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Novel Risk Prediction Models for Post-Operative Mortality in Patients with Cirrhosis

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Abstract

Background & Aims: Patients with cirrhosis are at increased risk of post-operative mortality. Currently available tools to predict post-operative risk are suboptimally calibrated and do not

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account for surgery type. Our objective was to use population-level data to derive and internally validate novel cirrhosis surgical risk models.

Methods: We conducted a retrospective cohort study using data from the Veterans Outcomes and Costs Associated with Liver Disease (VOCAL) cohort, which contains granular data on patients with cirrhosis from 128 United States medical centers, merged with the Veterans Affairs Surgical Quality Improvement Program (VASQIP) to identify surgical procedures. We categorized surgeries as abdominal wall, vascular, abdominal, cardiac, chest, or orthopedic, and used multivariable logistic regression to model 30, 90, and 180-day post-operative mortality (VOCAL-Penn models). We compared model discrimination and calibration of VOCAL-Penn to the Mayo risk score (MRS), MELD, MELD-Na, and Child-Turcotte-Pugh (CTP) scores.

Results: We identified 4,712 surgical procedures in 3,785 patients with cirrhosis. The novel VOCAL-Penn models were derived and internally validated with excellent discrimination (30-day post-operative mortality C-statistic=0.859, 95% confidence interval [CI] 0.809–0.909). Predictors included age, pre-operative albumin, platelet count, bilirubin, surgery category, emergency indication, fatty liver disease, American Society of Anesthesiologists classification, and obesity. Model performance was superior to MELD, MELD-Na, CTP, and MRS at all timepoints (e.g. 30-day post-operative mortality C-statistic for MRS=0.766, 95% CI 0.676–0.855) in terms of discrimination and calibration.

Conclusion: The VOCAL-Penn models substantially improve post-operative mortality predictions in patients with cirrhosis. These models may be applied in practice to improve pre-operative risk stratification and optimize patient selection for surgical procedures (www.vocalpennscore.com).

Keywords

cirrhosis; surgical risk; survival; VASQIP; Mayo risk score; post-operative mortality

Introduction

Patients with cirrhosis have increased surgical morbidity and mortality relative to the general population.^{1–3} Due to the rising burden of cirrhosis,⁴ as well as aging of patients with established liver disease,⁵ the number of surgeries in patients with cirrhosis is expected to increase. Gastroenterologists, hepatologists, primary care providers, and surgeons face challenges in estimating surgical risk in patients with cirrhosis. While the National Surgery Quality Improvement Program (NSQIP) calculator is the most commonly used surgical risk prediction tool,⁶ the presence of ascites is the only liver-specific parameter included and there is no variable documenting the presence of cirrhosis. Furthermore, this score has never been validated in patients with cirrhosis. The Child-Turcotte-Pugh (CTP) score and the Model for End-Stage Liver Disease (MELD) are frequently utilized,⁷ but do not include surgery-specific risks. Currently, the only dedicated surgical risk prediction model validated in patients with cirrhosis is the Mayo risk score (MRS).^{8,9} Predictors in this score include the American Society of Anesthesiologists (ASA) physical status classification, international normalized ratio (INR), total bilirubin, creatinine, age, and etiology of liver disease. While the MRS is widely used in clinical practice, there is evidence that it is inadequately-

calibrated and over-estimates surgical risk.¹⁰ It is also plausible that calibration has declined over time since its derivation in 2007, possibly due to advances in surgical and post-operative care as well as reductions in overall post-operative mortality.

Our group and others have demonstrated that the type of operation constitutes a major predictor of surgical risk in patients with cirrhosis.^{3, 11} However, the MRS, which is designed to predict mortality for high-risk cardiovascular, orthopedic, and major abdominal surgeries only, does not stratify risk based upon the type of surgery. The lack of incorporation of the surgical procedure type as an input for MRS, CTP, and MELD-sodium (MELD-Na) could lead to overestimation of risk for minor or minimally-invasive surgeries.

The clinical utility of an updated, accurate risk score for patients with cirrhosis would be of broad interest to providers and patients trying to make informed, personalized decisions about surgery. To address this, we created a novel data merge between large medical and surgical databases from the Veterans Health Administration (VHA). We aimed to (1) evaluate the calibration of the MRS over time, (2) derive accurate prediction scores for cirrhosis surgical risk using advanced modeling methods and incorporating surgery type, (3) internally validate these scores in the VHA dataset, and (4) compare our models to existing clinical prediction models.

Methods

Study Design, Data Sources, and Cohort Creation

We performed a retrospective cohort study of patients with cirrhosis using well-phenotyped, longitudinal data from the Veterans Outcomes and Costs Associated with Liver Disease (VOCAL) cohort, which contains data from 128 VHA hospitals. The derivation of the VOCAL cohort has been previously described;¹² in brief, it contains medical data on over 129,000 patients with cirrhosis identified between 2008 and 2016, and has been used for numerous natural history studies of chronic liver disease.^{13–19} We merged VOCAL with the Veterans Affairs Surgical Quality Improvement Program (VASQIP) dataset.²⁰ This dataset contains prospectively adjudicated data on VHA surgical procedures, including pre-operative, intraoperative, and post-operative data with validated reliability.²¹ After the VOCAL-VASQIP data merge, we included all patients at least 18 years of age with cirrhosis, defined using a validated algorithm based on International Classification of Diseases (ICD) codes.²² We excluded patients who did not receive a surgical procedure of interest (hepatic surgeries, minor surgeries, or those with accepted low risk; detailed below), those who received liver transplantation prior to surgery, and those who had a pre-operative ASA classification of 5 due to exceptional circumstances of these cases and associated very high morbidity and mortality. We also excluded patients with insufficient pre-operative laboratory data to compute the MELD-Na and MRS, using a window of 30 days prior to surgery. Finally, surgery categories in which fewer than 50 procedures were performed were excluded given limited statistical power to draw inferences associated with mortality; this resulted in the exclusion of central nervous system (CNS) surgeries.

