


Modeling Outcomes in Children With Biliary Atresia With Native Liver After 2 Years of Age

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Approximately 50% of infants with biliary atresia (BA) undergoing Kasai portoenterostomy show survival with native liver (SNL) at age 2 years. Predictors of disease progression after age 2 years are unknown, despite estimates of 20%-30% undergoing liver transplant (LT) between age 2 and 18 years. We sought to address this knowledge gap by developing prognostic models in participants of the multicenter prospective National Institutes of Health-supported Childhood Liver Disease Research Network. We extracted 14 clinical and biochemical variables at age 2 years to develop two models for future outcomes: 1) LT or death (LTD) and 2) first sentinel event (SE), either new onset ascites, hepatopulmonary syndrome (HPS), or gastrointestinal (GI) bleed. A total of 240 participants, enrolled between 2004 and 2017, were followed until a median age of 5.1 years (range, 2.0-13.3 years). Of these participants, 38 underwent LT (n = 37) or death (n = 1); cumulative incidence, 23.7% (95% confidence interval [CI], 16.2%-32.0%). Twenty-seven experienced either new-onset ascites (n = 13), HPS (n = 1), or GI bleed (n = 14). One participant had ascites and GI bleed concurrently; cumulative incidence, 21.5% (95% CI, 14.2%-29.8%) by age 10 years. The Cox proportional hazard model predicted risk of LTD, using total bilirubin, albumin, platelet count, and history of either ascites or cholangitis (BA LTD model), with a C-index of 0.88 (range, 0.86-0.89). A cause-specific hazard competing risk model predicted SE using platelet count and gamma glutamyltransferase levels (BA SE model) with a C-index of 0.81 (range, 0.80-0.84). Internal model validity was assessed using Harrell's C-index with cross-validation. **Conclusion:** Stratification using these models identified risk of poor outcomes in patients with BA SNL after age 2 years. The models may identify those who would benefit from enhanced clinical surveillance and prioritization in clinical trials. (*Hepatology Communications* 2020;4:1824-1834).

Biliary atresia (BA) is a congenital, idiopathic, obliterative, neonatal cholangiopathy that rapidly leads to end-stage liver disease if untreated. There is no medical treatment for BA. Even after surgical intervention with Kasai portoenterostomy (KPE), where the fibrotic biliary remnant is excised and drainage of the biliary tree attempted with Roux-en-Y, almost 50% of patients with BA will undergo liver transplant (LT) before 2 years of age.⁽¹⁻³⁾

Abbreviations: ALT, alanine aminotransferase; APRI, aspartate aminotransferase to platelet ratio index; AST, aspartate aminotransferase; BA, biliary atresia; BASIC, Biliary Atresia Study in Infants and Children; ChiLDReN, Childhood Liver Disease Research Network; CI, confidence interval; GGT, gamma-glutamyltransferase; GI, gastrointestinal; HPS, hepatopulmonary syndrome; HR, hazard ratio; INR, international normalized ratio; IQR, interquartile range; KPE, Kasai portoenterostomy; LT, liver transplant; LTD, liver transplant or death; PROBE, A Prospective Database of Infants with Cholestasis; SE, sentinel event; SNL, survival with native liver; TB, total bilirubin.

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Efforts at avoiding early LT have targeted early identification and diagnosis, timing of KPE before 45 days of age, and centralization of surgery at experienced centers.⁽⁴⁻⁷⁾ Interventions immediately following KPE have been attempted but without significant impact on outcome.^(8,9)

A “draining KPE” with improved bilirubin and survival with native liver (SNL) status at age 2 years is considered a successful outcome.^(10,11) However, progression of disease and liver-related sequelae persist. Cross-sectional studies of 5- to 20-year outcomes after KPE reveal that patients avoiding early LT still experience complications of chronic liver disease, including cholangitis, gastrointestinal (GI) bleeding, and ascites during childhood and early adulthood.^(5,12-14) Reductions in SNL to as low as 18%-26% in the 20-year follow-up after KPE have been reported.^(15,16) Factors that predict progression of liver disease in patients with BA SNL remain unknown.

To address this knowledge gap, we used data from participants with BA enrolled in the National

Institutes of Health-funded multicenter Childhood Liver Disease Research Network (ChiLDReN) between 2004 and 2017. The aim of this study was to develop prognostic models of outcomes in BA after age 2 years using readily available biochemical and clinical parameters.

