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Over-expression of MEG3 promotes differentiation of bone marrow mesenchymal stem cells into chondrocytes by regulating miR-129-5p/RUNX1 axis

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ABSTRACT

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This study explored the role of MEG3 in the cartilage differentiation of bone marrow mesenchymal stem cells (BMSCs). We investigated the effects of over-expression and knockdown of MEG3 on cell viability, cell differentiation, and the expressions of MEG3, miR-129-5p, COL2, chondrocyte differentiation-related genes (sry-type high-mobility-group box 9 (SOX9), SOX5, Aggrecan, silent information regulator 1 (SIRT1), and Cartilage oligomeric matrix protein (COMP)). The targeting relationship between MEG3 and miR-129-5p and the target gene of miR-129-5p was confirmed through Starbase, TargetScan and luciferase experiments. Finally, a series of rescue experiments were conducted to study the regulatory effects of MEG3 and miR-129-5p. BMSCs were identified as CD29⁺ and CD44⁺ positive, and their differentiation was time-dependent. As BMSCs differentiated, MEG3 expression was up-regulated, but miR-129-5p was down-regulated. Over-expressed MEG3 promoted the viability and differentiation of BMSCs, up-regulated the expressions of COL2 and chondrocyte differentiation-related genes, and inhibited miR-129-5p. Runt-related transcription factor 1 (RUNX1) was negatively regulated as a target gene of miR-129-5p. Results of rescue experiments showed that the inhibitory effect of miR-129-5p mimic on BMSCs could be partially reversed by MEG3. Over-expression of MEG3 regulated the miR-129-5p/RUNX1 axis to promote the differentiation of BMSCs into chondrocytes. This study provides a reliable basis for the application of IncRNA in articular cartilage injury.

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Introduction

Articular cartilage is a kind of cartilage tissue composed of chondrocytes and matrix covering joint surface. It plays an important role in buffer-

- 30 ing stress, absorbing shocks, lubricating joint surface, and reducing wear [1]. However, articular cartilage tissue lacks blood supply, and once damaged, it is difficult to heal. Violent squeezing or tearing, long-term high-load exercise, and joint
- 35 degeneration may cause cartilage defects [2]. With the multidisciplinary development of biology in recent years, great progress has been made in repairing articular cartilage defects by treatment methods including mechanics and materials
- 40 science, closed treatment, surgical treatment, transplantation [3,4]. However, the development of the treatment has been severely limited due to insufficient supply of autologous chondrocytes,

damage at donor site, and immunogenicity, and so far, an effective treatment for patients has not 45 been achieved yet [5,6].

Bone marrow mesenchymal stem cells (BMSCs) have the self-proliferation ability and the potential of multi-directional differentiation [7]. They are easy to obtain from sufficient sources. They can 50 be differentiated into chondrocytes under specific conditions, and can be fused with the subchondral bone plate better after transplantation [8]. Ground fusion is an ideal seed cell for tissue engineering cartilage [9,10]. Chondrocytes in vivo are differen- 55 tiated from mesenchymal stem cells, while in vitro differentiation further needs the induction of factors. Common growth factors that can induce BMSCs to differentiate into chondrocyte cell lines are BMPs, IGF1, FGFs, and TGF- β [11–13]. 60 However, with limited inducing effects, they cannot effectively synthesize cartilage matrix and

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maintain chondrocyte phenotype. At the same time, there is increasing evidence that non-65 coding RNAs are involved in regulating the chon-

drocyte differentiation of BMSCs [14,15]. Long noncoding RNA (lncRNA, length > 200nucleotides) is a type of noncoding RNA that has strong tissue (cell) expression specificity and reg-

- 70 ulates the growth and development of various cells such as single-cell eukaryotes, embryonic stem cells, and adult stem cells [16]. Studies have shown that abnormal expression or function of lncRNA is closely related to cartilage development
- and articular cartilage diseases [17]. LncRNA 75 ROCR promotes human cartilage formation by up-regulating the expression of SOX9 [18]; DANCR has been shown to promote the proliferation and differentiation of chondrocytes in
- patients with osteoarthritis by regulating miR-577 80 and its downstream targeting gene SphK2 [19]; LncRNA PVT1 regulates chondrocyte apoptosis in osteoarthritis by acting as a sponge for miR-488-3p [19]. MicroRNAs (miRNAs), which are
- 85 also non-coding RNAs, have also been found to play an important regulatory role in chondrocyte regeneration and the pathogenesis of osteoarthritis. LncRNA, mainly as a competitive factor of miRNA, plays a significant regulatory role in
- chondrocyte proliferation and apoptosis through 90 multiple signaling pathways [20]. Thus, we focused on the functional interactions between lncRNA and miRNA in BMSCs.

