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# How sperm competition shapes the evolution of testes and sperm: a meta-analysis

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Females of many species mate with multiple males, thereby inciting competition among ejaculates from rival males for fertilization. In response to increasing sperm competition, males are predicted to enhance their investment in sperm production. This prediction is so widespread that testes size (correcting for body size) is commonly used as a proxy of sperm competition, even in the absence of any other information about a species' reproductive behaviour. By contrast, a debate about whether sperm competition selects for smaller or larger sperm has persisted for nearly three decades, with empirical studies demonstrating every possible response. Here, we synthesize nearly 40 years of sperm competition research in a meta-analytical framework to determine how the evolution of sperm number (i.e. testes size) and sperm size (i.e. sperm head, midpiece, flagellum and total length) is influenced by varying levels of sperm competition across species. Our findings support the long-held assumption that higher levels of sperm competition are associated with relatively larger testes. We also find clear evidence that sperm competition is associated with increases in all components of sperm length. We discuss these results in the context of different theoretical predictions and general patterns in the breeding biology and selective environment of sperm.

This article is part of the theme issue 'Fifty years of sperm competition'.

## 1. Introduction

Parker's [[1](#page-7-0)] recognition that female multiple mating leads to competition among sperm from rival males for fertilization greatly expanded Darwin's [\[2\]](#page-7-0) interpretation of sexual selection as the competition among members of the mate-limited sex (usually males) for mating opportunities. In the 50 years since Parker's [[1](#page-7-0)] insights, research on sexual selection has revealed how widespread female multiple mating is throughout the animal kingdom [\[3,4](#page-7-0)], making it clear that sexual selection is better understood as the competition over limited gametes, a definition that encompasses both mating and fertilization success [\[5\]](#page-7-0). By broadening this perspective, Parker [\[1\]](#page-7-0) spurred a wealth of studies examining the contribution of both pre- and postmating sexual selection to individual and population fitness, and to the evolution of reproductive traits [[3](#page-7-0),[4,6,7\]](#page-7-0). In this article, we will discuss primarily postmating sexual selection that has been the focus of Parker's numerous influential contributions.

One of the cornerstones of sperm competition theory is the prediction that males transferring more sperm should gain a numerical competitive advantage, particularly when fertilization approximates a random process [[8](#page-7-0)–[11](#page-7-0)]. If so, males are predicted to enhance their investment in ejaculate production as the level of sperm competition increases (reviewed in [\[12](#page-7-0)]). Generally, there are two avenues for increasing sperm numbers: (i) growing larger and more productive testes [[13\]](#page-7-0) and (ii) producing smaller sperm [[8](#page-7-0)]. Both of these evolutionary responses are now fundamental components of most sperm competition models [\[12](#page-7-0)].

The first prediction—that elevated sperm competition levels should result in relatively larger testes—has gained broad empirical support in comparative studies across species (reviewed in [\[14,15](#page-7-0)]) or among intraspecific populations [\[16](#page-7-0)–[18\]](#page-7-0), in experimental evolution studies in which mating systems are manipulated [[19](#page-7-0)–[21](#page-7-0)] and in species with alternative reproductive tactics [[22,23](#page-7-0)]. This evidence, combined with the observation that relative sperm numbers can predict a male's paternity share [\[24](#page-7-0)–[26](#page-7-0)], has led to the almost universal use of relative testes size (body size-corrected testes size; hereafter RTS) as an index of the level of sperm competition, typically without empirical verification. Yet, without a quantitative evaluation of this key assumption in the literature, it remains unclear if the use of RTS as a proxy for sperm competition is justified. Indeed, several experimental evolution studies of Drosophila [\[27](#page-7-0)–[29](#page-8-0)] and comparative studies in a diversity of taxa (e.g. [[30](#page-8-0)–[33\]](#page-8-0)) have found no increase in RTS at higher sperm competition levels, raising the question of why deviations from the widely accepted pattern occur. Fortunately, there is now a sufficient abundance of studies of the relationship between RTS and sperm competition to allow a detailed quantitative meta-analysis to identify potential causes of variation in effect sizes between taxa.

