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### **Tumor contact with prostate capsule on magnetic resonance imaging: A potential biomarker for staging and prognosis**

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#### **Abstract**

**Background:** The high-spatial resolution of multiparametric magnetic resonance imaging (mpMRI) has improved the detection of clinically significant prostate cancer. mpMRI characteristics (extraprostatic extension [EPE], number of lesions, etc.) may predict final pathological findings (positive lymph node [pLN] and pathological ECE [pECE]) and biochemical recurrence (BCR). Tumor contact length (TCL) on MRI, defined as the length of a lesion in contact with the prostatic capsule, is a novel marker with promising early results. We aimed to evaluate TCL as a predictor of +pathological EPE (+pEPE), +pathological LN (+pLN), and BCR in patients undergoing robotic-assisted laparoscopic radical prostatectomy.

**Materials and methods:** A review was performed of a prospectively maintained singleinstitution database of men with prostate cancer who underwent prostate mpMRI followed by robotic-assisted laparoscopic radical prostatectomy without prior therapy from 2007 to 2015. TCL was measured using T2-weighted magnetic resonance images. Logistic and Cox regression analysis were used to assess associations of clinical, imaging, and histopathological variables with pEPE, pLN, and BCR. Receiver operating characteristic curves were used to characterize and compare TCL performance with Partin tables.

**Results:** There were 87/379 (23.0%) +pEPE, 18/384 (4.7%) +pLN, and 33/371 (8.9%) BCR patients. Patients with adverse pathology/oncologic outcomes had longer TCL compared to those without adverse outcomes (+pEPE: 19.8 vs. 10.1 mm,  $P < 0.0001$ , +pLN: 38.0 vs. 11.7 mm,  $P <$ 0.0001, and BCR: 19.2 vs. 11.2 mm,  $P = 0.001$ ). On multivariate analysis, TCL remained a predictor of +pEPE (odds ratio: 1.04,  $P = 0.001$ ), +pLN (odds ratio: 1.07,  $P < 0.0001$ ), and BCR

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(hazard ratio: 1.03,  $P = 0.02$ ). TCL thresholds for predicting +pEPE and +pLN were 12.5 and 19.7 mm, respectively. TCL alone was found to have good predictive ability for +pEPE and +PLN (pEPE: TCL<sub>AUC</sub>: 0.71 vs. Partin<sub>AUC</sub>: 0.66,  $P = 0.21$ ; pLN:TCL<sub>AUC</sub>: 0.77 vs. Partin<sub>AUC</sub>: 0.88,  $P =$ 0.04).

**Conclusion:** We demonstrate that TCL is an independent predictor of +pEPE, +pLN, and BCR. If validated, this imaging biomarker may facilitate and inform patient counseling and decisionmaking.

#### **Keywords**

Biomarker; Capsule; Magnetic resonance imaging; Lymph node; Prostatic neoplasms

#### **1. Introduction**

Prostate cancer (PCa) remains the second leading cause of cancer-related deaths in men in the United States [1]. Accurate staging of PCa dictates treatment decisions and is one indication for multiparametric magnetic resonance imaging (mpMRI) [2–4]. Local staging of PCa includes assessment of extraprostatic extension (EPE), seminal vesicle involvement, and lymph node (LN) involvement, all of which guide planning of curative therapies. Current mpMRI parameters used to detect and predict final pathological EPE (pEPE), pathological LN (pLN) status, and local and biochemical recurrence (BCR) are mostly qualitative with high interreader variability owing to strong interpreter dependency and experience [5–7].

Objective mpMRI parameters with low interreader variation may predict disease outcomes. MRI-determined tumor contact length (TCL) with the prostatic capsule is an objective mpMRI-derived variable and is emerging as a stronger predictor of +pEPE [8,9]. Currently, MRI criteria to identify EPE are dependent on subjective reader visualization of the mechanical effects of macroscopic EPE, which is a relatively late development. By the time capsular bulging, periprostatic fatty tissue invasion, rectoprostatic angle obliteration, and neurovascular bundle asymmetry or involvement observed, cancer spread is likely beyond occult microscopic EPE [9]. Similarly, pretreatment evaluation of patients for LN involvement and BCR risk is limited. Lymph node evaluation is routinely dependent on size criteria on conventional computed tomography/magnetic resonance imaging (CT/MRI) [10]. Size criteria, though objective, have limited predictive value for small-to-normal-sized LNs [11]. Clinical variable–based nomograms [12–14] to predict LN staging and BCR were developed during the pre-mpMRI era, and therefore do not include novel imaging information. In this study, we aim to evaluate the association of TCL with pEPE, pLN, and BCR.

