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Polymorphisms in *Plasmodium falciparum* dihydropteroate synthetase and dihydrofolate reductase genes in Nigerian children with uncomplicated malaria using high-resolution melting technique

Adeyemi T. Kayode^{1,2}, Fehintola V. Ajogbasile^{1,2}, Kazeem Akano^{1,2}, Jessica N. Uwanibe^{1,2}, Paul E. Oluniyi^{1,2}, Philomena J. Eromon¹, Onikepe A. Folarin¹, Akintunde Sowunmi^{3,4}, Dyann F. Wirth⁵ & Christian T. Happi^{1,2,5}✉

In 2005, the Nigerian Federal Ministry of Health revised the treatment policy for uncomplicated malaria with the introduction of artemisinin-based combination therapies (ACTs). This policy change discouraged the use of Sulphadoxine-pyrimethamine (SP) as the second-line treatment of uncomplicated falciparum malaria. However, SP is used as an intermittent preventive treatment of malaria in pregnancy (IPTp) and seasonal malaria chemoprevention (SMC) in children aged 3–59 months. There have been increasing reports of SP resistance especially in the non-pregnant population in Nigeria, thus, the need to continually monitor the efficacy of SP as IPTp and SMC by estimating polymorphisms in dihydropteroate synthetase (*dhps*) and dihydrofolate reductase (*dhfr*) genes associated with SP resistance. The high resolution-melting (HRM) assay was used to investigate polymorphisms in codons 51, 59, 108 and 164 of the *dhfr* gene and codons 437, 540, 581 and 613 of the *dhps* gene. DNA was extracted from 271 dried bloodspot filter paper samples obtained from children (< 5 years old) with uncomplicated malaria. The *dhfr* triple mutant I₅₁R₅₉N₁₀₈, *dhps* double mutant G₄₃₇G₅₈₁ and quadruple *dhfr* I₅₁R₅₉N₁₀₈ + *dhps* G₄₃₇ mutant haplotypes were observed in 80.8%, 13.7% and 52.8% parasites, respectively. Although the quintuple *dhfr* I₅₁R₅₉N₁₀₈ + *dhps* G₄₃₇E₅₄₀ and sextuple *dhfr* I₅₁R₅₉N₁₀₈ + *dhps* G₄₃₇E₅₄₀G₅₈₁ mutant haplotypes linked with *in-vivo* and *in-vitro* SP resistance were not detected, constant surveillance of these haplotypes should be done in the country to detect any change in prevalence.

In 2005, the Nigerian Federal Ministry of Health (FMOH) revised the treatment policy for uncomplicated malaria with the introduction of artemisinin-based combination therapies (ACTs)¹. This treatment policy change discouraged the use of Chloroquine (CQ) and Sulphadoxine-pyrimethamine (SP) as the first-line and second-line treatment of uncomplicated falciparum malaria, respectively. However, SP continues to be used as an intermittent preventive treatment of malaria in pregnancy (IPTp) and seasonal malaria chemoprevention (SMC) in children aged 3–59 months in malaria-endemic countries including Nigeria^{2,3}.

¹African Centre of Excellence for Genomics of Infectious Diseases, Redeemer's University, Ede, Nigeria. ²Department of Biological Sciences, Redeemer's University, Ede, Nigeria. ³Institute of Advanced Medical Research and Training, College of Medicine, University of Ibadan, Ibadan, Nigeria. ⁴Department of Pharmacology and Therapeutics, University of Ibadan, Ibadan, Nigeria. ⁵Department of Immunology and Infectious Diseases, Harvard T.H. Chan School of Public Health, Boston, MA, USA. ✉email: happi@run.edu.ng

	Adamawa (n = 50)	Bayelsa (n = 45)	Imo (n = 82)	Kwara (n = 45)	Sokoto (n = 49)	All states (n = 271)
Gender						
Male/Female	28/22	29/16	43/39	30/15	30/19	160/111
Age (month)						
Mean (SD)	35.1(15.7)	35.3(15.8)	46.8(14.4)	36 (15.7)	31.4(16.8)	38.2(16.5)
Weight (Kg)						
Mean (SD)	12.1(3.5)	13.8(3.9)	16.2(2.8)	12.4(4.2)	9.9(3.2)	13.3(4.1)
Temperature (°C)						
Mean (SD)	38.3(0.6)	37.5(1.2)	36.9(4.2)	37.8(1.3)	37.6(1.3)	37.5(2.5)
Haematocrit (%)						
Mean (SD)	31(4.5)	29.5(5.4)	30.3(3.8)	32.3(6.5)	28.3(5.8)	30.3(5.2)
No. with anaemia	22	18	32	11	21	104
Mild	22	14	31	10	15	92
Moderate	0	4	1	1	6	12
Severe	0	0	0	0	0	0
Parasitaemia (μL^{-1})						
Geometric mean	16,493	10,304	20,359	33,072	4827	14,673
Range	2047–195,000	2052–109,040	2008–195,947	2071–198,200	2003–28,860	2003–198,200
No. $\geq 100,000$	5	2	10	13	0	30

Table 1. Demographic and clinical features of children with uncomplicated *Plasmodium falciparum* infection.

