HHS Public Access

Author manuscript

AIDS Behav. Author manuscript; available in PMC 2020 December 04.

Published in final edited form as:

AIDS Behav. 2020 October; 24(10): 2942-2955. doi:10.1007/s10461-020-02845-x.

A Scoping Review of Employment and HIV

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Abstract

Employment is a social determinant of health that is important for understanding health behaviors, health outcomes and HIV transmission among people living with HIV. This study is a scoping review of the literature that addresses (a) the relationship between employment and the HIV continuum of care, (b) determinants of employment among PLWH and (c) experiences with employment. We searched two databases, PubMed and Embase, and identified a total of 5622 articles that were subjected to title and abstract review. Of these, 5387 were excluded, leaving 235 articles for full-text review. A total of 66 articles met inclusion criteria and were included in the study. The literature suggests that employment status is positively associated with HIV testing, linkage to HIV care, retention in HIV care, and HIV medication adherence. Guided by a social-ecological framework, we identified determinants of employment at the individual, interpersonal, organizational, community, and policy levels that are amenable to public health intervention. Experiences with employment, including barriers, facilitators, advantages, disadvantages, and needs, provide additional insight for future research and programs.

Keywords

Employment; Return-to-work; HIV continuum of care; Social determinants of health

Introduction

There is increased recognition of the role social determinants of health play in shaping health behavior and disease transmission. The National HIV AIDS Strategy calls for comprehensive care for people living with HIV (PLWH) that includes supportive services for employment [1]. Once considered a terminal illness, with the advent of antiretroviral therapy (ART), and enhancements in contemporary ART, HIV is now considered a chronic disease [2]. People living with HIV who have a timely diagnosis, access to medication, and

sustained life-long HIV medication adherence are expected to live nearly as long as the general population [3]. Given that the majority of PLWH are of working age—91% of PLWH are between the ages of 20–65 [4]—unemployment and job loss related to HIV will likely play a critical role in the social well-being and health of people living with HIV over the life course.

The purpose of this scoping review is to assess the state of the science on the relationship between employment and HIV. There are several literature reviews which focus on employment among PLWH that are relevant to our study. A scoping review synthesized the literature on labor force participation among PLWH through 2008 with a focus on the meaning of work, key factors that influence labor force participation, factors effecting vulnerable populations, risks and benefits of work, and strategies to support returning to work. The review identified a number of barriers to labor force participant and highlighted the need for future research on the long-term impact of HIV on employment, women, and long-term employment outcomes [5]. An earlier review explored the state of employment in the decade following the release of combination ART in the late 1990's, with a focus on employment related needs, barriers to returning to work, and return-to-work programs. The review identified barriers related to mental health, physical health, identity, training and education [6]. Our study aims to update these reviews by including the literature though 2017. A recent, informative critical review of the literature identified employment needs and challenges among populations disproportionately impacted by HIV, the relationship between employment and important health outcomes associated with the HIV Care Continuum, and implications for policy, service provision, and future research. This critical review didn't use a systematic methodology characteristic of systematic reviews or scoping reviews. The review identified the need for research on the causal mechanisms through which employment impacts health and the impact of employment health services on health outcomes [7]. Two additional reviews asked narrow questions related to employment among PLWH. A 2015 Cochrane Systematic Review evaluated the effect of interventions aimed at sustaining and improving employment among PLWH. The review identified four studies that met their inclusion criteria and found low-quality evidence that ART interventions may improve employment outcomes for PLWH [8]. Finally, a 2015 review focused on the role of employment on neurocognitive reserve among adults with a focus on the role of social engagement, learning new skills, established routines, life purpose, and income. This review concluded that there is a need for research to examine the neurocognitive impacts of returning to work [9].

Our study builds off of the work outlined above and addresses some of the existing gaps in the literature. The aim of our study is to identify determinants related to employment among PLWH which are potentially amendable to public health intervention to inform intervention development. Specifically, our review uses a scoping methodology to synthesize the literature in following areas: (a) the relationship between employment and movement along the HIV continuum of care, (b) determinants of employment among PLWH across the multiple levels outlined by the social-ecological model, and (c) experiences with employment (including barriers, facilitators, advantages, disadvantages, and needs). Our review adds to the literature by up-dating the findings of the reviews completed by Braveman and Worthington through 2017, using a reproducible scoping methodology to

assess the relationship between employment and the HIV continuum of care, and using the social-ecological model to frame determinants of employment identified through the literature.

Methods

In conducting this scoping review, we adhered to the methodological guidelines outlined by Levac [10] and Colquhoun [11]. These guidelines further clarify and refine the six steps for conducting scoping reviews outlined by Arksey and O'Malley 2005: (1) identifying the research question, (2) identifying relevant studies, (3) study selection, (4) charting the data, (5) collating, summarizing, and reporting the results, and (6) consultation [12]. The objective of this review was to develop a better understanding of the current landscape of the literature on employment among people living with HIV with an aim to identify gaps in the literature and provide recommendations for future areas of research, focusing upon public health intervention development.

