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A role for neuroimmune signaling in a rat model of Gulf War Illness-related pain

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Abstract

More than a quarter of veterans of the 1990–1991 Persian Gulf War suffer from Gulf War Illness (GWI), a chronic, multi-symptom illness that commonly includes musculoskeletal pain. Exposure to a range of toxic chemicals, including sarin nerve agent, are a suspected root cause of GWI. Moreover, such chemical exposures induce a neuroinflammatory response in rodents, which has been linked to several GWI symptoms in rodents and veterans with GWI. To date, a neuroinflammatory basis for pain associated with GWI has not been investigated. Here, we evaluated development of nociceptive hypersensitivity in a model of GWI. Male Sprague Dawley rats were treated with corticosterone in the drinking water for 7 days, to mimic high physiological stress, followed by a single injection of the sarin nerve agent surrogate, diisopropyl fluorophosphate. These exposures alone were insufficient to induce allodynia. However, an additional sub-threshold challenge (a single intramuscular injection of pH 4 saline) induced longlasting, bilateral allodynia. Such allodynia was associated with elevation of markers for activated microglia/macrophages (CD11b) and astrocytes/satellite glia (GFAP) in the lumbar dorsal spinal cord and dorsal root ganglia (DRG). Additionally, Toll-like receptor 4 (TLR4) mRNA was elevated in the lumbar dorsal spinal cord, while IL-1β and IL-6 were elevated in the lumbar dorsal spinal cord, DRG, and gastrocnemius muscle. Demonstrating a casual role for such neuroinflammatory signaling, allodynia was reversed by treatment with either minocycline, the TLR4 inhibitor (+)-naltrexone, or IL-10 plasmid DNA. Together, these results point to a role for neuroinflammation in male rats in the model of musculoskeletal pain related to GWI. Therapies

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that alleviate persistent immune dysregulation may be a strategy to treat pain and other symptoms of GWI.

Keywords

Cytokines; immune cell; glia; neuroimmune; sphingolipids; pain; gulf war illness

1. Introduction

Over the past three decades, approximately 25–30% of veterans of the 1990–1991 Gulf War have consistently suffered from chronic health symptoms, including mood disturbance, cognitive dysfunction, fatigue, and musculoskeletal pain (Institute of Medicine, 2013, 2014; Fukuda et al., 1998; Iannacchione et al., 2011; Steele, 2000; White et al., 2016). This chronic, multi-symptom illness has been termed Gulf War Illness (GWI) and lacks effective treatment (Cory-Slechta and Wedge, 2016; Fukuda et al., 1998; Golomb, 2008; Heng, 2016; Steele, 2000; White et al., 2016). Returning veterans from many wars, including the recent Iraq, Afghanistan, and Balkan conflicts, have suffered from chronic, multi-symptom illness. However, illness rates among veterans of the Gulf War are significantly higher, which is especially striking given the brevity of this conflict (Institute of Medicine, 2013; Jones et al., 2002; Powell et al., 2012). Chemical exposures are widely suspected to be a cause of GWI, given the low-level release of chemical warfare agents, prevalent use of pesticides, prophylactic medications to protect against nerve agent attacks, and oil well fires that are unique to this conflict (Cory-Slechta and Wedge, 2016; Golomb, 2008; Heng, 2016; Steele, 2000; Sullivan et al., 2018; White et al., 2016).

Several animal models of GWI have been developed, based on the chemical exposures described above (Cory-Slechta and Wedge, 2016; White et al., 2016). Many have implicated neuroinflammation in the central nervous system, including glial activation and subsequent production of pro-inflammatory cytokines and sphingomyelins (Abdullah et al., 2012, 2013; Alhasson et al., 2017; Hernandez et al., 2019; Joshi et al., 2019; Koo et al., 2018; Madhu et al., 2019; Michalovicz et al., 2019; O'Callaghan et al., 2015; Michalovicz et al., 2020; Parihar et al., 2013; White et al., 2016; Zakirova et al., 2015). In support of these rodent studies, inflammatory and neuroinflammatory processes are elevated in veterans with GWI (Alshelh et al., 2020; Broderick et al., 2013; Emmerich et al., 2017; Joshi et al., 2019; Parkitny et al., 2015). Pain has been investigated in several GWI models, implicating increased activity of Nav1.9 and Transient Receptor Potential Ankyrin 1 (TRPA1) and concurrent decrements in K_V7 activity in nociceptors (Cooper et al., 2018; Flunker et al., 2017; Nizamutdinov et al., 2018; Nutter et al., 2015). Whether neuroinflammatory mechanisms also underpin pain in GWI—as in other forms of persistent pain (Beggs et al., 2012b; Grace et al., 2014, 2016b; McMahon et al., 2015; Ji et al., 2016; Inoue and Tsuda, 2018; Malcangio, 2019)—is not yet known.

In this study, we investigated the development of pain in a model of GWI in which rodents are exposed to the sarin nerve agent surrogate diisopropyl fluorophosphate (DFP) following treatment with corticosterone (CORT) (Koo et al., 2018; Locker et al., 2017; O'Callaghan et

al., 2015). As CORT potentiates neuroinflammatory responses (Frank et al., 2015, 2019), high physiological stress is a possible sensitizing factor that could predispose soldiers to GWI in the presence of chemical exposures (Freeman, 2013; Locker et al., 2017). Other factors, such as fatiguing exercise or muscle injury that cause tissue acidosis, could further increase risk of musculoskeletal pain (Gregory et al., 2016; Issberner et al., 1996; Woo et al., 2004). With modifications to induce robust musculoskeletal pain, we examined markers of neuroinflammation and the therapeutic effects of immunomodulatory agents.

