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## Vesicle trafficking and lipid metabolism in synucleinopathy

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### Abstract

The neuronal protein  $\alpha$ -synuclein ( $\alpha$ S) is central to the pathogenesis of Parkinson's disease and other progressive brain diseases such as Lewy body dementia and multi-system atrophy. These diseases, collectively referred to as 'synucleinopathies', have long been considered purely proteinopathies: diseases characterized by the misfolding of a protein into small and large aggregates mainly consisting of that protein (in this case:  $\alpha$ -synuclein). However, recent morphological insights into Lewy bodies, the hallmark neuropathology of human synucleinopathies, suggests these lesions are also rich in vesicles and other membranous organelles. Moreover,  $\alpha$ S physiology and pathology are both strongly associated with various aspects of intracellular vesicle trafficking and lipid biology.  $\alpha$ S physiologically binds to synaptic and other small vesicles, and several functions of  $\alpha$ S in regulating vesicle biology have been proposed. Familial PD-linked  $\alpha$ S excess and missense mutations have been shown to impair vesicle trafficking and alter lipid homeostasis. On the other hand, vesicle trafficking and lipid-related genes have emerged as Parkinson's risk factors, suggesting a bidirectional relationship. The answer to the question "Does abnormal  $\alpha$ S accumulation cause impaired vesicle trafficking and lipid dyshomeostasis or is  $\alpha$ S aggregation the consequence of such impairments?" may be "both". Here, we review current knowledge of the  $\alpha$ S-lipid and  $\alpha$ S-vesicle trafficking interplay, with a special focus on Parkinson's disease and Lewy body dementia.

### Keywords

Parkinson's disease; synucleinopathy; alpha-synuclein; vesicle trafficking; lipids; protein aggregation

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## 1. Membranous organelles and other lipid moieties may be an integral part of Lewy bodies

The 14 kDa cytoplasmic protein  $\alpha$ -synuclein ( $\alpha$ S) is strongly linked to Parkinson's disease (PD), PD dementia, dementia with Lewy bodies (DLB), multiple system atrophy (MSA), and even some forms of Alzheimer's disease. Large intraneuronal aggregates, Lewy bodies (LBs) and Lewy neurites (LNs) in somata and neurites, respectively, are the defining cytopathology of synucleinopathies. The exception is MSA, which is largely characterized by the accumulation of  $\alpha$ S in the cytoplasm of oligodendrocytes, the myelin-producing cells of the brain. A provocative recent study, mostly based on correlative light and electron microscopy, postulated that LBs are largely composed of lipids, membrane fragments and membranous organelles such as vesicles and mitochondria. The study confirmed  $\alpha$ S to be a major component of the lesions, but the protein was detected to a high degree in a non-fibrillar state (the authors acknowledged, however, that the technique used may have missed fibrillar  $\alpha$ S to some extent) [112]. This notion was in agreement with certain observations from earlier decades [47, 88] but it challenged the widely accepted view of synucleinopathies as protein misfolding diseases whose key pathogenic lesion is the fibrillar LB [121]. It will be interesting to see how these seemingly disparate descriptions of LBs can be reconciled. One possible scenario would be that non-fibrillar LBs (Fig. 1, left half) are precursors to classical fibrillary LBs (Fig. 1, right half). This would be consistent with the idea of  $\alpha$ S membrane interaction being a nucleation event in the aggregation of the  $\alpha$ S protein [49]. It could be that the non-fibrillar, membrane-rich inclusions are what neuropathologists have referred to as pale bodies [52]. Another explanation would be that certain brain regions develop principally fibrillary while others develop principally non-fibrillar LBs. In any event, the prospect that at least some (perhaps many) LBs may be largely composed of clusters of vesicles, lipid droplets, membranes and mitochondria rather than solely fibrillar  $\alpha$ S offers a potential sea change in the way we conceptualize PD pathogenesis. This new recognition may provide an opportunity to integrate various genetic and experimental data on the interplay of  $\alpha$ S with different membranous components in neurons. In the subsequent sections, we will focus first on the vesicle trafficking machinery (with a special emphasis on that within synapses) and then on lipid pathways, aware that there is overlap between these aspects of  $\alpha$ S biology and pathobiology. The genes and pathways that we will discuss are typically studied and interpreted in a neuronal context, but relevance for the oligodendroglial inclusion formation in MSA cannot be excluded (and has even been postulated in some cases). We will not specifically address lipid-related mechanisms from an MSA perspective, which we believe deserves a separate review (relevant previous reviews include [10, 145]). As one example, it has been proposed that the absolute levels of myelin lipids are altered in MSA, triggering an instability of the extremely lipid-rich myelin of oligodendrocytes [42].

## 2. $\alpha$ S affects the trafficking of synaptic vesicles

### Synaptic vesicle release

Physiologically,  $\alpha$ S is localized in considerable part to presynaptic terminals in the brain [51, 77] and in cultured rodent neurons as they mature [144]. This localization may in part

be driven by a relatively strong interaction between  $\alpha$ S and synaptic vesicles: biophysical studies have demonstrated that due to their small size, synaptic vesicles possess the optimal degree of substantial membrane curvature needed to promote  $\alpha$ S binding [60]. The exact function of  $\alpha$ S at the synapse, and at synaptic vesicles in particular, is still under investigation. Several lines of evidence point to a regulatory function in synaptic vesicle release. A detailed study in cultured rodent neurons suggests that the absence of all synuclein homologs ( $\alpha$ S,  $\beta$ -synuclein and  $\gamma$ -synuclein triple knockout) slows down cargo release from exocytotic vesicles [74]. Conversely, mild overexpression of  $\alpha$ S was found to accelerate the kinetics of individual exocytotic events, thereby promoting cargo discharge. The observations led to the conclusion that synuclein promotes dilation of the exocytotic fusion pore in a gene-dose-dependent fashion ([74]; Fig. 2–1). The authors speculate that these findings help reconcile seemingly contradictory reports on synuclein effects on transmitter release. Fusion pore dilation could affect more slowly released neuromodulators such as dopamine and peptides, while the release of, e.g., glutamate would be less dependent on pore size. Indeed, loss of synuclein may have little effect on glutamate release [15, 55]. In contrast, the release of dopamine seems to be affected by alterations of synuclein levels (e.g., [66, 110]). This distinction between the effects of  $\alpha$ S alterations on certain neurotransmitters but not others may have great functional import. Complexity is added by the notion that excess or mutant  $\alpha$ S may pathologically inhibit exocytosis, distinct from the physiological fusion-pore promoting effect of endogenous or mildly overexpressed  $\alpha$ S [74]. Indeed, the overexpression in PC12 and chromaffin cells was shown to impair catecholamine release by interfering with a late step in exocytosis [66]. Moreover, in-vivo data indicating that mice lacking both  $\alpha$ S and  $\gamma$ S exhibit increased striatal dopamine release and excessive dopaminergic-like behavior [110] will need to be reconciled with the data by Logan et al., which are based on neuronal cultures [74].

### Molecular Mechanisms

None of the studies cited above has proposed a detailed molecular mechanism by which  $\alpha$ S may affect synaptic vesicle biology. In a separate study, however, it was suggested that  $\alpha$ S increases the number of assembled SNARE complexes by acting as a chaperone that directly interacts with Synaptobrevin-2 (VAMP-2) [15]. Interestingly, this chaperoning activity was later assigned to a previously unrecognized native multimeric form of  $\alpha$ S ([13]; Fig. 2–2), and more recently the functional cooperation of  $\alpha$ S and VAMP-2 in synaptic vesicle recycling was described [126]. Increased SNARE complex formation (mediated by  $\alpha$ S) would be expected to strengthen the force that drives fusion pore dilation and hence, promote cargo release [114]. However, overexpression of synuclein was also proposed to inhibit the total extent of synaptic vesicle exocytosis (by inhibiting synaptic vesicle reclustering) [85]. And while a synuclein triple knockout had maximal effects on exocytotic fusion pore dilation [74], the VAMP-2/ $\alpha$ S interaction was mapped to an amino-acid stretch of the  $\alpha$ S C-terminus that is not conserved in  $\beta$ S or  $\gamma$ S [15]. Moreover, it was proposed that  $\alpha$ S can affect membrane fusion *in vitro* and *in vivo* through its direct effects on the lipid bilayer [37, 90], without the need for an indirect mechanism via SNARE proteins. A parallel study concluded that both membrane and SNARE interaction may be necessary for  $\alpha$ S function [38], and the search for the definitive molecular mechanism of  $\alpha$ S function(s) at the synapse continues.

## Beyond Exocytosis

While the studies discussed thus far largely focused on exocytosis, it was also demonstrated that expression of  $\alpha$ S may promote clathrin-dependent endocytosis [8]. Further, synucleins may regulate the kinetics of synaptic vesicle endocytosis ([131]; Fig. 2–3). Rather than being involved in the maintenance of vesicle trafficking, synucleins were proposed to have multiple effects on presynaptic architecture and the distribution of different pools of synaptic vesicles (e.g., [2, 132]; Fig. 2–4). Lastly, it has been suggested that  $\alpha$ S acts on vesicles by ‘clustering’ them, thereby attenuating the kinetics of their recycling and preventing free dispersal between neighboring *en passant* boutons [137]. Like the possible chaperoning of SNARE protein assembly, this function was assigned to a native multimeric form of  $\alpha$ S (Fig. 2–5) (discussed below). These observations about normal  $\alpha$ S function raise the question of whether excess wild-type  $\alpha$ S (e.g., in  $\alpha$ S duplication/triplication PD patients) could help explain the recently recognized presence of multiple vesicular profiles in LBs.

