

HHS Public Access

JACC Cardiovasc Imaging. Author manuscript; available in PMC 2021 February 17.

Published in final edited form as:

Author manuscript

JACC Cardiovasc Imaging. 2020 April; 13(4): 1084–1085. doi:10.1016/j.jcmg.2019.10.020.

Myocardial Extracellular and Cardiomyocyte Volume Expand after Doxorubicin Treatment Similar to Adjuvant Breast Cancer Therapy

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Keywords

Cardiovascular magnetic resonance imaging; extracellular volume fraction; myocardial fibrosis; cardiotoxicity

Increased left ventricular (LV) myocardial extracellular volume fraction (ECVF) measured by cardiac magnetic resonance (CMR) is now a recognized consequence of anthracycline

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chemotherapy (1,2). It remains unknown, however, whether elevated ECVF may be attributable to a) an *expansion of the LV myocardial extracellular space* (due to interstitial fibrosis or edema)(1), b) a *reduction of the total myocardial tissue volume* (due to cardiomyocyte atrophy or loss), (2) or a combination thereof. Determining the etiology of increased LV ECVF after receipt of anthracyclines is important to guide therapy to reduce anthracycline associated cardiotoxicity. In this study, we performed CMR imaging (to measure ECVF) and collected histopathology from African Green Monkey (AGMs) that received chronic doses of doxorubicin (Dox, a widely used anthracycline) that closely recapitulated adjuvant anthracycline treatment for breast cancer.

This study conformed to the principles of the National Institutes of Health and all protocols were approved by Wake Forest University Animal Care and Use Committee. Five female AGMs aged 13 ± 1 years (equivalent to a 39-year-old woman) underwent Dox treatment (five doses of $30 - 60 \text{ mg/m}^2$ /biweekly IV, cumulative dose: 240 mg/m^2). CMR imaging was conducted before and 15 weeks after the last dose of Dox on a 3.0T Siemens Skyra scanner (Erlangen, Germany). LV volumes and myocardial mass were determined from cine white blood steady-state free precession images. ECVF was calculated from T1-maps acquired pre- and 15 minutes post-contrast administration (0.15 mmol/Kg of Prohance; Bracco Diagnostics, New Jersey) in a mid-cavity short-axis slice using a modified Look-Locker inversion recovery sequence (MOLLI). T2 maps were acquired pre-contrast (SSFP sequence) (3). Image analysis was completed on off-line work stations as previously published (3).

At 25 weeks after initiating Dox, euthanasia was induced in accordance with the American Veterinary Medical Association guidelines. A mid-section of the LV matching the LV midshort axis plane used on CMR was fixed in 4% paraformaldehyde. Archival tissues of 5 ageand gender- matched healthy animals served as controls for histopathology. Five µm section were obtained and stained with picrosirius red (PSR) to quantify interstitial myocardial fibrosis and fluorescent-tagged wheat germ agglutinin (WGA) for quantification of cardiomyocytes. Paired and unpaired t-tests were used to compare continuous measures from baseline to final CMR and cardiac histological parameters between untreated controls and Dox-treated animals respectively; p values of 0.05 were considered significant.

After Dox, LV ejection fraction decreased by 25 ± 5 percentage points (p<0.001) while LV myocardial mass indexed was significantly increased (Baseline: 19.3 ± 0.9 g/m² vs. post-Dox: 27.2 ± 2.1 g/m², p=0.006). ECVF was increased at final CMR (ECVF: 39.8 ± 1.3 %) compared to baseline (ECVF: $29.8\% \pm 1.7$ %, p=0.04) and there was a trend for total cell volume to be increased (12.8 ± 0.7 vs. 15.5 ± 1.3 , p=0.08). T2 values also increased after Dox (38.6 ± 1.5 ms vs. 49.4 ± 0.5 ms, p=0.001).