Patients and Methods

STUDY POPULATION

Two prospective registries of infants and children with BA are included in ChiLDReN: A Prospective Database of Infants with Cholestasis (PROBE; clinicaltrials.gov NCT00061828) and the Biliary Atresia Study in Infants and Children (BASIC; clinicaltrials.gov NCT00345553). PROBE has enrolled infants ≤180 days of age with neonatal cholestasis since June 1, 2004, as described.^(14,17) Baseline data and biospecimens are collected at the time of KPE; follow-up visits occur periodically until 18 months of

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age and then annually from age 2 to 20 years, unless LT, death, or loss to follow-up occur. Since May 1, 2006, BASIC has enrolled participants with BA who are over 6 months of age, with BA confirmed after review of biopsy, radiographic, and surgical reports, as described.⁽¹⁴⁾ Baseline data are collected at enrollment and annually until age 20 years, LT, or loss to follow-up.

Institutional Review Board approval was obtained from each ChiLDReN site and the Data Coordinating Center; parents or legal guardians of infants provided written informed consent. The current study analyzed data from participants with BA with KPE in PROBE and BASIC with enrollment at or before age 2 years, with SNL at age 2, and follow-up data collected thereafter.

OUTCOME VARIABLES

We analyzed two time-to-event outcomes: (1) time from age 2 years to LT or death (LTD) and (2) time from age 2 years to a composite outcome of a sentinel event (SE), defined as the first report of ascites, GI bleeding, or hepatopulmonary syndrome (HPS), whichever happened first.

LTDs are recorded on data collection forms at the time of the event. SE data are collected at protocolized follow-up visits. Study definitions of SEs are standardized within the PROBE and BASIC protocols. The presence of ascites was determined by either physical exam or patient receipt of diuretics. HPS required documentation of hypoxia plus evidence of intrapulmonary shunting by bubble contrast echocardiography with agitated saline.⁽¹⁸⁾ GI bleeding was defined as hematemesis, hematochezia, or melena with endoscopic documentation of actively bleeding esophageal or gastric varices or visualization of esophageal varices in the absence of any other identifiable cause of hemorrhage.

CANDIDATE PREDICTORS

Candidate predictors analyzed for the first outcome of LTD included 14 variables: platelet count ($10^3/\text{mm}^3$), total bilirubin (TB, mg/dL), aspartate aminotransferase (AST, U/L), alanine aminotransferase (ALT, U/L), prothrombin time international normalized ratio (INR), albumin (g/dL), gamma-glutamyltransferase (GGT, U/L), AST to platelet

ratio index (APRI), height failure, weight failure, and history of ascites, cholangitis, GI bleed, and splenomegaly.

Baseline laboratory and anthropologic measurement values were obtained from the closest visit within 6 months before or after 2 years of age. Medical history variables were reported before age 2 years. Height and weight failure were defined as age- and sex-adjusted z score < -2 , calculated using SAS macros provided by the Centers for Disease Control and Prevention (<https://www.cdc.gov/nccdphp/dnpao/growthcharts/resources/sas.htm>). Splenomegaly was defined as palpable >2 cm below the costal margin. Diagnosis of cholangitis required presence of fever of $>38^\circ\text{C}$ without other obvious clinical source of infection as well as a combination of clinical findings. Clinical findings included new onset of acholic stools; right upper quadrant pain or tenderness; both elevation of direct bilirubin by 25% and at least >1 mg/dL above previous baseline; rise in 2 or more of AST, ALT, and alkaline phosphatase; GGT to 1.5 times the upper limit of normal or $>25\%$ above baseline values if previously elevated; and clinical and biochemical improvement after treatment with antibiotics. History of ascites before 2 years of age was defined as described above and limited to reports after 6 months of age.

For developing the prognostic model of SE, the list of candidate predictors included all the above predictors except for history of GI bleed or ascites.

STATISTICAL ANALYSIS

We used Cox proportional hazard models and cause-specific hazard competing risk models for modeling the risk of LTD and SE, respectively.⁽¹⁹⁾ In the model for SE, LT and death were treated as competing events for SE. Time 0 (baseline) is 2 years of age for both models. Those participants with an SE before age 2 years were excluded from the SE model development because the focus was on new onset after age 2.

Before modeling, distributions of all predictors were examined for extreme values. We used P-spline functions to explore the potential nonlinear effect of continuous predictors. Covariates with nonlinear effect were transformed to obtain the best model fit. A random forest survival model and a random forest competing risk model were used to explore potential

interactions between candidate predictors.^(20,21) Twenty-two multiple imputed data sets were generated to fill in missing covariate values, using a sequence of regression models implemented in IVEWARE, incorporating laboratory measures from the visit closest to 1 year of age.⁽²²⁾

To select the best prediction model, we used a step-wise selection procedure, with entry criteria $P < 0.10$ and stay criteria $P < 0.05$ on each of the 22 imputed data sets. The selected variables were ordered according to how frequently they were included in the 22 final models. We then selected our final model based on the combined results of the 22 imputed data sets, using Rubin's rule and the algorithm described as follows.⁽²³⁾ We added predictors into the model one at a time in the order of frequency obtained above, starting with the variable with the highest frequency. We stopped this process when the newly added variable had a stay $P > 0.05$.

