



Translational Factor eIF4G1 Regulates Glucose Homeostasis and Pancreatic β -Cell Function

Seokwon Jo, Amber Lockridge, Ramkumar Mohan, Nicholas Esch, Regina Schlichting, Neha Panigrahy, Ahmad Essawy, Eric Gustafson, and Emilyn U. Alejandro

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Protein translation is essential for cell physiology, and dysregulation of this process has been linked to aging-related diseases such as type 2 diabetes. Reduced protein level of a requisite scaffolding protein of the initiation complex, eIF4G1, downstream of nutrients and insulin signaling is associated with diabetes in humans and mice. In the current study, we tested the hypothesis that eIF4G1 is critical for β -cell function and glucose homeostasis by genetically ablating eIF4G1 specifically in β -cells in vivo (β eIF4G1 knockout [KO]). Adult male and female β eIF4G1KO mice displayed glucose intolerance but normal insulin sensitivity. β -Cell mass was normal under steady state and under metabolic stress by diet-induced obesity, but we observed increases in proliferation and apoptosis in β -cells of β eIF4G1KO. We uncovered deficits in insulin secretion, partly due to reduced mitochondrial oxygen consumption rate, glucose-stimulated Ca^{2+} flux, and reduced insulin content associated with loss of eIF4E, the mRNA 5' cap-binding protein of the initiation complex and binding partner of eIF4G1. Genetic reconstitution of eIF4E in single β -cells or intact islets of β eIF4G1KO mice recovers insulin content, implicating an unexplored role for eIF4G1/eIF4E in insulin biosynthesis. Altogether these data demonstrate an essential role for the translational factor eIF4G1 on glucose homeostasis and β -cell function.

Protein translation is a fundamental cellular process and has emerged as an important checkpoint in the regulation of protein expression during organ development and cell function for both normal and in disease, for various cell types, including the pancreatic insulin-producing β -cell. The β -cell functions as a highly specialized metabolic

factory with unique ability to continually sense nutrient and metabolic signals and respond with appropriate levels of insulin synthesis and secretion. In response to elevated glucose concentrations, β -cells preferentially release newly synthesized insulin granules (1,2). To match the demand for insulin, β -cells synthesize large quantities of insulin by recruiting preproinsulin mRNA to the endoplasmic reticulum (ER), thereby enhancing its translational efficiency (3–5).

To synthesize and process insulin, the β -cells possess a highly developed ER, which plays a central role in protein biosynthesis (6). Translation of the insulin precursor protein, preproinsulin, occurs on ribosomes associated with the ER while nascent proinsulin undergoes final folding within the lumen of the ER. Proinsulin is then trafficked through the Golgi complex and into exocytotic granules where prohormone convertase (PC) 2, PC1/3, and carboxypeptidase E (CPE) work together to convert proinsulin to mature insulin and C-peptide (7).

The first and rate-limiting step of the translation initiation is the binding of eukaryotic translation initiation factor 4F (eIF4F) to the 5' cap (m7GpppN). The eIF4F complex consists of the major m7G cap-binding protein eIF4E, the RNA helicase eIF4A, and a large protein scaffold that interacts with several components of the translation initiation machinery eIF4G. The eIF4F-eIF4G1 complex is required for 5' cap scanning-dependent translation (8). The formation of eIF4F-eIF4G1 complex recruits ribosomes to mRNA, allowing scanning-dependent translation to proceed.

eIF4G1 is an integral component of the initiation complex, acting as scaffolding protein to recruit its binding proteins (i.e., eIF4E, eIF4A). The role of eIF4G1 in mRNA translation is well studied in cancer models, where it plays

Department of Integrative Biology and Physiology, University of Minnesota Medical School, Minneapolis, MN

Corresponding author: Emilyn U. Alejandro, ealejand@umn.edu

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a critical role in cell growth, proliferation and differentiation, and dysregulation of the eIF4F-eIF4G1 complex, or overexpression of eIF4G1 promotes tumorigenesis in various cell types (9–11). In pancreatic β -cells, overexpression of eIF4G1 has been implicated in the translational regulation of CPE and the manifestation of a prediabetic hyperproinsulinemic phenotype in mice (12–14). Furthermore, islets isolated from patients with type 2 diabetes (T2D) and the *ob/ob* mouse model of T2D show decreased levels of eIF4G1 protein, suggesting that loss of this translation factor may contribute to the pathogenesis of T2D (12). However, the role of eIF4G1 in glucose homeostasis and β -cell function in vivo has not been specifically tested.

Currently, we have used genetic manipulation to generate a mouse model of β -cell-specific deletion of eIF4G1 (β eIF4G1 knockout [KO]) and uncovered a novel role for eIF4G1 in glucose metabolism. β eIF4G1KO mice are glucose intolerant in part by multiple defects at the β -cell level contributed by reduced islet insulin content and secretion associated with altered Ca^{2+} signaling and mitochondrial dysfunction. β eIF4G1KO mice display normal β -cell mass, with high turnover marked by elevated apoptosis and proliferation rates. Altogether, these data underscore the novel role of eIF4G1 in β -cell function.

RESEARCH DESIGN AND METHODS

Animal Models and In Vivo Mouse Procedures

The following breeders were used in the study: C57Bl/6J, eIF4G1 flox/flox (The Jackson Laboratory), and mice harboring one allele of Cre-recombinase under the rat insulin 2 promoter (Rip-Cre; provided by Dr. Pedro Herrera, University of Geneva) or under the glucagon promoter with tdTomato Cre-reporter (Gcg-Cre;Tomato^{+/-}; provided by Dr. George Gittes, University of Pittsburg). Rip-Cre used in Fig. 1 are the littermate control to eIF4G1 flox and Rip-Cre;eIF4G1 floxed mice. Wild-type (WT) are referred to as Rip-Cre positive or negative animals without any floxed gene. All mice were generated on a C57Bl/6J background and group housed on a 14:10 light-dark cycle. eIF4G1 floxed contains eIF4G1 with point mutation of R1207H and is treated as an independent biological variable. A high-fat diet (HFD) (60% kcal of fat, D12492) was purchased from Research Diets. Glucose and insulin tolerance tests and in vivo glucose-stimulated insulin secretion assays were performed as previously described in age-matched or littermates mice (15). Random-fed serums were collected via facial vein. For BrdU proliferation assay, cohorts of mice were injected with BrdU (100 mg/kg) every 4 days for total span of 12 days. All procedures were performed in accordance with the University of Minnesota Animal Studies Committee (Institutional Animal Care and Use Committee [ACUC] #1806A36072).

Islet Isolation, Insulin Secretion Assay, Western Blot, Electron Microscope

We have previously described our islet isolation, insulin secretion assay technique (15,16), Western blot, and electron

microscope (EM) imaging (14). See Supplementary Material for more details.

Insulin and Proinsulin ELISA

Insulin and proinsulin levels from random-fed serum, lysed isolated islets or INS-1 cells, and islet secretion solutions were measured using Mouse Ultrasensitive Insulin and Proinsulin ELISA (ALPCO), according to kit instruction. Content data were normalized to DNA, as determined by Quant-iT Pico Green dsDNA Assay (Molecular Probes) or by total protein, as determined by bicinchoninic acid assay.

Cell Culture Plasmid Transfection and Adenoviral Infection

INS-1 cells (gift from Dr. Peter Arvan, University of Michigan) were maintained in 11 mmol/L glucose RPMI 1640 media (14). pT7-EGFP-HseIF4E was purchased from Addgene (#79437; generated by Dr. Elisa Izaurralde, Max Planck Institute for Developmental Biology). Transfections of the plasmids were performed using Lipofectamine 2000 (for single islet cells) or Lonza Nucleofector Kit V (for INS-1 cells), following manufacturer's instructions. eIF4E adenovirus and siRNA lentivirus (scrambled siCtrl and siRNA against eIF4G1) were purchased from Applied Biological Materials. Then, 10–20 islets dispersed by gentle pipetting with 0.05% Trypsin-EDTA or INS-1 cells were plated on tissue culture six-well plates before infection at 10–15 multiplicity of infection. The cells were collected 48-h after transfection or infection for lysis/analysis or further testing (cycloheximide [CHX] 50 $\mu\text{g}/\text{mL}$ for up to 12 h).

Immunofluorescence/TUNEL Imaging

Sections were incubated in primary antibodies, followed by secondary antibodies conjugated to fluorophores (Supplementary Table 1), and DAPI solution (Thermo Fisher Scientific). Stained slides were imaged on a motorized microscope (ECLIPSE NI-E; Nikon). β -Cell mass was assessed as described previously (15). β -Cell size was determined by β -catenin or e-cadherin and insulin-positive area/number of nuclei, analyzing 60 islets per mouse in sections imaged at magnification $\times 20$. TUNEL staining was performed as previously described (17). For proliferation analysis, isolated islets from BrdU-injected mice were isolated and processed for sectioning as described in the published protocol (18). Then, sectioned islets were stained against Ki67 and BrdU for imaging and counting. A minimum of 7,000 β -cells were analyzed per mouse for the quantifications for proliferation and apoptosis.