#### **2. Methods**

#### **2.1. Patient selection**

Patients were enrolled under an institutional review board–approved prospective trial [\(NCT00102544](https://clinicaltrials.gov/ct2/show/NCT00102544)) at the National Cancer Institute from May 2007 to December 2015. A total of 428 patients, diagnosed with PCa, underwent robotic-assisted laparoscopic radical

prostatectomy (RALRP). Of these, 44 patients (8, no mpMRI; 10, pre-RALRP treatment; 24, limited mpMRI [due to hip prosthesis or motion-related artifacts]; and 2, no mpMRI lesions) were excluded from the study. For the pEPE analysis, 5 additional patients were excluded owing to inconclusive evidence of +pEPE. Patients, who received any adjuvant therapy after RALRP ( $n = 13$ ), were removed from the BCR analysis. Standard pelvic LN dissection involved the obturator and external iliac nodes only while extended dissection involved the obturator and iliac nodes to the aortic bifurcation.

#### **2.2. Imaging protocol**

Imaging was performed using a combination of an endorectal coil (BPX-30, Medrad) and a 16-channel cardiac surface coil (SENSE, Philips Healthcare) using a 3.0 T (Achieva, Philips Healthcare) scanner as previously described [15]. Sequences used for image interpretation comprised T1-weighted image, T2-weighted image, and diffusion-weighted image with apparent diffusion coefficient mapping, multivoxel 3D localized magnetic resonance spectroscopy, and axial 3D fast-field echodynamic contrast-enhanced MRI. Images were prospectively read by 2 experienced radiologists (B.T. and P.L.C. with prostate MRI experience of 8 and 16 years, respectively) to localize dominant prostate lesions. Suspicion for EPE on mpMRI was defined using conventional criteria of capsular obliteration, irregularity, bulging, neurovascular bundle asymmetry, or periprostatic fat extension. All included mpMRIs were reviewed to identify tumors in contact with the prostate capsule. TCL (mm) was measured (using axial T2-weighted image) by a research fellow under direct supervision of a radiologist dedicated to prostate MRI (B.T.) using the picture archiving and communication system freehand curved distance measurement tool (Fig. 1). In cases (6.2%, 24/384) where there was more than 1 lesion with capsular contact, the average of the TCLs was obtained. Lesions with no capsular contact were assigned a TCL of zero.

#### **2.3. Data collection**

Patient demographic, preoperative clinical, imaging, pathologic variables, and prostatespecific antigen (PSA) follow-up data were obtained from a prospectively maintained database built from institutional electronic records, referring physician, and outside medical records.

A single surgeon (>15-y experience) performed all RALRP procedures, and a single genitourinary pathologist (>25-y experience) reviewed all whole-mount pathology for variables such as EPE and LN status. Predicted probabilities of +pEPE and +pLN were obtained using online Partin tables [16]. Post-RALRP monitoring involved PSA testing at 1, 3, and 6 months, and yearly thereafter. BCR was defined as PSA > 0.2 ng/ml with a confirmatory value of  $> 0.2$  ng/ml, a single PSA  $> 0.4$  ng/ml, or receipt of salvage therapy per the guidelines of the American Urological Association of Localized Prostate Cancer Update Panel report [17].

#### **2.4. Statistical analysis**

Statistical analysis was performed using IBM SPSS (v21 Chicago, IL) and Stata version 13 (Statacorp, TX). Wilcoxon rank-sum test was used to compare differences in distribution of continuous variables, whereas the Fisher exact and Pearson Chi-square tests were used for

categorical variables. Logistic regression was used to determine predictors of +pLN and +pEPE, and Cox regression for prediction of BCR. Receiver operating characteristics (ROC) curves were used to compare the predictive ability of TCL and Partin tables for +pEPE and +pLN. The DeLong test was used to compare ROC curves. The Youden index was used to determine TCL thresholds maximizing sensitivity and specificity for each outcome. BCRfree survival (BCRFS) was estimated using Kaplan-Meier survival analysis, and log-rank test was used to compare survival between 2 groups defined by the median TCL length  $\left($  <12.2 mm vs.  $\right.$  12.2 mm) of cohort.

#### **3. Results**

A total of 415 lesions with capsular contact were identified in 384 patients with a median of 1.0 (range: 1–3) tumor per patient. Median TCL of the entire cohort was 12.2 (range: 0– 65.8) mm.

