

CELL BIOLOGY

Glucocorticoid counteracts cellular mechanoresponses by LINC01569-dependent glucocorticoid receptor–mediated mRNA decay

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Mechanical stimuli on cells and mechanotransduction are essential in many biological and pathological processes. Glucocorticoid is an important hormone, roles, and mechanisms of which in cellular mechanotransduction remain unknown. Here, we report that glucocorticoid counteracted cellular mechanoresponses dependently on a novel long noncoding RNA (lncRNA), *LINC01569*. Further, *LINC01569* mediated glucocorticoid effects on mechanotransduction by destabilizing messenger RNA (mRNA) of mechanosensors including early growth response protein 1 (*EGR1*), Cbp/P300-interacting transactivator 2 (*CITED2*), and bone morphogenic protein 7 (*BMP7*) in glucocorticoid receptor–mediated mRNA decay (GMD) manner. Mechanistically, *LINC01569* directly bound to the GMD factor Y-box–binding protein 1 (*YBX1*). Then, the *LINC01569*–*YBX1* complex was guided to the mRNAs of *EGR1*, *CITED2*, and *BMP7* through specific *LINC01569*–mRNA interaction, thereby contributing to the successful assembly of GMD complex and triggering GMD. Our results uncovered roles of glucocorticoid in cellular mechanotransduction and novel lncRNA-dependent GMD machinery and provided potential strategy for early intervention in mechanical disorder–associated diseases.

INTRODUCTION

The extracellular matrix (ECM) or neighboring cells surrounding living cells result in their constant exposure to mechanical stimuli (1). Cells use mechanotransduction to sense their physical environment. Mechanotransduction is a process in which biochemical signals are translated from mechanical forces. Consequently, alterations to mechanotransduction can disturb cellular or extracellular signaling in response to surrounding mechanical stretch, which has been implicated in the development of a wide array of diseases, such as cancer progression, cardiomyopathies, fibrosis, and muscular dystrophies (2). Determining how to alter cellular mechanotransduction will help develop preventive and therapeutic interventions for a multitude of pathological conditions.

Glucocorticoid, a kind of steroid hormone in the body, exerts diverse physiological functions via the glucocorticoid receptor (GR), which is expressed in almost all tissues (3, 4). Traditionally, once GR is bound by glucocorticoid, it translocates to the nucleus and functions as a transcription activator or suppressor for glucocorticoid-responsive genes (5). Recently, Park *et al.* (6) and Cho *et al.* (7) reported that the glucocorticoid–GR system also plays a role in the degradation of a subset of mRNAs independently of a translation event, which was named as GR-mediated mRNA decay (GMD). Park *et al.* (8) further identified that proline-rich nuclear receptor coregulatory protein 2

(PNRC2), ATM-mediated phosphorylation of up-frameshift suppressor 1 homolog (UPF1), and two GMD-specific factors, heat-responsive protein 12 (HRSP12) and Y-box–binding protein 1 (*YBX1*), are required for GMD, but how GMD-related factors are recruited to target mRNAs has not been described. Emerging evidence indicates glucocorticoid as one of the most important gene regulatory molecules. However, whether glucocorticoid affects cellular mechanotransduction and the underlying mechanisms remain unknown.

Long noncoding RNAs (lncRNAs) are a class of transcripts without protein coding potential, which are described longer than 200 nucleotides. Previous studies have revealed that lncRNAs can directly interact with various biomolecules including DNA, mRNA, lncRNA, small noncoding RNAs, proteins, and so on (9). Functionally, lncRNAs are classified in four different categories according to modes of actions: signal lncRNAs, decoy lncRNAs, guide lncRNAs, and scaffold lncRNAs (10). lncRNAs are being increasingly recognized as key molecules with the potential to provide mechanistic insight into many uncharacterized aspects of cellular, physiological, and pathological processes. Gong and Maquat (11) first reported that lncRNAs duplexed with 3' untranslated regions (UTRs) via Alu elements and triggered staufen1 (*STAU1*)–mediated mRNA decay (SMD) for a subset of targets, indicating important roles of lncRNAs in mRNA metabolism process. GMD is a recently found mRNA decay mode that is different from traditional SMD, replication-dependent histone mRNA decay, and nonsense-mediated mRNA decay (NMD) (7, 12). However, roles of lncRNAs in glucocorticoid-regulated gene transcription or the GMD machinery have not been elucidated until now.

Hypertrophic scars, which occur in approximately 70% of patients with burn, can severely affect the patient's quality of life (13). Traditionally, hypertrophic scars are characterized by excessive deposition of ECM in appearance. However, emerging evidence indicates that intrinsic cellular mechanical stretch is a primary drive force of hypertrophic scars, making it a cell model to study mechanotransduction (14). In the present study, we used a mechanically stretched hypertrophic

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scar fibroblast (HSFB) model to study roles of glucocorticoid and related lncRNAs in mechanotransduction. We found that glucocorticoid counteracted the cellular mechanoresponses including increased proliferation, decreased apoptosis, and excessive matrix production through a *LINC01569*-dependent GMD pathway. Upon glucocorticoid treatments, *LINC01569* was up-regulated and bound to the GMD factor *YBX1*. Then, *YBX1* was guided to the mRNAs of early growth response protein 1 (*EGR1*), Cbp/P300-interacting transactivator 2 (*CITED2*), and bone morphogenic protein 7 (*BMP7*) in an lncRNA-mRNA sequence-specific binding manner, resulting in triggering GMD and counteraction of cellular mechanoresponses. These findings provide new insights into roles of glucocorticoid in regulating mechanotransduction and the mechanisms by which lncRNAs affect GMD complex assembly for their target genes. In addition, we provide evidence that *LINC01569*-dependent GMD system might have potential therapeutic benefits in the prevention and treatment of mechanical disorder diseases.

RESULTS

Glucocorticoid counteracts the cellular mechanoresponses of HSFs

Glucocorticoid is considered an important hormone and is a widely used drug involved in body development, metabolism, and immunity. Unfortunately, whether glucocorticoid affects cellular mechanotransduction and mechanical responses has never been determined until now. Hypertrophic scars can be produced by applied mechanical stress to a healing wound in mice that never produce scars naturally (15). Emerging evidence shows that the mechanoresponsive properties of fibroblasts have an evolutionarily conserved function in hypertrophic scar formation (16). Therefore, we treated the mechanical stretched HSF model with triamcinolone acetonide (TA), a long-acting glucocorticoid drug, to investigate the effects of glucocorticoid in cellular responses to mechanical stimuli. HSFs isolated from human hypertrophic scars were cultured for in vitro mechanical stretching assays (Fig. 1A).

According to previously reports (17, 18), collagen synthesis, degradation, cell proliferation, and apoptosis are the molecular pathological mechanisms of scar formation; therefore, we analyzed these cellular biological events under mechanical stretch. As a result, stretch increased collagen production and down-regulated collagen-digesting enzymes, including matrix metalloproteinase 1 (MMP1) and MMP3, in the cultured HSFs (Fig. 1, B and C). These effects were counteracted by treatment of cells with TA. Mechanical stretch also inhibited apoptosis and increased the proliferation of HSFs, which were also relieved by TA treatment (Fig. 1, D to F, and fig. S1). In line with the changes of cellular behaviors, we observed that TA treatment reduced levels of MMPs and impaired the activation of the transforming growth factor- β pathway transcription factors SMAD family member 3 (SMAD3) and protein kinase B (PKB/AKT) (Fig. 1G), both of which are known members of intracellular mechanoresponsive pathways (19, 20). Thus, glucocorticoid treatment could counteract mechanical stretch-induced cellular responses including increased proliferation, decreased apoptosis, and excessive matrix production of HSFs.

Counteraction of mechanoresponses by glucocorticoid involves down-regulation of mechanosensors in HSFs

To investigate how glucocorticoid affects cellular responses of HSFs to mechanical stretch and which genes and signaling pathways are

involved, we profiled differentially expressed genes using a microarray analysis in stretched HSFs treated with or without TA. TA treatment altered gene expression in HSFs (Fig. 2A). We found the same altered expression of genes that were previously reported as glucocorticoid responders, e.g., FKBP prolyl isomerase 5 (FKBP5) (21, 22), interleukin-8 (23), and the *fos* proto-oncogene (24) in the microarray. We further validated these genes using quantitative real-time reverse transcription polymerase chain reaction (qRT-PCR) analysis (fig. S2). This indicated that our microarray accurately represents the changes of gene expression after glucocorticoid treatment. Cytoscape analysis indicated that most TA-regulated genes were enriched in cell proliferation/apoptosis, responses to external stimulus or stress, and regulation of wound healing (Fig. 2B and fig. S3). Furthermore, gene ontology (GO) classification showed that the three most dysregulated biological processes were collagen synthesis, collagen degradation, and proliferation/apoptosis (Fig. 2C), all of which are involved in cellular mechanical responses of HSFs. These bioinformatic data suggested that glucocorticoid affects cellular mechanical response-associated genes in HSFs.

Given that cellular responses to mechanical stretch are dependent on mechanotransduction, which transforms physical cues into gene expression and signaling pathways, we paid more attention to candidate genes involved in mechanotransduction. Therefore, we selected three differentially expressed mechanosensor genes and further investigated, including *EGR1* (25, 26), *CITED2* (27), and *BMP7* (28, 29), all of which act as mechanosensitive molecular switches and regulate transcription downstream of mechanical signals. qRT-PCR and Western blot assays verified that *EGR1*, *CITED2*, and *BMP7* were significantly down-regulated by TA in stretched HSFs (Fig. 2, D and E). Another glucocorticoid drug, dexamethasone (Dex), similarly impaired the mRNA and protein expression of these genes in stretched HSFs (fig. S4, A and B).

In addition, previous studies reported that *EGR1*, *CITED2*, and *BMP7* were key regulators in collagen synthesis (30, 31), matrix metabolism (27, 32–34), and apoptosis (35, 36), respectively, all of which are biological responses induced by mechanical stimulation in hypertrophic scar formation. Therefore, we analyzed the correlations between the three mechanosensors and the corresponding genes involved in collagen, matrix metabolism, and apoptosis. Quantitative analysis indicated that *EGR1* expression correlated with collagen I and collagen III, *CITED2* correlated with MMP1 and MMP3, and *BMP7* correlated with apoptosis regulators Caspase-3, Caspase-7, and Caspase-8 and BCL2-associated X, apoptosis regulator (Bax) (Fig. 2F). Our data suggest that these documented mechanosensors (*EGR1*, *CITED2*, and *BMP7*) serve as downstream effectors of glucocorticoid to counteract cellular mechanical responses in HSFs. Masson's trichrome staining of hypertrophic scar tissues revealed that TA treatment restored regular and sparse distribution of collagens, which was accompanied by reduced protein and mRNA levels of *EGR1*, *CITED2*, and *BMP7*, as revealed by immunostaining (Fig. 2G) and in situ hybridization (ISH) (fig. S5). Therefore, down-regulation of mechanosensor proteins may be responsible for the counteraction of stretch-induced phenotypes of HSFs by glucocorticoids.

