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Original Article/Research

Impact of COVID-19 pandemic on oral health procedures provided by the Brazilian public health system[☆]

COVID-19 and oral health in Brazil



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ABSTRACT

Objective: The objective of this study was to assess the number of dental procedures performed in the Brazilian Public Health System (SUS) during the first wave of COVID-19 in Brazil (1st semester of 2020) and compare it with the same period of 2019.

Methods: A retrospective study was conducted based on the SUS Dataset (DATASUS). Descriptive analysis of the number of dental procedures and socio-demographic regions was presented and the number of dental procedures during the first semester of 2020 was compared to 2019, using Wilcoxon Signed Rank Test ($\alpha = 0.05$). The number of COVID-19 confirmed cases and deaths were also retrieved from DATASUS.

Results: Dental procedures decreased from 47 million in the first semester of 2019 to 15 million in 2020, representing an overall decrease of about 66%. Statistically significant differences were observed for the numbers of procedures regarding preventive actions related to oral health (-84.53%; $p < 0.001$), primary care (-60.69%; $p < 0.001$), endodontic specialized care (-52.50%; $p < 0.001$), and periodontal and oral surgery specialized care (-54.57%; $p < 0.001$).

Conclusion: The COVID-19 pandemic also reduced by half the number of oral health procedures provided by the SUS in almost all Brazilian states regardless of whether these states had a large number of confirmed cases or deaths. Future policies are recommended in order to reduce the negative impact of the suspension of dental services on the oral health of the population.

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Public Interest Summary

During the early months of the COVID-19 pandemic, elective dental treatments were suspended with the aim of reducing the spread of the virus, but it may also have impacted oral health conditions. For this reason, this study investigated the number of dental procedures during the first semester of 2020 compared to 2019 in the SUS. Dental procedures decreased from 47 million in the first semester of 2019 to 15 million in 2020, and all types of dental procedures (root canal therapy, tooth extraction, and others) declined over the same time period. This study contributes to

future policies to demonstrate and to reduce the negative impact of COVID-19 on oral health.

Introduction

The year 2020 started with the global outbreak of a novel coronavirus (severe acute respiratory syndrome coronavirus 2 - SARS-CoV-2), which resulted in a rapid increase in the number of infected patients and fatalities [1]. SARS-CoV-2 is the causative pathogen of the Coronavirus Disease 2019 (COVID-19). A relative delay in the official announcement of the epidemic by the Chinese Center for Disease Control and Prevention, [2] its high transmission rate, [3] and its low fatality rate compared to other recent epidemics (e.g. SARS – severe acute respiratory syndrome, and MERS – Middle East respiratory syndrome) may have facilitated its spread in the world. As a result, COVID-19 was declared a pan-

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demic by the World Health Organization (WHO) on March 11, 2020 [4].

The literature emphasized the seriousness and pandemic potential of COVID-19, indicating that the identification and isolation of positive cases were needed to fully control the spread of the disease [5–7]. As the disease spread quickly, governments of the affected countries adopted social distancing and movement restriction policies. For instance, the Wuhan region in China and Italy were “locked down” in an effort to contain the spread of the coronavirus, since asymptomatic patients and patients in the incubation period were also carriers of the disease [8]. The COVID-19 pandemic also had a harmful effect on the global economy as a result of movement restrictions policies (lockdowns, travel bans, borders, and business closures), event cancellations, and limitations of a variety of different services, including non-urgent health care [9].

According to the Center for Disease Control (CDC), dental services were to be limited to only critical services only to reduce potential exposure to SARS-CoV-2 infections and limiting harm to patients [10]. Some studies recommended that non-urgent elective procedures of any kind be halted during the COVID-19 pandemic ([11,12]). This recommendation aimed to concentrate efforts and health care staff to care for COVID-19 patients, increasing the number of available medical rooms, including intensive care units for the cases related to the pandemic. It would also help to avoid nosocomial infections due to admission for elective procedures. Although such recommendations have been made by several studies [13–16] and from governmental agencies in different countries, [4,17] the Brazilian government delayed adopting the WHO determinations for self-isolation, border closures, limitations on non-essential elective services in the public health system, and extensive testing for all suspected cases. As of DATE, the spread of COVID-19 in Brazil has killed more than 215,000 and infected more than 8 million Brazilians.

