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Assessment of knee pain from MR imaging using a convolutional Siamese network

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The scientific guarantor of this publication is Dr. David Felson (dfelson@bu.edu).

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Ali Guermazi is shareholder of BICL and consultant to Pfizer, AstraZeneca, TissueGene, Roche, Galapagos and MerckSerono.

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No complex statistical methods were necessary for this paper. Additionally, Dr. Kolachalama has needed statistical expertise.

Informed Consent:

Written informed consent was not required for this study because de-identified data is publicly available (Osteoarthritis Initiative: <https://oai.nih.gov>). At the time of enrollment, informed consent and ethical committee approvals were obtained by the OAI investigators.

Ethical Approval:

Institutional Review Board approval was not required because the data was obtained from a public database (Osteoarthritis Initiative: <https://oai.nih.gov>).

Study subjects or cohorts overlap:

The cohort has been reported in <https://oai.nih.gov>.

Methodology:

This is a case-control study.

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Abstract

Objectives: It remains difficult to characterize the source of pain in knee joints either using radiographs or magnetic resonance imaging (MRI). We sought to determine if advanced machine learning methods such as deep neural networks could distinguish knees with pain from those without it and identify the structural features that are associated with knee pain.

Methods: We constructed a convolutional Siamese network to associate MRI scans obtained on subjects from the Osteoarthritis Initiative (OAI) with frequent unilateral knee pain comparing the knee with frequent pain to the contralateral knee without pain. The Siamese network architecture enabled pairwise learning of information from two-dimensional (2D) sagittal intermediate-weighted turbo spin echo slices obtained from similar locations on both knees. Class activation mapping (CAM) was utilized to create saliency maps, which highlighted the regions most associated with knee pain. The MRI scans and the CAMs of each subject were reviewed by an expert radiologist to identify the presence of abnormalities within the model-predicted regions of high association.

Results: Using 10-fold cross validation, our model achieved an area under curve (AUC) value of 0.808. When individuals whose knee WOMAC pain scores were not discordant were excluded, model performance increased to 0.853. The radiologist review revealed that about 86% of the cases that were predicted correctly had effusion-synovitis within the regions that were most associated with pain.

Conclusions: This study demonstrates a proof of principle that deep learning can be applied to assess knee pain from MRI scans.

Keywords

Knee; Osteoarthritis; Pain; Magnetic Resonance Imaging; Machine learning

INTRODUCTION

Osteoarthritis (OA) is the most common musculoskeletal disease and one of the leading causes of disability globally [1]. The most incapacitating manifestation of OA is pain, and painful OA is most common in the knee [2]. Severe OA-induced pain often leads to disability. Currently, there is no effective cure for advanced stage knee OA other than total joint replacement surgery. The occurrence of pain in knee joints with OA can be correlated with a variety of structural findings such as bone marrow lesions (BMLs), cartilage damage, synovitis, and effusion [3–7], as well as neuropathic mechanisms such as central sensitization and hyperalgesia [8–10]. Also, the frequency and severity of pain are self-reported and usually defined subjectively [8; 11].

Consequently, the correlation between pain and radiographic findings is weak and there has been little success in correlating OA-induced pain with a specific type and location of structural damage. One review found that the proportion of subjects with knee pain who have radiographic OA ranged from 15 to 76% [12]. Identifying the source and location of

OA-induced pain could greatly benefit the design of targeted, individualized treatments to reduce symptoms and to limit disability [11]. Further, for those with knee pain as part of a widespread pain diathesis, determining the absence of pain-inducing knee pathology might aid in diagnosis.

MRI scans are capable of providing more detailed structural information about the knee joint than radiographs [13]. A systematic review of MRI measures found that knee pain may arise from BMLs, effusion and synovitis; however, the correlation between pain and MRI findings was inconsistent and moderate at best [14–16]. Further, since MRI findings associated with pain are often present in multiple locations in the knee and since many knees without pain also have MRI findings, the lesions associated with knee pain are hard to localize and identify. This limits treatment approaches that seek to target localized areas of the knee including surgeries such as unicondylar replacements and cryoneuroablation procedures, and hampers the development of targeted treatment strategies. Furthermore, rehabilitation strategies that focus on lessening the load to painful regions of the knee are limited. Hence, there is a need to develop a method to objectively and accurately associate MRI scans with knee pain. The first step of such an approach is to identify MRI findings that discriminate painful from nonpainful knees and then to determine the knee regions that are the likely sources of pain. In this paper, we pursue the first step, using deep learning to discriminate between painful and nonpainful knees. We begin to address the second step by identifying lesions identified in the first step as potential sources of pain.