#### **3.1. pEPE analysis**

Of the 428 patients who underwent RALRP, 379 were included in pEPE analysis. Demographic data, clinical, imaging, and biopsy variables of pEPE cohort are presented in Table 1. A total of 87 patients (23.0%) were with +pEPE. Patients with +pEPE were found to have a longer median TCL (19.8, range: 0–65.8 mm) compared to patients with −pEPE (10.1, range:  $0-51.1$  mm),  $P < 0.0001$ . In addition, a greater proportion of patients with +pEPE (36/87, 41.4%) had biopsy Gleason score (GS)  $3 + 4$  compared to patients with – pEPE  $(42/292, 14.4\%)$ ,  $P < 0.0001$ . Of 132 patients with suspicion for EPE on MRI, only 37% ( $n = 49$ ) had +pEPE, whereas 63% ( $n = 83$ ) were negative for pEPE. The sensitivity, specificity, positive predictive value, and negative predictive values for predicting +pEPE by MRI suspicion of EPE were 56%, 72%, 37%, and 85%, respectively. Upon multivariate logistic regression analysis, increasing MRI-TCL (odds ratio [OR] = 1.04; 95% CI: 1.02– 1.07;  $P = 0.001$ ), preoperative PSA (OR = 1.04; 95% CI: 1.01–1.08;  $P = 0.01$ ), biopsy GS sum (OR = 2.90; 95% CI: 1.56–5.39;  $P < 0.0001$ ) and abnormal digital rectal examination  $(OR = 2.40; 95 \text{ CI}: 1.09-5.31; P = 0.03)$  were independent predictors of +pEPE (Table 1).

ROC curves were drawn using the predicted probabilities of EPE from Partin tables and TCL. Areas under the curves (AUCs) were comparable between Partin table (0.66, 95% CI: 0.59–0.73) and TCL (0.71; 95% CI: 0.65–0.77;  $P = 0.21$ ). The combination of TCL and PSA better predicted +pEPE compared to Partin tables [AUCs: 0.75 (not shown) vs. 0.66,  $P=$ 0.01]. A TCL cutoff of 12.5 mm had the highest sensitivity (77%) and specificity (59%) in predicting pEPE in our cohort (Youden index  $= 0.36$ ) (Fig. 2).

#### **3.2. pLN analysis**

There were 384 (LND: 316 standard, 30 extended) men who met inclusion criteria for the pLN analysis, 18 (4.7%) of whom were +pLN. The median TCL was longer in +pLN (38.0, range:  $0-65.8$  mm) compared to  $-pLN(11.7, \text{range}: 0-51.1 \text{ mm})$ ,  $P < 0.0001$ . In multivariate analysis, increasing TCL (OR = 1.07; 95% CI: 1.03–1.12;  $P < 0.0001$ ), PSA (OR = 1.06; 95% CI: 1.01–1.10;  $P = 0.01$ ), and clinical stage >T1c (OR = 6.0; 95% CI: 1.7–21.2;  $P =$ 0.01) remained independent predictors of +pLN (Table 2).

AUC of Partin table was higher than TCL alone for predicting +pLN on pathology (0.88, 95% CI: 0.81–0.96 vs. 0.77, 95% CI: 0.62–0.92, respectively),  $P = 0.04$ . However, combining TCL with PSA showed comparable predictive ability of +pLN compared to Partin tables (AUCs 0.84 vs. 0.88,  $P = 0.170$ ). Compared to the TCL cutoff for +pEPE, a higher TCL cutoff of 19.7 mm was determined (with highest sensitivity of 78% and specificity of 73%: Youden index =  $0.51$ ) in predicting +pLN in our cohort (Fig. 2).

#### **3.3. BCR analysis**

A total of 371 men met inclusion criteria for BCR analysis with a median follow-up of 25.03 (range: 0.1–92.6) months. A total of 33 men (8.9%) experienced BCR during the study period, with a median estimated BCRFS of 90.4 (95% CI: 31.0–149.8) months. The median TCL for patients who experienced BCR was 19.2 (range: 0–53.2) mm compared with 11.2 (range:  $0-65.8$ ) mm for patients who did not experience BCR,  $P = 0.001$ . Kaplan-Meier survival analysis was used to compare BCRFS between patients with TCL less vs. more than the median (Fig. 3).

