

Available online at www.sciencedirect.com**ScienceDirect****Biomedical Journal**journal homepage: www.elsevier.com/locate/bj**Review Article****Exploring algae and cyanobacteria as a promising natural source of antiviral drug against SARS-CoV-2****Neha Sami, Rakhshan Ahmad, Tasneem Fatma***

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ABSTRACT

The present outburst of coronavirus-associated (SARS-CoV-2) acute respiratory disease coronavirus disease 19 (COVID-19) in December 2019 in Wuhan, China is the third recognised spill over due to the zoonotic transmission. SARS-CoVs are about 29.7 kb positive, single stranded (ss) RNA viruses that are considered as zoonotic pathogens, bat being their natural reservoirs and also shows transmission within humans. The rapidly increasing COVID-19 cases and need of best and efficient drug/vaccine/strategy to counteract the virus entry and its pathogenesis has made it a Herculean challenge for scientists. Synthetic drugs associated complications has attracted scientific attention for natural product-based drugs. Chemo-diversity of algae and cyanobacteria offers a novel approach and can be recognized as a relevant source for developing a future natural “antiviral drug”. The aim of this review is to highlight important features of SARS-CoV-2/COVID-19 and the antiviral compounds recognized in algae and cyanobacteria, with their mechanisms of actions. Algae possess both immunity improving capacity and suppresses many viruses. Thus, they can be recommended as a preventive and curative remedy against SARS-CoV-2.

Coronavirus (CoV) has caused two large-scale pandemics in the last two decades i.e. Severe Acute respiratory syndrome (SARS) and Middle East respiratory syndrome (MERS) [1]. An increasing number of patients with pneumonia occurred in Hubei province of Wuhan, China since December 2019, which has globally attracted attention [2]. World Health Organization

(WHO) has named the novel pneumonia as Corona Virus Disease 19 (COVID-19), where ‘CO’ stands for corona, ‘VI’ for virus, ‘D’ for disease and the epithet 19 symbolises the year of outbreak i.e. 2019 and declared it as the sixth “Public Health Emergency of International Concern” (PHEIC) on 30th January 2020 and a “Global Pandemic” on 11th March 2020 [3].

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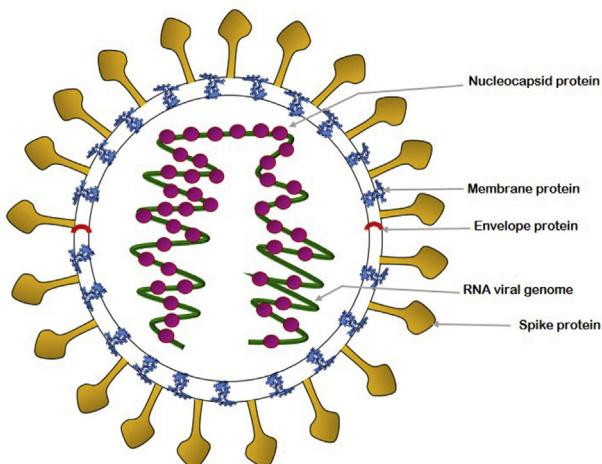


Fig. 1 Structure of SARS-CoV-2 virus.

Scientists have successfully isolated a novel coronavirus from human airway epithelial cells [Fig. 1] [4]. The high virulence of these viruses and the absence of effective therapies has posed an ongoing threat to the public health. The conventional one-bug-one-drug hypothesis is inadequate to discourse the challenge of emerging and re-emerging viral pathogens, and only few drugs are available at present to control the viral diseases [5]. Moreover, identification of targets is equally necessary to find highly specific drugs. Recently, Angiotensin-converting enzyme 2 (ACE2) expressing cells along with spike protein (S-protein) and non-structural proteins (nsp) have been identified as the target cells for neutralizing antibody and antiviral peptides that can prove to be the potential therapeutic target against SARS-CoV-2 [6]. Thus, the development of a broad-spectrum class of natural antiviral agents that bind to these specific targets is urgent in view of the global pandemic.

