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Bidirectional Associations Between Alcohol Use and Intimate Partner Violence and Sexual Assault Victimization among College Women

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Abstract

Whereas some prior studies have explored whether alcohol increases the risk for victimization and/or whether distress resulting from victimization increases the risk for alcohol use, few studies have simultaneously tested these bidirectional hypotheses among a high-risk sample (i.e., undergraduate women), while including both sexual assault (SA) and intimate partner violence (IPV) victimization, and while exploring potential moderating effects of PTSD symptoms on these paths. Among 631 college women, the present study tested these bidirectional associations using cross-lagged panel models across two measurement periods (i.e., Time 1 [T1] and Time 2 [T2], six months later). Results suggested that T1 alcohol use increased risk for T2 SA (but not T2 IPV victimization), and PTSD symptoms moderated this association; at lower levels of PTSD symptoms, there were no significant associations between alcohol use and subsequent SA victimization, whereas at higher levels of PTSD symptoms, alcohol use predicted subsequent SA victimization. By contrast, the opposite directional hypothesis was not supported; neither T1 lifetime SA nor IPV were associated with T2 drinking, regardless of the level of their PTSD symptoms. Prevention and intervention efforts should simultaneously address risk factors for alcohol use and victimization using trauma-informed practices.

Keywords

intimate partner violence; unwanted sexual experiences; drinking; alcohol; PTSD; university students

1. Introduction

Sexual assault (SA) and intimate partner violence (IPV) are common among college women (Edwards et al., 2015; Fedina et al., 2018). College students are more likely to use alcohol than their same-age peers (Johnston et al., 2016), and both SA and IPV are associated with increased alcohol use (Dworkin et al., 2017; Shorey et al., 2011). However, it is unclear whether this is because alcohol use is associated with increased victimization risk, alcohol use increases following victimization (Shorey et al., 2011), or both (i.e., bidirectional associations), and whether these associations vary by the level of trauma-related distress (i.e., PTSD symptoms). Understanding the directionality of these associations could aid in developing violence prevention education and trauma-informed treatment. Thus, this study's purpose was to test these two models within a prospective (cross-lagged panel) design among undergraduate women, a population at risk for SA, IPV, and heavy alcohol use.

1.1 Alcohol Use as a Risk Factor for Victimization

Perpetrators are always responsible for acts of SA or IPV. However, alcohol use may be associated with increased victimization risk via several mechanisms. First, college women who drink more frequently or heavily are often in settings (e.g., bars, parties), where they may be more likely to encounter perpetrators, consistent with routine activities theory (Gilbert et al., 2018; Mustaine & Tewksbury, 2002; Testa & Livingston, 2009). Perpetrators may also be drinking, which increases their disinhibited behavior, aggressiveness, or discounting cues of partner disinterest (consistent with theories of alcohol myopia, Steele &

Josephs, 1990, and proximal effects of IPV, Crane et al., 2015). In addition, perpetrators may target intoxicated women who either cannot resist or are unable to consent (Kilpatrick et al., 2007; Testa et al., 2003). Lastly, alcohol use may impair risk perception (Cattaneo et al., 2007; Testa et al., 2003) via physiological effects on cognitive processes (e.g., decision-making, reaction time). Such impacts may thwart successful verbal or physical resistance to perpetrators (Macy et al., 2007).

1.2 Alcohol Use as a Consequence of Victimization

Another potential hypothesis is that victimization leads to increased alcohol use. Longitudinal studies (e.g., Shorey et al., 2011) and a meta-analysis (Dworkin et al., 2017) have found associations between victimization and alcohol use. The self-medication hypothesis (Khantzian, 1997) posits that alcohol use may represent an avoidant coping strategy wherein the survivor drinks to distract from psychological symptoms (Fossos et al., 2011; Kaysen et al., 2007; Khantzian, 1997; Parks et al., 2008; Parks et al., 2014; Ullman et al., 2013). Longitudinal studies with female undergraduates have indicated that SA (Lindgren et al., 2012) and IPV (Øverup et al., 2015) were related to more subsequent alcohol-related problems, associations mediated by coping drinking motives.

