REVIEWS



Engineering organoids

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Abstract | Organoids are in vitro miniaturized and simplified model systems of organs that have gained enormous interest for modelling tissue development and disease, and for personalized medicine, drug screening and cell therapy. Despite considerable success in culturing physiologically relevant organoids, challenges remain to achieve real-life applications. In particular, the high variability of self-organizing growth and restricted experimental and analytical access hamper the translatability of organoid systems. In this Review, we argue that many limitations of traditional organoid culture can be addressed by engineering approaches at all levels of organoid systems. We investigate cell surface and genetic engineering approaches, and discuss stem cell niche engineering based on the design of matrices that allow spatiotemporal control of organoid growth and shape-guided morphogenesis. We examine how microfluidic approaches and lessons learnt from organs-on-a-chip enable the integration of mechano-physiological parameters and increase accessibility of organoids to improve functional readouts. Applying engineering principles to organoids increases reproducibility and provides experimental control, which will, ultimately, be required to enable clinical translation.

Advances in our understanding of stem cell behaviour have led to the establishment of complex 3D culture systems, termed organoids1-7 (BOX 1). Indeed, providing stem cells with a set of biochemical and biophysical cues mimicking the in vivo stem cell niche allows them to maintain their capacity to differentiate into the different cell types of their tissue of origin, and to constantly renew themselves to replenish the stem cell pool, even when cultured in vitro. In these artificial conditions, stem cells cannot only proliferate but also self-organize into complex structures. Compared with traditional 2D culture systems, 3D organoids better resemble the native organ in terms of gene and protein expression, metabolic function and microscale tissue architecture. Hence, similar to well-established organ-on-a-chip systems (BOX 2), organoids provide a promising tool to advance personalized medicine and next-generation drug screening, and to limit the need for animal experimentation. Organoids can be established for an increasing variety of organs, including but not limited to gut8-14, stomach15-21, kidney22-27, liver²⁸⁻³⁸, pancreas³⁹⁻⁴³, mammary glands⁴⁴⁻⁴⁷, prostate⁴⁸⁻⁵¹, upper and lower airways⁵²⁻⁵⁹, thyroid^{60,61}, retina⁶²⁻⁶⁸ and brain⁶⁹⁻⁸³ — either from tissue-resident adult stem cells (ASCs), directly sourced from biopsy samples (FIG. 1), or from pluripotent stem cells (PSCs), such as embryonic stem cells (ESCs) or induced PSCs (iPSCs) (FIG. 2), obtained by reprogramming differentiated cell types.

In a standard ASC-derived organoid culture system, single stem cells (or small clusters of cells) are seeded into a matrix that mimics essential aspects of the niche in which the cells normally reside^{1–3}. Under appropriate

signalling conditions that target key regulatory pathways, the cells undergo proliferation, differentiation, migration and selection, and, despite the lack of spatially organized cues, they grow into structures that can undergo symmetry breaking and acquire a remarkable degree of architectural complexity, to some extent mirroring the organization and cell type diversity of their in vivo organ counterpart. ASC-derived intestinal organoids typically first grow into monolayered spheres, which develop crypt-like protrusions reminiscent of the glandular epithelium of the native tissue. In vivo, morphogen gradients are required to pattern crypts and villi along their axis; remarkably, intestinal organoids acquire a similar organization of cell types in homogeneous culture conditions9 (that is, without any defined external gradients). Organoids further surpass 2D cell cultures in terms of structural resemblance to the corresponding organ and recapitulation of function. For example, intestinal organoids can produce mucus, absorb and secrete biomolecules, and exhibit epithelial barrier integrity84. Owing to stem cell maintenance, ASC-derived organoids can be expanded seemingly indefinitely, making them an incredibly valuable source of untransformed primary cells.

PSC-derived organoids are promising platforms for modelling organs, such as the brain, from which tissue samples cannot be easily obtained, and for modelling the developmental processes of organogenesis. Akin to the development of organs in vivo, PSCs grow, differentiate and eventually form organoids with structural and functional resemblance to the adult organ. For example,

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Box 1 | History of organoid systems

The first in vitro models for organs were based on cancer cells, because cancer cells are immortalized and are easily maintainable. However, the molecular characteristics of cancer cell lines are highly altered, owing to a positive selection for procancerous genetic mutations. Thus, central pathways, including cell cycle regulator genes, growth factors, receptors, tumour suppressors and oncogenes, are dysregulated. In addition, cancer cell lines cannot be established from every patient sample and, therefore, they are not representative for the genetic variation within a population. Moreover, these models were cultured in 2D and, thus, lack spatial organization and fail to recapitulate the whole set of healthy differentiated cell types. Alternatively, primary explanted cells can be used to model mammalian tissues in vitro. These cultures recapitulate cellular heterogeneity and, therefore, are physiologically more relevant. However, they lack the ability to self-renew, and their culture relies on fresh surgical tissues, which limits their applicability.

In 1975, James Rheinwald and Howard Green initiated the field of organoids by showing that co-culture of primary human keratocytes and irradiated mouse fibroblasts leads to the formation of stratified self-organized squamous epithelium, with cell division confined to the basal layer and terminally differentiated, keratinized cells present in the upper layers, reminiscent of stratified skin²²¹. This work was the first long-term culture of untransformed human cells. The importance of culturing cells in 3D, that is, in a hydrogel, was first highlighted by the group of Mina Bissel in 1987, who demonstrated functional differentiation to alveolus-like structures and recapitulation of a pathological state in primary mammary epithelial cells embedded in an extracellular-matrix-like environment, pioneering the field of in vitro morphogenesis²²².

Adult stem cells can give rise to all cell types of a tissue in vivo, and they constantly renew themselves to replenish the stem cell pool²²³. In a landmark study published in 2009, the laboratory of Hans Clevers reported seeding of single intestinal stem cells in an extracellular matrix substitute with tissue-like stiffness and essential soluble niche factors⁹. The stem cells proliferated and formed complex 3D organized structures containing stem cells and various differentiated cells types, which are now considered the first organoids¹⁻³. These intestinal and other epithelial organoids, such as gastric or hepatic organoids, self-organize into an architecture partially resembling the original tissue^{9,17,28}. The stem cell population in these organoids is maintained, making them a valuable source of untransformed cells. Epithelial organoids are cystic by nature, that is, they are composed of a cellular monolayer with a closed architecture surrounding a central lumen, which makes experimental access challenging and the necessity of reseeding hinders long-term studies.

Organoids developed from human pluripotent stem cells (PSCs) are particularly useful for engineering tissues for which cell retrieval is impractical, such as the brain or retina^{4,7}. PSC-derived organoids were pioneered by the group of Yoshiki Sasai, who formed cortical tissues and optic-cup-like structures from embryonic stem cells in vitro^{62,83} by mimicking developmental pathways⁷. Adult-stem-cell-derived and PSC-derived organoids rely on the intrinsic ability of stem cells and their progeny to self-organize and form 3D structures, resembling tissues in vivo, which makes them a promising model system for drug screening and disease modelling.

protocols for the generation of brain organoids generally start with aggregates of PSCs, which form so-called embryoid bodies. After a first suspension culture step, these embryoid bodies are embedded in an extracellular matrix (ECM)-protein-rich matrix and placed in a spinning bioreactor, in which they grow to self-organized neuroepithelial structures with compartments corresponding to a variety of brain regions⁶⁹. However, this development is dependent on the stochastic nature of differentiation processes, which, ultimately, leads to high heterogeneity among organoids. Several protocols were developed to better control the differentiation processes, with the aim to generate organoids of a specific brain region^{85,86}; for example, brain organoids resembling the cerebral cortex^{74,78,83}, the cerebellum^{80,82} or the midbrain^{78,79}. In addition, the generation of midbrain organoids has been achieved starting also from more differentiated neuroepithelial precursor cells^{87,88}, which, ultimately, led to more functional organoids.

Endoderm-derived epithelial organoids, such as gastrointestinal and respiratory organoids, can also be generated from PSCs^{6,7}. PSCs can be differentiated into endodermal progenitors, which are then embedded in ECM-protein-rich matrices, in which they mature under appropriate stimuli to form structures similar to native organs. In contrast to their ASC-derived analogues, they also contain a mesenchymal layer and are usually larger, but, once established, they cannot be easily propagated by simple passaging^{6,7}.

Organoids have proven useful for many applications in basic research and contributed to biomedical advances (FIGS 1,2 and BOX 3). However, organoids have not yet been widely used for translational studies, such as drug screening or regenerative medicine. Organoids were widely suggested to empower medical transplantation, by the use of healthy cells to replace diseased tissues, and, indeed, several studies in mice justify this hope 14,22,28-30,32,33,43-45,50,54,58,59,89-91; however, the road to real-life applications is long, and several limitations have to be overcome to exploit the full promise of organoids.

