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## Review article

# A review on hospital wastewater treatment: A special emphasis on occurrence and removal of pharmaceutically active compounds, resistant microorganisms, and SARS-CoV-2

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## ABSTRACT

The hospital wastewater imposes a potent threat to the security of human health concerning its high vulnerability towards the outbreak of several diseases. Furthermore, the outbreak of COVID-19 pandemic demanded a global attention towards monitoring viruses and other infectious pathogens in hospital wastewater and their removal. Apart from that, the presence of various recalcitrant organics, pharmaceutically active compounds (PhACs), etc. imparts a complex pollution load to water resources and ecosystem. In this review, an insight into the occurrence, persistence and removal of drug-resistant microorganisms and infectious viruses as well as other micro-pollutants have been documented. The performance of various pilot/full-scale studies have been evaluated in terms of removal of biochemical oxygen demand (BOD), chemical oxygen demand (COD), total suspended solids (TSS), PhACs, pathogens, etc. It was found that many biological processes, such as membrane bioreactor, activated sludge process, constructed wetlands, etc. provided more than 80% removal of BOD, COD, TSS, etc. However, the removal of several recalcitrant organic pollutants are less responsive to those processes and demands the application of tertiary treatments, such as adsorption, ozone treatment, UV treatment, etc. Antibiotic-resistant microorganisms, viruses were found to be persistent even after the treatment of hospital wastewater, and high dose of chlorination or UV treatment was required to inactivate them. This article circumscribes the various emerging technologies, which have been used to treat PhACs and pathogens. The present review also emphasized the global concern of the presence of SARS-CoV-2 RNA in hospital wastewater and its removal by the existing treatment facilities.

## 1. Introduction

Hospitals play a pivotal role in the well-being of humanity and facilitate research in the field of medical advancement. They help in complementing various parts of the health system and provide continuous services to tackle the complex health conditions of human beings [1]. The healthcare sector is one of the largest employers in the United States (US), with more than six million people employed at US hospitals with around 36.3 million admissions in 2018 [2]. The worth of the Indian health sector has been projected to jump from 140 billion U.S. dollars in the year 2016 to 372 billion dollars by the year 2022 [3]. With the onset of the COVID-19 pandemic, hospitals and other health care facilities have been responsible for giving a chance for survival to more

than 20 million people affected by the SARS-CoV-2 virus. Concerning the ever-growing expansion of medication and health care activities in the hospital, the generation of large quantities of wastewater and its management is an impounding challenge in environmental engineering [1]. On average, hospitals in developed countries generate a significantly higher volume of wastewater as compared to hospitals in developing countries [1,4–8].

Hospital wastewater (HWW) is also characterized by the presence of various emerging contaminants, such as pharmaceutically active compounds (PhACs), several microorganisms including antibiotic-resistant bacteria (ARB), antibiotic-resistant genes (ARG), persistent viruses, etc. [9–12]. Generally, HWW comprises high biochemical oxygen demand (BOD), chemical oxygen demand (COD), ammonia, and nitrogen

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content, and their concentration is higher compared to the domestic wastewater [13,14]. BOD is the amount of oxygen consumed by microorganisms to decompose organic matter under aerobic conditions at a specific temperature and duration of time, while COD is the amount of oxygen equivalents consumed in the chemical oxidation of organic matter by a strong oxidant [15,16]. Hence BOD can be referred to as the biodegradable fraction of wastewater, while COD is the measure of both biodegradable and non-biodegradable organic compounds. The ratio of BOD and COD of wastewater is referred to as the biodegradability index [16,17]. The biodegradability index of HWW is also lower than the municipal wastewater, making them difficult to treat by conventional biological systems [13,14,18]. Many of the recalcitrant organic compounds present in HWW, such as PhACs, are highly toxic with very low drinking water equivalent limit (DWEL) values making them a considerable threat to the environment [19]. Viruses, ARB, and ARG continue to survive even after the treatment of HWW, and their release to the aquatic ecosystem imposes a significant threat to the environment [6, 20].

Over the years, various treatment technologies, including the biological methods, such as activated sludge process (ASP), membrane bioreactor (MBR), moving bed bioreactor (MBBR), constructed wetlands (CWs), the advanced oxidation processes, such as photocatalysis, Fenton process, etc. have been implemented to treat HWW [8,13,21,22]. Many lab-based studies targeting the removal of PhACs and other recalcitrant contaminants present in HWW are reported in several works of literature, but only a handful number of pilot-scale and full-scale studies have been conducted addressing their treatment concerning HWW [8,19,23]. Treatment of HWW is not an easy feat, considering the vast quantities of wastewater generated having high COD, nitrogen, and PhAC content. Furthermore, the onset of COVID-19 pandemic has shifted the focus to the removal of viruses, ARG, ARB present in HWW, and this area has not been substantially addressed. Given the necessity and recent emergence of this profound health and environmental concern, the present review stems from the unavailability of comprehensive documentation in this area.

In this review, a thorough characterization of HWW has been conducted considering the variation of the characteristics of HWW in different regions. A detailed insight has been provided on the occurrence of PhACs, viruses, and several microorganisms in various HWW. A special emphasis has been given to the presence of SARS-CoV-2 and SARS-CoV in wastewater, keeping in mind the COVID-19 pandemic scenario. In recent years, various reviews were published on the characterization of hospital wastewater and their treatment. Khan et al. [24] reviewed the occurrence of pharmaceuticals in HWW and the performance of primary, secondary, and tertiary treatment techniques for their removal. Orias and Perrodin [25] reviewed the characteristics of hospital wastewater and its eco-toxicity. Verlicchi et al. [26] also summarized the characteristics of hospital wastewater and their treatment using conventional and advanced processes. However, most of these studies cover lab-based technologies that are still in developing stages. Performance of pilot/full-scale treatment units dedicated to the simultaneous removal of recalcitrant organic compounds, physico-chemical parameters, such as BOD, COD, total suspended solids (TSS), ammonia nitrogen, total nitrogen, pathogens, etc. from HWW has not been sufficiently addressed. This review primarily focuses on the performance of various operational pilot-scale and full-scale treatment units by various biological and advanced oxidation treatment technologies dedicated to the treatment of HWW. The performance of these treatment units in terms of removal of BOD, COD, ammonia nitrogen, TSS, and PhACs has been extensively discussed. The inactivation of persistent ARG, ARB, and virus are also critically analyzed. Furthermore, the various emerging technologies to combat PhACs, ARB, ARG, such as photocatalysis, anodic oxidation, Fenton-based processes, and treatment using nanoparticles have also been discussed. A special emphasis is provided on the occurrence and removal of SARS-CoV-2 and SARS-CoV to catalyze the research on the present global need.

## 2. Water consumption and effluent generation from hospitals

Hospitals around the globe require large amounts of water for their proper functioning for various health care facilities. HWW, among all other healthcare waste, imposes a grave hazard to human health and the environment because of their capability to enter watersheds, pollute surface and groundwater, when inappropriately handled and disposed to hydrosphere [27]. According to the World health organization (WHO) guidelines for the proper functioning of healthcare facilities, 40–60 L/day of water is required for every inpatient. Operating theatres require around 100 L/intervention. The amount of water required for patients dealing with a severe acute respiratory syndrome or viral hemorrhagic fever is around 100–400 L/patient/day [28,29]. This consumption of water by the hospitals leads to the generation of large volumes of wastewater [30]. The amount of wastewater generated from the hospital depends on the capacity or the number of beds available in the hospital, type and size of the healthcare facility, technical facilities available, services provided (laundry, kitchen, air-conditioning), in-house wastewater management facilities, etc. [31]. Kumari et al. [1] reported that the wastewater generated by developing countries varies from 200 to 400 L/capita/day, while in developed countries, it varies from 400 to 1200 L/capita/day. The amount of wastewater generation from various hospitals across the world has been provided in Table 1.

A hospital in Portugal, which has more than 30 clinical facilities and has a capacity of 1120 beds discharged 1000 m<sup>3</sup> of wastewater daily [7]. An average of 30.8 L/patient/day and 54.5 L/bed/day was estimated during the sampling and analysis of two healthcare centers in Ghana [31]. On average, the hospitals in developed countries such as the United States (US), Germany, Italy, Spain, Denmark, Netherlands, and Portugal generate around 411 m<sup>3</sup> of wastewater daily, which amounts to around 730 L/patient/day (Table 1). In comparison, the average wastewater generated by hospitals from developing or semi-developed countries, such as India, Iran, Brazil, Ethiopia, Ghana, Nepal, is around 290 m<sup>3</sup>/hospital/day and 250 L/patient/day, which is significantly less to that of the developed countries (Table 1). As per a report in 2008, the amount of wastewater generated by 19,712 hospitals in China is  $1.29 \times 10^6$  m<sup>3</sup>/day, i.e., 65 m<sup>3</sup>/hospital/day [32]. The amount of

**Table 1**  
Number of in-house patients and wastewater generated daily by different hospitals across the world.

Countries	Number of Patients	Wastewater generated (m <sup>3</sup> /d)	Wastewater generated per patient (L/patient/day)	References
Italy	300	180	600	[4]
Germany	560	111	198	[4]
Spain	750	429	572	[42]
Portugal	1120	1000	892	[7]
Brazil		432		[5]
Brazil		325.7		[6]
Iran		43		[4]
Denmark	691	360	520	[8]
Germany	340	768	2258	[210]
Germany	580	200	344	[8]
Netherlands	1076	240	223	[8]
Ethiopia	305	143	468	[8]
India	319	50	156	[211]
India			480	[212]
Nepal		20		[98]
China		20		[102]
Brazil		190		[213]
Brazil	2000	219	109	[6]
Brazil	22,000	432	19	[6]
Brazil	320	220	687	[8]
USA			968	[214]
Ghana			31	[31]
Ghana			54	[31]



wastewater generated from the hospitals only becomes a cause for concern when they are not discharged adhering to the standards and guidelines set by various organizations, such as the environment protection agency (EPA), WHO, etc. [1]. Usually, hospital effluents are discharged into the sewer systems before they are treated with municipal sewage treatment plants [21]. However, most of the sewage treatment plants are not designed to tackle bio-medical waste and persistent organic compounds, such as PhACs, personal care products, etc. [19]. Furthermore, there have been reports that many hospitals in developing countries, such as Algeria, Congo, Nepal, Pakistan, Bangladesh, Vietnam, etc. discharge their effluent into drainage systems, rivers, and lakes without any pre-treatment [21]. These hospital effluents are characterized by high COD content (120–500 mg/L), TSS (150–160 mg/L), PhACs, bacteria, viruses, etc. which can impose adverse effects on the aquatic environment [1].

