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Contribution of Wound-Associated Cells and Mediators in Orchestrating Gastrointestinal Mucosal Wound Repair

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Abstract

The gastrointestinal mucosa, structurally formed by the epithelium and lamina propria, serves as a selective barrier that separates luminal contents from the underlying tissues. Gastrointestinal mucosal wound repair is orchestrated by a series of spatial and temporal events that involve the epithelium, recruited immune cells, resident stromal cells, and the microbiota present in the wound bed. Upon injury, repair of the gastrointestinal barrier is mediated by collective migration, proliferation, and subsequent differentiation of epithelial cells. Epithelial repair is intimately regulated by a number of wound-associated cells that include immune cells and stromal cells in addition to mediators released by luminal microbiota. The highly regulated interaction of these cell types is perturbed in chronic inflammatory diseases that are associated with impaired wound healing. An improved understanding of prerepair mechanisms in the gastrointestinal mucosa will aid in the development of novel therapeutics that promote mucosal healing and reestablish the critical epithelial barrier function.

Keywords

gastrointestinal tract; inflammation; repair; mucosa; epithelia; lamina propria

INTRODUCTION

Epithelial barriers line body surfaces that reside in borders between the internal organs and the external environment. Epithelial cells associate with connective tissue in the lamina propria, line a cavity, or cover the surface of an internal organ, thereby serving as mucosal barriers. In luminal organs, mucosal membranes are further lined by mucus, which provides additional protection of tissues from microorganisms, toxins, and trauma (1).

The gastrointestinal (GI) tract, consisting of the stomach, small intestine, and large intestine, exhibits mucosal architecture that varies along the gut axis depending on the specific regional function. In addition to serving as a critical barrier, epithelial cells control secretion and absorption of select substances, while the subepithelial lamina propria provides support and has immune cells that control mucosal homeostasis and host defense (2).

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GI mucosal damage resulting in epithelial injury or wounds is observed in several pathologic states that include inflammatory diseases, ischemic events, or mechanical injury. Adequate and efficient repair of the epithelial barrier is critical to regain mucosal homeostasis. Upon mucosal injury, wound repair is established through a spatial and temporal cross talk between epithelial cells, recruited and resident immune cells, microbiota, and other lamina propria cells such as mesenchymal stem cells (MSCs) and fibroblasts. These complex cellular networks prevent bacterial translocation across the mucosa while ensuring repair of the epithelium and removal of damaged cells (3). This review focuses on repair mechanisms in the GI tract.

Mucosal wound repair consists of sequential yet overlapping stages: hemostasis, inflammation, epithelial migration, proliferation, and ultimately, resolution of the inflammatory response. Hemostasis after mucosal injury is accompanied by vascular constriction that prevents excessive blood loss and platelet recruitment that contributes to a fibrin-rich clot, which further helps to seal the injured area. Concomitantly with hemostasis, inflammation triggered by mucosal injury contributes to the host defense and initiates the reparative response (4). The inflammatory phase is characterized by secretion of cytokines and chemokines that trigger neutrophil recruitment for host defense. Additionally, neutrophils secrete antimicrobial peptides, chemokines, and cytokines, which control the subsequent recruitment of monocytes that differentiate into macrophages in the wound bed. Monocytes/macrophages engulf apoptotic neutrophils and trigger epithelial proliferation by releasing prorepair molecules such as specialized proresolving mediators (SPMs) (5). In concert with the inflammatory response, mucosal repair requires the precise balance of epithelial migration, proliferation, and differentiation. Epithelial cells adjoining wounds flatten out and remodel their cytoskeleton to migrate and achieve mucosal repair, a process also referred to as epithelial restitution. Proliferation of the GI epithelial cells adjoining the wound increases the number of cells available to achieve repair and regain homeostasis. Associated with such epithelial events are deposition and remodeling of the extracellular matrix and endothelial cells in vascular structures. The last phase of mucosal wound healing requires differentiation of wound-associated epithelial (WAE) cells with strengthening of the barrier (6).

Another important player in intestinal mucosal wound repair is the microbiota, which includes more than 1,000 different species of bacteria residing near the gut mucus. These bacteria and their products have been proposed to interact with WAE cells to influence repair events. Evidence supporting the importance of intestinal microbiota in mucosal wound healing includes (a) delayed wound repair in germ-free mice with enhanced epithelial repair after colonization, (b) intestinal commensal flora that induce mucin expression in the colon, and (c) the bacterial metabolite butyrate associated with increased intestinal epithelial cell (IEC) proliferation (7).

This review focuses on the interplay of mechanisms by which epithelial cells, leukocytes, stromal cells, and microbiota coordinate cellular events required for mucosal healing and restoration of tissue homeostasis.

OVERVIEW OF THE GASTROINTESTINAL MUCOSA

The GI tract epithelium serves as a regulated barrier that also controls nutrient and fluid absorption. The overall structural organization of the GI tract is somewhat consistent, as all the individual regions comprise the following components: (*a*) mucosa, consisting of a monolayer of epithelial cells supported by the lamina propria; (*b*) muscularis mucosa that separates the lamina propria from the underlying submucosa and provides flexibility to the mucosa; (*c*) submucosa, consisting of connective tissue containing blood vessels, lymphatics, and peripheral neuronal components; and (*d*) muscularis externa, formed by two muscle layers (the inner circular and the outer longitudinal) that are oriented to coordinate directional movement of the gut or peristalsis.

Along the GI tract, the mucosal architecture demonstrates important spatial structural variations that are dependent of the function of the specific region. Epithelial cells that line the gastric mucosa consist of surface foveolar mucus cells. Additionally, specialized epithelial cells in the body and fundus oxyntic glands differentiate into parietal cells that secrete hydrochloric acid and intrinsic factor and chief cells that release digestive enzymes. Additionally, endocrine D cells in oxyntic glands produce somatostatin. In addition to surface mucus foveolar cells, pyloric glands also contain endocrine (G and D) cells that secrete gastrin and somatostatin. Foveolar epithelial cells secrete neutral mucin that serves to protect tissues from the luminal acid environment (8).

