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## Autoantibodies as Endogenous Modulators of GPCR Signaling

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### Abstract

Endogenous self-reactive autoantibodies (AAs) recognize a range of G-protein coupled receptors (GPCRs). They are frequently associated with cardiovascular, neurologic, and autoimmune disorders, and in some cases directly impact disease progression. Many GPCR-AAs modulate receptor signaling, but molecular details of their modulatory activity are not well understood. Technological advances have provided great insight into GPCR biology, which now facilitates deeper understanding of GPCR-AA function at the molecular level. Most GPCR-AAs are allosteric modulators and exhibit a broad range of pharmacological properties, altering both receptor signaling and trafficking. Understanding GPCR-AAs is not only important for defining how these unusual GPCR modulators function in disease, but also provides insight into the potential use and limitations of employing therapeutic antibodies to modulate GPCR signaling.

### Keywords

G protein-coupled receptor; autoantibody; autoimmunity; allosteric modulation

### Antibodies as GPCR therapeutics

Over one hundred G-protein coupled receptors (GPCRs) are targeted by approved pharmaceuticals, making the family one of the most successful classes of drug targets [1]. Although biopharmaceuticals have gained popularity for therapeutic targeting of many other cell-surface molecules [2], GPCRs are almost exclusively targeted by small molecules. The unique pharmacokinetic and pharmacodynamic profiles and exceptional target specificity of biotherapeutics make antibodies compelling alternatives to small molecule drugs [3]. For example, antibodies do not readily enter the central nervous system, permitting selective targeting of peripheral receptors, such as the adenosine A<sub>2a</sub> receptor, which plays distinct roles in neuronal and cardiac processes and immunity [4]. Additionally, antibodies can trigger targeted cytotoxic immune responses through their Fc regions, which may be

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desirable in certain indications. Current drug discovery efforts have produced therapeutic antibodies targeting GPCRs with large substrate binding extracellular domains, which can serve as the antibody binding site, and chemokine receptors [5]. However, identifying functional antibodies remains highly challenging for the majority of GPCRs that lack large ectodomains and instead recognize their ligands directly within their transmembrane domains and extracellular loops. With few examples available, the capabilities and limitations of using antibodies to modulate GPCR signaling are largely unclear.

Endogenous self-antigen reacting antibodies, known as **autoantibodies** (AAs, see Glossary), have been detected for a wide range of GPCRs, including members of the adrenergic, muscarinic, angiotensin, and metabotropic glutamate families (Figure 1, Supplementary Table 1). The majority of AAs reported to date independently act as **agonists** and activate GPCRs, but they can both increase and decrease the **efficacy** of orthosteric agonists. In some cases, GPCR-AAs induce non-canonical receptor-mediated activities. With the ability to alter a receptor's endogenous biology, GPCR-AAs are often associated with disease and can be pathogenic. GPCR-AAs could serve as scaffolds for future therapeutic antibody discovery efforts and may also provide valuable insight into how antibodies can be used to effectively modulate GPCR function.

## Generation of autoantibodies

### Antibody-mediated immune response

B-cells display a massive repertoire of antibody clones in the form of B cell receptors (BCRs), which bind to specific antigens through their complementary determining regions (CDRs). Recognition of a protein antigen by the BCR induces internalization of the antibody-antigen complex and proteolysis of the antigen (Figure 2). Antigen peptides are displayed on the surface of B-cells by the Class II major histocompatibility complex (MHC-II). Recognition of the MHC-II linked peptide by a peptide specific T-cell receptor induces a signaling cascade, which stimulates B-cell proliferation, antibody **affinity maturation**, antibody **class switching**, and the secretion of antibodies into circulation [6].

In order to suppress inappropriate immune responses to endogenous proteins, developing B-cells and T-cells undergo clonal selection to remove self-reactive B-cell and T-cell receptors. The autoimmune regulator (AIRE) transcription factor promotes low level expression of many proteins not typically resident in the thymus allowing T-cell receptors to broadly sample endogenous peptides. Self-reactive T-cells are eliminated [7]. Similarly, contact with a self-antigen in early B-cell development triggers genetic recombination of the antibody to reduce self-reactivity. If self-reactivity persists, apoptosis occurs [8].

### GPCR-AAs in healthy individuals

Clonal selection of the immune repertoire requires a fine balance; self-reactivity must be avoided without relinquishing the ability to effectively respond to a diverse range of antigens. Despite clonal selection, some self-reactive T-cells and B-cells leave the thymus and bone marrow and many are maintained in an anergic state through peripheral tolerance mechanisms [9]. Still, low levels of **“natural” AAs** are present in healthy individuals,

including antibodies recognizing GPCRs [11]. Some GPCR AAs detected in healthy individuals are apparently non-functional [12–15]. However, AAs recognizing the  $\mu$ -opioid (MOR) and  $\delta$ -opioid (DOR) receptors, isolated from therapeutic intravenous immunoglobulin (IVIG) pooled from thousands of apparently healthy donors or single healthy donors, activate G-protein signaling [16–18]. AAs targeting the endothelin type A receptor (ET<sub>A</sub>R) in healthy individuals promote neutrophil migration through a receptor dependent mechanism [11]. Furthermore, “natural” AAs targeting the CCR5 chemokine receptor, a coreceptor for HIV-1, are found in a subset of healthy individuals and some individuals who are infected with HIV and do not receive anti-retroviral therapy, but do not progress to AIDS [19, 20]. CCR5-AAs inhibit binding of the endogenous ligand Mip1 $\beta$  (CCL4) to the receptor [20] and block HIV viral entry [19, 21, 22] neutralizing viral infection [20, 23, 24]. Thus, not all GPCR-AAs are pathogenic and, in some cases, can be beneficial.

### Loss of self-tolerance and production of GPCR-AAs

The majority of disease-associated GPCR-AAs arise through B-cell activation and the subsequent antibody maturation process. The production of high-affinity AAs can result from cross-reactivity between foreign and self-antigens (molecular mimicry), alterations to the self-antigen through post-translational modification, exposure of “immunologically privileged” antigens through tissue damage, increased inflammatory signals, or deficiencies in self-tolerance mechanisms [7, 8, 10]. Several of these mechanisms are linked to the production of GPCR-AAs. Placental damage and exposure to inflammatory cytokines stimulates the production of AAs targeting the angiotensin II type I receptor (AT<sub>1</sub>R) in a rat model of preeclampsia [25], a pregnancy-related hypertensive disease and a leading cause of maternal and fetal morbidity [26]. Molecular mimicry between ribosomal proteins from the parasite *Trypanosoma cruzi* (*T. cruzi*), the causative agent of **Chagas’ disease**, and the  $\beta_1$  adrenergic receptor ( $\beta_1$ AR) produce antibodies cross reacting with *T. cruzi* proteins and the  $\beta_1$ AR [27–29]. Similarly, exposure to *Streptococcus pyogenes* produces antibodies recognizing both bacterial antigens and the D<sub>2</sub> dopamine receptor (D<sub>2</sub>R) [30]. Mutations in the transcription factor AIRE, which regulates T-cell receptor self-tolerance, results in autoimmune polyendocrine syndrome type 1 (APS1, also known as APCED). Individuals with this syndrome are prone to developing AAs for the calcium-sensing receptor (CaSR), which alter calcium homeostasis and cause hypoparathyroidism [31].

