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INTRAOPERATIVE OXYGEN CONCENTRATION AND NEUROCOGNITION AFTER CARDIAC SURGERY: A RANDOMIZED CLINICAL TRIAL

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Abstract

BACKGROUND: Despite evidence suggesting detrimental effects of perioperative hyperoxia, hyperoxygenation remains commonplace in cardiac surgery. Hyperoxygenation may increase oxidative damage and neuronal injury leading to potential differences in postoperative neurocognition. Therefore, we tested the primary hypothesis that intraoperative normoxia, as

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¹Conflicts of Interest

Dr. Shaefi received speaking honorarium for University of North Carolina Visiting Professorship lecture. Ms. Mueller receives statistical consulting fees from The University of Chicago. Dr. O’Gara receives consulting fees from Sedana Medical (Danderyd, Sweden). Dr. Bagchi receives consulting fees from Lungpacer Medical Inc (British Columbia, Canada). Ms. Banner-Goodspeed received salary support from several NIH and DoD grants, unrelated to this project. Dr. Subramaniam receives grant support from Mallinckrodt Pharmaceuticals (Staines-upon-Thames, United Kingdom) and Edward Lifesciences (Irvine CA). The other authors declare no competing interests.

⁴Clinical Trial Number and Registry URL

The trial was registered with [ClinicalTrials.gov](https://clinicaltrials.gov); Identifier [NCT02591589](https://clinicaltrials.gov/ct2/show/NCT02591589); Principal Investigator: Shahzad Shaefi; Registration Date: October 29, 2015 <https://clinicaltrials.gov/ct2/show/NCT02591589>

⁵Prior Presentations

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compared to hyperoxia, reduces postoperative cognitive dysfunction in older patients having cardiac surgery.

METHODS: We conducted a randomized double-blind trial in patients aged 65 years or older having coronary artery bypass graft (CABG) surgery with cardiopulmonary bypass (CPB). A total of 100 patients were randomized to one of two intraoperative oxygen delivery strategies. Normoxic patients (n=50) received a minimum fraction of inspired oxygen (FiO₂) of 0.35 to maintain a PaO₂ above 70 mmHg before and after CPB and between 100 and 150mmHg during CPB. Hyperoxic patients (n=50) received an FiO₂ of 1.0 throughout surgery, irrespective of PaO₂ levels. The primary outcome was neurocognitive function measured on postoperative day two using the Telephonic Montreal Cognitive Assessment. Secondary outcomes included neurocognitive function at one, three and six months, as well as postoperative delirium, mortality, and durations of mechanical ventilation, intensive care unit, and hospital stay.

RESULTS: The median age was 71 years (interquartile range, 68–75) and the median baseline neurocognitive score was 17 (16–19). The median intraoperative PaO₂ was 309 (285–352) in the hyperoxia group and 153 (133–168) mmHg in the normoxia group (p<0.001). The median Telephonic Montreal Cognitive Assessment score on postoperative day two was 18 (16–20) in the hyperoxia group and 18 (14–20) in the normoxia group (p=0.42). Neurocognitive function at one, three, and six months, as well as secondary outcomes, were not statistically different between groups.

CONCLUSIONS: In this randomized controlled trial, intraoperative normoxia did not reduce postoperative cognitive dysfunction when compared to intraoperative hyperoxia in older patients having cardiac surgery. Although the optimal intraoperative oxygenation strategy remains uncertain, our results indicate that intraoperative hyperoxia does not worsen postoperative cognition after cardiac surgery.

INTRODUCTION

Each year over one million patients undergo cardiac surgery utilizing cardiopulmonary bypass (CPB)¹ globally, with approximately 500,000 of those operations performed in the United States.² Morbid neurological sequelae of cardiac surgery, including delayed neurocognitive recovery and postoperative neurocognitive disorder³ are common, with reported incidences of up to 80% at hospital discharge and 20–40% after six months.⁴ The more vulnerable older surgical patient increasingly comprises a larger subset of the cardiac surgical population and is at a substantially higher risk for developing long-term cognitive decline, reduced level of overall cognitive function, lower quality of life, and increased mortality.^{4–9}

Oxygen, the most widely administered therapy in modern hospitals, has classically been administered liberally to avoid hypoxemia and maintain tissue oxygenation.¹⁰ However, the excessive use of oxygen leading to hyperoxia has recently been shown to be potentially injurious, especially in the context of ischemia-reperfusion injury.^{11–15} Cardiac surgery with CPB is associated with a profound exposure to ischemia-reperfusion, and patients in this high-risk setting are frequently treated with higher concentrations of oxygen to guard against myocardial and cerebral hypoxia.^{16,17} Given the burden of disease from postoperative

neurocognitive disorders and the possible link between hyperoxia and poorer outcomes in cardiac surgery, a prospective investigation of regulated intraoperative normoxia to ameliorate postoperative neurocognitive disorders following cardiac surgery is warranted.¹⁸ Investigation into such a potentially simple cost-effective intervention could impact hundreds of thousands of cardiac surgery patients a year.

Therefore, we conducted a clinical trial with the objective of determining the effect of intraoperative normoxia versus hyperoxia on postoperative neurocognition. Our hypothesis was that titration of intraoperative oxygenation to achieve normoxia, as compared to standard practice hyperoxia, reduces postoperative cognitive dysfunction in older patients having cardiac surgery on postoperative day two. Secondly we tested the hypotheses that intraoperative normoxia reduces the incidence, severity and duration of delirium, length of stay and time to extubation, and neurocognitive function at longitudinal follow-up to six months, when compared to intraoperative hyperoxia.