Maternally Expressed Gene 3 (MEG3) is located 95 at human chromosome 14q32.3 and encodes an lncRNA with a length of about 1.6 kb [21]. Much literature has reported that lncRNA MEG3 is a typical tumor suppressor gene, which can inhibit the proliferation ability of cancer cells, and may

- 100 play a role through the tumor suppressor p53 [-22-24]. In addition, MEG3 is found to be involved in angiogenesis and myocardial fibrosis [25,26]. Studies have shown that MEG3 may be vital in bone and joint diseases. As a competitive endo-
- genous RNA (ceRNA) of miR-93, MEG3 relieves 105 the inhibitory expression of TGFβ-R2 in chondrocytes and then activates the TGF- β signal pathway, and regulates IL-1β-induced degradation of chondrocyte ECM in chondrocytes [27]. It also

regulates cartilage differentiation by inhibiting 110 methyltransferase EZH2-regulated H3K27me3 and down-regulating TRIB2 expression [28]. It was suggested that MEG3 promoted osteogenic differentiation of MSCs in patients with multiple myeloma [29]; One recent study also reported 115 similar osteogenic effects of MEG3 on human adipose stem cells (hASCs) by regulating the balance between adipogenesis and osteogenic differentiation of hASCs [30]; However, another study revealed that MEG3 inhibited osteogenic differen- 120 tiation of BMSCs by regulating miR-133a-3p [31]. In this study, we searched the Starbase database and found that miR-129-5p has a targeting relationship with MEG3, yet the role of MEG3 in cartilage differentiation of BMSCs has not been 125 reported. Therefore, we explored the effect and mechanism of MEG3 on chondrocyte differentiation under the induction of BMSCs.

Materials and methods

Experimental rat feeding

Ten 6-week-old male SPF Sprague-Dawley (SD) rats $(200 \pm 10 \text{ g})$ were purchased from Beijing Charles River Co., Ltd. All experimental animals were kept in Shanghai Changzheng Hospital SPFlevel experimental animal centers (temperature 135 22 \pm 1 °C, humidity 55 \pm 5%). The experimental rats had free access to water and food. All animal experiments have been approved by the Shanghai Changzheng Hospital Animal Ethics Committee (approval number: 201809018GK). 140

Extraction of BMSCs

After acclimatization for three days, the SD rats were injected with normal saline containing 1% sodium pentobarbital (P3761-25 G, Sigma, USA) at a dose of 50 mg/kg. After limb muscle reaction 145 disappeared, the rats were fixed on the operating table in the supine position. The lower limbs of the rats were thoroughly disinfected with iodophor after the hair of the limbs were removed as much as possible. Then the bilateral femurs of the rats 150 were removed surgically. Next, the dried red bone marrow was collected with a syringe and quickly

transferred to a clean bench under aseptic conditions. After that, the bone marrow was added with

- 155 IMDM medium (IMP05, CAISSON, USA) containing 20 μ /ml heparin (H104201, Aladdin, China), and then fully resuspended and placed in a centrifuge tube. After centrifugation at 1000 xg for 10 minutes, differentiated BMSCs (CM group)
- 160 were added to the cartilage differentiation medium (CM, 7551, ScienCell, USA) and pipetted, while undifferentiated (Undiff) BMSCs were treated with DMEM (C11995500BT, Gibco, USA). The concentration of the obtained cell suspension was
- 165 adjusted to 8×10^5 /ml. The cells were inoculated in a culture flask and cultured in a 5% CO₂, 37°C incubator. The medium was renewed every two days. One hundred µl of the cells were fixed with 4% paraformaldehyde for 30 minutes on day 0, 14
- 170 and 21 of culture, and cell morphology was observed using a CKX53 OLYMPUS inverted microscope (Japan).

Identification of BMSCs by fluorescence activating cell sorter (FACS)

- 175 Second generation BMSCs were first digested with 0.25% trypsin-EDTA (25200–072, Gibco, USA) to make a single cell suspension. After being washed and centrifuged, the cells were added with PBS and adjusted to a concentration of 1×10^6 /ml. Then,
- 180 100 μ l of cells were transferred to three EP tubes. Next, FITC-labeled CD29 (Catalog No. 561796, BD Biosciences, USA), CD44 (Catalog No. 550974, BD Biosciences, USA), and CD34 (PA5-85917, Invitrogen, USA) antibodies were added to
- 185 label the cells. After incubation for 1.5 hours at room temperature in the dark, the cells were transferred to a FACSCalibur cytometer (Catalog No. 342975, BD Biosciences, USA) and analyzed using CellQuest software (BD Biosciences, USA).

190 Assessment of cell differentiation by Alcian blue staining

Alcian Blue staining is mostly used for cartilage or chondrocyte-like staining because it can bind to proteoglycans in chondrocytes. Usually, the 195 nucleus is stained blue, and light blue secretory

granules are distributed in the cytoplasm. We evaluated the degree of cell differentiation on day 0, 14, and 21 by Alcian blue staining. In brief, the cells were washed with PBS, and then fixed with 4% paraformaldehyde at room temperature for 200 30 minutes. After rinsing the cells with PBS, 0.1% concentrated hydrochloric acid (M055795, MREDA, China) was added to the cells for 5 minutes (room temperature). Then the cells were added with 1% Alcian blue stain (CA1431, 205 Coolaber, China) and incubated at room temperature overnight. The next day, the cells were rinsed 3 times (5 minutes/time) with 0.1% concentrated hydrochloric acid. Finally, the degree of chondrocyte differentiation was observed and recorded 210 using a microscope.

