



Research article

Effectiveness of bio-insecticides and mass trapping based on population fluctuations for controlling *Tuta absoluta* under greenhouse conditions in AlbaniaShpend Shahini^a, Ajten Bërxolli^a, Frans Kokojka^{b,*}^a Department of Plant Protection, Agricultural University of Tirana, Albania^b Department of Agri-food, University Fan S. Noli, 7001, Albania

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ABSTRACT

Tuta absoluta is a major pest of tomato crops that causes high yield losses. Cultivated areas in Albania have reported high levels of infestations despite the application of control measures. The present study aims to describe population fluctuations of *T. absoluta* during tomato cultivation for three consecutive years in the winter–summer growing season under greenhouse conditions. Delta traps baited with pheromones were used to monitor the population fluctuations, and the appropriate treatment period was determined. The effectiveness of mass trapping, Indoxacarb and *Bacillus thuringiensis* treatments at maintaining the pest populations below the economic injury level was tested. Even under greenhouse conditions, the population levels were high during spring and peaked in summer. The infestation rate increased by up to 85% on leaves and fruit. The application of *Bt*, Indoxacarb, and mass trapping reduced the infestation rate on fruits by approximately 29%, 43% and 52%, respectively, which represented significant differences in effectiveness. In conclusion, the results indicate that performing an intervention that includes combined methods in the proper period might reduce the infestation rate from 80–95%.

1. Introduction

Tomato is a vegetable with high levels of production in the European Union (EU); the amount produced in 2018 was 16.7 million tons. Italy and Spain combined produce nearly two-third (62.9%) of the EU total (Eurostat, Agriculture, forestry and fishery statistics, 2019). Yield losses in tomato cultivation are caused by several pests, among which the tomato leaf miner *Tuta absoluta* (Meyrick) (Lepidoptera: Ghelechiidae) is a major pest. *T. absoluta* is spreading worldwide and has caused damage and losses in Mediterranean basin countries (EPPO, 2008; EPPO, 2009a; EPPO reporting service 2009b; Desneux et al., 2010; Abd El-Ghany et al., 2018). Young larvae (1st–2nd instar) bore into plants, and once mature (3rd–4th instar), they leave their bore holes and move to feed. If the food and climatic conditions are favorable, then the larvae feed almost continuously and generally do not enter diapause (Tropea Garzia et al., 2012). They attack leaves and flowers, mine stalks, apical buds, and green or ripe fruits, causing quality and yield losses of up to 100% if no control methods are applied (Apablaza, 1992; Viggiani et al., 2009). Indirect damage can often be manifested as a result of bacterial or fungal

infections in organ galleries made by *T. absoluta* (Laore, 2018). Tomato may be attacked at any developmental stage in greenhouses or open fields, and infection may spread on different species of Solanaceae (EPPO, 2009c; Tropea Garzia et al., 2012). Chemical insecticides have been used to control *T. absoluta*, although because of their high reproductive capacity and short generation cycle, they have developed resistance to most of insecticides, as reported in other studies (Siqueira et al., 2000, 2001; Lietti et al., 2005). Moreover, the larval stage completes its development inside the leaf mesophyll; therefore, the larvae are not always directly exposed to insecticides. Indoxacarb is one of the few insecticides on registered lists, and it is used to control this pest in the EU (e.g., Spain and the Netherlands) (SEWG, 2008; Potting et al., 2013). This chemical is selectively effective at controlling outbreaks of *T. absoluta* (FERA, 2009; Sixsmith, 2009; USDA-APHIS, 2011). To our knowledge, in the Balkan region, no studies have been conducted on the field effectiveness of Indoxacarb against *T. absoluta*, although a study on its toxicity in tomato moth larvae was conducted by Roditakis et al. (2013).

