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# Silymarin in combination with chlorogenic acid protects against hepatotoxicity induced by doxorubicin in rats: possible role of adenosine monophosphate-activated protein kinase pathway

### Noha A.T. Abbas,<sup>1</sup> Mohammed M. Awad<sup>2</sup> and Ola E. Nafea<sup>03,4,\*</sup>

<sup>1</sup>Faculty of Medicine, Department of Clinical Pharmacology, Zagazig University, Zagazig 44519, Egypt, <sup>2</sup>Endocrinology Division, Faculty of Medicine, Department of Internal Medicine, Zagazig University, Zagazig 44519, Egypt, <sup>3</sup>Faculty of Medicine, Department of Forensic Medicine and Clinical Toxicology, Zagazig University, Zagazig 44519, Egypt and <sup>4</sup>Department of Clinical Pharmacy, College of Pharmacy, Taif University, Taif 11099, Saudi Arabia

\*Correspondence address. Faculty of Medicine, Department of Forensic Medicine and Clinical Toxicology, Zagazig University, Zagazig 44519, Egypt. Tel: +201026269962; Fax: +2055345452; E-mail: olanafea@zu.edu.eg

#### Abstract

Many xenobiotics are known to cause hepatic damage with subsequent significant morbidity and mortality. Doxorubicin (DOX) is a broad-spectrum antineoplastic agent. DOX is reported to cause hepatocellular damage. Previous studies verified the promising role of many natural antioxidant products against various models of hepatic dysfunction. We conducted this study to evaluate the possible hepatoprotective effect of silymarin (SILY) and/or chlorogenic acid (CGA) in a rat model of DOX-induced hepatotoxicity. For this purpose, we randomly divided 30 adult male rats into five equal groups as control, DOX, co-treated DOX with SILY, co-treated DOX with GCA and co-treated DOX with SILY and CGA groups. All treatments were administered every second day for 4 weeks. Our results showed that simultaneous SILY and CGA administration caused a significant decrease in hepatic apoptosis biomarkers (hepatic caspase-3 and nuclear factor- $\kappa$ B levels), a significant improvement in hepatic oxidant/antioxidant status (malondialdehyde and superoxide dismutase) and significant decrease in hepatic pro-inflammatory biomarkers (tumor necrosis factor-alpha and interlukin-1 $\beta$ ) compared with DOX treatment. We concluded that adding CGA to SILY acts as a hepatoprotective agent against DOX-induced liver injury through inhibiting apoptosis biomarkers, maintaining antioxidant enzyme levels, decreasing pro-inflammatory cytokines as well as regulating liver adenosine monophosphate-activated protein kinase signaling.

Key words: apoptosis, inflammation, chlorogenic acid, doxorubicin, oxidative stress, silymarin

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#### **Graphical Abstract**



#### Introduction

Doxorubicin (DOX) is a broad-spectrum anticancer drug, used to manage a large-scale of malignancies. However, use of DOX is linked to acute and chronic dose-dependent effects and a wide range of organ toxicities. Additionally, up till now, there are no suitable protective strategies to prevent drug-induced hepatotoxicity; therefore, searching for an alternative hepatoprotective drugs, herbs and dietary antioxidant products may play a good way to elicit a new source for discovery of hepatoprotective agents. The formation of free radicals is the most important mechanism by which DOX induces toxicity to many tissues and organs, but cardiotoxicity and hepatotoxicity are the most frequent reported adverse effects to DOX [1–3].

The liver is the primarily involved organ in detoxification of harmful drugs, xenobiotics and natural toxins [4, 5]. Oxidative stress represents a major event in the pathophysiology of numerous hepatic disorders [6]. Various precipitating factors, including drugs, chemicals, viral infections and environmental pollutants, may prompt hepatic oxidative stress, which in turn causes liver insults. Reactive oxygen species (ROS) are principally produced in the mitochondria and the endoplasmic reticulum of hepatocytes by the cytochrome P-450 enzymes. Under the normal physiological conditions, liver cells are able to maintain the level of oxidative stress and to keep a balance between oxidant and antioxidant molecules. While during stressful conditions, hepatic ability to maintain this balance is disturbed and oxidative stress settled [7, 8].

Silymarin (SILY) is widely used as a supportive treatment for many liver diseases of different etiology. SILY is extracted

from Silybum marianum plant, or milk thistle, and its major active constituent is silybin, which has a significant biological effect. It acts mainly through its antioxidant, anti-inflammatory and antifibrotic potential. Many Studies validated its role in different liver disorders, such as cirrhosis and hepatocellular carcinoma [9, 10].