Providing evidence for the continued use of SP as IPTp and SMC in the context of SP resistance in Africa requires constant epidemiological surveillance of parasite resistance levels by monitoring polymorphisms in genes associated with SP resistance. Point mutations such as $S_{436}A$, $A_{437}G$, $K_{540}E$, $A_{581}G$ and $A_{613}T/S$ in dihydropteroate synthetase (*dhps*) gene and $N_{51}I$, $C_{59}R$, $S_{108}N$ and $I_{164}L$ in dihydrofolate reductase (*dhfr*) gene are observed to play significant roles in SP resistance^{4–6}. At a population level, the quintuple mutation in *P. falciparum* parasites, i.e., triple *dhfr* mutations of I_{51} , R_{59} , and N_{108} , plus double *dhps* mutations of G_{437} , and E_{540} ($I_{51}R_{59}N_{108}G_{437}E_{540}$) has also been strongly linked with reduced SP efficacy as IPTp, reduced parasite clearance ability in asymptomatic pregnant women and shortened post-treatment prophylactic activity^{7–9}.

Since the deployment of SP in Nigeria as IPTp in 2001¹⁰ and SMC in 2013¹¹, there have been various reports of these point mutations in both *dhfr* and *dhps* genes associated with SP resistance in various parts of the country^{11,12}. Reports of high prevalence of the triple mutant genotype of *dhfr* ($N_{51}I$, $C_{59}R$ and $S_{108}N$) in addition to the $A_{437}G$ mutation in the *dhps* gene is common in Nigeria¹³. However, occurrence of the quintuple *dhfr* + *dhps* mutation comprising of $N_{51}I$, $C_{59}R$ and $S_{108}N$ + $A_{437}G$ and $K_{540}E$ is scarce¹³.

The goal of this study was, therefore, to: (i) examine the current status of circulating *Dhfr* and *Dhps* haplotypes by describing polymorphisms in codons 51, 59, 108 and 164 of *Dhfr* and codons 437, 540, 581 and 613 of *Dhps* and (ii) estimate the prevalence of single, double, triple, quadruple and quintuple mutation⁴ in parasites present in the five (5) Nigerian States.

Results

Baseline demographics and clinical data. A total of 271 children from Adamawa (50), Bayelsa (45), Imo (82), Kwara (45) and Sokoto (49) states with uncomplicated falciparum malaria were considered in this analysis. Baseline characteristics of the children are shown in Table 1. Overall, 160 (59.04%) were male. Mean age of all children included in the study was 38.2 ± 16.5 months. Also, mean enrollment body temperature was 37.5 ± 2.5 °C, and 17 of the 271 children (4.4%) had hyperpyrexia (enrollment temperature > 40 °C). Overall geometric asexual parasitemia was 14,673parasite/ μL^{-1} (range: 2003–198,200).

Merozoite surface protein genotyping of *Plasmodium falciparum*. The family-specific polymorphic length markers of *msp-2* and *msp-1* were used for genotyping the *P. falciparum* in children considered for this study. In general, 180 (66.8%) children had polyclonal infections (Table 2). The mean complexity of infection (mCOI) for parasites across all population was 2.3. Allelic family distributions for both *msp-2* and *msp-1* per State is represented in Table 2. Overall, the 3D7 allelic family was the most amplified (50.7%) in the *msp-2* polymorphic marker while the K1 allelic family was the most detected (18.4%) *msp-1* polymorphic marker.

Polymorphisms in the *dhfr* gene. From the 271 children considered, 241 (88.9%), 245 (90.4%) and 219 (80.8%) were infected with parasites that harboured the mutant I_{51} , R_{59} and N_{108} alleles respectively. None of the children was infected with parasites harbouring the mutant L_{164} allele. Distribution of the mutant I_{51} , R_{59} and N_{108} alleles were significantly higher in polyclonal infections than in monoclonal infections ($p < 0.05$ for each allele). All isolates obtained from children enrolled in Imo State were infected with parasites that harboured only the mutant I_{51} and R_{59} alleles (Fig. 1a,b).