This scoping review was conducted by three individuals: two researchers from the Johns Hopkins School of Public Health and an informationist from the Welch Medical Library. In conjunction with the study team, the informationist developed the search strategy which was translated and executed in PubMed and Embase (Table 1). We used the following selection criteria: (a) full-text studies, (b) published in the peer-review literature, (c) written in English, (d) published between 1999 and 2017, (e) all study designs, and (f) focus on HIV and employment.

We first conducted a title and abstract screen and excluded articles that did not focus on HIV and employment and were therefore not relevant to our study. We then examined the full text of the remaining articles for compliance with selection criteria. Next, we categorized the existing literature into the following topic areas: (a) the relationship between employment and the HIV continuum care; (b) determinants of employment among PLWH; (c) barriers and facilitators of employment; and (d) the employment-related experiences of PLWH. We used these categories to answer three overarching research questions: "What is the relationship between employment and movement along the HIV continuum of care?"; "What are the determinants of employment among PLWH?"; and "What is known about the employment-related experiences of PLWH?" Because we were interested in findings that were most relevant to the social context of the United States, at this stage, we revised our search criteria to include only studies conducted within the United States, Western Europe, and Canada. We included findings from one systematic review of studies in low, middle and high income countries but only reported the findings from high income countries (United States, France, and the United Kingdom) as well as one study that included the member states of the Organization for Economic Cooperation and Development. We excluded studies that where conducted in Europe but had a focus on recent migrants. We excluded studies with only abstracts available. Finally, we excluded intervention research studies (including studies of interventions, programs, models and frameworks related to employment and vocational services). We excluded these studies because the authors felt that intervention studies (and related topics) warrant a separate, standalone review to present the findings in detail and to provide thorough, robust recommendations.

To organize and manage the data, we extracted information on the study characteristics as well as the main study findings. Specifically, we extracted information on first author and year of publication, study location, study population, sample size, sampling strategy, study design, and key findings into tables. In addition, we charted the data on determinants of employment to organize our findings visually and to categorize our findings by the levels of the Social-Ecological Model. We used the Social-Ecological Model as our guiding framework [13], and categorized our findings as being either at the individual, interpersonal, organizational, community, or policy level. The Social-Ecological Model recognizes that multiple layers of embedded factors operate across and between levels to influence behavior [13].

Our initial study questions and preliminary findings were presented to a community advisory board for feedback and input. The community advisory board provided recommendations and suggestions on which findings were most meaningful to them and provided suggestions for how the findings could be framed and presented. The community advisory board was comprised of individuals living with and impacted by HIV and included students, current and former HIV peer navigators at a local clinic, community advocates, community leaders, and individuals who work in HIV prevention intervention development and implementation.

Results

Our search yielded 6765 results (1934 from Pubmed and 4831 from Embase) with 1143 duplicates, resulting 5622 articles that were subjected to title and abstract review. Of those, 5387 were excluded, leaving 235 articled for full-text review. One hundred and sixty-nine articles were excluded after full-text review. Fifty-seven articles were excluded due to location (e.g. not in United States, Western Europe, or Canada), 80 due to relevance of the topic area (e.g. focus are was not HIV and employment), 17 due to publication type (e.g. only abstract available or conference abstract), and 15 due to the study population (e.g. study population not people living with HIV). The remaining 66 articles were included in the scoping review (Fig. 1).

Employment Status and the HIV Continuum of Care

The literature suggests that employment status is associated with movement along the HIV continuum of care (Table 2). Not being employed is associated with not being tested for HIV [14] and with late diagnosis [15–17]. Research among individuals in the Southern United States found that PLWH who are unemployed are two times more likely to miss their initial scheduled HIV medical visit compared to individuals who were employed [18]. Similarly, a cohort study in Philadelphia of patients at hospital-affiliated outpatient clinics, emergency departments, and inpatient units found that unemployed patients were 6.5 times more likely to fail to link to care within 6 months of receiving a HIV positive test result [19], while a study in Italy found that unemployed people living with HIV were 2.75 times more likely to fail to present for HIV care within 6 months of diagnosis [20]. Research has also found associations between unemployment and delayed access to highly active antiretroviral therapy [21]. A recent systematic review of 28 studies from low, middle, and high income countries found that employment was associated with HIV medication adherence (OR 1.33,

95% CI 1.02–1.74) in high-income geographies [22]. In neighborhoods with higher rates of unemployment, PLWH are less likely to have current antiretroviral prescriptions [23]. Employment characteristics may modify the relationship between employment and adherence. Among employed individuals, those who have workplace accommodations are more likely to be adherent to HIV medications than those without an accommodation [24]. Employment loss is associated with both incident and persistent elevated viral load [25].