MATERIALS AND METHODS

Study Design

This parallel group randomized controlled trial enrolled patients at Beth Israel Deaconess Medical Center in Boston Massachusetts between July 2015 and July 2017. Institutional Review Board approval was obtained on February 2, 2015 from the Committee on Clinical Investigations and all patients provided written informed consent. Full details of the study protocol have been previously published.¹⁹ The trial was registered with [ClinicalTrials.gov](https://clinicaltrials.gov) (NCT02591589, <https://clinicaltrials.gov/ct2/show/NCT02591589>, Principal Investigator: Shahzad Shaefi, Registration Date: October 29, 2015). The study protocol is available on [ClinicalTrials.gov](https://clinicaltrials.gov). The trial was designed to assess the effect of two intraoperative oxygen titration strategies, namely hyperoxia and normoxia, with postoperative neurocognitive function among older patients having cardiac surgery.

Study Participants

Patients 65 years or older having elective or urgent coronary artery bypass graft (CABG) surgery requiring CPB were eligible for trial inclusion. Patients who were undergoing emergent CABG, procedures requiring single lung ventilation, off-pump CABG, or patients with signs of cardiogenic shock, as dictated by preoperative inotropic, intra-aortic balloon counterpulsation, or mechanical circulatory support, were excluded. Non-English speaking patients were excluded because the neurocognitive assessments could not be administered in languages other than English.

Randomization and Masking

Patients were randomized using a permuted block randomization schedule with block sizes of four, in which patients were randomly assigned in a 1:1 allocation to the normoxia or hyperoxia arm. Randomization assignments were allocated using sealed sequentially numbered opaque envelopes. The randomization schema was generated by a unblinded statistician and concealed from study investigators. At the time of randomization the anesthesiologist would open the next sequentially numbered envelope to obtain the

randomization assignment. Study team members assessing neurocognitive function and postoperative clinical outcomes were blinded to patient arm, as were patients. Surgeons, anesthesiologists and perfusionists involved in providing clinical care intraoperatively were not blinded due to the need for protocol adherence.

Study Procedures

Study ventilator settings were applied after induction of general anesthesia and successful endotracheal intubation and continued throughout surgery. In the normoxia group, the fraction of inspired oxygen (FiO_2) was set at a minimum of 0.35 to maintain an arterial partial pressure of oxygen (PaO_2) above 70 mmHg or oxygen saturations (SpO_2) greater than or equal to 92%. If required, the FiO_2 was titrated up to prevent hypoxemia ($SpO_2 < 92\%$) during the pre- and post-bypass periods. During CPB, a blended air/oxygen mixture was titrated to arterial blood gas analysis in order to maintain the PaO_2 between 100 and 150 mmHg. In the hyperoxic arm, the FiO_2 was set at 1.0 throughout the intraoperative period including CPB. Both groups received an anesthetic regimen at the discretion of the treating provider. Mechanical ventilation was based on the institutional standard of care, with a tidal volume of 6 to 8 ml/kg (employing ideal body weight) and positive end expiratory pressure of 5 cmH₂O.

Outcomes

The primary outcome was postoperative cognition, as assessed by the Telephonic Montreal Cognitive Assessment score on postoperative day two. Cognitive function was measured preoperatively as baseline and subsequently postoperatively daily until discharge unless the participant was in the intensive care unit (ICU) and non-verbal. The telephonic assessment is an adaptation of the Montreal Cognitive Assessment, a validated screening instrument that is highly sensitive for detecting mild cognitive impairment.²⁰⁻²³ The Telephonic Montreal Cognitive Assessment is evaluated on a 22-point scale, with lower scores indicating worse cognitive status. The assessment comprises an aggregate score of individual assessments of attention and concentration, executive functions, memory, language, conceptual thinking, calculations, and orientation. The items do not require writing or visual cues to complete, and therefore can be easily adapted to either in-person or telephone administration. In addition to the primary outcome, neurocognitive scores at one, three and six months were evaluated via telephone interviews as secondary outcomes. Patients were contacted by telephone for one, three, and six-month assessments. Research staff attempted to reach patients until their call window expired (before or after seven days for the one month follow up call and before or after fourteen days for the three and six month follow up) or after ten attempts. The rationale for using the abbreviated Telephonic Montreal Cognitive Assessment was to facilitate the use of a consistent scale continuously throughout the study from the inpatient, in person assessments to over the phone assessments at one, three and six months.

Additional secondary outcomes included the incidence and severity of postoperative delirium, time to extubation, days of mechanical ventilation, length of ICU and hospital stay, and mortality at thirty days and six months. Postoperative delirium was assessed each postoperative day until discharge with the Confusion Assessment Method or Confusion Assessment Method-ICU for non-verbal (intubated) patients. As with the Telephonic

Montreal Cognitive Assessment, delirium assessments were administered by study staff members who were blinded to group assignment. Delirium severity was scored using the long Confusion Assessment Method Severity score, which assigns points from 0 to 19, with worsening delirium characterized by higher scores.²⁴ The worst Confusion Assessment Method Severity score for their hospital stay was analyzed. Time to extubation was reported as the number of hours from when patients were initially intubated for surgery to when they were last extubated. Hospital length of stay was defined as the number of days spent in the hospital after surgery and ICU length of stay was defined as the number of days spent in the ICU prior to transfer to the general inpatient cardiac surgery ward.