The second prediction, that sperm competition should favour smaller sperm, has also found empirical support [\[24](#page-7-0)–[26](#page-7-0)] and is particularly intriguing as it helps explain the evolution and maintenance of anisogamy [[8](#page-7-0)[,34](#page-8-0)] and, by extension, the evolution of mating systems [\[35](#page-8-0)–[37\]](#page-8-0). Yet, not all males transfer vast numbers of tiny sperm, and postcopulatory sexual selection can favour larger and more complex sperm. Such positive selection on sperm size could occur through intersexual selection equivalent to 'peacocks' tails on the cellular level' [[38](#page-8-0)–[40\]](#page-8-0) or through co-diversification with important dimensions of the female reproductive tract (e.g. [\[41](#page-8-0)–[45](#page-8-0)]). A more widespread explanation, mostly derived from studies of vertebrate sperm, is that sperm length and the (relative) dimensions of functional sperm components, like sperm midpiece and flagellum, reflect responses to selection for faster sperm swimming [\[46](#page-8-0)–[49](#page-8-0)]. Although such functional links are more often assumed than directly tested, numerous comparative studies framed in this context have explored potential responses of sperm length to varying levels of sperm competition. Interestingly, these studies have reported both a positive, negative or no significant trend, depending on the taxon (reviewed in [\[14](#page-7-0)[,50,51\]](#page-8-0)). The contrasting, albeit non-mutually exclusive [[52\]](#page-8-0), predictions and reported patterns about the response of sperm size to sperm competition call for a meta-analytic approach to determine whether general patterns arise from previous studies.

Given the rapidly accumulating literature on the evolution of both testes size and sperm morphology since Parker's [\[1\]](#page-7-0) formative insights into the evolutionary importance of sperm competition, we used meta-analyses to explore what general trends have emerged across these studies. We restricted our analyses to interspecific studies for the sake of comparability and data accessibility for all traits of interest. We then addressed two distinct meta-analytic hypotheses. First, we asked if male investment in RTS varies in response to

behavioural and genetic proxy measures of sperm competition levels among species (henceforth called the testes meta-analysis). Second, we determined whether interspecific variation in sperm total length, as well as its constituent components (i.e. sperm head, midpiece and flagellum), are influenced by alternative proxy measures of sperm competition, including behavioural, genetic and RTS metrics (henceforth called the sperm meta-analysis).

# 2. Methods

#### (a) Literature search

We searched the published literature for comparative studies (i.e. two or more species examined) that addressed the two distinct meta-analytic hypotheses about the response of RTS and sperm length, respectively, to the strength of sperm competition. We performed a systematic literature search following the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA [[53](#page-8-0)]) guidelines (electronic supplementary material §1). This search initially identified 1258 unique papers for the testes meta-analysis and 1420 for the sperm meta-analysis, of which 2237 were unique across both analyses and were screened for inclusion in the meta-analyses. After reviewing titles and abstracts, we removed 1896 papers from further consideration and screened the full text of the remaining 341 papers based on our inclusion criteria (electronic supplementary material, §1).

#### (b) Effect size dataset

For each included paper, we extracted test statistics and sample sizes and used these to calculate Fisher's  $Z_r$  values (electronic supplementary material, §2). Each entry was double-checked by a second author. Available data were confined to studies from two phyla, Arthropoda and Chordata, with 69% of effect size estimates originating from studies of birds (class Aves) and mammals (class Mammalia) in both the testes and sperm metaanalyses ([table 1\)](#page-2-0).