Limitations of current organoid systems

Limited level of maturity and function. An impressive degree of physiologic functionality has been achieved in intestinal (mucus production and absorptive activities), gastric (histamine-inducible acidification), hepatic (albumin expression, glycogen accumulation and low-density lipoprotein uptake) and mammary gland organoids (milk production)^{21,30,47,84}; however, none of the established organoid systems reproduces the full functional repertoire of their respective organ. Organoids often lack key specialized cell types and fail to recapitulate the complexity of native organs, owing to the (partial) absence of a mesenchymal compartment, vascularization and/or microbiome. Even though multi-compartment organoids have been established, they lack consistent cellular organization, which hinders faithful and robust experimental readouts. The application of flow, an air interface or mechanical stimuli can improve terminal maturation of cells in vitro 92-94; however, integration of such features remains technically challenging95. An important drawback of organoid systems is the limited time span for which they can be maintained in culture. Epithelial organoids have lifespans on the order of one week, which is often insufficient to robustly differentiate ASCs into the full set of differentiated cell types expected in vivo. This culture time restriction is even more problematic in PSC-derived organoids, whose lifespans are in vast disagreement with the timing of in vivo organogenesis, especially in human systems. In consequence, these organoids generally fail to mature beyond a fetal phenotype^{1,2}. Accordingly, brain organoids, for instance, are mimicking a fetal brain phenotype and further efforts reinforcing maturation are required to obtain a faithful model of the adult brain^{70,96}.

Accessibility. The limited lifespan of organoids is often a direct consequence of restricted accessibility. As organoids grow in size, diffusion-dependent nutrient supply and waste removal become less efficient. For example, in cystic epithelial organoids, dead cells accumulate in

the hollow lumen and, thus, the organoids have to be fragmented and reseeded. In brain organoids, which can grow to several millimetres in size, nutrient inaccessibility leads to necrosis of the inner core, which can only partly be resolved by shaking cultures^{69,78}. In addition to problems with nutrient supply, inaccessibility also poses an issue for controlling the different compartments of the organoid. In epithelial organoids, such as intestinal organoids, experiments often require access to the inner and outer sides of the epithelium. For example, in studies focusing on host–pathogen interactions, microbes need to be delivered to the apical side of the organoid (usually lumen-facing), whereas metabolites and cytokines would preferentially be delivered from the basal side.

Heterogeneity. Organoid systems also suffer from considerable variability in organoid formation efficiency, end-point morphology and function, which is often inherent to the stochastic nature of in vitro self-organization and cell fate choices. Reducing this variability will be essential to fully capitalize on the potential of organoids in disease modelling, drug screening and regenerative medicine. Engineering strategies, such as increasing the degree of automation, the use of defined media and matrices, and exact live assessments, need to be further explored to reduce variability in organoid development. Moreover, the initial conditions of organoid growth contribute to organoid variability, including the starting cell population, their positioning and aggregation. A key limitation to automatization is also the complexity of protocols for organoid generation, which often require multiple experimental steps, in particular, for PSC-derived organoids. For example, simplifying the protocol for the generation of dorsal forebrain organoids substantially increased reproducibility⁹⁶. Engineering techniques — from engineering cells to whole-organism engineering — are expected to increase the robustness of organoid protocols.

Readouts. Routinely used setups mainly use optical monitoring as readout, which provides only little information about the functionality of the organoids. In situ monitoring of metabolites, secreted peptides or electric potentials

Box 2 | Organoids and organs-on-a-chip

Organs-on-a-chip are alternative (yet complementary) approaches to organoids for modelling human organs^{95,224}. Organoids rely on the self-organization of growing cell aggregates, whereas organs-on-a-chip are based on a reductionist engineering approach. Organs-on-a-chip aim to capture key functions that are indispensable for the physiological functioning of a specific organ by mimicking the tissue elements that perform these functions in vivo. Thus, organs-on-a-chip usually comprise specialized cell types and the key biochemical and biophysical properties of the in vivo microenvironment. The field of organs-on-a-chip has been landmarked by the lung-on-a-chip device established by Dongeun Huh et al. 164, which was then further adapted to model other organs, such as the intestine and kidneys 165,166. These devices are amenable to easy readouts and allow precise control of environmental parameters. In addition, organs-on-a-chip are generally reproducible and have longer lifespans compared with organoid systems. However, they often lack the complex cellular architecture of tissues. Moreover, organ-on-a-chip platforms require a complex experimental setup, including tubing, pumps and the requirement of microfabrication equipment and expertise. Finally, the use of cell lines reduces the physiological relevance of organs-on-a-chip compared with organoids.

is challenged by variabilities related to organoid formation. For example, measuring the trans-epithelial electric resistance provides a standard technique in 2D transwell epithelial culture systems to assess epithelial barrier integrity; however, such measurements are technically challenging in organoids97. Similarly, the functionality of hepatic in vitro systems can be assessed by analysing metabolites of exogenous compounds and endogenous substrates, or the synthesis of bile and of proteins, such as albumin or transferrin98; however, only small amounts of these analytes are usually present in single organoids, which makes their analysis difficult. The integration of miniature biosensors into organoid systems could address this problem, which would require an adaption of the culturing setup. Indeed, typical hydrogel domes containing many organoids are rather impractical for the incorporation of biosensor electrodes. The consistent measurement of analytes would require setups in which the location of organoids can be controlled and the organoid shape can be constrained. Furthermore, high-throughput measurements, which are relevant for drug screening applications, require the implementation of automated functional measurements.

These issues, which limit the translatability of organoids, are inherent to their very design principle. Thus, only the fine-tuning of controllable parameters (for example, choice of cytokines and matrix composition) may not suffice to overcome these limitations. The design of organoid systems needs to be re-evaluated to increase the number of controllable parameters. Engineering approaches, often explored by proof-of-concept studies on organ-on-a-chip technologies, offer the possibility to address many limitations of organoid platforms. In this Review, we discuss engineering strategies at different scales, including engineering of (sub-)cellular behaviour, local (niche) tissue engineering and engineering attempts to create holistic models of entire organisms. Finally, we examine new approaches for the readout of functional development in organoids to allow more thorough characterization and incorporation in high-throughput assay pipelines (FIG. 3).

Engineering the cell

As the building blocks of organoids, cells are a promising point of manipulation. Indeed, changing the intrinsic properties of cells offers a powerful approach to increase organoid robustness and to tailor them for specific applications.

Surface engineering. Poor robustness of growth and patterning are major limitations of organoids, resulting in highly heterogeneous end-point collections. Indeed, the initial culture conditions determine whether a cell (or cell clusters) will form an organoid by self-organization ^{99,100}. In particular, the size and shape of the initial cell aggregates are important starting conditions, and many protocols fail, owing to fine deviations in the initial number of cells. Controlled cell aggregation is usually achieved by microwell structures or microfluidic devices; alternatively, the surface of cells, that is, the cell membrane, can be modified to improve or initiate cell clustering ¹⁰¹. For example, cell membranes can be decorated with

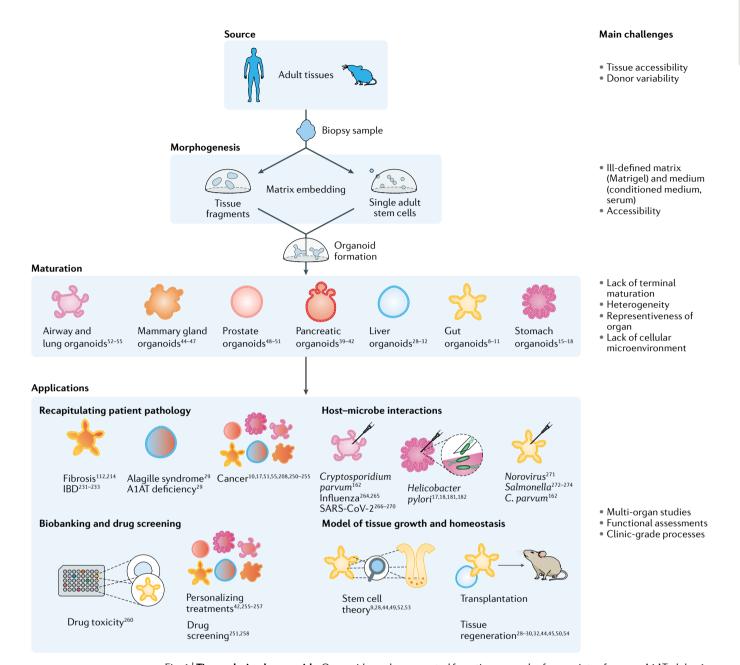


Fig. 1 | **Tissue-derived organoids.** Organoids can be generated from tissue samples for a variety of organs. A1AT, alpha-1 antitrypsin; IBD, inflammatory bowel disease; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2.

