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# Studying Sjögren's syndrome in mice: What is the best available model?



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## ABSTRACT

Sjögren's syndrome (SS) is a common autoimmune disease characterized by lymphocytic infiltration and destruction of exocrine glands. The disease manifests primarily in the salivary and lacrimal glands, but other organs are also involved, leading to dry mouth, dry eyes, and other extra-glandular manifestations. Studying the disease in humans is entailed with many limitations and restrictions; therefore, the need for a proper mouse model is mandatory. SS mouse models are categorized, depending on the disease emergence into spontaneous or experimentally manipulated models. The usefulness of each mouse model varies depending on the SS features exhibited by that model; each SS model has advanced our understanding of the disease pathogenesis. In this review article, we list all the available murine models which have been used to study SS and we comment on the characteristics exhibited by each mouse model to assist scientists to select the appropriate model for their specific studies. We also recommend a murine strain that is the most relevant to the ideal SS model, based on our experience acquired during previous and current investigations.

#### 1. Introduction

Sjögren's syndrome (SS) is a multisystem rheumatoid inflammatory disease that manifests primarily in exocrine glands and mainly affects middle-aged women. $1-\hat{3}$  $1-\hat{3}$  $1-\hat{3}$  Its prevalence is variable among different populations ranging from 0.1 to 0.72%. $4-9$  $4-9$  In addition to the glandular dysfunction, several extra-glandular manifestations associated with lymphocytic infiltration and B cells hyperactivity in other organs are present.<sup>10,[11](#page-8-3)</sup> Similar to other autoimmune diseases, SS can be found solitary (Primary SS) or accompanying other autoimmune diseases (Secondary SS), like Systemic Lupus Erythematosus (SLE) and Rheumatoid Arthritis (RA). $3,12$  $3,12$  Despite major differences in immune defence mechanisms, evolutionary distance, and living environment, murine models have been used extensively in biomedical research to avoid the ethical challenges in human research.<sup>13</sup> Murine models have taken a large share, much more than other animal models, due to their availability as natural models and through genetic engineering.

SS usually develops as a result of triggering environmental factors in genetically susceptible individuals.<sup>14</sup> However, the ambiguity involving the etiology of the disease and the initial pathological processes are due to the time gap between the onset of the disease and the emergence of clinical symptoms. In other words, to advance our understanding of these

missing pathological steps, we must identify at-risk individuals and perform longitudinal studies involving several minor salivary gland biopsies and blood samples. However, such studies are challenging for several reasons. Firstly, our understating of SS genetics is still underway, unlike other autoimmune diseases, like SLE and RA.<sup>[15](#page-8-8)</sup> SS does not follow a simple Mendelian-like pattern and is a complex autoimmune disease, due to the polygenic inheritance.<sup>[16](#page-8-9)</sup> Therefore, identifying the susceptible individual is difficult. Secondly, the morbidity associated with longitudinal human studies involving the harvest of tissues and blood, has ethical and patient recruitment difficulties. Giving all the previous difficulties associated with human studies, an alternative animal option is strongly justified.

In general, SS is caused by genetic and epigenetic factors; the genetic analysis of SS patients provided important information about SS mechanism and the involved molecules, which includes human leukocyte antigen (HLA)-DR molecules, and genes of both innate and acquired immunity. Other reports suggest that viruses play an important role in SS pathogenesis, and that the viral provoke might occur years before SS evolution. It is believed that cycles of innate and acquired immune system activation cause lacrimal and salivary glandular damage and subsequent dysfunction. This damage is caused mainly by glandular and extraglandular lymphocytes, subsequently, cytokines and chemokines

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<span id="page-1-0"></span>

Fig. 1. [from Brito-Zerón<sup>17</sup>]: Pathogenesis of SS syndrome involves. Salivary gland epithelial cells (SGECs) express toll-like receptors (TLRs) which lead to autoantigens, chemokines and cytokines formation, apoptosis, then, SGECs hypofunction. SGECs secrete autoantigens that trigger immune cells.  $CD4^+$  T cells turn into follicular helper T (TFH) cells that enhance B cell survivability. B cell differentiation is promoted by its interaction with SGECs. Potential treatments are presented in green boxes. BAFF: B cell-activating factor, IFN: interferon, TH: T helper.

are released within the tissue, in addition to glandular epithelial cells and local vascular adhesive molecules. In Fig.  $1,^{17}$  $1,^{17}$  $1,^{17}$  Brito-Zerón et al., 2016 summarize SS mechanism.

Mice have been an invaluable tool for studying SS etiopathogenesis and for drug testing due to their small size, easy breeding, and a relatively low maintenance cost in comparison to bigger animal models.<sup>[18](#page-8-11),[19](#page-8-12)</sup> Several spontaneous and engineered murine models have been used extensively and a substantial knowledge about SS etiopathogenesis has been generated. However, each of these models is unique but is inherently incapable of providing all answers to our SS investigations, due to genetic and phenotypic differences from humans.<sup>[13](#page-8-6)</sup> Theoretically speaking, an ideal murine model must display a range of characteristics, such as; etiology, etiopathology, clinical features, serology and immunobiology<sup>20</sup>; nonetheless, in reality, this ideal model, does not exist. However, some models display more of these characteristics than the others, which makes them better candidates for studying SS.

In this review, we list all the available murine models used as possible candidates for SS studies. We have also listed all the reported characteristics that these murine models exhibit to enable the researchers to decide which model will be more suitable for their intended use. Finally,

we provide our opinion as to which model has recapitulated the key features of SS the best, based on our previous and current investigations.

#### 1.1. The ideal murine model

SS patients display a panel of clinical and laboratory features that distinguish the disease from other autoimmune diseases, more specifically, other dry eyes/mouth conditions caused by certain factors. The clinical features are fundamental and necessary for the selection of a murine model, Table  $1.^{21,22}$  $1.^{21,22}$  $1.^{21,22}$  $1.^{21,22}$  Other laboratory characteristics, such as autoantibodies and certain blood cytokines, are also important; they represent key markers in diagnosing the disease and are utilized as key parameters for therapeutic success.

