RESEARCH ARTICLE



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The Osteogenetic Potential of Chitosan Coated Implant: An In Vitro Study

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Abstract

Objective: Chitosan is a promising polymer that has been used for coating dental implants. However, research concerning coatings with implant surfaces other than commercially pure titanium is limited. Therefore, this study aims to clarify the chitosan material's effect with two degrees of deacetylation (DDA) as coatings for laser surface microtopographic implants. Methods: Sixty-three Laser-Lok (LL) implant discs were divided into three groups (21 in each group), and two groups were coated with either 80 or 95 DDA chitosan. The groups were categorized as LL 95, LL 80, or LL control. Then, hMSC-TERT 20 cells were used to evaluate the cell morphology, viability, and osteogenic capacity of the chitosan material 7 and 14 days after culture. Two-way ANOVA followed by one-way analysis of variance (ANOVA) and Tukey's post hoc test were used. Results: All samples were biocompatible and allowed cell attachment. However, cell spreading and attachment were noticeably increased in the LL 95 group. There was a significant increase in the expression of osteogenic markers in chitosan-coated samples compared to the control group. The 95 DDA-coated group exhibited higher ALP, Runx2, osteocalcin, and osteonectin expression compared to the 80 DDA and control groups on days 7 and 14. Conclusion: A high DDA of chitosan promotes biomineralization and osteoblast formation. Therefore, this combination of laser surface and chitosan can enhance future dental implant healing processes and osseointegration.

Key Words: Chitosan; Implant coating; Laser lock

Introduction

The osseointegration process is critical because many factors influence the formation and maintenance of bone that comes in contact with the surface of an implant^[1,2]. Enhanced implant surface technology has been developed to improve the rate of predictability and degree of osseointegration. Therefore, implant surfaces have been modified using additive or subtractive techniques^[3,4].

Implant surface modifications, including chemical and topographical characteristics, were implemented to improve the predictability of the clinical outcome^[5,6]. Laser-Lok (LL) microchannels include a range of accurate, cell-sized engineered channels laser-etched onto dental implants. Therefore, this unique nanoscale technique has been reported to enhance both connective tissue attachment and hard tissue integration^[7,8]. Chitosan, a natural biocompatible polymer, has been extensively used as a pharmaceutical component extracted by the partial deacetylation of chitin, the second most abundant natural polymer^[9]. This polymer varies in its degree of deacetylation (DDA), viscosity, and molecular weight^[10]. It exhibits a promising range of biomedical applications for addressing implant coating, wound dressings, tissue engineering, and therapeutic agent delivery systems^[11,12].

Chitosan is a biocompatible, biodegradable, osteoconductive, and excellent wound healing accelerator with anti-inflammatory properties^[13,14]. Because of these properties, chitosan has been investigated as a coating for implant materials to promote osseointegration *in vitro* and *in vivo*^[15,16].

Given the promising results of chitosan for engineering and implant applications^[13], its performance and capabilities need to be further developed for bone. There is a gap concerning the actions of chitosan with different degrees of deacetylation (DDA), which can react with different implant surfaces. Previous studies have generally been centered on the use of commercially pure titanium. Therefore, this study aims to examine the effects of chitosan with two degrees of deacetylation (DDA) as a coating for laser ablation implant surfaces.

Materials and Methods

Research Design

The study used a randomized controlled trial design to examine the effects of chitosan with two degrees of deacetylation (DDA) as a coating for the Laser-Lok surface.

Materials

Chitosan powders with 80 and 95 DDA (200 kDa molecular mass and 500 mPa·s viscosity) were used (Heppe Medical Chitosan, Germany). The study utilized 63 Laser-lock (LL) discs (BioHorizon Company, USA) with a diameter of 10 mm. The discs were divided into three groups of 21 discs for each (LL 95, LL 80, and LL control).

Chitosan Bound to the Implant Disc

A chemical salinization reaction according to the Bumgardiner methodology with some modifications was used for coating the discs with chitosan^[17]. The disc was suspended in a stirred 5:95

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vol% water/ethanol solution that was acidified to 4.5 pH with 10 M acetic acid. Subsequently, the saline coupling agent (2 vol%) was added over 10 min at room temperature (RT) while the pH was maintained between 4.5–5.5 with 1 M NaOH or 10 M acetic acid. After that, the discs were washed using ethanol and cured at 110°C for 10 min. The discs were then suspended in a stirred 2 vol% glutaraldehyde solution at pH 4.3 at RT overnight. A solution of 2 wt.% chitosan was prepared with 0.2% acetic acid at RT and kept at 4°C overnight. Then, 1 ml of each chitosan solution was cast over the implant discs at RT. Excess water was allowed to evaporate over 5-7 days to form a thin coating. The coated discs were sterilized using ultraviolet (UV) light for an hour, followed by soaking in ethanol (70%) for 2 h, and then washing twice with phosphate-buffered saline (PBS)^[15]. Before cell culture, one disc from each group was evaluated using scanning electron microscopy (SEM).