The events triggering the production of many GPCR-AAs are unidentified. For example, AAs targeting the metabotropic glutamate receptor 5 (mGluR<sub>5</sub>) are linked to neurological symptoms such as memory loss in individuals with Hodgkin’s lymphoma [32, 33]. These cognitive symptoms, which are likely caused by mGluR<sub>5</sub>-AAs, decline with successful cancer treatment [32]. Therefore, mGluR<sub>5</sub>-AA production may be **paraneoplastic** and occur as a response to aberrant receptor expression on the cancer cells [32, 33], but the exact antibody generating stimulus remains unknown. In other cases, the ongoing immune response to a self-antigen can trigger the production of AAs for additional self-antigens through “epitope spreading” [34], which may account for correlating levels of GPCR-AAs targeting multiple receptors in some diseases [11].

## Pathological role of GPCR targeting autoantibodies

As GPCRs regulate many aspects of biology (Box 1), alterations to canonical GPCR signaling mechanisms by AAs often have pathological consequences. In order to classify an AA as a causative agent of disease, an AA must recapitulate features of the disease in an animal model as defined by Witebsky's postulates for autoimmune diseases [35]. Titers of GPCR-AAs are often low and the sequence of most GPCR-AAs are unknown making it difficult to perform such experiments with endogenous AAs. Often evidence for the pathological role of AAs is gathered by replicating the immune response through exposure of an animal to antibody-accessible extracellular regions of the receptor to produce AAs that share many of the activities of the human AA (AA-mimics) (Table 1). AA-mimics produced via immunization of animals with peptides derived from the extracellular loops of  $\beta_1$ AR induce many of the pathologies found in individuals with  $\beta_1$ AR-AA associated cardiomyopathy, confirming  $\beta_1$ AR-AAs as cardiotoxic [36, 37]. More complete evidence for a causative role of  $\beta_1$ AR-AAs in cardiomyopathy comes from passive transfer experiments, where exposure of healthy mice to  $\beta_1$ AR-AAs induces cardiac damage [37]. Similar experiments implicate  $AT_1R$ -AAs in the development of preeclampsia [38], as transfer of  $AT_1R$ -AAs from a preeclamptic human patient to healthy pregnant mice induced many of the symptoms of preeclampsia. Blockade of the AA interaction with  $AT_1R$  prevents the development of the disease [39]. Similarly, mice treated with AAs targeting the metabotropic glutamate receptor 1 (mGluR<sub>1</sub>) from individuals with coordination deficiencies caused by paraneoplastic cerebellar ataxia develop analogous neurological symptoms [40].

## Effects of AAs at the molecular level

### Identification of extracellular epitopes

Binding and neutralization experiments have defined epitopes on the extracellular surface of GPCRs involved in AA binding. AAs interacting with **class C** or glycohemone GPCRs can activate or inhibit receptor function through interactions with the receptor's large N-terminal ectodomains. Interaction of an AA with the thyroid-stimulating hormone receptor (TSHR) ectodomain activates the receptor and causes hyperthyroidism associated with Graves' disease. A second TSHR-AA binds a distinct, yet overlapping, region of the ectodomain and suppresses basal signaling, which results in hypothyroidism (Figure 3a) [41, 42]. A third type of TSHR-AA interacts with a region of the receptor that undergoes intramolecular cleavage, interrupting processing of the receptor and consequently function [43]. Similarly, AAs binding the extracellular venus flytrap domain of the class C CaSR can positively or negatively regulate receptor function resulting in either hypocalcemia or hypercalcemia [44, 45].

**Class A GPCRs**, which mostly lack structured ectodomains, have an N-terminus of variable length and three extracellular loops (ECLs) accessible to antibodies. ECL1 is short and portions of the loop are buried, including a conserved tryptophan that packs against a conserved disulfide bond between ECL2 and transmembrane helix three. ECL2 is the largest of all three ECLs and one of the most distinct features of Class A GPCRs both in sequence and structure (Figure 3b-d). Largely exposed, ECL2 lines the entrance to the

orthosteric ligand binding site and can rearrange upon agonist binding. In some cases, such as in many peptide receptors, ECL2 directly interacts with agonists. ECL3 is variable and exposed, but typically short, sometimes unstructured, and not associated with activation-related conformational changes.

All three ECLs have been implicated in AA binding to class A GPCRs. The most predominant epitope for functional AAs is ECL2 (Figure 3b–d, Supplementary Table 1) [46–53], but interactions with ECL1 and 3 are crucial for the function of a few AAs [18, 46, 53–55]. As ECL2 is variable in sequence even among subtypes of receptors, AAs may readily achieve subtype selectivity. AT<sub>1</sub>R-AAs from women with preeclampsia interact with the C-terminal portion of ECL2 (Figure 3b, amino acids 181–187) [51] that directly interacts with the endogenous peptide ligand angiotensin II (AngII) (Figure 3b) [56]. While this suggests that AT<sub>1</sub>R-AAs in individuals with preeclampsia may directly interfere with the binding of orthosteric ligands, ECL2 binding AT<sub>1</sub>R-AAs from hypertensive patients are not reported to effect AngII binding [57].  $\beta_1$ AR-AAs studied in individuals with Chagas' cardiomyopathy and dilated cardiomyopathy bind to adjacent regions of ECL2 (amino acids 201–205 and 206–218, Figure 3c) [27, 46], and confer similar physiological effects (Figure 3c). Binding studies with AAs for the M<sub>2</sub> muscarinic receptor (M<sub>2</sub>R) demonstrate that M<sub>2</sub>R-AAs are competitive with the **allosteric** modulator gallamine, which occupies a well-characterized allosteric site for muscarinic receptors [58–61], and partially reverse gallamine's ability to attenuate orthosteric ligand dissociation [62]. Allosteric modulators of muscarinic receptors mediate their effects by binding to the extracellular vestibule of the orthosteric ligand binding site, which includes ECL2 (Figure 3d). The ECL2 binding M<sub>2</sub>R-AAs may share some of the functionalities of muscarinic allosteric modulators and alter access to the orthosteric site, but as M<sub>2</sub>R-AAs do not slow orthosteric ligand dissociation to the same extent as gallamine the AAs may not fully occupy the allosteric site [62].