1.3 Bidirectional Associations

Some studies have simultaneously assessed bidirectional associations between alcohol use and victimization. Three studies have indicated that drinking was a predictor of sexual victimization (Gidycz et al., 2007; Mouilso et al., 2012; Testa, VanZile-Tamsen, & Livingston, 2007), but not that drinking increased following sexual victimization (Gidycz et al., 2007; Mouilso et al., 2012; Testa, Livingston, & Hoffman, 2007). None of these studies examined IPV victimization. Several studies found support for bidirectional associations between alcohol use and incapacitated SA in college and community women (Bryan et al. 2016; Norris et al., 2019).

With respect to alcohol use, a meta-analysis of longitudinal studies among adolescent and adult women showed positive bidirectional effects between IPV and alcohol use (Devries et al., 2014). However, fewer studies have focused on college samples. Shorey and colleagues (2016) found that college women reported higher rates of physical, sexual, and psychological IPV victimization on drinking (vs. nondrinking) days. By contrast, Parks and colleagues (2008) found that drinking increased the day after verbal, but not sexual or physical aggression, and Gomez and colleagues (2019) found no significant association between day-level drinking and IPV victimization among a sample of community college women. In a 5-year longitudinal study of 989 college women, Parks et al. (2014) found that severe sexual (but not physical) victimization was related to increased drinking. The literature in this area has varied widely in terms of assessment of type of abuse (physical, sexual, psychological victimization), measurement of drinking (frequency, quantity, alcohol-related problems, coping motives), and population (college students, women, adults), likely contributing to variation in results.

1.4 Moderating Effects of PTSD Symptoms

PTSD may moderate associations between alcohol use and later IPV and SA. Prior research suggests that women with PTSD are at higher risk of victimization (Messman-Moore et al., 2009). This may be because PTSD is associated with chronic hyperarousal (e.g., exaggerated startle), which may lead to difficulties differentiating among threatening stimuli (Yehuda & LeDoux, 2007), and/or chronic hyperarousal (e.g., numbing, resulting in greater immobility in response to threat (Lanius et al., 2017). Similarly, alcohol use may attenuate risk recognition and ability to assertively respond, due to cognitive effects of alcohol on information processing and impaired motor functioning and consciousness (Cattaneo et al., 2007; Macy et al., 2007). This is important because assertive resistance is associated with less completed rape (Brecklin & Ullman, 2005). The effects of alcohol use and PTSD on victimization may therefore be synergistic, leading to difficulties in women's ability to resist perpetrators using assertive responses (e.g., fight back, yell) known to be associated with reduced risk for completed rape (Dardis et al., 2018). In addition, alcohol use may influence PTSD symptoms, as prior research suggests that alcohol may initially decrease symptoms through emotional blunting/negative reinforcement, but maintain or exacerbate symptoms over time through avoidance and rebound distress (Stewart, 1996). Alcohol use or PTSD severity alone may increase risk victimization risk, but their combination may be especially potent.

Second, when considering the directional association between victimization and future alcohol use, PTSD symptoms and alcohol use are often comorbid in trauma survivors (e.g., Debell et al., 2014; Pietrzak et al., 2011), especially survivors of violence (e.g., Najdowski & Ullman, 2009; Ullman & Filipas, 2001). Among young adults, presence of PTSD symptoms, not trauma exposure itself, has been associated with greater risk for subsequent alcohol consequences (Read et al., 2012). Further, Kaysen et al. (2014) found that, among a community sample of SA survivors, daily increases in PTSD symptoms were associated with increased risk of same-day drinking. To our knowledge, prior studies with college women have not tested PTSD symptoms as moderators of the associations between IPV victimization and alcohol use. As noted above, the self-medication hypothesis has been used to explain this association, using mediation models. However, some studies of community or college women have found a main effect of SA on alcohol use (Bryan et al. 2016; Norris et al., 2019; Ullman, 2016), while others have not in college women (Gidycz et al., 2007; Mouilso et al, 2012; Testa et al., 2007), even in a longitudinal study controlling for initial alcohol use (Blayney et al., 2016). This may be because heavy alcohol use is normative and relatively stable for many college women (McCauley et al., 2010; Mohler-Kuo et al., 2004). One possibility may be that victimization leads to increases in alcohol-related behaviors *only* in the context of greater PTSD, as lower PTSD symptoms do not overwhelm one's capacity to cope (i.e., PTSD symptoms may moderate associations between victimization and alcohol use). In sum, PTSD symptoms may moderate either pathway, such that heavy alcohol use combined with high PTSD symptoms leads to increased future victimization, or victimization and high PTSD symptoms lead to heightened alcohol use.