Although the available evidence has not demonstrated a clear and direct relationship between dental treatment and transmission of COVID-19, there is clearly the potential for transmission since some dental procedures generate aerosols containing salivary droplets, which is how SARS-CoV-2 is transmitted [13,16]. However, the suspension of non-urgent elective procedures may be seen as a relevant side effect of the measures adopted to reduce COVID-19 contamination, since the reduction of such treatments might result in significant oral health deterioration [18]. Therefore, it is important to assess the impact of COVID-19 on the number and type of dental procedures provided by the Brazilian public health system (Sistema Unico de Saude–SUS). Thus, the objective of this study was to assess the number of dental procedures performed in the SUS during the first wave of COVID-19 in Brazil (1st semester of 2020) and compare it with the same period of 2019 using the SUS dataset (DATASUS).

Material and methods

This retrospective study was based on secondary data from DATASUS, and in accordance to the Brazilian National Resolution (CNS, n° 510), Ethics Committee Approval was not mandatory [19]. This report follows the *Strengthening the Reporting of Observational Studies in Epidemiology* (STROBE) statement [20].

Source

Data was acquired from DATASUS using the TABNET tool, which provides information to support objective analysis of the health care system, evidence-based decision making, and the development of health action programs [21]. The data extraction was performed independently and carried out for 2 investigators previ-

ously calibrated (ALCP, MAK). The method was based on a previous study [22].

Data acquisition

A search comprising provided treatments and the SUS codes related to any dental procedures provided by SUS at outpatient settings (for instance, patients who are not hospitalized overnight but who visits a hospital, clinic, or associated facility for diagnosis or treatment) in the first semester of 2020. Using the same criteria, data of the same time period of 2019 was obtained for comparison. Data was collected on October 9th, 2020.

All treatments were analysed and categorized into: a) preventive actions regarding oral health; b) primary oral care; c) endodontic specialized oral care, and d) periodontal and oral surgery specialized care. The definition of the procedures included in each classification and its SUS codes are presented in Table 1. Descriptive analysis with the number of procedures per state with relative percentages among the Brazil's socio-demographic regions (south, southeast, northeast, north, and central-west) was performed. Statistical analysis was performed using Stata Software 14 (Stata Corporation, College Station, TX, USA). The impact of COVID-19 on the number of dental procedures provided by the SUS in 2020 was compared with the number of procedures in 2019 using Wilcoxon Signed Rank Test. The number of procedures was considered as the analysis unit and an alpha level of 0.05 was adopted.

Also, the numbers of total confirmed cases and deaths in the first semester of 2020 were retrieved from the official health ministry website (<https://covid.saude.gov.br>, accessed on October 9th, 2020.).

Results

In the first semester (January to July) of 2019, the SUS provided about 47 million dental procedures, but in 2020 (January to July), the number of those same procedures declined to 15.67 million (Fig. 1). This decrease represents a reduction of more than 66% of the total number of dental procedures during those seven months of the pandemic. Fig. 1 also shows that before the COVID-19 pandemic (February 2020) the number of dental procedures for both years were similar, and they decreased rapidly after the COVID-19 outbreak in Brazil.

When comparing the type of dental procedures, statistically significant differences were observed for the numbers of procedures regarding preventive actions related to oral health (-84.53%; $p < 0.001$; Table 2), primary care (-60.69%; $p < 0.001$; Table 3), endodontic specialized care (-52.50%; $p < 0.001$; Table 4), and periodontal and oral surgery specialized care (-54.57%; $p < 0.001$; Table 5). Despite the pandemic, two Brazilian states (Para: +1.39% and Tocantins +10.11%) had a greater number of overall dental procedures in 2020 than in 2019.

In Fig. 2, different heat maps display the reduction of dental procedures provided by the SUS in 2020 compared to the same period of 2019. Fig. 2 also shows that the number of procedures decreased by more than 50% in almost the entire country regardless whether the states or regions were heavily affected by the disease or not.

Discussion

Brazil is one of the few countries that has achieved nearly universal access to health-care services for the population by means of its public health system (SUS). In this perspective, our study evaluated the impact of the COVID-19 pandemic in one of the largest health-care services globally. We identified a reduction of more than 66% of dental procedures from the same period of time

Table 1
Procedures and SUS codes included in the search strategy.