Total RNA extraction and quantitative real time-polymerase chain reaction (qRT-PCR)

After the BMSCs to be detected were washed with PBS, total RNA was extracted from the cells with 215 1 ml of Trizol reagent (15596-018, Invitrogen, USA) and centrifuged thoroughly. Afterward, the supernatant was transferred to an EP tube without RNase. Then, total RNA extraction was continued by adding chloroform, isopropanol, and ethanol 220 into the cells. The RNA precipitate was finally dissolved in DEPC water, and its concentration was measured using a UV spectrophotometer (YQ1633128263, Thermo, USA). Next, the total RNA was reverse transcribed into cDNA that 225 could be used for qRT-PCR. Reverse transcription was performed using a k1622 Revert Aid First Strand cDNA Synthesis Kit (ThermoFisher, USA), an All-in-One[™] miRNA First-Strand cDNA Synthesis Kit (QP014, GeneCopoeia, USA), and 230 TaqMan[®] Universal PCR Master Mix (4304438, ABI, USA), given that different mRNAs were to be detected. The qRT-PCR reaction system was set as follows: 2 µl of cDNA (10-fold dilution), 2 µl of primers, 6 µl of DEPC water, and 10 µl of SYBR 235 reagent (04913914001, Roche, Switzerland), and the system was added to a 96-well plate in the dark. The detection conditions of Veriti[™] 96-Well Fast Thermal Cycler (4375305, ThermoFisher, USA) were set as follows: pre-denaturation at 95° 240 C for 10 minutes, denaturation at 95°C for 15 seconds, annealing at 60°C for 1 minute, for a total of 40 cycles. The mRNA level of the detected gene was expressed as $2^{-\Delta\Delta CT}$ [32]. The primers used in

- 245 this study were provided by Shanghai Sangon Biotech Company and their sequences were listed as follows: LncRNA MEG3-F, 5'-TTGCAACCCTCCTGGAATAG-3', and LncRNA MEG3-R, 5'-AGTCTTGGGTCCAGCATGTC-3';
- 250 miR-129-5p-F, 5'-TGCGTCGTATCCAGTG CAAT-3', and miR-129-5p-R, 5'-GTCGTATC CAGTGCGTGTCG-3'; Runt-related Transcription Factor 1 (RUNX1)-F, 5'-GGCAGGACGAATCACACTGA-3', and
- 255 RUNX1-R, 5'-TGGCATTTCGGGGGTTCTCG-3'; Type II collagen (COL2)-F, 5'-CTCCCAGAACATCACCTACCAC-3', and COL2-R, 5'-CCATCCTTCAGGGCAGTGTA-3'; SRY-related high-mobility-group box 9 (SOX9)-F,
- 260 5';-TCTACTCCACCTTCACCTACAT-3', and SOX9-R, 5'-CTGTGTGTAGACGGGTTGTT-3', SRY-related high-mobility-group box 5 (SOX5)-F, 5'-GGGGAGACAGATGGAGAGGT-3', and SOX5-R, 5'-GTGGGCTGTTTGTGCTCTTG-3';
- 265 Aggrecan-F, 5'-GTTGTATTCCACTACCGCCCG -3', and Aggrecan-R, 5'-TCACACTGCT CATAGCCTGCC-3'; silent information regulatory factor 1 (SIRT1)-F, 5'-CAAAGGAGCA GATTAGTAGGCG-3', and SIRT1-R, 5'-
- 270 CTCTGGCATGTCCCACTATCAC-3'; cartilage oligomer matrix protein (COMP) -F, 5' TCCCTGTGCCTACACACACACA-3', and COMP R, 5'-CCCCTACGGCACCACAATAG-3'; Glyceraldehyde-3-phosphate dehydrogenase
- 275 (GAPDH)-F, 5'-GATGCTGGTGC TGAGTATGRCG-3', and GAPDH-R, 5'-GTGGTGCAGGATGCATTGCTCTGA-3'; β-actin
 -F, 5'-CTCCATCCTGGCCTCGCTGT', andβactin -R, 5'- GCTGTCACCTTCACCGTTCC -3';
 280 RNU48-F, 5'- TGATGATGACC
- CCAGGTAACTCTGAGTG -3', and RNU48-R, 5'- GTCAGAGCGCTGCGGTGATGGCATCAGC -3'; U6-F, 5'-TCTGCTCCTATCCCAATTACCTG -3', and U6-R, 5'-ACTCCCGGATCT 285 CTTCTAAGTTG-3'. GAPDH, β-actin, RUN48
 - and U6 were applied as internal controls for mRNA and miRNA, respectively [33,34].