1.5 The Current Study

The present study tests directional associations among alcohol use, IPV, and SA victimization and moderated associations by PTSD in college women across two timepoints within a cross-lagged panel design. We hypothesized that heavier alcohol use at Time 1 (T1) would be associated with increased risk for SA and IPV victimization at Time 2 (T2), six months later (Hypothesis 1; H1). Likewise, we hypothesized that T1 SA victimization and/or IPV would each be related to increased T2 alcohol use at 6-month follow-up (H2). Prior research on PTSD as a moderator did not lead to clear *a priori* hypotheses for either SA or IPV, so we tested whether PTSD symptoms moderated associations between (a) T1 alcohol use predicting T2 SA or IPV victimization (Research Question #1 and #2; RQ1 and RQ2, respectively), or (b) T1 SA or IPV victimization predicting T2 alcohol use (RQ3 and RQ4, respectively).

2. Method

2.1 Procedures

This is a secondary analysis of data from a larger intervention trial of an intervention aiming to improve social reactions to disclosure of SA/IPV (Edwards et al., 2020), which took place at a medium-size public university in the northeastern United States. The study was approved by the university's IRB committee. The university's Dean of students sent emails to randomly selected, full-time undergraduate students with study information and a direct link to an online (Qualtrics) 20-minute survey. We also provided study information by emailing professors with classes of 60+ students, visiting classrooms, and posting fliers. Overall, 1,831 students started the survey, of which 1,268 qualified, consented, and completed T1. Participants were randomized to the 2-session intervention group or control (waitlist) group; with a T2 6-month follow-up survey. Participants received \$15 and \$25 gift cards T1 and T2 surveys.

2.2 Participants

Of the 1,268 baseline participants, 889 participants (70.1%) completed the T2 survey. Among these, we selected women participants (71.0%; $N=631$). There were no significant differences in attrition for demographic variables (i.e., age, sexual orientation, year in college, race/ethnicity) nor by T1 focal constructs of interest. Sample demographics are shown in Table 1. Overall, participants were young, predominantly White Non-Hispanic, and heterosexual.

2.3 Measures

2.3.1 SA victimization—At T1, participants were asked if they ever experienced unwanted sexual contact or intercourse (0=no, 1=yes), with two questions: “In your lifetime, have you had sexual contact with someone when you didn't want to?” and “In your lifetime, have you had sexual intercourse with someone when you didn't want to?” (Banyard et al., 2007; Ward et al., 1991) after receiving a definition of unwanted behavior (i.e., “situations where you were certain at the time that you did not want to engage in the sexual experience and you either communicated in some way (e.g., you said no; you protested; you said you

didn't want to; you physically struggled; you cried) or you were intimidated or forced by someone or you were incapacitated (e.g., drunk, passed out)". At T2, participants received questions about the previous 6 months. At both T1 and T2, responses were coded 0 if they said no to the two items and 1 if they said yes to either item.

2.3.2 IPV victimization—At T1, participants responded to four questions from the Revised Conflict Tactics scale Short Form (Straus & Douglas, 2004) asking about lifetime verbal/psychological or physical IPV (0=*no*, 1=*yes*) from a partner, including, "insulted or swore or shouted or yelled at me," "punched or kicked or beat me up," and "pushed, shoved, or slapped me." At T2, participants were asked the same questions about the previous 6 months and were coded as 0 if they said no to all items and 1 if they said yes to any item.