2. Methods

2.1 Animals

Pathogen-free adult male Sprague Dawley rats (10 weeks old on arrival, Envigo, USA) were used. Rats were housed 2–3 per cage in a light- and temperature-controlled room (12:12-h light-dark cycle, lights on at 7:00 am) with food and water available ad libitum. Group sizes were $n = 6–8$ for all experiments, except for sphingolipid analyses, where group sizes were n = 4. All procedures were approved by the MD Anderson Cancer Center Animal Care and Use Committee.

2.2 GWI pain model

The GWI pain model was performed with slight modifications from previous descriptions in mice and rats (Koo et al., 2018; O'Callaghan et al., 2015), and is summarized in Figure 1. Corticosterone (CORT) was administered via the drinking water (200 mg/L in 0.6% ethanol) for 7 days to mimic high physiological stress. Vehicle (0.6% ethanol in drinking water) was used as the negative control. On the final day of CORT treatment (day 7), a single dose of the sarin nerve agent surrogate diisopropyl fluorophosphate (DFP) was subcutaneously (s.c.) administered (1.5 mg/kg). Vehicle (saline) was used as the negative control. Preliminary studies indicated that these insults did not induce nociceptive hypersensitivity. Therefore, 7 days after DFP, tissue acidosis was induced with a single 100 μL injection of acidic saline $(pH = 4.0)$ into the left gastrocnemius muscle, under brief isoflurane anesthesia. Saline was adjusted to pH 4.0 using 0.1 M HCl or NaOH. Negative control was normal saline ($pH =$ 7.2). A single intramuscular injection of acidic saline is a sub-threshold nociceptive stimulus; two injections are usually required to induce robust and persistent nociceptive hypersensitivity (Sluka et al., 2001). We reasoned that the CORT/DFP would substitute for the first, priming injection of acidic saline. Intramuscular acidic saline was selected as a well-characterized model of musculoskeletal pain (Sluka et al., 2001, 2002, 2003; Sharma et al., 2009; Sutton and Opp, 2015), reminiscent of the pain experienced by veterans with GWI.

2.3 Drug administration

The macrophage/microglial inhibitor minocycline (Sigma Aldrich, St. Louis, MO) was administered by oral gavage at 50 mg/kg/5 mL once per day in water for 7 consecutive days, beginning 5 days after the acidic saline injection (Figure 1) (Hutchinson et al., 2008a). The TLR4 inhibitor, and opioid receptor-inactive isomer (+)-naltrexone (gifted by Dr. Kenner Rice) was administered s.c. at 6 mg/kg three times per day in saline for 7 consecutive days, beginning 5 days after the acidic saline injection (Figure 1) (Ellis et al., 2014; Hutchinson et

al., 2008b; Wang et al., 2016; Zhang et al., 2018). Respective equivolume vehicles were used as negative controls for minocycline and (+)-naltrexone. IL-10 gene therapy was acutely administered on day 3 post acidic saline injection (Figure 1). The timing of administration differed from above so as to allow more time for the plasmid to be expressed and reverse allodynia. The plasmid DNA encoding rat IL-10 (pDNA-IL-10) and empty pDNA control vectors have been described previously (Milligan et al., 2006), and were a generous gift from Dr. Linda Watkins (University of Colorado Boulder). The pDNA vectors were prepared and intrathecally administered according to our previously described methods (Grace et al., 2016c, 2017; Lacagnina et al., 2017): the lines were loaded with 3 μg of plasmid DNA (in 7.5 μL of 0.9% sterile saline), followed by 25 μg D-mannose (Sigma Aldrich; dissolved in 3 μL of 0.9% sterile saline) (Dengler et al., 2014).

2.4 Mechanical allodynia

Testing was conducted blind with respect to group assignment. Rats received at least three 60 min habituations to the test environment on separate days prior to behavioral testing. Rats were placed in a small plexiglass enclosure on a mesh stand, and the von Frey test (Chaplan et al., 1994) was performed as described previously (Grace et al., 2016a, 2016c; Li et al., 2020). Assessments were made prior to CORT/vehicle (baseline), prior to DFP/vehicle, prior to acidic/normal saline, and at regular intervals thereafter (summarized in Figure 1). A logarithmic series of 10 calibrated Semmes–Weinstein monofilaments (von Frey hairs; Stoelting, Wood Dale, IL) were applied randomly to the left vs right hind paws to define the threshold stimulus intensity required to elicit a paw withdrawal response. Log stiffness of the hairs ranged from manufacturer-designated 3.61 (0.40 g) to 5.18 (15.14 g) filaments. The behavioral responses were used to calculate absolute threshold (the 50% probability of response) by fitting a Gaussian integral psychometric function using a maximum-likelihood fitting method (Harvey, 1986; Treutwein and Strasburger, 1999) as previously described (Milligan et al., 2001, 2000). The steepness of the psychometric function was assumed to be 3.32 (corresponding to a standard deviation of 0.301 of the underlying Gaussian probability distribution) and to range from 0.0 response probability to a maximum of 1.0. Estimated thresholds derived from a Gaussian integral function yield a mathematical continuum and, thus, are appropriate for parametric statistical analyses. The computer program, PsychoFit, may be downloaded from L.O. Harvey's website (<http://psych.colorado.edu/~lharvey>).