Chlorogenic acid (CGA) is an ester form of caffeic acid. It is a powerful antioxidant in many body systems. It can be naturally found in green coffee extracts and tea. CGA has several beneficial health effects such as antioxidant activity, anti-microbial, hepatoprotective, anti-inflammatory, anti-obesity and a central nervous system stimulator [11, 12].

We conducted this study to evaluate the possible hepatoprotective effect of SILY and/or CGA in a rat model of DOXinduced hepatotoxicity. To our knowledge, this is the first study to demonstrate the combined effects of SILM and CGA on DOXmediated hepatotoxic effect in rats and to compare such effects to their respective individual effects.

Accordingly, we hypothesized that simultaneous SILY and CGA administration exerts better hepatoprotective effects than individual agents in a rat model of DOX-induced hepatotoxicity.

#### **Materials and Methods**

#### Materials

We obtained DOX (Adriamycin <sup>®</sup> a vial contains 2 mg/mL of Doxorubicin HCl, Pfizer, Egypt), CGA (CAS Number 327-97-9, with 98% purity, Sigma-Aldrich, St. Louis, USA) and SILY (sachet dissolved in distilled water, a sachet contains 140 mg of SILY, Sedico Company, Egypt) for use in this study.

#### Animals

Thirty adult male albino rats weighting 180–200 gm were obtained from the Faculty of Veterinary Medicine, Zagazig University, Egypt. They were kept under the full hygienic conditions and free access to well-balanced water and diet, under standard humidity. All animals received humane care in compliance with the Animal Care Guidelines of the National Institutes of Health (NIH), and the Research Ethics Committee of the Faculty approved the design of the experiment.

#### Experimental design

We randomly assigned animals into five groups of six rats each as follows.

Group I: Control group: Rats received 0.5 mL/kg body weight of normal saline, intraperitoneal (ip) injection.

Group II (DOX): DOX-intoxicated rats. Rats received oral dose of 1.5 mg/kg body weight of DOX dissolved in 0.5 mL of normal saline (ip) every second day during the 4 weeks of the experiment. The cumulative dose here is 21 mg/kg. The cumulative dose of DOX to induce hepatotoxicity is  $\sim$ 20–25 mg/kg [13–15].

Group III (SILY): DOX-intoxicated rats and treated with SILY. The rats received DOX as in group II, and then rats were orally administrated a dose of 206.7 mg/kg body weight of SILY every second day during the 4 weeks of the experiment.

Group IV (CGA): DOX-intoxicated rats and treated with CGA. Rats received DOX as in group II, and then rats were orally administrated a dose of 124 mg/kg body weight of CGA every second day during the 4 weeks of the experiment.

Group V: DOX-intoxicated rats and treated concomitantly with SILY and CGA. Rats received DOX as in group II, and then SILY and CGA as in groups III and IV, respectively.

The doses of SILY and CGA are equivalent to the human dosing regimen of 2 and 1.2 g/day, respectively, based on body surface area conversion [animal dose (mg/kg) = human equivalent dose (mg/kg)  $\times$  6.2], assuming that an adult person weighs 60 kg [16–18].

#### Blood and tissue preparation

After 24 hours of the last dose of treatment, rats of all groups were subjected to ip injection of sodium-thiopental anesthesia (40 mg/kg/body weight). Blood samples were collected and centrifuged at 3000 rpm for 10 minutes, and the serum activity for alanine aminotransferase (ALT), aspartate aminotransferase (AST) and gamma-glutamyl transferase (GGT) were estimated. Then, rats were sacrificed by cervical dislocation. After that, liver was removed and homogenized, and then the homogenate was frozen rapidly at  $-80^{\circ}$ C for the determination of malon-dialdehyde (MDA) and superoxide dismutase (SOD) activity, as well as the determination of tumor necrosis factor-alpha (TNF $\alpha$ ), interlukin-1 $\beta$  (IL-1 $\beta$ ) and caspase-3 activity, adenosine monophosphate-activated protein kinase (AMPK) and protein kinase B (PKB, also known as Akt).

#### **Biochemical analysis**

Serum enzyme activities determination. According to the method of Reitman and Frankel [19], AST and ALT activities were measured, while GGT assay was measured according to Szasz [20] by (Greiner) a test reagent kit. Assessment of hepatic lipid peroxidation (MDA) and antioxidant status (SOD enzyme activity). Both liver MDA and enzymatic activity of SOD were colorimetrically assayed according to Ohkawa et al. [21] and Nishikimi et al., [22], respectively.