In addition to calculating the apparent Harrell's C-index, cross-validation assessed internal validity of the prognostic models.⁽²⁴⁾ For each imputed data set, a 5-fold cross-validation was conducted by partitioning the study sample into five equal-size subsamples. Of these, four were used as the training set and one was used

as the test set. Median values of Harrell's C-index for the tests set across all imputed data sets were calculated.

Results

STUDY POPULATION

Between June 2004 and August 2017, 1,151 participants with BA with KPE were enrolled (543 in PROBE; 608 in BASIC) (Fig. 1). Of these, we identified a final cohort of 240 participants with BA (196 from PROBE; 44 from BASIC) enrolled before age 2 years, had an age 2-year study visit, and had follow-up after age 2 years. The median age at last observation was 5.1 years (range, 2.0-13.3 years).

Demographic and baseline laboratory/clinical characteristics of the cohort are listed in Table 1. The median age at KPE was 59 days (interquartile range [IQR], 42-74 days). The median age at enrollment into PROBE and BASIC was 1.8 months (range, 0.5-5.0 months) and 16.0 months (range, 4.5-23.9 months), respectively. None of the included participants in BASIC had been referred to a ChiLDReN site for LT evaluation.

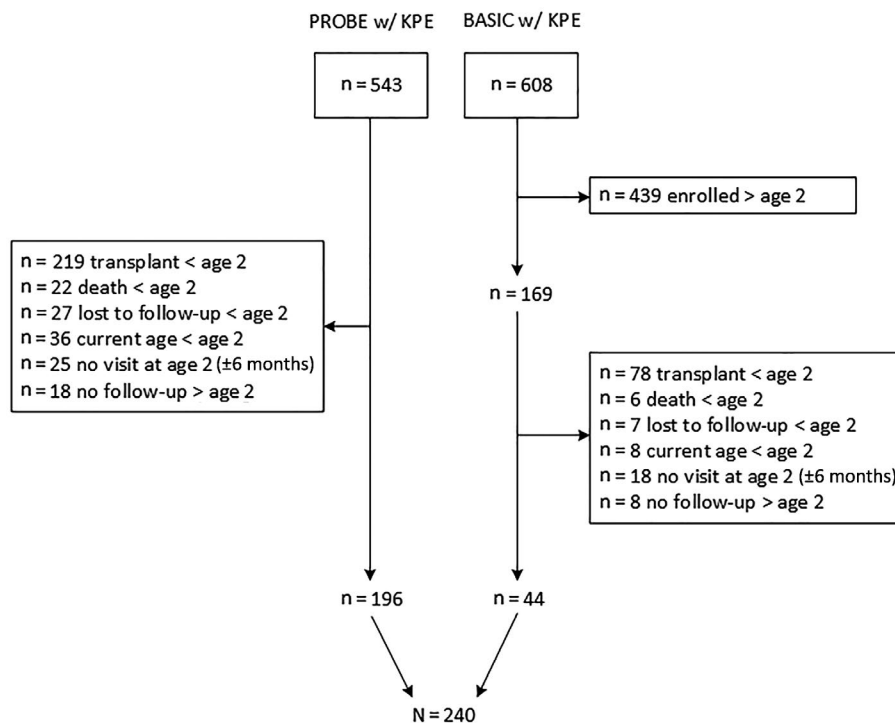


FIG. 1. Flow diagram showing identification and inclusion of ChiLDReN participants with BA SNL at age 2 years.