	Procedure	SUS Code	
Preventive actions	Collective action of topical application of fluoride gel	101020015	
	Fluoric mouthwash collective action	101020023	
	Collective action of supervised tooth brushing	101020031	
Primary oral care	Collective action of oral examination with epidemiological purposes	101020040	
	Cariostatic application (per tooth)	101020058	
	Sealant application (per tooth)	101020066	
	Topical fluoride application (individual per session)	101020074	
	Disclosure of plaque	101020082	
	Temporary sealing of dental cavity	101020090	
	Pulp capping	307010015	
	Primary tooth restoration	307010023	
	Anterior permanent tooth restoration	307010031	
	Posterior permanent tooth restoration	307010040	
	Primary tooth extraction	414020120	
	Permanent tooth extraction	414020138	
	Access to dental pulp and medication (per tooth)	307020010	
	Dental pulpotomy	307020070	
	Prophylaxis / plaque removal	307030040	
	Subgingival scaling and root planing (per sextant)	307030024	
	Supragingival scaling and root planing (per sextant)	307030059	
	Endodontics specialized care	Temporary dressing with or without biomechanical preparation	307020029
		Primary tooth filling	307020037
		Permanent bi-radicular tooth filling	307020045
		Permanent tooth filling with three or more roots	307020053
Uniradicular permanent tooth filling		307020061	
Endodontic retreatment in bi-radicular permanent tooth		307020088	
Endodontic retreatment in permanent tooth with 3 or more roots		307020096	
Endodontic retreatment in uni-radicular permanent tooth		307020100	
Root perforation sealing		307020118	
Corono-root scaling (by sextant)		307030032	
Periodontics & Oral surgery specialized care		Gingival graft	414020081
		Gingivectomy (by sextant)	414020154
	Gingivoplasty (per sextant)	414020162	
	Periodontal surgical treatment (by sextant)	414020375	
	Apicectomy with or without retrograde filling	414020022	
	Deepening of the oral vestibule (per sextant)	414020030	
	Correction of muscle bridles	414020049	
	Correction of alveolar ridge irregularities	414020057	
	Jaw tuberosity correction	414020065	
	Periapical curettage	414020073	
	Bone graft from intraoral donor area	414020090	
	Multiple extraction with alveoloplasty by sextant	414020146	
	Glossorrhaphy	414020170	
	Marsupialization of cysts and pseudocysts	414020200	
	Odontosection / radiclectomy / tunneling	414020219	
	Dental replantation and transplantation (per element)	414020243	
	Retained tooth removal (included / impacted)	414020278	
	Torus and exostosis removal	414020294	
	Surgical treatment of oral-dental hemorrhage	414020359	
	Surgical treatment for dental traction	414020367	
Treatment of alveolitis	414020383		
Ulotomy / ulectomy	414020405		
Osteointegrated dental implant	414020421		
Treatment of facial neuralgia	307010058		

in 2019 to 2020. This reduction was significant and occurred in many different procedures, including preventive care, endodontic treatment, periodontal, and surgical procedures. Understanding the number and pattern of this reduction might contribute to better understand the problems the world will face after the pandemic.

The COVID-19 has raised a number of concerns and brought many undesirable consequences to the whole world. The absence of proper treatment resulted in the need for social distancing as one of the most important methods to reduce the spread of the disease, which in turn, resulted in the emergence of an economic crisis amid an international health crisis, causing different countries to adopt different approaches to these problems [23]. While most of European and Asian countries have battled the COVID-19 with lockdowns and restrictive policies, countries like the United States of America and Brazil have adopted less restrictive protocols, which were officially justified by the need to keep their eco-

nomic activity [24,25]. Not surprisingly, the latter are among the top 3 countries with the greatest number of COVID-19 confirmed cases and deaths, presenting high numbers of cases and death per million of population (USA: 64,323 cases/ 1M population and 1,091 deaths/1M population; Brazil: 36,350 cases/ 1M population and 922 deaths/1M population) according to the online interactive dashboard of the Johns Hopkins University [26].