Measurement of nuclear factor- $\kappa$ B concentrations in the liver homogenates. Nuclear factor- $\kappa$ B (NF- $\kappa$ B) concentrations were measured using commercially available kits (CUSABIO-Biotech. Co, China) according to manufacturer's instructions.

Measurements of TNF $\alpha$  and IL- $\beta$  concentrations in the liver homogenates. Hepatic TNF $\alpha$  concentrations were measured according to Wei *et al.* [23] by using quantitative enzyme-linked immunosorbent assay (Ray Bio rat TNF $\alpha$  ELISA kits). Hepatic IL- $\beta$  concentration was measured using RayBio<sup>®</sup> (ELISA) kit (Ray Biotech Inc., GA, USA).

Assessment of caspase-3 activity in the liver homogenates. Hepatic activity of caspase-3 was assayed by the commercially available assay ELISA kits (Rat Casp-3, My Biosource, USA).

**Measurement of AMPK.** Hepatic cellular AMP-activated protein kinase (AMPK) activities were estimated by colorimetric reaction using an AMPK kinase assay kit (Cyclex, Ina, Nagano, Japan).

Measurement of phosphorylated-Akt/protein kinase B concentrations in the liver homogenates. Phosphorylated-Akt (p-Akt)/protein kinase B activities in liver homogenates were determined by using a solid-phase sandwich enzyme-linked immunosorbent assay (ELISA) according to the manufacturer's instructions (Kit-3997, DRG International, Inc., USA).

#### Statistical analysis

Continuous data were expressed as mean  $\pm$  SEM as data were normally distributed. Normality was checked by Shapiro–Wilk test. A one-way ANOVA was used to detect statistical differences between groups. Post hoc Tukey's test was performed for multiple comparisons between groups. The differences were considered significant at P < 0.05. All statistical comparisons were twotailed. All statistical calculations were carried out using Graphpad Prism, Version 8.0 Software (GraphPad Software, SanDiego, CA, USA).

#### Results

Death rates

We recorded zero deaths in all groups.

# SILY and/or CGA lowered the elevated liver enzymes-induced by DOX in male rats

DOX-treated rats exhibited statistically significantly higher mean liver enzymes activity (AST, ALT and GGT) (119  $\pm$  2.9, 73.6  $\pm$  1.6 and 4.9  $\pm$  0.12 U/L, respectively) compared with control (27  $\pm$  1, 14  $\pm$  0.7 and 1.6  $\pm$  0.11 U/L, respectively) and other treated groups (P < 0.05). SILY had statistically significantly lower mean liver enzymes activity (55  $\pm$  1.6, 36.8  $\pm$  1.2 and 2.9  $\pm$  0.1 U/L,



Figure 1: Effects of SILY, CGA, and SILY plus CGA on serum liver enzymes activity of DOX-treated rats. (a) Significant vs. control group. (b) Significant vs. DOX. (c) Significant vs. SILY. (d) Significant vs. CGA. (P < 0.05). All values are expressed as mean  $\pm$  SEM, n = 6.

Table 1: Effects of SILY, chlorogenic acid, and SILY plus chlorogenic acid on caspase-3, p-AKt, and NF-κB in liver homogenates of DOX-treated rats

Variables	Groups					
	Control	DOX	SILY	CGA	SILY+CGA	
Caspase-3 (ng/g)	8.9 ± 0.30	$17.2\pm0.31^{\text{a}}$	$12.4\pm0.15^{\text{ab}}$	$13.7\pm0.44^{\text{ab}}$	$10\pm0.91^{bcd}$	
p-AKt (u/g)	$2.1\pm0.07$	$1.07\pm0.06^{\text{a}}$	$1.9\pm0.05^{\rm b}$	$1.2\pm0.09^{\text{ac}}$	$2\pm0.07^{bd}$	
NF-κB (ng/mL)	$1.28\pm0.5$	$4.56\pm0.18^{\rm a}$	$3.32\pm0.14^{\text{a}}$	$3.23\pm0.24^{\text{a}}$	$1.67\pm0.58^{\text{abc}}$	

All values are expressed as mean  $\pm$  SEM, n = 6. A one-way ANOVA followed by post hoc Tukey test for multiple comparisons between groups. Abbreviation: p-Akt/protein kinase B.

<sup>a</sup>Significant vs. control group

<sup>b</sup>Significant vs. DOX.