Cell Culture

Human mesenchymal stem cells (hMSC-TERT 20) were grown and maintained in a medium that consisted of DMEM (ATCC, Manassas, VA, USA) supplemented with penicillin-streptomycin solution (10,000 units/ml penicillin +10,000 µg/ml streptomycin), 10% fetal bovine serum (FBS), and 1% MEM nonessential amino acid solution under sterile cell culture conditions (100% humidity, 37°C, 95% air, and 5% CO2). Passage 54 was used for the study, and following 80-95% confluence, cells were collected by trypsinization using 0.25 % trypsin-EDTA, washed, and counted with a hemocytometer. Later, all discs were placed in 48 individual wells. A total of 1×10⁶ cells were plated with culture medium onto the implant discs and incubated for 24 h to facilitate adherence to the surface. The cells were grown in osteogenic medium containing 100 nmol/L dexamethasone, 10 mmol/L sodium β-glycerophosphate pentahydrate, 50 g/ml L-ascorbic acid, vitamin C, cholecalciferol, and (+) vitamin D3. The medium was changed every three days.

Cell Morphology and Cell Viability Assays

Scanning electron microscopy (SEM) and osteoblast adhesion were used to examine the samples 7 and 14 days after cell culture. Before SEM observation, the samples were washed three times with PBS. Next, the cells were fixed in 4% v/v glutaraldehyde at 4°C overnight. The cells were subsequently dehydrated in a series of ethanol solutions and then sputter-coated with gold for observation. For osteoblast adhesion, the samples were stained using rhodaminephalloidin staining. In brief, after cell incubation for 24 h, 4.0% paraformaldehyde was used to fix the samples for 15 min. Then, the samples were blocked for 30 min using 1.0% BSA and kept overnight at RT. One day later, 40,60-diamidino-2-phenylindole (DAPI, Sigma) was used to stain the specimens for 30 min. The fluorescence images were obtained using a confocal microscope (a Zeiss LSM510 META confocal system, Zeiss Axiovert 200 microscope). Cell viability was evaluated using the Alamar blue assay. For each reaction, 10% Alamar blue (AbD Serotec, Raleigh, NC, USA) was diluted to 100 µl in DMEM and kept in the dark for 60 min at 37°C. Readings were taken with a microplate reader (SynergyTM 2 Multi-Mode Microplate Reader) at 590 nm. Three readings were recorded for each sample at each time point.

RNA Isolation, cDNA, and Quantitative Real-Time-Polymerase Chain Reaction (qPCR)

Total RNA was extracted on days 7 and 14 using the BIOFACT HiGene Total RNA Prep Kit (Biofact, Cat No RP101-100, Korea) as recommended. A spectrophotometer (Eppendorf-Biospectrometer basic) was used to determine the RNA concentration, and samples with purity ratios between 1.8 and 2.0 were used. Complementary DNA (cDNA) was prepared from 1 μg of RNA using a FIREScript RT cDNA synthesis kit (Solis BioDyne, Cat No 06-15-00200). Amplification was completed using a 96-well reaction plate covered by optical adhesive covers in a total reaction volume of 20 μl.

qPCR reactions were used to assess gene expression using HOT FIREPol® EvaGreen® qPCR Supermix (Solis BioDyne, Cat No 08-36-00008). B-actin served as the housekeeping gene for normalization. The same conditions were followed for performing all qPCR assays for each specific gene and were performed in triplicate (n=10, duplicate independent experiments). The sense and antisense primers used in this experiment are listed in Table 1.