2.5 Thermal hyperalgesia

Testing was conducted blind with respect to group assignment. Rats received at least three 60 min habituations to the test environment on separate days prior to behavioral testing. Latencies for behavioral response to radiant heat stimuli applied to the plantar surface of each hind paw and tail were assessed using a modified Hargreaves test (Hargreaves et al., 1988). Briefly, baseline withdrawal values were calculated from an average of two consecutive withdrawal latencies of the left and the right hind paws, measured at 15 min intervals. Latencies at baseline ranged from 8 to 10 s, and a cut-off time of 20 s was imposed to avoid tissue damage. Assessments were made prior to CORT/vehicle (baseline), prior to DFP/vehicle, prior to acidic/normal saline, and at regular intervals thereafter (summarized in Figure 1).

2.6 Tissue collection

On days 5 or 15 post saline administration, rats were overdosed with sodium pentobarbital (100 mg/kg; i.p.) and transcardially perfused with ice-cold saline (Figure 1). The left gastrocnemius muscles, left L4/5 dorsal root ganglia (DRG), and left L4/5 dorsal segments of the spinal cord were dissected and rapidly frozen for subsequent analysis.

2.7 RT-PCR

Total RNAs were extracted using TRIzol (ThermoFisher Scientific, Waltham, MA) from spinal cord and DRG samples. One μg RNA was used for reverse transcription with iScript Reverse Transcription Supermix (Bio-Rad, Hercules, CA). Real-time polymerase chain reaction was carried out in a final volume of 20 μL with iTaq Universal SYBR Green Supermix (Bio-Rad) containing 2 μL of five times diluted cDNA and monitored by CFX Connect Real-Time PCR Detection System (Bio-Rad) as we have previously described (Li et al., 2020). Primer sequences were as follows: Itgam (CD11b): F: CTGGTACATCGAGACTTCTC, R: TTGGTCTCTGTCTGAGCCTT; Gfap (glial fibrillary acidic protein): F: AGATCCGAGAAACCAGCCTG, R: CCTTAATGACCTCGCCATCC; Tlr4 (TLR4): F: TCCCTGCATAGAGGTACTTC, R: CACACCTGGATAAATCCAGC; S1pr1 (Sphingosine-1-Phosphate Receptor 1): F: TTCAGCCTCCTTGCTATCGC, R: AGGATGAGGGAGATGACCCAG; Gapdh (glyceraldehyde 3-phosphate dehydrogenase): F: AGGGACAATCTCACACAGG R: GACTCAACCTTCCTCTCCA. The level of the target mRNA was quantified relative to the housekeeping gene $(Gapdh)$ using the CT method. Gapdh was not significantly different between treatments.

2.8 ELISAs

Tissue samples were dissociated with a gentleMACS Octo Dissociator (Miltenyi Biotec, Auburn, CA) or a mortar and pestle in tissue extraction reagent (50 mM Tris buffer containing 100 mM 6-amino-n-caproic acid, 1 mM EDTA, 5 mM benzamidine, 0.2 mM phenylmethyl sulfonyl fluoride (in 100% ethanol)) supplied with protease and phosphatase inhibitors as previously described (Grace et al., 2016a, 2016c; Li et al., 2020). Assay kits for IL-1β (RLB00, R&D Systems, Minneapolis, MN) (detection range: 5 – 2,000 pg/mL), IL-6 (R6000B, R&D Systems) (detection range: 62.5 – 4,000 pg/mL), and TNF (RTA00, R&D Systems) (detection range: 5 – 800 pg/mL) were used according to manufacturer instructions. Results were normalized to total protein levels (Bradford protein assay).

2.9 Liquid chromatography-mass spectrometry

Lipids were extracted from DRG and spinal cord samples with water/MeOH/CHCl₃ (1:1:3), under acidic conditions. Targeted quantification of sphingolipids (D-sphingosine, sphingosine-1-phosphate, C12-ceramide, C16-ceramide, C18-ceramide, C24-ceramide) was performed using LC-ESI-MS/MS (Thermo TSQ Quantiva) as previously described (Stockstill et al., 2018). The concentration range of the standards was $0.01-6.25 \mu M$. Sphingolipid concentrations were normalized to tissue weight.

2.10 Statistics

Mechanical allodynia was analyzed as the interpolated 50% thresholds (absolute threshold) and averaged between left and right hindpaws. One-way ANOVAs were used to confirm that there were no baseline differences in absolute thresholds between treatment groups. Differences between treatment groups were determined using repeated measures three-way ANOVA, followed by Tukey post hoc tests, where appropriate. Gene expression and protein levels were analyzed by two-way ANOVA followed by Tukey post hoc tests, as appropriate. Sphingolipid levels were analyzed by T-tests. Results are expressed as mean \pm SD. P < 0.05 was considered statistically significant.

3. Results

3.1 Behavioral assessment of nociceptive hypersensitivity in a putative model of GWI pain

We first tested whether nociceptive hypersensitivity was induced in CORT+DFP model of GWI. Confirming our preliminary studies, there was no change in mechanical thresholds in the von Frey test following treatment with CORT, DFP, or their combination (Figure 2A; time \times CORT \times DFP: F_{5, 110} = 2.07, P = 0.074; CORT \times DFP: F_{1, 22} = 0.12, P = 0.734; time \times DFP: F_{5, 110} = 0.17, P = 0.974; time \times CORT: F_{5, 110} = 0.99, P = 0.427; DFP: F_{1, 22} = 0.01, $P = 0.962$; CORT: $F_{1, 22} = 0.03$, $P = 0.861$; time: $F_{1, 22} = 0.03$, $P = 0.861$). Furthermore, treatment with CORT, DFP, or their combination did not alter withdrawal latencies in the Hargreaves assay (data not shown; time \times CORT \times DFP: F_{2, 44} = 0.70, P= 0.502; CORT \times DFP: F_{1, 22} = 4.31, P = 0.055; time \times DFP: F_{2, 44} = 0.28, P = 0.755; time \times CORT: $F_{2,44} = 0.75$, $P = 0.480$; DFP: $F_{1,22} = 0.12$, $P = 0.737$; CORT: $F_{1,22} = 2.25$, $P =$ 0.148; time: $F_{1.98, 43.47} = 0.91, P = 0.909$.