The intestinal tract is lined by a monolayer of columnar epithelial cells that are organized in densely packed invaginations referred to as crypts. IECs differentiate into many cell types, including (*a*) enterocytes that regulate nutrients and water absorption; (*b*) goblet cells, which secrete mucus that has barrier function; (*c*) enteroendocrine cells that generate hormones; and (*d*) tuft cells, which produce interleukin (IL)-25. In the small intestine, Paneth cells secrete antimicrobial peptides, and microfold cells transport antigens to underlying lymphoid aggregates, thereby playing an important role in the adaptive immune response. Several innate and adaptive immune cells ranging from lymphocytes, mast cells, neutrophils, dendritic cells, and macrophages reside in the lamina propria. Spatiotemporal interactions of these cell types orchestrate homeostasis as well as repair after injury (9).

In the following sections, we focus on the cell populations described above and address their role in coordinating mucosal repair in the GI tract.

EPITHELIAL REPAIR

Under homeostatic conditions, the GI tract epithelium is actively turned over as progenitor and stem cells proliferate, differentiate, and are shed in a regulated manner into the lumen. Stem cell location and cell turnover rates vary in the different tissues along the length of the GI tract. In the intestine, where the epithelium is replaced every few days, stem cells are located in the base of the crypts. In response to injury, epithelial cells in crypts adjacent to the damaged mucosa migrate as a collective sheet to cover the denuded mucosa. This process, also referred to as restitution, is initiated within minutes of epithelial cell loss (10). Epithelial cells flatten out, change polarity, and undergo remodeling of the cytoskeleton to

achieve forward movement to cover the wound. Furthermore, integrin-containing cell matrix associations are remodeled in the front versus rear of migrating cells. Specialized basal structures derived from integrin-containing focal complexes transform into focal and fibrillar adhesions that facilitate movement of the epithelium (11). Key integrins that control matrix adhesion and movement of IECs include $\beta 1$ integrin that pairs with $\alpha 6$. Additionally, $\alpha 6\beta 4$ integrin has been shown to function in synergy with $\alpha 3\beta 1$ during cellular extrusion and matrix adhesion. These integrins mediate bidirectional signaling between the cells and the remodeling matrix during wound repair. Matrix components that have been shown to play an important role in controlling epithelial wound repair include laminin 5, 6, and 7, as well as fibronectin. Laminin 5 and $\alpha 6\beta 4$ integrin are targeted into the basal matrix of the leading edge of migrating cells (12, 13) (Figure 1).

In addition to the aforementioned structural elements, a number of signaling molecules coordinate repair events. These include small GTPases in the Rho and Rap family that control remodeling of the cytoskeleton and cell matrix adhesions (14–16). GTPase activity of the proteins is controlled by a number of regulatory molecules that include exchange factors and GTPases in addition to the RNA-binding protein, human antigen R (HuR) that increases Cdc42 expression (17) and cellular inhibitor of apoptosis 2 (BIRC3), which promotes activation of Rac1 (18). Similarly, integrin localization and remodeling in focal cell matrix contacts of IECs is influenced by a number of proteins that include annexin A2, annexin A1, and serum amyloid A1. Of interest, ligation of the formylpeptide receptor (FPR) family of G protein-coupled receptors (GPCRs) by annexin A1 and serum amyloid A has been shown to orchestrate intestinal epithelial repair by promoting reactive oxygen species (ROS) signaling with consequent modification of regulatory phosphatases, activation of focal adhesion kinase, and cell movement (15, 19, 20) (Figure 1; see sidebar titled *In Vitro Models to Study Intestinal Mucosal Wound Repair*).

Metalloproteinases

Movement of cells requires matrix remodeling. The transmembrane and cleaved matrix metalloproteinase (MMP) family of proteins contributes to this process. MMPs cleave and degrade structural proteins in the matrix and basal lamina, thus promoting cell migration. MMP-9 and ADAM 10 and 17 have been reported to influence GI epithelial cell wound repair (21–23). In addition to cell matrix adhesion, collective migration requires orchestrated modification of intercellular junctions. MMPs and ADAM proteases cleave intercellular junctional proteins to decrease intercellular adhesion while promoting forward movement of the epithelial sheet. These proteases target cadherins in the adherens junction (E-cadherin) and desmosomes [desmoglein-2 (Dsg2)] of IECs, resulting in the generation of extracellular cleaved products that are biologically active. We have observed that proinflammatory cytokines released into the epithelial milieu activate proteases in a spatiotemporal manner (24). In damaged cells, interferon-gamma (IFN- γ) and tumor necrosis factor-alpha (TNF- α) activate caspase 8, which promotes intracellular cleavage of Dsg2, and the resulting cleaved product [Dsg2 intracellular fragment (ICF)] sensitizes cells to apoptosis. Of interest, MMP-9 and ADAM 10 also promote extracellular cleavage of Dsg2 and E-cadherin (25). We believe that the significance of these events is that Dsg2 ICF signaling mediates death of damaged

cells, while the subsequent generation of Dsg2 extracellular cleaved products serves to promote proliferation of surrounding epithelial cells to promote repair (Figure 1).

Cytokines

Cytokines, chemokines, growth factors, and specialized protein and lipid mediators are released into the milieu of the repairing epithelium to activate autocrine and paracrine signaling and orchestrate mucosal repair. Cytokines that display prorepair properties include oncostatin M, TNF- α , IL-2, IL-6, IL-10, IL-22, IL-28, and IL-36 (26–35). IL-10 and IL-22 activate STAT3, whereas IL-28 and oncostatin M trigger STAT1 signaling in epithelial cells (26, 30, 31, 35). STAT1 signaling not only activates proliferative pathways but also upregulates the expression of proteins involved in extracellular matrix remodeling and cell migration (36). The prorepair properties of IL-10 are also mediated by epithelial Creb signaling, leading to synthesis and secretion of Wnt1-induced secreted protein (WISP-1), which promotes epithelial migration and proliferation and ultimately mucosal repair (30). TNF- α is a canonical proinflammatory cytokine that contributes to the pathogenesis of inflammatory bowel disease (IBD), a condition where wound repair is compromised. Monoclonal antibodies targeting TNF- α have been successfully used to dampen the inflammatory response in subgroups of IBD patients (37). However, etanercept, a decoy receptor that binds to soluble TNF- α , has not been effective in remission of IBD disease symptoms (38). Of interest is a recent study that highlighted prohealing properties of TNF- α , which are mediated by epithelial nuclear factor-kappa B (NF- κ B) and Wnt/ β -catenin signaling to promote colonic epithelial stem cell proliferation and mucosal healing (27). It is therefore important to consider the stage of the disease for designing therapy to achieve maximal beneficial effects in promoting disease remission (27) (Figure 2).

