



## Computer aided identification of potential SARS CoV-2 main protease inhibitors from diterpenoids and biflavonoids of *Torreya nucifera* leaves

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### ABSTRACT

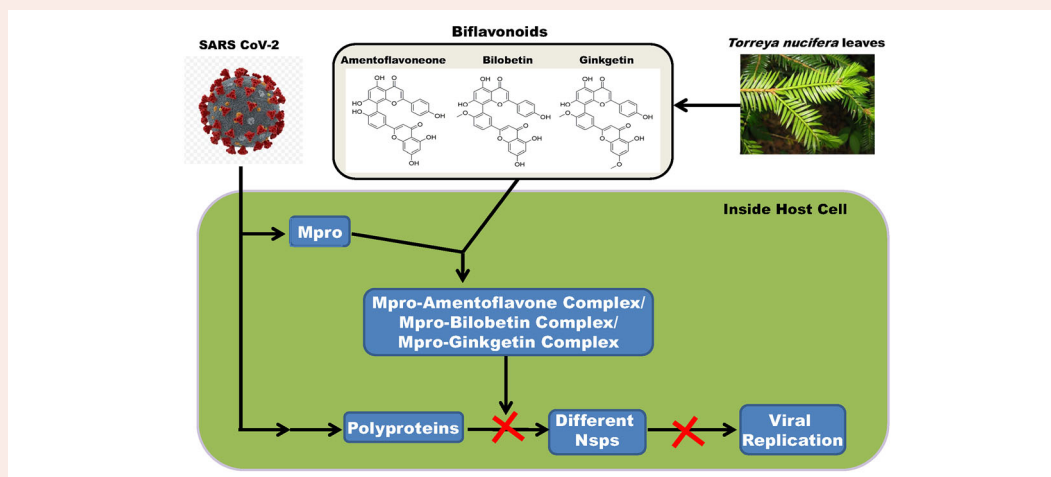
SARS CoV-2 is the causative agent of the pandemic disease COVID-19. There is an urgent need for effective drugs or vaccines which can effectively combat this outbreak. The main protease (Mpro), a key component for the SARS CoV-2 replication, is considered to be one of the important drug targets for developing anti-COVID-19 drugs. This SARS CoV-2 Mpro/cysteine protease has high sequence similarity with the same protease from SARS CoV-1. Previously, it has been shown experimentally that eight diterpenoids and four biflavonoids derived from the leaf of *Torreya nucifera* show inhibitory effect on the cleavage/catalytic activity of the SARS CoV-1 Mpro. But whether these phytochemicals exhibit any inhibitory effect on SARS CoV-2 Mpro is unclear. To understand this fact, here, we have adopted various *in-silico* approaches. Diterpenoids and biflavonoids those qualified pharmacological test (hinokiol, amentoflavone, bilobetin and ginkgetin) and two well-known Mpro inhibitors (N3 and lopinavir) were subjected for molecular docking studies. Only three biflavonoids (amentoflavone, bilobetin and ginkgetin) were selected by comparing their binding affinities with N3 and lopinavir. They interacted with two most important catalytic residues of Mpro (His41 and Cys145). Molecular dynamics studies further revealed that these three Mpro-biflavonoid complexes are highly stable and share a similar degree of compactness. Besides, these complexes experience less conformational fluctuations and more expansion than Mpro-N3 and/or Mpro-lopinavir complex. MM-GBSA and H-bond analysis further corroborated these findings. Altogether, our study suggested that these three biflavonoids could possibly inhibit the proteolytic/catalytic activity of SARS CoV-2 Mpro and might be useful for COVID-19 treatment.

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### KEYWORDS

COVID-19; SARS CoV-2 main protease; docking; molecular dynamics simulation; *Torreya nucifera* diterpenoids and biflavonoids



**Abbreviations:** COVID-19: corona virus disease 2019; SARS CoV-2: severe acute respiratory syndrome corona virus-2; Mpro: main protease; MD: molecular dynamics; RMSD: root mean square deviation; RMSF: root mean square fluctuation; Rg: radius of gyration; SASA: solvent accessible surface area

## 1. Introduction

In December 2019, a novel disease namely COVID-19 has emerged from China. Since then, this disease is rapidly spread worldwide, infecting nearly 215 countries. As of September 5, 2020, the total number of COVID-19 infected cases has reached 26 million and over 875,000 people died worldwide due to this infectious disease (<https://www.worldometers.info/coronavirus/>). It has been declared as a global pandemic by the World Health Organization (WHO) on the 11th of March 2020 (Cucinotta & Vanelli, 2020). The United States remains the most affected country in terms of the total number of cases, followed by Brazil, India and Russia. Initial symptoms of COVID-19 infection include fever, myalgia, cough, and headache (Chen et al., 2020; Ren et al., 2020; Zhu et al., 2020). Infection usually resolves without active medical intervention, but for a subset of cases, the infection can progress to viral pneumonia and a variety of complications including acute lung damage leading to death (Zhao et al., 2020). However, the complications are atypical in most cases and the mortality rates increase dramatically with the age.

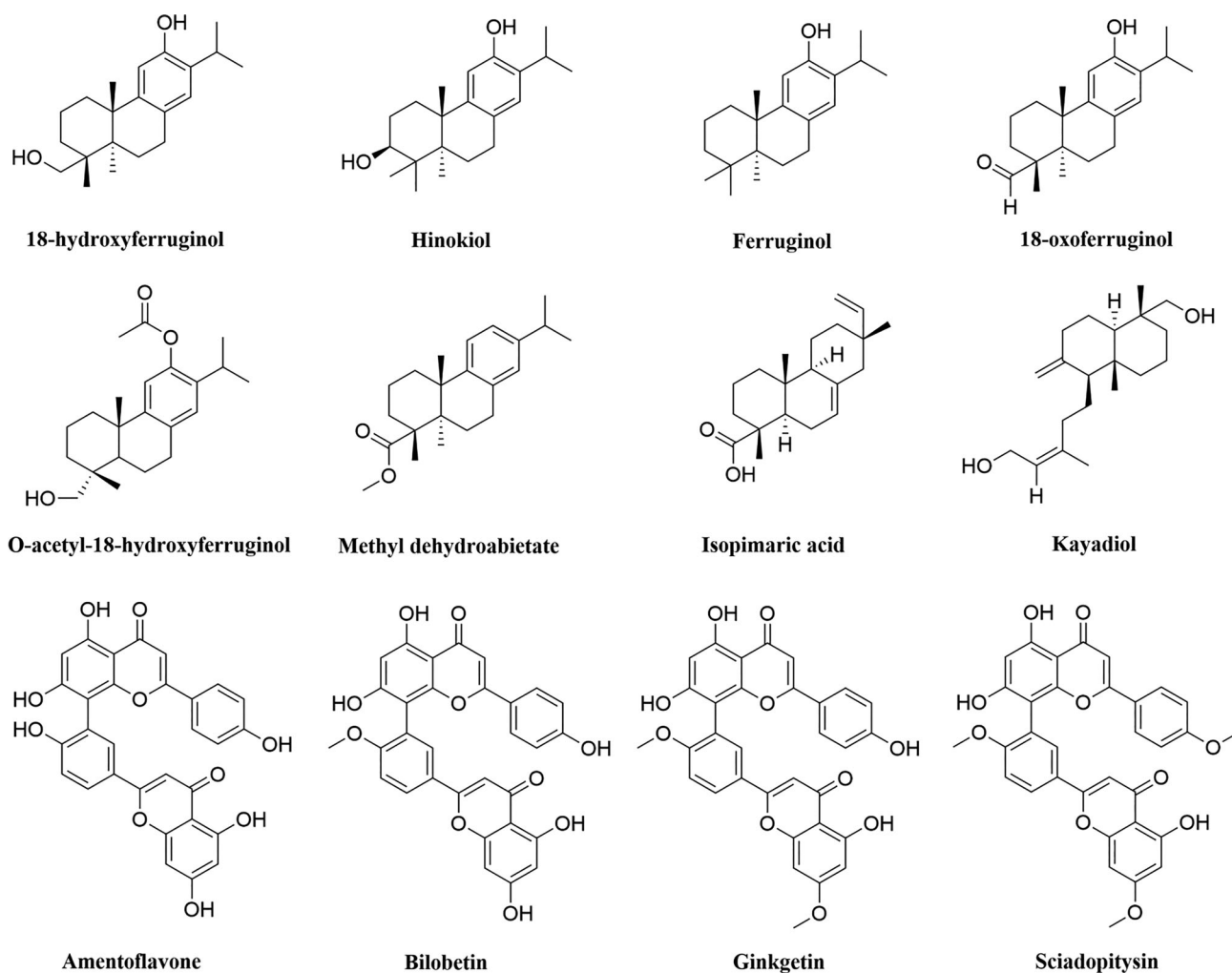
Severe acute respiratory syndrome coronavirus 2 (SARS CoV-2), a member of the Coronaviridae family and  $\beta$ -coronavirus genus, is the causative agent of the disease COVID-19 (Zhou et al., 2020). Since 2003, three coronaviruses have been associated with pneumonia; the first was severe acute respiratory syndrome coronavirus (SARS CoV-1) which affected 8,098 people causing 774 deaths between 2002 and 2003 (Drosten et al., 2003; Walls et al., 2020). The second was Middle-East respiratory syndrome coronavirus (MERS-CoV) which affected 27 countries and infected a total of 2,494 individuals. 858 people died due to MERS CoV (Zaki et al., 2012). SARS CoV-1 and SARS CoV-2 are genetically closely related to nearly 80% genome identity (Zhou et al., 2020). Additionally, both the coronaviruses are thought to have the same origin (bats) which most likely serve as a reservoir host for these two viruses (Zhou et al., 2020).