## Relevance for PD

All in all,  $\alpha$ S may physiologically promote dilation of the fusion pore [74], while an inhibition of exocytosis may require synuclein overexpression [55, 110], supporting a pathological role for too much  $\alpha$ S. Thus,  $\alpha$ S synaptic function versus dysfunction is likely a matter of  $\alpha$ S concentration and conformation. One must also keep in mind that  $\alpha$ S aggregation will deplete cells of the functional form of  $\alpha$ S to some extent, leading to a partial loss of function. However,  $\alpha$ S KO mice [2] and even  $\alpha$ S,  $\beta$ S and  $\gamma$ S triple KO mice [55] do not develop clear-cut PD-like phenotypes. This suggests that synuclein loss of physiological function may not be central to PD pathogenesis. Alternatively, processes during development could compensate for its KO, while gradual loss of  $\alpha$ S function in the adult brain may well contribute to PD pathology [25]. And yet, beyond the question of loss- or gain-of-function, it is not even clear whether  $\alpha$ S-mediated synaptic trafficking dysfunction is a major driver of neurodegeneration in PD [9]. A common pathophysiological hypothesis for PD is that the physical loss of dopaminergic neurons depletes dopamine in the striatum, causing the motor symptoms bradykinesia, tremor, rigidity and postural instability, but it has also been proposed that a dysfunction of still-existing nerve cells triggers these events (reviewed in [107]).

## 3. $\alpha$ S affects the trafficking of non-synaptic vesicles

### ER-to-Golgi (Fig. 3a-1)

While synaptic vesicle membranes may offer favorable geometry for  $\alpha$ S-membrane binding,  $\alpha$ S interactions with other cellular vesicles, other organelles or even cytoskeletal components have been reported [9]. One of the earliest characterizations of  $\alpha$ S reports its synaptic localization in the hippocampal region, but in cortical layers II and III, the authors found  $\alpha$ S protein to be ‘clearly localized around cell bodies, probably in the Golgi area’ [77], indicating that the exact subcellular locale of  $\alpha$ S might be neuron-type specific. In this context, the first and rate-limiting step in the secretory pathway, ER-to-Golgi transport, has been suggested to be affected by  $\alpha$ S when expressed in yeast (an organism that does not possess endogenous  $\alpha$ S) [93]. A screen in  $\alpha$ S-expressing yeast revealed membrane-trafficking proteins as suppressors of  $\alpha$ S cytotoxicity [27]. The hits included Ypt1p/Rab1,

involved in ER/Golgi vesicle tethering. Follow-up studies confirmed impaired ER-to-Golgi transport upon  $\alpha$ S overexpression in rat kidney cells, HeLa cells, neuroendocrine PC12 cells, and dopaminergic SH-SY5Y cells [73, 129, 143]. A locale for  $\alpha$ S activity consistent with these observations would be post-ER budding, perhaps via interfering with Rab- and SNARE-dependent COPII vesicle tethering and/or fusion [53, 129].

### **Intra- and post-Golgi (Fig. 3a-2)**

Excess/ectopic  $\alpha$ S has also been suggested to disrupt intra-Golgi and post-Golgi secretory trafficking. In this context,  $\alpha$ S has been proposed to interact with Rab8 (Golgi), Rab3a (post-Golgi), and Rab5 (early endosomes) in  $\alpha$ S A30P transgenic mice [30]. In addition, overexpression of Rab11 (recycling endosomes) as well as Rab8 and Rab3a rescued  $\alpha$ S toxicity in different models [11, 27, 53, 148]. Interestingly,  $\alpha$ S-mediated trafficking defects (in yeast and beyond) seem to be efficiently rescued by Ykt6 [27, 129], an R-SNARE that can participate in multiple fusogenic SNARE complexes. This is consistent with excess or mutant  $\alpha$ S impairing subcellular trafficking at several different levels. An important secretory cargo in dopaminergic neurons is the dopamine transporter, and it was shown that this protein may accumulate in the early secretory pathway upon  $\alpha$ S over-expression, hindering dopamine uptake [91]. Considerable overexpression of  $\alpha$ S in cultured mammalian cell lines was shown to even disrupt the Golgi apparatus, causing ‘Golgi fragmentation’ and cytotoxicity [54]. The causative  $\alpha$ S species were described as ‘prefibrillar’ aggregates, but the exact nature of these assemblies and the molecular mechanisms behind the Golgi fragmentation remained elusive. A study in cultured neurons described impaired vesicle trafficking, Golgi fragmentation and neuritic degeneration as the consequences of  $\alpha$ S interfering with the microtubule network (actin filaments and microtubule-independent trafficking remained unaffected) [67]. Within the degenerating neurites, the authors found numerous ‘spherical co-aggregates’ of tubulins and  $\alpha$ S. However, besides in PD, Golgi fragmentation can be observed in other neurodegenerative diseases [138] and may not be considered an  $\alpha$ S-specific effect.

### **Endolysosomal (Fig. 3a-3)**

The role of the endolysosomal system in  $\alpha$ S toxicity might be bidirectional:  $\alpha$ S has been proposed to affect this system, but the clearance of  $\alpha$ S may in turn depend upon the endosome-lysosome pathway (e.g. [3]), and Rab11a might play a role in the process [11].  $\alpha$ S expression in yeast interferes with endosomal trafficking [118], while  $\alpha$ S aggregates in cultured neurons were suggested to impair the transport of Rab7/TrkB receptor-containing endosomes and autophagosomes [135]. Increased  $\alpha$ S expression was shown to disrupt various vesicle transport events in both yeast and A53T iPSC-derived patient neurons, and rescue via activation of the E3 ubiquitin ligase NEDD4 (RSP5 in yeast) was reported [22, 127]. Lysosomal dysfunction induced by  $\alpha$ S excess was shown to occur through disruptions in protein trafficking in models of human midbrain synucleinopathy [79]. Changes in endolysosomal enzyme activities have been observed in PD cerebrospinal fluid [40]. Aggregated or over-expressed  $\alpha$ S was suggested to inhibit macroautophagy, causing lack of clearance and additional  $\alpha$ S accumulation [143]. Related to that, impaired degradation of mutant  $\alpha$ S by chaperone-mediated autophagy was reported [29]. Loss-of-function mutations of the lysosomal lipid-degrading enzyme glucocerebrosidase (GCase) is linked to both PD

and Gaucher's disease (see section 5), and the underlying mechanisms include impaired lysosomal-enzyme targeting and protein degradation; thus, lipid-modulating therapeutic targets and strategies might be effective for both disorders [79].

### Molecular Mechanisms

All these observations suggest as a potential trigger for pathology that excess  $\alpha$ S accumulates in neuronal somata, thus interacting with vesicles that might physiologically be 'synuclein-free' [138]. Indeed, it is unclear at present whether  $\alpha$ S has a discrete normal function in the somatic compartment of neurons; virtually all the cited studies in this section address  $\alpha$ S pathobiology. To our knowledge, a vesicle trafficking defect in cell bodies of  $\alpha$ S KO mice or cell lines has not been reported, and yet the occurrence of high  $\alpha$ S levels in erythrocytes strongly suggests that  $\alpha$ S has physiological functions which go beyond its synaptic role [9]. In addition, most of the studies we cite assume or postulate that  $\alpha$ S 'aggregation' (often poorly characterized) drives the observed effects. However, the interaction between  $\alpha$ S and vesicles is mediated by the specific formation of amphipathic  $\alpha$ -helices, and aggregated  $\alpha$ S (i.e., dimeric and greater) is unlikely to preserve this fold (see next section).