Adverse Events

Because the patient population under study is by definition critically ill, we collected data on serious adverse events and unexpected non-serious adverse events that were possibly related to the study. Patients were assessed daily while in the hospital for a maximum of three days postoperatively. Additional adverse outcome data was collected from the Society of Thoracic Surgeons database including sternal wound infection, renal failure, myocardial infarction, reoperation, and stroke. This trial did not include any interim analyses to stop for safety, efficacy, or futility, thus the trial was not stopped early, nor was there a dedicated data safety monitoring board. Adverse event monitoring was performed by members of the study team and reviewed by the Principal Investigator at regular intervals.

Sample Size Calculation

The minimal clinically important difference on the Mini-Mental State Examination in postoperative change following cardiac surgery has been shown to be two points, with postoperative day two reported as the in-hospital postoperative nadir time point.²⁵ As there is no reported minimal clinically important difference for the Telephonic Montreal Cognitive Assessment, we utilized two points as our minimal clinically important difference based on prior validated crosswalk methods.^{26,27} Using a two-sided alpha of 0.05 and 80% power, we determined that a sample size of 74 patients was needed in order to detect a mean difference in Telephonic Montreal Cognitive Assessment scores of two points (standard deviation of 3) between the hyperoxia and normoxia groups. To allow for potential longer term attrition from loss to follow up or withdrawal, a total of 100 participants were enrolled and underwent surgery.

Statistical Analysis

Descriptive statistics of the data are presented as means \pm standard deviation, medians (interquartile range), or counts and proportions depending on variable type and distribution. Normality of continuous data was assessed with the Shapiro-Wilk test. Differences in continuous variables were assessed using independent sample t-tests or Wilcoxon Rank-Sum tests as appropriate. Differences in categorical data were assessed with a chi-square or Fisher's Exact test. Our primary outcome, the Telephonic Montreal Cognitive Assessment score on postoperative day two, was assessed with a non-parametric Wilcoxon Rank-Sum test. The Hodges-Lehmann Estimation of Shift is reported as the location shift and associated 95% confidence interval (CI). Differences in neurocognition at the follow up time periods was also assessed between groups with the use of a Wilcoxon-Rank-Sum test. In a

post-hoc analysis the incidence of delirium was assessed among all participants, and the time to delirium and delirium severity was reported among only those who developed delirium. Full details of the statistical analysis plan were previously published in the protocol paper.¹⁹ SAS 9.4 (SAS Institute Inc. Cary, NC) was utilized for analysis. For all analyses two-sided p-values < 0.05 were considered statistically significant.

RESULTS

Study Population

A total of 492 patients were screened, of whom 343 met eligibility criteria. A total of 100 patients were randomized, received the study intervention, and analyzed (Figure 1). Overall the majority of participants were male (84%), white (95%), had a median age of 71 (interquartile range 68, 75) years and a median baseline Telephonic Montreal Cognitive Assessment score of 17 (16, 19). All patients underwent isolated CABG only. No significant differences were found with regard to baseline demographics, medical comorbidities, or surgical characteristics between the groups (Table 1). Baseline functional status was not statistically different between groups, with the majority of participants living independently and had a high school degree or greater (eTable 1).

Oxygen Administration and Protocol Adherence

Protocol adherence was enforced immediately after endotracheal intubation. Reliable oxygenation separation between groups was achieved with a median intraoperative PaO₂ of 309 (285, 352) in the hyperoxia group and 153 (133, 168) mmHg in the normoxia group (p<0.0001). Median intraoperative oxygen saturations were 99.2% (98.6%, 99.6%) in the hyperoxic group and 96.7% (95.7%, 97.8%) in the normoxic group (p < 0.0001; Figure 2). Other surgical characteristics are depicted in Table 2. Observed intraoperative CPB-related characteristics were not statistically different between the hyperoxia and normoxia groups regarding cross clamp (69 [54, 80] vs 69 [57, 78]; p = 0.89) and total CPB minutes (83 [66, 97] vs 81 [68, 91]; p = 0.67).

Primary Outcome

There was no significant difference in median Telephonic Montreal Cognitive Assessment score on postoperative day two between the hyperoxia and normoxia groups (18 [16, 20] vs. 18 [14, 20]; p=0.42). On postoperative day the between group difference between normoxia and hyperoxia was -1 (95% CI: -2, 1). It should be noted that the primary outcome could not be assessed in 10 (10%) of patients due to prolonged intubation, patient refusal or withdrawal from the study. The trajectory of neurocognition between groups is portrayed between groups in Figure 3. Although a slight increase was observed in both arms over time, this is likely attributable to the known and expected learning effects associated with repeated tests. When reported stratified by sex, the overall Telephonic Montreal Cognitive Assessment score on postoperative day two among males was 18 (14, 20) and 18 (16, 19) among females. There were no significant differences between groups in neurocognitive scores at one, three or six months. These results, especially those at the longer follow up, should be interpreted with extreme caution, as only 55% of patients could be contacted at the six month time period (eTable 2).