For the testes meta-analysis, we extracted 99 effect sizes from 58 studies spanning 38 years of research [\(table 1\)](#page-2-0). Most studies assessed sperm competition risk (i.e. the probability that sperm will compete for fertilization) using behavioural proxy measures (64 effect sizes from 43 studies) including (i) species-specific mating system classifications, i.e. species with monogamous/ polygynous (low risk) versus polyandrous/promiscuous (high risk) mating systems; (ii) pair (low risk) versus group (high risk) living/reproducing species; (iii) the number of reproductively active adults in a breeding group; (iv) parasitic spawning behaviours; or (v) metrics that ranked species from low to high sperm competition risk (note that some metrics included behavioural and genetic data, but because genetic data were not available for every species, we treat these studies as behavioural proxy measures of sperm competition risk). Only one study used behavioural data to estimate sperm competition intensity (i.e. the number of mated males; 2 effect sizes from 1 study). We also considered genetic measures of sperm competition risk (21 effect sizes from 13 studies), including studies that quantified multiple paternity (the percentage of broods/clutches/nests/litters where offspring are sired by two or more males) or extrapair paternity (the frequency that broods contain individuals sired by males other than the social mate). Genetic measures that quantified the number of males competing to fertilize eggs were used as indices of sperm competition intensity (e.g. number of sires per brood, number of males that a female mates with, 12 effect sizes from 2 studies).

For the sperm meta-analysis, we extracted 186 effect sizes from 74 studies spanning 30 years of research ([table 1](#page-2-0)). Sperm

<span id="page-2-0"></span>Table 1. Number of effect sizes, studies and the mean (range) sample size of species analysed in the  $(a)$  testes and  $(b)$  sperm meta-analyses. The total dataset is summarized separately for each meta-analysis followed by a summary that illustrates the distribution of data based on phylum (Arthropoda versus Chordata) and class/subclass of animals included in the analyses.



<sup>a</sup>Note that the total number of studies is one less than the sum of the number of studies when divided by phylum and class/subclass as one study presented data from two animal classes.

total length was the most commonly examined sperm morphological trait, constituting roughly half the available effect sizes (94 effect sizes from 64 studies, compared to 92 effect sizes for all other sperm morphology components). The numbers of studies assessing sperm head, midpiece and flagellum length were roughly equivalent (sperm head: 30 effect sizes from 23 studies; sperm midpiece: 28 effect sizes from 21 studies; sperm flagellum: 34 effect sizes from 26 studies). Most effect sizes (78%) estimated the effect of sperm competition level using body size-corrected testes size (145 effect sizes from 60 studies), a proxy measure that we validated in the testes meta-analysis. Behavioural measures of sperm competition (33 effect sizes from 17 studies) were based on (i) mating system classifications, (ii) pair versus group mating, (iii) female remating rate and (iv) metrics that ranked species from low to high sperm competition risk (as defined above). Genetic measures of sperm competition risk (i.e. multiple paternity and extrapair paternity rates) were comparatively less common (8 effect sizes from 6 studies). Sperm competition intensity was only considered in two studies examining sperm morphology (sperm total length), representing three effect sizes.

#### (c) Statistical analyses

We fit meta-analytic and multi-level meta-regression models using the rma.mv function in the R package metafor [[54](#page-8-0)]. To account for non-independence of the data when deriving multiple values from a single paper, all models included a unique observationlevel identifier for each effect size and the paper identity as random effects. We used meta-analytic models to determine if grand effect sizes differed significantly from zero. Then, to test the effect of alternative proxy measures of sperm competition level on male investment in testicular tissue and sperm morphology, we constructed meta-regression models with the proxy measure of sperm competition (i.e. behavioural and genetic estimates, additionally including RTS in the sperm meta-analysis) as a moderator. When modelling how alternative proxy measures of sperm competition influence sperm morphology, we focused on total sperm length, as this metric made up roughly 50% of the sperm morphology data (see above). Finally, we constructed a meta-regression model to compare effect sizes among sperm morphology components (sperm head, midpiece, flagellum and total length). We estimated model heterogeneity using  $I^2$ and used the omnibus test of parameters,  $Q_{m}$ , as test statistic for models that included moderator variables. We examined whether the results were sensitive to a range of biological and analytical factors, including fertilization mode (external versus internal), phylum (Arthropoda versus Chordata), whether the studies were phylogenetically controlled or not, the number of covariates in the models, the taxonomic level of analysis (genus versus species) and possible bias introduced by having the same species present in different studies. We assessed publication bias through visual inspection of funnel plots of meta-analytic residuals, applying Egger's test on the meta-analytic residuals [[55](#page-8-0)], using trim-and-fill methods to identify potentially missing data [[56](#page-8-0)] and by assessing time-lag bias [[57](#page-8-0)].