Algae and cyanobacteria are one of the richest sources of bioactive compounds that exhibit antiviral properties and are pharmacologically active [7]. Metabolites like flavanones, flavonols, and alkaloids are known to inhibit proteins like 3CLpro, Transmembrane Serine Protease 2 (TMPRSS2) and ACE2 involved in replication of COVID-19. Consequently, the antiviral compounds present in algae and cyanobacteria need to be explored to find the effective therapy for SARS-CoV-2. The present review discusses about the therapeutic potential of such compounds in details but to begin with, the classification and virology of SARS-CoV-2, its pathogenesis and associated symptoms of COVID-19 have been also briefly explained.

SARS CoV-2: virus behind the pandemic

Classification and nomenclature

The Coronaviridae Study Group (CSG) of the International Committee on Taxonomy of Viruses has placed the virus within the Coronaviridae and provisionally named it as 2019-nCoV [8] [Table 1]. The external subdomain of the 2019-nCoV

Table 1 Classification of SARS-CoV-2.

Realm	Riboviria
Order	Nidovirales
Sub-order	Cornidovirinae
Family	Coronaviridae
Sub-family	Coronavirinae
Genus	Betacoronavirus
Sub-genus	Sarbecovirus
Species	Severe acute respiratory syndrome-related coronavirus
Lineage	Lineage B

receptor-binding domain (RBD) share similarity with SARS and is closer to bat-SLCoVZXC21 and bat-SL-CoVZC45 at the whole-genome level. Since 2019-nCoV forms a sister clade to the prototype human and bat SARS-CoVs therefore it has been renamed as SARS-CoV-2 [9].

Virology and pathogenesis of SARS-CoV-2

SARS-CoV-2 is highly stable in the environment and can survive for at least 2–4 days in stool and on dry surfaces at room temperature [10]. It is an enveloped positive sense ss-RNA virus with genome size of approximately 30 kb that encodes structural, non-structural and accessory proteins [Table 2] [11].

Structural proteins include spike (S), envelope (E), membrane (M) and nucleocapsid (N) protein [Fig. 2]. The surface S-glycoprotein assures appropriate interactions between the virus and the host receptor during viral entry. The recombinant receptor binding domain (RBD) of S-protein specifically binds to ACE2 protein, mediates host cell invasion and initiates pathogenesis [12]. The binding efficiency is about 10–20 times higher in SARS-CoV-2 that results in its higher transmissibility and contagiousness. The other three structural proteins help in viral assembly.

Non-structural proteins include 3-chymotrypsin-like protease (3CLpro), papain-like protease (PLpro), helicase, and RNA-dependent RNA polymerase (RdRp) that play an important role in the viral life cycle [Table 3]. The virus releases its genome as ss-positive RNA that subsequently gets translated into polyproteins by the host cell translation machinery [13] [Fig. 3].

Table 2 Details about SARS-CoV-2 genome organization [13].

Region	Nucleotide length	Protein Formed
5' UTR	265	Non-coding region
ORF 1 ab gene	21290	ORF 1 ab poly-protein
S gene	3822	Spike glycoprotein
ORF 3a gene	828	ORF 3a protein
E gene	228	Envelope protein
M gene	669	Membrane protein
ORF 6a gene	186	ORF 6a protein
ORF 7a gene	366	ORF 7a protein
ORF 7b gene	132	ORF 7b protein
ORF 8a gene	193	ORF 8a protein
N gene	908	Nucleocapsid protein
ORF 10 gene	117	ORF 10 protein
3' UTR	229	Non-coding region

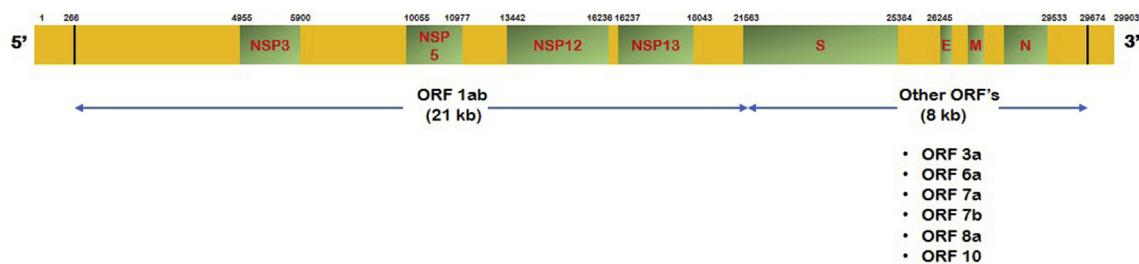


Fig. 2 Gene organization of SARS-CoV-2 virus.