Organic farming requires environmentally friendly strategies to control *T. absoluta*; therefore, bio-insecticides and other eco-friendly

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methods are being used. *Bacillus thuringiensis* formulations have been proven to be very efficacious against other Lepidopteran larvae (*Lobesia botrana*) in the central Albanian region (Shahini et al., 2010), and studies of their effectiveness against *T. absoluta* have been reported (Derbalah et al., 2012; Sabbour and Soliman, 2014; El-Aassar et al., 2015; Hashemittassuji et al., 2015; Abd El-Ghany et al., 2018). In addition to the use of *Bt* as an alternative to biological control, the use of parasitoids and predators (*Trichogramma* spp. and mirids (*N. tenuis* & *M. pygmaeus*) are important control strategies in the context of IPM. However, construction of greenhouses (usually covered with plastic films) and climatic conditions in Mediterranean area, cause high diurnal temperature variation, thus resulting in a reduced activity of *Trichogramma* spp. parasites (Urbaneja et al., 2012; de Oliveira et al., 2017). Furthermore, application of insecticides affect the viability of these parasites (Fontes et al., 2018), making the latter unsuitable for inclusion in IPM programs. Usage of *N. tenuis*/*M. pygmaeus* with other biocontrol agents may reduce the application of chemical insecticides and therefore the selection of resistant populations but, this strategy is ineffective in greenhouses un-screened with insect proof net or in the presence of high level populations of *T. absoluta* (Giorgini et al., 2018). Delta traps baited with synthetic pheromone lures are used for male capture and accurately show whether the insect is present or when its seasonal flight period starts, and they are used to arrange the bio-pesticide application period (Witzgall et al., 2010; Caparros Medigo et al., 2013). Pheromones can also be used in pan traps and are particularly useful in the production of greenhouse tomatoes (Russell IPM, 2009; USDA-APHIS, 2011). Relevant studies about mass trapping effectiveness to control tomato leaf miner have been conducted by Filho et al. (2000), Gofitshu et al. (2014), Braham (2014), Refki et al. (2016), and Abd El-Ghany et al. (2016).

Previous reports indicated that neither of the abovementioned methods when used alone led to the total control of *T. absoluta*, and IPM strategies are designed to maintain the pest within the economic injury level. Control practices in Mediterranean basin states affected by *T. absoluta* include different methods based on population densities. In Spain, mass trapping with pheromone-baited water traps is used at low population densities of 1–3 males/week; azadirachtin or *Bt* is applied for densities of 4–20 males/week; and Indoxacarb or Spinosad is recommended for high population densities of 30 males/week (SEWG, 2008). It is necessary to know the population fluctuation of *T. absoluta* (which varies based on climatic conditions and not only); therefore, the proper treatment period could be defined. While *T. absoluta* infest tomato cultivation worldwide, its population dynamics is strongly variable to different regions (depending on climatic conditions), thus requiring adaption of management protocols to respective areas (Giorgini et al., 2018).

Albania is part of the Mediterranean basin, and tomato is the most important cultivated vegetable in the country, accounting for up 25.2%,

with the greenhouse-cultivated area larger than the field-cultivated area (Statistical Yearbook, Instat, 2017). Greenhouse surfaces account for approximately 1500 ha nationally, and they are mostly localized in the central-west region of the country (personal communication with the statistics office of Ministry of Food & Agriculture, Albania, 2018). Products are generally available in the market from April to December, with a peak in summer months. The first suspected symptoms of this pest were observed in 2008 by J. Tedeschini, although they were confirmed officially in 2009 in Durrës, Fier and Tirana County (EPPO Reporting Service, 2009d). The coastal area of Albania represents a medium-suitable region for the establishment of *T. absoluta*, with an Ecoclimatic Index of 25–50, depending on field locations along the shore (USDA-APHIS, 2011; Potting et al., 2013). These calculations were performed based on reports of Bentacourt et al. (1996) and Barrientos et al. (1998) and are linked to the temperatures required by the pest to progress to different life stages. Because temperature is the main limiting factor for the number of *T. absoluta* generations, greenhouses represent a more convenient environment for their development. Previous studies in similar climate conditions suggested that tomato leaf miner can reach 9–12 generations in plots with year-round tomato production (USDA-APHIS, 2011; Potting et al., 2013; Laore, 2018). To control this pest, Albanian farmers have been routinely using chemical pesticides; however, significant improvements have not been made with regard to pest control. Experiments have been carried out by the present authors, mostly in Durrës County, to provide insights on the population dynamics and help farmers intervene to prevent damage (Bërxolli and Shahini, 2017a; 2017b). To our knowledge, further studies have not been conducted on this pest in Albania, and no official control protocol exists.