<sup>c</sup>Significant vs. SILY.

<sup>d</sup>Significant vs. CGA (P < 0.05).

respectively) than CGA treatment (83  $\pm$  3.1, 57.4  $\pm$  2.7 and 3.5  $\pm$  0.2 U/L, respectively) (P < 0.05), but more statistically significant improvement was evident in combined SILY and CGA treatment compared with the use of each agent individually (32.4  $\pm$  0.7, 19.6  $\pm$  0.5 and 1.8  $\pm$  0.1 U/L, respectively) (P < 0.05), as shown in Fig. 1.

### SILY and/or CGA antagonized hepatic apoptotic cell death induced by DOX in male rats

DOX-induced apoptosis in the hepatocytes was proved by the statistically significant increase in caspase-3 level (17.2  $\pm$  0.31 ng/g) and NF- $\kappa$ B (4.56  $\pm$  0.18 ng/mL) as well as the statistically significant decrease in p-AKt level (1.07  $\pm$  0.06 u/g) compared with the control group (8.9  $\pm$  0.30, 1.28  $\pm$  0.5 and 2.1  $\pm$  0.07 u/g), respectively) (P < 0.05). Treatment with SILY, CGA and their combination statistically significantly decreased caspase-3 level (12.4  $\pm$  0.15, 13.7  $\pm$  0.44 and 10  $\pm$  0.91 ng/g, respectively) (P < 0.05) compared with DOX treatment. Caspase-3 level and NF- $\kappa$ B were similar between SILY- and CGA-treated groups (P > 0.05), but more statistically significant improvement was evident with their combination (P < 0.05). There was no statistically significant difference between DOX (1.07  $\pm$  0.06 u/g)- and CGA-treated rats regarding p-AKt level (1.2  $\pm$  0.09 u/g) (P > 0.05). Administration of SILY alone (1.9  $\pm$  0.05) was comparable with co-administration with CGA (2  $\pm$  0.07 u/g) for increasing p-AKt level (P > 0.05), as shown in Table 1.

### SILY and/or CGA reversed hepatic oxidative stress damage induced by DOX in male rats

DOX-induced oxidative stress in the hepatocytes was proved by the statistically significant increase in MDA level (18.8  $\pm$ 0.2 nmol/g) and the statistically significant decrease in SOD activity (64.7  $\pm$  2.8 U/g) and AMPK (9.5  $\pm$  0.14 ng/mg) level compared with the control group (9.4  $\pm$  0.3 nmol/g, 139.6  $\pm$  1.6 U/g and 16.5  $\pm$  0.18 ng/mg, respectively) (P < 0.05). Treatment with SILY, CGA and their combination showed a statistically significant decrease in MDA level (11.7  $\pm$  0.6, 12.2  $\pm$  0.5 and 9.9  $\pm$  0.4 nmol/g, respectively) and a statistically significant increase in SOD (113.5  $\pm$  2.1, 99.2  $\pm$  0.5 and 136.4  $\pm$  1.2 U/g, respectively) and AMPK (12.1  $\pm$  0.29, 10.5  $\pm$  0.18 and 15  $\pm$  0.3 ng/mg, respectively) levels compared with DOX treatment (P < 0.05). The level of MDA was similar between SILY- and CGA-treated groups (P > 0.05), but more statistically significant improvement was evident with their combination (P < 0.05). SILY had statistically significantly higher mean SOD and AMPK levels than CGA treatment (P < 0.05), but their combination elicited more statistically significant improvement than each agent individually (P < 0.05).

## SILY and/or CGA alleviated hepatic inflammatory reaction induced by DOX in male rats

CGA treatment induced inflammation in the hepatocytes as evidenced by the statistically significant increase in  $TNF\alpha$  and