Growth Factors

Several growth factors, such as transforming growth factor-alpha and -beta (TGF- α and - β), epidermal growth factor (EGF), fibroblast growth factor 2 (FGF-2), keratinocyte growth factor (KGF), insulin-like growth factor 1 and 2 (IGF-1 and -2), and hepatocyte growth factor (HGF), enhance GI epithelial repair (39–45). TGF- β 1 induces FGF β expression, which activates extracellular signal-regulated protein kinase 1/2 (ERK1/2) to promote epithelial proliferation (46). FGF β acts in synergy with the proinflammatory cytokine IL-17. The adaptor protein Act-1 suppresses FGF β signaling, while also serving as an essential signaling component of the IL-17 receptor. In response to IL-17 binding, Act-1 forms a complex with the IL-17 receptor, resulting in release of the FGF β suppressive effect that facilitates epithelial repair (46). Other growth factors such as IGF-1 and TGF- β activate proliferative ERK1/2 signaling via β -arrestin 2, which is also induced by TNF- α signaling during recovery from inflammation (39, 44).

Bioactive Lipids and Specialized Proresolving Mediators

Lipids such as prostaglandins, lysophosphatidic acid (LPA), and short-chain fatty acids (SCFAs), as well as SPMs such as resolvins and maresins, have been shown to influence epithelial repair (47–50). PGE₂ has been shown to influence differentiation of intestinal stem cells to WAE cells that migrate over denuded wound surfaces to reestablish the epithelial barrier (47). WAE cells are derived from crypts adjacent to the injured mucosa and are

replaced by columnar epithelial cells in a subsequent repair phase (51) (Figure 2). Additionally, LPA stimulates migration and proliferation of epithelial cells in the stomach and colon, and these effects are mediated by Rac1 and cyclin D1/Cdk4 signaling (48). Several SCFAs that have been identified in the intestinal mucosa include formate, acetate, propionate, and butyrate (49). Butyrate is the preferred fuel utilized by colon epithelial cells and has been shown to promote proliferation of healthy epithelial cells and enhance intestinal barrier function through increased expression of tight junction proteins, such as claudin-1 and zonula occludens-1 (52).

SPMs derived from polyunsaturated fatty acids, such as docosahexaenoic and eicosapentaenoic acids, limit the inflammatory response and ultimately promote repair through several mechanisms that include modulation of immune cell recruitment, augmented leukocyte phagocytosis, and regulation of apoptosis and efferocytosis. Recent studies have highlighted the contribution of the SPM lipids resolvin D1, D2, and D5, as well as resolvin E1, maresin 1, protectin D1, and lipoxin A4 in promoting resolution of inflammation (53–57). However, detailed mechanisms and their influence on epithelial repair remain incompletely understood.

SPMs serve as ligands for GPCRs, many of which are upregulated during an inflammatory response and set the stage for mucosal repair. GPCRs that have been shown to influence GI epithelial repair include corticotropin-releasing hormone receptor 2 (CRHR2), prostaglandin E receptor 4 (PTGER4), formyl peptide receptor 1 (FPR1) and 2 (FPR2), G protein-coupled receptor 35 (GPR35), adenosine A2b (A2B), and chemokine-like receptor 1 (CMKLR1) (20, 47, 54, 58–61). Activation of such GPCRs promotes intracellular calcium release, with subsequent activation of proliferative and migratory signaling pathways. Recently, we reported a role of epithelial FPR1 activation by annexin A1 cleavage peptide Ac2–26 (20). Ac2–26 promotes ROS generation by epithelial oxidase, Nox1, and small GTPase Rac1. Localized ROS signaling serves to inactivate the regulatory phosphatases PTEN and PTP-PEST, leading to tyrosine phosphorylation and activation of focal adhesion kinase (FAK) and paxillin, which regulate cell matrix adhesion and forward cell movement (20) (Figure 1). Additionally, intestinal microbiota such as lactobacilli activate this FPR1 signaling pathway to facilitate mucosal repair (62). FPR1-null mice exhibit delayed intestinal mucosal wound healing and recovery from acute colitis (20). These observations suggest that FPRs function as pattern recognition receptors to exogenous as well as endogenous mediators to promote the mucosal reparative response.

Signaling Proteins and Transcription Factors

A combination of vascular damage and high oxygen demand creates a hypoxic environment in healing mucosal wounds. The hypoxia-inducible factor (HIF) family of transcription factors regulates oxygen homeostasis and activates restorative signaling cascades that include proteins such as vascular-endothelial growth factor (VEGF), heme oxygenase-1, C-X-C chemokine receptor type 4 (CXCR4), and the CXCR4-ligand stromal cell-derived factor 1 (SDF-1) (63). The role of HIF-1 α during intestinal epithelial wound repair remains incompletely understood, as reports have attributed its contribution to both decreasing and increasing the inflammatory response in different colitis models. In one study, lack of

epithelial HIF-1 α expression was associated with severe colitis, and expression of a constitutively active protein had protective effects (64). Additionally, increased HIF-1 expression has been correlated with more severe clinical symptoms and histological damage that was associated with an increase in proinflammatory mediators (65). These reports likely indicate that HIF levels are “finely tuned” during mucosal repair.