## 4. What form of $\alpha$ S may lead to aberrant vesicle trafficking?

### Different models of $\alpha$ S-membrane interaction

Vesicle trafficking defects in PD are unlikely to be caused by LBs *per se*. Rather, LBs are hypothesized to be the end products of prolonged  $\alpha$ S-vesicle trafficking defects. The above-mentioned rodent and cellular models of the effects of mutant or excess wt  $\alpha$ S were not reported to have large 'Lewy-like' filamentous  $\alpha$ S aggregates. One alternative scenario would be the formation of smaller aggregates. Axonal  $\alpha$ S aggregates have been suggested to impede the transport of endosomal vesicles via a Rab7-mediated mechanism (see section 3), distinct from simply filling the axonal cytoplasm or inhibiting all axonal transport [135]. Presynaptic  $\alpha$ S 'micro-aggregates' were observed upon *in vivo* multiphoton imaging of mice mildly overexpressing  $\alpha$ S-GFP, even in young (1, 3, 6 month old) animals [122]. Presynaptic  $\alpha$ S 'micro-aggregation' and deficits in neurotransmitter release were also linked in transgenic mice expressing the aggregation-prone truncated  $\alpha$ S 1–120 species [50, 81]. It should be borne in mind that the interaction between normal  $\alpha$ S and certain vesicles is apparently mediated by the formation of amphipathic  $\alpha$ S helices. These helices can 'sense' the curvature of small vesicles and have a much lower binding affinity for larger vesicles and organelle membranes such as the ER or plasma membrane [100]. It is unclear how aggregated  $\alpha$ S would be able to sustain such specific interactions with vesicles to interfere with their trafficking (Fig. 3B-1). Specific vesicle targeting of misfolded  $\alpha$ S may be possible if any of the aggregated material still contains at least a portion of helical  $\alpha$ S (Fig. 3B-2; green indicates helical  $\alpha$ S). Relevant in this context could be a recent publication describing aberrant lipid association of aggregated  $\alpha$ S in a specific subset of neurotransmitter-containing, secretogranin-II-positive, large dense-core vesicles [12]. Another possibility would be that the principal  $\alpha$ S species that interferes with vesicle trafficking is not at all aggregated but helical. In this context, it has been reported that membrane-associated multimeric (and presumably helical) wt  $\alpha$ S helps regulate vesicle homeostasis by normally

tethering vesicles in synaptic boutons [137]. An excess of this tethering activity of multimeric  $\alpha$ S - due to increased  $\alpha$ S levels - could lead to aberrant clusters of vesicles (Fig. 3B-3), causing a local 'traffic jam' [6]. However, in another study,  $\alpha$ S helices were stabilized at vesicle membranes by strategic point mutations, which resulted in the formation of cytoplasmic aggregates of vesicles, lipid droplets, and  $\alpha$ S [36]. The mutant  $\alpha$ S that accumulated in these inclusions was characterized as largely monomeric by intact-cell crosslinking and YFP complementation, raising the question of how monomeric  $\alpha$ S may confer vesicle clustering. One explanation could be a proposed 'double anchor' mechanism (Fig. 3B-4), in which the N-terminus of an  $\alpha$ S monomer binds to one vesicle, while another stretch closer to the C-terminus binds to another vesicle [48]. However, a direct or indirect bridging of vesicles via  $\alpha$ S monomers does not seem necessary for stalling vesicles, and theoretical scenarios exist in which excess  $\alpha$ S helical monomers (but not multimers) can impair vesicle biology (Fig. 3B-5). It has for example been shown that monomeric  $\alpha$ S can induce membrane curvature [139], and an excess of this curve-inducing activity could interfere with normal vesicle movement. In another possible scenario, excess 'coating' of vesicles with monomeric  $\alpha$ S helices under pathological conditions could interfere with key events in the trafficking of vesicles such as their interaction with the cytoskeleton.

### Insights from $\alpha$ S genetics

It is tempting to postulate that excess membrane binding of  $\alpha$ S is the starting point for  $\alpha$ S interfering with vesicle trafficking. The 'toxic species' could either be an excess of the normal membrane-binding  $\alpha$ S helix, or it could be an aggregate of non-helical monomers that is triggered by excess membrane binding via 'primary nucleation' by lipids [49]. Two- to threefold overexpression of wt  $\alpha$ S from gene duplication or triplication leads to aggressive familial forms of PD and/or DLB [18, 117]. Excess wt  $\alpha$ S might be expected to distribute to both the aqueous cytoplasm and membranes, so the disease-conferring effects of duplication/triplication could be explained by increased  $\alpha$ S at membranes. Similarly, the fPD-causing  $\alpha$ S E46K mutation binds to membranes in excess [95, 103, 150]. This effect can be amplified by placing analogous E $\rightarrow$ K mutations in the two adjacent  $\alpha$ S repeat motifs (creating the "3K" mutant), thereby leading to a stepwise increase in monomer levels, abnormal monomer-membrane interaction, cytotoxicity and vesicle-rich inclusions [35]. However, this relatively simple model is challenged by other fPD-causing  $\alpha$ S mutations. While H50Q [4] and A53T [98] may also increase membrane binding, A30P [65] and G51D [68] increase the fraction of total  $\alpha$ S in the cytosol [33]. Nonetheless, these all cause PD and presumably all develop vesicle/ $\alpha$ S-rich Lewy bodies.

### Two distinct pathways to $\alpha$ S toxicity?

$\alpha$ S genetics indeed suggests that two routes to aberrant  $\alpha$ S behavior in cells may exist: one that is initiated by excess membrane interaction (E46K-like), and one that instead starts with cytosolic accumulation (A30P- and G51D-like) [33]. Perturbing vesicle trafficking via the membrane-associated pathway seems plausible, whereas in the case of the cytosolic pathway, this link is less obvious. And yet, PD caused by A30P [109] and G51D [61] on the one hand and that caused by E46K [150] on the other are both characterized by  $\alpha$ S aggregation and the formation of LBs and LNs (see also Table 1 in [99]). This is consistent with experimental data implicating both excess [49] and reduced [14] membrane interaction

in  $\alpha$ S aggregation. Interestingly, both reduced [14] and increased [34] membrane interaction via strategic mutagenesis has been shown to elevate  $\alpha$ S monomers at the expense of native multimers, consistent with the evidence that monomer accumulation occurs with all fPD-causing  $\alpha$ S mutants [35]. In light of vesicle/organelle/lipid accumulations in Lewy bodies [112], it would be very interesting to contrast in detail A30P or G51D Parkinson brains to those of patients with E46K,  $\alpha$ S duplication/triplication or sporadic PD. Would this comparison reveal that A30P and G51D is more characterized by fibrillar LBs, whereas E46K displays more lipid-rich LBs? Would sporadic PD cases exhibit both kinds of LBs or could they be divided into more fibrillar and more lipid-rich cases? And lastly: would the membrane-associated pathway compromise neuronal functions by a different mechanism ('lipotoxicity') than the cytosolic pathway ('proteotoxicity')?

### Can non-aggregated $\alpha$ S be cytotoxic?

Studies on  $\alpha$ S pathology have classically assigned any detrimental effect of  $\alpha$ S to its aggregation (often ill-defined), and the latter may include  $\alpha$ S effects on vesicle trafficking. As discussed earlier, normal amphipathic  $\alpha$ S helices interact with vesicles [32, 36], while aggregated  $\alpha$ S should lose this interaction, causing at least a partial loss of function. Many reported effects of  $\alpha$ S overexpression, however, seem more consistent with a gain-of-toxic-function. An excess of the proposed functions for normal, non-aggregated  $\alpha$ S (generation of membrane curvature [139]; vesicle tethering [108, 137]) could lead to phenotypes similar to the newly-recognized ultrastructure of LBs [112]. Aggregation into large  $\alpha$ S lesions in this and other scenarios may be a secondary process, and by temporarily limiting the amount of free  $\alpha$ S that can affect vesicle membranes, the aggregation process could even be protective for neurons to some degree. This idea may be analogous to the theory that amyloid plaques in Alzheimer's cortex temporarily sequester ('lock up') otherwise diffusible cytotoxic oligomers. In this context, an early yeast-centered study on  $\alpha$ S toxicity seems relevant: for a large number of random  $\alpha$ S point mutants, their fibrillization rates *in vitro* and their yeast toxicity *in vivo* did not correlate, suggesting that fibrillization is not necessary for  $\alpha$ S-induced yeast toxicity [134]. The authors concluded that  $\alpha$ S cytotoxicity in yeast is caused by the protein binding to membranes at levels sufficient to non-specifically disrupt membrane homeostasis. Subsequent studies helped further support this concept of membrane-mediated toxicity: wt human  $\alpha$ S expression in yeast (which lack  $\alpha$ S) led to abnormal vesicle clustering/aggregation [53, 119] and associated vesicle trafficking defects in yeast and beyond [27]. 'Amyloid' (fibrillar  $\alpha$ S) is typically not apparent in the yeast model (see also review by Jarosz and Khurana [59]), even though at least one study also observed fibrillar aggregates upon  $\alpha$ S expression in yeast [128]. All in all, it seems possible that an exaggeration of the normal  $\alpha$ S vesicle binding (e.g., by excess  $\alpha$ S amphipathic helix formation) may have adverse effects on vesicle biology in the absence of 'classical' proteinaceous  $\alpha$ S aggregation, and studies on cytotoxicity in PD should not ignore this possibility.