Variables	Groups						
	Control	DOX	SILY	CGA	SILY+CGA		
MDA (nmol/g)	9.4 ± 0.3	$18.8\pm0.2^{\text{a}}$	$11.7\pm0.6^{\text{ab}}$	$12.2\pm0.5^{\texttt{ab}}$	$9.9\pm0.4^{\text{bcd}}$		
SOD (U/g)	$139.6\pm1.6$	$64.7\pm2.8^{\mathrm{a}}$	$113.5\pm2.1^{\mathrm{ab}}$	$99.2 \pm 0.5^{\text{abc}}$	$136.4 \pm 1.2^{bcd}$		
AMPK (ng/mg)	$16.5\pm0.18$	$9.5\pm0.14^{\text{a}}$	$12.1\pm0.29^{\text{ab}}$	$10.5\pm0.18^{\texttt{abc}}$	$15 \pm 0.3^{abcd}$		
TNFα (pg/g)	$9.9\pm0.1$	$21.3\pm0.4^{\text{a}}$	$13.9\pm0.36^{ab}$	$15.5\pm0.39^{\text{abc}}$	$10.9\pm0.37^{bcd}$		
IL-1β (pg/g)	$12.5\pm0.8$	$60\pm2.3^{a}$	$33.5\pm1.7^{\text{ab}}$	24.5±2 <sup>abc</sup>	$16.9 \pm 1.96^{\text{bcd}}$		

Table 2: Effects of SILY, chlorogenic acid, and SILY plus chlorogenic acid oxidative stress and inflammatory markers of DOX-treated rats

All values are expressed as mean  $\pm$  SEM, n = 6. A one-way ANOVA followed by post hoc Tukey test for multiple comparisons between groups.

<sup>a</sup>Significant vs. control group.

<sup>b</sup>Significant vs. DOX.

<sup>c</sup>Significant vs. SILY.

<sup>d</sup>Significant vs. CGA (P < 0.05).

IL-1 $\beta$  concentrations (21.3 ± 0.4 and 60 ± 2.3 pg/g, respectively) compared with the control group (9.9 ± 0.1 and 12.5 ± 0.8 pg/g, respectively) (P < 0.05). SILY treatment statistically significantly decreased the level of the inflammatory markers (TNF $\alpha$  and IL-1 $\beta$ , 13.9 ± 0.36 and 33.5 ± 1.7 pg/g, respectively) than CGA treatment (15.5 ± 0.39 and 24.5 ± 2 pg/g, respectively) (P < 0.05), but more statistically significant reduction was obvious in SILY+CGA group (10.9 ± 0.37 and 16.9 ± 1.96 pg/g, respectively) compared with the use of each agent individually (P < 0.05), as shown in Table 2.

#### Discussion

The present work showed that the administration of DOX induced an increase in the ALT, AST and GGT serum levels. Increased serum level of ALT, AST and GGT are important biomarkers for the diagnosis of liver affection and diseases [24].

According to a study conducted by Damodar and coworkers [25] in 2014, 40% of DOX receiving breast cancer patients developed DOX-induced hepatoxicity.

Treatment with SILY and CGA significantly decreased the activity of the liver enzymes suggesting the hepatoprotective effect of this combination through the ability of this combination to preserve the cells. In the current study, SOD activity was significantly increased in the rat group treated with SILY and CGA compared with DOX intoxicated group. Moreover, hepatic MDA level significantly decreased in rats treated with CGA and SILY. It is noteworthy that both SILY and CGA were recognized to exert antioxidant properties and down regulating ROS with CGA protect against methotrexate induced increase in MDA content in DOX-induced cardiotoxicity in rat models [26, 27]. Similarly, SILY alleviated the elevation of MDA level in liver tissues [28, 29]. Furthermore, SILY has increased hepatic SOD activity in a model of DOX-induced cardiotoxicity, and hepatotoxicity in rats and CGA is shown to up regulating SOD activity in the blood and the liver of albino rats in a model of methotrexate-induced hepatotoxicity [11, 30].

Caspase-dependent apoptotic pathway is responsible for DNA fragmentation, and caspase-3 is the final mediator of this apoptotic cascade [31, 32]. DOX-induced apoptosis appears to involve mitochondrial pathway as DOX increases oxidative stress in the mitochondria and raises mitochondrial calcium load. The calcium overload enhances mitochondrial swelling and structural damage of the mitochondria [33].

The results in the present study revealed that DOX induced apoptosis in liver cells as shown by marked and significant increased activity of apoptotic marker caspase-3 in liver tissue of rat intoxicated with DOX. Intake of SILY in combination with CGA to DOX intoxicated rats pronouncedly down regulated increase in liver caspase-3 similar observation was supported by Vaughan *et al.* [34] who reported that caspase-3-dependent pathway activated deoxyribonuclease leading to DNA fragmentation.

TNF $\alpha$  is a pro-inflammatory cytokine produced mainly by macrophage. A variety of effects are mediated by binding of TNF $\alpha$  to its TNF-R1 receptor, for example, TNF $\alpha$  induces many of the proteins involved in the apoptotic pathways such as caspase-3 and cytochrome-c which leads to subsequent liver cell injury and apoptosis [35].