To date, much of our knowledge of COVID-19 virology has been inferred from the study of similar SARS CoV-1 and related coronaviruses including Middle East Respiratory Syndrome. Like other two coronaviruses, SARS CoV-2 is an enveloped virus and is made up of large single-stranded  $\sim$ 30 kb long positive-sense RNA. The viral gene essential for the replication of the virus is expressed as a polyprotein that must be broken into functional subunits for replication and transcription activity (Zhang et al., 2020). The proteolytic cleavage of viral polyproteins is primarily accomplished by the main protease (Mpro), also known as 3CLpro (the 3C-like protease). Mpro cleaves the viral polyprotein at eleven sites. The main protease (Mpro or 3CL protease) is one of the best-characterized drug targets for coronaviruses (Anand et al., 2003; Hilgenfeld, 2014; Xue et al., 2008). The sequence of the main protease (Mpro) is highly conserved throughout coronavirus species (Mirza & Froeyen, 2020). The Mpro from SARS CoV-2 is reported to share more than 96% sequence similarity with the same protease from SARS CoV-1 and MERS which makes it an ideal target for broad-spectrum anti-CoV therapy (Ghosh et al., 2020b). Even more sequence

similarity is observed between the main protease from SARS CoV-1 and SARS CoV-2 with a difference in only twelve amino acid residues (Supplemental Figure 1; Sequence homology performed using CLUSTALW (1.83) multiple sequence alignment program (Chakraborty et al., 2018; Nandi et al., 2016)) (Macchiagodena et al., 2020).

The SARS CoV-2 Mpro is a member of homologous cysteine proteases that are needed for viral replication (Jin, Du, et al., 2020; Zhang et al., 2020). This viral protease cleaves the initially translated viral polyprotein into its component proteins (Fan et al., 2004; Rota et al., 2003). Cleavage generally occurs immediately after a Gln residue, and the Gln residue is typically preceded by a hydrophobic residue, most often Leu. The residue that follows the Gln is often a small amino acid such as Ser, Ala, or Asn. Mpro autolytically cleaves itself from the polyprotein (Hegyi & Ziebuhr, 2002). Inhibiting Mpro activity slows or halts viral replication, offering the promise of improved clinical outcomes for COVID-19 and other coronavirus diseases. Furthermore, there are no known human proteases with similar cleavage specificity to Mpro, suggesting that it should be possible to develop inhibitors that target Mpro without off-target toxicity (Kim et al., 2016).

SARS CoV-2 Mpro is a two protomer homodimer in its active form with one active site per the homodimer chain (Jin, Du, et al., 2020; Muramatsu et al., 2016). Each of the protomers of the Mpro consists of three domains: domain I (amino acid residues 8-101), domain II (amino acid residues 102-184) and domain III (amino acid residues 201-303) (Jin, Du, et al., 2020). Domain I and II are mainly  $\beta$ -barrels, while, domain III mainly consists of  $\alpha$ -helices (Jin, Du, et al., 2020). The catalytic site/active site/substrate binding site comprising of cysteine (Cys145) and histidine (His41) amino acid moiety and is located at the cleft of domain I and domain II (Jin, Du, et al., 2020). Cysteine145 serves as a common nucleophile and plays a vital role in the proteolytic functioning of Mpro (Anand et al., 2003; Chou et al., 2003; Hsu et al., 2005). The major research effort to date has been focused to inhibit the catalytic activity of SARS CoV-2 Mpro, i.e. by directly targeting its (Mpro) active site with molecules that competitively bind to the active site "pockets" (Dai et al., 2020; Jin, Du, et al., 2020; Jin, Zhao, et al., 2020; Zhang et al., 2020). Studies have been carried out to find suitable inhibitors of Mpro using drug repurposing strategy (Baby et al., 2020; Beck et al., 2020; Bharadwaj et al., 2020; Hage-Melim et al., 2020; Hakmi et al., 2020; Jimenez-Alberto et al., 2020; Kandeel & Al-Nazawi, 2020). Furthermore, various phytochemicals are also proposed as the SARS CoV-2 main protease inhibitors through screening and structure-based design approach (Gorla et al., 2020; Gurung et al., 2020; Joshi, Joshi, et al., 2020; Joshi, Sharma, et al., 2020; Mazzini et al., 2020). In recent times, it has been found that plant-derived polyphenols can serve as potent SARS CoV-2 Mpro inhibitors (Bhardwaj et al., 2020; Ghosh et al., 2020a, 2020b; Tripathi et al., 2020). Our group has identified three polyphenols from green tea [epigallocatechin gallate (EGCG), epicatechin-gallate (ECG) and gallic acid-3-gallate (GCG)] can inhibit the catalytic activity of SARS CoV-2 Mpro (Ghosh et al.,



**Figure 1.** Chemical structure of *T. nucifera* diterpenoids and biflavonoids. The two-dimensional structure of eight diterpenoids and four biflavonoids from *T. nucifera* with their respective names are shown.

2020a). In another independent study, we have identified six polyphenols from *Broussonetia papyrifera* which have the potency to inhibit the proteolytic activity SARS CoV-2 Mpro (Ghosh et al., 2020b). Purohit and coworkers have found that polyphenols such as oolonghomobisflavan-A and theaflavin-3-O-gallate from the tea plant (*Camellia sinensis* L.) can act as effective SARS CoV-2 Mpro inhibitors (Bhardwaj et al., 2020). Apart from polyphenolic compounds, plant-derived terpenoid compounds are also found to inhibit the activity of Mpro (Orhan & Senol Deniz, 2020; Sayed et al., 2020; Wen et al., 2007). The leaves of the traditional medicinal plant *Torreya nucifera* contains eight well-known diterpenoids (18-hydroxyferruginol, hinokiol, ferruginol, 18-oxoferruginol, O-acetyl-18-hydroxyferruginol, methyl dehydroabietate, isopimaric acid, kayadiol) and four biflavonoids (amentoflavone, bilobetin, ginkgetin, sciadopitysin) (Figure 1) (Ryu et al., 2010). Some of these diterpenoid and biflavonoid compounds from the leaf extract of *T. nucifera* exhibited antiviral property against a broad spectrum of viruses. Among the diterpenoids, ferruginol and its derivatives were reported to show anti-DENV effect against Dengue virus serotype 2 (Islam & Mubarak, 2020; Roa-Linares et al., 2016). Another ferruginol derivative 18-oxoferruginol had shown antiviral activity against the

Dengue virus as well as human herpesvirus type 2 (Roa-Linares et al., 2016). Methyl dehydroabietate had also exhibited antiherpetic activity against herpes simplex virus type 1 (HHV-1) (Agudelo-Gómez et al., 2012).

Among the biflavonoids of *T. nucifera*, amentoflavone exhibited antiviral potential against the Dengue virus (Coulerie et al., 2013). Henke and coworkers also demonstrated that this biflavonoid can decrease the replication of Coxsackievirus B3 (CVB3) (Wilsky et al., 2012). Amentoflavone, another biflavonoid of *T. nucifera*, showed potent antiviral activity against the respiratory syncytial virus (RSV), with an IC<sub>50</sub> value of 5.5 µg/ml (Ma et al., 2001). This biflavonoid also showed inhibitory effects against the hepatitis-C virus (Lee et al., 2018). It has also been demonstrated that amentoflavone exhibits significant antiviral activity against influenza-A and influenza-B viruses whereas it exhibits moderate anti-herpes virus activity against HSV-1 and HSV-2 (Fritz et al., 2007; Lin et al., 1999). Moreover, amentoflavone also displayed evidence of anti-HIV activity with an IC<sub>50</sub> value of 119 µM (Lin et al., 1997). A computational study has also predicted the inhibitory activity of amentoflavone against the Zika virus (Bhargava et al., 2019). Two other *T. nucifera* biflavonoids (bilobetin and ginkgetin) can serve as effective inhibitors of the influenza virus (Zhang & Wang, 2020). Bilobetin is reported to

inhibit the expression of the Epstein-Barr virus (EBV) genes (Lin et al., 1997). Different computational studies further revealed that bilobetin is a potent candidate for the treatment of herpes virus infection and hepatitis-B virus infection (Pathak et al., 2014; Ramaiah & Suresh, 2013). Another *T. nucifera* biflavonoid (ginkgetin) showed anti-herpesvirus activity against herpes simplex virus type 1 and type 2 (Adnan et al., 2020; Hayashi et al., 1992). Ginkgetin also exhibited inhibitory effects against human cytomegalovirus (Adnan et al., 2020; Hayashi et al., 1992). Anti-influenza virus activity of ginkgetin has also been reported by many investigators (Adnan et al., 2020; Miki et al., 2007).

Attempt has also been taken to assess the antiviral activity of these *T. nucifera* phytochemicals against SARS CoV-1. Lee and coworkers first isolated eight diterpenoids and four biflavonoids (mentioned in Figure 1) from the ethanol extract of *T. nucifera* leaves and evaluated the SARS CoV-1 Mpro activity experimentally (Ryu et al., 2010). With the aid of fluorescence resonance energy transfer (FRET) analysis, they found that all the twelve (12) tested phytochemicals inhibited SARS CoV-1 Mpro in a dose-dependent manner. The IC<sub>50</sub> values for the SARS CoV-1 Mpro inhibition of the eight diterpenoids range between 49.6  $\mu$ M to 283.5  $\mu$ M with ferruginol showing the lowest IC<sub>50</sub> value. On the other hand, biflavonoids inhibited SARS CoV-1 Mpro activity with IC<sub>50</sub> value ranging from 8.3  $\mu$ M to 72.3  $\mu$ M. Among the four biflavonoids of *T. nucifera*, amentoflavone exhibited the most potent SARS CoV-1 Mpro inhibitory effect with the lowest IC<sub>50</sub> value (Ryu et al., 2010). But whether these eight diterpenoids and four biflavonoids which possess SARS CoV-1 Mpro inhibitory activity, can also exhibit any antiviral activity against SARS CoV-2 by inhibiting the catalytic/peptidolytic activity of Mpro is not clear till now. Therefore, in this study, we have examined the inhibitory efficacy of these eight diterpenoids (18-hydroxyferruginol, hinokiol, ferruginol, 18-oxoferruginol, O-acetyl-18-hydroxyferruginol, methyl dehydroabietate, isopimaric acid, kayadiol) and four biflavonoids (amentoflavone, bilobetin, ginkgetin, sciadopitysin) from *T. nucifera* against SARS CoV-2 Mpro with the aid of *in-silico* docking studies, molecular dynamics simulations and MM-GBSA analysis. This study has revealed that three biflavonoids of *T. nucifera* (amentoflavone, bilobetin and ginkgetin) have a stronger binding affinity towards Mpro and may possibly act as inhibitors for the SARS CoV-2 Mpro.