State	n	Clonality		Allelic family Distribution ^a										
				msp-2 (n = 213)			msp-1 (n = 223)					ALL		
		Poly	Mono	COI (range)	3D7	FC27	BOTH	K1	MAD20	RO33	K1 + RO33		K1 + MAD20	MAD20 + RO33
Adamawa	50	37	13	2.8 (1-4)	9	9	24	7	4	5	5	8	5	9
Bayelsa	45	38	7	2.5 (1-4)	18	6	19	4	2	1	2	21	2	8
Imo	82	40	42	1.7 (1-4)	46	10	5	16	20	18	1	2	3	0
Kwara	45	29	16	2.1 (1-5)	18	5	7	10	8	2	9	5	0	1
Sokoto	49	36	13	2.8 (1-5)	17	6	14	4	2	8	18	0	5	8
All	271	180	91	2.3 (1-5)	108	36	69	41	36	34	35	36	15	26

Table 2. Parasite clonality, Complexity of Infection and Allelic family distribution. ^aAll 271 samples were characterised using the polymorphic markers. Some samples were amplified using both polymorphic markers while some were amplified either by msp-2 or msp-1.

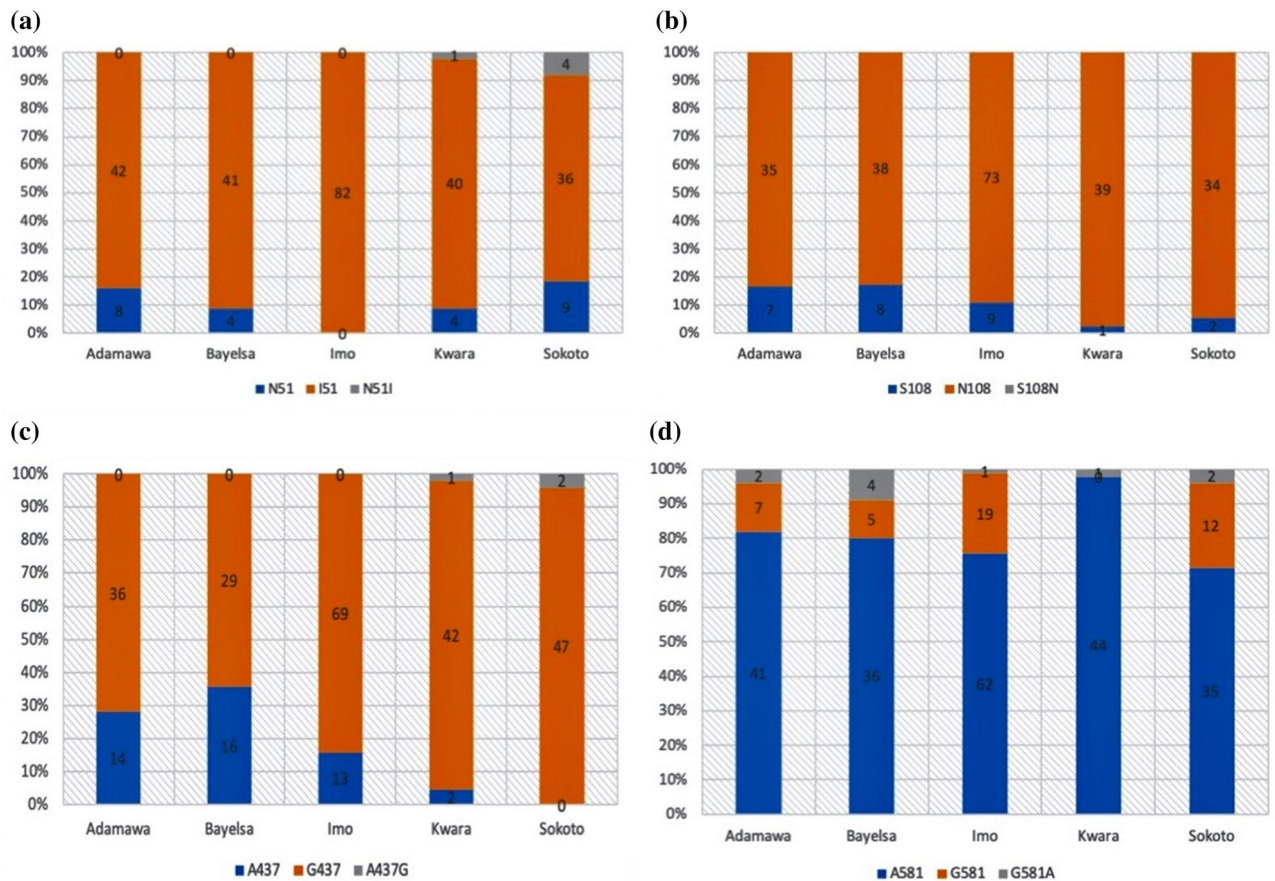


Figure 1. Bar charts showing frequencies of wild, mutant and mixed allelic infections in *dhfr* (a) Codon 51 (b) Codon 108 and *dhps* (c) Codon 437 and (d) Codon 581.