LINC01569 mediates glucocorticoid-induced counteraction of cellular responses to mechanical stretch

Next, we sought to determine how TA affects mechanosensors in HSFs under stretching environment. lncRNAs have emerged as an abundant and functionally diverse species of RNAs, which play

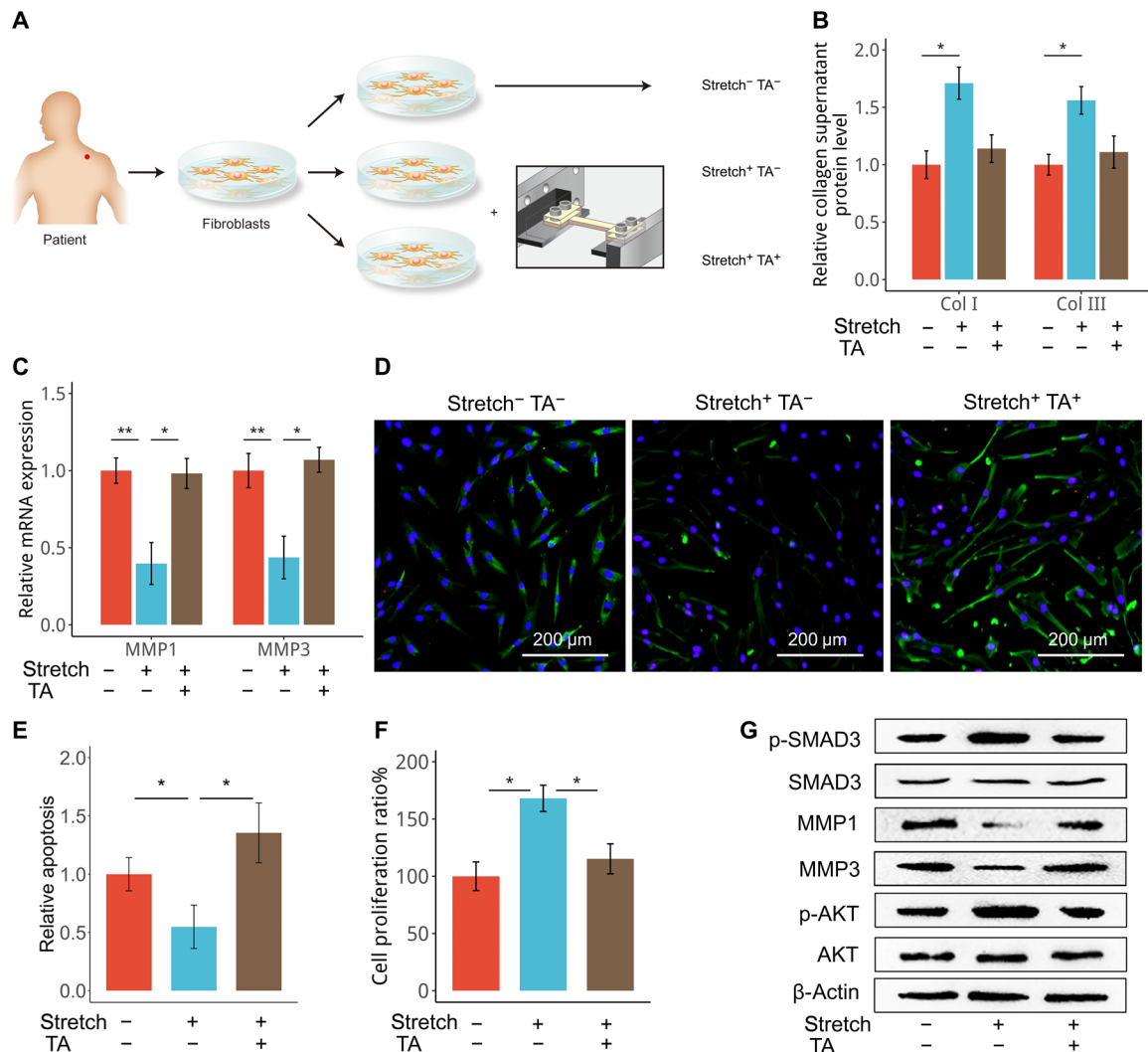


Fig. 1. Glucocorticoid counteracts mechanical stretch-induced phenotypic transition. (A) Fibroblasts were isolated from hypertrophic scar tissues of patients and cultured in vitro. Cells were subjected to cyclic stretch for 48 hours and/or treated with TA (100 nM) as indicated. Cells cultured under static conditions served as a control. (B) Collagen I (Col I) and collagen III produced by cultured HSFs were measured using enzyme-linked immunosorbent assay (ELISA). (C) Expression of matrix metalloproteinases (MMPs) by the cells described in (A) was determined using quantitative real-time reverse transcription polymerase chain reaction (qRT-PCR). (D) Cells in (A) were subjected to terminal deoxynucleotidyl transferase-mediated deoxyuridine triphosphate nick end labeling (TUNEL) staining (green) with nuclei costained by 4',6-diamidino-2-phenylindole (DAPI) (blue). (E) The relative apoptosis of cells in (A) were calculated. (F and G) Cells in (A) were subjected to the cholecystinin 8 (CCK-8) assay (F) and Western blotting analysis (G). For (B), (C), (E), and (F), data are presented as means ± SD. **P* < 0.05 and ***P* < 0.01, by analysis of variance (ANOVA) for more than two groups.

important roles in regulating gene expression and are involved many biological processes (9, 10). Therefore, we screened for lncRNAs that participate in the regulation of mechanical stretched HSFs upon TA treatment via expression profiles (Fig. 3A). qRT-PCR was used to verify that the expression levels of the lncRNAs were affected by TA treatment. lncRNA *LINC01569*, a validated ncRNA with gene ID (100507501 and NR_039999) in National Center for Biotechnology Information (NCBI), displayed the highest abundance among the lncRNAs altered by TA in stretched HSFs (Fig. 3B). Consistently, Dex also significantly up-regulated *LINC01569* in stretched HSFs (fig. S6A). Further, *LINC01569* expression was increased by both TA and Dex in HSFs without mechanical stretch (fig. S6B). These results indicated that up-regulation of *LINC01569* was dependent on glucocorticoid.

Then, we hypothesized that *LINC01569* may play important roles in glucocorticoid counteraction of mechanical responses. To investigate whether glucocorticoid counteraction of mechanical responses is attributed to *LINC01569* up-regulation, we next performed a loss function assay of *LINC01569* in HSFs under TA and mechanical stretch treatment. In TA-treated and stretched HSFs, knockdown of *LINC01569* significantly promoted collagen synthesis and decreased MMP expression (Fig. 3, C and D, and fig. S7A); terminal deoxynucleotidyl transferase-mediated deoxyuridine triphosphate nick end labeling (TUNEL) staining and Western blotting of proapoptotic proteins including cleaved Caspase-3 and Bax showed that *LINC01569* silencing inhibited apoptosis (Fig. 3, E and F, and fig. S7B). Cholecystinin 8 (CCK-8) assay and EdU assay revealed that *LINC01569* knockdown markedly rescue the proliferation impaired by TA in

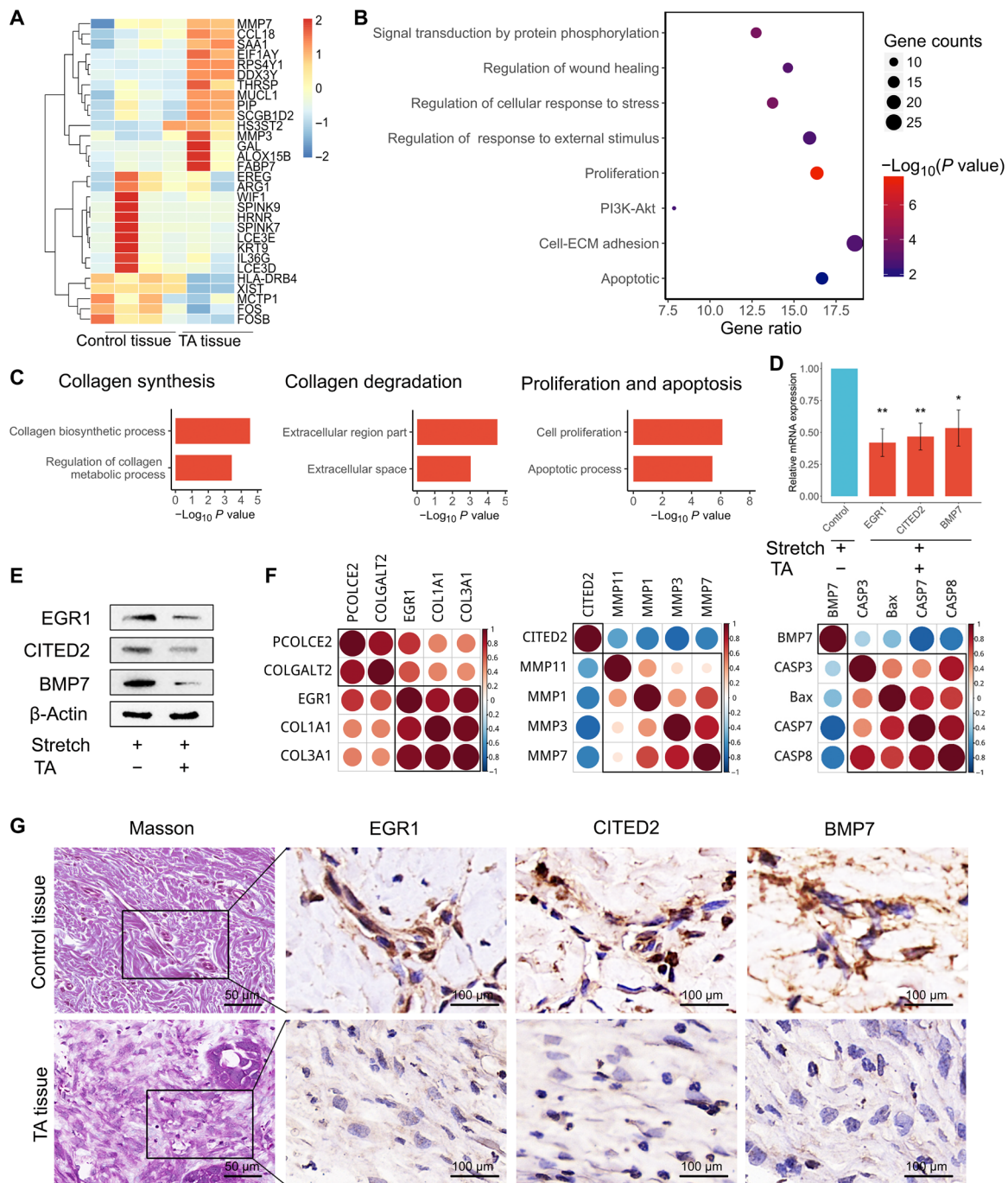


Fig. 2. Mechanosensors including *EGR1*, *CITED2*, and *BMP7* participate in cellular mechanical responses. (A) HSFs treated with TA were seeded in chambers and subjected to mechanical stretch. Paired HSFs in the control groups were treated with solvent and subjected to mechanical stretch. Microarray analysis (GSE151240) of differentially expressed genes was performed. Red shading indicates increased gene expression, whereas blue shading indicates decreased expression. The mRNAs that were up-regulated by at least 2-fold (red bars) or down-regulated by at least 0.5-fold (blue bars) were included in the cluster analysis. (B) The bubble chart provides an overview of the most enriched pathways ranked as the top eight altered pathways according to Cytoscape analysis. Bubble size represents the number of genes in each pathway. The bubble color indicates the P value of each pathway. PI3K, phosphatidylinositol 3-kinase. (C) GO annotation using DAVID (Database for Annotation, Visualization, and Integrated Discovery) bioinformatic classification of gene categories from fig. S3. Biological process shows the signaling pathways that were most markedly changed by TA treatment of stretched HSFs. (D and E) qRT-PCR (D) and Western blotting (E) analyses using HSFs undergoing stretching and/or treatment with TA. The results of qRT-PCR were normalized to glyceraldehyde-3-phosphate dehydrogenase (GAPDH) expression, and in the Western blotting analysis, β -actin was used as an internal loading control. Data are presented as means \pm SD. * $P < 0.05$, by Student's t test. (F) Correlation analysis of candidate genes involved in the indicated biological processes based on qRT-PCR assays of gene expression in (C). Red indicates positive correlations, and blue indicates negative correlations. The brightness is proportional to the strength of the correlation. (G) Masson's trichrome staining for collagen using serial sections of clinical hypertrophic scar tissues before or after treatment with TA for 28 days. Immunohistochemical analysis of *EGR1*, *CITED2*, and *BMP7* proteins in TA-treated hypertrophic scar tissues and paired control tissues is shown.