specific attachment peptides, proteins, nanoparticles, polymers or bio-orthogonal chemical species, usually by bio-orthogonal chemical ligation (for example, using N-hydroxysuccinimide (NHS) esters, sialic acid, oxyamines and derivates thereof), by electrostatic interactions or by liposomal delivery 102-104. Bio-orthogonal oxime formation reaction between functionalized cell surfaces (that is, ketone or oxyamine groups on cells bind to each other) then leads to the formation of multilayered microtissues (for example, human mesenchymal stem cells and fibroblasts) with light-mediated control of size and density104. Binding of synthetic DNA fragments to cell surfaces has also been extensively explored; for example, decoration of cell surfaces with 3D DNA origami nanostructures enables the programming of cell-cell adhesion¹⁰⁵. Another elegant way of controlling

the spatial arrangement of cells in vitro is the application of external magnetic fields to cells magnetized by membrane-binding nanoparticles¹⁰⁶. We suggest that such surface engineering approaches could also be applied in the organoid field to preorganize different starting cell types, for example, to align endothelial cells within a larger cluster of hepatocytes, which would allow the generation of more physiologically relevant and long-lived, vascularized liver organoids.

Genetic engineering. In addition to modifying cellular surfaces, a wealth of genetic engineering strategies are available to control the intrinsic properties of a cell^{107,108}. At the genetic level, cells can be engineered in two conceptually different ways: by targeting components of pathways that control stem cell differentiation and/or

key niche signals, or by integrating artificial logic circuits inspired by synthetic biology. Organoid systems often lack terminally differentiated cell types, which is

related to our limited understanding of the drivers of stem cell fate, and poor recapitulation of in vivo cues by exogenous, broadly applied, signals in vitro. Targeted

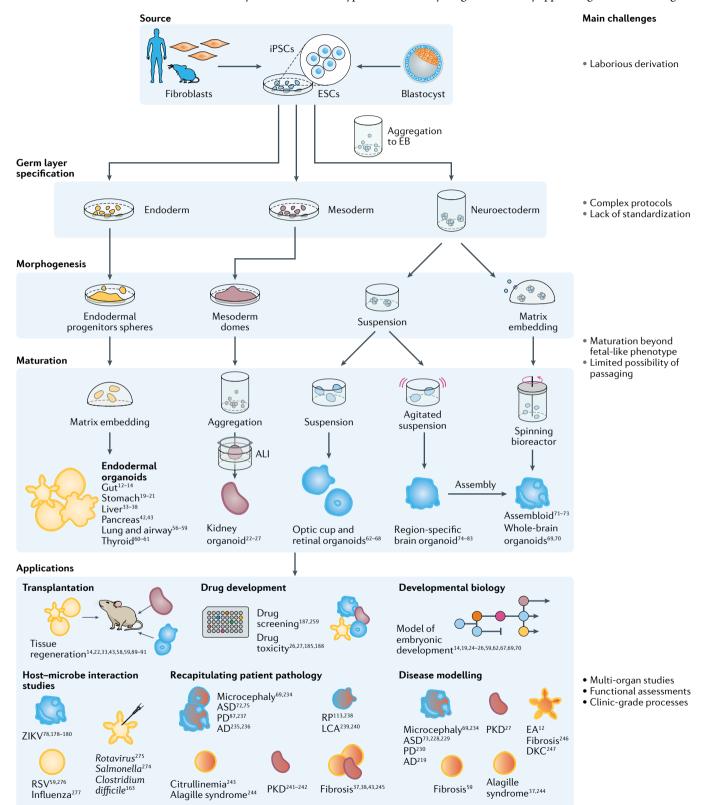


Fig. 2 | **Pluripotent stem-cell-derived organoids.** Organoids can be generated from pluripotent stem cells for a variety of organs. AD, Alzheimer disease; ALI, air–liquid interface; ASD, autism spectrum disorders; DKC, dyskeratosis congenita; EA, enteric anendocrinosis; EB, embryoid bodies;

ESCs, embryonic stem cells; iPSCs, induced pluripotent stem cells; LCA, Leber congenital amaurosis; PD, Parkinson disease; PKD, polycystic kidney disease; RP, retinitis pigmentosa; RSV, respiratory syncytial virus; ZIKV, Zika virus.

genome editing through, for example, CRISPR–Cas9 technology has proven its enormous potential for basic research and clinical applications¹⁰⁹, despite remaining concerns regarding off-target effects.

Genome editing could be employed to modify the intrinsic response of cells in an organoid to external

Box 3 | Applications of organoids

Organoids are widely used to model and investigate tissue development, homeostasis and regeneration, for example, to identify factors required for stem cell differentiation into specific lineages or the molecular mechanisms underlying cell fate programs¹⁻⁴. Organoids also enable knockout studies of essential genes, which is not feasible in vivo, owing to embryonic lethality. Pluripotent stem cell (PSC)-derived organoids are an invaluable model system for developmental biology; for example, human-specific features of neurodevelopmental processes were discovered by analysing brain organoids from human and non-human primates at a single-cell level^{219,220}.

Modelling diseases in mice is associated with technical and ethical challenges, and murine cells can often not recapitulate all aspects of human pathologies. Alternatively, human organoids can be applied; for example, cancer-promoting genes can be mutated in gastrointestinal organoids^{114–116}, liver organoids²²⁵, pancreatic organoids²²⁶ or mammary gland organoids²²⁷ to investigate the relationship between acquired mutations and growth factor independencies in cancer. For many neurological diseases, including Alzheimer disease (AD), Parkinson disease (PD) and autism spectrum disorders, accurate animal models are lacking. Brain organoids are a valuable model for studying the cellular and molecular processes involved in these neurological diseases75,217,228-230; for example, overexpression of disease-specific mutated forms of the β-amyloid precursor protein and presenilin-1 in an organoid-like 3D culture system allowed the phenotypic recapitulation of AD and revealed the implication of glycogen synthase kinase 3 (GSK-3)²¹⁷. Similarly, introducing mutations in the gene coding for leucine-rich repeat kinase 2 (LRRK2) enables the generation of a PD model from midbrain organoids²³⁰, which recapitulates key pathological features of PD. This model led to new mechanistic insights, such as the involvement of the thioredoxin interacting protein (TXNIP) in LRRK2 mutation-dependent dopaminergic neuron death²³⁰.

Organoids can also be generated from cells from patients^{2,5,6}. For example, intestinal organoids derived from patients with cystic fibrosis show aberrant chloride channel function, which can be rescued by correcting the disease-causing mutation^{112,212}. Similarly, organoids from patients with inflammatory bowel disease (IBD) capture pathophysiological aspects of the disease and provide information on transcriptional and methylation alterations²³¹⁻²³³. The disease phenotype of individual patients can also be studied using induced PSC (iPSC)-derived organoids^{2,5,6}; for example, brain organoids have been generated from iPSCs established from patients with microcephaly^{69,234}, AD^{235,236}, PD^{87,237} or autism spectrum disorders 72,75. Of note, in the iPSC-derived brain organoids of patients with AD, amyloid pathology was observed before tau hyperphosphorylation, which sheds light on the controversy of AD phenotypes²³⁵. Patient-specific iPSC-derived retinal organoids allow the modelling of retinitis pigmentosa^{113,238} and Leber congenital amaurosis^{239,240}, contributing to the knowledge needed to establish effective gene-editing therapies. Kidney organoids developed from patients with polycystic kidney diseases^{241,242} exhibit a significant increase in cyst formation compared with healthy control organoids and enabled the discovery of the crucial role of the microenvironment in this disease. Indeed, many other pathologies were also recapitulated in iPSC organoids 37,38,43,243-247.

Cancer organoids can be obtained from tumour biopsy samples 248,249 , including from the gastrointestinal tract 10,17,250 , liver 751,252 , breast 206 , prostate 51,253 and lung 55,254 . Cancer organoids capture the disease heterogeneity and, thus, present an excellent tool for personalized medicine to predict the outcome of clinical treatments $^{42,255-257}$. They also allow mid-throughput to high-throughput screening of therapeutics 185,251,258,259 and assessment of drug toxicity 26,27,185,188,260,261 .