Polymorphisms in the *dhps* gene. From the 271 children considered, 223 (82.3%) and 45 (16.6%) were infected with parasites that harboured the mutant G₄₃₇ and G₅₈₁ alleles respectively. None of the children was infected with parasites that harboured the mutant E₅₄₀ and T/S₆₁₃ alleles. Distribution of the mutant G₄₃₇ and G₅₈₁ alleles were significantly higher in polyclonal infections than in monoclonal infections ($p < 0.05$ for each allele) (Fig. 1c,d).

***Dhfr* and *Dhps* haplotype frequencies and distribution.** Parasites harbouring the *dhfr* triple mutant I₅₁R₅₉N₁₀₈, double mutant I₅₁R₅₉, double mutant R₅₉N₁₀₈, and single mutant N₁₀₈ haplotypes were observed in 80.8%, 8.1%, 0.74% and 7.4% respectively of the 271 children considered (Fig. 2). The proportions of children with *dhfr* triple mutant I₅₁R₅₉N₁₀₈ and double mutant I₅₁R₅₉ haplotypes in Northern (Adamawa, Sokoto and Kwara) and Southern (Bayelsa and Imo) States was similar ($p > 0.05$). Conversely, the proportion of children with *dhfr* single mutant N₁₀₈ was significantly higher in Northern States versus the Southern States ($p > 0.05$).

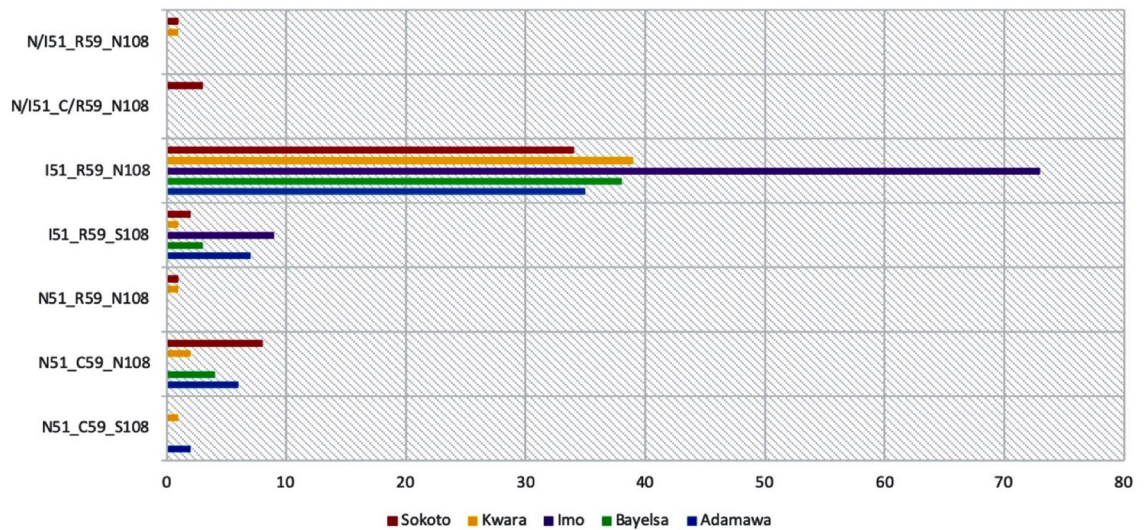


Figure 2. Bar chart showing the distribution of *dhfr* haplotypes in five Nigerian States. Red colour represents Sokoto State, Yellow represents Kwara State, Purple represents Imo State, Green represents Bayelsa State and Blue represents Adamawa State. The triple mutant haplotype $I_{51}R_{59}N_{108}$ was the most distributed in all five States.