The pathogenesis starts with evading the innate antiviral response, then, embracing the host metabolic apparatus, replicating proficiently inside host cell and consequently inducing cytolysis [14]. Acute respiratory distress syndrome (ARDS) is the common immuno-pathological event for the coronavirus infection and the principal cause of COVID-19 deaths. The main mechanism involved in ARDS is the cytokine storm syndrome (CSS) which is the deadly hysterical systemic inflammatory response generated in response to the release of massive pro-inflammatory cytokines [TNF- α , TGF β , IFN-(α , γ), IL-(1 β , 6, 8, 9 etc.)] and chemokines [CCL-(2, 3 and 5), CXCL-(8, 9 etc.)] by immune effector cells [15]. The immune system consequently triggers a vicious attack on the body by causing acute lung injury (ALI), cardiac injury, RNAaemia, sepsis and multiple organ failure [16].

Prominent symptoms of COVID-19

SARS-CoV-2 attacks the respiratory system, gastrointestinal system, central nervous system, kidney, heart and liver leading to multiple organ failure [4]. The general COVID-19 symptoms include mostly the upper respiratory infection, onset of fever, dry cough, myalgia, fatigue, dyspnea, abnormal leukocyte counts, increased amount of lactate dehydrogenase (LDH) and C-reactive protein (CRP) [10]. Additionally, some patients might also suffer from diarrhoea, vomiting, nausea, headache, dizziness and abdominal pain. The disease when severely progresses causes sepsis, sudden cardiac arrest, pneumonia with ARDS or ALI [11].

Therapeutic approach against COVID-19 till date

The strategies being used in the drug development focusses on two aspects i.e. modulating the host defense system and

targeting infectivity of virus. The former method involves blocking the signal transduction pathways in human cells that aids viral replication. The latter targets SARS-CoV-2 itself by inhibiting its RNA synthesis, replication (through acting on critical viral enzymes and blocking the virus binding to human cell receptors) or inhibiting its self-assembly. The most reliable therapy being used till date is remdesivir which has shown potent *in vitro* activity against SARS-CoV-2, but it is not US Food and Drug Administration (US FDA) approved. Chloroquine has also shown good activity *in vitro* but the cardiovascular toxicity concerns limit its use. Existing clinical proofs support the administration of “Angiotensin Receptor Blockers (ARB)” or ACE inhibitors in patients with COVID-19. However, the fear of development of the drug-resistant form creates a void in between the disease and its therapy. Moreover, reports from randomized clinical trials also hints that the available therapy fails to improve the condition of suspected or confirmed COVID-19 patients.

Thus, exploration of natural sources in perspective of producing new pharmaceutical tools and development of a broad-spectrum class of effective antiviral agent(s) against SARS-CoV-2 is an urgent need [17]. Algal-derived polysaccharides and lectins serve as potential antiviral agents. Herein, bioactivity of some important polysaccharides and lectins including carrageenan, galactans, nostoflan, cyanovirin, microvirin have been explained.

Antiviral activity of algal-derived polysaccharides

Algal polysaccharides are natural polymers that are nontoxic, cheap, biodegradable and biocompatible. They have been

Table 3 Proteins coded by SARS-CoV-2.

Region	Type of Protein	Protein	Functions
NSP 3		Papain like protease (PLPro)	<ul style="list-style-type: none"> • Proteolysis • INF Antagonist • Deubiquitination
NSP 5	Non-structural Proteins	3CL-protease (3CLPro)	<ul style="list-style-type: none"> • Proteolysis
NSP 12		RNA dependent Polymerase (RdRp)	<ul style="list-style-type: none"> • Viral replication and transcription
NSP 13		Helicase	<ul style="list-style-type: none"> • Viral replication
S		Spike protein	<ul style="list-style-type: none"> • Virus cell receptor binding
E	Structural Proteins	Envelope protein	<ul style="list-style-type: none"> • Virion Assembly
M		Membrane protein	
N		Nucleocapsid	