The aim of the study was to understand the population fluctuations of *T. absoluta* inside tomato greenhouses under Albanian climatic conditions as well as to determine the treatment period. We also reported the effectiveness of the mass trapping method and *Bt* and Indoxacarb formulations for the direct reduction of damage caused by *T. absoluta* in leaves and fruits.

2. Materials and methods

2.1. Experimental site and greenhouse characteristics

The study was conducted in Imesht Village, Fier County (lat. 40°46' N, long. 19°41' E), and the study area was located near the central coastal region in an area of intensive greenhouse cultivation of tomato. The trials were carried out in three consecutive years from 2017–2019 in the tomato growing season (winter-summer). The area is characterized by a typical Mediterranean climate. The greenhouse was divided into two subdivisions, and the characteristics of the tomato cultivar in the greenhouse are shown in Table 1.

2.2. Bio-insecticides and pheromone traps

Indoxacarb formulations sold under the trade name Avaunt 15 EC were purchased from DuPont, USA. The concentration of the active ingredient was 15%, and the recommended application rate was 25 g/100 L water. The *Bt* var. *kurstaki* formulation sold under the trade name Delfin® WG was purchased from Syngenta. The concentration of the active ingredient was 53000 UC/mg at a dose of 75 g/hL/0.1 ha, and the recommended application rate was 100 g/100 L water. A mechanical pump sprayer with a capacity of 200 L (flat-fan nozzle, pressure of 5 atm, 0.5 mm in diameter) was used for the pesticide spray. Pheromone capsules used in the Delta traps and pan traps contained 0.5 mg (3E,8Z,11Z)-tetradecatrien-1-yl acetate and 0.024 mg (3E,8Z)-tetradecadien-1-yl acetate (production code: PH-937-1RR; Russell IPM). Delta traps were purchased from commercial sellers. Pan traps consisted of a plastic dish filled with water and a fixed pheromone bait.

Table 1. Characteristics of greenhouse and tomato cultivars.

Characteristics	Values
Greenhouse surface (m ²)	10.000
Height above sea level (m)	13
Construction materials	Iron, plastic
Double door	No
Separation of subdivisions by net	Yes
Terrain	Silty clay, fertilized with manure
Tomato cultivar	Alamina RZ F1 (73–672)
Transplant date	January 20
Plant density (plant/m ²)	2.8
Previous culture	Tomato
Intercrop period (days)	35

2.3. Experimental design

The main area of 1 ha was divided into two plots (split-plot), which were named subdivision a and subdivision b, and each had a surface of 0.5 ha. The two subdivisions (a and b) were divided into 8 strips (i.e., from a1-a8 and from b1-b8), and each had 3 rows (replicates) after the exclusion of side rows to eliminate border effects (Figure 1) (Shahini et al., 2010).

During the first year of the study, in a1-a4 strips, the mass trapping technique was used while the a5-a8 strips served as the control. The b1-b4 strips were treated with *Bt* var. *kurstaki* and Indoxacarb with randomization as indicated in Figure 1, while b5-b8 were left as the control strips. In the second year of the study, the a1-a4 strips were treated with *Bt* var. *kurstaki* and Indoxacarb with the same randomization inside the strips as in the first year, and a5-a8 were left as the controls. The b1-b4 strips used the mass trapping technique, and the b5-b8 strips served as the control. During the last year, the a1-a4 strips were left as the controls and the a5-a8 strips were treated with the mass trapping technique. Meanwhile, b1-b4 were used as a control and b5-b8 used *Bt* var. *kurstaki* and Indoxacarb formulations in the same randomization inside the strips as in other years. This method was performed to avoid the undesirable association between treatments and to minimize the carry-over effect.