Hedgehog signaling has been explored more extensively in gastric than in intestinal epithelial cells. In a homeostatic state, gastric parietal cells secrete Sonic hedgehog (SHH), which regulates acid secretion, cell differentiation and proliferation, and tissue regeneration (66). Following damage to the gastric epithelium, chief and parietal cells decrease in number and either dedifferentiate or are replaced by proliferating regenerative cells. This phenotype switch is accompanied by loss of SHH secretion with a concomitant increase in Indian hedgehog that is highly expressed in undifferentiated epithelial cells with a proliferative phenotype (67).

β -catenin is a key mediator of canonical Wnt signaling that regulates epithelial proliferation in the GI tract under homeostatic conditions (68, 69). Of interest is the noncanonical Wnt5a, which has been shown to influence intestinal mucosal repair by influencing migration of WAE cells. Epithelial proliferation in crypts adjoining the wound contribute to subsequent mucosal repair (70). This proliferative stage has been recently linked to Hippo signaling mediated by YAP/TAZ proteins, which are two highly related transcriptional activators that serve as primary sensors of the cellular microenvironment, integrating cell polarity and growth factor/cytokine signaling (71). Although YAP/TAZ have been reported to be dispensable under homeostatic conditions, recent studies have highlighted their contribution in promoting intestinal repair (72–75). Wnt ligands can activate YAP/TAZ signaling and induce conversion of committed cells back to progenitor/stem cells expressing some fetal proteins that influence extracellular matrix remodeling and increased FAK/Src signaling. Upon tissue damage, cells that are distinct from adult intestinal stem cells contribute to wound repair by replenishing lost stem cells and restoring tissue architecture (75) (Figure 2). These observations are consistent with the notion that, upon mucosal injury, regeneration involves transcriptional reprogramming of epithelial cells to a more primitive state. In a recent study, we observed that during the establishment of the repair phase after intestinal mucosal injury, WISP-1 derived from epithelial cells stimulates IEC wound repair by increasing the expression of POU5F1 and NANOG, transcription factors that contribute to stem cell pluripotency and embryonic development (30).

The Contribution of Calcium Signaling and pH in Gastric Repair

Calcium signaling, hydrogen ion concentration (pH), and proteins such as trefoil factor (TFF) and cyclooxygenase-1 (COX-1) have been implicated in modulating wound repair in the stomach. Ca²⁺ is a ubiquitous second messenger that influences numerous gastric cellular processes, including acid/bicarbonate secretion, mucus secretion, and cell migration (76). Both intracellular and extracellular Ca²⁺ influence gastric mucosal wound repair in vivo, and an interplay between intraand extracellular Ca²⁺ levels is required for appropriate gastric epithelial restitution (77). The mucus layer covering the gastric epithelium contains high levels of bicarbonate (HCO₃), creating a neutral pH microenvironment that protects

epithelial cells from the highly acidic gastric luminal contents. The pH microdomain adjacent to the surface epithelium is elevated (through HCO₃ secretion) following epithelial damage and facilitates establishment of the healing process. COX-1 influences such reparative processes (78, 79). It is not well understood whether the pH increase is due to a decrease in acid secretion, an increase in bicarbonate secretion/leak, or a combination of both. Pharmacological inhibition of acid secretion has beneficial wound healing effects that are likely mediated by mechanisms beyond simple change in luminal pH (80). TFFs are peptides that have been reported to play an important role in epithelial defense and repair, and the underlying mechanisms are not well understood (81, 82) (see sidebar titled *In Vivo* Models to Study Intestinal Mucosal Wound Repair).

Contribution of Immune Cells to Mucosal Repair

During the epithelial restitution phase, immune cells are recruited to sites of mucosal injury to mediate host defense while also participating in reparative responses in the mucosa. The next section highlights their contribution to repair.

Neutrophils.—Neutrophils are one of the first responders and are recruited to injured sites within hours of damage (83) (Figure 2). In addition to mediating antimicrobial host defenses through phagocytosis of pathogens and release of cytotoxic mediators such as elastase and myeloperoxidase, neutrophils secrete several mediators that directly participate in reparative responses (84). Furthermore, neutrophils are a major source of ROS at sites of mucosal injury. The oxidative burst associated with ROS generation consumes a large amount of oxygen, thereby creating a hypoxic environment. Importantly, such localized hypoxia is associated with stabilization of epithelial hypoxia-sensing proteins such as HIF-1 α , which has been shown to facilitate epithelial repair (85).

Neutrophils are recruited from the circulation, and their trafficking across endothelial cells has been extensively investigated. However, their subsequent journey in the lamina propria and across epithelial cells is less well understood. It is known that, when migrating through intercellular epithelial spaces, neutrophils release enzymes and activate epithelial proteases that result in the rearrangement of intercellular junction proteins and barrier compromise. However, more recently it has become apparent that neutrophils can act as a double-edged sword in that they play an important role in promoting mucosal repair (83, 84).

Neutrophil-derived proteases can directly or indirectly cleave intestinal epithelial junctional proteins such as E-cadherin and desmoglein-2, and these cleaved products can activate paracrine signaling to promote proliferation of surrounding epithelial cells (86, 87). After migrating across the intestinal epithelium, neutrophils bind and activate an apically expressed epithelial protein, intercellular adhesion molecule 1 (ICAM-1), resulting in downstream β -catenin activation and epithelial proliferation and repair (88). These observations suggest that modulation of ICAM-1 by neutrophils can potentially be used to promote epithelial repair.

In addition to having direct binding effects on epithelial cells, neutrophils produce or are involved in the biosynthesis of growth factors, such as VEGF, and of proresolution mediators such as lipoxins, resolvins, and protectins (89–92). Importantly, resolvin E1,

lipoxin A4, and protectin D1 dampen neutrophil recruitment while increasing phagocytosis of apoptotic neutrophils by inflammatory macrophages (56, 93, 94). Nitric oxide and TGF- β derived from neutrophils could also promote mucosal wound repair. Furthermore, antimicrobial activity of neutrophils mediated by formation of neutrophil extracellular traps promotes resolution of inflammation by degrading cytokines/chemokines and reducing further neutrophil recruitment and activation (95). Neutrophils also play an important role in clearance of accumulated cell debris from wounded mucosal areas. In support of the importance of neutrophils for effective mucosal repair, impaired neutrophil function (or recruitment) results in impaired pathogen clearance and perturbed wound repair (96, 97). Therefore, although excessive neutrophilic infiltration is associated with the pathogenesis of many inflammatory diseases, neutrophils also release key mediators that are necessary for the resolution of inflammation.