## 3. Results

The relationship between RTS and sperm competition levels was positive across all sperm competition metrics (Fisher's  $Z_r$  [95%CI] = 0.70 [0.58; 0.82],  $k = 99$ ,  $Z = 11.6$ ,  $p < 0.001$ ,



**Figure 1.** Orchard plot [[58](#page-8-0)] showing a positive correlation of testes size with genetic ( $r = 0.56$ ,  $Z = 4.99$ ,  $p < 0.001$ ) and behavioural ( $r = 0.61$ ,  $Z = 10.42$ ,  $p < 0.001$ ) estimates of sperm competition. The coloured dots present individual effect sizes, scaled by their precision, and model estimates are indicated by solid points outlined in black. Effect sizes and model estimates are back-transformed from  $Z_r$  to  $r$  for easier interpretation. The 95% confidence intervals (solid black lines) do not overlap with zero (dotted grey line), and the 95% prediction intervals (solid grey lines) show that the ranges of values that can be expected from future studies are largely positive. (Online version in colour.)

electronic supplementary material, §3.1). This translates into a grand mean correlation between RTS and sperm competition of  $r = 0.60$ , indicating broad support for the prediction that sperm competition selects for increased investment in sperm-producing tissue. This positive relationship did not differ between behavioural or genetic estimates of sperm competition  $(Q_{m,d,f=1} = 0.29, k = 99, p = 0.59,$  electronic supplementary material, §3.2.1), which were both significantly positive (figure 1). Effect size estimates of the relationship between RTS and sperm competition level were significantly greater in internal  $(r = 0.76)$  compared to external fertilizers  $(r = 0.45; Q_{m,df=1} = 4.09, k = 90, p = 0.04$ , electronic supplementary material, §3.2.2), and significantly weaker in studies that corrected for phylogenetic effects ( $r = 0.57$ ) compared to those that did not  $(r = 0.81; Q_{m,df=1} = 5.8, k = 99, p = 0.02,$  electronic supplementary material, §3.2.3). The relationship between RTS and sperm competition levels did not differ between Arthropoda and Chordata  $(Q_{m,df=1} = 2.97, k = 99, p = 0.09,$ electronic supplementary material, §3.2.4)

The overall relationship between sperm length (including sperm head, midpiece, flagellum and total length) and sperm competition levels was positive across all sperm competition metrics (Fisher's  $Z_r$  [95%CI] = 0.36 [0.24; 0.49],  $k = 186$ ,  $Z = 5.86$ ,  $p < 0.001$ , electronic supplementary material, §4.1). When assessing sperm total length, which constituted approximately half of the available data on sperm morphology, effect size estimates did not differ between RTS, behavioural or genetic estimates of sperm competition ( $Q_{m,df=2} = 0.95$ ,  $k = 88$ ,  $p = 0.62$ , electronic supplementary material, §4.2.1), which were all positive with confidence intervals that excluded zero [\(figure 2](#page-4-0)a). Therefore, we combined all proxy measures into a single global metric of sperm competition levels for analyses examining responses in each sperm component. There was weak evidence that effect sizes for sperm head, midpiece, flagellum and total length differed from one another  $(Q_{m,df=3} = 8.04, k = 186, p = 0.05,$  electronic supplementary material,  $\S4.2.2$ ), with those for head length being lowest ( $r =$ 0.22), followed by midpiece  $(r = 0.30)$ , flagellum  $(r = 0.37)$  and sperm total length  $(r = 0.39)$ , although all sperm components showed an overall positive relationship with sperm competition. Indeed, all sperm components were significantly positively related with sperm competition levels ([figure 2](#page-4-0)b). Effect size estimates between sperm total length and sperm competition level did not differ based on fertilization mode  $(Q_{m,\text{df}=1} = 0.33, k = 92, p = 0.57, \text{electronic supplementary}$ material, §4.2.3). Studies that corrected for phylogenetic effects had significantly weaker effect size estimates of the relationship between sperm total length and sperm competition level compared to studies that did not account for phylogenetic effects (with phylogenetic correction:  $r = 0.26$ ; without phylogenetic correction:  $r = 0.66$ ;  $Q_{m,df=1} = 9.33$ ,  $k = 94$ ,  $p = 0.002$ , electronic supplementary material, §4.2.4). Effect size estimates from Arthropoda were significantly greater than estimates from Chordata ( $Q_{m,df=1} = 8.69$ ,  $k = 94$ ,  $p = 0.003$ , electronic supplementary material, §4.2.5).