## 2. Materials and methods

### 2.1. Preparation of Mpro

The SARS CoV-2 Mpro crystal structure was retrieved from the RCSB Protein Data Bank (<http://www.rcsb.org>) (PDB ID: 6LU7) (Jin, Du, et al., 2020). Then the presence of improper bonds, missing hydrogens, side-chain anomalies were checked and corrected accordingly. After correcting all those aspects, the structure file was inserted into AutoDock Tools and regular procedures were followed to get pdbqt file format of Mpro (Morris et al., 2008, 2009).

### 2.2. Preparation of the ligands

Each of the structures of *T. nucifera* diterpenoids and biflavonoids was retrieved from the PubChem database server in MDL/SDF format (<https://pubchem.ncbi.nlm.nih.gov>). Then B3LYP/6-31G\* basis set in Gaussian09 software was used for the optimization of each of the *T. nucifera* diterpenoids and biflavonoids (Frisch et al., 2016). These ligands were then prepared using the AutoDock Tools involving the addition of hydrogen followed by assignment of the appropriate ionization state of each ligand and regular processes were used in AutoDock Tools to obtain the pdbqt files for *T. nucifera* diterpenoids and biflavonoids.

### 2.3. Molecular docking

We have used AutoDock Vina for the entire docking calculations of Mpro with N3, lopinavir and *T. nucifera* diterpenoids and biflavonoids where the grid box with a 10.0 Å radius throughout the active site region was chosen (Morris et al., 2008, 2009). The lowest root mean square deviation (RMSD), and the highest Vina score conformations of each complex were selected. The output from AutoDock Vina was rendered with DS visualizer software (Biovia, 2017).

### 2.4. Molecular dynamics simulation

We have performed molecular dynamics (MD) simulations of unligated Mpro, Mpro-N3, Mpro-lopinavir, Mpro-amentoflavone, Mpro-bilobetin and Mpro-ginkgetin complexes using the GROMACS 2019 (Abraham et al., 2015). We have used the GROMOS9653a6 force field and SPC water model for all the simulations, where the PRODRG server was used for the ligand topologies (Oostenbrink et al., 2004; Schuttelkopf & van Aalten, 2004). The LINCS algorithm was used to constrained all bond the lengths of protein and N3/lopinavir/*T. nucifera* biflavonoids, while to restrain water molecules we have used the SETTLE algorithm (Hess et al., 1997; Miyamoto & Kollman, 1992). A total number of 30226, 30205, 30208, 30198, 30196 water molecules containing the unligated Mpro, Mpro-N3, Mpro-lopinavir, Mpro-amentoflavone, Mpro-bilobetin and Mpro-ginkgetin complexes, respectively, were placed in a cubic box system. Each system was energy-minimized using the steepest descent algorithm and equilibrated to achieve the appropriate volume. The leapfrog algorithm with time step 2 fs was used and at every 5 steps, the neighbour list was updated. The Long-range electrostatics was calculated using the Particle Mesh Ewald method with cut off 1.2 nm and a Fourier grid spacing of 1.2 nm (Essmann et al., 1995). The periodic boundary conditions were applied and equilibration of the systems was carried out mainly in two stages. First, the system was equilibrated at 300 K in the NVT ensemble using the v-rescale algorithm for 10 ns. Then the system was further equilibrated in the NPT ensemble for 10 ns by positional restraining of the complexes (unligated Mpro, Mpro-N3, Mpro-lopinavir and Mpro-*T. nucifera* biflavonoid complexes). The Parrinello-Rahman method and Berendsen barostat were employed to maintain the pressure



and temperature, respectively (Berendsen et al., 1984; Parrinello & Rahman, 1981). For each system, the average temperature and pressure values remained close to the desired values. The equilibrated systems were then subjected to unrestrained production MD simulations for 100 ns each, maintaining target pressure (1 bar) and temperature (300 K). In order to check the reproducibility of the results, repeating simulations for each of the system for five times with independent equilibration times and initial velocities were carried out. The overall trends in the several properties after MD simulation remained the same. Finally, we have used the MD trajectories for each system to calculate some important parameters in order to check protein-ligand interactions, namely, root mean square deviation (RMSD), root mean square fluctuation (RMSF), the radius of gyration (Rg), and solvent accessible surface area (SASA) (Ghosh et al., 2020a, 2020b). We also analyzed the secondary structure of Mpro in all these systems as well as analyzed the number of hydrogen bonds formed between Mpro and different compounds (N3, lopinavir, amentoflavone, bilobetin and ginkgetin) throughout the entire MD run (Bharadwaj et al., 2020).

### 2.5. MM-GBSA analysis

Recently to calculate the binding free energies of ligands to the receptor, several implicit solvent models have been used such as a) the Molecular Mechanics Generalized Born Surface Area (MM-GBSA) b) Molecular Mechanics Poisson-Boltzmann Surface Area (MM-PBSA) and c) Free energy perturbation, etc (Chen, 2016; Chen et al., 2015; Das et al., 2019; Hou et al., 2011). Here we have used the MM-GBSA method to calculate the relative binding free energies of N3, lopinavir and *T. nucifera* biflavonoids to Mpro. We have calculated the MM-GBSA from the entire trajectory of each MD simulation run for different systems (Mpro-N3, Mpro-lopinavir and three Mpro-biflavonoids complexes). For that, we have taken the entire 100 ns trajectory of each MD simulation and extracted the coordinate file at every 5 ns interval. From these 20 points, we have calculated the MM-GBSA value for each system. The resultant/average binding free energy value was computed from these five independent analysis. The free energy of binding can be calculated as  $\Delta G_{\text{bind}} = E_{\text{complex}} - (E_{\text{ligand}} + E_{\text{receptor}})$ . Actually,  $\Delta G_{\text{bind}}$  is the energy difference between the complex and sum of the energies of the receptor and ligand. The energy for complex ( $E_{\text{complex}}$ ), receptor ( $E_{\text{receptor}}$ ) and ligand ( $E_{\text{ligand}}$ ) can be further divided into molecular mechanics (electrostatic and van der Waals) and solvation (polar and non-polar) components,  $E_{\text{Total}} = E_{\text{MM}} + E_{\text{Sol}}$ .

Prime MM-GBSA uses the VSGB 2.0 implicit solvation model to estimate the binding energy of the receptor-ligand complex. The generalized Born model with an external dielectric constant of 80 and an internal dielectric constant of 1, for the estimation of the polar contribution of the free energy, while the non-polar energy contribution is calculated from the solvent-accessible surface area (SASA). The prime module of the Schrodinger suite (Schrödinger Release 2020-1: Prime, Schrödinger, LLC, New York, NY, 2020) was used for all MM-GBSA calculations.

### 2.6. Pharmacokinetic properties analysis

SwissADME and pkCSM-pharmacokinetics online softwares were used for the prediction of different pharmacokinetic properties of diterpenoids and biflavonoids from *T. nucifera* (Daina et al., 2017; Pires et al., 2015). Levels of toxicity along with the drug-likeness properties of these polyphenols such as absorption, distribution, metabolism and excretion parameters were mainly scrutinized.

## 3. Result and discussion

In 2005, Rao and coworkers designed a Michael inhibitor named N3 which efficiently inhibited the proteolytic activity of SARS CoV-1 Mpro as well as MERS CoV Mpro (Yang et al., 2005). Yang and coworkers took this inhibitor and docked into the constructed homology modeled SARS CoV-2 Mpro (Jin, Du, et al., 2020). They observed that N3 binds to the substrate-binding site of SARS CoV-2 Mpro. With the aid of experimental studies, the authors have shown that N3 inhibits the enzymatic activity of SARA CoV-2 Mpro via two-step irreversible inactivation process. The authors also determined the crystal structure of SARS CoV-2 Mpro in complex with N3 (Jin, Du, et al., 2020). The three-dimensional structure of Mpro in this co-crystal revealed that N3 binds to the Cys-His catalytic dyad of Mpro. Later, many investigators including us have chosen N3 as standard substrate and compared the binding affinity and/or binding modes between various small molecules including green tea polyphenols with that of "Mpro-N3 complex" (Ghosh et al., 2020a; Odhar et al., 2020). Besides N3, many anti-HIV drugs also have a good binding affinity towards the active site of Mpro (Beck et al., 2020). One such important anti-HIV drug is lopinavir. In the recent past, lopinavir has been also taken as a standard Mpro inhibitor by us and other investigator (Bhardwaj et al., 2020; Ghosh et al., 2020b). Thus, we have decided to take these two compounds (N3 and lopinavir) as standard inhibitors for this study. We also decided to screen the diterpenoids (18-hydroxyferruginol, hinokiol, ferruginol, 18-oxoferruginol, O-acetyl-18-hydroxyferruginol, methyl dehydroabietate, isopimaric acid, kayadiol) and biflavonoids (amentoflavone, bilobetin, ginkgetin, sciadopitysin) from *T. nucifera* with the aid of pharmacokinetic analysis before assessing their binding propensity towards Mpro.

### 3.1. Screening of diterpenoids and biflavonoids of *Torreya nucifera* using pharmacokinetic analysis

Understanding the pharmacokinetic behavior of a particular compound is extremely essential for assessing its suitability towards human administration. Pharmacokinetics properties obtained from SwissADME and pkCSM-pharmacokinetics tools were listed in Table 1.

The molecular weight of all twelve phytochemicals was ranging from ~286 to ~581 g/mol. Thus, their transportation, diffusion and absorption inside the body could be easier. The TPSA value of all the phytochemicals was less than 200 Å<sup>2</sup> (~20–182 Å<sup>2</sup>) which indicating their good bioavailability.