#### 2. Spontaneous mouse models

Genetic predisposition is strongly related to SS etiopathogenesis.[1](#page-8-0),[19,](#page-8-12)[23](#page-8-16)[,24](#page-8-17) The development of SS in spontaneous models involves several genes which gives us an invaluable tool to study the effect of these genes on the disease onset and progression; whereas it is challenging to

<span id="page-2-0"></span>SS characteristics that must be present in an ideal animal model [\[21](#page-8-14), [22\]](#page-8-15).



perform such studies in SS patients. NOD mouse model and its derivatives are the best available models for studying SS pathogenesis and drug testing, in addition to several other models. [Table 2](#page-2-1) summarizes the different characteristics, autoantibodies, genetics and pathogenesis of the spontaneous mouse models.

## 2.1. NOD mice

Non-obese diabetic (NOD) mouse is an inbred strain that was established by Makino et al., 38 years ago, from a cataract-prone sub-line of the outbred ICR mouse.<sup>25</sup> NOD mice were originally used as an animal model for diabetes mellitus type 1, due to lymphocytic infiltration leading to insulitis and β-islet destruction. Around 70% of the female NOD mice and 20% of the males develop spontaneous diabetes by 13 weeks of age. This strain shares many similarities with diabetic patients, like weight loss, hyperglycemia, hypercholesterolemia, glycosuria, etonuria, polyuria, polydipsia, and polyphagia. However, their use for jögren's-like disease did not start until the late '90s. It is one of the most popular strains for studying SS due to several similarities it shares with SS patients, such as decreased glandular secretions and lymphocytic infilration. $^{26}$  Lymphocytic infiltration was evident in submandibular and lacrimal glands, starting at 12 weeks of age with a subsequent glandular vsfunction at 20 weeks. $^{25}$  Successive studies have revealed that specific autoantibodies, like anti-SSA/Ro, anti-SSB/La and anti-muscarinic re-eptor III were elevated.<sup>27–[32](#page-8-20)</sup> Genetic analysis of the involved nsulin-dependent diabetes (*idd*) loci revealed that only *idd3* and *idd5* are linked to SS exocrinopathy in NOD mice, whereas, the rest are associated with diabetes type I only. Although the link between MHC-associated genes and SS-like disease is weak, several studies support that MHC-II genes are linked to defected central autoimmunity.<sup>33</sup> Female NOD mice show submandibular glands sialoadenitis as early as 8 weeks of age. Lacrimal dysfunction and lymphocytic infiltration are evident in nearly 52% of female NOD mice (unpublished data). Dryness of the eyes is further complicated into thinning of the corneal epithelium in the mice

#### <span id="page-2-1"></span>Table 2

Spontaneous mouse models of Sjögren's Syndrome. Summary of the characteristics, autoantibodies, genetics, and pathogenesis reported in each mouse model.

Spontaneous Mouse Model	Characteristics	Autoantibodies	Genetics & Pathogenesis	References
<b>NOD Mice</b>	- Lymphocytic infiltration of lacrimal, salivary glands and pancreas leading to sialadenitis, dry eye and xerostomia, insulitis and $\beta$ -islet destruction	- anti-SSA/Ro, anti-SSB/La and anti-muscarinic receptor Ш	- Insulin-dependent diabetes loci 3 and 5	$25 - 33$
NOD.B10.H2 <sup>b</sup> Mice	- Lymphocytic infiltration of lacrimal, salivary glands	- dsDNA, ssDNA, and U1- snRNP68 in female mice	- MHC I-A <sup>g7</sup> Idd1 susceptibility locus is replaced by the MHC I-A <sup>b</sup> locus from C57BL/10 mice	32,34,35
C57BL/ 6.NODAec1Aec2 Mice	- Lymphocytic infiltration of salivary glands with decreased salivary flow rate - Dacryoadenitisin males only	- ANAs - IgM against mM3R- transfected Flp-In CHO cell	- Aec2 and Aec1 on chromosomes 1 and 3, respectively	36
NOD.IFN- $\gamma^{-/-}$ & NOD.IFN- $\gamma$ R <sup>-/-</sup> Mice	- No salivary function loss - Lymphocytic infiltration - Increase in acinar cells apoptosis, or abnormal salivary protein expression by 20 weeks of age		- IFN- $\gamma$	37
NOD.IL4 <sup><math>-/-</math></sup> Mice	- Lymphocyte infiltration started at week 8 and was more severe at 20 weeks compared to NOD mice	- Absence of M3R autoantibodies	$-$ IL-4	38
NOD $\text{Ig}\mu^{-/-}$ Mice	- Salivary and lacrimal gland T cell infiltration at 8 weeks and normal salivary function		- Higher cysteine protease activity in acinar and ductal cells	39
NZB/W F1 Mice	- Lymphocyte infiltration of lacrimal and salivary glands at week 16; more severe in lacrimal glands of old female mice	- Absence of autoantibodies, anti-SS-A and anti-SS-B		40, 41
MRL/lpr Mice	- A complex of SLE, SS, and RA-like disease. - Lymphocyte infiltration of lacrimal and salivary glands - Submandibular gland is more affected than parotid and sublingual glands	- Controversial reports of anti-SSA/Ro or anti SSB/La - Absence of anti-SS-A and anti-SS-B	- IL-1 $\beta$ and TNF- $\alpha$ before and IL-6 after lesion appearance	41, 42
NFS/s1d Mice	- Spontaneous inflammatory change in the salivary and lacrimal glands in thymectomised mice 3 days after birth. - Females show more severe inflammation.	- Anti-salivary duct autoantibodies - A 120-kDa autoantigen α-fodrin	- Lymphocytic infiltration with CD3 <sup>+</sup> and CD4 <sup>+</sup> T cells with some CD8 <sup>+</sup> T cells and B220 B cells - Upregulated IL-1 beta, TNF- $\alpha$ , IL-2, IFN- $\gamma$ , IL-6, IL-10, IL-12p40, and adhesion molecules, ICAM-1, LFA-1, CD44, Mel-14.	45-47
Aly/aly Mice	- Mononuclear cell infiltrate; mainly of CD4 <sup>+</sup> T cells infiltrate periductal areas of salivary and lacrimal glands, pancreas and lungs		- Mononuclear cell infiltrate; mainly of $CD4+$ T cells	48
IOI/Jic Mice	- Lymphocyte infiltration in salivary and lacrimal glands starting at 4 weeks. - 80% of females at all ages showed sialadenitis that worsened after 6 months of age. Females show more severe symptoms compared to males. - At 8 weeks, B cells and CD4 <sup>+</sup> T cells infiltrate salivary and lacrimal glands, lungs, pancreas and kidneys.		- MHC II <sup>+</sup> , CD11c <sup>+</sup> and B7-2 <sup>+</sup> dendritic cells - CD4 <sup>+</sup> CD25 <sup>+</sup> T <sub>reg</sub> cells	$49 - 53$