TABLE 1. DEMOGRAPHICS AND BASELINE CHARACTERISTICS OF PARTICIPANTS WITH BA SNL AT AGE 2 YEARS

Variable	BASIC (N = 44)		PROBE (N = 196)		Total (N = 240)		
	N	n (%) or Median (IQR)	N	n (%) or Median (IQR)	N	n (%) or Median (IQR)	
Demographics							
Female	44	28 (63.6%)	196	104 (53.1%)	240	132 (55%)	
Race	White	43	21 (48.8%)	195	108 (55.4%)	238	129 (54.2%)
	Black	43	7 (16.3%)	195	29 (14.9%)	238	36 (15.1%)
	Other	43	15 (34.9%)	195	58 (29.7%)	238	73 (30.7%)
Hispanic ethnicity	42	5 (11.9%)	196	48 (24.5%)	238	53 (22.3%)	
Age at Kasai (days)	44	61 (40, 76)	196	57 (43, 74)	240	59 (42, 74)	
Associated anomalies							
Asplenia/polysplenia	37	1 (2.7%)	195	8 (4.1%)	232	9 (3.9%)	
Cardiovascular anomaly	37	5 (13.5%)	195	30 (15.4%)	232	35 (15.1%)	
Gastrointestinal anomaly	37	8 (21.6%)	195	18 (9.2%)	232	26 (11.2%)	
Clinical features							
History of GI bleed	44	1 (2.3%)	196	10 (5.1%)	240	11 (4.6%)	
History of cholangitis	44	23 (52.3%)	196	81 (41.3%)	240	104 (43.3%)	
History of ascites	44	8 (18.2%)	196	34 (17.3%)	240	42 (17.5%)	
History of splenomegaly	44	21 (47.7%)	196	117 (59.7%)	240	138 (57.5%)	
Weight growth failure	35	4 (11.4%)	178	6 (3.4%)	213	10 (4.7%)	
Height growth failure	35	0 (0%)	179	13 (7.3%)	214	13 (6.1%)	
Antibiotics	27	11 (40.7%)	194	58 (29.9%)	221	69 (31.2%)	
Ursodeoxycholic acid	27	17 (63%)	189	123 (65.1%)	216	140 (64.8%)	
Laboratory features							
TB (mg/dL)	41	0.5 (0.3, 1.3)	186	0.5 (0.3, 0.9)	227	0.5 (0.3, 0.9)	
GGT (U/L)	35	127 (50, 239)	152	134 (43, 332)	187	130 (43, 327)	
Platelet count ($\times 10^3/\mu\text{L}$)	38	189 (132, 246)	179	206 (134, 280)	217	205 (134, 271)	
APRI	36	1.1 (0.7, 2.7)	176	1.2 (0.6, 2.1)	212	1.2 (0.7, 2.2)	
AST (U/L)	40	80 (56, 138)	189	88 (56, 159)	229	84 (56, 154)	
ALT (U/L)	40	65 (39, 117)	189	85 (45, 163)	229	83 (42, 155)	
Albumin (g/dL)	39	4.1 (3.8, 4.4)	187	4.1 (3.8, 4.4)	226	4.1 (3.8, 4.4)	
INR	30	1.0 (1.0, 1.2)	161	1.0 (1.0, 1.1)	191	1.0 (1.0, 1.1)	

Polysplenia/asplenia was documented in 3.9% of cases, cardiac anomaly in 15.1%, and GI anomalies in 11.2%. A history of cholangitis, ascites, and GI bleed was documented in 43.3%, 17.5%, and 4.6%, respectively. Baseline laboratory values were available from 187 to 229 individuals (depending on the missingness of each collected variable) and notable for a median TB of 0.5 mg/dL (IQR, 0.3-0.9 mg/dL), platelet count of $205 \times 10^3/\text{mm}^3$ (IQR, 134-271 $\times 10^3/\text{mm}^3$), GGT of 130 U/L (IQR, 43-327 U/L), ALT of 83 U/L (IQR, 42-155 U/L), AST of 84 U/L (IQR, 56-154 U/L), and APRI of 1.2 (IQR, 0.7-2.2) (Table 1).

Forty-eight participants had a reported SE before age 2 years (n = 42 ascites, n = 1 HPS, n = 11 GI

bleed, n = 6 with more than one SE) and were excluded from SE modeling, resulting in a total of 192 participants in ChiLDReN used in the SE model. Demographic and baseline characteristics of participants in the SE model compared with those excluded due to a history of SE are listed in Supporting Table S1.

RISK FACTORS AND A PROGNOSTIC MODEL FOR LTD

LTD was reported in 38 (37 LT and 1 death) study participants, with a cumulative incidence of 23.7% (95% confidence interval (CI), 16.2%-32.0%) by 10 years of age (Fig. 2A).

A slowing of the rate of LTD was observed over the study follow-up by comparing the time to event from ages 2 to 5 years (~15% cumulative incidence by age 5 years) to ages 6-10 years (additional incidence of 8% by age 10 years). Only 5 participants were followed until age 12 years, and no events were observed thereafter, limiting the ability to predict events beyond age 10 years (29 participants). Exploratory random forest analysis found no significant interactions between candidate predictors.

Clinical variables associated with risk of LTD in univariate analysis (Table 2) were history of GI bleed (hazard ratio [HR], 6.56; 95% CI, 3.00-14.35), history of ascites (HR, 3.38; 95% CI, 1.75-6.56), splenomegaly (HR, 6.46; 95% CI, 2.29-18.20), and height growth failure (HR, 2.91; 95% CI, 1.12-7.56).