**Table 1.** Pharmacokinetic properties of diterpenoids and biflavonoids from *Torreya nucifera*.

Compound	MW	H-Ac	H-Do	Nrot	TPSA	LogP	IA	TC	LD50	HT	AT	MTD	NLV
18-hydroxyferruginol	302.45	2	2	2	40.46	4.5182	92.113	0.693	2.601	No	No	-0.194	0
Hinokiol	302.45	2	2	1	40.46	4.5166	91.639	0.658	2.423	No	No	0.057	0
Ferruginol	286.45	1	1	1	20.23	5.5458	91.755	0.688	2.559	No	No	-0.09	1
18-oxoferruginol	300.44	2	1	2	37.30	4.7248	92.986	0.743	2.545	No	No	-0.238	0
O-acetyl-18-hydroxyferruginol	344.49	3	1	4	46.53	4.7379	93.263	0.659	2.524	No	No	-0.7	1
Methyl dehydroabietate	314.46	2	0	3	26.30	4.9933	95.12	1.055	2.377	No	No	-0.188	1
Isopimaric acid	302.45	2	1	2	37.30	5.2062	97.652	0.717	1.881	Yes	No	-0.246	1
Kayadiol	306.48	2	2	5	40.46	4.4764	93.48	1.244	3.051	No	No	-1.511	0
Amentoflavone	538.46	10	6	3	181.80	5.134	84.356	0.484	2.527	No	No	0.438	2
Bilobetin	552.48	10	5	4	170.80	5.437	86.049	0.571	2.56	No	No	0.437	1
Ginkgetin	566.51	10	4	5	159.80	5.74	95.376	0.646	2.733	No	No	0.427	1
Sciadopitysin	580.54	10	3	6	148.80	6.043	98.322	0.833	3.06	Yes	No	0.419	1

MW = Molecular weight (g/mol); H-Ac = No. of hydrogen bond acceptor; H-Do = No. of hydrogen bond donors; Nrot = No. of rotatable bonds; TPSA = Topological polar surface area ( $\text{\AA}^2$ ); LogP = Predicted octanol/water partition coefficient; IA = Intestinal absorption (% Absorbed); TC = Total clearance (log ml/min/kg); LD50 = Oral rat acute toxicity (mol/kg); HT = Hepatotoxicity; AT = AMES toxicity; MTD = Maximum tolerated dose for human (log mg/kg/day); NLV = No. of Lipinski rule violation.

Thus analysis further revealed that isopimaric acid (diterpenoid) and sciadopitysin (biflavonoid) are hepatotoxic molecules. Furthermore, an unfavorable (negative) tolerance dose of seven diterpenoids (18-hydroxyferruginol, ferruginol, 18-oxoferruginol, O-acetyl-18-hydroxyferruginol, methyl dehydroabietate, isopimaric acid and kayadiol) was evidenced. Such unfavorable tolerance dose ruled out the possibility of their usage as a potential drug for humans. The remaining one diterpenoid (hinokiol) and three biflavonoids (amentoflavone, bilobetin and ginkgetin) were found non-toxic and satisfied all the drug-likeness characteristics. Therefore, we selected these four phytochemicals for probing their binding propensity towards SARS CoV-2 Mpro using molecular docking studies.

### 3.2. Assessment of binding affinity and binding modes of different diterpenoids and biflavonoids using molecular docking studies

N3, lopinavir and phytochemicals of *T. nucifera* those possessing favorable drug-likeness characteristics were docked to assess the phytochemical(s) exhibiting the higher or comparable binding energy to that of "Mpro-N3/lopinavir interaction". The binding energy of N3 and lopinavir towards Mpro was  $-7.0$  and  $-7.3$  kcal/mol, respectively (Table 2) (Ghosh et al., 2020a, 2020b).

We also determined the binding energy of four phytochemicals (hinokiol, amentoflavone, bilobetin and ginkgetin) towards Mpro using molecular docking studies. It was found that the binding energy of the only diterpenoid i.e. hinokiol ( $-6.4$  kcal/mol) was lower as compared to the binding energy of selected standards (N3 and lopinavir) towards Mpro (Table 2). On the contrary, three biflavonoids (amentoflavone, bilobetin and ginkgetin) exhibited higher binding affinity ( $-9.0$  to  $-9.2$  kcal/mol) towards Mpro than that of N3 and lopinavir (Table 2). As amentoflavone, bilobetin and ginkgetin had higher binding affinity than N3 and lopinavir, we decided to proceed further with these three biflavonoids.

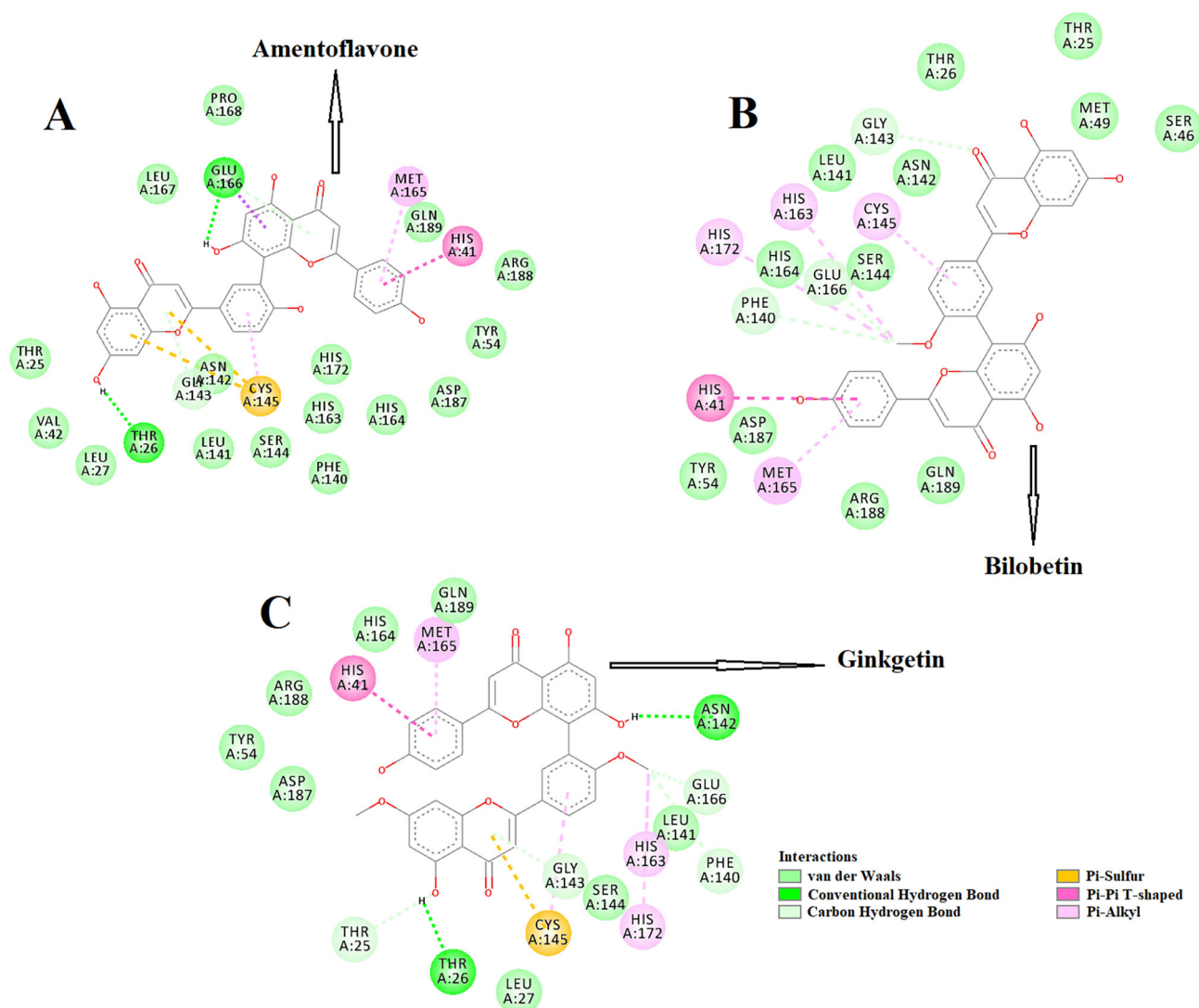
The amino acid residues within the active site of Mpro which were interacting with these three selected biflavonoids were carefully examined with the aid of discovery studio visualizer. It was evidenced that amentoflavone, bilobetin

**Table 2.** The binding energy of N3, lopinavir and different phytochemicals (diterpenoid & biflavonoids) of *T. nucifera* with the active site of SARS CoV-2 Mpro.

Drug	Binding energy (kcal/mol)
N3	-7.0
Lopinavir	-7.3
Hinokiol	-6.4
Amentoflavone	-9.2
Bilobetin	-9.1
Ginkgetin	-9.0

and ginkgetin efficiently interacted with different amino acid residues of domain I and II of Mpro (Figure 2).

When amentoflavone was docked into the active site of Mpro, two hydrogen bond interactions [Thr26 (2.3  $\text{\AA}$ ) and Glu166 (2.2  $\text{\AA}$ )], seventeen van der Waals interactions (Thr25, Leu27, Leu42, Tyr54, Phe140, Leu141, Asn142, Gly143, Ser144, His163, His164, Leu167, Pro168, His172, Asp187, Arg188 and Gln189) were evidenced (Figure 2(A)). Besides these, one  $\pi$ -sulfur (Cys145), one  $\pi$ -alkyl (Met165) and one  $\pi$ - $\pi$  (His41) interactions were evidenced in the Mpro-amentoflavone complex (Figure 2(A)). Interestingly, no hydrogen bond interaction was observed when bilobetin interacted with Mpro (Figure 2(B)). But a total number of twelve van der Waals interactions (Thr25, Thr26, Ser46, Met49, Tyr54, Leu141, Asn142, Ser144, His164, Asp187, Arg188, Gln189), three C-H interactions (Phe140, Gly143 and Glu166), four  $\pi$ -alkyl interactions (Cys145, His163, Met165, His172) and a single  $\pi$ - $\pi$  interaction (His41) was observed in the Mpro-bilobetin complex (Figure 2(B)). On the other hand, a couple of H-bond interactions [Thr26 (2.3  $\text{\AA}$ ) and Asn142 (2.3  $\text{\AA}$ )] were observed when ginkgetin was docked to the active site of Mpro (Figure 2(C)). Mpro-ginkgetin complex was further stabilized by four C-H interactions (Thr25, Phe140, Gly143 and Glu166), eight van der Waals interactions (Leu27, Tyr54, Leu141, Ser144, His164, Asp187, Arg188 and Gln189), three  $\pi$ -alkyl interactions (His163, Met165 and His172), one  $\pi$ -sulfur (Cys145) interaction and a single  $\pi$ - $\pi$  interaction (His41) (Figure 2(C)). Even, the interaction of two selected standards (N3 and lopinavir) with several critical residues within the active site of Mpro was well-evidenced in our previous studies (Ghosh et al., 2020a, 2020b). The Mpro-N3 complex was stabilized by multiple hydrogen bond interactions (especially with His41 and Cys145 of Mpro) and many other non-