2.4. Installation of traps and bio-insecticide application

To detect the number of *T. absoluta* moths, four pheromone-baited Delta traps were installed at the same time seedlings were transplanted in the experimental area, and they were placed in different strips depending on the experiment year and always in the furthest of the treated plots (Figure 1, for the first year). These traps were checked and moths were counted on a regular weekly basis. When the first moths were observed in the Delta traps, baited pan traps with a density of 5 traps/0.25 ha were placed in a mass trapping plot (strips) as described by Caparros Medigo et al. (2013). Pan traps were uniformly distributed in the mass trapping plot at 0.3–0.8 m from the soil to prevent them from being covered by vegetation. Pheromone capsules were replaced every 4 weeks. To avoid the undesired effect of mass trapping adults from other treated strips, a distance of approximately 10 m separated the pan traps toward the border next to bio-insecticide-treated blocks of strips. To support noninterference, an insect-proof net was used to divide treatments (as indicated in Figure 1 with a dashed line).

In the first year, in the b1-b4 strips, 10 consecutive plants in each strip (in accordance with Figure 1) were treated with Avaunt 15 EC. The timing of the intervention for this pesticide was based on an economic threshold of 2 females per plant or 26 larvae per plant (Bajonero et al., 2008). For each pest generation, two treatments were performed, with application intervals of 14 days. The same procedure was performed in the following study years with randomization. In each of the b1-b4 strips, ten consecutive plants were treated with *Bt* var. *kurstaki*. For each pest generation, the first treatment was performed 4–5 days after the first flies were found on the Delta traps and the second was performed 8–10 days after the first treatment (SEWG, 2008; Shahini et al., 2010). The same protocol was followed in each of the study years. All treatments were

applied in the morning (approximately 09:00) when the intensity of solar irradiation was low.

2.5. Damage evaluation and statistical analysis

To assess the damage caused by *T. absoluta* in tomato plantations, 100 leaves and fruits were randomly selected from the control and treatment strips and classified as damaged or healthy. This procedure was performed on a weekly basis from the time of the treatment and placement of pan traps to the uprooting time in July for each of the study years. Larvae may attack more than one fruit/leaf during their lifecycle; thus, the effectiveness of practical treatments was calculated using values of damaged/healthy fruits and leaves. Considering the direct economic damage, special attention is given to the fruit values. The corrected effectiveness (E_{corr}) of the methods was calculated based on Abbott's formula (Abbott, 1925) and adapted for healthy or damaged fruits/leaves:

$$(E_{corr}) \% = [1 - (D_L \text{ Treatment} / D_L \text{ Control})] \times 100 \tag{1}$$

$$(E_{corr}) \% = [1 - (D_F \text{ Treatment} / D_F \text{ Control})] \times 100 \tag{2}$$

where D_L is the mean number of damaged leaves and D_F is the mean number of damaged fruits. The full dataset of the three years was analyzed using IBM SPSS Statistics v.20 for Windows, where the means were compared at the 0.05 probability level. An ANOVA and post hoc comparisons were performed to compare the mean effectiveness of treatments in the leaves and fruits.

3. Results

3.1. Population fluctuation

The data in Figure 2 were generated based on captured males in control strips on the Delta-type pheromone traps and show the evolution of population fluctuation during the period of tomato cultivation. Four generations were distinguished, with the primary generation starting at the third week of February (approximately one month after transplantation) and concluding before April 4. The peak of this generation was highest in the first year (20 moths), and in two of the three study years, it was reached between March 21 and 28. The second generation extended from the April 4 to the May 9, with the highest value recorded in the third year on the April 11. The third generation appeared after the May 9 and was characterized by a sharp increase to reach a high value of 70 males on the June 6. Subsequently, the number decreased rapidly over the last days of the generation (June 13). The fourth generation appeared from June 20 until July 18. The number of males captured rose gradually after June 27 and peaked for each of the years on July 11.