Ascertainment of Potential Predictors

We collected data on demographics (age, sex, race/ethnicity), tobacco use, hazardous alcohol use (ascertained using the Alcohol Use Disorders Identification Test [AUDIT-C]), body mass index (BMI), comorbidities (hypertension, diabetes, obesity, atrial fibrillation, coronary artery disease, congestive heart failure), and pre-operative laboratory data (sodium, creatinine, aspartate aminotransferase, alanine aminotransferase, total bilirubin, albumin, platelet count, INR). Pre-operative laboratory values closest to the day of surgery were used, with a maximum window of 30 days prior to. Comorbidities were ascertained using previously described methods.^{12, 17} In particular, obesity was defined using a validated VHA algorithm to identify patients with BMI ≥ 30 .²³ Etiology of liver disease was also ascertained using a validated algorithm,²⁴ and subsequently categorized as hepatitis C virus (HCV), hepatitis B virus (HBV), alcoholic liver disease (ALD), HCV & ALD, non-alcoholic fatty liver disease (NAFLD), or other. MELD and MELD-Na were computed from pre-operative laboratory parameters, and pre-operative CTP class was computed using a validated VHA algorithm.¹² This included separate classification of ascites (absent, slight, moderate) as well as hepatic encephalopathy (none, grade 1–2, grade 3–4) prior to surgery, which were tested as separate variables in models in addition to the CTP score. History of decompensated liver disease was determined using a validated VHA algorithm.²² We then used common procedure terminology (CPT) codes to categorize surgical procedure type as follows: abdominal wall, vascular, major orthopedic, chest/cardiac, abdominal – laparoscopic, abdominal – open, or central nervous system (CNS; see Supplemental Table 1 for examples and coding details). These categories were decided based on guidance from the literature, as well as through expert opinion. As noted above, CNS surgeries were ultimately excluded due to low total sample size of these procedures (n=44). ASA classification was determined pre-operatively by anesthesiologist assessment, as adjudicated in VASQIP. An emergency modifier was denoted in cases where delay in surgery would lead to a significant increase in likelihood of death or loss of body part.²⁵ We evaluated this variable in two ways. In the first, we left ASA as an ordinal variable, where values included 2, 3, or 4 as assigned in VASQIP (no patients had an ASA class of 1). In the second, we reclassified ASA as 4 if the patients had decompensated cirrhosis, and otherwise classified ASA as 3 to represent compensated cirrhosis (i.e. a binary classification). This approach is consistent with the MRS, which dichotomized ASA in this fashion.⁹ We also classified surgeries as emergent or non-emergent, and where relevant, as laparoscopic or open. Finally, we classified and confirmed post-operative death at 30, 90, and 180 days using both VASQIP and the VA Vital Status File.²⁶

Descriptive Analysis

Baseline pre-operative characteristics were reported as percentages for categorical variables, and median and interquartile ranges (IQR) for continuous variables. Post-operative mortality at 30, 90, and 180 days was presented as stratified by surgery type and ASA classification (ordinal). Log-rank testing and Kaplan-Meier analysis were used to evaluate the association between ASA classification, surgery category, obesity, and NAFLD and post-operative mortality. As a surrogate for portal hypertension, we evaluated the association between ASA classification and pre-operative platelet count using the Kruskal-Wallis test.

Computation of the Mayo Score

We referenced the models in the seminal Mayo cirrhosis surgical risk study and the associated website to calculate the MRS,^{9, 27} using the binary classification of ASA as detailed above. We confirmed accurate coding of the risk scores through direct comparison with values generated from the MRS website.

Evaluating the Calibration of the Mayo Score over Time

To test our hypothesis of changing calibration of the MRS over time, we first divided surgeries in the cohort into three-year intervals (2008–2010, 2011–2013, 2014–2016, 2017–2019). We then plotted calibration curves of predicted versus observed post-operative mortality at 30 and 90 days for each time period. We evaluated calibration by visual inspection of the curves in reference to a 45-degree line (which would represent perfect calibration). To formally test for changing calibration over time, we created deciles of predicted risk by the MRS, and computed the difference between the sum of these predictions and the observed mortality proportion for each decile. We plotted the sum of differences over time, and fit a linear regression model to test the hypothesis that the beta coefficient was equal to zero. Noting that the original MRS was derived from patients who received non-laparoscopic abdominal, major cardiovascular (i.e., coronary artery bypass graft or valve replacement), or major orthopedic surgery (e.g., total knee or total hip replacement),⁹ we repeated the above analyses in a sub-cohort restricted to these surgeries.

Derivation of the VOCAL-Penn Cirrhosis Surgical Risk Models

We randomly divided the analytic cohort into a derivation (80%) and validation (20%) cohort using a computerized random number generator. In the derivation cohort, we first performed univariate analyses to evaluate the association between each exposure of interest and binary outcome of post-operative mortality at 30, 90, or 180 days. For categorical variables, we tabulated values against the outcome, and conducted chi-squared tests to identify relevant differences among groups (regarding a p-value of 0.05 to be statistically significant). Based on this analysis, we chose to simplify etiology of liver disease to NAFLD versus non-NAFLD, as NAFLD appeared to be uniquely associated with post-operative mortality relative to other etiologies. For each continuous variable, we plotted locally weighted scatterplot smoothing (LOWESS) curves against the outcome, and for variables observed to have a non-linear association we used restricted cubic splines in logistic regression models (see Supplemental Table 2 for knot specifications; see example in Supplemental Figure 1). We then proceeded with 10-fold cross validation and least absolute shrinkage and selection operator (LASSO) regression to identify a parsimonious base logistic regression model for 30-day post-operative mortality.²⁸ All variables listed in Table 1 were evaluated as possible predictors, in addition to laparoscopic versus open surgical approach. The base regression model was determined by identifying the value for the LASSO penalty term that minimized the mean squared predicted error (MSPE),²⁹ which was obtained through the 10-fold cross validation procedure. Multiple modified clinician-driven models were then tested, where variables felt to be clinically meaningful were reintroduced, and minimized Aikake Information Criterion (AIC) and Bayesian Information Criterion (BIC) were used to select a final model.³⁰ Among similarly-performing models,

parsimony (i.e. fewer model inputs) was also considered. The above process was repeated for 90 and 180 days post-operative mortality, restricted to the subset of patients surviving at least 30 and at least 90 days, respectively. Predicted probabilities from these models conditional on survival up to an earlier time point were then aggregated to obtain marginal probabilities of surviving 30, 90, or 180 days, using the law of total probability. Of note, we chose logistic regression as opposed to a time-to-event analysis given the *a priori* interest in post-operative mortality at specified time points. However, the above approach does represent a discrete time survival model with discrete time periods of 30, 90, and 180 days.³¹

Evaluation and Internal Validation of the VOCAL-Penn Risk Models

In derivation and validation cohorts, we plotted receiver operating characteristic (ROC) curves for the VOCAL-Penn model at each time point and compared them to the MELD, MELD-Na, and MRS. To evaluate model discrimination, we computed C-statistics (area under the curve) and 95% confidence intervals (CIs) for each model, and compared C-statistics using DeLong's non-parametric method.³² To evaluate model calibration, we plotted observed versus predicted probability of mortality, consistent with recommended best practices.³³ Finally, we performed two sensitivity analyses. First, given potential concerns regarding model generalizability from a male-predominant VHA dataset, we performed a dedicated analysis evaluating model discrimination only among females. Second, given the possibility that separate surgeries in the same patient may not reflect independent risks, we tested model discrimination only among unique patients, in which only first surgeries were considered.