The overall positive relationships between RTS/sperm morphology and sperm competition levels remained qualitatively similar under a broad range of analytical conditions. In both meta-analyses, estimates were not influenced by the number of covariates included in the models (electronic supplementary material, §3.2.5 and 4.2.6) and whether analyses were performed at the genus or species level (electronic supplementary material, §3.2.6 and 4.2.7). Responses in testes size and sperm morphology were consistent when sperm

<span id="page-4-0"></span>

Figure 2. (a) Sperm length shows a positive correlation with testes size ( $r = 0.28$ ,  $Z = 4.68$ ,  $p < 0.001$ ), and with genetic ( $r = 0.40$ ,  $Z = 2.75$ ,  $p = 0.006$ ) and behavioural ( $r = 0.26$ ,  $Z = 2.63$ ,  $p = 0.009$ ) estimates of sperm competition. (b) Sperm head length ( $r = 0.28$ ,  $Z = 3.07$ ,  $p = 0.002$ ), midpiece length ( $r = 0.35$ ,  $Z =$ 3.75,  $p < 0.001$ ), flagellum length ( $r = 0.41$ ,  $Z = 4.70$ ,  $p < 0.001$ ) and total length ( $r = 0.40$ ,  $Z = 5.46$ ,  $p < 0.001$ ) increase with increasing sperm competition. The coloured dots present individual effect sizes, scaled by their precision, and model estimates are indicated by solid points outlined in black. Effect sizes and model estimates are back-transformed from Z<sub>r</sub> to r for easier interpretation. The 95% confidence intervals (solid black lines) do not overlap with zero (dotted grey line), and the 95% prediction intervals (solid grey lines) show that the ranges of values that can be expected from future studies are mostly positive despite considerable heterogeneity. (Online version in colour.)

competition was assessed using either sperm competition risk (the proportion of matings involving two or more males) or sperm competition intensity (the number of males involved in a mating) [\[12,13](#page-7-0)] metrics (electronic supplementary material, §§3.2.7 and 4.2.8) and when using different measures of testes size (i.e. testes mass, length and volume; electronic supplementary material, §§3.2.8 and 4.2.9). Within each sperm component, effect size estimates did not differ when different measures were used (i.e. length, area and volume; electronic supplementary material, §4.2.10).

There was significant publication bias, but no year effect, among studies in the testes meta-analysis, with an excess of studies with small sample sizes showing a positive effect between RTS and sperm competition (electronic supplementary material, §5.1). However, when accounting for this bias analytically, our overall findings remained qualitatively unchanged (electronic supplementary material, §5.1.2). There was no evidence for publication bias in the sperm meta-analysis (electronic supplementary material, §5.2). Within each meta-analysis, however, different studies often shared one or more species, which violates the assumption of independence among studies. To account for this issue, we performed a series of sensitivity analyses using subsets of our full dataset that included only those studies with the largest sample size on an animal class, or on an order (mammals) or family (passerine birds), from which most taxon-specific effect sizes were derived (electronic supplementary material, §6). These sensitivity analyses, which ensured that no species contributed to more than one effect size, produced results that are broadly consistent with those presented in the main text (electronic supplementary material, §6).