Next, we tested whether CORT+DFP would serve as a nociceptive priming stimulus for a single intramuscular injection of acidic saline. A single intramuscular injection of acidic saline is a sub-threshold nociceptive stimulus; two injections, 5 days apart, are usually required to elicit long-lasting mechanical allodynia (Sluka et al., 2001). The combination of CORT+DFP with acidic saline induced bilateral allodynia (Figure 2B; time \times CORT+DFP \times acidic saline: $F_{5, 120} = 8.49, P < 0.001$; CORT+DFP \times acidic saline: $F_{1, 24} = 20.34, P =$ 0.001; time × acidic saline: $F_{5, 120} = 9.50, P < 0.001$; time × CORT+DFP: $F_{5, 120} = 9.809, P$ < 0.001; acidic saline: $F_{1, 24} = 14.61, P < 0.001$; CORT+DFP: $F_{1, 24} = 20.89, P < 0.001$; time: $F_{2.96, 70.99} = 12.90, P < 0.001$. Following exposure to CORT+DFP, acidic saline induced allodynia at days 5 ($P = 0.045$), 10 ($P < 0.001$), and 30 ($P = 0.004$), compared to normal saline (Figure 2B). Neither CORT nor DFP alone with acidic saline was sufficient to alter mechanical thresholds (data not shown; CORT \times acidic saline: F_{1, 14} = 0.19, P = 0.666; DFP \times acidic saline: F_{1, 11} = 0.63, P = 0.445), indicating that the combination of insults is necessary to induce allodynia.

The combination of CORT+DFP with acidic saline did not induce thermal hyperalgesia (data not shown; time \times CORT+DFP \times acidic saline: F_{2, 42} = 0.83, P = 0.826; CORT+DFP \times acidic saline: F_{1, 21} = 0.01, P = 0.947; time \times acidic saline: F_{2, 42} = 2.94, P = 0.064; time \times

CORT+DFP: $F_{2,42} = 0.69$, $P = 0.504$; acidic saline: $F_{1,21} = 1.64$, $P = 0.504$; CORT+DFP: $F_{1, 21} = 0.61, P = 0.445$; time: $F_{1,91,40,13} = 0.91, P = 0.404$.

3.2 Inflammatory signaling: dorsal spinal cord

Pro-inflammatory glial activation has been implicated in the CORT+DFP model of GWI (Koo et al., 2018; Locker et al., 2017; O'Callaghan et al., 2015). Here, we examined the influence of these challenges, combined with acidic saline, on several representative markers implicated previously in pain: microglia (CD11b) astrocytes (GFAP), the pattern recognition receptor Toll-like receptor 4 (TLR4), and proinflammatory cytokines (TNF, IL-1β and IL-6) (Beggs et al., 2012b; Grace et al., 2014, 2016b; McMahon et al., 2015; Ji et al., 2016; Inoue and Tsuda, 2018; Malcangio, 2019; Lacagnina et al., 2018). We observed increases in expression of *Itgam* (CD11b) at day 5 (Figure 3A; acidic saline \times CORT+DFP: F_{1, 26} = 15.21, $P < 0.001$; acidic saline: F_{1, 26} = 30.81, $P < 0.001$; CORT+DFP: F_{1, 26} = 15.80, P < 0.001) and day 15 (Figure 3B; acidic saline \times CORT+DFP: F_{1, 28} = 85.94, P < 0.001; acidic saline: F_{1, 28} = 56.59, P < 0.001; CORT+DFP: F_{1, 28} = 70.50, P < 0.001). *Gfap* was modestly elevated by the combination of CORT+DFP+Acidic saline at day 5 (Figure 3C; acidic saline \times CORT+DFP: F_{1, 26} = 8.04, P = 0.008; acidic saline: F_{1, 26} = 3.60, P = 0.069; CORT+DFP: $F_{1, 26} = 0.95$, $P = 0.338$) and robustly at day 15 (Figure 3D; acidic saline \times CORT+DFP: $F_{1, 25} = 111.10, P < 0.001$; acidic saline: $F_{1, 25} = 86.10, P < 0.001$; CORT+DFP: $F_{1, 25} =$ 89.59, $P < 0.001$). Expression of *Tlr4* was increased by the combined challenges at day 5 (Figure 3E; acidic saline \times CORT+DFP: F_{1, 28} = 65.57, P < 0.001; acidic saline: F_{1, 28} = 50.10, $P < 0.001$; CORT+DFP: F_{1, 28} = 60.46, $P < 0.001$) and day 15 (Figure 3F; acidic saline × CORT+DFP: $F_{1, 27} = 56.50, P < 0.001$; acidic saline: $F_{1, 27} = 65.63, P < 0.001$; CORT+DFP: $F_{1, 27} = 31.82$, $P < 0.001$). We also observed increases in the proinflammatory cytokine IL-1β at day 5 (Figure 3G; acidic saline × CORT+DFP: $F_{1, 28} = 24.46$, $P < 0.001$; acidic saline: $F_{1, 28} = 25.21, P < 0.001$; CORT+DFP: $F_{1, 28} = 38.69, P < 0.001$) but not at day 15 (Figure 3H; acidic saline \times CORT+DFP: F_{1, 21} = 0.66, P = 0.427; acidic saline: F_{1, 21} $= 5.43, P = 0.030; \text{CORT+DFP: } F_{1, 21} = 0.01, P = 0.98$). IL-6 levels were increased by CORT+DFP+Acidic saline at day 5 (Figure 3I; acidic saline \times CORT+DFP: F_{1, 27} = 126.50, $P < 0.001$; acidic saline: F_{1, 27} = 119.60, $P < 0.001$; CORT+DFP: F_{1, 27} = 128.40, $P < 0.001$) and at day 15 (Figure 3J; acidic saline \times CORT+DFP: F_{1, 28} = 391.50, P < 0.001; acidic saline: $F_{1, 28} = 515.60$, $P < 0.001$; CORT+DFP: $F_{1, 28} = 361.80.59$, $P < 0.001$). TNF was not detectable at either timepoint.

