in full compliance with the Committee's guidelines and regulations. Epidermal Growth Factor, Noggin, and R-spondin-1were purchased from PeproTech Inc. and Matrigel from BD Biosciences. LIVE/DEAD Reduced Biohazard Viability/ Cytotoxicity Kit (L7010) was purchased from Thermo Fisher Scientific Inc. All other reagents were from Life Technologies and used as received.

2.2. Preparation of ISC Culture Solution

The basal medium was prepared from Advanced DMEM/F-12 containing GlutaMax (2mM), Hepes (10 mM), penicillin (100 Units/mL), and streptomycin (100 µg/mL). The integrated ISC culture medium was prepared by mixing the basal culture medium with N2 supplement (1X), B27 supplement (1X), Epidermal Growth Factor (50 ng/mL), R-spondin-l(1 µg/mL), N-acetylcysteine (1 mM), and Noggin (100 ng/mL).

2.3. Isolation and culture of Primary ISCs

The CONV and ASF C3H/HeN mice were euthanized by CO_2 asphyxiation. The proximal half of the small intestine of mice was isolated and longitudinally opened. The intestine was cut into small pieces (about 2 mm) using scissors and transferred into 50 mL tubes after thoroughly rinsing using pre-chilled (~ 4 °C) PBS (0.05 M, pH 7.2). The fragments were washed with 30 mL of ice-cold PBS by gently aspirating into a 10 mL pipette. The supernatant was removed once the fragments settled to the bottom of the conical tube. This wash step was repeated several times until the supernatant was completely clear. Then, 30 mL of ice-cold crypt isolation buffer (containing 2mM EDTA in PBS) was added, and the tube was gently agitated on its side at 4 °C for 30 min. Once the fragments settled, the supernatant was discarded.

Next, 30 mL of ice-cold PBS was added, and the tube was agitated gently by hand to remove the remaining EDTA. This was followed by the addition of 30 mL of ice-cold PBS; the tube was then mixed using a 10 mL pipette to release the crypts into solution. The solution was

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filtered with a 70 µm cell strainer, and the supernatant containing crypt fragments was collected in a tube pre-coated with 1% BSA. The crypt fractions were centrifuged at $300 \times g$ for 5 min. Next, the pellet was transferred into a 15 mL tube pre-coated with 1% BSA by resuspending in 10 mL of ice-cold basal medium. The tube was then centrifuged at a lower speed ($200 \times g$, 2 min) to eliminate single cells (mostly lymphocytes). The cell pellet was resuspended in 1 mL of basal medium in a microfuge tube and centrifuged at $300 \times g$ for 3 min; then, the supernatant was decanted. This was followed by the addition of 250 µL of Matrigel using a pre-cooled tip. The solution was mixed gently and kept on ice to avoid the formation of air bubbles. Then, 38 µL of Matrigel was pipetted into each well of a 24-well culture dish pre-incubated in a CO₂ incubator (5% CO₂, 37°C), followed by an additional incubation for 20 min in an incubator (5% CO₂, 37°C). Next, 500 µL of complete ISC culture medium was added into wells containing the Matrigel - intestinal cells mixture.

2.4. Live/dead viability

Viability Kit (L7013) was thawed to room temperature before use. A diluted working solution was prepared by pipetting SYTO 10 solution (1 ×) and ethidium homodimer-2 solution (1 ×) into HBSS (500 ×) and mixing thoroughly by vortexing. The original culture medium was removed and 0.5 mL HBSS was added. Next, the HBSS was decanted and replaced with 0.5 mL of the live/dead working solution. The solution was incubated in the dark at 25 °C for 20 min. The working solution was drawn and the miniguts were washed with an equal volume of HBSS.

2.5. Haematoxylin and eosin Staining

Samples of miniguts were fixed in neutral buffered formalin (4% formaldehyde in 0.1 M phosphate buffer) for several days at 4 °C. First, miniguts were dehydrated in an ethanol gradient (30%-100%); then, the miniguts were cleared in xylene, penetrated, and reembedded with melted paraffin 3 times. Next, 8 µm sections were cut using an A/O 820 rotary microtome and fixed on to glass slides. Next, the slides were deparaffinized using an automated system and haematoxylin and eosin staining was performed. The samples were then dehydrated, cleared, and sealed with a coverslip.