Organoids are also useful models in infection biology 6,26,263 ; for example, epithelial organoids can be applied to study host—microorganism interactions $^{17-19,59,78,161,176-180,264-277}$. Gastric organoids were used to study $Helicobacter\ pylori$ infection $^{17-19,179,180}$, and brain organoids were used to model and investigate the mechanisms of Zika virus infection $^{78,176-178}$. Organoids are further valuable research tools in response to the SARS-CoV-2 pandemic. Lung, capillary, kidney and intestinal organoids could be infected with the virus, providing insight into tissue tropism and replication sites $^{266-270}$.

stimuli with the aim of generating cell types that would otherwise be absent. Also, inducible expression of specific differentiation drivers could be used to favour terminal differentiation of cells that may otherwise only exist in more immature states. For example, targeted transcriptional activation of a protein of the cytochrome P450 superfamily (here, CYP3A4) enhances cellular maturation in PSC-derived liver organoids¹¹⁰. Conversely, genetic engineering could be deployed to knock down relevant signalling pathways in specific subsets of cells to make them unresponsive to the corresponding stimulus, which could address the lack of spatial signalling control in organoids. However, such a targeted approach requires knowledge of the regulatory networks underlying cell fate decisions, which often remains limited. Moreover, gene-editing technology is complex, and genetically engineered organoids are inherently less physiologically relevant, which is especially undesirable for investigations of cell-cell interactions and self-organizational processes.

Gene editing can also be performed in a corrective paradigm¹¹¹, that is, to correct single disease-causing mutations. For example, gene-corrected patient-derived organoids could provide a source for autologous transplantation to replenish diseased tissue. Gene correction in organoids was first performed on intestinal organoids derived from patients with cystic fibrosis¹¹². Here, the causal mutation (in the CFTR gene) was corrected by CRISPR-Cas9, and the resulting organoids showed functional restoration as assessed in forskolin-induced swelling assays. Retinal organoids, derived from iPSCs from patients with retinitis pigmentosa, could also be gene-corrected to rescue defects in photoreceptor morphology and function¹¹³. Although these gene-corrected organoids were not transplanted into animal models, they demonstrate the potential of applying gene-editing technologies for clinical transplantation. Furthermore, in an inverse approach, specific diseases can be engineered in healthy organoids, with the aims of finding mutation-to-disease causalities and modelling specific pathological aspects114-116. For example, the successive induction of single genetic mutations in healthy colorectal organoids allows the simulation of cancer phenotypes. Interestingly, the number of induced mutations correlates with the tumorigenic capacity upon xenotransplantation¹¹⁴; in addition, loss of the adenomatous polyposis coli and p53 is sufficient to induce chromosomal instability and aneuploidy, which are both hallmarks of cancer¹¹⁵. Similar experiments could be performed to establish various relevant disease models in vitro and to highlight or identify causal effects of specific genes on congenital or acquired pathologies. Such experiments would not be physiologically or pathologically relevant in 2D cell cultures, because effects may be dependent on cell types that are missing, and analogous animal studies are associated with technical and ethical challenges1,2.

Genome-editing technologies cannot only be employed to target single genes but also to integrate entire artificial genetic circuits^{107,108}. In particular, synthetic biology enables the engineering of such genetic

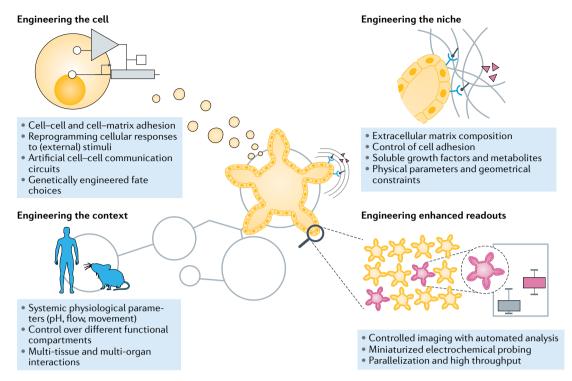


Fig. 3 | **Engineering approaches for organoids.** Engineering approaches can be applied at several levels to organoids, including at the cellular level, niche level, multi-tissue level and to improve functional readouts.

circuits to generate multicellular logic responses and self-organization through feedback loops. Integration of artificial gene circuits would also benefit the organoid field, albeit such studies have not yet been conducted. Nonetheless, synthetic biology approaches have been used to program cell aggregation in simplified cellular systems^{117–119}. Inspired by the processes in the developing mammalian embryo, simple pattern formation can be engineered using a Turing reaction-diffusion system, composed of the two diffusible ligands Nodal and Lefty. Owing to their mutual activation and repression, characteristic spot-like patterns can be formed in an otherwise homogeneous cell population¹¹⁷. Furthermore, genetically engineered stimuli have the potential to bias cell fate choices; for example, a pulse of the transcription factor GATA6 expression is sufficient to initiate germ layer emergence and symmetry breaking in homogeneous clusters of iPSCs118.

Genetic circuitry can also be combined with cell fate choices, for example, in the engineered Notch-based system synNotch¹²⁰. In this system, the extracellular domain of the Notch receptor is altered to recognize user-defined ligands, allowing experimental control over the inputs of the normal Notch signal transduction cascade of the cell. Crucially, the intracellular domain of synNotch receptors can also be engineered to activate subcellular signalling factors. Input and output can be controlled, for example, for the contact-dependent transcriptional triggering of fibroblast-to-myoblast transdifferentiation¹²⁰. The synNotch system has also been incorporated in cadherin-based cell-cell adhesion-controlling circuits in multiple groups of cells¹²¹ (FIG. 4). The cells of one group express the CD19 surface ligand and the cells of a second group express a synNotch receptor engineered to respond to CD19 (that is, to the first group), triggering E-cadherin expression. The resulting increase in E-cadherin expression results in cell clustering, owing to increased mutual binding affinity. Interestingly, by introducing a second synNotch receptor in the first cell population, the crosstalk between the two populations leads to self-sorting. The clustered second population activates adjacent cells of the first population to express low concentrations of E-cadherin as well as other genes (that is, a fluorescent reporter). Owing to the different affinities for cell-cell binding, a three-layer self-organized structure with autonomous symmetry breaking and cell type divergence is formed. This system is also able to regenerate patterns upon perturbation, beautifully exemplifying the integration of artificial gene networks in multicellular settings and highlighting that basic morphogenesis can be triggered by a purely synthetic biology approach.

The engineering of cell-intrinsic properties will certainly gain more traction in the organoid field, not only for fundamental research but also as a versatile toolbox for the precise control of cell fate and, possibly, tailored morphogenesis. Furthermore, the incorporation of advanced techniques, such as optogenetics¹²², will likely expand the customizability of logic circuits and their application in organoids, by allowing precise spatiotemporal control.

Engineering the niche

Since the establishment of the first ASC-derived organoids°, it has been evident that simulation of the stem cell niche is key for the successful self-organized growth of stem cells in culture. Many features of the stem cell niche, including the ECM, neighbouring cells and their

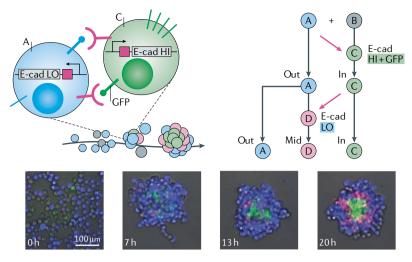


Fig. 4 | Engineering cells for guided morphogenesis. Two populations of genetically engineered cells self-organize into multilayer tissues when mixed together. The microscopy images show cells of type A (blue, BFP+) and cell type B (grey) mixed together and their development into a three-layered structure with cells of type A, C (green, GFP+) and D (pink, mCherry+) by mutual activation and repression of E-cadherin (E-cad) expression. First, in the presence of A-type cells, B-type cells are converted to C-type cells that self-aggregate owing to their high E-cad expression. These cells present GFP at their surface, in turn, leading adjacent A-type cells to express low levels of E-cad and mCherry protein through activation of their synthetic anti-GFP receptor, which will lead to their conversion to D-type cells. BFP, blue fluorescent protein; GFP, green fluorescent protein; HI, high; LO, low. Microscopy images reprinted with permission from REF. 121, AAAS.

secreted signalling molecules, have been recapitulated; however, such isotropically applied stimuli are not sufficient to grow organoids with high resemblance to their in vivo counterparts for biomedical applications. Indeed, organoid culture conditions suffer from limited cell-responsiveness and batch-to-batch variability. Thus, engineered biomimetic platforms, which provide more faithful proxies of the in vivo niche, may improve control over the growth and differentiation of cells, leading to more physiologically relevant model systems that are amenable for clinical translation.