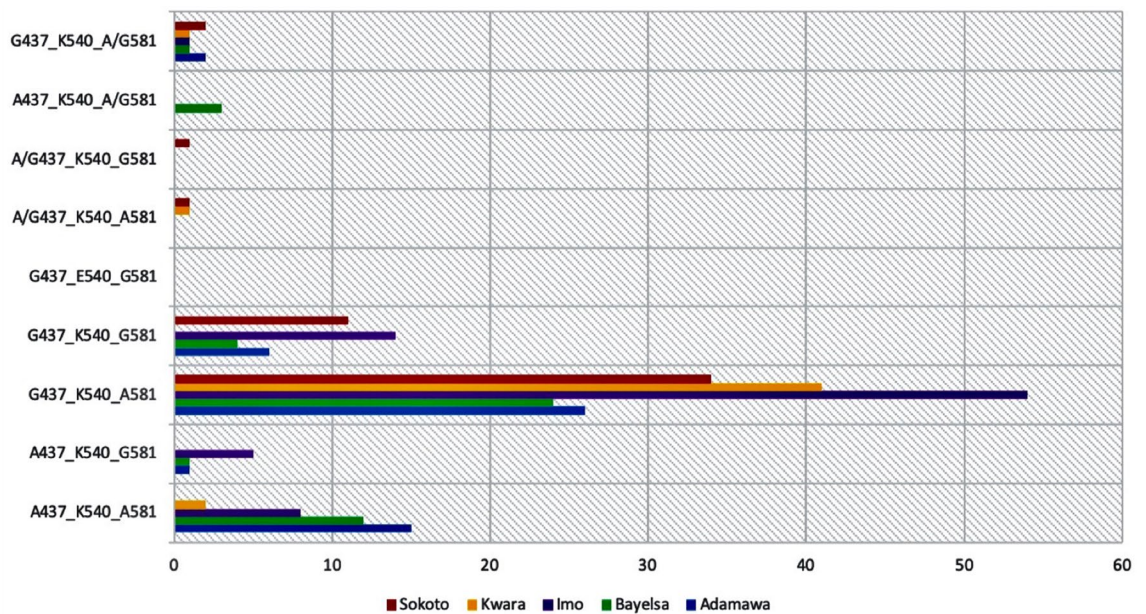


Figure 3. Bar chart showing the distribution of *dhps* haplotypes in five Nigerian States. Red colour represents Sokoto State, Yellow represents Kwara State, Purple represents Imo State, Green represents Bayelsa State and Blue represents Adamawa State. The single mutant haplotype $G_{437}K_{540}A_{581}$ was the most distributed in all five States.

Double mutant $R_{59}N_{108}$ haplotype was only recorded in two children from Kwara and Sokoto States (Northern States) (Fig. 2).

Parasites harbouring the *dhps* double mutant $G_{437}G_{581}$, single mutant G_{437} and single mutant G_{581} haplotypes were observed in 13.7%, 66.1% and 2.6% respectively of the 271 children considered (Fig. 3). There was no triple and quadruple *dhps* mutant haplotype because none of the isolates harboured mutant allele of *dhps* 540. There was no difference in the distribution of the double mutant $G_{437}G_{581}$ and single mutant G_{437} haplotypes in the Northern and Southern States ($p > 0.05$).

Prevalence of combined *dhps* and *dhfr* haplotypes. The prevalence of different alleles on *dhfr* and *dhps* genes when combined as single mutant haplotype (*dhfr* N_{108}), double mutant haplotype (*dhfr* $R_{59}N_{108}$), triple mutant haplotype (*dhfr* $I_{51}R_{59}N_{108}$), quadruple mutant haplotype (*dhfr* $I_{51}R_{59}N_{108}$ + *dhps* G_{437}), quintuple mutant haplotype (*dhfr* $I_{51}R_{59}N_{108}$ + *dhps* $G_{437}E_{540}$) and sextuple mutant haplotype (*dhfr* $I_{51}R_{59}N_{108}$ + *dhps* $G_{437}E_{540}G_{581}$)

Mutation	Haplotype	Adamawa (n=50)	Bayelsa (n=45)	Imo (n=82)	Kwara (n=45)	Sokoto (n=49)	Total (n=271)
Single (%)	<i>dhfr</i> N ₁₀₈	3 (6.0)	0	0	0	0	3 (1.1)
Double (%)	<i>dhfr</i> R ₅₉ N ₁₀₈	0	0	0	1 (2.2)	1 (2.0)	2 (0.7)
Triple (%)	<i>dhfr</i> I ₅₁ R ₅₉ N ₁₀₈	7 (14.0)	11 (24.4)	8 (9.7)	2 (4.4)	0	28 (10.3)
Quadruple (%)	<i>dhfr</i> I ₅₁ R ₅₉ N ₁₀₈ + <i>dhps</i> G ₄₃₇	19 (38.0)	19 (42.2)	47 (57.3)	35 (77.8)	23 (46.9)	143 (52.8)

Table 3. Prevalence of combine *dhfr* + *dhps* mutant haplotypes.

were considered (Table 3). Although most of the *dhfr* I₅₁R₅₉N₁₀₈ triple mutant haplotype was observed in polyclonal infections as only eight were observed in monoclonal infections, there was no significant difference in distribution based on clonality ($p > 0.05$) or location, i.e., Northern and Southern States ($p > 0.05$). The quadruple mutant haplotype was observed in 143 (52.8%) of the 271 children (Table 3). Eighty-three (58.0%) of the 143 were observed in polyclonal infections but there was no significant difference in the distribution of this haplotype based on clonality (polyclonal vs. monoclonal) ($p > 0.05$) or location, i.e., Northern and Southern States ($p > 0.05$). None of the 271 children was infected with parasites harbouring the quintuple mutation and sextuple mutation as the E₅₄₀ mutant allele was absent (Table 3).