Deep learning algorithms such as convolutional neural networks (CNN) can extract visual features, and one can utilize them for applications related to disease classification, segmentation and object detection [17; 18]. CNN model training is associated with learning a series of image filters through numerous layers of feed-forward neural networks. The filters are then projected on the original input image, and the image features that are most correlated with the outcome are extracted through the training process. Deep learning frameworks are increasingly being applied on MRI scans of different organ systems [19–23]. Recently, deep neural networks were applied on knee MRIs for segmenting different components of the knee [24–29], and for detection of ligament and meniscal tears [30].

The purpose of this study was first, to investigate the performance of a deep learning framework to differentiate painful knees from nonpainful ones and second, to identify the structural lesions that are most relevant to knee pain using MRI scans of both knees of individuals enrolled in the Osteoarthritis Initiative (OAI). Unilateral frequent knee pain was defined when an individual had pain, aching or stiffness for more than half of the days in a month in one knee and no pain in the contralateral knee. We used sagittal intermediate-weighted turbo spin echo (SAG-IW-TSE) sequence images that capture structural regions thought to be critical in generating knee pain, BMLs, synovitis, effusion and cartilage loss [4; 31–36], to train a convolutional Siamese network. We subsequently leveraged class activation mapping (CAM) to identify regions that were most associated with knee pain. An expert radiologist then independently reviewed the MRI scans and identified possible presence of knee abnormalities, which were then mapped with CAM-based findings.

METHODS

Detailed descriptions of the methods can be found in the supplement. Below we provided a brief summary.

Informed consent

Written informed consent was not required for this study because de-identified data is publicly available (Osteoarthritis Initiative: <https://oai.nih.gov>).

Study selection

We selected cases that had unilateral frequent knee pain who have undergone SAG-IW-TSE imaging from the baseline OAI dataset (n=4,796; Table 1) [37; 38]. A total of 1,505 subjects from them passed initial quality check (see below), and were used for construction of the deep learning model (Model A). Additionally, we excluded subjects with similar Western Ontario and McMaster Universities Osteoarthritis Index (WOMAC) pain scores between the left and right knee to construct another model. For this case, we selected a subset of subjects who had a WOMAC pain score difference greater than 2 between the knees. In total, 721 subjects met the criteria and 710 subjects were used for model construction after quality check (Model B).

Image registration and quality check

We selected MRI slices with the most complete view of posterior cruciate ligament and indexed it as the center slice (Red colored box in Figure 1A), and indexed other slices relative to the center slice for each knee. We then performed Euclidean transformation to align the slice with respect to a previously selected template (Figure 1B). Images were then cropped and resized to 224×224 pixels, followed by selection of 11 adjacent slices on the lateral side of the center slice, 11 on the medial side of the center slice and the center slice for model training from each knee. We manually reviewed and discarded cases with missing data, abnormal misalignment within a slice, presence of a foreign object, and cases with sub-regions of high contrast (Figure 1C).

Neural network architecture

We developed a Siamese neural network architecture [39], such that a pair of MRI slices from the two knees, each extracted from a relatively similar location within each knee were learned together (Figure 2A). A series of convolutional operations, batch normalization, nonlinear activation, max pooling and average pooling were applied to predict knee pain, by solving a binary classification problem.

Class activation mapping

Class activation maps (CAMs) have the ability to localize the discriminative image regions from CNN models trained for classification without any prior locational knowledge [40]. To achieve this, we extracted the final feature maps of the left and right knee of the subject ($f_{L,n}$ and $f_{R,n}$ in Figure 2A, respectively), and multiplied them by weights of their respective fully-connected layer (FC_n in Figure 2A), thus indicating the importance of each feature

stored in the extracted maps. For each subject, we identified a CAM with the most pain-relevant regions by selecting the CAM with highest average value from the 23 CAMs generated from all the MRI slices.

Radiologist review

The dataset of 710 subjects (unilateral knee pain, between knee WOMAC pain difference 3) was divided into training, validation and testing sets in a 70:15:15 ratio (Table 2). A musculoskeletal radiologist with extensive experience in knee MRI interpretation reviewed CAMs of MRI of the last 15%, and identified the presence of abnormalities using the MRI scan. The radiologist then reviewed the model-derived CAMs and identified the specific lesion that was co-localized with the highlighted region in the CAM.