2.3.3 Posttraumatic stress symptoms—At T1, participants responded to the PTSD Checklist for DSM-5 (Weathers et al., 2013). Those reporting lifetime SA or IPV answered questions about the most traumatic, emotional, intense lifetime SA or IPV experience. In order to have a measurable baseline for participants who might later experience IPV or SA, those who reported no lifetime T1 victimization answered the questions in reference to the "most traumatic or stressful lifetime event" (e.g., death/loss, surgery, life-threatening event to yourself or someone else, other similar intense event"). Twenty items such as "How much were you bothered by repeated, disturbing, and unwanted memories of the stressful experience?" were asked about the past month with responses ranging from 0=*not at all* to 4=*extremely*. Final score of 20 items was a sum of items (range=0–80; $\alpha=.95$). Probable PTSD cutoff corresponds to a score of 33 (Bovin et al., 2015).

2.3.4 Alcohol use—At both timepoints, participants were asked, "In the past 30 days, have you ever, even just one time, consumed any kind of alcoholic beverage?" Response options were 0=*no* and 1=*yes*. Participants responding *yes* received several alcohol measures, including the Daily Drinking Questionnaire (Collins et al., 1985), which assesses average number of drinks for each day of a typical week in the past 30 days. Responses were summed for a total weekly drinks score.

2.4 Statistical Analysis

Cross-lagged analyses (Figure 1) tested the competing hypotheses that (a) T1 alcohol use predicted T2 victimization and (b) T1 victimization (SA or IPV) predicted T2 alcohol use. Within a cross-lagged panel model, the autoregressive associations (i.e., T1 to T2 association of the same variable), are controlled. The model was run using structural equation modeling in R, with the *lavaan* package, (v3.6, Rosseel, 2012) and full information maximum likelihood estimation. Intervention condition was a covariate. Finally, moderation was tested for the cross-lagged paths with interactions of T1 PTSD with each predictor individually. For significant interactions, we probed simple slopes at lower (1 *SD* below), average (mean), and higher (1 *SD* above) levels of PTSD symptoms.

3. Results

3.1 Descriptive Statistics

At T1, 39.9% ($n=252$) reported lifetime SA victimization, including 38.8% ($n=238$) who reported unwanted sexual contact and 25.0% ($n=154$) who reported unwanted sexual intercourse. Additionally, at T1, 37.2% ($n=235$) of women reported lifetime IPV, including 37.0% ($n=231$) women who experienced psychological/verbal IPV and 9.6% ($n=60$) who experienced physical IPV. At T2, 10.8% ($n=68$) of women reported SA victimization, including 9.9% ($n=62$) who reported unwanted sexual contact and 5.2% ($n=32$) who reported unwanted sexual intercourse. Also, at T2, 15.5% ($n=98$) reported IPV victimization within the past 6 months; this included 9.6% ($n=60$) women who experienced psychological/verbal IPV and 2.6% ($n=16$) women who experienced physical IPV (see bivariate associations in Table 2). Cross-sectionally and prospectively, T1 SA or IPV were associated with higher T1 and T2 weekly drinking.

3.2 Cross-Lagged Panel Model (H1 and H2)

The hypothesis that alcohol would be significantly associated with future victimization (H1) was partially supported (Figure 2); higher average weekly drinks were related to increased risk of T2 SA ($\beta=.11$, $p=.006$). However, the path from T1 drinks per week to IPV was nonsignificant ($\beta=.04$, $p=.327$). The hypothesis that victimization predicts alcohol use (H2) was not supported for lifetime T1 IPV ($\beta=.02$, $p=.457$) or T1 SA ($\beta=-.02$, $p=.442$). Intervention condition was not associated with changes in any T2 outcomes ($p's>.05$). The model fit the data well, $\chi^2(8)=9.43$, $p=.307$, CFI=.998, RMSEA=.017 [90% CI=<0.001-.051, $p=.940$].