Likewise, a study of Al-Rasheed and coworkers [36] indicated that the combination of SILY and CGA elicited a reduction in the inflammatory biomarker (TNF $\alpha$ ) level in a rat model of CCl4-induced hepatic injury.

In the current study, rats subjected to DOX administration developed a significant liver inflammation as evidenced by marked increase in the serum pro-inflammatory cytokines TNF $\alpha$  and IL- $\beta$  levels. The study also showed that combining SILY with CGA have prominent anti-inflammatory effects demonstrated by their ability to reduce the elevated TNF $\alpha$  and IL- $\beta$  levels. Andrés and coworkers [37] demonstrated that profound directly lethal drug-induced hepatotoxicity is due to promotion and activation of many inflammatory cytokines such as TNF $\alpha$  and IL- $\beta$ .

These pro-inflammatory cytokines (TNF $\alpha$  and IL- $\beta$  levels) can induce apoptosis and worsen liver cell damage by amplifying the inflammatory process. In addition, TNF $\alpha$  and IL- $\beta$  levels can induce transactivation of NF- $\alpha$ B and can also induce the expression of ICAM-1 (intercellular adhesion molecule-1) an important adhesion molecule on the surface of hepatic endothelial cells. ICAM-1 can induce adhesion between the hepatic endothelial cells and circulating mononuclear cells. Both pathways resulting in the induction of more cytokines expression and more inflammatory reaction [38, 39].

Lettéron *et al.* [40] have reported that SILY exhibited hepatoprotection against the acute damage of the liver cells by carbon tetrachloride (CCL4) via decreasing the level of inflammatory cytokines including  $TNF\alpha$ .

The importance of NF- $\kappa$ B in inflammation is based mainly on its ability to regulate the transcription of multiple inflammatory genes including TNF $\alpha$  and IL- $\beta$  levels; our results showed marked increased in NF- $\kappa$ B tissue level after DOX in intoxication and SILY in combination with CGA attenuated this increase. Our results are inconsistent with Ye *et al.* [41] who reported that CGA attenuated lipopolysaccharide induced acute kidney injury by inhibiting TLR4/NF- $\kappa$ B signal pathway.

The Akt pathway controls and regulates diverse cellular function such as protein synthesis, metabolism, growth and proliferation [42]. Akt also enhances cell survival via phosphorylation and inactivation of Gsk3 $\beta$ , which is responsible mainly for the activation of oxidative stress mediated cell death [43]. In addition, Akt targets mitochondria to regulate apoptosis and it has been reported to protect the liver via enhancement of cell survival and mitigation of apoptosis [42]. In the present work, SILY and CGA increased Akt activation; in parallel to these results, Guo et al. [44] found that Akt pathway plays a significant role in protection of the liver against oxidative injury. Many studies have shown that AMPK plays a critical role in transition between cell survival and death reported that the up regulation of AMPK enhanced hepatocyte survival and significantly decreased H2O2-induced hepatic necrosis [45]. In our study, DOX induced a significant suppression of AMPK compared with the normal control group. These results are inconsistent with Abbas and Kabil [43] who reported that DOX induced cardiotoxic effects via significant suppression of AMPK.

Zhao *et al.* [46] have indicated that AMPK phosphorylation inhibited the oxidative stress and gastric epithelial cell apoptosis. Peralta *et al.* [47] showed that an AMPK activator was useful in reducing liver ischemia reperfusion injury. Additionally, another crucial process enhanced by AMPK is mitochondrial biogenesis. AMPK protects hepatic damage by regulating inflammatory, oxidative stress and mitochondrial dysfunction [48]. Furthermore, AMPK can suppress the production of TNF $\alpha$  and IL6 and inhibit the activation of NF-κB; in addition, AMPK activation can protect hepatocytes from CCL4-induced acute liver damage [49, 50].

#### Conclusions

We concluded that adding CGA to SILY acts as a protective agent against DOX-induced liver injury through inhibiting apoptosis, maintaining antioxidant enzyme levels, decreasing proinflammatory cytokines as well as regulating liver AMPK signaling. This will open novel perspectives for the utilization of this combination as hepatoprotectant agent on DOX receiving cancer patients.

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#### Authors' contributions

N.A.T.A. and M.M.A. designed the experiment. All authors contributed to data analysis, drafting, and revising the article, approved the final version, and agreed to be accountable for all aspects of the study.

#### **Conflict of interest statement**

There are no conflicts of interest to declare.

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