Determinants of Employment

Various studies have assessed determinants of employment among people living with HIV. This is important for identifying the populations that are most heavily impacted and for understanding possible mechanisms, in particular those which might be amenable to public health interventions. Studies suggest that demographic, biologic, and social factors are associated employment status among PLWH.

Employment—A variety of factors predict employment among PLWH including social demographic characteristics, health status, attitudes and beliefs. Several studies suggest that younger individuals are more likely to be employed than older individuals [26–28]. However, a study in France of individuals who had maintained employment since their HIV diagnosis found that individuals between the ages of 20–49 were more likely to maintain employment than those less than 20 years of age [29]. Research also suggests that those with a college degree are more likely to be employed than those with less education [29–32], and that men are more likely to be employed than women [29, 31, 33].

Studies that assessed the association between health and employment among PLWH have consistently found that those with greater physical and psychiatric health challenges are less likely to be employed. Individuals with AIDS [26, 30, 31], low CD4 cell counts [28, 31] and poor physical health [29, 33] are less likely to be employed. Higher memory function and executive functioning are associated with employment [26, 34] as are higher scores for quality of life [27, 35]. Employment is also associated with greater physical, role, social, conative, and mental health functioning, well-being, and quality of life [28, 36–44]. In addition, individuals with current or past addiction and HCV co-infection are less likely to be employed [30, 31]. There is a consistent inverse association between depression and employment [27, 31, 34].

However, it is important to note that these relationships may differ by quality of employment. Individuals with poor quality jobs (high job insecurity, high psychological demands, and low decision authority) report similar levels of quality of life and depressive symptoms as those who are unemployed [41, 45]. Likewise, among those who are employed, the type of employment matters. Individuals living with HIV with nonpermanent employment are at increased risk of death compared those with stable employment [46].

Individuals who are working at the time of diagnosis are more likely to be employed, [27] and research suggests that as more time passes from initial diagnosis, the less likely it is that an individual will be employed [26, 27, 31].

Considering Work—We identified three studies that assessed predictors of returning to work. Individuals who were male, younger and Hispanic/Latino (compared to White) were more likely to contemplate returning to work [30, 47]. Health status also seems to play an important role. Individuals with AIDS were less likely to consider returning to work compared to those in HIV stage A or B [30], while those who felt their health had improved over the past year were more likely to consider employment [47]. Fear of a loss of benefits appears to influence individuals thinking about returning to work. Individuals with disability benefits are less likely to initiate employment [30] as were individuals with Medicaid [47]. Two belief systems emerged as being positively associated with considering returning to work. The belief that health will improve with employment and the absence of work-related health concerns are both associated with initiating employment [47, 48].

Unemployment—Studies that modeled associations with unemployment mirror many of the trends seen in studies that assessed employment as an outcome. Individuals with more advanced HIV and those with higher viral loads [25] were more likely to be unemployed [49–52]. Frailty [50], diabetes [49], hypertension [49], psychological distress [53], and a poor self-report of health [53, 54] were also associated with unemployment. Unemployment is independently associated with depression [45, 55–57] as well as suicide and attempted suicide [56]. Finally, there is an association between unemployment and HIV mortality [52, 58–61].

Higher levels of education have been found to be protective against unemployment [50, 57] as well as job type. Individuals with managerial public-sector permanent positions are less likely to be unemployed than those with permanent private-sector jobs, casual/temporary contract jobs, or the self-employed [49, 62]. Furthermore, individuals with nonpermanent jobs are a greater risk of job loss following HIV diagnosis [25]. One study found a relationship between workplace discrimination and unemployment among individuals with primary education [49]. The relationship between age and unemployment varies across studies and is likely highly dependent on location and context. While some research indicates lower rates of unemployment among older individuals [50] others suggest higher rates of unemployment among older individuals [53, 57]. An additional study found that unemployment was lowest among those age 30–39 and higher among those 18–29 and 50–59 [49]. Women are more likely to experience job loss following HIV diagnosis than men [25].

Experiences with Employment

A body of literature documents the experiences of PLWH and employment. In this manuscript we have organized this literature into the following sub-headings: barriers to employment, facilitators of employment, advantages and disadvantages of employment and gaps or needs. These categories have been grouped together for the purpose of organization, rather than to make artificial distinctions between often overlapping and related concepts.

Barriers—Across studies several barriers to employment emerged. Health related concerns constituted a significant barrier to employment for PLWH, including the physical symptoms of HIV and the side effect of HIV medications [63–67]. Closely related was the burden of

rigorous HIV regimes and the need for frequent medical visits [64, 65, 68]. For many, these barriers (HIV related illness, side-effects of medication, burden of HIV regimes, and frequent medical visits) necessitated the need for accommodations. A study of the process of workforce re-entry found that physical health challenges constituted the most widely experienced barrier to employment (reported by 60.6% of participants) followed by mental health challenges (reported by 47.1% of participants) [69].