3.2. Effectiveness of the treatments on leaves

During the three consecutive study years, the level of infestation found in the leaves of control plants was higher than that in the treatments (Figure 3), and in every trial, the incidence of damage to leaves was significantly reduced by approximately 48%, 31% and 52% via mass trapping, *Bt* and Indoxacarb, respectively. Compared to the individual treatments, the theoretical combination of two methods (mass trapping + *Bt*) showed an increase in effectiveness from 1.5- to 2.5-fold (Figure 3). Compared to the individual treatments, the combination of mass trapping + Indoxacarb showed a 1.8-fold increase in effectiveness. A one-way ANOVA was conducted to compare the effectiveness among the mass trapping, *Bt*, and Indoxacarb treatments and the combinations of mass trapping + Indoxacarb and mass trapping + *Bt* in with regard to the infestation level. Significant differences were observed between their effectiveness at the $*P < 0.05$ level for each of the study years: first year [$F(5, 101) = 266.81, ***P < 0.001$]; second year [$F(5, 101) = 307.54, ***P < 0.001$]; and third

a				b			
a1	Mass trapping			Y	X	b1	
a2	Mass trapping			X	Y	b2	
a3	Mass trapping			Y	X	b3	
a4	Mass trapping			X	Y	b4	
a5	Control			Control		b5	
a6	P1	Control	P2	P1	Control	P2	b6
a7	Control			Control			b7
a8	Control			Control			b8

Figure 1. Experimental scheme (first year); X-Indoxacarb; Y-*Bt*; P1 and P2-Delta trap 1 and 2, respectively.

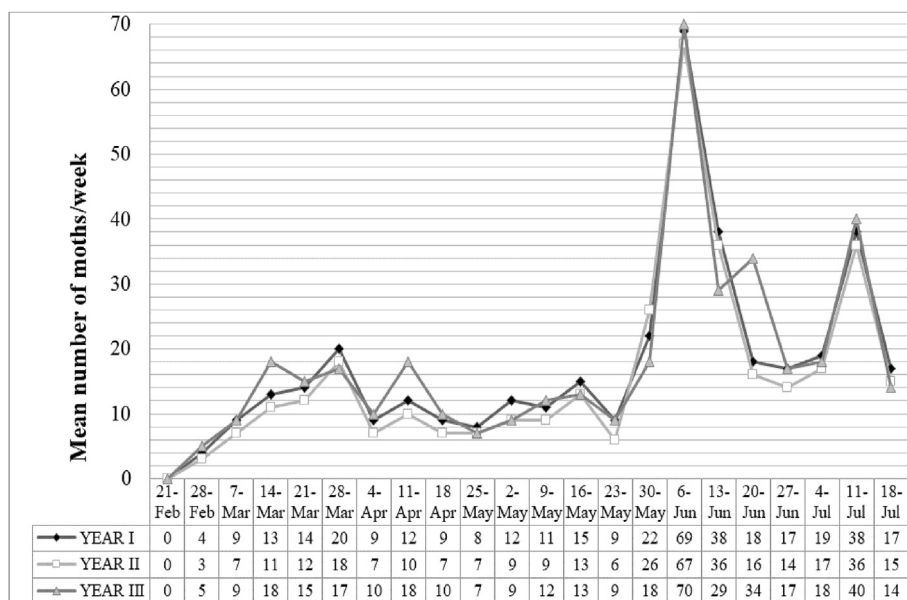


Figure 2. Graphical representation of the *T. absoluta* population fluctuations in the greenhouse during the tomato cultivation period from February–July for three consecutive years.