Designer matrices. The ECM in the stem cell niche is an important parameter for stem cell self-renewal and differentiation, and alterations in ECM composition are a hallmark of many diseases123,124. Therefore, the ECM is the basis of virtually all organoid culture systems. Matrigel (or similar commercially available products such as Geltrex), a laminin-111-rich basement membrane extracted from Engelbreth-Holm-Swarm mouse sarcoma, is the most commonly used matrix for organoids, providing a complex set of ECM signalling inputs and an appropriate mechanical context to organoids in vitro^{125,126}. However, Matrigel is not well defined (which is not surprising, considering that it is composed of nearly 2,000 unique proteins 125,126) and offers limited possibility for customization, hindering its incorporation in customized organoid-based assays. In addition, Matrigel is animal-derived, which hampers translation to clinical settings. Therefore, efforts have been made to generate defined hydrogels that overcome these issues, following two general strategies¹²⁷: matrices

generated from naturally occurring materials, such as fibrin 128 , collagen 8,129 or hyaluronic acid 130 , and synthetic hydrogels 126,131,132 .

Protein-based or polysaccharide-based biopolymers can be recombinantly produced, reducing ethical concerns and batch-to-batch variability, as compared with animal-derived matrices. Alternatively, hydrogels with synthetic backbones can be decorated with a wide range of bioactive molecules, including ECM molecules or ECM fragments¹²⁶. For example, poly(ethylene glycol) (PEG)-based hydrogels functionalized with the basement membrane protein laminin enable reproducible intestinal organoid formation¹³¹. In these chemically defined hydrogels, intestinal organoid generation relies on the gradual softening of the gel provided by matrix degradation over time. Completely synthetic growth matrices can be generated by functionalization with peptides that match short key amino acid sequences of ECM proteins instead of full-length proteins, for example, peptides corresponding to the fibronectin motif RGD, the collagen motif GFOGER and the laminin motif IKVAV132. Such matrices have shown some success in supporting intestinal organoid formation from single intestinal stem cells, yet, they remain inferior to matrices containing full-length laminin¹³¹. However, the viability of PSC-derived intestinal organoids in such synthetic matrices is comparable to viability in Matrigel¹³².

Synthetic matrices also provide the opportunity to experimentally decouple stiffness, variability and bioactivity of the organoid growth environment, opening up the possibility for screening approaches to investigate the effects of each parameter on stem cell fate^{131,133}. Moreover, synthetic matrices can be designed for specific organoid applications. Indeed, physical properties, in addition to more evident biological features, should be considered for the engineering of new matrices for 3D cell culture. Stiffness is a critical niche parameter influencing stem cell behaviour and appears to be the key determinant of the differentiation of mesenchymal stem cells towards different lineages¹³⁴. Thus, engineered matrices for organoid cultures should take such physical considerations into account, including stiffness, matrix viscoelasticity and degradability, which have to be optimized for each specific organoid system. Native ECMs are highly dynamic, stress-relaxing matrices properties that could be engineered in chemically defined hydrogels. In particular, the stress relaxation profile of matrices is directly linked to their viscoelastic and viscoplastic properties, ultimately defining the mechanical confinement of growing cell structures, such as organoids135. To generate biomaterials with tailored relaxation properties, dynamic polymer chemistries can be applied that allow the coexisting of both covalent and weak, reversible crosslinks. Such mechanically sophisticated biomaterials have already shown exciting results for 3D cell culture systems¹³⁵. For example, the fate of mesenchymal stem cells in tunable 3D alginate hydrogels was shown to be highly dependent on the stress relaxation of matrices, independent of the initial elastic modulus, cell-adhesion-ligand density and degradation¹³⁶.

Shape-guided morphogenesis. During the development and homeostasis of organs in vivo, physical boundaries play a key role for cellular and tissue organization. To provide such geometrical cues as artificial physical boundaries in vitro, technologies such as micromanufacturing, 3D printing and laser cutting could be used. For example, mammary epithelial cells can be grown in collagen hydrogels with predefined shapes to recapitulate the branching process of mammary epithelial tubules¹³⁷. The probability of branching and forming new tubules depends on the local geometry induced in the epithelial monolayer. This process is mediated by the diffusion of an autocrine inhibitory morphogen¹³⁷. In intestinal organoids, the formation of crypt-like structures is a highly stochastic process, which occurs at random orientations and in variable numbers. Microengineered scaffolds allow the robust patterning of intestinal organoids in a predefined manner. For example, a poly(dimethylsiloxane) (PDMS) stamp can be used to pattern a collagen scaffold, onto which organoid-derived cells can then be seeded. In combination with the application of a morphogen gradient akin to gradients observed in vivo, an epithelium can be generated that matches the crypt-villus structure of the template with corresponding proliferative and differentiated regions¹³⁸. Alternatively, laser-shaped matrices can be applied to grow intestinal organoids into predefined shapes, allowing apical and basal access, crypt-villus-like patterning and, most importantly, long-term homeostasis¹³⁹ (FIG. 5). In this case, the organoids are shaped into an accessible tubular architecture, enabling the removal of apically shed dead cells as they accumulate over time. The longevity of these 'mini-intestines' further allows the development of rare specialized cell types that are absent in short-lived organoids. Intriguingly, the observed cellular patterning reminiscent of the crypt and villus regions is established even in the absence of externally applied biochemical gradients, highlighting the morphogenic guidance potential of scaffold geometry.¹³⁹.

Instead of forcing organoids into a final shape, scaffolds can also be used to guide the shape of PSC-derived organoids during their development, that is, at the stage of embryoid bodies¹⁴⁰. For example, organoids grown in chemically defined microfilament scaffolds adopt an elongated shape, which leads to the reproducible generation of a neuroectoderm and, ultimately, to improved cortical development compared with standard organoids generated from spherical aggregates¹⁴⁰. Confining

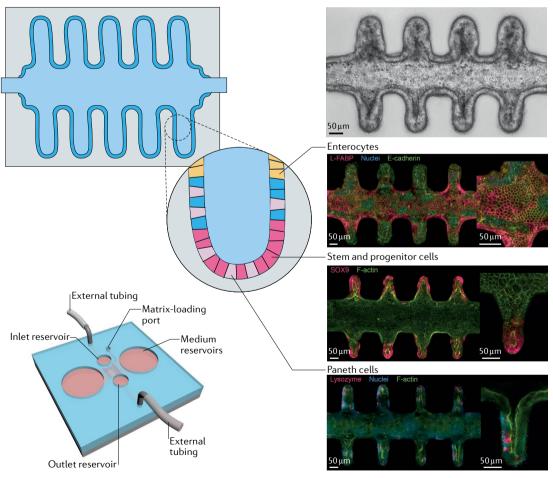


Fig. 5 | **Engineering the niche.** Intestinal organoids grown in a patterned tubular matrix organize into a crypt-like structure akin to organoids, following the predefined architecture. Stem and progenitor cells (pink, Sox9+), as well as Paneth cells (light pink, Lysozyme+), are found in the crypt structures, whereas enterocytes (yellow, L-FABP+) are present towards the lumen. The integration into a microfluidic device allows the growth for extended periods of time. FABP, fatty-acid-binding protein. Adapted from REF. 139 , Springer Nature Limited.

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growing brain organoids to a thin disk shape enables the investigation of the biophysical forces driving the establishment of brain folds¹⁴¹. Interestingly, by employing *LIS1*-mutated cells, the key features of lissencephaly, a pathological condition showing partial absence of these folds in the brain, could be recapitulated.

Spatiotemporal control. Organogenesis is driven by the intrinsic capacity of stem cells to organize themselves and their progeny. However, organoid studies have shown that the self-organizing ability of stem cells is not sufficient to generate fully functional and mature organs. In vivo, tissue development is subject to external stimuli supplied in a precise spatial and temporal order, which is often not reproduced in traditional 3D culture systems, in which cells are embedded in isotropic matrices and homogeneously flooded with biochemical niche signals. This limitation can be addressed by 3D culture matrices that can release or present biomolecules under spatiotemporal control¹⁴²⁻¹⁴⁴. The delivery of morphogen gradients by microfluidic devices can further induce controlled symmetry breaking, enabling reproducible organoid formation¹⁴⁵⁻¹⁴⁸. For example, a microfabricated device can be used to generate stable opposing gradients of a sonic hedgehog (SHH) agonist and bone morphogenic protein (BMP), mimicking in vivo morphogen gradients important in vertebrae neural tube patterning during spinal cord development. This matrix enables the spatially controlled differentiation of ESCs, akin to development in vivo¹⁴⁷. SHH can also be delivered to a forebrain organoid system by genetically engineering human PSC cells to express SHH. These PSCs can then be positioned at one side of the developing brain organoids149 to generate a morphogen gradient, which, ultimately, leads to dorsoventral-like and anteroposterior-like polarization of the forebrain organoids149.