Nonradioactive Pulse Label Experiment

INS-1 cells were starved with methionine-free media for 45 min before incubation with Click-IT AHA (*L*-azidohomoalanine) (Invitrogen) in methionine-free media for 30 min (Pulse) before harvest. The cells were lysed, and the lysates were subjected to Click-IT reaction with biotin-conjugate alkyne, according to the manufacturer's protocol. The biotin-labeled lysates and immunoprecipitates were resolved by Western

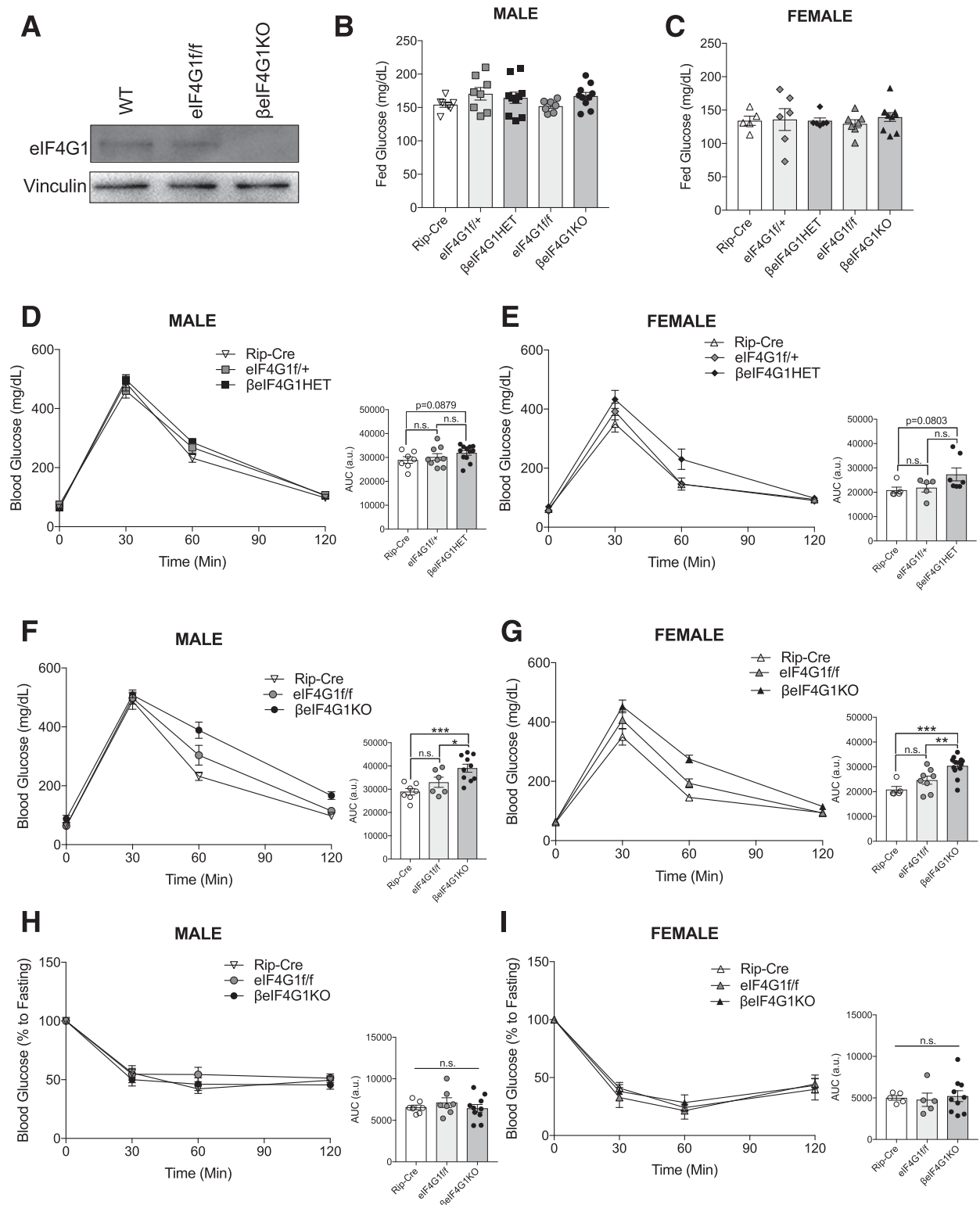


Figure 1— β eIF4G1KO mice exhibit glucose intolerance and normal insulin sensitivity. **A**: Representative islet level of eIF4G1 protein in WT, eIF4G1f/f, and β eIF4G1KO ($n = 2$). Random-fed blood glucose level of 2–3 months of age for male (**B**) and female (**C**) Rip-Cre, eIF4G1f/+, β eIF4G1HET, eIF4G1f/f, and β eIF4G1KO mice ($n = 8$). In vivo glucose tolerance tests (2 g/kg glucose, i.p.) were performed on 2-month-old littermate Rip-Cre WT, eIF4G1f/+, and β eIF4G1HET ($n = 7, 9, 12$ males; $n = 5, 5, 7$ females) (**D** and **E**) or eIF4G1f/f and β eIF4G1KO ($n = 7, 6, 10$ males; $n = 5, 8, 13$ females) (**F** and **G**). Insulin sensitivity (0.75 units/kg insulin, i.p.) at 8–10 weeks of age for Rip-Cre WT, eIF4G1f/f, and β eIF4G1KO ($n = 7, 7, 10$ males; $n = 5, 5, 10$ females) (**H** and **I**). Area under curve (AUC) of the blood glucose curves are presented in arbitrary units (a.u.) for each figure. Statistical analyses were conducted using unpaired, two-way Student *t* test with significance: * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$.

blot and detected by horseradish peroxidase-conjugated streptavidin (STV).

Single Islet Cell Insulin Content Assay and Calcium Measurement

Approximately 100–125 isolated islets dispersed in 0.25% trypsin (Gibco) were plated onto coverslips before transfection with green fluorescent protein (GFP) or GFP-tagged eIF4E plasmids. Media was replaced after 24 h. At 48 h after transfection, individual GFP-positive islet cells were handpicked using a fluorescence microscope (BX51; Olympus) under magnification $\times 60$, lysed in 20 μ L of RIPA buffer (plus inhibitors), and assayed for insulin content. Insulin values from tdTomato-positive α -cells, from Gcg-Cre;Tomato^{+/-} mice, were used to determine a minimum inclusionary threshold for insulin value (0.01 ng/mL insulin). Intracellular calcium was measured as previously described (16). The average Fura-2 signal (Fig. 7M) was calculated by averaging all Fura-2 signal points in the given glucose concentration.

Cell Mitochondrial Stress Test Using Seahorse Analyzer

Approximately 70–100 islets were seeded onto wells pre-coated with Cell-Tak in 30 μ L serum-free RPMI media/well and incubated at 37°C for 1 h. Then, 70 μ L of complete islet media were added per well and incubated overnight. Islets were washed with freshly prepared Seahorse media, following the manufacturer's recommendations and incubated in the same media, 175 μ L/well. Cell Mitochondrial Stress Test (Agilent) was performed following the protocol provided by the manufacturer with the addition of a step including a 20 mmol/L glucose injection before the oligomycin injection. After the test, islets were collected in RIPA lysis buffer and sonicated for DNA quantification as described. INS-1 cells were tested in a similar manner with few differences: no Cell-Tak pre-coating before plating and no 20 mmol/L glucose injection.

RT-Quantitative PCR

Quantitative (q)PCR was performed as described previously (19). Relative gene expression was calculated with $\Delta\Delta$ cycle threshold normalized to β -Actin. Primer sequences are listed in Supplementary Table 2.

Statistical Analysis

Data are presented as mean \pm SEM and were analyzed using the two-tailed unpaired Student *t* test. Multiple outcome data were assessed using repeated measures two-way ANOVA. Statistical analyses were performed in GraphPad Prism version 7 with a significance threshold of $P < 0.05$.

Data and Resource Availability

The reagents generated during the current studies are available from the corresponding author upon reasonable request.

RESULTS

β -Cell-Specific Deletion of eIF4G1 Leads to Glucose Intolerance in Male and Female Mice

To investigate the significance of eIF4G1 in regulating β -cell mass and function in vivo, we generated a β -cell-specific loss of eIF4G1 model (Rip-Cre;eIF4G1 flox/+ or Rip-Cre;eIF4G1 flox/flox, herein referred to as β eIF4G1HET and β eIF4G1KO, respectively). They are generated in the global eIF4G1 R1207H mutant background, a mutation associated with increased susceptibility to Parkinson disease (20). While the locomotive and metabolic phenotypes of these mutant mice have not been described, we found that by 2 months of age, WT and mutant mice were indistinguishable based on physical appearance, home cage activity, or response to handling. At 5 months of age, male motor coordination was normal as assessed by an accelerating rotarod test (Supplementary Fig. 1A), suggesting the R1207H mutation does not present gross locomotive dysfunction up to this age in mice. For appropriate controls in the initial experiments and in vivo assessments, we included both Rip-Cre-positive and Rip-Cre-negative floxed (eIF4G1f/+ or eIF4G1f/f) mice. Moreover, we recently validated the fidelity of the Rip-Cre^{Herrera} for β -cell-specific expression (19) and demonstrated no Cre-dependent effects, as has been seen in other Rip-Cre models (21).