with lacrimal involvement.<sup>[123](#page-10-0)</sup>

## 2.2. NOD.B10.H2 $^b$  mice

NOD.B10.H2 $^{\text{b}}$  is a congenic line of the NOD strain where the MHC I–A $8^7$  Idd1 susceptibility locus is replaced by the MHC I-A<sup>b</sup> locus from C57BL/10 mice: they are negative for NOD MHC class I and II antigens.  $34$ These mice exhibit lymphocytic infiltration into the salivary and lacrimal glands the same way SS-like disease does in NOD mice<sup>32</sup> but infiltration is less severe (unpublished data). Almost all the female mice showed submandibular infiltration by the age of 11 months in a varying degree of severity. Male mice showed less severe inflammation and only 9% were infiltration-free. $34$  They suffer from salivary gland dysfunction without the accompanying pancreas infiltration (insulitis) and the resulting severe diabetes<sup>32</sup>; however, our investigation did not reveal glandular dysfunction when the mice were followed up for 52 weeks (unpublished data). Serum analysis revealed the presence of anti-nuclear antibodies against: double-stranded DNA (dsDNA), single-stranded DNA (ssDNA), and U1-snRNP68 in female mice.<sup>[35](#page-9-3)</sup>

### 2.3. C57BL/6.NODAec1Aec2

C57BL/6.NODAec1Aec2 mouse strain was established by Cha et al. in  $2006^{119}$  $2006^{119}$  $2006^{119}$  and was further described by Nguyen et al.<sup>[36](#page-9-4)</sup> Successive studies have revealed that two genetic regions on chromosomes 1 and 3 termed Aec2 and Aec1, respectively, are sufficient to recapitulate SS-like disease in disease-free C57BL/6 mice. $36$  When this mouse strain was first established, it was verified for the suitability of using it as SS mouse model. The lymphocyte infiltration in the salivary gland was detected at 10 and 19 weeks in males and females, respectively. However, female mice showed more severe infiltration, and were larger at 22 weeks of age. Surprisingly, males exhibited a more severe form of dacryoadenitis while females showed none. Caspase-3 levels in the submandibular gland were elevated between 4 and 14 weeks of age, then decreased afterwards; however, the lacrimal glands showed an opposite trend. Serine protease level was detected at 10 weeks of age, and ANAs (Antinuclear antibodies) were evident as early as 5 weeks of age in males and 10 weeks in females. In addition, all mice examined were found to have positive IgM against mM3R-transfected Flp-In CHO cells in their sera. Upon examining salivary function, females and males lost 35–40% of salivary flow rates between 5-19 and 5-22 weeks of age, respectively. $3$ 

## 2.4. Other NOD derivative mice

A number of engineered NOD mice were established to verify the role/involvement of specific genes or proteins in the pathogenesis of SS.<sup>19</sup> This list includes: NOD.IFN- $\gamma^{-/-}$ , NOD.IFN- $\gamma$  R<sup>-/-</sup>, NOD.IL4<sup>-/-</sup>, NOD Ig $\mu^{-/-}$ .

Interestingly, NOD.IFN- $\gamma^{-/-}$  and NOD.IFN- $\gamma$   $R^{-/-}$  mice showed no salivary function loss, lymphocytic infiltration, increase in acinar cells apoptosis, or abnormal salivary protein expression by 20 weeks of age. The previous findings emphasize on the pivotal role of IFN- $\gamma$  in the pathogenesis of SS in NOD mice. Beyond 30 weeks of age, sparse leukocytes were found in the submandibular glands similar to the healthy control.[37](#page-9-5) Surprisingly, lymphocytic infiltration was apparent in lacrimal glands, particularly males, similar to that of NOD mice. Apoptosis signals in the submandibular and lacrimal glands using Caspase 3 and TUNEL assays, showed comparable level to the healthy control mice.

NOD.IL4 $^{-/-}$  mouse model was created to study the role of IL-4 in the pathogenesis of SS. Upon examining the targeted tissue, several proinflammatory cytokines were found but not IL-4. Although the cytokine was not found at the time of examination, it was still important in the pathogenesis of SS. Lymphocytic inflammation was evident as early as 8 weeks, similar to NOD mice, but at 20 weeks the infiltration was more severe than that in NOD mice. Although the lymphocytic infiltration was severe, it did not lead to dry mouth. Assessment of apoptosis, measured

by the level of positive acinar cells with TUNEL test, revealed a comparable level to NOD mice and higher than that of healthy mice. Serum analysis revealed the absence of M3R autoantibodies which might, partially, explain the absence of xerostomia despite the presence of lymphocytic inflammation. This mouse model provides a strong evidence that IL-4 does participate in the pathogenesis of SS regardless of its un-detected level in the tissue.<sup>[38](#page-9-6)</sup>

To study the role of B lymphocytes, Robinson established the NOD Ig $\mu^{-/-}$  mouse model that lacked functional B lymphocytes in their immune system.[39](#page-9-7) Although these mice exhibited salivary and lacrimal gland T cell infiltration at 8 weeks, they had normal salivary function. Older mice (>20 weeks) showed higher cysteine protease activity (apoptosis indicator in acinar and ductal cells) in comparison to their younger 8-week-old counterparts. This suggested the strong role of autoantibodies produced by B lymphocytes on the function of exocrine glands.<sup>39</sup>

#### 2.5. NZB/W F1 (NZB/NZW F1) mice

The first spontaneous mouse model utilized in the study of SS was NZB/W F1 $^{40}$  $^{40}$  $^{40}$  It was generated by crossing the first filial generation New Zealand black (NZB) with the New Zealand white (NZW). This model spontaneously develops SS and SLE disease characteristics. Both NZB and NZB/NZW F1 share similar disease characteristics while NZW does not. Both salivary and lacrimal glands showed lymphocytic infiltration by 16 weeks of age, but it was more intense in the lacrimal gland. Histological sections from both glands showed periductal and perivascular infiltration. Acinar cells showed a washed-out appearance while the connective tissue looked more edematous. However, cross sections of the gland showed well-preserved gland architecture. The severity of the mononuclear infiltration was influenced by the gland type, sex and age; where lacrimal glands of female older mice showed much more lesions compared to their counterparts. Although not all parotid glands showed lesions, they were found to be the most severely affected glands and the sublingual glands were the least affected. When the mononuclear infiltration was evident, not always, it did not exceed  $1-2$  small lesions.<sup>40</sup> However, autoantibodies, anti–SS–A and anti–SS–B, were not detected in their serum.<sup>[41](#page-9-9)</sup>