### 3. Characteristics of hospital wastewater

The effluent coming out of different hospitals are rich in PhACs, microorganisms, and are characterized by high COD, BOD, ammonia, nitrate, total nitrogen (TN), TSS, total organic carbon (TOC), total

Kjeldahl Nitrogen (TKN), etc. Qualitative analysis of medical waste of 10 hospitals in Iran indicated that liquid waste had a 16.70% contribution to hazardous–infectious waste [33]. The discharge from hospitals can be classified into four broad categories, i.e., blackwater, greywater, stormwater, and specific discharges. The blackwater or sewage mainly comprises of the fecal matter and urine coming out of the toilets in hospital wards, which accounts for the major portion of the BOD of the wastewater [34]. The blackwater is rich in various kinds of microorganisms since fecal matter is the primary source of microorganisms in wastewater. Apart from being pathogenic, these microorganisms may also have developed antimicrobial or antibiotic resistance [35]. The fecal matters and urine also contain unmetabolized PhACs, which had been administered to the patients during treatment [26,36]. The greywater or sullage is the water coming out of washing, bathing, laundry, and other processes like rinsing of X-Ray films, disinfection, etc. This water contains recalcitrant compounds such as surfactants, detergents, and other cytotoxic or genotoxic agents and radioactive elements [1]. The stormwater is usually lost through the drain or groundwater percolation, or reused in toilets and irrigation of hospital grounds [34]. The wastewater generated from activities pertaining to laboratory work, such as research and diagnosis, radiology department, are classified

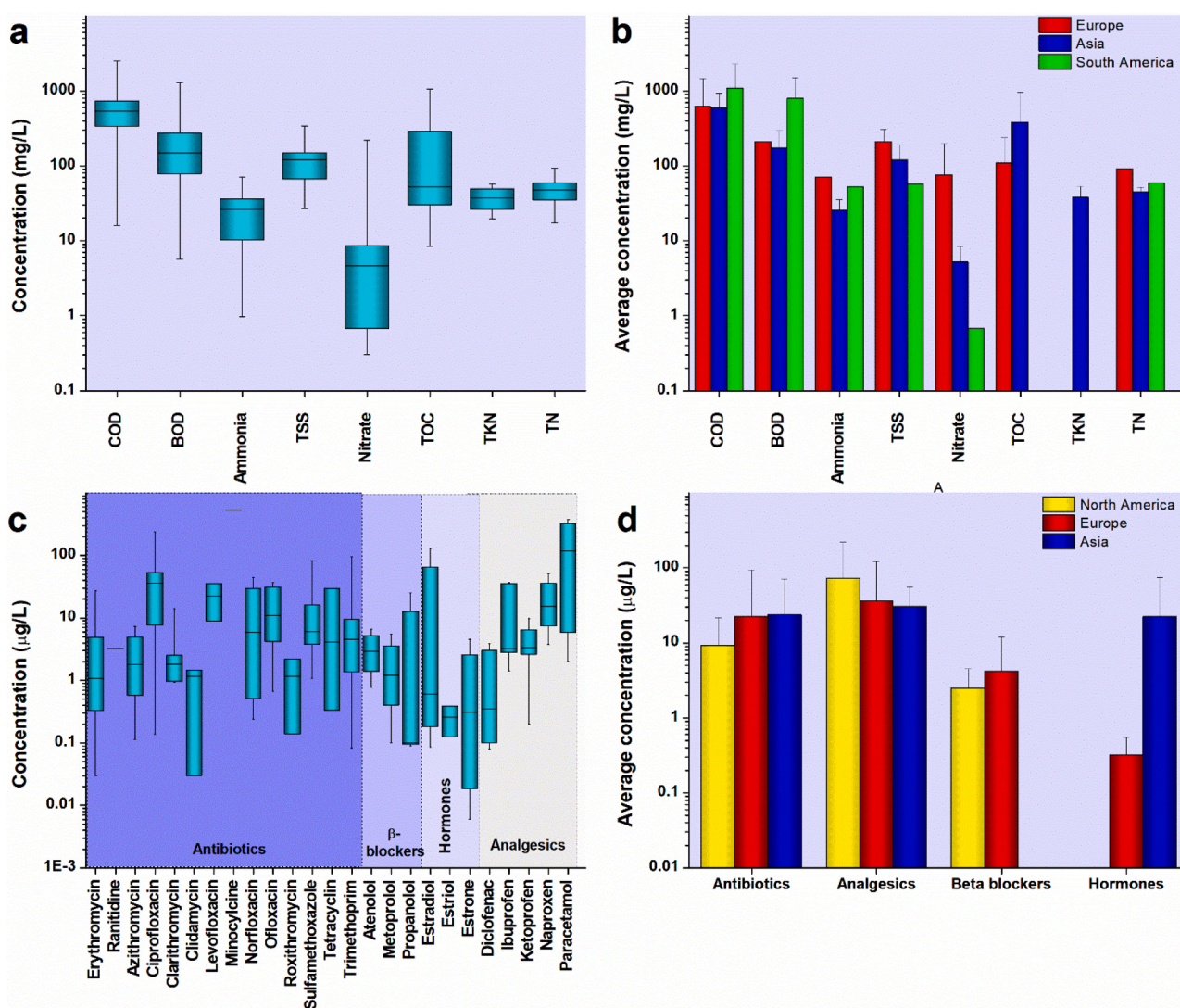


Fig. 1. Characteristics of hospital wastewater: a) range of COD, BOD, ammonia, TSS, nitrate, TOC, TKN, TN b) variation of average concentration of COD, BOD, ammonia, TSS, nitrate, TOC, TKN, TN in different continents, c) range of pharmaceutically active compounds, and d) variation of average concentration of pharmaceutically active compounds in different continents.

Data source: Tables S1 and S2 of the supplementary section.



under specific discharges. This wastewater contains highly toxic substances, such as disinfectants, detergents, acids, alkalis, pharmaceutical residues, solvents, X-ray contrast media, etc. These substances are highly toxic and persistent and stay in the aqueous environment even after conventional treatment processes [1,26,36]. The effluents coming out of hospitals also contain toxic heavy metals, such as Cd, Cu, Ni, Hg, Sn, etc. [1,26].

The component-specific and continent-wise concentration of various HWW parameters has been depicted in Fig. 1 a and b, respectively. HWW is characterized by much lower biodegradable component as compared to domestic or municipal wastewater [13,37,38]. The average BOD concentration in hospital effluent of Europe and Asia was found to be around 200 mg/L, which was much lower than the BOD observed in hospital effluents of South America (Fig. 1b). A high BOD concentration of 1268 mg/L was observed in a hospital effluent of Brazil [39]. In India, the BOD concentration in some hospital effluents ranged from 92.8 mg/L to 270 mg/L with the average concentration being 153 mg/L [18,40,41].

The average COD concentrations in HWW of Europe, South America, and Asia were found to be 613 mg/L, 1074 mg/L, and 591 mg/L, respectively (Fig. 1a). High COD concentrations of 2480 mg/L, 2464 mg/L, and 1142 mg/L were observed in some studies in Brazil, Spain, and India, respectively [40,42,43]. The average concentration of COD in HWW of South American countries was found to be higher than that of Europe and Asia (Fig. 1b). The average BOD/COD ratio for HWW around the world was found to 0.29–0.34 in Asia and Europe, respectively, which was also considerably less than the values seen in municipal wastewater, thereby making hospital effluent difficult to treat [17,38]. The values of BOD/COD ratios have been depicted in Fig. 2a. The observed median, 25th percentile, and 75th percentile for BOD/COD ratio for hospital wastewater of various regions across the world were found to be 0.27, 0.20, and 0.57, respectively. However, high BOD/COD values of 0.75, 0.64, and 0.85 were observed in some hospital effluents of Iran, Thailand, and Brazil, respectively. The average concentration of TOC was found to be 223 mg/L, with the maximum TOC concentration of 1050 mg/L being reported from Thailand [44].

The average pH of hospital effluent was found to be around 7.5, with the maximum value being 8.7 in Spain and the minimum value being 6.42 in India in some studies [18,42] (Table S1). The average concentration of suspended solids was found to be 119.7 mg/L and 209.5 mg/L in the HWW of Asia and Europe (Fig. 1b), respectively, with the maximum reported by Suarez et al. [42] in Spain (339 mg/L). The

average ammonia, TN, TKN, and nitrate content in hospital effluent was 27.6 mg/L, 50.4 mg/L, 37.5 mg/L, and 34.4 mg/L, respectively (Fig. 1a). Lan et al. [45] reported high concentrations of nitrate (217 mg/L) in a hospital effluent of France. The concentrations of TSS, nitrate, and TN in hospital effluents of Europe were found to be higher than that of Asia and South America (Fig. 1b). HWW also hosts a range of PhACs, personal care products, bacteria, protozoa, viruses, etc. which have been addressed in the following sections.

### 3.1. Pharmaceutically active compounds

Emerging contaminants, such as PhACs are prevalent in the hospital effluent because of their excessive use in medical facilities, and their component-specific and continent-wise occurrence in hospital effluent has been depicted in Fig. 1c and d, respectively. Nevertheless, the concentration of analgesics, antibiotics,  $\beta$ -blockers, hormones, etc. in hospital effluent was found to be much higher as compared to their concentrations in domestic wastewater [19,46–48]. Although there are hundreds of PhACs detected in HWW, in this review the PhACs, which are most commonly detected and whose concentrations are such that they may pose a threat to the environment, have been considered. Analgesics, such as acetaminophen, diclofenac, ketoprofen, ibuprofen, naproxen, etc. were frequently detected in various hospital effluents [19,36,46–48]. The average concentration of analgesics in hospital discharge was found to be more in North America, as compared to Asia and Europe (Fig. 1d). The concentration of acetaminophen was found to be 374  $\mu$ g/L and accounted for 45% of the total PhAC average concentration in a hospital effluent of the US [36]. Langford and Thomas [49] reported 325  $\mu$ g/L of acetaminophen in hospital effluents of Norway. Ibuprofen was found in the range of 2.8–36.5  $\mu$ g/L in various hospital effluents of the US, Italy, Spain, and Norway [23,36,42,49]. Diclofenac was found in concentrations ranging from 0.5  $\mu$ g/L to 3  $\mu$ g/L in HWW of Norway which was higher than the DWEL (0.2  $\mu$ g/L to 0.3  $\mu$ g/L) [19,49]. Prasertkulsak et al. [50] reported around 3.8  $\mu$ g/L of diclofenac in the hospital effluent of Thailand. Ciprofloxacin, sulfamethoxazole, trimethoprim, norfloxacin, and ofloxacin were the most frequently reported antibiotics in hospital effluents [19]. The average concentration of antibiotics in the hospital effluents of Asia and Europe were found to be in the same range (Fig. 1d). Researchers reported norfloxacin (29.6  $\mu$ g/L), sulfamethoxazole (81  $\mu$ g/L), and ciprofloxacin (237  $\mu$ g/L) in various hospital effluents of India [48,51]. Ciprofloxacin concentrations in some HWW samples of India (>200  $\mu$ g/L) and Portugal

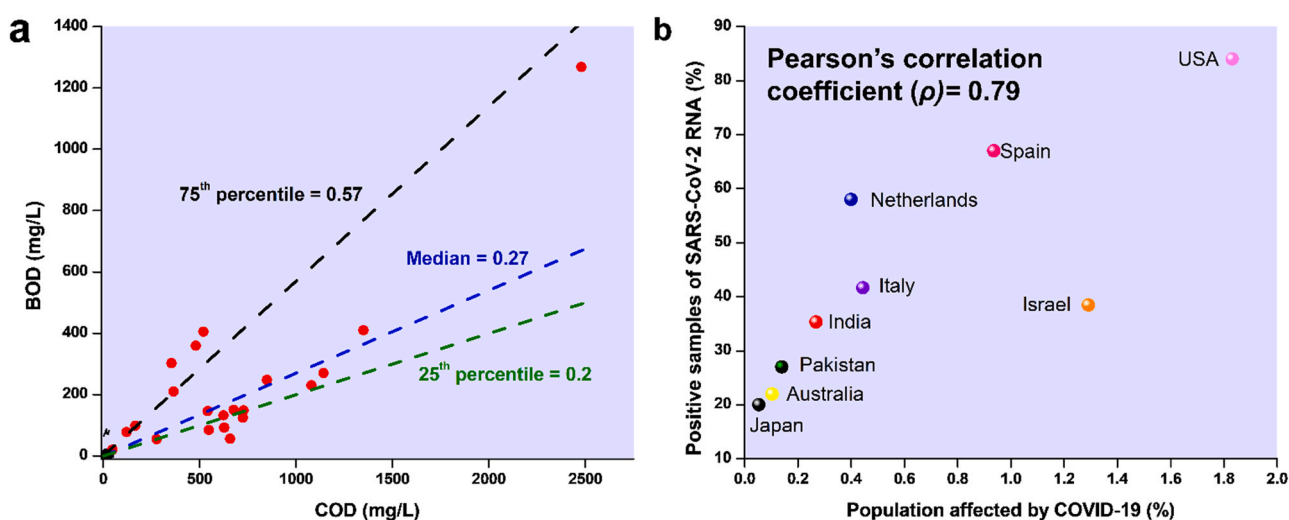


Fig. 2. a) The BOD/COD ratio of effluents from various hospitals, b) correlation between percentage of population affected by COVID-19 and percentage of positive samples of SARS-CoV-2 RNA in water of different countries  
Data source: Tables S1 and S3 of the supplementary section.