Adenovirus plasmid construction

In order to prepare adenoviral plasmids for overknockdown expressed MEG3 and MEG3 290 (shMEG3), we first prepared E. coli supercompetent cells DH5a and DB3.1 (preserved in our laboratory). Then we used competent cells DB3.1 to transform Gateway[™] pENTR[™] 2B Dual Selection Vector (pENTR2B, A10463, Invitrogen, USA) and 295 pAd/CMV/V5-DEST vector (V49320, Invitrogen, USA) for DNA amplification. KpnI (1068A, TaKaRa, Japan) and XhoI (1094A, TaKaRa, Japan) were used to double digest the initial cloned pENTR2B recombinant plasmid. A 2% agarose gel 300 (S14003, Yuanye, China) was used to recover and purify the vector fragments. T4 DNA ligase (15224017, Invitrogen, USA) was used to ligate the insert and vector fragments. The extracted pENTR2B recombinant plasmid was subjected to 305 an LR reaction (25°C, 18 hours) with the target vector pAd/CMV/V5-DEST, and the LR recombination reaction was transformed into competent cells DH5a. Selectivity screening of monoclonal antibodies was performed using LB agar contain- 310 ing ampicillin plate. Next, we proliferated the target bacteria and extracted the over-expressed MEG3 and shMEG3 recombinant adenovirus plasmids. Finally, the recombinant adenovirus plasmid was linearized with the restriction enzyme Pac I, 315 and the linearized product was transfected into 293A cells using a LipofectamineTM3000 kit to package the adenovirus (specific steps in Cell Transfection).

Cell transfection

The over-expressed MEG3 and shMEG3 recombinant adenovirus plasmids were first transfected into 293A cells using a LipofectamineTM 3000 kit (L3000008, ThermoFisher, USA). We replaced the culture medium of 293A cells with 1.5 ml of Opti-325 MEMTM reagent (31985070, Gibco, USA), and diluted 250 µl of Opti-MEMTM reagent with the recombinant adenovirus plasmids and 3 µl of LipofectamineTM 3000 reagent separately. The two diluted solutions were mixed at room temperature for 15 minutes, and then added to 293A cells. After 24 hours of incubation, the cell culture

medium was replaced by DMEM medium. The cells and the culture medium of the recombinant

- 335 adenovirus plasmids were collected as a recombinant adenovirus plasmid stock solution 48 hours after transfection. Next, we continued to transfect BMSCs with the recombinant adenovirus plasmid stock solution. The medium of the
- 340 extracted BMSCs was replaced by a fresh medium one day before transfection. The cells were thoroughly mixed and incubated in a 37°C cell incubator overnight. The medium was replaced with another fresh medium the next day, and 24 hours
- later, the fluorescence of the Ad-GFP group was 345 observed by fluorescence microscopy. MiR-129-5p mimic (Catalog 4464066, ThermoFisher, USA) was transfected into BMSCs also using the LipofectamineTM 3000 kit. The mature sequence miR-129-5p 5'-CUUUUUGCGGUC of was 350
- UGGGCUUGC-3'.

Target gene prediction and validation

The Starbase database (http://starbase.sysu.edu.cn/) was used to study the targeting relationship

- between lncRNA and miRNA. We retrieved data 355 from the Starbase database and found that the wild-type sequence of lncRNA MEG3 had a targeting relationship with the miR-129-5p sequence. We then screened the target genes of
- 360 miR-129-5p through the TargetScan database (http://www.targetscan.org). Verification of the target genes was performed by luciferase experiments. We used pmirGLO plasmid (CL414-01, Biomed, China) to construct wild-type MEG3
- 365 (MEG3-WT), MEG3 (MEG3-mut), mutant RUNX1-WT and RUNX1-mut reporter plasmids. BMSCs digested with 0.25% trypsin-EDTA were added with fresh medium to make a 5×10^{5} /ml cell suspension, and then the cells were added to
- a 6-well plate and incubated for 24 hours (37°C). 370 The next day, 50 ng/well of reporter plasmids and 100 pmol of miR-129-5p mimic (or miR-129-5p mimic negative control) were added to the cells. After 48 hours, the cells were washed with PBS,
- 375 and then added with 500 µl/well of PLB (Invitrogen, 1168-019, USA), and incubated at room temperature for 15 minutes. After that,

20 µl of sample lysate and 100 µl of LARII reagent were added to the cells, and then the firefly luciferase activity in the cells was measured by 380 Promega GLOMAX 20/20 (USA). Afterward, the cells were added with 100 µl of Stop & Glo reagent, and then Renilla luciferase activity in the cells was detected. The final result was expressed by the ratio of firefly/Renilla. 385

Cell Couting Kit-8 (CCK-8) assay

Firstly, pre-digested BMSCs were prepared into a cell suspension at a concentration of 5×10^3 / ml. Then 100 μl of the cell suspension was added to a 96-well plate and incubated in a 37°C, 5% CO₂ 390 cell incubator for 48 hours. Next, 10 µl of CCK-8 reagent (C0037, Beyotime, China) was added to each well to further incubate the cells. Finally, Absorbance at 450 nm was measured using a iMark microplate reader (BIO-RAD, USA) 395 on day 0, 14, and 21.