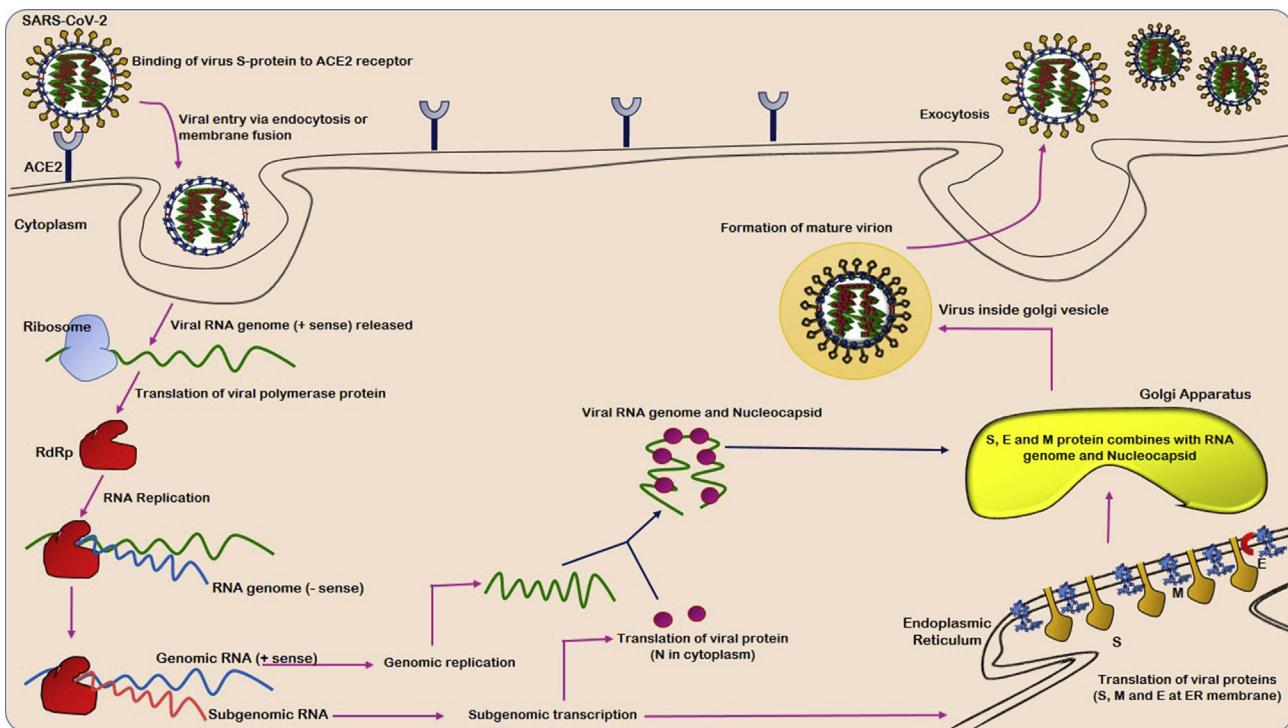


Fig. 3 Pathogenesis mechanism of SARS-CoV-2.

tested for their antiviral efficacy against many viruses including human immunodeficiency virus (HIV), dengue virus (DENV) etc. Thus, they have acquired importance in biomedical and pharmaceutical industries that can be further explored to develop drug molecules targeting SARS-CoV-2 [18].

Carrageenan

A sulphated polymer obtained from red algae such as *Chondrus*, *Gigartina*, *Hypnea* and *Eucheuma* that obstructs the entry of viruses by inhibiting their binding or incorporation into the host cells [19–21]. It hinders the replication of dengue virus in mosquito and mammalian cells. They are effective against a range of sexually transmitted human papillomavirus (HPV) that leads to cervical cancer and genital warts. In vivo studies have revealed that low molecular weight carrageenans (3, 5 and 10 kDa) exhibit considerable inhibitory effects against influenza virus [20,22]. The administration of a carrageenan nasal spray (Iota-carrageenan) also known as “super-shedders” increased viral clearance, reduced the duration of common cold disease and relapses and has proved to be an effective treatment of the common cold [23,24]. Kwon et al. [25] have reported that sulfated polysaccharides bind tightly to the S-protein of SARS-CoV-2 which suggests that they can act as decoys to interfere with S-protein binding to the heparan sulfate co-receptor in host tissues inhibiting viral infection. Sulfated polysaccharides from *Porphyridium* have been used as a coating material on the sanitary items and for the production of antiviral drugs [26]. Exopolysaccharides from *Porphyridium* along with carrageenan and sulfated polysaccharides inhibits the internalization or binding of virus on the host cells. Therefore, they reduce COVID-19 proliferation

and can prove to be a promising antiviral agent against respiratory viruses belonging to the coronavirus's family [27]. Recently, it has also been confirmed that iota-carrageenan is capable of inhibiting SARS-CoV-2 infection in Vero cell cultures (isolated from kidney epithelial cells extracted from African green monkey) [28].