(38.6 µg/L) were considerably higher than the acceptable DWEL values [19,48,51]. Traces of sulfamethoxazole were found in some hospital effluent of Portugal (8.7 µg/L) and the US (2.2 µg/L) [36,52]. Ofloxacin, levofloxacin, erythromycin, azithromycin were among other antibiotics found in various hospital effluents [19,36,46–48]. Atenolol, metoprolol, and propranolol were the most common  $\beta$ -blockers found in the hospital effluents of North America and Europe (Table S2). Propranolol was detected in the range of 10 µg/L to 25 µg/L in a hospital effluent of Oslo, Norway [49]. Stimulants, such as caffeine were found in the range of 53 µg/L to 325 µg/L in the hospital discharges of the USA [36]. Hormones, such as estriol, estradiol, and estrone were detected in the range of 0.1 µg/L to 0.9 µg/L in hospital effluent of Iran, Korea, Belgium, and Norway [53–56]. Prasertkulsak et al. [50] reported 128 µg/L of estradiol in the effluent of a hospital in Thailand. PhACs, such as carbamazepine, metformin, theobromine, theophylline, and gabapentin, was also common in hospital effluents of the US [36]. HWW was found to host a wide variety of PhACs and their metabolites, with analgesics and antibiotics being the most prevalent. Although the concentration of these compounds is not very high, they are highly toxic to biotic components of the environment. Most of the PhACs found in hospital effluent were at concentrations higher than the predicted no effect concentration (PNEC) values, while few PhACs, such as diclofenac and ciprofloxacin were found at concentrations higher than the DWEL values indicating a detrimental effect on human beings upon exposure [19].

### 3.2. Bacteria

Hospital effluents are a host to numerous bacteria and pathogenic microorganisms, such as *Escherichia coli* (E. coli), *Enterococci*, thermotolerant coliform, fecal coliform, etc. Liu et al. [32] reported around  $2.40 \times 10^6$  to  $1.19 \times 10^{12}$  number/mL of bacteria and  $9.0 \times 10^4$  to  $2.38 \times 10^{10}$  number/mL of coliform in HWW of Guangzhao, China. Other hospital effluents in China accounted for  $9.9 \times 10^3$  to  $1 \times 10^7$  PFU/L of bacteria and 16,000– $10^8$  PFU/L of fecal coliform [32]. Berto et al. [43] reported a total coliform concentration of  $2 \times 10^8$  MPN/100 mL and a thermotolerant coliform concentration of  $1.6 \times 10^8$  MPN/100 mL in Brazil. Beier et al. [57] reported E. coli, fecal coliform, and enterococci in the range of  $10^3$  to  $10^6$  MPN/100 mL. In a hospital effluent of France, the E. coli concentration varied from  $8.3 \times 10^4$  CFU/mL to  $3 \times 10^5$  CFU/mL [58,59]. In some hospital effluents of Sweden, the E. coli concentration was found to be in the range of  $2.6 \times 10^4$  and

$5.5 \times 10^4$  CFU/mL [9]. E. coli concentration of  $5.4 \times 10^6$  CFU/mL was found in a HWW of Ireland [60]. Hocquet et al. [59] reported enterococci concentration of  $6.5 \times 10^6$  MPN/100 mL and  $1.4 \times 10^6$  MPN/100 mL in certain hospital effluents of France and the United Kingdom, respectively. In the wastewater of six hospitals located in India, the concentration of total coliform ranged from  $0.92 \times 10^3$  to  $2.4 \times 10^3$  MPN/100 mL, and fecal coliform ranged from  $1.8 \times 10^1$  to  $3.2 \times 10^2$  MPN/100 mL [18]. Although these microorganisms are present in significant numbers, the eminent danger lies in the presence of resistant bacteria, such as *Proteus vulgaris*, *Pseudomonas aeruginosa*, vancomycin-resistant enterococci, mycobacteria, etc. and resistant strains (*Enterobacter sakazakii*, Extended-Spectrum Beta-Lactamase (ESBL)-producing-strains) [59,61].

The resistance can be intrinsic or be developed due to spontaneous mutations. Intrinsic resistance belongs to those microorganisms, which can prevent the antibiotic from entering their cell-wall [62]. ESBLs are a type of enzyme that is produced by certain bacteria, such as ESBL-producing E. coli (ESBLE) which makes them resistant to antibiotics. The formation of ARB and their pathways into the hospital effluent have been depicted in Fig. 3. In European countries, such as Ireland, France, Sweden, Spain, Netherlands, Poland, 3.8–13.6% of the E. coli present in hospital effluents were found to be ESBLE [59]. Chagas et al. [5] reported that out of  $7.4 \times 10^3$  CFU/mL of coliforms found in a HWWs of Brazil, 38.6% were ESBL-producing coliforms. The percentage of ESBL present in HWW was much higher compared to that in urban wastewater and discharge of wastewater treatment plant (WWTP) [59]. This was because HWW contains large amounts of antibiotics, disinfectants, etc., making the ESBL producing microorganisms resistant to them. Unlike normal E. coli, these ESBLEs produce infections in human beings that can no longer be treated by ordinary antibiotics, making them a potential cause of concern [59]. *Pseudomonas aeruginosa* is another multidrug-resistant pathogen found in HWW. They occur as a result of mutations or gene transfer. They can be found in the water medium, having sufficient dissolved oxygen (DO) [59]. They have the capacity to acquire resistance to multiple classes of antibiotics, thereby making infections caused by such microorganisms more complex. They have been found in HWW in the range of  $4 \times 10^3$  CFU/mL, out of which 76% of them were resistant to one or more classes of antibiotics [63]. Enterococci, a very common bacteria usually found in the gastrointestinal tracts of humans and animals, have also exhibited resistance to antibiotics, and their prevalence has increased in the last few decades. In a

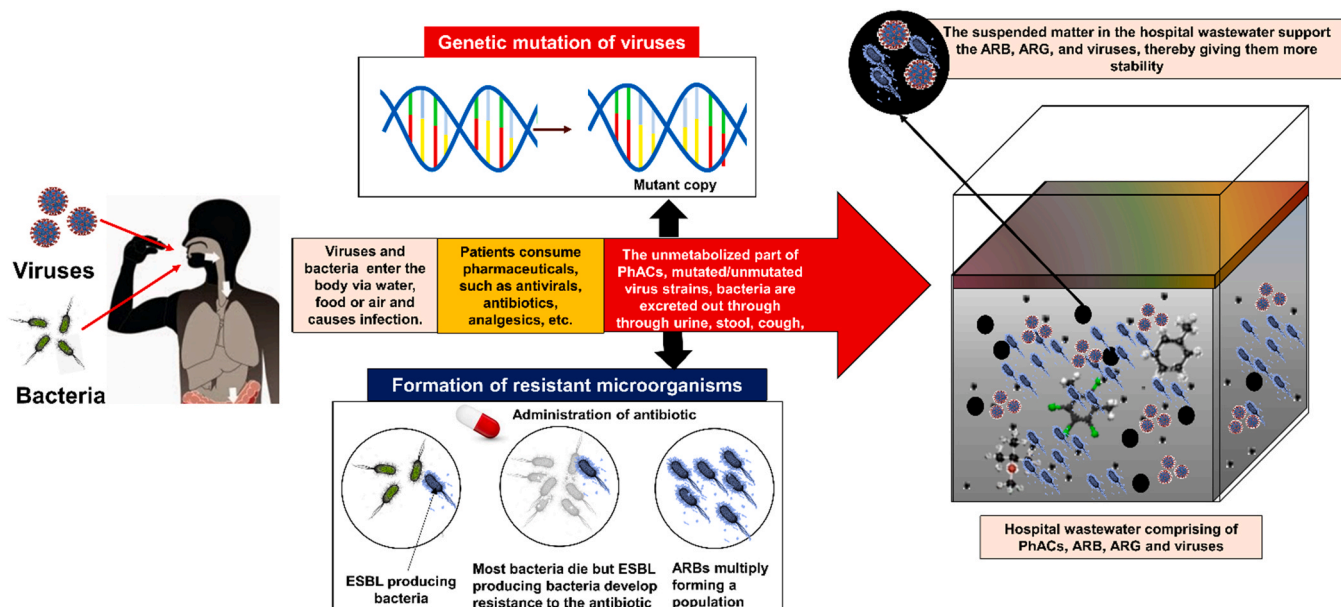


Fig. 3. Pathways of pharmaceutically active compounds, antibiotic-resistant microorganisms and viruses in hospital wastewater.

HWW of France  $6.5 \times 10^6$  CFU/mL of enterococci were detected, out of which almost all were resistant to amoxicillin [59]. A high prevalence of vancomycin-resistant enterococci was observed in hospital effluents of the United Kingdom and Portugal [64–66]. Fluoroquinolone resistant *E. coli* in European countries was found to increase from 25% to 50% between 2002 and 2007. Among others, *Acinetobacter baumannii* and *Staphylococcus aureus* also have shown the capacity to develop resistance to antimicrobials, such as methicillin [67]. Different phylums in HWW, such as proteobacteria, planctomycetes, nitrospirae, caldithrix, chlorobi, and acidobacteria were found to be resistant to various antibiotics, among which tetracycline was the most common [68].

### 3.3. Viruses

There are more than 120 identified human enteric viruses, among which the enteroviruses (polio-, echo- and coxsackieviruses), adenoviruses, hepatitis A, rotaviruses, and human caliciviruses (noroviruses) are most prevalent in HWW [69]. The presence of viruses in HWW is a cause for major environmental and public health concerns. The outbreak of severe acute respiratory syndrome (SARS) coronavirus 2 (SARS-CoV-2) in 2019–20, leading to the global pandemic, COVID-19 is the most recent example of the threat, which viruses possess. Viruses are known to be highly stable even under adverse conditions and pose a potential threat to human health. During wastewater treatment, they may settle on the suspended matter present in the wastewater and become highly stable. The pathway of viruses into the hospital effluent has been depicted in Fig. 3. Rotavirus A, norovirus, hepatitis virus, human adenovirus, etc. have been detected in effluents from HWW treatment plants in Brazil [6]. Liu et al. [32] found that viruses may persist in HWW even if *E. coli* concentration is less than 50 PFU/100 mL, as they are more tolerant compared to *E. coli*. Ibrahim et al. [70] detected human adenovirus in the effluent of two HWW treatment units. Caudovirales, Myoviridae, Podoviridae, and Siphoviridae were commonly detected in HWWs of Israel [20,70]. Wang et al. [71,73] found SARS-coronavirus in HWW of China, which was persistent for up to two days at 20 °C and 14 days at 4 °C, while Gundy et al. [72] also found that there was a 99.9% reduction of the coronavirus after 12 days when the water temperature was 23 °C.

The virus, SARS-CoV-2, responsible for the pandemic in 2019–20, has been extensively studied all over the world. Since fecal shedding of SARS-CoV-2 RNA is widely reported, researchers investigated the presence of such RNA in municipal WWTPs of Spain and detected them in the untreated water [74]. The SARS-CoV-2 RNA was present in 11% of the secondary treated water samples. Wang et al. [75] confirmed the presence of SARS-CoV-2 RNA in the sewage samples of the hospital of Zhejiang University, China. In another study, SARS-CoV-2 RNA was found in high concentrations of  $0.5\text{--}18.7 \times 10^3$  copies/L in the septic tanks of Wuchang Cabin Hospital, Wuhan, China [76]. This RNA persisted even after disinfection by sodium hypochlorite. The reason behind the high level of persistence may be because the virus was embedded in the stool particles. However, when the dose of sodium hypochlorite was increased, no RNA was found, but high levels of disinfection by-products were detected [76]. Ahmed et al. [77] detected 1.9–12 copies/100 mL of SARS-CoV-2 RNA in wastewater samples in Australia. In Ahmedabad, India, Kumar et al. [78] tested water samples from a WWTP receiving effluent from a hospital treating COVID-19 patients. Three genes of SARS-CoV-2, i.e., ORF1ab, N, and S genes, were detected in the influent of the WWTP. The number of copies of RNA detected increased by ten times over a period of 20 days, during which the number of COVID-19 patients also increased by two times in Ahmedabad. A similar correlation between the number of SARS-CoV-2 RNA and the number of COVID-19 patients was also observed in Australia, China, and France [76–79]. Kitajima et al. [80] reported  $2 \times 10^5$  and  $3 \times 10^4$  copies/L SARS-CoV-2 RNA copies/L in the wastewater of Massachusetts, United States of America, and Bozeman, Montana, respectively, while wastewater in France accounted for  $10^5$  to  $10^6$  SARS-CoV-2 RNA copies/L.