## 5. Genetic PD risk factors in trafficking pathways

What we have discussed so far has addressed the question of how changes in  $\alpha$ S (mutant; excess wt) might alter vesicle trafficking. On the other hand, several known and emerging



PD-related genes such as *RAB7/PARK16* [56], *VPS35/PARK17* [153], *VPS13C/PARK23* [84], *SYNJ1/PARK20* [92], *SYT11* [1], *LRRK2/PARK8* [94, 154] and *SCARB2* [84, 116] are primarily implicated in vesicle trafficking (reviewed in [1]; see also Table 1), but mutations or polymorphisms can lead to PD. It is not yet clear whether the PD pathology associated with these mutations (especially the rare ones) involves ‘typical’ LB-like  $\alpha$ S accumulation/aggregation, but LRRK2 PD pathology and other emerging evidence suggests that the ‘other direction’ could be true: primary aberrant vesicle trafficking causes secondary  $\alpha$ S accumulation and aggregation. The mechanisms, however, are not obvious, and several possible scenarios exist (Fig. 4). (1) *Additive effects*: age-related  $\alpha$ S accumulation and the aforementioned PD-linked genetic defects may both compromise vesicle trafficking, eventually causing neuronal dysfunction and death. This possibility is consistent with a two-hit scenario, in which the gene defect constitutes a ‘first hit’ and age-related  $\alpha$ S accumulation a ‘second hit’ (Fig. 4–1). (2) *Failure of  $\alpha$ S degradation*: the above-mentioned PD risk genes may directly or indirectly affect the degradation of cellular  $\alpha$ S, e.g. in the endolysosomal pathway. The accumulating  $\alpha$ S may further compromise vesicle homeostasis, and  $\alpha$ S aggregates may induce neuronal dysfunction and death via proteotoxicity (Fig. 4–2). (3) *Effects on  $\alpha$ S folding homeostasis*. Genetic defects in vesicle trafficking pathways may change the membrane lipid landscape of cells due to changes in the size, shape, composition, subcellular localization or abundance of certain vesicle species or even other membranous organelles. This in turn may affect  $\alpha$ S folding homeostasis, e.g., the ratios of soluble:insoluble, multimeric:monomeric and/or somatic:neuritic  $\alpha$ S.  $\alpha$ S in such a dyshomeostasis may form proteinaceous and vesicle-rich aggregates.  $\alpha$ S may get trapped in the soma, causing detriment as outlined in section 3 (Fig. 4–3). (4) *Non-cell-autonomous mechanisms* (*‘pathogenic spread’*). Genetic defects in vesicle trafficking, i.e., in endo- and exocytosis, may cause aberrant cellular release and reuptake of  $\alpha$ S. The aberrant release of misfolded  $\alpha$ S species may induce pathology in nearby cells. Conversely, the uptake of misfolded  $\alpha$ S from the extracellular space may become more detrimental if vesicular transport and endolysosomal degradation are already impaired (Fig. 4–4). It should be noted that essentially all these possibilities, with the exception of (1), can be considered ‘vicious-cycle’ scenarios, because accumulation or misfolding of  $\alpha$ S could further aggravate vesicle trafficking defects. We currently lack a detailed understanding of the normal biology of most PD-risk genes. The proteins in question have a variety of assigned functions that can go beyond vesicle trafficking, but a considerable overlap with cellular lipid homeostasis exists (see section 7 below). This uncertainty will be exemplified for one of the most complex and enigmatic proteins in PD research, LRRK2.

## LRRK2

Roles for Leucine-Rich Repeat Kinase 2 (*LRRK2/PARK8*; [94, 154]) in ER export and secretory trafficking (reviewed in [138]) as well as in lysosomal autophagic degradation and synaptic vesicle trafficking have been proposed (reviewed in [1]). Many but not all cases of LRRK2 PD are characterized by LB formation [99]. Further complexity is added by the fact that LRRK2 may not be very abundant in neurons but more highly expressed in other brain cells such as microglia [104]. This distribution does not necessarily reflect the relative contribution of the respective cell types to PD pathology, but it is possible that LRRK2’s interplay with  $\alpha$ S is not cell-autonomous. Accordingly, LRRK2 has been proposed to be

involved in the clearance of extracellular aggregated proteins [104]. While we do not favor one theory of LRRK2 function over the other, it seems premature to link LRRK2 to a certain step in vesicle trafficking. Below (section 6), we will also discuss a possible involvement of LRRK2 in cellular lipid homeostasis, which in turn may affect vesicle homeostasis.

### **GBA and others**

The loss of function of another PD-related gene, Glucocerebrosidase (GSA, GCase), has been proposed to cause lysosomal dysfunction (see section 6) but not necessarily alter the trafficking of small vesicles [79]. Similarly, *ATP6AP2* [64] and *ATP13A2*, genes that are both linked to PD, have been implicated in lysosomal function rather than vesicle trafficking [101]. This raises the question of to what extent these and some of the other PD-risk genes mentioned above act through vesicle function independent of actual vesicle trafficking. It may be impossible to clearly separate these two aspects, and the term ‘vesicle trafficking’ can be understood to include aspects of vesicle function.

## **6. Lipid pathways may cause synucleinopathy by altering vesicle trafficking**

### **Upstream of $\alpha$ S**

Earlier, we discussed *cis* factors that increase  $\alpha$ S interactions with membranes: certain point mutations (but not others) as well as elevated total wt  $\alpha$ S levels lead to an increase in membrane-associated  $\alpha$ S; this increased membrane interaction will likely interfere with vesicle trafficking. As far as *trans* factors are concerned, vesicle membrane composition can affect  $\alpha$ S-membrane interactions. It is well established *in vitro* that small vesicles with pronounced lipid packaging defects attract  $\alpha$ S; packaging defects are promoted by high curvature and lipid desaturation (increased membrane fluidity) [90]. Similarly, lipid head groups have been identified as a determinant of  $\alpha$ S-membrane interactions [102]. Accordingly, diverse changes in cellular membrane composition, be they in lipid head groups or in fatty acyl side chains, might affect  $\alpha$ S-membrane interactions. The existing literature suggests: (1) fatty acyl saturation reduces  $\alpha$ S binding to membranes [90]; (2) negative charges in lipid head groups enhance  $\alpha$ S-membrane binding [124]; and (3) decreased length of fatty acyl chains may also reduce  $\alpha$ S membrane binding [58]. In this context, it is interesting that genome-wide association studies (GWAS) have identified fatty acid (FA) elongase 7 (*ELOVL7*) as a PD risk factor [17, 69]. By controlling fatty acyl chain length, this enzyme may indeed affect  $\alpha$ S membrane binding, but work is needed to elucidate the details. The phospholipase *PLA2G6*, has been suggested to impact PD risk [83]. Phospholipase D (PLD) expression and activity have been observed to be reduced in DLB patient brain tissue;  $\alpha$ S is increased in the same samples [5]. Phospholipases act on membrane phospholipids and hydrolyze acyl and phosphate esters, thereby modifying lipid head groups and potentially also cellular free FA homeostasis. Synaptojanin-1 (*SYNJ1*), an inositol-phosphatase important for synaptic activity, has been identified as responsible for some cases of early onset atypical PD [92]. GWAS have also highlighted the diacylglycerol kinase *DGKQ* (which generates phosphatidic acid from diglyceride) as a PD risk factor [20, 84, 115, 116, 152]. Changes in cellular phospholipid content likely impacts  $\alpha$ S membrane

interactions and thereby alters vesicle trafficking. Most prominently, mutations in glucocerebrosidase (*GBA*), a glycolipid metabolism gene, are now proven to augment PD risk [23, 87]. Related to this, *SCARB2*, encoding LIMP2 (important for GCase activity), has also been identified as a GWAS risk factor [84, 116]. The complex role of *GBA* and its cofactors in PD pathogenesis is addressed below. In summary, the mode of  $\alpha$ S interaction with membranes makes it appear plausible that primary (inherited) membrane alterations could alter vesicle trafficking by recruiting or repelling  $\alpha$ S.

### Downstream of $\alpha$ S

Wt  $\alpha$ S overexpression or  $\alpha$ S E46K expression was shown to result in excess FA levels, requiring storage in neutral form to prevent cellular toxicity [44]. Excess FA is shuttled through the neutral lipid pathway to form TG and stored as lipid droplets, during which a build-up of DG can occur. Genetic studies showed that DG accumulation can exacerbate trafficking defects in a yeast model of  $\alpha$ S toxicity [44]. In this scenario,  $\alpha$ S causes a change in cellular lipid content, possibly via altered gene transcription, which then in turn affects vesicle trafficking. Consistent with a prominent role of DG buildup in the ER, a unique proteomic approach identified the phosphatidate phosphatase, Pah1, a regulator of DG and PA content at the ER membrane as a target for reducing  $\alpha$ S toxicity. This study concludes that inhibiting DG production could be a therapeutic strategy for PD [120].

### A 'bi-directional' mechanism?

**GBA**—As mentioned above, mutations in *GBA* increase PD risk [23, 87], and *SCARB2*, responsible for production of LIMP2 (which functions in lysosome and endosome maintenance), is a PD risk factor by GWAS [84, 116]. Certain *GBA* mutations lower the enzyme's hydrolase activity in lysosomes, resulting in insufficient GCase enzymatic function and resultant neurodegeneration, either via changing cellular sphingolipid/ceramide homeostasis [79], by direct connection between GlcCer accumulation and  $\alpha$ S homeostasis (e.g., causing  $\alpha$ S conformational changes), or through autophagic-lysosomal malfunctions [106]. GlcCer build-up may also trigger the stress response ERAD pathway [106]. Ultimately, Gaucher's and PD may be intimately linked via a bidirectional loop system whereby insufficient GCase alters lysosome function, GlcCer accumulates resulting in  $\alpha$ S buildup and conformational change (e.g., abnormal  $\alpha$ S oligomer formation) and this disrupts trafficking of GCase to lysosomes [79]. Moreover,  $\alpha$ S buildup can disrupt ER/Golgi trafficking, further contributing to lysosome dysfunction [106]; reviewed in [146]. Abnormal  $\alpha$ S oligomers may in turn reduce lysosomal GCase activity; hence  $\alpha$ S oligomers are further stabilized [79] (Fig. 5). Loss-of-function mutations in *GBA* decrease physiological  $\alpha$ S conformation (i.e., lower  $\alpha$ -helical tetramers and related multimers), and genetic transfection of functional GCase or miglustat drug treatment (blocking a synthetic enzyme for glycosphingolipids) restores physiological  $\alpha$ S tetramer:monomer ratios and decreases cytotoxicity [62]. The above suggests a complex connection between GCase,  $\alpha$ S multimeric assembly, and both lysosomal and ER/Golgi trafficking. We favor a scenario in which glycolipid alterations are the key detrimental event in the pathogenic cascade, likely by triggering abnormal alpha-synuclein conformations.