3.3 Moderation Model (RQ1-RQ4)

Relevant to RQ1, PTSD symptomatology moderated the effects of T1 drinks per week on T2 SA ($\beta=.10$, $p=.013$). This model fit the data well (see Table 3). At lower levels of PTSD, the association between T1 weekly drinking and T2 SA victimization was nonsignificant ($\beta=.002$, $p=.964$). At mean levels of PTSD, ($\beta=.10$, $p=.015$) and higher levels of PTSD (1 SD above the mean; $\beta=.19$, $p<.001$), there was a positive association between T1 weekly drinking and T2 SA. In the presence of this interaction, the main effect of PTSD on T2 SA was marginal ($\beta=.08$, $p=.056$). There was also no main effect of PTSD on T2 IPV ($\beta=.05$, $p=.180$) or T2 drinks per week ($\beta=.03$, $p=.371$). By contrast, PTSD did not moderate the association between alcohol use and T2 IPV (RQ#2; $\beta=-.02$, $p=.672$). The main effects of PTSD on T2 IPV ($\beta=.05$, $p=.173$), and T2 drinks per week ($\beta=.03$, $p=.371$) were nonsignificant. However, there was a significant main effect of PTSD on T2 SA ($\beta=.08$, $p=.040$).

Finally, assessing RQ3 and RQ4, neither moderation model fit the data well, and moderation by PTSD symptomatology was not supported for either the path from T1 SA to T2 weekly drinks ($\beta=-.005$, $p=.904$, RQ3) or for the path from T1 IPV to T2 weekly drinks ($\beta=.01$, $p=.776$; RQ4). Intervention condition was not associated with changes in any of the T2 outcome variables across the four moderation analyses ($p's>.05$).¹

4. Discussion

The purpose of this study was to examine bidirectional associations between SA and IPV victimization and alcohol use among college women, and to test whether PTSD symptoms moderated these associations. Results partially supported H1, that alcohol use is associated with subsequent victimization, and generally supported the hypothesis that PTSD moderates the association between T1 alcohol use and T2 SA, but not IPV. The opposite directional (self-medication) hypothesis was not supported. The association between T1 alcohol use and T2 SA found in the present study is consistent with prior longitudinal research among college women (Gidycz et al., 2007; Mouilso et al., 2012). The present study extends this literature by including both SA and IPV, and assessing moderation by PTSD symptoms.

The finding that alcohol use was associated with increased risk for future SA, especially among those with higher PTSD symptoms, suggests a complex intersection among these risk factors. It is possible that alcohol use and PTSD symptoms increase victimization risk in a synergistic fashion: alcohol use may affect information processing and motor functioning (Cattaneo et al., 2007; Macy et al., 2007), while PTSD symptoms may interfere with risk recognition and utilization of resistance strategies (Ullman et al., 2009). Because this study did not assess alcohol use in the context of victimization events, this could not be directly tested. Additional research using diary designs should explore daily associations between alcohol use, PTSD symptoms, and victimization risk. It is important to note that alcohol being related to victimization risk does not mean that alcohol per se is the cause of victimization; a woman may drink heavily in her home alone and not be victimized as no one is there to attack her. Indeed, alcohol may be a proxy for being in high-risk contexts (e.g., fraternity parties, bars) where women may be targeted. The confluence of high-risk situations, motivated perpetrators, and vulnerable targets likely increases risk for victimization (Mustaine & Tewksbury, 2002).

Notably, alcohol use was not associated with increased risk for IPV victimization. Although this contradicts previous research (Shorey et al., 2011), it is possible that these variables were unrelated because of our limited IPV assessment. Some prior research found that alcohol use was associated with verbal, but not physical, IPV (Parks et al., 2008); these could not be separated due to their overlap and the small individual sample sizes for each, but this should be assessed in future studies. In addition, other factors, such as proximal alcohol use by the victim (Shorey et al., 2016) or the perpetrator (Moore et al., 2011; Shorey et al., 2014) may better explain women's risk for IPV.