Dental procedures are thought to involve high risk of COVID-19 transmission [10] because of the proximity to the mucosal of the oral cavity (high-risk route of COVID infection) and the generation of aerosols during a consultation [27,28]. In this perspective, the suspension of elective dental procedures during the COVID-19 pandemic outbreak might result in the reduction of the transmission rate and consequently reduce the pressure on the health care system [11,29]. Conversely, the suspension of elective dental procedures might facilitate the deterioration of the oral health of the

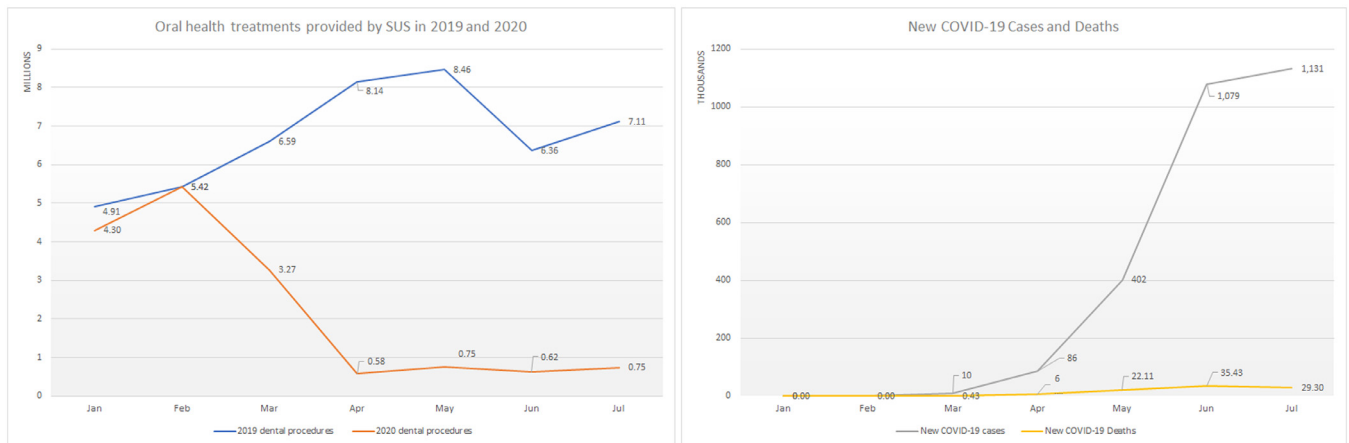


Fig. 1. Line graphic comparing dental procedures in 2019 (blue), 2020 (orange), and the number of new confirmed COVID-19 cases (grey) and deaths (yellow) each month. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

Table 2
Distribution of preventive actions regarding oral health in the Brazilian public health system in 2019 and 2020 and its variation (%).

		2019			2020			2019-2020 Variation (%)
		n	% in the region	% in the country	n	% in the region	% in the country	
North	Acre	19,600	7.71	0.15	82	0.12	0.00	-99.58
	Amapa	0	0.00	0.00	114	0.17	0.01	-
	Amazonas	138,330	54.38	1.08	44,367	64.59	2.24	-67.93
	Para	24,951	9.81	0.19	4,720	6.87	0.24	-81.08
	Rondonia	6,464	2.54	0.05	462	0.67	0.02	-92.85
	Roraima	5,503	2.16	0.04	1,470	2.14	0.07	-73.29
Northeast	Tocantins	59,531	23.40	0.47	17,474	25.44	0.88	-70.65
	Alagoas	59,612	2.68	0.47	10,643	5.37	0.54	-82.15
	Bahia	86,384	3.88	0.67	17,179	8.66	0.87	-80.11
	Ceara	116,079	5.21	0.91	7,322	3.69	0.37	-93.69
	Maranhao	1,553,746	69.76	12.14	126,879	63.97	6.41	-91.83
	Paraiba	2,330	0.10	0.02	167	0.08	0.01	-92.83
Central-west	Pernambuco	67,853	3.05	0.53	25,313	12.76	1.28	-62.69
	Piaui	287,854	12.92	2.25	583	0.29	0.03	-99.80
	Rio Grande do Norte	26,750	1.20	0.21	2,603	1.31	0.13	-90.27
	Sergipe	26,808	1.20	0.21	7,653	3.86	0.39	-71.45
	Goias	148,084	15.65	1.16	59,248	34.69	2.99	-59.99
	Federal district	67,545	7.14	0.53	3,002	1.76	0.15	-95.56
Southeast	Mato Grosso	268,410	28.37	2.10	50,338	29.47	2.54	-81.25
	Mato Grosso do Sul	462,001	48.84	3.61	58,202	34.08	2.94	-87.40
	Espirito Santo	252,617	4.50	1.97	47,119	4.33	2.38	-81.35
South	Minas Gerais	1,306,642	23.29	10.21	249,907	22.96	12.62	-80.87
	Rio de Janeiro	441,287	7.87	3.45	73,697	6.77	3.72	-83.30
	Sao Paulo	3,608,570	64.33	28.20	717,751	65.94	36.26	-80.11
South	Parana	2,518,036	66.94	19.67	255,682	56.42	12.92	-89.85
	Rio Grande do Sul	718,903	19.11	5.62	120,777	26.65	6.10	-83.20
South	Santa Catarina	524,418	13.94	4.10	76,713	16.93	3.88	-85.37
	Total	12,798,308			1,979,467			-84.53
p-value		<0.001						