## 7. Lipid pathways may cause synucleinopathy independent of vesicle trafficking

### Lipid dyshomeostasis and lipid droplet biology

A systematic PD GWAS data analysis highlighted lipid homeostasis as the conjoining factor among many PD-relevant processes [63]. Certain aspects of the underlying  $\alpha$ S biology may be independent of vesicle trafficking, e.g., effects on lipid droplets (LDs), which are central organelles in the regulation and storage of cellular lipid. Seipin, an integral membrane protein at endoplasmic reticulum/LD contact sites, is a lipid homeostatic gene important to LD synthesis and maintenance [19, 136]. Seipin has been reported to be differentially expressed in PD vs. control postmortem brain tissue [39, 71]. Based on gene ontology analysis, the biological process of FA  $\beta$ -oxidation was reported to be overrepresented in the nigral proteome of a PD patient [71]. Sterol changes have also been connected to PD, e.g. the sterol regulatory element-1 binding transcription factor SREBF-1, a regulator of sterol synthesis, is a PD risk factor in some GWAS [41]. In this context, several studies have proposed statins as a PD treatment, but their benefit has been controversial [16]. Rab proteins have been identified as substrates for LRRK2 kinase activity [123, 149], and one of these, Rab10, impacts LD formation, with Rab10 and LRRK2 knockout models both accumulating lipid droplets [70, 86]. VPS35, encoding a component of the retromer trafficking complex, has been associated with late-onset, autosomal dominant PD [140, 153] and is connected to multiple other PD-associated genes. First, the phospholipase PLA2G6, binds to VPS35 and VPS26 and promotes recycling of both proteins and lipids. A lack of PLA2G6 impairs the vesicle trafficking function of VPS and thereby generates ceramide accumulation, inducing a feedback loop that alters membrane fluidity, retromer and neuronal processes [72]. Second, the PD-associated mutation, D620N, in VPS35 augments the kinasin of RAB10 by LRRK2 [82], thus connecting three prominent PD-associated genes with lipid metabolism. However, it is challenging to separate these effects on general lipid biology from effects specifically on vesicle trafficking (see sections 2–6). Nonetheless, even clear-cut fPD genes such as LRRK2 may be linked to effects in LD biology and cellular lipid composition. In addition,  $\alpha$ S has been shown to interact with lipid droplets [24], with free polyunsaturated FAs [113] and in particular with free arachidonic acid [31], underlining the potential of  $\alpha$ S-lipid interactions that are not immediately linked to vesicle trafficking.

### $\alpha$ S aggregation

Excess membrane binding of  $\alpha$ S has been proposed to be the starting point of  $\alpha$ S aggregation via ‘primary nucleatin’ [49]. On the other hand, a molecular pathway to  $\alpha$ S aggregation has been defined that is based on deficient  $\alpha$ S membrane binding and accumulation of monomeric  $\alpha$ S in the cytoplasm [14]. Feeding cells with unsaturated FAs has been shown to increase  $\alpha$ S membrane binding and promote  $\alpha$ S inclusion formation as well as S129 phosphorylation, a marker of  $\alpha$ S dyshomeostasis [58]. GCase dysfunction (as occurs in Gaucher’s disease and PD) may also alter the homeostasis of  $\alpha$ S folding: it can shift native  $\alpha$ S tetramers to excess  $\alpha$ S monomers [62], which have been proposed to be the starting point for  $\alpha$ S aggregation [7, 35]. These examples signify that changes in lipid

composition which affect αS-membrane interactions can influence αS biology independent of trafficking.

### **Is it possible to separate lipid homeostasis and vesicle trafficking?**

Vesicle trafficking affects lipids, lipids affect trafficking, and proteins involved in one process can directly or indirectly influence the other, or have a dual role by directly affecting both. In Table 1 we contrast vesicle trafficking and non-trafficking effects of select 'PD genes'.

## **8. Lipid profiles may be altered in PD tissues and biological fluids**

### **Patient plasma, CSF and brain tissue**

Lipidomic analyses of PD patient samples generally converge on a sense that lipids are altered in PD patients (plasma, CSF, brains) relative to controls. While details on all published studies is beyond the scope of this review, we do note in summary that changes have been reported in brain tissue and body fluids of some of the most abundant lipid classes, namely, phosphatidylcholine (PC), phosphatidylethanolamine (PE), phosphatidylinositol (PI) and phosphatidylserine (PS). Decreases in specific polyunsaturated PC species were noted in PD frontal cortex [147] and visual cortex, as were some shorter chain and saturated species and lysophosphatidylcholines [21]. PE, which in the brain accounts for approximately 45% of phospholipids [130], was found to be decreased in patient brains at early clinical stages of PD (Hoehn and Yahr stages I and II) [57]. A reduction in several unsaturated PE species was observed in the visual cortex of PD patients compared with controls [21]. Similar to PC, PE and PI classes were also lower specifically in the substantia nigra of male PD patients relative to controls [111]. Although not among the foremost changes in the brain, increased PI 36:1, 38:3 and 40:4 in PD vs. control and decreased PI 38:5 were observed in PD patient amygdala and visual cortex relative to controls [21]. Specific PS species were reported to be increased in PD frontal cortex, namely PS with 36:1,36:2 and 38:3 fatty acyl sidechains [75]. There are many other lipidomic and metabolomic studies of patient postmortem brains, CSF and plasma samples (beyond the scope of this review). The majority find lipids and fatty acids (FAs) to be significantly different between PD patients and controls. One such example is an untargeted metabolomic study that noted the profile of plasma and CSF of PD patients indicates perturbations in the glycerophospholipid and sphingolipid classes (among others) relative to controls [125]. Interestingly, another study [141] of PD CSF identified several FAs to be modified, as indicated by increases in decanoic, quinic, valerenic, arachidonic, dihomo-γ-linolenic, and 10-hydroxydecanoic acids. There is still some controversy in the field as to such changes relating to classes, species, abundance and degree of unsaturation, as variability appears to be high and may be dependent on sample type, time point, sample treatment and PD stage, not to mention the rigor of the quantitative methods.

### **PD-relevant models**

Although beyond the scope of this review, lipid and FA analyses have also underscored changes in lipid types and abundance in many PD cellular and animal models. Given the above, we have been exploring the role of lipids/FA in establishment and progression of PD/

synucleinopathies (i.e., does the changing lipid landscape during aging impact PD). In a previous review [45], we detailed the connections between human genetics and patient samples and PD-relevant models, focusing primarily on phospholipids.

### **Biological significance**

Lipid changes in PD-relevant settings can be in response to  $\alpha$ S pathology or promoting  $\alpha$ S pathology, and bidirectional relationships seem plausible. Some of the studies presented may be confounded by cell loss and the presence of dead or dying cells in PD brain tissue. In any event, the suitability of one or more lipid alterations as a biomarker will need to be explored further.

## **9. What factors in the $\alpha$ S, lipid and trafficking interchange could be druggable?**

### **LRRK2**

Growing evidence that an increase in LRRK2 kinase activity plays an important role in the LRRK2-linked form of PD suggests that decreasing its kinase activity could become a PD treatment. LRRK2 drug development has progressed over the past decade and selective kinase inhibitors have yielded positive initial results in preclinical studies and early-stage clinical trials. Side effects in peripheral tissues appear manageable, but a complete understanding of LRRK2 pathobiology, its function in trafficking and the mechanisms of action of LRRK2 inhibitors lie ahead (reviewed in [151]).

### **GBA**

The discovery of GBA-related PD triggered a search for the pathogenic mechanisms through which decreased GCCase function may affect PD pathogenesis. Targeting the GCCase-lysosomal pathway emerged as a rational approach to find neuroprotective drugs in PD [105]. Attempted enzyme replacement therapy for Gaucher's disease neither prevented PD development nor did it modify symptoms or progression, possibly due to a lack of passage of the exogenous enzyme across the blood-brain barrier [76]. An alternative therapy for Gaucher's patients uses miglustat, an iminosugar that inhibits the biosynthesis of glycolipids that are substrates for GBA and accumulate pathologically in glycosphingolipidoses [28]. Miglustat can cross the blood-brain barrier, but no clear data are available as to how miglustat may affect parkinsonism in Gaucher's patients [76]. For therapeutic purposes, 'correcting' GCCase levels would restore physiologic GCCase, reestablish the GCCase lysosomal pathway and prevent  $\alpha$ S accumulation at membranes as well as its misfolding and potential aggregation (Fig 6).