Haramoto et al. [82] reported  $2.4 \times 10^3$  copies/L of SARS-CoV-2 RNA in the wastewater of Japan. The frequency of detection of SARS-CoV-2 RNA in the wastewater and hospital effluent samples was correlated with the percentage of people (per country) affected by the virus (Fig. 2b). The person's correlation coefficient was calculated to be 0.79, which indicated a strong positive trend [83]. The results suggested that the occurrence of SARS-CoV-2 RNA in wastewater was directly related to the percentage of people infected. Furthermore, proper wastewater monitoring can help in identifying areas with COVID-19 infected people. Although most viruses are known to be highly stable even in adverse environmental conditions, SARS-CoV-2 was unstable in the presence of disinfectants and at a temperature higher than 20 °C [71,84]. However, these viruses can survive when they get enveloped inside fecal particles or suspended solids. Furthermore, the entrapped virus in sewage can generate virus-laden aerosols during wastewater flushing and provide an air-borne route for the virus to transmit [85,86].

## 4. Pilot/full-scale treatment systems for HWW management

### 4.1. Removal of BOD, COD, TSS, nitrogen, and PhACs

Over the past two decades, various treatment processes have been implemented and up-scaled to pilot or full-scale treatment system for treating HWW. The details of various pilot/full-scale treatment units have been mentioned in Table 2. The performance of the various pilot/full-scale treatment technologies in treating the different components of HWW has been discussed in the following sections and has been depicted in Fig. 4. A schematic representation of the source of different pollutants in HWW and the different pilot/full-scale treatment technologies implemented for the remediation of the pollutants have been depicted in Fig. 5. Primary treatment is required to provide a pre-treatment to the hospital wastewater. The resulting effluent can be treated using different biological processes, such as ASP, MBR, MBBR, and CWs. These biological units can also be combined with different disinfection, adsorption or advanced oxidation technologies to enhance the removal of recalcitrant organic pollutants. Tertiary treatment can also be provided directly after pre-treatment, however, the performance of these processes are usually hindered due to high organic and nutrient loading [87,88].

#### 4.1.1. Activated sludge processes

The remediation of HWW using ASP has been widely practiced in countries all over the world (Table 2). Kosma et al. [89] implemented a full-scale HWW treatment system in Greece comprising of a grit chamber, mix tanks, aeration tank, and disinfection (Table 2). The effluent from the aeration tank was treated with chlorine, and the average removal of PhAC obtained was 51.45%. Amongst the PhACs, diclofenac was found to exhibit negative removal [89]. Mousaab et al. [90] combined HDPE biofilms and ultrafiltration with ASP to treat wastewater having PhACs (Table 2). The system provided a removal percentage of around 100%, 93%, and 91% for TSS, COD, and TN, respectively. The average PhAC removal was found to be 78%. However, diclofenac, trimethoprim, and hydrochlorothiazide showed low removal of 30%, 21%, and 11%, respectively. Mousaab et al. [90] also observed that there was a significant increase in the performance of the system when the HDPE biofilms were incorporated. Yuan et al. [91] studied the performance of two conventional full-scale ASPs in HWW treatment plants in China. The average PhAC removal percentage obtained for the two ASPs were 84% and 39%, respectively. Although compounds, such as olanzapine (93–98%) and andrisperidone (72–95%), showed high removal percentages, lorazepam, oxazepam, carbamazepine, clozapine, sulpiride, and quetiapine were found to be resistant to degradation due to their complex structures [91]. Furthermore, negative removal of PhACs was also observed for compounds, such as lorazepam, oxazepam, zaleplon, sulfide, etc. in one of the ASPs. This may be the result of the conjugates of the parent compound present in the WWTP effluent return



**Table 2**  
Details of various pilot-scale and full-scale studies for remediation of hospital wastewater.

Study number	Country	Treatment Description	Flow	HRT	SRT	Plant type	References
Study 1	Belgium	A transportable pilot-scale subsurface flow CW (1 m <sup>3</sup> ). The cubic tank was filled with a 80 cm layer of coarse Rhine gravel (8–16 mm, porosity = 40%, Macrophyte- <i>Phragmites australis</i> .	200 L/day	2 d		Pilot-scale	[96]
Study 2	Brazil	UASB followed by 3 serial anaerobic filters	2.54 L/s	8 h		Full-scale	[6]
Study 3	Brazil	ASP with extended aeration followed by chlorination	5 L/s	18 h		Full-scale	[6]
Study 4	China	MBR: 6 m <sup>3</sup> had 2 equal parts separated by a plate. 1 hollow fiber membrane module set was submerged in each part of the reactor. Each set consisted of 24 membrane modules, total membrane area = 96 m <sup>2</sup>	20 m <sup>3</sup> /day	7.2 h	180 d	Full-scale	[102]
Study 5	China	Conventional ASP (aeration)	480 m <sup>3</sup> /day		35 d	Full-scale	[91]
Study 6	China	Conventional ASP (aeration)	200 m <sup>3</sup> /day			Full-scale	[91]
Study 7	Denmark	MBBR consisted of three identical reactors of 3 L in series (M1, M2 and M3) each containing 500 AnoxKaldnes™ K5 carriers (AnoxKaldnes, Lund, Sweden), Filling ratio = 50%. The mixing was performed by aeration, Flow =. Retention time	0.50 L/h	6 h for each reactor		Pilot-scale	[112]
Study 8	Denmark	MBBR comprised of six reactors- M1 (900 L for BOD removal and denitrifying), M2 (900 L for nitrifying), M3A (900 L for nitrifying), M3B (900 L for nitrifying), M4 (500 L for denitrifying) and M5 (500 L for nitrifying), respectively. Filling ratio of 50% with 150,000 and 80,000 Anox K™5 carriers (AnoxKaldnes, Lund, Sweden) in the 900 L and 500 L reactors, respectively.	M1, M2, M3A, M3B = 800 L/h, M4, M5 = 300 L/h	M1, M2, M3A, M3B = 1.13 h, M4, M5 = 1.67 h		Pilot-scale	[113]
Study 9	Denmark	MBR followed by 450 mg/L of PAC	2.2 m <sup>3</sup> /day		35 d	Pilot-scale	[10]
Study 10	Denmark	MBR	2.2.m <sup>3</sup> /day		35 d	Pilot-scale	[10]
Study 11	Ethiopia	Waste Stabilization Ponds: 2 facultative ponds (667 m <sup>2</sup> ), 2 maturation ponds (401 m <sup>2</sup> , 396 m <sup>2</sup> ), and 1 fish pond (862 m <sup>2</sup> )		29 d		Full-scale	[117]
Study 12	Ethiopia	8 horizontal subsurface flow CWs (4 m length, 1.2 m width and 0.6 m depth) with gravel and broken brick media as substrate.	165.75 L/day	4 d		Pilot-scale	[12,97]
Study 13	Finland	Ultrafiltration followed by pulsed corona discharge (30 W was applied for 1 kWh /m <sup>3</sup> of pulse energy delivered)				Pilot-scale	[119]
Study 14	Spain	MBR (11 m <sup>3</sup> ) with 10 flat sheet (FS) chloral polyethylene membranes (0.8 m <sup>2</sup> each). Coarse bubble aeration was provided, MLSS- 8 g/L	100 L/h	50 h	30 d		[100]
Study 15	France	Activated sludge incorporated with biofilms followed by ultrafiltration, Dissolved oxygen: 1–4.5 mg/L	100 L/day	22 h	20 d		[90]
Study 16	Germany	The unit comprised of a MBR: Membrane area per module = 320 m <sup>2</sup> , Total membrane area = 1600 m <sup>2</sup>	130 m <sup>3</sup> /day	31.3 h		Pilot-scale	[57]
Study 17	Germany	MBR comprising of Mesh, primary settling tank (21 m <sup>3</sup> : HRT= 1 h), Oxid/anaerobic chamber (56 m <sup>3</sup> , suspended solid concentration= 10–12 g/L), microfiltration (102 m <sup>3</sup> ) followed by NF/RO	130 m <sup>3</sup> /day			Pilot-scale	[104]
Study 18	Greece	Pre-treatment (grit-removal), a mix tank, and a biological secondary treatment- Aeration tank (600 m <sup>3</sup> ) followed by disinfection (chlorine dose 10–20 mg/L)		6 h	11 d	Full-scale	[89]
Study 19	India	Conventional ASP followed by high pressure filtration (26 pounds/cm <sup>2</sup> ) and chlorination (5% hypochlorite- 35 L per 0.3 million L of water.				Pilot-scale	[101]
Study 20	India	Horizontal sub surface flow CW (1.5 m length, 0.65 m width and 0.5 m depth)	10 m <sup>3</sup> /day			Pilot-scale	[41]
Study 21	Indonesia	Aerated Fixed Film bio filter Reactor followed by ozone reactor				Pilot-scale	[118]
Study 22	Italy	Submerged MBR with UF shallow fiber membranes. biomass content (10–12 kg/m <sup>3</sup> )	90 L/h	14 h	50 d	Pilot-scale	[103]
Study 23	Iran	2 sets of cylindrical columns made of Plexiglass were used as MBBR reactors. Packing= 70%, Packing material for column 1- Kaldnes (K1) (Pakan Ghatreh, Iran) Packing material for column 2- lightweight expanded clay aggregate (LECA). Column's dimension- inside diameter, height, overflow height, total volume, and effective volume were 30 cm, 150 cm, 130 cm, 105 L, and 91 L, respectively. Air was supplied from bottom of the columns using an air, MLSS = 3000 mg/L.	0.001–0.003 L/s	24 h		Full-scale	[114]
Study 24	Iran	ASP (Aerobic and anaerobic zones)					[92]

(continued on next page)

Table 2 (continued)

Study number	Country	Treatment Description	Flow	HRT	SRT	Plant type	References
Study 25	Korea	Chemical flocculation followed by activated carbon adsorption				Pilot-scale	[207]
Study 26	Luxembourg	MBR followed by UV (10 kW Medium pressure lamp, 1.11 gH <sub>2</sub> O <sub>2</sub> /L)	3.33 m <sup>3</sup> /day			Full-scale	[105]
Study 27	Nepal	The system consists of a septic tank (16.7 m <sup>3</sup> ), followed by a horizontal flow CW (140 m <sup>2</sup> ) with 0.65–0.75 m depth and a vertical flow CW bed (120 m <sup>2</sup> ) with 1 m depth.	20 m <sup>3</sup> /day			Pilot-scale	[98]
Study 28	Saudi Arabia	ASP (Aerobic Tank) followed by sand filtration and chlorination process.	904 m <sup>3</sup> /day			Full-scale	[93]
Study 29	Saudi Arabia	ASP (Aeration Tank with 3 blowers) followed by sand filtration and chlorination process.	622 m <sup>3</sup> /day			Full-scale	[93]
Study 30	Switzerland	Primary clarifier followed by MBR ( Chamber 1 is oxic and chamber 2 is anoxic).	1.2 m <sup>3</sup> /day			Pilot-scale	[87]
Study 31	Switzerland	Ozonation- 1.08 gO <sub>3</sub> /g Dissolved organic carbon	12–23 L/h			Pilot-scale	[88]
Study 32	Switzerland	PAC- 23 mg/L	180 L/day			Pilot-scale	[88]
Study 33	Switzerland	UV- 2400 J/m <sup>2</sup>	600 L/h			Pilot-scale	[88]
Study 34	Switzerland	MBR ( Chamber 1 is oxic and chamber 2 is anoxic) followed by Ozonation- 1.08 gO <sub>3</sub> /g				Scale	[88]
Study 35	Switzerland	MBR ( Chamber 1 is oxic and chamber 2 is anoxic) followed by PAC- 23 mg/L				Pilot-scale	[88]
Study 36	Switzerland	MBR ( Chamber 1 is oxic and chamber 2 is anoxic) followed by UV- 2400 J/m <sup>2</sup>				Pilot-scale	[88]
Study 37	Thailand	Vertical flow CW (1.5 m length, 0.6 m width and 0.6 m depth), The media bed contained sand, pea gravel and gravel with respective height of 0.1, 0.2, and 0.4 m from top to bottom.	75–85 L/day	5 d		Pilot-scale	[99]
Study 38	Thailand	MBR with aeration supplied at 340 L/min	500 L/h	3 h		Pilot-scale	[50]
Study 39	Vietnam	Physical, chemical treatment followed by ASP				Full-scale	[11]
Study 40	Vietnam	ASP followed by filtration				Full-scale	[11]

back to their parent form after undergoing enzymatic modifications in the treatment system [91]. Lien et al. [11] studied the PhACs removal from HWW of Vietnam. Two full-scale treatment units were considered for the study. The first unit comprised of physical and chemical treatment followed by a conventional ASP, and it provided an average PhAC removal of 66.3%. The second unit comprised of an additional sand filtration unit following the ASP and provided an average PhAC removal percentage of 55.2% [11]. Prado et al. [6] observed the performance of a full-scale ASP with extended aeration and chlorination to treat HWW in Brazil. The removal percentages of COD, BOD, and ammonia of the combined system were 75.3%, 85.7%, and 84%, respectively. In Iran, Azar et al. [92] achieved greater than 90% removal for TSS, COD, BOD, nitrite, and nitrate using an ASP comprising of aerobic and anaerobic zones. Al Qarni et al. [93] studied the performances of two ASPs for the treatment of HWW. The ASPs comprised of only aeration units and were followed by sand filtration and chlorination. The average PhACs removal percentage of the two treatment systems were 83% and 97%, respectively. Although more than 80% removal was achieved, negative removal was observed for nitrite and nitrate in both the systems [93]. This may be due to the fact that there was no anaerobic unit to denitrify the produced nitrate and nitrite. The aeration unit converted the present ammonia to nitrate, thereby increasing the concentration of nitrate in the effluent [93,94].