3.3 Inflammatory signaling: dorsal root ganglia (DRG)

Neuroinflammatory mechanisms in the DRG also contribute to nociceptive hypersensitivity (Grace et al., 2016b; McMahon et al., 2015; Ji et al., 2016; Malcangio, 2019). We therefore assayed expression levels of representative markers of macrophages (CD11b) and satellite glia (GFAP), as well as protein levels of proinflammatory cytokines TNF, IL-1β and IL-6. The combination of CORT+DFP+Acidic saline increased expression of *Itgam* (CD11b) at day 5 (Figure 4A; acidic saline \times CORT+DFP: F_{1, 27} = 22.37, P < 0.001; acidic saline: F_{1, 27} $= 31.12, P < 0.001$; CORT+DFP: F_{1, 27} = 44.05, P < 0.001) and day 15 (Figure 4B; acidic saline × CORT+DFP: $F_{1, 28} = 21.69$, $P < 0.001$; acidic saline: $F_{1, 28} = 30.75$, $P < 0.001$; CORT+DFP: $F_{1, 28} = 17.12$, $P < 0.001$). Gfap mRNA was also elevated by the combination of CORT+DFP+Acidic saline at day 5 (Figure 4C; acidic saline \times CORT+DFP: F_{1, 24} =

14.53, P < 0.001; acidic saline: $F_{1, 24} = 2.12$, P = 0.158; CORT+DFP: $F_{1, 24} = 24.31$, P < 0.001) and day 15 (Figure 4D; acidic saline \times CORT+DFP: F_{1, 24} = 12.35, P = 0.002; acidic saline: $F_{1, 24} = 11.86$, $P = 0.002$; CORT+DFP: $F_{1, 24} = 11.39$, $P = 0.003$). We also observed increases in proinflammatory cytokines. IL-1β was elevated by CORT+DFP+Acidic saline at day 5 (Figure 4E; acidic saline \times CORT+DFP: F_{1, 23} = 15.69, P < 0.001; acidic saline: $F_{1, 23} = 23.79, P < 0.001$; CORT+DFP: $F_{1, 23} = 36.09, P < 0.001$) and to a lesser extent at day 15 (Figure 4F; acidic saline \times CORT+DFP: F_{1, 25} = 5.38, P = 0.029; acidic saline: F_{1, 25} = 8.39, $P = 0.008$; CORT+DFP: F_{1, 25} = 7.59, $P = 0.011$). IL-6 levels were increased by CORT+DFP+Acidic saline at day 5 (Figure 4G; acidic saline \times CORT+DFP: F_{1, 22} = 10.35, $P = 0.004$; acidic saline: F_{1, 22} = 8.20, P = 0.009; CORT+DFP: F_{1, 22} = 9.89, P = 0.005) and further elevated at day 15 (Figure 4H; acidic saline \times CORT+DFP: F_{1, 24} = 36.16, P < 0.001; acidic saline: $F_{1, 24} = 37.52$, $P < 0.001$; CORT+DFP: $F_{1, 24} = 26.94$, $P < 0.001$). TNF was not detectable at either timepoint.

3.4 Inflammatory signaling: gastrocnemius muscle

As pro-inflammatory cytokines are causally implicated in the acidic saline model of musculoskeletal pain (Sutton and Opp, 2015), we assayed TNF, IL-1β and IL-6 in the gastrocnemius muscle at days 5 and 15 after injection of acidic or normal saline. The combination of CORT+DFP+Acidic saline elevated IL-1 β at day 5 (Figure 5A; acidic saline \times CORT+DFP: F_{1, 24} = 25.25, P < 0.001; acidic saline: F_{1, 24} = 100.90, P < 0.001; CORT +DFP: $F_{1, 24} = 97.07$, $P < 0.001$) and day 15 (Figure 5B; acidic saline \times CORT+DFP: $F_{1, 22}$ $= 12.58$, $P = 0.002$; acidic saline: F_{1, 22} = 2.95, P = 0.100; CORT+DFP: F_{1, 22} = 2.32, P = 0.142). IL-6 was also elevated by the combination of CORT+DFP+Acidic saline at day 5 (Figure 5C; acidic saline \times CORT+DFP: F_{1, 22} = 18.12, P < 0.001; acidic saline: F_{1, 25} = 14.15, $P < 0.001$; CORT+DFP: $F_{1, 25} = 28.82$, $P < 0.001$) and day 15 (Figure 5D; acidic saline × CORT+DFP: $F_{1, 27} = 35.29$, $P < 0.001$; acidic saline: $F_{1, 27} = 43.23$, $P < 0.001$; CORT+DFP: $F_{1, 27} = 45.45$, $P < 0.001$). TNF was again not detectable at either timepoint.

