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Targeting TSH and IGF-1 Receptors to Treat Thyroid Eye Disease

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Thyroid-stimulating hormone receptor · Insulin-like growth factor 1 receptor · Crosstalk · Antagonists · Thyroid eye disease

Abstract

Graves' disease (GD) is an autoimmune disease caused in part by thyroid-stimulating antibodies (TSAbs) that activate the thyroid-stimulating hormone receptor (TSHR). In Graves' hyperthyroidism (GH), TSAbs cause persistent stimulation of thyroid cells leading to continuous thyroid hormone synthesis and secretion. Thyroid eye disease (TED), also called Graves' orbitopathy, is an orbital manifestation of GD. We review the important roles of the TSHR and the insulin-like growth factor 1 receptor (IGF-1R) in the pathogenesis of TED and discuss a model of TSHR/IGF-1R crosstalk that considers two pathways initiated by TSAb activation of TSHR in the eye, an IGF-1R-independent and an IGF-1R-dependent signaling pathway leading to hyaluronan (HA) secretion in orbital fibroblasts. We discuss current and future therapeutic approaches targeting the IGF-1R and TSHR. Teprotumumab, a human monoclonal anti-IGF-1R-blocking antibody, has been approved as an effective treatment in patients with

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TED. However, as the TSHR seems to be the primary target for TSAbs in patients with GD, future therapeutic interventions directly targeting the TSHR, e.g. blocking antibodies and small molecule antagonists, are being developed and have the advantage to inhibit the IGF-1R-independent as well as the IGF-1R-dependent component of TSAb-induced HA secretion. Antigen-specific immunotherapies using TSHR peptides to reduce serum TSHR antibodies are being developed also. These TSHR-targeted strategies also have the potential to treat both GH and TED with the same drug. We propose that combination therapy targeting TSHR and IGF-1R may be an effective and better tolerated treatment strategy for TED. **Example 2020** European Thyroid Association

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TSH/IGF-1 Receptor Crosstalk in Graves' Orbital Fibroblasts in Primary Culture

The discovery of thyroid-stimulating hormone receptor (TSHR) expression in orbital fat tissue and extra-ocular muscles [[1](#page-5-0)] suggested that TSHR is one of the primary autoantigens in orbital tissue in patients with thyroid eye disease (TED)/Graves' orbitopathy (GO). The

Fig. 1. Model of TSHR/IGF-1R crosstalk in TED pathogenesis. Activation of TSHR by GO-Igs in GOFs activates two signal transduction pathways – one that is independent of IGF-1R (dark gray arrow) and another that is dependent on IGF-1R (light gray arrows). TSHR and IGF-1R are in close proximity within a signalosome for which β-arrestin 1 (β-ARR) acts as a scaffold. TSHR- and IGF-1Rmediated pathways combine through crosstalk, leading to a more robust stimulation of HA secretion. Modified from Krieger et al. [[7](#page-5-7), [4](#page-5-5)[1\]](#page-5-0).

insulin-like growth factor 1 (IGF-1) receptor (IGF-1R) has been identified as another important player in the pathogenesis of TED. Functional interactions between TSHRs and IGF-1Rs have been shown in orbital fibroblasts from patients with Graves' disease (GOFs) in vitro [\[2–](#page-5-1)[8\]](#page-5-2). Stimulated secretion of hyaluronan (hyaluronic acid, HA) has often been measured as a biologic response because increased HA secretion in the orbit is a major component of the pathophysiology of TED. Functionally important TSHR/IGF-1R crosstalk in GOFs was initially demonstrated by showing that simultaneous activation by TSH and IGF-1 synergistically increased HA secretion by GOFs [[6](#page-5-3)]. Synergistic increases in both potency and efficacy of TSH in the presence of IGF-1 were shown. Additional evidence in support of the occurrence of TSHR/ IGF-1R crosstalk in GOFs was provided by the following observations: (1) a small molecule IGF-1R inhibitor, linsitinib, inhibited HA stimulation by TSH [\[6\]](#page-5-3); (2) the high-potency phase of the biphasic dose response of HA secretion stimulated by a monoclonal TSHR-stimulating antibody (TSAb) M22, which was derived from a patient with Graves' hyperthyroidism (GH) [\[9](#page-5-4)] and does not bind to IGF-1R [[1](#page-5-0)0], was inhibited by the IGF-1R antagonist linsitinib [\[6](#page-5-3)]; (3) stimulation by M22 and immunoglobulins purified from the sera of Graves' disease (GD) patients with eye disease (GO-Igs) was inhibited by some, but not all, IGF-1R-blocking antibodies (see below) [[4](#page-5-5), [5](#page-5-6), [7](#page-5-7), [11\]](#page-5-0); and (4) TSHR and IGF-1R were shown to be in close proximity to each other scaffolded by β-arrestin 1, which was required for TSHR/IGF-1R crosstalk [[1](#page-5-0)[2\]](#page-5-1).