It can be observed from Fig. 4e, that the average PhACs removal resulting from ASP based technologies varied from 40% to 99%. Furthermore, there was a significant increase in PhAC removal when chlorination was combined with ASP. This may be because the presence of chlorine in water releases various radicals with high oxidizing potential, which helps in the degradation of the complex PhACs. The average TSS removal from all the ASP-based studies was found to be

higher than 90% (Fig. 4a). The removal percentages of BOD, COD, and ammonia were also found to be around 80% and higher (Fig. 4b, c, and d), suggesting that the conventional ASP, if properly modified or provided with necessary pre-treatment can be an effective solution for remediating hospital effluent.

#### 4.1.2. Constructed wetlands

CWs are rapidly gaining popularity in the field of wastewater treatment because of their versatility and robust nature [94,95]. Although CWs require a large amount of land and regular maintenance of the macrophytes, various removal mechanisms, such as phytoremediation, filtration, microbial degradation, adsorption, etc. occur simultaneously in CWs, making them a suitable option for HWW management. Along with the efficient removal of BOD, COD, etc., CWs have been known to degrade recalcitrant organic pollutants as well [94]. Auvinen et al. [96] implemented a transportable pilot-scale subsurface flow CW (1 m<sup>3</sup>) to treat HWW in Belgium. The main features of this CW have been mentioned in Table 2. This system achieved a COD and ammonia removal of 83% and 95%, respectively. However, negative removal for nitrate was observed, which was due to the conversion of ammonia to nitrate [96]. In another study conducted by Khan et al. [24] using constructed horizontal subsurface flow CWs (5 m long, 0.65 m wide, and 0.5 m deep) in India, similar negative removal for nitrate was observed. However, Khan et al. [41] achieved greater than 90% removal for TSS, COD, and BOD. The average removal percentage for PhACs was 54% [41]. Dires et al. [97] studied the performance of horizontal subsurface flow CWs (4 m long, 1.2 m wide, and 0.6 m deep) to treat hospital effluent (Table 2). The TSS, COD, BOD and ammonia removal obtained were 93.2%, 83.7%, 90.4%, and 64.3%, respectively. Shrestha et al. [98] combined a horizontal subsurface flow CW, having an area of 140 m<sup>2</sup>

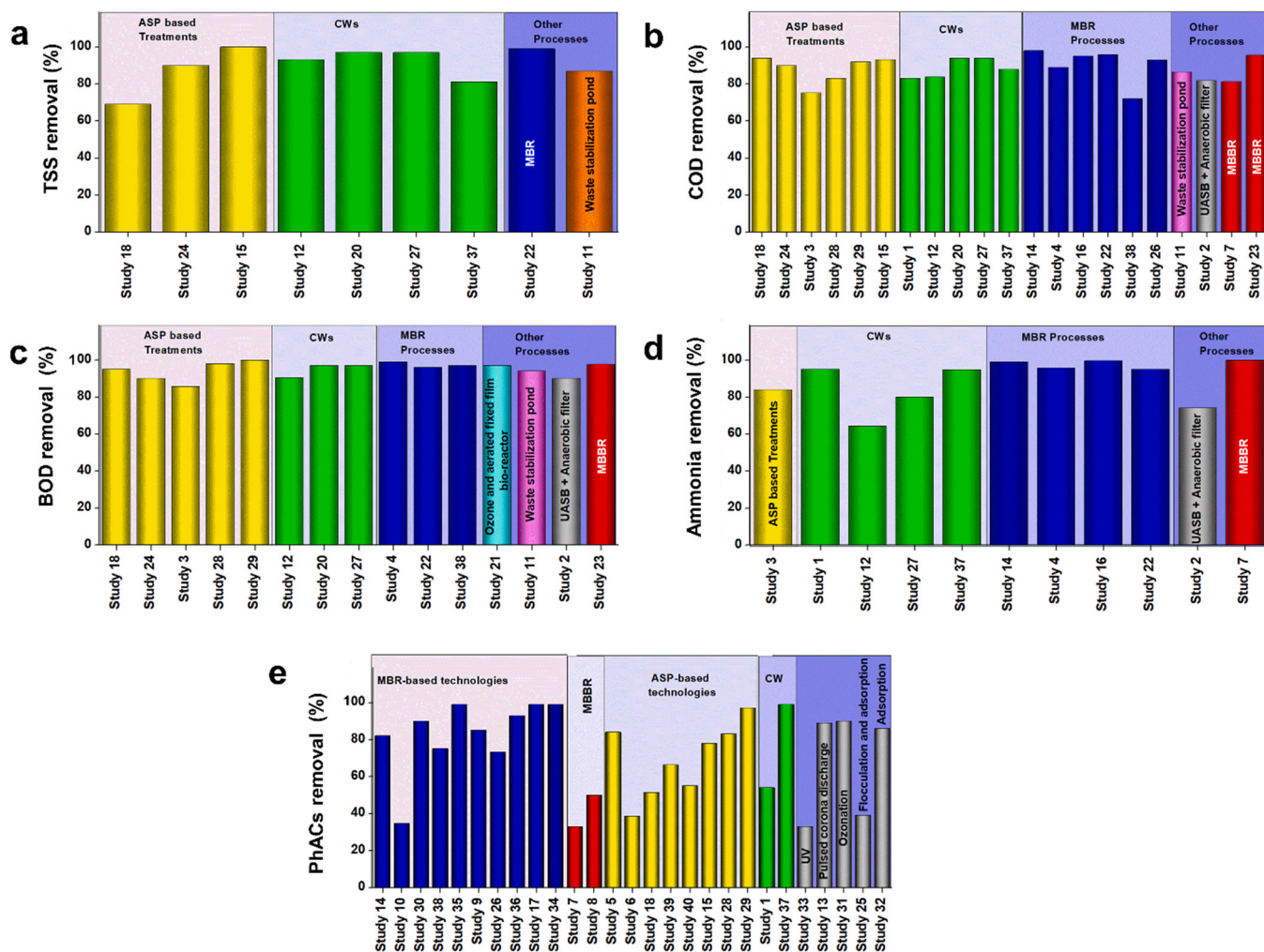


Fig. 4. Performance of pilot-scale and full-scale studies in terms of a) TSS removal b) COD removal, c) BOD removal, d) ammonia removal, and e) PhACs removal from hospital wastewater  
Data source: References in Table 2.

with a vertical subsurface flow CW, having an area of 120 m<sup>2</sup> to treat hospital effluent coming in Nepal. The wastewater entering the CWs were passed through a septic tank. The final removal percentage for TSS, COD, BOD, ammonia were 97%, 94%, 97%, and 80%, respectively [98]. Vo et al. [99] assessed the performance of a vertical flow CW to remove TSS, COD, ammonia, TN, and the paracetamol. Vo et al. [99] observed more than 99% removal of paracetamol and more than 80% removal for TSS, COD, and ammonia. However, only 22% of TN was removed, indicating incomplete denitrification of nitrate and nitrite.

The performance of CWs in terms of COD, BOD, and TSS removal was comparable to other treatment methods (Fig. 4). The removal of ammonia was a significant drawback, primarily in the case of horizontal subsurface flow CWs. This was primarily because there is insufficient dissolved oxygen present in such systems, thereby preventing complete nitrification of ammonia by aerobic microorganisms [94]. However, due to the prevailing anaerobic conditions, the horizontal subsurface flow CWs are efficient in denitrification. In the case of vertical flow CWs, effective ammonia removal could be achieved but due to the lack of denitrifying conditions, complete removal of TN could not be achieved. This drawback can be addressed by using hybrid flow CWs or combing a horizontal flow CW with a vertical flow CW because such systems provide the advantages of both horizontal and vertical flow CWs. This setup was implemented by Shrestha et al. [98].

#### 4.1.3. Membrane bioreactors

MBR is a combination of biological treatment processes and membrane-based solid-liquid separation by microfiltration or ultrafiltration. They have gained significant attention in recent times because of their efficiency and low foot-print as compared to other treatment processes, such as CWs [50,100,101]. Prasertkulsak et al. [50] implemented aeration at 340 L/min to the pilot-scale MBR unit and achieved an average PhAC removal of 75.13% after a HRT of 3 h. PhACs, such as estradiol, trimethoprim, and ibuprofen, were almost completely removed, but carbamazepine and diclofenac showed very little removal in this system. Wen et al. [102] used a submerged MBR to treat hospital effluent of China and achieved more than 90% removal of BOD and ammonia. In another study, a pilot-scale submerged MBR with shallow ultrafiltration fiber membranes to treat HWW. This system provided more than 95% removal of TSS, BOD, and ammonia after a HRT of 14 h [103]. Cartagena et al. [100] used MBR based treatment to achieve more than 98% COD removal, 99% ammonia removal, and 82% TN removal. Furthermore, the system could also remove around 78–82% of the PhACs.

Kovalova et al. [87] treated hospital effluent in Switzerland using a pilot-scale MBR set-up comprising of one oxic and one anoxic chamber. The treatment unit handled a flow of 1.2 m<sup>3</sup>/day, and a primary clarifier was provided after the MBR unit. Although the average removal of PhACs was greater than 90%, the average removal of iodinated X-ray contrast media was significantly low (2%). X-ray compounds, such as



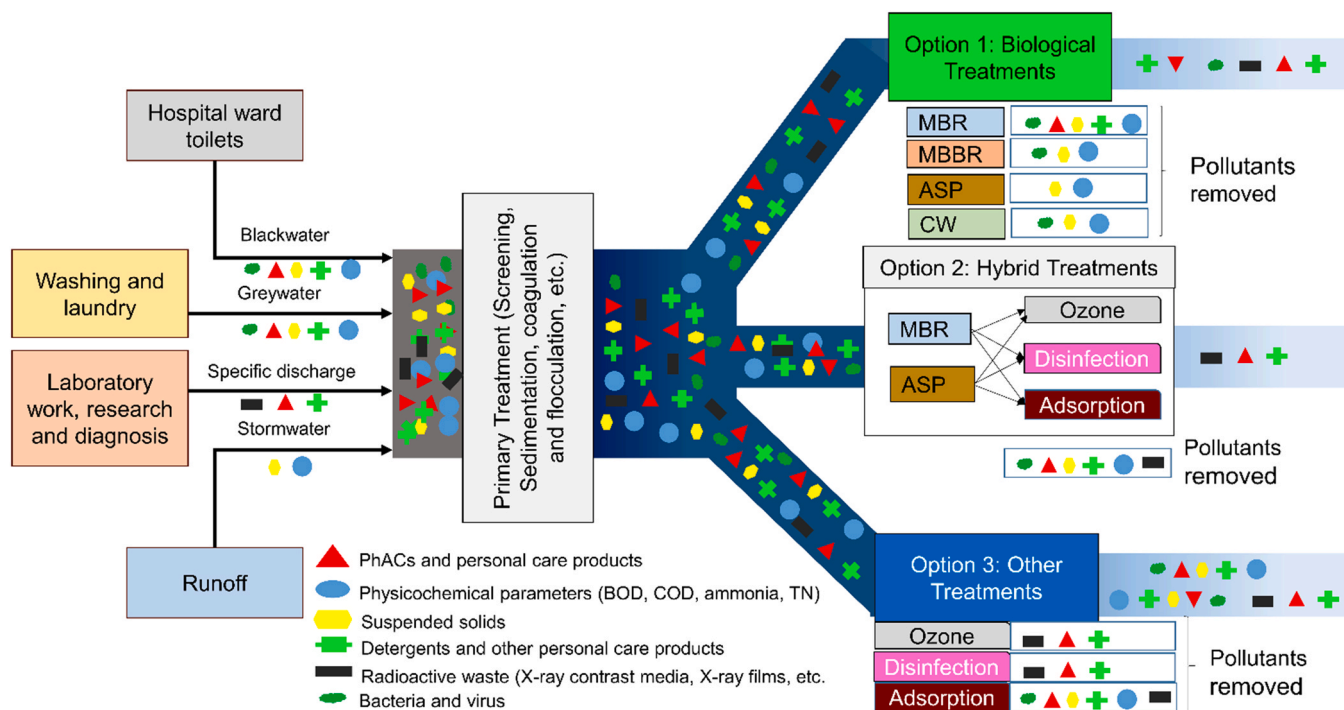


Fig. 5. Schematic representation of different pilot/full-scale treatment units implemented for removing various pollutants in hospital wastewater generated from different sources.