3.5 Sphingolipid signaling in the lumbar spinal cord and DRG

Given a role for sphingolipid signaling in pain (Patti et al., 2012; Stockstill et al., 2018) and GWI (Abdullah et al., 2013, 2012), we tested whether key sphingolipids were upregulated in the GWI model of pain. Analysis was performed on two key experimental groups (CORT +DFP+Acidic saline vs. Vehicle+Vehicle+Normal saline) at Day 5 only as a go/no-go for full analysis. Sphingolipid levels in the DRG and spinal cord did not significantly differ between treatment groups. Summary results are presented in Table 1. Transcript levels of sphingosine-1-phosphate receptor 1, previously implicated in pain (Stockstill et al., 2018), were not altered in DRG or lumbar spinal cord by any treatment group at any timepoint (data not shown).

3.6 Effects of immunomodulators on behavior in the putative GWI model of pain

The biochemical analyses indicated a role for pro-inflammatory signaling, including microglia/macrophages and TLR4. We therefore tested the anti-allodynic action of several immunomodulators that can resolve such inflammatory signaling (Grace et al., 2014; Hutchinson et al., 2008a, 2008b; Kwilasz et al., 2015; Milligan et al., 2006). The microglia/ macrophage inhibitor minocycline attenuated allodynia induced by the combination of

CORT, DFP, and acidic saline (Figure 6A; time \times CORT+DFP+Acidic saline \times treatment: $F_{6, 100} = 12.67, P < 0.001$; CORT+DFP+Acidic saline × treatment: $F_{1, 20} = 50.09, P < 0.001$; time × treatment: $F_{5, 100} = 16.62$, $P < 0.001$; time × CORT+DFP+Acidic saline: $F_{5, 100} =$ 13.46, $P < 0.001$; treatment: F_{1, 20} = 44.32, $P < 0.001$; CORT+DFP+Acidic saline: F_{1, 20} = 413.50, $P < 0.001$; time: F_{3.58, 71.53} = 23.99, $P < 0.001$). With the 7-day systemic treatment beginning on day 5 after acidic saline, allodynia was reversed on days 10 ($P = 0.049$) and 12 $(P< 0.001)$, persisting after treatment had concluded on 14 ($P< 0.001$), but returning to pretreatment levels by day 16.

Systemic treatment with the TLR4 inhibitor (+)-naltrexone also reversed allodynia induced by CORT, DFP and acidic saline (Figure 6B; time \times CORT+DFP+Acidic saline \times treatment: $F_{5, 100} = 13.00, P < 0.001$; CORT+DFP+Acidic saline × treatment: $F_{1, 20} = 41.36, P < 0.001$; time × treatment: $F_{5, 100} = 12.72$, $P < 0.001$; time × CORT+DFP+Acidic saline: $F_{5, 100} =$ 15.08, $P < 0.001$; treatment: F_{1, 20} = 36.92, $P < 0.001$; CORT+DFP+Acidic saline: F_{1, 20} = 280.60, $P < 0.001$; time: $F_{3.91, 78.11} = 11.31, P < 0.001$). The 7-day treatment began on day 5 after acidic saline, reversing allodynia on days 7 ($P < 0.001$), 10 ($P = 0.004$) and 12 ($P <$ 0.001), and after treatment had concluded on day 14 ($P = 0.002$). However, mechanical thresholds returned to pre-treatment levels by day 16.

IL-10 gene therapy was administered by acute intrathecal injection on day 3 after induction of allodynia by the combination of CORT, DFP and acidic saline (Figure 6C; time \times CORT +DFP+Acidic saline \times treatment: F_{5, 100} = 10.43, P < 0.001; CORT+DFP+Acidic saline \times treatment: F_{1, 20} = 243.00, P < 0.001; time × treatment: F_{5, 100} = 9.72, P < 0.001; time × CORT+DFP+Acidic saline: $F_{5, 100} = 19.31$, $P < 0.001$; treatment: $F_{1, 20} = 208.20$, $P < 0.001$; CORT+DFP+Acidic saline: $F_{1, 20} = 350.40, P < 0.001$; time: $F_{1,95, 38.89} = 21.44, P < 0.001$). Rats treated with IL-10 gene therapy did not develop allodynia, with significant differences between the control pDNA group at days 5 ($P = 0.010$), 10 ($P < 0.001$), 15 ($P < 0.001$), and $20 (P < 0.001)$.

4. Discussion

In this study, we observed no changes in hindpaw nociceptive hypersensitivity after rats were treated with CORT, followed by exposure to the sarin surrogate DFP. However, robust and persistent hindpaw allodynia developed when these challenges were followed by a single, sub-threshold intramuscular injection of acidic saline. The allodynia was associated with neuroinflammation in the L4/5 dorsal spinal cord and DRG, as well as induction of cytokines in the gastrocnemius muscle. Finally, we showed that treatment with either minocycline, the TLR4 antagonist (+)-naltrexone (the opioid receptor-inactive isomer), or IL-10 pDNA all attenuated allodynia associated with the model of GWI.

Musculoskeletal pain is a principal symptom of GWI, yet effects in prior rodent models are subtle in the absence of an appropriate pain-inducing challenge. For example, prolonged exposure to chemical agents like chlorpyrifos, permethrin, or pyridostigmine bromide alters home-cage activity and is associated with pro-nociceptive neurophysiological changes, but nociceptive hypersensitivity is absent or modest (Cooper et al., 2018; Flunker et al., 2017; Nizamutdinov et al., 2018; Nutter et al., 2015). Our results largely agree with these reports.