All laboratory variables and APRI (Table 2) were significantly associated with risk of LTD ($P < 0.05$). Of note, doubling the TB (for example, TB rise from 0.5 mg/dL to 1.0 mg/dL) was associated with an HR increase of 2.64 (95% CI, 2.11-3.29), and doubling the APRI (e.g., 1.2 vs. 0.6) was associated with an HR increase of 1.96 (95% CI, 1.57-2.44) for the occurrence of LTD.

The stepwise selection approach developed a model (BA LTD) with five variables: TB, platelet count, albumin, and history of ascites or cholangitis (Table 3). The clinical applicability of the BA LTD model is illustrated in the corresponding nomogram (Supporting Fig. S1).

The BA LTD risk equation was evaluated by examination of Kaplan-Meier curves for LTD, stratified by quartile of the estimated risk in the cohort (Fig. 2B,C). Groups 1 to 4 are ranked by lowest to highest risk. Transplant-free survival is substantially lower at all ages in group 4, reaching just 53% at age 7 years. In group 3, predicted transplant-free survival deviates from groups 1 and 2 (89% vs $\geq 97\%$) at around 7 years of age. The distribution of each of the variables that contribute to the risk of LTD by quartile provides the characteristics of participants in our cohort at the baseline age of 2 years. Approximately half the subjects in groups 2-4 (having had a history of cholangitis and the median albumin of all groups) were in a normal range. The median platelet count of $<150 \times 10^3/\text{mm}^3$ and a median TB of 1.8 mg/dL were noteworthy in the highest risk group 4. A visual representation of

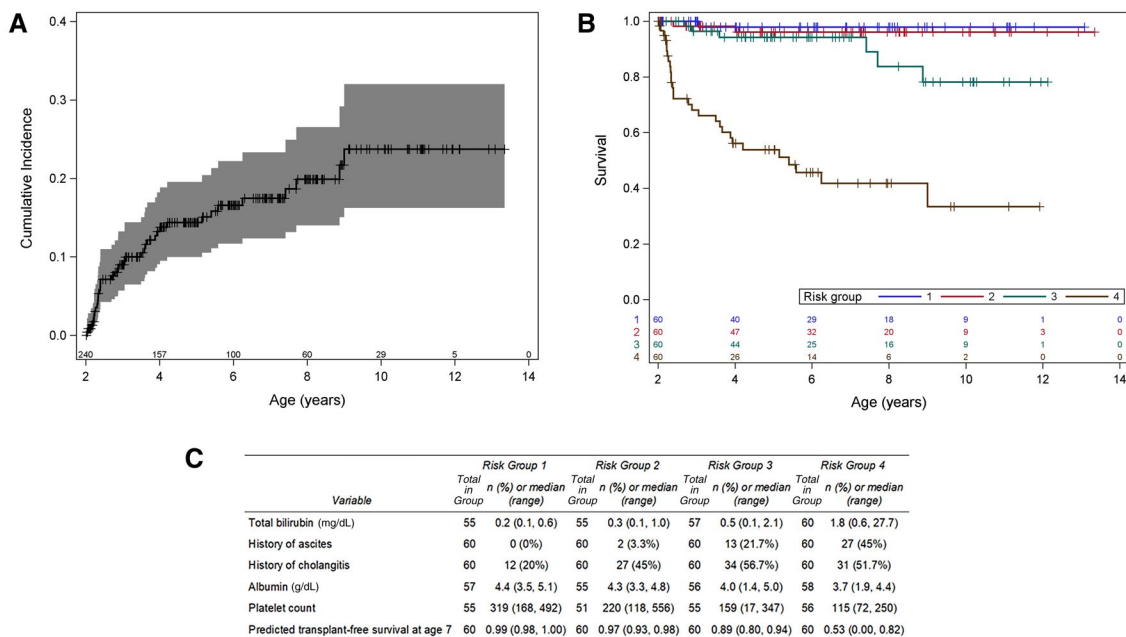


FIG. 2. Incidence and risk for the LTD model. (A) Cumulative incidence of LTD among the 240 study participants. (B) Kaplan-Meier curves for LT-free survival stratified by quartile of risk score. Stratification of participants shows a high-risk group (group 4; brown) and a medium-risk group (group 3; green), with the remaining two quartiles showing a similar lower risk. (C) Risk factor distribution of participants in the analysis by quartiles of risk is provided.