# 4. Discussion

Consistent with Parker's series of sperm competition models (reviewed in [\[12](#page-7-0)]), our testis meta-analysis confirmed that males of species with higher levels of sperm competition invest relatively more in their gonads, with little difference between behavioural and genetic estimates of sperm competition. Further, we found an overall trend for longer rather than shorter sperm in response to elevated sperm competition, with a similar pattern for each of the three main sperm components. Interestingly, the overall effect of sperm competition estimates was considerably higher on testes size compared to sperm length (back-transformed  $r = 0.60$  versus  $r = 0.39$ ), partly because the latter also had many more negative effect sizes (testes: 2 out of 99; sperm length: 20 out of 94). This difference is likely to result from sperm competition selecting on both sperm size and number. By encapsulating both ejaculate traits, testes can respond positively to the selection regardless of which trait is under stronger selection [\[59](#page-8-0)]. By contrast, if the selection is stronger on sperm number than on sperm size, as directly shown in multiple taxa [[59](#page-8-0)–[61](#page-8-0)], the effect of sperm competition on sperm length would necessarily weaken or even become negative as observed. Such taxonspecific differences in the reproductive biology, in selection pressures or in trait responses (discussed in more detail in the following sections) might also be responsible for the relatively high heterogeneity in both meta-analyses ( $I^2 = 84.0$ and 90.5 for testes and sperm meta-analyses, respectively; electronic supplementary material, §7).

Another general pattern across both our meta-analyses, and possibly another contributor to heterogeneity in the main analyses, was that effect sizes were lower for studies that accounted for phylogenetic non-independence. This difference can be attributed in part to traditional analyses overestimating relationships between traits by not reducing the weight of data points that derive from species with shared ancestry [\[62](#page-8-0)]. Further, the use of phylogenetic independent contrasts [\[63](#page-8-0)] in older studies sometimes considerably reduced the number of independent data points owing to poorly resolved phylogenies (i.e. many polytomies), thereby weakening effects compared to equal studies without phylogenetic control. Finally, at least in the testes meta-analysis, the non-phylogenetically controlled set of studies was dominated by small studies, where effect sizes can often be high even if the relationships themselves are not statistically significant.

In the following, we discuss our findings of the two meta-analyses in turn.

#### (a) Evolution of testes size

That males should enhance their investment in ejaculate production as the level of sperm competition increases is arguably one of the most fundamental and intuitive predictions of sperm competition theory. Here, we have provided a robust meta-analytical test of this central prediction. By examining only interspecific comparative studies, we were able to extract 99 effect sizes, of which only two were negative and few were weak, while all others were moderately to strongly positive. Although this strong overall effect was expected, it is critical to quantitatively evaluate the validity of RTS as a proxy of sperm competition, particularly given how frequently its use is justified by citing examples from the literature, even where these come from unrelated taxa. Our analysis did identify a significant publication bias favouring positive effects among small comparative studies, which potentially inflates the ubiquity of the assumed pattern. Nevertheless, the positive effect remained even after accounting for the observed publication bias. The empirical evidence is therefore that the response of testes size to sperm competition holds for most taxa at the interspecific level. However, our results do not necessarily translate to single-species studies, and intraspecific patterns should separately undergo a systematic meta-analytic evaluation.

Even with this strong support of Parker's predictions, not all taxon-specific effects were statistically significant. Broadly, the results with genetic estimates of sperm competition appeared more consistent than the behavioural estimates. Apart from often small sample sizes, some of this difference could also be owing to coarse classifications of sperm competition levels among the behavioural estimates (e.g. monogamy versus polygamy), which ignore potentially considerable variation in the degree of sperm competition within each category. Overall, genetic estimates of the magnitude of sperm competition are preferable as they quantify the extent of sperm competition and skew among males more directly and precisely, although it is also important to note that genetic estimates can only provide a minimum estimate for the level of multiple mating (i.e. postcopulatory sexual selection may favour one or only a very small subset of mated males [[64\]](#page-8-0)). However, such data can often be more challenging and time-consuming to obtain with adequate taxonomic coverage.

Regardless of the sperm competition estimate, it is important to note that sources of variation in RTS other than sperm competition could also contribute to the wide distribution of effect sizes among studies and taxa. For example, in addition to sperm competition, selection for relatively larger testes can also result from a higher male mating rate [[15,27](#page-7-0)[,65](#page-8-0)]. Further, our analysis revealed stronger relationships of RTS with sperm competition in internal compared to external fertilizers. This difference could result from a higher risk of sperm limitation in external fertilizers, particularly broadcast spawners [[66\]](#page-8-0), compared to internal fertilizers with more targeted sperm release [\[7,](#page-7-0)[67](#page-8-0)]. If so, even if total selection on testes size is stronger in external than internal fertilizers, sperm competition would explain a relatively smaller portion

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of RTS variation, thereby weakening the relationship between the total variation in RTS and measures of sperm competition. However, a more refined analysis might be needed to fully understand the contribution of sperm limitation to the response in the evolution of testes size. There is considerable variation in the risk of sperm dilution between broadcastspawning fish and foam-nesting frogs [[7](#page-7-0)[,60](#page-8-0),[67\]](#page-8-0), as well as between different internal fertilizers owing to their enormous variation in the volume of female reproductive tracts [\[61,67](#page-8-0)].

