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Neurological Manifestations of COVID-19 in Children: A Case of Facial Nerve Palsy



PEDIATRIC NEUROLOGY

Kaur and colleagues¹ presented a child with an unusual neurological presentation (longitudinally extensive transverse myelitis) following SARS-CoV-2 infection. Unlike acute presentations due to direct SARS-CoV-2 invasion of the central nervous system (i.e. encephalitis²), immune-mediated neurological symptoms may occur when the patient has already cleared the virus and has developed antibodies against it.

Facial nerve palsy has been reported as a possible complication of COVID-19.³ Its incidence increased during the pandemia both in adult⁴ and pediatric⁵ emergency departments; in affected patients, nasopharyngeal swabs tested negative for SARS-CoV-2, but serology has not been obtained.

We describe a 15-month-old girl with right peripheral facial nerve palsy without any other neurological signs. Serological tests for common infectious etiologies (herpes simplex virus 1, herpes simplex virus 2, varicella zoster virus, Epstein-Barr virus, cytomegalovirus, *Mycoplasma pneumoniae*, *Borrelia burgdorferi*) were negative. Magnetic resonance imaging showed enhancement of the intra-auricular tract of the right facial nerve.

Nasopharyngeal polymerase chain reaction for SARS-CoV-2 was negative, but serological testing revealed positive IgG antibodies. Remarkably, the patient and her family had earlier experienced mild respiratory symptoms, fever, anosmia, and ageusia, all of which recovered spontaneously. Our patient underwent a course of prednisone (1 mg\kg\day for six days followed by tapering) and subsequently achieved clinical resolution.

Along with other well-established infections that trigger facial nerve palsy, we propose to carry out both SARS-CoV-2 swab and serology testing because facila palsy could represent an immune-mediated neurological complication of COVID-19, similar to transverse myelitis and Guillain-Barrè syndrome.

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