To validate the model, we confirmed that eIF4G1 protein was completely absent in islets isolated from β eIF4G1KO compared with WT and eIF4G1f/f islets (Fig. 1A). Next, we assessed the effect of eIF4G1 on glucose homeostasis. At 2 months old, male and female mice from all genotypes displayed normal random blood glucose levels (Fig. 1B and C) and body weight compared with littermate controls (Supplementary Fig. 1B and C). Male and female mice with partial loss of eIF4G1 (β eIF4G1HET) demonstrated a trend in mild glucose intolerance compared with WT littermates (Fig. 1D and E). A full deletion of β -cell eIF4G1 resulted in glucose intolerance compared with both controls (Fig. 1F and G), which persisted in a cohort of 5-month-old β eIF4G1KO mice (Supplementary Fig. 1D), emphasizing the importance of eIF4G1 in glucose homeostasis. A nonsignificant trend in glucose intolerance was found between eIF4G1f/f and Rip-Cre, which may suggest a possible effect of the mutation in nonpancreas tissues. Comparable insulin sensitivity was observed across all genotypes in both sexes (Fig. 1H and I), pointing toward a defect at the pancreatic β -cell level.

Reduced Insulin Levels but Normal Insulin Processing in β eIF4G1KO Islets

To investigate β -cell mechanisms contributing to the glucose intolerance, first we examined the impact of eIF4G1 on the proinsulin-to-insulin ratio, because a decrease in eIF4G1 level has been associated with hyperproinsulinemia through dysregulation of the insulin processing enzyme, CPE, in vitro (12,14,22). We measured nonfasted serum insulin and proinsulin levels and found no differences

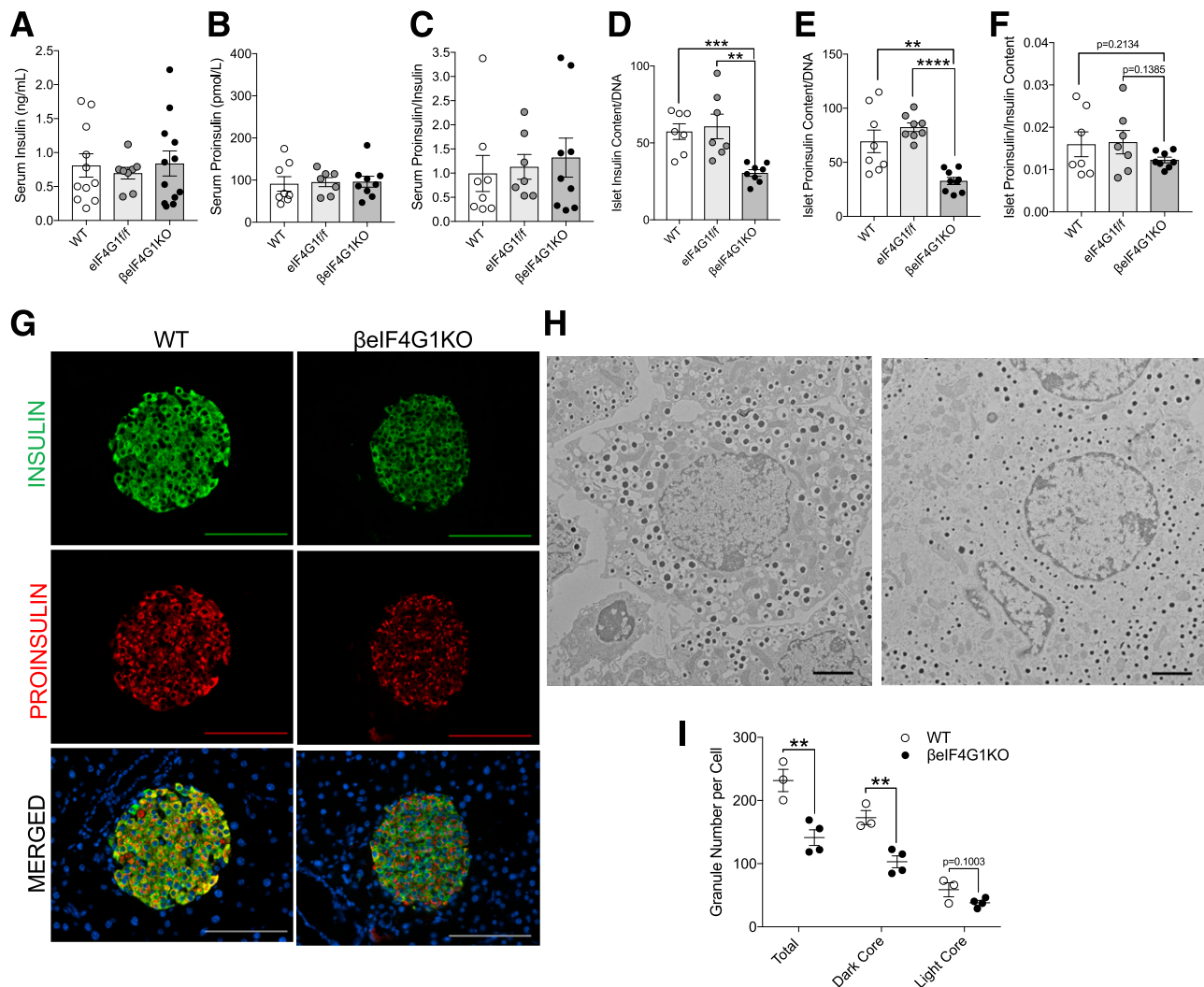


Figure 2—Normal insulin processing persists in β -cell-specific eIF4G1KO mice. Phenotype of 15-week-old WT, eIF4G1^{f/f}, and β eIF4G1KO mice showing insulin, proinsulin, and proinsulin-to-insulin ratio values from in vivo random-fed serum ($n = 8, 7, 9$, respectively) (A–C), and isolated islets ($n = 7, 7, 8$, respectively) (D–F). G: Immunofluorescent images of pancreatic sectioned islets from 20-week-old animals showing insulin (green), proinsulin (red), and DAPI (blue). Immunofluorescent image scale bars, 100 μ m. EM image of β -cells between WT and β eIF4G1KO islets (H), with quantification of insulin granules: total number, dark core, and light core (I) ($n = 3$ to 4 animals; 5–15 β -cells counted per animal). EM images scale bars, 2 μ m. Representative of three to four animals per group for imaging data. WT are mix of Rip-Cre(+) and Rip-Cre(–) mice with no floxed genes. Statistical analyses were conducted using unpaired, two-way Student *t* test with significance: ** $P < 0.01$, *** $P < 0.001$, **** $P < 0.0001$.

between β eIF4G1KO and controls in vivo (Fig. 2A–C). However, when we examined isolated islets, in the absence of external hormonal and neural stimuli, we observed decreases in both insulin and proinsulin content in the β eIF4G1KO (Fig. 2D and E). The proinsulin-to-insulin ratio, a key indicator of the hyperproinsulinemic phenotype, showed no alterations (Fig. 2F). Likewise, immunofluorescence staining showed dimmer insulin and proinsulin staining in β eIF4G1KO islets versus WT (Fig. 2G). Furthermore, a reduction of total insulin granules per β -cell, both insulin-rich dark core and immature light core granules, in EM images was observed in β eIF4G1KO islets versus WT (23,24) (Fig. 2H and I). The lack of proinsulin-to-insulin ratio defect in

β eIF4G1KO mice was supported by normal islet CPE protein levels, as detected by immunofluorescence staining or Western blot (Fig. 3A and B). Despite a normal level of CPE, we observed a sixfold increase in CPE transcript levels in β eIF4G1KO islets (Fig. 3C), a possible compensation for a constitutive loss of eIF4G1 in vivo, which will be further explored in a later section. When INS-1 cells were used, acute eIF4G1 knockdown in vitro showed a mild but significant loss of CPE protein with a trend toward increased in CPE mRNA ($P = 0.0674$) (Fig. 3D and E and Supplementary Fig. 1E). The reduction in CPE protein in eIF4G1 knockdown appears to be independent of protein stability (Fig. 3F and G). Congruent with previous studies, CPE was regulated by