phenazone and oseltamivir showed high negative removal percentage of  $-158\%$  and  $-42\%$ , respectively [87]. In order to remove the X-ray contrast media, Kovalova et al. [88] combined the MBR set-up separately with ozone treatment, UV treatment, and adsorption by powdered activated carbon (PAC). The removal percentage of PhACs and X-ray contrast media increased to 99% and 51%, respectively, when the effluent of the MBR was subjected to ozone treatment using 1.08 gO<sub>3</sub>/gDOC. The removal percentage of X-ray contrast media further increases to 62%, when the effluent from MBR was subjected to adsorption by PAC (dose= 23 mg/L) instead of ozone treatment. When the MBR effluent was subjected to UV treatment (2400 J/m<sup>2</sup>), degradation of X-ray contrast media increased to 66%, but the average removal of PhACs dropped to 93% [88].

In another study, a very low average PhAC removal of around 34% using an MBR pilot unit. However, PhACs, such as oxcarbamazepine, paracetamol, sulfadiazine, and sulfamethoxazole, were almost completely removed [10]. In order to increase the performance of the system, the effluent of the MBR was further treated with PAC at a dose of 450 mg/L. The adsorption enhanced the PhAC removal percentage to around 80–90% [10]. In another study, more than 95% removal for COD and ammonia was observed using an MBR after 31.3 h retention time [57]. Beier et al. [104] observed the removal of PhACs from hospital effluent using another MBR based treatment system combined with reverse osmosis. The system was able to achieve greater than 99% removal of PhACs.

A combination of MBR and UV treatment to treat hospital effluent of Luxembourg. This pilot-scale treatment unit handled a flow of about 3.33 m<sup>3</sup>/day [105]. The wastewater was subjected to the radiation of a 10 kW UV medium-pressure lamp, and hydrogen peroxide was also added to enhance the performance of the system. A removal percentage of 90% COD and 70% TN was achieved from this system. Furthermore, an average removal percentage of 73% of PhACs was observed. However, some PhACs like erythromycin and ifosfamide showed almost no removal [105].

MBR based systems could effectively remove BOD, COD, ammonia, and TSS from HWW (Fig. 4). It was also found that MBR systems can

effectively remove PhACs. When they were used in the absence of any additional advanced treatment, an average removal of around 60% was observed for PhACs (Fig. S1). The performance of the MBRs further increased when the effluent from the MBR was subjected to UV treatment or adsorption. However, the maximum removal of PhACs was observed when the MBR was combined with ozone treatment or reverse osmosis (Fig. S1). MBR based technologies were found to be more effective as compared to other treatment methods demonstrating high removal of BOD, COD, TSS, ammonia, and PhAC (Fig. 4). However, MBR based technologies are subjected to clogging and fouling of the membrane. As a result, they need regular cleaning with chemicals, and maintaining them is a costly affair. Fouling of membrane brings down the performance of the MBRs [106–109]. This problem can be addressed by aeration, gas-scrubbing, or regular backwashing [110,111].

#### 4.1.4. Moving bed bioreactor

MBBR works on the principle of biologically treating wastewater involving microorganisms present in both suspended and attached conditions [94]. Casas et al. [112] implemented a pilot-scale MBBR treatment unit using three identical reactors in series to treat HWW in Denmark. The reactors were filled up to 50% of their volume using carriers (Table 2). Aeration was provided at a rate of 0.50 L/h for proper mixing, and a retention time of 6 h was provided for the reactors [112]. Although Casas et al. [112] attained more than 99% removal for ammonium, there was negative nitrate removal. This was due to the conversion of ammonium to nitrate, and the presence of excess aerobic conditions, denitrification of nitrate could not occur. The average removal percentage for PhACs was only 33%, whereas sulfamethoxazole showed negative removal. However, ibuprofen and clindamycin showed more than 90% removal [112]. Ooi et al. [113] conducted another pilot study with six reactors with each reactor specially designed for particular purposes, such as denitrification and nitrification. However, the average removal percentage of PhACs was around 50% [113]. Shokoohi et al. [114] implemented a pilot-scale treatment unit comprising of two cylindrical columns as MBBRs to treat hospital effluent in Iran. This treatment unit could effectively reduce COD and BOD of wastewater by

more than 95% [114]. It is evident from Fig. 4 that MBBR can perform effectively in terms of BOD, COD, and ammonia removal. However, denitrification is a major drawback for which additional denitrifying units have to be implemented to take into consideration the excess nitrate. Furthermore, the average PhAC removal of MBBR was also found to be less as compared to other treatment units (Fig. 4). This may be because the PhACs are toxic and kill the microorganisms, thereby limiting biological degradation [19]. Furthermore, loss of biofilms is a major problem associated with MBBR processes which can affect the performance of the systems [115,116].

#### 4.1.5. Other pilot/full-scale treatment units

Over the past few decades, researchers have been doing extensive research to treat hospital effluent. Although technologies based on ASP, MBR, MBBR, and CWs were more popular, various other treatment units have also been implemented to tackle HWW. Prado et al. [6] studied the performance of an up-flow anaerobic sludge blanket (UASB) followed by a filtration unit. The HRT provided for the UASB digestion was 8 h, and the effluent coming out of it was passed through three anaerobic filters in series. This full-scale treatment unit was successful in achieving 82% COD reduction, 90% BOD reduction, and 74% ammonia reduction [6].

Hunachew and Getachew [117] used waste stabilization ponds (WSP) as a full-scale treatment unit to treat hospital effluent in Ethiopia. The system achieved a removal percentage of 87%, 86%, and 94% for TSS, COD, and BOD, respectively, after an HRT of 29 days. However, there was a drastic increase in the concentration of total ammonia in the final effluent. This could be accounted for the rise in the pH of the effluent, which led to the conversion of ammonium ions to ammonia gas [117]. The reduction of TN by 54.5% and nitrate by 68% along with more than 80% removal for TSS, BOD, and COD indicated that this system is robust, it can be used to treat large volumes of wastewater with high loading.

In Indonesia, an aerated fixed film bio-filter was followed by an ozone reactor (pilot-scale) for the treatment of PhACs [118]. Almost complete removal of PhACs was observed using this treatment, indicating ozone treatment is essential to enhance the degradation of PhACs. Similarly, Kovalova et al. [88] used ozone treatment to evaluate the removal of PhACs and X-ray contrast media. 90% removal of PhACs and 50% removal of X-ray contrast media was achieved at an ozone dose of 1.08 g O<sub>3</sub>/g DOC. Kovalova et al. [88] further tested the performance of UV treatment (2400 J/m<sup>2</sup> UV) and adsorption (PAC dose = 23 mg/L) and obtained 33% and 86%, respectively of PhAC removal and 65% and 61% of X-Ray contrast media, respectively. It can be seen that UV treatment was not as efficient as ozone treatment and adsorption for degrading PhACs. Furthermore, ozone treatment, UV treatment, adsorption are not self-sufficient treatment technologies to completely remove recalcitrant organic pollutants. However, when they were combined with a MBR system, the removal percentages get significantly improved [88]. Sim et al. [207] used chemical flocculation followed by adsorption using activated carbon in a full-scale HWW treatment unit in Korea [207]. It was observed that in spite of using adsorption using activated carbon, the average removal percentage of the PhACs was only 39%. This may be due to the low log *k*<sub>ow</sub> values of the PhACs, making them hydrophilic in nature and preventing them from getting adsorbed [19].

Amongst other advanced oxidation processes, plasma discharge has gained substantial popularity in the past few years. Although such processes require high initial cost and skilled maintenance, they have been known to be highly effective in treating PhACs. However, the electrical energy required for these processes was found to be considerably low as compared to other advanced oxidation processes, such as photocatalysis, anodic oxidation, etc. [19]. Ajo et al. [119] used a pilot-scale treatment unit comprising of pulsed corona discharge (PCD) and ultrafiltration to treat hospital effluents of Finland. At 30 W power and a frequency of 840 Hz, most of the PhACs got degraded. The average removal percentage of the PhACs obtained was 89% with ibuprofen and

caffeine, showing 50% and 19% removal, respectively [119].

#### 4.2. Removal of bacteria

Most of the technologies employed for HWW treatment have been designed specifically to eliminate microorganisms and the pathogen indicators, such as fecal bacteria, *E. coli*, total coliforms, etc. Chitnis et al. [101] studied the performance of an ASP combined with high-pressure filtration (26 pounds/cm<sup>2</sup>) and chlorination (5% hypochlorite- 35 L per 0.3 million L of water) to treat HWW in India. This system could efficiently reduce the *E. coli*, total coliform, and enterococci count by 99% [101]. Similarly, other pilot/full-scale treatment units have achieved similar removal in terms of removal of microorganisms. More than 99% removal of total coliforms was obtained using MBR, WSP, ASP and CWs [10,12,92,98,117]. Similar results were obtained in terms of removal of *E. coli*, fecal bacteria, and total enterococci using MBR based technologies, ASP and CWs [10,12,57,92,98,102,103].

Although HWW treatment units have shown promise in terms of reduction of microbial load, the proportion of antibiotic-resistant microorganisms increase after the treatment [59]. Hocquet et al. [59] reported that there was a significant increase in ESBL producing *E. coli* in the effluent of the WWTP effluent. After conducting a thorough literature survey, Hocquet et al. [59] concluded that the ratio of ESBL producing *E. coli* to normal *E. coli* in the wastewater increased after undergoing treatment. On the other hand, the proportion of vancomycin producing enterococci was not altered after going through treatment units, and the proportion of multidrug-resistant *P. aeruginosa* was found to decrease in WWTP effluent. Although a portion of the antibiotic-resistant microorganisms has been removed in WWTPs, some strains of the resistant microorganisms are released to the environment, which may pose a serious threat to aquatic organisms [63].