 Table 1: Primers Sequence

	Sequence Name	Description
1	OSTEONECTIN F	5' GAG GAA ACC GAA GAG G 3'
2	OSTEONECTIN R	5' GGG GTG TTG TTC TCA TCC AG 3'
3	RUNX2 F-RO	5' GTA GAT GGA CCT CGG GAA CC 3'
4	RUNX2 R-RO	5' GAG GCG GTC AGA GAA CAA AC 3'
5	OSTEOCALCIN R-RO	5' CTC ACA CAC CTC CCT G 3'
6	OSTEOCALCIN F-RO	5' GGC AGC GAG GTA GTG AAG AG 3'
7	ACTB (Beta-actin) R	5' ACATCTGCTGGAAGGTGGACA 3'
8	ACTB (Beta-actin) F	5' TCAAGATCATTGCTCCTCCTGAG 3'
9	ALPL F	5' GACGGACCCTCGCCAGTGCT 3'
10	ALPL R	5' AATCGACGTGGGTGGGAGGGG 3'

Measurement of Osteoblast Differentiation by Alkaline Phosphatase Activity

Alkaline phosphatase activity was measured using an ALP assay kit (BioVision Alkaline Phosphatase Activity Colorimetric Assay kit, Cat No K412-500ASSAY). Briefly, the culture medium was removed, and the samples were washed three times with PBS. The cells were then harvested from the wells by trypsinization using 0.25% trypsin-EDTA (1X). After centrifugation at 7500 rpm for 5 min, the collected cell pellet was treated with the kit according to the company's protocol. The absorbance was measured at 405 nm in a microplate reader (SynergyTM 2 Multi-Mode Microplate Reader).

Ethical Approval

This study was conducted as per the research protocols of King Saud University (KSU). Ethical committee approval was obtained from the Institutional Review Board (IRB; No. E-18-2850) and the College of Dentistry Research Center (CDRC No. PR 0074).

Statistical Analysis

IBM's Statistical Package for Social Sciences (SPSS 22; IBM Corp., NEW YORK, NY, USA) was used to analyze the data. The normality test was conducted using the Shapiro-Wilk test, and the data were normally distributed. Statistical significance of differences in gene expression between groups was determined using two-way ANOVA to test the interaction between groups and different genes. Then, one-way analysis of variance (ANOVA) followed by the Tukey post hoc test was performed. The results of the alkaline phosphatase and Alamar blue assays were analyzed using one-way analysis of variance (ANOVA) followed by the Tukey post hoc test. The measured data are expressed as the mean \pm standard deviation. Values were considered significant at $P \le 0.05$.

Results

Cell Morphology Results

Before cell culture, the coating was investigated by SEM (Figure 1). The figure shows that the chitosan was homogeneous and free from

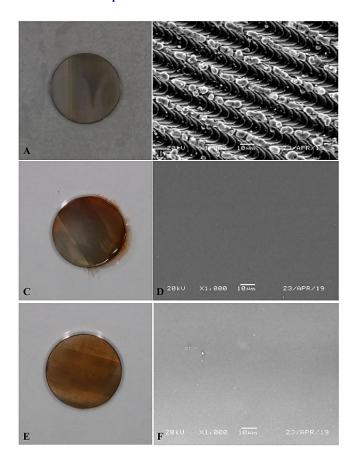


Figure 1: (a) Gross view of Laser lok (LL) control, (b) Under Scanning Electron Microscopy (SEM). (c) LL surface coated with 80 DDA, (d) Under SEM. (e) LL surface coated with 95 DDA, (f) under SEM.

any cracks or fissures. On the other hand, the Laser-Lok control surface presented a honeycomb pattern with small pores. This structure was composed of serial microchannels, which included a repeating nanostructure. After cell culture, SEM showed a clear layer of osteoblasts adhered to samples on days 7 and 14 (Figure 2).

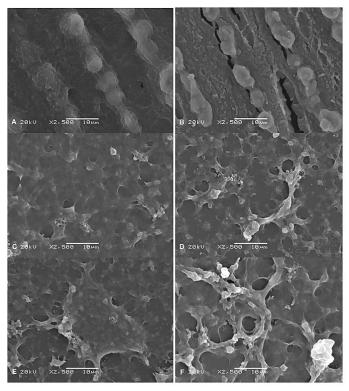


Figure 2: Scanning Electron Microscopy (SEM) images. (A) Laser lok (LL) control at day 7 (B) at day 14. (C) LL surface coated with 80 DDA at day 7 (D) at day 14. (E) LL surface coated with 95 DDA at day 7. (F) At day 14. 2500× magnification.

The chitosan-coated samples showed a high degree of cell spreading and proper attachment of hMSCs to the surface on day 7 compared to the control group. The cells were more flattened and merged to the underlying surface in the group coated with 95 DDA. For the LL control, the cells were guided by the direction of the grooves in an organized manner. Moreover, the cells preferentially attached and formed bridges inside the holey structure created by laser ablation. On day 14, an amount of mineralization can be seen on all surfaces with a noticeable sheet of cells covering the chitosan surfaces. For osteoblast adhesion, all samples showed proper attachment and consistent growth after 24 h of incubation. The cell density area of the chitosan-coated samples was higher compared to the control. However, the osteoblasts were flattened, elongated, and aligned with the grooves obtained by laser ablation, even for the coated samples. Nuclei, which appeared blue, were multi and aligned with the grooves as well (Figure 3).