TABLE 2. UNIVARIATE ANALYSIS OF LABORATORY AND CLINICAL VARIABLES FOR LTD

Variable	HR (95% CI)	P Value
TB (mg/dL), log2	2.64 (2.11-3.29)	<0.001
GGT (U/L), log2	1.40 (1.11-1.76)	0.004
Platelet count (per 10×10 ³ /μL)	0.88 (0.84-0.93)	<0.001
APRI, log2	1.96 (1.57-2.44)	<0.001
AST (U/L), log2	1.85 (1.43-2.38)	<0.001
ALT (U/L), log2	1.32 (1.04-1.67)	0.022
Albumin (g/dL)	0.21 (0.15-0.31)	<0.001
INR (per 0.1)	1.88 (1.55-2.28)	<0.001
History of GI bleed	6.56 (3.00-14.35)	<0.001
History of cholangitis	1.19 (0.63-2.26)	0.587
History of ascites	3.38 (1.75-6.56)	<0.001
Splenomegaly	6.46 (2.29-18.20)	<0.001
Weight growth failure	0.50 (0.07-3.65)	0.494
Height growth failure	2.91 (1.12-7.56)	0.028

predicted probability of LTD with preselected laboratory values along with the clinical variables in the model is shown in Supporting Fig. S2.

The median of apparent Harrell's C-index among the 22 imputed data sets for this model was 0.88 (range, 0.86-0.89), indicating very good discrimination. Internal validation using the jackknife method on the 22 imputed data sets resulted in a median Harrell's C-index of the test sets of 0.87 (range, 0.40-0.99), indicating a very small magnitude of overfitting to the data set.

RISK FACTORS AND A PROGNOSTIC MODEL FOR SEs

Of 192 participants, a first SE occurred in 27 participants (14 GI bleed, 13 ascites, and 1 HPS; n = 1 with ascites and GI bleed reported on the same date). The cumulative incidence of first SE was 21.5% (95% CI, 14.2%-29.8%) by 10 years of age (Fig. 3A). Exploratory analysis using random forest analysis did not reveal significant interactions between candidate predictors. Of these 27 participants, 11 underwent LT during the follow-up period.

The only clinical variable associated with the risk of an SE in the univariate analysis (Table 4) was a history of splenomegaly, with an HR of 2.96 (95% CI, 1.25-7.01). All laboratory variables, except INR, were associated with risk of SE in the univariate analysis

TABLE 3. PROGNOSTIC MODEL FOR LTD (N = 240, NUMBER OF EVENTS = 38)

Variable	Log (HR) (95% CI)	HR (95% CI)	P Value
TB (mg/dL), log2	0.70 (0.41, 1.00)	2.02 (1.51, 2.72)	<.001
History of ascites	0.74 (0.03, 1.45)	2.10 (1.03, 4.28)	0.040
History of cholangitis	0.90 (0.20, 1.61)	2.47 (1.22, 5.00)	0.012
Albumin (g/dL)	-1.11 (-1.84, -0.37)	0.33 (0.16, 0.69)	0.003
Platelet count (per 10×10 ³ /μL)	-0.07 (-0.13, -0.01)	0.93 (0.88, 0.99)	0.014

Equation for calculating chance of LTD at age of *t* years:

$$1 - S_0(t)^{\exp(0.7 \times \log_2[\text{TB}] + 0.74 \times \text{History of Ascites} + 0.9 \times \text{History of Cholangitis} - 1.11 \times \text{Albumin} - 0.007 \times \text{Platelet Count} + 5.84)}$$

(*P* < 0.05). Doubling the TB level was associated with an HR of 1.69 (95% CI, 1.30-2.19). Doubling the APRI level was associated with an HR of 1.88 (95% CI, 1.48-2.40).

The stepwise selection approach developed a BA SE model with two predictors: platelet count and GGT (Table 5). The applicability of the BA SE risk equation was evaluated by examination of the cumulative incidence function curves for SE, stratified by quartile of estimated risk based on the BA SE risk equation (Fig. 3B,C). The first two quartiles showed lower risk of SE in contrast to the higher quartiles, where predicted SE-free survival at age 7 years is 83% in group 3 and only 55% in group 4. Similar to the BA LTD model and consistent with the known association of thrombocytopenia and portal hypertension, the median platelet count of 116 10³/mm³ (range, 17-205 10³/mm³) in group 4 of this model reflects the group most likely to have an SE. Median GGT was >150 U/L in group 3 and median GGT was >200 U/L in group 4. GGT may represent a novel biomarker of those at risk for an SE in combination with the platelet count.

Median of apparent Harrell's C-index among the 22 imputed data sets for this model is 0.81 (range, 0.80-0.84), indicating very good discrimination. Internal validation applying the jackknife method to the 22 imputed data sets resulted in a median Harrell's C-index of the test data of 0.85 (range, 0.67-1.00).