Across studies, PLWH reported that fewer job options were available to them after their diagnosis. The reasons for this were varied and included: outdated job skills because of long absences from employment [29, 63, 64]; the perception that some jobs were no longer suitable (for example due to physical constrains or the nature of HIV transmission) [65]; and a lack of jobs that would be able to accommodate needs of PLWH [29, 64, 70].

Fear of discrimination in the workplace was a common barrier. HIV discrimination was mentioned across several studies [29, 64–68, 70–72] as well was racism, ageism, and homophobia [63, 66]. Fears were derived from personal experiences at prior jobs, as well as the perception that HIV discrimination was prevalent. A study of health care workers living with HIV found that individuals choose not to disclose their HIV status at work because of fears about negative reactions and because disclosure is unnecessary and a nonissue [73]. Individuals with professional or managerial jobs maybe more likely to disclose their HIV status at their place of employment than those with lower level positions [74]. A study in France found that 70% of employed participants had not disclosed their HIV status in the workplace and that among those who had told their supervisors of their HIV status, 22% had received accommodations. (By means of comparison, 9% of individuals who had not disclosed received accommodations.) [29].

The final cross-cutting barrier that emerged across studies was the fear of loss of benefits, including SSI, SSDI and health insurance [63–65, 67, 68, 70, 71]. Individuals receiving government assistance have reported being overwhelmed and intimidated by the paperwork and complex procedures associated with returning to work [67].

Facilitators—Research suggests that the work environment, work schedules, and social support are three factors that facilitate employment among PLWH. Having a safe and supportive work environment that includes supervisors and co-workers who are educated about HIV and who are perceived as approachable and open to accommodations facilitates employment [63, 64, 67, 68, 72]. An important aspect of a supportive work environment is flexibility in work schedules to accommodate health needs [67, 68, 72]. A study conducted in the United States found that about half of PLWH who work have a job accommodation and that part-time employees use job accommodations more frequently that full-time employees [74]. Finally, social support from physicians, friends and family support returning to work and maintaining employment [65, 68, 70–72, 75].

Advantages and Disadvantages—Advantages to employment include material advantages, social advantages and improvements in self-concept. Material advantages are achieved through increased access to financial resources which may facilitate increased financial stability and increased financial responsibility [63, 65, 68, 70–72, 76]. With

increased financial resources, individuals reported a greater sense of freedom, increased ability to provide for others, and decreased reliance on public assistance [65, 68, 70–72]. Research also suggests that employment increases social connection, social skills building, and social engagement [63, 66, 68, 70–72, 76, 77]. Finally studies have found that employment increases individuals' self-concept, including self-worth, self-esteem, self-respect and self-dignity [63, 65, 66, 68, 70, 71, 77]. Employed individuals reported increased satisfaction, fulfillment, and improved emotional and mental health [65, 66, 72, 77]. Employment provided welcome structure and routine which helped to fill an excesses of spare time [63, 64]. Finally, research suggests that employment may prevent negative neuroplasticity and facility neurocognitive reserve [9].

Research with unemployed individuals suggests that perceived disadvantages of employment include increased threat of exposure to HIV discrimination, potential complications with adhering to complex medication regimens, and increased stress [64, 70, 71]. A study of individuals employed at an HIV service provider found high levels of burnout among employees living with HIV due to a personal and professional focus on HIV as well as decreased access to health care and social services due role conflict felt by individuals who were providers and consumers of services [76].

Needs—Employment needs and unmet gaps in services for people living with HIV include skills building in job seeking and job training [65, 66, 70, 71]. Job seeking skills are the skills one uses to identify and apply for a job, such as accessing job resources, creating a resume, completing a job application, following up with a potential employer after an interview and interview skills. In particular, research suggests that some people living with HIV would like training and assistance on how to best answer questions about gaps in their resumes [70]. Research has also identified the need for further job training due to out of date job skills or the desire to gain training in a field that better matches the needs of someone living with a chronic disease [65, 70, 71]. Furthermore, research suggests that there is need to provide education and training on requesting accommodations [65, 71]. A study of 235 PLWH entering a vocational rehabilitation program found that the most frequently reported need was support with their work situation (80%) followed by education and training (78%) and finances (78%). Approximately a third of participants reported the need for housing, 16% reported the need for medical care and 12% reported drug and alcohol problems suggesting that return-to-work programs may need to address a range of competing psychosocial needs [78]. Research has also identified the need for support that provides an individualized and incremental approach to returning to work that leverages the benefits of social and peer support [77].