### GPCR-AAs as allosteric modulators

Allosteric ligands influence coupling of GPCRs to G-proteins and  $\beta$ -arrestins by altering the ability of agonists or antagonists to bind to the orthosteric site or directly influencing the receptor's global conformation (Box 2) [63], conferring distinct pharmacological properties to allosteric modulators. While extensive pharmacological characterization is needed to fully define how AAs influence GPCR function, several observations support an allosteric mechanism as a general feature of most GPCR-targeting AAs. Generally, activating AAs for adrenergic and muscarinic receptors displace radiolabeled antagonists in a non-competitive manner, typically decreasing the number of available antagonist binding sites with little to no effect on antagonist affinity [64–71]. This means that these AAs do not directly compete for the orthosteric site of the receptor, but likely induce the receptor to more frequently sample active or active-like receptor states that are not compatible with antagonist binding and favor transducer binding. At equilibrium, this manifests as an overall reduction in antagonist-accessible binding sites. Further support for the possibility of AA's directly influencing receptor conformation is seen in agonist competition binding experiments performed in the presence of G-proteins and AAs. G-proteins typically produce an additional high-affinity agonist binding state in addition to that of the lower-affinity uncoupled receptor [72]. Similar to exposure to an orthosteric agonist or nucleotide addition,

preincubation of the M<sub>2</sub>R with M<sub>2</sub>R-AAs fully leads to release of the G-protein and diminishes the high affinity G-protein-coupled component of agonist binding [67]. In addition, BRET studies demonstrate AA-induced conformational change in the  $\beta_1$ AR [13].

Like other allosteric modulators, the effects of AAs in the presence of an orthosteric agonist are distinct from those on the unliganded receptor (Supplementary Table 1). Activating GPCR-AAs can both positively and negatively modulate the activity of orthosteric agonists (Box 2). Nearly all functional  $\beta_1$ AR-AAs recognize an ECL2 epitope and result in activation of adenylyl cyclase. Despite these shared features, the effects of  $\beta_1$ AR-AAs on ligand efficacy diverge, with most suppressing [65, 68, 73, 74], but some enhancing [68, 69] agonist-induced cAMP production.

## Unique pharmacology of GPCR-AAs

### AAs influence G-protein selectivity

Many GPCRs display a preference for one of four classes of G $\alpha$  transducer subunits (Gs, Gi/o, Gq/11, G12/13), but can exhibit varying degrees of promiscuity [75, 76]. Like orthosteric ligands, AAs can influence G-protein selectivity. The  $\beta_2$ AR primarily activates Gs-mediated signaling to stimulate cAMP production, but it can also couple to Gi [77]. While the majority of  $\beta_2$ AR-AAs stimulate cAMP [47, 78],  $\beta_2$ AR-AAs derived from a subset of individuals with heart failure decreased cAMP production [79]. As the addition of pertussis toxin (PTX), a Gi inhibitor, suppressed AA activity, these  $\beta_2$ AR-AAs are not simply acting as inverse agonists, but rather activate Gi [79]. An analogous negative inotropic effect induced by  $\beta_2$ AR-AAs on myocardial contractility was reversed by  $\beta_2$ AR antagonists [80]. In this example, Gi-mediated activity is suspected, but not confirmed. Protein kinase A (PKA)-mediated phosphorylation of  $\beta_2$ AR has been shown to promote coupling to Gi [77], suggesting that the AA may stabilize a receptor state that promotes PKA phosphorylation.  $\beta_2$ AR-AAs that activate either Gs or Gi bind to ECL2 [47, 78, 79]. This suggests that antibodies binding to similar extracellular regions of a GPCR can exhibit divergent signaling biology. AAs recognizing the 5-hydroxytryptamine 2A receptor (5-HT<sub>2A</sub>) also alter G-protein selectivity. Some 5-HT<sub>2A</sub>-AAs activate Gq signaling pathways to cause neurotoxic effects [81, 82]. However, AAs from a subset of individuals with schizophrenia elicit 5-HT<sub>2A</sub>-mediated neuroprotection, which is sensitive to PTX, indicative of Gi coupling [81]. Finally, an AA from an individual with acquired hypocalcemic hypercalcemia targeting the CaSR, which activates both Gq and Gi, potentiates the Gq-mediated generation of inositol phosphate, but suppresses Gi-mediated ERK 1/2 phosphorylation [83]. Effects of the “Gq-biased” CaSR-AAs, which bind to the receptor’s extracellular venus flytrap domain, are reversed by binding of the CaSR positive allosteric modulator cinalet to the receptor’s 7-TM domain [84], further linking the action of ectodomain binding AAs to transducer coupling.

### Activation of non-canonical signaling pathways by AAs

In addition to altering canonical G-protein-mediated pathways, AAs can support signaling through mechanisms that differ from orthosteric agonists. For example, a  $\beta_1$ AR-AA delays activation of downstream MAP kinase signaling. Unlike orthosteric agonists,  $\beta_1$ AR-AA-

induced ERK 1/2 phosphorylation is sensitive to a Src kinase inhibitor [85], suggestive of G-coupled G $\beta\gamma$ -dependent MAPK activation [86]. However, PTX is not inhibitory, indicating that the AA is invoking an alternative MAPK activation network. Although MAPK activity is not dependent on receptor endocytosis [85], this  $\beta_1$ AR-AA may support  $\beta$ -arrestin based MAPK activity, which also stimulates ERK activity through Src [87]. While the mechanism of  $\beta_1$ AR-AA induced ERK activation is not fully understood, it is clear that it differs from those of orthosteric agonists.

### GPCR-AAs prolong signaling

Activated GPCRs normally undergo both rapid desensitization that suppresses G-protein signaling cascades and long-term desensitization that provides temporal control to signaling responses and results in tachyphylaxis in response to clinically used agonists [88, 89]. Rapid desensitization is largely mediated by the recruitment of arrestin and subsequent receptor internalization, whereas long-term desensitization is controlled by receptor expression and degradation. For typical agonists, rapid desensitization occurs within minutes of receptor activation. AAs targeting the  $\beta_1$ AR,  $\alpha_1$ AR, M<sub>2</sub>R, and ET<sub>A</sub>R sustain GPCR signaling for hours and do not undergo rapid desensitization [49, 74, 90]. Prolonged signaling by AAs is not indefinite, as long-term desensitization mechanisms may still function [91]. Deficiencies in short-term desensitization could arise from reduced engagement of  $\beta$ -arrestins, which is characteristic of G-protein-**biased signaling**. Overall, the effects of AAs on  $\beta$ -arrestin recruitment are not well established and appear to be quite variable. Murine  $\beta_1$ AR-AA mimics and M<sub>2</sub>R-AAs from individuals with Chagas' disease are incapable of recruiting  $\beta$ -arrestins [92, 93], but an M<sub>3</sub>R-AA from an individual with postural hypotension promotes  $\beta$ -arrestin recruitment [78]. Similarly, AT<sub>1</sub>R-AAs from preeclamptic women do not support  $\beta$ -arrestin recruitment [94], but AT<sub>1</sub>R-AAs from individuals with postural orthostatic tachycardia syndrome (POTS) stimulate recruitment of  $\beta$ -arrestin [95]. The lack of  $\beta$ -arrestin recruitment to the AT<sub>1</sub>R is surprising as it strongly couples to  $\beta$ -arrestins in response to agonist-induced signaling [96] and G-protein biased orthosteric ligands for the AT<sub>1</sub>R retain the ability to recruit arrestin [97]. This discrepancy in  $\beta$ -arrestin recruitment by AAs could be explained by different compositions of polyclonal AAs in the two patient groups or perhaps reduced or delayed  $\beta$ -arrestin recruitment mechanism, which may not be observed in all assay setups. Reports of the effect of AAs on receptor internalization are also varied with AAs for the same receptor both causing and suppressing internalization [13, 49, 67, 98].