Robust mechanical allodynia was only induced after a single, normally sub-threshold, intramuscular injection of acidic saline. These findings suggest that additional factors besides exposure to chemicals and high stress may be necessary for the development of pain related to GWI. This idea is concordant with the clinical manifestation, as some, but not all veterans with GWI suffer from chronic, widespread pain (Cory-Slechta and Wedge, 2016; Stimpson et al., 2006). There is support in the literature for the premise that repeated challenges can interact to cause persistent pain (Beggs et al., 2012a; Grace et al., 2016c; Melemedjian et al., 2010; Reichling and Levine, 2009; Sutton and Opp, 2014; Wang et al., 2013). Thus, exposures in the Gulf War theater may have increased the vulnerability of veterans to develop persistent pain in response to subsequent sub-threshold nociceptive stimuli. Such stimuli could be related to the rigors of physical training and deployment (Gregory et al., 2016; Issberner et al., 1996; Woo et al., 2004). In contrast to the clinical manifestation of GWI pain, the nociceptive hypersensitivity resolved after a month in our model. This suggests that additional maintenance factors may be required, for example, continued exposure to stressors (Kelly et al., 2018).

The expression of nociceptive hypersensitivity in our model of $CORT + DFP + Acidic$ saline is similar in some aspects to the original repeated acidic saline model (Sluka et al., 2001). That is, allodynia is bilateral, and heat hyperalgesia does not develop (Sluka et al., 2001, 2002, 2003; Sharma et al., 2009; Sutton and Opp, 2015). Some common underlying mechanisms may also be engaged, as we report increases in muscle IL-1β and IL-6, but no changes in TNF levels, as observed previously in the repeated acidic saline model (Sutton and Opp, 2015). However, there are also important differences. In contrast to our results, a previous study found little evidence of glial activation in the lumbar spinal cord after repeated acidic saline (Ledeboer et al., 2006). Where we found increased IL-1β mRNA in the lumbar spinal cord and a therapeutic effect of IL-10 pDNA in our model, intrathecal administration of several immunomodulators, including IL-1ra and IL-10 pDNA, had no effect on mechanical thresholds after repeated acidic saline (Ledeboer et al., 2006). While neuroinflammatory mechanisms evidently do not contribute to the central sensitization responsible for maintaining the long-lasting allodynia after repeated acidic saline (Sluka et al., 2001, 2003; Ledeboer et al., 2006), the prior exposure to CORT and DFP may alter the spinal cord microenvironment differentially to facilitate neuroimmune activation in the spinal cord.

Previous studies have shown that markers of neuroinflammation are elevated throughout the brain at acute timepoints (6 h) after CORT and DFP exposure (Ashbrook et al., 2018; Craddock et al., 2018; Koo et al., 2018; Locker et al., 2017; O'Callaghan et al., 2015). When we assessed the spinal cord and DRG 12 days after DFP, we saw little evidence of neuroinflammation. However, markers for glial activation, TLR4 signaling, and cytokine induction—which have causal roles in other types of pain (Beggs et al., 2012b; Grace et al., 2014, 2016b; McMahon et al., 2015; Ji et al., 2016; Inoue and Tsuda, 2018; Malcangio, 2019; Lacagnina et al., 2018)—were persistently induced following intramuscular acidic saline. Some of these markers may be temporally regulated, with an early preference towards IL-1β and later induction of IL-6 and astrocyte/satellite glia activation. While sphingolipid signaling, initiated by glia, is induced in other models of GWI and contributes to other forms of pain (Abdullah et al., 2013, 2012; Patti et al., 2012; Stockstill et al., 2018),

we did not detect changes in these pathways at the timepoints or tissues assessed. However, the neuroinflammatory signaling induced through microglia/macrophages and TLR4 is causally implicated in our model of GWI pain, as allodynia was alleviated by treatment with minocycline, (+)-naltrexone, and IL-10 pDNA. Together, these results point to dysregulated immunity following CORT and DFP exposure that is unmasked following additional challenges.

A limitation of our study is the inclusion of only male rats, especially considering that females are at greater risk of developing moderate to severe GWI (Heboyan et al., 2019). There are numerous sex differences with respect to immune responses after injury, including those relevant to pain (e.g., (Mapplebeck et al., 2018; Sorge et al., 2015; Taves et al., 2016; Tawfik et al., 2020)). As it cannot be assumed that neuroinflammatory mechanisms are sexually monomorphic, future studies should include female rodents.

In conclusion, widespread musculoskeletal pain is a cardinal symptom of Gulf War Illness. We have reproduced such pain by modelling some of the chemical and stress exposures that occurred in theater, lending further support to the "multiple hit" hypothesis of GWI (Janulewicz et al., 2018). In addition to pain, neuroinflammation underlies other symptoms of GWI in animal models, such impaired memory, depression, anxiety, lethargy, with support from clinical studies in veterans with GWI (Abdullah et al., 2012; Alhasson et al., 2017; Hernandez et al., 2019; Michalovicz et al., 2020; Parihar et al., 2013; White et al., 2016; Zakirova et al., 2015; Alshelh et al., 2020; Broderick et al., 2013; Emmerich et al., 2017; Joshi et al., 2019; Parkitny et al., 2015). Strategies to alleviate neuroinflammation may therefore have efficacy in alleviating several symptoms of GWI, including pain.

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Highlights

- **•** A neuroinflammatory basis for pain associated with GWI has not been investigated.
- **•** A combination of corticosterone, diisopropyl fluorophosphate, and intramuscular acidic saline induces long-lasting, bilateral, musculoskeletal pain.
- **•** The pain is associated with elevated neuroinflammatory markers in the spinal cord, dorsal root ganglia, and gastrocnemius muscle.
- **•** Minocycline, the TLR4 inhibitor (+)-naltrexone, and IL-10 pDNA each reversed the musculoskeletal pain.