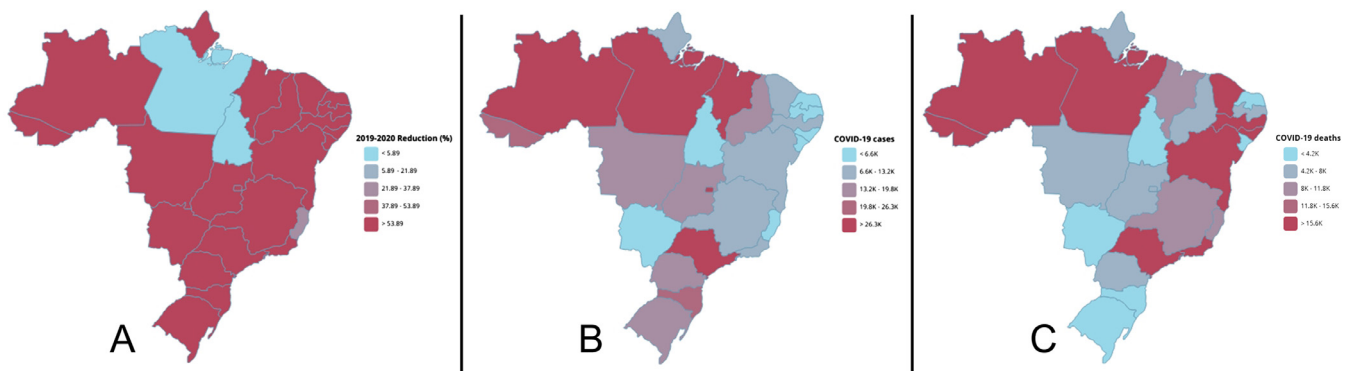


Fig. 2. Graphical comparison considering (A) the reduction of dental procedures provided by the Brazilian public health system in 2020 compared to the same period of 2019, the number of (B) confirmed COVID-19 cases and (C) deaths of the different Brazilian states.

Table 3
Distribution of primary oral care treatments in the Brazilian public health system in 2019 and 2020 and its variation (%).