Western blot

One hundred µl of cell lysate (EPX060-15823-901, Invitrogen, USA) was added to each group of predigested cells and mixed thoroughly. Then the lysate 400 mixture was centrifuged, afterward, the protein stock solution (supernatant) was separated [35]. The concentration of the protein stock solution was measured using the BCA kit (23227, ThermoFisher, USA). Next, the protein stock solu- 405 tion was added with a loading buffer (calculated by the concentration of the protein stock solution) and boiled in boiling water for 10 minutes. Then 100 µg of protein was transferred to a 0.45 uM PVDF membrane (IPVH00010, Millipore, USA) by 410 sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE). The protein-loaded PVDF membrane was then blocked with a blocking solution containing 5% skimmed milk powder for 2 hours. After that, the membrane was washed and 415 incubated with primary antibodies overnight (4°C). The next day, the membrane was washed with TBST, and incubated with secondary antibodies Anti-Rabbit IgG (ab6721, 1: 10000, Abcam, UK) and Anti-Mouse IgG (ab150113, 1: 10000, Abcam, 420

UK) at room temperature for 1 hour. After incubation, the membrane was washed with TBST and then added with 1 ml of ECL Reagent (NCI5079, Thermo, USA) dropwise for color development.

- 425 Finally, the membrane was tested in GelDoc XR Biorad (Bio-rad, USA). The followings are the primary antibodies used in this study: COL2 (ab34712, 1:1000, Abcam, UK); SOX9 (ab185966, 1:1000, Abcam, UK); SOX5 (ab94396, 1:1000, Abcam,
 430 UK); Aggrecan (ab3778, 1:100, Abcam, UK); SIRT1 (ab32441, 1:20000, Abcam, UK); COMP
- (ab74524, 1:1000, Abcam, UK); RUNX1(#4334, 1:1000, CST, USA); GAPDH (ab181602, 1: 10000, Abcam, UK)

435 Immunofluorescence (IF) staining

BMSCs of different groups were washed with PBS and fixed with 4% paraformaldehyde (4°C). After 20 minutes, 0.1% TritonX-100 (T8787, Sigma-Aldrich, USA) was added to each group of cells

- 440 (4°C). The cells were then washed and incubated for 15 minutes. Next, 5% goat serum was used to block the cells (30 minutes). Afterward, Anti-Col2 antibody was added to the cells and incubated overnight (4°C). The next day, we used Goat Anti-
- Rabbit IgG antibody (ab6717, 1: 10000, Abcam, UK) for immunostaining (2 hours). Then 4⊠, 6-diamidino-2-phenylindole (DAPI, 10236276001, Roche, Switzerland) was used to stain the nuclei of BMSCs in different treatment groups for 5 min-
- 450 utes. The cells were finally washed thoroughly with PBS. In the study, anti-fluorescence quenching mounts and neutral gum mounts were used. Fluorescence expression in the cells was observed and recorded using a fluorescence microscope at 455 a magnification of 400 times.

Statistical analysis

Statistical Product and Service Solutions 22.0 (SPSS 22.0, USA) was used to analyze all the data in this study. Differences between two 460 groups were compared by Student's two-tailed t test; differences between more than two groups were compared by one-way ANOVA . P < 0.05 was considered as statistically significant.

Results

MEG3 and miR-129-5p are expressed differently 465 **in BMSCs with different degrees of differentiation**

In order to analyze the expressions of MEG3 and miR-129-5p in BMSCs, we first extracted and identified BMSCs from rats. Using a microscope, we observed that on day 0 of extraction, the cells 470 had good morphology with a typical triangle or oval shape (Figure 1(a)); on day 14, the cell density increased significantly (Figure 1(a)); on day 21, the shape of BMSCs changed significantly into spindle shape, similar to that of fibroblasts (Figure 1(a)). 475 The results of FACS identification showed that the proportions of CD29, CD44 and CD34 in our extracted BMSCs on the 21st day were 96.82%, 93.18% and 1.59%, respectively (Figure 1(b)). Alcian blue was used to stain the cells because it 480 could bind to proteoglycans in chondrocytes. The results showed that on day 0 of separation, only a few nuclei in the cells were stained blue with fewer light blue secretory granules in the cytoplasm (Figure 2(a)); while on the 21st day of iso- 485 lation and culture, the stained nuclei and secretory granule vesicles in the CM group increased significantly, indicating that the BMSCs isolated and cultured in the CM group had largely differentiated into chondrocytes (Figure 2(a)). QRT-PCR 490 results showed that MEG3 expression in BMSCs was gradually up-regulated over time (Figure 2(b), p < 0.01), while that of miR-129-5p was gradually suppressed (Figure 2(c), p < 0.01).