## 2.6. MRL/lpr (MRL/Mp-lpr) mice

MRL/lpr is a congenic strain that has obtained the lpr (lymphoproliferation) mutation from MRL/MpJ strai[n42](#page-9-10). Mice with lpr mutation lack Fas which is a cell surface protein that transduces apoptosis. These mice develop immune complex disease with features of SLE, SS, and RA-like disease. $41,42$  $41,42$  $41,42$  Submandibular gland lesions were found at the age of two months.<sup>[43](#page-9-11)</sup> Over expression of IL-1 $\beta$  and TNF- $\alpha$  was evident before salivary gland lesions, whereas, IL-6 elevation was in accordance with the lesions[.44](#page-9-12) Hoffman et al., have conducted one of the earliest studies on the exocrine involvement of this strain. They have found that more mice showed infiltration in the submandibular gland than in the parotid or sublingual. Lacrimal glands involvement was present in almost all mice studied. No anti-SSA/Ro or anti SSB/La was detected in the sera of these mice, but later on, studies have found that some mice do develop these autoantibodies. The presence of autoantibodies was shown in MRL/lpr as a congenic mouse from the MRL strain. However, autoantibodies, anti-  $-SS-A$  and anti $-SS-B$ , were not detected in their serum.<sup>[41](#page-9-9)</sup>

#### 2.7. NFS/sld mice

NFS/s1d mouse model has an autosomal recessive mutation that arrests sublingual gland differentiation. Several cytokines, IL-1 beta, TNFα, IL-2, IFN-γ, IL-6, IL-10, IL-12p40, and adhesion molecules, ICAM-1, LFA-1, CD44, Mel-14, were upregulated in this model.<sup>[45](#page-9-13)</sup> NFS/sld thymectomised mice develop spontaneous inflammatory changes in salivary and lacrimal glands 3 days after birth. No significant inflammation was

<span id="page-4-0"></span>Transgenic mouse models of Sjögren's Syndrome. Summary of the characteristics, autoantibodies, genetics, and pathogenesis reported in each mouse model.



found in other organs or in other non-thymectomised mice. Females were affected significantly higher and showed more lesions in their glands than males. The lymphocytic infiltration was more prominent in females and was composed mainly of  $\text{CD3}^+$  and  $\text{CD4}^+$  T cells with some  $\text{CD8}^+$  T cells and B220 B cells. Sera analysis revealed anti-salivary duct autoantibodies in mice with autoimmune lesions. $46$  A 120-kDa autoantigen α-fodrin was purified from the salivary glands of these mice, this autoantigen induces proliferation of T cells, in vitro. Neonatal immunization with this autoantigen prevented disease development.<sup>[47](#page-9-15)</sup>

## 2.8. Aly/aly mice

Alymphoplaisa (aly/aly) mice has a spontaneous mutation that results in an absence of extrasplenic lymphoid tissues, including lymph nodes and Peyer's patches,<sup>[122](#page-10-2)</sup> and show defects in both humoral and cellular immunity. Histopathological analysis revealed chronic inflammatory changes in exocrine organs, such as salivary glands, lacrimal glands, and pancreas of the homozygotes (aly/aly), but not the heterozygotes  $(aly/+)$ . In these exocrine organs, mononuclear cells consisting mainly of  $CD4<sup>+</sup>$  T cells, infiltrate periductal areas, and, in some cases, the cell infiltration extend to glandular lobules. The inflammatory changes in exocrine organs were transferred by a T cell-enriched fraction of spleen cells from homozygous animals. These results suggest that autoimmune mechanisms mediated by self-reactive T cells may be involved in the inflammatory lesions of various exocrine organs in the homozygous mice, although these mice show immunodeficiency. Inflammatory changes were observed in lungs of homozygotes. Since SS is characterized by diffuse lymphocyte infiltration in the periductal areas of lacrimal and salivary glands and is occasionally associated with pulmonary disease, aly/aly mice may serve as a unique spontaneous SS model. $48$ 

## 2.9. IQI/Jic mice

IQI/Jic is an inbred strain established from ICR mice.<sup>[49](#page-9-17)</sup> These mice produce antinucleolar autoantibodies in response to mercuric chloride exposure.[50](#page-9-18) Lymphocytic focal infiltration is evident in salivary and lacrimal glands of these mice. Females showed more involvement of the salivary glands than males; up to 80% of all females at all ages showed sialadenitis that worsened after 6 months of age. However, males showed slight lesions and the incidence increased with age. $^{49}$  Infiltrating immune cells were detected at 4 weeks of age, involving MHC  $II^+$ , CD11c<sup>+</sup> and  $B7-2^+$  dendritic cells (DCs). At 8 weeks, infiltrating lymphocytes were seeded in submandibular glands of females and lacrimal glands of males. These lymphocytes were B cells and  $CD4^+$  T cells in similar ratios.<sup>51</sup> In this strain, lymphocytic infiltration was found to involve multiple organs; lungs, pancreas and kidneys were infiltrated with  $CD4<sup>+</sup>$  T-cells and B-cells at advanced ages, like SS patients.<sup>[52](#page-9-20)</sup> When these mice were subjected to neonatal thymectomy, severe lesions were found in the lacrimal glands suggesting a crucial rule of  $CD4^+$  CD25<sup>+</sup> T<sub>reg</sub> cells.<sup>53</sup>

#### 3. Transgenic mouse models

[Table 3](#page-4-0) summarizes the characteristics, autoantibodies, genetics, and pathogenesis reported in each transgenic mouse model.