By contrast, IPV and SA victimization did not predict increases in alcohol use over time. This contradicts some prior research, which found that sexual assault and incapacitated SA in particular are associated with subsequent increases alcohol use and consequences (Bryan

¹Models were also tested using the peak number of drinks per week in the past month (Dimeff et al., 1999) and the number of heavy drinking episodes (defined as the number of times they had 5+ drinks in a two-hour period over the past month). Inconsistent with the model for weekly drinks, there were no main effects of either T1 peak drinks or heavy drinking episodes on T2 SA. However, consistent with the model for weekly drinks, PTSD symptomatology significantly moderated the effects of T1 heavy drinking episodes ($p < .001$) and peak drinks ($p = .046$) on T2 SA (but not IPV), such that the association was significant only at high levels of PTSD symptoms (RQ#1). There were no significant results in the opposite direction, as neither T1 SA nor IPV predicted T2 peak drinks or heavy drinking episodes, and PTSD symptomatology did not moderate these associations (p 's $> .05$).

et al., 2016; Norris et al., 2019). One potential explanation is that this association is specific to incapacitated rape, or that the lifetime timeframe of T1 SA/IPV was not sufficiently proximal to detect effects on subsequent drinking. Our broad measure of SA victimization included two lifetime items that could encompass child, adolescent, or adult experiences of completed rape and sexual coercion. The heterogeneity in time since victimization or victimization severity may dilute effects on recent distress and drinking. Future studies should explore alcohol consequences or coping motives. Whereas some studies have found support for mediating effects of drinking to cope (e.g., Fossos et al., 2011), Hawn and colleagues (2020) emphasize the importance of future research efforts exploring PTSD-specific drinking motives (e.g., drinking to alleviate hyperarousal, re-experiencing symptoms) rather than general coping motives.

There are some limitations to the present study, which was a secondary analysis of data from a randomized clinical trial of an intervention to improve college students' responses to sexual assault disclosures (Authors, 2020). First, while the cross-lagged design permitted assessment across two timepoints, our measure of T2 alcohol use relates only to past-month alcohol use; therefore, we are unable to examine alcohol use across the entire interim. Future studies might incorporate diary designs to explore more proximal associations, or longer follow-up periods to examine longer-term effects. Including more than two assessments would strengthen confidence in results and permit testing of mediation. Second, this sample was largely demographically homogeneous, and results may not generalize to more diverse samples. Next, although alcohol use was assessed over the past month at T1, victimization was assessed over participants' lifetimes, which may explain the support found for the risk hypothesis (both assessment periods are more proximal/recent) but not the self-medication hypothesis (as T1 victimization could have been recent or more distal). There may be other important mediators or moderators of these associations including PTSD-specific or tension-reduction motives (Ullman et al., 2005).

Additional limitations include limited 2-item screening questions which may not have fully captured SA and IPV experiences. Further, effects of IPV in this study may be underestimated given that only 69% of students were in intimate partnerships in the past 6 months at T2, and therefore could not have experienced T2 IPV. PTSD assessment also differed across participants. Those who reported victimization experiences were asked to anchor their PTSD symptoms to their victimization, but those without SA/IPV had their symptoms anchored to their most traumatic or stressful event. Thus, for those without IPV/SA, events may not meet the Criterion A trauma definition in DSM-5 (APA, 2013). Under such circumstances, this measure more accurately assesses stress/anxiety-related symptoms rather than PTSD. Finally, there was no data on childhood trauma available in this study, so future research is needed to assess and control for the role of this factor in both later victimization, PTSD, and drinking.

Despite these limitations, there are several implications from the present study. First, the finding that alcohol use increases risk for future SA victimization suggests the importance of addressing alcohol use in college students, including in the context of sexual violence prevention programs targeting both potential perpetrators and victims. For example, Gilmore et al. (2018) evaluated a combined alcohol use and sexual assault risk reduction program and

found that the sexual assault risk reduction content reduced alcohol-induced blackouts and incapacitation, and a combined alcohol use and sexual assault risk reduction program reduced alcohol-induced blackouts only. In addition, the finding that alcohol use is especially associated with increased risk when PTSD symptoms are more severe suggests the need to address PTSD symptoms among college students. The finding that alcohol use is associated with future SA victimization risk (especially among those with higher PTSD symptoms) should not be seen as evidence for victims' responsibility for assaults. Instead, our findings suggest that addressing both PTSD and alcohol use among college students as a whole, may reduce victimization risk.