Various treatment strategies have also been implemented to remove ARB and ARG from water and wastewater [62]. Due to an insufficient number of studies related to the removal of ARG and ARB from HWW, studies pertaining to the removal of ARB and ARG from all kinds of water matrices have also been highlighted in this work. Disinfection was found to be very efficient in terms of drastically reducing the number of ARB and ARG in wastewater [120–125]. In order to inactivate the ARG inside the bacteria cells, the disinfectant should be able to pass through the cell envelope without getting bound to other cellular constituents. A sufficient quantity of disinfectant should be present to react with the ARG containing DNA, thereby making disinfectant dose a vital factor in the efficient inactivation of ARG [126,127]. During chlorination, various oxidizing radicals are generated, which help in the inactivation of the DNA [128,129]. Yuan et al. [130] varied the dose of chlorine from 15 to 300 mg Cl<sub>2</sub> min/L to study its effect on the removal of ARB. A minimum dose of 60 mg Cl<sub>2</sub> min/L was required to inactivate sulfadiazine- and erythromycin-resistant bacteria. Furthermore, only 15 mg Cl<sub>2</sub> min/L was found to be sufficient for other types of bacteria present in the water [130]. However, a detailed quantitative real-time investigation by Yuan et al. [130] revealed that chlorination alone could not effectively remove ARG. More than 40% of erythromycin and tetracycline-resistant genes were persistent in wastewater even after chlorination. Auerbach et al. [131] revealed that UV irradiation was also not effective in removing ARG. Zhang et al. [120] studied the inactivation of ARG by only chlorine, only UV irradiation, and sequential UV/chlorination and found that the inactivation of ARG was directly proportional to chlorine dose and contact time. The required chlorine dose for the inactivation of different microorganisms has been depicted in Fig. 6. The maximum inactivation achieved was in the range of 1.30–1.49 log unit at 30 mg/L chlorine dose [120]. High intensity of UV irradiation (249.5 mJ/cm<sup>2</sup>) was also required for the irradiation to be absorbed into the RNA and DNA, thereby inactivating the ARG. The synergistic effect of chlorination and UV irradiation was also prominent as it led to better inactivation of ARG. Guo et al. [132] observed that at a dose of 80 mg Cl<sub>2</sub> min/L, the frequency of ARG transfer was greatly suppressed. Fenton-based

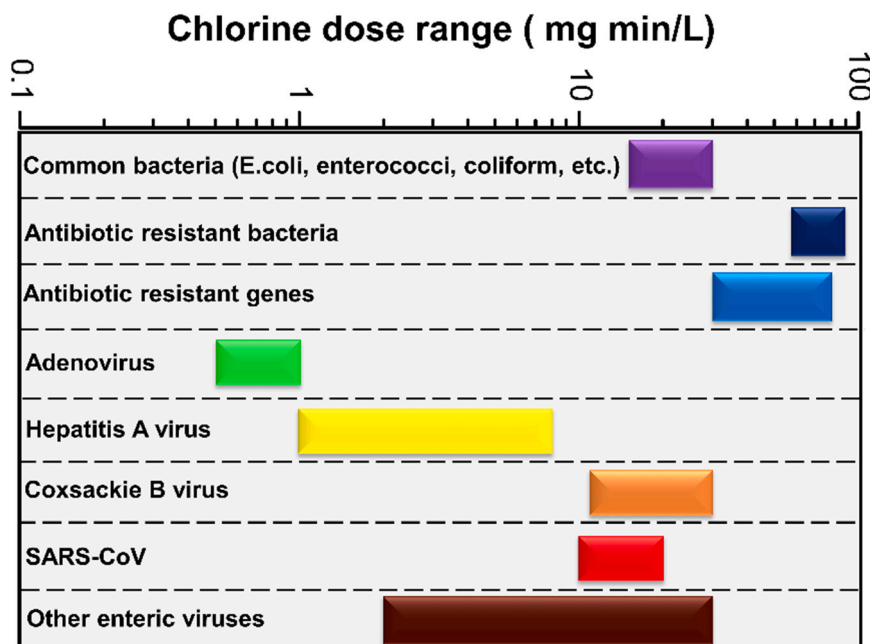


Fig. 6. Chlorine dose required for efficient inactivation of antibiotic-resistant bacteria, antibiotic-resistant genes, viruses and other microorganisms. Data source: Table S4 of the supplementary section.

process, ozone treatment, and electron beam treatment have also been implemented to inactivate ARB and ARG [133–136]. An absorbed dose of 0.5 kGy of the electron beam was required for 90% removal of ARG and ARB [62,134]. The performance of ozone treatment, electron beam treatment, and Fenton processes can be further increased by the addition of hydrogen peroxide [62]. Inactivation of ARG and ARB by photocatalysis have also been studied extensively [137–139]. The generation of hydroxyl radicals, superoxide radicals, and holes take part in oxidizing the ARG and ARB. An increase in the dose of photocatalysts led to decreased survival fractions of the bacteria [139]. Although advanced oxidation processes have shown considerable promise in terms of ARG and ARB inactivation, these processes have proved to be expensive and up-scaling them to pilot/full-scale treatment system is still a major challenge [19]. Alternatively, biological processes, such as CWs and MBR have been efficient in terms of ARG and ARB inactivation [10,12,140–143].

Huang et al. [140] used a vertical upflow CW to remove ARG. After a HRT of 5 days, around 99% removal of ARGs was obtained. Chen et al. [141] studied the removal of ARGs using horizontal subsurface CWs and attained around 95–99% removal after a HRT of 1.5 days. In another study, involving horizontal subsurface flow CW, 87–97% removal of ARG, such as *tetA*, *tetB*, and *tetM* was achieved. However, only 50% removal of ARG, *sulI* was achieved [142]. The high removal of ARGs in CWs may be due to exposure to sunlight, resulting in photolysis and aerobic degradation [62]. Dires et al. [12] reported that 100% of the *Salmonella* isolates found in hospital effluent of Ethiopia were resistant to ampicillin and 75% of them were resistant to doxycycline, erythromycin, ceftazidime, ceftaxime, and chloramphenicol. 82% of *E. coli* were found to be resistant to ampicillin, and around 73% were found to be resistant to cotrimoxazole and amoxicillin-clavulanic acid [12]. After the HWW was treated using horizontal subsurface flow CWs, Dires et al. [12] observed about 93% reduction in the number of ARB. Nielsen et al. [10] achieved 100% removal of ARB from the HWW using only MBR treatment. Le et al. [143] also implemented ASP and MBR to remove ARB and ARG from wastewater. Although there was a decline in the number of ARB in the effluent of the ASP, complete removal was not achieved. However, no traces of ARB were found in the effluent of the MBR. On the other hand, the ARG present in MBR effluent was less than the detection limit of the instrument used to measure [143].

#### 4.3. Inactivation of virus

Viruses have been found in varying quantities in treated HWW. Their numbers vary with other microbial cells in the ratio of 10:1, and the viral DNA represents 0.1% of the total DNA in the microorganisms [68]. Viruses are small infectious agents having the size of 10–200 nm in cross-section and usually get adsorbed on to the surface of the suspended solids, thereby making them more stable [32,69]. Furthermore, they are protected by layers of fat or protein [144]. Their persistence in the treated HWW was further substantiated by Petrovich et al. [20] as they found viruses belonging to the families Myoviridae, Podoviridae, and Siphoviridae, present in the effluent of a pilot-scale ASP-based treatment unit (oxic and anoxic) in Israel. Prado et al. [6] studied the performance of two full-scale treatment units and assessed their performance in terms of virus removal. The first unit comprised of a UASB reactor followed by anaerobic filtration with a HRT of 8 h. The average viral load in the effluent was  $2.8 \times 10^3$ ,  $2.4 \times 10^3$ , and  $1.9 \times 10^3$  for human adenovirus, norovirus, and rotavirus, respectively. The second treatment unit was an ASP-based process with a HRT of 18 h and the viral load of the effluent was  $8.1 \times 10^2$ ,  $2.8 \times 10^4$ ,  $1.4 \times 10^3$ , and  $1.2 \times 10^5$  for norovirus, hepatitis A virus, human adenovirus, and rotavirus, respectively [1,6]. Verbyla and Mihelcic [145] found out that various WSPs used for the treatment of wastewater could only achieve one log 10 reduction of viruses after 15–20 days of HRT. Ibrahim et al. [146] reported an increase in the frequency of adenovirus after treating HWW of Tunisia using natural oxidizing lagoons and rotating bio disks. However, around 90% removal of sapovirus was achieved using the natural oxidizing lagoons and rotating bio disks [146,147].

Few biological treatment units have been efficient in removing viruses from wastewater. Lv et al. [148] used submerged MBR and achieved almost complete removal of phage T4 (a model virus). Two different membrane modules were used for this study. In the case of the 0.22  $\mu\text{m}$  module, the cake layer, the gel layer, and the membrane contributed to phage removal in 6.3, 3.1, and 1.7 log-scale, respectively. On the other hand, for the 0.1  $\mu\text{m}$  module, the membrane alone was responsible for the maximum removal of phage [148]. MBR based treatment technologies have been effective in terms of virus removal as the dynamic layer on the membrane surface helps in rejection of virus, and the activated sludge helps in the inactivation of the virus [32]. Virus



exclusion by membrane-based technologies, such as reverse osmosis, microfiltration, and ultrafiltration, is achieved by size exclusion mechanism. The physicochemical properties of the membrane, surface properties of the virus, and their electrostatic or hydrophobic interaction with the aqueous solution also play a significant role in the removal of viruses by membrane processes [69]. Researchers have obtained significant amount of virus removal using reverse osmosis, ultrafiltration and microfiltration [149–157]. The ‘capture cone’ is referred to the passage of the virus through the holes in the membrane surface, and it was found to decrease with the increase in transmembrane pressure [152]. It was observed that the aged reverse osmosis membrane helped in the adsorption of a virus surrogate (MS2 phage), and the rejection of MS2 phage was found to be in the order of 4 log-scale, in spite of damage to the membrane [157].

Viruses are also susceptible to chlorination, and UV treatment and a chlorine dose of 2 mg min/L to 30 mg min/L was found to be sufficient to obtain 4 log removal values [69]. High doses of UV (>186 mJ/cm<sup>2</sup>) could also attain the 4 log removal values for adenovirus, which is known to be one of the most resistant viruses. Virus removal in the range of 8 log removal and 10 log removal was also achieved using such traditional disinfection methods in Australia and the US, respectively [69]. In order to attain 4 log removal of adenovirus, hepatitis A, and coxsackie B virus, 0.5–1.0 mg min/L, 1.0–8.0 mg min/L, and 11.0–30.0 mg min/L of free chlorine was required (pH = 6–9 and temperature = 5–20 °C), respectively [158]. On the other hand, while using monochloramine a dose of 1000–8000 mg min/L, 1000–2000 mg min/L, and 700–3000 mg min/L was required to attain 4 log removal of adenovirus, hepatitis A, and coxsackie B virus (pH = 7–8 and temperature = 5–15 °C) [158]. The required chlorine dose for the inactivation of different viruses has been depicted in Fig. 6.

The presence of SARS-CoV-2 RNA in HWW and municipal wastewater has gained attention due to the recent outbreak of the COVID-19 pandemic. They have been reported in HWW, domestic sewage, effluents of WWTPs, raw municipal wastewater, pasteurized settled sewage, etc. [159]. The coronavirus is a virus that is enveloped in a protective layer of fat, thereby giving its stability. However, disinfectants tear apart the fat layer making them susceptible [144]. Over the years, many researchers have reported that the disinfection of the wastewater has proved to be efficient in terms of the removal of the SARS-CoV-2 virus [159]. Wang et al. [73] used disinfection by chlorine and chlorine dioxide to remove SARS-CoV from HWW of China. It was reported that free chlorine was more adept in removing SARS-CoV than chlorine dioxide and that a dose of 10 mg/L resulted in around 100% inactivation of SARS-CoV [73]. Zhang et al. [76] reported the persistence of SARS-CoV-2 RNA even after 12 h of treatment and that free chlorine was detected only up to 1.5 h after treatment. As a result, 6700 g/m<sup>3</sup> of sodium hypochlorite was added for complete inactivation of the SARS-CoV-2 virus [76]. Lesimple et al. [160] studied the removal of various viruses having sizes less than SARS-CoV-2 and suggested the use of reverse osmosis, nanofiltration, ultrafiltration, MBR, etc. for efficient removal of SARS-CoV-2 RNA from wastewater. Ghernaout and Elboughdiri [161] suggested that merging plasma discharge, electrocoagulation could enhance the removal of SARS-CoV-2 virus from wastewater, while Ciejka et al. [162] used nano/microspheres of N-(2-hydroxypropyl)-3-trimethyl chitosan for adsorption of around 99% of the virus.

## 5. Emerging technologies for removal of PhACs and various pathogens

ARG, ARB, viruses, recalcitrant organic compounds, such as PhACs, personal care products, X-ray contrast media form an integral part of the HWW. The presence of these components makes the HWW less biodegradable, toxic, and difficult to treat [163]. Over the past decade, research has been focused on the removal of PhACs, ARG, ARB, and other recalcitrant organic compounds by various emerging technologies,

such as photocatalytic degradation, photolysis, anodic oxidation, Fenton's processes, treatment using nanoparticles, etc. [19,24,62,163–166]. These systems have been highly efficient in removing HWW specific contaminants and can be up-scaled for in-situ treatment of hospital effluents.