Other Secondary Outcomes

The incidence of postoperative delirium in the hyperoxia group was 30.6%, compared to 31.4% in the normoxia group ($p=0.93$; eFigure 1). Clinical outcomes of study patients are described in Table 3. No statistically significant difference was observed between those randomized to the hyperoxia or normoxia groups in regards to hospital days (8 [5, 11] vs 7 [5, 10] days, respectively; $p = 0.70$) or ICU (2 [1, 3] vs 1 [1, 3] days; $p = 0.34$) length of stay. No adverse events were determined to be possibly or probably related to the study intervention. The incidence of adverse events including mortality, stroke, pneumonia, acute kidney injury, reoperation and atrial fibrillation were not statistically significantly different between groups.

In a post-hoc analysis of patients who developed delirium, there was no statistically significant difference in time to delirium (1 [1, 2] vs 2 [1, 3] days; $p = 0.17$; eFigure 1) or delirium severity (as assessed by Confusion Assessment Method Severity score; 11 [8, 13] vs 8 [7, 11]; $p = 0.23$) in the hyperoxia group as compared with the normoxia group.

DISCUSSION

This randomized clinical trial assessed the effect of normoxic versus hyperoxic intraoperative oxygen conditions on postoperative cognition, measured using Telephonic Montreal Cognitive Assessment scores in an older population of patients having CABG. While statistically and clinically significant differences in protocol-defined oxygen titration between groups was achieved, no significant difference was observed in postoperative cognition or delirium at any time point between groups. Additionally, oxygen titration strategy did not impact time to extubation, length of ICU and hospital stay, or patient mortality.

The results of this study do not provide clarity on the optimal oxygenation strategy for patients having cardiac surgery with CPB with regards to neurocognition and delirium. Potential reasons hyperoxia may be harmful in patients having cardiac surgery utilizing CPB are due to cardiovascular dysfunction^{28,29}, enhancement of ischemia-reperfusion injury^{30,31} and direct injury from reactive oxygen species^{32–35}. However, we did not find evidence of such harm in our study, at least as manifested as cognitive dysfunction. In interpreting these results, it is entirely plausible that the arterial oxygen content is a minor variable in the response to ischemia-reperfusion injury, dwarfed by that from the systemic inflammatory response to CPB. Other studies both in cardiac surgery^{16,17,36} and allied specialties have not demonstrated statistically significant results regarding the detrimental effects of hyperoxia, albeit via varied outcome measurements.^{12,37–39} It must be borne in mind, this was a study of moderate compared with severe hyperoxia. More contemporary studies are attempting to examine differences in tight normoxic and mild hyperoxic conditions assuming that any oxygen titration benefit may be gleaned in this more physiological window.^{40–43} Other cardiac surgical studies have employed continuous arterial blood gas analysis to give ability for closer real time normoxic titration of non-pulsatile PaO₂.¹⁶

In the broader context of identifying the ideal perioperative oxygenation strategy, there is currently substantial debate. There is not a consensus definition of hyperoxia, leading to

difficulties in advocating for a specific titration strategy as well as significant heterogeneity in both clinical trials and clinical practice. Currently, both the World Health Organization and the Centers for Disease Control and Prevention recommend high concentrations of perioperative oxygen, largely based on a subgroup analysis of a single trial of high FiO_2 to reduce surgical site infection.^{44,45} These recommendations have elicited criticism due to the inconclusive nature of the evidence and ignore evidence of harm from hyperoxia.⁴⁶⁻⁴⁸ It is likely that lower oxygenation targets can still provide adequate tissue oxygenation in the perioperative period, even for high risk patients. In fact, a series of recent larger studies have demonstrated that lower oxygen targets could be applied safely during CPB without detrimental cardiac and renal outcomes.^{16,17,36} Our findings are in congruence with a large retrospective study of 1018 patients having cardiac surgery with CPB which failed to demonstrate a relationship between arterial hyperoxia and neurocognitive function six weeks after surgery.¹⁸ Our study did not find any significant differences in adverse outcomes with the use of a lower oxygenation target, although interpretation of these results in support of the safety of a lower oxygenation target must be made with caution. Although evidence suggests that liberal oxygen supplementation and hyperoxia may lead to neurotoxicity in the context of ischemia-reperfusion injury, ours and other studies aiming to prevent such complications by simply reducing the amount of oxygen administered have yet to show consistent benefit, suggesting additional factors may be at play. It should be noted however that further focus upon delirium severity in this population may be warranted. Higher delirium severity perhaps confers a higher risk of long term cognitive decline.⁴⁹

This study has several limitations, some of all of which may have contributed to these findings. Our intervention was over a broad period of oxygenation focus rather than specifically at a critical time point such as myocardial reperfusion. The inclusion of only CABG patients with relatively brief bypass times and thus at lower risk for ischemia-reperfusion injury than patients having more extensive surgery may have limited our exposure to injury and thus baseline risk. Interestingly, the patients in this study were relatively low-risk, with few baseline risk characteristics or postoperative events that might put them at risk for postoperative decline. This could potentially contribute to the lack of differences we observed. Our intervention was based on FiO_2 rather than PaO_2 targets, therefore it is possible that different exposure definitions could have resulted in changes. However, this is unlikely given the large separation we observed between groups. Additionally, the Telephonic Montreal Cognitive Assessment is a relatively new tool to evaluate neurocognitive function in this population. Previous studies have shown that the Telephonic Montreal Cognitive Assessment is able to reliably identify mild cognitive impairment and has been employed in surgical populations.^{23,50,51} In our study we identified relatively low variability, which could suggest that either our patients were very homogenous, or that the instrument is perhaps not sensitive enough to detect small cognitive differences. Although it does address memory, attention, language, abstraction, recall, and several other important components of neurocognitive function, we are unable to comment on visuospatial or executive cognitive domains. We did not evaluate the individual domains because of our sample size, however this would be an interesting avenue for future research in this patient population. Furthermore, scores may improve with repeat testing during short intervals. These issues could be mitigated by a wider testing battery with multiple individual