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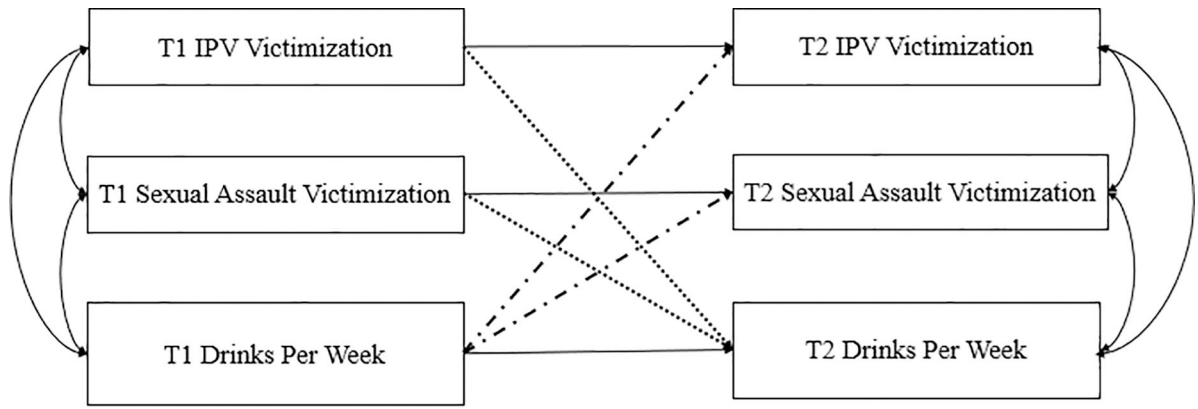
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Highlights

- Tests two theories of associations between alcohol use and victimization
- T1 alcohol use increased risk for T2 sexual assault, not intimate partner violence
- PTSD symptoms moderated this association; at higher levels, association was stronger
- The self-medication hypothesis was not supported



Potential for reciprocal effects:

..... Victimization predicts increases in alcohol use

- - - - - Alcohol use predicts future victimization or revictimization

Figure 1.
Hypothesized Cross-Lagged Model
Note: T1=Time 1; T2=Time 2.

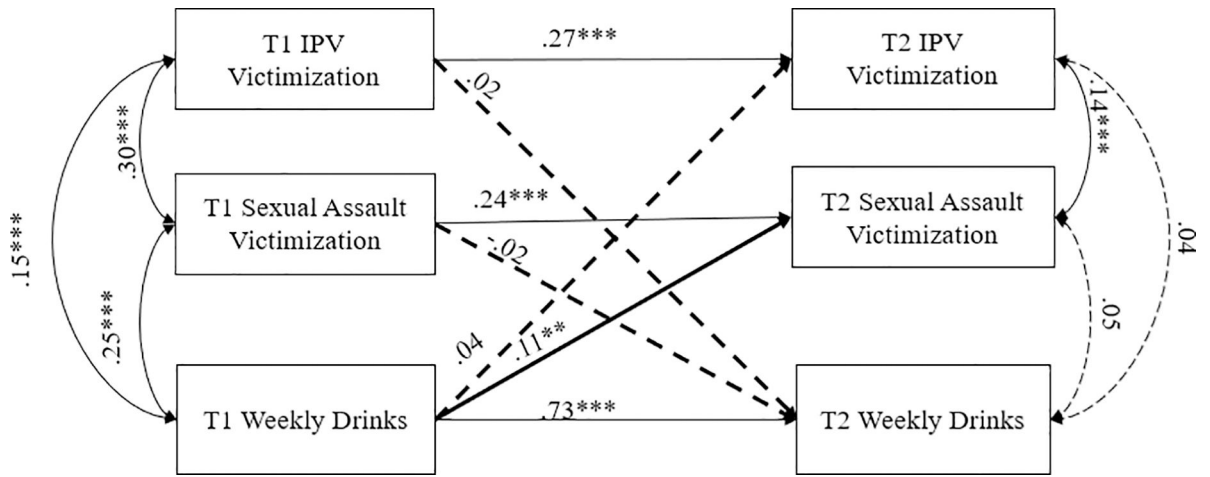


Figure 2.