Other Considerations

Missingness at the level of each variable in the analytic cohort was <3.5%, and there was no association between data missingness and post-operative mortality at 30, 90, or 180 days (each $p > 0.05$). As such, complete case analysis was performed and imputation was not pursued. Regarding ethical considerations, this study received Institutional Review Board approval at the Corporal Michael J. Crescenz Veterans Affairs Medical Center, Philadelphia, the VA Connecticut Healthcare System, and the Hospital of the University of Pennsylvania. All data management and analyses were performed using a combination of structured query language and Stata 15.1/IC (College Station, TX).

Results

Cohort Characteristics

After application of selection criteria (Supplemental Figure 2), the analytic cohort included 3,785 unique patients who underwent 4,712 surgeries (Table 1). The cohort was predominantly male (97.2%) and white (63.3%), with median age 64 (IQR 60–69). The most common surgeries were abdominal wall (27.8%) and major orthopedic (27.5%), and the least common were chest/cardiac (8.8%). Pre-operative laboratory data were obtained from median 0 days prior to surgery (IQR 0–5 days). Most patients were CTP A (88.3%) or CTP B (11.2%), with etiology of liver disease primarily HCV (13.0%), ALD (35.3%), HCV & ALD (29.5%), or NAFLD (12.4%). Post-operative mortality was higher among patients with ASA 4 versus ASA 3 or ASA 2 at 30, 90, and 180 days, with significant variation across

surgery type (each $p < 0.001$; Table 2, Figure 1A/B). For example, open abdominal surgeries had a 15.2% 180-day mortality versus 5.2% for abdominal wall surgeries. Increasing ASA classification was also found to be inversely associated with pre-operative platelet count ($p < 0.001$; Supplemental Figure 3). Finally, non-obese patients (BMI < 30) and those with NAFLD as an etiology of liver disease had higher post-operative mortality relative to obese and non-NAFLD patients, respectively (each $p < 0.05$; Figure 1C/D).

Changing Calibration of the Mayo Surgical Risk Score

When considering all surgery types, we found declining calibration of the MRS over time by visual inspection, for both 30- and 90-day post-operative mortality predictions (Figure 2A/B). There was a significant rise in the sum of differences between predicted and observed mortality over time ($p < 0.001$, Figure 2C/D). When restricting the cohort to only major cardiovascular, major orthopedic, and major digestive surgeries, the calibration of the MRS was somewhat improved by visual inspection from 2008–2010, however this again declined substantially over time (Supplemental Figure 4A/B), with corresponding significant rise in sum of differences over time ($p < 0.001$, Supplemental Figure 4C/D). In all cases, declining calibration resulted from overprediction of post-operative mortality relative to observed mortality.

Post-operative Mortality Prediction Models

The derivation (80%) and validation (20%) cohorts were similar across the full range of demographic, laboratory, and comorbidity variables (Table 1). In the final adjusted regression models, ASA classification (ordinal) was an important predictor of post-operative mortality at 30, 90, and 180 days (Table 3). Additional predictors associated with post-operative mortality included emergency surgery indication (OR 2.53 for 30-day mortality, 95% CI 1.54–4.16, $p < 0.001$). NAFLD cirrhosis (OR 2.29 for 30-day mortality, 95% CI 1.37–3.82, $p = 0.002$), hyperbilirubinemia, hypoalbuminemia, and older age. Obesity (BMI 30) was protective against post-operative mortality (30-day OR 0.47, 95% CI 0.30–0.74, $p = 0.001$). Finally, surgery type was also significantly associated with post-operative mortality (30-day joint $p = 0.012$). For example, at 30 days, chest/cardiac surgeries had a 6.64-fold increased odds of death (95% CI 1.20–36.64) relative to laparoscopic abdominal surgeries. Importantly, we found that ASA classification treated as an ordinal variable yielded superior model performance as compared to ASA treated as a binary variable (see examples in Supplemental Table 3). Additionally, we found ascites (absent, slight, moderate) and platelet count to perform near interchangeably in multivariable models, yielding similar AIC, BIC, and discrimination estimates when exchanged. Furthermore, the addition of ascites to models already containing platelet count did not improve model performance (Supplemental Table 3). Given the subjectivity associated with ascites assessment, we opted for final models containing platelet count rather than ascites, where applicable. Finally, multiple models substituting cardiovascular risk factors in place of NAFLD did not improve model performance (Supplemental Table 3).

At all timepoints in both derivation and validation cohorts, the VOCAL-Penn models had improved discrimination relative to the MELD, MELD-Na, and CTP scores, and at 30 and 90 days had improved discrimination relative to the MRS (Figures 3A/B/D/E, 4A/B [p-

values noted in figures]; Table 4). For example, in the validation cohort at 30 days, the VOCAL-Penn c-statistic was 0.859 versus 0.766 for the MRS, and 0.752 for MELD-Na ($p=0.003$). The calibration of the VOCAL-Penn models was also excellent at each timepoint (Figures 3C/F, 4C), whereas the MRS overestimated post-operative mortality across the entire spectrum of risk at both 30 and 90 days. In a restricted analysis where the VOCAL-Penn models were applied only to females, the model discrimination for post-operative mortality remained excellent (each C-statistic >0.89) at all evaluable timepoints (Supplemental Table 4). Similar results were also found when restricting the cohort to first surgeries among unique patients (each C-statistic >0.81 ; Supplemental Table 5)

Summary of the VOCAL-Penn Prediction Tool

Based on the models detailed above, the final prediction tool consists of nine variables to be inputted by the user: age, ASA classification (2 = mild systemic disease, 3 = severe systemic disease, 4 = severe systemic disease that is a constant threat to life), surgery category (abdominal – laparoscopic, abdominal – open, abdominal wall, vascular, major orthopedic, and chest/cardiac), emergency surgery indication (yes/no), NAFLD as etiology of cirrhosis (yes/no), albumin, platelet count, total bilirubin, and obesity (BMI ≥ 30 ; yes/no). The output of the prediction tool is post-operative predicted mortality at 30, 90, and 180 days. Derivation of model formulas and predicted probabilities is detailed in the Supplement Appendix.