**Figure 2.** Molecular docking of three *T. nucifera* biflavonoids (amentoflavone, bilobetin and ginkgetin) with Mpro. The docked conformation of the Mpro-amentoflavone complex (panel A), Mpro-bilobetin complex (panel B) and Mpro-ginkgetin complex (panel C) depicting the possible interactions with various amino acids of Mpro. All of them interact with various amino acid residues including His41 and Cys145 of Mpro.

covalent interactions (Ghosh et al., 2020a). We also evidenced that Cys145, Met49 and Pro168 of Mpro interacted with lopinavir via hydrogen bond,  $\pi$ -sulfur bond and alkyl bond, respectively (Ghosh et al., 2020b). Lopinavir also formed numerous van der Waals interactions with various amino acid residues (Thr25, Thr26, Leu141, Tyr54, Phe140, Asn142, Gly143, His163, His164, Met165, Glu166, Leu167, Asp187, Arg188, Gln189, Thr190 and Gln192) of Mpro (Ghosh et al., 2020b). Overall, molecular docking studies clearly revealed that selected three biflavonoids (amentoflavone, bilobetin and ginkgetin) interacted with two key residues (His41 and Cys145) of Mpro via alkyl bond(s) interactions (Figure 2). In fact, there are many reports available in the literature where investigators noticed the formation of non-covalent bonds (other than H-bond) including alkyl bond(s) between compounds and residues of catalytic site (His41 and Cys145) of the Mpro (Bharadwaj et al., 2020; Bhardwaj et al., 2020; Ghosh et al., 2020b; Gurung et al., 2020; Joshi, Joshi, et al., 2020; Odhar et al., 2020). We believe that the availability and/or accessibility of Cys145 as well as His41 of Mpro may be ceased down due to the formation of alkyl bond(s)

between compounds and these two residues of Mpro and such alterations possibly can inhibit its (Mpro) catalytic activity. Moreover, their binding affinity towards Mpro was more than the binding affinity of N3/lopinavir to Mpro (Table 2). Thus, it can be concluded that amentoflavone, bilobetin and ginkgetin may possibly inhibit the proteolytic activity of Mpro and may potentially be used to treat patients with COVID-19. We also computed the inhibition constant ( $k_i$ ) so as to get the idea about the inhibition potency of amentoflavone, bilobetin and ginkgetin towards Mpro (Gurung et al., 2020). Inhibition constant ( $k_i$ ) was estimated using the following equation

$$k_i = \exp(\Delta G/RT) \quad (1)$$

where  $\Delta G$  is the binding energy in kcal/mol, R is the universal gas constant ( $1.987 \text{ calK}^{-1} \text{ mol}^{-1}$ ) and T is the temperature (298 K).

For the docked structure (having lowest energy) of Mpro-amentoflavone complex, Mpro-bilobetin complex and Mpro-ginkgetin complex, the *in silico* determined  $k_i$  value at 298 K was  $1.7 \times 10^{-7}$  M,  $2.1 \times 10^{-7}$  M and  $2.6 \times 10^{-7}$  M,



respectively. These computed  $k_i$  values are far lower than their toxicity dose (LD50) range (mentioned in Table 1) which further validates the strong candidature of these three biflavonoids as target drugs to bind SARS CoV-2 Mpro.

These three Mpro-biflavonoid complexes were further subjected to molecular dynamics simulations as well as binding free energy computations to assess the stability of these complexes.

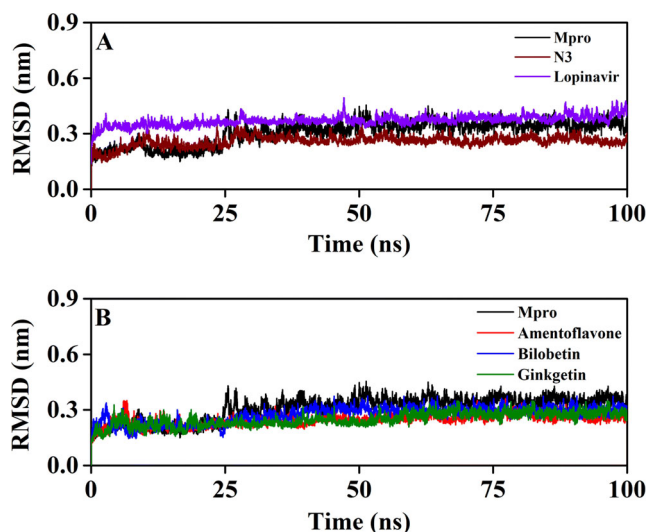
### 3.3. Molecular dynamics simulation studies

MD simulations were performed for 100 ns using the GROMOS9653a6 force field. Prior to assessing overall complex stability and various other important structural properties, we determined the binding modes/residues within the Mpro-amentoflavone, Mpro-bilobetin and Mpro-ginkgetin complex after the end of the MD run.

One  $\pi$ - $\pi$  interaction (His41), one  $\pi$ -sigma interaction (Glu166), two  $\pi$ -alkyl interaction (Cys145, Met165), fifteen van der Waals interactions (Thr25, Thr26, Leu27, Ser46, Tyr54, Phe140, Leu141, Asn142, Ser144, His163, His164, His172, Asp187, Arg188, Gln189) and two hydrogen bond interactions [Met49 (2.4 $\text{\AA}$ ), Gly143 (2.4 $\text{\AA}$ )] were evidenced in Mpro-amentoflavone system (Supplemental Figure 2A). Interestingly, two hydrogen bond interactions [Ser46 (2.4 $\text{\AA}$ ), Gly143 (2.4 $\text{\AA}$ )] were observed in the Mpro-bilobetin system (Supplemental Figure 2B). The other interactions which stabilized the Mpro-bilobetin system were eleven van der Waals interactions (Thr25, Thr26, Leu27, Tyr54, Leu141, Asn142, Ser144, His164, Asp187, Arg188, Gln189), two C-H bond interactions (Phe140 and Glu166), two alkyl interactions (His163 and His172), three  $\pi$ -alkyl interactions (Met49, Cys145 and Met165) and one  $\pi$ - $\pi$  interaction (His41) (Supplemental Figure 2B). On the other hand, two C-H bond interactions (Phe140, Leu141), two  $\pi$ -alkyl interactions (Cys145, Met165), one alkyl interaction (His163), one  $\pi$ - $\pi$  interaction (His41), one  $\pi$ -sulfur interaction (Met49), ten van der Waals interactions (Thr25, Thr26, Tyr54, Ser144, His164, Glu166, His172, Asp187, Arg188, Gln189) and two hydrogen bond interactions [Asn142 (2.2 $\text{\AA}$ ), Gly143 (2.3 $\text{\AA}$ )] were evidenced in Mpro-ginkgetin complex (Supplemental Figure 2C). This analysis clearly revealed that the interaction of these three biflavonoids with many important amino acid residues (including His41 and Cys145) of Mpro remained intact even after the MD run. These findings validated the stability of these complexes as well as strengthen their candidatures as SARS CoV-2 Mpro inhibitors.

#### 3.3.1. Conformational stability and conformational fluctuation analysis

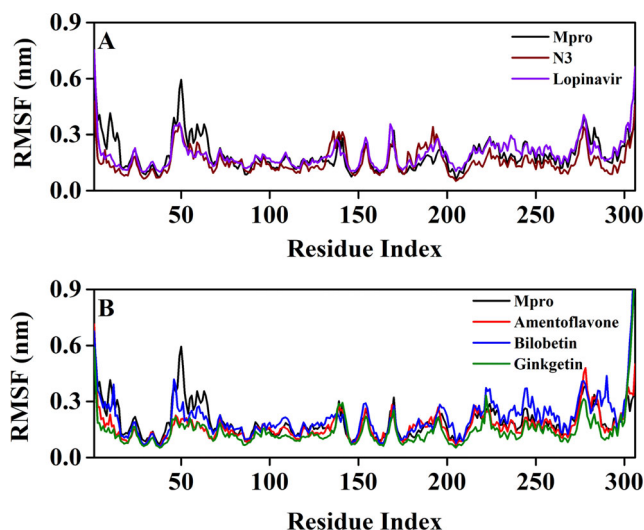
To corroborate the stability of Mpro-amentoflavone, Mpro-bilobetin and Mpro-ginkgetin complexes, we estimated the RMSD of backbone alpha carbon atoms of these three systems and compared the same with that of three other systems (unligated Mpro, Mpro-N3 and Mpro-lopinavir) (Figure 3). For unligated Mpro, the RMSD value from 2 ns to 17 ns maintained a constant value ( $\sim$ 0.21–0.22 nm). The value increased



**Figure 3.** The RMSD plots of unligated Mpro, Mpro-N3, Mpro-lopinavir and three Mpro-biflavonoid complexes. The RMSD plots of unligated Mpro, Mpro-N3 and Mpro-lopinavir systems are plotted in panel A while panel B represents the RMSD plots of unligated Mpro, Mpro-amentoflavone, Mpro-bilobetin and Mpro-ginkgetin complexes. The MD simulations for each system were performed for 100 ns.