### Effect of GPCR-AAs on receptor trafficking

Once internalized, interactions between a GPCR and  $\beta$ -arrestins influence canonical receptor trafficking, with weak interactions between a receptor and  $\beta$ -arrestins promoting rapid recycling back to the membrane and strong interactions that prolonging endosomal residence times prior to recycling or degradation [96]. AAs, which permit receptor internalization, also influence receptor trafficking. However, the role of  $\beta$ -arrestins in AA-mediated receptor internalization is often undefined. Compared to endogenous agonists that stimulate rapid CCR5 internalization and recycling [99], CCR5-AAs induce slow clathrin-mediated internalization, depleting CCR5 from the cell surface over 48 hours [24]. Protein synthesis is required for the repopulation of CCR5 at the cell surface, suggesting that internalized AA-

CCR5 complexes are not recycled [100]. Similarly, AA-mediated internalization of  $\beta_1$ AR results in a loss of receptor recycling and presumably receptor degradation [98]. A loss of receptor recycling pathways may account for the downregulation of mGluR<sub>5</sub> expression after exposure to AAs [101].

### Receptor dimerization in AA-induced signaling

While the role of oligomerization in endogenous GPCR signaling is debated [102], dimerization is required for the agonistic activity of several AAs. Conversion of a dimeric  $\beta_1$ AR-AA to a monovalent **Fab** fragment results in a loss of agonistic activity [103]. Similarly, M<sub>2</sub>R-AA Fab fragments do not reduce the efficacy of orthosteric agonists like full-length AAs [93]. An analogous phenomenon is observed with murine monoclonal AA-mimics for  $\beta_1$ AR [92],  $\beta_2$ AR [104], and M<sub>2</sub>R [105], where Fab fragments do not possess the agonistic effects of the full-length antibodies. In some cases, the AA Fab fragment acts as a receptor antagonist [104]. Crosslinking the AA-Fabs with an anti-mouse IgG restored the AA's agonistic effects [104, 105], confirming the oligomeric requirement for AA-induced signaling. However, the specific interaction between the AA and receptor is crucial for activity, as the addition of a receptor-dimerizing anti-FLAG antibody is not sufficient for activation of FLAG-tagged  $\beta_1$ AR [92]. The functional requirement for receptor dimerization in AA-mediated receptor activation is surprising, since monomeric  $\beta_2$ AR is fully capable of activating G-proteins [106]. While additional biochemical and structural analysis is needed to understand the role dimerization plays in AA-mediated signaling, receptor activation by AAs could be similar to activation of dimeric class C GPCRs, where interactions between the ectodomain and ECL2, and between transmembrane helix 6 of each receptor monomer stabilize the active state [107–109]. Still, receptor dimerization is not necessary for all AA-mediated signaling, as a murine monoclonal antibody that cross-reacts with ECL2 of both  $\beta_1$ AR and M<sub>2</sub>R acts as an agonist as a full-length antibody and a monomeric Fab fragment [110].

### Concluding Remarks and Future Perspectives

Decades of research have identified and provided initial characterization of functionally modulatory GPCR-AAs. Still, there are countless unanswered questions regarding the mechanistic basis of GPCR-AA action and pathological role of GPCR-AAs (see Outstanding Questions). Conflicting reports on the prevalence of GPCR-AAs complicates correlating the presence of AAs with disease. Some discrepancies are a result of experimental differences [111]. Much work has relied on peptide-based **ELISA** assays, which are subject to false positives due to polyreactivity [69], will not detect antibodies recognizing three-dimensional conformational epitopes, and are not reflective GPCR-AA bioactivity [112]. Thus, the true frequency of functional GPCR-AAs is unknown. The majority of GPCR-AAs described in the literature are antibody agonists. It is possible that GPCR-AA antagonists exist but have largely gone undetected however, since they may not show any clear effect in a signaling assay in the absence of agonist. The increased use of ELISAs with membrane extracts containing over-expressed receptors [14] and development of standardized GPCR-AA ELISA assays (Cell-Trend) is a step towards consistency and may also allow identification of antagonistic or functionally neutral AAs. However,



functional assays are critical for determining the potential pathogenicity of AAs. As many AAs are not abundant, increased application of highly sensitive secondary messenger assays [113] or assays relying on amplified signals, such as transcriptional readouts or bioassays are ideal for identifying functional AAs in patient samples. Defining the functionality of GPCR-AAAs is especially essential for understanding the significance of “natural” GPCR-AAAs detected in healthy individuals.

Like other allosteric modulators, GPCR-AAAs have distinct and complex pharmacological properties. The development of new technologies for studying both antibodies and GPCRs will certainly facilitate in depth mechanistic studies of GPCR-AAAs to fully understand their biology. The majority of work characterizing GPCR-AAAs has been performed with polyclonal patient samples or animal AA mimics produced through immunization. Limited access to patient-derived samples puts limitations on both the quantity and types of experiments used to study GPCR-AAAs. Single-cell techniques commonly used to identify and clone rare virus-neutralizing antibodies [114] in combination with advances in preparing GPCR antigens for antibody discovery efforts [5] could rapidly identify patient-derived monoclonal GPCR-AA. Unlimited access to patient-derived monoclonal GPCR-AAAs will enable detailed structure-function studies using lipidic cubic phase crystallography and serial crystallography techniques, as well as electron cryo-microscopy (Cryo-EM) [115], to determine the mechanism by which antibodies activate GPCRs. Additionally, access to monoclonal samples will facilitate full pharmacological profiling of GPCR-AAAs

Overall, GPCR-AAAs are an untapped resource for studying how allosteric antibodies can influence GPCR biology. While prior research has provided many intriguing hints regarding their function, additional insight into the action of GPCR-AAAs could provide essential information for the development of antibody therapeutics, including non-canonical effects on receptor signaling and trafficking that could be advantageous or detrimental to drug development.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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## GLOSSARY

### **Affinity maturation**

activated B-cells undergo hypermutation producing antibodies with increased affinity for the targeted antigen

### **Agonist**

a molecule that activates a receptor, stimulating a cellular response

**Allosteric**

a binding site on a receptor that differs from where the endogenous ligand binds

**Autoantibody**

an endogenous antibody that recognizes a “self” protein, most frequently associated with autoimmune diseases

**Biased signaling**

a phenomenon where an agonist preferentially activates one signaling outcome over another

**Chagas’ disease**

a parasitic infection characterized by acute flu like symptoms, which can cause chronic cardiovascular damage

**Class A GPCR**

the largest family of GPCRs, which share sequence homology to rhodopsin. Members include aminergic, peptide, chemokine, and olfactory receptors