Discussion

In this study of 4,712 diverse surgeries performed on patients with cirrhosis, we demonstrate the need for improved pre-operative risk stratification, and subsequently report the creation of a highly accurate post-operative mortality prediction models. The first major finding in this study is the significant decline in the calibration of the MRS over time. In particular, poor calibration manifested as significant *overprediction* of mortality risk, often for patients with very low observed post-operative mortality. This pattern persisted even when isolating the cohort to the surgical procedures from which the MRS was originally derived.⁹ Importantly, this finding is consistent with the only prior study to externally validate the MRS. Among 160 patients with cirrhosis who underwent surgery with general anesthesia, Kim et al found that while the discrimination of the score was excellent (c-statistic=0.803 at 90 days), the MRS consistently overpredicted mortality risk (median predicted 1-year mortality 22.6% versus 8.9% observed).¹⁰ The reasons for declining MRS calibration over time are likely complex, however it is important to note that the MRS predates numerous innovations in the surgical field, such as the introduction of advanced endovascular techniques and transcatheter-based valve replacements.^{34–36} These developments have fundamentally changed the risk profile of patients considered for open procedures. Changes in the demographics of patients with cirrhosis,³⁷ the ability to cure hepatitis C,³⁸ and improved peri-operative cirrhosis-related care have likely altered the dynamics of surgical selection and post-operative outcomes as well. Finally, as the MRS was derived from single-center data, it is possible that local practices impacted model calibration.

The declining calibration of the MRS firmly establishes the imperative to develop improved risk models such as those presented here. We found that surgery type is a critical predictor, where major chest and major cardiac surgeries confer particularly high risk, and abdominal wall surgeries (e.g. hernia repairs) are much lower risk. Markers of worsening intrinsic liver function, including thrombocytopenia, hypoalbuminemia, and hyperbilirubinemia, were all significant predictors of mortality in our models. In the course of modeling, it is important to note that platelet count was near interchangeable with ascites category, implying that the utility of platelet count in models is as a surrogate for portal hypertension, a known predictor of cirrhosis surgical risk.^{39, 40} Indeed, a recent study by Reverter et al demonstrated that pre-operative hepatic venous pressure gradient was a significant independent predictor of post-operative mortality in a cohort comprised of various extrahepatic surgeries.⁴¹ Our study suggests that portal hypertension may also be partially captured in ASA classification, which we found to be associated with pre-operative platelet count. Interestingly, although NAFLD cirrhosis was positively associated with post-operative mortality, obesity (BMI ≥ 30) was protective. This may be on the basis of NAFLD serving as a surrogate for increased cardiovascular risk,^{42, 43} whereas the protective effect of obesity is a reflection of the “obesity paradox,” whereby patients with cirrhosis who have increased nutritional reserve fare better after an acute stressor.⁴⁴ There may be independent effects of NAFLD separate from cardiovascular risk, however, as we found that NAFLD provided more predictive information in models as compared to classic cardiovascular risk factors.

There are several important strengths to this work. First, given the volume and breadth of surgeries under study, this multi-center cohort allowed for creation of broadly applicable cirrhosis surgical risk models, thus minimizing the influence of center-specific idiosyncrasies. Second, the VHA cohort represents diverse etiologies of liver disease, similar to those encountered in clinical practice. Third, use of modern inferential methods such as LASSO and restricted cubic splines allowed for development of parsimonious models with high-fidelity calibration across the spectrum of risk, a major improvement over previous efforts. Finally, our models rely on readily available laboratory predictors and standard comorbid pre-operative parameters, and thus predicted probabilities can easily be obtained. To make this readily accessible for clinical practice, an online risk calculator using the VOCAL-Penn models will be made available for public use.

The clinical implications of this work are significant. Historically, over-prediction of cirrhosis surgical risk has led to undue denial of surgery for patients with an otherwise acceptable risk profile. In the case of elective procedures such as hernia repairs, this may result in avoidance of surgery until the indication becomes emergent (i.e. incarceration), when the surgical risk is uniformly higher.^{45–47} This risk avoidance is a documented phenomenon with perverse outcomes,⁴⁸ which may be ameliorated with improved risk prediction. Indeed, careful pre-operative risk assessments are routine for any patient with cirrhosis, and the VOCAL-Penn models represent a modern, updated tool available for discrete post-operative mortality predictions.

There are several important limitations that we acknowledge in this study. As with any large dataset, there is the possibility of misclassification of exposures and outcomes. However, VASQIP is manually adjudicated, and validated algorithms were used wherever possible to

minimize misclassification.²¹ Second, the VHA dataset may not generalize well to all populations. The VHA cohort is largely male, and reflects a higher burden of psychosocial comorbidities relative to the general population.^{49, 50} However, this cohort does reflect diverse etiologies of liver disease, and it is not clear that unique differences in this cohort would significantly impact surgical risk. For example, no prior literature has demonstrated differences in cirrhosis surgical risk on the basis of sex. Furthermore, in a stratified analysis limited to females, we found that the VOCAL-Penn models retained excellent discrimination at all timepoints. Third, in this study we do not address potentially modifiable factors such as pre-operative transjugular intrahepatic portosystemic shunt or medication use such as non-selective beta blockade. These factors may impact cirrhosis surgical risk, and warrant future study in this context. Fourth, the nature of the data available obviously does not include patients with cirrhosis who had an indication for surgery but did not receive it, potentially due to perception of perioperative risk. This helps to explain the skew towards lower MELD and CTP A patients in the cohort, as presumably patients with severe derangements in MELD parameters, for example, rarely proceeded to surgery. However, there may be additional variables such as sarcopenia and general disability that influence surgical decision making for otherwise apparently “low risk” patients that are not captured in the VOCAL-Penn models. Thus it is critical to highlight that the VOCAL-Penn models are not intended to substitute for clinical judgment, but rather to be used as adjunctive tools in risk prognostication for discussions between patients and clinicians. In particular, the models should not be applied until after a standard pre-operative clinical assessment, which historically includes an assessment of liver disease severity through MELD and decompensation status. Fifth, related to the previous point, it is possible that overestimation of risk from the MRS has impacted surgical decisions such that higher-risk surgeries were not performed. We unfortunately do not have specific information as to how patients were selected for surgery, however this was likely based on clinical grounds and use of existing tools such as MELD-Na and the MRS. It is therefore unclear if the VOCAL-Penn models will remain well-calibrated as an expanded range of surgeries are attempted, and it is likely that periodic recalibration will be required. Finally, although this study presents compelling multicenter internal validation data, the VOCAL-Penn risk models have not been externally validated in an independent cohort. This is an important area of future study.