We chose the median TCL of 12.2 mm (for all 371 patients considered in the BCR analysis) for the Kaplan-Meier analysis because BCR is a time dependent analysis that does not allow us to run ROC analysis. Because the number of BCR events was low in each group, only mean estimated BCRFS could be estimated. Patients with TCL 12.2 mm had shorter mean estimated BCRFS compared to patients with TCL  $< 12.2$  mm (62.1  $\pm$  3.0 vs. 86.6  $\pm$  1.6 mo,  $P < 0.0001$ ). On Cox regression, increasing TCL (hazard ratio [HR] = 1.03; 95% CI: 1.01– 1.06;  $P = 0.02$ ), abnormal digital rectal examination (HR = 2.76; 95% CI: 1.21–6.31;  $P =$ 0.02), and higher biopsy GS sum (HR = 3.29; 95% CI: 1.06–6.72;  $P = 0.001$ ) were independent predictors of BCR (Table 3).

#### **4. Discussion**

TCL, defined as length of PCa in contact with capsule, has been shown to correlate with microscopic EPE [8,9]. TCL has a good interreader reproducibility making it a promising mpMRI parameter for predicting T staging [8]. To the best of our knowledge, TCL has not been previously studied as a predictor of +pLN and BCR.

In our study, TCL emerged as an independent predictor of +pEPE with a 4% increase in risk of +pEPE per 1 mm increase in TCL. Previously, in a study of 189 radical prostatectomy patients, ultrasound-measured TCL was associated with microscopic EPE [18]. Baco et al. [9] also showed a strong correlation between MRI-TCL and pathologically measured TCL and found TCL to predict microscopic EPE on final pathology. mpMRI provides detailed anatomy of the prostate, yet assessment of EPE remains challenging. Prostate contour bulging, capsule obliteration, periprostatic fatty tissue, or neurovascular bundle asymmetry used to assess MRI EPE are limited in predicting pathological microscopic EPE [19]. This finding was confirmed in our study, where MRI EPE suspicion, based on conventional criteria, was shown to have low sensitivity and positive predictive value. Similarly, Rosenkrantz et al. [8] showed in a cohort of 98 patients who underwent mpMRI before radical prostatectomy that TCL was a stronger predictor of EPE than did subjective reader interpretations of qualitative mpMRI parameters. With continuous advancement in the

imaging technology and radiologist experience, increasing TCL should be viewed with increased risk/suspicion for adverse whole-mount pathology.

Pelvic lymph node dissection has both prognostic/therapeutic benefit but is not without morbidity [20]. Qualitative mpMRI parameters have performed well in locoregional staging of PCa, whereas attempts at detecting or predicting nodal metastasis (based on nodal size) are limited with low sensitivity. Hovels et al. [21] in a meta-analysis looking at the diagnostic accuracy of CT/MRI in LN staging found the sensitivity/specificity of MRI to be 39%/82%, respectively. They concluded that conventional CT and MRI had limited ability to correctly identify positive nodes and should not be used for LN staging. TCL was an independent predictor of +pLN in our cohort and, as a single parameter, had moderate ability in predicting +pLN preoperatively.

Approximately 20% to 40% of patients who have undergone RALRP experience BCR [22,23], hence there is need for predictive biomarkers that can guide post-RALRP PCa management. In our analysis, TCL was one of the independent predictors of BCR, and patients with TCL greater than the median had significantly shorter BCRFS in our study. MRI suspicion scores and PIRADSv2 (recently) have been shown to be useful tools to detect and characterize PCa. High MRI suspicion [24] and PIRADS [25] scores have been shown to especially predict clinically significant PCa (GS  $3 + 4$ ). Park et al. [26] recently in a 158 patient cohort who underwent mpMRI and RALRP showed that all patients who experienced BCR  $(13.3\%)$  had a PIRADS  $\rightarrow$  4 indicating that mpMRI parameters can predict BCR. These parameters, however, have inherent interreader variability limiting their ability to optimally predict BCR [5,6,27]. TCL depicted from mpMRI, on the contrary, has been shown to have substantial interreader agreement [8] and could potentially optimize mpMRI's predictive capabilities for BCR. This, in turn, could help inform and guide patient counseling and treatment decisions.

The current study is the first to quantify a specific TCL threshold number for +pLN. The predictive ability of MRI-TCL alone (at the threshold cutoffs) for +pEPE and +pLN preoperatively was clinically relevant in this study, suggesting that TCL could be used as another potentially predictive tool to inform and better stratify for adverse pathology as well as patient outcome post-RALRP. Threshold TCLs for EPE prediction, reported in the literature, range from 6 to 20 mm [8,9]. Our threshold for TCL EPE falls within the range of TCLs reported in prior studies. Our study had a larger study population (370+ patients) compared to the previous studies (90 and 111 patients) and therefore should be better powered to characterize TCL's predictive and diagnostic performance.