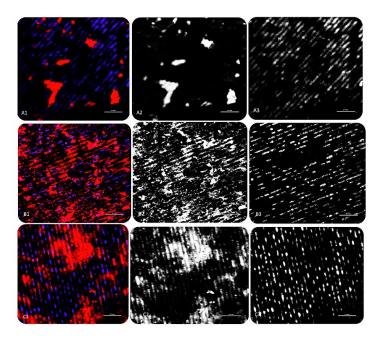


Figure 3: Images of cell morphology. (A1) for LL control as all. (A2) With Phalloidin for actin filaments. (A3) Nuclei stained with DAPI. (B1) for LL 80 as all. (B2) With Phalloidin for actin filaments. (B3) Nuclei stained with DAPI. (C1) for LL 95 as all. (C2) with Phalloidin for actin filaments. (C3) Nuclei stained with DAPI.

Cell Viability Results

The Alamar blue assay indicated no significant difference between the groups except for LL 80, which was lower at both periods compared to the other groups (Figure 4).

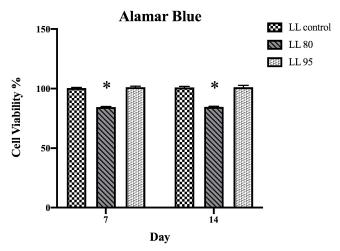


Figure 4: Alamar blue quantification assessed at 7 and 14 days of culture.*p < 0.05.

Quantitative Real-Time-Polymerase Chain Reaction (qPCR) Results

On day 7, the expression levels of ALP, osteocalcin (OC), osteonectin (ON), and Runx2 were significantly higher on the discs coated with 95 DDA (p < 0.05) (Figure 5). On day 7, ALP and Runx2 showed significantly higher expression in all groups. In contrast, osteocalcin (OC) and osteonectin (ON) displayed lower expression on day 7. On day 14, the highest expression of all genes was found to be associated with LL 95. All gene expression levels increased from day 7 to day 14 except for Runx2, which decreased from day 7 to day 14.

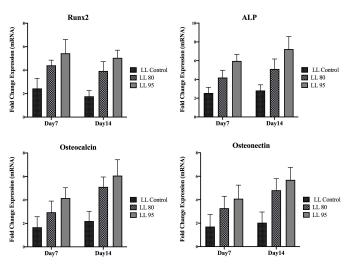


Figure 5: Osteoblast gene expression at 7 and 14 days from cell culture.

Alkaline Phosphatase Activity Results

Generally, high ALP activity was found for the cells grown on chitosan-coated implant discs compared to the ALP activity of the noncoated discs (Figure 6). On days 7 and 14, ALP expression was significantly higher from the 95 DDA-coated implant discs (p < 0.05). The results showed that for all groups, ALP activity increased from day 7 to 14.

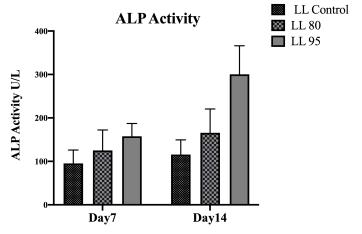


Figure 6: Alkaline phosphatase activity at 7 and 14 days of cell culture.

Discussion

Chitosan is extensively used for bone regeneration methods due to its biocompatibility, reduction in inflammation, and tissue growth^[18]. Therefore, commercial LL discs were coated with different DDAs of chitosan (80 and 95) to examine how the cells would respond. Previous studies showed that chitosan could chemically attach to the underlying surfaces through their NH2 group, which occurred through their saline-glutaraldehyde molecules and accounted for the