Alginates

The natural polymers that contain linear copolymers of β -(1–4) linked D-mannuronic acid and β -(1–4) linked L-guluronic acid units, derived from brown algae like *Laminaria hyperborea*, *Laminaria digitata*, *Laminaria japonica*, *Ascophyllum nodosum*, and *Macrocystis pyrifera* [29]. Marine polysaccharide drug 911 derived from alginate significantly inhibit the acute infection of MT4 cells and the chronic infection of H9 cells with HIV-1 [30]. The drug inhibits the viral replication of HIV via significantly decrementing the activity of reverse transcriptase (RTase), discontinuing the virus adsorption, and improving the defense mechanisms of the host cells and inhibiting the virus replication by suppressing the activity of DNA polymerase activity [31–33]. The sulfated form of alginate i.e. sulphated polymannurogluronate (SPMG) inhibits HIV-1 infection through attachment of virus glycoprotein, gp120 with CD4 molecules on the surface of T-cells. It further blocks the virus replication and the syncytium formation between uninfected and infected cells [34].

Galactans

Red algae *Agardhiella tenera* produces extracellular polysaccharides with linear chains of galactoses that exhibit

antiviral potency against enveloped viruses including herpes simplex virus-1 and -2 (HSV-1 and HSV-2), DENV, HIV-1 and HIV-2, and hepatitis A virus (Hep A) virus. Like alginates, they also block the replication of the virus and the syncytium formation between uninfected and infected cells [35]. Three galactans polysaccharide fractions isolated from marine alga *Callophyllis variegata* have shown activity against HSV-1, HSV-2 and DENV-2 with considerable inhibitory effects along with low cytotoxicity [36]. The sulphated galactan isolated from *Schizymenia binderi* have been found to active against HSV-1 and HSV-2 with lowest cytotoxicity [37]. It has been reported that D, L-galactan hybrid C2S-3, extracted from the Brazilian marine alga *Cryptonemia crenulata* inhibits the multiplication of DENV-2 in Vero cell line [38]. Furthermore, it blocks the replication of HIV-1 and the syncytium formation between uninfected and infected cells as well [39].

Fucans

They are strong anionic high molecular weight polysaccharides found in brown algae. They have been classified into three major groups: glycuronogalacto fucans, fucoidans and xylofuco glycuronans. Sulphated fucans of brown seaweed species *Dictyota mertensii*, *Lobophora variegata*, *Fucus vesiculosus*, and *Spatoglossum schroederi* have been found to prevent HIV infection by blocking the activity of reverse transcriptase [40]. The fucan polysaccharide isolated from *Cladosiphon okamuranus* inhibits DENV-2 infection in baby hamster kidney cell (BHK-21) cell line [41]. The anti-influenza virus compound named MC26 (a new type of fucose polysaccharides), isolated from marine brown algae, *Sargassum piliferum*, exhibited a stronger anti-influenza virus activity with low cytotoxicity in vivo and in vitro as compared to the known active compounds [42]. Fucoidans isolated from several algal species such as *Adenocystis utricularis*, *Undaria pinnatifida*, *Stoechospermum marginatum* and *Cystoseira indica*, possesses both in vivo as well as in vitro antiviral potential against many RNA and DNA viruses like HSV-1 and HSV-2, dengue virus, and cytomegalovirus [43]. They block interaction of virus with the cells and inhibit syncytium formation [44].

Nostoflan

It is the acidic polysaccharide isolated from blue-green algae *Nostoc flagelliforme* [45] and possess antiviral activity against viruses having carbohydrates as cellular receptors. It exhibits potent antiviral activity against HSV-1, HSV-2, human cytomegalovirus and influenza A virus. It inhibits the initial stage of virus infection including the virus binding and internalization processes [46].

Calcium spirulan (Ca-SP)

It has been isolated from the hot water extract of *Spirulina platensis* that exhibits promising antiviral activity against HSV-1, HIV-1 and HSP-1. It inhibits the virus entry into the host cells and syncytium formation even at low concentrations [47].