### 5.1. Photocatalytic treatment

Photocatalytic treatment involves the use of materials (photocatalysts) having a low bandgap, which are excited by photons from a given light source. When the photons have an energy greater than the bandgap of the photocatalysts, electron-hole pairs are generated. The generated holes react with the water molecules to generate hydroxyl radicals, which in turn reacts with the organic contaminants to degrade them [19,166–169]. The other reactive species generated during photocatalysis, such as superoxide radicals, singlet oxygen, and holes also have a redox potential and can actively take part in photocatalytic degradation [19,62]. Photocatalytic treatment can effectively bring down the concentration of PhACs by around 90%. Furthermore, the reaction time in photocatalysis is also very less as compared to many biological processes [19,166]. The performance of the photocatalytic process depends on several parameters, such as the type of catalyst used, the light source, the physicochemical properties of the PhACs, etc. [19]. Researchers have reported high removal of around 99%, 100%, 90%, 88%, 100%, 95%, 100%, 95%, 90%, for various PhACs such as ciprofloxacin, erythromycin, trimethoprim, tetracycline, sulfamethoxazole, paracetamol, naproxen, atenolol, metoprolol, respectively [19,167,170–175]. Photocatalytic processes have also been known to inactivate ARB as well. UV radiation is effective for the inactivation of viruses, ARB, and ARG [62]. Tsai et al. [139] investigated the removal of methicillin-resistant *S. aureus*, multidrug-resistant *Acinetobacter baumannii*, vancomycin-resistant *Enterococcus faecalis*, *S. aureus*, *A. baumannii*, *E. faecalis*, and *E. coli* using titanium dioxide-based photocatalyst. The photocatalytic degradation could oxidize the bacteria and the number of bacteria was reduced by 1–3 log units [139]. Inactivation of different ARB and *E. coli* was also achieved by Kangwansupamonkon et al. [177] and Xiong and Hu [176] using different photocatalyst in presence of UV irradiation. The properties of photocatalysts to simultaneously degrade PhACs and oxidize microorganisms make the process a lucrative option that can be up-scaled for HWW management [164].

### 5.2. Fenton oxidation

Various studies have been carried out to degrade PhACs and microorganisms using Fenton-based processes [19,62]. Hydroxyl radicals are the primary oxidizing radical in Fenton-based processes, which are generated resulting from the reaction between hydrogen peroxide and Fe<sup>2+</sup>/Fe<sup>3+</sup> [19,62]. One significant advantage of Fenton processes over photocatalysis is that the consumed catalyst in Fenton processes can be regenerated using photo-radiation or electrolytic forces [19]. Mondal et al. [178] observed 99.3% removal of ciprofloxacin in presence of zero-valent iron and H<sub>2</sub>O<sub>2</sub>. Real et al. [179] obtained almost complete removal of atenolol and ketoprofen in the presence of Fe<sup>2+</sup> and H<sub>2</sub>O<sub>2</sub>. Veloutsou et al. [180] used a Hg lamp to provide photo radiation of 290 nm in presence of Fe<sup>2+</sup> and H<sub>2</sub>O<sub>2</sub> to obtain almost complete removal of atenolol. Alizadeh Fard and Barkdoll [181] used iron electrodes and provided a current intensity of 300 mA to obtain 100% removal of ketoprofen [181]. Karaolia et al. [136] investigated the performance of solar-Fenton oxidation in terms of the inactivation of ARB and achieved a 5 log reduction of ARB. In another study, 2.42–3.48 log reduction of ARGs was observed using Fenton based processes. Fenton-based processes have been efficient in the removal of PhACs and microorganism in an average reaction time of 2 h [19,62]. However, a significant drawback of this process is that the Fenton-based processes show better performance in acidic medium (pH of 3) [19,62].

### 5.3. Anodic oxidation

In anodic oxidation, water is oxidized to form hydroxyl radicals using high  $O_2$  evolution overvoltage anodes (Pt,  $PbO_2$ ,  $SnO_2$ , BDD) [19]. The hydroxide radicals along with other oxidizing agents, such as peroxydisulfate, hypochlorous acid, biphosphate, peroxydicarbonate, etc. which are generated due to the presence of sulfate ions, chlorine ions, phosphate ions, carbonate ions, etc., also take part in the degradation of the PhACs and microorganisms [19,182]. Boron doped diamond anode is the most commonly used anode in anodic oxidation. The anodic oxidation processes involving boron-doped diamond as the anode could effectively degrade erythromycin, paracetamol, naproxen, and trimethoprim by more than 95% [183–186]. Among other electrodes, Wang et al. [187] used  $SnO_2$ -Sb/Ti electrode to degrade around 99% of ciprofloxacin, while García-Gómez et al. [188] achieved more than 88% removal carbamazepine using Ti/ $PbO_2$  anodes. Jeong et al. [182] found out that the hydroxyl radicals generated during the anodic oxidation process are one of the major species responsible for the inactivation of *E. coli* in a chlorine-free environment. Furthermore, the inactivation of *E. coli* was promoted at lower temperatures [182]. In another study, a mixed metal oxide anode was used to effectively achieve log 2 reduction of *Deinococcus geothermalis*, *Pseudoxanthomonas taiwanensis*, and *Meiothermus silvanus* [189]. The electrical energy per order required to remove PhACs and inactivate ARB and other microorganisms was found to be less as compared to photocatalysis, ultrasound treatment, and other processes, which makes anodic oxidation a good alternative to address the HWW specific contaminants [19].

### 5.4. Treatment using nanoparticles

The anti-microbial property of various nanoparticles, such as silver nanoparticles, copper oxide nanoparticles, zinc oxide nanoparticles, iron oxide nanoparticles, etc. have proved to be effective in inactivating ARB and ARG [62,190–192]. Furthermore, nanoparticles are characterized by high surface area, which facilitates the adsorption of PhACs and other contaminants present in wastewater. The various functional groups present in synthesized adsorbents also enhance the adsorption of organic contaminants [19,193–195]. Rajendran and Sen [195] achieved around 90% removal of carbamazepine using biosynthesized hematite nanoparticles. Ali et al. [196] used composite iron nanoparticles to achieve 92% removal of ibuprofen. Metal-organic frameworks have also been efficient in terms of the removal of PhACs [193,197]. Although nanoparticles are efficient in adsorption of PhACs, the PhACs are only transferred from the aqueous phase to a solid phase and they are not completely removed from the environment. Proper disposal of sludge is essential for the treatment of wastewater using adsorption [19,194,198].

## 6. Challenges in HWW management

One of the major challenges in the field of HWW management is the monitoring and detection of the pollutants [199]. PhACs and other recalcitrant organic compounds are present in the HWW in the range of ng/L to  $\mu\text{g/L}$ , which require highly sensitive to quantify [19,36,169,200,201]. Proper detection of such contaminants in necessary to implement proper legislations for HWW management [199]. Only a few guidelines pertaining to hospital waste management, such as “Effluent Guidelines and Standards (CFR 40) (NPDES) (National Pollutant Discharge Elimination System)” by EPA, 2015, “Safe management of wastes from healthcare activities” by WHO, 2013, etc. exist [1,199]. However, these guidelines do not provide any standards for specific pollutants, such as PhAC, personal care products, etc. Lack of such legislations has led to increased disparity in the characteristics of the effluent from one country to another. Hospital effluents are often discharged into the urban sewer system, where they mix with other effluents from different sectors, before undergoing treatment in a sewage treatment plant. This practice

is common in many developed and developing countries [21,199]. However, in many other developing countries, hospital effluents are discharged into rivers, lakes, and drainage systems, without any prior treatment [21,199]. In Pakistan, proper wastewater treatment facility lacked in many of the hospitals [202]. In Taiwan, few hospitals discharge their effluent in to the rivers with only scarce treatment [203]. In Indonesia, many of the hospitals discharge their effluent using infiltration wells or in to receiving water bodies [118]. The wastewater coming out of the hospitals without undergoing any specific or in-situ treatment comprises of PhACs and other recalcitrant components. These components, which are specific to hospital wastewater upon mixing with the municipal wastewater, make the municipal wastewater more complex and difficult to be treated. Many of the sewage treatment plants are not able to completely treat such complex wastewater because they are not designed to tackle the recalcitrant organic compounds [143,200]. Hence, strict legislations should be implemented, which provides pollutant specific discharge standards and mandates the on-site treatment of HWW. General awareness among the public and participation of the community is integral for the proper management of HWW. However, only a small fraction of the general population understands the benefits of proper HWW management and shows interest in participating in activities related to HWW management, which causes a major hindrance to efficient HWW management [204,205]. The recalcitrant organic compounds are often completely not removed in biological treatment methods. Due to the inconsistent chemical, physical and biological properties of the PhACs and other recalcitrant organic compounds, different removal mechanisms have to occur, in order to enhance their removal. As a result, they were found to be removed effectively when tertiary treatment processes, such as a membrane process, adsorption process or oxidation process followed the biological systems [10,88,89,103,206,207]. There are various emerging technologies, such as photocatalysis, anodic oxidation, adsorption, Fenton oxidation, etc. which can effectively remove PhACs, personal care products, ARGs, ARB, and other recalcitrant compounds. However, most of these studies are lab-scale and conducted on synthetic wastewater. As a result, more research is required on these technologies before they can be implemented in the field [166,174,208,209].

## 7. Summary of findings

Hospitals are significant contributors to a large amount of complex wastewater to inland surface water and municipal sewer. Furthermore, it was found that hospitals in developed countries generated much higher quantities of wastewater than developing countries. HWW comprises a wide range of contaminants, such as recalcitrant PhACs, viruses, ARG, ARB, and high nutrient content. A low biodegradability index makes the treatment of HWW more challenging. PhACs, such as diclofenac and ciprofloxacin, were present in HWW at concentrations higher than the DWEL. Among the pilot/full-scale treatment units considered in this study, MBR and ASP were found to be the most efficient. The performance of these systems got further enhanced if an additional unit, such as ozone treatment, adsorption, chlorination, reverse osmosis, nanofiltration, etc. was incorporated into the system. It was also found that the advanced treatment systems, such as adsorption, UV, or ozone treatment, could only be used as a polishing unit, and these systems alone could not produce desirable outcomes if the wastewater is not pre-treated.

Apart from the PhACs, pathogenic entities were found to be present in large numbers. Although common microorganisms, such as *E. coli*, fecal bacteria, coliforms were efficiently removed by WWTPs, the ARG and ARB were more persistent and required high doses of chlorination (30–80 mg min/L) or UV-treatment for their removal. SARS-CoV-2 was found in HWW and wastewater of almost all the countries severely affected by the COVID-19 pandemic. It was found that the percentage of positive samples tested for SARS-CoV-2 was directly proportional to the percentage of people affected by COVID-19 in a particular country.

SARS-CoV could be inactivated at chlorine dose of 10 mg min/L which was much higher as compared to the chlorine dose required to inactivate hepatitis A virus, adenovirus, and other enteric viruses.

Treatment of HWW using domestic wastewater treatment plants should not be favored as many unique parameters in HWW cannot be removed by conventional system. Effective removal of PhACs, viruses, ARG, ARB should be given priority to secure public health. The present study summarizes various pilot/full-scale treatment units employed in HWW treatment. However, all the discussed units have certain drawbacks, such as incomplete removal of PhACs, nitrate, resistant microorganisms, high maintenance, and operational cost, etc., which should be properly addressed. Furthermore, many of the advanced treatment technologies are cost-intensive. MBRs are susceptible to membrane fouling and clogging. Regular maintenance involving chemical cleaning, back-washing of membranes need to be carried out for proper functioning of these systems. Regular monitoring of the biomass and the wastewater quality is essential for efficient functioning of these systems. The emerging technologies, such as photocatalysis, anodic oxidation, Fenton oxidation, and adsorption require more research before they can be implemented on a field-scale. Overcoming all these technological challenges along with the associated social barriers can significantly improve the HWW management sector. This review can catalyze the research in the field of treatment of HWW and the development of innovative technologies for the efficient management of emerging contaminants and pathogenic entities.

#### Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

#### Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at [doi:10.1016/j.jece.2020.104812](https://doi.org/10.1016/j.jece.2020.104812).

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