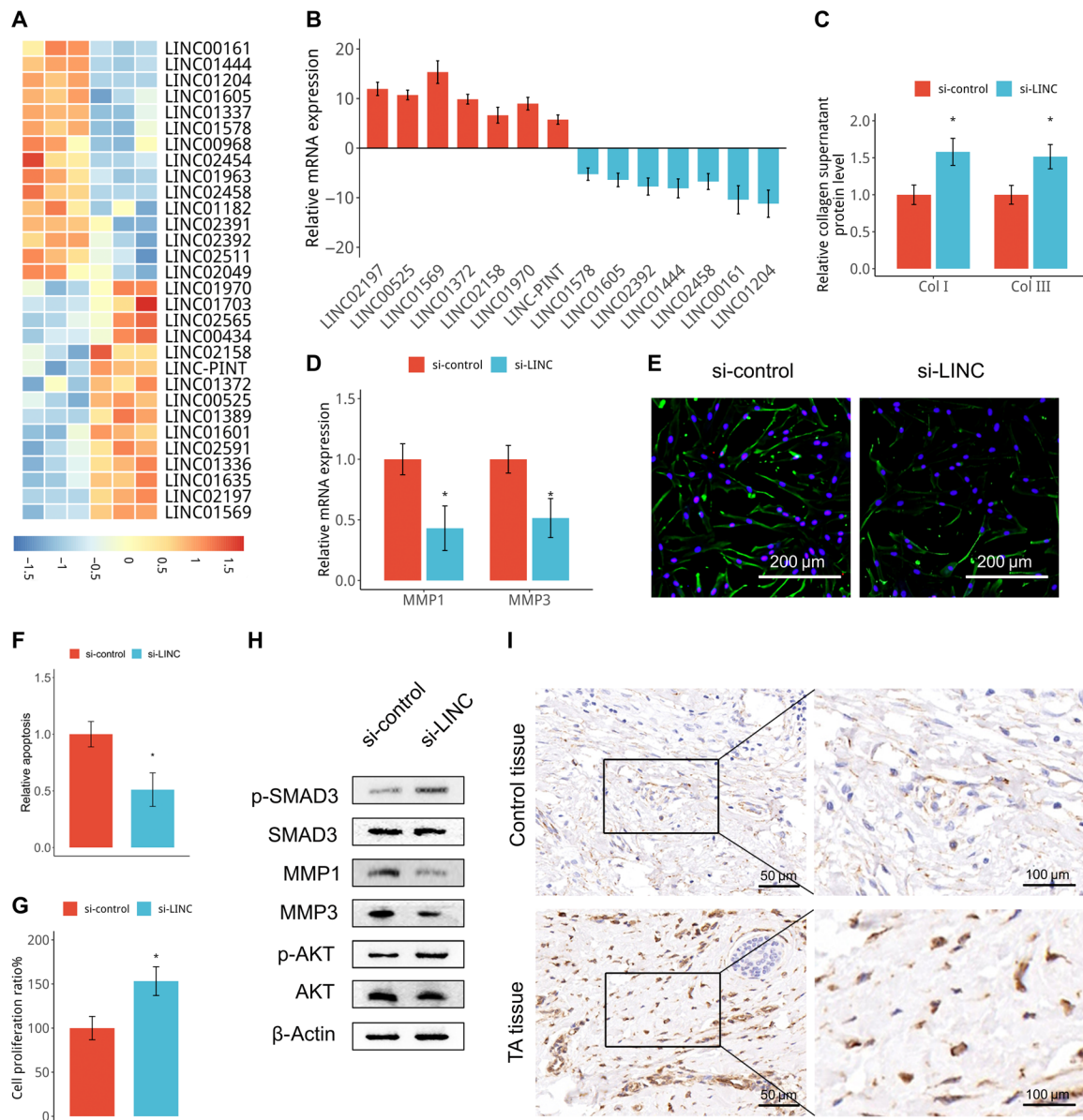


Fig. 3. *LINC01569* is a candidate mediator of glucocorticoid-induced counteraction of cellular mechanical responses. (A) Microarray analysis (GSE151153) of differentially expressed lncRNAs in TA-treated and untreated stretched HSFs. Red shading indicates increased gene expression, and blue shading indicates decreased expression upon TA treatment. (B) lncRNA expression levels were assessed via qRT-PCR in TA-treated and untreated stretched HSFs. Data were normalized to GAPDH expression. (C) HSFs were transfected with scrambled (si-control) or a *LINC01569*-targeted small interfering RNA (siRNA) (si-LINC) and then subjected to TA and stretch treatment. The medium of cultured cells was harvested and analyzed using ELISA. (D to H) HSFs were transfected and treated as described in (C), and cells were subjected to qRT-PCR for MMPs (D), TUNEL staining (green) for apoptosis assay (E and F), CCK-8 assay (G) and Western blotting analysis at 48 hours after transfection (H). (I) Sections of hypertrophic scar tissues treated with or without (control) TA were prepared and subjected to ISH for *LINC01569*. For (C), (D), (F), and (G), data are presented as means \pm SD. * $P < 0.05$ and ** $P < 0.01$, by Student's *t* test.

stretched HSFs (Fig. 3G and fig. S7, C and D). These data suggested that *LINC01569* up-regulation was required for glucocorticoid counteraction of mechanical responses including collagen synthesis, matrix metabolism, proliferation, and apoptosis. *LINC01569* knockdown also significantly increased SMAD3 and AKT phosphorylation and impaired MMP expression in TA-treated and mechanically stretched HSFs (Fig. 3H), suggesting that *LINC01569* also mediated glucocorticoid regulation of signaling pathways in collagen synthesis, apoptosis, and matrix metabolism respectively involved in mechanical

stretch. In addition, ISH analysis confirmed that *LINC01569* expression was increased in hypertrophic scar tissues after TA treatment (Fig. 3I). Having demonstrated that glucocorticoid reversed cellular mechanoresponses of HSFs by up-regulating *LINC01569*, we next investigated the *LINC01569* expression in normal skin fibroblasts (NSFBs). *LINC01569* expression was not statically different between NSFBs and HSFs (fig. S8A). Mechanical stretch also did not change *LINC01569* expression in NSFBs (fig. S8B). These results suggested that abnormal *LINC01569* expression may not occur in hypertrophic

scar formation. Together, our data revealed that *LINC01569* is up-regulated by glucocorticoids and mediates glucocorticoid-induced repression of HSFs responses to mechanical stretch.

***LINC01569* mediates glucocorticoid effects on cellular mechanical responses via regulation of mechanosensors**

Glucocorticoid down-regulates mechanosensors including *EGR1*, *CITED2*, and *BMP7*, all of which are important for cellular responses to mechanical stretch in HSFs. In addition, the counteraction of cellular mechanical responses by glucocorticoid is *LINC01569* dependent. Therefore, we hypothesized that *LINC01569* might play a critical role in regulating *EGR1*, *CITED2*, or *BMP7* expression in glucocorticoid-treated HSFs under a stretch environment. To test this hypothesis, we investigated whether *LINC01569* functions to down-regulate these mechanosensors in response to TA treatment in HSFs. Actually, *LINC01569* overexpression significantly reduced the levels of *EGR1*, *CITED2*, and *BMP7*, whereas knockdown of *LINC01569* increased the expression of these genes in glucocorticoid (TA and Dex)-treated and stretched HSFs (Fig. 4, A and B, and fig. S9). Consistently, the level of *LINC01569* correlated inversely with those of the mechanosensors in hypertrophic scar tissues under TA treatment (Fig. 4C), which confirmed the regulation of mechanical sensors by *LINC01569* under glucocorticoid treatment.

Given that *EGR1*, *CITED2*, and *BMP7* play important roles in collagen synthesis, matrix metabolism and apoptosis, respectively, we wanted to know whether *LINC01569* mediates glucocorticoid counteraction of cellular mechanical responses via these mechanosensors. In TA-treated and stretched HSFs, silencing of *LINC01569* promoted collagen synthesis; however, this was partially rescued by knockdown of *EGR1* (Fig. 4D). Knockdown of *LINC01569* decreased the mRNA levels of MMP1 and MMP3; however, this was partially rescued by further knockdown of *CITED2* (Fig. 4E). *LINC01569* depletion also promoted proliferation and suppressed apoptosis of HSFs, which was partially rescued by knockdown of *BMP7* (Fig. 4F and fig. S10). Knockdown efficacy of *EGR1*, *CITED2*, and *BMP7* was showed in fig. S11. Furthermore, knockdown of *LINC01569* reinforced SMAD3 signaling involved in collagen synthesis, repressed the expression of MMPs that participate in collagen degradation, and facilitated AKT activation involved in apoptosis and decreased proliferation, which were partially rescued by silencing *EGR1* (Fig. 4G), *CITED2* (Fig. 4H), or *BMP7* (Fig. 4I), respectively. Together, these data provided further evidence that *LINC01569* mediates glucocorticoid-induced mitigation of cellular mechanical responses via mechanosensors.

***LINC01569* mediates glucocorticoid-induced destabilization of mechanosensor mRNAs through the GMD pathway**

In Fig. 4, we demonstrated that *LINC01569* mediates glucocorticoid regulation of mechanosensor expression, resulting in counteraction of cellular mechanical responses. GR is the unique GR that triggers glucocorticoid-induced signaling activation and biological effects. We next investigated whether *LINC01569*-mediated down-regulation of mechanosensors was dependent on GR. We observed that knockdown of GR in TA-treated stretched HSFs significantly increased the mRNA levels of *EGR1*, *CITED2*, and *BMP7* (Fig. 5A). However, knockdown or overexpression of *LINC01569* in GR-silenced cells failed to affect the mRNA levels of these mechanosensors (Fig. 5A), suggesting that GR is required for *LINC01569*-mediated down-regulation of mechanosensors in TA-treated stretched HSFs.

First, we focused on GR function to investigate the down-regulation process of those mechanosensors mRNAs mediated by *LINC01569*. Traditionally, GR is considered to bind to glucocorticoid response elements (GREs) or negative GREs (nGREs) to regulate the transcription of target genes (37). Therefore, we scanned the promoter regions of the identified mechanosensors but found no GREs (5'-GGTACAnnnTGTTCT-3') or nGREs (5'-CTCCn₍₀₋₂₎GGAGA-3'). Previous studies report that GR also directly binds to a subset of mRNAs to affect their stability, acting as an RNA binding protein (38, 39). Therefore, we proposed that *LINC01569* and GR might be involved in mRNA stability regulation of the mechanosensors. *LINC01569* overexpression destabilized the mRNAs of the mechanosensors (Fig. 5B). Conversely, knockdown of either *LINC01569* or GR stabilized these mRNAs, and combined *LINC01569* and GR knockdown failed to further increase mRNA stability of the mechanosensors (Fig. 5B). These results suggested that both *LINC01569* and GR participate in a process to destabilize the mRNAs of mechanosensors without synergistic effects.

How *LINC01569* and GR affect mRNA stability of mechanosensors including *EGR1*, *CITED2*, and *BMP7*? Recently, Cho *et al.* (7) found that GR is involved in a newly described mRNA decay process named GMD. Thus, we hypothesized that destabilization of the mRNAs of the mechanosensors probably occurs in a GMD manner. To confirm our hypothesis, we investigated whether destabilization the mRNAs of *EGR1*, *CITED2*, and *BMP7* has the characteristics of GMD. GMD is translation independent and relies on specific factors, including the RNA binding proteins *YBX1* and *HRSP12* (8), which is mechanistically distinct from NMD and SMD. Consistent with GMD, we found that knockdown of translation factors *ABCE1* or eukaryotic release factor 3 (*eRF3*) had no significant effect on *LINC01569*-mediated mechanosensor mRNAs (Fig. 5C and fig. S12, A to C). However, knockdown of *YBX1* and *HRSP12* ablated TA-elicited decrease in the mRNA half-lives of *EGR1*, *CITED2*, and *BMP7* (Fig. 5D and fig. S12, D and E), indicating that *YBX1* and *HRSP12* are required for *LINC01569*-mediated mRNA destabilization of the mechanosensors.

Besides the GMD characteristics described above, GR preloads on the UTRs before triggering mRNA degradation, which is important to elucidate GMD mechanisms for target mRNAs (7, 8). To identify the UTR sequences of the mechanosensors responsible for GMD, we first generated luciferase reporter constructs for different 5'UTR or 3'UTR regions of *EGR1*, *CITED2*, and *BMP7*. Introduction of these constructs into HSFs showed that TA treatment reduced luciferase mRNA expression from the cassette containing specific 5'UTR segments of *EGR1* or *BMP7* and 3'UTR segments of *CITED2* (Fig. 5E), suggesting that these UTR regions are critically involved in GMD of the mechanosensors. Next, we predicted the secondary structures of the UTR regions mentioned above by RNA-fold software. Ishmael *et al.* (39) first identified GR motif and the associated sequence and searched transcripts that bearing the GR motif sequence in the entire UniGene databases. On the basis of their identified GR motif, we searched potential GR-binding sequence against the corresponding UTR of *EGR1*, *CITED2*, and *BMP7* by sequence alignment as described in Materials and Methods. We found that the *EGR1*, *CITED2*, and *BMP7* candidate UTRs contained at least one region that could be potentially recognized and bound by GR (Fig. 5, F to H, top). The binding of GR to these UTR sequences was validated by PAR-CLIP [photoactivatable ribonucleoside-enhanced cross-linking and immunoprecipitation (IP)] combined with qRT-PCR (Fig. 5, F to H, bottom). Together, our results indicated