**Class C GPCR**

A small class of GPCRs containing the metabotropic glutamate receptors (mGluRs) and GABA<sub>B</sub> receptors, which contain large venus fly-trap ectodomains and are obligate dimers

**Class switching**

activated B-cells can alter the isotype of the non-variable region of an antibody through recombination, altering the antibodies function in the immune response

**Efficacy**

the maximum strength of a signaling response

**Enzyme-linked immunosorbent assay (ELISA)**

A method to detect the presence of an antibody for a specific antigen

**Fab**

a monomeric fragment encoding the variable regions of an antibody required for antigen interactions

**Natural autoantibodies**

self-reactive antibodies present in healthy individuals

**Paraneoplastic**

arising from cancer

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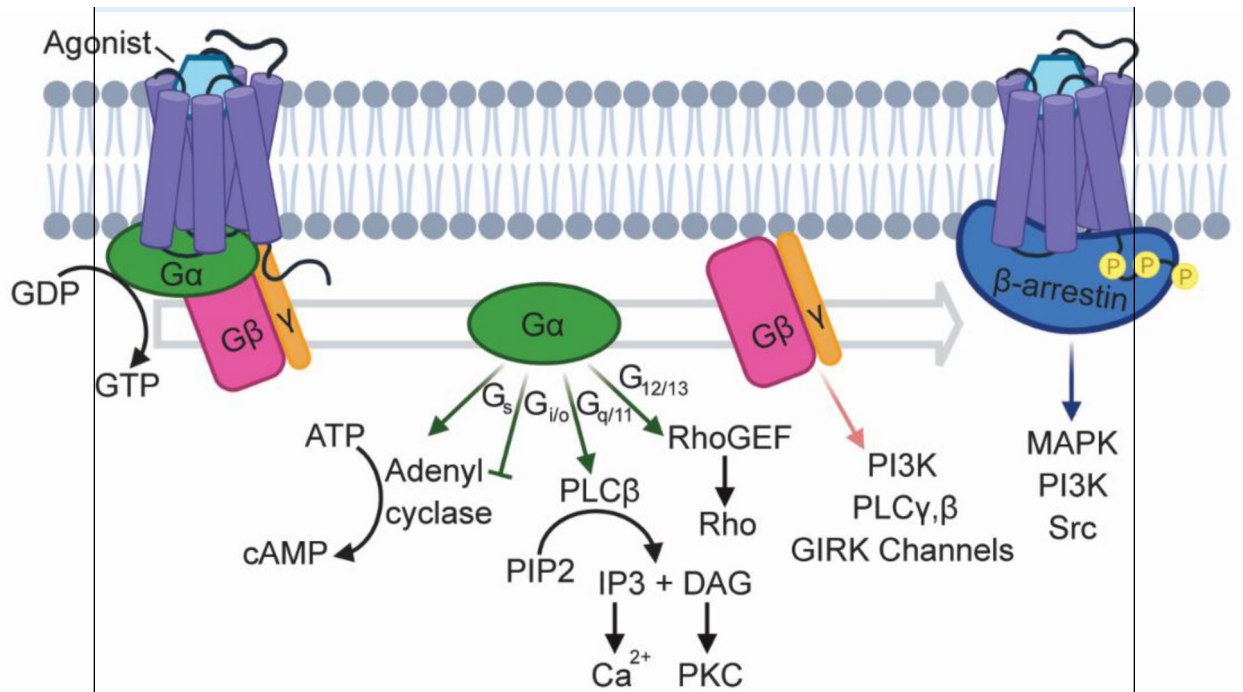
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**Box 1.****Canonical GPCR Signaling**

GPCRs are dynamic proteins that fluctuate between a range of functional states with varying affinities both orthosteric ligands and intracellular signal transducers. In canonical signaling pathways, the binding of an endogenous or synthetic agonist to the receptor triggers a conformational change within the receptor's seven transmembrane domain, which recruits heterotrimeric G-proteins containing G $\alpha$ , G $\beta$ , and G $\gamma$  subunits and promotes exchange of GDP to GTP in the G $\alpha$  subunit. The activated G-proteins dissociate from the receptor and induce a series downstream signaling events to elicit a biological response (Box 1, Figure I). G-protein signaling is attenuated through receptor phosphorylation by GPCR kinases (GRKs) and the recruitment of  $\beta$ -arrestins, which sterically hinder interactions between GPCRs and G-proteins and promote receptor internalization. In addition to their role in desensitization,  $\beta$ -arrestins initiate G-protein independent signaling cascades (Box 1, Figure I). Agonists that preferentially activate G-protein dependent or independent signaling pathways and are known as "biased" agonists.