year [F (5, 98) = 103.27, ***P < 0.001]. Post hoc comparisons of the first year using Tukey's HSD test indicated that the mean score for the mass trapping treatment (M = 44.7, SD = 7.5) was significantly different (***P < 0.001) compared with the *Bt* treatment (M = 28.8, SD = 5.4) and Indoxacarb treatment (M = 52.6, SD = 9.1), and a significant difference was also observed between the latter two (***P < 0.001). Post hoc comparisons of the second year using Tukey's HSD test indicated that the mean score for the mass trapping treatment (M = 50.6, SD = 6.9) was significantly different (***P < 0.001) than that for the *Bt* treatment (M = 32.9, SD = 5.3) but was not different than that for the Indoxacarb treatment (M = 52.5, SD = 9.1) (*P = 0.89); moreover, the *Bt* and Indoxacarb treatments were significantly different (***P < 0.001). Post hoc comparisons of the third year using Tukey's HSD test indicated that the mean score for the mass trapping treatment (M = 47.4, SD = 8.3) was significantly different (***P < 0.001) than that for the *Bt* treatment (M = 30.2, SD = 6.1) but was not different than that for the Indoxacarb treatment (M = 51.1, SD = 20.1) (*P = 0.84); moreover, Indoxacarb was more effective than the *Bt* treatment (***P < 0.001). Taken together, these results suggest that mass trapping is more effective than the *Bt* treatment but slightly less effective than Indoxacarb at reducing the incidence of leaf damage. Post hoc comparisons of the first year using Tukey's HSD test indicated that compared to mass trapping + *Bt* combination, the mean score for the theoretical combination of mass trapping + Indoxacarb (M = 96.28, SD = 2.36) was significantly higher (***P < 0.001) (M = 73.29, SD = 9.35). Post hoc comparisons of the second year using Tukey's HSD test indicated that the mean score for the theoretical combination of mass trapping + Indoxacarb (M = 94.44, SD = 2.05) was significantly higher (***P < 0.001) than that of mass trapping + *Bt* combination (M = 83.12, SD = 7.37). Post hoc comparisons of the third year using Tukey's HSD test indicated that the mean score for the theoretical combination mass trapping + Indoxacarb (M = 93.1, SD = 2.26) was significantly higher (***P < 0.001) than that of the mass trapping + *Bt* combination (M = 77.13, SD = 9.51).

3.3. Effectiveness of treatments on fruits

Prior to comparing the means of the three-year analysis for the effectiveness of treatments in reducing infestations on fruits, one-way ANOVA tests were conducted to compare the year effect on the method

effectiveness. Significant effects of study year on method effectiveness were not observed at the *P < 0.05 level: mass trapping: [F (2, 44) = 2.129, P = 0.131]; *Bt*: [F (2, 42) = 0.475, P = 0.625]; and Indoxacarb: [F (2, 42) = 0.295, P = 0.746]. The data in Figure 4 show the compared values of the mean effectiveness for the three treatments and the theoretical cumulative effectiveness of the two methods combined. A one-way ANOVA test was conducted to compare the effectiveness of different treatments in preventing fruit infestations. Significant differences were observed in treatment effectiveness at the *P < 0.05 level for the three treatments and two combinations [F (5, 286) = 799.4, ***P < 0.001]. Post hoc comparisons using Tukey's HSD test indicated that compared to Indoxacarb (M = 42.75, SD = 12.43), the mean score of mass trapping (M = 52.76, SD = 7.8) for preventing fruit infestation was higher (***P < 0.001), which is inconsistent with the results of the leaf analysis (Figure 4; Figure 3). Conversely, the *Bt* treatment showed the lowest level of effectiveness (***P < 0.001) among the treatments (M = 28.96, SD = 5.62). The theoretical combination of methods showed that mass trapping + Indoxacarb (M = 93.64, SD = 4) was more effective (***P < 0.001) than mass trapping + *Bt* (M = 81.77, SD = 10).