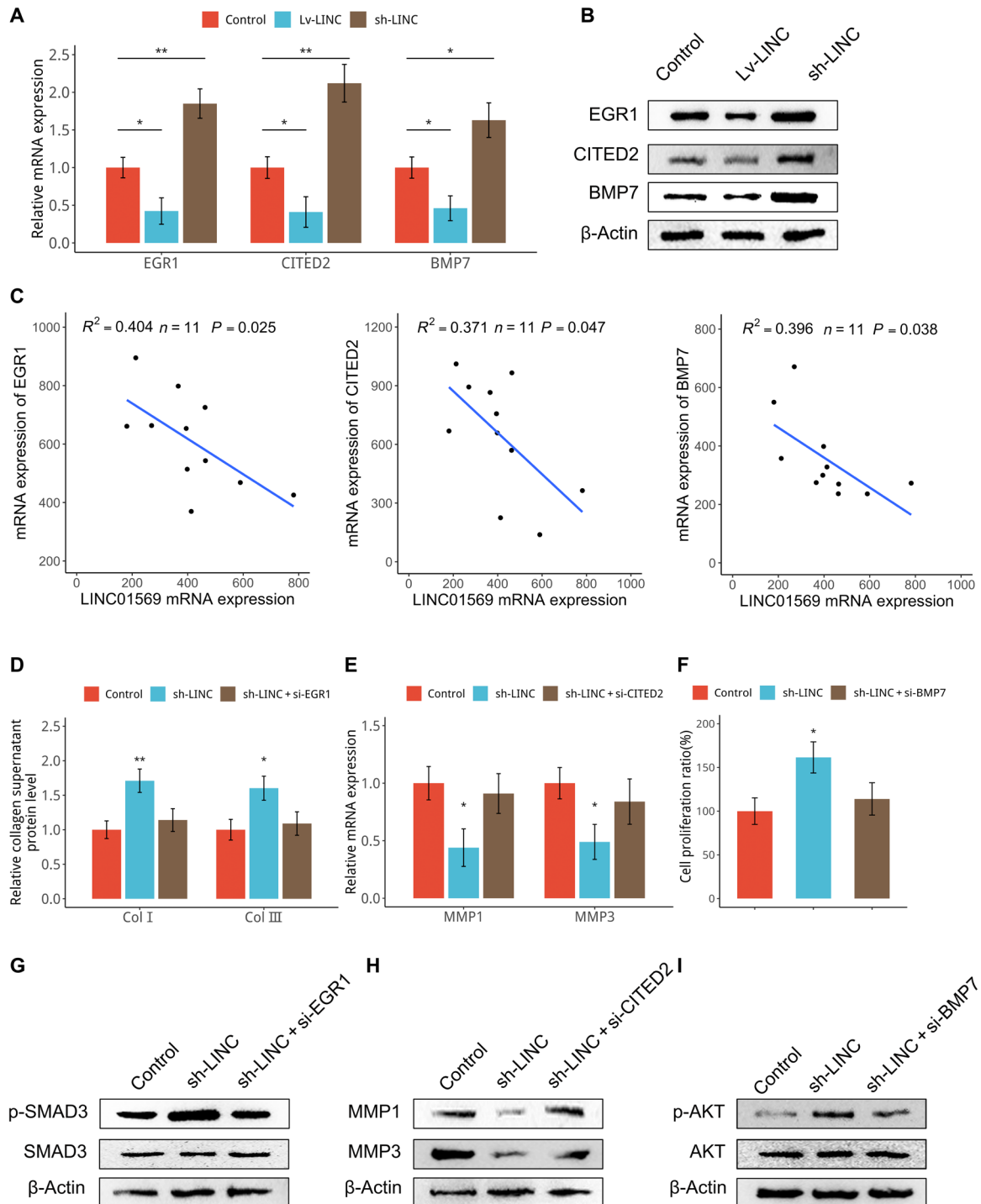


Fig. 4. *LINC01569* mediates glucocorticoid repression of cellular mechanical responses via regulation of mechanosensors. (A and B) HSFs were infected with control lentiviruses or those expressing *LINC01569* (Lv-LINC) or *LINC01569*-targeted short hairpin RNAs (shRNAs) (sh-LINC). Cells were subjected to mechanical TA and stretch treatment, followed by qRT-PCR (A) and Western blotting (B) analyses. (C) Hypertrophic scar tissues from patients were treated with TA and collected for qRT-PCR assay. The results were plotted and subjected to correlation analysis for the expression of the indicated genes. (D) HSFs were infected with control or sh-LINC lentiviruses or further transfected with *EGR1*-targeted siRNAs. Collagen I and collagen III produced by cultured HSFs were measured using ELISA. (E) HSFs were infected with control or sh-LINC lentiviruses or further transfected with *CITED2*-targeted siRNAs. Expression of MMP1 and MMP3 were measured using qRT-PCR. (F) HSFs were infected with control or sh-LINC lentiviruses or further transfected with *BMP7*-targeted siRNAs. Cells were then subjected to CCK-8 assays. (G to I) HSFs were infected with control or sh-LINC lentiviruses and further transfected with the indicated siRNAs, followed by Western blotting analysis for indicated proteins. For (B), (E), and (F), data are presented as means \pm SD. * $P < 0.05$ and ** $P < 0.01$, by ANOVA for more than two groups. For (C), * $P < 0.05$, by Tukey's post hoc test.

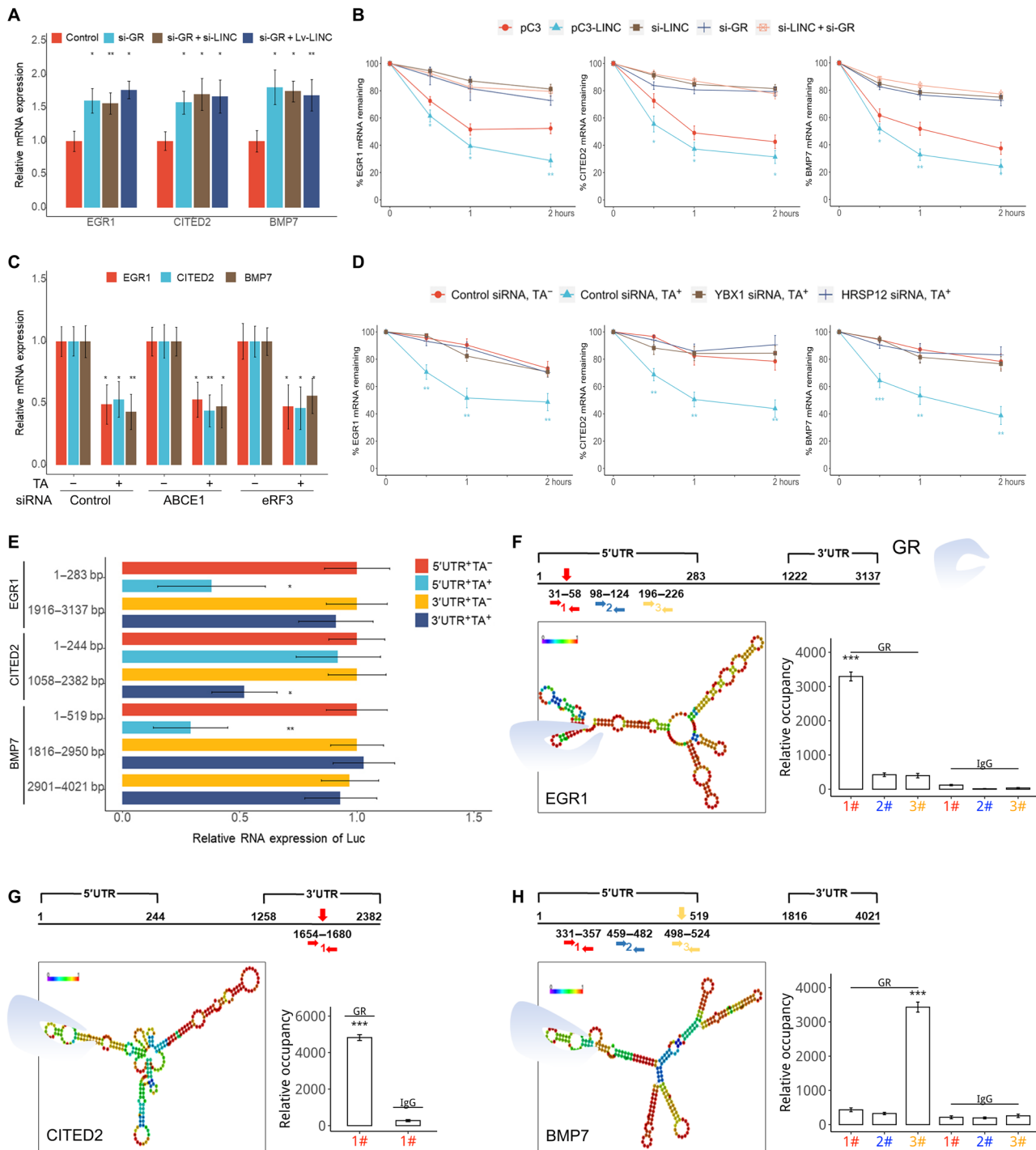


Fig. 5. *LINC01569* mediates mechanosensor mRNA decay via GMD manner. (A) Stretched HSFs were treated with TA and transfected with control siRNAs or those targeting the indicated genes, followed by qRT-PCR. (B) Stretched HSFs were transfected with a control (pC3) or *LINC01569*-overexpressing vector (pC3-LINC) and/or with the indicated siRNAs. Then, the cells were treated with actinomycin D (ACD) (5 μ g/ml), and total cellular RNAs were extracted at the indicated time points for qRT-PCR to measure the half-lives of endogenous mechanosensors. The normalized level of each mechanosensor measured at 0 hours was set as 100%. The y axis represents a logarithmic scale of the levels of remaining mRNA (in percentage). (C) Stretched HSFs were treated with or without TA and transfected with the indicated siRNAs, followed by qRT-PCR assay. (D) Stretched HSFs were transfected with si-*YBX1* or si-*HRSP12* with or without TA treatment. The levels of remaining mRNA were analyzed as described in (B). (E) HSFs were transfected with the luciferase (Luc) reporter constructs for the indicated mRNA regions of the mechanosensors. Cells were treated with or without TA and subjected to qRT-PCR analysis for luciferase mRNA levels. Data are normalized to GAPDH mRNA expression. (F to H) Top: The predicted RNA secondary structure of the hairpin formation in the indicated mRNAs. Red arrows indicate potential GR-binding regions. Bottom: The enrichment of GR-binding sequences on the indicated mRNAs, as assessed using PAR-CLIP (photoactivatable ribonucleoside-enhanced cross-linking and immunoprecipitation) quantitative PCR (qPCR). For (A) to (H), data are presented as means \pm SD. * P < 0.05, ** P < 0.01, and *** P < 0.001, by ANOVA for more than two groups.

that *LINC01569* mediated the down-regulation of mechanosensor mRNAs through the GMD pathway.

***LINC01569* directly interacts with *YBX1* and promotes GMD of mechanosensors**

Then, how do GR and *LINC01569* work together to induce GMD of mechanosensors, including *EGR1*, *CITED2*, and *BMP7* under glucocorticoid treatment? First, we investigated whether *LINC01569* mediated GMD of mechanosensors via regulating or binding GR. We found that *LINC01569* did not play a regulatory role in GR expression (fig. S13, A and B) nor did *LINC01569* directly bind to GR (fig. S13C). Then, we investigated whether *LINC01569* influences the enrichment

of GR to the UTRs of target mechanosensors mRNA UTRs. We performed RNA IP (RIP) using an anti-GR antibody after ultraviolet (UV) cross-linking and found that knockdown of *LINC01569* did not affect the enrichment of GR to the mRNA UTRs of mechanosensors UTR regions (Fig. 6A).

Although GR is necessary for GMD of mechanosensors, *LINC01569* is not directly associated with GR. Thus, we speculated that *LINC01569* might regulate or interact with other GMD factors to mediate GMD of the mechanosensors. *LINC01569* knockdown failed to affect the expression of GMD cofactors including UPF1, proline rich nuclear receptor coactivator 2 (PNRC2), *YBX1*, or HRSP12 (Fig. 6, B and C). Then, we want to know whether *LINC01569* directly interacts with