		2019			2020			2019-2020 Variation (%)
		n	% in the region	% in the country	n	% in the region	% in the country	
North	Acre	54.908	4.54	0.18	16.877	1.65	0.14	-69.26
	Amapa	28.559	2.36	0.09	10.087	0.99	0.08	-64.68
	Amazonas	292.754	24.20	0.96	69.545	6.81	0.58	-76.24
	Para	527.149	43.57	1.73	642.580	62.90	5.37	21.90
	Rondonia	115.687	9.56	0.38	14.935	1.46	0.12	-87.09
	Roraima	8.863	0.73	0.03	3.645	0.36	0.03	-58.87
Northeast	Tocantins	182.047	15.05	0.60	263.871	25.83	2.21	44.95
	Alagoas	31.748	0.53	0.10	10.475	0.83	0.09	-67.01
	Bahia	1.593.051	26.73	5.23	276.354	21.80	2.31	-82.65
	Ceara	732.040	12.28	2.41	177.175	13.98	1.48	-75.80
	Maranhao	1.457.712	24.46	4.79	175.557	13.85	1.47	-87.96
	Paraiba	231.463	3.88	0.76	56.681	4.47	0.47	-75.51
	Pernambuco	657.104	11.03	2.16	206.909	16.33	1.73	-68.51
	Piaui	120.993	2.03	0.40	39.160	3.09	0.33	-67.63
	Rio Grande do Norte	799.275	13.41	2.63	242.384	19.12	2.03	-69.67
	Sergipe	335.476	5.63	1.10	82.738	6.53	0.69	-75.34
Central-west	Goias	1.015.008	41.26	3.34	345.294	39.56	2.89	-65.98
	Federal district	55.676	2.26	0.18	33.271	3.81	0.28	-40.24
	Mato Grosso	634.147	25.78	2.08	241.596	27.68	2.02	-61.90
	Mato Grosso do Sul	755.202	30.70	2.48	252.621	28.94	2.11	-66.55
Southeast	Espirito Santo	800.104	5.07	2.63	638.244	9.08	5.33	-20.23
	Minas Gerais	4.945.644	31.33	16.25	1449.924	20.64	12.12	-70.68
	Rio de Janeiro	1.219.239	7.72	4.01	429.978	6.12	3.59	-64.73
	Sao Paulo	8.821.085	55.88	28.98	4507.230	64.16	37.67	-48.90
South	Parana	2.657.887	52.96	8.73	922.534	51.91	7.71	-65.29
	Rio Grande do Sul	927.222	18.48	3.05	355.008	19.98	2.97	-61.71
	Santa Catarina	1.433.326	28.56	4.71	499.611	28.11	4.18	-65.14
Total		30,433,369			11,964,284			-60.69
p-value		<0.001						

Table 4
Distribution of endodontic specialized care in the Brazilian public health system in 2019 and 2020 and its variation (%).

		2019			2020			2019-2020 Variation (%)
		n	% in the region	% in the country	n	% in the region	% in the country	
North	Acre	3,282	3.76	0.25	1,049	1.79	0.17	-68.04
	Amapa	746	0.85	0.06	377	0.64	0.06	-49.46
	Amazonas	12,661	14.50	0.98	4,121	7.03	0.67	-67.45
	Para	55,886	63.99	4.32	37,101	63.26	6.03	-33.61
	Rondonia	6,265	7.17	0.48	1,712	2.92	0.28	-72.67
	Roraima	1,638	1.88	0.13	10,841	18.48	1.76	561.84
Northeast	Tocantins	6,856	7.85	0.53	3,447	5.88	0.56	-49.72
	Alagoas	7,534	2.80	0.58	2,902	2.55	0.47	-61.48
	Bahia	40,718	15.16	3.14	22,205	19.48	3.61	-45.47
	Ceara	46,261	17.22	3.57	18,052	15.83	2.94	-60.98
	Maranhao	37,287	13.88	2.88	13,122	11.51	2.13	-64.81
	Paraiba	34,310	12.77	2.65	14,869	13.04	2.42	-56.66
	Pernambuco	48,238	17.96	3.73	21,244	18.63	3.45	-55.96
	Piaui	16,959	6.31	1.31	8,113	7.12	1.32	-52.16
	Rio Grande do Norte	34,175	12.72	2.64	12,728	11.16	2.07	-62.76
	Sergipe	3,143	1.17	0.24	767	0.67	0.12	-75.60
Central-west	Goias	40,685	34.75	3.14	25,489	41.50	4.14	-37.35
	Federal district	3,921	3.35	0.30	2,372	3.86	0.39	-39.51
	Mato Grosso	20,659	17.65	1.60	11,143	18.14	1.81	-46.06
	Mato Grosso do Sul	51,815	44.26	4.00	22,414	36.49	3.64	-56.74
Southeast	Espirito Santo	28,204	4.39	2.18	14,661	5.19	2.38	-48.02
	Minas Gerais	219,231	34.15	16.93	54,179	19.20	8.81	-75.29
	Rio de Janeiro	82,662	12.88	6.38	41,902	14.85	6.81	-49.31
	Sao Paulo	311,866	48.58	24.09	171,505	60.76	27.88	-45.01
South	Parana	93,461	51.97	7.22	46,814	47.41	7.61	-49.91
	Rio Grande do Sul	34,435	19.15	2.66	22,440	22.73	3.65	-34.83
	Santa Catarina	51,946	28.88	4.01	29,482	29.86	4.79	-43.24
Total		1,294,844			615,051			-52.50
p-value		<0.001						

Table 5
Distribution of periodontal and oral surgery specialized care in the Brazilian public health system in 2019 and 2020 and its variation (%).