### **Stearoyl CoA Desaturase (SCD)**

SCD is special among the targets listed here because the gene itself has not been implicated in genetic forms of PD. However, the key product of SCD, oleic acid (18:1), was found to be upregulated under PD-relevant conditions: elevated oleic acid (18:1) levels (and palmitoleic acid (16:1) to a lesser degree) were observed in  $\alpha$ S-expressing yeast; increases in unsaturated FAs were identified in E46K h $\alpha$ S mice; increases in DG and TG for storage of

excess FA were found in E46K and  $\alpha$ S triplication iPSC-derived neurons. SCD inhibition was shown to prevent  $\alpha$ S wt toxicity in yeast, worm and rodent neurons [44]. Independently, SCD was identified as a PD-relevant target in a viability screen of yeast expressing  $\alpha$ S [133]. Another group later showed that SCD inhibition in a *C. elegans* PD model alters PD-relevant pathology [78]. SCD was identified in an unbiased phenotypic screen of  $\alpha$ S and reported to reduce  $\alpha$ S inclusion formation and  $\alpha$ S pS129 levels; accordingly,  $\alpha$ S multimer:monomer ratios and  $\alpha$ S solubility improved upon SCD inhibition [58]. Now that SCD has emerged as an  $\alpha$ S-relevant target in four independent studies, it will be important to establish its *in vivo* relevance in a mouse PD model such as the new  $\alpha$ S 3K mouse [89]. Ideally, SCD inhibition would decrease FA unsaturation, in turn altering membrane fluidity such that  $\alpha$ S interactions are reduced, phosphorylated  $\alpha$ S is decreased and physiologic  $\alpha$ S tetramer:monomer ratio is restored (see Fig. 6). An attractive approach could be to specifically target SCD5, a brain-specific isoform in the human genome; this strategy would bypass peripheral side effects.

### $\alpha$ S conformation

Several publications have come forward with the idea of targeting the  $\alpha$ S protein itself. This is remarkable because a protein without enzymatic activity is often considered 'undruggable'. The porphyrin phthalocyanine tetrasulfonate was proposed to directly bind to vesicle-bound  $\alpha$ S, thereby stabilizing its  $\alpha$ -helical conformation and delaying pathogenic misfolding and aggregation of monomers [46]. Nortriptyline, in contrast, was proposed to reconfigure the soluble monomeric state of  $\alpha$ S, preventing aggregation, toxicity, and possibly also membrane binding [26]. Subsequently, the aminosterol squalamine was shown to inhibit the putative lipid-induced initiation of  $\alpha$ S aggregation, while the related compound trodusquemine inhibited both this process and fibril-dependent secondary pathways in the aggregation [96, 97]. It is possible that other targets may act in part via the conformation of  $\alpha$ S in an indirect fashion. SCD inhibition [58] and restoration of GBA function [62] were both shown to increase  $\alpha$ S multimer:monomer ratios..

### Others

A small molecule pharmacological chaperone has been proposed to increase the stability of the retromer complex. While aimed at APP processing, this study suggests that such small molecules might also increase retromer function in PD-relevant settings [80]. The promise of phospholipases and other lipid-related enzymes involved in PD remains to be tested.

## 10. Conclusions

The common view of synucleinopathy pathogenesis is that the cells fall victim to 'proteinopathy': 'natively unfolded'  $\alpha$ S misfolds into  $\beta$ -sheet-rich fibrillar aggregates, which then interfere with vital cellular functions and overwhelm the cellular protein degradation systems. However, there is accumulating evidence that not just proteins, and  $\alpha$ S in particular, but also lipids are central to PD-pathogenesis. To summarize briefly: (1) genetics: more and more PD-related genes have been linked to lipid and membrane trafficking pathways (Table 1); (2) patient samples: state-of-the art characterization of LBs has shown them to be rich in lipids and membranous organelles (section 1), and body fluids of control

vs. PD subjects show differences in lipid content (section 7); (3) the characteristics of the  $\alpha$ S protein:  $\alpha$ S is a membrane-binding and potentially also a FA-binding protein (section 4);  $\alpha$ S excess may alter lipid pathways (section 3).

It can be argued that lipid alterations in synucleinopathies may trigger toxic  $\alpha$ S  $\beta$ -sheet aggregation but aren't toxic themselves, a scenario that can be called 'lipid-induced proteinopathy'. The genetics are generally in line with this concept because (as far as one can tell) certain lipid- and trafficking-related genes seem to cause classical PD symptoms and  $\alpha$ S brain pathology. And yet we emphasize in this review the relevance of the 'other direction', i.e. 'protein-induced lipotoxicity', which we believe has been underestimated. This assumption is based in considerable part on the new insights into the nature of LBs ([112]; section 1):  $\alpha$ S neuropathology in PD may be rich in lipids and vesicular organelles. Fibrillar aggregates were also observed, but at a lower frequency than traditionally thought (roughly 20% of all LBs contained fibrils).

Compared to proteotoxicity, the toxicity that stems from impaired vesicle trafficking is relatively self-evident: a cell that attempts to deliver cargo while the respective vesicles get 'stuck' may indeed suffer. However, it is not clear if protein-induced lipotoxicity is largely caused by impaired vesicle trafficking (sections 2, 3 and 6). Trafficking-independent mechanisms may exist (section 7). And there may be bidirectional scenarios in which lipid alterations impair vesicle trafficking, and altered trafficking impairs lipid homeostasis (sections 6 and 7).

Assuming that both lipid-induced proteotoxicity and protein-induced lipotoxicity are relevant, PD and related human synucleinopathies may simultaneously be proteinopathies and lipidopathies. A vicious cycle of dyshomeostasis in protein folding and lipid metabolism might be triggered by early and subtle changes in either lipid or protein handling; the initial alteration may differ from case to case [45]. 'Vicious cycle' scenarios have been proposed for  $\alpha$ S dyshomeostasis caused by GBA dysfunction [79] and oleic acid excess [44], which makes drug development efforts around GBA and SCD (the rate-limiting enzyme producing oleic acid and palmitoleic acid) attractive (section 10). Since the unexpected ultrastructure of LBs [112] is central for many aspects of what has been discussed here, it will be of critical importance to not only independently confirm the lipid membrane-rich nature of LBs, but to also extend the analysis to specific sub-forms of PD. For example, it could be very telling to compare the exact appearance of LBs in different fPD  $\alpha$ S mutations, since two ways of LB formation may exist (recently reviewed in [33]): one via excess membrane binding of monomers (E46K, A53T) and one via excess accumulation of soluble monomers in the cytosol (A30P, G51D). Similarly, the morphology of LBs in sporadic vs. GBA vs. LRRK2 PD as well as the pathology of rarer lipid-related and non-lipid-related mutations would be very interesting to study. These studies should also include a detailed analysis of different brain regions, most importantly cortex vs. midbrain. Also, a similar detailed morphological characterization of  $\alpha$ S inclusions in MSA would be desirable.

If  $\alpha$ S-induced 'lipidopathy' and 'vesiculopathy' both occur, the question as to which form of  $\alpha$ S causes neuronal injury cannot be ignored. The interplay between  $\alpha$ S and vesicle membranes is specific and intimately linked to  $\alpha$ S's ability to form  $\alpha$ -helices at membranes



(section 4).  $\beta$ -Sheet aggregates of  $\alpha$ S should lose this preference for vesicles. Several possible scenarios are discussed in section 4, but we predict that more and more studies will show that non-amyloid, non-aggregated excess  $\alpha$ S can be associated with harm inside neurons. In this context, it would be important to better understand  $\alpha$ S function (section 2), to be able to assess if an excess of normal  $\alpha$ S function might already be a key contributor to  $\alpha$ S pathology. It is remarkable that one of the proposed functions of  $\alpha$ S is vesicle clustering [108, 137]. The newly described features of LBs [112] are consistent with excess vesicle clustering and potentially an excess normal function of  $\alpha$ S. However, other functions of  $\alpha$ S have been proposed at the synapse (section 2), while the occurrence of somatic  $\alpha$ S is typically discussed as an ‘accident’ that may be the starting point of aggregation (section 3).

Genetic and other considerations (sections 5,6,7) suggest an intertwined relationship between ER, Golgi, endosomal/lysosomal function/trafficking and lipid content in terms of lipid equilibrium and  $\alpha$ S homeostasis. Membrane lipid alterations and membrane fluidity can impact  $\alpha$ S:membrane interactions and vesicle trafficking, resulting in PD-relevant phenotypes, and we have outlined several bidirectional scenarios. We hope to understand much more about this complex interchange over time. At the same time, we believe that new therapeutic strategies such as SCD inhibition will show promise for PD and DLB treatment even before the riddles of lipid dyshomeostasis in these diseases are solved.