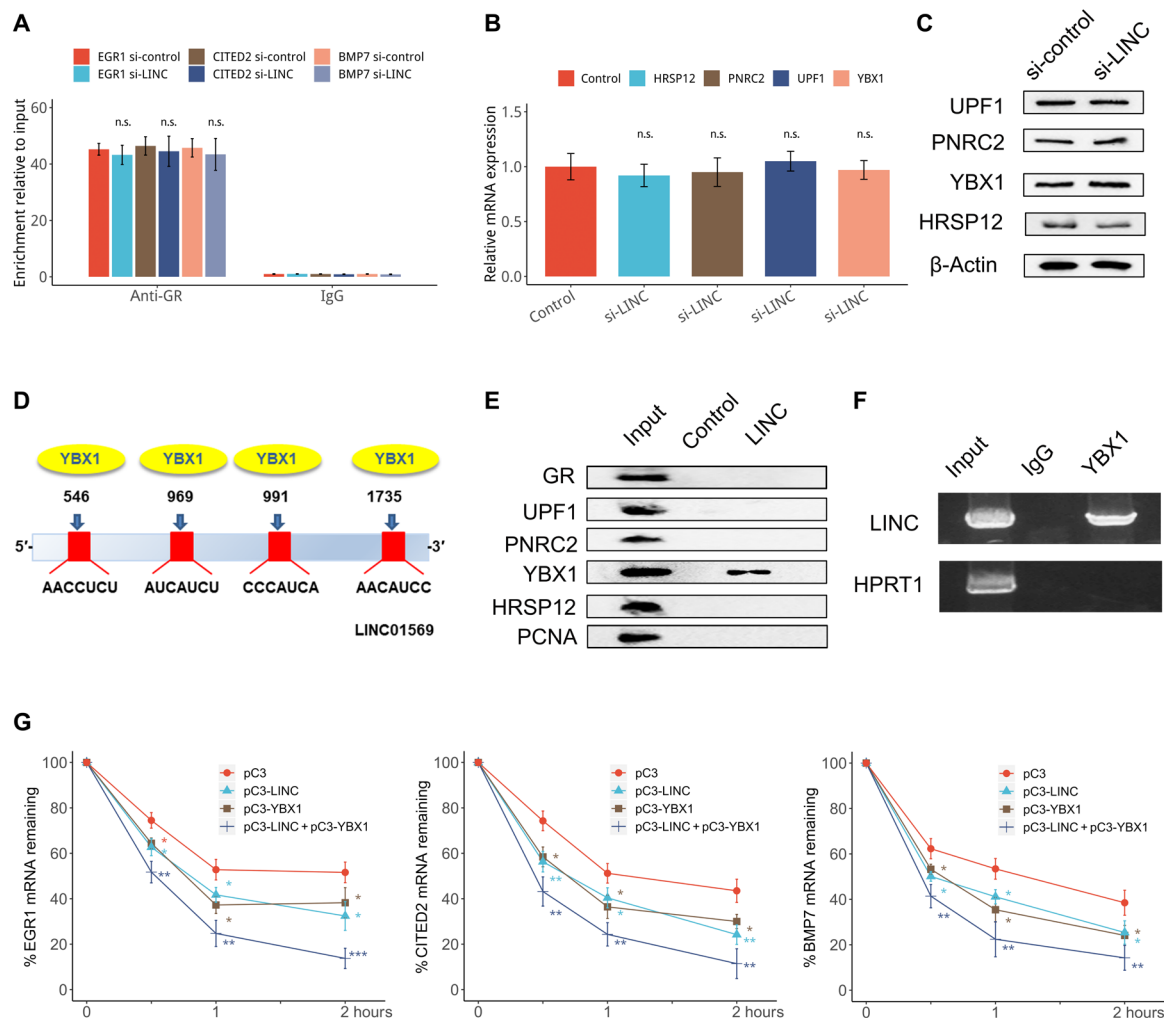


Fig. 6. *LINC01569* functions in GMD through binding to *YBX1*. (A) Stretched HSFbFs were treated with TA and transfected with the control or *LINC01569* siRNAs. Forty-eight hours after transfection, cells were UV cross-linked, and the cytosolic fraction was isolated. IP was performed using an anti-GR antibody or a rabbit IgG as negative control. The immunoprecipitated RNA was extracted and subjected to reverse transcription. The mRNA levels of *EGR1*, *CITED2*, and *BMP7* were evaluated. (B and C) Cells as described in (A) were subjected to qRT-PCR (B) and Western blotting (C) analyses. qRT-PCR data were normalized to GAPDH mRNA expression. (D) Schematic diagram of predicted *YBX1* binding sites within the *LINC01569* RNA. (E) Cell lysate of HSFbFs in the absence of TA were subjected to an RNA pull-down assay using biotin-labeled *LINC01569*, followed by Western blotting analysis for the indicated proteins. Proliferating cell nuclear antigen (PCNA) was used as the negative control. (F) Cells as described in (A) were lysed and subjected to RIP using an anti-*YBX1* antibody or IgG control. The precipitated RNAs were determined using qRT-PCR primers specific for *LINC01569*, with hypoxanthine-guanine phosphoribosyltransferase 1 (HPRT1) as the negative control. (G) HSFbFs were transfected using empty vectors or those overexpressing *LINC01569* and/or *YBX1*, followed by treatment with ACD (5 μg/ml). At the indicated time points, RNA was extracted, and mechanosensor expression was measured using qRT-PCR and normalized to the level of GAPDH. For (A), (B), and (G), data are presented as means ± SD. **P* < 0.05, ***P* < 0.01, and ****P* < 0.001, by Student's *t* test for two groups or ANOVA for more than two groups. n.s., not significant.

these GMD factors. To predict the physical interactions between *LINC01569* and these factors, we searched for a common mRNA recognition motifs and putative protein-binding sites in *LINC01569* using an online web server, RBPmap (22). Fortunately, we found that RNA binding protein *YBX1* had an RNA signature motif that may directly bind to lncRNAs (fig. S13D). However, UPF1, PNRC2, and HRSP12, all of which own none RNA signature motif, were not included in the RBPmap database. In addition, *LINC01569* was predicted to share several candidate putative binding sites for *YBX1* (Fig. 6D). To validate the predicted interaction between *LINC01569* and *YBX1*, we performed an RNA pulldown assay. Western blotting with an anti-*YBX1* antibody confirmed the existence of *YBX1* within pulldown samples of the *LINC01569* probe (Fig. 6E). In contrast, GR, UPF1, PNRC2, HRSP12, and proliferating cell nuclear antigen (PCNA; a negative control) (40) were not associated with *LINC01569*. The results of RNA pulldown reflect RNA-protein interactions in vitro; therefore, we next performed a RIP assay to detect the direct interaction between *YBX1* and *LINC01569* in vivo in TA-treated and stretched HSFs. As shown in Fig. 6F, *LINC01569* was significantly enriched in samples immunoprecipitated using the anti-*YBX1* antibody compared with samples immunoprecipitated using immunoglobulin G (IgG). The results demonstrate that *LINC01569* directly binds with the *YBX1* protein in vitro and in vivo but not with other GMD factors.

Furthermore, we analyzed both roles of *LINC01569* and *YBX1* in GMD of *EGR1*, *CITED2*, and *BMP7*. Data shown in Fig. 6G suggested that, consistently, overexpression of *YBX1* or *LINC01569* promoted the degradation of *EGR1*, *CITED2*, and *BMP7* mRNA, which was further promoted by *YBX1* and *LINC01569* coexpression. Together, these results indicated that *LINC01569* binds with *YBX1*, but not with other factors, to promote GMD of mechanosensors in glucocorticoid-treated HSFs under mechanical stretch.

***LINC01569* recruits *YBX1* to target mechanosensors mRNAs through an lncRNA-mRNA interaction**

We next sought to determine how the interaction between *LINC01569* and *YBX1* contributed to GMD of *EGR1*, *CITED2*, and *BMP7*. *YBX1* is a key GMD factor, which binds to target mRNA/GR/UPF1-PNRC2 (GMD complex I) and completes the formation of GMD complex II, culminating in efficient mRNA degradation (8). However, how *YBX1* is recruited to target mRNAs remains unknown. lncRNAs often serve as guide to recruit proteins to target DNA, mRNA, proteins, or other biomolecules, resulting in transcriptional or posttranscriptional gene regulation (41). We had the reason to speculate that *LINC01569* might link *YBX1* and target mRNAs to affect GMD cofactor assembly. To test this, we then performed RNA-IP assays in TA-treated stretched HSFs and found that *LINC01569* knockdown significantly impaired the enrichment of *YBX1* on the mRNAs of *EGR1*, *CITED2*, and *BMP7*, but not on that of *CXCL1* (C-X-C motif chemokine ligand 1), a proven positive binding partner of *YBX1* (Fig. 7A) (42), thus sustaining the notion that *LINC01569* mediates the recruitment of *YBX1* to mRNAs of the mechanosensors.

We next explored the binding sites between *LINC01569* and the target mRNAs of *EGR1*, *CITED2*, and *BMP7*. As demonstrated in Fig. 7B, the identified region in the 5'UTRs of *EGR1* and *BMP7* and the 3'-UTR of *CITED2* was responsible for their TA-elicited GMD in HSFs. Thus, from the regions above, we predicted the candidate-binding sequences for the interaction between *LINC01569* and the

target mRNA based on free energy calculations (Fig. 7B and see Supplementary Material Sequence).

Constructs for full-length and mutant *LINC01569* were then generated and introduced into TA-treated and stretched HSFs, followed by qRT-PCR assessment of the levels of the target mRNAs. As a result, we observed that the mutants lacking nucleotides 42 to 79, 998 to 1053, and 1507 to 1564 abrogated the ability of *LINC01569* to mediate the down-regulation of *EGR1*, *CITED2*, and *BMP7* mRNA, respectively, in TA-treated stretched HSFs (Fig. 7C and see the Supplementary Materials). In addition, we validated that overexpression of full-length *LINC01569*, but not the aforementioned mutants, induced the enrichment of *YBX1* on the mRNAs of the mechanosensors in stretched HSFs (Fig. 7D), suggesting that these sequences in *LINC01569* play critical roles in target mRNA recognition and *YBX1* recruitment. Last, we assessed whether those binding sites are responsible for mRNA decay of *EGR1*, *CITED2*, and *BMP7*. Measurement of mRNA half-life indicated that overexpression of *LINC01569* facilitated mRNA degradation of mechanosensors, whereas overexpression of the corresponding mutants of *LINC01569* failed to have this effect (Fig. 7E). Overall, these results demonstrated that nucleotides 42 to 79, 998 to 1053, and 1057 to 1564 in *LINC01569* were responsible for *YBX1* recruitment to the target mRNAs and their decay.

To further verify the direct binding of *LINC01569* to the mRNA UTRs of the mechanosensors, we generated luciferase reporter vectors for these UTRs and for those harboring mutations in the candidate *LINC01569*-binding sites (Fig. 7F). Compared with that of the control reporter construct, the ectopic expression of *LINC01569* reduced luciferase mRNA from the *EGR1*, *CITED2*, and *BMP7* UTR reporter constructs but not that from the mutant reporter constructs in TA-treated and stretched HSFs. In addition, cotransfection of cells with plasmids expressing the corresponding UTRs of *EGR1*, *CITED2*, and *BMP7* was able to restore luciferase mRNA expression from the corresponding wild-type UTR reporter constructs probably through competing with the luciferase transcript containing *EGR1*, *CITED2*, and *BMP7* UTR in *LINC01569* binding (Fig. 7G). These results demonstrated that *LINC01569* recruited *YBX1* to *EGR1*, *CITED2*, and *BMP7* mRNAs and promoted their GMD in an lncRNA-mRNA sequence-specific binding manner. In conclusion, *LINC01569* guided GMD cofactor *YBX1* to the target mRNAs of mechanosensors, including *EGR1*, *CITED2*, and *BMP7*, to promote their GMD, resulting in counteraction of cellular responses to mechanical stretch under glucocorticoid treatment.

DISCUSSION

Aberrant cellular responses to mechanical stimuli underlie the pathology of many diseases, including myopathies, atherosclerosis, fibrosis, cancer, and some inherited diseases. However, little progress has been made in the development of preventions and treatments that target mechanotransduction pathways. Using mechanically stretched HSFs as a cell model, we investigate whether and how glucocorticoid affected cellular mechanotransduction. We made the following primary observations: (i) We demonstrated that glucocorticoid counteracted the cellular mechanoresponses including increased proliferation, decreased apoptosis, and excessive matrix production in HSFs; (ii) we identified the previously undescribed role of lncRNAs in GMD machinery, in which GMD of mechanosensors including *EGR1*, *CITED2*, and *BMP7* were depended on the