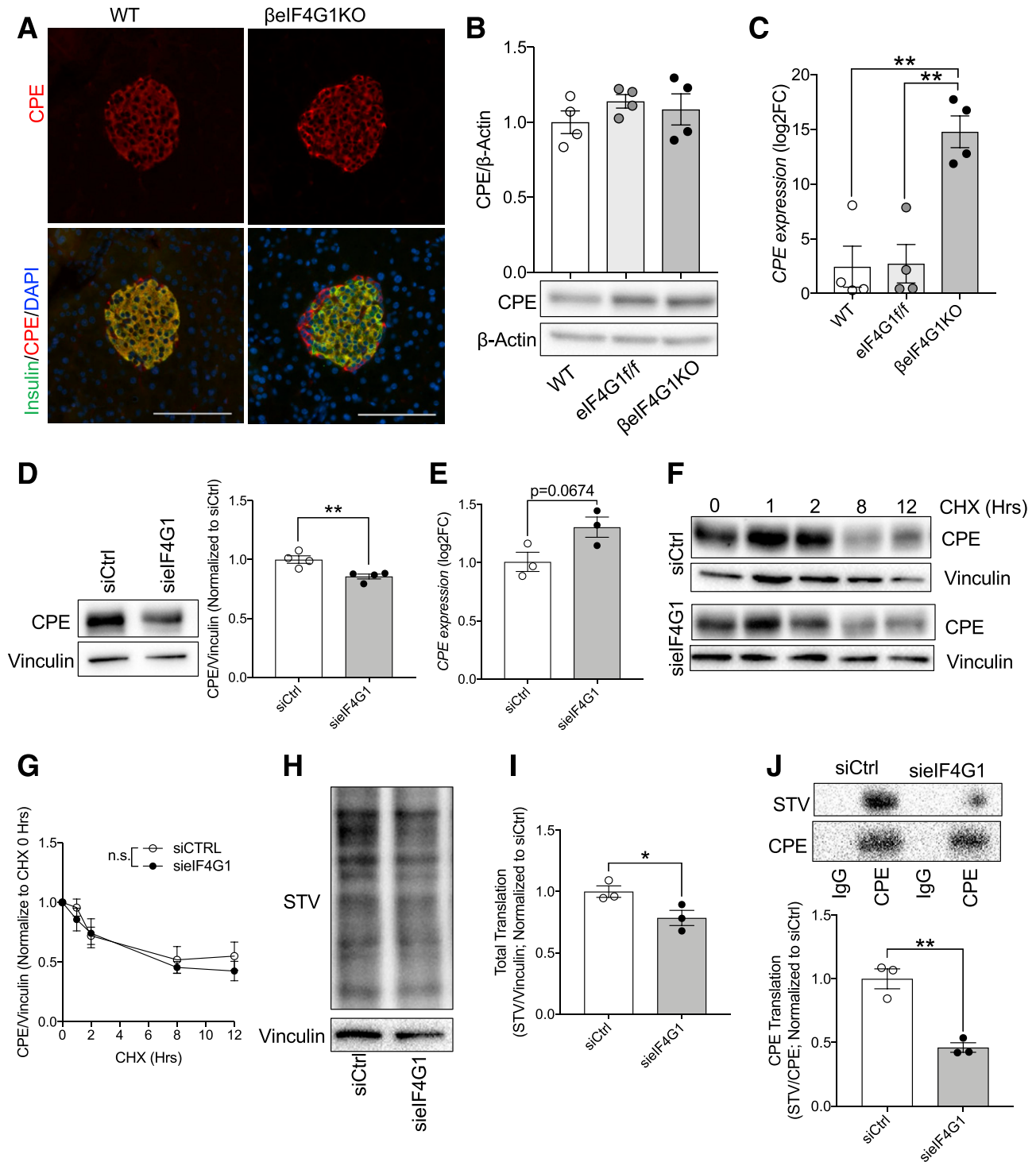


Figure 3—eIF4G1 regulates CPE translation in β -cells. Immunofluorescent images of CPE (red) + insulin (green)/DAPI (blue) (A), islet CPE levels (relative to β -actin, normalized to WT) by immunoblot (B), and qPCR gene expression (relative to β -Actin, log₂ fold-change [FC] to WT) (C) ($n = 4$). Scale bars, 100 μ m for immunofluorescent images. Representative of three to four animals per group for imaging data. siEIF4G1 knockdown INS-1 CPE protein level (relative to vinculin, normalized to siCtrl) (D), qPCR gene expression (relative to β -Actin, log₂FC to siCtrl) (E), and protein stability (relative to vinculin, normalized to CHX 0 h) (F and G) ($n = 3$ –4). eIF4G1 knockdown NS1 pulse labeled with modified methionine, followed by biotin/STV detection: total translate (STV/vinculin; normalized to siCtrl) (H and I) and CPE translation (STV/CPE; normalized to siCtrl) (J) ($n = 3$). WT are mix of Rip-Cre (+) and Rip-Cre (–) mice with no floxed genes. Statistical analyses were conducted using unpaired, two-way Student *t* test and two-way ANOVA with significance: **P* < 0.05, ***P* < 0.01.

eIF4G1 at the translational level, as we observed reduced pulse-labeled biosynthesis of CPE in eIF4G1 knockdown cells (Fig. 3H–J). Together, these data demonstrate that eIF4G1 is essential for CPE translation.

Altered β -Cell Turnover, Without Changes to the Overall β -Cell Mass in β eIF4G1KO Mice

Because we observed glucose intolerance in β eIF4G1KO mice, without any deficit in the proinsulin-to-insulin ratio, we evaluated β -cell mass and function. Normal pancreas weight and β -cell mass was observed in β eIF4G1KO mice (Fig. 4A and B). The β eIF4G1KO and WT mice both displayed comparable distribution of islet sizes or total islet count across the pancreas (Fig. 4C). Nevertheless, the total number of β -cells per islet was increased in a quantification of imaged islets (Fig. 4D). The increase in total cell number appeared to be compensated, in terms of total mass, by a decrease in average β -cell size (Fig. 4E and F and Supplementary Fig. 2A). This finding was corroborated by islet EM images that revealed a clear decrease in β -cell density within a field of view in islets of β eIF4G1KO compared with WT (Fig. 4G and H). Furthermore, the reduced β -cell size was associated with a reduction in the mTORC1 downstream target S6, a known regulator of β -cell growth and size (Supplementary Fig. 2D–F).

To further dissect the mechanisms underlying the increased number in the β eIF4G1KO, we assessed apoptosis and proliferation rates in β -cells. Unexpectedly, we observed greater β -cell turnover, marked by both an increase in apoptosis, measured by TUNEL staining, (Fig. 5A and B) and a higher rate of proliferation, measured by Ki67 expression and BrdU incorporation (Fig. 5C and E) in the islets of β eIF4G1KO versus WT. Consistent with our observation, we found increased expressions of both tumor suppressive (p53 and p19Arf) and proliferative (Mdm2 and Cyclin D2) genes in β eIF4G1KO islets (Fig. 5F–I). ER stress levels have been correlated to the proliferative capacity of the β -cells (25). In the β eIF4G1KO model, reduction in ER stress was evident via assessment of reduced Bip and phosphorylated PERK protein levels (Fig. 5J–L), as well as reduced mRNA expressions of IRE1a, ATF6, XBP splicing, and Chop, compared with the control (Fig. 5M and N and Supplementary Fig. 2B and C). In sum, while gross β -cell mass remained normal, loss of eIF4G1 led to an increased in β -cell turnover.

β eIF4G1KO Mice Fail to Develop Hyperinsulinemia, Despite Normal β -Cell Mass Expansion, Under HFD-Induced Obesity

To test their response to metabolic stress and to assess the ability of the β -cells to expand under hypernutrient conditions, 11-week-old β eIF4G1KO and control mice were fed a 60% kcal HFD for 10 weeks. During the course of HFD feeding, the β eIF4G1KO mice exhibited lower body weight gain compared with WT mice (Fig. 6A and B). Despite lack of obesity, worsening of glucose intolerance was observed at 5 weeks post-HFD (Fig. 6C), without

alterations in insulin sensitivity tested at 7 weeks post-HFD in β eIF4G1KO compared with the control mice (Fig. 6D). β eIF4G1KO mice also displayed hyperglycemia by 10 weeks post-HFD, consistent with their failure to develop compensatory hyperinsulinemia in that time frame (Fig. 6E and F). Despite irregularities in the proliferation and apoptotic rate we previously documented under the standard diet (SD), β eIF4G1KO achieved a similar level of β -cell mass by 10 weeks of the HFD as the control (Fig. 6G), both significantly higher than the SD (data produced from Fig. 4B for comparison), indicating that the β eIF4G1KO β -cells were able to adapt and increase β -cell mass in response to metabolic stress. We determined higher proliferation and apoptosis as well as reduction in cell size in the β eIF4G1KO β -cells compared with control in HFD (Supplementary Fig. 3A–F), overall contributing to relative normal β -cell mass expansion, which is insufficient to normalize glucose intolerance in β eIF4G1KO mice. Together, these data suggest that the glucose intolerance observed under both SD and HFD conditions in the β eIF4G1KO mice arises from defects in β -cell function rather than mass.

Impaired Insulin Secretion Associated With Reduced Mitochondrial Function and Calcium Signaling in β eIF4G1KO Mice

Subsequently, we assessed β -cell secretory function, uncovering severely diminished insulin response to stimulatory glucose in multiple cohorts in vivo (Fig. 7A and Supplementary Fig. 4A) and validated at the islet level in vitro (Fig. 7B). Islet insulin release was also significantly lower from β eIF4G1KO islets in response to the membrane-depolarizing agent potassium chloride (KCl) (Fig. 7C). Reiterating our previous findings, average β eIF4G1KO islet insulin content, assessed after the secretion assay, was less than half of the level observed in WT islets (Fig. 7D), which likely contributed to the hyposecretory defect.