progressively and reached  $\sim$ 0.31 nm (with some fluctuations) at 65 ns and remained almost the same till the end of the MD run (Figure 3(A, B)) (Ghosh et al., 2020b). The RMSD value of the Mpro-N3 complex was  $\sim$ 0.18 nm at 2 ns, which rose to  $\sim$ 0.28 nm at 10 ns. The RMSD magnitude remains the same ( $\sim$ 0.28 nm) until 25 ns. Then, within the next 6 ns, the value was slightly decreased ( $\sim$ 0.26 nm) and persisted at the same value till 100 ns (Figure 4(A)). The RMSD values for Mpro-lopinavir complexes were found to remain almost constant ( $\sim$ 0.36–0.37 nm) from 10 ns to 100 ns with some marginal fluctuations (Figure 4(A)) (Ghosh et al., 2020b). The RMSD value of the Mpro-amentoflavone complex increased from  $\sim$ 0.18 nm (at 2 ns) up to  $\sim$ 0.25 nm (at 30 ns) and remained almost constant till the end of the MD run with some marginal fluctuations (Figure 3(B)). For the Mpro-bilobetin complex, the RMSD value from 2 ns to 24 ns maintained a constant value ( $\sim$ 0.22 nm). Thereafter, the value increased gradually and reached to  $\sim$ 0.4 nm at 40 ns. Then, the RMSD value slightly decreased and persisted at  $\sim$ 0.38 nm from 53 ns till the end of the MD run (Figure 3(B)). For Mpro-ginkgetin complex, the RMSD value from 2 ns to 21 ns oscillated between  $\sim$ 0.19–0.21 nm. Thereafter a gradual increase of RMSD value was observed upto 57 ns ( $\sim$ 0.26 nm) and maintained equilibrium upto 100 ns of MD run (Figure 3(B)). The average RMSD values (computed from 5 independent analysis) for unligated Mpro, Mpro-N3 and Mpro-lopinavir complex were found to be 0.297 nm, 0.249 nm and 0.364 nm, respectively (Table 3). Whereas, the average RMSD values of, Mpro-amentoflavone, Mpro-bilobetin and Mpro-ginkgetin complexes (yielded from 5 independent analysis) were 0.248 nm, 0.279 nm and 0.246 nm, respectively (Table 3), suggesting that these three complexes are stable. However, the stability of Mpro-bilobetin is least among all of them. Also we can say that Mpro-amentoflavone, Mpro-bilobetin and Mpro-ginkgetin complexes are more stable than the Mpro-lopinavir system.





**Figure 4.** RMSF profiles of unligated Mpro and Mpro complexed with two selected standards and three *T. nucifera* biflavonoids. The RMSF values of unligated Mpro, Mpro-N3 and Mpro-lopinavir complexes are plotted in **panel A** against the amino acid residues of Mpro. **Panel B** represents the RMSF plots of unligated Mpro, Mpro-amentoflavone, Mpro-bilobetin and Mpro-ginkgetin complexes against the amino acid residues of Mpro.

**Table 3.** Average values of the RMSD and RMSF for the simulated systems.

System	RMSD* (nm)	RMSF* (nm)
Unligated Mpro	0.297 ± 0.0531	0.1825 ± 0.0248
Mpro-N3	0.249 ± 0.0438	0.1463 ± 0.0219
Mpro-lopinavir	0.364 ± 0.0572	0.1836 ± 0.0318
Mpro-amentoflavone	0.248 ± 0.0418	0.1372 ± 0.0219
Mpro-bilobetin	0.279 ± 0.0446	0.1413 ± 0.0312
Mpro-ginkgetin	0.246 ± 0.0414	0.1334 ± 0.0246

\*For obtaining the average value, 5 independent MD trajectories were analyzed with the aid of RMSD and RMSF.

The conformational flexibility of unligated Mpro, Mpro-N3, Mpro-lopinavir and three Mpro-biflavonoid complexes was assessed by calculating the RMSF of alpha carbon atoms corresponding to these systems (Figure 4). It was quite evident from the RMSF profiles that the Mpro-lopinavir and Mpro-bilobetin complexes suffer more conformational fluctuations in domain III. In the case of unligated Mpro system, most of the amino acid residues within the domain I and II of this system had RMSF fluctuation below 0.3 nm (Figure 4(A, B)). Only residues 45-60 pertaining to this system experienced higher fluctuations (up to ~0.6 nm). The average RMSF value (obtained from 5 independent analysis) for the unligated Mpro system was ~0.183 nm (Table 3). The RMSF plot of the Mpro-N3 complex reflected that very few amino acid residues within domain I, II and III have an RMSF value of more than 0.25 nm (Figure 4(A)). Interestingly, the RMSF values of several stretches within these three domains of this system (residues 132-138 and 177-195) were more compared to that of the unligated system. The Mpro-lopinavir system experienced more or less similar conformational fluctuations to that of the unligated Mpro system (Figure 4(A)). The fluctuations for many amino acid residues of domain I were reduced upon the binding of lopinavir to Mpro. The average RMSF value for Mpro-N3 and Mpro-lopinavir system was

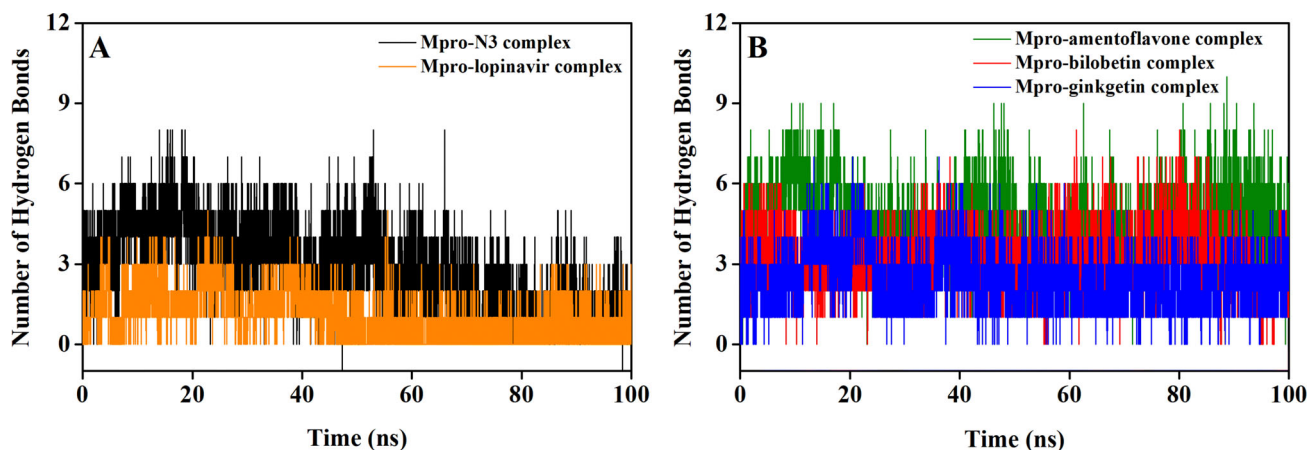
~0.146 nm and ~0.184 nm, respectively (Table 3). Upon analyzing all the RMSF profiles, it was clearly observed that Mpro-amentoflavone and Mpro-ginkgetin complexes showed lower fluctuations (especially in domain I and II; except residues 177-184 for Mpro-amentoflavone complex) as compared to the unligated Mpro and Mpro-N3/lopinavir complexes (Figure 4(B)). The average RMSF values of Mpro-amentoflavone and Mpro-ginkgetin complexes were ~0.137 nm and ~0.133 nm, respectively (Table 3). Even in Mpro-bilobetin complexes, the fluctuations of most of the amino acid residues (residues 98-111, 152-155 and 175-184 in Mpro-bilobetin complex) residing at the domain I and II were reduced (Figure 7). The average RMSF value of this complex is ~0.141 nm (Table 3). In fact, it was clearly evident from the RMSF plots that many key amino acid residues in the catalytic/active site of Mpro (especially His41 and Cys145) were significantly reduced after binding to these three biflavonoids. These results further suggested that all three Mpro-biflavonoids complexes experience less conformational fluctuations than that of the Mpro-N3/Mpro-lopinavir complex.

### 3.3.2. Hydrogen bond analysis

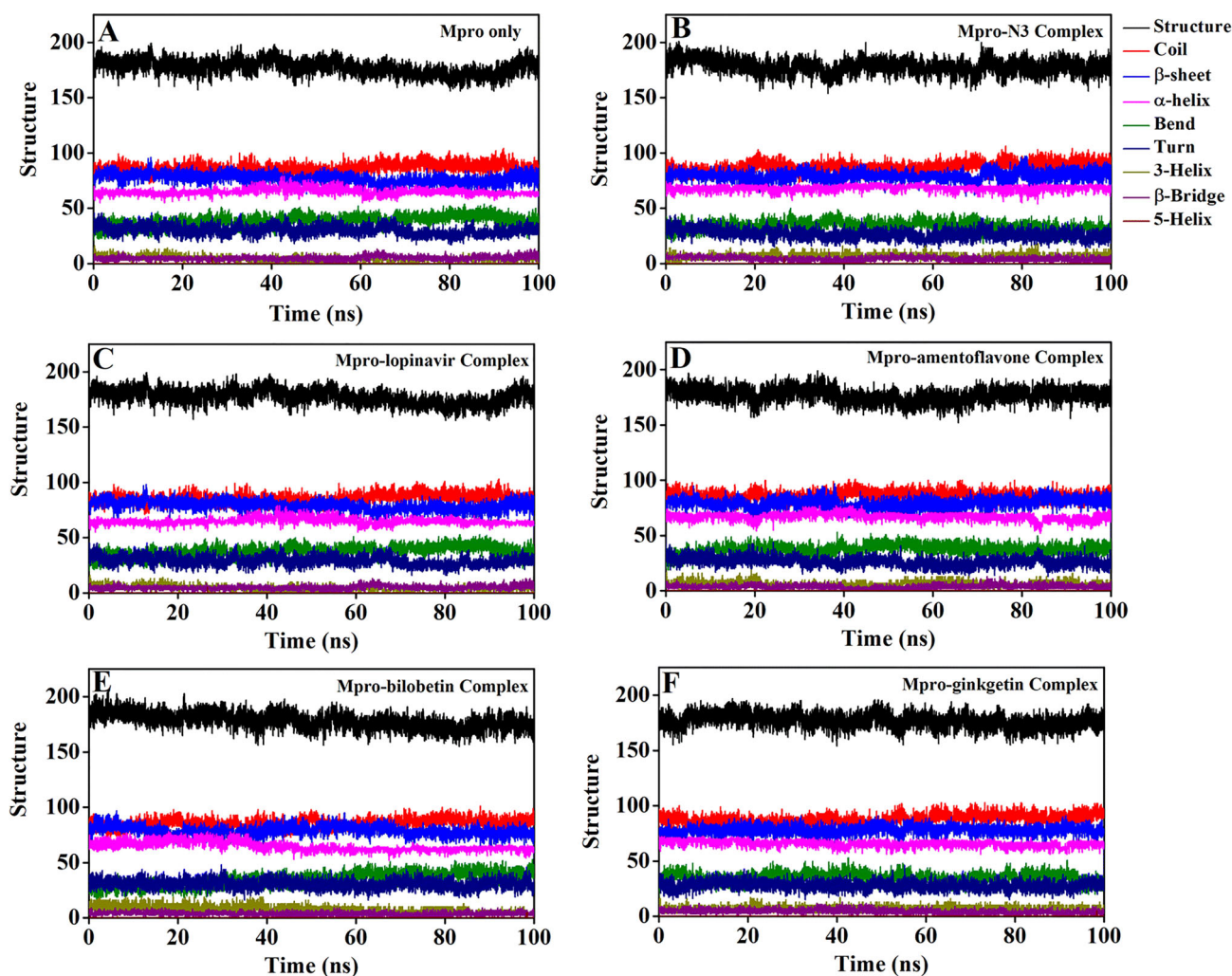
Hydrogen bonds are usually very specific bonds and are often responsible for receptor-ligand stability. In order to get the idea about the binding strength/stability of Mpro-N3, Mpro-lopinavir and three Mpro-biflavonoid complexes, we estimated the number of hydrogen bonds formed throughout the MD run and presented in Figure 5. In the Mpro-N3 complex, the majority of conformations formed up to 3 hydrogen bonds during the MD simulation (Figure 5(A)). A small number of conformations exhibited less than 1 and greater than 5 hydrogen bonds. When lopinavir was complexed with Mpro, the existence of an average number of 1 hydrogen bond was evidenced (Figure 5(A)). Interestingly, in both Mpro-bilobetin and Mpro-ginkgetin complex, the average number of hydrogen bonds formed was 3 (Figure 5(B)). However, the biflavonoid amentoflavone had most of the intermolecular hydrogen bonding with Mpro between 2 to 7 throughout the whole simulation process with an average value of 5 (Figure 5(B)). These results clearly indicated that these three biflavonoids form a greater number of hydrogen bonds with Mpro during the simulation than lopinavir and/or N3. Also, it can be suggested that these Mpro-biflavonoid complexes are highly stable.