Discussion

Our study found that employment status is associated with movement along the HIV continuum of care. Specifically, PLWH who are employed are more likely to engage in HIV medical care, including HIV testing, timely linkage to HIV care, retention in HIV care, and HIV medication adherence. This finding is consistent with a critical review published by Conyers et al. which concluded that there is evidence to support a direct relationship between employment and HIV prevention outcomes [7]. These findings suggest that

employment might play a role in reducing HIV transmission. Associations between employment and health, including continuum of care outcomes, are most likely bidirectional. For example, the health benefits of adhering to HIV medications likely facilitates employment. In addition, research among PLWH (as well as the general adult population) has found that working decreases depression, a known barrier to HIV medication adherence [27, 31, 34, 79], which suggests health benefits of working. A systematic review on the association of returning to work with improved health among working-aged adults found evidence of health selection (e.g. poor health interfering with people's ability to return to work) as well as a beneficial effect of employment on health (e.g. a significant improvement in health after re-employment) [79].

Information on factors associated with employment and a rich understanding of employment barriers, facilitators, and unmet needs gives insight into areas that are amenable to public health intervention. We used information gathered by this literature review on determinants of employment as well as the employment experiences of people living with HIV to construct Fig. 2. Figure 2 depicts factors associated with employment across various levels of the Social-Ecological Model. Starting with the outermost oval, the policy level includes the nature and structure of local, state, and federal policies and programs such as SSI/SSDI. The community level includes access, availability, and quality of education, jobs, and employment-related services, such as vocational services programs. At the organizational level, characteristics of the work environment, such as presence or absence of HIV stigma/ discrimination, availability of accommodations for individuals with a disability, and flexibility of work schedule, impact employment among PLWH. At the interpersonal level, social support and communication with family, friends, health care providers, and past/ present supervisors influence employment prospects. Finally, at the individual level, a complex mix of factors related to demographics, health, employment and education history, personal knowledge, attitudes and beliefs and competing priorities appear to be associated with employment outcomes.

Many of the factors depicted in Fig. 2 are amenable to public health intervention. For example, at the individual level, employment and educational factors could be addressed by increasing linkages to existing federal, state, and local community-based programs that support employment. However, research suggests that uptake of these services among PLWH is low [80, 81]. Additional research on why uptake is low would inform the type of additional intervention is needed to ensure existing programs and resources meet the needs of PLWH. Notably, many of the factors associated with employment (such as stigma and discrimination, social support, communication skills, and daily schedule/routine) are also factors associated with HIV visit and medication adherence [82]. Many PLWH have access to case management and to peer health navigators, for example through the Ryan White Program, and understanding how existing case management or peer navigation programs might be augmented to make sure the employment-related needs of PLWH are addressed might have a positive impact on health and employment outcomes [7, 65]. In addition, programs that train peer mentors who are employed in vocational coaching might help to decrease disparities in employment outcomes among PLWH. At the inter-personal level, programs that aim to increase social support for employment might include engaging endogenous support from friends, family, partners, or spouses in return-to-work efforts, or

perhaps providing exogenous sources of support from navigators or community health workers. At the community level, programs to combat stigma and discrimination in the workplace might include trainings for supervisors and staff to dispel misinformation about HIV and ensuring that workplace policies for HIV discrimination are in place, monitored and strictly adhered to. Several important factors associated with employment among PLWH, such as quality of education and the nature and structure of benefits programs (such as SSI/SSDI), are deeply structural and would require significant commitment to change at the policy level.

Research among working-aged adults suggests that some of the mechanism through which a return-to-work might impact health include the degree of economic uncertainty at the environmental level as well as moderating effects of financial strain and stress [79]. The studies included in our review identified the following as mechanisms through which employment status might positively impact physical and mental health among people living with HIV: increased financial resources, increased social support, increased self-concept, decreased spare time and overall improved quality of life. These findings are supported by prominent employment theories. The Pathways between Sectoral Job Training and Increased Health Equity model points to access to material resources, reduced chronic stress, and increased political power as important mechanisms for achieving health equity [83]. Social support models and the Latent Deprivation Theory identify social support and increase shared experiences as pathways to improved health, in particular mental health [84, 85]. In particular, Latent Deprivation Theory recognizes the role of a structured routine, status, identity and sharing collective goals or purpose as important functions of employment for wellbeing and health [85, 86]. Our review also identified mechanisms through which employment may have a negative impact on health including, decreased flexibility, decreased time, and a loss of benefits (including health benefits).