#### 3.1. HTLV-1 tax transgenic mice

Human T-cell leukemia virus 1 (HTLV-1) is a retrovirus involved in adult T-cell leukemia and in the pathogenesis of autoimmune diseases, such as; SS and RA.<sup>20,[54](#page-9-22)</sup> This model contains the HTLV-1 tax gene under the control of the viral long terminal repeat (LTR) which leads to a phenotype that involves exocrine glands.<sup>20[,55](#page-9-23)</sup> Diffuse and multifocal ductal epithelial cell proliferation is evident in these mice at an early age, which later intensifies leading to distortion of glandular architecture, particularly, of the submandibular and parotid glands.<sup>[55](#page-9-23)</sup> As the proliferation advances, lymphocytic infiltration starts to surround the enlarged epithelial masses, and later plasma cells appear.<sup>[55](#page-9-23)</sup> Lacrimal glands undergo epithelial cell proliferation that is not as severe as in salivary glands and is delayed. The severity of the glandular pathology corresponds to tax gene expression. Tax protein production increases with age and it is produced equally in males and females.<sup>[55](#page-9-23)</sup>

## 3.2. IL-6 transgenic mice

Interleukin-6 (IL-6) is a cytokine that is originally known to be necessary for the maturation of B cells. Later, its multifunctionality was revealed to involve a critical role in hematopoiesis and immune response, particularly, the acute phase. Dysregulation of IL-6 leads to several autoimmune diseases, such as; rheumatoid, osteoporosis and psoriasis.[56](#page-9-24),[57](#page-9-25) The effect of IL-6 on the development of SS and other autoimmune diseases was studied by using transgenic hybrid mice for GVHD model with MHC class II disparity. These mice showed elevated IL-6. Systematic investigation of these mice showed a larger spleen index and autoimmune-like lesions that left the animal very weak. In addition, these mice showed elevated antimitochondrial antibodies. The previous findings strongly correlated with the elevated level of IL-6 and the

#### 3.3. IL-10 transgenic mice

Interleukin-10 (IL-10) is known for the maturation and regulation of T and B cells, as well as enhancing MHC II antigen expression; therefore, an abnormal level of IL-10 might play a role in the pathogenesis of autoimmune diseases. Furthermore, IL-10 controls cytokine production by natural killer cells and immunoglobulins by B cells.<sup>[59](#page-9-27)</sup> IL-10 is generally considered the most important anti-inflammatory interleukin that pre-vents inflammation-mediated tissue damage.<sup>[60](#page-9-28)</sup> This mouse model was created by microinjection of IL-10 mouse cDNA in C57BL/6 fertilized eggs under the amylase promoter.<sup>[120](#page-10-3)</sup> This model showed epithelial apoptosis accompanied with glandular infiltration of Fas-ligand (FasL) $+$ CD4<sup>+</sup> T cells, and less than 10% were CD8<sup>+</sup>. The glandular infiltration was evident as early in 8-week-old mice and increased in intensity as they aged. The glandular tissue stained positive for MHC class II I-AK. Clinically, the mice exhibited lower saliva and tear secretion than their control group at 8-week-old, and it continued to decline overtime. No differences were found between males and females.

### 3.4. IL-12 transgenic mice

IL-12 is a proinflammatory heterodimeric cytokine produced by Antigen presenting cells, B cells and phagocytic cells. It is responsible for the production of several cytokines, especially IFN-y.<sup>[121](#page-10-4)</sup> IL-12 acts as a growth factor for activated T and NK cells and is best known for inducting differentiation of  $CD4^+$  T lymphocytes from a Th0 to Th1 phenotype.<sup>20,</sup>  $61,62$  This mouse model was created by Kimura et al., 2005 to investigate the effect of chronic exposure to IL-12 in murine thyroid glands. This strain was engineered to express IL-12 p70 under the transcriptional control of the thyroglobulin promoter. $62$  Stimulated salivary flow rate was measured in females and males, and was found statistically lower in IL-12 transgenic mice when compared to their wild type counterparts. However, this decrease was age-dependant in males; salivary flow rate was decreased at 16 weeks of age when compared to control mice, while females were not age dependant as they showed lower salivary flow rate at 7–20 weeks of age. Histological analysis of salivary and lacrimal glands reveled lymphocytic infiltration, composed mainly of  $B220<sup>+</sup>$  B cells and  $CD4<sup>+</sup>$  T cells. Strong correlation was found between the glandular hypofunction and lymphocytic infiltration in females. ANAs were found statistically higher in IL-12 transgenic mice when compared to control counterparts at 13, 32 and 36 weeks of age. However, when the level of SSA/Ro levels were investigated, higher values were found in the transgenic mice but not high enough to be significant at all measured time points. $63$ 

### 3.5. IL-14 $\alpha$  transgenic mice

IL-14α is a cytokine that induces activated B cell proliferation, inhibits immunoglobulin secretion, and expands certain B cells subpopulations.[64](#page-9-31),[65](#page-9-32) Analysis of peripheral blood leukocytes IL-14α transcripts in primary and secondary SS patients were found higher than the age-, ethnic- and sex-matched controls.<sup>66</sup> IL-14 $\alpha$  transgenic mice were created to study the role of IL-14 $\alpha$ , in vivo.<sup>[67](#page-9-34)</sup> Transgenic mice at different ages were examined and their sera were evaluated for immunoglobulins and autoantibodies production. By six months of age, these mice developed hypergammaglobulinemia including IgM and IgG. A significant increase in IgA and IgG2a levels was found in the serum by 9 months of age. Analysis of autoantibodies associated with SS and SLE-like IgG ANA, anti-dsDNA, anti-chromatin, anti-Ro, anti-La, anti-Sm, and anti-nRNP, showed some mice with one or two elevated autoantibodies but the majority of mice did not express any.<sup>[63](#page-9-30)</sup> Histological assessment of parotid glands and kidneys revealed lymphocytic infiltration and IgM deposition in the kidneys. Aged mice developed  $CD5<sup>+</sup>$  B cell lymphoma, similar to what is found in some SS and SLE patients. $20,68$  $20,68$  $20,68$ 