Spatiotemporal control over the presentation of biochemical cues can also be achieved by direct patterning of the growth matrix using engineering methods, which allow greater macroscale control compared with microfluidic-induced gradients127. For example, multiple growth factors promoting cell migration and differentiation could be independently spatiospecifically immobilized within an agarose hydrogel by employing two-photon photochemistry¹⁵⁰. Moreover, ECM composition has a drastic impact on the differentiation of stem cells; for example, laminin and fibronectin promote cardiomyocyte and endothelial differentiation of ESCs in vitro, respectively¹⁵¹. Similarly, ECM ligand composition requirements are changing with increasing intestinal organoid maturity¹³¹. In the native intestine, the crypt-villus axis is patterned with gradients of ECM proteins, and individual ECM components play specific roles in intestinal stem cell homeostasis and differentiation¹⁵²⁻¹⁵⁴. Therefore, bioengineering approaches, such as 3D matrix deposition, are likely to further improve crypt-villus regionalization in intestinal organoid cultures or analogous symmetry-breaking events in other organoid systems by guiding patterns in a predefined way.

In addition to the spatial delivery of cues, temporal control may also be necessary to reproducibly generate organoids with a high level of maturation. For example, photochemistry allows the design of matrices that locally release soluble chemical factors (or expose masked ones) in response to light stimulation^{155,156}. Despite the development of a wide variety of photochemistries, the use of such materials for organoid cultures remains underexplored. In intestinal organoids, the photoactivated local release of morphogens could potentially enable spatiotemporal control over the formation of crypt-like buds. Similarly, the mechanical properties of ECMs constantly change during intestinal organoid development¹³¹, which could be addressed by introducing light-mediated changes of the mechanical properties of synthetic growth matrices, for example, using photodegradable hydrogels. Likewise, the geometry of the scaffold could be changed over time to guide the shape of emergent organoids, for example, by light-dependent in situ laser ablation¹⁵⁷.

In summary, although basic niche mimicry has advanced the generation and maintenance of organoid culture systems, these organoids often exhibit highly heterogeneous shapes and stochastic variability in their level of maturity and functionality. Engineered matrices promise improved control over supplied morphogenic signals in space and time, and, thus, provide the opportunity to mimic the tissue microenvironment not only in its constituent elements but also in its dynamics. Therefore, next-generation engineered materials are expected to further expand the plethora of organoids that can be grown in vitro and increase the developmental robustness of already established cultures.

Engineering the organism-level context

In vivo, organogenesis is regulated by stimuli from the immediate niche, in which the cells are growing. However, organ development is also guided by higher-order inputs, provided by the surrounding tissues and their functions, as well as by system-level parameters, such as fluid flow, mechanical forces or changes in pH or oxygen levels^{158,159}. Organoids are not easily amenable to integration within a whole-organism context; however, such integration would be required to grow physiologically relevant models of homeostatic organs.

Accessibility. Owing to their closed cystic architecture and their continuous expansion, organoids, for example, gastrointestinal organoids, need to be regularly broken up and reseeded to new cultures, which makes them inherently incompatible with long-term studies. Furthermore, functional in situ readouts and experiments involving pathogens require access to the apical side of organoids. Inaccessibility of organoids can be overcome by applying low-throughput microinjections^{8,17,18,55,160–162} or by using inverted, inside-out versions of organoids163; however, these strategies remain challenging and suffer from low efficiency. Alternatively, polarized intestinal and colonic cell monolayers can be generated on 2D permeable polymer membranes¹⁶⁴⁻¹⁶⁶; however, this approach precludes the modelling of 3D tissue biology. The problem of inaccessibility may be better addressed by leveraging engineering approaches to design an organoid system that allows easy experimental access and long-term maintenance of an epithelium. For example, microfluidic

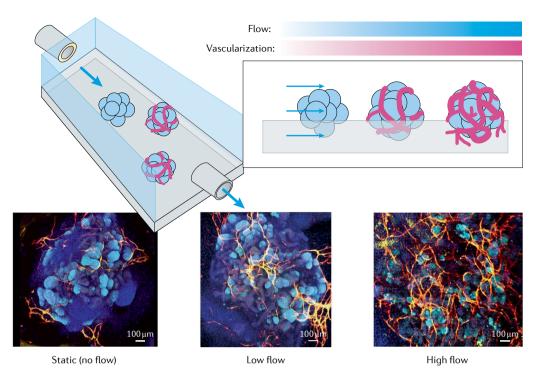


Fig. 6 | **Systemic context engineering for organoid cultures.** Kidney organoids grown in the presence of flow-induced shear stresses show substantially enhanced vascularization and maturation. Confocal microscopy images show organoids under different flow conditions: nuclei (DAPI, blue), vasculature (MCAM, yellow, and PECAM1, red) and podocytes (PODXL, cyan) are stained. DAPI, 4′,6-diamidino-2-phenylindole; MCAM, melanoma cell adhesion molecule; PECAM1, platelet and endothelial cell adhesion molecule 1; PODXL, podocalyxin-like protein 1. Reprinted from REF. Springer Nature Limited.

devices are promising tools to integrate access channels for waste removal and nutrient supply within organoids, and to enable independent control over experimental conditions^{95,167}.

Integration of mechano-physiological parameters.

Mechanical parameters, such as flow, shear stresses, pressure and movements, also have an impact on morphogenesis and tissue homeostasis^{158,159}. For example, blood-flow-induced shear stresses on the endothelium triggers terminal maturation of endothelial cells⁹². Similarly, diverse physical forces are involved in normal and pathologic intestinal function¹⁶⁸. Such tissue-level biomechanical stimuli are lacking in traditional organoid cultures and cannot easily be implemented in current setups. Thus, the incorporation of mechano-physiological parameters calls for a review of the very design principle of organoids, considering combinatorial approaches that involve self-organizing structures and their integration within devices that allow the generation of forces and movements.

Organ-on-a-chip technology has introduced many techniques for the generation of forces and maintenance of fluid flow; however, the relevance of these systems has often been questioned because the cell lines used did not exhibit cellular diversity⁹⁵. Taking advantage of organ-on-a-chip setups, single stomach organoids have been cultured on chips, on which the luminal compartment can be accessed with micropipettes to apply luminal flow and pressure cycles to induce peristaltic-like motility¹⁶⁹. Although the effect of these external stimuli

on cells has not yet been investigated, this system illustrates the possibility of engineering approaches to integrate biophysical factors in organoid cultures. Similarly, kidney organoids have been grown on a chip and exposed to shear stress by application of fluid flow¹⁷⁰. The presence of fluid flow not only improves the maturation of the kidney organoids, including tubular and glomerular compartments, but also favours the generation of a vascular network with perfusable lumens (FIG. 6).

Organ-on-a-chip-like devices also allow the growth of epithelia on 2D membranes with microfluidic channels on both apical and basal sides, providing bilateral accessibility and the ability to apply fluid flow 164-166. Intestinal organoid-forming cells, seeded on such a microchip, grow into a functional epithelium with villi-like folds, if also exposed to mechanical stretch cycles mimicking intestinal peristalsis and luminal flow 171. Such microfabrication-based devices provide the opportunity to combine biophysical and biochemical stimuli and, thus, increase the physiological relevance of in vitro models and the robustness of their generation protocols.

Multi-organ systems. Many physiological functions and pathological conditions are not attributable to one specific organ but, rather, emerge from the interaction of multiple systems. Current organoids are not capable of modelling biological interactions at higher levels of organization (for example, tissue–tissue or multi-organ interactions). The field of organs-on-a-chip has laid the groundwork for engineering multi-organ systems combined with organoid technology. For example,

a microfabricated system combined models of breast cancer with intestine and liver models, simulating the sequential absorption, metabolism and targeted bioactivity of anticancer drugs¹⁷². This approach has been extended to the fabrication of an engineered 13-organ complex, called 'body-on-a-chip' 173, showing impressive tissue viability and basic physiological functions (although only five cell lines were used as a proof of concept). Synergistic approaches integrating organ-on-a-chip setups and organoids can approximate the native cellular repertoire and show (patho)physiological relevance. For example, in a microfluidic-based tripartite culture comprising stomach, intestinal and liver organoids, paracrine signalling-dependent regulation of bile acid production could be achieved, recapitulating physiological organ-organ interactions¹⁷⁴. Similarly, a heart-lung-liver model was built using bioprinting and microengineering approaches, allowing inter-organ crosstalk¹⁷⁵. Interestingly, this setup has provided evidence for lung-dependent cardiotoxicity of an anticancer drug, emphasizing the necessity of multi-organ approaches in pharmacokinetic screenings.