As mitochondrial function, particularly nutrient-driven ATP production, is critical for insulin secretion, we assessed overall oxygen consumption rate (OCR) of isolated islets using the Seahorse Mitochondrial Stress Assay (Fig. 7E). We observed a significant reduction in both basal and glucose-stimulated ATP-linked respiration in β eIF4G1KO (Fig. 7F). There were no significant changes in the maximum respiration, proton leak, spare capacity, nonmitochondrial, or glucose-stimulated OCR (Supplementary Fig. 4B, and calculations were done based on schematic shown in Supplementary Fig. 4C), although the limited sample size may underrepresent potential alterations of these different mitochondrial fitness parameters. We observed reductions in complex II and V subunits of the electron transport chain without significant changes in complex III and IV in islets from the β eIF4G1KO mice (Fig. 7G–J and Supplementary Fig. 4D). We recapitulated the defect in mitochondrial fitness in acute eIF4G1 knockdown INS-1 with reduced basal and ATP-linked respiration as well decreased expressions of complex I, II, III, and

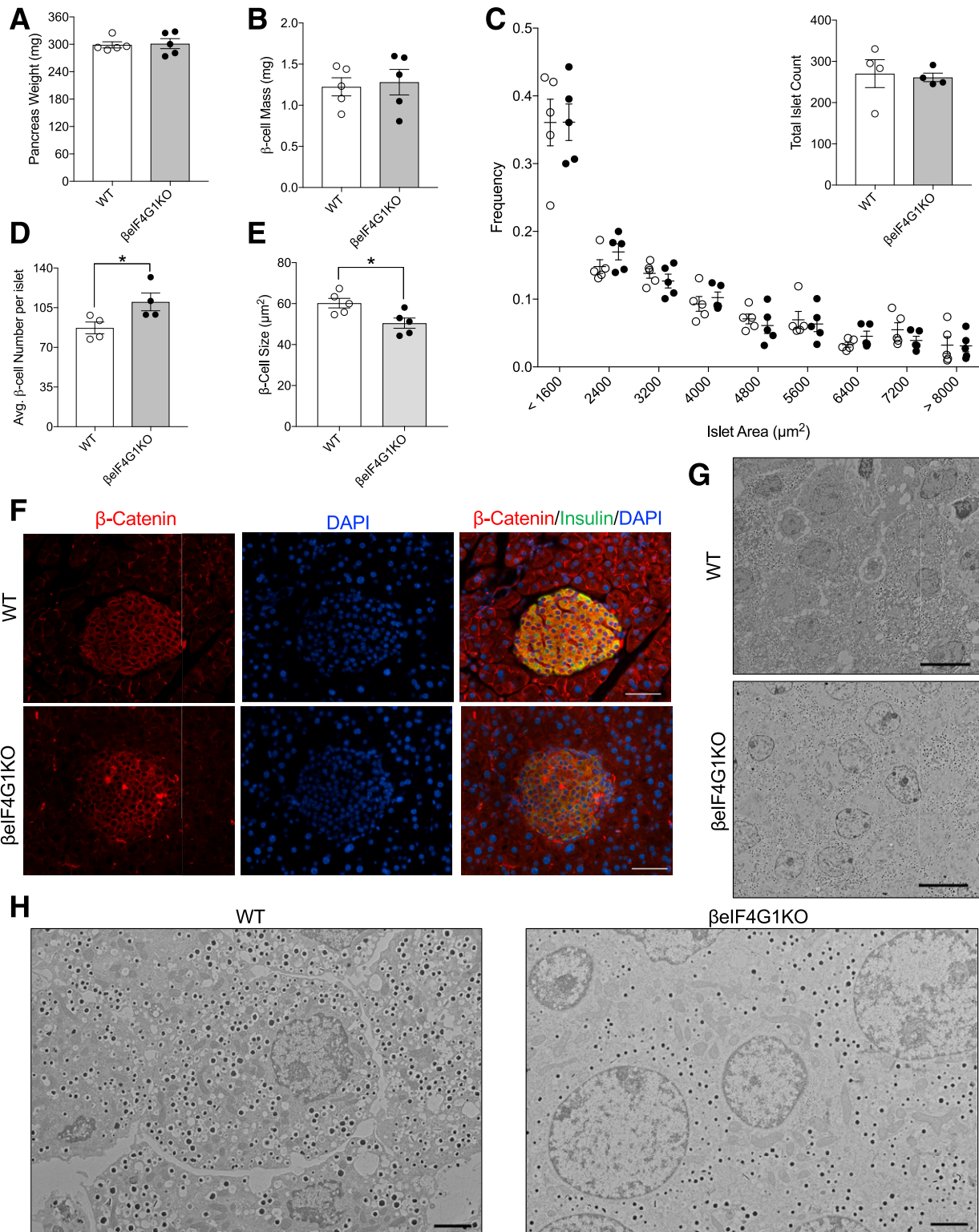


Figure 4— β elF4G1KO exhibit normal β -cell mass, but with altered β -cell size and number. Pancreas weight (mg) (A) and β -cell mass (mg) (B) of 20-week-old WT and β elF4G1KO ($n = 5$). C: Islets imaged at magnification $\times 4$ were binned according to the area, from $800 \mu\text{m}^2$ (small) to $8,000 \mu\text{m}^2$, and the number of islets from each mouse was counted from five representative sections of the pancreas ($n = 5$). Average β -cell number per islet (D) and average β -cell size (E) was determined from immunofluorescence staining of pancreatic sections of islets with β -catenin (red), insulin (green), and DAPI (blue) (F) (scale bars, $100 \mu\text{m}$) ($n = 4$ –5). Islet EM image between WT and β elF4G1KO at magnification $\times 600$ (scale bars, $10 \mu\text{m}$) (G) and at magnification $\times 2,500$ (scale bars, $2 \mu\text{m}$) (H). WT are mix of Rip-Cre (+) and Rip-Cre (–) mice with no floxed genes. Statistical analyses were conducted using unpaired, two-way Student t test with significance: * $P < 0.05$.

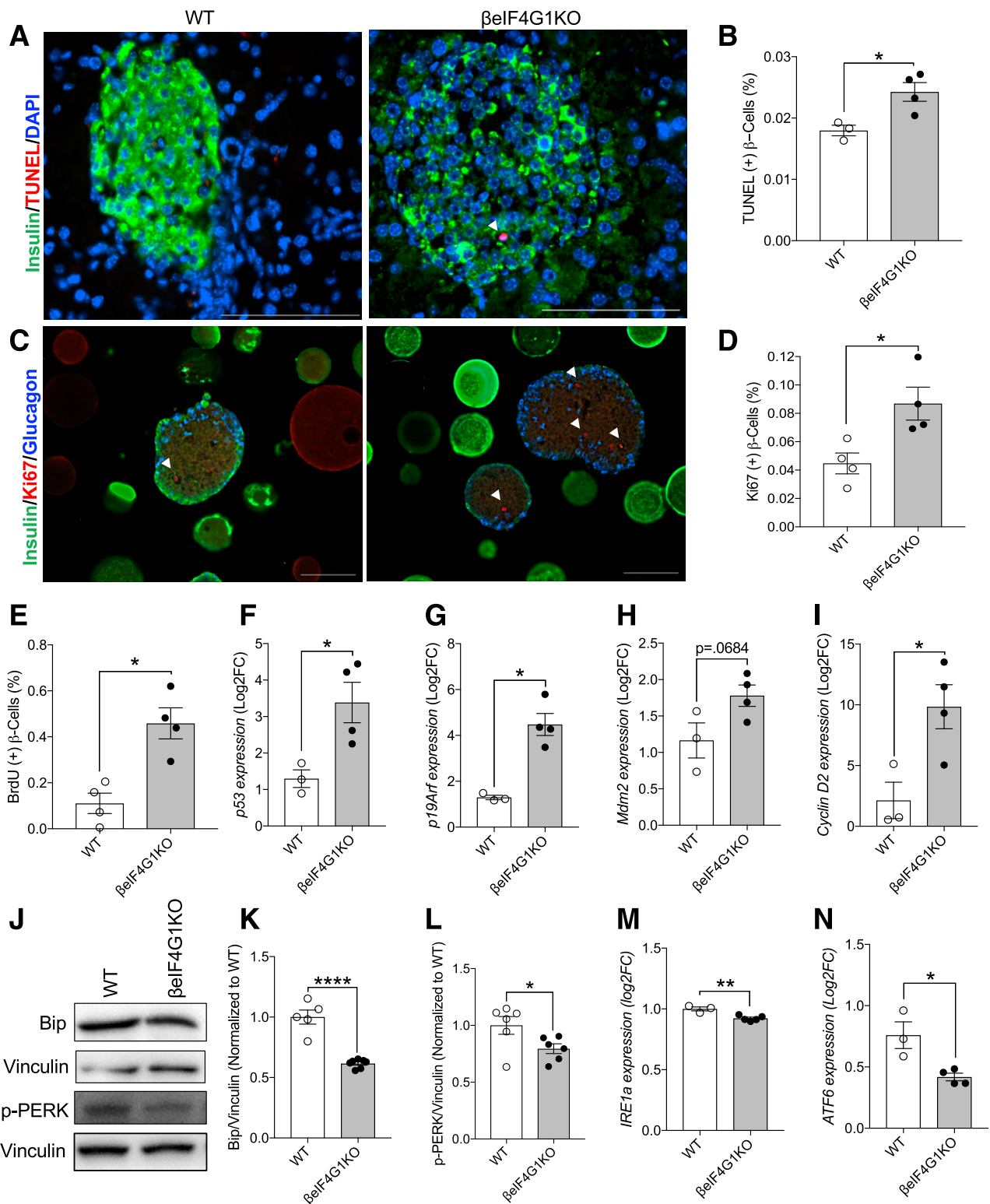


Figure 5—Enhanced β -cell turnover in β I4G1KO mice. *A* and *B*: Apoptosis of β -cells was measured through TUNEL immunofluorescence staining in WT and β I4G1KO pancreas (TUNEL⁺ β -cells percentage to total β -cells counted) ($n = 3$ –4). β -Cell replication was measured through Ki67 (*C* and *D*) and BrdU incorporation (*E*) in WT and β I4G1KO islet sections (Ki67⁺ or BrdU⁺ β -cells percentage to total β -cells counted) ($n = 4$). White arrows in images indicate TUNEL⁺ and Ki67⁺ β -cells. Scale bar, 100 μ m. *F*–*I*: qPCR gene expressions of *p53*, *p19Arf*, *Mdm2*, *Cyclin D2* from isolated islets. Bip and phosphorylated (p)-PERK levels (relative to vinculin, normalized to WT) by immunoblot (*J*–*L*) ($n = 5$ –7) and mRNA expressions of *IRE1a* (*M*) and *ATF6* (*N*) relative to β -Actin, log₂ fold-change (FC) to WT ($n = 3$ –5) from isolated islets. *B*, *D*, and *E*: Minimum of 7,000 β -cells were analyzed per mouse for β -cell count quantifications. WT are a mix of Rip-Cre (+) and Rip-Cre (–) mice with no floxed genes. Statistical analyses were conducted using unpaired, two-way Student *t* test with significance: * $P < 0.05$, ** $P < 0.01$, **** $P < 0.0001$.