Histologically, Dox-treated animals exhibited an increase in interstitial LV collagen deposition (Controls: $3.1 \pm 0.08\%$ vs. Dox: $5.9 \pm 0.26\%$, p=0.0001) along with an increase in cardiomyocytes cross- sectional areas (Controls: $242.7 \pm 5.2 \ \mu\text{m}^2$ vs. Dox: $307.7 \pm 8.2 \ \mu\text{m}^2$, p=0.0002) and a drop in the number of cardiomyocytes (Controls: $374 \pm 8 \ \text{vs.}$ Dox: 295 ± 8 , p<0.0001) (Figure 1).

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Our results indicate that Dox-induced ECVF increases are primarily associated with accumulation of interstitial cardiac fibrosis. Cardiomyocyte loss resulted in compensatory hypertrophy of residual cardiomyocytes -reflected in the increased total cell volume and LV mass- deemphasizing the contribution of the LV myocardial compartment to ECVF increases. Despite the compensatory myocardial hypertrophy AGMs exhibited chemotherapy-induced cardiotoxicity. T2 elevations suggest that edema may partially contribute to the expansion of the interstitial space. Our observations underscore the complexity the LV and extracellular matrix remodeling induced by anthracyclines and the importance of critically assessing the mechanisms of CMR-derived expansion of ECVF to tailor therapeutic interventions prior or during to the establishment of irreversible processes such as myocardial fibrosis.

Further investigations are needed to comprehensively evaluate the continuum of myocardial and extracellular matrix remodeling utilizing CMR-derived metrics such as ECVF to assess the expansion of the interstitial space, T2 values to assess edema, and intracellular water lifetime to measure cardiomyocyte size as subclinical imaging markers. Such biomarkers may forecast the development of LV dysfunction after anthracycline chemotherapy and identify pathophysiologic processes that may be modified to thwart cardiotoxicity.

ACKOWLEDGEMENTS

The authors thanks Ms. Tonya Calhoun of Preclinical Translational Services, Wake Forest Innovations and Drs. Melaney Gee, Andre LeGrande for their technical and veterinary support in this study.

Financial Support: This research was supported in part by NIH grants 3R01HL118740-01S1 (GCM and WGH), and P40-OD010965 - Vervet Research Colony as a Biomedical Resource (JRK), Bethesda, MA; Wake Forest School of Medicine, Pathology Department "Spark" Grant (GCM), Winston-Salem, NC and Investigator Initiated Grant from Merck & Co., Kenilworth, NJ (JRK).

Relationship with Industry: Merck & Co. partially funded the present study.

ABBREVIATIONS

AGM	African Green Monkey
CMR	Cardiac Magnetic Resonance
CVF	Collagen Volume Fraction
Dox	Doxorubicin
ECVF	Extracellular volume fraction
LV	Left Ventricle
LVEF	Left Ventricular Ejection Fraction
LVEDV	Left Ventricular End-diastolic Volume
LVESV	Left Ventricular End-systolic Volume
MOLLI	Modified Look-Locker Inversion

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PSR	Picrosirius red

WGA Wheat germ agglutinin

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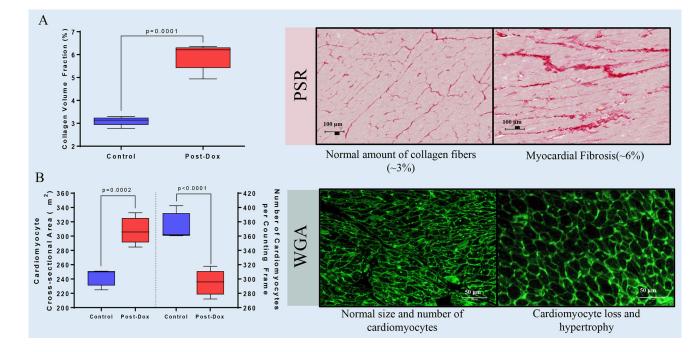


Figure 1. Histopathological Mechanisms Leading to CMR-derived Extracellular Volume Fraction Expansion after Chronic Receipt of Doxorubicin.

(A) Graphical representation of cardiac fibrosis and (B) cardiomyocyte size and numbers

and representative microphotographs. All values are mean \pm SEM at baseline.