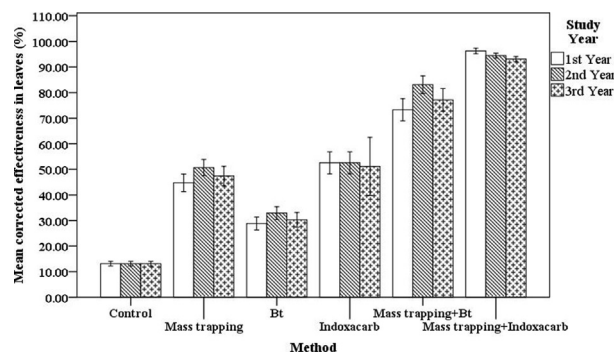


Figure 3. Graphical representation of observed effectiveness on the leaves of control, single treatment plots and theoretical cumulative effectiveness of the combined methods (mass trapping + *Bt* and mass trapping + Indoxacarb). Control, single treatments and combinations were significantly different between them, by analysis of variance (P < 0.05) measures in each of the study year.

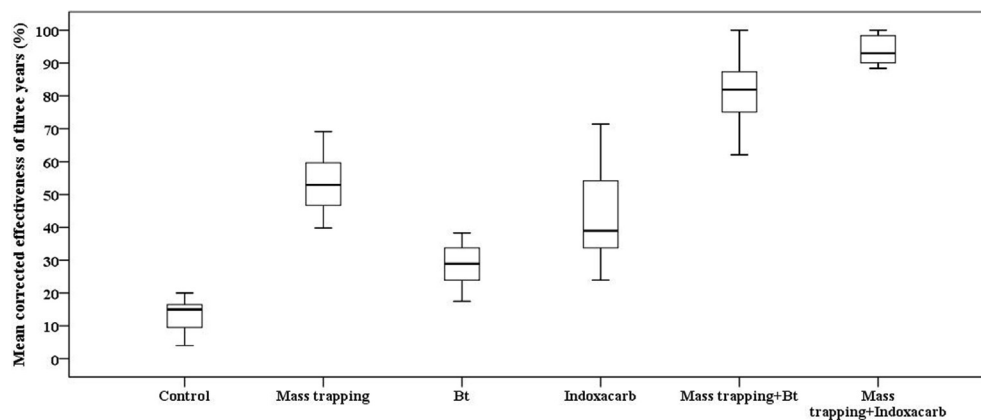


Figure 4. Graphical representation of observed three-year mean effectiveness on fruits of the control, single-treatment plots and theoretical cumulative effectiveness of the combined methods (mass trapping + *Bt* and mass trapping + Indoxacarb). Control, single treatments and combinations were significantly different between them, by analysis of variance ($P < 0.05$) measures.

4. Discussion

Semiochemicals are important tools in control strategies of various insects and include monitoring, mating disruption, luring and killing, mass trapping and push-pull strategies. Pheromones are considered promising and important components of IPM programs. They can be applied individually or integrated with other control agents for the monitoring and control of various insect pests (Abd El-Ghany, 2019). In the present study, Delta traps baited with pheromones were successfully used to monitor moths, and the treatment produced promising results. In a study from January to July, this pest had 4 generations, with an average days/generation of 34 ± 3 days. The data show that compared to the second generation, the first generation had a longer development period, and the development period was progressively shorter from generation to generation. As a result of rising temperatures, the insect progressed faster through its biological stages because of the accumulation of degree-day values. Similar results regarding the number of generations have been reported in Lebanon and Egypt by El Hajj et al. (2017) and Tabikha and Hassan (2015), who recorded shorter average generation periods (31.5 and 28.5 days/generation, respectively). This difference is possibly attributed to the warmer climate of these countries, where this pest concludes its cycle in a shorter period. The number of males captured in our study was highest in summer. With average temperatures ranging between 20 and 35 °C in this season, a higher number of larvae hatch from eggs to progress to further development. These results are in agreement with those reported by Tabikha and Hassan (2015) and El Hajj et al. (2017). Introduced species generally have fewer natural enemies compared with native species (Torchin and Mitchell, 2004), and recent cases of invasive pests indicate that local antagonists need time to adapt to the invader, which leads to loss of production during this period (Giorgini et al., 2018).