Model performance and statistical analysis

We performed 10-fold cross-validation on both models (Model A & B), and computed the area under curve (AUC) of the receiver operating characteristic (ROC) curves (Table 2). Descriptive statistics are presented as the mean along with the standard deviation. Unpaired Student's t-test was used to compare the mean value of two different groups, and Fisher's exact test was used to examine the non-random association between two groups of categorical variables. A p-value < 0.01 was considered statistically significant.

RESULTS

Among the 1,505 subjects from the baseline OAI (Model A in Table 1), the mean age was 60.7 ± 9.1 years and the mean BMI was 28.7 ± 4.7 kg/m². About 56.9% of the selected subjects were women. When cases with WOMAC score difference <3 were excluded (Model B in Table 1), the sub-group demographic characteristics remained relatively similar with respect to the overall group (Mean age: 60.9 ± 9.2 years; Mean BMI: 29.2 ± 4.8 kg/m² and Percentage women: 60.1). For cases that were reviewed by the radiologist (Table 1), stratified sampling based on age, BMI and gender helped us to generate a sub-group with demographic characteristics that were similar to the ones considered for models A & B.

The CAMs generated by extracting the features learned from the final convolutional layer of the neural network allowed us to examine the regions that were highly associated with knee pain. Previously, researchers who proposed CAMs used model architectures that had an in-plane resolution of 14×14 pixels (Figure 3A) [40]. We generated CAMs with higher resolution containing 28×28 pixels, which resulted in qualitatively improved identification of the regions associated with pain (Figure 3B). For comparison, we performed binary thresholding of the CAM-segmented areas for both cases. When a threshold of 0.5 was used on the CAMs, we found that only $6.0 \pm 2.4\%$ of the overall image area was segmented from the CAMs generated by our model. In comparison, $22.3 \pm 9.4\%$ of the image area was segmented when the same threshold was used on the CAMs generated by the model that was previously published [40].

After the radiologist review, the location and the type of lesions that were co-localized with the highlighted region in the CAMs of subjects were identified (Figures 3C–H). These lesions included effusion, synovitis, BML, Hoffa fat pad lesion, cartilage loss, and meniscal

damage. The effusion on the selected intermediate-weighted MRI scans included effusion and synovitis, and therefore, we combined effusion/synovitis into a single category, as used in MRI Osteoarthritis Knee Score (MOAKS). Out of the 107 cases reviewed by the radiologist (Figure 3I), effusion/synovitis was found to be the most relevant structural abnormality related to frequent knee pain in 95 (88.8%) subjects. BML was found to be the most relevant abnormality for 5 (5.6%) subjects. Hoffa fat pad abnormalities were found for 4 (3.7%) subjects, cartilage loss was found for 2 (1.9%) subjects, and meniscal damage was found for 1 subject.

For the model trained with 1,505 subjects with unilateral knee pain (Model A), we observed an AUC of 0.808 on the test data (Figure 4A). For the case with 710 subjects with unilateral knee pain and with a difference in WOMAC pain score larger than 2 (Model B), the model achieved an AUC of 0.853 on the test data (Figure 4B). In comparison, models trained without image registration achieved AUCs of 0.769 and 0.812 on Model A and Model B, respectively.

Sub-group analysis further revealed that model performance varied with KL-grade, BMI, age and gender (Figure 4C). An interesting finding from our study is that our model could differentiate painful from nonpainful knees even when the OA disease stages were similar between the two knees (i.e. Difference in KL-grade = 0, AUC=0.701 for Model A and AUC=0.758 for Model B, Figure 4C). When there was a difference in radiographic OA between the knees (i.e. KL-grade difference \neq 0), the model performance increased by about 26% for Model A and about 21% for Model B (Figure 4C). Our study also revealed that when the KL-grade of the painful knee was 0, the model resulted in a modest performance (AUC=0.622 for Model A and AUC=0.594 for Model B, Figure 4C). When the KL-grade was $>$ 0, the model was able to better distinguish between the painful knee from the non-painful knee (Performance increased by 27% for Model A and about 35% for Model B, Figure 4C). It is also worthwhile to note that the WOMAC pain score of the painful knee was significantly lower for KL=0 cases than the KL $>$ 0 cases (3.10 vs 4.20, $p \ll 0.01$). The models also had higher values of AUC for subjects who were older, male and had higher BMI (Figure 4C). Specifically, we observed that subjects age 60 and older had a higher average KL-grade in the painful knee than the subjects who were younger than 60 years (1.71 vs 1.24; $p < 0.01$). Also, males had higher averaged KL-grade in the painful knee than females (1.62 vs 1.37; $p < 0.01$). Subjects with BMI greater than 30 also had higher averaged KL-grade in the painful knee than the subjects with lower BMI than 30 (1.8 vs 1.31; $p \ll 0.01$).