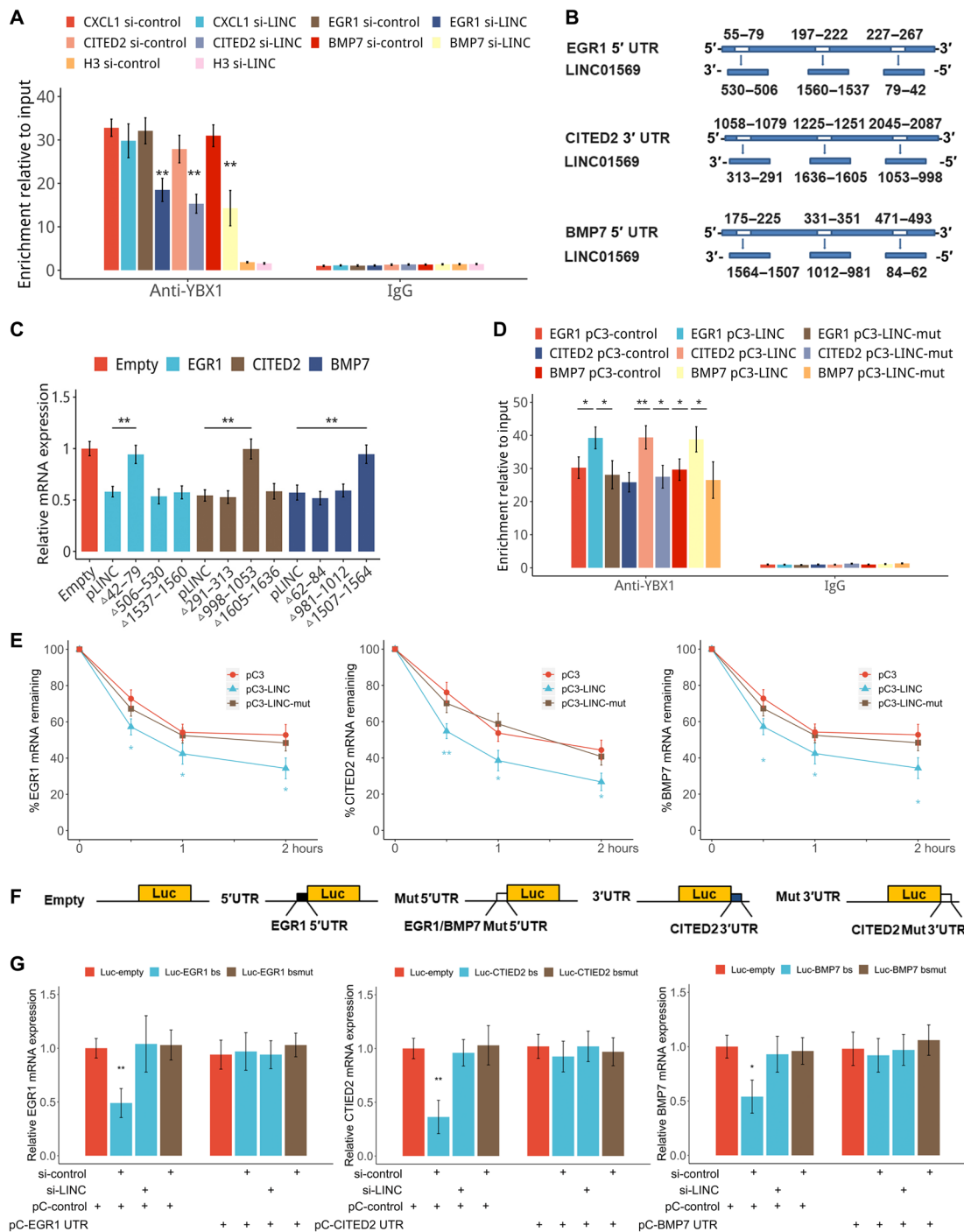


Fig. 7. *LINC01569* recruits *YBX1* to target mRNAs in the GMD complex. (A) Stretched HSFs were treated with TA and transfected with the control or *LINC01569* siRNAs. The cells were used in an IP experiment performed using an anti-*YBX1* antibody (rabbit IgG as a negative control). *EGR1*, *CITED2*, and *BMP7* mRNA levels were evaluated. (B) Schematic representation of the predicted binding sites of *LINC01569* on the UTRs of *EGR1*, *CITED2*, and *BMP7*. (C) TA-treated and stretched HSFs were transfected with empty vectors or those expressing wild-type or truncated *LINC01569* and were further treated with ACD. The levels of indicated mRNAs were measured using qRT-PCR. (D) TA-treated and stretched HSFs were transfected with the constructs for wild-type *LINC01569* or *LINC01569* harboring mutations (mut) in the sites responsible for binding to the corresponding mRNAs. RIP was performed using an anti-*YBX1* antibody. The immunoprecipitated RNA was extracted and subjected to reverse transcription. (E) HSFs were transfected with empty vectors or those overexpressing wild-type *LINC01569* or *LINC01569* harboring mutations in the mRNA binding sites, followed by treatment with ACD. The mRNAs of mechanosensors were measured using qRT-PCR. (F) Schematic representation of the UTR regions of the mechanosensors cloned into the luciferase plasmid. (G) Luciferase vectors containing wild-type or mutated *LINC01569*-binding sequences of *EGR1*, *CITED2*, and *BMP7* UTRs and siRNAs were introduced into TA-treated and stretched HSFs. pCDNA expressing *EGR1*, *CITED2*, and *BMP7* UTRs were cotransfected as competitors on binding to *LINC01569* with luciferase transcripts containing *EGR1*, *CITED2*, and *BMP7* UTRs. Luciferase mRNA expression was determined by qPCR 48 hours after transfection. Data were normalized to GAPDH mRNA expression. For (A), (C), (D), (E), and (G), data are presented as means \pm SD. * $P < 0.05$ and ** $P < 0.01$, by Student's *t* test for two groups or ANOVA for more than two groups.

lncRNA *LINC01569* in glucocorticoid-treated and stretched HSFBs; and (iii) our study elucidated how GMD factor *YBX1* was recruited to target mRNA in GMD machinery. Mechanistically, *LINC01569* directly interacts with *YBX1* and guides it to the mRNAs of those mechanosensors through an lncRNA-mRNA interaction, thereby contributing to the successful assembly of the GMD complex and triggering GMD. In summary, our results showed that glucocorticoid counteracts cellular mechanoresponses via *LINC01569*-guided GMD of mechanosensors, providing a novel potential strategy to prevent or treat clinical disorders associated with mechanical stretch (Fig. 8).

The importance of mechanical stimuli to control cell behaviors (e.g., migration, differentiation, and proliferation) in mechanical disorder diseases has only been acknowledged recently (43, 44). Unfortunately, the underlying mechanisms involved in mechanotransduction and how to target mechanical signaling cascades are largely unknown. Mechanical tension is associated with hypertrophic scar formation after trauma or burn (45). Even in murine wounds, which do not exhibit dermal scarring under normal circumstances, artificially applied mechanical stress is sufficient to produce excessive

dermal scarring (46, 47). Emerging evidence indicates that mechanical stress drives hypertrophic scarring. Thus, stretched HSFBs are a good model to study the cellular mechanical responses and mechanotransduction. Glucocorticoid, a traditional anti-inflammatory drug, has not been reported to regulate cellular responses to mechanical stress. In this study, we describe a novel function of glucocorticoid in counteracting various mechanical responses, including increased collagen synthesis and cell proliferation, as well as decreased collagen degradation and cell apoptosis, by down-regulating a class of mechanosensors (*EGR1*, *CITED2*, and *BMP7*) and altering multiple pathways in hypertrophic scar cells. These findings indicated that glucocorticoid could be used in the attempt to prevent hypertrophic scar formation or other mechanical disorder-related diseases through suppressing the key mechanosensors.

Glucocorticoid hormones and their receptors (GRs) have been well established to orchestrate the transcription of a cohort of genes harboring GREs. In the present study, we found that the suppression of mechanosensors, including *EGR1*, *CITED2*, and *BMP7*, induced by glucocorticoid, is not dependent on GREs and nGREs but

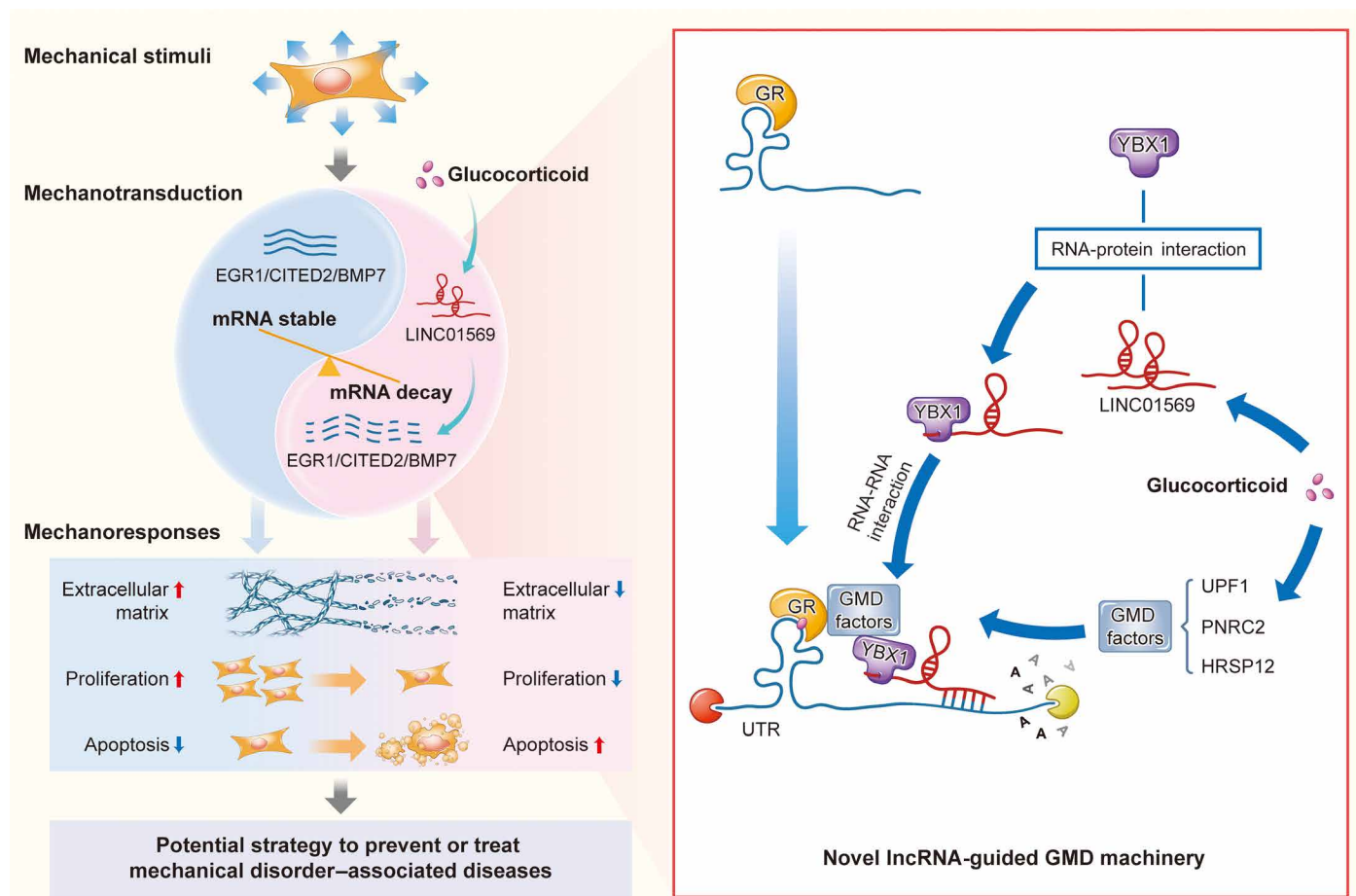


Fig. 8. A schematic diagram showing that glucocorticoid counteracts mechanical cellular responses via *LINC01569*-guided GMD of mechanosensors. Mechanosensors including *EGR1*, *CITED2*, and *BMP7* sense stretch and are stably expressed, leading to cellular mechanical responses of HSFBs, including increased collagen, increased proliferation, and decreased apoptosis. However, glucocorticoid up-regulates *LINC01569*, which mediates GMD of the mechanosensors, and counteracts the cellular mechanical responses of cells. Mechanistically, *LINC01569* binds directly with the GMD protein factor *YBX1* and guides it to the UTRs of *EGR1*, *CITED2* and *BMP7* mRNAs through lncRNA-mRNA interaction, thereby contributing to the successful assembly of the GMD complex that triggers GMD of the mechanosensors. Glucocorticoids and lncRNA-guided GMD system thus hold out promise for effective prevention and treatment of clinical disorders associated with mechanical stretch.

is dependent on *LINC01569* and the GMD pathway. To the best of our knowledge, this is the first report to determine the biological roles of lncRNAs and GMD in mechanotransduction.

The GMD pathway shares protein factors, including UPF1 and PNRC2, with other pathways, such as NMD. However, unlike NMD, which requires an elongating ribosome to recognize a premature mRNA termination codon, GMD is translation independent and inducible by glucocorticoids. In GMD, GR is preloaded onto the target mRNA, and glucocorticoid binding initiates the recruitment of PNRC2 and UPF1. Recent studies by Park *et al.* (8) demonstrated that the active GMD complex also comprises HRSP12 and *YBX1*. HRSP12 is an endoribonuclease that contributes to the final cleavage of mRNAs, whereas the action mode of *YBX1* in GMD remains unclear. In the present study, we found that *LINC01569* binds directly with *YBX1* but not with other GMD factors. This agreed with previous reports that *YBX1*, as a member of highly conserved double-stranded RNA binding protein family, dictates the stability of specific mRNAs via interaction with lncRNA(s) (48–50). Overexpression of *LINC01569* or *YBX1* promoted GMD of *EGR1*, *CITED2*, and *BMP7*, which was further accelerated by *LINC01569* and *YBX1* coexpression. Thus, the key role of lncRNAs in the GMD machinery was uncovered. However, further studies using a wider range of cell types are necessary to determine whether *YBX1* and an adaptor lncRNA are fundamental components of the GMD complex.

Emerging studies have identified various lncRNA action modes, including interaction with RNA binding proteins, binding with mRNAs, scaffolding, repressing protein translation, and inhibiting microRNAs (miRNAs), in multiple biological events. lncRNA-mRNA interactions via base pairing are usually specific for target genes and have various consequences. For instance, lncRNAs termed half STAU1-binding site RNAs promote the decay of a series of specific target mRNAs (51). By contrast, lncRNA BACE1 antisense inhibits the degradation of its target transcript, BACE1 (52). We found that *LINC01569* interacts with *EGR1*, *CITED2*, and *BMP7* mRNA and promotes their degradation via GMD. Destruction of the lncRNA-mRNA interactions between *LINC01569* and its target mRNA by mutating the binding sites repressed *YBX1* recruitment to *EGR1*, *CITED2*, and *BMP7* mRNA and resulted in impairment of GMD. Despite this finding, a question remains regarding how the specificity of GMD is determined. While GR interacts with a large quantity of mRNAs more frequently than with those subjected to degradation, we established here that GMD targets specific genes (*EGR1*, *CITED2*, and *BMP7*) as a result of *LINC01569*-*YBX1* and *LINC01569*-mRNA interactions. *LINC01569* can bind specifically to target mRNAs that were previously preloaded with GR; therefore, it can bind synchronously with *YBX1*, thus recruiting *YBX1* and promoting the GMD of specific mechanosensors. These findings provide novel insights into the precision and efficiency of the GMD machinery.