This scoping review identified a number of areas where there is a need for future research. As demonstrated by Fig. 2, the majority of the existing research on employment among PLWH is focused at the individual level, and further work is needed at the interpersonal and environmental levels. Most of the research literature uses dichotomous measures of employment status (such as employed vs. unemployed). Additional research is needed to better understand the employment characteristics (such as part-time vs. full-time, professional vs. non-professional, temporary vs. permanent, with vs. without accommodations) that produce optimal outcomes for PLWH so that those who choose to work can maximize the benefits of work and minimize the disadvantages of work [7, 25, 46]. Negative health consequences of returning to work such as increased stress and decreased access to HIV care also need to be researched and more fully understood [65, 71, 72]. In addition, the majority of the literature focuses on men or samples of both men and women. We identified a limited number of studies that focus exclusively on women living with HIV. Research suggests that women living with HIV are less likely to be employed than men living with HIV [31-33], and further research is needed to explore barriers and facilitators of work among women living with HIV [7, 25, 80]. The majority of the qualitative literature we reviewed focused on barriers to work among individuals who were unemployed. There is a very limited literature that explores resiliencies among PLWH who are employed, and further research in this area may inform return-to-work and work maintenance interventions.

Finally, additional research is needed to understand the mechanisms through which employment impacts HIV health behaviors and HIV health outcomes [7].

There are several limitations to this literature review which are worthy of mention. First, our search included two databases, PubMed and Embase. Searching additional databases might have identified additional articles that could have informed this scoping review. In particular, there are counseling and employment journals that are not indexed in PubMed or Embase. As a result, manuscripts from these rehabilitation, psychology and employment journals were not identified by our search. Never the less, the findings from this scoping review were consistent across the literature. Second, our review doesn't provide an assessment of the risk of bias of the studies included in the review. While this step is a critical part of the methods for systematic reviews, it is not typically included in scoping reviews. Many of the studies included in this review were either qualitative or cross-sectional and were not designed to test causal hypothesis. It is important to note that Fig. 2 only focuses on factors that have been identified through this scoping review as being associated with employment among PLWH. There are important factors which are not listed, such as structural racism, incarceration and experiences with trauma [7], which were not identified by this review but which likely impact employment trajectories among PLWH. Finally, this review did not include articles related to program models, interventions (such as vocational rehabilitation services), or frameworks to improve employment outcomes among PLWH. The authors felt this literature warranted a separate review due to its importance and the volume of this growing body literature.

Conclusion

In conclusion, the National HIV AIDS Strategy calls for comprehensive HIV programs and policies that support the employment needs of PLWH. The findings from this scoping review suggest that employment is positively associated with movement along the HIV continuum of care. The determinants of employment among PLWH are highly complex, operate across many levels, and are amenable to public health intervention. Areas in need of additional research include: determinants of employment among women; employment needs of specific populations disproportionately impacted by HIV (including incarcerated individuals, LGBTQ individuals, ethnic minorities, and people with addiction, mental health, and other disabling conditions) who may encounter unique employment challenges; resiliencies among PLWH who are employed; and longitudinal studies of the mechanisms through which employment many impact HIV health behaviors and HIV health outcomes.

Acknowledgements

Dr. Maulsby was supported by the following grant from National Institutes of Mental Health: 5K01-MH111388. The authors would like to recognize and thank the members of the Exert Advisory Panel for their contributions to this manuscript.

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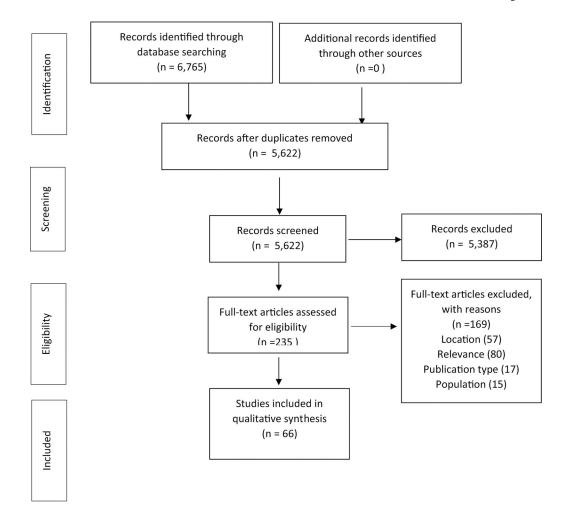