The integration of immune components into organoid systems remains rather unexplored. The immune system does not only play a central role in infectious diseases but also in other pathologies and in normal homeostasis. Thus, the integration of immune components in (disease) model systems substantially improves the degree of their relevance. Viral (for example, Zika virus in brain organoids^{78,176-178}), bacterial (for example, H. pylori in stomach organoids^{17-19,179,180}) or parasitic infections (for example, Cryptosporidium in intestinal organoids¹⁶⁰) have been modelled in organoids; however, these studies may lack relevance, owing to the complete or partial absence of important immune components. For example, gastric infections with H. pylori typically persist asymptomatically over decades, which, ultimately, increases the risk of gastric ulcer diseases and gastric cancer¹⁸¹. Such long persistence is enabled by tight host-microorganism interactions; for example, bacteria can evade the immune system by interfering with the differentiation of T cells towards an anti-inflammatory regulatory phenotype¹⁸². This immune evasion mechanism could be studied in a triple co-culture of epithelial cells, cytotoxic T cells and bacteria, which led to the identification of H. pylori-induced induction of the checkpoint inhibitor programmed cell death ligand 1 (PDL1)180. In non-infectious diseases, such as IBD, interactions between microbiota, epithelial cells and the immune system play an equally crucial role. Thus, organoids are promising platforms for the elucidation of the mechanisms underlying IBD183. For example, a platform containing a colon-organoid-derived epithelial layer can be complemented with monocytederived macrophages as immune compartment using a collagen-containing bioengineered scaffold¹⁸⁴. Mimicking Escherichia coli-induced epithelial inflammation results in an increase in macrophage migration and the production of pro-inflammatory cytokines, which are known to be involved in IBD. Protocols for the long-term maintenance of immune cells within organoid systems have yet to be established; however, these

pioneering studies underline the potential of organoids in immunological research.

Taken together, approaches towards superior organoids must not only consider aspects of the local niche of a specific organ but also the system-level context. Approximation of systemic parameters promises to yield organoids with longer lifespans, more mature phenotypes, higher cellular diversity and, ultimately, higher clinical predictivity compared with traditional organoid systems. Such systemic parameters include biophysical forces and strains, biochemical signalling with other cell and organoid types, as well as nutrient supply and waste removal.

Improving readouts

Maximizing the benefit of organoid systems is challenged by a lack of appropriate functional readouts. Organoid studies have mostly relied on phenotypic readouts thus far (that is, aspect, shape and number of organoids) (TABLE 1). However, fully executing the promises of organoids will require the integration of continuous, accurate and versatile functional readouts, which can be automated in a high-throughput manner, to enable applications beyond basic research.

Image-based analysis. Optical observation is probably the oldest technique in biological research and remains one of the most powerful analytical methods. However, typical organoids are generated in 3D matrices and grow at uncontrolled locations, which makes automated live imaging challenging. To enable live cell imaging, organoid growth locations can be engineered by using arrays of microwells^{185,186} or by capturing cells within microfluidic devices¹⁸⁷. For example, intestinal organoids can be trapped post-aggregation in a microfabricated pillar array to monitor morphological changes (for example, swelling)¹⁸⁷. Similarly, hepatic organoids can be grown and differentiated directly within a chip to allow downstream analysis¹⁸⁸. However, although morphological analysis provides some informative insights, more direct evidence about the molecular and functional state of cells would be desirable. For example, genetically engineered reporter lines, which have traditionally been mainly available for murine organoids owing to technical difficulties in developing such reporters in human cells, have recently also been applied for human organoids. Using genome editing, the efficiency of generating knock-ins (that is, of fluorescent reporter sequences) could be increased in human organoids 189,190, opening up opportunities for non-invasive, live monitoring of different cell states or even subcellular protein localization.

Several innovative imaging-based strategies have further been applied to measure the physiological parameters of organoids grown in vitro. For example, continuous phosphorescence lifetime imaging microscopy of an O₂-sensitive probe allows tracking of oxygen levels, revealing highly heterogeneous oxygenation levels in intestinal organoids¹⁹¹. Engineered Förster resonance energy transfer-based approaches have also been used to study intracellular protein activity (for example, extracellular signal-regulated kinase (ERK))¹⁹².

Table 1 | Analytical methods in organoid research

Method	Advantages	Disadvantages	Physical and technical limitations	Selected refs
Image-based analysis				
Live imaging	Live monitoring; no requirement for specialized equipment; minimally invasive	Little functional insights; dependency on reporter lines for assessment of expression of specific markers	Phototoxicity of fluorescent reporters and probes; motion of samples	112,186,191,212
Light-sheet imaging	Suitable for live imaging; subcellular resolution; spatial information (3D)	Low throughput; laborious sample preparation; limited to one condition	Simultaneous imaging of many organoids not possible owing to small sample volume	213–215
Histochemistry Immunostainings with whole-mount confocal microscopy	Subcellular resolution; spatial information (3D)	Low throughput; low automatization; single time points	Light penetration for large samples; limited specificity of markers; destructive method	216
Histochemistry Routine histology staining and immunostaining on tissue sections	Well-established protocols; easy visualization of cell-secreted analytes (mucins, ECM proteins)	Low throughput; low automatization; single time points; limited set of standard stains	Destructive method; strict requirement for fixing and slicing of samples	8,41,69
Electrophysiology	Functional assessment; information about cell-intrinsic properties (V_m, R_m, C_m, i) on currents)	Low throughput; laborious sample preparation	Only for electrically active cells (neurons, (photo)receptors)	75,78,79,88,113
Protein identification a	ınd quantification			
Immunoassays (WB, ELISA)	Functional information (protein abundance, protein–protein interactions, PTMs); high specificity (WB) and high sensitivity (ELISA)	Labour-intensive; low automatization; single time points; dependence on analyte-specific antibodies; no spatial information	Destructive for non-secreted analytes	29,217
In situ electrochemical sensors	Functional information (abundance of secreted proteins, metabolites); live monitoring	Bulky electrodes; requires calibrations and implementation of electronic circuitry	Low analyte concentrations and volumes; requires one sensor per analyte; suitable only for cell-secreted analytes	46,195–197
Proteomics (MS)	Proteome-wide functional information (protein abundance, protein-protein interactions, PTMs); quantitative (for example, SILAC)	Costly; low throughput; single time points; expertise needed for processing and analysis; no spatial information	Destructive for non-secreted analytes	41,218
Flow cytometry	Single-cell level; multiple markers can be analysed simultaneously; cell sorting for downstream analysis (for example, cfu)	No spatial information; high operator dependency	Dissociation into single cells indispensable; limited specificity of markers	25,47,100
Gene expression				
PCR	Quantitative gene expression levels; high-sensitivity	No information about abundance of proteins or their PTMs	Destructive method; mRNA levels are only a proxy for the functional state of a cell	17,37,38
Gene expression arrays and RNA sequencing (bulk and scRNAseq)	Whole transcriptome information; scRNAseq has single-cell-level resolution	Costly; low throughput; single time points; expertise needed for processing and analysis	Destructive method; scRNAseq requires pure single-cell preparation (no doublets, no fragments)	34,96,219,220

cfu, colony-forming units; ECM, extracellular matrix; ELISA, enzyme-linked immunosorbent assay; MS, mass spectrometry; PCR, polymerase chain reaction; PTMs, post-translational modifications; scRNAseq, single-cell RNA sequencing; V_m , R_m and C_m , transmembrane potential, resistance and capacitance, respectively; WB, western blot.

In situ electrochemical probing. Despite the immense opportunities of imaging-based readouts, fundamental optical principles challenge their faithful reporting. In particular, organoids take complex 3D shapes and are embedded in non-homogeneous matrix environments, which, inevitably, leads to optical artefacts. Radiometric methods have been shown to partially compensate for artefacts and, hence, are better than intensity-based approaches; however, their accuracy remains limited, owing to the fact that light scattering and absorption are wavelength-dependent phenomena. In addition, the automation of downstream

data processing and analysis pipelines remains challenging, despite recent breakthroughs ^{186,193}, owing to often non-uniform imaging parameters and the recurring problem of segmentation of regions of interest (that is, object separation from the background). By contrast, electrochemical sensors provide 1D datasets, enabling simple, unbiased and automatable downstream analysis. Electrochemical sensors are, indeed, accurate and versatile, but their pervasive use in organoid culture systems is hampered by their bulky nature, and miniaturized versions have only recently been integrated ¹⁹⁴.