### 3.3.3. Secondary structural analysis during MD simulation

In order to assess the binding effect of N3, lopinavir and selected biflavonoids (amentoflavone, bilobetin and ginkgetin) to the structure/conformation (especially secondary structure) of Mpro during the entire MD run, we investigated the conformations/snapshots from trajectory corresponding to every 25 ns time interval. The snapshots presented in Supplemental Figures 3 and 4 indicated that the secondary structural elements of Mpro ( $\alpha$ -helix and  $\beta$ -sheet) remain unaffected upon complexation with N3, lopinavir and three biflavonoids during 100 ns MD simulation. We also observed



**Figure 5.** Hydrogen bond profiles of Mpro complexed with selected standards and *T. nucifera* biflavonoids. The hydrogen bond profiles of Mpro-N3 complex (black) and Mpro-lopinavir complex (orange) are plotted in panel A while panel B represents the hydrogen bond profiles of Mpro-amentoflavone (green), Mpro-bilobetin (red) and Mpro-ginkgetin (blue) complexes throughout the 100 ns of MD run.



**Figure 6.** Analysis of Mpro secondary structure in different systems during 100 ns MD simulation. The secondary structure content of Mpro in (A) unligated Mpro system, (B) Mpro-N3 system, (C) Mpro-lopinavir system, (D) Mpro-amentoflavone system, (E) Mpro-bilobetin system and (F) Mpro-ginkgetin system.

that the biflavonoids are persistently bound to the active/catalytic site without any structural modification, suggesting that the Mpro-biflavonoid complexes are highly stable.

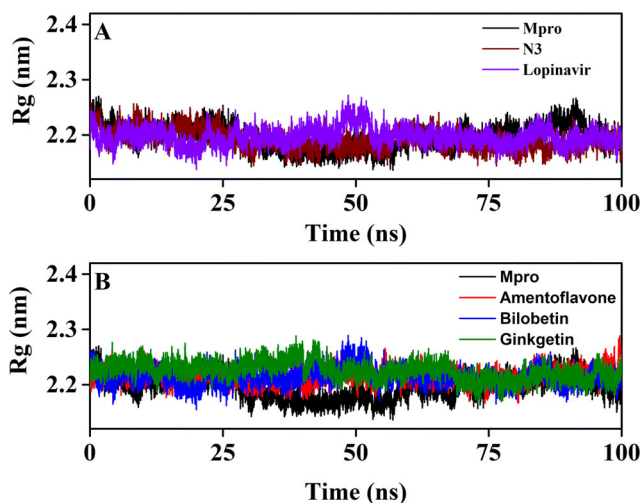
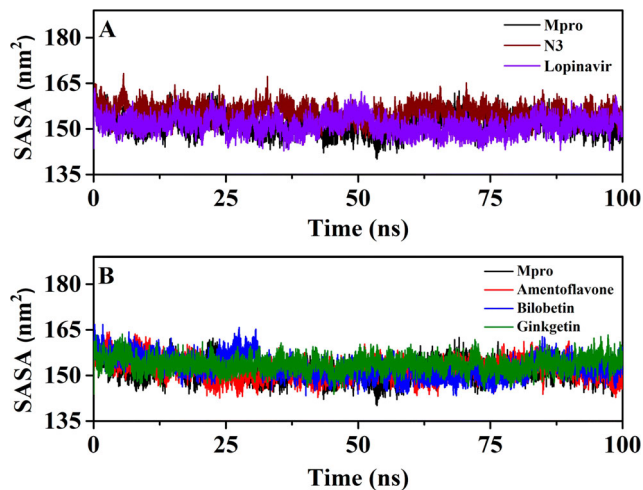
The secondary structural analysis of unligated Mpro, as well as Mpro complexed with N3, lopinavir and three

biflavonoids were estimated with the aid of using `gmx_do_dssp` option (Figure 6, Supplemental Figure 5 and Table 4).

The content of  $\alpha$ -helix,  $\beta$ -sheet,  $\beta$ -bridge and turn in Mpro only/unligated Mpro was 21%, 25%, 2% and 10%,

**Table 4.** The overall percentage of secondary structure elements of Mpro in unligated Mpro, Mpro-N3, Mpro-lopinavir and three Mpro-biflavonoid complexes.

Systems	Structure ( $\alpha$ -helix + $\beta$ -sheet + $\beta$ -bridge + Turn) (%)	Coil (%)	$\beta$ -sheet (%)	$\beta$ -bridge (%)	Bend (%)	Turn (%)	$\alpha$ -helix (%)	5-helix (%)	3-helix (%)
Unligated Mpro	58.0	28.0	25.0	2.0	13.0	10.0	21.0	0.0	1.0
Mpro-N3	58.0	28.0	26.0	1.0	12.0	9.0	22.0	0.0	2.0
Mpro-lopinavir	59.0	27.0	27.0	2.0	13.0	9.0	21.0	0.0	1.0
Mpro-amentoflavone	59.0	28.0	26.0	2.0	12.0	9.0	22.0	0.0	1.0
Mpro-bilobetin	60.0	28.0	27.0	1.0	11.0	10.0	22.0	0.0	1.0
Mpro-ginkgetin	59.0	29.0	26.0	2.0	11.0	9.0	22.0	0.0	1.0

**Figure 7.** The Rg plots of unligated Mpro and Mpro complexed with two selected standards and three *T. nucifera* biflavonoids. The Rg plots of unligated Mpro, Mpro-N3 and Mpro-lopinavir complexes are plotted in **panel A** while **panel B** represents the Rg plots of unligated Mpro, Mpro-amentoflavone, Mpro-bilobetin and Mpro-ginkgetin complexes. The MD simulations for each system were performed for 100 ns.**Figure 8.** The SASA plots of unligated Mpro and Mpro complexed with selected standards and *T. nucifera* biflavonoids. The SASA plots of unligated Mpro, Mpro-N3 and Mpro-lopinavir complexes are plotted in **panel A** while **panel B** represents the SASA plots of unligated Mpro, Mpro-amentoflavone, Mpro-bilobetin and Mpro-ginkgetin complexes. The MD simulations for each system were performed for 100 ns.**Table 5.** Average values of the Rg and SASA of the simulated systems.

System	Rg* (nm)	SASA* (nm <sup>2</sup> )
Unligated Mpro	2.183 ± 0.0217	151.4341 ± 0.0236
Mpro-N3	2.181 ± 0.0213	155.3633 ± 0.0328
Mpro-lopinavir	2.185 ± 0.0228	151.2614 ± 0.0225
Mpro-amentoflavone	2.181 ± 0.0215	152.0211 ± 0.0216
Mpro-bilobetin	2.182 ± 0.0319	152.7821 ± 0.0326
Mpro-ginkgetin	2.181 ± 0.0311	153.6813 ± 0.0218

\*For obtaining the average value, 5 independent MD trajectories were analyzed with the aid of Rg and SASA.

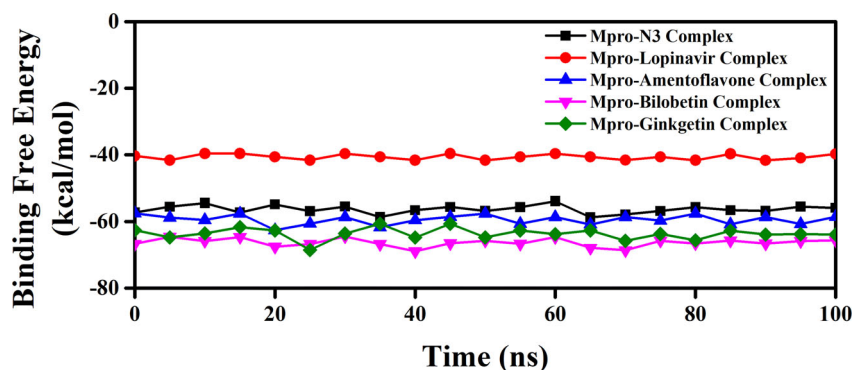
respectively (Table 4). The determined secondary structural content for unligated Mpro/Mpro only is in close agreement with the previously published estimation (Bharadwaj et al., 2020). It was noticed that all these secondary structural components of Mpro undergo no significant alterations upon binding to N3, lopinavir and three biflavonoids (Table 4). Even, the coil content of Mpro was almost conserved when it formed a complex with these above-mentioned compounds (Table 4). Thus, we can say that the binding of these three biflavonoids to Mpro has no effect on the rigidity of Mpro structure. Altogether, these findings suggested that overall structural conformation including secondary conformation of Mpro is unaltered even when complexed with *T. nucifera* biflavonoids (amentoflavone, bilobetin and ginkgetin).