Macrophages.—In response to damage and after the initial influx of neutrophils, inflammatory monocytes are recruited into the wound bed. In the healthy GI tract, a small population of subepithelial resident macrophages have been proposed to patrol the barrier and release local paracrine soluble mediators that control mucosal homeostasis (98). In addition to resident macrophages, recruited monocytes differentiate into wound-associated macrophages and represent a major inflammatory cell component in healing wounds (99). Thus, after the initial wave of neutrophil influx into wounds, macrophages contribute to host defense and the reparative response. Both the resident and recruited macrophages proliferate and undergo important functional changes in response to the changing tissue microenvironment (100). Broadly, macrophage subpopulations encompass pro- and anti-inflammatory phenotypes, although a spectrum of monocyte–macrophage phenotypes has recently been described (101, 102). Wound-associated macrophages have been reported to have a number of attributes that include their contribution to resolution of inflammation and repair and inhibition of fibrosis (103). It is still not known whether macrophages can transition into different phenotypes or whether these cells are terminally differentiated into subpopulations in response to the microenvironment. However, recent studies have found plasticity among macrophages, suggesting that a macrophage can evolve into different phenotypes depending on external cues (104).

Infiltrating monocytes that are recruited into the injured mucosa secrete soluble mediators that mediate protection from pathogens, promote clearance of inflammatory cells, and facilitate resolution of inflammation (105). Macrophages phagocytose neutrophils to prevent further release of their proteins, thereby further inhibiting tissue injury. Inflammatory monocytes/macrophages have been reported to secrete HGF, TNF- α , IL-1, IL-6, and IL-12 to help in host defense and contribute to wound repair (106). In addition to the host defense functions, macrophage-derived mediators directly influence not only epithelial repair but also matrix restructuring and angiogenesis (107, 108). Interestingly, inflammatory and nonresident macrophages are the main sources of IL-10 in healing biopsy-induced colonic wounds. IL-10 secretion by Ly6C^{high} macrophages appears to suggest a transition toward a proresolution phenotype that facilitates mucosal repair (30) (Figure 2). Thus, the plasticity of macrophage phenotypes is likely context and microenvironment dependent.

Previous studies have identified resident macrophages that localize near the epithelium and function to control mucosal homeostasis as well as repair (99). Prorepair macrophages secrete SPMs such as maresins, resolvins, and protectins (109). In the skin, macrophage depletion inhibits repair that is dependent on the stage at which these cells are ablated, resulting in outcomes that range from impaired reepithelialization if ablated in the early stages of inflammation to no effects if they are depleted at a late stage of repair (110, 111). Macrophages, but not neutrophils or lymphocytes, may be necessary for the appropriate amplification of colonic epithelial progenitors that contribute to wound repair (112). During repair, macrophages surrounding the stem cell niche physically contact epithelial progenitors and release factors involved in epithelial proliferation and matrix remodeling (113). Macrophages can integrate cues from the surrounding environment, including MSCs, luminal microbiome, and the injured epithelia, to influence the colonic epithelial progenitor cell niche and promote a regenerative response (113). On the opposite end of the spectrum, uncontrolled inflammatory mediator generation by macrophages retards wound repair in chronic disorders such as diabetes mellitus or IBD as well as aging (114).

In summary, while the spectrum of macrophage phenotypes that contribute to homeostasis and mucosal repair is not completely understood, it is evident that a balanced monocyte–macrophage recruitment is pivotal in orchestrating mucosal repair.

Other immune cells.—Several other immune cell types encompassing mast cells, eosinophils, and lymphoid cells play an important role in orchestrating mucosal repair; details pertaining to their contribution to repair are extensively discussed in other reviews (115, 116). Although excess mast cells in chronic inflammation can negatively impact repair, their presence is important in maintaining mucosal homeostasis and reparative processes. Whereas mast cells release several mediators, histamine and prostaglandin D₂ have been shown to influence mucosal repair (117, 118). The contribution of lymphocytes in mucosal repair is a rapidly evolving field. Studies examining tissues from patients with IBD have suggested a role of regulatory T cells (Tregs) in wound repair. These cell populations, including $\gamma\delta$ T cells, secrete growth factors and cytokines that promote repair (119, 120). In addition to Tregs, B lymphocytes have also been implicated in promoting repair of chronic dermal wounds (121). In summary, mucosal repair is influenced by many immune cell populations, some of which are resident, whereas others are recruited to sites of injury.

Contribution of Lamina Propria Stromal Cells to Mucosal Repair

MSCs secrete growth factors and cytokines, which recruit progenitor cells or endogenous stem cells to the injured site to mediate wound repair (122). MSCs reside in the stroma of mouse GI mucosa. MSCs secrete prostaglandin E₂ that activates Wnt signaling in progenitor epithelial cells to maintain colonic epithelial proliferation. Following injury, MSCs undergo division and serve to either give structural support or secrete prorepair and immunomodulatory molecules. MSC-derived prostaglandin E₂ downregulates macrophage secretion of proinflammatory cytokines and activates the epithelial Wnt pathway (123). MSCs are uniquely positioned to serve as a communication network between epithelial cells and wound-associated macrophages. MSCs can skew the wound microenvironment cytokine

composition toward an anti-inflammatory profile, suggesting that these cells can function as immune regulators during repair (123) (Figure 2).

In addition to MSCs, fibroblasts in the injured sites secrete soluble mediators, such as TGF- β , IL-1 α , IL-1 β , IL-4, and VEGF, that promote fibroblast migration into wounds, thereby modulating the matrix composition that influences repair (124, 125). Wound bed-associated fibroblasts can differentiate into myofibroblasts by upregulating the expression of smooth muscle actin, thereby creating contractile forces that facilitate healing of wounds (126). In summary, spatiotemporal recruitment and activation of mesenchymal cells play important roles in coordinating reparative events in healing mucosal wounds.