It is also important to recognize that testes size does not always reflect sperm production alone, which could further influence relationships with indices of sperm competition. For example, in vertebrates in particular, testes can have varying portions of their volume dedicated to the production of androgens and other non-spermatogenic functions [\[68](#page-8-0)–[71](#page-8-0)], reducing the sperm-producing tissue to less than a third of the entire testes in some species [\[68,72](#page-8-0)]. Within the spermatogenic tissue itself, the efficiency of sperm production can also vary considerably among species in response to sperm demand [[73](#page-8-0)–[75](#page-9-0)]. This raises the intriguing question of whether such variation in the proportion of seminiferous tissue among closely related (and so jointly studied) species might also contribute to the weakly lower overall effect of sperm competition on RTS in vertebrate taxa compared to the arthropods, in addition to other factors such as sperm limitation (see above). Thus, starting to understand how different testicular components and their function respond to sexual selection would be an important avenue for future research.

#### (b) Evolution of sperm morphology

Parker's original models [\[8](#page-7-0)] included the prediction that selection through sperm competition should favour vast numbers of tiny sperm. Subsequent models [[9](#page-7-0)], however, have suggested that sperm size itself could also increase under certain circumstances, such as (i) in the presence of constraints on sperm number, or if sperm size confers (ii) greater competitive benefits at higher sperm density, (iii) sperm survival benefits during prolonged sperm storage or (iv) competitive advantages at the cost of sperm survival when fertilization occurs relatively shortly after sperm release. As revealed in our meta-analysis, many comparative studies have indeed indicated selection for longer sperm, resulting in a strongly positive overall trend. Hence, in addition to maximizing sperm numbers, it appears that producing longer sperm may often add further fitness benefits, although the processes of selection for longer sperm are likely to differ between taxa. For example, the density-related advantage of longer sperm (Parker's [\[9\]](#page-7-0) second prediction, modelled more specifically in [[52](#page-8-0)]) is most likely to manifest itself in small organisms such as many insects, in which sperm competition occurs in the form of displacing rival sperm from densely packed sperm-storage organs [[76,77](#page-9-0)]. In fact, this mode of sperm competition can even exert stronger selection on sperm length than on sperm number [\[52,59\]](#page-8-0), often associated with co-diversification between sperm size and the female reproductive tract [[41,43](#page-8-0)–[45](#page-8-0)[,78,79](#page-9-0)]. These factors might also explain why, on average, arthropods showed tighter relationships between sperm length and measures of sperm competition (electronic supplementary material, §4.2.11) and generally exhibit much greater intra-taxonomic variation in sperm size than chordates [[80](#page-9-0)].

By contrast, in many vertebrate taxa, a competitive advantage of longer sperm has been attributed to swimming faster to ova or female sperm-storage structures [\[46](#page-8-0)–[49\]](#page-8-0). Following Parker's [\[9\]](#page-7-0) fourth prediction above, this advantage of faster sperm swimming could outweigh any benefits of prolonged sperm survival in most fish and many mammalian taxa that lack prolonged sperm storage [\[81\]](#page-9-0). Yet, even in birds, the evolution of longer sperm under sperm competition is more likely to be driven by selection for faster sperm swimming to the specialized female storage structures than prolonged sperm survival within them, given that extended sperm storage is associated with shorter or slower-swimming sperm [[33,](#page-8-0)[82,83\]](#page-9-0). In addition, it has been suggested that sperm survival within the female storage structures might be aided by female secretions [[84\]](#page-9-0) (but see [\[85](#page-9-0)]). We are not aware of comparative studies supporting Parker's [[9](#page-7-0)] first and third predictions, but taxa with extended sperm storage, such as reptiles [[81\]](#page-9-0), are still very poorly studied.