tests, non-surgical comparator groups and/or factor analysis in future studies. It should also be noted that our conclusions for longer term follow up should be interpreted with extreme caution, due in large part because of loss to follow up. That is, only 55% of patients could be contacted at the six-month mark. Despite our attempts to contact participants, it is possible that this missing data biased our interpretation of longer-term neurocognition. Although this only occurred for a few patients in our study, the impact of prolonged intubation or delirium may also make it hard to interpret values for our primary outcome. Further limiting our study, the sample size for this trial was based on expected cardiac surgical cognitive changes seen postoperatively using the Mini-Mental State Examination²⁵, and subsequent extrapolation to our primary endpoint using a validated crosswalk between the Mini-Mental State Examination and Telephonic Montreal Cognitive Assessment²⁶, however the effect size we observed is not as pronounced as anticipated. Additionally, assumptions were made using a parametric distribution, however we found that neurocognitive scores were not normally distributed. Because non-parametric analyses require larger sample sizes, we are therefore potentially underpowered to detect a difference if one truly exists. Despite these potential limitations, we were able to show no difference in short-term postoperative cognition among older cardiac surgical patients undergoing differential titration of intraoperative oxygen therapy.

In conclusion, this trial demonstrated that the titration of intraoperative oxygenation resulted in no significant differences in postoperative cognition after cardiac surgery. These results suggest that a varied intraoperative oxygen strategy may be safely employed without impairing postoperative neurocognitive function.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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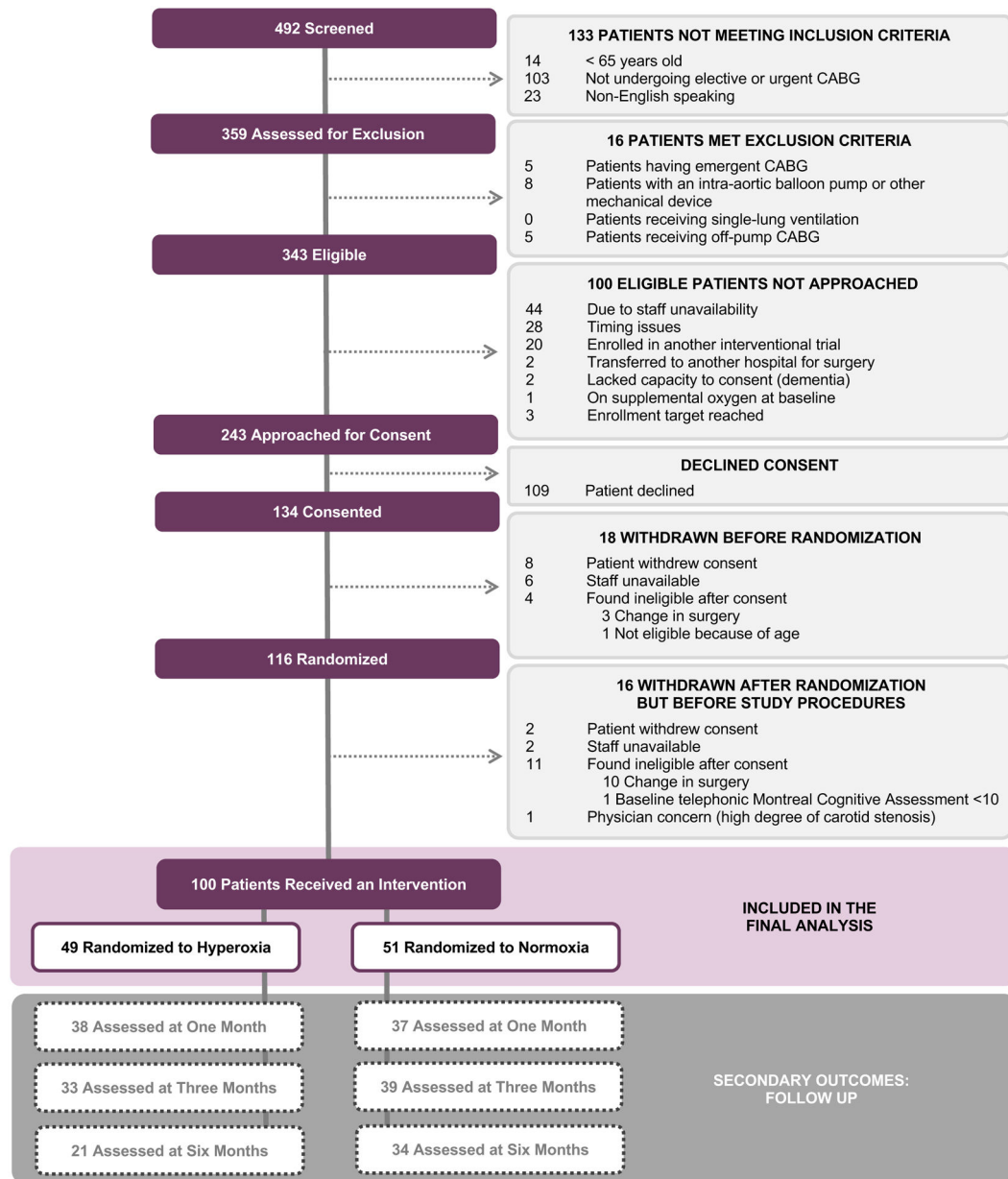