2.6. Preparation of Cytokines and Treatment ex vivo

Single suspensions of lymph node or spleen cells were generated from tissue harvested from ASF mice previously colonized with *Escherichia coli* (*E. coli*) LF82. Lymph node or spleen cells were cultured at 1-2 X 10⁶ cells/mL in cell culture medium (DMEM 4.5g/L) supplemented with HEPES, streptomycin, penicillin, glutamine, pyruvate, and 2-mercaptoethanol. In addition, lymph node and spleen cells were stimulated with anti-CD3 (10 µg/mL) plus anti-CD28 (0.5 µg/mL) for 72 hours in 12 well flat bottom plates. The culture supernatants were harvested, clarified by centrifugation, and stored frozen at -80 °C until used. As a relative measure of the cytokine content, the concentration of TNF α in the culture supernatant was measured by a multiplex bead-based assay employing Bio-Plex® MAGPIXTM Multiplex Reader. Standard curves were generated using Bio-Plex Manager Software Version 6.0 (Bio-Rad Laboratories, Inc., Carlsbad, CA, USA).

TNFa-containing supernatants were added to the culture medium after intestinal miniguts had been cultured for 7 days, then added fresh culture medium was added every 2 days to keep the total amount of cytokines constant. To measure the proliferation of ISCs, photographic images were captured using a LeicaDMi1 inverted microscope. The total area of the organoids calculated using ImageJ. Each data point is the average value obtained by tracking the change in size of 10 miniguts/ treatment group.

2.7. Statistical Analysis

For statistical analysis, statistical software JMP® was used with a regression modelling approach. The data were presented as means \pm SD. The associated p-values were reported; p < 0.05 indicated a statistically significant difference; p < 0.01 represented a higher significant difference.

2.8. Data Calculation and Date Availability Statement

The area of the miniguts was calculated with ImageJ which was download from the open platform of the ImageJ official website https://imagej.net/.

The average growth rate of the miniguts was calculated using the following formula.

Average Growth Rate = $\frac{A_{Day_{1}+1} - A_{Day_{1}}}{A_{Day_{1}}} \times 100\%$

All data generated or analysed during this study are included in this published article.

3. Results and Discussions

3.1. Comparison of morphology of ISCs isolated from ASF and CONV mice

The miniguts derived from CONV and ASF mice exhibited a self-organized morphology with continuous expansion in the size/volume of the individual miniguts (Figure 2). After 3 days, the miniguts generated asymmetric structures, and efficiently formed large organoids with a central lumen within 14 days. The bottom 4 rows of photomicrographs depicted in Figure 2 show the change in size of a single isolated miniguts generated from the small intestines of CONV and ASF mice over time. In both cases, crypts were formed from the self-organizing ISCs differentiating into an organoid. The lumen of the organoid filled with sloughed epithelial cells. Comparison of the change of size of the miniguts derived from the two different set of mice showed that the organoids from the ASF mice grew faster than those from CONV mice.

3.2. Comparison of average growth rate

Growth rate (y) continuously increases with time (x), i.e., days, and thus, a regression modelling approach was used to determine this relationship for CONV (C) and ASF (A) mice. The general least squares regression model used in this work is:

$$y_i = f(x_i; \mathbf{\theta}) + \varepsilon_i \tag{1}$$

where $y_i = t^{\text{th}}$ measured response, x_i is the t^{th} measured time, $\boldsymbol{\Theta}$ is a vector of **unknown** model parameters, $f(x_i; \boldsymbol{\Theta}) = \mu_{Y|x_i}$ is the true **unknown** expectation function for y_i , and \boldsymbol{e}_i random deviation from y_{X_i} that is an independent normally distributed random variable with mean 0 and **unknown** and constant variance σ^2 for i = 1, ..., n, the sample size, i.e.,

$$\varepsilon_i \text{ indep } N(0, \sigma^2)$$
 (2)

The modelling objective is to estimate the unknown quantities and functions in compliance with the modelling assumptions to make sound formal statistical inference regarding the comparative growth behaviour of C and A. More specifically, the statistical inference goal is to accurately estimate γ_{Ix_i} for C and A and then statistically assess their significant difference using 100(1-95)% confidence intervals (CIs) for γ_{Ix_i} at all experimental value of *i*, which are called "confidence bands."