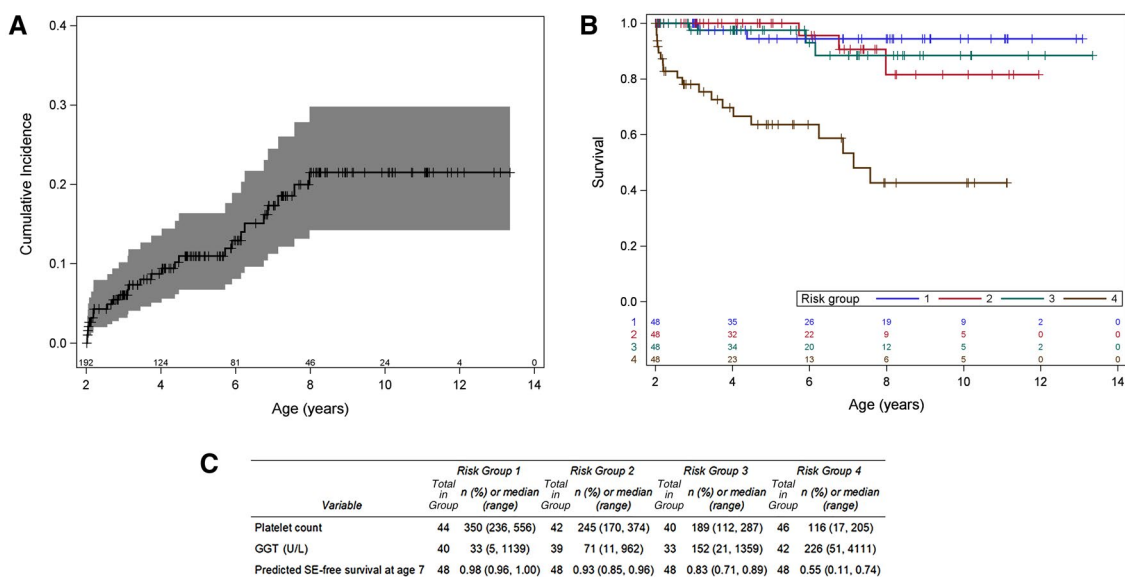


FIG. 3. Incidence and risk for the SE model. (A) Cumulative incidence of SE among 192 study participants. (B) Kaplan-Meier curves for SE-free survival stratified by quartile of risk score. Stratification of participants shows a high-risk group (group 4; brown) for the development of an SE. (C) Risk factor distribution of participants in the analysis by quartiles of risk is provided.

TABLE 4. UNIVARIATE ANALYSIS OF LABORATORY AND CLINICAL VARIABLES FOR SE

Variable	HR (95% CI)	PValue
TB (mg/dL), log2	1.69 (1.30-2.19)	<0.001
GGT (U/L), log2	1.48 (1.17-1.88)	0.001
Platelet count (per $10 \times 10^3/\mu\text{L}$)	0.87 (0.82-0.92)	<0.001
APRI, log2	1.88 (1.48-2.40)	<0.001
AST (U/L), log2	1.62 (1.19-2.19)	0.002
ALT (U/L), log2	1.35 (1.03-1.78)	0.030
Albumin (g/dL)	0.34 (0.19-0.59)	<0.001
INR (per 0.1)	1.25 (0.89-1.74)	0.194
History of cholangitis	0.51 (0.22-1.21)	0.129
Splenomegaly	2.96 (1.25-7.01)	0.013
Weight growth failure	1.24 (0.29-5.24)	0.774
Height growth failure	2.28 (0.68-7.64)	0.180

TABLE 5. PROGNOSTIC MODEL FOR SE (N = 192, NUMBER OF EVENTS = 27)

Variable	Log (HR) (95% CI)	HR (95% CI)	PValue
Platelet count (per $10 \times 10^3/\mu\text{L}$)	-0.12 (-0.18, -0.06)	0.89 (0.84, 0.94)	<0.001
GGT (U/L), log2	0.30 (0.04, 0.55)	1.34 (1.04, 1.73)	0.023

who have survived to age 2 years with native liver: the BA LTD model for the risk of LTD, using five clinical and laboratory values, and the BA SE model for the risk of developing an SE, using platelet count and serum GGT.