#### 3.6. BAFF transgenic mice

BAFF transgenic mice produce a very high level of B cell activating factor (BAFF). BAFF is involved in B-cell survival; however, excessive levels can lead to inability to respond to censoring death signals and escaping critical tolerance checkpoint.<sup>[69,](#page-9-36)[70](#page-9-37)</sup> BAFF Tg mice exhibit enlarged marginal zone (MZ) B-cell compartment and show MZ-like B cells circulating in the blood, lymph nodes, and salivary glands. These mice are characterized by the presence of excessive levels of autoantibodies, leading to kidneys and salivary glands destruction, similar to SLE and SS patients, respectively.<sup>[71](#page-9-38)</sup> Previous features highlight a possible link between the active autoimmune cells and BAFF. $^{71}$  $^{71}$  $^{71}$  BAFF Tg mouse tended to develop SS as they age. Older mice (>one year) exhibited larger submandibular glands, decreased saliva flow rates, as well as, submandibular gland destruction, due to severe lymphocytic infiltration.<sup>72</sup> The disease severity was variable among these mice and was not affected by sex. No anti-SSA/Ro or anti/SSB/La autoantibodies were detected in their sera, regardless of disease severity. Cell population was composed of a larger proportion of B cells but it was variable in this strain[72.](#page-9-39)

## 3.7. Id3 knockout (Id3 $^{-/-}$ ) mice

DNA binding inhibitors (1,2,3, and 4 (IDs)) are nuclear proteins, when present at high concentration, bind to basic Helix-loop-helix transcription factors (bHLH). bHLH is a family of proteins that control cell fate, differentiation and proliferation, forming ID-bHLH dimers, which lack the basic binding site, therefore, no interaction with DNA takes place.<sup>73[,74](#page-9-41)</sup> Id3 is important in the development of T lympho-cytes<sup>[75](#page-9-42)[,76](#page-9-43)</sup> and B lymphocytes.<sup>[77](#page-9-44)</sup> Id3 expression is high in proliferating cells but low in differentiating cells[.77](#page-9-44) Id3-null mice showed selective defects in humoral immunity because Id3 is necessary in BCR-mediated B lymphocytes proliferation.<sup>77</sup> This phenotype was partially explained by the study of purified B cells, which showed that Id3 was required for BCR-mediated B-cell proliferation. In addition, another study showed that Id3 was required for optimal expression of IFN-γ.<sup>[77](#page-9-44)</sup> Id3-null mice recapitulated many of the primary SS symptoms that patients present.<sup>[78](#page-9-45)</sup> They secreted significantly less saliva and tears in both males and females, as early as 2–4 months of age. Both males and females were unable to keep their eyelids opened at around six months of age due to severe dryness. Histological assessment of salivary and lacrimal glands revealed lymphocytic infiltration at around two months of age which was more significant at six months. T lymphocytes (CD4<sup>+</sup> and CD8<sup>+</sup>) and B cells were identified in the lymphocytic infiltrations. Serum analysis revealed the presence of autoantibodies at a significantly high frequency after one year of age but not before. The pancreas, kidneys, lungs, thyroid and liver did not display any gross abnormalities. However, histological assessment of some old animals (>one-year-old) showed occasional infiltration in lungs and kidneys[.78](#page-9-45)

#### 3.8. TGF-β1 knockout mice

Transforming Growth Factor-β1 (TGF-β1) a pleotropic cytokine secreted by T cells and is essential for immune homeostasis.<sup>[79,](#page-9-46)[80](#page-9-47)</sup> It is responsible for innate and adaptive immune cell regulation and tolerance. In addition, it has a suppressive action on several immune cells, including T/B cells and macrophages. The immune system increases the release of TGF-β1 to protect and/or recover from autoimmune diseases.  $81$ Mice carrying a homozygous mutation for TGF-β1 die at around 3 weeks after birth, due to organ failure caused by Wasting Syndrome. Upon organ examination, animals exhibited a marked tissue infiltration and necrosis.[82](#page-9-49) The infiltration involved many organs including; the liver, heart, stomach, lung, pancreas, salivary glands and striated muscles. Salivary glands showed slight to moderate multifocal infiltration in the periductal region.<sup>[82](#page-9-49)</sup> Inflammation was evident around one week after birth; however, it was variable among mice. $83$  These infiltrating cells were mainly lymphocytes and some plasm cells. As the infiltration

proceeded, the acinar cells were the most affected; shrunk and atrophied.

#### 3.9. PI3K knockout mice

Phosphoinositide 3-kinase (PI3K) is an enzyme activated by receptors for antigen, cytokines, costimulatory molecules, immunoglobulins, and chemoattractant. PI3K is responsible for immune cells proliferation and differentiation.<sup>[84,](#page-9-51)[85](#page-9-52)</sup> In class 1A phosphoinositide-3-kinase deficient mice, autoimmunity developed around 2 months of age and became more profound at 4 months, in females and males equally.[86](#page-9-53) Large infiltration in the lacrimal glands was found in the periductal area with acinar cell destruction. Infiltration foci were composed mainly of  $CD4<sup>+</sup>$  T, some  $CD8<sup>+</sup>$  T and B220<sup>+</sup> B cells. Other organs, such as; liver, lungs and intestines showed signs of infiltration with less penetration. Serum analysis revealed the presence of ANAs in almost two thirds of the mice. Anti-SSA titre was higher in phosphoinositide-3-kinase-deficient mice than controls and it tended to increase with age.<sup>86</sup>

## 3.10. TSP-1-deficient mice

Thrombospondin-1 (TSP-1) is largely responsible for the activation of the latent form of TGF-β1 extracellularly, in vivo.<sup>[87](#page-9-54)</sup> TGF-β1 is a bipolar cytokine which plays an important role in immunity development.<sup>[88](#page-9-55)</sup> Its overexpression is associated with fibrosis and exaggerated immune response; however, TGF-β1 is responsible for limiting innate and adap-tive immune responses to reinstate immune homeostasis. [81,](#page-9-48)[88,](#page-9-55)[89](#page-9-56) Based on the previous information, the effect of TSP-1 on SS pathogenesis was investigated. When TSP-1-deficient mice were created, they appeared normal at birth, but later, they developed lacrimal glands SS-like disease. The lacrimal glands were invaded with lymphocytes that led to apoptosis, glandular deterioration and abnormal tear formation. These mice develop ocular surface abnormalities similar to SS patients, including corneal deterioration and crusty eyes. Serum analysis of TSP-1 null mice revealed the presence of anti-SSA and anti-SSB autoantibodies.  $CD4^+$  T lymphocytes were found to secret IL-17 which is strongly linked to chronic inflammation. Isolated antigen presenting cells were capable of activating T-lymphocytes to secrete IL-17, in vitro.<sup>[90](#page-9-57)</sup> Further studies are needed to investigate salivary glands changes in TSP-1 null mice.