Naviculan

A sulphated polysaccharide isolated from *Navicula directa* that is composed of galactose, xylose, rhamnose, fucose, mannose and sulphate [48]. It has shown novel antiviral activities against HSV-1, HSV-2 and influenza A virus. It inhibits fusion between the cells that express CD4 receptor and HIV gp160-expressing HeLa cell line [49].

A1 and A2 polysaccharide

The extracellular sulphated polysaccharides isolated from marine microalga *Cochlodinium polykrikoides* that inhibit influenza type-A and type-B virus in MDCK cells, respiratory virus types-A and B in Hep-2 cells, immunodeficiency virus type-1 in MT-4 cells. Inhibition of viral activity is suggested by its potential to reduce blood coagulation [50].

Laminarin

Brown seaweeds like *Laminaria japonica*, *Ecklonia kurome*, *Eisenia bicyclis* produce two types of laminarin i.e. one made of glucose residues while the other terminated by D-mannitol residues [51]. Both possess great antiviral activity and are biocompatible. It prevents adsorption of HIV reverse transcriptase [52].

p-KG03

The sulphated exo-polysaccharide p-KG03, produced by marine microalga *Gyrodinium impudicum*, exhibits unique antiviral activity against encephalomyocarditis virus (EMCV) without showing any toxic effects on HeLa cells. In addition, p-KG03 also inhibit influenza A virus replication by targeting mainly the viral adsorption and incorporation steps [53,54].

Sea algae extract (SAE)

A member of carrageenan isolated from *Schizymenia pacifica* (red algae) that impedes the function and replication of reverse transcriptase in avian retrovirus (avian myeloblastosis virus) and mammalian retrovirus (Rauscher murine leukemia virus) [55,56].

Antiviral activity of algal-derived lectins

Lectins are the class of proteins that bind reversibly to viral receptors in non-covalent and highly specific manner. They counteract several viruses including HIV which makes them possible drug for drug development [57].

Cyanovirin

Lectin isolated from *Nostoc ellipsosporum* that consist of 101 amino acids and has a molecular weight of 11 kDa. It efficiently binds to the envelope glycoprotein (gp120) and inhibit many viruses including HIV-1, HIV-2, simian immunodeficiency virus (SIV) and feline immunodeficiency virus [58].

Cyanovirin acts once the virus-cell attachment is complete or after CD-4 binding step in the entry process [59,60].

Microvirin

Microcystis aeruginosa produces microvirin which is composed of 108 amino acids and is more than 50-fold less toxin than cyanovirin. It does not increase the level of activation markers such as CD25, CD69 and HLA-DR in CD4⁺ T lymphocytes [61]. It inhibits syncytium formation between HIV-1 infected T cells and uninfected CD4⁺ T cells.

Griffithsin

The lectin isolated from marine red algae *Griffithsia* sp. and is considered to be the most considerable HIV inhibitor till date [62]. It is made up of 120 amino acids and shows anti-HIV activity with IC₅₀ in the picomolar (pm) range. Griffithsin binds to the HIV envelope protein gp120 and inhibits viral infection [63,64]. It is also known to inhibit hepatitis C Virus (HCV) infection of mice having human primary hepatocytes in the liver and prevents *in vitro* HCV infection of Huh-7 hepatoma cells [65]. It binds to the HCV envelope glycoproteins (E1 and E2) and block entry of virus into human hepatocytes [66,67]. Moreover, it has been further observed that griffithsin protects mice infected with genital HSV-2 as well and prevent cell-to-cell spread with no significant adverse effects [68].

Griffithsin is also known to prevent SARS-CoV infection through specific binding to the S-protein. These inhibitory effects gets accompanied with a specific inhibition of deleterious host immune reactions in response to SARS [69]. MERS-CoV gets inhibited at the entry level by griffithsin to prevent infection *in vitro* [70].

Scytovirin

Scytonema varium produces a 95-amino-acid lectin called scytovirin that is active against multiple viruses, including HIV, Zaire ebolavirus, Marburg virus, and SARS-CoV [71,72]. Subcutaneous administration of scytovirin (30 mg/kg/day) for every 6 h to the ebola virus infected mice resulted in survival of 9 out of 10 animals [73]. Scytovirin binds with high affinity to mannose-rich oligosaccharides on the envelope glycoprotein, blocking entry into target cells.