Contribution of Microbiota to Mucosal Repair

A diverse and complex population of microorganisms resides in the GI tract lumen. Evolving studies have highlighted the importance of the microbiome not only in modulating mucosal homeostasis but also in facilitating repair of injured tissues (127). Colonization of germ-free mice with *Bacteroides thetaiotaomicron*, a member of mouse and human intestinal microflora, positively regulated expression of genes involved in nutrient absorption, mucosal barrier fortification, xenobiotic metabolism, angiogenesis, and postnatal intestinal maturation (128). However, the molecular basis of these responses is less well understood. Regeneration of colonic epithelial progenitor cells is markedly diminished in germ-free mice (112). In *Drosophila*, microbiota members of the genus *Lactobacillus* can stimulate intestinal epithelial ROS signaling that serves to promote proliferation of intestinal epithelial stem cells (62). In a murine model, an anaerobic mucinophilic gut symbiont *Akkermansia muciniphila* was shown to be enriched in hypoxic intestinal mucosal wounds and activate formyl peptide receptor signaling in epithelial cells to promote repair (129) (Figure 2). The prorepair properties of microbiota are not limited to the gut. Enhanced dermal wound healing was observed in mice that were given oral supplementation of *Lactobacillus reuteri* in their drinking water (130). Taken together, these studies highlight a crucial role of microbiota–host cross talk in controlling homeostatic and reparative responses in the gut.

HEALING OF WOUNDS IN CHRONIC INFLAMMATORY DISORDERS

Chronic inflammatory disorders of the GI tract, such as chronic gastritis and IBD, are associated with wounds that exhibit delayed or incomplete wound-healing abilities (131). Perturbed mucosal wound healing is also observed in aging individuals (132). In these pathologies, imbalanced immune responses and disordered epithelial repair result in failure of wounds to heal in an orderly and timely manner (133). Thus, although inflammation is a pivotal and necessary component of the healing process, uncontrolled inflammation is detrimental to tissue regeneration. Numerous studies have shed light on mechanisms that orchestrate wound repair. However, the basis of aberrant mucosal healing in chronic pathologies is not well understood and is likely related to an imbalance of inflammation, translocation of commensal bacteria, and impaired epithelial repair responses (114). During acute regulated mucosal repair, neutrophils are actively removed from the wounds within 24–76 h (134). However, in chronic wounds, neutrophils continue to reside at sites of injury, with resulting release of proteases that contribute to the tissue damage. Failure to heal in

chronic wounds has also been attributed to deregulation of proteases and their inhibitors. Increased activity of MMPs such as collagenase and gelatinase A and B has been observed in chronic wounds compared to acute wounds. MMP activity influences epithelial adhesion and degradation of growth factors and other peptides involved in repair (135–138). Moreover, persistence of soluble inflammatory mediators in the wound bed of chronic injuries has been reported to negatively influence migration of fibroblasts and epithelial cells and ultimately repair (139, 140). This area of research clearly needs further investigation to identify the imbalance of mediators that are involved in the resolution of inflammation and epithelial repair.

Novel Approaches to Promote Mucosal Healing

For many GI chronic inflammatory pathologies, induction of clinical response and maintenance of remission are the primary goals that ultimately determine clinical success (141). These goals include treatment of chronic ulcers that are associated with patient symptoms. Given the pivotal role of the epithelium in functioning as a barrier to luminal contents, therapies aimed at suppressing the mucosal inflammatory response and promoting recovery of the epithelial barrier are important in achieving homeostasis. Current therapies for chronic IBD include immunosuppression and biological agents like TNF- α and α 4 integrin antibodies. These treatment modalities have been extensively reviewed elsewhere (142). Here, we briefly address a few strategies in regenerative medicine that can be used to promote mucosal repair.

Regenerative medicine has focused on regeneration of functional tissue that can be used to promote repair (143). Strategies have included harnessing endogenous prorepair molecules to facilitate repair of damaged tissue and congenital defects. Local delivery of proresolving peptides encapsulated within nanoparticles may represent a potential therapeutic strategy to facilitate repair of chronic mucosal injuries. We have used polyethylene glycol (PEG) nanoparticles containing the proresolution molecule Ac2–26, a peptide derived from annexin A1 that promotes intestinal epithelial wound repair (144). The nanoparticles contain collagen IV peptide, which helps to target nanoparticles to sites of damage. Collagen IV is highly expressed during angiogenesis and participates in repair processes (144). Intramucosal delivery of these nanoparticles accelerates healing of murine colonic wounds after biopsy-induced injury. These nanoparticles can also be delivered systemically to accelerate recovery following experimentally induced colitis (145).

The system of local delivery into the wound bed has been used to deliver proresolving agents as well as stem cells that can accelerate mucosal wound healing. Strategies have included the use of organoids that are generated from in vitro stem cell cultures and can potentially be derived from a small number of donor cells and expanded and differentiated ex vivo. Following this, they could be transplanted back into injured sites to promote repair in the same individual. A few studies have shown that murine colonic organoids can localize, engraft, and differentiate into injured areas of dextran sodium sulfate–induced colitis mice without subsequent tumor formation (146). Furthermore, using a PEG-based hydrogel, we have delivered human intestinal organoids into injured intestinal mucosa of immunocompromised mice, resulting in engraftment and improved colonic wound repair

(147). This strategy is an initial step for the development of human intestinal organoid-based therapies to treat chronic wounds in both the GI tract and other mucosal surfaces. Additionally, colonic MSCs have been delivered in a similar fashion to facilitate mucosal repair. Mucosal delivery of MSCs prevented the progress of gastric ulcers and stimulated angiogenesis in a VEGF-dependent manner, indicating that local injection of MSCs could potentially be used to treat pathologic conditions with impaired angiogenesis and repair (123).

Other strategies to promote epithelial restitution include use of an artificial gastric wall with a bioabsorbable polymer and the oral administration of a recombinant cholera toxin B (148). The bioabsorbable polymer sheets help to restore extensive gastric defects and could potentially be developed as a new therapeutic strategy after extensive gastrectomy and following intestinal anastomosis. The administration of cholera toxin B subunit was shown to promote mucosal healing in the colon, highlighting the potential of using modification of this toxin to promote repair (148, 149).