Discussion

This study assessed the status of circulating *dhfr* and *dhps* haplotypes by describing polymorphisms on codons 51, 59, 108 and 164 of *dhfr* gene and codons 437, 540, 581 and 613 of *dhps* gene and estimated the prevalence of *dhfr* + *dhps* combined mutant haplotypes in 271 parasites obtained from children (< 5 years) children with uncomplicated falciparum malaria in Nigeria 10 years after treatment policy was changed to ACTs.

Polymorphism data from our study showed high prevalence of mutant I₅₁ (88.9%) and N₁₀₈ (80.8%) *dhfr* alleles and mutant G₄₃₇ (82.3%) *dhps* allele. Similar prevalence of these mutant *dhfr* and *dhps* alleles have been recorded in Nigeria^{11,13} and other West African countries^{14,15}. Although prevalence of these mutant alleles are generally high in West Africa¹⁶, lower prevalence (26.5–56.25) have been recorded in other West African countries^{4,17}. The exact reason for the difference in prevalence amongst these West African countries may be as a result of the varied use of SP in these countries¹⁸. Also, *P. falciparum* and other disease etiologies exist as co-infections in patients in these areas. It is equally plausible that the use of other sulpha-related drugs in the treatment of these co-infections may select for these mutations in the *P. falciparum* genome at varying levels¹⁹.

Sulfadoxine-pyrimethamine was previously used as weekly prophylaxis for malaria during which the mutant E₅₄₀ allele was recorded^{2,5}. However, our study which was conducted when the therapeutic use of SP had changed from weekly prophylaxis to IPTp and SMCs, showed the absence of the mutant E₅₄₀ allele. Similar trend has been observed in recent studies in Nigeria^{11,19}. The supposed disappearance of this mutant allele is perhaps, as a result of the reduced SP drug pressure in the country due to this treatment policy change.

Pearce et al.²⁰ stated the importance of measuring the frequency of haplotypes as against the prevalence of each point mutation separately as haplotypes are determinants of resistance levels. We observed a high frequency (80.8%) of the *dhfr* triple mutant haplotype (I₅₁R₅₉N₁₀₈) which suggests the persistent circulation of similar parasites as those reported in earlier studies post-ACT introduction^{11,12,18}. These parasites are probably selected for as a result of the SP drug pressure, as this drug was not completely withdrawn in the country but rather used as IPTp and SMCs till date. The use of drugs such trimethoprin sulfamethazole targeting *dhfr* genes in *Pneumocystis carinii* in an environment where malaria and HIV coinfections is common, could also be responsible for the selection of this haplotype in *Plasmodium falciparum* populations in Nigeria⁵. The occurrence of this mutant haplotype at such a high frequency is worrisome as such triple mutations in the *dhfr* gene has been associated with a 1.5- to threefold higher pyrimethamine resistance in vitro than I₅₁N₁₀₈ or R₅₉N₁₀₈ double mutations⁵. Thus, the efficacy of pyrimethamine as a partner drug in SP's use as IPTp and SMCs is threatened. Although the double *dhps* mutant haplotype (G₄₃₇G₅₈₁) was observed in our study (12.9%), the absence of the E₅₄₀ mutation in the *dhps* gene in combination with either the single mutant G₄₃₇ or double mutant G₄₃₇G₅₈₁ in this study is desired as the double mutant G₄₃₇E₅₄₀ haplotype is essential for sulfadoxine resistance⁵.

We also observed high levels of polyclonal infections in this study as most of the States considered had > 60% proportion of children with polyclonal infections. Further analysis of data revealed that the mutant *dhfr* (I₅₁, R₅₉ and N₁₀₈) and mutant *dhps* (G₄₃₇ and G₅₈₁) alleles were significantly higher in polyclonal infections than in monoclonal infections ($p < 0.05$ for each mutant allele). Also, the *dhfr* triple mutant I₅₁R₅₉N₁₀₈ haplotype was significantly higher in polyclonal infections ($p < 0.05$). These observations may be problematic as high levels of polyclonality is linked to increased parasite transmission and diversity. This may result in the increase in spread of these mutant alleles and haplotype within the country. This can jeopardise the use of SPs as IPTp and SMCs in Nigeria.