The results indicated that in plots where pan traps were placed, the infestations of leaves and fruits were significantly reduced compared to the control plots. Furthermore, the mass trapping technique showed an approximately 1.5-fold higher effectiveness in the leaves and 1.8-fold higher effectiveness in the fruits compared with the *Bt* treatment. Its effect was slightly less than that of Indoxacarb with regard to reducing leaf damage, although it demonstrated a higher effectiveness in fruits. Indoxacarb acts through direct contact with larvae; therefore, the longer it stays on the organs, the higher the efficacy. Because of the organs' physical form, it persists longer in leaves than in fruits, which may partially explain the differences between the two treatments' efficacy in different plant organs. These results are not uncommon. Regarding the

different results in leaves and fruits, Balzan and Moonen (2012) reported that there was no correlation between the numbers of galleries in leaves and damaged fruits.

Indoxacarb and *Bt* are both included in lists of protocols approved for *T. absoluta* control (SEWG, 2008 in Spain; IRAC, 2009 in Argentina; Mallia, 2009 in Malta; FREDON, 2009 in France; USDA-APHIS, 2011). Reports from various authors present contradictory results regarding the effectiveness of Indoxacarb and *Bt*. Derbalah et al. (2012) reported that Indoxacarb had higher efficacy than *Bt*, while a study conducted by Nazarpour et al. (2016) reported the opposite results. In the present study, Indoxacarb was more effective than *Bt* at reducing the infestation in tomato leaves/fruits. Although Indoxacarb has good efficacy, it is an insecticide; therefore, its application is recommended for high population densities.

Control through mass trapping alone cannot keep the damage level below that of economic injury; thus, it must be combined with other measures, such as double doors or nets (Chermiti et al., 2009; Harbi et al., 2012). Moreover, males are captured in pan traps while females can reproduce parthenogenetically (Caparros Medigo et al., 2012). On the other hand, *Bt* and Indoxacarb have limited efficacy, which is likely because the larval stage proceeds for a time within the plant tissue, and direct contact does not occur. Moreover, *Bt* and Indoxacarb may also be biodegraded over time, which limits their efficacy when used alone. The infestation rate (fruits) in each of the single treatments varied between 30 and 50%, which led to high yield losses. The theoretical cumulative effectiveness of mass trapping + *Bt* and mass trapping + Indoxacarb ranged between 80 and 100% in leaves and fruits; therefore, these treatments could be considered potential strategies under field or greenhouse conditions based on the period of application. Moreover, we suggest that they be included in country protocols to control this pest. The application of IPM strategies that include the augmentation of parasitoids, application of mirids, and usage of pheromones and bio-insecticides constitutes an effective basis for the control of *T. absoluta*. Moreover, certain strategies, such as parasitoids and predators, are effective under specific conditions (climatic conditions, low-density populations and insect-proof net cover). To integrate various techniques and methods, the compatibility must be ensured and the population density of the pest must be considered.

5. Conclusions

Experimental trials conducted over three years showed that *T. absoluta* has a high population density and can cause serious damage in protected areas of tomato cultivation in Albania. Infestations are

persistent over time, and greenhouse conditions are suitable for pest development in the country. Mass trapping, *Bt* and Indoxacarb significantly reduced infestations in the leaves and fruits but could not maintain the population below the economic injury level when used individually. Indoxacarb was more effective than *Bt* but less effective than mass trapping in reducing infestation in fruits. We recommend the use of mass trapping in combination with a bio-insecticide, insect-proof net and/or double doors. To ensure maximal effectiveness, IPM strategies must always be applied based on the population dynamics.

Declarations

Author contribution statement

Shpend Shahini, Ajten Bërxolli, Frans Kokojka: Conceived and designed the experiments; Performed the experiments; Analyzed and interpreted the data; Contributed reagents, materials, analysis tools or data; Wrote the paper.

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Data availability statement

Data will be made available on request.

Declaration of interests statement

The authors declare no conflict of interest.

Additional information

No additional information is available for this paper.

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