These findings are summarized in our proposed model of TSHR/IGF-1R crosstalk which is illustrated in Figure 1. GO-Igs bind directly to and activate the TSHR in orbital fibroblasts. TSHR and IGF-1R are in close proximity within a signalosome for which β-arrestin 1 acts as a scaffold. Two pathways lead to HA secretion, a TSHR-dependent, IGF-1R-independent pathway and a TSHR-dependent, IGF-1R-dependent pathway. We propose that the activated TSHR engages the IGF-1R in a signalosome which induces the synergistic increase in HA secretion. As TSHR and IGF-1R signal in concert when initiating the signaling cascades leading to HA secretion in the pathogenesis of TED, it may be desirable to target both receptors with therapeutic interventions.

IGF-1R-Blocking Antibodies

IGF-1R-blocking antibodies, such as AF305, 1H7, and teprotumumab, have been studied to gain insight into a potential role for IGF-1R in mediating stimulation of HA secretion by GO-Igs [\[5,](#page-5-6) [7,](#page-5-7) [1](#page-5-0)[3](#page-5-8)]. We first compared the effects of AF305 and 1H7 on HA secretion stimulated by IGF-1 and M22 [[7\]](#page-5-7). As expected, AF305 and 1H7 markedly inhibited HA secretion stimulated by IGF-1 (Fig. 2a). In contrast, AF305 had no effect on stimulation by M22 whereas 1H7 partially inhibited M22 stimulation. Teprotumumab has been shown to exhibit inhibition similar to that of 1H7 [[5\]](#page-5-6). We conclude that AF305 acts only by inhibiting the IGF-1R while 1H7 in addition inhibits TSHR/IGF-1R crosstalk through a yet incompletely understood mechanism. The monoclonal antibody M22 might not represent GOF stimulation by all polyclonal antibodies found in sera of Graves' patients. Therefore, we tested purified GO-Igs from patients with eye disease. To keep the TSHR antibody concentration as close as possible to the original patient's sample, we reconstituted the samples after purification to their original volume. The purification of serum samples did not change the heterogeneous mixture of stimulatory and blocking TSHR antibodies since all serum Igs were purified. 1H7 was shown to inhibit HA secretion by 57 GO-Igs while AF305 had no effect on GO-Ig stimulation of HA secretion (Fig. 2b) [\[7\]](#page-5-7). We suggest that teprotumumab inhib-

Fig. 2. 1H7, but not AF305, inhibits M22 and GO-Ig stimulation of HA secretion. **a** GOFs were stimulated by maximally effective doses of IGF-1 or the TSAb M22 in the absence (control) or presence of the IGF-1R-blocking antibodies AF305 or 1H7, and HA secretion was measured after 5 days. Both AF305 and 1H7 inhibited HA secretion stimulated by IGF-1 but only 1H7, not AF305, inhibited stimulation by M22. Modified from Krieger et al. [\[7\]](#page-5-7). **b** GOFs were stimulated by purified GO-Igs from 57 patients in

the absence (not shown) or presence of the IGF-1R-blocking antibody AF305 or 1H7, and HA secretion was measured after 5 days. The data are presented as percent of control in the absence of AF305 or 1H7. In contrast to AF305, 1H7 decreased HA secretion by all GO-Ig preparations (mean inhibition of 67%) by inhibiting TSHR/IGF-1R crosstalk. *****p* < 0.0001 versus GO-Ig control by Student's *t* test [\[7\]](#page-5-7).

its HA secretion via a mechanism similar to that of 1H7, that is, by inhibiting TSHR/IGF-1R crosstalk. Of note, teprotumumab has been shown to be effective in the treatment of patients with TED [\[1](#page-5-0)[4](#page-5-5)–[1](#page-5-0)[6\]](#page-5-3) and has recently been approved by the United State Food and Drug Administration (FDA) (TEPEZZA, https://www.fda.gov/ news-events/press-announcements/fda-approves-firsttreatment-thyroid-eye-disease).