In conclusion, the VOCAL-Penn risk models improve significantly over existing clinical standards, such as the MRS, to predict 30, 90, and 180 day mortality for patients with cirrhosis who undergo surgery. These models will be made publicly available in the form of an online calculator for clinical use (www.vocalpennscore.com). Further research will define the external validity of the models and the boundaries of their applicability.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Abbreviations:

NSQIP	National Surgery Quality Improvement Program
CTP	Child-Turcotte-Pugh
MELD	model for end-stage liver disease
MRS	Mayo risk score
ASA	American Society of Anesthesiologists
INR	international normalized ratio
MELD-Na	model for end-stage liver disease-sodium
VHA	Veterans Health Administration
VOCAL	Veterans Outcomes and Costs Associated with Liver Disease
VASQIP	Veterans Affairs Surgical Quality Improvement Program
ICD	International Classification of Diseases
CNS	central nervous system
BMI	body mass index
HCV	hepatitis C virus
HBV	hepatitis B virus
ALD	alcoholic liver disease
NAFLD	non-alcoholic fatty liver disease
CPT	current procedure terminology
IQR	interquartile range
LOWESS	locally weighted scatterplot smoothing

LASSO	least absolute shrinkage and selection operator
MSPE	mean squared predicted error
AIC	Aikake Information Criterion
BIC	Bayesian Information Criterion
ROC	receiver operating characteristic
CI	confidence interval

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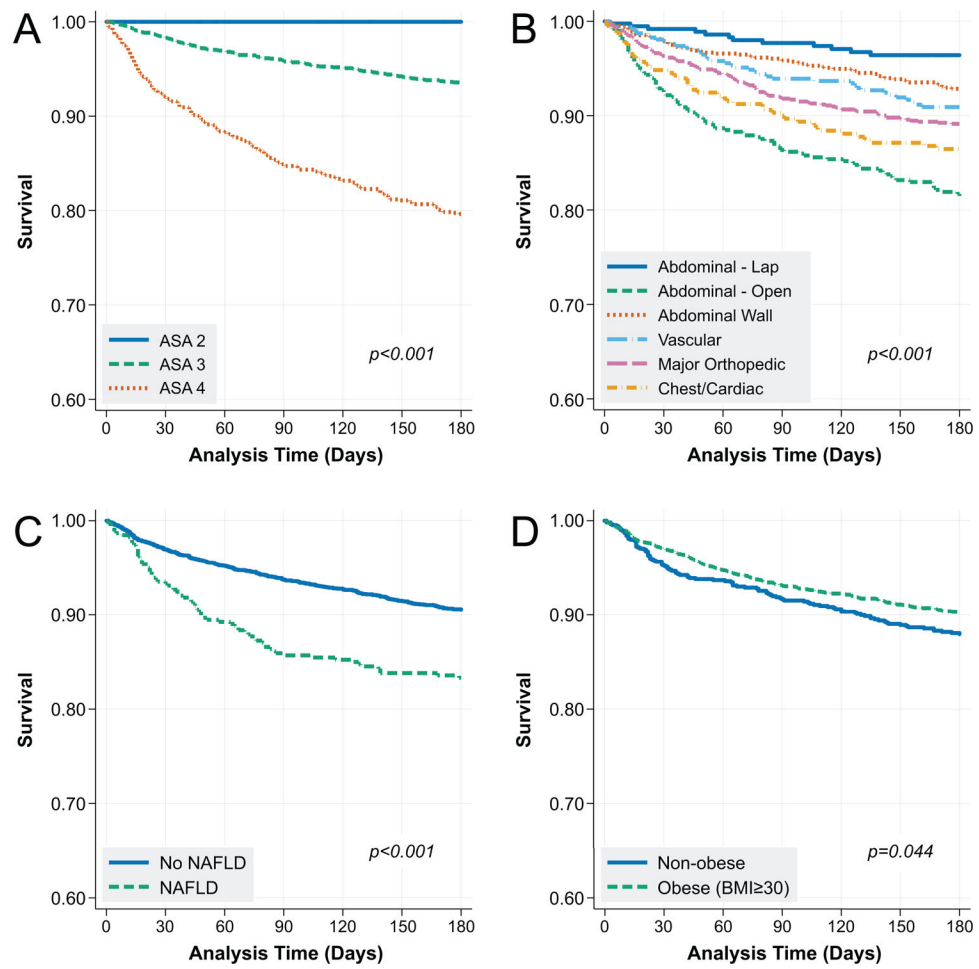


Figure 1:
Kaplan-Meier Analysis of the Association between (A) ASA Classification, (B) Surgery Category, (C) Non-alcoholic Fatty Liver Disease, and (D) Obesity on Post-operative Mortality
Abbreviations: ASA = American Society of Anesthesiologists; NAFLD = non-alcoholic fatty liver disease; BMI = body mass index