DISCUSSION

We developed a deep learning approach to distinguish painful knees from nonpainful contralateral ones, and we were able to do so with high accuracy. Further, an expert radiologist reviewing the knee areas that were identified as painful suggested that these were primarily regions of synovitis or effusion, which are known sources of knee pain in OA. Several studies have examined the association between radiographic features in the knee and knee pain within individual subjects and across multiple cohorts [15; 41–43]. While some studies relied on x-ray imaging, others relied on more sophisticated modalities such as MRI

scans [44]. For some cases, associations between imaging features and unilateral pain were observed by comparing the knee with pain with the contralateral knee without pain in the same individual [45].

The Siamese network using both knees for the same individual to study unilateral pain effectively allowed one knee to serve as a control to the other knee with pain. Essentially, this dual-knee paradigm to assess knee pain is an attractive choice because the effect of common confounding factors such as age, gender and BMI, on the outcome of interest no longer applies in such scenarios. Also, unlike manual extraction of image-based or radiographic features which were then associated with knee pain, we investigated the feasibility of using deep learning to correlate structural regions from MRI scans of both knees with unilateral knee pain.

By combining information from a series of 2D slices, our model synthesized needed information from multiple locations to predict knee pain. This strategy resulted in a model that achieved high AUC (0.808), as evaluated using 10-fold cross validation. Model performance improved by about 5.6% when subjects with similar WOMAC pain score between the two knees were excluded (AUC=0.853). This improvement suggests that the Siamese network can identify the image features that are associated with a strong pain signature arising from one knee. This also implies that a set of image features that are common between the knees was also learned, but were not considered by the model to play a role in predicting knee pain. When compared to a machine learning approach using postero-anterior and lateral knee x-rays to predict knee pain, our model generated a significantly higher AUC in predicting unilateral knee pain [46]. We do however acknowledge that the training and testing datasets used for this study were different than the dataset presently used, and therefore a head-to-head comparison between the results is not feasible.

Our model's improved performance when the difference in KL-grade was non-zero (Figure 4C), underscores the notion that prevalence and severity of knee pain is greatly influenced by the presence of pre-radiographic OA (KL=1) or radiographic OA (KL>1). This may imply that pain symptoms and potential structural abnormalities are perhaps less severe than the knees with frequent knee pain with pre-radiographic or radiographic OA. Indeed, previous studies have reported that knees of KL-grade 4 were 73–151 times more likely to have pain than knees of KL-grade 0 [44].

For the present study, we trained two identical neural networks in the 'Siamese' sense to generate a model that led to prediction of knee pain with high accuracy. In principle, pre-trained neural networks (i.e. VGGNet, AlexNet, etc.) can be used as part of the Siamese architecture. To evaluate this aspect, we generated another Siamese architecture using the network proposed by Zhou et. al. [40], for pairwise learning with the data split that was used for the radiologist review (Table 2). Interestingly, the AUC value on the test data for this case was 0.856. We also trained another Siamese architecture using a modified version of the AlexNet [40], as the neural network for pairwise learning. For this case, the AUC value on the test data was 0.863. In comparison, our proposed *de novo* Siamese network resulted in an AUC value of 0.862 on the test data. Results from these models imply that our proposed Siamese network achieved performance values that were similar to Siamese architectures

based on pre-trained networks. However, the major difference is that our proposed network had high spatial resolution in the CAMs that allowed us to associate the results of CAMs with specific anatomical regions, and consequently to identify lesions that were highly correlated with knee pain.

While our deep learning model demonstrates promising results for predicting knee pain using MRI scans, there is room for improvement in model performance. Other network architectures can be explored such as deep autoencoders [47]. In a recent examination of x-rays and their prediction of knee pain, limiting the pain outcome to subjects who repeatedly reported knee pain increased the accuracy of x-ray prediction [46]. Alternate definitions of pain or tenderness could facilitate development of models with higher performance. Importantly, although postprocessing model results revealed effusion/synovitis to be the most common abnormality present within painful knees, we are by no means suggesting a causal pain mechanism.

In conclusion, this work demonstrates the use of a convolutional Siamese network that simultaneously associated MRI scans of an individual's knees with unilateral knee pain. This framework allowed us to combine multiple 2D MRI slices from both the knees to efficiently construct the deep learning model. Our results provide a means by which to evaluate early imaging markers of OA and other joint disorders. Further validation of the deep learning model across different imaging datasets is necessary to validate this technique across the full spectrum of OA.