TSHR-Targeted Treatments

TSAbs found in patients with GH and TED directly activate TSHR. Therefore, targeting the TSHR for therapeutic intervention would have the advantage to treat GH and TED with the same drug. It is not yet understood whether the same TSAbs activate TSHRs in the thyroid and in the eye, and whether the signaling cascades are similar or different in these tissues. It is conceivable that different antibody populations might target TSHRs in the thyroid or the retro-orbital tissue as there are different disease phenotypes. Patients can present with GH with or without TED. Moreover, TED can be observed in TSAbpositive patients with autoimmune thyroiditis or in the absence of thyroid disfunction (euthyroid TED). The ability to shed light on these questions will also guide the

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development of therapies that target TSHR as well as TSHR/IGF-1R crosstalk.

Studies with purified GO-Igs have underlined that TSHR/IGF-1R crosstalk is initiated by binding of GO-Igs to TSHRs [\[7](#page-5-7)]. Considering the IGF-1R-independent component of GO-Ig-induced HA secretion, it is conceivable that TSHR antagonists may be more efficient in blocking the effect of stimulating TSHR antibodies. Moreover, the effects of TSHR antagonists will function over the entire concentration range of GO-Igs whereas IGF-1R antagonists may function only over the range of GO-Ig concentrations that activate TSHR/IGF-1R crosstalk.

Monoclonal antibodies directed at TSHR have been studied as antagonists of TSHR activation by TSHRbinding agonists [[1](#page-5-0)[7](#page-5-7)[–1](#page-5-0)[9\]](#page-5-4). Blocking antibodies inhibit activation of TSHR by blocking the binding of GO-Igs to the extracellular domain of TSHR. A human monoclonal TSHR-blocking antibody, K1–70 [\[20](#page-5-1)], is being studied as a potential treatment for GD [[2](#page-5-1)[1\]](#page-5-0). It was shown to be effective in vivo causing biochemical hypothyroidism in untreated and M22-treated rats [[22](#page-5-1)], and it has recently undergone a preclinical toxicology study in rats and cynomolgus monkeys [\[2](#page-5-1)[3\]](#page-5-8). When K1–70 was administered to a female patient with GD and severe TED, an improvement in the patient's clinical activity score and exophthalmos was observed [\[2](#page-5-1)[4\]](#page-5-5). K1–70 is a promising treatment

Fig. 3. Combination of ANTAG3 and 1H7 additively inhibits GO-Ig stimulation. **a** ANTAG3 is a fully efficacious TSHR antagonist for M22-induced HA secretion in GOFs regardless of M22 concentration. Cultured GOFs were stimulated with 1 nM M22, which is a maximally effective dose, or the half-maximally effective dose (EC_{med}) of M22, and cotreated with increasing doses of the small molecule TSHR antagonist ANTAG3 for 4 days. Total HA secretion was measured in the culture media. Data represent the mean of two donor cell strains plotted as percent HA levels relative to the 1 nM M22 maximal response [\[11](#page-5-0)]. **b** Combination treatment with

option and currently in phase I clinical trials (https:// Clinical Trials.gov/show/NCT02904330) [\[2](#page-5-1)[5\]](#page-5-6).

Recently, antigen-specific immunotherapies have been developed as an attractive treatment option for GD [\[2](#page-5-1)[6,](#page-5-3) [2](#page-5-1)[7](#page-5-7)]. Cyclic peptides that mimic one of the cylindrical loops of the leucine-rich repeat domain in the extracellular domain of TSHR have been studied and act via an immune-mediated mechanism to treat GH and TED [\[2](#page-5-1)[8,](#page-5-2) [2](#page-5-1)[9](#page-5-4)]. The hypothesis behind this approach is to generate a TSHR ectodomain immune hyposensitization that would specifically limit anti-TSHR autoantibody production [\[2](#page-5-1)[6\]](#page-5-3). This approach was shown to decrease disease manifestations in a mouse model of GD [[2](#page-5-1)[9](#page-5-4)].