Figure 1. Timeline of experimental procedures. CORT: corticosterone; DFP: diisopropyl fluorophosphate; Veh: vehicle.

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Figure 2. Mechanical allodynia in a putative model of GWI pain.

Corticosterone (CORT) or vehicle was administered via the drinking water for 7 days to mimic high physiological stress. On the final day of CORT treatment, a single dose of diisopropyl fluorophosphate (DFP) or vehicle was administered. Seven days later, rats received a single injection of normal ($pH = 7.2$) or acidic saline ($pH = 4.0$) into the left gastrocnemius muscle. (**A**) Treatment with CORT alone, DFP alone, or in combination (all following treatment with intramuscular normal saline) did not alter mechanical thresholds. (**B**) Acidic saline in combination with CORT and DFP significantly reduced mechanical thresholds. Relative to CORT+DFP+Normal saline: $*P < 0.05$, $*P < 0.01$, $**P < 0.001$; Relative to Vehicle+Vehicle+Acidic saline: ${}^{#}P < 0.05$, ${}^{##}P < 0.01$, ${}^{###}P < 0.001$; Relative to Vehicle+Vehicle+Normal saline: $^{(A)}P < 0.01$, $^{(A)}P < 0.001$. N = 6–8/group. Data are mean \pm SD.

Figure 3. Neuroinflammatory markers in the lumbar dorsal spinal cord.

Corticosterone (CORT) or vehicle was administered via the drinking water for 7 days to mimic high physiological stress. On the final day of CORT treatment, a single dose of diisopropyl fluorophosphate (DFP) or vehicle was administered. Seven days later, rats received a single injection of normal ($pH = 7.2$) or acidic saline ($pH = 4.0$) into the left gastrocnemius muscle. Left L4/5 dorsal spinal cord quadrants were collected 5 or 15 days later. Expression levels of (**A, B**) Itgam (CD11b), (**C, D**) Gfap, and (**E, F**) Tlr4 were assessed. Protein levels of (G, H) IL-1β, and (I, J) IL-6 were also assayed. *P<0.05, **P< 0.01, *** $P < 0.001$. N = 6–8/group. Data are mean \pm SD.

Figure 4. Levels of neuroinflammatory markers in DRG.

Corticosterone (CORT) or vehicle was administered via the drinking water for 7 days to mimic high physiological stress. On the final day of CORT treatment, a single dose of diisopropyl fluorophosphate (DFP) or vehicle was administered. Seven days later, rats received a single injection of normal ($pH = 7.2$) or acidic saline ($pH = 4.0$) into the left gastrocnemius muscle. Left L4/5 DRG were collected 5 or 15 days later. Expression levels of Itgam (CD11b) were determined at (**A**) day 5, (**B**) and day 15, as well as Gfap at (**C**) day 5, (**D**) and day 15. Protein levels of IL-1β were assayed at (**E**) day 5 (**F**) and day 15. IL-6 levels were also assayed at (**G**) day 5 (**H**) and day 15, using the lower limit of detection for statistical analysis of undetectable values. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$. N = 6–8/ group. Data are mean \pm SD.

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Figure 5. Pro-inflammatory cytokine levels in gastrocnemius muscle.

Corticosterone (CORT) or vehicle was administered via the drinking water for 7 days to mimic high physiological stress. On the final day of CORT treatment, a single dose of diisopropyl fluorophosphate (DFP) or vehicle was administered. Seven days later, rats received a single injection of normal ($pH = 7.2$) or acidic saline ($pH = 4.0$) into the left gastrocnemius muscle. Gastrocnemius muscle was collected 5 or 15 days later. (**A**) IL-1β levels were assayed at day 5, (**B**) and day 15. (**C**) IL-6 levels were assayed at day 5, (**D**) and day 15. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$. N = 6–8/group. Data are mean \pm SD.

Figure 6. Effects of immunomodulators on allodynia in a putative model of GWI pain.

Corticosterone (CORT) or vehicle was administered via the drinking water for 7 days to mimic high physiological stress. On the final day of CORT treatment, a single dose of diisopropyl fluorophosphate (DFP) or vehicle was administered. Seven days later, rats received a single injection of normal ($pH = 7.2$) or acidic saline ($pH = 4.0$) into the left gastrocnemius muscle. Allodynia was attenuated by (**A**) treatment with the macrophage/ microglia inhibitor minocycline (50 mg/kg once per day), beginning on day 5 and concluding on day 12 (indicated by the gray rectangle), (B) the TLR4 inhibitor $(+)$ naltrexone (6 mg/kg three times per day), beginning on day 5 and concluding on day 12 (indicated by the gray rectangle), and (**C**) IL-10 gene therapy (3 μg of plasmid DNA with

25 μg D-mannose), intrathecally administered on day 3 (indicated by the arrow). $*P < 0.05$, ** $P < 0.01$, *** $P < 0.001$. N = 6-8/group. Data are mean \pm SD.

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Table 1.

Sphingolipid levels in GWI model of pain. **Sphingolipid levels in GWI model of pain.**

Comparisons were made between CORT+DFP+Acidic saline vs. Vehicle+Vehicle+Normal saline at Day 5 after acidic saline/normal saline injection. Comparisons were made between CORT+DFP+Acidic saline vs. Vehicle+Vehicle+Normal saline at Day 5 after acidic saline/normal saline injection. Ipsilateral L4/5 DRG and ipsilateral L4/5 dorsal quadrants of the spinal cord were analyzed. Mean (SD). N=4/group. Ipsilateral L4/5 DRG and ipsilateral L4/5 dorsal quadrants of the spinal cord were analyzed. Mean (SD). N=4/group.