### 3.3.4. Structural compactness and solvent accessibility analysis

In order to assess the compactness of all the complexes, the Rg value has also been estimated (Figure 7 and Table 5).

The average Rg values of Mpro-N3 complex (2.181 nm) and Mpro-lopinavir complex (2.185 nm) were found to be in a similar range with unligated Mpro (2.183 nm) (Table 5). Even, the average Rg value for Mpro-amentoflavone (2.181 nm), Mpro-bilobetin (2.182 nm) and Mpro-ginkgetin (2.181 nm) systems was almost identical to that of the other three systems (unligated Mpro, Mpro-N3 and Mpro-lopinavir) (Table 5). These results suggested that all these three Mpro-biflavonoid complexes as well as the Mpro-N3/lopinavir complex share a similar degree of compactness. SASA values were also calculated to assess the extent of expansion of protein volume in each system (Figure 8 and Table 5). The average SASA values of Mpro-N3 complex ( $\sim 155.363 \text{ nm}^2$ ) was higher than all other studied systems suggesting an expansion of Mpro during the interaction with N3. The average SASA values of Mpro-lopinavir, Mpro-amentoflavone, Mpro-bilobetin and Mpro-ginkgetin were  $\sim 151.261 \text{ nm}^2$ ,  $\sim 152.021 \text{ nm}^2$ ,  $\sim 152.782 \text{ nm}^2$  and  $\sim 153.681 \text{ nm}^2$ , respectively (Table 5). These values indicated that all three Mpro-biflavonoid complexes experience slightly more expansion than that of the Mpro-lopinavir complex.





**Figure 9.** MM-GBSA binding free energy profiles of two Mpro-standard complexes and three Mpro-*T. nucifera* biflavonoids. The binding free energy values of Mpro-N3 complex, Mpro-lopinavir complex, Mpro-amentoflavone complex, Mpro-bilobetin complex and Mpro-ginkgetin complex were represented throughout the entire 100 ns simulation trajectory.

**Table 6.** MM-GBSA values of Mpro-N3, Mpro-lopinavir and three Mpro-biflavonoid complexes.

System	Binding Free Energy (kcal/mol)
Mpro-N3	$-56.29 \pm 0.18$
Mpro-lopinavir	$-40.66 \pm 0.85$
Mpro-amentoflavone	$-59.57 \pm 0.35$
Mpro-bilobetin	$-66.31 \pm 0.16$
Mpro-ginkgetin	$-63.62 \pm 0.41$

### 3.4. Binding free energy estimation using MM-GBSA analysis

We have taken the configurations from 100 ns trajectory corresponding to every 5 ns time interval and determined the binding free energy ( $\Delta G_{\text{bind}}$ ) of all these three Mpro-biflavonoids complexes as well as Mpro-N3 and Mpro-lopinavir complexes by using the MM-GBSA method. The determined binding free energy values throughout the trajectory for each system were presented in Figure 9.

The resultant/average binding free energy value computed from five independent analysis was listed in Table 6. The average  $\Delta G_{\text{bind}}$  of Mpro-N3 and Mpro-lopinavir complexes were found to be  $-56.29$  kcal/mol and  $-40.66$  kcal/mol (Table 6). On the contrary, the binding free energy for Mpro-amentoflavone, Mpro-bilobetin and Mpro-ginkgetin complexes, the values were  $-59.57$  kcal/mol,  $-66.31$  kcal/mol and  $-63.62$  kcal/mol, respectively (Table 6).

Among all the Mpro-biflavonoids complexes, the Mpro-bilobetin complex exhibited the highest binding free energies, while the Mpro-amentoflavone system showed the lowest binding free energies. The contribution of energy components towards binding free energy ( $\Delta G_{\text{bind}}$ ) for N3, lopinavir and three biflavonoids at the binding site of SARS CoV-2 Mpro is presented in Supplemental Table 1. The van der Waals energy term ( $\Delta G_{\text{bind}}\text{-vdW}$ ) and coulombic energy term ( $\Delta G_{\text{bind}}\text{-Coulomb}$ ) for amentoflavone were found to be  $-48.67$  and  $-19.22$  kcal/mol, respectively. Similarly, the  $\Delta G_{\text{bind}}\text{-vdW}$  and  $\Delta G_{\text{bind}}\text{-Coulomb}$  energy terms were found to favor the strong binding of the other two biflavonoids towards Mpro (Supplemental Table 1). The non-polar solvation energy ( $\Delta G_{\text{bind}}\text{-Sol SA}$ ) term was ranging from  $-4.11$  kcal/mol to  $-6.08$  kcal/mol which indicated some contribution of SASA towards these three biflavonoids binding

at the binding pocket of Mpro. Even, the energy term due to H-bond also had some contribution towards the binding of biflavonoids to Mpro. Therefore, it can be suggested that van der Waals energy term ( $\Delta G_{\text{bind}}\text{-vdW}$ ) and coulombic energy term ( $\Delta G_{\text{bind}}\text{-Coulomb}$ ) are the key contributing factors for thermodynamically stable binding of these three biflavonoids at the Mpro binding pocket.

In order to rank different proposed SARS CoV-2 Mpro inhibitors, the binding free energy of these inhibitors was compared with the  $\Delta G_{\text{bind}}$  of "Mpro-N3 interaction" (Alamri et al., 2020; Ghosh et al., 2020a, 2020b; Kumar et al., 2020; Tripathi et al., 2020). Many proposed Mpro inhibitors including phytochemicals (such as witha-none, caffeic acid, epigallocatechin gallate, epicatechingallate, gallic acid, gallic acid-3-gallate etc.), antiviral drugs (such as ritonavir, paritaprevir, simeprevir, etc) were observed with lower binding free energy than N3 (Alamri et al., 2020; Ghosh et al., 2020a, 2020b; Kumar et al., 2020; Tripathi et al., 2020). Even, in this manuscript, we also observed that the lopinavir (the previously recommended antiviral drug for COVID-19 treatment) also exhibited a lesser  $\Delta G_{\text{bind}}$  value than N3 (Table 6). Very few reports are available in the literature where investigators identified potent SARS CoV-2 Mpro inhibitors having binding free energy more than N3 (Choudhury, 2020; Mittal et al., 2020). Asthama and coworkers have identified six potential molecules as SARS Mpro inhibitors (Leupeptin Hemisulphate, Pepstatin A, Nelfinavir, Birinapant, Lypression and Octreotide) which have shown the higher MM-GBSA score/binding free energy than N3 (Mittal et al., 2020). In another independent study, a researcher has proposed 17 potential binders (named as MP-In1 to MP-In17) of SARS CoV-2 Mpro, but only three of those (MP-In1 to MP-In3) have exhibited higher binding free energy values than N3 (Choudhury, 2020). Interestingly, our MM-GBSA analysis also revealed that the binding free energy of all the Mpro-biflavonoid interactions i.e. "Mpro-amentoflavone interaction", "Mpro-bilobetin interaction" and "Mpro-ginkgetin interaction" are higher than both the "Mpro-N3 interaction" and "Mpro-lopinavir interaction". Thus, it can be concluded from these findings that these three biflavonoids may be more effective SARS CoV-2 Mpro inhibitors than N3 (the well-known Mpro inhibitor). The relatively higher binding free energy and reasonably higher  $k_i$  (inhibition constant) exerted by these three *Torreya nucifera* biflavonoids made them promising SARS CoV-2 Mpro inhibitors.



#### 4. Conclusion

In this study, we decided to work with eight diterpenoids and four biflavonoids of *Torreya nucifera*, which were potent SARS CoV-1 Mpro inhibitors. Among them, a single diterpenoid (hinokiol) and three biflavonoids (amentoflavone, bilobetin and ginkgetin) were found to be safe for human use based on their pharmacokinetic properties. The inhibition potency of these four phytochemicals against SARS CoV-2 Mpro was examined using a computational approach. Molecular docking studies were conducted so as to compare their binding affinities (towards Mpro) with two well-known Mpro inhibitors (N3 and lopinavir). Only three biflavonoids [amentoflavone ( $k_i = 0.17 \mu\text{M}$ ), bilobetin ( $k_i = 0.21 \mu\text{M}$ ) and ginkgetin ( $k_i = 0.26 \mu\text{M}$ )] among the four phytochemicals had higher binding affinities than the N3 and lopinavir. Their interaction with both the key catalytic residues (His41 and Cys145) of Mpro was also evidenced. MD trajectories corresponding to these three Mpro-biflavonoid complexes and three other systems [unligated Mpro, Mpro-N3 and Mpro-lopinavir] were further analyzed with the aid of RMSD, RMSF, Rg and SASA. These analyses revealed that these three Mpro-biflavonoid complexes are highly stable and suffer less conformational fluctuations than that of the Mpro-N3 complex and/or Mpro-lopinavir complex. All these three Mpro-biflavonoid systems shared almost similar degree of compactness and these complexes were slightly more expanded compared to that of the Mpro-N3/lopinavir system. The binding of these three biflavonoids did not alter the conformation of Mpro. H-bond analysis as well as MM-GBSA analysis reconfirmed the high stability of these three Mpro-biflavonoid complexes. Overall, this study showed that three important biflavonoids of *Torreya nucifera* leaves (amentoflavone, bilobetin and ginkgetin) can act as SARS CoV-2 Mpro inhibitors. These proposed molecules might be useful in controlling COVID-19, but the experimental validation is highly essential.

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#### Disclosure statement

The authors declare that they have no conflicts of interest with the contents of this article.

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