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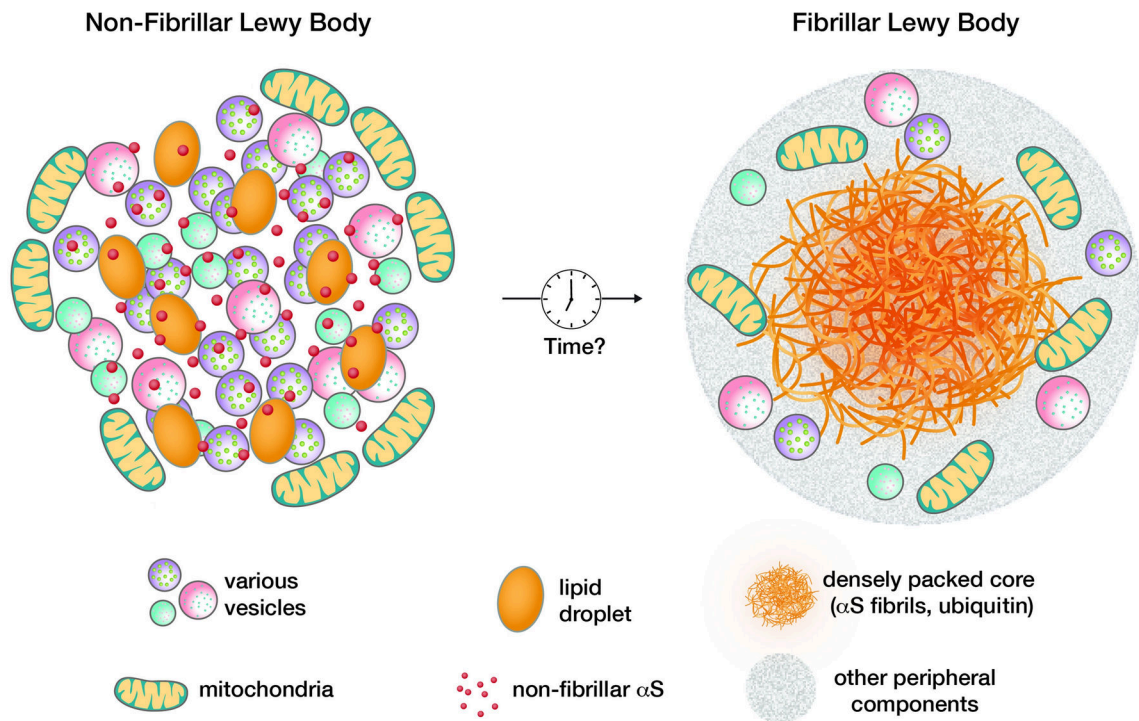
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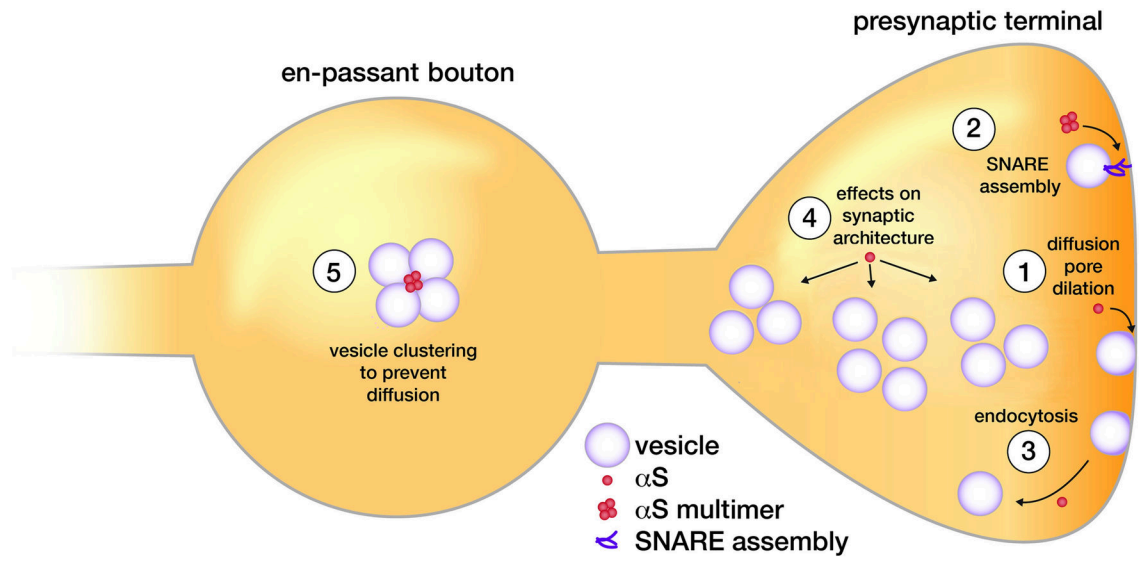


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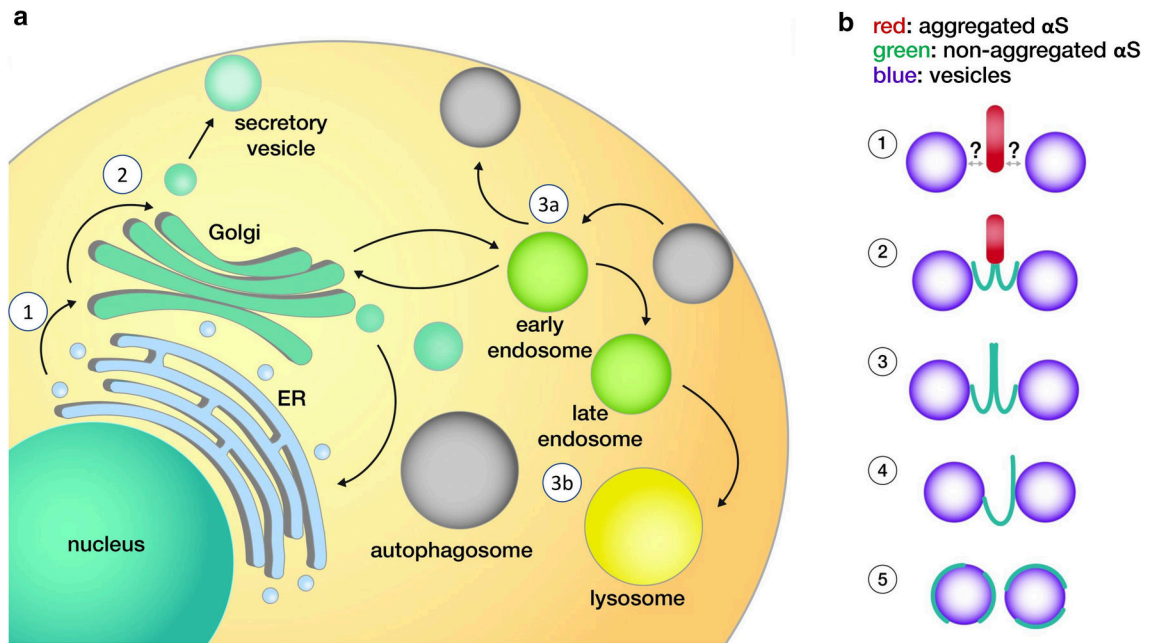
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**Fig. 1:** Contrasting non-fibrillar, lipid-rich (left) and ‘classical’, fibrillar (right) LBs. Non-fibrillar LBs might be precursors of fibrillar LBs.