In our study of patients who had SNL at 2 years of age, the cumulative incidence of either LTD or SE was substantial, 23.7% and 21.5%, respectively. Similarly, in a French series, transplant-free survival rate decreased to about 25% by age 20 years; in an Italian study, it decreased from about 50% at age 2 years to 18% by age 20 years.^(5,15,16)

Few predictive models of outcome in BA SNL have been developed. A Japanese series reported factors at 10 years of age associated with 20-year transplant-free survival, but small sample size precluded multivariable analysis.⁽²⁵⁾ Similarly, a retrospective

Discussion

The major gap in our understanding of BA SNL disease progression has been a lack of large multicenter prospective studies with sufficient contemporaneous clinical and biochemical data for model development. Using the large North American prospective multicenter ChiLDRen data set, we developed two novel prognostic models of BA in children

single-center study reported prognostic markers at age 16 years predictive of LT after age 20 years. Although this may be helpful in guiding surveillance of liver disease progression during transition to adulthood, earlier intervention before adolescence and before liver damage occurs would be more beneficial.⁽²⁶⁾ The Netherlands registry reported factors associated with LT; however, analysis was limited in its retrospective nature, the small cohort, and use of only very early laboratory values.⁽²⁷⁾

The biochemical parameters chosen for this analysis are obtained routinely by clinicians. Previous studies of TB as a prognostic marker have focused on outcomes in the few months after KPE.⁽¹⁷⁾ Notably, in our study cohort, the median TB at age 2 years was 0.5 mg/dL. Using TB as a continuous variable revealed that a small increase in TB conferred a substantial contribution to the LTD risk score. Additional variables (decreasing albumin and platelet count and history of ascites and cholangitis) improved the discriminative ability (Harrell's C-index, 0.88) to predict LTD over the 10-year follow-up. When we examined a subset of our cohort with TB <2 mg/dL at 2 years of age, the median Harrell's C-index was 0.79, indicating good discriminability among patients traditionally viewed as having low risk of progression.

Collecting detailed data on intermediate SEs that occur before LT remains one of the primary aims of ChiLDReN. Our study is the first to present cumulative incidence of complications of chronic liver disease occurring in BA SNL in those without prior SE occurrence in infancy. We chose a composite of new onset GI bleed or ascites or HPS, as these complications provide a unique opportunity to model morbidity in BA SNL. Identifying those at risk for an SE may help target future interventions to avoid LT.

Platelet count and GGT were the only two predictors in the selected BA SE model. Platelet count is an established clinical marker of portal hypertension, and "prediction rule" models of varices (APRI, Clinical Prediction Rule, Varices Prediction Rule) in pediatric liver disease consistently include platelet count.⁽²⁸⁻³⁰⁾ Conversely, few studies have evaluated GGT as a marker of disease progression in BA. One study of BA SNL showed that GGT >100 at 2 years of age predicted thrombocytopenia at 4-6 years of age.⁽³¹⁾ Similarly, GGT >550 IU/L at 5 months was associated with poor prognosis at 5 years of age, despite clearance of jaundice.⁽³²⁾ In the BA SE model,

increasing GGT conferred an increased risk of a first SE and should be a standard test in assessing disease severity in BA SNL at age 2 years.

Both early and late onset cholangitis are described as potentiating fibrosis and progressive liver disease.^(33,34) A history of cholangitis was a predictor in the BA LTD model, although not for the BA SE model. However, a Japanese cohort describes no significant difference in 20-year SNL in patients with a history of cholangitis.⁽³⁵⁾ As the medical management of patients is not protocolized in ChiLDReN, standardized prophylactic antibiotic therapy that could modify the clinical course in BA is lacking, and further evaluation in prospective trials is required.

Our study had several limitations. We were targeting the specific subpopulation of patients with BA who still remain with their native liver at 2 years of age. The moderate number of events could subject the analysis to potential overfitting of the models. Although our internal validation results indicate only a small magnitude of overfitting, future external validations of both the BA LTD and BA SE models are warranted. Variables, such as ascites or splenomegaly, could be made more objective by use of radiographic techniques. Data from the BASIC study include patients after 6 months of age and allow for referral of patients from nonstudy site centers where inclusion criteria in PROBE require that patients undergo KPE at the study site. This difference did not allow for inclusion of some variables in the analysis.

Although we lacked substantial clinical or biochemical information beyond age 10 years, the rate of LTD and SE by age 10 illustrates progression of liver disease. Continued collection of prospective data from the ChiLDReN cohort will help determine rates of LTD or SE after age 10 years. As application of these two models to BA cohorts from international centers occurs, more robust models of BA outcomes beyond age 10 may be developed. Moreover, these models are derived from data obtained from a single time point of a child with BA, i.e., age 2 years. Dynamic prediction models using longitudinal laboratory data accrued beyond 2 years of age may provide better prediction for both outcomes and are warranted for our future work. Recent therapeutics for cholestatic liver diseases are being tested in children and adults, suggesting that in the near future, patients with BA SNL, especially those in the highest risk quartiles, should be considered candidates for clinical trials.^(2,36-38)

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