Cross-Lagged Model for Drinks Per Week Variable

Notes. IPV = intimate partner violence; T1=Time 1; T2=Time 2. *** $p < .001$, ** $p < .01$, * $p < .05$, $\pm p < .10$. Dotted lines represent nonsignificant paths; paths of interest are bolded.

Table 1

Demographics (N=631)

Variable	<i>n</i>	<i>M (SD)/%</i>
Age	631	19.48 (1.16)
Year in College		
First	173	27.4%
Second	180	28.5%
Third	146	23.1%
4 th and beyond	132	20.9%
Race/Ethnicity		
White	568	90.4%
Asian/Asian American	29	4.6%
Black/African American	8	1.3%
American Indian or Alaska Native	2	0.3%
Multiracial	21	3.3%
Hispanic/Latino	33	5.2%
Sexual Orientation		
Heterosexual/Straight	549	87.0%
Bisexual	42	6.7%
Not sure	13	2.1%
Pansexual	10	1.6%
Lesbian	7	1.1%
Asexual	6	1.0%
Other (e.g., demisexual)	2	0.3%
Decline to answer	2	0.3%
T2: Whether Dated or in Relationship in Past 6 Months		
Yes	433	68.6%
No	198	31.4%

Table 2

Descriptive Statistics and Bivariate Associations among Constructs of Interest

Variable	%/N or M (SD)	2	3	4	5	6	7
1. T1 SA	39.9% (252)	.31 ^{****}	.26 ^{****}	.19 ^{****}	.27 [*]	.09 ^{****}	.17 ^{****}
2. T1 IPV	37.2% (235)	--	.14 ^{****}	.11 ^{**}	.12 ^{**}	.28 ^{****}	.13 ^{**}
3. T1 Drinks per Week	6.46 (6.84)	--	--	.08 [*]	.18 ^{****}	.08 [*]	.74 ^{****}
4. T1 PTSD Symptoms	14.76 (15.44)	--	--	--	.13 ^{**}	.08 [*]	.08 [*]
5. T2 SA	10.8% (68)	--	--	--	--	.16 ^{****}	.16 ^{****}
6. T2 IPV	15.5% (98)	--	--	--	--	--	.08 [*]
7. T2 Drinks per Week	6.76 (7.06)	--	--	--	--	--	--

Notes. IPV=Intimate Partner Violence; PTSD=Posttraumatic Stress Disorder. SA and IPV are dichotomous variables; correlations with these variables are point biserial, whereas remaining correlations are Pearson correlations.

T1=Time 1. T2=Time 2.

* $p < .05$.

** $p < .01$.

*** $p < .001$.

Table 3.

Moderated and Main Effects (RQ #1–4)

	Moderation Path Tested							
	T1 Alcohol → T2 SA (RQ#1)	T1 Alcohol → T2 IPV (RQ#2)	SA → T2 Alcohol (RQ #3)	IPV → T2 Alcohol (RQ #4)	β	β	β	p
Model Statistics	$\chi^2(16)=26.53, p=.047, CFI=.986, RMSEA=.032$ (90% CI [.004, .054], $p=.908$)	$\chi^2(16)=32.48, p=.009, CFI=.978, RMSEA=.041$ (90% CI [.020, .061], $p=.759$)	$\chi^2(16)=448.26, p<.001, CFI=.627, RMSEA=.209$ (90% CI [.193, .226], $p<.001$)	$\chi^2(16)=363.79, p<.001, CFI=.674, RMSEA=.187$ (90% CI [.170, .204], $p<.001$)				
Moderation Effect (with PTSD)	.10	-.02	-.005	.01			.776	
Main Effect: PTSD → T2 SA	.08	.08	.08	.08			.039	
Main Effect: PTSD → T2 IPV	.05	.180	.04	.05			.245	
Main Effect: PTSD → T2 Alcohol	.03	.371	.04	.02			.522	

Bolded results are significant at $p < .05$; italicized results are marginally significant at $p < .10$.