Other lectins (KAA-2, BCA)

Red algae *Kappaphycus alvarezii* and green alga *Boodlea coacta* synthesizes high mannose-specific lectin, KAA and agglutinin, BCA respectively that inhibit infection of multiple influenza strains like the pandemic H1N1-2009. They interfere with the viral entry into host cells upon direct binding of hemagglutinin (HA) on the viral envelope [74,75].

Allophycocyanin

Blue green algae *S. platensis* allophycocyanin neutralizes enterovirus 71-induced cytopathic effect in human rhabdomyosarcoma cells and African green monkey kidney cells. It

delay viral RNA synthesis and subside the apoptotic process along-with DNA fragmentation, decrease in membrane damage and declining cell sub-G1 phase [76].

Pheophorbide like compounds

Ethanol extract of the marine green algae *Dunaliella primolecta* contain pheophorbide like compounds that inhibit cytopathic effect of HSV-1 during its adsorption and invasion into the host cells [77].

Phlorotannins (6,6'-bieckol)

Ecklonia cava produces phlorotannins that inhibit syncytia formation, lytic effects and viral p24 antigen production both *in vitro* and *in vivo* [78]. It has shown potent inhibition of HIV-1 reverse transcriptase enzyme [79].

Conclusions

Novel infectious diseases resulting from RNA viruses will continue to be a serious global health threat. Despite two former major outbreaks of coronavirus infections i.e. the SARS and MERS, the world is still underprepared to effectively manage the current COVID-19 pandemic outbreak. A rigorous effort to develop effective drugs and vaccines against existing and potential future coronavirus infections and other highly pathogenic virus outbreaks is essential to reduce devastating impacts on human life and global healthcare systems. Clinical drug development is too costly and a strenuous process, so there is a need to develop relatively broad-spectrum natural antiviral drugs. Algae and cyanobacteria are the fruitful reservoir of many metabolites like sulfated polysaccharides, lectins, etc. that possess strong antiviral activities and immunity boosting effects. Therefore, these natural resources should be screened thoroughly as there is enormous probability of getting novel compounds that can inhibit SARS-CoV-2.

Success stories

Till date, there are two scientific groups actively involved in developing algae-based edible vaccines for SARS-CoV-2. The first group belong to the Laboratory of Photosynthesis and Bioenergy of the Department of Biotechnology at the University of Verona, Italy. They have adopted two approaches i.e. nuclear transgenesis and chloroplast transformation to introduce a DNA sequence corresponding to the receptor-binding domain of SARS-CoV-2 S-protein in single-celled alga *Chlamydomonas reinhardtii* that resulted in production of antibodies. The algae has been lyophilized and encapsulated to develop an oral vaccine against SARS-CoV-2 [80].

Similar work has been done by the Biotech Company, TransAlgae. They also genetically modified algae, *C. reinhardtii* to produce oral vaccine for SARS-CoV-2. If contamination is prevented then it is possible to accumulate up to 1 mg of the recombinant antigen for each gram of biomass of dried algae. Subsequently, the dehydrated/lyophilized algae can be encapsulated to generate an “oral vaccine.” The cell wall from

the dry algae protects the antigens from the harsh acidic and protease-rich gastric environment, enabling the bioactive molecule to reach the intestinal immune system where it can stimulate cellular and humoral responses, hopefully, leading to effective immunization [81].

Future scope

Prevention is better than cure hence the fight against novel coronavirus needs immediate and well-planned strategies. The governments can supply raw algae powders/capsules to improve immunity of individuals that will prevent the viral infection. It is worth mentioning that the recombinant antigen obtained from genetically modified algae can prove to be a boon as it can be dried out and used directly, saving the cost incurred on extraction and purification. Further, the algal cell wall protects the antigen for longer periods without any loss in its efficacy. This will certainly help developing countries that face the problem of storage and transportation of vaccines. Genetic modification of algae will make the vaccine development easy but further research is needed to develop strategies that can inhibit the recurrence of these viral diseases.

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Author contributions

All authors have contributed to the manuscript. All authors have revised, edited and approved the final manuscript.

Conflicts of interest

The authors declare no conflict of interest. No conflicts, informed consent, or human or animal rights are applicable to this study.

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