In summary, our findings are of translational significance because they demonstrated that glucocorticoid could counteract cellular mechanoresponses by destabilizing mechanosensors including *EGR1*, *CITED2*, and *BMP7* in HSFs model. Mechanical stretch not only induces hypertrophic scarring but also induces lung fibrosis, hepatic fibrosis, heart fibrosis, and tubule interstitial fibrosis. Our findings suggested glucocorticoid and *LINC01569*-GMD as a novel strategy to prevent and treat mechanical disorder diseases. Our findings are also scientifically significant, because we not only revealed the critical role of lncRNAs in GMD machinery but also characterized GMD as an accurate mRNA decay mode. GMD accuracy relies on three

specific interactions: the GR-mRNA interaction, the *LINC01569*-*YBX1* interaction, and the *LINC01569*-mRNA interaction. However, further investigations are still required to understand the precise role of other molecules in GMD machinery, which will help develop preventions and treatments for mechanical stress-related diseases by targeting GMD efficiently.

MATERIALS AND METHODS

Patients and samples

This study was registered retrospectively in the Chinese clinical trial registry (registration number: ChiCTR-OOC-17011482). Ethical approval was obtained from the Ethics Committee of the First Affiliated Hospital of Fourth Military Medical University (registration number: KY20173012-1). Our protocol included patients aged 18 to 65 years with a scar on any body site that was present for less than 2 years. Patients were given local injections of glucocorticoid TA in the scar for more than 3 months. Patients who had not received TA treatment, or other drugs or lasers, were enrolled as controls. Hypertrophic scar tissues were collected in Xijing Hospital, which is affiliated with Fourth Military Medical University in Xi'an, China. The collected skin samples were preserved in 4% paraformaldehyde solution for ISH and immunohistochemistry.

Cell culture and stretch protocol

To separate fibroblasts, portions of wild-type hypertrophic dermal scars were minced and incubated in a solution of collagenase type I (0.1 mg/ml) (Novoprotein, Shanghai, China) for 3 hours at 37°C. The reaction mixtures were centrifuged, and the pelleted fibroblasts were cultured in Dulbecco's modified Eagle's medium (DMEM) with 10% fetal calf serum (Gibco, Grand Island, NY, USA), streptomycin (100 U/ml), and penicillin (100 U/ml) in a 5% (v/v) CO₂-humidified atmosphere at 37°C, according to our previously report (53). Subsequent experiments used cells between passages 3 and 6. The STB-140 STREX cell stretch system (STREX Co., Osaka, Japan) was used to subject cells to a uniaxial cyclic stretch force. Then, 2 ml of type I collagen (150 µg/ml; Atelo Cell KOKEN Co., Tokyo, Japan) was used to coat silicon resin chambers (STB-CH-10.0, STREX Co.), which were then dried overnight on a clean bench. The collagen-coated chambers (area, 10.24 cm²) were seeded with HSFs at 1.5 × 10⁶ cells and incubated for 24 hours in medium containing 10% fetal bovine serum (FBS). The medium was then replaced with fresh medium containing 5% exosome-depleted FBS. In the experimental groups, cells were subjected to cyclic stretch 20% elongation at 10 cycles/min for 48 hours (54). In the control groups, cells were cultured for 24 hours without cyclic stretch. Both groups of cells were grown in a humidified atmosphere (5% CO₂). Thereafter, the silicon resin chambers were centrifuged at 1500 rpm for 15 min at 4°C, and the supernatant containing the cells was retained. TA or Dex at 100 nM was used to treat selected groups of cells. Paired HSFs in the control groups were treated with solvent. The cells and their culture media were harvested, and the RNA and protein levels were analyzed at the indicated time points.

Microarray assay

HSFs treated with TA were seeded in the chambers and subjected to mechanical stretch. Paired HSFs in the control groups were treated with solvent and subjected to mechanical stretch. The RNAs of cells were extracted using TRIzol (Invitrogen, Waltham, MA, USA)

and purified using the RNeasy Mini Kit (QIAGEN, Düsseldorf, Germany), according to the manufacturer's instructions. RNAs were analyzed for gene expression using the PrimeView human gene expression array (Affymetrix, at Thermo Fisher Scientific, Waltham, MA, USA). lncRNA expression profiles were evaluated using a customized Agilent human microarray (OE Biotech human ceRNA microarray, design ID:086188, Agilent, Santa Clara, CA, USA). Gene expression profile and lncRNA expression data that support the findings of this study have been deposited in Gene Expression Omnibus (GEO) under the accession numbers of GSE151240 and GSE151153.

Bioinformatic analysis

The sequence of *LINC01569* was downloaded from NCBI (gene ID: 100507501), from which a 2093–base pair (bp) sequence was extracted. The ClueGO + CluePedia tool in Cytoscape was used to perform cluster-based analysis of the biological processes dysregulated in TA-treated stretched HSFs (55). The bubble chart is a scatter plot with an overview of the pathway categories in Cytoscape generated using the ggplot2 package in the R language. To further analyze functional categories, GO was implemented at the DAVID (Database for Annotation, Visualization, and Integrated Discovery) bioinformatic resources website (<https://david.ncifcrf.gov/>) (56). Subsequently, to analyze functional categories and the association between genes and the corresponding GO classifications, the R visualization package GOPlot was used to obtain a better visualization of the relationships between genes and the selected functional categories (57). The sequence regions were predicted at NCBI, and primer premier 5.0 software (PREMIER Biosoft International, San Francisco, CA, USA) was used to design primers to amplify the predicted regions for DNA fragment cloning and chromatin IP PCR. Ishmael *et al.* (39) first identified the GR-mRNA binding motif sequence and searched putative GR mRNA targets in the entire UniGene database. On the basis of their identified GR motif, we searched potential GR-binding sequence against the corresponding UTR of *EGR1*, *CITED2*, and *BMP7* by sequence alignment via the COVE and COVELS software packages (58). RNA secondary structure prediction was conducted using online software (<http://rna.tbi.univie.ac.at/cgi-bin/RNAWebSuite/RNAfold.cgi>) for hairpin formation in the UTR sequences of *EGR1*, *CITED2*, and *BMP7* (59). The binding sites of RNA binding proteins on *LINC01569* were predicted using the RBPmap website (<http://rbpmap.technion.ac.il/>) (60). The sites involved in the interactions between *LINC01569* and the UTRs were predicted using the RNA-RNA binding prediction online software (<http://rna.informatik.uni-freiburg.de/IntaRNA>) with free energy calculation and potential interaction binding sequences (61).

Reagents

Glucocorticoid TA (CAS#: BP339), actinomycin D (ACD) (CAS#:129935), and Dex (CAS#:4902) were obtained from Sigma-Aldrich (St Louis, MO, USA).

Luciferase assay

Luciferase reporter constructs containing nucleotides 1 to 283 bp of the *EGR1* 5'UTR and 1916 to 3137 bp of the *EGR1* 3'UTR, 1 to 244 bp of the *CITED2* 5'UTR and 1058 to 2382 bp of the *CITED2* 3'UTR, 1 to 519 bp of the *BMP7* 5'UTR, 1816 to 2950 *BMP7* 3'UTR, and 2901 to 4021 *BMP7* 3'UTR, wild-type 5'UTR of the *EGR1* 5'UTR and mutants of 227 to 267 bp in the *EGR1* 5' UTR binding site, wild-type 5'UTR of the *CITED2* 3'UTR and mutants of 2045 to 2087 bp in the

CITED2 3'UTR binding site, and wild-type 5'UTR of the *BMP7* 5'UTR and mutants of 175 to 225 bp in the *BMP7* 5' UTR binding site were cloned into PGL4-RLuc luciferase vector (Promega, Madison, WI, USA) or pMIR-REPORT firefly luciferase vector (Ambion, Austin, TX, USA). In luciferase reporter experiments, HSFs were transfected with 400 ng of luciferase plasmid (containing the wild-type UTR binding site) or mutation luciferase plasmid (containing the corresponding UTR mutant) in a final volume of 0.2 ml using Lipofectamine 2000 (Invitrogen). At the same time, control or experiment vector/reagents were cotransfected into HSFs and treated with TA and stretch. The mRNA expression of luciferase was determined by qRT-PCR. The primers used for fragment cloning and PCR were listed in table S1.

PAR-CLIP quantitative PCR analysis

PAR-CLIP analysis was used to examine whether GR recognizes motif sequences in RNAs and affects the fate of the target transcript in specific directions (62, 63). In vitro, HSFs were grown for 16 hours in medium containing 100 μ M 4-thiouridine (Abcam) and washed with phosphate-buffered saline (PBS). To cross-link RNA to GR, a Spectrolinker XL-1500 UV cross-linker (Spectronics, Westbury, NY, USA) was used to irradiate the cells with 365-nm UV light (150 mJ/cm^2). TA-treated stretched HSFs were incubated for 16 hours in 200 μ M 4-thiouridine. Then, to cross-link RNA to endogenous GR, the Spectrolinker XL-1500 UV cross-linker was used to irradiate the cells with 365-nm UV light (200 mJ/cm^2). The cells were then collected, and three pellet volumes of NP-40 lysis buffer were used to lyse the cells. Tissue or cleared cell lysates were treated with RNase T1 (ribonuclease T1) (1 U/ μ l; Thermo Fisher Scientific, Fremont, CA, USA), and then a polyclonal anti-GR antibody (Thermo Fisher Scientific) attached to protein A/G Dynabeads was used to immunoprecipitate the endogenous GR protein. The RNA in the immunoprecipitates was then trimmed using RNase T1 (100 U/ml). Lysis buffer was used to wash the beads, and then deoxyribonuclease I (Zymo Research Corporation, Orange, CA, USA) and proteinase K (0.2 mg/ml; Thermo Fisher Scientific) were used to remove the DNA and proteins, respectively. Acidic phenol/chloroform extraction and ethanol precipitation were used to recover the RNA, which was then subjected to PCR analysis. Table S1 shows the primers used in PAR-CLIP quantitative PCR (qPCR).

Cell transfection

The jetPRIME reagent (Polyplus-transfection, Illkirch, France) was used for small interfering RNA (siRNA) transfection or DNA cotransfection (64). The final concentration of the siRNAs was 50 nM according to the manufacturer's instruction for transfection. At 24 hours after transfection, the cell medium was changed, and at 48 hours after transfection, the cells were lysed. Polyethylenimide (PEI) (Polysciences Inc. Warrington, PA, USA) was used at a ratio of 1:2 (DNA:PEI) to perform DNA transfection. Serum-free DMEM, PEI, and plasmid DNA (10 to 15 μ g for 10-cm dishes and 2 to 3 μ g per well for six-well plates) were mixed, incubated for at room temperature for 10 min, and then added to the cells. For the luciferase reporter experiments, TA-treated HSFs or untreated cells were grown in 48-well plates to 80 to 90% confluence in DMEM with 10% FBS. TA-treated and stretched HSFs were cotransfected with 400 ng of luciferase reporter vectors for either the 3'UTR or 5'UTR of the mechanosensor. Cells were then subjected to qRT-PCR to measure mRNA levels (65).

Quantitative real-time reverse transcription polymerase chain reaction

Total cellular RNA was isolated from HSFs using the TRIzol reagent (Invitrogen), and then random hexamer primers and RevertAid M-MuLV reverse transcriptase (Thermo Fisher Scientific) converted the RNA into complementary DNA (cDNA). The cDNA was subjected to qRT-PCR using gene-specific primers, and the SYBR green I master mix (FOREGENE, Chengdu, China) on the StepOnePlus System (Applied Biosystems, Foster City, CA, USA) was run in triplicate. Last, the relative quantities of miRNA and mRNA were calculated using the $2^{-\Delta\Delta CT}$ method after normalization to glyceraldehyde-3-phosphate dehydrogenase (GAPDH) levels. The qRT-PCR primers are listed in table S1.

Measurement of mRNA half-life

Oligofectamine was used to transfect TA-treated stretched HSFs with 100 nM siRNAs. Three days after transfection, the cells were treated with ACD (5 μ g/ml) for the indicated times. The cells were then collected for total RNA extraction using the TRIzol reagent (Life Technologies) at the indicated time points. The levels of specific mRNAs were then assessed using qRT-PCR (66).