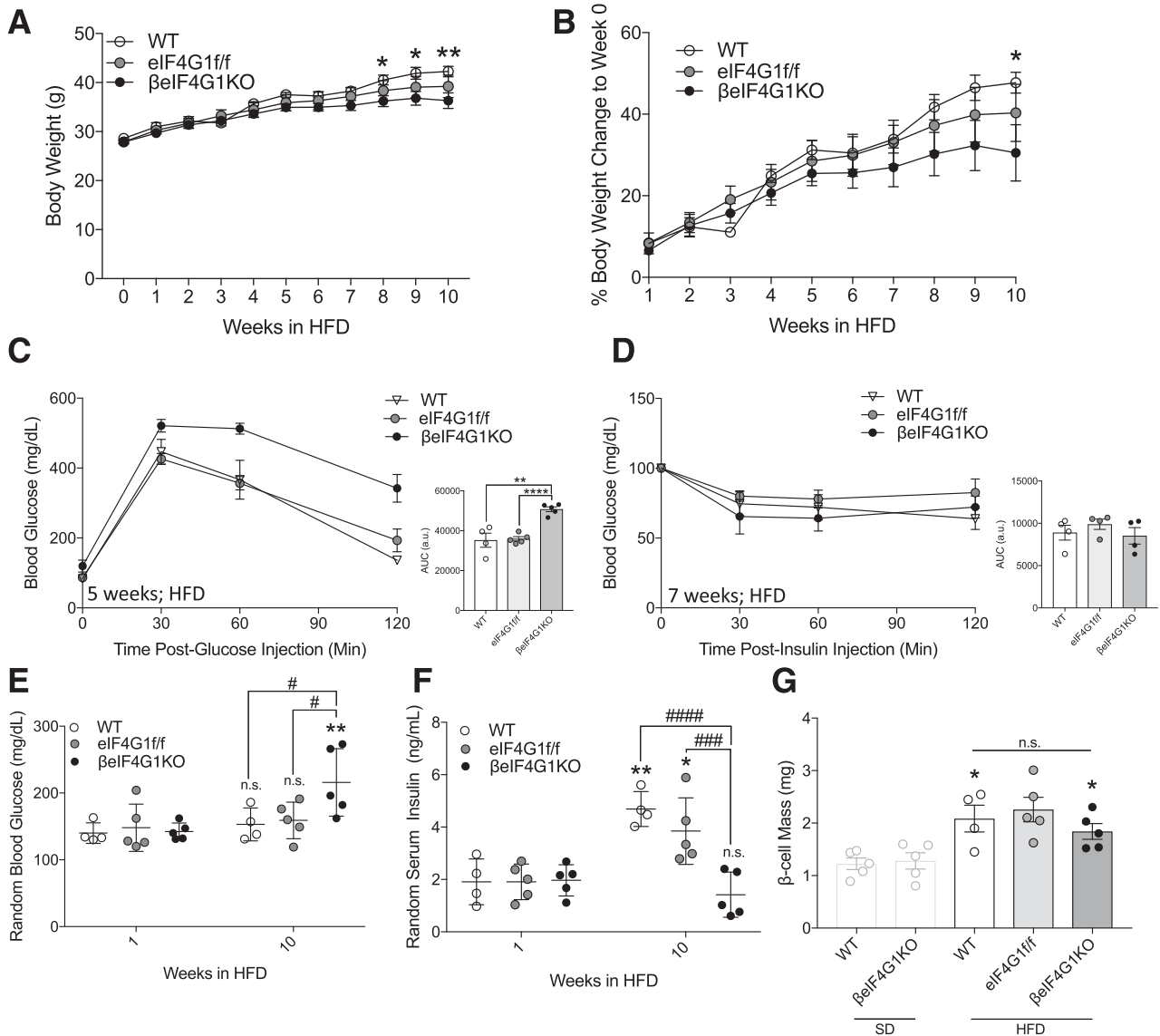


Figure 6— β eIF4G1KO mice fail to develop hyperinsulinemia under HFD milieu. Body weight (g) (A) and body weight gain (percentage body weight a day before HFD feeding) (B) over 10 weeks of the HFD. C: In vivo glucose tolerance (2 g/kg glucose, i.p.) was assessed 5 weeks post-HFD in WT, eIF4G1f/f, and β eIF4G1KO. The area under the curve (AUC) is shown in arbitrary units (a.u.). Insulin sensitivity was performed 7 weeks post-HFD (0.75 units/kg insulin, i.p.) in WT, eIF4G1f/f, and β eIF4G1KO. Blood glucose (E) and serum insulin (F) at 1 and 10 weeks of the HFD in WT, eIF4G1f/f, and β eIF4G1KO. G: β -Cell mass (mg) after 10 weeks of the HFD in WT, eIF4G1f/f, and β eIF4G1KO mice. (* P = 1 week vs. 10 weeks; # P = genotypes). The light-gray bar represents β -cell mass of the SD-fed mice shown in Fig. 4B (n = 4 WT, n = 5 eIF4G1f/f, and n = 5 β eIF4G1KO). WT are mix of Rip-Cre (+) and Rip-Cre (–) mice with no floxed genes. Statistical analyses were conducted using the unpaired, two-way Student t test and two-way ANOVA with significance: * P < 0.05; # P < 0.05, #### P < 0.001, ##### P < 0.0001.

V (Supplementary Fig. 4E–G). Additionally, we observed a trend toward decreased glycolysis, measured by the extracellular acidification rate, in response to glucose in β eIF4G1KO islets, hinting at a defect upstream of mitochondrial glucose metabolism that warrants future investigation (Fig. 7K).

We assessed Ca^{2+} signaling by Fura-2 fluorescence and found a blunted response to increasing glucose levels in β eIF4G1KO islets compared with WT (Fig. 7L–N and Supplementary Fig. 4H). As an important Ca^{2+} transporter

for defining β -cell stimulus-secretion coupling, we checked the SERCA2 protein levels but found no change (Supplementary Fig. 5A and B). We also detected no change in Kir6.2, a subunit of the K^{+} /ATP channel upstream of Ca^{2+} influx (Supplementary Fig. 5C and D), suggesting that the upstream stimulus signal (i.e., ATP production) may indeed contribute to the Ca^{2+} flux defect. Altogether, our data show defects in mitochondrial function, Ca^{2+} signaling, and islet insulin content, which all may contribute to the insulin secretion dysfunction in β eIF4G1KO mice.