		2019			2020			2019-2020 Variation (%)
		n	% in the region	% in the country	n	% in the region	% in the country	
North	Acre	3,273	1.33	0.13	1,625	1.35	0.14	-50.35
	Amapa	4,298	1.75	0.17	2,133	1.77	0.19	-50.37
	Amazonas	47,603	19.33	1.93	20,781	17.27	1.85	-56.35
	Para	149,880	60.87	6.06	83,993	69.82	7.48	-43.96
	Rondonia	21,889	8.89	0.89	2,555	2.12	0.23	-88.33
	Roraima	2,512	1.02	0.10	1,999	1.66	0.18	-20.42
Northeast	Tocantins	16,775	6.81	0.68	7,217	6.00	0.64	-56.98
	Alagoas	25,370	3.57	1.03	9,841	3.02	0.88	-61.21
	Bahia	143,410	20.15	5.80	73,184	22.44	6.51	-48.97
	Ceara	172,355	24.22	6.97	65,522	20.09	5.83	-61.98
	Maranhao	32,626	4.58	1.32	51,577	15.82	4.59	58.09
	Paraiba	108,055	15.18	4.37	47,202	14.48	4.20	-56.32
	Pernambuco	112,699	15.84	4.56	39,665	12.16	3.53	-64.80
	Piaui	56,301	7.91	2.28	22,249	6.82	1.98	-60.48
	Rio Grande do Norte	42,700	6.00	1.73	11,972	3.67	1.07	-71.96
	Sergipe	18,095	2.54	0.73	4,857	1.49	0.43	-73.16
Central-west	Goiias	88,841	48.55	3.59	41,139	51.80	3.66	-53.69
	Federal district	16,636	9.09	0.67	11,387	14.34	1.01	-31.55
	Mato Grosso	35,623	19.47	1.44	12,008	15.12	1.07	-66.29
Southeast	Mato Grosso do Sul	41,907	22.90	1.69	14,892	18.75	1.33	-64.46
	Espirito Santo	24,180	2.30	0.98	9,839	2.07	0.88	-59.31
	Minas Gerais	231,601	21.99	9.37	87,752	18.44	7.81	-62.11
South	Rio de Janeiro	261,636	24.84	10.58	162,062	34.06	14.43	-38.06
	Sao Paulo	535,732	50.87	21.66	216,118	45.42	19.24	-59.66
	Parana	115,068	41.27	4.65	50,897	41.75	4.53	-55.77
Total	Rio Grande do Sul	75,295	27.00	3.04	38,336	31.45	3.41	-49.09
	Santa Catarina	88,478	31.73	3.58	32,669	26.80	2.91	-63.08
Total		2,472,838			1,123,471			-54.57
p-value		<0.001						

population, leading to irreparable damages and consequently reducing the quality of life of these subjects [18]. Oral health and inequalities are a recognized major problem in the world, and such conditions is generally linked with lower-income segments of the population [30]. Thus, the reduction of elective procedures provided by the national public health system observed in our study could reflect the impact that is occurring throughout the globe.

The SUS is based on the principle that a citizen's health is a constitutional right and the government's duty [31], and it was designed to be decentralized, where services are financed and provided at federal, state, or municipal levels [32]. Understanding how the different regions and states of Brazil faced the COVID-19 pandemic, we identified an important reduction of all types of dental procedures provided by SUS in all regions of the country, except for two states that have shown an increase of overall dental procedures in the first semester from 2020 to 2019. This increase might reflect the freedom of this decentralized system, which allows managers to adopt different protocols for halting or keeping elective procedures during the pandemic, according to the characteristics and needs of each community.

Throughout 2020, a number of guidelines and recommendations for the management of dental procedures were proposed in an attempt to stabilize patient's oral health condition, protect the dental staff and patient's general health, and to reduce the burden of dental or hospital clinics [33,34]. Given that one can be infected by COVID-19 without presenting symptoms and that most dental procedures generate aerosols that can carry the virus, the risk of contamination is high. Therefore, teledentistry, with its subunits (teleconsultation, telediagnosis, teletriage, and telemonitoring), conducted by telephone or video-calls was suggested as one method to reduce the risk of contamination [35]. This is especially important for patients who are considered at high risk of severe illness or mortality due to a COVID-19 infection, e.g., in people who are older than 60 years or who have health conditions, like lung

or heart disease, diabetes, or conditions that affect their immune system [36]. Although teledentistry was helpful for avoiding contamination in the dental practice, the use of such tool in a wide population service is difficult and needs thorough planning before its implementation.