#### 3.11. RbAp48 transgenic mice

Retinoblastoma Associated Protein 48 (RbAp48), known as RBBP4, is a protein that interacts with multiple cellular proteins in cell growth and apoptosis[.19](#page-8-12),[91](#page-9-58) RbAp48 Transgenic mice were created by microinjection of gene fragments containing RbAp48 cDNA, regulated by salivary gland-specific promoter, into fertilized eggs from  $C57BL/6$ . Ovariectomized C57BL/6 mice showed enhanced salivary and lacrimal glands apoptosis via p53-mediated overexpression of RbAp48. $92$  Therefore, RbAp48 Transgenic mice are a useful strain to study the role of estrogen deficiency in autoimmunity. Mice examined at 24 weeks of age exhibited autoimmune exocrinopathy similar to SS patients; however, lymphocytic infiltration in salivary and lacrimal glands was more frequent at 30–<sup>50</sup> weeks. Females displayed more severe form of the disease, at all ages. The majority of infiltrating cells were  $CD4^+$  with some B220<sup>+</sup>, CD8<sup>+</sup>, and  $CD11<sup>+</sup>$ . A significant decrease in saliva and tears volumes was evident, starting at 30 weeks of age. High levels of anti-SSA/Ro, anti-SSB/La, and anti-α-fodrin (120-kD) autoantibodies were detected in their sera.<sup>93</sup> MHC II expression was evident on exocrine epithelial cells which enabled them to act as antigen presenting cells. Therefore, these cells might express exocrine antigens to  $CD4^+$  cells which could lead to the initiation of autoimmune reactions. $93$ 

#### 3.12. Aromatase knockout (ArKO) mice

Aromatase is a cytochrome P450 responsible for estrogen biosyn-thesis.<sup>[94](#page-9-61)</sup> Estrogen receptors  $\alpha$ - and β-knockout mouse models showed

<span id="page-7-0"></span>Immunization mouse models of Sjögren's Syndrome. Summary of the characteristics, autoantibodies, genetics, and pathogenesis reported in each mouse model.

<b>Immunization Mouse</b> Model	Characteristics	Autoantibodies	Genetics & Pathogenesis	References
CA II Immunization	- Lymphocyte infiltration in salivary glands, pancreas and kidneys			104-106
M3R peptide immunization	- Low saliva secretion and significant lymphocytic infiltration in salivary glands	- Very high levels of M3R autoantibodies	- Mainly $CD4^+$ with few B cells and IFN- $\gamma$ and IL- 17- secreting cells	107,108
Ro Immunization	- Lymphocytic infiltration in salivary glands - Low salivary flow rate		- CD4 <sup>+</sup> (45%), CD8 <sup>+</sup> (18%) T lymphocytes and $CD19+$ (38%) B lymphocytes.	109-112

other abnormalities, like autoimmune nephritis but not SS; therefore, an animal model that lacks estrogen itself, not the receptors, was the model of choice.<sup>[95](#page-9-62)</sup> ArKO, mice lack the aromatase gene and consequently lack estrogen. Mice examined at 12–17 months old developed mild splenomegaly, bone marrow hypercellularity, and impaired renal function, due to chronic estrogen deficiency. Additionally, they spontaneously develop SS-like symptoms in both females and males. Gross examination of salivary glands showed enlargement and massive lymphocytic infiltration, mainly  $B220<sup>+</sup>$  B cells, which led to destruction of acinar cells. Alpha-fodrin fragments were detected in the salivary gland, and anti- α-fodrin antibodies were found in their sera. These findings are important hallmarks of  $SS.<sup>96</sup>$ 

## 3.13. Opn transgenic mice

Osteopontin (OPN) is a multifunctional protein involved in various physiological processes including immunity.[124](#page-10-5) T cells activation has been linked to high upregulation of OPN gene; therefore, various autoimmune diseases exhibited OPN overexpression including  $SS$ . <sup>97-[99](#page-9-64)</sup> In *Opn* Transgenic mice, OPN overexpression was achieved by the immunoglobulin enhancer/SV40 promoter which led to OPN overexpression in bone. These mice exhibited significant saliva loss by 16 weeks of age. Histological assessment of female Opn Transgenic mice revealed that 62% of submandibular gland, 50% of lacrimal gland, and 12.5% of both glands had lymphocytic infiltration.<sup>98</sup> Immunohistochemical analysis of the submandibular glands showed higher staining for OPN in ductal cells and colocalization of OPN with lymphocytic infiltration. Serum analysis showed elevated IL-4, IL-6, IL-2, and TNF-α levels.

## 3.14.  $CD25$  knockout (IL-2Ra $^{-/-}$ ) mice

CD25 is an interleukin 2 (IL-2) receptor alpha subunit (IL-2R $\alpha$ ). IL-2 receptor is composed of IL-2R $\alpha$  (CD122) and  $\gamma$  chains complexed with  $\alpha$  subunit (CD25).<sup>100</sup> Binding of IL-2 to its receptor leads to interruption of Th17 differentiation; therefore, in the absence of IL-2 receptor  $\alpha$ subunit, favors a more differentiated Th17 production which leads to autoimmunity.<sup>100,[101](#page-9-67)</sup> This mouse model lacks the expression of IL-2R $\alpha$ and exhibits multi-organ inflammatory condition in exocrine glands and gastrointestinal tract.<sup>102</sup> Rahimy et al. ran an analytical study to investigate lacrimal glands of this mouse model. $100$  Excised lacrimal glands were enlarged, red, and inflamed at 8 weeks of age. Further histological analysis revealed acinar atrophy and fibrosis, and periductal fibrosis accompanied with severe lymphocytic infiltration. However, at 16 weeks, these glands became small and atrophied. Histological analysis revealed generalized disarrangement, acinar cells loss, and glandular atrophy.<sup>[100](#page-9-66)</sup> Cytometry analysis indicated the abundance of  $CD4^+$  and  $CD8<sup>+</sup>$  cells, at all ages. Unlike other mouse models, CD25 KO displayed similar pathology in males and females. The main markers for lacrimal gland activity; peroxidase and EGF were evaluated. Peroxidase was never detected at any age, and EGF was very low. Young CD25 KO mice showed higher Th17 (TGF-β1, IL-17A, IL-23R, IL-21, CCL20, and Th1 (IFN-⍺, IL-2, IL-12, IL-12RB1, IL-18R, T-bet) cytokines.<sup>100,[103](#page-9-69)</sup> The cornea showed higher irregularities and the conjunctiva showed  $CD4^+$  and  $CD8^+$  infiltration similar to that of the lacrimal glands. $103$ 

#### 4. Immunization mouse models

[Table 4](#page-7-0) summarizes the characteristics, autoantibodies, genetics, and pathogenesis reported of immunization mouse models.