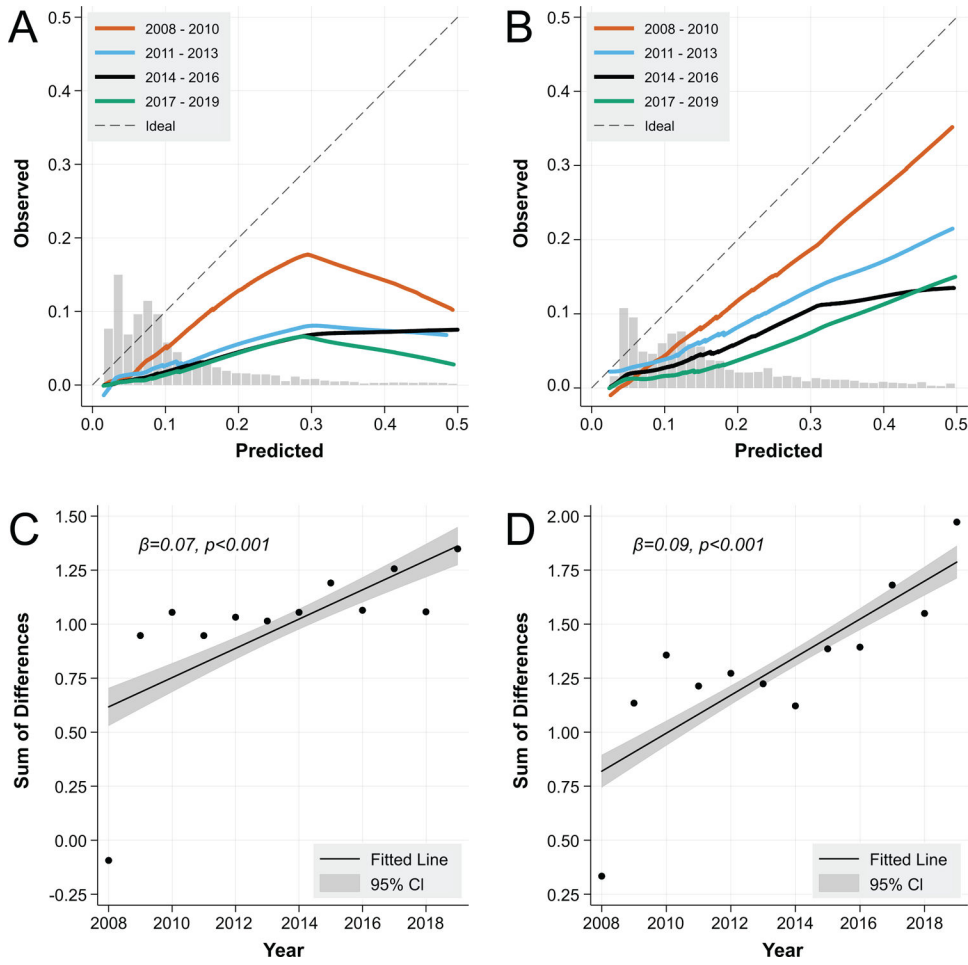


Figure 2: Post-operative Mortality Calibration of the Mayo Score over Time at 30 Days (A) and 90 Days (B), and Sum of Differences between Predicted and Observed Mortality over Time at 30 Days (C) and 90 Days (D)
Caption: * Overlaid histograms indicate the distribution of contributing data points

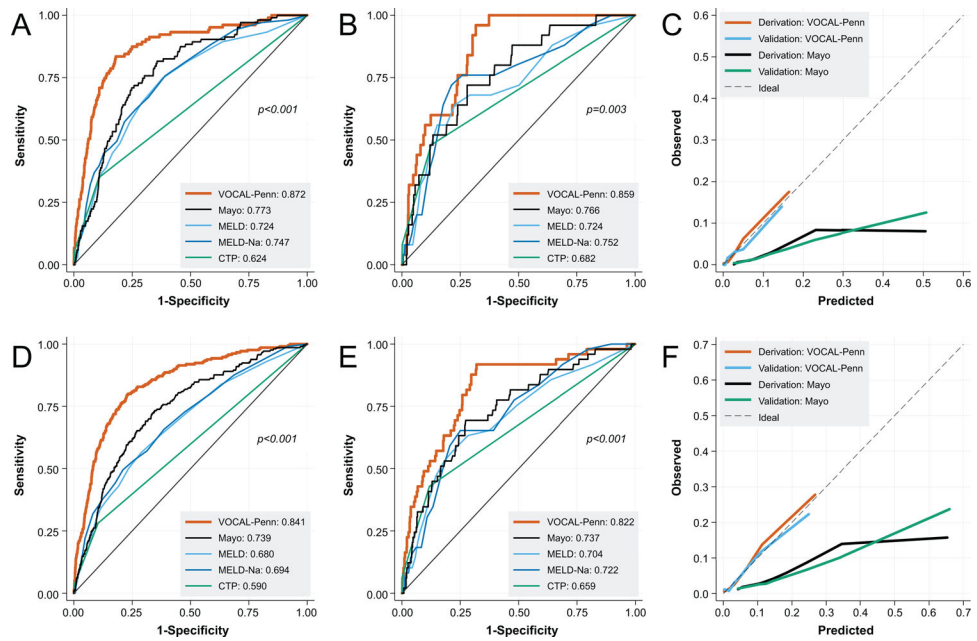


Figure 3: Receiver Operating Characteristic Curves for 30-Day Post-Operative Mortality in Derivation (A) and Validation Cohorts (B), with Associated Calibration Curves (C), and for 90-Day Post-Operative Mortality in Derivation (D) and Validation Cohorts (E), with Associated Calibration Curves (F)

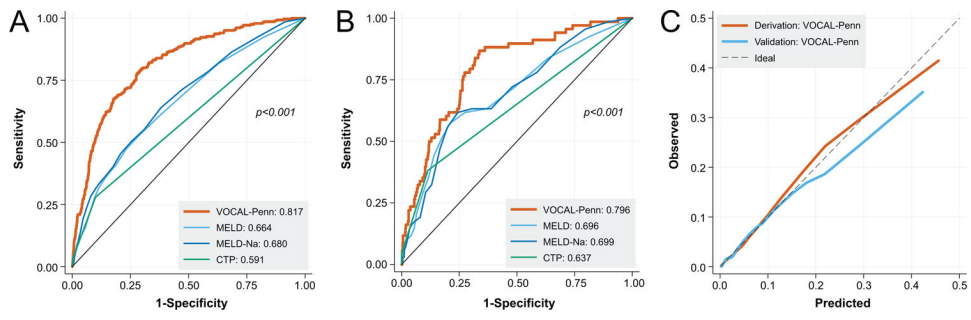


Figure 4: Receiver Operating Characteristic Curves for 180-Day Post-Operative Mortality in Derivation (A) and Validation Cohorts (B), with Associated Calibration Curves (C)

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Table 1:

Cohort Characteristics

Variable	Overall (N = 4,712)	Derivation (N = 3,770)	Validation (N = 942)
Age, median (IQR)	64 (60, 69)	64 (60, 69)	64 (60, 69)
Male Sex	4582 (97.2%)	3667 (97.3%)	915 (97.1%)
Race			
White	2981 (63.3%)	2365 (62.7%)	616 (65.4%)
Black	741 (15.7%)	604 (16.0%)	137 (14.5%)
Hispanic	323 (6.9%)	250 (6.6%)	73 (7.7%)
Asian	51 (1.1%)	43 (1.1%)	8 (0.8%)
Other	616 (13.1%)	508 (13.5%)	108 (11.5%)
Smoking History			
Never smoker	846 (18.8%)	676 (18.8%)	170 (19.0%)
Former smoker	979 (21.8%)	768 (21.3%)	211 (23.5%)
Current smoker	2676 (59.5%)	2160 (59.9%)	516 (57.5%)
Hazardous Alcohol Use	821 (18.0%)	658 (18.1%)	163 (18.0%)
Surgery Category			
Abdominal – Laparoscopic	476 (10.1%)	387 (10.3%)	89 (9.4%)
Abdominal – Open	665 (14.1%)	531 (14.1%)	134 (14.2%)
Abdominal Wall	1308 (27.8%)	1054 (28.0%)	254 (27.0%)
Vascular	550 (11.7%)	442 (11.7%)	108 (11.5%)
Major Orthopedic	1298 (27.5%)	1032 (27.4%)	266 (28.2%)
Chest/Cardiac	415 (8.8%)	324 (8.6%)	91 (9.7%)
Emergency Surgery	476 (10.1%)	388 (10.3%)	88 (9.3%)
ASA Classification (Ordinal)			
2	200 (4.2%)	161 (4.3%)	39 (4.1%)
3	3196 (67.8%)	2578 (68.4%)	618 (65.6%)
4	1316 (27.9%)	1031 (27.3%)	285 (30.3%)
ASA Reclassified (Binary)*			
3	2147 (45.6%)	1725 (45.8%)	422 (44.8%)
4	2565 (54.4%)	2045 (54.2%)	520 (55.2%)
Sodium, median (IQR)	138 (136, 140)	138 (136, 140)	138 (136, 140)
Creatinine, median (IQR)	1.0 (0.8, 1.2)	.96 (.8, 1.2)	1 (.8, 1.2)
AST, median (IQR)	32 (22.5, 50)	32 (23, 50)	32 (22.5, 48)
ALT, median (IQR)	27 (18, 43)	27 (18, 43)	27 (18, 42)
Total Bilirubin, median (IQR)	0.8 (0.5, 1.1)	.75 (.5, 1.1)	.75 (.5, 1.2)
Albumin, median (IQR)	3.7 (3.2, 4.1)	3.7 (3.2, 4.1)	3.7 (3.15, 4.1)
Platelet Count, median (IQR)	152 (107, 207)	151 (106, 205.5)	156 (112, 213)
INR, median (IQR)	1.1 (1.0, 1.2)	1.1 (1.02, 1.245)	1.1 (1.02, 1.24)