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LIST OF ABBREVIATIONS

AUC	Area Under Curve
BMI	Body Mass Index
BML	Bone Marrow Lesion
CAM	Class Activation Mapping
CNN	Convolutional Neural Network
GPU	Graphical Processing Unit
KL	Kellgren-Lawrence
ML	Machine Learning
MOAKS	MRI Osteoarthritis Knee Score
MRI	Magnetic Resonance Imaging

OA	Osteoarthritis
OAI	Osteoarthritis Initiative
ROC	Receiver Operating Characteristic
WOMAC	Western Ontario and McMaster Universities Osteoarthritis Index

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KEY POINTS

- Our article is the first to leverage a deep learning framework to associate MR images of the knee with knee pain.
- We developed a convolutional Siamese network that had the ability to fuse information from multiple two-dimensional (2D) MRI slices from the knee with pain and the contralateral knee of the same individual without pain to predict unilateral knee pain.
- Our model achieved an area under curve (AUC) value of 0.808. When individuals who had WOMAC pain scores that were not discordant for knees (pain discordance <3) were excluded, model performance increased to 0.853.

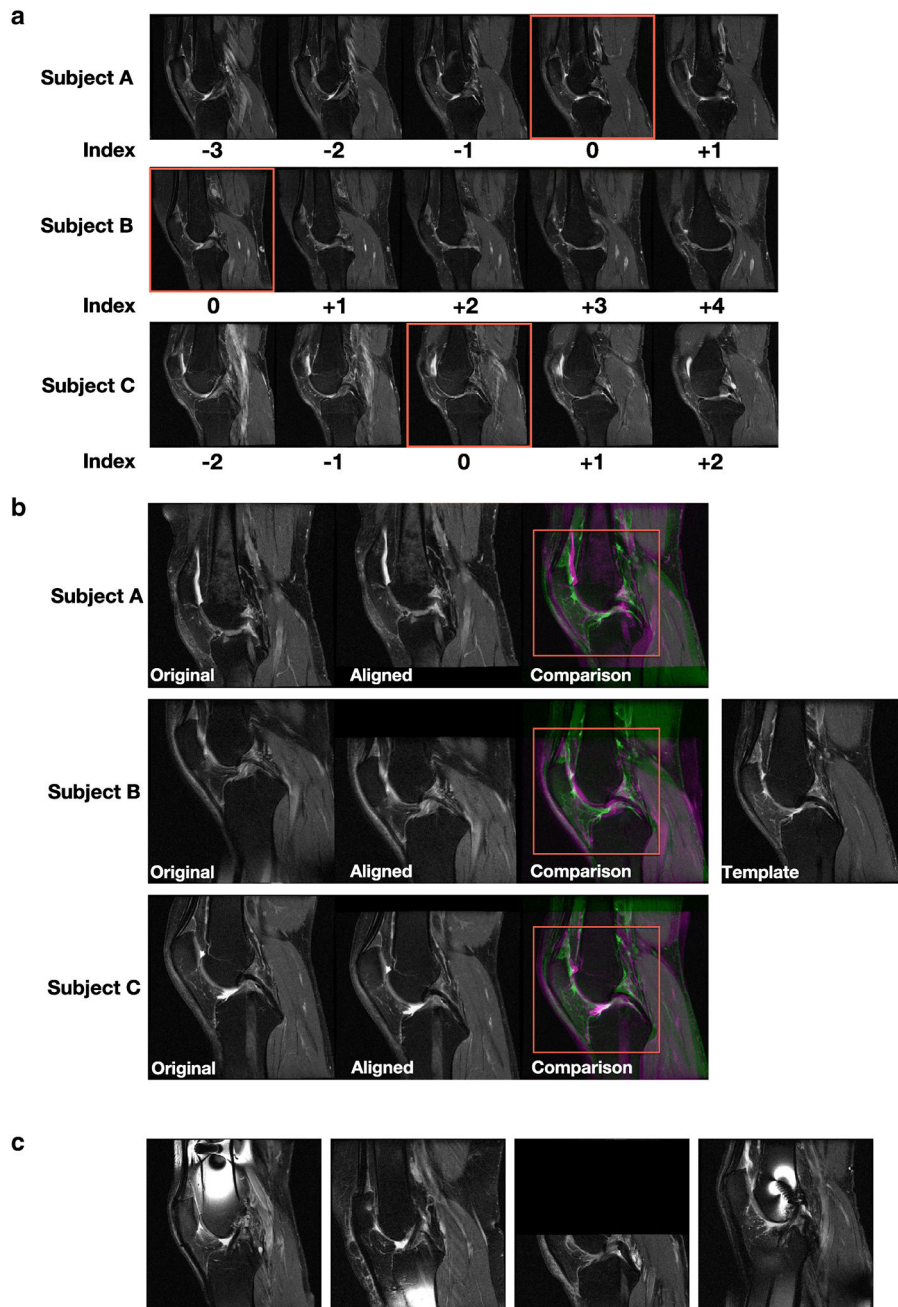


Figure 1: Image processing pipeline.

(A) For each subject's knee joint, we manually examined all the MRI slices oriented in the sagittal view and selected the slice showing the posterior cruciate ligament (PCL) and indexed it as the center slice (red colored box). The remaining slices were indexed relative to the center slice for each knee. Two-dimensional MRI slices for three different subjects are shown. (B) For each 2D MRI slice of the knee for a subject, we performed linear registration to align the slice with respect to a template that was already selected after manual examination. Later, a region (red colored box) containing the center of the knee joint with dimensions 294×294 pixels was cropped for all registered slices and used for model training.

Three cases from the baseline OAI dataset are shown. (C) Sample cases not used for model training due to the presence of various artifacts.

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convolutional operation was followed by batch normalization and nonlinear activation. Only the first convolutional layer and the two max pooling layers had a stride of 2, whereas the other layers had a stride of 1. Consequently, the final convolutional layer had a high in-plane resolution with a dimension of $512 \times 28 \times 28$. (C). Table presenting the details of the different layers within the neural network.