Teledentistry was not officially recommended by SUS and this fact could explain the great impact on the reduction of all oral health procedures during the pandemic [37]. The reduction of all oral health procedures might have impacted the quality of life of patients during the pandemic and can also have impact on the oral health of an entire population due to the absence of preventive and therapeutic procedures. It is important to state that urgent procedures should have been carried out to reduce one's pain and to avoid irreversible problems on the oral health. Considering that the extent of contamination during oral procedures has not been completely elucidated, the use of personal protective equipment and initial screening is mandatory [38] and the implementation of another important infection-control practice could be the use of saliva tests to diagnose early or asymptomatic cases of COVID-19 prior to consultation [39].

Although this study has assessed a specific country and its public health system, the findings can provide initial guidance for other countries, depending on the characteristics of each country and its health care systems. In this context, we suggest that teledentistry programs and saliva testing could be implemented as standard policies in public health systems, not only to avoid the contamination related to oral health procedures during the pandemic but also to assist in the assessment of patients' needs and thus help in the establishment of criteria so that oral care can be resumed in order to minimize the impact of this interruption on patients' oral health.

An important limitation of the present study is the data acquisition source, as there is a lack of sociodemographic data, since it does not provide access to patients' gender, age, etc. In addition,

no information was available on the official governmental websites regarding the two states that surprisingly reported an increase in the number of oral health procedures during the pandemic. Another limitation of the present study is that there is no information about whether professionals or patients were infected that could be drawn from this database. Despite the financial cuts and restrictions that SUS has been suffering over the last years, the size of the Brazilian population and the additional pressure from COVID-19, SUS did not collapse during the first semester of 2020. However, as there is not yet a treatment or vaccine cleared by the regulatory agencies against COVID-19, caution is recommended to reduce the infection risk during dental treatment. Also, further research should be conducted in order to keep track of the number of procedures after the pandemic to determine whether a reduction in prevention was associated with subsequent increase in extractions.

Conclusion

The COVID-19 pandemic significantly reduced the number of preventive actions related to oral health, primary care, endodontic specialized care, and periodontal and oral surgery specialized care procedures provided by the SUS from 2019 to 2020. Future policies aimed at matching future increases in demand are recommended in order to reduce the effects of the suspension of dental service on the oral health of the population.

STROBE Statement—Checklist of items that should be included in reports of **cross-sectional studies**

	Item No	Recommendation
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract (1) (b) Provide in the abstract an informative and balanced summary of what was done and what was found (1)
Introduction		
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported (2-3)
Objectives	3	State specific objectives, including any prespecified hypotheses (3)
Methods		
Study design	4	Present key elements of study design early in the paper (4)
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection (4)
Participants	6	(a) Give the eligibility criteria, and the sources and methods of selection of participants (4)
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable (4/5)
Data sources/measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group (4)
Bias	9	Describe any efforts to address potential sources of bias (n/a)
Study size	10	Explain how the study size was arrived at (n/a)
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why (5)

(continued on next page)

Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding (5) (b) Describe any methods used to examine subgroups and interactions (5) (c) Explain how missing data were addressed (5) (d) If applicable, describe analytical methods taking account of sampling strategy (5) (e) Describe any sensitivity analyses (5)
Results		
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed (5) (b) Give reasons for non-participation at each stage (5) (c) Consider use of a flow diagram (N/A)
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders (5) (b) Indicate number of participants with missing data for each variable of interest (5)
Outcome data	15*	Report numbers of outcome events or summary measures (5)
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included (5/6) (b) Report category boundaries when continuous variables were categorized (c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses
Discussion		
Key results	18	Summarise key results with reference to study objectives (6-8)
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias(6-8)
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence (6-8)
Generalisability	21	Discuss the generalisability (external validity) of the study results (6-8)
Other information		
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based (9)

* Give information separately for exposed and unexposed groups. **Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at www.strobe-statement.org.

Conflict of Interest

The authors declare that there are no conflicts of interest related to this study.

Ethical Approval

Not required

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