Effects of over-expressed or silenced MEG3 on 495 the viability of BMSCs and the expression of COL2 and miR-129-5p are detected

We constructed over-expressed MEG3 and shMEG3 recombinant adenovirus plasmids and studied their effects on BMSCs. It was found that 500 over-expressed MEG3 promoted the viability of BMSCs in a time-dependent manner, that is, as the culture time increased, the promoting effect was enhanced (Figure 3(a), p < 0.001). Meantime, over-expressed MEG3 up-regulated MEG3 expression (Figure 3(b), p < 0.05) and down-regulated the expression of miR-129-5p (Figure 3(c),



Figure 1. Extraction and identification of bone marrow mesenchymal stem cells (BMSCs). (a) Morphological observation of BMSCs on day 0, 14 and 21 (200×). (b) Fluorescence Activating Cell Sorter (FACS) was used to identify the contents of CD29, CD44, and CD34 in BMSCs on the 21st day.

p < 0.01). Changes in the expression of COL2 in BMSCs were detected by qRT-PCR, Western blot, 510 and immunofluorescence (400×). The results obviously demonstrated that over-expressed MEG3 significantly up-regulated the protein expression and mRNA expression of COL2 (Figure 3(d-f), p < 0.01), while ShMEG3 had 515 exactly the opposite effect (Figure 3(a, f))

515 exactly the opposite effect (Figure 3(a-f)).

Effects of over-expressed or silenced MEG3 on the expressions of cartilage differentiation-related genes in BMSCs are detected

- 520 In order to further explore the mechanism by which MEG3 affected BMSCs, we analyzed the expressions of cartilage differentiation-related genes SOX9, SOX5, Aggrecan, SIRT1, and COMP in BMSCs by Western blot and qRT-PCR. The
- 525 results showed that compared with the cells in the undifferentiated group, SOX9, SOX5, Aggrecan, SIRT1, and COMP were all upregulated in the differentiated cells (Figure 4(a,b), p < 0.01). Over-expressed MEG3 also significantly
- 530 up-regulated the protein and mRNA expressions of SOX9, SOX5, Aggrecan, SIRT1, and COMP in BMSCs (Figure 4(a,b), p < 0.05). In addition, overexpressed MEG3 significantly promoted the

differentiation of BMSCs into chondrocytes (Figure 4(c), 200×), while silenced MEG3 showed 535 the opposite effects (Figure 4(a,b,c)). The above evidence strongly suggested that over-expressed MEG3 promoted the differentiation of BMSCs into chondrocytes by up-regulating cartilage differentiation-related genes. 540

MEG3 specifically targets miR-129-5p, and miR-129-5p specifically targets RUNX1

We searched the Starbase database and found that lncRNA MEG3 has a targeting relationship with the miR-129-5p sequence (Figure 5(a)), and we further 545 identified that RUNX1 is a target gene of miR-129-5p (Figure 5(b)). Next, the target gene was verified by luciferase experiments. The experimental results showed that the fluorescence expressions of miR-129-5p mimic and MEG3-WT in co-transfected 550 cells were significantly reduced (Figure 5(c), p < 0.01), and those of miR-129-5p mimic and RUNX1-WT in co-transfected cells were also significantly reduced (Figure 5(d), p < 0.01). Meantime, the above expressions were significantly 555 lower than those in the control group (Figure 5(d), p < 0.01), indicating that there was a targeting relationship between MEG3 and miR-129-5p, and between miR-129-5p and RUNX1.



Figure 2. The expressions of maternally expressed 3 (MEG3) and miR-129-5p in BMSCs with different degrees of differentiation. (a) Alcian Blue staining was performed to identify the degree of BMSC differentiation into chondrocytes (200×). (b) MEG3 expression in BMSCs with different degrees of differentiation. Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was an internal reference. (c) Expression of miR-129-5p in BMSCs with different degrees of differentiation. U6 was an internal reference. All experiments were repeated for three times. **p < 0.01, ***p < 0.001 vs. 0 d. Undiff: Undifferentiated medium; CM: Cartilage differentiation medium.

560 Over-expressed MEG3 partially reverses the down-regulating effect of miR-129-5p on RUNX1 and COL2

From the results of qRT-PCR, we found that overexpressed MEG3 partially reversed the upregulating effect of miR-129-5p mimic on miR- 565 129-5p (Figure 6(a), p < 0.01). MiR-129-5p mimic down-regulated the protein and mRNA expressions of RUNX1 in cells (Figure 6(b,c), p < 0.01), but this effect was partially reversed by