Alternatively, T-cell epitope-derived linear peptides based on the sequence of the TSHR have been identified using immunized HLA-DR3 transgenic mice, which induce tolerance towards TSHR [\[30](#page-5-8)]. A first-in-human antigen-specific immunotherapy was conducted through immunization with TSHR peptide ATX-GD-59 [[2](#page-5-1)[7\]](#page-5-7). Ten patients with mild to moderate GH received treatment with ATX-GD-59 for 18 weeks. The serum TSHR antibody concentration was reduced after treatment and cor-

TSHR and IGF-1R antagonists on HA stimulation by purified GO-Igs efficiently inhibits TSHR/IGF-1R crosstalk. Cultured GOFs were stimulated with GO-Igs purified from the sera of 6 different donors in the absence (not shown) or presence of the half-maximally effective inhibitory concentration (IC_{50}) of the TSHR antagonist ANTAG3 or the IGF-1R-blocking antibody 1H7 or both. HA secretion was measured after 5 days. Inhibition with an IC_{50} dose of each antagonist separately is not complete; however, the combination of both antagonists at IC_{50} doses was additive [[11\]](#page-5-0).

related with changes in serum free thyroid hormone levels [[2](#page-5-1)[7](#page-5-7)]. This study suggests potential for ATX-GD-59 as treatment for GH, but it still must be determined whether it will also be effective for the treatment of TED.

We [[3](#page-5-8)[1](#page-5-0)–[3](#page-5-8)[4\]](#page-5-5) and others [\[3](#page-5-8)[5](#page-5-6)[–3](#page-5-8)[8](#page-5-2)] continue in attempts to develop small molecule, drug-like ligands as antagonists of TSHR signaling. Small molecule compounds have the advantages of oral bioavailability, a short to long half-life which broadens potential clinical applications and bioavailability, favorable pharmacokinetics, and lower production costs, which supports further development of this drug type. Small molecule antagonists bind to TSHRs at sites different from TSH; TSH binds to the extracellular domain of TSHR whereas these antagonists bind within the transmembrane domain. These antagonists do not inhibit GO-Ig binding to the extracellular TSHR domain but inhibit signal transduction from the extracellular to the intercellular domain by binding to the transmembrane domain of the receptor. An important advantage of these small organic molecule TSHR antagonists is their oral availability that would allow easier administration outside the clinic compared to antibodies that must be administered parenterally.

Small molecule TSHR antagonists have been extensively reviewed recently [\[3](#page-5-8)[9\]](#page-5-4), and therefore, we will focus on selected compounds. Latif et al. [[3](#page-5-8)[7](#page-5-7)] developed an indole-thiazole derivative named VA-K-14. This small molecule antagonist inhibited TSHR stimulation by GD patient sera and monoclonal-stimulating TSHR antibodies. VA-K-14 showed only slight selectivity towards the TSHR compared to luteinizing hormone receptor or follicle-stimulating hormone receptor, which are the receptors with the highest homology to TSHR within the seven transmembrane domain [[4](#page-5-5)0], in which the small molecule TSHR antagonists bind. Recently, Marcinkowski et al [\[3](#page-5-8)[8\]](#page-5-2). developed the TSHR antagonist S37. Its active enantiomer S37a is highly selective for the TSHR and does not antagonize luteinizing hormone receptor or folliclestimulating hormone receptor signaling. S37a inhibits cAMP production induced by TSH, the TSAb M22, and by polyclonal TSAbs from sera of patients with TED. Pharmacokinetic studies showed good bioavailability and tolerance of S37a in mice but an inhibitory effect of this antagonist in an in vivo model of GD or TED has yet to be demonstrated.

We have developed ANTAG3 (NCGC00242364) [[33](#page-5-8)], which is also selective for TSHR since it does not inhibit the signaling by luteinizing hormone receptor or folliclestimulating hormone receptor. ANTAG3 inhibits TSHR activation in mice in vivo [\[33\]](#page-5-8). This selective antagonist has been shown to be effective in inhibiting TSHR-mediated responses in an in vivo mouse model of thyroid gland stimulation by endogenous TSH. ANTAG3 inhibited the elevation in serum free thyroxine. Furthermore, ANTAG3 inhibited the increase in thyroperoxidase and sodium-iodide symporter mRNA expression caused by continuous administration of thyrotropin-releasing hormone [[33](#page-5-8)]. This was the first demonstration in an animal model of a TSHR-selective, small molecule antagonist that is effective in inhibiting thyroid gland stimulation suggesting that a small molecule TSHR antagonist like ANTAG3 could be used to treat GH. We have also shown that ANTAG3 at maximally effective doses can fully inhibit M22 stimulation of HA secretion by cultured GOFs indicating additional potential for the treatment of TED (Fig. 3a) [[11](#page-5-0)].