Variable	Overall (N = 4,712)	Derivation (N = 3,770)	Validation (N = 942)
MELD, median (IQR)	8 (7, 11)	8 (7, 11)	9 (7, 11)
MELD-Na, median (IQR)	10 (8, 14)	10 (8, 14)	11 (8, 14)
Child-Turcotte-Pugh Class			
A	4159 (88.3%)	3344 (88.7%)	815 (86.5%)
B	530 (11.2%)	406 (10.8%)	124 (13.2%)
C	23 (0.5%)	20 (0.5%)	3 (0.3%)
Ascites Category			
None	4092 (86.8%)	3272 (86.8%)	820 (87.0%)
Slight	469 (10.0%)	389 (10.3%)	80 (8.5%)
Moderate	151 (3.2%)	109 (2.9%)	42 (4.5%)
Hepatic Encephalopathy			
No encephalopathy	4577 (97.1%)	3660 (97.1%)	917 (97.3%)
Grade 1–2	122 (2.6%)	98 (2.6%)	24 (2.5%)
Grade 3–4	13 (0.3%)	12 (0.3%)	1 (0.1%)
Etiology of Liver Disease			
Hepatitis C	612 (13.0%)	497 (13.2%)	115 (12.2%)
Hepatitis B	73 (1.5%)	58 (1.5%)	15 (1.6%)
Alcohol	1662 (35.3%)	1318 (35.0%)	344 (36.5%)
Hepatitis C + Alcohol	1388 (29.5%)	1110 (29.4%)	278 (29.5%)
Fatty Liver Disease	585 (12.4%)	480 (12.7%)	105 (11.1%)
Other	392 (8.3%)	307 (8.1%)	85 (9.0%)
History of Prior Decompensation	2066 (43.8%)	1653 (43.8%)	413 (43.8%)
Hypertension	3904 (85.4%)	3120 (85.2%)	784 (86.3%)
Diabetes	2355 (51.7%)	1882 (51.6%)	473 (52.2%)
Obesity (body mass index ≥ 30)	3359 (73.8%)	2704 (74.2%)	655 (72.3%)
Atrial Fibrillation	803 (17.0%)	651 (17.3%)	152 (16.1%)
Coronary Artery Disease	1622 (34.4%)	1291 (34.2%)	331 (35.1%)
Congestive Heart Failure	1239 (26.3%)	985 (26.1%)	254 (27.0%)

Abbreviations: IQR = interquartile range; ASA = American Society of Anesthesiologists

* ASA reclassified refers to patients with prior decompensated cirrhosis being recategorized as ASA 4, and all others as ASA 3, consistent with the definition used in the Mayo Risk Score

Table 2:

Post-operative Mortality by Surgery Category and ASA (Ordinal) Classification

Surgery Category and ASA Class	30-day Mortality	90-day Mortality	180-day Mortality
Abdominal – Laparoscopic (N = 476)			
ASA 2 (n = 26)	0 (0.00%)	0 (0.00%)	0 (0.00%)
ASA 3 (n = 389)	2 (0.51%)	7 (1.80%)	9 (2.31%)
ASA 4 (n = 61)	1 (1.64%)	1 (1.64%)	3 (4.92%)
<i>Overall</i>	<i>3 (0.63%)</i>	<i>8 (1.68%)</i>	<i>12 (2.52%)</i>
Abdominal – Open (N = 665)			
ASA 2 (n = 17)	0 (0.00%)	0 (0.00%)	0 (0.00%)
ASA 3 (n = 424)	15 (3.54%)	28 (6.60%)	39 (9.20%)
ASA 4 (n = 224)	29 (12.95%)	49 (21.88%)	62 (27.68%)
<i>Overall</i>	<i>44 (6.62%)</i>	<i>77 (11.58%)</i>	<i>101 (15.19%)</i>
Abdominal Wall (N = 1308)			
ASA 2 (n = 103)	0 (0.00%)	0 (0.00%)	0 (0.00%)
ASA 3 (n = 958)	6 (0.63%)	16 (1.67%)	32 (3.34%)
ASA 4 (n = 247)	15 (6.07%)	25 (10.12%)	36 (14.57%)
<i>Overall</i>	<i>21 (1.61%)</i>	<i>41 (3.13%)</i>	<i>68 (5.20%)</i>
Vascular (N = 550)			
ASA 2 (n = 1)	0 (0.00%)	0 (0.00%)	0 (0.00%)
ASA 3 (n = 344)	4 (1.16%)	14 (4.07%)	18 (5.23%)
ASA 4 (n = 205)	6 (2.93%)	13 (6.34%)	21 (10.24%)
<i>Overall</i>	<i>10 (1.82%)</i>	<i>27 (4.91%)</i>	<i>39 (7.09%)</i>
Major Orthopedic (N = 1298)			
ASA 2 (n = 49)	0 (0.00%)	0 (0.00%)	0 (0.00%)
ASA 3 (n = 920)	14 (1.52%)	34 (3.70%)	46 (5.00%)
ASA 4 (n = 329)	27 (8.21%)	53 (16.11%)	66 (20.06%)
<i>Overall</i>	<i>41 (3.16%)</i>	<i>87 (6.70%)</i>	<i>112 (8.63%)</i>
Chest/Cardiac (N = 415)			
ASA 2 (n = 4)	0 (0.00%)	0 (0.00%)	0 (0.00%)
ASA 3 (n = 161)	3 (1.86%)	5 (3.11%)	9 (5.59%)
ASA 4 (n = 250)	17 (6.80%)	31 (12.40%)	38 (15.20%)
<i>Overall</i>	<i>20 (4.82%)</i>	<i>36 (8.67%)</i>	<i>47 (11.33%)</i>