Fig. 1. Flow diagram of study selection

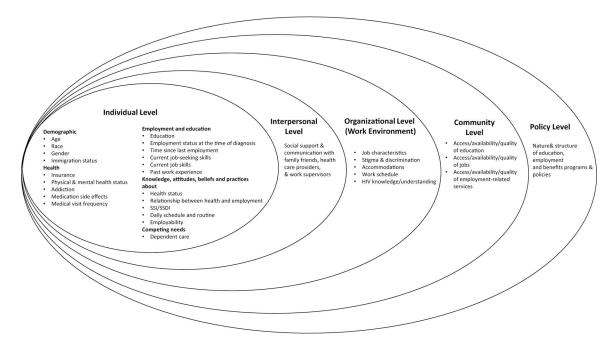


Fig. 2. Social-ecological model of factors associated with employment among PLWH

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Search terms

Table 1

Database	Database Concept	Search terms
Pubmed	Concept # 1	Employment[mesh] OR Return to work[mesh] OR Vocational guidance[mesh] OR Employment, Supported[mesh] OR Job Application[mesh] OR Work[mesh] OR Rehabilitation, Vocational[mesh] OR Occupational Status[tiab] OR Underemployment[tiab] OR back to work[tiab] OR return to work[tiab] OR vocational education[tiab] OR Career Counseling[tiab] OR Vocational Training[tiab] OR vocational education[tiab] OR supported employment[tiab] OR Job Application*[tiab] OR Wordional Rehabilitation*[tiab] OR workforce re-entry[tiab] OR returning to work[tiab] OR job seeking[tiab] OR vocational counseling[tiab] OR job training[tiab] OR job skill*[tiab] OR job readiness[tiab] OR career oriented[tiab] OR unemployment[tiab]
	Concept # 2	HIV[mesh] OR Human Immunodeficiency Virus*[tiab] OR AIDS Virus*[tiab] OR HIV[tiab]
	Concept # 1 and # 2	1934
Embase	Concept # 1	'employment'exp OR 'supported employment'exp OR 'employment status'exp OR 'vocational guidance'exp OR 'return to work'exp OR 'job finding'exp OR 'work'exp OR 'vocational rehabilitation'exp OR 'underemployment'exp OR 'professional counseling':ab,ti,kw OR 'vocational service*':ab,ti,kw OR 'underemployment application':ab,ti,kw OR 'job finding':ab,ti,kw OR 'yocational rehabilitation':ab,ti,kw OR 'vocational rehabilitation'*:ab,ti,kw OR 'vocational rehabilitation'*:ab,ti,kw OR 'vocational rehabilitation'*:ab,ti,kw OR 'vocational counseling':ab,ti,kw OR 'job training':ab,ti,kw OR 'job seeking':ab,ti,kw OR 'vocational counseling':ab,ti,kw OR 'job training':ab,ti,kw OR 'job readiness':ab,ti,kw OR 'vocational counseling':ab,ti,kw OR 'job training':ab,ti,kw OR 'job readiness':ab,ti,kw OR 'vocational counseling':ab,ti,kw OR 'job readiness':ab,ti,kw OR 'vocational counseling':ab,ti,kw OR 'job skill*:ab,ti,kw OR 'unemployment':ab,ti,kw OR 'vocational counseling':ab,ti,kw OR 'job skill*:ab,ti,kw OR 'vocational counseling':ab,ti,kw OR 'job skill*:ab,ti,kw OR 'job readiness':ab,ti,kw OR 'job readiness':ab,ti,kw OR 'job skill*:ab,ti,kw OR 'job skill*:ab,ti,kw OR 'job readiness':ab,ti,kw OR 'job skill*:ab,ti,kw OR 'job
	Concept # 2	'Human Immunodeficiency Virus'/exp OR 'AIDS Virus*':ab,ti,kw OR 'HIV':ab,ti,kw OR 'Human immuno deficiency virus':ab,ti,kw OR 'immunodeficiency associated virus*':ab,ti,kw
	Concept # 1 and Concept # 2	4831