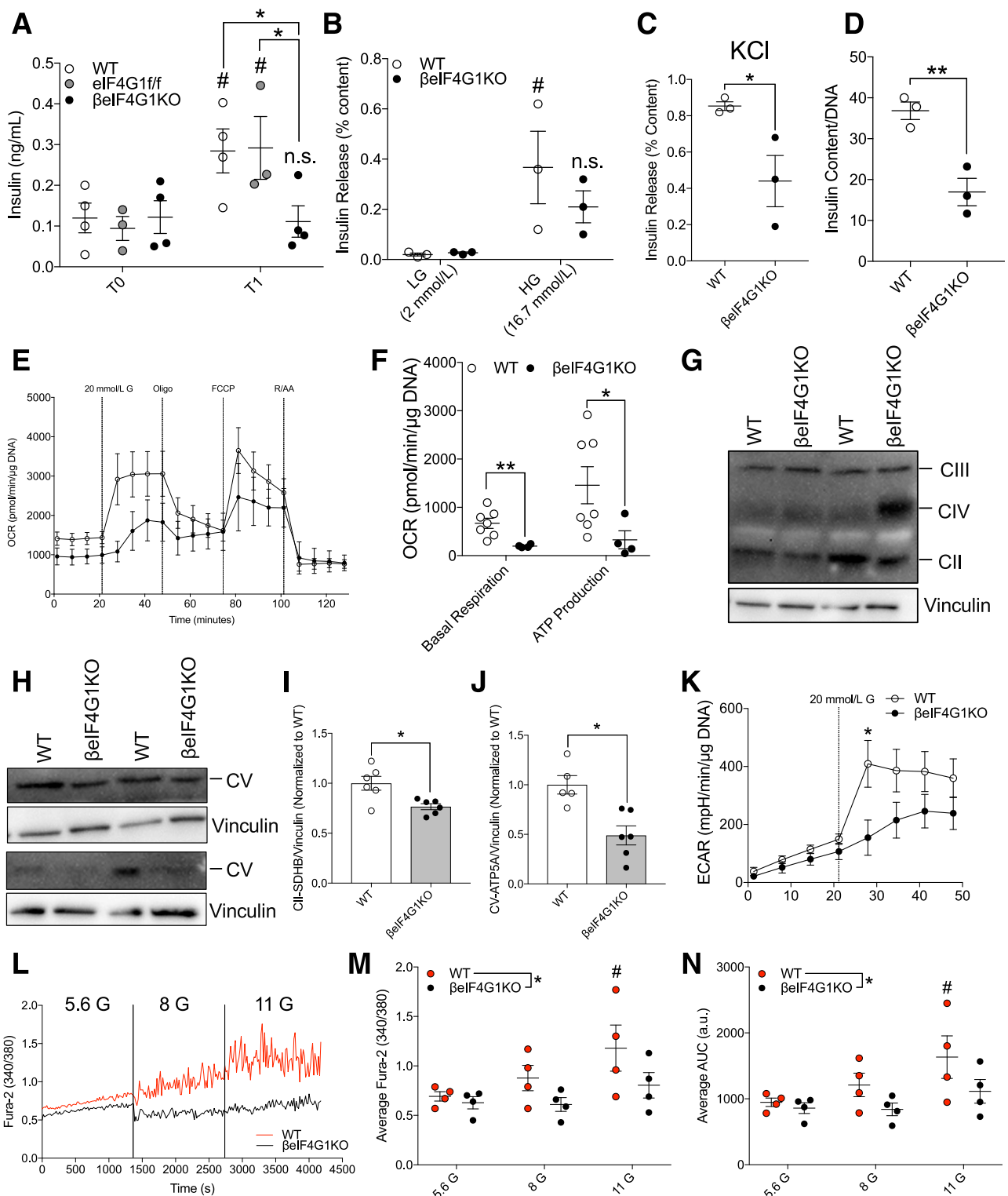


Figure 7—Defective mitochondrial function and Ca²⁺ influx contributes to reduced insulin secretory capacity in betaIF4G1KO mice. (A) In vivo glucose-stimulated insulin secretion assays were performed on 6-month-old male WT, eIF4G1f/f, and betaIF4G1KO mice (n = 3–5). WT and betaIF4G1KO islet secretory characteristics showing glucose-stimulated secretion (low glucose [LG] and high glucose [HG]; percentage insulin content) (B), KCl-stimulated secretion (30 mmol/L, percentage insulin content) (C), and total islet insulin content (normalized to DNA) (n = 3) (D). E: Representative OCR from isolated islets (pmol/min/normalized to μg DNA content). FCCP, carbonyl cyanide 4-(trifluoromethoxy)-phenylhydrazone; R/AA, rotenone and antimycin A. F: Quantification of basal mitochondrial respiration and glucose-stimulated ATP production. G–J: Immunoblot of electron transport chain components (complex [C]III: UQCRC2, CIV: MTCO1, CII: SDHB, and CV: ATP5A) levels (relative to vinculin, normalized to WT) from isolated islets. K: Extracellular acidification rate (ECAR; mpH/min/normalized to μg DNA content) (n = 4–7). G, glucose. A representative trace (L), average Fura-2 AM 340-to-380 ratio (M), and average trace area under the curve (AUC) in arbitrary units (a.u.) (N) for calcium measurements from groups of 100 WT and betaIF4G1KO islets, in response to increasing

Restoration of eIF4E Protein Loss Rescues Insulin Content in β eIF4G1KO β -Cells and Islets

A defect in insulin production is major contributing factor to insulin secretion deficit, especially when insulin secretion is reduced in response to the KCl depolarizing agent (Fig. 7C). Therefore, we sought to identify the mechanisms behind the reduction of insulin content in β eIF4G1KO mice. Despite the decrease in insulin content in β eIF4G1KO islets, we found no changes in *Ins2* transcript expression but increased in mRNA transcripts of *Ins1* and *NeuroD1*, a critical insulin transcription factor (Fig. 7A and B and Supplementary Fig. 6A). No change was detected in the protein expression of PDX-1, an important insulin transcription factor and regulator of β -cell function (26,27) (Supplementary Fig. 6B). A previous report suggested that glucose-responsive insulin translation in humans is mostly dependent on 5' cap-dependent translation (28), so we assessed the mRNA and protein levels of important translation initiation factors in β eIF4G1KO islets by qPCR and Western blot, respectively: eIF4G2, eIF4G3, eIF4A, and eIF4E (Fig. 8C). Among the eIF4G homologs tested across genotypes, we found only a difference in eIF4G2 mRNA between WT and β eIF4G1KO islets (Supplementary Fig. 6C–F). The significant increase in eIF4G2 mRNA detected in the β eIF4G1KO islets was associated with trend toward increased eIF4G2 protein (Supplementary Fig. 6D). No change was detected in mRNA or protein levels of eIF4A, a binding partner of eIF4G1 (Supplementary Fig. 6G and H). We observed a significant reduction (~60%) of eIF4E, an important 5' cap-binding protein that complexes with eIF4G1, at both protein and mRNA level (Fig. 8D and E). Acute eIF4G1 knockdown in INS-1 cells in vitro also demonstrated reduced protein and mRNA of eIF4E (Fig. 8F–H), independent of its protein stability (Fig. 8I and J). Reduction in insulin content was apparent as well in these knockdown cells (Fig. 8K), prompting us to further investigate the contribution of eIF4E on regulating insulin content in the eIF4G1 loss model.

An initial experiment found a trend toward increased insulin content ($P = 0.08$) in the eIF4E-transfected and FACS-sorted transformed INS-1 β -cell line (Supplementary Fig. 6J), implicating eIF4E availability as a potential regulator of insulin content downstream of eIF4G1 loss in our hypoinsulinemic mouse model. To test the hypothesis that eIF4E is required for insulin content, we transiently overexpressed GFP-tagged eIF4E in dispersed islet cells isolated from WT or β eIF4G1KO mice and assessed the insulin content of individual β -cells 48 h after transfection (see diagram in Supplementary Fig. 6J). We set the minimum threshold for the “insulin” signal at 2 ng/mL to subtract background noise as determined experimentally

from a parallel collection of glucagon-driven red fluorescing cells (tdTomato-positive Gcg-Cre;tdTomato^{+/-}). As in our earlier experiments, dispersed β -cells from β eIF4G1KO mice were hypoinsulinemic relative to WT cells, while GFP-eIF4E expressing WT β -cells demonstrated a higher insulin content than GFP control-transfected cells (Fig. 8L). Furthermore, eIF4E overexpression in β eIF4G1KO cells resulted in insulin levels comparable to WT controls (Fig. 8L). We achieved a similar outcome by infecting whole intact islets with adenovirus overexpressing eIF4E, which was sufficient to fully rescue the insulin content deficit of the β eIF4G1KO islets (Fig. 8M). These results strongly point to the role of eIF4E in defining insulin content and highlight a previously unreported role for eIF4E/eIF4G1 as an important regulator of insulin biosynthesis.

DISCUSSION

The effect of eIF4G1 on glucose homeostasis was independent of sex and emerged only in full deletion of β -cell eIF4G1. We observed normal glucose tolerance and insulin sensitivity in eIF4G1f/f mice, suggesting that the mutation of eIF4G1 on R1207H does not impact the function of eIF4G1 on glucose homeostasis or β -cell function. The homologous mutation of R1207H in human eIF4G1 is R1205H, and this mutation site is controversially associated with autosomal dominant familial Parkinson disease (29,30). The functional consequences of the homologous eIF4G1-R1207H mutation are unclear, but in *Drosophila*, result in ~30% downregulation of 5' cap-dependent translation (31). On the basis of our data, R1207H mutation was insufficient to impact insulin content, glucose-stimulated insulin secretion, and β -cell mass, although further studies in other metabolic tissues may be needed to fully understand the consequence of the mutant. However, only full deletion of eIF4G1 protein in β -cells was sufficient to induce glucose intolerance, highlighting the importance of its expression level and role as a scaffolding protein in β -cell function.

In the current study, constitutive genetic deletion of eIF4G1 precipitated lack of defect in the proinsulin-to-insulin ratio in vivo in part due to normal CPE protein levels. However, a dramatic increase in CPE transcription (sixfold relative to control) likely played a compensatory mechanism that led to a normal CPE protein, and thus, a normal proinsulin-to-insulin ratio. It is important to recognize that in the O-linked β -N-acetylglucosamine transferase (OGT) KO or insulin receptor (IR) KO background, CPE loss was associated with no change or mildly increased CPE mRNA, respectively (12,14). Thus, it is possible that lack of transcriptional upregulation in CPE contributed to protein reduction. Indeed, acute eIF4G1