CONCLUDING REMARKS

The GI epithelium serves as a vital barrier that interfaces the external environment containing bacteria and antigens and internal tissue compartments. Injury resulting in a breach of this barrier has detrimental local and systemic effects. The epithelium has a remarkable capacity to repair wounds. It is orchestrated by a spatial and temporal interplay between pro- and anti-inflammatory molecules that mediate cross talk of wound-associated epithelia, neutrophils, macrophages, stromal cells, and microbiota. An imbalance of these interactions can result in delayed wound repair, which is observed in chronic inflammatory diseases. An improved understanding of mediators that coordinate mucosal repair is important not only in understanding the biology of repair but also in designing of novel therapies to promote healing of wounds in chronic inflammatory diseases.

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IN VITRO MODELS TO STUDY INTESTINAL MUCOSAL WOUND REPAIR

Epithelial cells migrate as a collective sheet to efficiently cover denuded surfaces. The scratch-wound healing assay is a simple and reproducible method that can be used to evaluate different parameters of repair. Either primary cultures or cell lines are plated and grown to confluence and scratch wounded using a fine pipette tip. The ability to perform this assay in primary cultured cells combined with time-lapse microscopy and fluorescent tracking of probes can yield valuable information on cell morphology, protein localization, and rate of wound closure. Proliferating cells can be detected by analysis of the thymidine analog EdU incorporation or Ki67 immunostaining. Polarity of cells migrating into the wound can also be evaluated with this model (150).

IN VIVO MODELS TO STUDY INTESTINAL MUCOSAL WOUND REPAIR

- **Chemical ulcers:** This model recapitulates chemical peptic injury in the stomach and duodenum. The most commonly used chemical agent is acetic acid. This model is simple and reproducible, and its pathological features and healing mechanisms resemble human disease (151).
- **Laser-induced injury:** ROS and free radicals can be generated by photoexcitation causing irreversible damage and cell death. The precision and potency of two-photon confocal microscopes allow for the creation of laser-induced damage that is dependent on the laser power and pulse duration. In this model, wound repair can be followed in real time (76).
- **DSS and recovery:** Dextran sodium sulfate (DSS)-induced injury is a commonly used experimental colitis model. DSS is administered in the drinking water of mice, resulting in epithelial injury. To analyze mucosal healing, DSS is replaced with drinking water, and the healing response is then evaluated over the subsequent 3–5 days (152).
- **Biopsy-induced mucosal injury:** A veterinary colonoscope equipped with biopsy forceps is used to injure the colonic mucosa and visualize wound repair. This technique is useful in identifying important players during intestinal mucosal repair and is amenable to analysis of wound repair in transgenic mice (153).