Unpublished *P. falciparum* microsatellite data²¹ confirmed the high intra-population diversity observed using the *msp-1* and *msp-2* polymorphic genes but also revealed low population differentiation in these parasites from the five parasite populations (Nigeria States). This suggests that, despite the high parasite diversity observed, parasites were genetically similar across the country. This may be responsible for the observed similarities in the distribution of the combined *dhfr* + *dhps* triple mutant haplotype (*dhfr* I₅₁R₅₉N₁₀₈; $p > 0.05$) and quadruple mutant haplotype (*dhfr* I₅₁R₅₉N₁₀₈ + *dhps* G₄₃₇; $p > 0.05$) in both Northern and Southern States of the country considered in this study.

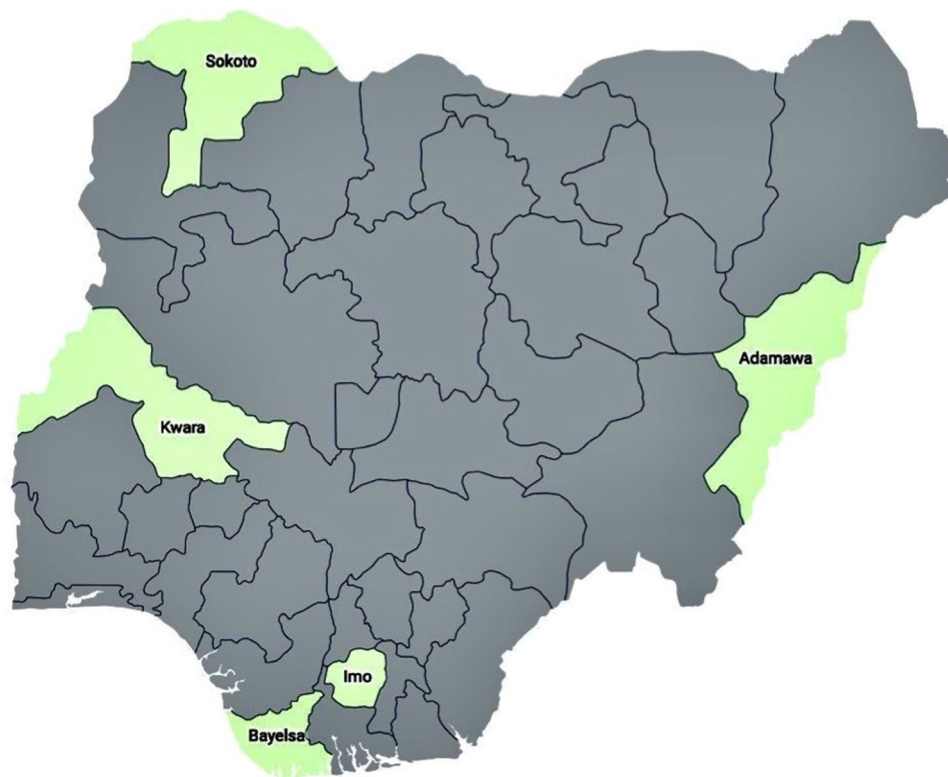


Figure 4. This map shows the States in Nigeria where analysed samples were obtained. These five States represent five of the six geopolitical zones in the country, i.e., North-West: Sokoto, North-East: Adamawa, North-Central: Kwara, South-South: Bayelsa and South-East: Imo. (Map generated using Datawrapper: <https://www.datawrapper.de>).

The quintuple mutant haplotype (*dhfr* I₅₁R₅₉N₁₀₈ + *dhps* G₄₃₇E₅₄₀) that was earlier reported (2005) in Nigeria⁵ was absent in this study. This is possibly due to the reduced SP drug pressure as a result of policy change from SP as second-line treatment of malaria to ACTs. Both the quintuple and sextuple mutant haplotypes have been strongly linked with *in vivo* and *in vitro* SP resistance²² in Southern and East Africa^{23,24} and their absence in this current study, is not only beneficial, but consistent with reports from other West African countries^{4,25}. Nevertheless, continuous monitoring for re-emergence of *dhfr* I₅₁R₅₉N₁₀₈ + *dhps* G₄₃₇E₅₄₀ and emergence of *dhfr* I₅₁R₅₉N₁₀₈ + *dhps* G₄₃₇E₅₄₀G₅₈₁ haplotypes should be maintained in the country to detect any change in the recorded prevalence. This would ensure that alternative control measures are rapidly put in place to prevent the spread of these haplotypes within the country, which if not checked, will lead to reduced efficacy of SP as IPTp and SMCs.