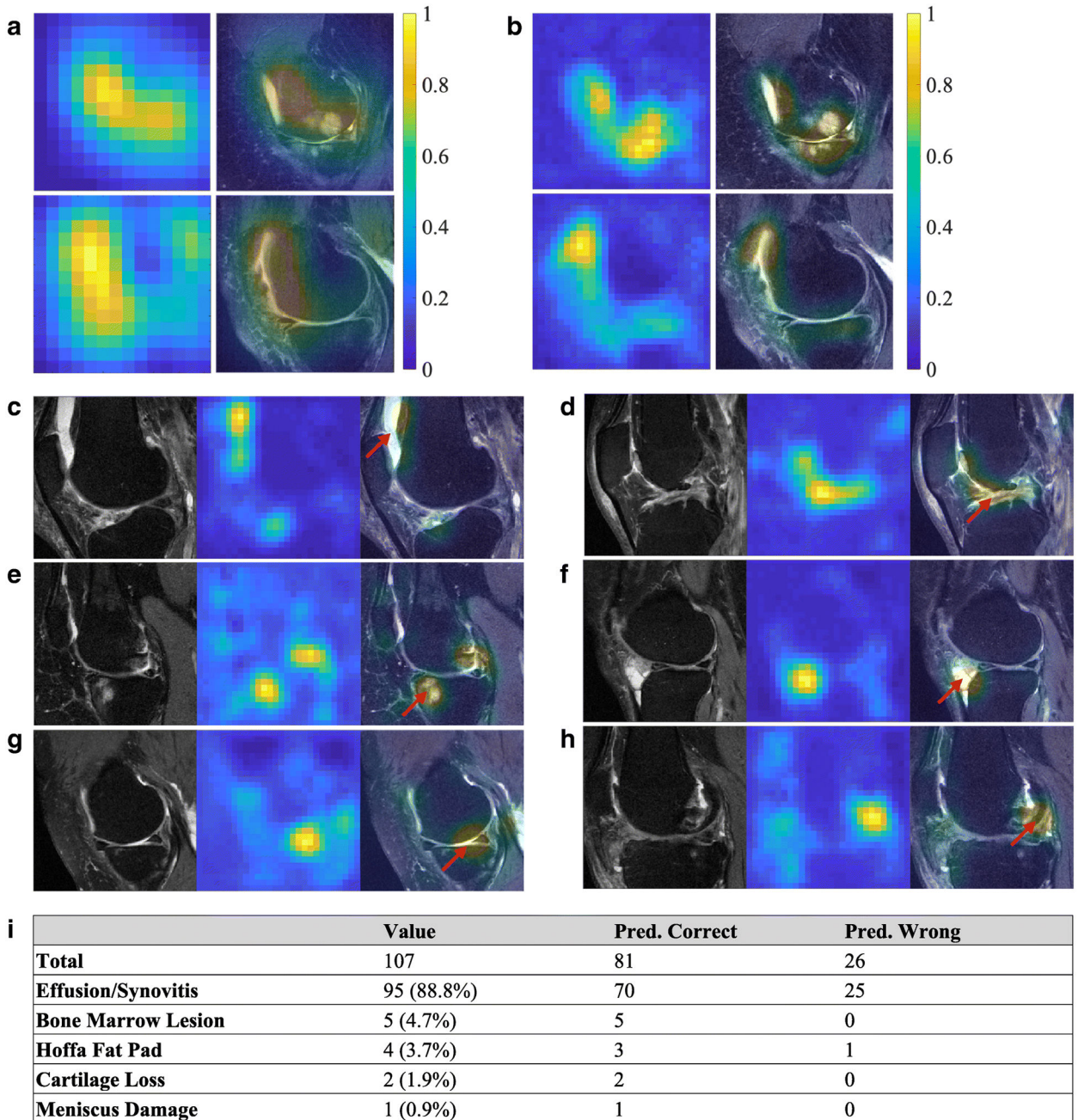


Figure 3: CAMs on selected subjects within the test data.

(A) Examples of CAMs generated from the fine-tuned VGGNet model, resulting in CAMs with an in-plane resolution of 14×14 pixels. (B) Examples of CAMs generated from the present model from the same MRI images with an in-plane resolution of 28×28 pixels. Both the heat maps and the overlap of the MR image with the heat map are shown. In some cases of the test data (C, D), effusion/synovitis was identified as the lesion present within the hot spots. Also, in few other cases, (E) bone marrow lesions, (F) Hoffa fat pad