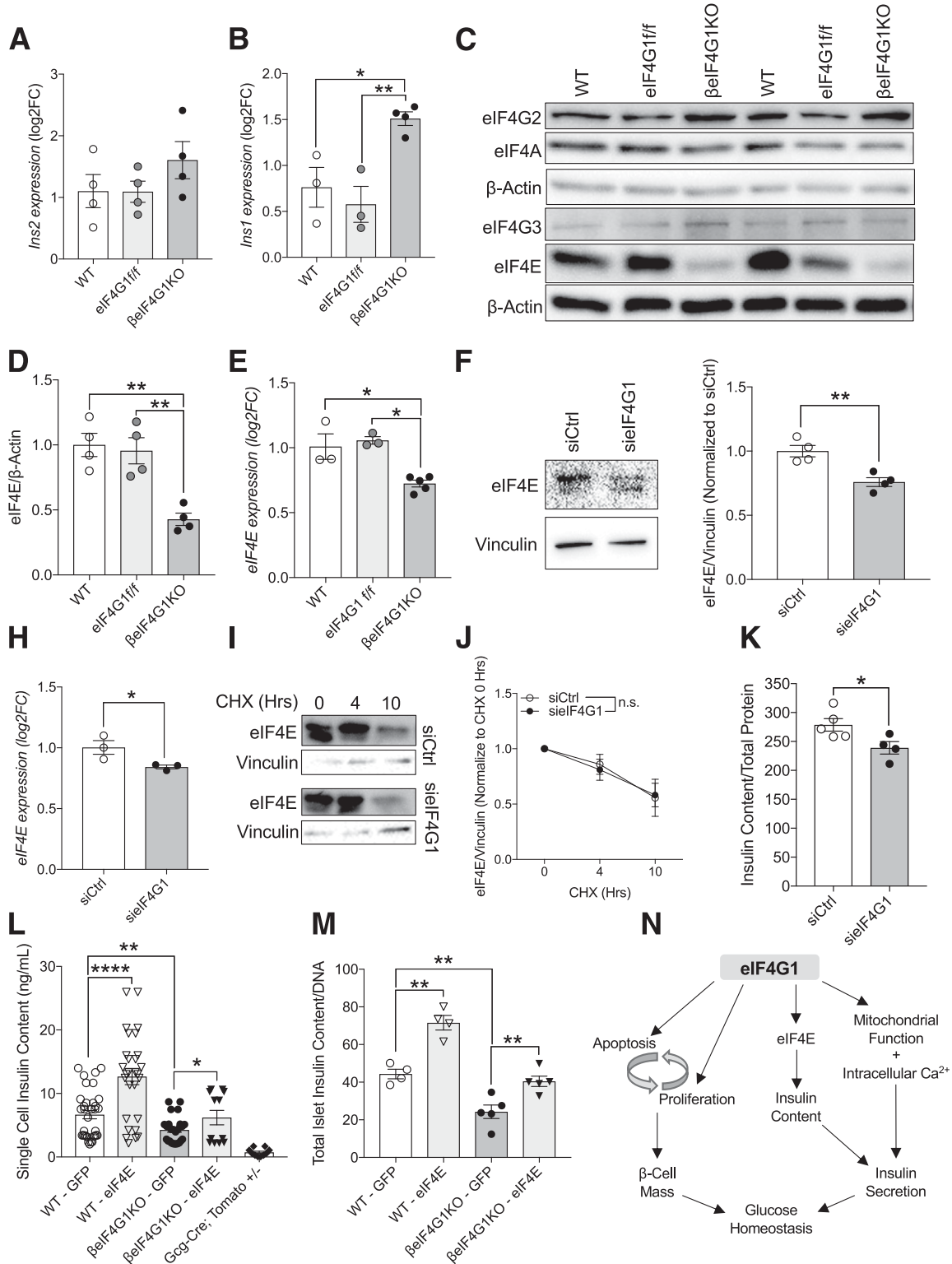


Figure 8—eIF4E-eIF4G1 interaction is important in regulating insulin content in β -cells. qPCR measuring *Ins2* (A) and *Ins1* (B) transcripts from isolated islets (relative to β -Actin, log2 fold-change [FC] to WT). Representative immunoblot (C) and quantitation of protein levels in WT, eIF4G1^{fl/fl}, and β eIF4G1^{KO} islets (relative to β -actin, normalized to WT) ($n = 4$) for eIF4E (D) ($n = 4$). E: mRNA level of eIF4E (relative to β -Actin, log2FC to WT) from isolated islets ($n = 3$ –5). eIF4E protein (F and G), mRNA (H), and stability (I and J) from siEIF4G1 knockdown INS-1 cells ($n = 3$). K: INS-1 cell insulin content from siCtrl and siEIF4G1 knockdown ($n = 4$ –5). L: Insulin content from handpicked GFP plus dispersed individual islet cells from WT and β eIF4G1^{KO} ($n = 3$ experiments per panel) using a microscope with magnification $\times 60$. Td-Tomato plus cells from Gcg-cre;Tomato^{+/-} islets were included in (L) as an insulin-negative control threshold. M: Insulin content from ~ 10 to 25 whole dispersed islets infected with adenoviral GFP or eIF4E ($n = 4$ –5). WT are a mix of Rip-Cre (+) and Rip-Cre (–) mice with no floxed genes. Statistical analyses were conducted using the unpaired, two-way Student *t* test with significance at $P < 0.05$. N: Schematic diagram depicts

knockdown in vitro caused a decrease in CPE protein and a trend toward an increase in CPE mRNA. The reduction in CPE protein was due to translational defect but not stability. Future studies will aim to identify other possible compensatory mechanisms in the constitutive β eIF4G1KO and to assess mechanisms of gene transcription in the constitutive deletion and not in the acute knockdown of eIF4G1.

β -Cell mass was comparable between β eIF4G1KO and littermate control mice, which could account for normal insulin serum levels in these mice. Although no change in β -cell mass was observed, we noted a reduction in average β -cell size, that was accompanied by an increased β -cell number per islet in the β eIF4G1KO mice. The prominent reduction in average β -cell size was associated with reduced phosphorylated mTORC1/S6 (Ser240), a well-known regulator of β -cell size (32,33). eIF4G1 loss may also be associated with increased autophagy, downstream of mTORC1 signaling, which has contributed to smaller cell size in other models (34,35). In addition to changes in cell morphology, we observed higher β -cell turnover in the β eIF4G1KO islets under the SD or HFD diets. In β -cells, overexpression of S6 kinase levels is associated with a similar phenotype in terms of high cell turnover from enhanced apoptosis and proliferation (32), although in the current study, only minor changes in S6K activity were observed. During mitosis, repression of 5' cap-dependent translation allows a *cis*-regulatory element, such as an internal ribosome entry site (IRES), to recruit ribosome to the mRNA through IRES-*trans*-acting factors to promote translation related to cell progression and apoptosis, which includes Bcl-2, CDK1, and p53 (36,37). In the islets of constitutive eIF4G1KO, eIF4G2 (DAP5) transcript was increased and protein was trending toward increased, which may contribute to translation of cap-independent mechanisms by the IRES element (38). Additionally, we found reduced ER stress status (measured by Bip and phosphorylated PERK) in the β eIF4G1KO model, which is also known to have a role in regulating the cell division cycle in β -cells (25,39). Loss of eIF4G1 may potentially result in β -cell immaturity, which is marked with lower insulin biosynthesis associated with high proliferation rates (40). The molecular mechanisms behind increased proliferation and apoptosis in β eIF4G1KO mice warrant further investigation, which include a combination of proteomics studies in addition to polyribosomal profiling to identify eIF4G1-sensitive transcripts that may contribute to the observed phenotype.

Despite normal β -cell mass, β eIF4G1KO mice displayed a deficit in glucose-stimulated insulin secretion in vivo. Underlying the insulin secretion dysfunction in

β eIF4G1KO mice, we uncovered several cellular dysregulations that may involve Ca^{2+} signaling and mitochondrial function. While there are no reports of eIF4G1 directly regulating Ca^{2+} homeostasis, we showed the failure of the β eIF4G1KO islets to upregulate Ca^{2+} influx and enhance the mitochondrial OCR. Several electron transport chain subunits were downregulated in eIF4G1-deficient cells, which may contribute to the reduced basal mitochondrial and ATP-linked oxygen consumption. In addition to changes in total insulin content, failure to generate a sufficient amount of ATP in response to glucose may impact glucose-stimulus coupling. Future studies can be directed to assess the role of eIF4G1 in the glucose-sensing pathways, mitochondrial function, and calcium handling.

β eIF4G1KO islets showed severe deficits in insulin secretion imparted by reduced total islet insulin content independent of *Ins1/Ins2* transcription. Interestingly, the loss in total insulin content in islets was not observed in the serum (at the time we measured it), and this is likely due to sampling time or that the releasable pool of insulin was not altered. The reduction in total insulin content was caused in part by a reduction in the 5' cap-binding protein eIF4E, an important component to insulin translation (28,41,42). Mechanistically, eIF4E protein loss was associated with reduction in its transcript in β eIF4G1KO islets. HuR, a critical mRNA stabilizer of eIF4E mRNA, was shown to be reduced in another eIF4G1 knockdown model, pointing to mRNA stability as a possible node of eIF4E regulation (43). By genetic manipulation, eIF4E overexpression in β -cells increased insulin content, consistent with previous reports suggesting a relationship between 5' cap/untranslated region-dependent translation and insulin production (28,41,42). The direct reconstitution of eIF4E in the β eIF4G1KO rescues insulin content, which suggests that eIF4E regulates insulin translation. The role of eIF4E on insulin content has not been explored previously. Genetic ablation of 4E-BP2, which releases eIF4E and favors the interaction with eIF4G1, has been reported to increase β -cell mass and not insulin secretion at the islet level (44). However, deletion of 4E-BP2 rescues decreased insulin serum levels in mice lacking β -cell mTORC1 (13), supporting the idea that eIF4E can regulate circulating insulin levels.

In summary, we identified the roles for the translation initiation factor eIF4G1 in regulating glucose homeostasis through pancreatic β -cell function (Fig. 8N), where it regulates both β -cell morphology/turnover and insulin secretory pathways. The current study highlights translation initiation complex proteins, eIF4E and eIF4G1, as regulators of insulin biosynthesis in the pancreatic β -cells and provides the knowledge behind the functional con-

sequences of the observed eIF4G1 dysregulation in islets of murine T2D models and individuals with diabetes.

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