Figure 3. The effect of over-expressed or silenced MEG3 on the viability of BMSCs and the expressions of COL2 and miR-129-5p. (a) Cell Couting Kit-8 (CCK-8) experiments were conducted to detect the effects of over-expressed MEG3 and knockout MEG3 (shMEG3) on the viability of BMSCs. (b-c) The effects of over-expressed MEG3 and shMEG3 on the expressions of MEG3 and miR-129-5p were detected by quantitative real time-polymerase chain reaction (qRT-PCR). GAPDH and U6 were internal controls. (d) The effects of over-expressed-MEG3 and shMEG3 on the expression of collagen \boxtimes of cartilage (COL2) were detected by Western blot. GAPDH was an internal reference. (e) The effects of over-expressed MEG3 and shMEG3 on COL2 expression were detected by qRT-PCR. GAPDH was an internal reference. (f) The effects of over-expressed MEG3 and shMEG3 on COL2 expression were detected by immunofluorescence (IF) staining (400×). All experiments were repeated for three times. *p < 0.05, ***p < 0.001 vs. Undiff; ##p < 0.01, ###p < 0.001 vs. Ad-GFP. Undiff: undifferentiated medium; CM: cartilage differentiation medium; Ad-GFP: adenovirus carrying the green fluorescent protein gene; Ad-MEG3: adenovirus carrying the over-expressed-MEG3 gene; Ad-shMEG3: Adenovirus carrying the knockout-MEG3 gene; DAPI: 4 \boxtimes , 6-diamidino-2-phenylindole.

- 570 over-expressed MEG3 (Figure 6(b,c), p < 0.05). QRT-PCR, Western blot, and IF (400×) were used to detect the effects of miR-129-5p mimic on COL2 in BMSCs. The results showed that miR-129-5p mimic significantly inhibited the pro-
- 575 tein expression and mRNA expression of COL2 (Figure 6(d–f), p < 0.001). Similarly, this inhibitory effect of miR-129-5p mimic was also partially reversed by over-expressed MEG3 (Figure 6(d–f), p < 0.01).

Over-expressed MEG3 partially reverses the inhibitory effect of miR-129-5p on cartilage differentiation-related genes and BMSC differentiation

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We also investigated the effects of miR-129-5p mimic on the expressions of cartilage differentiation-related genes and BMSC differentiation. We found that miR-129-5p mimic significantly down-regulated the protein expressions and



Figure 4. Over-expression or silencing of MEG3 regulated cartilage differentiation-related genes. (a) The expressions of SOX9, SOX5, Aggrecan, SIRT1, and COMP in BMSCs were detected by Western blot. GAPDH was an internal reference. (b) The expressions of SOX9, SOX5, Aggrecan, SIRT1, and COMP in BMSCs were detected by qRT-PCR. GAPDH was an internal reference. (c) The effects of over-expressed MEG3 and shMEG3 on BMSC differentiation were detected by Alcian Blue staining (200×). All experiments were repeated for three times. **p < 0.01, ***p < 0.001 vs. Undiff; p < 0.05, p < 0.01, ***p < 0.001 vs. Ad-GFP. SOX9: SRY-related high-mobility-group box 5; SIRT1: Silence information regulator 1; COMP: Cartilage oligomer matrix protein.

mRNA expressions of SOX9, SOX5, Aggrecan, 590 SIRT1, and COMP (Figure 7(a,b), p < 0.05). Besides, miR-129-5p mimic also inhibited the differentiation of BMSCs into chondrocytes (Figure 7(c)). However, the inhibitory effects of miR-129-5p mimic were partially reversed by over-expressed MEG3 (Figure 7(a-c), 595 p < 0.05).



Figure 5. MEG3 specifically targeted miR-129-5p and miR-129-5p specifically targeted RUNX1. (a) Starbase database was used to identify the targeting relationship between lncRNA MEG3 and miR-129-5p. (b) TargetScan database was used to screen out the target genes of miR-129-5p. (c) Luciferase assay was used to verify the targeting relationship between MEG3 and miR-129-5p. (d) Luciferase assay was used to verify the targeting relationship between miR-129-5p and RUNX1. All experiments were repeated for three times. **p < 0.01 vs. MC + MEG3-WT; $^{\#}p < 0.01$ vs. M + MEG3-MUT; $^{\wedge}p < 0.01$ vs. MC + RUNX1-WT; $^{\Delta\Delta}p < 0.01$ vs. M + RUNX1-MUT. M: miR-129-5p mimic; MC: miR-129-5p mimic control; WT: wild type; MUT: mutant; RUNX1: Runt-related Transcription Factor 1.

Discussion

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Our experimental results showed that the expression of lncRNA MEG3 was gradually increased with the cartilage differentiation of BMSCs. Overexpression of MEG3 could promote BMSC vitality, up-regulate the expressions of COL2, SOX9, SOX5, Aggrecan, SIRT1, and COMP in cells, and promote BMSCs to differentiate into chondro-605 cytes. COL2 and Aggrecan are the main components of extracellular matrix. Studies have shown that the glycosaminoglycan branches of Aggrecan

can absorb water molecules and maintain the water content and hydrostatic pressure of nucleus 610 pulposus, which is beneficial to uniformly dispersing the load and avoiding stress concentration [36].