abnormality, (G) cartilage loss, and (H) meniscus damage, were identified as the lesions present within the hot spots. The red arrows indicate the locations of the identified structural regions. (I)

Radiologist's assessment on the test cases (n=107). For each case, the MR scan and the model-derived heat map of the knee with confirmed pain were reviewed by the radiologist, who then identified the presence of any lesions within the regions highlighted by the heat map.

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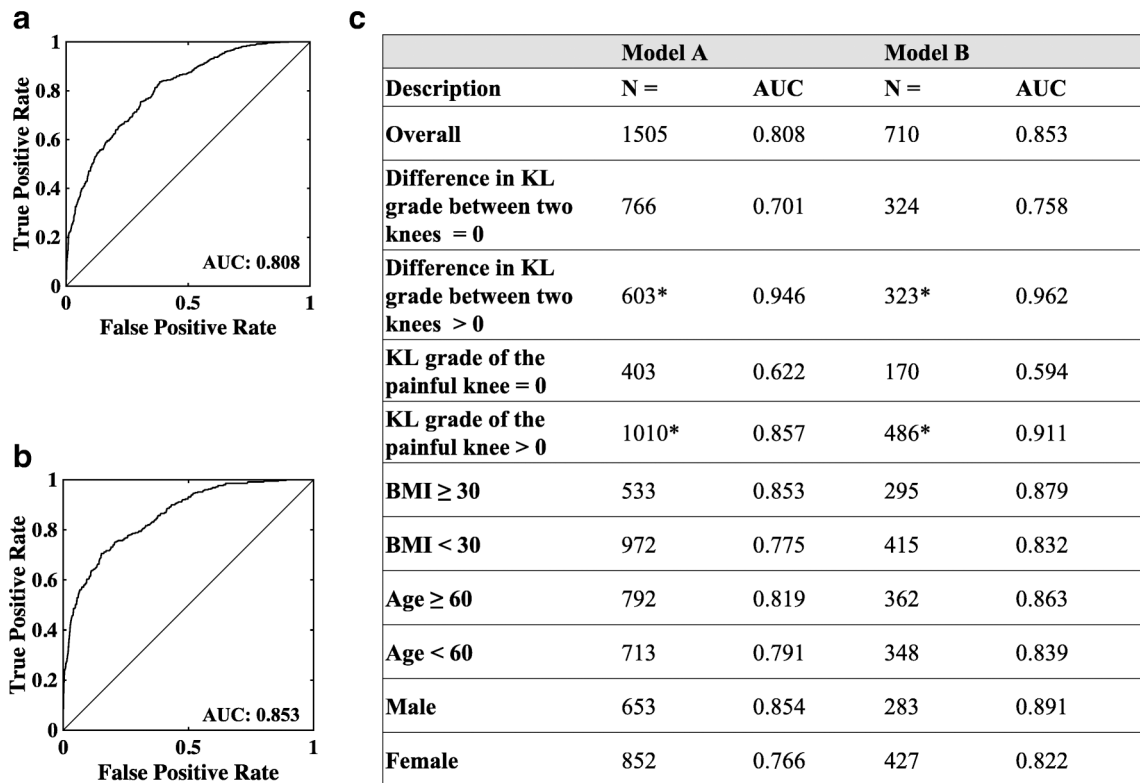


Figure 4: Performance of the convolutional Siamese network model.