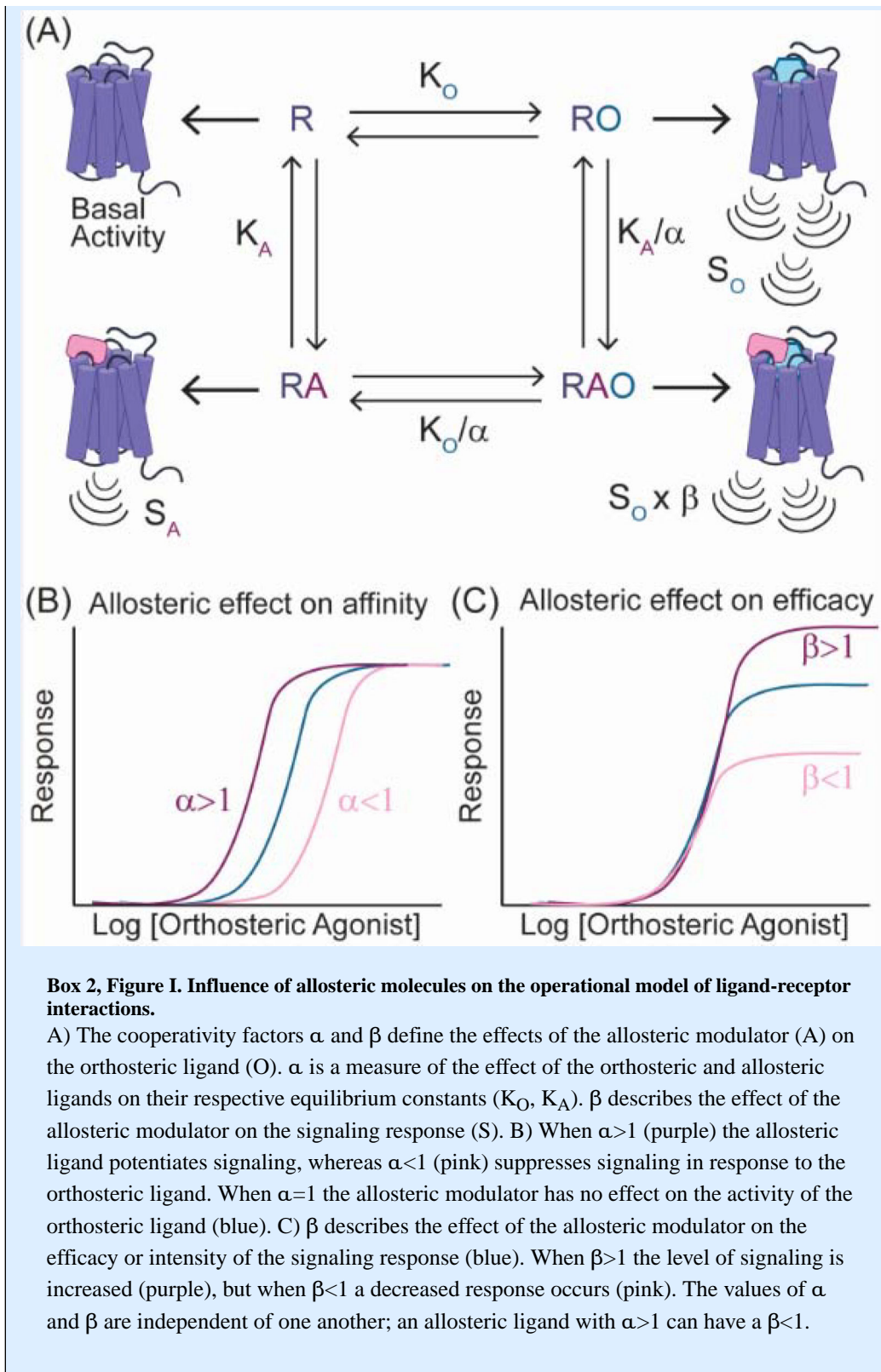


**Box 1, Figure I. GPCRs induce a variety of downstream signaling cascades.**

GPCRs are stimulated by a wide range of agonists, including small molecules, peptides, and proteins such as antibodies, and they regulate many biological processes. Downstream signaling is mediated by the G $\alpha$ , G $\beta$ , and G $\gamma$  subunits of heterotrimeric G-proteins. Sixteen G $\alpha$  subunits are encoded by four families (G<sub>s</sub>, G<sub>i/o</sub>, G<sub>q/11</sub>, G<sub>12/13</sub>), each of which engages a distinct signaling cascade [75]. Additionally, four different G $\beta$  subunits and twelve G $\gamma$  subunits stimulate additional signaling pathways [136]. Recruitment of  $\beta$ -arrestins suppress G-protein signaling, and initiates G-protein independent signaling cascades, primarily through MAP kinase (MAPK) pathways [137].

**Box 2.****Allosteric modulation of GPCR signaling**

By binding outside the orthosteric binding site, allosteric modulators can both positively and negatively influence the affinity of orthosteric ligands and modulate a receptor's ability to couple transducers. The combination of these independent effects yields varied outcomes on the intrinsic efficacy (signaling strength) of an orthosteric ligand. In the operational model describing orthosteric ligand-receptor interactions, the effects of allosteric modulators on ligand affinity and the transducer coupling are described by the cooperativity factors  $\alpha$  and  $\beta$  (Box 2, Figure I) [63]. Individually, coupling of the allosteric modulator or orthosteric ligand elicit distinct signaling response. Combined, the allosteric and orthosteric ligand can influence one another to elicit a new signaling response, that differs from the allosteric or orthosteric ligand alone. The cooperativity factors for allosteric modulators are dependent on the identity of the orthosteric ligand, which can result in varied effects on the efficacy of different orthosteric agonists or in the absence of ligand.

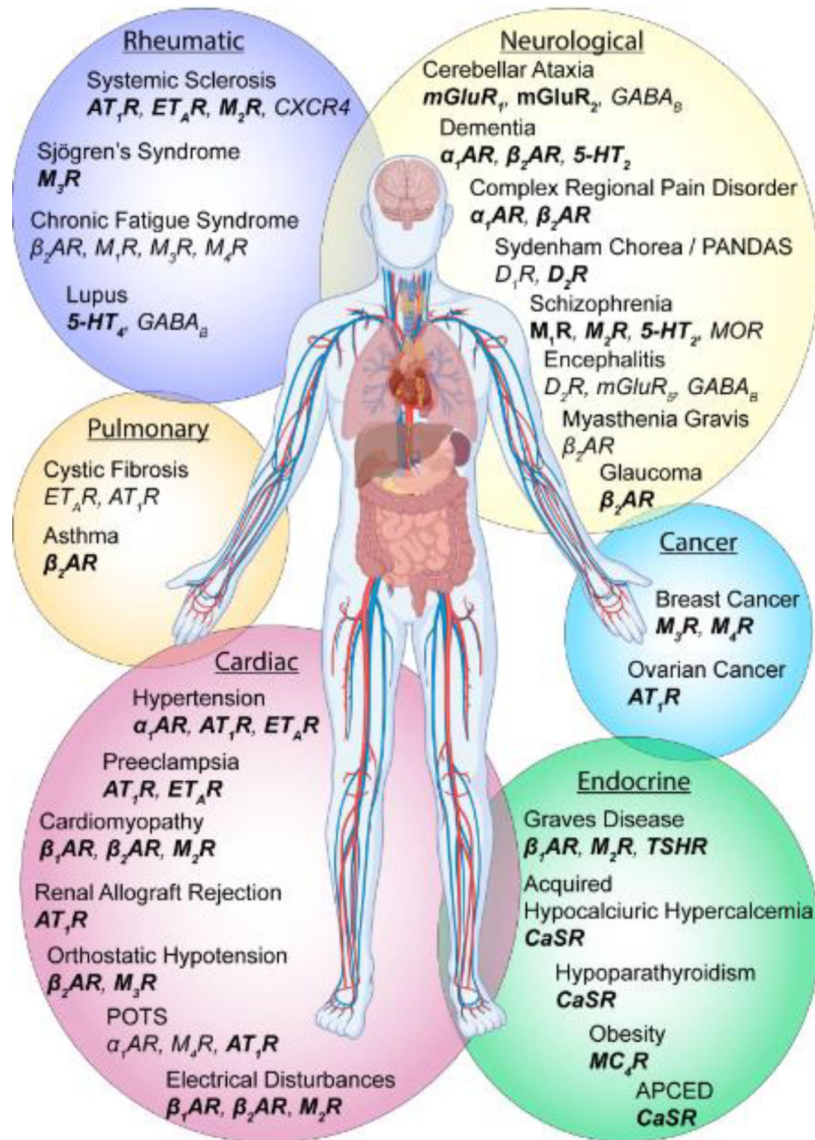


### Outstanding Questions

- What is the true prevalence of functional AAs in both healthy individuals and disease states?
- How are interactions with AAs and the extracellular loops transduced through the receptor core to activate G-proteins?
- Do AAs stabilize receptor conformations that differ from orthosteric agonist bound states?
- Why is dimerization often required for AA-mediated receptor activation?
- Do AAs frequently induce biased signaling?
- Are there distinct trafficking pathways for internalized AA-GPCR complexes?