Figure 1. Patients Screening and Enrollment in the Trial
 Depicted above is the study flow diagram, including data on patients that were screened, eligible, enrolled and excluded. Abbreviations: CABG = coronary artery bypass grafting.

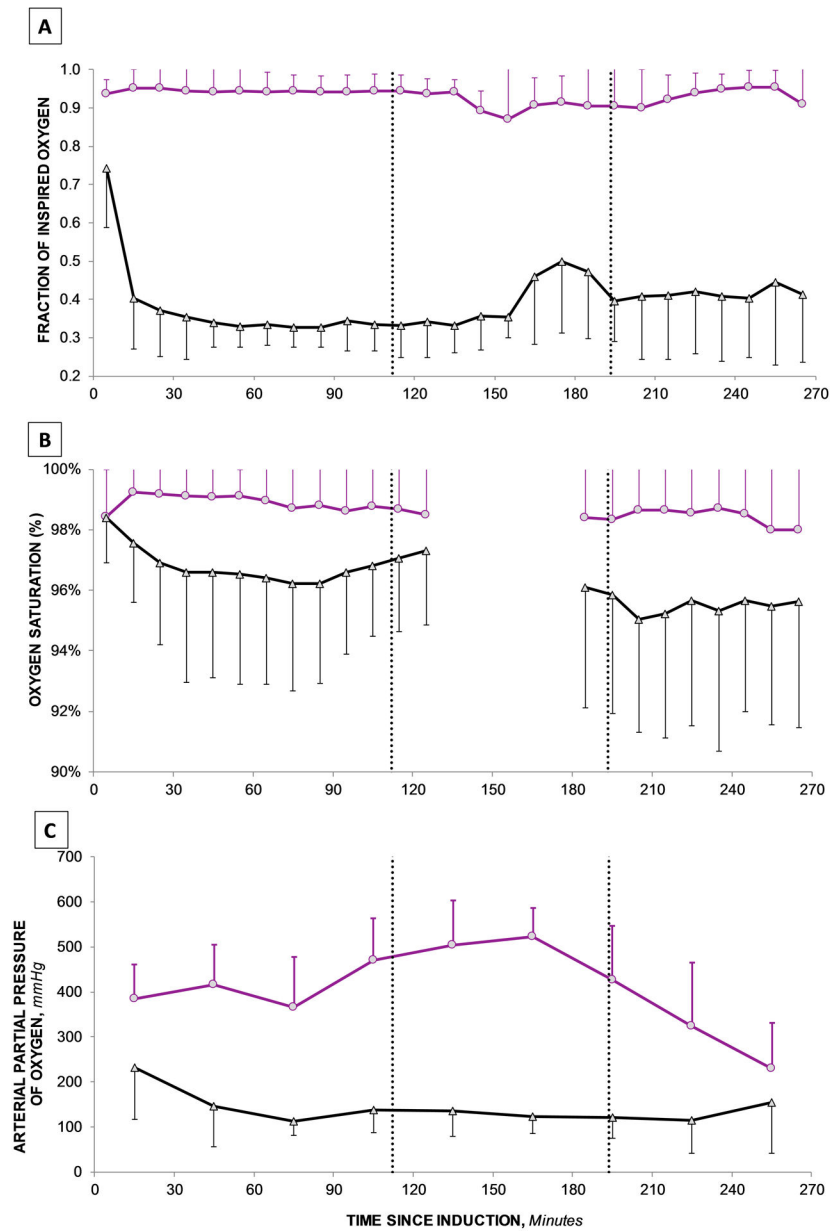


Figure 2. Protocol Adherence throughout Intraoperative Period
 Components of trial adherence including fraction of inspired oxygen administered (FiO_2), oxygen saturation (SpO_2) and partial pressure of oxygen (PaO_2) are depicted for both the normoxia (black triangles) and hyperoxia (purple circles) groups.