Oligonucleotides and constructs for gene knockdown and overexpression

siRNA oligonucleotides (listed in table S1) were synthesized by GenePharma (Shanghai, China) (67). The cDNAs of *LINC01569* were synthesized and cloned into the pCDNA3 vector (Invitrogen, Waltham, MA, USA). *LINC01569* mutation sequence fragments containing the putative binding site from the UTR were chemically synthesized and cloned into the pCDNA3 vector. The *YBX1* cDNA was PCR amplified from the cDNA of HSFs using primers shown in table S1 and then cloned into the pCDNA3 vector for stable expression. *EGR1*, *CITED2*, and *BMP7* 3'UTR or 5'UTR fragments were synthesized and cloned into the pCDNA3.1 vector. All of the constructs were named on the basis of the location of the promoter fragments relative to the 5' UTR.

Construction and packaging of lentivirus vectors

The cDNA of full-length human *LINC01569* was synthesized and ligated into the pMD-18 T vector (Takara, Dalian, China). DNA sequencing was used to confirm the construct. Next, the *LINC01569* sequence was subcloned into pLenti-6.3, a lentivirus-based expression plasmid (Invitrogen). The lentiviral construct was then packaged using human embryonic kidney (HEK) 293T cells (American Type Culture Collection, Manassas, VA, USA). The complementary oligonucleotides coding *LINC01569*-targeted short hairpin RNA (shRNA) were synthesized. Oligonucleotides in annealing buffer were heated to 95°C for 5 min and then allowed to cool to room temperature, thus generating double-stranded DNA (dsDNA). The dsDNA oligonucleotides were ligated into pLKO.1, a lentiviral vector (plasmid 30323, Addgene, Cambridge, MA, USA). DNA sequencing was used to confirm the constructs. Constructed lentivirus plasmids were transiently transfected into HEK293T cells for packaging. Forty-eight hours later, the medium was collected and centrifuged at 3000 rpm for 20 min to purify the lentiviruses, which were then further evaluated for their multiplicity of infection. The recombinant lentiviruses were used to infect HSFs according to the manufacturer's instructions (68). The shRNA oligo sequences are listed in table S1.

RNA IP

TA-treated and stretched HSFs were cross-linked and resuspended in cold PBS. For each sample, 50 million cells were fractionated into nuclear and cytoplasmic fractions using Nuclei EZ Lysis Buffer (Sigma-Aldrich). The volume of the cytoplasmic fraction was adjusted using 2 \times polysome buffer [20 mM tris-Cl (pH 7.4), protease inhibitor cocktail, SUPERase-In, 2 mM dithiothreitol, 1% Triton X-100, 2.5 mM MgCl₂, and 200 mM NaCl]. Yeast RNA (0.1 mg/ml) and recombinant protein G agarose (Thermo Fisher Scientific) were used to preclear the lysates at 4°C for 30 min. One percent of the sample was reserved as the input. The rest of the sample was incubated with anti-GR or anti-*YBX1* antibodies or rabbit serum IgG (I5006, Sigma-Aldrich) at 4°C overnight, followed by incubation with protein G Dynabeads (Invitrogen) to collect the RNA-antibody complexes. The samples were then subjected to four washes before treatment with proteinase K. RNA was then extracted and subjected to qRT-PCR analysis (8). Primers used for RIP are listed in table S1.

RNA pulldown assay

RNA pulldown was performed using the Pierce Magnetic RNA-Protein Pull-Down Kit (Thermo Fisher Scientific) following the manufacturer's instructions. *LINC01569* was transcribed from the pC3-*LINC01569* expression plasmid and then subjected to biotin-labeling using the Pierce RNA 3'End Desthiobiotinylation Kit (Thermo Fisher Scientific). Total cell lysates of HSFs (without any treatments) were incubated with 50 pmol of the purified biotinylated transcripts at 4°C for 1 hour with rotation. Then, streptavidin-coupled T1 beads (Dynabeads) were used to retrieve the RNA-protein complexes, which were then rinsed five times using IP buffer, and eluted using Laemmli buffer. Western blotting assay for identifying the RNA interacted protein was performed lastly (69).

In situ hybridization

RNA hybridization was performed on thin (approximately 4 mm in thickness) tissue sections as described previously (70). Slides were rinsed twice in PBS and then dehydrated using a gradient series of ethanol (70, 90, and 100%). Slides were then incubated with oligonucleotide probes (1 to 2.5 nM of each oligonucleotide) in hybridization buffer [2 \times SSC, yeast transfer RNA (1 mg/ml), 10% dextran sulfate, and 25% formamide]. The samples were placed in a humidified chamber, and hybridization was conducted by incubation at 42°C for 3 to 4 hours. Specific ISH signals were identified as brown, punctate dots. A Nikon 90i microscope (Nikon, Tokyo, Japan) with a 60 \times , 1.4-numerical aperture VC objective lens, an Orca ER camera (Hamamatsu, Hamamatsu City, Japan), and Volocity software (PerkinElmer, Waltham, MA, USA) was used to perform the imaging. Slides were examined for ISH staining in morphologically intact cells and scored manually. The Primer3 website (<https://primer3plus.com/>) was used to design oligonucleotide probes recognizing *LINC01569*, *EGR1*, *CITED2*, and *BMP7* and was selected manually. Single-stranded oligonucleotides were synthesized by Integrated DNA Technologies (Coralville, IA, USA) and pooled, and amine-ddUTP was added using terminal transferase (New England Biolabs, Ipswich, MA, USA). The oligonucleotides were purified via phenol extraction and ethanol precipitation and were resuspended in 0.1 M sodium borate. *N*-hydroxysuccinimide-Cy3B (GE Healthcare, Chicago, IL, USA) or Alexa647 (Thermo Fisher Scientific) were used for dye conjugation overnight at room temperature. The dye-conjugated oligonucleotides were precipitated using ethanol, resuspended in

diethyl pyrocarbonate-H₂O, and then their quality was checked using a NanoDrop instrument (NanoDrop Technologies, Wilmington, DE, USA).

Immunohistochemistry

Paraffin-embedded TA-treated hypertrophic scar tissue and control tissues samples were immunostained with *EGR1*-, *CITED2*-, and *BMP7*-specific antibodies after deparaffinization and hydration. Immunohistochemical signal was amplified using a horseradish peroxidase (HRP) kit, and color was developed using a DAB substrate kit (PV-6000 and ZLI-9032, Beijing Zhongshan Golden Bridge Biotechnology Co. Ltd., Beijing, China). The immunostained sections were reviewed by a pathologist under a light microscope, and the MetaMorph image analysis software (Universal Imaging Corp., CA, USA) was used to quantify the staining results.

Western blotting analysis

HSFBs lysates were prepared, and total proteins (50 µg) were separated using SDS-polyacrylamide gel electrophoresis on 10% polyacrylamide gels and then transferred onto polyvinylidene fluoride (PVDF) membranes (Genergy Bio-Technology Co. Ltd., Shanghai, China). The PVDF membranes were then blocked using nonfat dry milk before incubation with primary antibodies (a 1:800 dilution). After washing, the blots were incubated with the appropriate HRP-conjugated anti-rabbit IgG secondary antibody (1:2000; Novoprotein, Shanghai, China). The membranes were then stripped and probed again using primary anti-β-actin antibodies. Antibodies recognizing the following proteins or peptides were used: *EGR1* (1:500; #ab133695, Abcam, Cambridge, UK), *CITED2* (1:400; #ab184145, Abcam), *BMP7* (1:500; #ab129156, Abcam), GR (1:400; #ab3579, Abcam for Western blot; 1:100; #ab2768, Abcam for PAR-CLIP), UPF1 (1:200; #ab133564, Abcam), PNRC2 (1:100; #ab102068, Abcam), *YBX1* (1:200; #D2A11, Cell Signaling Technology, Danvers, MA, USA; 1:200; #ab76149, Abcam for Western blot), ABCE1 (1:1000; #ab185548, Abcam), eRF3 (1:300; #14980, Cell Signaling Technology), HRSP12 (1:300; #PA531352, Thermo Fisher Scientific), cleaved Caspase-3 (1:500; #AB3623, Millipore Sigma, St. Louis, MO, USA), Bax (1:1000; #50599-2-Ig, Proteintech, Rosemont, IL, USA), PKB (AKT) (1:300; #ab179463, Abcam), p-AKT (1:400; #ab38449, Abcam), SMAD3 (1:300; #ab40854, Abcam), p-SMAD3 (1:250; #ab63403, Abcam), MMP1 (1:400; #ab137332, Abcam), MMP3 (1:300; #ab52915, Abcam), PCNA (1:300; #ab92552, Abcam), histone H3 (1:100; #ab8580, Abcam), and β-actin (#ab8227; 1:1500, Abcam).

Enzyme-linked immunosorbent assays

The levels of collagen I and collagen III secreted to the coculture medium were measured using enzyme-linked immunosorbent assay (ELISA) kits (#EKC33229 and #EKU03319, Biomatikt, Wilmington, DE, USA) according to the manufacturer's instructions. The competitive ELISA procedure for collagen I and collagen III was as follows. A hundred microliter of biotinylated peptide was incubated in streptavidin-coated plates at 20°C for 30 min with shaking. The plates were then rinsed five times using wash buffer [20 mM Tris and 50 mM NaCl (pH 7.2)]. Next, 20 µl of the sample, standard, or control was added to the wells, followed immediately by the addition of 100 µl of HRP-labeled monoclonal antibody and incubation at 20°C for 1 hour with shaking. Thereafter, the plates were rinsed five times using wash buffer. 3,3',5,5'-Tetramethylbenzidine (100 µl) was then added and incubated for 15 min at 20°C in the dark. To stop the enzyme reaction of TMB, sulfuric acid (100 µl; 0.1%) was added,

and then plate was placed in the ELISA reader and analyzed at 450 nm, with 650 nm as the reference. A four-parametric mathematical fit model was used to plot a standard curve. To monitor interassay variation, each ELISA plate incorporated kit controls. All the samples were quantified within the assay's range. All samples with a value below the level of the lower limit of quantification were assigned the LLQ value.

Cell proliferation and apoptosis assay

The EdU cell proliferation assay kit (CA1170, Solarbio, Beijing, China) was used for HSFb proliferation assay. Briefly, cells were incubated in 24-well plates with 50-µm EdU labeling medium at 37°C for 12 hours. After immobilization, coupled with 4',6-diamidino-2-phenylindole (DAPI) staining, cells were observed under the fluorescence microscope. More than six random fields per well were captured, and the corresponding cells were counted. The CCK-8 assay (CK04, Dojindo Kumamoto, Japan) was used to assay cell proliferation. In 96-well plates, cells were seeded at 5×10^3 cells per well. A spectrophotometric plate reader set at 450 nm was used to measure cell viability. To count cells, the cells were seeded at day 0 and digested at day 7. Thereafter, we counted the live cells. The TUNEL assay using a Click-iT TUNEL kit (Thermo Fisher Scientific) was performed to assess apoptosis according to the manufacturer's protocol. Cells were costained with DAPI to visualize the nuclei.

Statistical analysis

Statistical analyses were performed with the R project for statistical computing software (<https://r-project.org/>, R version 3.5.3). All numerical data are presented as means ± SD from three or more independent replicates. Differences between two groups were assessed using a two-tailed Student's *t* test. One-way analysis of variance (ANOVA) with Tukey's posttest was used to evaluate data among more than two groups. The Mann-Whitney nonparametric test was used to evaluate associations between the product and the group parameters via univariate analysis. Statistical significance was accepted at $P < 0.05$.

SUPPLEMENTARY MATERIALS

Supplementary material for this article is available at <http://advances.sciencemag.org/cgi/content/full/7/9/eabd9923/DC1>

[View/request a protocol for this paper from Bio-protocol.](#)

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Acknowledgments: We thank Y. Li for pathological diagnosis. **Funding:** This work was supported by the National Natural Science Foundation of China (81702554 to Y.L., 81971834 to J.L., 81802661 to W.B., and 81772071 to D.H.). **Author contributions:** H.Z. and W.B. conceived and designed the studies. Y.L. and J.L. performed the majority of the experiments. Z.Z., H.G., and H.W. performed the microarray assay. K.T. and J.L. performed histological and immunocytochemistry analyses. Y.W. and W.Z. performed plasmid constructs and luciferase activity assays. C.L. and J.L. gave technical support and conceptual advice. L.J. and D.H. analyzed the data and wrote the manuscript. All authors critically reviewed and approved the final manuscript. **Competing interests:** The authors declare that they have no competing interests. **Data and materials availability:** Microarray data have been deposited in the GEO under accession numbers GSE151240 and GSE151153. All data needed to evaluate the conclusions in the paper are present in the paper and/or the Supplementary Materials. Additional data related to this paper may be requested from the authors.

Submitted 30 July 2020

Accepted 8 January 2021

Published 24 February 2021

10.1126/sciadv.abd9923

Citation: H. Zhu, J. Li, Y. Li, Z. Zheng, H. Guan, H. Wang, K. Tao, J. Liu, Y. Wang, W. Zhang, C. Li, J. Li, L. Jia, W. Bai, D. Hu, Glucocorticoid counteracts cellular mechanoresponses by LINC01569-dependent glucocorticoid receptor-mediated mRNA decay. *Sci. Adv.* **7**, eabd9923 (2021).