### Highlights

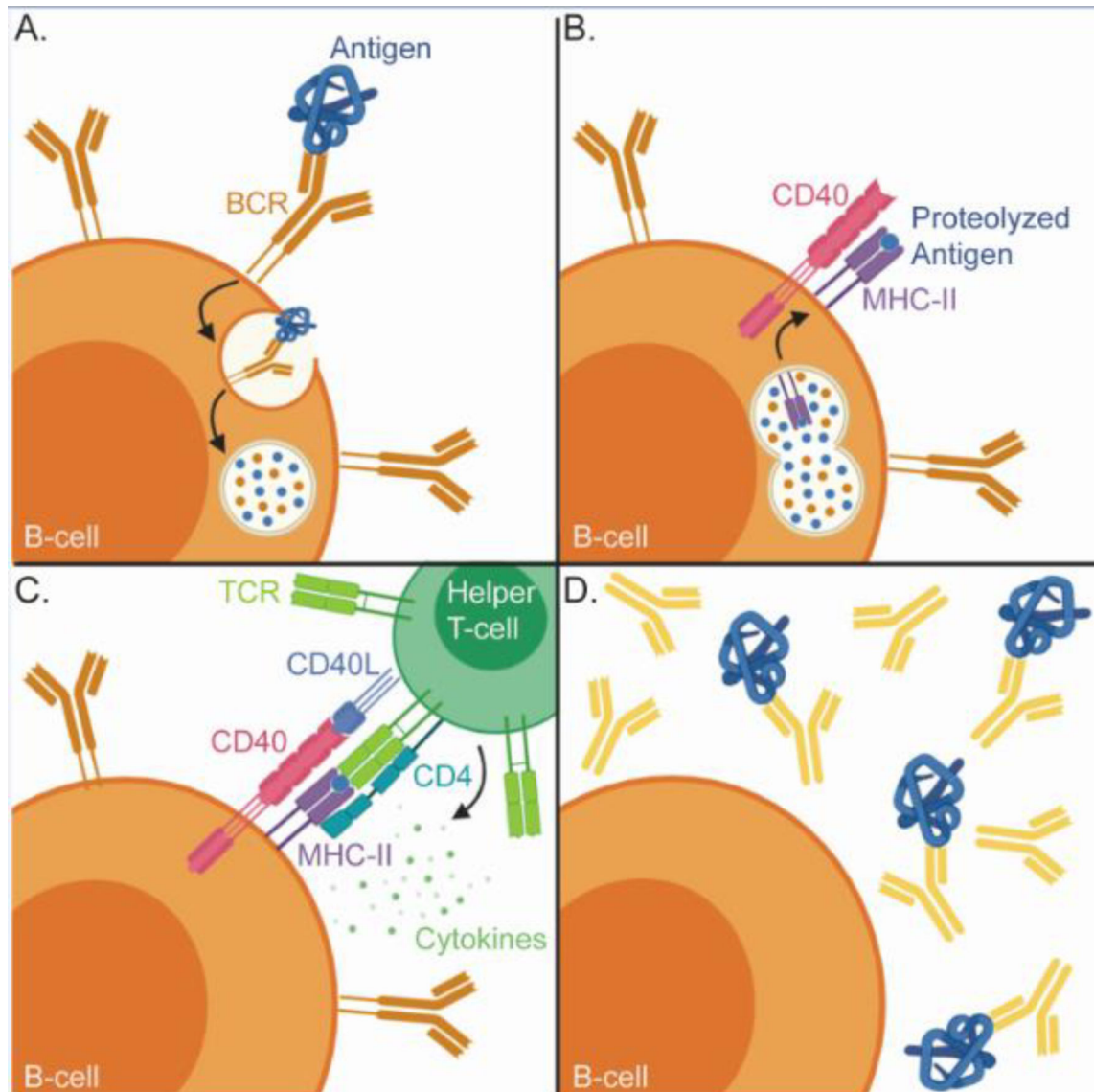
- Self-reactive antibodies (autoantibodies or AAs) are produced when there is a breakdown in the immune system's self-tolerance mechanisms and have been detected for twenty-six GPCRs. Despite considerable interest in therapeutic modulation of GPCRs with antibodies, little is known about the molecular function of AAs.
- The vast majority of AAs described to date are functional and activate GPCR signaling, uncoupling receptors from endogenous signaling networks. Such modulation of signaling is often deleterious and many GPCR-AAs are either known to be pathogenic or associated with disease.
- AAs act allosterically and possess unique pharmacological properties, which often diverge from orthosteric agonists.
- A dimeric antibody is often required for AA-induced receptor activation, suggesting that AAs may invoke an activation mechanism distinct from orthosteric agonists.



**Figure 1. GPCR-AAs are detected in a variety of conditions.**

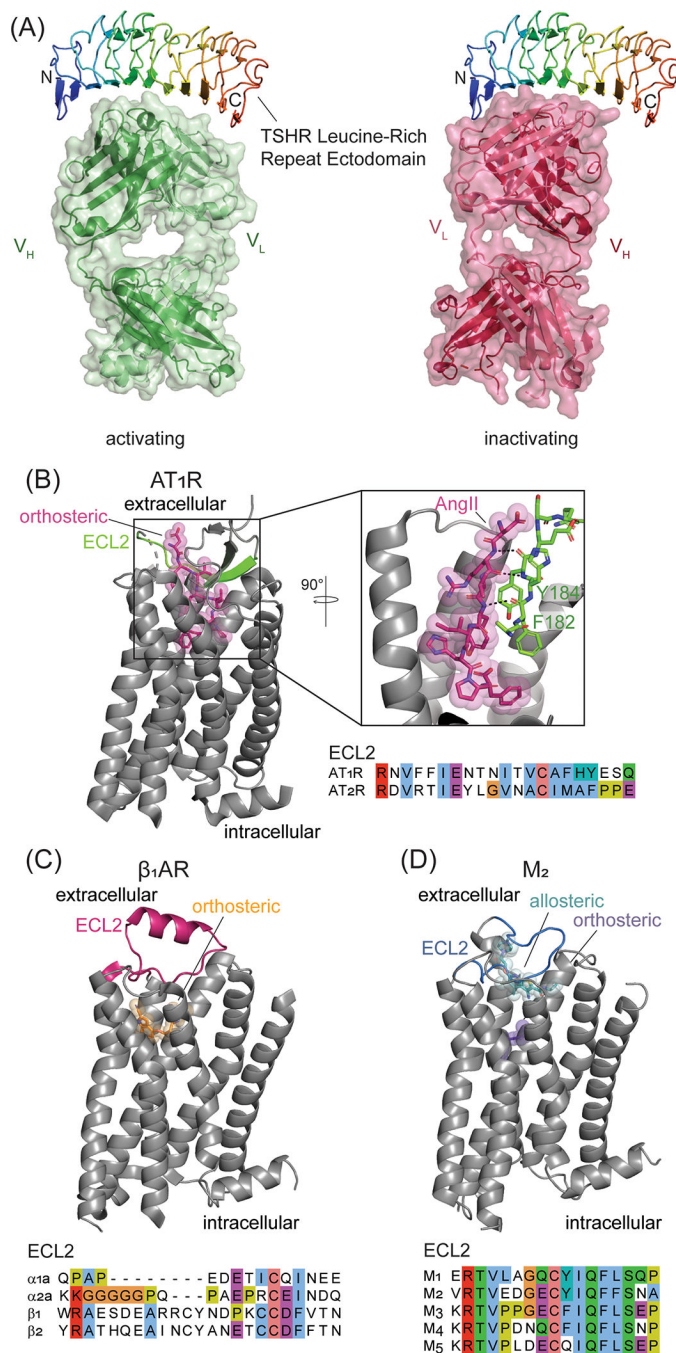
GPCR-AAs are reported for 26 different GPCRs including the  $5-HT_2$  and  $5-HT_4$  serotonin receptors,  $\alpha_1$ ,  $\beta_1$ , and  $\beta_2$  adrenergic receptors ( $\beta_1AR$ ,  $\beta_2AR$ ,  $\alpha_1AR$ ), angiotensin II type I receptor ( $AT_1R$ ), calcium sensing receptor ( $CaSR$ ), endothelin type A receptor ( $ET_A R$ ),  $GABA_B$  receptor,  $M_1$ ,  $M_2$ ,  $M_3$ , and  $M_4$  muscarinic acetylcholine receptors ( $M_1R$ ,  $M_2R$ ,  $M_3R$ ,  $M_4R$ ), melanocortin-4 receptor ( $MC_4R$ ), metabotropic glutamate receptors 1, 2, and 5 ( $mGluR_1$ ,  $mGluR_2$ ,  $mGluR_5$ ), thyroid stimulating hormone receptor ( $TSHR$ ), and  $\mu$ -opioid receptor ( $MOR$ ). GPCR-AAs are typically detected with ELISA, cell-staining, radioligand binding, or functional bioassays. GPCR-AAs that influence receptor-mediated signaling events are bolded. See Supplementary Table 1 for additional information on AA epitopes and functional effects of AAs.