Combination Therapy with TSHR and IGF-1R Antagonists

As described above, TSHR/IGF-1R crosstalk allows for two pathways initiated by GO-Ig activation of TSHR, one IGF-1R-dependent and another IGF-1R-independent, to

Fig. 4. Model of inhibition of TSHR/IGF-1R crosstalk by targeting TSHR and/or IGF-1R. Activation of the TSHR by GO-Igs stimulates two signal transduction pathways – one that is independent of IGF-1R (dark gray arrow) and another that is dependent on IGF-1R, which is the crosstalk pathway (light gray arrows). The activated TSHR engages the IGF-1R in a signalosome that is scaffolded by β-arrestin 1 (β-ARR), and this crosstalk induces the synergistic increase in HA secretion. As TSHR and IGF-1R signal in concert in the pathogenesis of TED, therapeutic interventions that target both receptors may be desirable. In contrast to antigen-specific immunotherapies which use peptides of sequences in the extracellular domain of the TSHR, inhibitory TSHR antibodies (Abs) and small molecule TSHR antagonists directly target the TSHR and inhibit signaling. TSHR-blocking antibodies inhibit TSHR activation by binding to the extracelluar domain (ECD) of the TSHR thereby inhibiting GO-Igs from binding. Drug-like, small molecule TSHR antagonists bind to allosteric sites in the transmembrane domain (TMD) of TSHR and inhibit activation by hindering signal transduction through the TSHR from the extracellular to the intracellular domain which subsequently inhibits interaction of the receptor with G proteins and other intracellular signaling molecules. IGF-1R-inhibiting antibodies, like 1H7 and teprotumumab, bind to IGF-1R and inhibit IGF-1R crosstalk with TSHR. It is conceivable that a combination therapy with TSHR and IGF-1R antagonists may have therapeutic benefits as it could minimize drug side effects due to dose reduction and may compensate for any loss of anti-IGF-1R efficacy.

lead to maximal stimulation of HA secretion by GOFs. We showed that the small molecule, drug-like antagonist ANTAG3 was more effective in inhibiting GO-Ig-stimulated HA secretion than the IGF-1R-blocking antibody 1H7 [\[11\]](#page-5-0). This effect is expected as ANTAG3 inhibited both IGF-1R-dependent and IGF-1R-independent pathways whereas 1H7 was only partially inhibitory as it inhibited only the IGF-1R-dependent pathway. Based on these findings, we reasoned that we could increase the therapeutic index for this effect by lowering the doses of both antagonists when used in combination. In combina-

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tion, these antagonists exhibited Loewe additivity within the IGF1R-dependent component of the M22 biphasic concentration response in GOFs [\[11\]](#page-5-0). Similar additivity was observed in GOFs activated by GO-Igs from patients' sera (Fig. 3b). We suggest that combination therapy may be an effective strategy for dose reduction and/or may compensate for any loss of anti-IGF-1R efficacy (Fig. 4) [\[11\]](#page-5-0).

Concluding Remarks

We acknowledge the exciting findings of the humanized monoclonal anti-IGF-1R-blocking antibody teprotumumab as an effective treatment of TED [[1](#page-5-0)[4](#page-5-5)[–1](#page-5-0)[6\]](#page-5-3) and its current approval by the FDA. However, there are drawbacks to its use. As a therapeutic antibody, it must be administered parenterally necessitating a clinic visit. Also, as it only interferes with the IGF-1R-dependent pathway, it may lose efficacy in patients with high titers of GO-Igs that primarily activate the IGF-1R-independent pathway. TSHR-blocking antibodies will have to be administered parenterally also but should be more effective than teprotumumab as they will inhibit both IGF-1R-dependent and IGF-1R-independent pathways. As do blocking anti-

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bodies, small molecule, drug-like TSHR antagonists will inhibit both pathways. More importantly, they have the important advantage of oral administration without the need to attend a clinic. Thus, we and others continue to pursue the discovery/development of a small molecule, drug-like TSHR antagonist.

Disclosure Statement

Christine Carag Krieger, Susanne Neumann, and Marvin Carl Gershengorn have filed a patent pertaining to drug combinations targeting TSHR and IGF-1R (application No.: KS Ref. 4239-93897- 01, E-No. E-284-2008/1).

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Author Contributions

All authors have contributed significantly to the work, have read the manuscript, attest to the validity and legitimacy of the data and its interpretation, and agree to its submission.

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