Methods

Study site. This study is part of a national drug therapeutic efficacy testing (DTET) study for monitoring antimalarial efficacies of artemether-lumefantrine (AL), artesunate-amodiaquine (AA) and dihydroartemisinin-piperaquine (DHP) in the treatment of acute uncomplicated falciparum infections in children under the age of five years. Samples considered for analysis in this study were obtained from five Nigerian States which were sub-classified into Northern region (Adamawa, Sokoto and Kwara States) and Southern region (Bayelsa and Imo States) (Fig. 4). These States are parts of sentinel locations for the National Malaria Elimination Program (NMEP) of the Federal Ministry of Health in Nigeria for the year 2014/2015 Drug Therapeutic Efficacy Testing (DTET) study²⁶.

Patients enrolment criteria and sample collection. Description of patient enrolment at sentinel locations was initially discussed in an earlier study²⁶. Two to three drops of finger-prick blood were blotted on 3 mm Whatman filter paper (Whatman International Limited, Maidstone, United Kingdom) before treatment (Day 0) and during follow-up on days 1–3, 7, 14, 21, 28, 35 and 42 post-treatment. Blood samples impregnated on filter papers were allowed to air-dry appropriately at room temperature and stored in airtight envelopes with silica gels.

DNA extraction. DNA was extracted from dry blood spot (DBS), i.e., blood impregnated filter papers of day 0 samples (before treatment) for the detection of polymorphisms of the drug resistance markers and to

determine parasite genetic diversity as previously described²⁷. A Qiagen DNA extraction kit (Qiagen, Hilden, Germany) was used to extract DNA from DBS, following the manufacturer's protocol. Briefly, a quarter of the DBS was used for extraction, and DNA content was eluted in a final volume of 60 µl with buffer AE.

Genotyping *Plasmodium falciparum* using the *msp-1* and *msp-2* gene. The polymorphic length markers *msp-2* and *msp-1* were amplified by nested PCR as previously described²⁸. The Glurp polymorphic marker was not considered in this study due to the low PCR amplification reported in Nigeria²⁹. PCR amplification was performed on a thermocycler (Eppendorf Vapo. Protect Mastercycler pro, Germany) in a final volume of 25 µl. Two per cent (2%) agarose gel was used for the resolution of PCR amplicons. The amplified products were sized against a 100-base pair (bp) DNA molecular weight marker (New England Biolabs, Beverly, MA) and visualised using a gel visualisation box (Syngene, UK). Interpretations were made based on the number of parasite clones present in a sample. Briefly, infections were defined as polyclonal if parasites from a single patient showed more than one allelic family or more than one amplicon fragment in a single allelic family of the gene. Infections were defined as monoclonal if an isolate had a single amplicon fragment in one allelic family and the other allelic family(ies) was (were) not amplified⁶.

High resolution melting drug resistance assay. High resolution melting (HRM) assay was performed as previously described³⁰. Briefly, the 10X primer–probe mix and reaction mix was prepared. One microliter of the quantified DNA sample was dispensed in PCR well containing 9.0 µl reaction mix. PCR cycling and melting conditions used were those described earlier³⁰. Standard software included with the instruments was used for unlabeled probe analysis to visualise melting peaks based on different melting temperatures, indicative of different base pairs, and compared with wild type and mutant controls to call alleles for both *dhfr* (Supplementary Figs. S1 and S2) and *dhps* (Supplementary Figs. S3 and S4) assays. Parasite genomic controls used in this study, i.e., 3D7, HB3, DD2 and Tm90C6B were graciously donated by BEI resources (MR4, BEI resources, USA).

Statistical analysis. Data were double-entered and analysed using version 6 of Epi-Info software and the statistical program SPSS for Windows version 20.0. Proportions were compared by calculating χ^2 using Yates' correction, Fisher's exact or Mantel Haenszel tests. Normally distributed, continuous data were analysed by Student's t-test and analysis of variance (ANOVA). Mann–Whitney *U* tests and the Kruskal Wallis tests (or by Wilcoxon ranked sum test) were used to compare data that did not conform to normal distribution. P values of <0.05 were taken to indicate significant differences.

Ethical approval

The study was conducted in accordance with the Declaration of Helsinki, and the protocol was approved by the National Health Research Ethics Committee, Federal Ministry of Health (FMOH), Abuja, Nigeria. Informed consent was obtained from parents and legal guardians of participants prior to enrollment in study.

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Author contributions

A.T.K., F.V.A., J.N.U., P.J.E.: Performed the experiment. A.T.K., K.A., P.E.O.: Analysed data. A.S.: Performed the clinical studies. A.T.K., K.A., O.A.F.: Wrote the manuscript. C.T.H., O.A.F., D.F.W.: Conceived and designed experiment. All authors contributed and agreed on the content of the manuscript.

Competing interests

The authors declare no competing interests.

Additional information

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Correspondence and requests for materials should be addressed to C.T.H.

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