**Figure 2. Antibody production requires input from B-cells and T-cells.**

A) Antigens are recognized by the B-cell receptor (BCR), a membrane tethered antibody. The bound antigen is internalized and proteolyzed. B) Proteolyzed antigen is loaded in to the class II MHC and trafficked to the B-cell surface. C) The MHC-II bound peptide is recognized by a peptide specific T-cell receptor on the surface of a CD4<sup>+</sup> helper T-cell. A series of co-activating interactions between the T-cell and B-cell, such as the engagement of CD40 with CD40L, trigger the release of cytokines, which initiates B-cell activation and antibody maturation. D) Activated B-cells differentiate into antibody secreting plasma cells to immediately respond to the antigen and memory B-cells, which preserve the immune response.



**Figure 3. Antigen recognition by GPCR-AAs.**

A) The TSHR contains an N-terminal leucine rich repeat (LRR) ectodomain (colored as a rainbow, from blue (N-terminus) to red (C-terminus)) that binds the receptor's endogenous agonist thyroid stimulating hormone (TSH). TSHR-AAs interfere with TSH binding by interacting with the LRR. Despite recognizing adjacent regions, TSHR-AAs both activate (PDB: 3G04 [41]) and suppress (PDB: 2XWT [42]) receptor signaling. B-D) AA epitopes and ECL2 sequence alignments. B) Phe182 and Tyr184 in the ECL2 epitope (green) recognized by AT<sub>1</sub>R-AAs interacts with the receptor's endogenous peptide agonist

angiotensin II (pink) through backbone interactions (PDB: 6OS0 [56]). C) ECL2 (pink, PDB: 2VT4 [135]), a common epitope for adrenergic receptor AAs is highly divergent among receptor subtypes. D) The ECL2 binding site for M<sub>2</sub>-AAs (blue, PDB: 4MQT [58]) overlaps with a known allosteric regulatory site (teal) for muscarinic receptors

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**Table 1.**

GPCR-AAs identified as pathogenic

Receptor	Syndrome	Method	Pathology	Reference
$\beta_1$ AR	Cardiomyopathy	ECL2 peptide immunization	Increased heart weight Enlarged left and right ventricles Decreased right and left ventricle wall thickness Cardiac degeneration and inflammation	[36]
		ECL2 peptide immunization	Left ventricle hypertrophy	[116]
		ECL2 peptide immunization	Left ventricle dilation and dysfunction Increased heart mass	[37]
		Passive transfer	Left ventricle dilation and dysfunction Increased heart mass	[37]
		ECL2 peptide immunization	Left ventricle dilation Decrease in fractional shortening	[117]
		ECL2 peptide immunization	Cardiac electrical remodeling	[118]
$M_2$ R	Atrial fibrillation	ECL2 peptide immunization	Altered cardiac electrophysiology Atrial fibrosis	[119]
	Cardiomyopathy	ECL2 peptide immunization	Enlarged right ventricle Decreased right ventricle wall thickness Cardiac degeneration and inflammation	[36]
		ECL2 peptide immunization	Decreased myocardial contractility Decreased diastolic function Ventricle dilation and wall thinning	[120]
		ECL2 plasmid immunization	Reduced left ventricular wall thickness Reduced ejection fraction	[121]
		Passive transfer	Reduced left ventricular wall thickness Reduced ejection fraction	[121]
$M_3$ R	Sjögren's Syndrome	Passive transfer	Overactive bladder	[122]
		Passive transfer	Decreased saliva volumes	[123]
$AT_1$ R	Cardiovascular Disease	ECL2 peptide immunization	Cardiac hypertrophy Increased blood pressure Increased heart rate	[124]
	Preeclampsia	Passive transfer	Hypertension Proteinuria Glomerular endotheliosis Placental abnormalities Small fetus size Increased levels of soluble fms-related tyrosine kinase-1 (sFlt1)	[39]
		Passive transfer	Increased blood pressure Production of endothelin-1	[125]
		Passive transfer	Increased sensitivity to AngII	[126]
		Passive transfer	Increased blood pressure Increased sFlt1 Increased sEndoglin	[127]
		Passive transfer	Increased blood pressure Increased oxidative stress	[128]
		Passive transfer	Increased blood pressure Increased sensitivity to AngII	[129]
$ET_A$ R	Pulmonary arterial hypertension	Passive transfer	Diminished peripheral vasculature Dilated pulmonary arteries Right ventricular hypertrophy Vascular remodeling	[130]

Receptor	Syndrome	Method	Pathology	Reference
MC <sub>4</sub> R	Obesity	N-terminal peptide immunization	Increased body weight Increased food intake Increased plasma triglyceride levels	[131]
		Passive transfer	Increased food intake	[131]
		Passive transfer	Increased food intake	[132]
TSHR	Grave's Disease	Passive transfer	Thyroid hormone secretion	[133]
		Passive transfer	Thyroid hormone secretion Inhibition of thyroid hormone secretion	[134]
mGluR <sub>1</sub>	Cerebellar ataxia	Passive transfer	Ataxia	[40]

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