## 4.1. CA II immunization

Carbonic Anhydrase (CA) is a basic zinc metalloenzyme with a wide distribution in the tissues where it regulates acid base status.<sup>104,[105](#page-10-6)</sup> Autoantibodies against CA were found in the sera of SS and SLE patients, and the titers correlated to the disease activity.<sup>[105](#page-10-6)</sup> Experimental sialadenitis was induced by immunizing  $PL/J$   $(H-2<sup>u</sup>)$  mice with human CAII, intradermally. Immunized mice showed significant infiltration in salivary glands compared to untreated mice. The infiltration was observed around intercalated ducts and intralobular, causing acinar cell atrophy. Some mice showed lymphocytic infiltration in the pancreas and the kidneys. Mice bearing  $H-2<sup>s</sup>$  and  $H-2<sup>u</sup>$  were found susceptible to CAII immunization. $106$ 

#### 4.2. M3R peptide immunization

M3 muscarinic acetylcholine Receptor (M3R) is expressed in exocrine glands, including salivary and lacrimal glands. $107$  It delivers the neural command from the parasympathetic system to initiate saliva and tears secretions. Several studies reported that 40% of SS patients has M3R reactive T cells in their blood, and 9–100% of these patients tested positive for M3R autoantibodies.[107](#page-10-8) Iizuka et al. have established M3R mouse model to study the effect of this receptor on the development of sialadenitis in the presence of autoantibodies against it. They injected fragments of murine M3R into  $M3R^{-/-}$ , then the splenocytes were inoculated and injected into Rag1<sup>-/-</sup> mice (M3R<sup>-/-</sup>/Rag1<sup>-/-</sup>). Upon examination of  $M3R^{-/-}/Rag1^{-/-}$ , very high levels of M3R autoanti-bodies were found in the serum and saliva secretion was very low.<sup>[108](#page-10-9)</sup> Histological assessment revealed significant lymphocytic infiltration in the salivary glands, mainly CD4<sup>+</sup> with fewer B cells, and IFN- $\gamma$  and IL-17secreting cells. In addition, few apoptotic cells were found in the salivary glands. The previous data strongly suggests that blocking M3R by autoantibodies is an important event in SS development.

#### 4.3. Ro immunization

Autoantibodies against ribonucleoproteins SSA/Ro (Anti-SSA/Ro) and SSB/La (anti-SSB/La) existed in >75% of SS patients when measured via a sensitive technique.<sup>[109](#page-10-10)</sup> Their levels serve as a diagnostic marker for SS and other autoimmune diseases. $110,111$  $110,111$  Scofield et al. have tested the ability of short peptides from the 60-kDa Ro (or SSA) Ag immunization to induce SS-like disease in BALB/c mice. Immunized mice developed an immune reaction and produced antibodies against both Ro/La antigens, similar to SS patients. Upon histological examination, lymphocytic infiltration was found in the salivary glands, mainly,  $CD4^+$  (45%),  $CD8^+$ (18%) T lymphocytes and CD19<sup>+</sup> (38%) B lymphocytes. Salivary flow was lower in the immunized mice not in the control. $^{112}$ 

<span id="page-8-21"></span>



#### 5. Infection mouse model

[Table 5](#page-8-21) summarizes the characteristics, autoantibodies, genetics, and pathogenesis reported in each infection mouse model.

#### 5.1. Murine cytomegalovirus

Environmental factors have been documented as aggravating factors for autoimmune diseases in genetically-predisposed patients.<sup>[14](#page-8-7),[20](#page-8-13)</sup> Several viruses were found to be involved in the pathogenesis of SS, including Epstein-Bar (EBV), hepatitis C and cytomegalo virus (CMV). $^{113}$  Despite the usefulness of murine models for studying the role of CMV in the etiopathogenesis of SS, the virus targets different cell types in humans and mice. Human CMV (HCMV) usually targets the ductal cells, while the murine CMV (mCMV) prefers the acinar cells, and it seems to induce an inflammatory response leading to cell death followed by regener-ation.<sup>[114](#page-10-15)–[117](#page-10-15)</sup> Four mouse strains: C57B1/6  $[B6]$ <sup>+/+</sup>, Fas-deficient B6-lpr/lpr, TNFRI-deficient B6-tnfr $1^{-/-}$ , and B6-tnfr $1^{-/-}$ -lpr/lpr mice were found useful as they recapitulated specific phenotypes of SS-like disease when transfected with mCMV. At 28 days post-infection, extensive inflammatory cell infiltration was detected in the salivary glands of C57BL/6 [B6]- $^{+/+}$ , B6-tnfr1<sup>-/-</sup> and B6-lpr/lpr. However, at 10 days post infection, no inflammation was observed in C57BL/6  $[B6]$ -<sup>+/+</sup> and B6-tnfr $1^{-/-}$  which was the time at which the infectious mCMV was no longer detectable. On the other hand, in B6-lpr/lpr, only salivary glands showed inflammation despite the absence of mCMV in the gland after 100 days. B6-lpr/lpr infected mice showed high level of anti-Ro (SS–B), anti-La (SS-A) and rheumatoid factor (RF), 100 days post-infection while C57BL/6 [B6]- $^{+/+}$  did not.<sup>[118](#page-10-16)</sup>

#### 6. Conclusion

After reviewing all the available data regarding the murine models for SS, we can conclude that NOD strain is the model that recapitulates the disease characteristics the best, and it is the most suitable for drug testing. NOD mice exhibit heterogenous clinical and laboratory features, comparable to that of SS patients. However, this should not lead us to abandon the other mouse models or neglect the important data that was generated. On the contrary, these data, often, supported and complemented to results obtained from NOD mice.

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#### G. Abughanam et al. Journal of Oral Biology and Craniofacial Research 11 (2021) 245–<sup>255</sup>

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#### G. Abughanam et al. Journal of Oral Biology and Craniofacial Research 11 (2021) 245–<sup>255</sup>

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