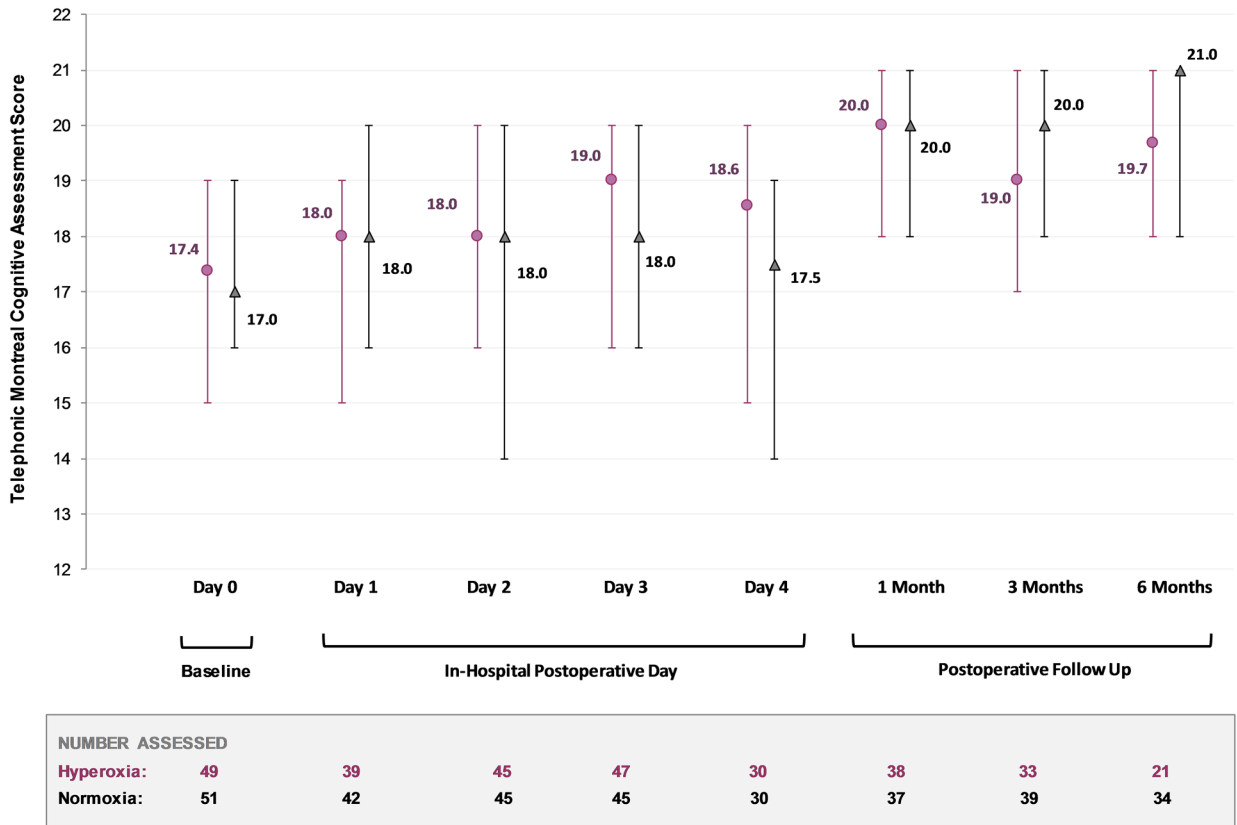


Figure 3. Cognitive Trajectories of Study Participants

Neurocognitive scores for the study period are presented over time. Values are reported for the hyperoxia (purple circles) and normoxia (black triangles) randomization groups individually, with medians presented and their associated interquartile range (error bars).

Table 1.

Baseline Characteristics of the Study Cohort

	Hyperoxia N = 49	Normoxia N = 51	P-Value
Demographics			
Age, years	71 (67, 75)	70 (68, 75)	0.88
Male Sex	43 (87.76)	41 (80.39)	0.32
Weight, kilograms	86.7 ± 13.7	87.9 ± 18.0	0.70
Height, centimeters	175 (170, 178)	173 (168, 180)	0.81
Body Mass Index, kilograms/meter ²	29.3 (26.6, 31.8)	29.0 (24.4, 32.0)	0.91
Race			0.74
White	46 (93.88)	49 (96.08)	
Black / African American	1 (2.04)	1 (1.96)	
Asian	0 (0)	1 (1.96)	
Unknown / Not Specified	1 (2.04)	0 (0)	
Other	1 (2.04)	0 (0)	
Hispanic or Latino	1 (2.04)	0 (0)	0.49
Surgical Characteristics			
Previous Cardiac Surgery	1 (2.04)	0 (0)	0.49
Previous Carotid Endarterectomy	4 (8.16)	2 (3.92)	0.43
Previous Percutaneous Coronary Intervention	11 (22.45)	19 (37.25)	0.11
Other Previous Vascular Surgery	2 (4.08)	2 (3.92)	0.97
Preoperative Medications			
Aspirin (Within Five Days)	42 (85.71)	42 (82.35)	0.65
Clopidogrel/Plavix (Within Seven Days)	5 (10.20)	5 (9.80)	0.95
Medical Characteristics			
Charlson Comorbidity Index	4 (3, 5)	4 (3, 5)	0.41
Peripheral Vascular Disease	5 (10.20)	5 (9.80)	0.95
Connective Tissue Disease	3 (6.12)	5 (9.80)	0.72
Ulcer Disease	1 (2.04)	4 (7.84)	0.36
Mild liver Disease	1 (2.04)	2 (3.92)	0.58
Diabetes (Without Complications)	17 (34.69)	20 (39.22)	0.64
Diabetes (With End Organ Damage)	7 (14.29)	6 (11.76)	0.71
Moderate or Severe Renal Disease	6 (12.24)	6 (11.76)	0.94
Solid tumor (Non-metastatic)	9 (18.37)	7 (13.73)	0.53
Leukemia	2 (4.08)	0 (0)	0.24
Lymphoma / Multiple Myeloma	1 (2.04)	1 (1.96)	0.98
Moderate or Severe Liver Disease	2 (4.08)	1 (1.96)	0.61
Acquired Immune Deficiency Syndrome	1 (2.04)	0 (0)	0.49
Depression	9 (18.37)	6 (11.76)	0.36

	Hyperoxia N = 49	Normoxia N = 51	P-Value
Chronic Pain	5 (10.20)	5 (9.80)	0.95
None	6 (12.24)	11 (21.57)	0.21
Baseline telephonic-Montreal Cognitive Assessment Score	17 (15, 19)	17 (16, 19)	0.96

Values are presented as mean ± standard deviation, median (quartile 1, quartile 3), or n (%) depending on type and distribution.