(A) Receiver operating characteristic (ROC) curve of Model A trained with 1,505 subjects with unilateral frequent knee pain. (B) ROC curve of Model B trained with 710 subjects with unilateral frequent knee pain and contralateral knee difference in WOMAC pain ≥ 3 . (C) Sub-group analysis. Performance of the models as a function of KL-grade, BMI, age, and gender. The asterisk (*) is used to indicate that KL-grade was not available on few cases for the sub-group analysis.

Table 1:

Schematic of study selection. (Table 1a): In total, 1,606 subjects with unilateral frequent knee pain were selected from the OAI's baseline study, consisting of 4,796 subjects. After image quality check, 1,505 subjects were selected to train the neural network (Model A). Subjects who had the contralateral difference in WOMAC pain score (≥ 3) were further selected, leading to 710 subjects which were then used to train another neural network (Model B). Stratified sampling was then used to divide the dataset in the ratio of 70:15:15, where 70% of the dataset was used for training, 15% for validation, and the remaining cases (n=107) for independent testing. The stratified sampling was performed to match for age, gender, and body mass index. These cases were then reviewed by the expert radiologist. (Tables 1b-1d): Baseline characteristics of the subgroup of individuals selected for model training (Models A & B), and for radiologist review.

Number of subjects in OAI baseline dataset	Model A (n = 1505)			
n = 4796	Parameter	Left Knee Pain	Right Knee Pain	p-value
Cases with unilateral knee pain	Subjects	n = 734	n = 771	
n = 1606	Percent female	57.9	55.9	0.700
Unilateral knee pain cases with selected after quality check (Model A)	Age (years)	60.13 \pm 9.18	61.24 \pm 8.98	0.018
n = 1505	BMI (kg/m ²)	28.97 \pm 4.88	28.18 \pm 4.53	0.015
Unilateral knee pain cases with contralateral WOMAC pain score difference (≥ 3) (Model B)	Model B (n = 710)			
n = 107	Parameter	Left Knee Pain	Right Knee Pain	p-value
Cases selected for radiologist review	Subjects	n = 350	n = 360	
n = 107	Percent female	59.4	60.8	0.854
	Age (years)	60.62 \pm 9.39	61.21 \pm 9.01	0.395
	BMI (kg/m ²)	29.50 \pm 4.96	28.94 \pm 4.63	0.120
MRI scan type	Cases for radiologist review (n = 107)			
SAG_IW_TSE_RIGHT, SAG_IW_TSE_LEFT	Parameter	Left Knee Pain	Right Knee Pain	p-value
2D MRI slice size	Subjects	n = 46	n = 61	
444 \times 444 pixels	Percent female	60.9	59.0	1.000
	Age (years)	60.83 \pm 9.34	60.67 \pm 8.90	0.932
	BMI (kg/m ²)	29.38 \pm 5.30	29.01 \pm 4.89	0.711

Table 2:

Data partitioning and modeling. Model A and Model B were constructed on the 1,505 subjects and 710 subjects, respectively. Performance of these models was evaluated after 10-fold cross validation. For radiologist review, we split the 710 cases in 70:15:15 ratio using stratified sampling. A new model was trained using 70% of the data and 15% of the data was used for internal validation. The remaining 15% was used for testing and radiologist review.

Model A (Unilateral knee pain)	10-Fold Cross Validation		
	Training	Validation	Testing
n = 1505	90%	NA	10%
Model B (Unilateral knee pain, WOMAC pain difference = 3)	10-Fold Cross Validation		
	Training	Validation	Testing
n = 710	90%	NA	10%
For radiologist review	Stratified Sampling		
	Training	Validation	Testing (for review)
n = 710	70% (496)	15% (107)	15% (107)
Percent female	59.2	62.0	60.1
Age (years)	61.0±9.3	60.5±9.0	6.06±9.1
BMI (kg/m ²)	29.1±4.7	29.4±5.0	29.2±5.0