COL2 is the main structure that maintains the normal physicochemical properties and mechanical

properties of articular cartilage. Lack of COL2 or 615 COL2 mutation results in a variety of cartilage hypoplasia diseases [37]. Belonging to the type D subfamily of the SOX gene family, SOX9 and SOX5 play an important role in the process of cartilage formation in animals and in the genera- 620 tion and development of articular hoses and synovium, and they can coordinately regulate the expression of COL2 to control cartilage remodeling [38]. SOX9 plays a key role in chondrocyte differentiation and participates in the regulation 625 of multiple differentiation stages of cartilage. SOX9 heterozygote-deficient mice not only have abnormal bone development but also die shortly after birth, and this is also true of patients with the same mutation [39]. SIRT1, as a key regulatory 630 gene of cell senescence, can promote its expression to up-regulate COL2A1, Aggrecan and SOX9 in osteoarthritis cells. Tong et al. found that MEG3



can promote SIRT1 expression by targeting miR-34a
[40], which is consistent with our findings. Another study reported that a mutation in the COMP gene triggers premature death of chondrocytes and pseudochondral hypoplasia [41]. These studies more

strongly illustrated the importance of our detection of the expressions of COL2, SOX9, SOX5, Aggrecan, 640 SIRT1 and COMP.

This study also found that miR-129-5p is a target gene of MEG3, and discussed the mutual regulation



Figure 7. Over-expressed MEG3 partially reversed the inhibitory effect of miR-129-5p on cartilage differentiation-related genes and BMSC differentiation. (a) The effects of miR-129-5p mimic and over-expressed MEG3 on the expressions of SOX9, SOX5, Aggrecan, SIRT1, and COMP were detected by Western blot. GAPDH was an internal reference. (b) The effects of miR-129-5p mimic and over-expressed MEG3 on the expressions of SOX9, SOX5, Aggrecan, SIRT1, and COMP were detected by qRT-PCR. GAPDH was an internal reference. (c) The effects of miR-129-5p mimic and over-expressed MEG3 on BMSC differentiation were detected by Alcian Blue staining (200×). All experiments were repeated for three times. **p < 0.01, ***p < 0.001 vs. Undiff; "p < 0.05, "p < 0.01, " $^{\wedge \circ}p < 0.001$ vs. Ad-GFP + MC; "p < 0.05, " $^{\rho}p < 0.01$, " $^{\wedge \circ}p < 0.001$ vs. Ad-GFP + M.

of miR-129-5p and MEG3. MiR-129-5p is a mature 645 miRNA formed by cutting the precursor miRNA of MiR-129 at the 5⊠ end [42]. Current research on miR-129-5p is mainly focused on tumor diseases: miR-129-5p expression is down-regulated in glioma tissues and glioma cells, and over-expressed miR-

- 650 129-5p inhibits TGIF2 expression and tumor growth [43]; miR-129-5p can inhibit the proliferation, migration and invasion of gastric cancer cells by selectively inhibiting COL1A1 [44]; Xiao et al. found that over-expressed miR-129-5p could pro-
- 655 mote the process in which human bone marrow mesenchymal stem cells (hBMSCs) were induced to differentiate into osteoblasts *in vitro* [45]. Our study demonstrated that over-expressed miR-129-5p inhibited the differentiation of BMSCs into chon-
- 660 drocytes and down-regulated the expressions of cartilage differentiation-related genes in cells. As an upstream targeting gene of miR-129-5p, MEG3 could not only down-regulate the expression of miR-129-5p, but also partially reverse the inhibitory
- 665 effect of miR-129-5p on BMSC differentiation. In our study, miR-129-5p mimic significantly inhibited COL2, SOX9, SOX5, COMP, Aggrecan and SIRT1, while the effect was partially reversed by MEG3.
- 670 RUNX1 plays an important regulatory role in various cell differentiation processes such as hematopoietic stem cell differentiation, skeletal development, and neural development. Studies have shown that RUNX1 knockout mice die early in
- 675 development due to hematopoietic stem cells and neurodevelopmental defects [46]; over-expression of RUNX1 in mesenchymal stem cells will promote chondrocyte differentiation, while knocking down RUNX1 will inhibit RUNX2 expression and
- the differentiation of chondrocytes and osteoblasts [47]. We discovered for the first time that RUNX1 is a target gene of miR-129-5p and can be inhibited by miR-129-5p. LncRNA, MEG3 might upregulatie differentiation-regulated genes by
 downregulating miR-129-5p via site-binding, and
- the mechanism needed further research.

The limitation of this study was that RNA-seq experiment was not conducted to acquire characteristic gene expression signatures of chondrocytes

690 on a genome-wide scale, or in vivo experiments were not conducted either, which would be the future research direction and could be conducted in future.

In summary, this study found that over-expressed 695 lncRNA MEG3 can promote the differentiation of

BMSCs into chondrocytes by up-regulating the

expressions of cartilage differentiation-related genes (COL2, SOX9, SOX5, Aggrecan, SIRT1, and COMP) and inhibiting the effect of miR-129-5p. This study provides a reliable basis for the applica-700 tion of lncRNA in articular cartilage injury.

Disclosure of interest

The authors report no conflict of interest.

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