The scatter plots of both data sets are given in Fig. 4, where very similar monotonically exponential growth behaviour is observed. To avoid the complexities of nonlinear regression, in particularly, for inference, the class for $f(x_i, \theta)$ was restricted to linear regression forms, i.e., forms that are linear in model parameters. Based on the response behaviour, a second order (i.e., quadratic) linear regression structure was fit to the data. The residual plot for *C* for its fit is given in Fig. 5, where the *i*th residual, $\hat{\mu}_{Y|x_i}$, and $\hat{\mu}_{Y|x_i}$, is the *i*th estimate of

 $\mu_{Y|x_i}$ The residual plot against time reveals the unacceptability of this structure very clearly as the residuals increase as time (x_i) increases. This structure leads to highly biased estimates because their values are more strongly dependent on the data at the later times. Unbiased estimation requires an equal weighing of the all the data over the input range. To accomplish this objective, the following structure was used to fit the data:

$$y'_{i} = ln(y_{i}) = \beta_{0} + \beta_{1} \ln(x_{i}) + \beta_{2} (\ln(x_{i}))^{2} + \varepsilon_{i}$$

= $\beta_{0} + \beta_{1} x'_{i} + \beta_{2} x'^{2}_{i} + \varepsilon_{i}$ (3)

The residual plot against time for the C fit using this structure is shown Fig. 6. The one for A is very similar. As shown, the spread of Eq. 3 residuals is nearly uniform over x'_i , the ln

(Days). Upon meeting this criterion, this model structure was fully evaluated for compliance to all assumptions, i.e., independence and normality also, which were met quite well for both cases, but not shown for space considerations. In addition, the coefficient of determination for model fits for A and C were 0.75 and 0.71, respectively. These values are quite good given the very large spread in the responses at each time point of data collection.

The efficacies of the fitted models are supported and evaluated for statistical inference using 95% confidence bands for γ_{X_i} and 95% prediction bands for individual values spread about $\mu_{Y_i X_i}$ Figure 3 gives the estimated curves for $\mu_{Y_i X_i}$ i.e., $\hat{\mu}_{Y_i X_i}$ and the lower and upper 95% prediction bands for C and A, respectively. Each data set consists of the same number of

samples at each time point for a total of 420 values. On the average, 95% prediction bands should contain 95% of the measured values. Given the size of this data set, it is informative to evaluate the efficacy of these fits informally. For C and A, 93% and 94% of the values are in the 95% prediction bands, respectively, and thus, supporting the accuracy and soundness of our approach. Figure 4 shows the residual plot for a quadratic linear regression function for the CONV data set. The spread in the residuals increase as days increase and will result in very biased estimation of the model parameters. Figure 5 shows the residual plot for proposed log transformed fit for the CONV data set. The spread in the residuals are fairly uniform over the days and will result in only slightly biased estimation of the model parameters. The 95% confidence bands for both cases are shown in Figure 6. Overlap of the intervals indicate no statistically significant differences in the estimated means, and no overlap indicates statistically significant differences at the specified significance level. As shown in Figure 6, at the earliest time points, there is overlap but this quickly changes and there is no more overlap of the confidence bands, with A being greater than C. Therefore, A appears to have significantly greater growth rate than C over most of the days. This further confirms that this data set is informative to evaluate the efficacy of our approach fits informally.

3.3. Viability and Haematoxylin and eosin staining

The viability assay, which enables the determination of cell viability based on two-colour fluorescence, was performed using a fluorescence microscope. Green high-permeability dye marks all cells, while red dye enables the specific identification of damaged cells owing to its poor cell permeability. Under conditions of equal dye concentrations and balanced relative affinities, cells are differentially stained because of their differential permeability. Live cells appear fluorescent green and dead cells, fluorescent red, enabling the qualitative determination of live and dead of cells. Comparison of the fluorescence micrographs, as shown in Figure 7, indicates that the red area of CONV miniguts at Day 5 and Day 9 is stronger in intensity versus that of the ASF miniguts at the same time points suggesting that the miniguts from the ASF mice are healthier and less prone to cell death. This result is consistent with the findings showing that miniguts derived from ASF mice grow more rapidly than those derived from CONV mice. The growth of miniguts includes both stem cell proliferation and differentiation.

The use of various immunohistochemical dyes to stain specific organoid components enables the analysis of their differences by microscopic evaluation. Haematoxylin and eosin staining images of the miniguts is shown in Figure 8. Because of the effects of the fixative and inhibition of infiltration, breakage of tissues occurred, as shown in the images. However, it is still clear that miniguts derived from ASF mice are more structured and organized compared to those from CONV mice especially on day 5.