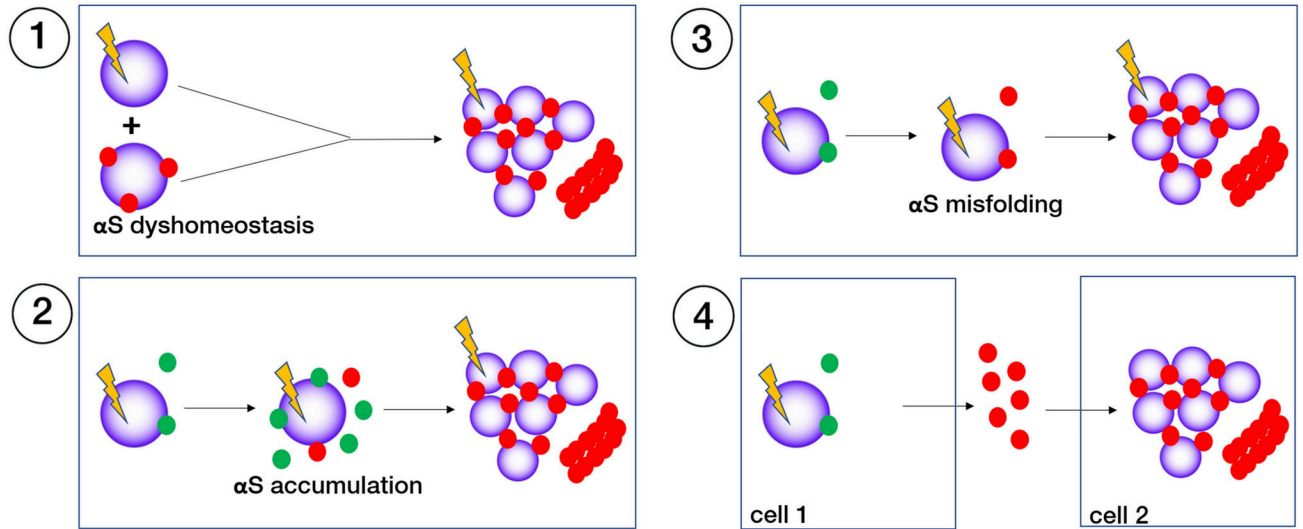


**Fig. 2:**  
Proposed roles for  $\alpha$ S at synapses. See main text for details.

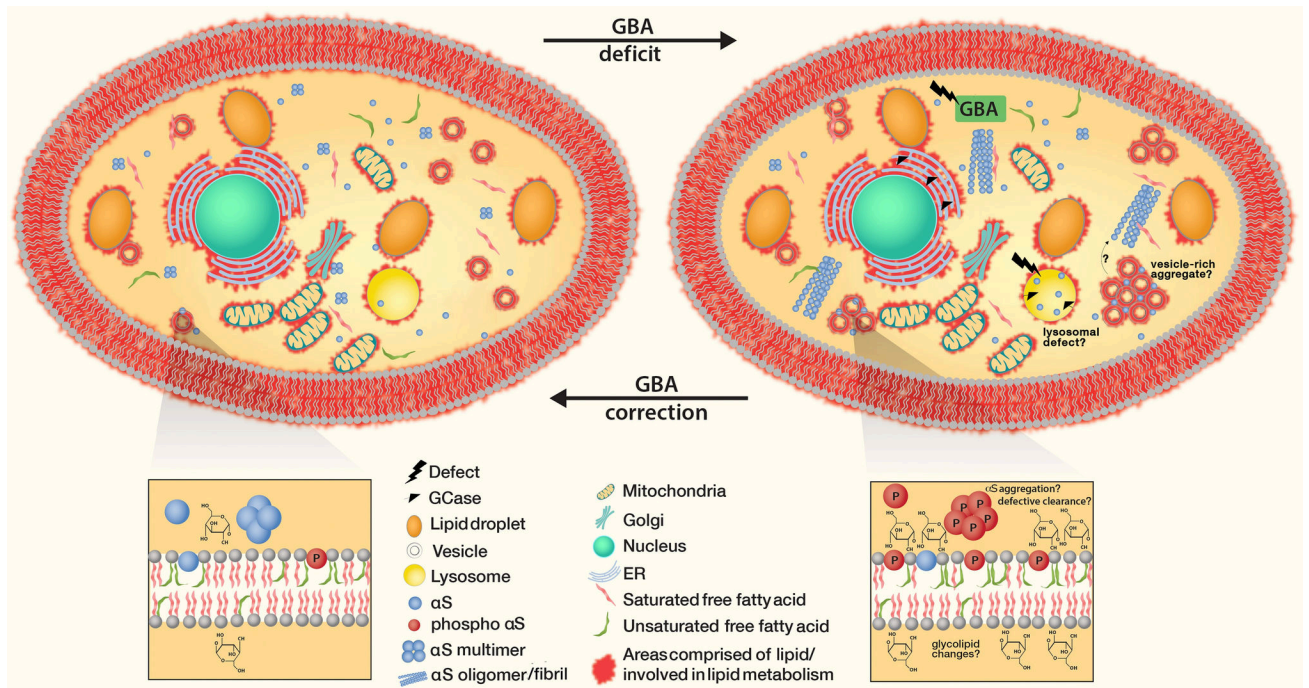


**Fig. 3:**  
**a.** Proposed sites of  $\alpha$ S interactions for non-synaptic membrane vesicles. **b.** Possible modes of aberrant  $\alpha$ S-membrane interactions. See main text for key to circled numbers.

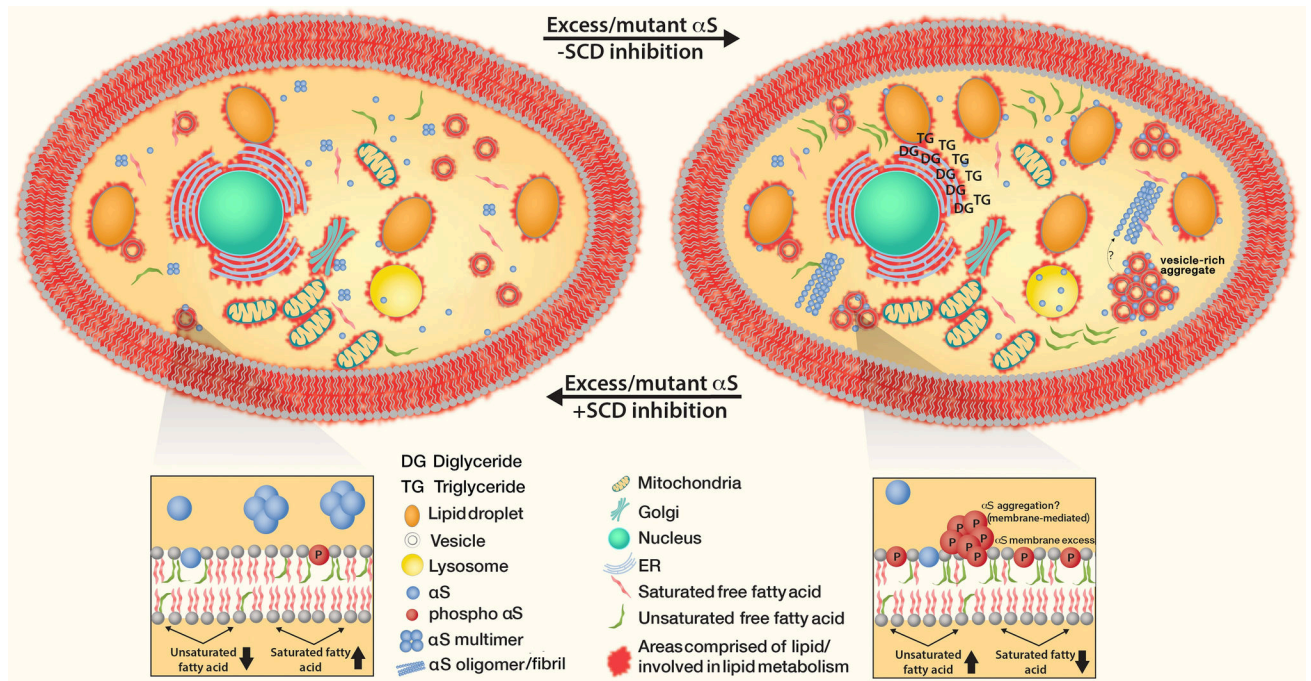
green:  $\alpha$ S in equilibrium  
 red:  $\alpha$ S dyshomeostasis/misfolding  
 orange: gene defect impairing vesicle trafficking and/or function  
 blue: vesicles



**Fig. 4:** Different scenarios of how aberrant trafficking or composition of cellular vesicles may cause or aggravate  $\alpha$ S dyshomeostasis, contributing to PD pathogenesis. The end point in all cases are  $\alpha$ S membrane-rich and or fibrillar aggregates. See main text for further details.



**Fig. 5:** Correcting GBA deficits to equilibrium restores physiologic GCase and repairs the GCase lysosomal pathway. It further prevents αS accumulation at membranes, accumulation of αS monomers as well as (downstream) oligomer formation/fibrillar aggregation.



**Fig. 6 :** SCD inhibition restores  $\alpha$ S-Induced diglyceride (DG) accumulation in the ER, trafficking defects as well as increased triglycerides (TG) and lipid droplets. The treatment reduces clusters of vesicles when excess  $\alpha$ S monomers accumulate and form cytoplasmic inclusions (as well as  $\alpha$ S fibrillization that might be downstream). Decreased SCD activity prevents membrane defects, decreases  $\alpha$ S phosphorylation and restores intact equilibria between  $\alpha$ S monomers vs. physiological helical tetramers as well as cytosolic vs. membrane-associated  $\alpha$ S.



**Table 1:**

Select PD-relevant genes involved in vesicle trafficking and/or lipid homeostasis. Dark green indicates more direct aspects, light green more indirect aspects.

Gene/Protein ([reference])	Connection to vesicle trafficking/function	Connection to lipid homeostasis
<i>SNCA</i> /αS [see section 1]	- binds to (small) vesicles - KD and OE affect synaptic trafficking - OE affects somatic trafficking	binds to membrane lipids may bind to free FAs may affect lipid metabolism
<i>GBA</i> /GCase [79]	important for lysosome function	key enzyme in glycolipid catabolism
<i>SCARB2</i> /LIMP2 [84, 116]	chaperone for GBA trafficking	Indirect effect on lipids via GBA
<i>LRRK2</i> [94, 154]	regulates endocytic/lysosomal/ER-Golgi trafficking	may affect LD biology
<i>RAB29</i> /RAB7-L [56]	endosomal Rab GTPase	may affect LD biology
<i>RAB39B</i> [142]	Endosomal/lysosomal/Golgi Rab GTPase	may affect LD biology
<i>VPS35</i> [153]	retromer subunit; affects endosomal sorting	may affect LD biology
<i>VPS13C</i> [84]	endosomal sorting	may affect LD biology
<i>ATP6AP2</i> [64]	ATPase cation transporter, lysosome	may affect lysosomal steps of lipid biology
<i>ATP13A2</i> [101]	ATPase cation transporter, lysosome	may affect lysosomal steps of lipid biology
<i>SYT11</i> /Synaptotagmin-11 [1]	regulates lyso/autophagosome fusion; exocytosis	may affect LD biology
<i>SYNJ1</i> /Synaptojanin-1 [92]	regulates synaptic endocytosis	phospholipase; affects lipid headgroups
<i>DNAJC6</i> /Auxilin-1 [43]	neuron-specific clathrin-uncoating chaperone	?
<i>PLA2G6</i> [83]	indirect effects via membrane lipid composition	phospholipase; affects lipid headgroups
<i>SREBF-1</i> [41]	indirect effects via membrane lipid composition	transcription factor; regulates sterol synthesis
<i>ELOVL7</i> /FA-Elongase 7 [17, 69]	indirect effects via membrane lipid composition	affects chain length of membrane lipids
<i>DGKQ</i> [20, 84]	indirect effects via membrane lipid composition	diacylglycerol kinase; affects lipid headgroups