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Table 2.

Operative Characteristics

	Hyperoxia <i>N = 49</i>	Normoxia <i>N = 51</i>	P-Value
Operative Characteristics			
Urgent Procedure	12 (24.49)	18 (35.29)	0.24
Surgical Cross Clamp Time (minutes)	67(54, 80)	69 (57, 78)	0.89
Total CPB Time (minutes)	83 (66, 97)	81 (68, 91)	0.67
Left Ventricular Ejection Fraction (%)	55 (53, 55)	55 (46, 55)	0.95
Intraoperative Arterial Partial Pressure of Oxygen^a			
Throughout Surgery	309 (285, 352)	153 (133, 168)	<0.0001
Before Bypass	395 (333, 436)	163 (121, 210)	<0.0001
During Bypass	527 (485, 557)	127 (109, 147)	<0.0001
After Bypass	194 (136, 223)	156 (135, 180)	0.01
Fraction of Inspired Oxygen^a			
Throughout Surgery	94 (92, 98)	38 (35, 41)	<0.0001
Before Bypass	95 (93, 98)	38 (34, 42)	<0.0001
During Bypass	86 (79, 92)	42 (34, 61)	<0.0001
After Bypass	94 (92, 98)	37 (34, 43)	<0.0001
Oxygen Saturation^a			
Throughout Surgery	99.2 (98.6, 99.6)	96.7 (95.7, 97.8)	<0.0001
Before Bypass	99.2 (98.7, 99.6)	97.5 (96.0, 98.4)	<0.0001
After Bypass	99.4 (98.2, 99.8)	96.2 (94.7, 97.5)	<0.0001

Values are presented as median (quartile 1, quartile 3), or n (%) depending on variable type. Abbreviations: CPB = cardiopulmonary bypass;

^aFor each patient the average of all of their values was calculated for each of the periods of surgery individually. Then, the median off all of these values among patients in the hyperoxia and normoxia groups are presented.

Table 3.

Study Outcomes

	Hyperoxia <i>N = 49</i>	Normoxia <i>N = 51</i>	P-Value
Primary Outcome			
Postoperative Day 2 telephonic Montreal Cognitive Assessment	18 (16, 20)	18 (14, 20)	0.42
Change from Baseline ^a	-1.0 (-2.9, 1.0)	0.0 (-2.0, 2.0)	0.12
Secondary Neurocognitive Outcomes			
Neurocognition			
One Month telephonic Montreal Cognitive Assessment	20 (18, 21)	20 (18, 21)	0.60
Days After Surgery	31.0 ± 4.5	30.5 ± 4.0	0.58
Number Assessed	38	37	
Three Months telephonic Montreal Cognitive Assessment	19 (17, 21)	20 (18, 21)	0.62
Days After Surgery	91.8 ± 10.6	91.6 ± 7.4	0.92
Number Assessed	33	39	
Six Months telephonic Montreal Cognitive Assessment	20 (18, 21)	21 (18, 21)	0.34
Days After Surgery	181.9 ± 7.7	179.7 ± 9.3	0.38
Number Assessed	21	34	
Delirium	15 (30.61)	16 (31.37)	0.93
Delirium Severity (Worst)	11 (8, 13)	8 (7, 11)	0.23
Time to Delirium	1 (1, 2)	2 (1, 3)	0.17
Time Characteristics			
Hospital Length of Stay, <i>days</i>	8 (5, 11)	7 (5, 10)	0.70
ICU Length of Stay, <i>days</i>	2 (1, 3)	1 (1, 3)	0.34
Hours of initial intubation	4.8 (3.7, 8.7)	5.5 (3.7, 8.7)	0.76
Adverse Clinical Outcomes			
Mortality			
In-Hospital	0 (0)	0 (0)	---
30 Day	0 (0)	1 (1.96)	0.32
Six Month ^b	0 (0)	1 (2.56)	0.37
Stroke	0 (0)	0 (0)	---
Pneumonia	3 (6.12)	1 (1.96)	0.36
Renal Failure	0 (0)	1 (1.96)	0.32
Reoperation (Bleeding)	0 (0)	1 (1.96)	0.32
Atrial Fibrillation	14 (28.57)	16 (31.37)	0.83

Values are presented as mean ± standard deviation, median (quartile 1, quartile 3), or n (%) depending on type or distribution. Abbreviations: POD = Postoperative Day.

^aThe change from baseline is calculated as baseline telephonic Montreal Cognitive Assessment – telephonic Montreal Cognitive Assessment on postoperative day two.

^bSix month mortality status was not available for all patients. Mortality status could be confirmed for 31 hyperoxia and 39 normoxia patients. The patient who died within 30 days is the same patient denoted as dead at six months.

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