Partin table AUC was comparable to  $TCL_{AUC}$  for +pEPE and slightly higher for +pLN. Although Baco et al. [9] have demonstrated MRI-TCL to outperform Partin tables in predicting +pEPE (TCL<sub>AUC</sub> = 0.88 compared to Partin<sub>AUC</sub> = 0.63), no study has yet to report similar comparisons for +pLN. Modified Partin tables use predictive probabilities of a model comprising of clinical stage, PSA, and biopsy GS. In our study, TCL alone was shown to have predictive capability close to Partin tables, which highlights the strength of this parameter in predicting adverse pathology outcomes (+pEPE and +pLN), and therefore patient outcomes. Also, the predictive ability of a TCL + PSA was higher than Partin tables

for +pEPE and comparable for +pLN. As Partin tables were validated using thousands (5,629) of patients [28], a more accurate comparison would require a larger patient population as well. Although these results are preliminary and need to be reproduced and validated, the utility of this parameter holds promise and should be considered for inclusion in predictive nomograms for PCa.

The study is not without limitations. It is a retrospective single-center study with inherent biases associated with such analysis. A prospective study with TCL measurements integrated into the imaging workflow could help validate our findings and demonstrate the clinical utility and workflow integration of MRI-TCL. Furthermore, TCL measurements were undertaken by a single reader in a center of excellence, and reproducibility of the measurements was not verified; however, interreader variability ( $\kappa$  = 0.7) in the measurement of TCL has previously been shown to be good compared to subjective reads of EPE ( $\kappa$  = 0.49) [8]. A  $\kappa$  = 0.7 is not great, but it is an acceptable yet improving value as radiologists continue to get better at reading MRIs. It should be noted that increased variability can have an impact on the read of TCL, as risk for adverse pathology increases per unit increase in TCL. MRI has evolved over the past 10 years of this study, which may have slightly influenced the findings. Our number of patients with adverse pathology/ outcomes is small even though we reported the largest cohort of patients ( $n = 384$ ) to date in the evaluation of TCL as a predictive tool of PCa outcomes (Baco et al.,  $n = 111$ , Rosenkrantz et al.,  $n = 99$ ). Although the numbers are small, our study does provide the first evidence for the hypothesis that TCL predicts outcomes (pLN and BCR) after prostatectomy.

#### **5. Conclusion**

A specific TCL threshold number (mm) is reported that may have broad predictive value. TCL is an independent predictor of EPE, LN status, and BCR in patients undergoing radical prostatectomy. This objective mpMRI parameter can be easily measured and has previously been shown to have minimal interreader variability. Predictive ability of MRI-TCL is similar to Partin Tables for +pEPE and +pLN. Future validation in larger cohorts could justify TCL as a robust objective mpMRI parameter that can inform patient counseling and guide surgical planning or the need for adjuvant therapies in patients undergoing prostatectomy.

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#### **Fig. 1.**

A 53-year-old man with a serum PSA = 23.70 ng/ml. Axial T2W MRI (A) and ADC map of DW MRI (B) show a midline to the left peripheral zone lesion (arrows), which represents a Gleason 3 + 4 prostate cancer lesion detected on TRUS-guided systematic prostate biopsy. The lesion does not have an overt extension but has a TCL of  $17.5 \text{ mm} (= 1.75 \text{ cm})$ measured on axial T2W MRI (C). Whole-mount prostatectomy specimen with H&E staining shows Gleason 4 + 4 prostate cancer within the lesion and posterior extraprostatic extension (inked in black) (D).

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Receiver operating characteristics (ROCs) curves and areas under the curves (AUCs) of Partin tables (Partin-T), magnetic resonance image–determined tumor contact length (MRI-TCL), and MRI-TCL + PSA to predict the presence of pathological extraprostatic extension (EPE) (A) and presence of pathological lymph node (LN) involvement (B).





Kaplan-Meir curves showing biochemical recurrence (BCR)–free survival between 2 groups of patients separated by the median tumor contact length (12.2 mm) of BCR cohort.

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## **Table 2**

Patient demographics as well as logistic regression analysis of predictive variables of pathological lymph node involvement (pLN) Patient demographics as well as logistic regression analysis of predictive variables of pathological lymph node involvement (pLN)



# **Table 3**

Variable description and Cox proportional regression analysis results for prediction of biochemical recurrence Variable description and Cox proportional regression analysis results for prediction of biochemical recurrence