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Table 2

The relationship between employment and continuum of care outcomes

Author, year	Location	Study design	Sample (N)	Sampling strategy	Employment measure	Continuum of care measure	Main finding
Diagnosis							
Delpierre, 2006	France	Prospective multicenter cohort	Patients from 6 hospitals from 1996–2005 ($N = 5702$)	Non-probability sample of all patients who sought care from 6 hospitals	Employment status: stable employment, on employment benefits, unemployed or other	Late testing: presenting with symptoms of AIDS or CD4 < 200 mm ³ during the year of diagnosis	Among MSM, unemployment associated with late testing (OR = 2.23, 95% CI 1.14-4.36); among women and heterosexuals employment status not associated with late testing
Massari, 2011	France	Prospective cohort	General population living in the Paris metropolitan area, SIRS Cohort (N = 3023)	Multistage, random sample	Employment status: employed, unemployed and inactive, which includes retired or student	HIV testing: Never having been tested for HIV	Among women, unemployment was associated with no history of HIV testing (OR 1.85, 95% CI 1.24–2.77). Among men, a significant association was not observed
D'Arminio, 2011	Italy	Observational Cohort Study	Antiretroviral-naïve patients with a recent HIV diagnosis and CDC + T-cell count (N = 2276)	All patients enrolled in the Icona Foundation Study who met eligibility criteria from 1997 to 2009	Employment status: becoming unemployed, as opposed to retiring	Late diagnosis: patients presenting with symptoms of AIDS or CD4 T-cell count less than or equal to 350/mm ³	Unemployment (in comparison to retirement) was associated with late diagnosis (OR = 0.36 , 95% CI $0.21-0.61$)
Sheehan, 2017	Florida, USA	Surveillance study	Florida Department of Health Enhanced HIV/ AIDS Reporting System and American Community Survey (eHARS)(N = 5522)	Reported surveillance cases between 2007 and 2011	Neighborhood employment level: the percent of the population who is 16 of older and are unemployed	Late diagnosis: receiving an AIDS diagnosis within 3 months of receiving their HIV diagnosis	Among Latino men, neighborhood unemployment strata were associated with late testing. By 2nd, 3rd, and 4th strata of unemployment, ORs (95% C1s): 1.37 (1.06–1.78), 1.29 (1.01–1.66), 1.33 (1.03–1.72)
Linkage to HIV Care							
Girardi, 2004	Italy	Multi-center cohort	Individuals living with HIV over the age of 18 (n = 4453)	Antiretroviral-naïve patients enrolled from 59 clinical centers from 1997 to 2000	Employment status, coded as stable employment, unemployed, or other	Delayed presentation: greater than 6 months from positive test result to presenting for HIV medical care	Unemployment associated with delayed presentation to care (OR = 2.75, 95% CI 1.66-4.53)
Aaron, 2015	Philadelphia, USA	Retrospective cohort	Individuals with an HIV positive diagnosis who attended a large urban healthcare center $(n = 87)$	Medical records were used to ascertain HIV positive diagnoses in inpatient and outpatient settings from 2007 to 2011	Employment status: dichotomous variable, where either employed or unemployed	Linkage to care: one visit to an HIV medical provider within 6 months of receiving a positive test result	Unemployment was associated with failure to link to care (OR = 6.50, 95% CI 1.13–37.32)
Nijhawan, 2017	Texas, USA	Retrospective chart review	Individuals who were scheduled for a new patient visit after January	Consecutive sample of patient records from 2014–2016	Employment status, coded as employed,	Linkage to care: missing vs. attending the first scheduled medical visit	Unemployment was associated with missing the first scheduled

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	Location	Study design		6		measure	ryam mumig
			1st, 2014 from two clinics (n = 200; 100 per clinic)		unemployed, or disabled		appointment. (OR = 2.33, 95% CI 1.04–5.24)
Retention in HIV care							
Joy, 2008	British Columbia, Canada	Prospective cohort	Treatment-naïve patients accessing HAART between September 1, 1997 and November 30, 2004 (n = 2168)	Enrollment in provincial drug treatment program (the only method by which patients can access HAART in British Columbia)	Neighborhood measurement of percentage of unemployed individuals	Delayed access to treatment: not accessing treatment until patient's CD4 count was low (< 50 cells/mm)	Unemployment was associated with delayed access to treatment (OR = 1.41, 95% CI 1.14–1.74)
Shacham, 2013	St Louis, USA	Cross-sectional study	All patients who attended the Washington University HIV clinic in 2008 (n = 762)	All patients who attended the Washington University HIV climic in 2008 were required to complete a behavioral survey as a part of their medical visit. Data was gathered from these surveys	Employment level, measured as a neighborhood-level variable	Receipt of ART prescription:, use of at least three drugs from two different antiretroviral drug classes or the use of at least three mucleoside reverse transcriptase inhibitors	Neighbourhoods with higher rates of unemployment had individuals who were less likely to have a current ART prescription (OR = 1.47, 95% CI 1.05–2.04)
HIV medication adherence							
Torres- Madriz, 2011	Boston, USA	Randomized, crossover trial	Patients on ART with a detectable viral load in the greater Boston area (n = 156)	Convenience sample of patients from five patient care settings	Work accommodations dichotomized as any or none	ART adherence: percentage of doses taken correctly during the 30 days prior to each study visit	Patients with accommodations had a 12% higher mean adherence than those without accommodations (Parameter estimate 0.12, 95% CI 0.03-0.20)
Nachega, 2015	N/A – previously conducted trials were used	Meta-analysis	28 articles meeting all criteria were included. This yielded information on 8743 individuals from 14 different countries	Records were identified from Medline, Embase, and Cochrane Central Register of Controlled Trials	Employment was globally assessed across all the included studies	Adherence was globally assessed across all the included studies	In low and high-income countries, being employed was favorably linked to adherence. Low: (OR = 1.85, 95% CI 1.58–2.18);Middle: (OR = 0.94, 95% CI 1.02–1.74); High: (OR = 1.33 95% CI 1.02–1.74)
Viral load							
Dray-Spira, 2005	France	Prospective cohort study	Patients from 66 hospitals across France, enrolled between 1996 and 2002 (n = 319)	Convenience sample of patients recruited through hospitals who were recently diagnosed and ARV-naïve	Employment loss: change from employment to inactivity between two semi-annual visits	High viral load: greater than 10,000 copies/mm ³	Both persistent and incident high viral loads were associated with employment loss. Respectively, (OR = 2.4, 95% CI 1.1–5.0); (OR = 3.7, 95% CI 1.0–13.9)