Abbreviations: ASA = American Society of Anesthesiologists

Table 3:

Multivariable Regression Models for 30, 90, and 180-day Post-Operative Mortality

Variable	Odds Ratio	95% Confidence Interval	P-value
<i>30-day Post-Operative Mortality Model</i>			
ASA Class (Ordinal; 2, 3, or 4)	2.89	(1.84 – 4.54)	<0.001 *
Emergency Procedure	2.53	(1.54 – 4.16)	<0.001 *
Surgery Category			0.012 * (joint)
Abdominal – Laparoscopic	1.0 (Ref)		
Abdominal – Open	4.76	(0.89 – 25.54)	0.069
Abdominal Wall	2.10	(0.39 – 11.23)	0.386
Vascular	2.50	(0.42 – 14.95)	0.315
Major Orthopedic	4.32	(0.82 – 22.69)	0.083
Chest/Cardiac	6.64	(1.20 – 36.64)	0.030 *
Albumin (per 1 g/dL)[‡]			<0.001 *
Spline 1	0.60	(0.36 – 0.98)	
Spline 2	0.37	(0.13 – 1.08)	
Platelet Count (per 1,000/μL)[‡]			0.002 *
Spline 1	0.99	(0.99 – 1.00)	
Spline 2	1.00	(0.99 – 1.01)	
Total Bilirubin (per 1 mg/dL)	1.16	(1.06 – 1.26)	0.001 *
Etiology of Cirrhosis			
Non-NAFLD	1.0 (Ref)		
NAFLD	2.29	(1.37 – 3.82)	0.002 *
Obesity (body mass index \geq 30)	0.47	(0.30 – 0.74)	0.001 *
<i>90-day Post-Operative Mortality Model</i>			
ASA Class (Ordinal; 2, 3, or 4)	1.99	(1.33 – 2.99)	0.001 *
Emergency Procedure	1.87	(1.12 – 3.12)	0.017 *
Surgery Category			0.015 * (joint)
Abdominal – Laparoscopic	1.0 (Ref)		
Abdominal – Open	3.86	(1.12 – 13.25)	0.032 *
Abdominal Wall	1.28	(0.36 – 4.56)	0.702
Vascular	2.87	(0.81 – 10.17)	0.102
Major Orthopedic	2.91	(0.88 – 9.66)	0.081
Chest/Cardiac	3.54	(0.99 – 12.75)	0.053
Age (per year)	3.86	(1.12 – 13.25)	0.008 *
Albumin (per 1 g/dL)[‡]			<0.001 *
Spline 1	0.62	(0.38 – 1.00)	

Variable	Odds Ratio	95% Confidence Interval	P-value
Spline 2	0.37	(0.15 – 0.94)	
Etiology of Cirrhosis			
Non-NAFLD	1.0 (Ref)		
NAFLD	2.29	(1.44 – 3.63)	<0.001*
180-day Post-Operative Mortality Model			
ASA Class (Ordinal; 2, 3, or 4)	2.34	(1.46 – 3.74)	<0.001*
Surgery Category			0.270 [‡] (joint)
Abdominal – Laparoscopic	1.0 (Ref)		
Abdominal – Open	2.42	(0.79 – 7.38)	0.120
Abdominal Wall	1.22	(0.40 – 3.68)	0.726
Vascular	1.59	(0.49 – 5.14)	0.440
Major Orthopedic	1.13	(0.37 – 3.44)	0.829
Chest/Cardiac	1.54	(0.45 – 5.31)	0.494
Age (per year)	1.03	(1.00 – 1.06)	0.073 [‡]
Platelet Count (per 1,000/ μ L) [‡]			0.057 [‡]
Spline 1	1.00	(0.99 – 1.00)	
Spline 2	1.00	(0.99 – 1.01)	
Albumin (per 1 g/dL) [‡]			0.001*
Spline 1	0.63	(0.35 – 1.15)	
Spline 2	0.66	(0.26 – 1.69)	
Obesity (body mass index ≥ 30)	0.60	(0.36 – 0.98)	0.040*

Abbreviations: ASA = American Society of Anesthesiologists; NAFLD = non-alcoholic fatty liver disease

* Significant at the $p < 0.05$ level

[‡] This variable was retained on the basis of minimized Aikake Information Criterion and Bayesian Information Criterion values

[‡] Joint hypothesis tests were performed to test the statistical significance of variables modeled using restricted cubic splines

Table 4:

Discrimination (C-statistics) of Post-Operative Mortality Models at 30, 90, and 180 Days

	Risk Score	30-Day	90-Day	180-Day
Derivation	VOCAL-Penn	0.872 (0.836 – 0.908)	0.841 (0.813 – 0.868)	0.817 (0.792 – 0.842)
	Mayo Score	0.773 (0.731 – 0.815)	0.739 (0.705 – 0.773)	-
	MELD	0.724 (0.674 – 0.774)	0.680 (0.642 – 0.718)	0.664 (0.630 – 0.697)
	MELD-Sodium	0.747 (0.701 – 0.794)	0.694 (0.656 – 0.732)	0.680 (0.647 – 0.713)
	CTP	0.624 (0.576 – 0.671)	0.590 (0.559 – 0.621)	0.591 (0.564 – 0.618)
Validation	VOCAL-Penn	0.859 (0.809 – 0.909)	0.822 (0.760 – 0.883)	0.796 (0.743 – 0.849)
	Mayo Score	0.766 (0.676 – 0.855)	0.737 (0.663 – 0.810)	-
	MELD	0.724 (0.617 – 0.832)	0.704 (0.623 – 0.784)	0.696 (0.626 – 0.765)
	MELD-Sodium	0.752 (0.651 – 0.854)	0.722 (0.652 – 0.792)	0.699 (0.632 – 0.764)
	CTP	0.682 (0.580 – 0.785)	0.659 (0.587 – 0.731)	0.637 (0.577 – 0.697)

Abbreviations: MELD = model for end-stage liver disease; CTP = Child-Turcotte-Pugh