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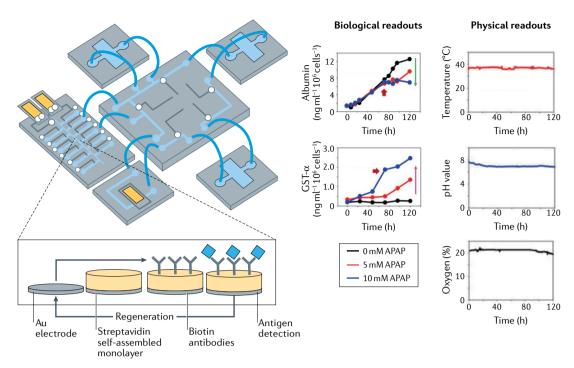


Fig. 7 | **Microengineered platforms for live organoid monitoring.** Automated and continuous in situ monitoring of physical and biological parameters in organoid cultures can be achieved using microfluidic devices. The presented device contains multiple compartments for simultaneous growth of different organoids, as well as sensors to monitor various biological (for example, metabolites and biomarkers) and biophysical (temperature, pH and oxygen levels) parameters. The biosensor was designed to be regenerated, allowing continuous measurements (inset). APAP, acetaminophen; GST, glutathione S-transferase. Adapted with permission from REF. 195, National Academy of Sciences.

A two-organoid microfluidic device (containing cardiac and hepatic organoids) has been equipped with multiple integrated physical, biochemical and optical sensing capabilities¹⁹⁵ (FIG. 7). In addition to sensors for temperature, oxygen and pH levels, the device includes microfabricated immunobiosensors for the continuous monitoring of secreted soluble biomarkers. The detection mechanism is based on a label-free principle, exploiting the change of electron transfer kinetics of a redox probe upon antigen binding to an immobilized antibody. Importantly, a regeneration process makes the sensor reusable for successive measurements over long time periods. Furthermore, all sensors are directly linked to a processing computer, which actuates the sensors and pneumatic valves for fluidic control, demonstrating the possibility of fully automated culture platforms.

A main challenge is to measure ultra-low volumes of cell-secreted analytes. Indeed, such data would capture the functional state of cells and would, thus, be particularly interesting for drug toxicity and drug screening assays. Therefore, efforts have been made to incorporate biosensors into small-organ model systems. For example, metabolites, such as lactate^{196–198}, ions¹⁹⁹ or protein biomarkers^{200,201}, can be monitored using electrochemical sensors.

Towards high-throughput setups. For drug screening applications, it is particularly important to simultaneously grow and analyse large numbers of organoids to increase statistical power and to screen hundreds to thousands of drug candidates in parallel. By combining

imaging methods and microfabrication strategies, a high number of organoids can be analysed at the same time^{186,188}. Microfluidics platforms also allow the preselection of organoids by size¹⁸⁷, thus, homogenizing the baseline organoid population and reducing variability. Droplet microfluidics is a promising technique for encapsulating cells but remains rather unexplored in organoid research. Hydrogel capsules can be used for the aggregation, growth and manipulation of organoids²⁰²⁻²⁰⁴. For example, prostate and breast cells embedded in Matrigel beads proliferate and differentiate at temporally and spatially controlled conditions²⁰⁵. Such Matrigel beads containing encapsulated cells were also generated in an automated high-throughput fashion²⁰⁴. This generated a large number of microcapsules with homogeneous size, composition and cell distribution, and opens up the possibility of high-throughput measurements, such as large-particle flow cytometry. These microbeads are easy to handle and, thus, allow the controlled manipulation of single organoids. Similarly, human iPSCs, differentiated into endoderm, pancreatic progenitors and endocrine cells, can be encapsulated in hydrogel capsules²⁰², in which they form functional organoids with unprecedented consistency. These approaches enable the automated generation of a high number of similar organoids, which is an inevitable requirement for automated large-scale screens. Integrated approaches are expected to greatly boost the development of organoid screening platforms, including automated, continuous and functional readout for drug discovery.

Conclusions and perspective

In vitro organoid models can be derived from cells from a variety of organs, often with astonishing resemblances to their in vivo counterparts, both in terms of microscale tissue architecture and recapitulation of cellular diversity and key functions. However, challenges remain to maximize their translational relevance and applicability. Addressing these challenges will require a reconceptualization of the design principles of organoids. One of the biggest hurdles for clinical translation is the fact that growth environments of organoids are ill-defined, which leads to high variability of the resulting organoid phenotypes. Indeed, relying only on cell-intrinsic self-organization leaves little experimental scope for external control of cell fate and morphogenesis. Therefore, environments need to be designed that not only support stem cell maintenance but also allow precise spatiotemporal modulation of bioactive cues to guide organoid growth. For example, hydrogel chemistries and organ-on-a-chip technology can be applied and combined to better mimic the stem cell niche, not only in terms of delivery and presentation of in vivo-based biochemical cues but also by integrating biophysical and topological parameters often absent in traditional culture systems.

At a more fundamental level, genetically engineering the behaviour of cells can increase the functional relevance of organoids, for example, by tailoring responses to specific experimental stimuli or by driving differentiation of rare cell types. Genetically engineered (inducible) promotion of cell differentiation may indeed bypass the lengthy intrinsic differentiation timescales observed in vivo. The integration of organism-level parameters into organoid cultures remains rather underexplored. In vivo, tissues respond to and co-develop in the presence of fluid flow, forces and strains, and, in the context of crosstalk and interplay, with other tissues and organs. Integrating such system-level parameters will help increase the physiological relevance of organoids and enable long-term studies in vitro. In addition, accurate, high-throughput functional readouts are as important as optimization of the organoid culture per se. The precise characterization of organoids is needed at the functional level, otherwise, the multitude of subtle cellular responses, which often do not have an immediate morphological effect in organoids, will be missed, precluding clinical relevance. Therefore, the application of bioengineering strategies to traditional organoid culture protocols will usher in a new era of organoid development and facilitate their translation to real-life applications, fulfilling the many still unmet promises of the organoid field.

The question of the level of complexity remains, that is, how simplistic is complex enough. An appropriate model system needs to be chosen for a given application, keeping in mind that complexity is often increased at the expense of experimental control and throughput. Organoids resemble more physiological details than traditional 2D cell cultures, but are inferior to animal models in terms of system-level processes. Although organoids can be made more robust and more physiologically relevant by using engineering approaches, they will probably never be as robust and reproducible

as cell-line-based models, nor will they be able to fully reproduce the complexity of animal models. Therefore, to be able to choose appropriate models, a set of organoids with varying levels of complexity is required. The desired level of complexity should correlate with the scale of the process that needs to be modelled. For example, the study of cellular processes and homogeneous tissue does not require sophisticated organoids; by contrast, studies of stem cell self-organization, brain development or microorganism infections require complex organoids that enable precise experimental control. The cellular complexity of organoids can be increased by incorporating immune or mesenchymal cells to model organs and associated diseases more accurately. The organoid field enjoys tremendous popularity among researchers of various backgrounds and, thus, a variety of protocols are being developed with a tendency towards more complex systems tailored for a specific application. This wealth of novel protocols may, ultimately, lead to superior organoids; however, standardization will be challenging. Therefore, guidelines, quality measures and validation procedures need to be defined for individual organoid systems.

In this Review, we mainly discussed challenges of organoid systems as in vitro models for fundamental research and for applications in drug development. However, organoids are also promising platforms for tissue engineering, which requires the construction of large-scale tissues and organs in vitro for subsequent transplantation to replace damaged or diseased organs. Organoid systems do not yet meet the requirements of engineered tissues, because artificially produced organs must be free of animal components (thus, Matrigel cannot be used), completely safe (no risk of tumorigenicity) and grown on a scale of centimetres to decimetres, with a microscopically and macroscopically controlled architecture. In addition, engineered tissues must exhibit physiologically relevant levels of tissue function. Bottom-up assembly approaches enable the precise control of cell deposition inside a growth-promoting matrix. Indeed, organoids and cellular spheroids have been used as building blocks for large-scale in vitro tissue engineering^{206,207}; however, the precise manipulation of single spheroids and organoids has only recently been achieved by using bioprinting technologies²⁰ and microchamber-based approaches²¹⁰, for example, to grow high-density cardiac microtissues through the fusion of cardiomyocyte-containing and cardiacfibroblast-containing spheroids^{208,210}, or osteogenic tissue through the fusion of mesenchymal and endothelial spheroids²⁰⁹. To avoid the printing of overly complex 3D structures with preformed patterns, we recently pursued a complementary approach by printing stem cells with organoid-forming capacity to form centimetre-scale multi-organ structures with organoid-like microscale self-organization²¹¹. Bioprinting of organoids and organoid-forming cells is still in its infancy; however, it may open up the door for using organoids in tissue engineering, enabling the formation of functional organs and large-scale growth of artificial tissues.

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Author contributions

M.H. researched data for the article, made substantial contributions to discussions of the content and wrote the article. M.P.L. reviewed and edited the manuscript before submission.

Competing interests

The authors declare no competing interests

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