Under identical culture conditions, miniguts derived from ASF mice grow faster than those derived from CONV mice. These data indicate that miniguts derived from ISC recovered from mice harbouring complex microbiota are differentially programmed, as evidenced by their slower proliferation rate. The presence of diverse microorganisms in a complex

intestinal environment may inhibit the proliferation of miniguts as shown in this study. Other potential mechanisms are apoptosis.

3.4. Effect of Cytokine Treatment on ex vivo Growth

It was found that culture supernatants high in TNFa derived from different tissue sources has different effects on intestinal organoids' growth. As shown in Figure 9a, compared with the control group, at the same concentration (based on level of TNFa = 0.02 ng/mL), the culture supernatants produced by splenocytes stimulated with anti-CD3 plus anti-CD28 inhibited the growth of ISCs from ASF mice while similarly induced supernatants from lymph node cells promoted organoid growth.

Compared to non-treated control organoids, supernantants from stimulated spleen cells significantly (p < 0.05) inhibited organoid growth as measured at days two to seven. However, growth of ISCs from CONV mice were significantly (p < 0.05) inhibited by supernatants from both stimulated splenocytes and lymph node cells (Figure 9b). We also found that effects of different concentrations of cytokines, based on the concentration of TNFa, on ISCs from ASF or CONV mice were also different. As shown in Figure 10a, ISCs from ASF mice were significantly inhibited (p < 0.05) by a lower concentration of cytokines compared to organoids from CONV mice. As the concentration of supernatants was increased, the inhibitory effect became less obvious, with evidence of growth promotion as shown in Figure 9a. While evaluating ISCs from CONV mice (Figure 10b), regardless of the concentration of cytokines, the growth of the miniguts was significantly (p < 0.05) inhibited. We conclude that the effect of TNFa on ISCs replication and organoid growth is subtle and complex. These studies demonstrate that the complexities affecting organoid development depend not only on the source and concentration of TNFa, but also on the microenvironment (i.e., microbial composition) of the GI tract from which the miniguts were derived.

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Figure 1.

Intestinal organoids, miniguts, derived from intestinal stem cells from mice with both defined and conventional microbiota.



Figure 2.

Morphological features of miniguts derived from ASF (top row) and CONV (2^{nd} row) mice. Numbers in the images represent the number of days since the intestinal stem cell cultures were initiated. The scale bars in 1^{st} and 2^{nd} rows represent 500 µm. Time course for the change in size of a single miniguts derived from ASF (the 3^{rd} and 4^{th} rows) or CONV (the 5^{th} and 6^{th} rows) mice. Numbers in the images represent the number of days since the intestinal stem cell cultures were initiated. The scale bars in 3^{rd} , 4^{th} , 5^{th} and 6^{th} rows represent 200 µm.



Figure 3.

Scatter plots for change in the size of organoid derived from CONV (left) or ASF (right) mice. Data represents the estimated mean (central line) and the 95 % confidence intervals (upper and lower lines).



Figure 4.

Residual plot for a quadratic linear regression function of the data set derived from the miniguts of CONV mouse miniguts. The spread in the residuals increase as days increase and will result in very biased estimation of the model parameters.



Figure 5.

Residual plot for proposed log transformed data set for the miniguts from CONV mice. The spread in the residuals are fairly uniform over the days and will result in only slightly biased estimation of the model parameters.



Figure 6.

95% confidence bands for $_{Y_{i}x_{j}}$ to miniguts derived from ASF (green lines) and CONY (red lines) mice.



Figure 7.

Assessment of live (green) and dead (red) cells of miniguts cultured after 2, 5, and 9 days in culture.



Figure 8.

Representative haematoxylin & eosin staining of miniguts after days 2, 5, 9, and 14 in culture.



Figure 9.

Effect of cytokines in culture supernatants on the change in size of intestinal organoids. a: intestinal organoids derived from the small intestine of ASF mice. b: intestinal organoids derived from the small intestine of CONV. The culture supernatants containing the cytokines including TNFa were generated by stimulating spleen cells (red) or lymph nodes cells (green) with anti-CD3 plus anti-CD28 as described in the Methods section. N = 20; *p < 0.05, **p < 0.01.



Figure 10.

Effect of the concentration of stimulated spleen cell culture supernatants on the change in size of miniguts (based on TNF- α concentration in supernatants of anti-CD3 + anti-CD28 stimulated spleen cells). a: intestinal organoids isolated from ASF. b: intestinal organoids isolated from CONY. N = 20; *p < 0.05, **p < 0.01