In addition to sperm total length, our meta-analysis revealed that, overall, selection under sperm competition also appears to favour longer sperm heads, midpieces and flagella. That all sperm components showed a similar pattern could result from underlying genetic covariation, concerted evolution under simultaneous selection on these different traits, and/or extrinsic functional or intrinsic mechanistic constraints [[86\]](#page-9-0). The increase in both midpiece and flagellum length is consistent with the predicted selection for faster sperm, in that the flagellum is the component propelling the sperm forward, and the midpiece generates the necessary energy (reviewed in [[50,](#page-8-0)[87\]](#page-9-0)). Even though selection should, in principle, favour a relatively small head relative to flagellum length [\[87](#page-9-0)], the positive effect of sperm head length is not in conflict with this prediction as our meta-analysis informs solely on the strength of the relationships between sperm dimensions and indices of sperm competition, and not on the allometries between sperm components. Thus, sperm flagellum length could still increase at a faster rate than sperm head length, consistent with the generally much greater variation in sperm flagellum length than sperm head length [[51\]](#page-8-0).

#### (c) The next 50 years of sperm competition research

Our meta-analyses have revealed overarching patterns across a wealth of studies generated in the 50 years since Parker's [\[1\]](#page-7-0) influential paper. However, they also highlight the strong taxonomic bias in the study of testes and sperm evolution ([table 1](#page-2-0), electronic supplementary material, §§3.2.4 and 4.2.5). The vast majority of effect sizes were derived from birds (and here strongly biased toward passerines) and mammals (primarily primates and rodents), with the more speciose vertebrate taxa (bony fishes and reptiles) being represented by a mere handful of studies or absent entirely (e.g. reptiles in testes meta-analysis). Even less information is available on the invertebrates, although arthropods alone dwarf the speciosity of all other animal phyla combined and exhibit both astounding diversity in sperm morphology [[51,](#page-8-0)[80\]](#page-9-0) and rampant sperm competition [[3](#page-7-0)]. Consequently, many novel patterns of reproductive evolution are likely to be discovered in future endeavours.

In addition to broadening the taxonomic breadth in studies of sperm competition, it is important to recognize that reproductive traits rarely evolve independently of one another, of other sexual and non-sexual traits, or the environment in which sperm competition occurs. Since sperm morphology is often an indirect target of selection via sperm performance (e.g. [\[47](#page-8-0)]), knowledge of how variation in sperm morphology

<span id="page-7-0"></span>translates into fitness within the context of other ejaculate traits seems critical for understanding sperm evolution itself (reviewed in [14,[50,](#page-8-0)[80\]](#page-9-0)). Progress in this direction has been made by studying the joint evolution of sperm size and number, which has revealed how the selective environment modifies the relative strength and direction of natural and sexual selection on either trait [[32,61,62,73](#page-8-0)]. However, other sperm and seminal fluid parameters are yet to be integrated into such studies. Similarly, a better understanding is needed of the operation of sperm within their selective environment, including the forms of selection or contributions of sperm– female interactions as potential drivers of sperm diversification [\[80](#page-9-0)]. This is particularly true for internal fertilizers, where sperm size and shape are likely to co-diversify with the female reproductive tract morphology and sperm-use patterns. Since these female traits themselves are extremely diverse, however, it might be difficult to compare female contributions to sperm evolution in a systematic manner among species.

Overall, the past 50 years have exposed critical patterns of male reproductive trait evolution that we summarized here. Yet, we are still a long way from understanding the full complexity of selective processes on these traits. Nevertheless, methodological and analytical advances continue to deepen our knowledge of sperm competition and its contributions to reproductive diversity, and we look forward to the next 50 years for yet further clarity in our understanding of the evolutionary significance of sperm competition.

Data accessibility. All data are provided in the electronic supplementary material.

Authors' contributions. All authors contributed to the conception of the study and data collection. R.A.d.B. analysed the data and prepared the figures and supplementary material; S.L. and J.L.F. drafted the article; all authors edited and approved its final version.

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