yellowish tint on all the coatings[19,20]. Analysis of cell morphology was evaluated using SEM and confocal microscopy. In general, all samples allowed cell adherence, growth, and differentiation 24 h, 7 days, and 14 days from cell culture. In the LL control, the cells aligned along the grooves in a phenomenon called contact guidance in which the cells follow the direction of the organized texture^[21,22]. This design pattern was produced by a pulsed EXCIMER laser that created consistent channels with dimensions of 8 microns of parallel grooves. These microchannels were highly compatible and optimally sized to allow the attachment and organization of MSCs with an average diameter of 15~30 µm[7,23,24]. For LL 95 and LL 80, dense flattened osteoblasts approximating each other can be seen on the top of the surface. Interestingly, the osteoblasts still followed the direction of the groove, although the surface was covered with chitosan. This indicates that the coating somehow followed the honeycomb pattern in a homogenous way. The response of the cells to the surface coating in terms of cytotoxicity was evaluated using Alamar blue. All groups were biocompatible and noncytotoxic 7 and 14 days after cell culture. Moreover, no significant differences were seen between groups except for LL 80. However, although the cell viability was lower for LL 80, complete cell confluence and adherence were still observed after 7 and 14 days. Additionally, according to the International Organization ISO10993-5, if the cell viability is not <70%, then the material does not have cytotoxic potential^[25]. Osteoblast differentiation was examined using molecular assays 7 and 14 days after cell culture. Quantitative RT-PCR for osteogenic markers, including Runx2, ALP, osteocalcin, and osteonectin, confirmed the differentiation of cells, with the highest gene expression observed on the chitosan-coated groups, especially the 95 DDA group. Initial studies showed that chitosan with high degrees of deacetylation comprises various amino groups, which help in bonding to the implant surface^[26]. As the number of positively charged amino groups increases, the net positive charge on the coated samples increases. Consequently, the coating will have a higher affinity for negatively charged cells and growth factors, which correlates with increased cell attachment differentiation^[27-29]. Runx2 has been identified to be the first transcription factor for bone development and is needed for the initiation of the osteoblast lineage^[30,31].

The expression of Runx2 would normally be high beginning at one week from cell culture and then decrease with osteoblast maturation and bone mineralization^[32,33]. In agreement with these findings, the present study indicated that Runx2 expression was higher in the early phase of osteoblast differentiation compared to day 14. As time passed, the mature osteoblast cells did not show a significant quantity of Runx2. However, the maximum expression level of Runx2 was observed in the chitosan-coated groups compared to that of the control group, and the highest expression was associated with 95 DDA. As Runx2 promotes osteoblastogenesis, committed preosteoblasts start to differentiate and be identified because of their ALP expression, which is one of the earliest signs of the osteoblast phenotype^[34]. It was observed that ALP level expression increases after two days poststimulation with steady increases as a result of progressive osteoblast differentiation (up to 14 days)[35,36]. In the present study, after 7 days, cells cultured on discs coated with chitosan had a higher level of ALP mRNA compared to the level of the noncoated group. Similar to Runx2, the highest level was found to be associated with 95 DDA. On day 14, the expression of ALP increased for all groups and was significantly higher in LL 95. Osteocalcin and osteonectin are good markers of mature osteoblast cells and are highly specific for bone mineralization^[34,36,37]. These genes were investigated in our study, and our results demonstrated that their expression increased from day 7 to day 14 and was greater on discs coated with LL 95.

Concerning the different DDAs, previous studies have shown that high DDA polymers in the range of 80-95% tend to have tighter chain packing and increased crystallinity, which limits enzymatic attack to the chain and thus decreases the degradation rate^[19,38].

Additionally, chitosan with a high DDA (87-95%) is known to support cell growth and differentiation. Moreover, calcium deposition was greater on chitosan samples compared to the control from day 3 until day 28^[39,40]. Based on these results, it was found that 95 DDA was superior for osteoblast differentiation than 80 DDA.

Computer-controlled laser ablation techniques formed laser-modified surfaces. These unique structures were the only surface treatments that can achieve connective tissue attachment and hard tissue formation^[23]. To the extent of the researchers' knowledge, this is the first work to examine the chitosan-coated LL surface. However, this study has some limitations in terms of the small sample size and short time frame (only 14 days). Additionally, the study's scope was to only examine the biological potential of the chitosan-laser surface combination. Therefore, additional studies are needed with a large sample to clarify the influence of different DDAs on the bonding strength and degradation rate of chitosan as a coating material.

Conclusions

This study found that a high DDA of chitosan increases biomineralization and osteoblast cell formation. Our results provide deep insight into the direct effect of chitosan with two DDA coating materials for laser-treated surfaces, and these findings encourage future studies to enhance implant osseointegration.

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Abbreviations

DDA : Degrees of Deacetylation FBS : Fetal Bovine Serum

hMSC-TERT 20 : Human Bone Marrow-Derived Mesenchymal Stem Cells

MSCs : Mesenchymal Stem Cells
LL 80 : Laser Lok coated with 80 DDA
LL 95 : Laser Lok coated with 95 DDA
LL control : Laser Lok without coating
RT : Room Temperature

Potential Conflicts of Interests

None

Sponsors/Grants

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