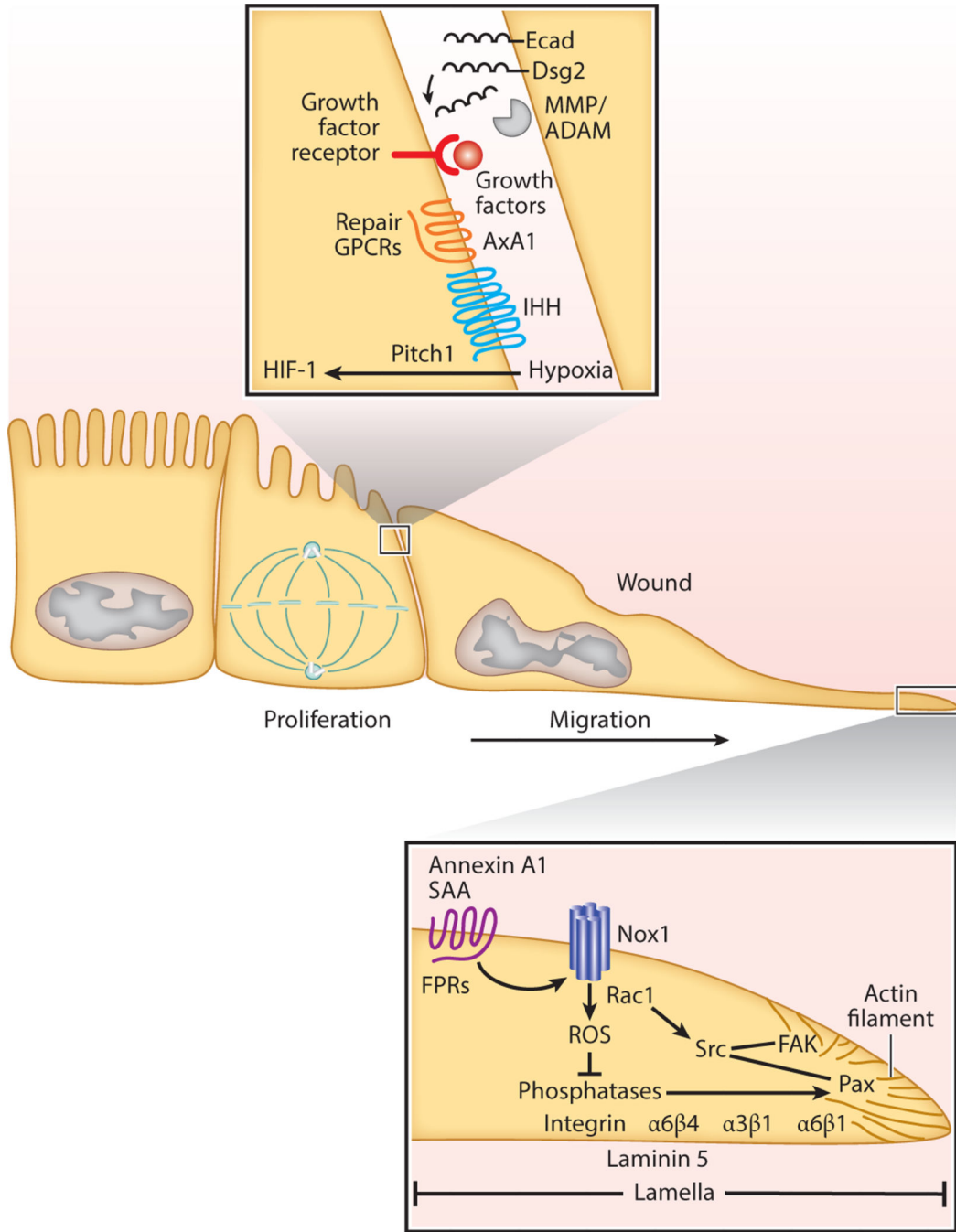


Figure 1. Signaling pathways involved in gastrointestinal epithelial restitution. In order to regain homeostasis after injury, gastrointestinal epithelial cells need to migrate and proliferate. Cells in the edges of wounds migrate to cover denuded surfaces while cells behind the migration front proliferate to accelerate this process. Abbreviations: Dsg2, desmoglein-2; Ecad, E-cadherin; FAK, focal adhesion kinase; FPR, formyl peptide receptor; GPCR, G protein-coupled receptor; HIF-1, hypoxia-induced factor 1; IHH, Indian Hedgehog; MMP,

metalloproteinase; Nox1, NADPH oxidase 1; ROS, reactive oxygen species; SAA, serum amyloid factor A.

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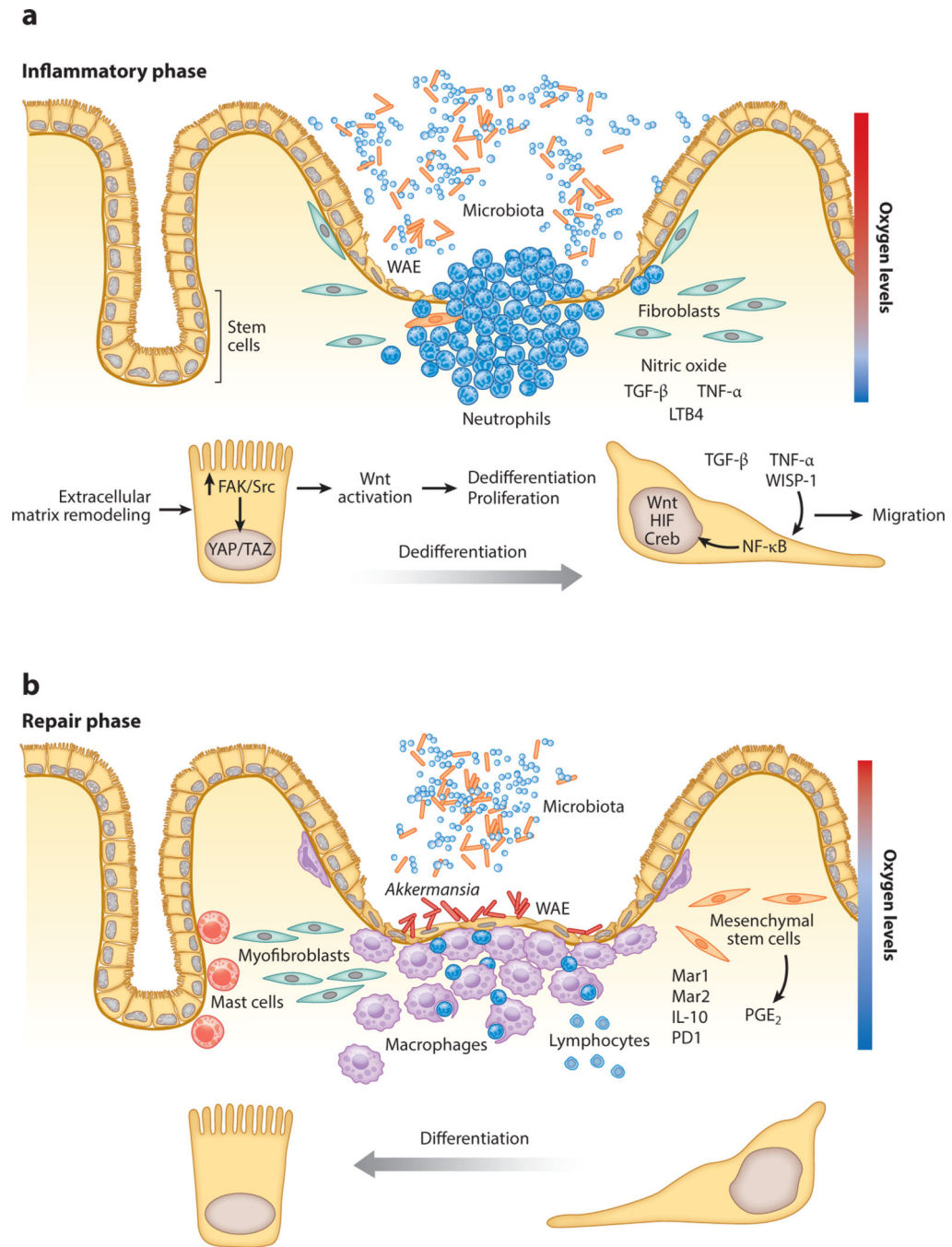


Figure 2. Wound-associated cells and soluble mediators in a microenvironment during different phases of gastrointestinal mucosal wound repair. After injury, the gastrointestinal mucosa goes through a dynamic process that involves immune cell recruitment and proliferation of epithelial and stromal cells. The inflammatory phase (a) of wound healing requires the recruitment of neutrophils and proinflammatory mediators, whereas the repair phase (b) involves the removal of dead cells and the presence of factors that stimulate proliferating and prosurvival signaling pathways. Abbreviations: FAK, focal adhesion kinase; HIF, hypoxia-

inducible factor; IL-10, interleukin-10; LTB₄, leukotriene B₄; Mar, maresin; PD1, protectin D1; PGE₂, prostaglandin E₂; TGF- β , transforming growth factor- β ; TNF- α , tumor necrosis factor- α ; WAE, wound-associated epithelia; WISP-1, Wnt-induced secreted protein 1.

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